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Review article

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Bile effects on the *Pseudomonas aeruginosa* pathogenesis in cystic fibrosis patients with gastroesophageal reflux

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ABSTRACT

Gastroesophageal reflux (GER) occurs in most cystic fibrosis (CF) patients and is the primary source of bile aspiration in the airway tract of CF individuals. Aspirated bile is associated with the severity of lung diseases and chronic inflammation caused by Pseudomonas aeruginosa as the most common pathogen of CF respiratory tract infections. P. aeruginosa is equipped with several mechanisms to facilitate the infection process, including but not limited to the expression of virulence factors, biofilm formation, and antimicrobial resistance, all of which are under the strong regulation of quorum sensing (QS) mechanism. By increasing the expression of lasI, rhll, and pqsA-E, bile exposure directly impacts the OS network. An increase in psl expression and pyocyanin production can promote biofilm formation. Along with the loss of flagella and reduced swarming motility, GER-derived bile can repress the expression of genes involved in creating an acute infection, such as expression of Type Three Secretion (T3SS), hydrogen cyanide (hcnABC), amidase (amiR), and phenazine (phzA-E). Inversely, to cause persistent infection, bile exposure can increase the Type Six Secretion System (T6SS) and efflux pump expression, which can trigger resistance to antibiotics such as colistin, polymyxin B, and erythromycin. This review will discuss the influence of aspirated bile on the pathogenesis, resistance, and persistence of P. aeruginosa in CF patients.

1. introduction

Cystic fibrosis (CF) is an autosomal recessive genetic disease [1–3] derived from a mutation in the Cystic fibrosis Transmembrane Conductance Regulator (CFTR) gene [4,5]. CF affects multiple organs such as the liver, pancreas, small intestine, sweat glands, reproductive glands, and airways [6,7]. Due to their compromised immune system, the lungs of CF patients are a welcoming environment for dreadful pathogens such as *Pseudomonas aeruginosa* [8–12]. *P. aeruginosa* is an opportunistic pathogen that employs the master regulatory mechanism of quorum sensing (QS) to control the biofilm formation and expression of several virulence genes [13–17]. QS is a way of communicating Gram-negative and Gram-positive bacteria based on producing small diffusible signaling molecules known as autoinducers (AI) [18–22].

Through chronic infection of the respiratory tract, P. aeruginosa is the leading cause of morbidity and mortality in CF patients [23].

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These patients commonly (35–80 %) [24] suffer from gastroesophageal reflux (GER), which could be a primary source of bile presence in their lungs and result in reduced lung function [14,25–30]. The effect of bile on adapting to a chronic lifestyle in respiratory infections caused by pathogens has been reported by different studies [7,26]. *P. aeruginosa* can tolerate bile and bile acids and replicate in the presence of these cholesterol-derived factors with a bactericidal nature to other bacteria [7]. Bile directly affects QS and QS-regulated factors involved in the persistence of *P. aeruginosa*. In addition, bile is responsible for the positive regulation of QS systems and, in this way, can induce biofilm formation, increase promoter activity of T6SS, efflux pump expression, and resistance to some antibiotics such as colistin, polymyxin B, and erythromycin. Meanwhile, bile has a negative influence on swarming motility and type three secretion [7,27,31]. Therefore, bile as a host factor has a critical role in triggering the virulence and antimicrobial resistance of *P. aeruginosa*. Considering this important fact, a comprehensive understanding of the underlying mechanism of bile effect on the pathogenesis of *P. aeruginosa* is required for clearance of these drug-resistant infections and decreasing the mortality rate. In this review, we will discuss the role of bile in inducing and regulating QS gene expression, virulence factor secretion, and antibiotic resistance of *P. aeruginosa* as a successful pathogen in CF patients.

2. Cystic fibrosis

CF is a life-threatening, inherited disease that affects several organs [6,7]. Mutation in Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) gene in CF patients disrupts the bicarbonate and chloride conducting channel, which regulates water and ion transportation, along with hydration maintenance of epithelial cells. Since mucin unfolding and defense against bacteria in airways is dependent on this bicarbonate secretion, viscid mucus, and respiratory infections are the clinical symptoms of patients with CF, and they can lead to chronic bronchial diseases [5,6,32]. Therefore, from early childhood, the lower airways of these patients are a suitable environment for opportunistic pathogens [9,33] such as *P. aeruginosa, Staphylococcus aureus, Hemophilus influenzae, Stenotrophomonas maltophilia, Achromobacter xylosoxidans,* and *Burkholderia species* (Table-1) [23,33,34]. *P. aeruginosa,* an adaptive pathogen that can survive and cause chronic respiratory infections, is responsible for lung function failures and mortality in people suffering from CF [8, 35]. Switching to a biofilm mode of growth which is one of the various mechanisms implicated in resistance to multiple antimicrobial agents make the infection caused by this pathogen extremely hard to eradicate [6,36]. Therefore, airway infections, especially at early

Table 1

Microbiology of respiratory tract infections in CF patients.

Country	Year	Study population	Mean age (Year)	Method of detection	Microbiology	Ref.	
United States	2020	31,411	23.3	Culture from throat swap	Pseudomonas aeruginosa (32.0 %) Burkholderia cepacia (1.6 %) Staphylococcus aureus (63.35 %) Methicillin-sensitive Staphylococcus aureus (48.9 %) Methicillin-resistant Staphylococcus aureus (19.6 %) Stenotrophomonas maltophilia (6.3 %) Mycobacterial species (10.0 %)	[39]	
Australia	2020	3538	22.6	Culture/bronchoalveolar lavage (BAL)	P. aeruginosa (47.8 %) S. aureus (51.5 %) Aspergillus spp (22.9 %) NTM (5.9 %)	[40]	
Canada	2020	4332		Culture/sputum	S. aureus (49 %) P. aeruginosa (32 %) A. fumigatus (13 %) S. maltophilia (11 %) H. influenza (7 %) MRSA (5 %) Achromobacter species (5 %) B. cepacia complex (3 %) Atypical mycobacteria (5 %)	[41]	
European Cystic Fibrosis Society (ECFS)	2020	52,246	21.8	Culture/sputum	P. aeruginosa (23.3 %) B. cepacia (2.3 %) H. influenzae (9.8 %) S. aureus (31.7 %) MRSA (4.4 %) NTM (2.1 %) S. maltophilia (7.0 %) Achromobacter Spp. (4.4 %)	[42]	
South Africa	2018	449	18.0	Culture/sputum, cough swabs, BAL	P. aeruginosa (26 %) B. cepacia (3 %) H. influenza (1 %) MRSA (3 %) Aspergillus (6 %)	[43]	

MRSA: Methicillin-resistant Staphylococcus aureus, MSSA: Methicillin-susceptible Staphylococcus aureus, NTM: Nontuberculous Mycobacteria.

ages of CF patients, are life-threatening, and understanding the underlying mechanism participating in host-pathogen interaction is helpful in decreasing treatment burden, increase the quality of life, and to impede lung disease progression [37,38].

2.1. Gastro-esophageal reflux (GER), the primary source of bile presence in CF lung

The outflow of stomach contents into the esophageal tract is the cause of GER and is common in adolescents and adult CF patients [44–46]. Frequent coughing, delay in stomach evacuation, ketogenic diet, and hyperalimentation are several GER prompting factors [47]. CF patients with GER show lower FEV1 (forced expiratory volume in 1 s) than patients without GER [47]. This condition is followed by pulmonary aspiration, a surge of respiratory diseases, infection, and reduced lung function. Moreover, as a significant co-morbidity in CF patients, both acid and non-acid components of GER can aggravate chronic bronchopulmonary diseases [27,47]. Respiratory failure and acute lung disease result from GER in CF patients and mostly require a lung transplant [48,49] which can lead to more complications [27]. This retrogradation from the gastric to the esophagus happens several times per day in patients and could be a primary source of bile aspiration in the lungs of patients [25–29,50]. Bile combines cholesterol, fatty acids, pepsin, bile acids, and salts [50]. As an amphipathic steroid molecule, it is a remarkable host factor derived from cholesterol in the liver. Bile plays a crucial role in digestion, vitamin absorption, bacteriostasis, and the solubilization of cholesterol [51]. By activating receptors, for instance, the nuclear receptor and Farnesoid X Receptor (FXR), bile acts as a signaling molecule [26,52]. The *Nr1h4* gene encodes bile acid receptor FXR, which can be a potential therapeutic target for some respiratory diseases [53].

Bile aspiration caused by GER has a direct effect on lung microbiota (Figure-1) [54,55] as well as host response in CF patients. Moreover, poor respiratory outcomes are related to bile aggregation [56]. Bile presence in the lung environment of CF patients is associated with induced colonization and forms a microbial community [57]. Through reducing innate immunity and pulmonary surfactants [58], the accumulation of bile can cause airway inflammation and lung damage [26,57,59–65]. Damage to bronchial epithelial cells can be forced by the toxic acidity of gastric fluids and the activity of digestive enzymes like pepsin and bile salts [66]. Bile influences biofilm formation, virulence, pathogenesis, and antibiotic tolerance of respiratory pathogens such as *Enterococcus faecium, S. aureus, Klebsiella pneumoniae, Acinetobacter baumannii, Enterobacter,* and *P. aeruginosa* as the dominant pathogen in the respiratory tract of CF patients [7,26]. Notably, the early acquisition of lung pathogens is associated with the presence of bile [67]. Besides, bile acids serve as inflammatory molecules on lung cells, and bile aspiration could lead to chronic lung damage [68]. Therefore, more exploration is required to provide insights into how bile aspiration triggers airway inflammation and persistent infections.

3. Pseudomonas aeruginosa role in CF lung

P. aeruginosa can survive diverse conditions and live in various environments [69–73]. With the ability of adhesion and colonization, this pathogen can switch to the biofilm form of growth. Also, by producing various virulence factors, this pathogen can cause significant tissue damage. Therefore, *P. aeruginosa* can successfully evade innate and acquired immune defense and cause acute or chronic infection in immunocompromised patients, such as people with CF (29,30). Consequently, better control of *P. aeruginosa* infections can increase the life expectancy of CF individuals [74]. Infections caused by Multidrug resistance (MDR) *P. aeruginosa* are tremendously challenging to eliminate due to its rapid mutations and adaptation to gain antibiotic tolerance [30,75]. Several studies in previous decades cleared that *P. aeruginosa* is becoming more and more resistant to all effective antibiotics (such as carbapenem, quinolones, third-generation cephalosporins, etc.) (Table 2) [76–79]. Excellent recent reviews on antibiotic resistance and effective



Figure-1. Schematic photo of Gastro-esophagus reflux as the primary source of bile presence in lungs. Bile aspiration caused by GER has a direct impact on the respiratory pathogen Pseudomonas aeruginosa. The presence of bile is associated with increased antibiotic resistance, biofilm formation, and virulence regulation to cause a chronic infection.

antibiotics against Pseudomonas infections have been gathered [80–85]. Despite all the efforts, the driving mechanisms that alter the lung environment landscape during the patient's lifetime that prime a chronic infection established by P. aeruginosa within the airway tract is not entirely understood. Therefore, besides the importance of more explorations, preventing P. aeruginosa infection, especially in at an early age, is necessary to avoid the reoccurrence of infection and increase life expectancy [86].

4. Quorum sensing in P. aeruginosa

The ability to communicate and interact with the host and respond to surrounding tensions is possible through OS. This communication mechanism plays an essential role in regulating behaviors for the adaptation and survival of the whole population [91, 92]. Therefore, QS is a pivotal role in colonization, biofilm formation, and virulence factor secretion [93-95]. QS in P. aeruginosa consists of four known hierarchically organized systems, Las, Rhl, Pqs, and Iqs (Fig. 2) [96-98]. Each of these systems contains a synthase to produce a signaling molecule known as AI and a receptor which is a transcriptional regulator. After releasing the AI in a cell density-dependent manner and reaching a critical threshold concentration, they are recognized by their cognate receptors [17,19]. Consequently, after pairing with their specific AI, these receptors can regulate the expression of multiple genes, such as those involved in responding to environmental pressures and creating a successful infection [99,100]. Las, the first system in the QS network, consists of the LasI, encoded by the lasI gene, which is the responsible synthase for producing -(3-oxo-dodecanoyl)- L-homoserine lactone (3OC12-HSL), as an autoinducer. LasR is the cognate receptor for 3OC12-HSL and is a transcriptional regulator for the Las system in P. aeruginosa [101]. At the top of the QS hierarchy network, the Las system can affect host response during infection [102]. Rhl, the second system of the QS network, consists of a transcriptional regulator, RhlR encoded by rhlABR (rhamnolipid synthase gene cluster) [94]. The cognate signaling molecule for this receptor is N-butanoyl-L-homoserine lactone (C4-HSL), produced by the product of the rhll gene, known as rhlI [103]. The LasR- 3OC12-HSL complex can trigger the transcription of lasI, rhlI, and rhlR [30,94]. Even though the Las system is considered an apex of the QS mechanism, in CF P. aeruginosa mutants with a deactivated LasR, RhIR can still be activated [104]. Rsal expression (Transcriptional repressor of lasl) is induced by lasR in a complex with 3OC12-HSL [99,105]. Therefore, lasR can perform autoregulation and influence Rhl and Pqs systems. 2-heptyl-4(1H)-quinolone (HHQ) and 2-heptyl-3-hydroxy-4(1H)-quinolone (known as Pseudomonas Quinolone Signal or PQS) are AI in the Pqs system. Unlike the previously discussed systems (Las and Rhl), signaling molecules of the third QS pathway in P. aeruginosa are dependent on 2-alkyl-4 quinolones and not homoserine lactone molecules. pqsABCD is responsible for HHQ biosynthesis, and pqsH is responsible for converting HHQ to PQS. PqsR (P. aeruginosa QS regulator) or MvfR (Multiple virulence factor Regulator) is the receptor of this system in P. aeruginosa, which can recognize and pair with both POS and HHO. Therefore, the complex of receptor/AI can regulate the expression of pasABCDE and phnAB. pqsE, the final gene in the PQS biosynthesis operon, is required for the pathogenesis of P. aeruginosa, and by triggering pqsA-E transcription, PqsR (MvfR) can perform autoregulation. Produced PQS in the lungs of CF patients can decrease viability and induce apoptosis in the host cells. Also, PQS is vital for Las and Rhl interaction. PQS can promote C4-HSL production along with the expression of *rhlI*. Additionally, lasR can increase the *pgsR* transcription, while rhlR has a negative influence on this matter [106–111]. PgsR repression, along with *rhll* expression, can be triggered by RhlR in complex with C4-HSL [112]. Integrated OS system (IOS), the fourth

Table 2

Effective mechanism of common antibiotics in the treatment of Pseudomonas infection and mechanism of resistance.

Antibiotic class	Mechanism of action	Mechanism of resistance	Ref.
Aminoglycosides	Inhibition of protein synthesis (through binding to 16srRNA within the 30S ribosomal subunit)	 Aminoglycoside modifying enzymes (AMEs) Methylation of 16srRNA Restriction of penetration through binding to the components in the biofilm matrix (eDNA and exopolysaccharides) Low O2 concentration and metabolism Efflux pumps 	[80,82, 87]
Beta-lactams	Inhibition of cell wall peptidoglycan synthesis	 Beta-lactamase present in biofilm matrix (breaking the amide bond of the b-lactam ring) Low O2 concentration and metabolism Efflux pumps Porin downregulation 	[80,82, 87]
Polymyxin	cell lysis and death through binding to outer membrane lipopolysaccharide (LPS)	 Outer membrane impermeability and modification (Lipid A modification) Low O2 concentration and metabolism Efflux pumps (MexAB-OprM and MexCD-OprJ) Restriction of penetration through binding to the components in the biofilm matrix (eDNA and exonolysaccharides) 	[87,88, 89,90]
Fluoroquinolones	DNA synthesis blocking (binding to topoisomerases II and IV)	 Low O2 concentration and metabolism Overexpression of efflux pumps (MexAB-OprM, MexCD-OprJ, and MexEF-OprN) Chromosomal mutation (In DNA gyrase or topoisomerase encoding genes) 	[80,82, 87]
Cephalosporins	Inhibition of cell wall synthesis	 Hyper-production of AmpC beta-lactamaseOverexpression of efflux pumps Beta-lactamase production Decrease in porin channel expression 	[80,82]



Figure-2. *Pseudomonas aeruginosa* Quorum sensing network. QS in *P. aeruginosa* is consist of four systems Las, Rhl, Pqs, and, Iqs. LasI is the synthase for the first system, and it is responsible for 3-oxo-C12 HSL production. This signaling molecule can be recognized by LasR once it's secreted outside and reaches the critical concentration. The complex of LasR and 3-oxo-C12 HSL can influence the Rhl, PQS, and IQS systems. Similarly, C4-HSL is produced by RhlI and, in complex with RhlR can inhibit the PQS system. pqsABCD is responsible for PQS production, which can bind to PqsR. The complex of PqsR- PQS can affect the Rhl system. The fourth system of this network consists of IQS which can be sensed by IqsR. The Complex of IqsR-IQS can regulate the Rhl and Pqs system, specifically in phosphate limitation during stress conditions.

and more recently discovered pathway of the QS network in *P. aeruginosa*, uses 2- (2-hydroxyphenyl)-thiazole-4- carbaldehyde as a signaling molecule with an unknown receptor. Production of this signaling molecule is under the influence of the Las system. IQS is responsible for responding to environmental stress, and it can partially take over the Las system's central functions under phosphate-limited conditions or in LasI/LasR mutants. Therefore, it can increase Pqs and Rhl system expression [56,108]. QS is required for virulence in *P. aeruginosa*, which can create fatal infections in individuals with pulmonary disorders. Investigating the role of each communication system of QS could lead to the representation of an attractive alternative to combat *P. aeruginosa* infections.

5. pathogenesis of P. aeruginosa in CF

The opportunistic *P. aeruginosa* can create persistent and life-threatening infections in the airway system of CF patients [113]. Pathogenicity and causing an effective infection in *P. aeruginosa* are led by the secretion of various virulence factors [114–116]. Through promoting bacterial growth and colonization, virulence factors can adapt to adverse environments, causing damage to the host and escaping the immunity mechanisms [117], especially in the airway tract of CF patients. In an inseparable order, four systems of the QS mechanism (Las, Rhl, Pqs, and Iqs) can control several essential virulence factors [105,118], such as the efflux pump expression, swarming motility [30], as well as production of phenazine (PZ), quinolone oxidase (QQ), and toxins in the opportunistic *P. aeruginosa* [103]. Secretion of these extracellular virulence factors under QS regulation is essential for forming a chronic infection and causing disease [119,120]. Moreover, biofilm formation strongly interacts with QS in this pathogen [91]. As one of the most significant antibiotic resistance factors, the expression of efflux pumps such as MexAB-OprM, MexCD-OprJ, MexEF-OprN, and MexXY-oprM with the ability to export antimicrobial agents can increase resistance to antibiotics [103]. In the following sections, we will provide a detailed discussion of critical virulence factors that elicit the pathogenesis of *P. aeruginosa* in CF patients.

5.1. virulence factors involved in biofilm formation

QS in *P. aeruginosa* can regulate the sufficient colony size to be undetected by the host immune system or promote biofilm formation to protect the pathogen from host response by secreting the extracellular matrix once they reach the large size [121]. Microorganisms can live and interact with each other and the environment in complex communities known as biofilms [122–125]. In this bacterial society, microorganisms are embedded in self-secreted extracellular polymeric substances (EPSs), mainly polysaccharides, proteins, lipids, and extracellular DNA (eDNA). This matrix varies in chemical (presence of uronic acid or ketal-linked) and physical properties (pH and hydrophobicity), but it is primarily composed of polysaccharides [126]. Biofilm plays a pivotal role in antimicrobial resistance [103,127] and the protection of bacteria, from chemical and environmental stresses, including phagocytose [94,128,129]. These antibiotic-resistant communities of *P. aeruginosa* are almost impossible to eradicate and can lead to a fatal decline in the lung function of CF patients [27,129]. QS can promote biofilm formation by regulating the production of essential extracellular factors such as pyoverdine, pyocyanin, exopolysaccharides (such as alginate, Psl, and Pel), lectins, along with rhamnolipid, which is critical for biofilm development and scaping phagocytose [91,130–132]. The extracellular matrix also contains necessary enzymes such as

β-lactamase and carbapenemases to inactivate antibiotics such as penicillin, imipenem, and ceftazidime [103,133]. eDNA (10 bp- 30 kb), produced by lysis of bacterial subpopulation under QS control, is another essential component of this extracellular matrix [134]. Besides acting as an energy source, eDNA can participate in biofilm development and stability [135]. Furthermore, horizontal gene transfer and antibiotic resistance are two of the essential roles of this component in biofilm [133,136]. Therefore, biofilm provides an ideal environment for the conjugation and spreading of virulence and antibiotic-resistance genes [126,136]. Biofilm adhesion can increase LasR expression and, thus activate other QS systems [103]. Acyl homoserine lactone (AHL) and Pseudomonas quinolone signaling (PQS) are critical in eDNA generation. Alginate, another vital biofilm component of P. aeruginosa, participates in developing persistent bronchopulmonary infections by increasing the adhesion to solid surfaces [137]. Additionally, alginate and eDNA present in the extracellular matrix can cause protection against phagocytose and bind to aminoglycoside antibiotics. Therefore, they can participate in developing a resistance to the aminoglycoside-class of antibiotics in lung mucosa of CF patients by inhibiting the penetration of antibiotics such as tobramycin within the biofilm, and they are engaged in creating a chronic pseudomonal infection [6, 133]. From multiple proteins present in the biofilm matrix, we can count amyloid fibers, CdrA adhesins, Cup fimbria, LecAB lectins, along with the secondary messenger cyclic diguanosine-5'-monophosphate (c-di-GMP) as a critical regulator of the biofilm lifecycle of the P. aeruginosa [87]. Pili and flagellum are virulence factors associated with biofilm formation, adhesion, swimming, and swarming motility. Lipopolysaccharide (LPS) as a significant surface structural component, along with outer membrane proteins (OMPs), and secretion systems which are functional at colonization, are other virulence factors related to biofilm formation and antibiotic resistance [30,81]. Also, the biofilm matrix in *P. aeruginosa* offers extra protection against the host immune response and antibiotic treatment for the bacteria in the lung [69]. 65–80 % of human infections are caused by biofilm-forming bacteria [133,138,139]. Due to difficult eradication, these antimicrobial-resistant communities of *P. aeruginosa* can cause a fatal decline in CF lung function [27,94]. Despite expanding knowledge regarding P. aeruginosa biofilm, developing new alternative therapeutic approaches in clinical practice is required, for instance, nanoparticles, quorum sensing inhibitors (QSI), anti-biofilm compounds, and CRISPR gene editing [140].

5.2. Psedumonas secretion systems

P. aeruginosa possesses five types of secretion systems under the regulation of QS [141, 142]. Type 1 secretion system (T1SS) is responsible for the secretion of alkaline protease AprA and haemophore HasAp, which are essential for adherence, colonization, and proliferation of P. aeruginosa [30]. The expression of T1SS is regulated due to QS-depended patterns [108]. After pairing with 30C12-HSL, the virulence gene regulator, lasR, can regulate the expression of hemolysins, proteases, and alkaline [94]. The most important virulence factors secreted by the Type 2 secretion system (T2SS) are LasA, LasB, pyocyanin, ToxA, phospholipase C, PrpL protease, lipase A (LipA), and Lipase B (LipB) [30]. QS regulates the production of two vital elastases, LasA and LasB, as lytic enzymes, which can modify other virulence factors [30] and cause damage to the host cells [141]. LasR also has a pivotal role in lasB expression, along with T2SS regulation, through increasing the secretion of elastases LasA, LasB, and exotoxin A (ExoA) [94,108,143]. In LasR mutants, the third intercellular communication signal (Pqs) takes part in the expression of lasB [94]. The Pqs system regulates pyocyanin, rhamnolipid, elastase, and lectin production [144,145]. On the other hand, a transcriptional repressor of lasI (Rsal) can inhibit pyocyanin and cyanide production [99]. RhlR interacts with C4-HSL; consequently, this transcriptional regulator can control the expression of rhamnolipids, elastase, pyocyanin, and cyanides, such as hydrogen cyanide (HCN) [146]. Type 3 secretion system (T3SS) is crucial in injecting toxic effectors, such as ExoS, ExoY, ExoT, and ExoU, directly into the host cytoplasm [30,141]. T3SS is also involved in the translocation of flagellar proteins and PilA. Destroying cell membranes by phospholipase activity allows ExoU to trigger cell death in phagocytes and epithelium. Therefore, by secreting ExoU, T3SS plays a part in the disease severity, acute lung injuries, and mortality. Through activating protein kinases in the host cell, ExoY can have multiple consequences, such as cell necrosis and lung injury [141]. ExoS gives P. aeruginosa the capability of avoiding phagocytosis, and ExoT can inhibit repairs on lung epithelial [30]. Additionally, T3SS can be negatively regulates by QS and, precisely, the RhL system. Therefore, QS can affect ExoS secretion in this pathogen [108]. P. aeruginosa does not contain the type 4 secretion system [142]. By secreting EstA esterase, the Type 5 secretion system (T5SS) plays a part in biofilm formation, cell motility, and rhamnolipid production [30]. Type 6 secretion system (T6SS) is the most common secretion system in Gram-negative bacteria. Like T3SS, T6SS activity is based on the direct injection of exoproteins into the host cytoplasm [142]. T6SS is responsible for releasing Tse1 (amidase), Tse2, and Tse3 (muramidase) to destroy host microbial flora and defeat other organisms [30]. Secretion systems play a critical role in the survival of bacteria in diverse environments, while assisting the pathogen in colonizing and infecting their host. Inhibiting these secretion systems could be promising in treating severe and antibiotic resistance infections caused by one of the most potent nosocomial pathogens in immunosuppressed and CF patients [147].

5.3. Secondary metabolites

P. aeruginosa produces several toxic secondary metabolites to ensure a successful infection and cause damage to the host. Production of these secondary metabolites is controlled by of QS in *P. aeruginosa* [148]. Bronchial secretions of CF patients indicated an increase in the secretion of some vicious virulence factors, e.g., elastase, alkaline protease, ExoA, and toxic secondary metabolites (such as pyocyanin, rhamnolipids, and hydrogen cyanide), under control of QS [149]. Pyocyanin is a toxic secondary metabolite [150] and virulence factor with varied roles in the pathogenesis of *P. aeruginosa*, such as causing damage to the human host cells, inducing neutrophil apoptosis, and killing other competing bacteria [151–154]. Due to its small molecular weight, pyocyanin can diffuse through the host cell membrane and cause a redox reaction [139,155]. An increase in pyocyanin levels during lung infection demonstrates that pyocyanin can cause injuries and death of lung epithelial cells [156]. Hence pyocyanin is crucial for the full virulence of

Table- 3	
P. aeruginosa gene expression in exposure to	o bile.

7

Gene symbol	Function/presence	Regulation/Expression in	Technique	Bile/bile	Concentration	Strain	Ref.
		response to bile		salt			
mqoB	Glyoxylate shunt pathway	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
glcB	Glyoxylate shunt pathway	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
acnA	The early stage of the TCA cycle	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
idh	The early stage of the TCA cycle	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
PA0853-54	The late stages of the TCA cycle	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
aspA	The late stages of the TCA cycle	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
lpdV	glucose metabolism/glycolysis	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
gapA	Glucose metabolism/glycolysis	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
glk	Glucose metabolism/glycolysis	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
aceEF	Glucose metabolism/glycolysis	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
pfm	Proton motive force	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
pqsA	Biofilm formation and virulence	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
pqsA-E	QS/biofilm formation and virulence	Increase	Promoter fusion and thin-layer chromatography	Bile	0.30 %	PA14, PAO1 and clinical isolates CF242	[27]
rhlI	Acyl-homoserine-lactone synthase	Increase	Promoter fusion and thin-layer	Bile	0.30 %	PA14, PAO1 and clinical	[27]
lasI	Acyl-homoserine-lactone synthase	Increase	Promoter fusion and thin-layer	Bile	0.30 %	PA14, PAO1 and clinical	[27]
1	Dis Class for some distingtion of a similar some	T		D!1-	0.00.0/	Isolates CF242	5503
psi	biomin formation and virulence	Increase	Congo red binding assay	Dile	0.30 %	PAOI	[50]
psrA	The second state of the second state of the late of the first state of the second stat	Increase	Real-time PCR	впе	0.30 %	PAOI	[50]
	Transcriptional regulator associated with bionim formation	T		D:1-	0.00.0/	DA O1	1501
ррук	and exopolysaccharide production	Increase	Real-time PCR	впе	0.30 %	PAOI	[50]
ohrR	Transcriptional regulator associated with oxidative stress response	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
mexR	Transcriptional regulator associated with secretion and antibiotic tolerance	Increase	Real-time PCR	Bile	0.30 %	PAO1	[50]
T3SS	Type III secretion systems (associated with acute infection)	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
T3SS effector	Promoter activity of the T3SS effector exoU	8.9- fold decrease	Beal-time PCB	Bile	0.30 %	PA14, PAO1 and clinical	[27]
exoU		-				isolates CF242	
1655	Type vI secretion systems	Decrease	Real-time PCR	Bile	0.30 %	isolates CF242	[27]
hcnABC	Hydrogen cyanide	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
amiR	Amidase	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
phzA-E	Phenazine	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
gnyR	Transcriptional regulator associated with isoprenoid degrading	Decrease	Real-time PCR	Bile	0.30 %	UCBPP-PA14, PA14_38430	[50]
sfa2	Transcriptional regulator associated with T6SS HSI-II	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
marAB OprM	Efflux pump (Antibiotic tolerance	Increase	Real time BCP	Bilo	0.30.%	PAO1	[50]
Sia4_D	Transition to a sessile lifestyle through cyclic di CMD	Unregulated	Real-time DCR	Bile	0.30 %	PAO1	[50]
Sidn-D	synthesis	opregulateu	iten-ullic FGN	DIIC	0.30 70	17101	[30]
phzS	PYO biosynthetic genes	Increase	aRT-PCR	Bile	0.30 %	PA14	[31]
phzH	PYO biosynthetic genes	No significant response	aRT-PCR	Bile	0.30 %	PA14	[31]
phzM	PYO biosynthetic genes	No significant response	gRT-PCR	Bile	0.30 %	PA14	[31]
gdbR	Transcriptional regulator associated with choline	Decrease	Real-time PCR	Bile	0.30 %	PAO1	[50]
0	r						

P. aeruginosa and can directly affect gene expression in epithelial cells [157]. With free radical and pro-inflammatory effects, pyocyanin can lead to failures of lung function and the severity of diseases. Also, it can promote colonization in the respiratory tract by increasing mucous secretion, epithelial disruption, and decreasing ciliary beating [141]. This blue, redox-active phenazine can induce auto-poisoning cell death. Therefore, as the most important virulence factor of *P. aeruginosa* [158], it can take part in eDNA release, which is essential for the formation and maturation of biofilm along with antibiotic resistance [10]. Pyocyanin is also increase biofilm formation through second messenger c-di-GMP signaling [31,117]. Along with antibacterial, anticancer, and antioxidant activities, pyocyanin can defeat competing fungi and protozoa in the environment [159]. Production of secondary metabolites such as rhamnolipids and pyocyanin is influenced byRhlR in the dependent, and independent manner of its cognate AI [160,161]. Therefore, an active RhlR is advantageous for *P. aeruginosa* [104]. Microbial physiology, metabolism and stress responses are profoundly affected by the secretion of secondary metabolites. These small molecules are not only associated with virulence but also can modulate microbial susceptibility to commonly used antibiotics [162].

5.4. Flagellum and swarming

P. aeruginosa has a single polar flagellum responsible for swimming motility and initial binding to the airway epithelium of CF patients through chemotaxis [10,141,163]. Flagella consists of more than 20 different proteins, and it can participate in adhesion and invasion by promoting motility toward the host cells and adhering to them. Biofilm attachment to the biotic (such as mucus, intestine, connective tissue, epithelium, endothelium, cardiac valves, bone marrow, and the skin) and the abiotic surfaces (such as prostheses, stents, implants, and catheters) occurs through the presence of cell appendages such as flagella, pili, and fimbriae [131,133,164]. Therefore, this virulence factor has a significant role in colonization in the lung environment of CF patients [163].

6. antimicrobial resistance in P. aeruginosa and its impact on treatment in CF patients

The expanding edge of antibiotic resistance, as one of the detrimental souvenirs of this millennium, has encountered us with hazards. The extensive use and misuse of antimicrobial agents result in the rapid resistance development to all antibiotics commonly used in the treatment of *P. aeruginosa* infection [165–170]. The high level of resistance to the wide range of antibiotics is due to the multiple mechanisms such as the outer membrane's limited uptake, efflux pump expression, horizontal transfer of antibiotic resistance gene, the activity of drug-degrading enzymes, and production of modification enzymes (Table-2) [88,89,171,172]. Nevertheless, resistance in *P. aeruginosa*, as one of the main targets for developing novel antimicrobials and alternative therapeutics [138,167,168], is mainly indebted to the efflux system, which was a part of its genome even before the introduction of antibiotics [173]. The basal level of efflux pump expression contributes to intrinsic antimicrobial resistance, while acquired resistance is due to the overexpression



Figure-3. Quorum sensing gene expression and virulence regulation of *Pseudomonas aeruginosa* in exposure to bile. Bile can affect the quorum sensing network by increasing the expression of *lasI*, *rhlI*, and *pqsA-E*. Bile can regulate the expression of various virulence factors in *P. aeruginosa*. An increase in *psl* expression and pyocyanin production can influence biofilm formation. Downregulation of Type Three Secretion (T3SS), hydrogen cyanide (*hcnABC*), amidase (*amiR*), and phenazine (*phzA-E*), along with increasing the Type Six Secretion System (T6SS), Exotoxin U, and efflux pump expression are all results of bile exposure.

of these pumps due to mutation [171,175]. Moreover, efflux pump expression can be promoted by several factors, such as host compounds, QS signals, and microbial metabolites [176]. This resistance to the wide variety of antimicrobial agents is attributable to the exporting activity of 5 out of at least 12 efflux pumps [177], including MexAB-OprM, MexCD-OprJ, MexEF-OprN, MexJK-OprM, and MexXY-oprM [103,116]. As one of the most critical efflux pump systems, MexAB-OprM consists of an inner membrane protein, MexB, which is responsible for binding to the antibiotics and initiating the transporting process; MexA, a periplasmic protein, anchored to the inner membrane, which is vital for pump assembly; and finally an outer membrane channel, crucial for antibiotic extrusion, known as OprM [177]. This efflux pump is involved in the secretion of homoserine lactone molecules of the QS mechanism, including C4-HSL [178,179]. Also, the production level of this pump is four times higher when *P. aeruginosa* is engaged within the biofilm [179, 180]. However, the essential role of MexAB-OprM is the contribution to antibiotic resistance. MexAB-OprM provides resistance to β -lactam antibiotics, quinolones, fluoroquinolones, macrolides, novobiocin, chloramphenicol, lincomycin, tetracyclines, trimethoprim and sulphonamides in *P. aeruginosa* [171,176,181–184]. Multidrug resistance in clinical isolates can derive from an increased expression level of MexAB-OprM [185]; for instance, overexpression of this pump is essential for carbapenem resistance in *P. aeruginosa* [176,181,176,181,176]. Of note, a more comprehensive review of the effect of efflux pumps on antibiotic resistance was published by Scoffone and colleagues in 2021 [188]. Concisely, the rapid evolution toward antibiotic resistance promotes the complication of treatment in *P. aeruginosa* infections.

7. 9- Bile affects quorum sensing gene expression and virulence factor production

Aspirated bile has a direct impact on the QS mechanism of *P. aeruginosa* in the airways of CF patients. Therefore, this host factor can indirectly regulate the expression of multiple genes, such as those involved in creating a dreadful infection (Table 3 and Fig. 3).

7.1. Bile effect on QS

GER-derived bile can activate the QS signaling network, and to promote the formation of a persistent infection, bile can upregulate *lasI* expression and increase *pqsA-E* and the *rhlI* promoter activity [27]. A 1.3-fold increase in promoter activity of *rhlI*, *lasI*, and *pqsA* has been reported in exposure to 0.03 % compared to a 2-fold increase in the presence of 0.3 % bile. This enhancement in QS signaling molecules is dependent on the concentration of bile [27]. Induction of QS signaling molecules (PQS and HSLs) by overexpression of *pqsA-E*, *lasI*, and *rhl* in response to bile has a direct impact on the lung microbiome community [26,50]. In addition, bile-induced PQS and HHQ in *P. aeruginosa* can defeat the biofilm formation of co-colonizing bacteria and fungi such as *Aspergillus fumigatus* and *Candida albicans* [26]. Therefore, bile aspiration in the lung of CF patients can modulate the mechanism of QS in *P. aeruginosa*.

7.2. Bile effect virulence factor secretion

The association of aspirated bile with a decline in CF lung function led to the investigation of virulence factor production in response to GER-derived bile. Several studies have revealed that the interplay between bile and the QS network can manipulate virulence factor secretion in the respiratory pathogen *P. aeruginosa*. Therefore, it can cause a successful infection, damage the host [26], and lead to respiratory diseases [189]. Aspirated bile represses the expression of acute infection-associated genes but induces the expression of those responsible for creating a persistent one [31]. Bronchial secretions of CF patients showed an increase in the secretion of some vicious virulence factors, such as elastase, alkaline protease, exotoxin A, pyocyanin, rhamnolipids, and hydrogen cyanide, under the control of QS [149]. Therefore, GER-derived bile can promote chronic infection by altering the production of virulence factors that underpin chronic inflammation and eventual lung decline.

7.3. Bile effect on biofilm formation

The presence of bile in the respiratory tract of CF patients can contribute to chronic respiratory diseases by increasing the biofilm formation of P. aeruginosa as the primary pathogen present in the airways of CF patients. A study by Reen et al. showed a significant increase in biofilm formation of P. aeruginosa in response to exogenous bile, which can be associated with the flagellum loss and increase in the surface attachment of this pathogen. This study also showed an increase in the formation of microcolonies in artificial sputum media (ASM). An increase in biofilm formation in response to 0.3 % bile compared to 0.03 % suggests that this biofilm formation in exposure to bile is dose-dependent [27]. Also, by increasing psl, LasI, pqsA expression, and pyocyanin production, bile can promote biofilm formation [31,50]. Therefore, a study by Al-Momani et al. showed switching to the biofilm mode of growth in exposure to a concentration of 0.1-1 mmol/ml bile can be dependent on PQS production [190]. Remarkably another study by Behroozian et al. on CF-derived bronchial epithelial cells with 0.03 % and 3 % (w/v) bovine bile (for 10 min) supported this hypothesis that bovine bile can promote chemoattraction, colonization, and pathogenesis in P. aeruginosa PAO1 strain [7]. Noteworthy, non-salt components of bile, such as cholesterol, pepsin, and fatty acids, cannot induce a meaningful increase in phenotypes related to a chronic lifestyle. In contrast, the physiological concentration (50 µM) of bile salts promotes biofilm formation. Additionally, compared to the mixture of bile salts, only sodium chenodeoxycholate (CDCA) as a single bile salt can facilitate a meaningful response in respiratory pathogens and promote biofilm formation in P. aeruginosa. GER-derived bile as a host factor aspirated in the airway system of CF patients can contribute to chronic infection by influencing chronic phenotypes such as biofilm formation [50,62]. The data mentioned above indicate bile as a trigger factor for the development of chronic phenotypes which are fundamental in the pathophysiology of chronic respiratory disease.

7.4. Bile effect on motility

Subinhibitory concentrations of bile (0.03-0.3 % (w/v) for 30 min) can inhibit flagella production and, therefore, it is followed by reduced swarming motility in *P. aeruginosa* strains such as PA14 and PAO1. Also, a decrease in swarm distance in the presence of bile is correlated with biofilm formation [27]. Despite the direct effect of bile on QS and biofilm formation, this critical host factor can indirectly pursue biofilm formation through reducing the ability of a pathogen to perform swarming motility. Altogether, this data suggests bile aspiration as an indicator of a persistent infection in the lung of CF individuals.

7.5. Bile effect on the secretion system

To cope with the environment and create an infection, pathogens are relied on secreting a broad range of toxins and hydrolytic enzymes. Bile can influence this secretion system with the aim of creating a persistent infection. GER-derived bile can promote a 3-fold increase in the activity of T6SS promoter tssA but a decrease in T3SS and amidase in *P. aeruginosa* PAO1 strain [50]. 0.3 % bile can promote T6SS but repress T3SS secretion in *P. aeruginosa* strains PAO1 and PA14. Therefore, bile influence on the secretion system is less dose-dependent than biofilm formation or signaling molecule production. Consequently, this key host factor can play a part in the pathogenesis of *P. aeruginosa* [27].

7.6. Bile effect on secondary metabolites (pyocyanin and hydrogen cyanide)

Pyocyanin production is under the influence of bile, and a significant increase in the level of pyocyanin in response to this host factor has been reported by Reen et al. [31]. This study showed a considerable rise in pyocyanin production at several sub-inhibitory concentrations of bovine bile in the PA14 strain. The rise in the level of this toxic secondary metabolite happened at 24 h of incubation. Still, a very noticeable increase occurred at 96 h of incubation in the presence of 3 % (w/v) bile (increase in pyocyanin concentrations from 7.59 µg/mL in the absence of bile to 8.82, 9.85, and 9.01 µg/mL in the presence of 0.03, 0.3, and 3 % (w/v) bile, respectively, after 24h compared to increase pyocyanin concentrations from 3.31 µg/mL in the absence of bile to 4.22, 6.27, and 14.13 µg/mL in the presence of 0.03, 0.3, and 3 % (w/v) bile, respectively, after 96h). Also, qRT-PCR analysis on three genes responsible for pyocyanin biosynthesis (*phzS, phzM*, and *phzH*) showed an increase in the expression of *phzS*, which is the final gene of the biosynthetic pathway of pyocyanin [31]. Therefore, bile significantly increases pyocyanin production in the lung environment of CF patients [31], along with repressing a few other secondary metabolites, such as hydrogen cyanide. This diffusible gas can interfere with the host's cellular respiration. Therefore, the cytotoxic effect of this secondary metabolite can lead to a decline in lung function by increasing colonization and hypoxia-induced cell death [149]. Bile exposure can repress the hydrogen cyanide encoding gene (*hcnABC*) in the *P. aeruginosa* PAO1 strain [50]. Virulence factors expression is crucial in the pathogenesis of *P. aeruginosa*, and alteration of their production under the influence of GER-derived bile is an acritical event in CF patients. Therefore, more investigation is required to provide a comprehensive understanding of the effect of bile on other virulence factors and the underlying mechanism of these effects.

7.7. Bile effect on antibiotic resistance (efflux pumps)

Bile can induce antibiotic resistance in several ways. We pointed out that bile can promote biofilm formation, which is correlated with a higher level of resistance through multiple ways, such as binding antibiotics to components of the biofilm matrix (alginate and eDNA), as well as a difference in the metabolism level of bacteria based on their position within the biofilm. Also, GER-derived bile can increase antibiotic resistance through efflux pump expression. An increase in the expression of efflux pumps such as MexAB-OprM, as the main efflux pump involved in antibiotic resistance [50], is associated with more antibiotic exportation, and so makes the eradication of infections caused by this pathogen almost impossible [133]. Additionally, bile is capable of promoting antibiotic resistance independent of MexAB-OprM. Bile can influence *P. aeruginosa* to increase tolerance to colistin, polymyxin B, and erythromycin, independent of this efflux pump [26,50]. Instead of clearing the infection, sub-lethal levels antibiotics can promote persistence in pathogens, whereas bile aspiration can accelerate antibiotic resistance progress [50]. Through increasing antibiotic tolerance, the bile aspiration can establish a chronic infection in the CF lung. Therefore, fueling the engine of resistance, bile aspiration has added to the necessity of introducing novel treatments in clinical settings. In the proceeding section, we will count several therapeutic alternatives which could be promising in treating chronic infections caused by *P. aeruginosa*.

8. non-traditional methods for treatment of P. aeruginosa infections

The inefficiency of conventional antibiotic treatments due to the rapid process of antimicrobial tolerance led to the introduction of alternative therapeutics, such as bacteriophage therapy, which can be an alternative to eradicate infections [191–193]. A study by Cafora et al. demonstrated that phage therapy can reduce lethality, bacterial burden, and the pro-inflammatory response caused by PAO1 infection in a CF zebrafish model [194]. Exposure to phage can modulate different phenotypes, such as virulence and biofilm. There is also a correlation between the QS signaling pathway and resistance to phage [195]. This bacterial communication network, is a crucial regulator of phage adsorption [196] and biofilm formation [197]. In addition, phages may can alter bacterial behavior by manipulating the QS pathway [198]. Aqs1 (anti-QS protein 1) encoded by *P. aeruginosa* phage DMS3, is a protein with inhibition activity on the LasR and thus, it can to disrupt the QS mechanism [199]. As well, QS and phages are associated with virulence and evolution of *P. aeruginosa*. For instance, Phage φ pa3 can transduce mutations in QS genes in the PAO1 strain [200]. On the other hand,

phages can elevate the reduction of *P. aeruginosa* infections by penetrating the biofilm and destroying its structure, along with facilitating the elimination of bacterial density [120]. Despite the advantages provided by biofilm formation including increased the antibiotic resistance, the increased susceptibility to phage infection and invasion by mobile genetic elements may be the trade-off. Therefore, biofilm formation may be beneficial in low phage loads, or when the threat is attenuated due to high bacterial defenses [197]. *P. aeruginosa* biofilm in the airways of CF individuals can be targeted by phages. Phages can replicate close to the infection site by infecting bacteria and disrupting the biofilm [201]. The curative effect against *P. aeruginosa* infections in CF can get elevated by a combination of phages and antibiotic treatment resulting in introducing a novel therapeutic approach with the ability to decrease antibiotic doses and administration time [194]. In addition, using a bacteriophage combination and a combination of phage-antibiotic can elevate the effectiveness of treatment in reducing and dispersing *P. aeruginosa* biofilm in the airway of CF patients [201].

9. Conclusion

The speedy progress of resistance to antimicrobial agents in *P. aeruginosa* is alarming; therefore, eradicating infection caused by this pathogen is faced with severe problems. GFR in CF patients, as the primary source of bile aspiration in the lungs, is adding to this complication by triggering QS and chronic lifestyle-associated phenotypes. Exposure to bile is associated with the early acquisition of *P. aeruginosa* in CF patients, and it can mediate chronic lung inflammation by increasing biofilm formation, virulence regulation, and antibiotic resistance. This will lead to tissue damage and decreased in lung function, while lung transplantation is tailed with more complications. Besides all the efforts made, there are still some shades of a comprehensive understanding of the exact mechanism of Pseudomonal infection response to environmental stress and host-associated factors such as bile.

Ethical approval

This article does not contain any studies with animals performed by any of the authors.

Data availability statement

No data was used for the research described in the article.

Additional information

No additional information is available for this paper.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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