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Drug resistance and genetic transmission characteristics of HIV-1 CRF55_01B in people living with HIV/AIDS (PLWHA) in Henan Province, China

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Abstract

Background Among the many CRFs, CRF55_01B was the first CRF01_AE and subtype B recombinant strain identified around 2013 among men who have sex with men (MSM) in Shenzhen, China. With rapid spreading throughout the country, CRF55_01B has attracted much attention in recent years. This study aimed to analyze its prevalence of drug resistance and transmission characteristics in people living with HIV/AIDS (PLWHA) in Henan province, China so as to pay particular attention to this group of individuals to reduce the incidence of drug resistance.

Results Two hundred and forty-five CRF55_01B-infected individuals, including 141 treatment-naïve and 104 treatment-experienced individuals, were enrolled. In treatment-naïve individuals, 6.38% (9/141) of them harboured NRTI DRMs and 19.15% (27/141) of them harboured NNRTI DRMs except V179E/D. In treatment-experienced individuals, 2.00% (2/100) harboured INSTI DRMs, 82.69% (86/104) of them harboured NRTI DRMs, and 88.46% (92/104) of them harboured NNRTI DRMs except V179E/D. The overall prevalence of ADR was 89.42% (93/104), while the prevalence of PDR was 19.86% (28/141). A total of 23 transmission clusters, accounting for 37.55% (92/245) of the total sequences, were identified. The clusters ranged in size from 2 to 19, and 15 (65.22%) had 3 or more sequences.

Conclusions High prevalence of DRMs and drug resistance were observed in CRF55_01B in both treatment-naïve and treatment-experienced individuals, particular attention should be paid to this group of individuals to reduce the incidence of drug resistance.

Keywords Drug resistance mutations, Pretreatment drug resistance, Acquired drug resistance, Transmission cluster

Background

Human immunodeficiency virus type 1 (HIV-1), belonging to the lentivirus genus of the *Retroviridae* family, is a positive strand RNA virus. Due to high replication capacity and poor fidelity of its reverse transcriptase,

HIV-1 evolves rapidly. Since the emergence of the prototype HIV-1 virus, which was designated as subtype B, many novel subtypes and recombinants have been identified. Globally, the proportion of recombinants increases rapidly. In China, based on national molecular epidemiological survey, 10 subtypes and more than 20 circulating recombinant forms (CRFs) among people living with HIV/AIDS (PLWHA) have been identified [1–3]. Currently, CRFs, namely CRF01_AE and CRF07_BC, have replaced subtype B as the dominant variants in newly diagnosed cases in China [4]. Among the many CRFs, CRF55_01B was the first CRF01_AE and subtype

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B recombinant strain identified around 2013 among men who have sex with men (MSM) in Shenzhen, China [5]. The estimated time of the most recent common ancestor (tMRCA) indicated that CRF55_01B emerged around 2000–2003 and mainly spread in MSM population [6]. With rapid spreading throughout the country and spilling from MSM population to heterosexual population, CRF55_01B has attracted much attention in recent years [6–8].

Based on molecular network and Bayesian correlation analysis, CRF55_01B was proposed to begin to spread to other provinces such as Henan after 2010 [6]. The prevalence of CRF55_01B among treatment-naïve individuals was 6.12% in Henan Province during Jan, 2022 to Feb, 2023, making it the fourth prevalent strain right after CRF07_BC, CRF01_AE and subtype B [9]. The study of Wei et al. showed that CRF55_01B-infected individuals had higher plasma viral load (VL) than CRF01_AE and CRF07_BC at the initiation of antiretroviral treatment (ART) [10]. Henan Province is one of the top six high-prevalence provinces for HIV [4]. It has more than 71,000 PLWHA and 3596 newly diagnosed cases were reported in 2022 [9]. The increasing prevalence of CRF55_01B in Henan Province warrants the necessity of further study of its transmission and drug resistance profiles. Therefore, in this study we conducted a detailed analysis of DRMs and molecular network in CRF55_01B-infected individuals in Henan Province.

Material and methods

Participants enrollment

PLWHA who visited the Sixth People's Hospital of Zhengzhou from January 2018 to December 2023 for routine surveillance of drug resistance were subjected to an In-house genotypic drug resistance testing. The HIV-1 partial pol gene fragments (HXB2 2253–3353) were reverse-transcribed and amplified as described previously [11]. The subtype of HIV isolates was analyzed using REGA HIV-1 Subtyping Tool (<http://dbpartners.stanford.edu:8080/RegaSubtyping/stanford-hiv-typingtool/>) based on the partial *pol* region and further confirmed by phylogenetic analysis. A phylogenetic tree was constructed using Molecular Evolutionary Genetic Analysis (MEGA) software (version X) based on the most suitable model (General Time Reversible plus Gamma model) determined using the FindModel tool (<https://www.hiv.lanl.gov/content/sequence/findmodel/findmodel.html>). The full-length integrase (INT) gene fragment (HXB2 4230–5093) was also reverse-transcribed and amplified. The procedure for the amplification of the target fragments was performed as described previously [12]. Demographic data and medical records, including

age, sex, transmission route, and treatment regimen, were collected.

Drug resistance mutation and drug resistance analysis

Stanford HIV drug resistance database (<http://hivdb.stanford.edu/>) was used for DRMs analysis and DRMs in accordance with the World Health Organization surveillance list for nucleoside reverse transcriptase inhibitors (NRTIs), non-nucleoside reverse transcriptase inhibitors (NNRTIs), and protease inhibitors (PIs) were included in subsequent analysis. As there is no reference list for integrase strand transfer inhibitors (INSTIs), INSTI-associated mutations provided by the Stanford HIV DRM database were adopted in this study. The algorithm for the estimation of drug resistance is that each DRM is given a penalty score and the estimated level of resistance to a drug is determined by adding up the penalty scores associated with each of the DRMs present in a sequence. Once the total score is calculated the estimated level of resistance can be calculated as follows: susceptible (total score 0 to 9); potential low-level resistance (total score 10 to 14); low-level resistance (total score 15 to 29); intermediate resistance (total score 30 to 59); and high-level resistance (total score ≥ 60). For individual DRMs, only those that give a score at or greater than 15 were calculated.

Transmission network analysis

All partial pol gene sequences were aligned using MEGA software (version XI). The aligned sequences were used to calculate genetic distances between sequence pairs based on the Tamura-Nei 93 model incorporated in HyPhy 2.2.4. A genetic distance of $\leq 1.5\%$ between the sequence pairs indicated that they were transmission partners [13, 14]. The transmission network was constructed using Cytoscape software (version 3.5.1) for visualization.

Sequence data

The gene sequences were submitted to GenBank (Supplementary Table 1). The sampling years were also displayed in Supplementary Table 1.

Results

Basic information

Based on subtyping and phylogenetic analysis (Supplementary Fig. 1), a total of 245 individuals (141 treatment-naïve and 104 treatment-experienced) were classified as infected with CRF55_01B during the study period. Of these individuals, 236 (136 treatment-naïve and 100 treatment-experienced) full-length INT gene sequences were also successfully amplified. The age of them ranged from 17 to 76 years, with a median age of 36 years. 94.29% of them were men (231/245), and 44.08% of them

were married. Among the main routes of infection, men who have sex with men (MSM) was the predominant transmission route (46.53%, 114/245), followed by heterosexual (HET) (31.84%, 78/245). Detailed characteristics of these CRF55_01B-infected individuals are shown in Table 1.

Prevalence and distribution of DRMs

Of the 245 CRF55_01B-infected individuals, 50.20% (123/245), namely, 21.28% (30/141) of the treatment-naïve individuals and 89.42% (93/104) of the treatment-experienced individuals, carried at least one DRM except V179E/D, which was present in all but two of them. In treatment-naïve individuals, 6.38% (9/141) of them

harboured NRTI DRMs, 19.15% (27/141) of them harboured NNRTI DRMs, and none of them harboured PI and INSTI DRMs. Among the NRTI DRMs, M184V/I (3.55%, 5/141) was the most frequent, followed by S68G (2.13%, 3/141). Among the NNRTI DRMs, the most frequent mutation was E138G (11.35%, 16/141), followed by A98G (4.26%, 6/141) and K103N (4.26%, 6/141) (Fig. 1).

In treatment-experienced individuals, 82.69% (86/104) of them harboured NRTI DRMs, 88.46% (92/104) of them harboured NNRTI DRMs, 2.00% of them (2/100) harboured INSTI DRMs, and none of them harboured PI DRMs. Among the NRTI DRMs, M184V/I (76.92%, 80/104) was the most frequent, followed by K65R (44.23%, 46/104), S68G/N/R (24.04%, 25/104), and K70 (19.23%, 20/104). Among the NNRTI DRMs, the most frequent mutation was K103N (60.58%, 63/104), followed by V106M/I (20.19%, 21/104), and Y181C (20.19%, 21/104) (Fig. 1). Dual-class mutations, namely NRTI plus NNRTI resistance mutations, were detected in 82.69% (86/104) of these individuals. The most common combination of mutations was M184V/I + K103N, with a frequency of 52.88% (55/104), followed by M184V/I + K65R, with a frequency of 39.42% (41/104). Triple-class mutations were found in one patient.

Table 1 Demographic characteristics of individuals infected with CRF55_01B

	All (n = 245)	Treatment-naïve (n = 141)	Treatment-experienced (n = 104)
Sex, n (%)			
Male	231 (94.29)	130 (92.20)	101 (97.12)
Female	14 (5.71)	11 (7.80)	3 (2.88)
Age (years), median (range)	36 (17–76)	35 (17–74)	37 (21–76)
< 18 years, n (%)	3 (1.21)	3 (2.13)	0 (0.00)
18–50 years, n (%)	196 (80.00)	109 (77.30)	87 (83.65)
> 50 years, n (%)	46 (18.78)	29 (20.57)	17 (16.35)
Marital status, n (%)			
Single	74 (30.02)	57 (40.43)	17 (16.35)
Married	108 (44.08)	66 (46.81)	42 (40.38)
Divorced/widowed	20 (8.16)	9 (6.38)	11 (10.58)
Unknown	43 (17.55)	9 (6.38)	34 (32.69)
Route groups, n (%)			
MSM	114 (46.53)	74 (52.48)	40 (38.46)
HST	78 (31.84)	47 (33.33)	31 (29.81)
OTH	53 (21.63)	20 (14.18)	33 (31.13)
CD4+ T cell count (cells/μl)			
CD4+, median (minimum–maximum)	79 (1/786)	106 (1/531)	34 (1/786)
Initial treatment regimen, n (%)			
TDF + 3TC + EFV	72 (29.39)	–	72 (69.23)
AZT + 3TC + EFV	7 (2.86)	–	7 (6.73)
TDF + 3TC + NVP	5 (2.04)	–	5 (4.81)
AZT + 3TC + NVP	2 (0.82)	–	2 (1.92)
TDF + 3TC + LPV/r	0 (0.00)	–	0 (0.00)
Other	1 (0.41)	–	1 (0.96)
Unknown	17 (6.94)	–	17 (16.35)
Treatment naïve	141 (57.55)	141 (100)	–

MSM men who have sex with men, HST heterosexual orientation, OTH others, including patients whose risk factors were unknown or patients who did not provide information

Drug resistance

Among the 245 individuals, DRMs associated with low-level or higher levels resistance to any drug was detected in 49.39% (121/245): NRTIs (37.55%, 92/245), NNRTIs (48.57%, 119/245) and INSTIs (0.85%, 2/236). The prevalence of pretreatment drug resistance (PDR) was 19.86% (28/141), while the overall prevalence of acquired drug resistance (ADR) was 89.42% (93/104). In treatment-naïve individuals, drug resistance to NRTIs and NNRTIs accounted for 4.26% (6/141) and 19.15% (27/141), respectively, and drug resistance to PIs and INSTIs were not detected. In treatment-experienced individuals, drug resistance to NRTIs, NNRTIs, and INSTIs accounted for 82.69% (86/104), 88.46% (92/104), and 2.00% (2/100), respectively, and resistance to PIs was not detected (Fig. 2).

Resistance to commonly used drugs in clinical settings was further analyzed. Intermediate- to high-level resistance to lamivudine (3TC) and emtricitabine (FTC) of the NRTIs was the most prevalent in treatment-experienced individuals, followed by abacavir (ABC), and the same pattern was observed in treatment-naïve individuals. For NNRTIs, intermediate- to high-level resistance to nevirapine (NVP) was the most commonly observed in both treatment-experienced and treatment-naïve individuals, followed by efavirenz (EFV) and rilpivirine (RPV). For INSTIs, resistance to cabotegravir (CAB), raltegravir

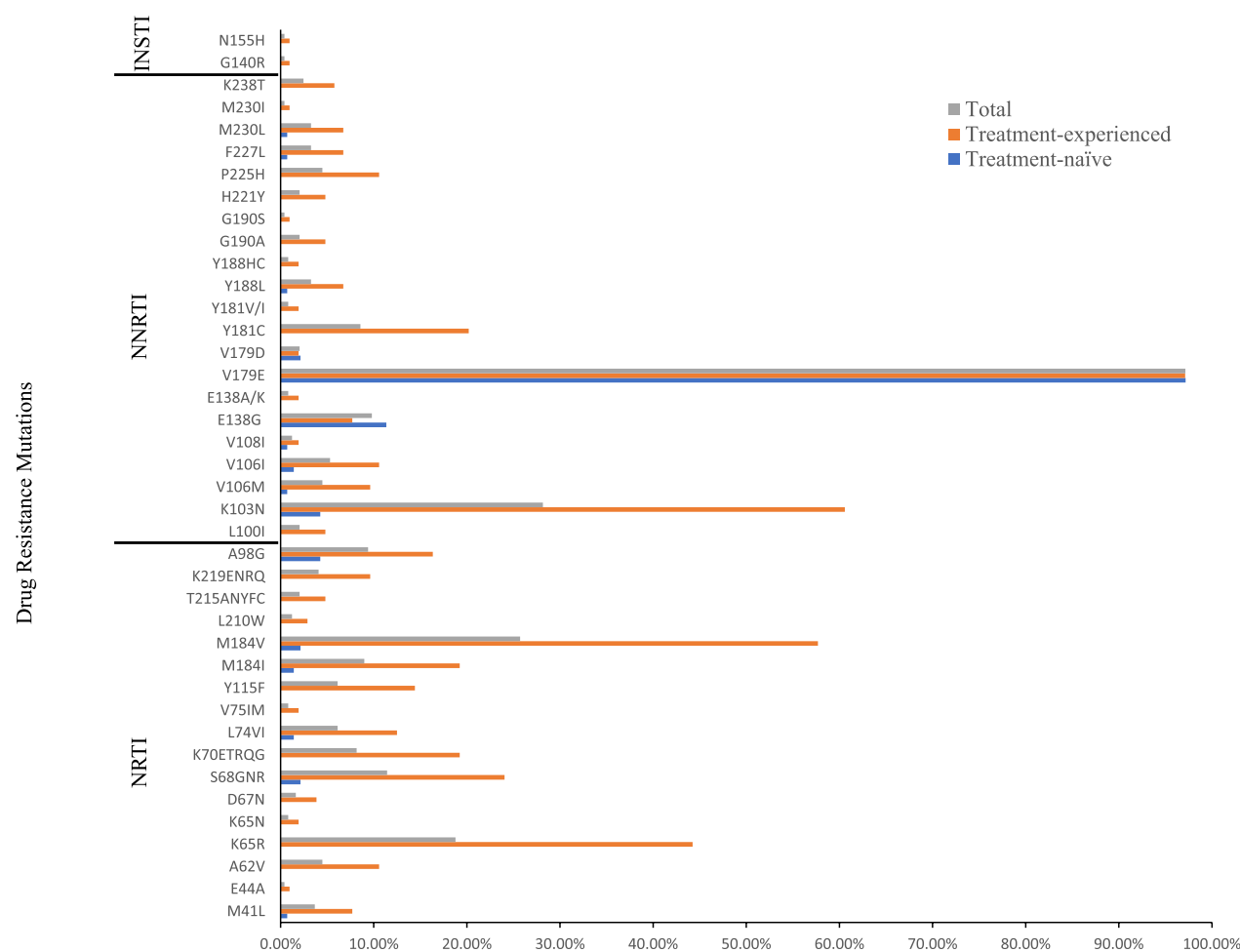


Fig. 1 The percentage of DRMs in the CRF55_01B-infected individuals in the treatment-naïve and treatment-experienced groups

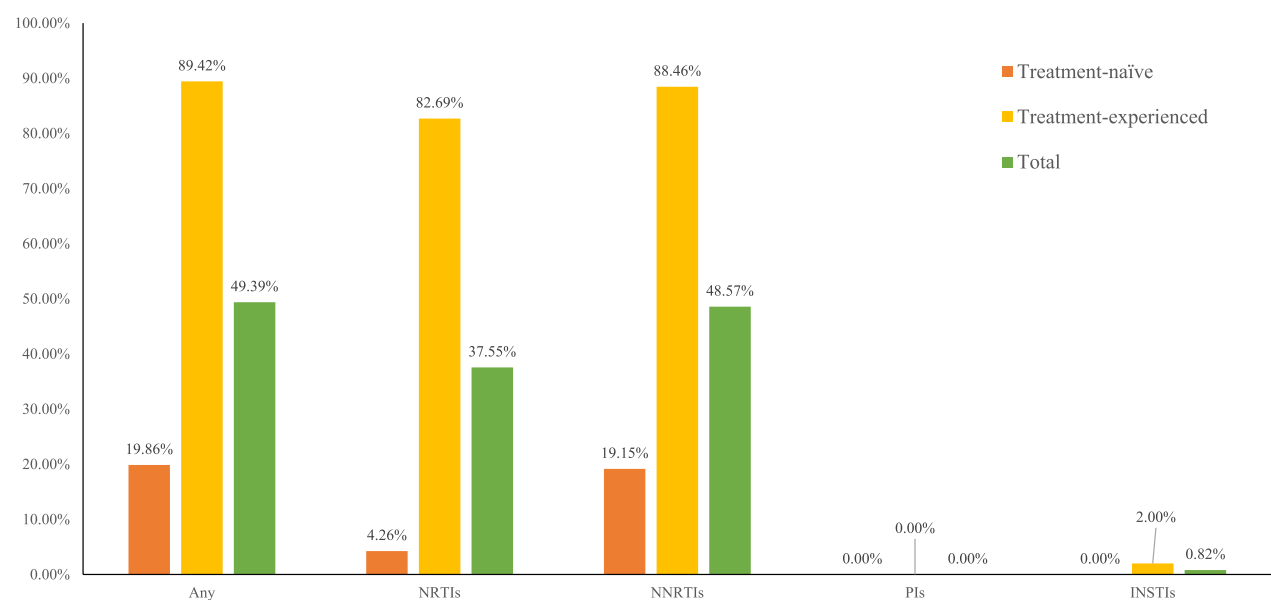


Fig. 2 The percentage of drug resistance in the CRF55_01B-infected individuals in the treatment-naïve and treatment-experienced groups

(RAL), and elvitegravir (EVG) was observed in treatment-experienced individuals (Fig. 3).

Transmission characteristics

Considering the high-level of PDR and ADR in CRF55_01B-infected individuals, we further performed molecular network analysis to determine if individuals with PDR could be traced to individuals with ADR. Under the threshold of 1.5% genetic distance, sequences from both treatment-naïve and treatment-experienced individuals formed a total of 23 transmission clusters (TCs), accounting for 37.55% (92/245) of the total sequences. These TCs ranged in size from 2 to 19, and 15 (65.22%) had 3 or more sequences. Drug resistance was identified in 13 TCs and 7 of these TCs (47 sequences) contained both treatment-naïve and treatment-experienced individuals (Fig. 4).

Discussion

The CRF55_01B originated from MSM has increased rapidly in recent years and was detected in all provinces of China [15]. It showed varied prevalence in different regions, such as 4.1% in Tianjin [16], 4.7% in Xi'an [17], 6.3% in Hefei [15], 10.30% in Guangdong Province [18], and 12.96% in Guangxi Province [19]. In Henan Province, CRF55_01B was the fourth prevalent subtype right after CRF07_BC, CRF01_AE and subtype B among treatment-naïve individuals [9]. Its rapid transmission may be attributed to the rapid development of transportation and technology [6]. In this study we first analyzed

the characteristics of PDR and ADR among CRF55_01B-infected individuals. Our results showed that 28 individuals with drug resistance were identified among 141 treatment-naïve individuals, giving a PDR rate of 19.86%, significantly higher than that (9.24%, 11/119) in Guangdong Province [20] and also higher than those of other genotypes, such as CRF07_BC (5.26%, 14/266) and CRF01_AE (13.89%, 25/180) in Henan Province [9]. PDR is critical to the first-line ART options and the reduction of drug resistance, as which may lead to higher transmission risk. WHO's new recommendations suggest that countries displaying a population-prevalence of PDR above 10% should urgently consider non-NNRTI first-line ART regimens, such as integrase inhibitors [21]. Drug resistance was identified in 93 of 104 treatment-experienced individuals, giving an ADR rate of 89.42%, which was higher than that (79.01%, 128/162) in Guangdong Province [22] and much higher than the overall ADR rate (44.7%) in China [23].

Further analysis showed varied resistance mutation profiles of CRF55_01B in treatment-experienced and treatment-naïve individuals. For NRTI mutations, higher percentages of M184V/I and K65R were detected in treatment-experienced individuals when compared with treatment-naïve individuals, with 76.92% versus 3.55% and 44.32% versus 0%, respectively. M184V/I cause high-level resistance to lamivudine and emtricitabine, and low-level resistance to abacavir [24, 25]. K65R causes intermediate-level resistance to abacavir and tenofovir [24]. However, M184 plus K65R increases

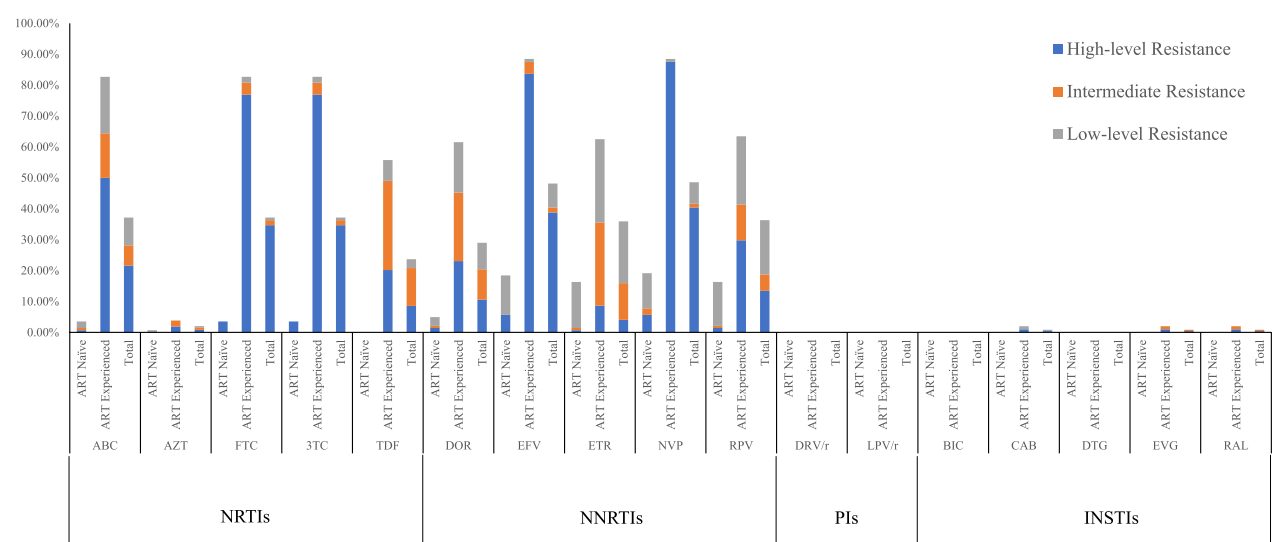


Fig. 3 Different drug resistance levels of four classes of antiretroviral drugs predicted by the Stanford HIVdb Program the CRF55_01B-infected individuals in the treatment-naïve and treatment-experienced groups. ABC abacavir, AZT zidovudine, FTC emtricitabine, 3TC lamivudine, TDF tenofovir, DOR doravirine, EFV efavirenz, ETR etravirine, NVP nevirapine, RPV rilpivirine, DRV/r darunavir/r, LPV/r lopinavir/r, BIC bictegravir, CAB cabotegravir, DTG dolutegravir, EVG elvitegravir, RAL raltegravir

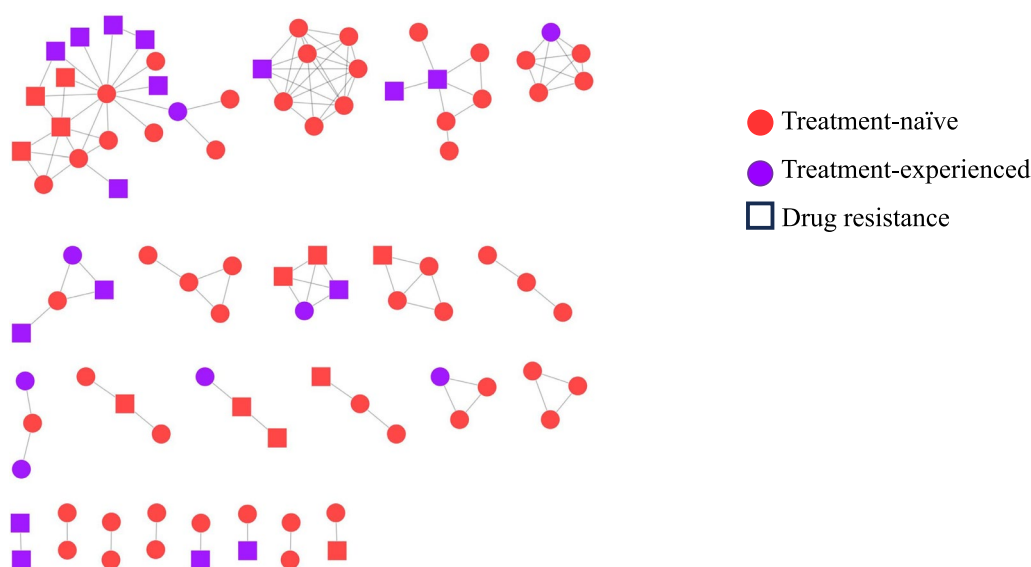


Fig. 4 The transmission networks of CRF55_01B-infected individuals. Different colors are used to represent treatment-naïve and treatment-experienced, respectively. Rectangle represents drug resistance

resistance to abacavir. The impact of M184 plus K65R for CRF55_01B-infected individuals need to be continuously evaluated because of their high frequency (39.42%, 41/104) observed in this study, which was much higher than that (14.81%, 24/162) observed in Guangdong [22]. For NNRTI mutations, V179 was present in all but two of the 245 individuals infected with CRF55_01B, which is consistent with the results of previous studies [7, 22]. V179E is a natural mutation and contributes to potential low-level drug resistance to EFV and NVP, but when it is combined with other drug-resistant mutations such as E138G, it reduces the effectiveness of most NNRTIs [7, 26]. In treatment-experienced individuals, K103N was another dominant prevalent resistance mutation (60.58%). Particularly, K103N was generally accompanied with Y181C, which might be related to the facts that more than 70% of individuals were exposed to EFV-based regimens. K103N plus M184V/I mutations can lead to failure of regimens comprising FTC, 3TC, EFV, or NVP [27] and more than 50% individuals with DRMs carried both mutations in this study. In treatment-naïve individuals, E138G, secondary to V179E, was another dominant prevalent resistance mutation (11.35%) which causes low-level drug resistance to RPV and potential low-level drug resistance to ETR, EFV, and NVP [24]. PI-related major resistance mutation was not detected in all individuals, and INSTI resistance mutation was detected only in two treatment-experienced individuals. To further confirm if these individuals are genetically linked, transmission networks based on partial *pol* gene sequences were constructed. A total of 23 TCs, containing over 1/3 of the

total sequences, were identified and in the TCs (56.52%, 13/23) involving both treatment-naïve and treatment-experienced individuals, drug resistance were primarily identified in treatment-experienced individuals, suggesting possible acquirement of those DRMs during treatment.

The primary limitation of this study is that based on the prevalence of CRF55_01B (~6%) and annual incidence of HIV (approximately 4500 cases) in Henan Province, there are approximately 270 newly CRF55_01B-infected individuals each year and only limited number of cases were included during the study period, thus the actual PDR and ADR could not be accurately reflected. Secondly, the limited numbers of cases also compromised our transmission network analysis.

Conclusions

In this study high prevalence of DRMs and drug resistance were observed in CRF55_01B in both treatment-naïve and treatment-experienced individuals in Henan Province, particular attention should be paid to this group of individuals to reduce the incidence of drug resistance.

Abbreviations

CRFs	Circulating recombinant forms
DRMs	Drug resistance mutations
PDR	Pre-treatment drug resistance
ADR	Acquired drug resistance
NRTIs	Nucleoside reverse transcriptase inhibitors
NNRTIs	Non-nucleoside reverse transcriptase inhibitors
PIs	Protease inhibitors
INSTIs	Integrase strand transfer inhibitors
TCs	Transmission clusters

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12977-025-00665-2>.

Supplementary Material 1.

Supplementary Material 2.

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Author contributions

Jie Ma: Conceptualization, Investigation, Visualization, Methodology, Formal analysis, Data curation, Writing-original draft. Jinjin Liu, Shuguang Wei and Mingjie Hou: Visualization, Methodology, Formal analysis, Data curation. Qingxia Zhao and Yuqi Huo: Project administration, Resources, Funding acquisition; Yuqi Huo: Conceptualization, Investigation, Supervision, Review & editing.

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Availability of data and materials

No datasets were generated or analysed during the current study.

Declarations

Ethics approval and consent to participate

This study was approved by the Institutional Ethics Committee of The Sixth People's Hospital of Zhengzhou, China according to international and Chinese ethical guidelines (IEC-KY-2023-49). All participants in this study had signed the informed consent.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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