# GNE genotype explains 20% of phenotypic variability in GNE myopathy

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# Abstract

## **Objective**

To test the hypothesis that common *GNE* mutations influence disease severity; using statistical analysis of patient cohorts from different countries.

#### Methods

Systematic literature review identified 11 articles reporting 759 patients. GNE registry data were used as a second data set. The relative contributions of the *GNE* mutations, homozygosity, and country to the age at onset were explored using linear modeling, and relative importance measures were calculated. The rate of ambulation loss for *GNE* mutations, homozygosity, country, and age at onset was analyzed using Cox proportional hazards models.

#### Results

A spectrum of symptoms and large variability of age at onset and nonambulatory status was observed within families and cohorts. We estimated that 20% of variability is explained by *GNE* mutations. Individuals harboring p.Asp207Val have an expected age at onset 8.0 (s.e1.0) years later than those without and probability of continued ambulation at age 40 of 0.98 (95% confidence interval [CI] 0.96–1). In contrast, p.Leu539Ser results in onset on average 7.2 (s.e.2.7) years earlier than those without this mutation, and p.Val603Leu has a probability of continued ambulance of 0.61 (95% CI 0.50–0.74) at age 40, but has a nonsignificant effect on age at onset.

## Conclusions

GNE myopathy severity significantly varies in all cohorts, with 20% of variability explained by the *GNE* mutation. Atypical symptoms and clinical presentation suggest that physical and instrumental examination should include additional clinical tests. Proven and measurable effect of *GNE* mutations on the disease severity should be factored in patient management and clinical research study for a better data interpretation.

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CI = confidence interval; Ace-ER = N-acetylneuraminic acid extended release; AIC = Akaike Information Criterion.

GNE myopathy is an autosomal recessive rare distal myopathy. It is a slow progressing disease caused by mutations in the GNE gene, which affects sialic acid synthesis. Clinical course varies from mild to severely debilitating forms leading to end-stage skeletal muscle weakness. The genetic basis for GNE myopathy was established in 2001;<sup>1</sup> more than 180 mutations are currently known, among them several founder or recurrent mutations.<sup>2–7</sup> Wide phenotypic variability is described in the literature, even within families carrying the same mutation. Some unique features of GNE myopathy are observed only in certain populations.<sup>8,9</sup> Population-based studies suggest that GNE genotype may influence predisposition to a faster or slower progression of the disease, but were often not large enough to reach statistical significance.<sup>5,6,10</sup> Molecular mechanisms underlying muscle weakness have been studied in cell and enzyme studies, suggesting that different missense mutations may affect enzymatic activity to a different extent. Primary muscle cells with GNE mutations showed a significant reduction in sialic acid levels,<sup>11</sup> suggesting that this might be the cause of the muscle weakness. A defined link between GNE genotype and phenotype would have a major impact on the clinical trial planning and routine disease management and care. The aim of the study is to explore cohort-based studies to test the hypothesis that GNE genotype influences GNE myopathy disease severity.

# Methods

# Literature review

PubMed database search was conducted on 12 May 2017 using search words "GNE myopathy," "HIBM," "quadriceps sparing myopathy," "distal myopathy with rimmed vacuoles." In total, 494 records were identified. Duplicated records, single case reports, and scientific publication based on molecular studies, cells, and animal models were eliminated. Other records were checked for the following: cohort size  $\geq 15$ patients, availability of demographic and clinical description, and description of the GNE mutations in the cohort. Eleven articles were selected for analysis (total 759 cases, table 1). Seven articles contained per patient data (UK, India, Bulgaria, Iran, China 1, China 2, and Japan 3) and 4 articles (Israel, Japan 1, Japan 2, and Japan 4) provided cohort summary information. In total, n = 360 patients had individual level data, n = 342 with defined age at onset, and n = 247 with known ambulation status.

# **Registry data**

GNE myopathy registry (previously described<sup>12</sup>) was used as another independent data set. The registry data were interrogated for number of patients per country (subset A) and for patients with homozygous mutations regardless of their country of residence (subset B). Six countries were presented by  $\geq 14$  patients (total n = 135). Four *GNE* mutations were present in the homozygous state  $\geq 3$  patients (total n = 31). The study received approval from Newcastle and North Tyneside 1 Research Ethics Committee, reference number 13/NE/0123. Informed consent was obtained from all patients participating in the registry.

## Statistical modeling of age at onset

Individuals with known genotype and known age at onset were selected for this analysis (n = 342). Those variants with at least 10 observations in the data set were used for further analysis. Ten mutations (table 2) were 77% of the total changes in the data. Genetic explanatory variables were constructed for each mutation under a dominance model, where the variable is coded for the presence/absence of a mutation and allelic dosage model that gives the allele count (0, 1, or 2) for the 10 changes. Other explanatory variables used were the geographic location of the study and whether an individual was homozygous. A series of linear models were fitted for the age at onset regressed against all combinations of location and/or homozygosity and modeling the genetic contribution as either allelic dose or dominance models using the R statistical package.<sup>13</sup>

Selection of the better fitting models was done using the stepwise regression with model choice made using the Akaike Information Criterion (AIC).<sup>14</sup> The relative importance of the different factors in explaining variation in the age at onset was assessed using the relaimpo package within R.<sup>15</sup> The best fitting models were then used to predict the age at onset for individuals in the GNE registry.

#### Age of ambulation loss

Individuals in the onset data that had information about ambulation status, either continued ambulation at assessment or the age at loss of ambulation (n = 220), were used for analysis of ambulation status. Mutations with more than 10 observations in the data set were used for further analysis (n = 6 mutations, table 2). Cox proportional hazards models<sup>16</sup> were used to evaluate the relationship of continued ambulation to the genotype data, as described above, the study, and the age at onset. Initially univariate survival models were fitted and a threshold *p* value of 0.1 was used to select those variables to consider in a multivariate analysis. A multivariate model was chosen from the best combination of significant univariate models. Choices between non-nested models were made using the AIC. Model fit was assessed using survival concordance for registry individuals.

#### Data availability statement

The study analyzes published data. Anonymized GNE registry data can be shared upon request to the GNE Registry Steering Committee.

# Table 1 Demographic description of the GNE cohorts

Country, where the study was conducted	Ethnical background	Number of patients	Percentage of male/ female ratio (n)	Age at baseline, mean (±SD)	Mean age at onset (±SD); [range]	Percentage of nonambulant patients (n)	Mean age at non ambulatory state (±SD)	GNE genetics description of the cohort	Cardiac involvement	Respiratory involvement
Japan 1 <sup>9</sup>	Japanese	121	45.5 (55/66)		27.7 (9.6)	43.0 (52)	35.4 (11.3); mean 21.1 y after the onset	p.V603.L and p.D207V account for 71.0% of cases	Normal in all tested patients (28.9%)	FVC normal (33%), decreased in 67% patients
Japan 2 <sup>17</sup>	Japanese	27	33.3 (9/18)	43.0 (12.9)	25.9 (10.3); [15–58]	36.0 (9)	Not available	p.V603.L and p.D207V account for 75.0% of all mutations	Structural and rhythm abnormalities in 29.6% patients.	OSAS <sup>a</sup> (n = 2), FVC drop –3.3% in 1 y in nonambulant subset
Japan 3 <sup>24</sup>	Japanese	212	44.8 (95/117)	41.6 (14.1)	28.4 SD10.2 [10- 61]	23.4 (154)	36.8 (11.3); [range 19–78]	p.V603.L and p.D207V account for 88.7% all mutations	Not available	Not available
Japan 4 <sup>25</sup>	Japanese	71	33.8 (24/44)	43.1 (13.0)	24.8 SD 8.3 [12- 58]	52.0 (37) [50-80% ]	34.9 (11.7); [range 18–70] Mean 17.0 (2.1) y after the onset	p.V603.L and p.D207V. 86.2% of all mutations	Not available	Not available
Bulgaria⁵	Roma people	50	62.0 (31/19)	Not available	24.4 (6.31); [10-42]	64.0 (32)	Not available; mean 10.34 (4.31) y after onset	p.l618T account for 98% of all mutations	Structural and rhythm abnormalities in 45.5% patients	FVC [range 60–75%]
UK <sup>7</sup>	White British, Irish, Indian, Pakistan	26	53.9 (14/12)	47.7	30 (9.2); [10-44]	19.2 (5)	46.3 (8.0)	p.A662V and p.D409Y account for 63%	Mild systolic dysfunction- 1 patient	Normal in all patients
Israel <sup>4</sup>	Middle Eastern Jews, Karaites, Arabs	129	Not available	Not available	[17–48]	Not available	Not available; >15 y since onset	p.M743T accounts for 100% of all mutations	None	Not available
Iran <sup>10</sup>	lranian non- Jewish (Muslim Persian)	18	50.0 (9/9)	34 [range 24–47]	25.7 [19-31]	16.7 (3)	37.3; 13–15 y since onset	High prevalence of p.M743T.	Normal in all patients	Normal in all patients
China 1 <sup>6</sup>	Chinese	35	45.7 (16/19)	37.3 (10.2) [range 22–66]	30.6 (7.3) [20–43]	Not available	Not available	p.D207V allele frequency in the cohort of 35.7%	Not available	Not available
China 2 <sup>26</sup>	Chinese	53	50.9 (27/26)	31.5 (8.4) [range 11–46]	20.5 (8.1) [5-39]	Not available	Not available	No single dominating mutation in the study cohort	Not available	Not available
India <sup>8</sup>	Indians	17	70.6 (12/5)	34.1 (7.1) [range	27.0 (6.3)	5.9 (1)	Not available	76.5% patients harbour	Not available	Not available

Table 2: Genomic positions and amino acid changes for the 10 changes analyzed in the onset data

Genomic position	Amino acid change	Ref SNP ID	Frequency in onset data	Populations present	Count in ExAC	Count in 1000 genomes	Frequency ambulation data	Estimated change in age at onset	Estimated hazard for model amb2 (95% Cl)
36219937	p.Val603Leu	rs121908632	0.29	2	3	1	0.34		3.1 (1.5–6.3)
36246117	p.Asp207Val	rs139425890	0.17	2	5	2	0.15	8.0 (6.1,9.9)	0.12 (0.03–0.5)
36219891	p.ILe618Thr		0.16	4	1	0	0.23		1.9 (0.96–3.9)
36218221	p.Ala631Val	rs62541771	0.047	3	10	0	(0.002)	4.8 (1.2, 8.5)	
36217396	p.Met743Leu	rs28937594	0.033	2	4	0	0.043		
36249315	p.Cys44Ser		0.027	2	0	0	(0.007)		
36236861	p.Arg277Trp	rs121908629	0.020	4	0	0	0.025		
36236887	p.Leu268Leu		0.018	1	0	0	0.027		
36227394	p.Asp409Tyr	rs199877522	0.017	1	14	0	(0)		
36222884	p.Leu539Ser		0.015	1	0	0	(0)	-7.2 (-12.7,- 1.8)	

All genomic positions are on chromosome 9 and based on amino acid changes mapped to transcript ENST00000377902. Changes with bracketed frequencies in the ambulation data were not included in the ambulation model.

# Results

# Age at onset

Eleven cohorts were selected for analysis. Four publications from Japan met the inclusion criteria and may have overlapping patients. Two publications from China may have overlapping patients, but this is unlikely. The overlap in patient populations between those cohorts cannot be determined; therefore, they were analyzed as individual patient cohorts. Bulgaria, UK, Israel, Iran, and India are presented by a single publication (table 1).

Number of patients in populations varied between 17 (India) and 212 (Japan). Average age at baseline varied between 31.5 years (China) and 47.7 years (UK). The earliest onset at 10 years was detected in Japan, UK, and Bulgaria, while the latest onset was observed at 61 years in Japan, giving Japan the largest variability of age at onset (figure 1).

Linear models were fitted to the age at onset on those individuals with information about genotype and age at onset (n = 341). Genetic variables provided a better fit to the data than location and homozygosity (maximum adjusted  $r^2$  was 0.08 without individual mutation explanatory variables). Models using allelic dose models were marginally worse than dominance models. Statistically significant mutations were p.Asp207Val (increase in age at onset of 8 years p = 9e-16), p.Ala631Val (increase of 4.8 years, p = 0.002), and p.Leu539Ser (decrease of 7.2 years, p = 0.008). Confidence intervals are given in table 2. The proportion of variability explained by these 3 genetic factors was estimated to be 18.8%, using the reliampo package. For univariate models, the age at onset was a highly significant predictor of continued

ambulance (p < 2e-16), along with individual homozygosity (p = 7e-16), and the mutations, p.Val603Leu (p = 0.007), p.Asp207Val (p = 0.0002), and p.ILe618Thr (p = 3.4e-14). In a multivariate model using all variables homozygosity was only marginally significant (p > 0.01). Age at onset and dominance for the 3 mutations — the change in hazard for the 3 mutations — was used in the final model (table 2). The effect of the age at onset and the 3 mutations (figure 2). We can show the effects of the 3 mutations by comparing mutations to an individual with onset at age 30 and without any of the 3 mutations who has a probability of 0.85 (95% confidence interval [CI] 0.77–0.94) of continued ambulance at age 40.

## Age of ambulation

Lowest proportion of nonambulant patients was described in India (5.9%) and the highest in Bulgaria (64.0%), resulting in almost every third GNE patient in the world being nonambulant (32.5%). Authors, of the selected manuscripts, described reaching nonambulatory status in 2 ways: (1) Age at nonambulatory status (5 publications) and duration (i.e., years) since the onset to nonambulatory status (3 publications). The former shows that patients reach nonambulatory status at an average 38.1 years old, with over a decade (11.4 years) difference between "Japan 4" and UK cohorts. The latter shows that the progress since onset to the wheelchair bound state can take between 10.3 and 21.1 years with an average of 16.2 years.

A mutation at p.Val603Leu gives a probability of ambulance at age 40 of 0.61 (95% CI 0.49–0.74), a mutation at p.IleThr gives 0.73 (95% CI 0.163–0.83), and a mutation at p.Asp207Val has a probability of continued ambulance of 0.98





Studies are grouped by source, individual level data (bottom panel), summary statistics form articles (middle panel), and by country from the registry (top panel with dark background). Means are given by large circles, the confidence intervals by thick black lines, and the minimum and maximum values by x. Sample sizes for each study are indicated to the right. The overall mean (calculated from individual level data) is shown by the vertical grey line. Student-t confidence intervals were calculated for registry countries and individual studies. Confidence intervals for summary studies were taken from the articles.

(95% CI 0.96–1). When considering only the Japanese cohort, we confirm that the presence of p.Asp207Val is associated with a much milder phenotype (probability of ambulance at age 40 is 0.98 95% CI [0.94–1.0]), compared to individuals with no copies probability 0.58 [0.45, 0.73]. Homozygotes of p.Val603Leu have a much more severe phenotype with probability of continued ambulance of 0.39 95% CI [0.24-0.61] compared to a heterozygote, probability 0.90 95% CI [0.80-1.0].

#### Genotypes

Founder or high-prevalence mutations were significantly prevalent in 9 cohorts. In 2 populations (Israel and Bulgaria), founder mutation appears in nearly all patients in homozygous state. Japan and UK showed 2 mutations dominating the cohorts. China 1 and China 2 cohorts showed a different spectrum of mutations with one dominating mutation in former study and multiple mutations without clear dominance in the latter.

## **Cardiorespiratory function**

It is considered that GNE myopathy does not increase the risk of cardiomyopathy and respiratory failure. However, a 1 yearlong natural history study conducted in Japan showed that forced vital capacity (FVC) declines in nonambulatory patients.<sup>17</sup> Description of the respiratory function was available in 5 of 10 studies. UK and Iran described it as "normal in all patients." FVC was either normal or mildly to moderately decreased in all other

tested patients. No severe decline in FVC was reported. Cardiomyopathy was not reported; nevertheless, some structural and rhythm abnormalities were present in 29.6 and 45.5% of patients from "Japan 2" and Bulgaria, respectively. Reported abnormalities included borderline reduction in ejection fraction and impaired relaxation (in patients who had concomitant diseases such as diabetes or hypertension). ECG in a few patients showed evidence of abnormal repolarization and left ventricular hypertrophy. Rhythm abnormalities such as extrasystolic arrhythmia and borderline nonspecific intraventricular delay were observed on a few occasions. Sudden death of unknown cause was reported in 4 nonambulant patients without a family history of cardiac rhythm abnormalities.<sup>5</sup>

#### Atypical features

Muscle biopsy appearance without rimmed vacuoles was observed in the UK and Japan and is likely to be linked to the site of the biopsy (i.e., quadriceps as the least affected muscle) or early stage of the disease. Thrombocytopenia was reported in 2 Japanese cohorts ("Japan 1" and "Japan 2"). A high rate of an early onset presentation (<20 years) was reported in "Japan 4" cohort. Asymmetrical weakness was evident in the UK and both Chinese cohorts. Quadriceps sparing, almost a pathognomonic feature of GNE myopathy, was absent in a small number of patients from Israel, China 1, and China 2 cohorts. Facial and neck weakness and limb-girdle muscle weakness at early stages of the disease were observed in China and Israel.





(A) shows fitted values for model 2 with individual without age, for an p.Val603Leu, p.lle618Thr, p.Asp207Val. (B, C and D) give expected curves for an individual with and without the given mutation, with shaded 90% areas indicating confidence intervals.

#### Analysis of the registry cohort

Age at onset and nonambulatory status were compared between 6 country-specific cohorts, with  $n \ge 14$  patients. Baseline data are presented in table 3. Using the model and parameter values estimated in from section 6 to predict onset times for the registry data (n = 126) was not fully successful, with an  $r^2$  of 0.04 between the self-reported onset values in the registry data and the onset values predicted from this model based on the registry genetic data. So, there is a relationship between estimated onset time and predicted time, but this is not as strong as in the meta data set.

Registry data with ambulance data had a sample size of 113. Survival concordance for registry individuals was calculated using the parameters from the best fit survival model. This works on pairs of individuals and averages how often the individual with the lowest ambulance time also has the highest risk score. This is then averaged over all pairs of individuals. Hence, perfect matches would have a concordance of 1 and a model that was random would have a concordance of 0.5. The concordance for the registry data was 0.78, which shows good agreement.

Registry data were also interrogated to identify homozygous patients irrespectively of their country of residence. Four subsets with the number of patients  $\geq$ 4 were analyzed. Because of

a small number of available data, we present it only for descriptive analysis. Baseline demographic data, genotype, and clinical parameters are presented in table 3.

# Discussion

Disease severity and variability in its presentation are factors to consider in the disease management and planning clinical research. Patients are keen to know their prognosis and likely trajectory of progression to make personal choices. Rare disease status leads to scarcity of the data and availability of biological samples to study. Therefore, an integrated analysis of the available data provides an additional insight in understanding the correlation between *GNE* genotype and phenotype.

Cohort-based studies provided country-specific data. Analysis of these cohorts showed the presence of outliers with an early or late onset of the first symptoms in every cohort, which is not explained by a particular mutation. We find that almost 20% of the variability in age at onset is due to the *GNE* genotype, with the change to p.Asp207Val being associated with on average an 8-year increase in age at onset. In contrast, p.Leu539Ser results in onset on average 7.2 years earlier than those without this mutation.

Country, of residence	Ethnicity of the study cohort	Number of patients	Male/ female ratio % (n/ n)	Age at baseline, mean (±SD)	Mean age at onset (±SD)	Percentage of nonambulant patients (n)	Mean age at nonambulatory state (±SD)	Mutation description
India	Asian	14	57.1 (8/6)	34.1 (8.2)	25.6 (5.6)	7.7 (1)	n/a	14 different mutations in total; p.Val727Met is the most common accounting for 42.3% of all mutations
Italy	White	20	40.0 (8/12)	39.7 (11.6)	25.5 (6.7)	40.0 (8)	35.9 (9.7)	9 mutations in total; p.Asn550Ser and p.Met743Thr are the most common accounting for 21.4% of all mutations each
South Korea	Asian	22	45.5 (10/12)	34.2 (8.6)	25.7 (7.2)	33.3 (7)	33.4 (8.0)	5 mutations in total; 2 most common mutations p.Val603Leu and p.Cys44Ser accounting for 50% and 38.5% of all mutations, respectively
USA	85% White, 15% Asian	21	52.4 (11/10)	47.3 (12.5)	29.3 (9.1)	20.0 (4)	43.3 (7.5)	11 mutations in total; 3 most common p.Ala662Val, p.Val727Met, and p.Met743Thr account for 21.4%, 14.3%, and 14.3%, respectively, of all mutations
UK	76.2% White, 23.8% Asian	21	42.9 (9/12)	47.9 (10.3)	31.2 (7.9)	23.8 (5)	42.6 (11.6)	9 mutations in total; 2 most common p.Asp409Tyr and p.Ala662Val account for 25.0% and 45.0% of all mutations, respectively
Iran	Asian	37	48.6 (18/19)	36.3 (8.0)	28.7 (5.7)	9.4 (3)	38.7 (5.8)	9 mutations in total; one most common p.Met743Thr accounts for 53.6% of all mutations
Grand total		135	47.4 (64/71)	39.4 (11.0)	27.8 (7.2)	21.5 (28)	38.9 (9.2)	

Table 3 Analysis of the registry data

Escherichia coli and insect cell disease models showed that epimerase and kinase enzymatic activity significantly varied among selected mutations.<sup>18</sup> Slow progression of the disease may partially be explained by mitochondrial alterations.<sup>19</sup> However, the correlation between the mutations and level of membrane sialylation is not consistent, which may indicate that involvement of other factors affecting the cellular and clinical phenotype.<sup>20</sup> An indirect marker of disease severityage of nonambulation status, has a marked variability.<sup>12</sup> The differences between age at nonambulatory status were associated with the age at onset and 3 founder mutations. While it is difficult to disentangle population effects from genetic effects, special fitting models for nonambulatory age were better fitted to genetic data than to population source, and these models showed good concordance with those used to predict continued ambulance in the GNE registry. Significant difference between Japan, Iran, and Bulgaria in age at nonambulatory status and proportion of nonambulant patients in the cohorts also point to the fact that the speed at which the disease progresses may be attributable to the founder

mutations highly prevalent in those populations. When comparisons are made only with homozygous Japanese populations, the differences in survival curves almost disappear. Roma people founder mutation (p.ILe618Thr) shows no evidence of association with the age at onset, but is associated with a lower age of loss of ambulation. The mutation p.Leu539Ser, only seen in the Chinese data, is associated with an onset 7.2 years earlier but is not seen in the ambulation data, and we cannot make any inferences about its impact on ambulation. As these mutations are not shared with other study populations, it is difficult to extract the effects of genotype. The differences in health care approaches can also potentially play a role in preserving ambulation.

Cohorts with a higher number of nonambulant patients also have a higher number of patients with compromised respiratory function. This confirms previous observation on a multinational level that respiratory function is normally preserved until the very nonambulatory stages of the disease. We also did not observe a correlation between cardiomyopathy and GNE myopathy but a number of mild-to-moderate structural and rhythm heart abnormalities were observed.

Rare symptoms found only in one country (e.g., thrombocytopenia or Beevor sign) could be attributable to the described ethnic groups only or to observational bias due to the differences in medical practices across the world. A new *GNE* mutation has been found to cause a congenital macrothrombocytopenia without noticeable muscle weakness to date.<sup>21</sup> It supports the observation that platelet count may be compromised in GNE myopathy and therefore it may be recommended to include platelet count test in the routine management of the disease.

Spectrum of the disease presentation, severity, and specific features is important in planning clinical trials for adequate patient stratification and reduced bias due to known covariances. N-acetylneuraminic acid extended release (Ace-ER) phase 2 and 3 clinical trials showed different results, where phase 2 showed that Ace-ER stabilizes the disease progression and causes statistical significant difference between treatment and placebo groups.<sup>22</sup> However, phase 3 showed no benefit of Ace-ER on muscle strength.<sup>23</sup> We speculate that difference in the results between 2 studies could partially be accounted for differences in the study cohorts. In phase 2 trial, sites were located in 2 countries, the United States and Israel, where p.Met743Thr is most common. Phase 3 study enrolled a larger number of patients from 7 countries, with 4 of them being in Europe and one in Canada-where p.Met743Thr is much less prevalent. This genotype difference in the cohorts could have potentially had an impact on the discrepancy in the study results. We therefore suggest that GNE mutation should be taken in consideration as a factor for patient stratification in the clinical trials.

This article is a first attempt to look at the genotypephenotype correlation in GNE myopathy through a systematic review and meta-analysis. The analysis shows that GNE genotype has an impact on the phenotype and accounts for 20% of variability in onset of the disease and has a significant influence on reaching nonambulatory status. The analysis indicated that there are other disease modifying factors that influence phenotype. Cohort-specific features expand clinical understanding of the disease and warrant a closer look at the platelet count in GNE patients across the world. Better understanding of the disease progression based on the genotype is important for counselling and management of GNE patients. Potential impact of genotype on the disease progression is also important for clinical trial design and patient stratification. We acknowledge study limitations, such as sample size, and factors (e.g., differences in environment, diet, and health care systems) that can potentially influence the analysis. Therefore, a replication of the analysis on a larger and different cohort would have to be conducted in the future.

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#### Appendix 1. Authors contribution

Name	Location	Role	Contribution
Oksana Pogoryelova, MD, PhD	Institute of Genetic Medicine, Newcastle University, Newcastle upon Tyne, UK	Author	Design and conceptualized study; data acquisition, analyzed the data; drafted the manuscript for intellectual content. Member of the GNE Registry Steering Committee
lan Wilson, PhD	Institute of Genetic Medicine, Newcastle University, Newcastle upon Tyne, UK	Author	Design and conceptualized study; analyzed the data; statistical analysis; drafted the manuscript for intellectual content

Appendix 1 (continued)							
Name	Location	Role	Contribution				
Hank Mansbach, MD	Ultragenyx Pharmaceutical, CA, USA	Author	Interpreted the data; revised the manuscript for intellectual content. Member of the GNE Registry Steering Committee				
Zohar Argov, MD	Department of Neurology, Hadassah-Hebrew University Medical Center, Jerusalem, Israel.	Author	Interpreted the data; revised the manuscript for intellectual content. Member of the GNE Registry Steering Committee				
lchizo Nishino, MD, PhD	Department of Neuromuscular Research, National Institute of Neuroscience, National Center of Neurology and Psychiatry, Tokyo, Japan.	Author	Interpreted the data; revised the manuscript for intellectual content. Member of the GNE Registry Steering Committee				
Hanns Lochmuller, MD, PhD	Children's Hospital of Eastern Ontario Research Institute, University of Ottawa, Ottawa, Canada and Division of Neurology, Department of Medicine, The Ottawa Hospital, Ottawa; Department of Neuropediatrics and Muscle Disorders, Medical Center – University of Freiburg, Faculty of Medicine, Freiburg, Germany; Centro Nacional de Análisis Genómico (CNAG-CRG), Center for Genomic Regulation, Barcelona Institute of Science and Technology (BIST), Barcelona, Catalonia Snain	Author	Interpreted the data; revised the manuscript for intellectual content. Member of the GNE Registry Steering Committee				

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