#### REVIEW

# RhoA/Rho-kinases in asthma: from pathogenesis to therapeutic targets

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#### Abstract

Asthma is a chronic and heterogeneous disease characterised by airway inflammation and intermittent airway narrowing. The key obstacle in the prevention and treatment of asthma has been our incomplete understanding of its aetiology and biological mechanisms. The ras homolog family member A (RhoA) of the Rho family GTPases has been considered to be one of the most promising and novel therapeutic targets for asthma. It is well known that RhoA/Rho-kinases play an important role in the pathophysiology of asthma, including airway smooth muscle contraction, airway hyper-responsiveness, β-adrenergic desensitisation and airway remodelling. However, recent advances have suggested novel roles for RhoA in regulating allergic airway inflammation. Specifically, RhoA has been shown to regulate allergic airway inflammation through controlling Th2 or Th17 cell differentiation and to regulate airway remodelling through regulating mesenchymal stem cell (MSC) differentiation. In this review, we evaluate the literature regarding the recent advances in the activation of RhoA/Rho-kinase, cytokine and epigenetic regulation of RhoA/Rho-kinase, and the role of RhoA/Rho-kinase in regulating major features of asthma, such as airway hyperresponsiveness, remodelling and inflammation. We also discuss the importance of the newly identified role of RhoA/Rho-kinase signalling in MSC differentiation and bronchial epithelial barrier dysfunction. These findings indicate the functional significance of the RhoA/Rho-kinase pathway in the pathophysiology of asthma and suggest that RhoA/Rho-kinase signalling may be a promising therapeutic target for the treatment of asthma.

**Keywords:** airway inflammation, airway remodelling, asthma, RhoA, Rho-kinase, therapy

#### **INTRODUCTION**

Asthma is a serious chronic and heterogeneous with inflammatory disease, an increasing approximately prevalence and 300 million asthmatics worldwide.<sup>1</sup> Although the reason for the increased prevalence is unclear, environmental allergens (e.g. house dust mite, cockroach and mouse) and pollutants (e.g. particulate matter [PM]) as a result of increasing urbanisation may be major risk factors contributing to the development of asthma.<sup>2</sup> Asthma is characterised by reversible airway obstruction, airway hyperresponsiveness, mucus production, and inflammation and remodelling of the airways.<sup>3,4</sup> Clinically, asthma mainly presents as coughing, wheezing and shortness of breath. There are at least two distinct groups of asthma patients, one with higher levels of T helper 2 (Th2) cytokines and one with lower levels (non-Th2 type).<sup>5</sup> Th2 cytokines, interleukin (IL)-4, IL-5 and IL-13, drive major features of asthma, including increased eosinophils in the airway or bronchoalveolar lavage fluid, IgE class switching and airway hyperresponsiveness.<sup>6</sup> Furthermore, airway epithelialderived cytokines IL-33, IL-25 and TSLP can potentiate Th2 inflammation.<sup>7,8</sup> Of interest, patients with Th2 or non-Th2 inflammation responded differently to anti-inflammatory treatment, including inhaled corticosteroids.<sup>9</sup> Patients with non-Th2 asthma may be less responsive to steroids compared with а predominantly Th2-high disease. Thus, it is essential to identify markers that could indicate whether patients are Th2 or non-Th2-type inflammation, or to identify therapeutic targets that could treat patients with Th2 or non-Th2type inflammation.

Current therapies for asthma include  $\beta$ 2adrenoreceptor agonists for episodes of acute bronchospasm and corticosteroids for controlling the chronic changes in the disease process. However, *β*2-adrenoreceptor agonists do not reverse the disease process and mostly provide symptomatic relief. Moreover, β2-adrenoreceptor agonists are subject to tachyphylaxis and patients generally develop tolerance requiring higher doses to control symptoms over time.<sup>10,11</sup> Inhaled corticosteroids are the mainstay therapy for allergic asthma.<sup>12</sup> Because of their antiinflammatory action, corticosteroids can reverse airway inflammation and have a positive effect on the disease pathogenesis. Unfortunately, corticosteroids are unable to revert all changes associated with asthma.<sup>13</sup> Given the shortcomings of *β*2-agonists and inhaled corticosteroids, a variety of novel and potential drug targets have been recently identified, including leukotriene inhibitors. monoclonal antibodies (e.a. omalizumab, mepolizumab, benralizumab and dupilumab),<sup>8</sup> prostaglandin D2 receptor 2 antagonists (e.g. DP2 antagonist GB001) and RhoA/Rho-kinase.<sup>14,15</sup> Of these, omalizumab is the first biological acknowledged by Global Initiative for Asthma (GINA) as add-on therapy against IgEmediated allergic asthma.<sup>16</sup> Mepolizumab is a humanised monoclonal antibody that targets IL-5 for the treatment of severe asthma with an eosinophilic phenotype.<sup>17</sup> Benralizumab is a monoclonal antibody that binds to the  $\alpha$  subunit of IL-5 receptor (IL-5R $\alpha$ ) against severe eosinophilic asthma.<sup>18</sup> Dupilumab is a monoclonal antibody directed against the  $\alpha$  subunit of the IL-4 receptor (IL-4R $\alpha$ ) acting as a dual antagonist of both IL-4 and IL-13 for the treatment of severe type 2 asthma.<sup>19</sup> In addition, the ras homolog family member A (RhoA) of the Rho family GTPases is a nucleotide-dependent protein, switching between an inactive form, GDP-bound, and an active form, GTP-bound RhoA. Upregulated expression and activation of RhoA have been reported in asthma, 20,21 and studies from our laboratory have demonstrated that inhibition of RhoA/ROCK signalling not only prevented allergic airway inflammation but also reversed established cockroach allergen-induced airway inflammation and remodelling.22 Furthermore, RhoA has also been shown to regulate different biological functions such as cell recruitment, proliferation, differentiation and apoptosis.<sup>22-24</sup> Collectively, these findings suggest that RhoA is a promising and novel therapeutic target for asthma.

Two major Rho-kinase inhibitors and their analogs have been developed, including fasudil and Y-27632. Fasudil is also known as HA-1077 (1-(5-isoquinolinesulfonyl)-homo-piperazine) and has a high affinity for Rho-kinase with its inhibition constant of 0.33 µm. It also inhibits myosin light chain kinase, PKC and cAMP-dependent protein kinase. Fasudil is currently the only Rho-kinase inhibitor that is commercially available and used for the prevention of vasospasm in patients with haemorrhage Japan.<sup>25</sup> subarachnoid in Hydroxyfasudil, a metabolite of fasudil, also causes smooth muscle relaxation via the same

mechanism. HA-1152P is another derivative of fasudil which has higher inhibitory potency for Rho-kinase ( $K_{i}$ - 1.6 nM) and better selectivity profile for PKC, PKA and MLCK, but its related studies are very limited.<sup>26</sup> Y-27632 [(+)-(R)-trans-4-(1-aminoethyl)-N-4-pyridyl)

cyclohexanecarboxamide dihydrochloride] is another commonly used Rho-kinase inhibitor. It is cell permeable and an ATP-competitive inhibitor of Rho-kinase.<sup>27</sup> Analogs of Y-27632 include Y-30141 and Y-30694. Both have similar activity as Y-27632, which can inhibit cAMP-dependent protein kinase at relatively low concentrations.<sup>27,28</sup> However, none of these were applied for the treatment of asthma.

In this review, we evaluate the literature regarding the recent advances in the regulation of RhoA/Rho-kinase activation and the role of RhoA/Rho-kinase in regulating major features of asthma, such as airway hyper-responsiveness, remodelling and inflammation. We also discuss the newly identified roles of RhoA/Rho-kinase signalling in MSC differentiation and bronchial epithelial barrier dysfunction.

#### **ACTIVATION OF RHOA/RHO-KINASE**

Rho is a monomeric G protein that belongs to the Ras superfamily of proteins with six isoforms (A-E and G). Of these, isoform A, namely RhoA, is the most studied and has GDP and GTP binding activity as well as GTPase activity.<sup>29</sup> As shown in Figure 1, upon stimulation by G protein-coupled receptor (GPCR) agonists, inactive GDP-RhoA can be converted to its active state, GTP-RhoA. It is well-recognised that RhoA activity is mainly modulated by guanine nucleotide exchange factors (GEFs), GTPase-activating proteins (GAPs) and guanine nucleotide dissociation inhibitors (GDIs).<sup>30</sup> For example, GEFs stimulate GDP-GTP exchange process and lead to GTP-RhoA activation. GAPs cause stimulation of slow intrinsic GTPases and lead to the formation of inactive GDP-RhoA. GDIs form cytoplasmic complexes with GDP-RhoA and prevent membrane anchoring.

GTP-RhoA acts by binding to Rho-kinase and causes its activation. Rho-kinase is found in the cytoplasm and moves to plasma membrane in the presence of GTP-RhoA by binding the Rhobinding domain (RBD). Upon activation, Rhokinase interacts with myosin light chain phosphatase (MLCP) and inhibits its activity by phosphorylation of threonine 696 and 853 of

mvosin-bindina subunit. myosin phosphatase (MYPT1).<sup>31</sup> targeting subunit 1 MYPT1 phosphorylation exerts an inhibitory effect on dephosphorylation of MLC limiting the airway smooth muscle relaxation.<sup>14</sup> Airway smooth muscle contraction induced by muscarinic receptor agonists such as acetylcholine (Ach), methacholine (MCh), histamine, prostaglandins or leukotrienes is one of the major clinical features of asthma. These agonists cause contraction along with increasing intracellular concentrations of Ca<sup>2+</sup> (Ca<sup>2+</sup>-dependent mechanisms), initially via Ca<sup>2+</sup> mobilisation from sarcoplasmic reticulum (SR), and Ca<sup>2+</sup> subsequently increasing cellular  $Ca^{2+}$ channel.32 concentration via voltage Additionally, RhoA was activated through cell membrane-bound G protein-coupled receptors like  $G_{\alpha}$  and  $G_{12/13}$  via exchange of  $\alpha$  subunit GDP for GTP. Binding of GTP to the  $\alpha$  subunit induces dissociation of the  $\alpha\beta\gamma$  holomer from the  $\alpha$ subunit. The GTP-bound  $\alpha$  subunit then activates phospholipase C (PLC) to generate inositol 1,4,5triphosphate (IP3) and diacylglycerol (DAG). IP3 interacts with specific receptors on the SR leading to the release of calcium. Calcium forms a Ca<sup>2+</sup>calmodulin-myosin light chain kinase (MLCK) complex which activates MLCK, and the activated MLCK phosphorylates myosin light chain (MLC), thus leading to smooth muscle contraction. All these processes are together referred to as a Ca<sup>2+</sup>dependent contraction.<sup>33,34</sup> In conjunction with Ca<sup>2+</sup>-dependent the contraction, MLC phosphorylation is also regulated by the enzyme MLC phosphatase. Active MLC phosphatase can cause MLC dephosphorylation, leading to smooth muscle relaxation. Additionally, CPI-17, activated by protein kinase C (PKC), can directly promote MLC phosphorylation by regulating MLCP activation.<sup>35</sup> MLC phosphorylase is regulated by various intracellular signals via the myosin-binding subunit. Of these, RhoA/Rho-kinase is one of the most important and well-studied intracellular molecules that regulates phosphorylation of the myosin-binding subunit of MLC phosphatase, thus promoting smooth muscle contraction. Ca<sup>2+</sup> sensitisation is sensitive to a RhoA inactivator (C3 exoenzyme) and a Rho-kinase inhibitor (Y-27632), indicating that RhoA/Rho-kinase pathway may play a critical role in Ca<sup>2+</sup> sensitisation. Indeed, RhoA/Rho-kinase-mediated Ca<sup>2+</sup> sensitisation is markedly enhanced in experimental asthma and involved in bronchial smooth muscle (BSM) hyperresponsiveness.36



**Figure 1.** RhoA/Rho-kinase signalling activation. Upon stimulation by a G protein-coupled receptor (GPCR) agonist, inactive GDP-bound RhoA (GDP-RhoA) is converted into its active state, GTP-bound RhoA (GTP-RhoA), by guanine nucleotide exchange factors (GEFs). In turn, activated GTP-RhoA can also be converted into inactivated GDP-RhoA y GTPase-activating proteins (GAPs). Rho-kinases can lead to the phosphorylation of myosin phosphatase targeting subunit 1 (MYPT1) and exert an inhibitory effect on myosin light chain phosphatase (MLCP) that induces smooth muscle relaxation by the removal of the phosphate on myosin light chain (MLC). The GTP-bound  $\alpha$  subunit of the  $\alpha\beta\gamma$  holomer dissociates and activates phospholipase C (PLC) increasing intracellular calcium levels via the activity of inositol 1,4,5-triphosphate (IP3) and diacylglycerol (DAG). IP3 interacts with specific receptors on the sarcoplasmic reticulum leading to an increased cellular Ca<sup>2+</sup> concentration and subsequently activation of myosin light chain kinase (MLCK) through calmodulin (CaM). CPI-17 is an inhibitor protein for MLCP and can be activated by protein kinase C (PKC) and promote MLC phosphorylation.

Rho-kinase is also known as ROCK (Rhoassociated coiled-coil forming kinases) that is a serine/threonine kinase from the AGC (cAMPdependent protein kinase A/protein kinase G/ protein kinase C) kinase family. It is a 160 kDa protein that has the kinase domain on the Nterminus, the coiled-coil domain at the centre (containing Rho-binding domain) and a pleckstrin homology (PH) domain (containing internal cysteine-rich domain) on the C-terminus (Figure 2).<sup>37</sup> There are two identified Rho-kinase isoforms: ROCK1 and ROCK2; their kinase domains are highly homologous and conserved, with 65% amino acid sequences in common.<sup>38</sup> Because of the kinase homology, both isoforms are ubiquitously expressed in human as well as rodent tissues. Therefore, for simplicity both the isoforms are referred to as Rho-kinases. Rho-kinase is activated in two different ways through disruption of its auto-inhibitory intramolecular fold: Rhodependent and Rho-independent activation. Rhodependent activation is mediated by combining active GTP-RhoA with RBD. However, the Rhoindependent activation is mediated by ROCK1 that is cleaved by caspase-3, but ROCK2 is specifically cleaved by granzyme B.<sup>39,40</sup>



**Figure 2.** Molecular structure of Rho-kinase isoforms. Two isoforms of Rho-kinase (ROCK1 and ROCK2) consist of three major domains, including a kinase domain on the N-terminal domain, a coiled-coil domain with Rho-binding domain in the centre, and a putative pleckstrin homology (PH) domain with the internal cysteine-rich domain on the C-terminal domain. Rho-kinase activation includes that ROCK1 is specifically cleaved by caspase-3, whereas ROCK2 is cleaved by granzyme B.

#### CYTOKINE REGULATION OF RHOA/ RHO-KINASE ACTIVATION

Various transcriptional and post-transcriptional processes have been shown to regulate the RhoA/ Rho-kinase signalling pathway. Various cytokines have been reported to regulate RhoA expression and activity. As shown in Figure 3, IL-13, one of the most important Th2 cytokines upregulated RhoA expression in human bronchial smooth muscle cells (hBSMCs) via the activation of the signal transducer and activator of transcription 6 (STAT6) and kappa beta (NF-κβ).<sup>41,42</sup> nuclear factor Interestingly, both STAT and NF- $\kappa\beta$  binding elements were found on the promoter region of RhoA gene.<sup>41</sup> IL-13 has been shown to upregulate RhoA expression in hBSMCs that were attenuated by leflunomide and AS1517499, inhibitors of STAT6.<sup>42,43</sup> Similarly, TNF- $\alpha$  also increased RhoA expression and via NF- $\kappa\beta$  binding elements, leading to bronchial hyper-responsiveness in asthma.<sup>41</sup> IL-4 can induce RhoA mRNA expression and enhance promoter activity of RhoA gene in cultured hBSMCs via STAT6 pathway as well.44 IL-17A can also augment contraction of the airway smooth

muscle through activating NF- $\kappa\beta$ -RhoA-ROCK2 signalling cascade.<sup>45</sup> In addition, our recent studies suggest that CCL2 can activate RhoA signalling that contributes to macrophage polarisation and subsequently the development of allergic airway inflammation.<sup>46</sup>

#### EPIGENETIC REGULATION OF RHOA/ RHO-KINASE ACTIVATION

MicroRNAs (miRNAs), specifically miR-133a, have been recently reported to regulate RhoA protein expression (Figure 3).<sup>47</sup> miRNAs are small, noncoding sequences of single-stranded RNAs that negatively modulate the expression of various genes.<sup>24,46</sup> They bind to the 3'-untranslated region (UTR) of the target mRNAs resulting in cleavage of mRNA and repression of translation.<sup>24</sup> IL-13 could upregulate RhoA expression by downregulating miR-133a expression in human BSM.<sup>47</sup> Recent studies suggest that miR-142-5p, as a growth promotive miRNA, plays a significant role in regulating neurogenic differentiation of adiposederived stem cells by targeting RhoA/ROCK1.<sup>48</sup> In addition, miR-155 plays an important role in TGF- $\beta$ -



**Figure 3.** Cytokine and epigenetic regulation of RhoA/Rho-kinase activation. IL-4, IL-13, TNF- $\alpha$ , IL-17A and CCL2 released from allergen-activated immune cells regulate RhoA/Rho-kinase activation through the bindings of their transcriptional factor STAT6 or NF- $k\beta$  to the promoter regions of RhoA gene. MiR-133a negatively regulates RhoA expression.

induced epithelial–mesenchymal transition, cell migration and invasion by downregulating RhoA.<sup>49</sup> Collectively, these findings reveal that miRNAs may be therapeutic candidates for asthma by targeting RhoA/Rho-kinase signalling.

#### RHOA/RHO-KINASE REGULATES MAJOR FEATURES OF ASTHMA

Increased activation of RhoA/Rho-kinase observed in asthmatic patients was associated with bronchial smooth muscle contraction and airway hyper-responsiveness.<sup>50</sup> Recent advances have suggested that RhoA is associated not only with airway hyper-responsiveness,<sup>36,50</sup> but also with other key features of asthma, such as airway remodelling, allergic airway inflammation and airway barrier dysfunction. Particularly, others and we have recently suggested significant roles for RhoA in regulating allergic airway inflammation and remodelling.<sup>22,51,52</sup> Here, we reviewed recent advances on the role of RhoA/Rho-kinase in airway hyper-responsiveness, remodelling, inflammation and epithelial barrier function.

#### RHOA/RHO-KINASE AND AIRWAY HYPER-RESPONSIVENESS

Increased contractility of airway smooth muscle has been recognised as one of the major risk

factors contributing to airway hyperresponsiveness (AHR). The contraction of airway smooth muscles is through either Ca<sup>2+</sup>-dependent or Ca<sup>2+</sup>-independent pathway. RhoA/Rho-kinase signalling is mainly involved in Ca<sup>2+</sup>-independent pathway (Ca<sup>2+</sup> sensitisation). Mechanistically, RhoA/Rho-kinase regulates MLC phosphatase activity that is critical in removing phosphate from the phosphorylated MLC to induce airway smooth muscle relaxation.<sup>4</sup> RhoA can also induce actin polymerisation by increasing the globular (F/G) actin ratio<sup>53</sup>. Activated Rho-kinase indirectly modulates inactivation of actin depolymerisation factor called cofilin, possibly by activation of LIMkinase.<sup>54</sup> Studies with Rho-kinase inhibitor, Y-27632, showed that Y-27632 can relax the isolated human bronchial preparation and inhibit the increased airway resistance.<sup>55-57</sup> Very impressively, the bronchodilatory effect of inhaled Y-27632 starts promptly and lasts over 8 h.<sup>58,59</sup> Recently, Fong et al.<sup>59</sup> firstly reported that ARHGEF12 was the most highly expressed RhoGEF in the airway smooth muscle of asthmatic patients and in the lung tissues of house dust mite (HDM)-induced mouse model of asthma. The ARHGEF12-deficient mice showed significantly decreased AHR relative to wild-type mice.<sup>59</sup> ARHGEF1, another RhoGEF, is an activator of RhoA increased in the airway smooth muscles from patients with asthma and in the lung tissues from OVA-challenged mice.<sup>61</sup> A small interfering RNA (siRNA) against ARHGEF1 attenuated the TGF-β1-enhanced RhoA expression, Rho-kinase activation and airway smooth muscle contraction, respectively.<sup>60</sup> In addition, TGF- $\beta$ 1 basal and methacholine-induced enhanced cytoskeletal stiffness in isolated human airway smooth muscle in a time- and dose-dependent manner.<sup>61</sup> Importantly, TGF- $\beta$ 1 was able to induce single-cell contraction with concomitant increase in phosphorylation of MLC and MYPT1 that was attenuated by pharmacological inhibition of Rhokinase<sup>62</sup>. In contrast, TGF- $\beta$ 1 expression could be regulated by RhoA/Rho-kinase and PI3K pathway in human airway smooth muscles after stretch treatment.<sup>63</sup> Together, these studies suggested a positive loop between TGF-B1 and RhoA/Rhokinase signalling that drives the airway hyperresponsiveness in asthma.

Prostaglandin  $D_2$  (PGD<sub>2</sub>), one of the major lipid mediators of airway inflammation, could augment contraction of isolated BSM from naïve mice when the tissues were pre-contracted partially with K<sup>+</sup>. One of the PGD2 receptor antagonists

GB001 has been shown to have a rapid and sustained effect on lung function.<sup>15</sup> However, the PGD<sub>2</sub>-induced enhancement of contraction was suppressed by using Rho-kinase inhibitor Y-27632. This finding suggests that the activation of Rhokinase signalling mediated the PGD<sub>2</sub>-induced BSM hyper-responsiveness.<sup>64</sup> Compared to  $\beta_2$ -agonists, metallothionein-2 protein has a better effect in alleviating tension in tracheal spirals and relaxing airway smooth muscles in rodent asthma model.63 Further mechanistic studies suggest that TSG12, a TG2 agonist, relaxed airway smooth muscles and reduced asthmatic pulmonary resistance through RhoA phosphorylation in both OVA- and HDMinduced mouse models of asthma.<sup>63</sup> This study suggests that RhoA plays a critical role in airway smooth muscle relaxation through an important functional axis of RhoA/Rho-kinase-MYPT1-MLC signalling.

Milk fat globule-EGF factor 8 (Mfge8) functions as a cell adhesion protein to connect smooth muscle to elastic fibre in arteries.<sup>64</sup> Airway biopsies from asthmatic patients showed reduced expression of Mfge8 compared with healthy Mfge8-deficient mice  $(Mfge8^{-/-})$ controls. developed exaggerated AHR in an experimental asthma model,<sup>65</sup> suggesting that Mfge8 may protect against the exaggerated AHR. Indeed, airway smooth muscles from Mfge8<sup>-/-</sup> mice showed augmented contraction after treatment with IL-13, IL-17A or TNF- $\alpha$ . In contrast, treatment with recombinant Mfge8 reduced IL-13-induced contraction of airway smooth muscles. Further studies suggest one of the important mechanisms that Mfge8 could suppress contraction of airway smooth muscles through inhibiting RhoA.<sup>66</sup>

Sphingosine-1-phosphate (S1P: a bioactive lysophospholipid) has been shown to increase the contraction tension in isolated BSM tissues when they are pre-depolarised by  $K^+$ , and was attenuated by Y-27632.67 Similarly, S1P markedly enhanced contractile force of tracheal smooth muscle in guinea pig, which was also inhibited by Y-27632. Furthermore, an in vitro analysis demonstrated that S1P increased the activation of RhoA and phosphorylation of MYPT1 in cultured human bronchial smooth muscle cells, and pretreatment with Y-27632 inhibited augmented phosphorylation of MYPT1.68 Taken together, these findings indicate that RhoA/Rho-kinase signalling shows promise for AHR, suggesting that RhoA/Rho-kinase may be a potential therapeutic target for severe asthma.

#### RHOA/RHO-KINASE AND AIRWAY REMODELLING

Airway remodelling is characterised by airway smooth muscle proliferation and subepithelial fibrosis. Airway smooth muscle proliferation is mainly due to augmented levels of growth factors that contribute to both cellular hypertrophy and hyperplasia.<sup>69,70</sup> Subepithelial fibrosis is caused by deposition of the collagen fibrils and proteoglycan beneath the basement membrane along with proliferation of blood vessels leads to airway wall thickening.<sup>70</sup> Bronchial biopsies from patients with mild to moderate asthma showed smooth muscle cell hyperplasia, and it is welldocumented that airway remodelling is associated with increasing severity of asthma.<sup>71</sup>

Airway smooth muscle cell proliferation is much more rapid upon stimulation in asthmatic patients relative to normal subjects.<sup>72</sup> Recent advances have suggested that Rho/Rho-kinase pathway may play a significant role in the process of airway smooth muscle proliferation, and inhibition of the Rho-kinase pathway has been considered to be a great therapeutic approach for the treatment of airway remodelling in asthma. For example, studies demonstrated an increased expression of RhoA in rats with airway remodelling in asthma.<sup>73</sup> with C3 exoenzyme and Y-27632 along simvastatin was also shown to suppress human smooth muscle cell bronchial proliferation because of RhoA activation. Simvastatin, a commonly used HMG-COA reductase inhibitor, **BSMC** causes attenuation of via geranylgeranylation of RhoA.55 The Rho-kinase inhibitor Y-27632 decreased the expression levels of F-actin and  $\alpha$ -tubulin, suggesting a link for Rho-kinase and airway smooth muscle cytoskeleton in airway remodelling in asthma.<sup>73</sup> Furthermore, sphingosylphosphorylcholine (SPC), a sphingolipid metabolite, could stimulate a-SMA expression in human foetal lung fibroblast and fibroblast-mediated collagen gel contraction.<sup>74</sup> Of interest, the increased expression of a-SMA was blocked by Y-27632, indicating that RhoA signalling may be involved in SPC-induced airway remodelling in asthma. We also asked the question whether RhoA signalling is involved in cockroach allergen-induced airway remodelling in our well-established chronic mouse model of asthma.<sup>22</sup> We found increased activation of RhoA signalling in asthmatic lung tissues, and treatment with fasudil, a RhoA/ROCK inhibitor, reversed the airway thickening and collagen deposition/fibrosis caused by repeated allergen exposure. These findings are further supported by several studies that inhibition of RhoA signalling suppresses hyperoxia-induced pulmonary fibrosis in neonatal rats,<sup>75</sup> blocks intestinal fibrosis.<sup>76</sup> and attenuates experimental pulmonary fibrosis.<sup>77</sup> Collectively, these results suggest that RhoA signalling is crucial for allergen-induced airway remodelling.

#### RHOA/RHO-KINASE AND AIRWAY INFLAMMATION

In addition to the importance of RhoA/Rho-kinase in smooth muscle contraction, airway hyperresponsiveness and airway remodelling, recent studies suggest that RhoA/Rho-kinase also plays critical roles in airway inflammation. Especially, RhoA/Rho-kinase is involved in regulating airway inflammation through affecting migration, differentiation and function of various inflammatory cells (e.g. eosinophils, macrophages, mast cells and T cells) in the pathogenesis of asthma.

#### **Eosinophils**

The mobilisation of eosinophils from bone marrow to peripheral blood and the subsequent infiltration of eosinophils into the airway is one of the major features of allergic asthma.<sup>78</sup> Eosinophils play a significant role in the pathogenesis of allergic asthma, such as airway hyper-responsiveness, mucus production and remodelling.<sup>79</sup> Thus, blocking the airway recruitment of eosinophils into lung tissues is a promising therapeutic intervention for allergic asthma. Indeed, RhoA/Rho-kinase has been shown to play a critical role in mediating eotaxin induced chemotaxis of eosinophils into the lung tissues.<sup>80</sup> Pretreatment with RhoA/Rho-kinase inhibitors resulted in suppression of eosinophil recruitment with reduced levels of IL-4, IL-5, IL-13 and eotaxin in bronchoalveolar lavage.58,81 Furthermore, a recent study demonstrated for the first time that protein tyrosine phosphatase 2 (SHP2) and RhoA were robustly activated in the airway eosinophils of children with allergic asthma and of a mouse model with allergic inflammation, and regulates airway SHP2 eosinophil recruitment into lungs through RhoA/ ROCK signalling in allergic asthma.<sup>82</sup> Specifically, SHP2 inhibition of activity reverses the

dephosphorylation of p190-A Rho GTPaseactivating protein and subsequently attenuates activation of RhoA/Rho-kinase signalling, leading to reduction of eosinophil migration in response to platelet-activating factor stimulation. Furthermore, genetic interaction between RhoA and SHP2 indicated that RhoA inactivation and SHP2 deletion synergistically attenuated the allergen-induced eosinophil infiltration into lungs. In contrast, overexpression of active RhoA robustly restored the SHP2 deletion-resultant attenuation of allergen-induced eosinophil recruitment into lungs. Together, this study suggests that the activation of SHP2 and RhoA/ ROCK may play a significant role in regulating eosinophil recruitment in allergic asthma, and blockage of the SHP2-RhoA signalling pathway represents a promising approach for the treatment of allergic asthma.

#### Macrophages

Macrophages are the most abundant immune cells in the lungs and capable of possessing numerous and diverse functions required for homeostasis and defence against pathogens.<sup>83</sup> Although the origin of lung macrophages remains unclear, lung macrophages include those from either differentiated blood monocytes or the macrophages.84 proliferated resident Macrophages are heterogeneous population with a combination of inflammatory (M1 macrophage) and anti-inflammatory functions (M2 macrophage).<sup>84</sup> Increased M2 macrophages were noted in allergic asthma.<sup>85</sup> Thus, molecules regulating macrophage polarisation and function are valuable for the treatment of allergic asthma. We have shown that RhoA signalling is critical in controlling macrophage polarisation through the CCL2/CCR2 axis.46 In fact, the activation of RhoA signalling has been previously associated with macrophage polarisation.<sup>86,87</sup> Our study provided further evidence that CCL2 can activate RhoA signalling that plays a key role in mediating CCL2driven macrophage M1 polarisation.<sup>46</sup> In addition to its role in macrophage polarisation, McPhillips et al.88 report that RhoA signalling also plays a significant role in the uptake of apoptotic cells by alveolar macrophages. Furthermore, Moon et al.<sup>89</sup> also suggest that N-acetylcysteine induces apoptotic cell clearance by alveolar macrophages through downregulating RhoA/Rho-kinase resulting in attenuation of lung pathway,

inflammation in an *in vivo* mouse model. Thus, these studies suggest a significant role for RhoA/ Rho-kinase pathway in the clearance of apoptotic cells and macrophage polarisation in allergic lung inflammation.

#### Mast cells

Mast cells are known to be crucial for the regulation of allergic diseases.<sup>90</sup> and the IgE receptor (FcERI)-mediated mast cell activation is the predominant pathway that is associated with various pathophysiological events in allergic inflammatory diseases.<sup>91</sup> Studies in our laboratory demonstrated a significant infiltration of mast cells in the lung tissues of asthma mouse model<sup>92</sup> and in nasal eosinophilic polyps of patients with chronic rhinosinusitis with nasal polyps (CRSwNP).93 Interestingly, recent studies provided evidence that RhoA signalling is associated with mast cell activation.<sup>94</sup> In particular, Sheshachalam et al.<sup>94</sup> showed that RhoA signalling controls mast cell morphology that transitions to an activated form and granule movement for degranulation. Sibilano et al. reported a significant impairment in mast cell degranulation in bone marrowderived mast cells (BMMCs) with RhoA knockdown<sup>95</sup>. Of importance, mice with either ROCK1 deficiency or treated with RhoA inhibitor fasudil showed protection against IgE-mediated allergic response in a passive cutaneous anaphylaxis model.<sup>96</sup> Although studies are limited, these findings provide a rationale that RhoA/Rhokinase is crucial for mast cell activation and mast cell-associated allergic diseases.

### T cells

It was reported that RhoA plays a significant role in development,<sup>97</sup> controlling thymus T-cell activation,<sup>98</sup> migration and proliferation,<sup>99</sup> and Tcell receptor responses.<sup>100</sup> Recently, Yang et al. established a RhoA-deficient mouse line with RhoA knockout specifically in T cells and made several important findings.<sup>51,52</sup> Of these, RhoA plays an essential role in coordinating mitochondrial development.<sup>101</sup> thymocyte function and Furthermore, disruption of RhoA in T cells inhibits T-cell activation and Th2 differentiation and protects against allergen-induced airway inflammation through affecting several metabolic pathways, such as glycolysis and oxidative phosphorylation.<sup>52</sup> Very recently, studies from the same laboratory showed that RhoA is one of the major regulators for Th17 differentiation and cvtokine secretion effector through the downregulations of key Th17 transcription factors, Stat3 and Ror $\gamma t$ .<sup>51</sup> Furthermore, disruption of RhoA in T cells markedly suppressed Th17 response and neutrophil-involved airway inflammation in an allergen-induced asthma model. Similarly, Y16, a specific RhoA inhibitor, also suppressed Th17 response and allergic airway inflammation. In addition, Rho-kinase inhibitor in conjunction with anti-IL-17 alleviated airway responsiveness, airway inflammation and remodelling, and oxidative stress in mice with chronic allergic lung inflammation.<sup>102</sup>

#### RHOA/RHO-KINASE AND MESENCHYMAL STEM CELLS

Mesenchymal stem cells (MSCs) are progenitor cells that can differentiate into different cell types.<sup>103</sup> MSCs from bone marrow/circulating blood are able to migrate to the damage sites after tissue injury.<sup>104,105</sup> We have reported that MSCs were remarkably increased in the lungs of allergen-sensitised and challenged mice.<sup>106</sup> TGF $\beta$ 1activated RhoA signalling has been suggested to be a molecular switch for MSC lineage commitment in arterial repair/remodelling after injury.<sup>107</sup> We also found that RhoA/Rho-kinase signalling plays a critical role in promoting MSC differentiation (Figure 4).<sup>22</sup> Specifically, increased activation of RhoA/Rho-kinase signalling induces

MSC differentiation into fibroblast/myofibroblasts for airway remodelling. However, decreased activation of RhoA/Rho-kinase signalling induces MSC differentiation towards epithelial cells for airway repairing. Mechanistically, we used gene array and identified Lef1 as one of the genes most upregulated in MSCs by RhoA/Rho-kinase signalling and may be responsible for the RhoAmediated MSC differentiation. It was documented that Lef1 is critical in the maintenance of stem cells and organ development, especially in epithelial-mesenchymal transition.<sup>108</sup> Lef1 is also essential for the transition from mesenchymal to epithelial cells and for Th2 effector differentiation.<sup>109,110</sup> However, further studies are clearly needed to investigate the underlying mechanisms leading to Lef1 activation by RhoA/ Rho-kinase signalling and downstream components of Lef1 for MSC lineage commitment/ differentiation. In addition, the RhoA/Rho-kinase signalling is also critical in mediating hypoxiadecreased MSC migration.<sup>111</sup> Collectively, these findings provide a new understanding of RhoA/ Rho-kinase in controlling MSC migration and lineage commitment.

## RHOA/RHO-KINASE AND EPITHELIAL BARRIER FUNCTION

The disruption and hyper-permeability of epithelial barrier in the airway and lung are closely associated with the pathogenesis of asthma. RhoA has been



**Figure 4.** RhoA/Rho-kinase signalling controls mesenchymal stem cell lineage commitment in asthma. Increased activation of RhoA/Rho-kinase signalling induces MSC differentiation into fibroblast/myofibroblasts for allergen-induced airway remodelling. Decreased activation of RhoA/Rho-kinase signalling induces MSC differentiation towards epithelial cells for airway repairing. TGF-β1 from damaged airway epithelial cells plays a major role in MSC migration.



Figure 5. Schematic summary of RhoA/Rho-kinase regulation on the major characteristics of asthma.

considered to be one of the important mechanisms contributing to intestinal and prostate epithelial barrier hyper-permeability.<sup>112,113</sup> The mechanisms are also true for cigarette smoke-induced airway epithelial barrier dysfunction.<sup>114</sup> Heat shock protein (Hsp)  $90\alpha$  is implicated in the LPS-induced lung endothelial barrier dysfunction by disrupting RhoA signalling.<sup>115</sup> Further studies demonstrated increased expression of Hsp90 $\alpha$ , E-cadherin and  $\beta$ catenin in cyto-membrane of HDM-treated 16HBE cells.<sup>116</sup> Hsp90 $\alpha$  expression was significantly reversed by the inhibition of RhoA, which was paralleled with restored epithelial barrier disruption, suggesting that Hsp90a mediates HDMinduced epithelial barrier dysfunction partially by the activation of RhoA signalling. In addition, disruption of RhoA/Rho-kinase also increases actomyosin-mediated endothelial cell contraction, leading to the loss of endothelial integrity and tissue infiltration of inflammatory cells.<sup>117</sup> Furthermore, Mikelis et al.<sup>118</sup> showed that RhoA regulates histamine-promoted vascular leakage via rapid formation of focal adherent junctions and

disruption of endothelial barrier. Interestingly, interfering with RhoA/Rho-kinase signalling abolished endothelial permeability and passive cutaneous anaphylaxis by using either endothelial RhoA genetic deletion or Rho-kinase inhibitor fasudil. The findings were further supported by a recent study that Y27632 upregulated p63, gap junction molecules Cx26, Cx30 and Cx43, and downregulated tight junction molecules claudin-4, claudin-7 and claudin-23, leading to epithelial barrier dysfunction.<sup>119</sup> Together, these findings indicate a key role for the RhoA/Rho-kinase signalling in bronchial epithelial barrier dysfunction.

#### CONCLUSIONS

The present review demonstrates that RhoA/Rhokinase is substantially involved in the pathophysiological changes of asthma, including airway hyper-responsiveness, airway remodelling and lung inflammation (Figure 5). Specifically, the activated RhoA/Rho-kinase pathway affects airway hyper-responsiveness bv promoting cell proliferation and migration, and contractility of airway smooth muscle cell via Ca<sup>2+</sup> sensitisation. RhoA/Rho-kinase Activated signalling also contributes to airway remodelling by increasing extracellular matrix deposition and mesenchymal stem cell differentiation into fibroblasts. allergen/environmental Furthermore, chronic pollutant exposure induces airway inflammation through driving inflammatory cell recruitment. differentiation and cytokine release, with all of these major features regulated by RhoA/Rhokinase In addition, RhoA/Rhosignalling. kinase signalling also plays a significant role in regulating MSC differentiation and bronchial epithelial barrier dysfunction. These studies provide evidence that inhibition of RhoA/Rhokinase signalling may represent a promising novel therapeutic approach for treatment of asthma. However, most of the data reviewed come from animal models of asthma, and there is still a significant gap between animal models and human diseases. But these studies may provide for important insights into the regulation of major features of asthma and future clinical treatment of diseases. Thus, further studies are essential to provide clinical data, investigate the functional significance of RhoA/Rho-kinase signalling in asthmatic patients, and determine the underlying mechanisms of RhoA/Rho-kinase signalling in the regulation of innate immune responses and host defence. Importantly, the development of new, safe, more specific and potent inhibitors targeting RhoA/Rho-kinase is crucial for the treatment of asthma in the future.

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#### **CONFLICT OF INTEREST**

The authors declare no conflict of interest.

#### **AUTHOR CONTRIBUTION**

Yan Zhang: Investigation; Writing-original draft; Writingreview & editing. Arjun Saradna: Investigation; Writingoriginal draft; Writing-review & editing. Rhea Ratan: Investigation; Writing-review & editing. Xia Ke: Conceptualization; Investigation; Writing-review & editing. Wei Tu: Investigation; Writing-original draft. Danh C Do: Conceptualization; Investigation; Writing-original draft; Writing-review & editing. Chengping Hu: Supervision. Peisong Gao: Conceptualization; Funding acquisition; Investigation; Supervision; Writing-original draft; Writing-review & editing.

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