#### **ORIGINAL RESEARCH**

Revised: 16 January 2020

WILEY

# Effect of feeding regimen on meat quality, MyHC isoforms, AMPK, and PGC-1 $\alpha$ genes expression in the biceps femoris muscle of Mongolia sheep

Yanru Hou 💿   Lin Su 🍴	Rina Su 🛛	Yulong Luo 问 🏼	Bohui Wang 🛛	Duo Yao 🛛
Lihua Zhao   Ye Jin				

College of Food Science and Engineering, Inner Mongolia Agricultural University, Hohhot, China

#### Correspondence

Ye Jin, College of Food Science and Engineering, Inner Mongolia Agricultural University, Hohhot 010018, China. Email: jinyeyc@sohu.com

#### **Funding information**

The National Nature Science Foundation of China, Grant/Award Number: 31660439; The National Key Research and Development Plan of China, Grant/Award Number: 2016YFE0106200; The China Scholarship Council (CSC)

#### Abstract

The effects of two feeding regimens on meat quality, myosin heavy chain (MyHC) types, and key factors regulating muscle fiber type (AMP-activated protein kinase [AMPK] and peroxisome proliferator-activated receptor-coactivator- $1\alpha$  [PGC- $1\alpha$ ]) in the biceps femoris muscle of Mongolia sheep were investigated. A total of 20 Mongolia sheep were weaning for 90 days and divided into two groups (pasture group (P) and confinement group (C)) at  $10.36 \pm 0.35$  kg of weaning weight. After weaning, sheep were pasture fed or confinement fed for 9 months. The results showed that live weights, carcass weight, intramuscular fat (IMF), and Warner-Bratzler shear force (WBSF) in P group were significantly lower (p < .05) than that in C group. Compared with P group, color evaluations with respect to L\* and b\* values were significantly higher (p < .05) in C group. Expression of the MyHC I gene in the P group was significantly higher, while MyHC IIa and MyHC IIb genes expression was significantly lower (p < .05) than that in C group. Also, AMPK activity and expression of AMPK $\alpha$ 2 and PGC-1 $\alpha$  genes were significantly higher (p < .05) in P group compared with C group. The present study indicated that muscle fiber composition was one of the key differences leading to the differences of meat quality in different feeding regimens. AMPK, particularly AMPK $\alpha$ 2, and PGC-1 $\alpha$  were considered to be two key factors regulating muscle fiber types in Mongolia sheep. The results support that AMPK activity and the expression of AMPK $\alpha$ 2 and PGC-1 $\alpha$  genes may affect the composition of muscle fibers; thus, AMPK activity and the expression of AMPK $\alpha$ 2 and PGC-1 $\alpha$  genes had an effect on meat quality by changed composition of muscle fibers.

#### KEYWORDS

AMP-activated protein kinase, feeding regimens, meat quality, myosin heavy chain isoforms, peroxisome proliferator-activated receptor-coactivator- $1\alpha$ 

Yanru Hou and Lin Su are contributed equally to this work.

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2020 The Authors. Food Science & Nutrition published by Wiley Periodicals, Inc.

## 1 | INTRODUCTION

Muscle fiber was the most basic component unit of muscle quality, which composition and type transformation of muscle fiber would directly affect the meat quality, such as tenderness, flavor, and intramuscular fat (Yin, Sun, Zhang, Bai, & Wang, 2013). Muscle fiber classification method mainly has three kinds: The first method is to simply divided into type I muscle fibers (slow contraction-red muscle fiber-oxidizing muscle fibers) and type II fibers (fast contraction-white muscle fiber-glycolysis muscle fibers). The second type divides muscle fibers into three types according to ATPase activity: type I (slow-twitch oxidative), type IIA (fast-twitch oxidative glycolysis), and type IIB (fast-twitch glycolysis) (Brooke & Kaiser, 1970). The third is based on the myosin heavy chain (MyHC) polymorphism, mammalian skeletal muscle fiber type composition can be divided into four types: MvHC I (slow-twitch oxidative), MvHC IIa (fast-twitch oxidative), MyHC IIx (fast-twitch oxidative-glycolytic), and MyHC IIb (fast-twitch glycolytic; Schiaffino & Reggiani, 2011). A shift of muscle fiber from type IIB to type I may cause more tenderness of meat, thus improve meat quality (Choi & Kim, 2009). In recent years, the previous research has reported that meat guality can be improved by altering the composition of muscle fibers (Zhang, Tang, Zhang, Wang, & Wang, 2014). A study in Turkish native sheep breeds found that diameter of type I muscle fibers was positively correlated with tenderness and pH value in longissimus dorsi muscle (LD), and the numbers of type IIA were positively correlated with water holding capacity (WHC) in LD of Akkaraman sheep breeds (Sirin et al., 2017). In another study, when the proportion of type I was high and the proportion of type IIB was low in longissimus dorsi, Korean native cattle had high marbling, more tenderness, and lightness (Hwang, Kim, Jeong, Hur, & Joo, 2010). According to Gil et al. (2003), compared with muscles with lower MyHC I content, muscles with higher MyHC I content showed higher ultimate pH value, but lower dropping loss, and darker surface. These results suggest that muscle fiber types had great influence on meat quality.

Several key gene-regulated muscle fiber types have been identified, such as AMP-activated protein kinase (AMPK) and peroxisome proliferator-activated receptor-coactivator- $1\alpha$  (PGC- $1\alpha$ ) (Lin et al., 2002; Röckl et al., 2007). AMPK signaling pathway is central in the regulation of cellular energy, it referred to as cellular energy sensor (Hardie & Sakamoto, 2006). A study had found that chronic administration of 5-aminoimidazole-4-carboxamide-ribo-nucleoside (AICAR) which an AMPK agonist can induce muscle fiber types from fast to slow transition (Suwa, Nakano, & Kumagai, 2003). AMPK was also activated during muscle contraction, and regular endurance exercise can induce AMPK activation, accompanied by the conversion of muscle fiber types from fast to slow (Röckl et al., 2007). According to Cantã (2009), AMPK could increase the level of NAD+ in mouse myoblasts, activate Sirtuin (Sirt1), and then regulate Sirt1 downstream gene PGC-1 $\alpha$ . It has been reported that PGC-1 $\alpha$  was involved in conversion and determination of muscle fiber types, lead to the distribution of red/oxidized fiber types increasing (Lin et al., 2002). According to Tetsuo, Takayoshi, Hideaki, Shihori, and Yoriko

Food Science & Nutrition

(2010), the expression of PGC-1 $\alpha$  gene could transform muscle fiber from fast to slow. Overexpression of PGC-1 $\alpha$  in transgenic mice and pigs can promote conversion of glycolytic fibers to oxidative fiber through enhanced mitochondrial respiration and fatty acid oxidation (Zhang et al., 2017).

In recent years, China had introduced many policies prohibiting grazing and restricting grazing. Therefore, the grazing method has gradually changed from natural grazing to house feeding. Many studies over the past few years had reported that feeding regimens can play an important role in animal husbandry, including improved meat quality, growth performance, and fatty acid composition (Carrasco, Panea, Ripoll, Sanz, & Joy, 2009; Fruet et al., 2016; Wang et al., 2018). Feeding regimens also affect the distribution of different types of muscle fibers in farm animals. There are also differences in the distribution of various muscle fibers in the same part of the indoor and the outdoor animals, as the result may be caused by the amount of exercise in the outdoor animals is larger, and the increase in exercise will promote the aerobic metabolism of the muscles and affect the transformation of muscle fibers, thus affecting the distribution of muscle fibers. Exercise can promote the conversion of IIb to IIx to Ila to I muscle fibers, reducing exercise can promote the transformation of muscle fibers in the opposite direction (Gerrard, 2000). According to Petersen, Henckel, Oksbjerg, and Sørensen (1998), the content of IIa in the muscle of the outdoor pigs was higher than that of the indoor pigs, while the contents of IIb and IIx were decreased in outdoor group, in addition, the aerobic metabolism of the muscles of the free-range pigs was strengthened, and the shape of the meat was affected. In summary, the differences in the distribution and composition of muscle fibers under different feeding regimens may be important reasons for the different quality of meat products.

The aim of the present study was to compare the effect of two feeding regimens, on meat quality, MyHC isoforms, and muscle fiber-related genes in the biceps femoris muscle of Mongolia sheep.

## 2 | MATERIALS AND METHODS

#### 2.1 | Animals and diets

A total of 20 Mongolia sheep from Inner Mongolia, China were weaning for 90 days and divided into two groups (5 rams and 5 ewes in each group) at 10.36  $\pm$  0.35 kg of weaning weight. After weaning, all sheep were randomly (10 animals and 5 each of rams and ewes/ feeding regimen) according to two different feeding regimens in the subsequent growth phase: pasture feeding regimen (P) and confinement feeding regimen (C). The P group sheep were allowed to graze freely on natural pasture which is semi-arid grassland for 9 months that mainly consisted of *Stipa gobicao*, *Stipa breviflora*, and *Cleistogenes. Squarrosa*, animals were allowed to move freely in the field of 10<sup>4</sup> m<sup>2</sup>. While the C group sheep were kept in one pen (16 m<sup>2</sup>) for 9 months in a feedlot and fed a controlled diet of forage consisting of corn stalks, skin of sunflower seed, corn's concentrate and fattening feed.

#### 2.2 | Samples collection at slaughter

All the animals were sacrificed at 12 months (3 months weaning and 9 months feeding regimes) in a local abattoir (Bayannur Agriculture and Animal Husbandry, Inner Mongolia, China). The live weight was measured before slaughter. After the sheep were slaughtered and fully bloodshot, the head, hooves, internal organs, fur strip, and lymph were removed; after 30 min, the carcass weight was measured. Small portions of *biceps femoris* (BF) were taken from the other part of the carcass within 45 min postmortem were cut into 0.5 cm × 0.5 cm × 1.0 cm pieces, and immediately frozen in liquid nitrogen and stored at  $-80^{\circ}$ C until further analysis.

#### 2.3 | Meat quality

The meat color of the muscle was evaluated on the muscle surface using a chromatic meter (CR-410, Konica Minolta, Japan). The average of three measurements was recorded, and the results were expressed as luminance (L\*), redness (a\*), and yellowness (b\*). The initial and ultimate pH were measured on the biceps femoris muscle at 45 min and 24 hr postmortem using a pH meter (pH-Star; Ingenieurbüro R. Matthäus, Ebenried). The Warner-Bratzler shear force (WBSF, kg/cm<sup>2</sup>) was measured using a tenderness meter (C-LM3B, Northeast Agricultural University, Harbin, China). Muscle samples (approximately 300 g) were taken from the biceps femoris at 24 hr after slaughter. Then, the samples were heated in a sealed plastic bag in a water bath at 75°C for approximately 45 min, followed by cooling in cold tap water for 40 min. 12 rectangular cores (1 cm<sup>2</sup>), parallel to the longitudinal orientation of the muscle fibers, were taken and analyzed. The greatest and least values for each sample were disregarded, and then, the mean of the remaining values was used to get the final result of WBSF. The meat samples (60 g) were chopped in a commercial mixer-blender and stirred well and analyzed in triplicate. The protein content was analyzed by Kjeldahl (GB 5009.5-2016), and intramuscular fat content was analyzed by Soxhlet (GB 5009.6-2016). The moisture was determined by drying to a constant weight in an oven (105°C), and the ash on the sample residue was measured after drying at 550°C for 12 hr in a muffle furnace.

# 2.4 | AMPK activity

Frozen muscle samples (300mg) were homogenized using a polytron homogenizer (XHF-DY, Scientz) in 5 times their volume of chilled (1– 2°C) buffer (wt/vol) consisting of: (0.25 M D-maimitol (AR, Amresco), 0.05 M Tris–HCl (AR, Amresco, pH 7.4, 4°C), 1 mM EDTA (AR, Sigma), 1 mM DTT (AR, Merck), 1 mM EGTA (AR, Sigma, America), 50 mM NaF (AR, Yongda), and 5 mM sodium pyrophosphate (AR, Yongda). The homogenate was centrifuged at 10,000 r/min for 5 min at 4°C (Underwood et al., 2008). The level of AMPK phosphorylation was used as a control in the analysis of AMPK activity. AMPK activity was measured using a Sheep Phosphorylated Adenosine monophosphate-activated protein kinase (p-AMPK) ELISA Assay Kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China). The kit uses a double-antibody sandwich enzyme-linked immuno-assay (ELISA) to assay the level of p-AMPK in samples. Enzyme activity was expressed as the level of p-AMPK (ng/mL).

#### 2.5 | RNA extraction and RT- PCR

Total RNA from the frozen muscle samples was extracted using RNAiso Plus (Takara, Dalian, China) according to the manufacturer's protocol. The concentration and purity of the total RNA was calculated using BioDrop µLite (BioDrop, Cambridge, England). The extracted RNA was digested using gDNA Eraser (Takara). Reverse transcriptions were performed using an M-MLV reverse transcriptase kit (Takara).

The expression levels of all genes were examined by RT-PCR using SYBR Premix Ex Taq (Takara). The GAPDH gene was used as the internal reference for evaluation of the AMPK $\alpha$ 1, AMPK $\alpha$ 2, AMPKy3, PGC-1a, MyHC I, MyHC IIa, MyHC IIb, and MyHC IIx genes, because the expression level of GAPDH was basically consistent in each tissue of the animal body (Zhang et al., 2018). The primer sequences used are shown in Table 1. The reaction (25 µl) contained 2 µl pooled cDNA template, 12.5 µl SYBR Premix Ex Tag (Takara), forward and reverse primers (1 µl each), and DNase/RNasefree water (8.5 µl). The RT-PCR conditions used for all genes were as follows: 95°C/30 s, 35 cycles of 95°C/5 s, 57°C/30 s and 72°C/30 s, all genes followed by a final extension cycle at 72°C for 10 min. The CT values were quantified using a modified delta-Ct method and a PCR data analysis program. For all the treated samples, evaluation of  $2^{-\Delta\Delta}$ Ct indicated the fold change in gene expression relative to the control (Livak & Schmittgen, 2001).

#### 2.6 | Statistical analysis

Differences in the parameters studied were analyzed using a oneway analysis of IBM SPSS Statistics 19.0. The LSD test was applied to compare the averages. The average of the standard error media (SEM) was reported. The relationship between the parameters was evaluated by Pearson correlation analysis.

#### 3 | RESULTS AND DISCUSSION

#### 3.1 | Meat quality

The results of effects of feeding regimen on Mongolia sheep meat quality are shown in Table 2. The feeding regimens had a significant effect on live weight and carcass weight which were 23.47% and 39.8% higher, respectively, in C group than in P group (p < .05). L\* and b\* values of the P group were 12.45% and 86.77% (p < .05)

#### TABLE 1 Primer sequences for RT-PCR

2265

Gene	Primers	Amplicon (bp)	Accession number
ΑΜΡΚα1	F: TCCGAAGTATTGATGATGA R: ACAGATGAGGTAAGAGAAG	154	XM_004017019.2
ΑΜΡΚα2	F: ATGAGGTGGTGGAGCAGAGG R: CGTGAGAGAGCCAGAGAGTGAA	131	EU_131097.1
ΑΜΡΚγ3	F: GTAACCCGTTGAACCCCATT R: CCATCCAATCGGTAGTAGCG	127	EU_477214.1
PGC-1α	F: TGCTGCTCTGGTTGGTGAAG R: TGAAGGCTCGTTGTTGTACTGATT R:GGAGGAGTCGTGGGAGGAG	166	XM_012179735.2
MyHC I	F: AAGAACCTGCTGCGGCTG R: CCAAGATGTGGCACGGCT	250	XM_012129251.1
MyHC IIa	F: GAGGAACAATCCAATACAAATCTATCT R: CCCATAGCATCAGGACACGA	173	XM_015098655.1
MyHC IIb	F: GACAACTCCTCTCGCTTTGG R: GGACTGTGATCTCCCCTTGA	274	XM_004012706.3
MyHC IIx	F: GGAGGAACAATCCAATGTCAAC R: GTCACTTTTTAGCATTTGGATGAGTTA	178	XM_012114332.2
GAPDH	F: CTCAAGGGCATTCTAGGCTACACT R: GACCATGAGGTCCACCACCCTGT	180	NM_001190390.1

**TABLE 2** Effect of feeding regimen on meat quality in Mongolia sheep (*n* = 10)

	P group	C group
Live weight (kg)	37.95 ± 2.25b	46.86 ± 1.72a
Carcass weight(kg)	16.85 ± 1.22b	23.56 ± 2.51a
L*	27.83 ± 2.41a	24.74 ± 2.33b
a*	20.73 ± 1.76a	19.33 ± 3.28a
b*	7.34 ± 1.58a	3.93 ± 1.57b
рН <sub>о</sub>	6.35 ± 0.09a	6.56 ± 0.10a
pH <sub>24</sub>	5.71 ± 0.08a	5.77 ± 0.07a
WBSF (kg/cm <sup>2</sup> )	45.47 ± 6.73b	52.90 ± 5.98a
Intramuscular fat (%)	$4.25 \pm 0.56b$	6.57 ± 0.62a
Moisture (%)	74.11 ± 6.89a	72.21 ± 3.21a
Protein (%)	22.23 ± 1.32a	21.59 ± 1.02a
Ash (%)	1.01 ± 0.06a	$1.06 \pm 0.09a$

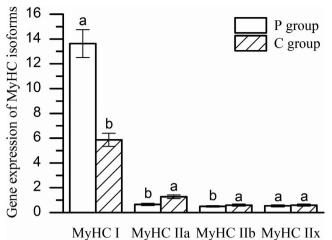
*Note:* Values in rows followed by different letters are significantly different (p < .05).

Abbreviation: WBSF, Warner-Bratzler shear force.

higher than those of C group, respectively, in agree with the study of Kim et al. (2013) that L\* and b\* values of subcutaneous fat in pasture lambs were higher than those in fed in the closed environment feeding lambs. There was no significant difference in pH value in 45 min and 24 hr postslaughter (p > .05). The study showed that the WBSF of P group was significantly lower 14.04% than C group (p < .05) indicating that muscle tenderness was better in P group. The IMF content of BF muscle in C group was significantly higher 54.59% than that in P group (p < .05), which was consistent with the research results of Angela, Alenka, Silvester, and Drago (2014). Moisture, protein content, ash, and a<sup>\*</sup> values showed no significant difference (p > .05) in both groups. It is well known that the composition of the muscle fiber type can effect on the meat quality, such as pH value, flavor, color, tenderness, and so on (Eggert, Depreux, Schinckel, Grant, & Gerrard, 2002; Hwang et al., 2010; Maltin et al., 1998; Żochowska et al., 2005). The differences in meat quality between the two groups in the present study may be explained by the composition of the muscle fibers.

#### 3.2 | Expression of MyHC isoforms genes

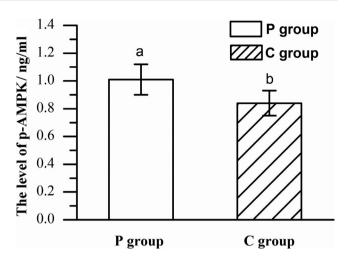
The effects of feeding regimens on muscle fiber type composition of Mongolia sheep are shown in Figure 1. The expression of MyHC I gene in P group was significantly higher than that in C group (p < .05). The expression of the MyHC IIa and MyHC IIb genes in the P group was significantly lower than C group (p < .05). Expression of MyHC IIx gene had no significant difference (p > .05) in two groups. It is well known that the type of muscle fiber was related to the meat color. Renerre (1990) reported that an increase in the number of type I muscle fibers in skeletal muscle tissue would reduce the color stability of the meat. Pork with higher number and size IIA and IIB muscle fibers, the L\* values was increase and WHC (water holding capacity) was decrease (Kim et al., 2013; Larzul et al., 1997). On the contrary, the present study showed that the expression of MyHC IIa and MyHC IIb genes in the C group were higher than P group, while the L\* and b\* values were lower than the PF group. Therefore, the relationship between meat color and muscle fiber types needs to be further studied in Mongolia sheep. As we all know, MyHC IIb gene had more glycogen than other MyHC isoforms genes (Men, Deng, Xu, & Tao, 2012; Quiroz-Rothe



**FIGURE 1** Gene expression of MyHC isoforms in P and C groups (n = 10). Columns with different letters for the same isoform are significantly different (p < .05)

& Rivero, 2010; Shen et al., 2014). Thus, we expected that the pH values would be lower in C group which had the higher MyHC IIb gene expression in both groups. Contrary to what was expected, there was no statistical significant in  $PH_0$  and  $pH_{24}$  between the two groups in our experiments because fiber proportion and preslaughter glycogen reserve level also affects pH decline (Y M Choi, Ryu, & Kim, 2007; Immonen, Ruusunen, Hissa, & Puolanne, 2000; Ryu & Kim, 2006) The relationship between IMF content and muscle fiber properties is currently controversial (Lefaucheur, 2010). According to Hu, Wang, Zhu, Guo, and Wu (2008), mRNA expression of MyHC I, IIa, and IIx was positively correlated with IMF content in the longissimus dorsi muscle of pigs, and MyHC IIb mRNA expression was opposite. Zhang, Liu, et al. (2014) reported that the MyHC gene may be considered a negative factor with IMF content. In present study, the changes in the gene expression of MyHC IIa and MyHC IIb with IMF content were consistent, but MyHC I was reversed. The proportion of MyHC I fibers was significantly higher in the lowest shear force group in longissimus dorsi muscle of Sutai pigs (Yang, Jie, Chao, & Zhao, 2012). Our results agree in part with previous reports. Therefore, the effects of feeding regimen on meat quality may via altering the composition of muscle fiber types.

It has been demonstrated that exercise had profound effects on the transformation of muscle fiber types. Morifuji, Murakami, and Fujino (2016) suggested that endurance exercise could prevent the conversion of muscle fibers from slow muscle fibers to fast muscle fibers and increase mitochondrial oxidase activity in skeletal muscle of nonobese type 2 diabetic rats. Eight weeks of treadmill training in rats, the results showed that moderate and heavy intensity exercise may lead to transform of skeletal muscle fiber types from fast to slow (Yin et al., 2017). The wild-type mice were treated with voluntary wheel running for six weeks inducing shift of muscle fiber types from IIb to IIa/x through AMPK mediates adaptive responses to exercise training in skeletal muscle (Röckl et al., 2007). According to Su et al. (2019), endurance exercise lead to convert in MyHC isoforms



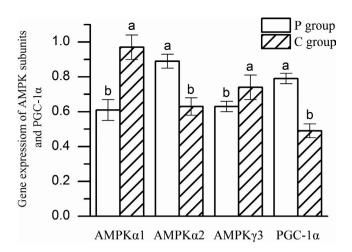
**FIGURE 2** The level of p-AMPK in P and C groups (n = 10). Columns with different letters for the same subunit are significantly different (p < .05)

from oxidative type to the glycolytic type. In present study, the variation of movement in two groups may be one of the main reasons caused the differences of meat quality. The space of the P group was about 1,000 times of the C group. And the P group were allowed to graze freely on natural pasture which semi-arid grassland so that the pastured sheep had to keep walking for grass. Therefore, the physical activity of the pastured sheep far more than confinement sheep. Results of the present study showed that exercise of Mongolia sheep in different feeding regimen differs and chronic exercise influences the gene expression of MyHC isoforms and further affects meat quality traits. And we could perhaps draw a conclusion that longterm pasture can lead to the conversion of MyHC IIx, MyHC IIa, and MyHC IIb to MyHC I in the biceps femoris muscle of Mongolia sheep.

# 3.3 | Comparison of key factors regulating muscle fiber type of different feeding regimens

The influence of different feeding regimens on AMPK activity of Mongolia sheep was presented in Figure 2. The level of p-AMPK in BF muscle of P group was significantly higher than that in C group (p < .05). The influence of different feeding regimens on the gene expression of AMPK subunits are shown in Figure 3. Compared with C group, the expression of AMPK $\alpha$ 1 and AMPK $\gamma$ 3 genes in BF muscle of P group was significantly lower (p < .05), while the expression of the AMPK $\alpha$ 2 gene in P group was significantly higher (p < .05) than C group. Consistent with the AMPK activity and the expression of AMPK $\alpha$ 2 gene, PGC-1 $\alpha$  expression in P group was higher than that in BF muscle of C group (p < .05).

AMPK signaling pathway is central in the regulation of cellular energy, it referred to as cellular energy sensor (Hardie & Sakamoto, 2006). According to Ko et al. (2018), aerobic exercise training could increase the activation of AMPK. Energy was consumed during exercise, resulting in a rapid increase in the level of AMP/ATP of the skeletal muscle, and AMPK was activated. Cycling human and mouse



**FIGURE 3** Gene expression of AMPK subunits and PGC-1 $\alpha$  in P and C groups (n = 10). Columns with different letters for the same subunit are significantly different

wheel movement would cause increased AMPK activity (Zhi-Ping et al., 2003; Wojtaszewski, Jorgensen, Hellsten, Hardie, & Richter, 2002). Therefore, the increase of AMPK activity in pastured sheep compared with confinement may due to the greater physical exercise before slaughter in P group.

Although skeletal muscle expresses the AMPK $\alpha$ 1 and AMPK $\alpha$ 2, the AMPKα2 was activated primarily in response to moderate-intensity endurance exercise in skeletal muscle, promotes skeletal muscle glucose transport, glutamate expression (Nakano et al., 2006). While AMPK $\alpha$ 1 was reversed and activated only during tonic muscle contraction (Friedrichsen, Mortensen, Pehmøller, Birk, & Wojtaszewski, 2013), high-intensity exercise could activate AMPK $\alpha$ 2 immediately, but AMPK $\alpha$ 1 had no significant change. In vitro experiments further prove that  $AMPK\alpha 2$  was more sensitive to ATP than AMPKα1 (Wojtaszewski, Nielsen, Hansen, Richter, & Kiens, 2000). And Mcgee et al. (2003) reported that endurance training could lead to a significant increase in AMPK $\alpha$ 2 content. In summary, the activation of different catalytic subunits of AMPK was closely related to exercise intensity, and AMPK $\alpha$ 2 was mainly activated in endurance exercise. In present experiments, after a long period of exercise, the pastured sheep may activate the AMPK $\alpha$ 2 subunit encoded by the AMPK $\alpha$ 2 gene. In agreement with the previous study, AMPKy3 expression was higher in C group may cause the higher expression of MyHC IIb in C group, since AMPK $\gamma$ 3 gene is a key molecule that regulates the transform to type IIb of muscle fiber (Mahlapuu et al., 2004).

The mouse with a dominant inhibitory mutant of AMPK was intolerant to exercise fatigue, while AMPK activation increases mitochondrial oxidase activity and mitochondrial synthesis (Mu, Jr, Brozinick, Valladares, Bucan, & Birnbaum, 2001), which effect may be mediated by PGC-1 $\alpha$ , as the results of studies transgenic mice expressing a dominant-negative mutant of AMPK in muscle and knockout mice confirmed the important role of PGC-1 $\alpha$  in the AMPK signaling pathway (Haihong et al., 2002). Overexpression of the PGC1 $\alpha$  gene promotes the transformation of glycolytic muscle

fibers into the muscle fibers of pigs (Ying, Zhang, Bu, Xiong, & Zuo, 2016). Through the transgenic method, it was found that after transferring PGC-1 $\alpha$  gene into mice, type II muscle fibers showed the characteristics of slow type muscle fibers, and mitochondrial oxidative ability was enhanced, indicating that the specific protein expression level of type I muscle fibers was elevated, and type II muscle fibers could be obtained. It was converted into I type muscle fiber (Lin et al., 2002). And Handschin et al. found that in PGC-1 $\alpha$ knockout mice, I and IIa muscle fibers were significantly reduced, and type IIb muscle fibers were significantly elevated (Handschin et al., 2007). Exercise induced activation of PGC-1α was associated with the activation of AMPK and p38 MAPK (Gibala et al., 2009; Handschin et al., 2007). According to Cantã et al. (2009), AMPK could increase the level of NAD+ in mouse myoblasts, activate Sirtuin (Sirt1), and then regulate Sirt1 downstream gene PGC-1a. These results indicate that AMPK induced muscle fiber type transition via, at least in part, PGC-1 $\alpha$  gene. As the results of the key factors regulating muscle fiber type in different feeding regimens of Mongolia sheep in present study, the long-term exercise of pasture sheep could increase the gene expression of AMPK $\alpha$ 2, activate AMPK, up-regulate the gene expression of PGC-1 $\alpha$ , and promote the transformation of muscle fiber type from MyHC IIx, MyHC IIa, and MyHC IIb to MyHC I in the biceps femoris muscle of Mongolia sheep. Our results provide an important basis for further studies of the mechanism of muscle fiber type in different feeding regimens of Mongolia sheep.

# 4 | CONCLUSIONS

In present study, pasture sheep showed an advantage over confinement sheep with respect to WBSF of meat quality. And higher AMPK activity and expression of AMPK $\alpha$ 2 and PGC-1 $\alpha$  genes caused by pasturing can promote the transformation of muscle fiber types from MyHC IIx, MyHC IIa, and MyHC IIb to MyHC I, which indicated that feeding regimen affect WBSF via alter muscle fiber types by regulating AMPK activity, and expression of AMPK $\alpha$ 2 and PGC-1 $\alpha$  genes.

#### ACKNOWLEDGMENTS

This work was supported by the National Nature Science Foundation of China (31660439), the National Key Research and Development Plan of China (2016YFE0106200), and the China Scholarship Council (CSC).

#### CONFLICT OF INTEREST

The author states that there is no conflict of interest and financial, personal, or other relations with others or organizations.

#### ETHICAL APPROVAL

Animal experiments were approved by the Animal Experiment Committee and conducted in accordance with the "Guide to Animal Experiment System of College of Animal Science, Inner Mongolia **FV**\_Food Science & Nutrition

HOU ET AL.

Agricultural University." The experiments were carried out in accordance with recommendations made by the European Commission (1997) with the aim of minimizing animal suffering.

#### ORCID

Yanru Hou bhttps://orcid.org/0000-0002-2077-1959 Yulong Luo bhttps://orcid.org/0000-0001-8475-4464

#### REFERENCES

- Angela, C., Alenka, L., Silvester, G., & Drago, K. (2014). Fatty acid composition of lamb meat from the autochthonous Jezersko-Sol?ava breed reared in different production systems. *Meat Science*, 97(4), 480–485. https://doi.org/10.1016/j.meatsci.2013.12.012
- Brooke, M. H., & Kaiser, K. K. (1970). Three "myosin adenosine triphosphatase" systems: The nature of their pH lability and sulfhydryl dependence. *Journal of Histochemistry & Cytochemistry*, 18(9), 670–672. https://doi.org/10.1177/18.9.670
- Cantã, C., Gerhart-Hines, Z., Feige, J. N., Lagouge, M., Noriega, L., Milne, J. C., ... Auwerx, J. (2009). AMPK regulates energy expenditure by modulating NAD+ metabolism and SIRT1 activity. *Nature*, 458(7241), 1056–1060. https://doi.org/10.1038/nature07813
- Carrasco, S., Panea, B., Ripoll, G., Sanz, A., & Joy, M. (2009). Influence of feeding systems on cortisol levels, fat colour and instrumental meat quality in light lambs. *Meat Science*, 83(1), 50–56. https://doi. org/10.1016/j.meatsci.2009.03.014
- Chen, Z.-P., Stephens, T. J., Murthy, S., Canny, B. J., Hargreaves, M., Witters, L. A., ... McConell, G. K. (2003). Effect of exercise intensity on skeletal muscle AMPK signaling in humans. *Diabetes*, 52(9), 2205–2212. https://doi.org/10.2337/diabetes.52.9.2205
- Choi, Y. M., & Kim, B. C. (2009). Muscle fiber characteristics, myofibrillar protein isoforms, and meat quality. *Livestock Science*, 122(2), 105– 118. https://doi.org/10.1016/j.livsci.2008.08.015
- Choi, Y. M., Ryu, Y. C., & Kim, B. C. (2007). Influence of myosin heavyand light chain isoforms on early postmortem glycolytic rate and pork quality. *Meat Science*, 76(2), 281–288. https://doi.org/10.1016/j. meatsci.2006.11.009
- Eggert, J. M., Depreux, F. F. S., Schinckel, A. P., Grant, A. L., & Gerrard, D. E. (2002). Myosin heavy chain isoforms account for variation in pork quality *A. Meat Science*, 61(2), 117–126. https://doi.org/10.1016/S0309-1740(01)00154-1
- Friedrichsen, M., Mortensen, B., Pehmøller, C., Birk, J. B., & Wojtaszewski, J. F. (2013). Exercise-induced AMPK activity in skeletal muscle: Role in glucose uptake and insulin sensitivity. *Molecular & Cellular Endocrinology*, 366(2), 204. https://doi.org/10.1016/j.mce.2012.06.013
- Fruet, A. P. B., Stefanello, F. S., Júnior, A. G. R., Souza, A. N. M. D., Tonetto, C. J., & Nörnberg, J. L. (2016). Whole grains in the finishing of culled ewes in pasture or feedlot: Performance, carcass characteristics and meat quality. *Meat Science*, 113, 97–103. https://doi.org/10.1016/j. meatsci.2015.11.018
- Gerrard, L. L. D. (2000). Muscle fiber plasticity in farm mammals. Journal of Animal Science, 77, 1. https://doi.org/10.2527/jas20 00.77e-suppl1b
- Gibala, M. J., Mcgee, S. L., Garnham, A. P., Howlett, K. F., Snow, R. J., & Mark, H. (2009). Brief intense interval exercise activates AMPK and p38 MAPK signaling and increases the expression of PGC-1alpha in human skeletal muscle. *Journal of Applied Physiology*, 106(3), 929– 934. https://doi.org/10.1152/japplphysiol.90880.2008
- Gil, M., Oliver, M. À., Gispert, M., Diestre, A., Sosnicki, A. A., Lacoste, A., & Carrión, D. (2003). The relationship between pig genetics, myosin heavy chain I, biochemical traits and quality of M. longissimus thoracis. *Meat Science*, 65(3), 1063–1070. https://doi.org/10.1016/ S0309-1740(02)00324-8

- Haihong, Z., Ming, R. J., Young, L. H., Marc, P., James, M., Birnbaum, M. J., & Shulman, G. I. (2002). AMP kinase is required for mitochondrial biogenesis in skeletal muscle in response to chronic energy deprivation. Proceedings of the National Academy of Sciences of the United States of America, 99(25), 15983–15987. https://doi.org/10.1073/ pnas.252625599
- Handschin, C., Chin, S., Li, P., Liu, F., Maratos-Flier, E., LeBrasseur, N. K., ... Spiegelman, B. M. (2007). Skeletal muscle fiber-type switching, exercise intolerance, and myopathy in PGC-1α muscle-specific knockout animals. *Journal of Biological Chemistry*, 282(41), 30014–30021. https://doi.org/10.1074/jbc.M704817200
- Hardie, D. G., & Sakamoto, K. (2006). AMPK: A key sensor of fuel and energy status in skeletal muscle. *Physiology*, 21(21), 48–60. https:// doi.org/10.1152/physiol.00044.2005
- Hu, H. M., Wang, J. Y., Zhu, R. S., Guo, J. F., & Wu, Y. (2008). Effect of myosin heavy chain composition of muscles on meat quality in Laiwu pigs and Duroc. *Science in China*, *51*(2), 127–132. https://doi. org/10.1007/s11427-008-0016-x
- Hwang, Y. H., Kim, G. D., Jeong, J. Y., Hur, S. J., & Joo, S. T. (2010). The relationship between muscle fiber characteristics and meat quality traits of highly marbled Hanwoo (Korean native cattle) steers. *Meat Science*, 86(2), 456–461. https://doi.org/10.1016/j.meats ci.2010.05.034
- Immonen, K., Ruusunen, M., Hissa, K., & Puolanne, E. (2000). Bovine muscle glycogen concentration in relation to finishing diet, slaughter and ultimate pH. *Meat Science*, 55(1), 25–31. https://doi.org/10.1016/ S0309-1740(99)00121-7
- Kim, G. D., Jeong, J. Y., Jung, E. Y., Yang, H. S., Lim, H. T., & Joo, S. T. (2013). The influence of fiber size distribution of type IIB on carcass traits and meat quality in pigs. *Meat Science*, 94(2), 267–273. https:// doi.org/10.1016/j.meatsci.2013.02.001
- Ko, J. R., Seo, D. Y., Park, S. H., Kwak, H. B., Kim, M., Ko, K. S., ... Han, J. (2018). Aerobic exercise training decreases cereblon and increases AMPK signaling in the skeletal muscle of STZ-induced diabetic rats. *Biochemical & Biophysical Research Communications*, 501(2), 448–453. https://doi.org/10.1016/j.bbrc.2018.05.009
- Larzul, C., Lefaucheur, L., Ecolan, P., Gogué, J., Talmant, A., Sellier, P., ... Monin, G. (1997). Phenotypic and genetic parameters for longissimus muscle fiber characteristics in relation to growth, carcass, and meat quality traits in large white pigs. *Journal of Animal Science*, 75(12), 3126. https://doi.org/10.2527/1997.75123126x
- Lefaucheur, L. (2010). A second look into fibre typing-relation to meat quality. *Meat Science*, 84(2), 257–270. https://doi.org/10.1016/j. meatsci.2009.05.004
- Lin, J., Wu, H., Tarr, P. T., Zhang, C. Y., Wu, Z., Boss, O., ... Olson, E. N. (2002). Transcriptional co-activator PGC-1 alpha drives the formation of slow-twitch muscle fibres. *Nature*, 418(6899), 797-801. https://doi.org/10.1038/nature00904
- Livak, K. J., & Schmittgen, T. D. (2001). Analysis of relative gene expression data using real-time quantitative PCR and the 2(-Delta Delta C(T)) Method. *Methods*, 25(4), 402–408. https://doi.org/10.1006/ meth.2001.1262
- Mahlapuu, M., Johansson, C., Lindgren, K., Hjälm, G., Barnes, B. R., Krook, A., ... Marklund, S. (2004). Expression profiling of the gamma-subunit isoforms of AMP-activated protein kinase suggests a major role for gamma3 in white skeletal muscle. American Journal of Physiology, Endocrinology and Metabolism, 286(2), E194–E200. https://doi.org/10.1152/ajpendo.00147.2003
- Maltin, C. A., Sinclair, K. D., Warriss, P. D., Grant, C. M., Porter, A. D., Delday, M. I., & Warkup, C. C. (1998). The effects of age at slaughter, genotype and finishing system on the biochemical properties, muscle fibre type characteristics and eating quality of bull beef from suckled calves. *Animal Science*, 66(2), 341–348. https://doi.org/10.1017/ S1357729800009462

- Mcgee, S. L., Howlett, K. F., Starkie, R. L., Cameron-Smith, D., Kemp, B. E., & Hargreaves, M. (2003). Exercise increases nuclear AMPK alpha2 in human skeletal muscle. *Diabetes*, 52(4), 926–928. https:// doi.org/10.2337/diabetes.52.4.926
- Men, X. M., Deng, B., Xu, Z. W., & Tao, X. (2012). Muscle-fibre types in porcine longissimus muscle of different genotypes and their association with the status of energy metabolism. *Animal Production Science*, 52(5), 305–312. https://doi.org/10.1071/AN11185
- Morifuji, T., Murakami, S., & Fujino, H. (2016). Preventive effects of endurance exercise on slow-to-fast fiber transition in plantaris muscle of non-obese type 2 diabetic rats. Japanese Journal of Physical Fitness & Sports Medicine, 65(1), 197–203. https://doi.org/10.7600/ ispfsm.65.197
- Mu, J., Jr, Brozinick, J. T., Valladares, O., Bucan, M., & Birnbaum, M. J. (2001). A role for AMP-activated protein kinase in contraction- and hypoxia-regulated glucose transport in skeletal muscle. *Molecular Cell*, 7(5), 1085–1094. https://doi.org/10.1016/S1097 -2765(01)00251-9
- Nakano, M., Hamada, T., Hayashi, T., Yonemitsu, S., Miyamoto, L., Toyoda, T., ... Ogawa, Y. (2006). alpha2 Isoform-specific activation of 5'adenosine monophosphate-activated protein kinase by 5-aminoimidazole-4-carboxamide-1-beta-d-ribonucleoside at a physiological level activates glucose transport and increases glucose transporter 4 in mouse skeletal muscle. *Metabolism-Clinical* & *Experimental*, 55(3), 300-308. https://doi.org/10.1016/j.metab ol.2005.09.003
- Petersen, J. S., Henckel, P., Oksbjerg, N., & Sørensen, M. T. (1998). Adaptations in muscle fibre characteristics induced by physical activity in pigs. *Animal Science*, 66(3), 733–740. https://doi.org/10.1017/ S1357729800009310
- Quiroz-Rothe, E., & Rivero, J. L. L. (2010). Coordinated expression of myosin heavy chains, metabolic enzymes, and morphological features of porcine skeletal muscle fiber types. *Microscopy Research and Technique*, 65(1-2), 43-61. https://doi.org/10.1002/ jemt.20090
- Renerre, M. (1990). Factors involved in the discoloration of beef meat. International Journal of Food Science and Technology, 25(6), 613–630. https://doi.org/10.1111/j.1365-2621.1990.tb01123.x
- Röckl, K. S., Hirshman, M. F., Brandauer, J., Fujii, N., Witters, L. A., & Goodyear, L. J. (2007). Skeletal muscle adaptation to exercise training: AMP-activated protein kinase mediates muscle fiber type shift. *Diabetes*, 56(8), 2062. https://doi.org/10.2337/db07-0255
- Ryu, Y. C., & Kim, B. C. (2006). Comparison of histochemical characteristics in various pork groups categorized by postmortem metabolic rate and pork quality. *Journal of Animal Science*, 84(4), 894–901. https://doi.org/10.2527/2006.844894x
- Schiaffino, S., & Reggiani, C. (2011). Fiber types in mammalian skeletal muscles. *Physiological Reviews*, 91(4), 1447–1531. https://doi. org/10.1152/physrev.00031.2010
- Shen, L. Y., Luo, J., Lei, H. G., Jiang, Y. Z., Bai, L., Li, M. Z., ... Zhu, L. (2014). Effects of muscle fiber type on glycolytic potential and meat quality traits in different Tibetan pig muscles and their association with glycolysis-related gene expression. *Genetics & Molecular Research*, 14(4), 14366. https://doi.org/10.4238/2015. November.13.22
- Şirin, E., Aksoy, Y., Uğurlu, M., Çiçek, Ü., Önenç, A., Ulutaş, Z., ... Kuran, M. (2017). The relationship between muscle fiber characteristics and some meat quality parameters in Turkish native sheep breeds. *Small Ruminant Research*, 150(1), 46–51. https://doi.org/10.1016/j.small rumres.2017.03.012
- Su, R., Luo, Y., Wang, B., Hou, Y., Zhao, L., Su, L., ... Jin, Y. E. (2019). Effects of physical exercise on meat quality characteristics of Sunit sheep. *Small Ruminant Research*, 173, 54–57. https://doi.org/10.1016/j.small rumres.2019.02.002

- Suwa, M., Nakano, H., & Kumagai, S. (2003). Effects of chronic AICAR treatment on fiber composition, enzyme activity, UCP3, and PGC-1 in rat muscles. *Journal of Applied Physiology*, 95(3), 960. https://doi. org/10.1152/japplphysiol.00349.2003
- Tetsuo, Y., Takayoshi, S., Hideaki, A., Shihori, T., & Yoriko, A. (2010). Continuous mild heat stress induces differentiation of mammalian myoblasts, shifting fiber type from fast to slow. *American Journal* of Physiology Cell Physiology, 298(1), C140-C148. https://doi. org/10.1152/ajpcell.00050.2009
- Underwood, K. R., Means, W. J., Zhu, M. J., Ford, S. P., Hess, B. W., & Du, M. (2008). AMP-activated protein kinase is negatively associated with intramuscular fat content in longissimus dorsi muscle of beef cattle. *Meat Science*, 79(2), 394–402. https://doi.org/10.1016/j. meatsci.2007.10.025
- Wang, B., Yang, L., Luo, Y., Su, R., Su, L., Zhao, L., & Jin, Y. (2018). Effects of feeding regimens on meat quality, fatty acid composition and metabolism as related to gene expression in Chinese Sunit sheep. *Small Ruminant Research*, 169, 127–133. https://doi.org/10.1016/j.small rumres.2018.08.006
- Wojtaszewski, J. F., Jorgensen, S. B., Hellsten, Y., Hardie, D. G., & Richter, E. A. (2002). Glycogen-dependent effects of 5-aminoimidazole-4-carboxamide (AICA)-riboside on AMP-activated protein kinase and glycogen synthase activities in rat skeletal muscle. *Diabetes*, *51*(2), 284-292. https://doi.org/10.2337/diabe tes.51.2.284
- Wojtaszewski, J. F., Nielsen, P., Hansen, B. F., Richter, E. A., & Kiens, B. (2000). Isoform-specific and exercise intensity-dependent activation of 5'-AMP-activated protein kinase in human skeletal muscle. *Journal of Physiology*, 528(1), 221–226. https://doi. org/10.1111/j.1469-7793.2000.t01-1-00221.x
- Yang, X., Jie, C., Chao, J., & Zhao, R. (2012). Gene expression of calpain 3 and PGC-1α is correlated with meat tenderness in the longissimus dorsi muscle of Sutai pigs. *Livestock Science*, 147(1–3), 119–125. https://doi.org/10.1016/j.livsci.2012.04.011
- Yin, L. Q., Fan-Ling, L. I., Tang, C. F., Tao, X., Liu, W. F., & Huang, H. B. ... Hunan Norma University. (2017). The effect of different intensity exercise on skeletal muscle fiber MHC subtype transformation and Ca N/NFATc1 signaling pathways. Zhongguo ying yong sheng li xue za zhi = Zhongguo yingyong shenglixue zazhi = Chinese Journal of Applied Physiology, 33(4), 360–364.
- Yin, L. I., Sun, H. M., Zhang, C. H., Bai, Y. Y., & Wang, Z. Y. (2013). Analysis of frozen beef protein oxidation effect during thawing. *Scientia Agricultura Sinica*, 46(7), 1426–1433.
- Ying, F., Zhang, L., Bu, G., Xiong, Y., & Zuo, B. (2016). Muscle fiber-type conversion in the transgenic pigs with overexpression of PGC1α gene in muscle. *Biochemical & Biophysical Research Communications*, 480(4), 669–674. https://doi.org/10.1016/j. bbrc.2016.10.113
- Zhang, G., Tang, Y., Zhang, T., Wang, J., & Wang, Y. (2014). Expression profiles and association analysis with growth traits of the MyoG and Myf5 genes in the Jinghai yellow chicken. *Molecular Biology Reports*, 41(11), 7331–7338. https://doi.org/10.1007/s1103 3-014-3619-2
- Zhang, G.-M., Zhang, T.-T., Jin, Y.-H., Liu, J.-L., Guo, Y.-X., Fan, Y.-X., ... Lei, Z.-H. (2018). Effect of caloric restriction and subsequent re-alimentation on oxidative stress in the liver of Hu sheep ram lambs. *Animal Feed Science & Technology*, 237. https://doi.org/10.1016/j. anifeedsci.2018.01.009
- Zhang, L., Zhou, Y., Wu, W., Hou, L., Chen, H., Zuo, B. O., ... Yang, J. (2017). Skeletal Muscle-Specific Overexpression of PGC-1α Induces Fiber-Type Conversion through Enhanced Mitochondrial Respiration and Fatty Acid Oxidation in Mice and Pigs. International Journal of Biological Sciences, 13(9), 1152–1162. https://doi.org/10.7150/ ijbs.20132

2270

LEY-Food Science & Nutrition

- Zhang, M., Liu, Y. L., Fu, C. Y., Wang, J., Chen, S. Y., Yao, J., & Lai, S. J. (2014). Expression of MyHC genes, composition of muscle fiber type and their association with intramuscular fat, tenderness in skeletal muscle of Simmental hybrids. *Molecular Biology Reports*, 41(2), 833– 840. https://doi.org/10.1007/s11033-013-2923-6
- Żochowska, J., Lachowicz, K., Gajowiecki, L., Sobczak, M., Kotowicz, M., & Żych, A. (2005). Effects of carcass weight and muscle on texture, structure and myofibre characteristics of wild boar meat. *Meat Science*, 71(2), 244–248. https://doi.org/10.1016/j.meats ci.2005.03.019

How to cite this article: Hou Y, Su L, Su R, et al. Effect of feeding regimen on meat quality, MyHC isoforms, AMPK, and PGC-1 $\alpha$  genes expression in the biceps femoris muscle of Mongolia sheep. *Food Sci Nutr.* 2020;8:2262–2270. <u>https://doi.org/10.1002/fsn3.1494</u>