

# Glycated Albumin Versus HbA1c in the Evaluation of Glycemic Control in Patients With Diabetes and CKD



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**Introduction:** It is inaccurate to assess blood glucose with glycated hemoglobin (HbA1c) in patients with diabetes and chronic kidney disease (CKD), and whether glycated albumin (GA) is better than HbA1c in these patients remains unclear.

**Methods:** We searched PubMed, Embase, Web of Science, Scopus, the Cochrane Library, and MEDLINE to July 2017 for studies that investigated the correlation between GA or HbA1c and the average glucose levels (AG) relevant to this theme. Statistical analysis was performed using RevMan5.3 and Stata12.0. The outcome was the correlation coefficient between GA or HbA1c and AG. For the first time, we made a comparison of GA and HbA1c in different CKD stages.

**Results:** A total of 24 studies with 3928 patients were included. Early stages of CKD refer to CKD stage 1 to 3. Advanced CKD refer to CKD stage 4 and 5 including patients receiving dialysis. The meta-analysis suggested that in early stages of CKD, the pooled R between GA and AG was 0.61 (95% CI = 0.49–0.73) and 0.71 (95% CI = 0.55–0.87) for HbA1c ( $P > 0.05$ ). In advanced CKD patients, the pooled R between GA and AG was 0.57 (95% CI = 0.52–0.62), and 0.49 (95% CI = 0.45–0.52) for HbA1c ( $P = 0.0001$ ).

**Conclusion:** GA is superior to HbA1c in assessing blood glucose control in diabetes patients with advanced CKD.

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KEYWORDS: chronic kidney disease; diabetes mellitus; glycated albumin; HbA1c

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Chronic kidney disease (CKD) is a worldwide public health problem that affects millions of people of all racial and ethnic groups. Diabetes mellitus is a leading cause of CKD, and it is also an important comorbidity in established CKD.<sup>1</sup> The rapidly increasing prevalence of diabetes worldwide virtually ensures that the proportion of CKD attributable to diabetes will continue to rise.<sup>2,3</sup> Glycemic control may decrease the incidence of new-onset microalbuminuria,<sup>4</sup> delay the progression of diabetic nephropathy,<sup>5</sup> limit end-organ damage, and reduce cardiovascular morbidity and mortality in uremic patients on hemodialysis.<sup>6</sup> Compared to the general population, glycemic control in patients with CKD is complicated by alterations in glucose and insulin homeostasis.<sup>7</sup> Therefore, choosing reliable clinical

biomarkers to monitor glycemic control is critical in patients with both diabetes and CKD.

Glycated hemoglobin (HbA1c), glycated albumin (GA), fructosamine, and 1,5-anhydroglucitol (1,5-AG) are biomarkers used for evaluating glycemic control. At present, HbA1c, which reflects average glucose levels (AG) over the 120 days preceding the test, is widely used as a gold standard index for glycemic control in clinical practice. However, the HbA1c levels may be erroneous in patients with CKD<sup>8</sup> because of factors such as anemia (due to reduced erythrocyte life span or iron deficiency), and the administration of erythropoietin.<sup>9,10</sup> 1,5-AG reflects the degree of excretion of urinary glucose and is influenced by food ingestion and by threshold of glucose in the kidney. Fructosamine is a generic term that refers to all glycated serum proteins including GA in blood serum. It has a shorter half-life than HbA1c, as it reflects 1 to 3 weeks of glycemic status. However, fructosamine depends not only on glucose concentrations but also on the concentration of individual plasma proteins, and these may vary greatly in CKD.<sup>11</sup>

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GA measures specifically the glycation product of albumin; it has been developed as an index for glycemic control,<sup>12</sup> but it is not affected by serum albumin levels because its ratio to total serum albumin is calculated.<sup>13</sup> To date, serum GA has been suggested as a more reliable and sensitive glycemic index to replace HbA1c in diabetic patients with CKD,<sup>14–17</sup> because it is not influenced by anemia and associated treatments. In addition, GA may also reflect the status of blood glucose more rapidly than HbA1c, and it is beneficial to patients with wide variations in blood glucose or those at higher risk for hypoglycemia.<sup>7</sup> However, these benefits have not been verified by large-scale clinical trials and systemic meta-analyses. Therefore, it is necessary to perform a meta-analysis to address these issues.

## METHODS

### Search Strategy

On 31 July 2017, we searched PubMed, Embase, Web of Science, Scopus, the Cochrane Library, and MEDLINE databases for articles about GA or HbA1c as an index of glycemic control in diabetic patients with CKD. The predefined searching key words were ["Glycated albumin" OR "Glycated hemoglobin"] AND "Kidney", ["Glycated albumin" OR "Glycated hemoglobin"] AND "Renal", ["Glycated albumin" OR

"Glycated hemoglobin"] AND "Dialysis" through keywords searching systems. The search was limited to publications written in English to match our translation capacity.

### Selection Criteria

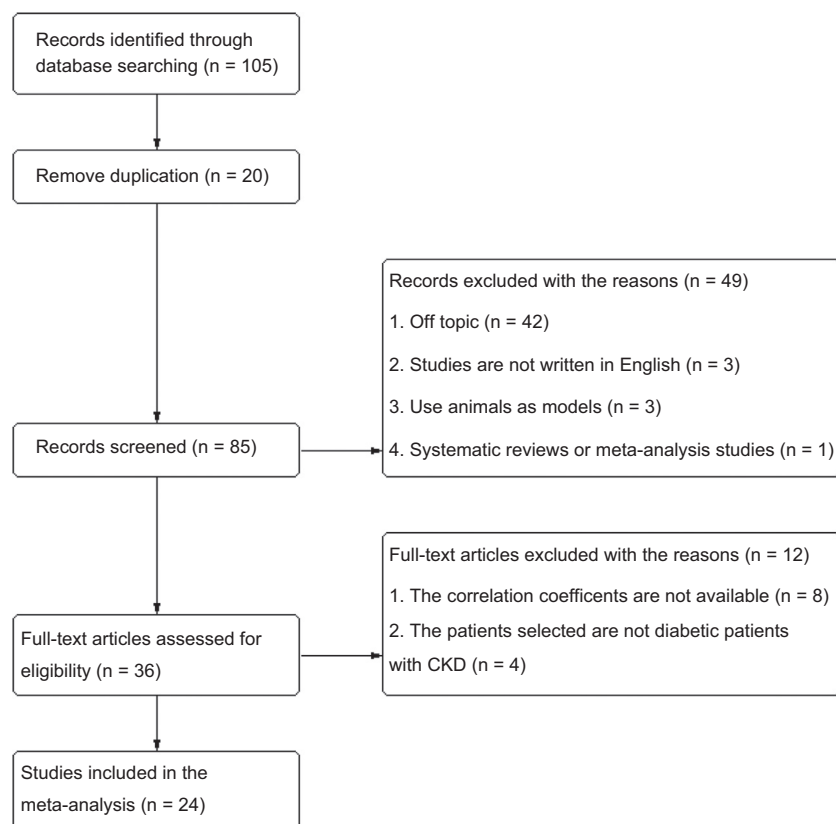
Inclusion criteria were as follows: original and observational research; investigation of the relationship between the GA or HbA1c and AG levels; participation of diabetic patients with CKD; inclusion of the correlation coefficient and the number of patients; and full manuscript publication.

### Exclusion Criteria

Exclusion criteria were as follows: animals used as research subjects; systematic review or meta-analysis; studies without the correlation coefficient and the number of patients; and articles not written in English.

### Quality Assessment and Data Extraction

Data were extracted independently according to the above-mentioned selection and exclusion criteria; selection process details are shown in the [Figure 1](#). The information extracted from each publication, in the form of a table, included the following: authors, year of publication, nation of origin, number and mean age of patients, patients' CKD status, Pearson or Spearman



**Figure 1.** Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow diagram of identification process for eligible articles. CKD, chronic kidney disease.

**Table 1.** Characteristics of studies included in the meta-analysis

First author, reference	Year	Nation	n (F/M)	Age (yr)	CKD status	R <sup>a</sup> (HbA1c)	R <sup>a</sup> (GA)	Method
Yajima <sup>18</sup>	2017(a)	Japan	15 (13/2)	70.3	Long HD group	0.522	0.506 (P = NS)	CGMS
	2017(b)	Japan	16 (11/5)	71.3	Short HD group	0.098 (P = NS)	0.337 (P = NS)	CGMS
Chujo <sup>19</sup>	2010(a)	Japan	49 (36/13)	63.9	ESRD (predialysis)	0.47	0.56	Not CGMS
	2010(b)	Japan	37 (25/12)	64.4	ESRD (dialysis)	0.42	0.5	Not CGMS
Hayashi <sup>20</sup>	2007	Japan	41 (27/14)	60.2	HD	0.59	0.42	CGMS
Vos <sup>21</sup>	2011	New Zealand	25 (18/7)	60.2	CKD 4–5	0.38 (P = NS)	0.54	CGMS
Kobayashi <sup>22</sup>	2013(a)	Japan	20 (16/4)	58.6	HD	0.121 (P = NS)	0.67	Not CGMS
	2013(b)	Japan	20 (17/3)	59.6	PD	0.166 (P = NS)	0.62	Not CGMS
Inaba <sup>9</sup>	2015	Japan	538 (NA)	NA	HD	0.52	0.539	Not CGMS
Meyer <sup>23</sup>	2013	France	23 (13/10)	65.7	HD	0.36 <sup>c</sup>	0.44 <sup>c</sup>	CGMS
Sany <sup>24</sup>	2014(a)	Egypt	25 (9/16)	43.8	CKD 1–3	0.56	0.58	Not CGMS
	2014(b)	Egypt	25 (15/10)	49.6	HD	0.51	0.54	Not CGMS
Harada <sup>25</sup>	2009(a)	Japan	28 (22/6)	57	CKD 1–2	0.739 <sup>b</sup>	0.67 <sup>b</sup>	Not CGMS
	2009(b)	Japan	69 (51/18)	67.3	CKD3	0.561 <sup>b</sup>	0.556 <sup>b</sup>	Not CGMS
	2009(c)	Japan	42 (28/14)	68.3	CKD 4–5	0.289 <sup>b</sup> (P = NS)	0.361 <sup>b</sup>	Not CGMS
Kim <sup>26</sup>	2016	Korea	185 (60/125)	60.3	ESRD	0.54	0.7	Not CGMS
Fukami <sup>27</sup>	2002	Japan	30 (22/8)	63	CKD 4–5	0.24 (P = NS)	0.41	Not CGMS
Riveline <sup>28</sup>	2006	France	19 (8/11)	64	HD	0.47	NA	CGMS
Lee <sup>29</sup>	2013	China	25 (13/12)	59	PD	0.51	NA	CGMS
Kim <sup>30</sup>	2016	USA	347 (177/170)	59	HD	0.48	NA	Not CGMS
Mittman <sup>31</sup>	2015(a)	USA	100 (46/54)	63	HD	0.31 (P = NS)	NA	Not CGMS
	2015(b)	USA	100 (46/54)	66	HD	0.45	NA	Not CGMS
Uzu <sup>32</sup>	2012	Japan	87 (56/31)	NA	HD	0.539	0.52	Not CGMS
Qayyum <sup>33</sup>	2009	Singapore	60 (46/14)	60.2	PD	0.48	NA	CGMS
Tsuruta <sup>34</sup>	2012	Japan	46 (34/12)	66.3	HD	0.363	0.385	Not CGMS
Lo <sup>35</sup>	1996(a)	Australia	14 (NA)	NA	CKD 3	0.89 <sup>c</sup>	NA	CGMS
	1996(b)	Australia	29 (NA)	NA	CKD 4–5	0.58 <sup>c</sup>	NA	CGMS
Joy <sup>10</sup>	2013	USA	23 (13/10)	56	HD	0.57883	NA	Not CGMS
Ichikawa <sup>36</sup>	2010	Japan	31 (20/11)	66.9	HD	0.6705	0.5883	Not CGMS
Wang <sup>37</sup>	2014	China	71 (41/30)	66	CKD 2–5	0.537	0.628	Not CGMS
Williams <sup>38</sup>	2017	USA	1758 (932/826)	62.1	Dialysis	0.69	0.63	Not CGMS
Chen <sup>39</sup>	2016	China	30 (19/11)	75	CKD 3–4	0.796	NA	Not CGMS

CGMS, continuous glucose monitoring systems; CKD, chronic kidney disease; F, female; GA, glycated albumin; HbA1c, glycated hemoglobin; HD, hemodialysis; M, male; NA, not available; NS, not significant ( $P > 0.05$ ); PD, peritoneal dialysis.

Letters in parentheses [(a), (b), and (c)] following the year represent different groups in the same study.

<sup>a</sup>Pearson correlation coefficient.

<sup>b</sup>Spearman correlation coefficient.

<sup>c</sup>Values calculated based on R<sup>2</sup> values.

correlation coefficient, and methods used to measure the average glucose levels.

The correlation coefficients were obtained from each publication, including Pearson correlation (R), Spearman correlation coefficient (Rs), and R<sup>2</sup>. We converted the published Spearman correlation coefficient into Pearson correlation coefficient [ $R_s = 6\pi^{-1} \sin^{-1}(R_s/2)$ ], and calculated the R value based on R<sup>2</sup>. The sampling distribution of Pearson correlation coefficients is problematic because the SE depends on the value of the correlation coefficients. Thus, a Fisher r-to-z transformation was conducted to obtain variance-stabilized correlation coefficients. The transformed Pearson coefficient was used in the meta-analysis, and finally the pooled correlation coefficient was transformed back to the raw scale for presentation.

Also, the methodological quality of the included studies was independently assessed by 2 observers

(T.G. and X.L.) using the quality assessment tool recommended by the Agency for Healthcare Research and Quality (AHRQ), a tool specifically developed for systematic reviews of cross-sectional studies. Disagreements between the 2 reviewers were resolved by a majority opinion after a third reviewer (G.X.) assessed all of the involved items.

### Statistical Analysis

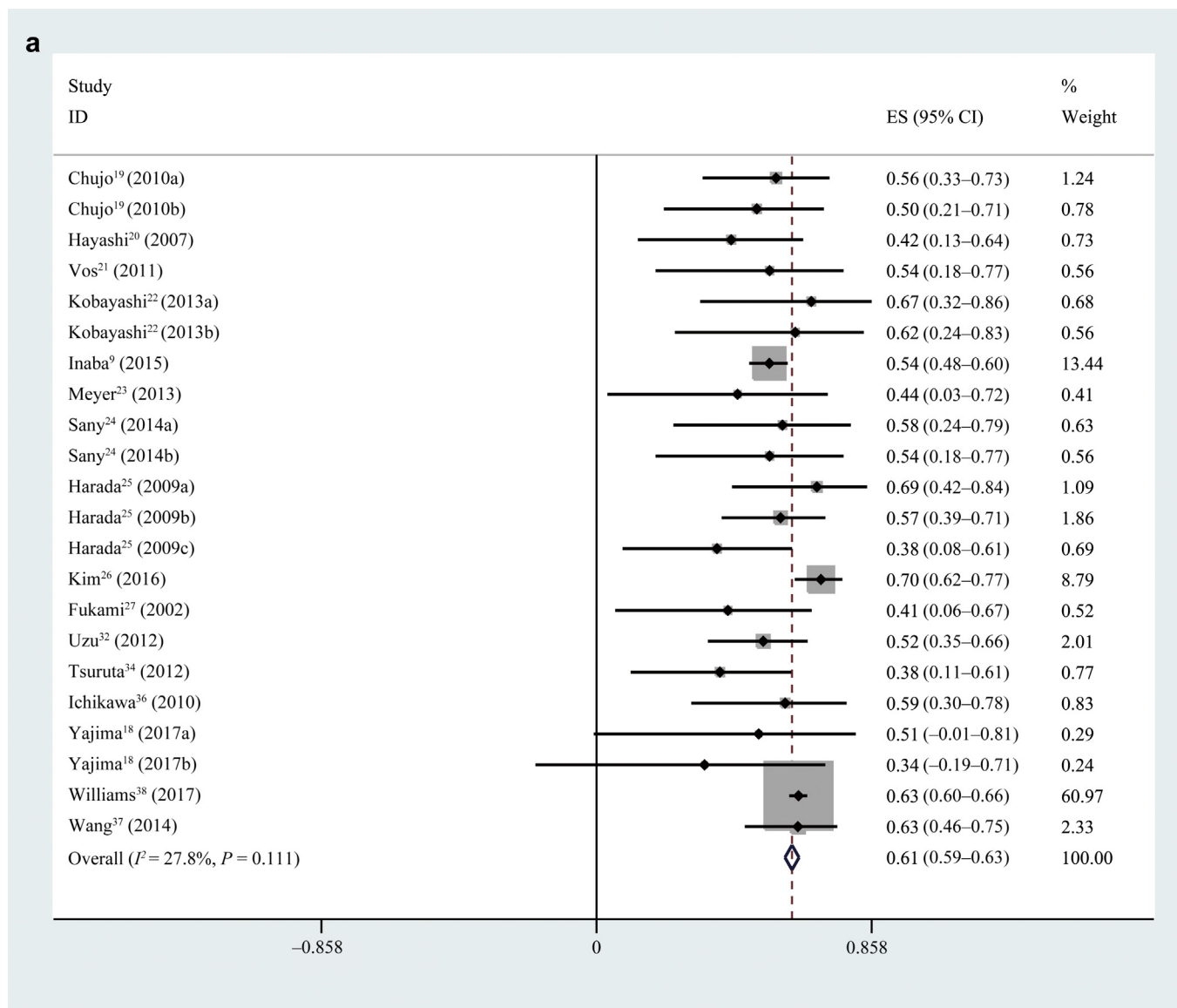
After appropriate conversion, data from each publication were selected to perform meta-analysis by using RevMan 5.3 (The Nordic Cochrane Centre, Copenhagen, Denmark) and Stata 12.0 (StataCorp, College Station, TX). The comparison between 2 correlation coefficients was analyzed by using the SPSS version 19.0 statistical package (SPSS Inc, Chicago, IL), and a P value of <0.05 was considered to indicate statistical significance. For each study, the

**Table 2.** Methodological quality of the included studies

First author, reference	(1) Define the source of information	(2) List inclusion and exclusion criteria for subjects	(3) Indicate time period used for identifying patients	(4) Subjects were consecutive	(5) Evaluators of subjective components of study were masked to other aspects of the status of the participants	(6) Any assessments undertaken for quality assurance purposes	(7) Explain any patient exclusions from analysis	(8) Describe how confounding was assessed and/or controlled	(9) Explain how missing data were handled in the analysis	(10) Summarize patient response rates and completeness of data collection	(11) The percentage of patients for which incomplete data or follow-up was obtained	Score
Yajima <sup>18</sup>	Y	N	N	Y	N	Y	N	Y	N	Y	Y	6
Chuja <sup>19</sup>	Y	N	N	Y	N	Y	N	Y	N	Y	Y	6
Hayashi <sup>20</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Vos <sup>21</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Kobayashi <sup>22</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Inaba <sup>9</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Meyer <sup>23</sup>	Y	N	N	Y	N	Y	N	N	N	Y	Y	5
Sany <sup>24</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Harada <sup>25</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Kim <sup>26</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Fukami <sup>27</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Riveline <sup>28</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Lee <sup>29</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Kim <sup>30</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Mittman <sup>31</sup>	Y	N	N	Y	N	Y	N	Y	N	Y	Y	6
Uzu <sup>32</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Qayyum <sup>33</sup>	Y	Y	Y	Y	N	Y	Y	Y	N	Y	Y	9
Tsuruta <sup>34</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Lo <sup>35</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Joy <sup>10</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Ichikawa <sup>36</sup>	Y	N	N	Y	N	Y	N	Y	N	Y	Y	6
Wang <sup>37</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8
Williams <sup>38</sup>	Y	N	N	Y	N	Y	N	Y	N	Y	Y	6
Chen <sup>39</sup>	Y	Y	Y	Y	N	Y	N	Y	N	Y	Y	8

N, no; Y, yes.

An item would be scored "0" if it was answered "No" or "Unclear"; an item would be scored "1" if it was answered "Yes." Article quality was assessed as follows: low quality = 0–3; moderate quality = 4–7; high quality = 8–11.



**Figure 2.** (a) Pooled R between glycated albumin and average glucose levels in all of the patients. (Continued)

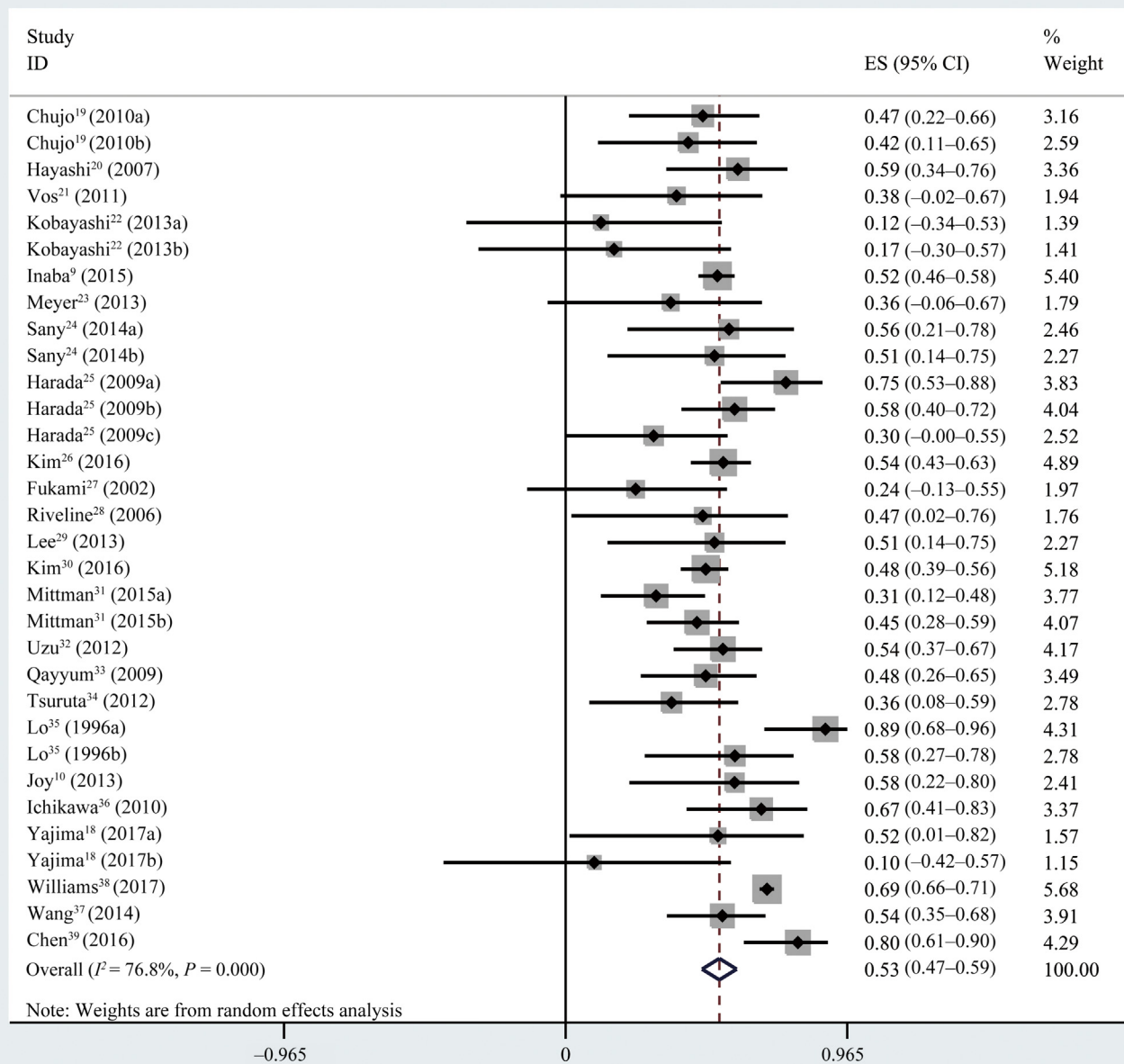
correlation coefficients expressed as the effect size (ES) and 95% confidence interval (CI) were used and summarized by forest plots. The heterogeneity of the R values between studies was determined by calculating the Q statistic, derived from the  $\chi^2$  test, and the inconsistency index ( $I^2$ ). A P value of  $\leq 0.1$  or an  $I^2$  value of  $\geq 50\%$  suggested heterogeneity. The standard fixed effects model was selected in the absence of heterogeneity. On the contrary, the random effects model was used. If notable heterogeneity was detected, sensitivity analysis and meta-regression were performed to further investigate the study heterogeneity. Subgroup analysis was performed to explore the source of heterogeneity based on different CKD stages of patients. Early stages of CKD refer to CKD stage 1 to 3. Advanced CKD refers to CKD stage 4 and 5, including patients receiving dialysis. Egger and Begg funnel plots were generated

to assess the existence of publication bias and examine the differences in the studies.

## RESULTS

In all, 24 articles<sup>9,10,18–39</sup> with a total of 3928 patients with CKD were eventually identified according to the search strategy and the inclusion and exclusion criteria. Characteristics and other information extracted from each publication are summarized in Table 1. The quality was assessed as moderate in the 24 studies according to the AHRQ items, and the results are shown in Table 2. For 2 studies,<sup>23,35</sup> the R values were calculated based on the  $R^2$  provided in the papers. For 1 study,<sup>25</sup> the R (Pearson correlation coefficient) value was calculated indirectly from the Spearman correlation coefficient provided in the paper. Of note, of the selected 24 studies, 15 were Asian.

b

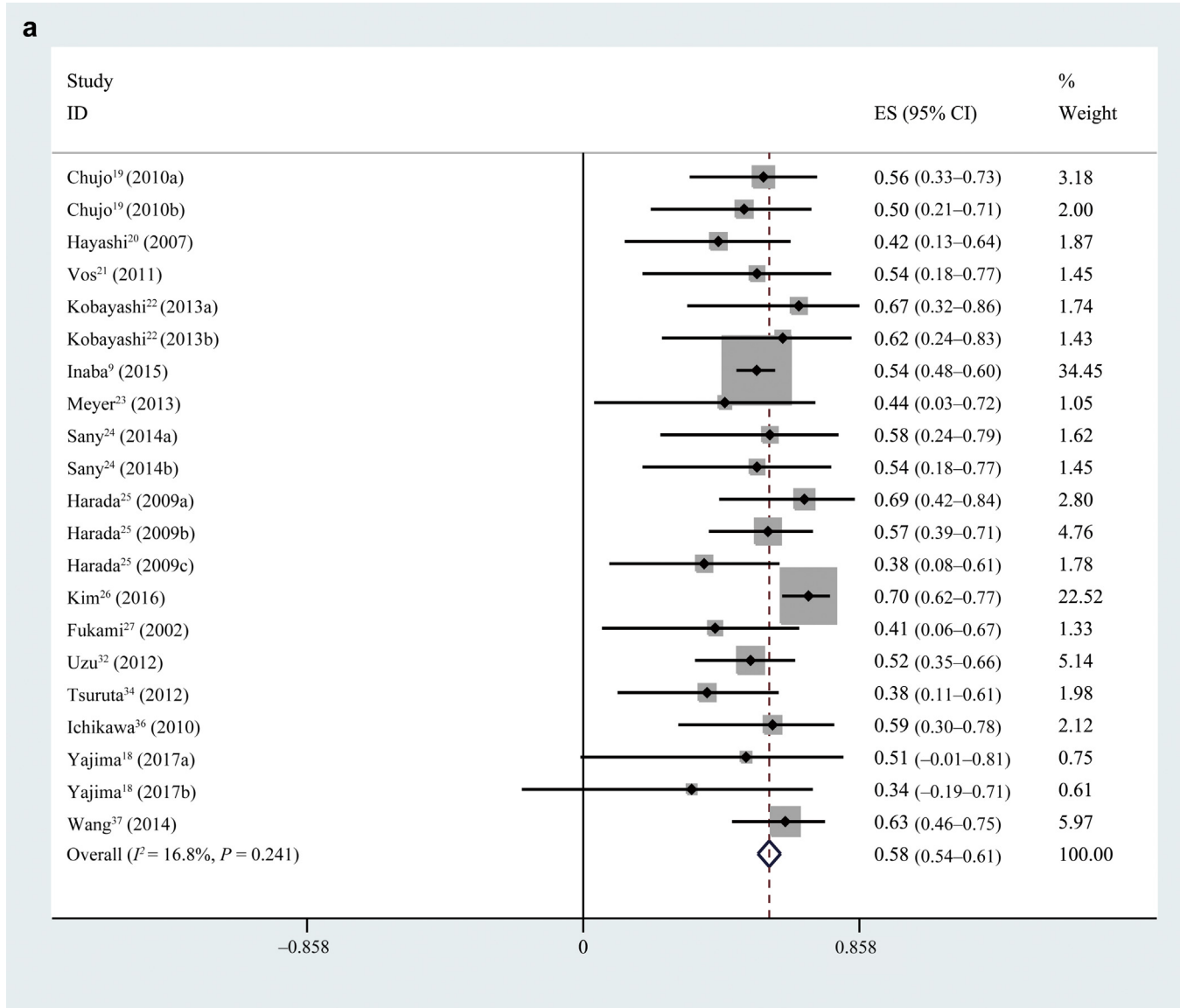


**Figure 2.** (Continued) (b) Pooled R between HbA1c and average glucose levels in all of the patients. CI, confidence interval; ES, effect size.

First, we performed an overall analysis of the correlation coefficient between GA or HbA1c and AG in all of the patients. The pooled R between GA and AG was 0.61 (95% CI = 0.59–0.63;  $I^2 = 27.8\%$ ,  $P = 0.111$ ) (Figure 2a) and 0.53 (95% CI = 0.47–0.59;  $I^2 = 76.8\%$ ,  $P < 0.001$ ) for HbA1c (Figure 2b). Because the pooled R between HbA1c and AG exhibited notable heterogeneity, we conducted a sensitivity analysis, meta-regression, and subgroup analysis to investigate the sources of heterogeneity. The results showed that 1 study<sup>38</sup> and different CKD status were the main reasons. After removing the homogeneous study,<sup>38</sup> in the overall CKD patients, the pooled R between GA and AG was 0.58 (95% CI = 0.54–0.61;  $I^2 = 16.8\%$ ,  $P = 0.241$ )

(Figure 3a) and 0.52 (95% CI = 0.47–0.58;  $I^2 = 59.5\%$ ,  $P < 0.001$ ) for HbA1c (Figure 3b).

Heterogeneity was still present in the included subjects due to the different CKD status, so we performed a subgroup analysis and made a comparison of GA and HbA1c in different CKD stages. Two studies<sup>37,39</sup> were subsequently excluded from subgroup analysis, because these studies provided only an overall R value to represent the correlation coefficient in different CKD stages. There were a total of 96 patients in early stages of CKD and 3731 patients in advanced CKD. In the early stages of CKD patients, the pooled R between GA and AG was 0.61 (95% CI = 0.49–0.73;  $I^2 = 0\%$ ,  $P = 0.687$ ) (Figure 4a) and 0.71



**Figure 3.** (a) Pooled R between glycated albumin and average glucose levels after 1 study<sup>38</sup> was excluded. (Continued)

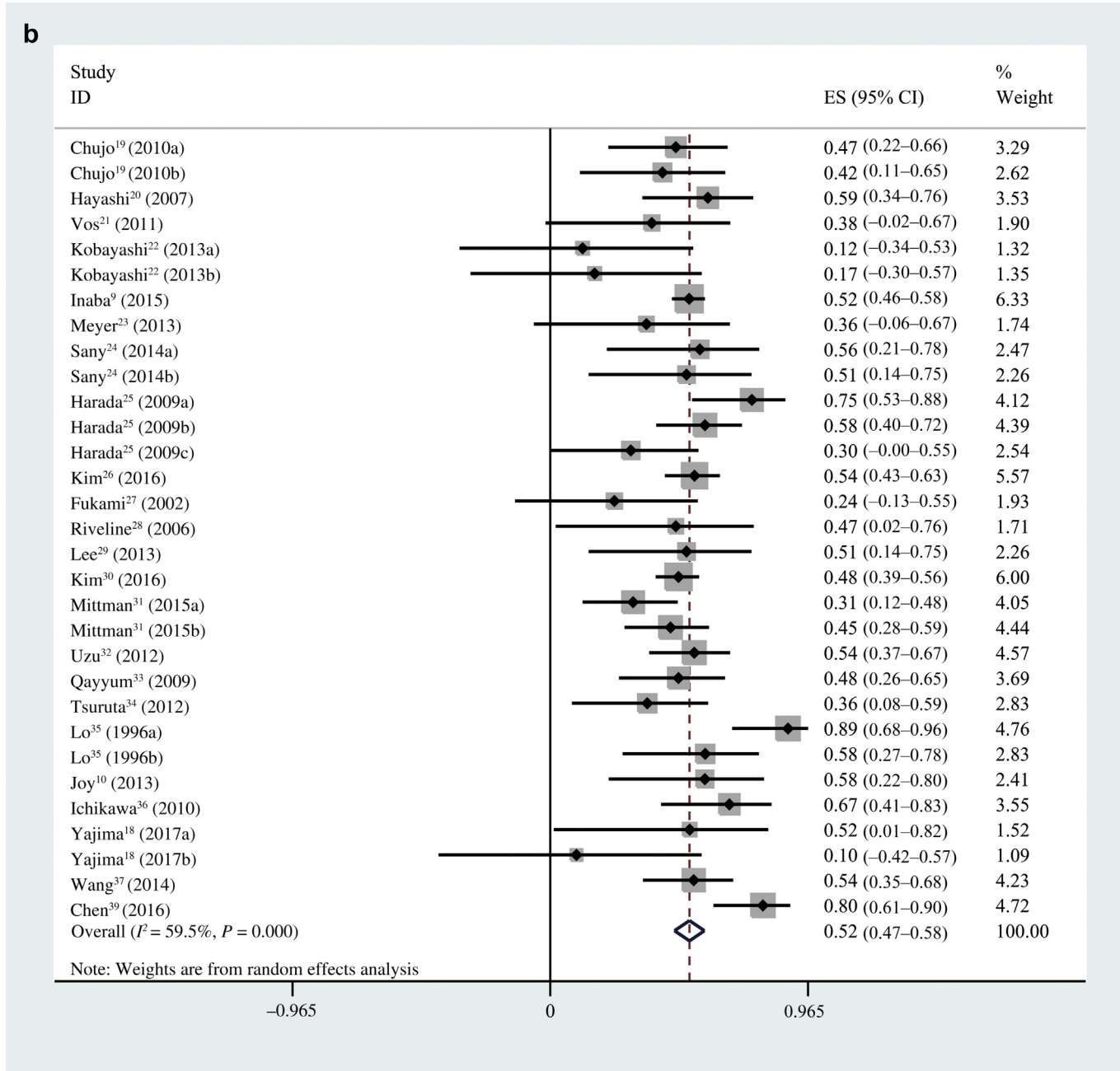
(95% CI = 0.55–0.87;  $I^2 = 69.1\%$ ,  $P = 0.021$ ) for HbA1c (Figure 4b). The results of a statistical analysis showed there was no difference between the 2 correlation coefficients ( $P > 0.05$ ).

In advanced CKD patients, the pooled R between GA and AG was 0.57 (95% CI = 0.52–0.62;  $I^2 = 39.9\%$ ,  $P = 0.042$ ) (Figure 4a) and 0.49 (95% CI = 0.45–0.52;  $I^2 = 1.7\%$ ,  $P = 0.437$ ) for HbA1c after 1 study<sup>38</sup> was excluded (Figure 4b). A higher explanatory power was observed between AG and GA compared to HbA1c ( $P < 0.05$ ). Egger and Begg funnel plots were used to detect publication bias. The Egger linear regression test ( $P = 0.001$ ) and Begg rank correlation test ( $\text{Pr } > |z| = 0.496$ ) showed publication bias (Figure 5). Sensitivity analysis showed that the pooled R of HbA1c had low sensitivity (Supplementary Figure S1A) and that the pooled R of

GA had less satisfied stability (Supplementary Figure S1B).

## DISCUSSION

The aims of the present meta-analysis were to explore the correlation between AG and GA compared with HbA1c in diabetic patients with CKD. It is also the first study to compare GA and HbA1c in different CKD stages. Anemia not secondary to renal disease, active bleeding, recent blood transfusion within 30 days, hemoglobinopathy, chronic liver disease, and various other conditions with abnormal metabolism of GA or HbA1c were excluded from the analysis. In addition, subjects were required to have stable glycemic control and treatment regimens, because unstable glycemic levels and changes in treatment regimens may influence



**Figure 3.** (Continued) (b) Pooled R between HbA1c and average glucose levels after 1 study<sup>38</sup> was excluded. CI, confidence interval; ES, effect size.

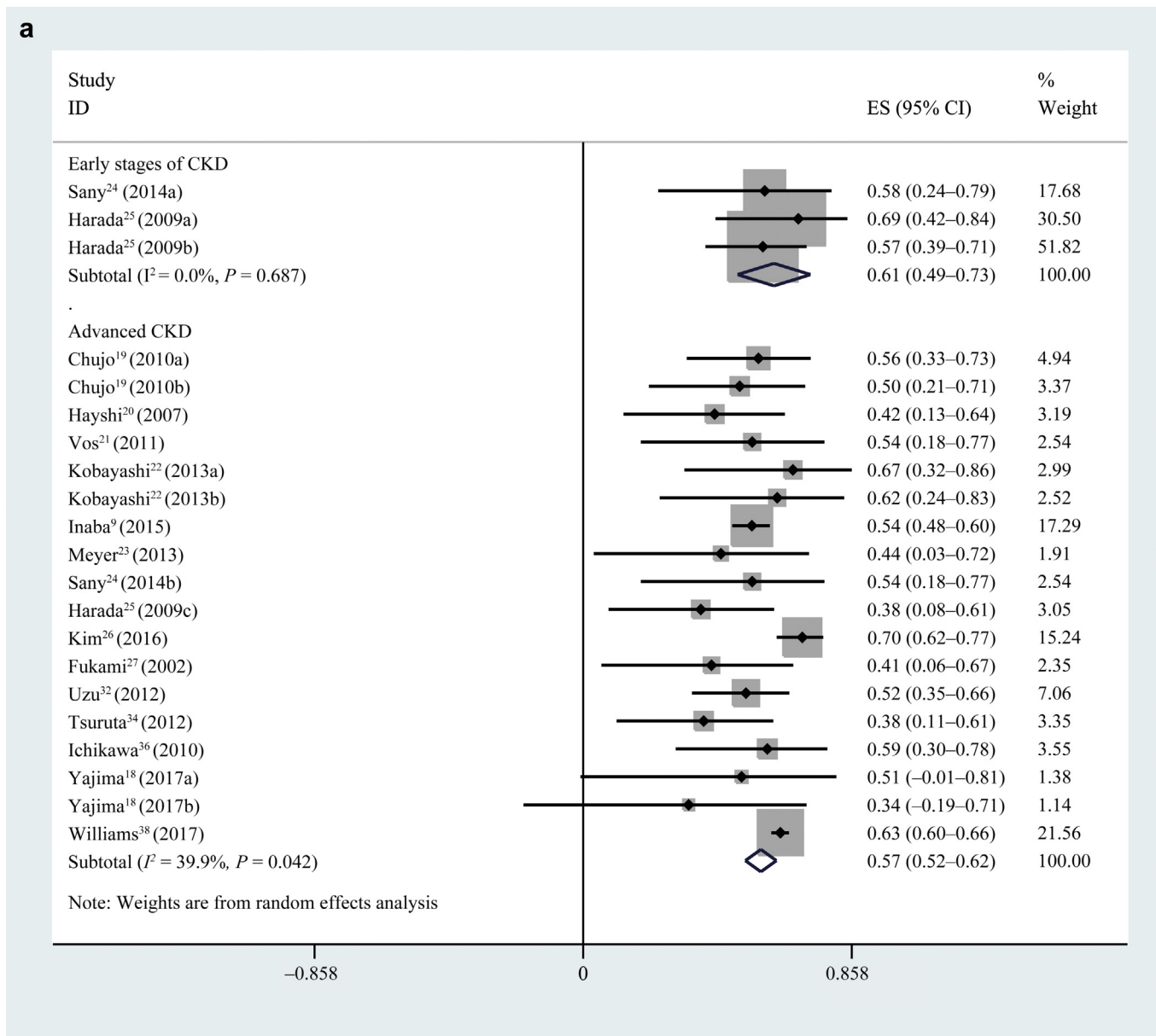
the GA or HbA1c levels and the accuracy of measurement methods,<sup>40,41</sup> which made the results of the present study more reliable.

Our meta-analysis showed that in the early stages of CKD, there was no statistically significant difference between GA and HbA1c, but GA is superior to HbA1c in advanced CKD. To test the difference between the 2 correlations more directly, we compared them in a joint analysis. We calculated the difference between the correlation coefficients (the correlation coefficient of GA subtracted from the correlation coefficient of HbA1c) and used it to perform a meta-analysis. According to the results, as shown in [Supplementary Figure S2A](#), the joint

analysis could be a supplementary analysis to verify the previous conclusion. In addition, the sensitivity analysis showed low sensitivity and satisfactory stability ([Supplementary Figure S2B](#)).

In advanced CKD, GA is superior to HbA1c because HbA1c underestimates and inaccurately reflects the glycemic conditions of patients. Several features may contribute to the inaccuracy of HbA1c, including the lifespan of red blood cells, use of iron and/or erythropoietin therapy, uremia, and need for frequent blood transfusions.<sup>7</sup> Iron and/or erythropoietin treatment may cause an immediate fall in HbA1c levels without significant changes in glycemic status,<sup>42,43</sup> which is



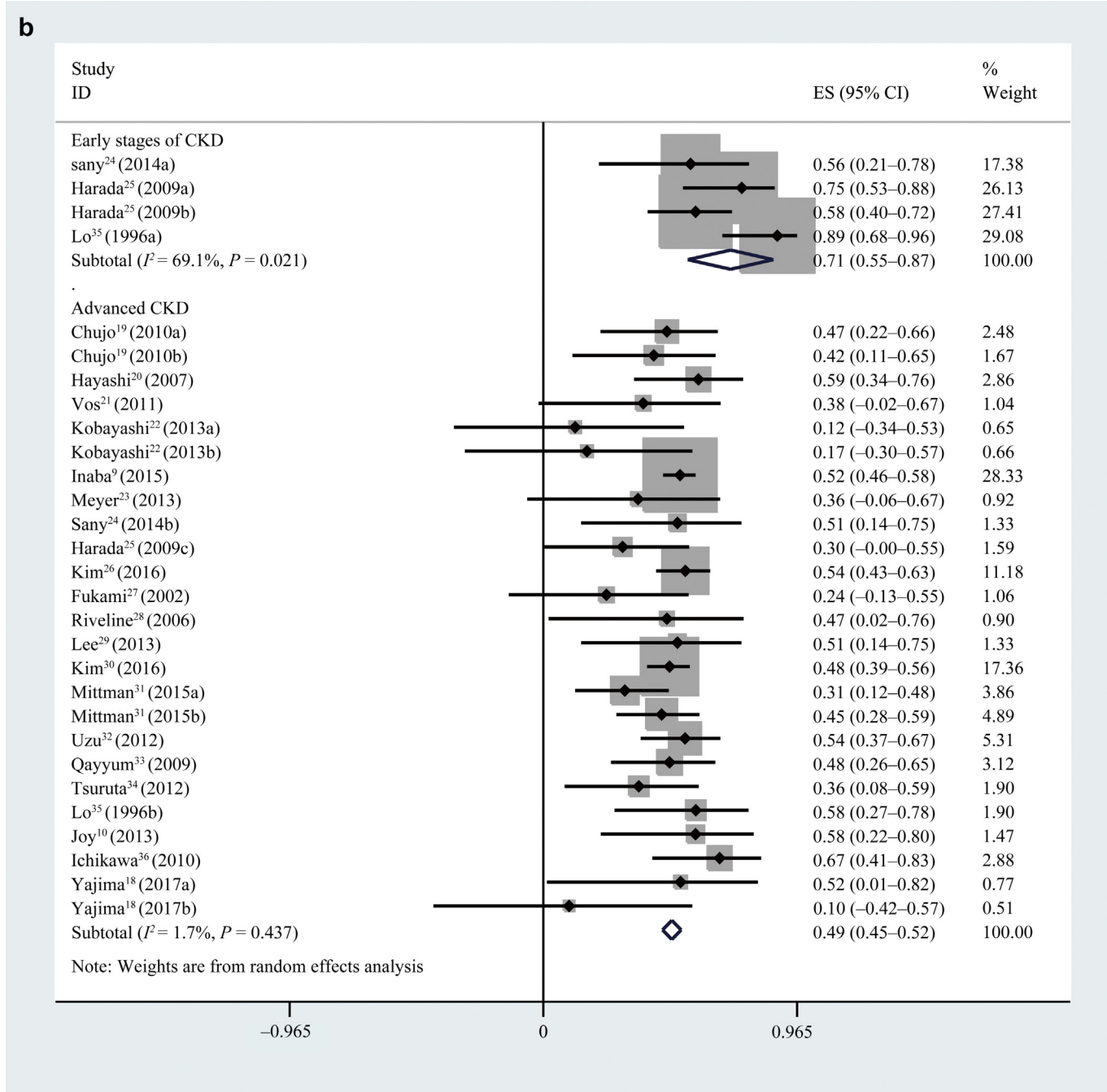


**Figure 4.** (a) Pooled R between glycated albumin and average glucose levels in patients with different chronic kidney disease (CKD) status. (Continued)

likely due to the stimulation of erythropoiesis with an increased ratio of young to old erythrocytes, and which leads to a reduction in the proportion of glycated hemoglobin.<sup>40</sup> Moreover, carbamylated hemoglobin, which is formed under uremic conditions, may interfere with some HbA1c assays and result in an overestimation of HbA1c values.<sup>44</sup> Compared with HbA1c, GA has a strong correlation with AG and provides a more reliable index of glycemic control because it is not affected by red blood cell lifespan or erythropoietin administration. Because advanced CKD is an extreme microvascular complication of diabetic nephropathy, CKD patients with diabetes should be carefully managed to prevent disease progression. GA allows rapid changes in overall glucose to be detected at an

earlier stage, so that countermeasures can be taken promptly. In addition, it has been shown that increased levels of GA are associated with both the presence and severity of cardiovascular disease and impaired kidney function.<sup>45</sup> Thus, GA may be a more reliable measure of glycemic control as well as a predictor of developing vascular complications, in people with diabetes and nephropathy.<sup>46</sup>

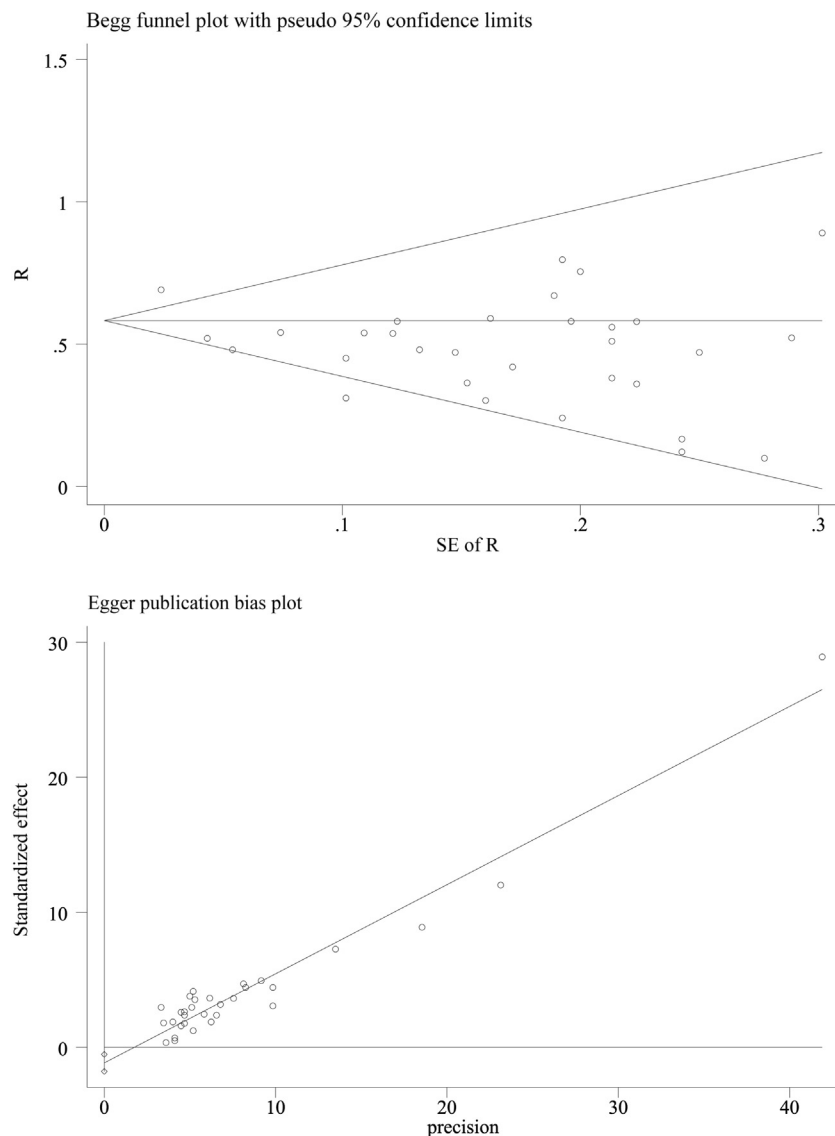
When we investigated the relationship between HbA1c and AG, heterogeneity was noticed in both the early and advanced stages of CKD, so we investigated the sources of the heterogeneity. In the early stages of CKD, we think that the limited number of studies, small numbers of patients, and studies from different nations (3 studies were from 3 different nations) were the main reasons. In



**Figure 4.** (Continued) (b) Pooled R between HbA1c and average glucose levels in patients with different CKD status. CI, confidence interval; ES, effect size.

advanced CKD, the sensitivity analysis and meta-regression identified the study<sup>38</sup> that caused heterogeneity ( $I^2 = 77.5\%$ , data not show in figures). We noticed that the number of patients in the study<sup>38</sup> was much larger than those in other studies, and this may be why the result of the sensitivity analysis was not very stable. In addition, in this study, the majority of the American patients were white or African American, and Asians were a small part (43.6%, 52.2%, and 1.7% respectively); however, 15 of the 24 selected studies were Asian. Some previous studies have pointed out that the value of HbA1c may be affected

in individuals living in countries where the prevalence of sickle hemoglobin (HbS) is high.<sup>8</sup> African Americans have an increased risk of carrying the hemoglobin S and thalassemia genes, which are associated with decreased erythrocyte survival. Also, therapeutic regimens were different in the United States and other nations. For example, hemodialysis patients in the United States received a high dose of erythropoietin, which was more than 3 times the dose in Japan. Previous studies have reported that both iron and erythropoietin can cause a significant fall in HbA1c values.<sup>40</sup>



**Figure 5.** Publication bias of Egger and Begg test funnel plots.

Other sources of heterogeneity may be present, including the different patient characteristics and measuring methods for GA, HbA1c, and AG. The different patient characteristics included age, ratio of male to female, nationality, CKD status, and therapeutic regimen. Indeed, these factors may influence the GA or HbA1c levels. As is well known, age and sex affect the number and survival of erythrocytes. In addition, our study involved 9 countries, and the value of HbA1c and therapeutic regimen may be affected in countries where the prevalence of sickle hemoglobin (HbS) is high. Except for 1 study<sup>36</sup> that used high-performance liquid chromatography (HPLC) for the measurement of GA, the remaining 23 studies used bromocresol purple (BCP). To date, there is no assay standardization for the measurement of GA. Furthermore, both assays have high accuracy, and we found that this difference in measurement is not linked with the heterogeneity by performing a meta-regression (Supplementary Figure S3).

Several inherent limitations existed in our study design and should be considered when interpreting the results. First, the number of patients in several of the included studies was relatively small, and data are limited on the relationship of GA or HbA1c and AG in earlier stages of CKD, which may reduce the strength of the conclusions of the present study. In earlier stages of CKD, the small number of patients and the variation in ethnicity are the main reasons for the wide confidence intervals. Second, our meta-analysis was based on cross-sectional studies. Moreover, this review was restricted to publications written in English because other languages,<sup>47,48</sup> such as Japanese, could not be translated by the study authors, which may introduce bias. Finally, continuous glucose monitoring systems (CGMS) are a reliable indicator of real-time blood glucose concentrations in the general population and are not affected by kidney disease.<sup>46</sup> However, among selected studies, only 8 studies have incorporated this

method for accurate determination of glycemia when exploring the correlation between markers for glycemic control. In the future, large-sample controlled trials using CGMS to investigate the relationship between GA and AG are needed to verify our findings.

In conclusion, despite the study limitations, our findings showed that GA is superior to HbA1C in assessing blood glucose control in diabetes patients with advanced CKD.

## DISCLOSURE

All the authors declared no competing interests.

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## AUTHOR CONTRIBUTIONS

All authors have contributed significantly. Ting Gan performed the meta-analysis, Xin Liu was responsible for the statistical analysis, and Gaosi Xu prepared the manuscript. All authors are in agreement with the content of the manuscript.

## SUPPLEMENTARY MATERIAL

**Figure S1.** (A) Sensitivity analysis of the pooled R between HbA1c and average glucose levels in early and advanced stages of CKD. (B) Sensitivity analysis of the pooled R between glycated albumin and average glucose levels in early and advanced stages of CKD.

**Figure S2.** (A) The joint analysis comparing the correlations of glycated albumin and HbA1c. (B) Sensitivity analysis of the joint analysis comparing the correlations of glycated albumin and HbA1c.

**Figure S3.** Meta-regression based on the different assays for the measurement of glycated albumin.

**Figure S4.** The result of the trim and fill method.

Supplementary material is linked to the online version of the paper at [www.kireports.org](http://www.kireports.org).

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