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Medical Hypotheses

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Letter to Editors

Correlation between atmospheric particulate matter and antibiotic resistance: A hypothesis



Dear Editors,

the Italian National Health System, universally recognized as one of the best in the world also by recent studies [1], has faced two important health threats in recent years, in addition to the current SARS-CoV-2 epidemic: Italy is in first place in Europe both for premature deaths due to exposure to $PM_{2.5}$ fine particulate matter (58,600 deaths in 2016) [2] and for the number of deaths due to infections caused by antibioticresistant bacteria (over 10,700 in 2015, 1/3 out of the total of the European Union) [3], with the latter data confirmed not only by the high quantity of prescriptions of these drugs for medical use [4], but also and above all by the large percentage of sales for veterinary applications and zootechnics [5].

Therefore, a question arises: could there be a connection between these two apparently so different phenomena? Indeed, a hypothesis could be advanced, moving from the epidemiological data to a biochemical explanation. $PM_{2.5}$ or lower particles could adsorb fragments of nuclear or plasmid DNA [6] from the environmental resistome or from bacteria (not only pathogenic) that are dead but resistant or multiresistant (both environmental and hospital), therefore containing Antibiotic Resistance Genes (ARGs), and disseminate them everywhere through the wind or other atmospheric manifestations.

These DNA fragments could later penetrate, using $PM_{2.5}$ or lower particles as carriers (also biocompatible), into other bacteria (also of different genres) which could exploit them evolutionarily to obtain new characteristics of resistance, integrating these genes in their nuclear genome or in their plasmids (therefore transferring them to other germs by conjugation, a mode already favored by $PM_{2.5}$ particles [7]) with a mechanism similar to bacterial transformation or biolistic method, widely used in research laboratories.

In this way, high concentrations of atmospheric particulate matter, already a cause of death in itself, could passively and actively favor the propagation of the phenomenon of antibiotic resistance, with its burden of disease. With this in mind, health costs of air pollution should be reviewed, also adding the possible share of costs due to hospitalizations for infectious diseases from antibiotic-resistant germs.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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