

## Review article

## The emerging translational potential of GDF11 in chronic wound healing

Yuan Li<sup>a</sup>, Yucong Li<sup>a</sup>, Linlong Li<sup>a</sup>, Haixing Wang<sup>a</sup>, Bin Wang<sup>c</sup>, Lu Feng<sup>a</sup>, Sien Lin<sup>a,b,\*\*</sup>,  
Gang Li<sup>a,b,c,\*</sup>

<sup>a</sup> Department of Orthopaedics & Traumatology, Stem Cells and Regenerative Medicine Laboratory, Li Ka Shing Institute of Health Sciences, The Chinese University of Hong Kong, Prince of Wales Hospital, Shatin, Hong Kong, SAR, PR China

<sup>b</sup> Shenzhen Research Institute, The Chinese University of Hong Kong, Shenzhen, PR China

<sup>c</sup> Bioland Laboratory, Guangzhou Regenerative Medicine and Health Guangdong Laboratory, Guangzhou, PR China

## ARTICLE INFO

## Keywords:

Growth differentiation factor 11  
Skin wound healing  
Inflammation  
Cell proliferation  
Drug delivery

## ABSTRACT

Chronic skin wounds impose immense suffers and economic burdens. Current research mainly focuses on acute wound management which exhibits less effective in chronic wound healing. Growth differentiation factor 11 (GDF11) has profound effects on several important physiological processes related to chronic wound healing, such as inflammation, cell proliferation, migration, angiogenesis, and neurogenesis. This review summarizes recent advances in biology of chronic wounds and the potential role of GDF11 on wound healing with its regenerative effects, as well as the potential delivery methods of GDF11. The challenges and future perspectives of GDF11-based therapy for chronic wound care are also discussed.

**The Translational Potential of this Article:** This review summarized the significance of GDF11 in the modulation of inflammation, vascularization, cell proliferation, and remodeling, which are important physiological processes of chronic wound healing. The potential delivery methods of GDF11 in the management of chronic wound healing is also summarized. This review may provide potential therapeutic approaches based on GDF11 for chronic wound healing.

## 1. Introduction

The process of cutaneous skin healing includes four phases: hemostasis, inflammation, proliferation, and remodeling. There is a cascade of factors involved in wound healing along with local and systemic responses including oxygenation, inflammation, ischemia etc. [1]. Characters associate with chronic wounds include prolonged inflammation phase, antibiotic resistance and failure of skin cells responding to reparative signals [2]. Over the past decades, chronic wounds have imposed immense suffer and economic burden to both patients and health care system. There are burning needs to study and develop methods to promote chronic wound healing.

Skin wound care includes standard therapies such as disinfection and dressing changes, and advanced therapies such as negative pressure, biophysical stimulation, cell therapy, and biological dressings, with pros and cons on different aspects [3]. Among the biological factors, growth differentiation factor 11 (GDF11), also named as bone morphogenetic

protein 11 (BMP11), is an important member of transforming growth factor- $\beta$  (TGF- $\beta$ ) superfamily. GDF11 was firstly discovered in 1999, then many studies have reported its structure, signaling pathways and role in development and pathology [4]. It is known that GDF11 could modulate a series of physiological events including inflammation, cell proliferation, migration and vascularization that are closely related to wound healing process [5,6]. GDF-11 has been shown to promote wound healing in diabetic rat limb ischemia model [7]. The current review summarizes the recent advances in biology and current treatments of chronic wounds, with particular focus on the potential therapeutic role of GDF11 in chronic wound repair.

## 2. Skin wound healing physiology

## 2.1. Normal wound healing process

Wound healing following skin injuries includes four sequential and highly coordinated stages of hemostasis, inflammation, proliferation, and

*Abbreviations:* EPCs, endothelial progenitor cells.

\* Corresponding author. Room 74038, 5/F, Lui Che Woo Clinical Sciences Building, Prince of Wales Hospital, Shatin, NT, SAR, Hong Kong, PR China.

\*\* Corresponding author. Room 904, 9/F, Li Ka Shing Medical Sciences Building, Prince of Wales Hospital, 30-32 Ngan Shing Street, Shatin, NT, SAR, Hong Kong, PR China.

*E-mail addresses:* [sienlin@cuhk.edu.hk](mailto:sienlin@cuhk.edu.hk) (S. Lin), [gangli@cuhk.edu.hk](mailto:gangli@cuhk.edu.hk) (G. Li).

<https://doi.org/10.1016/j.jot.2022.03.005>

Received 30 November 2021; Received in revised form 3 March 2022; Accepted 12 March 2022

Available online 19 April 2022

2214-031X/© 2022 The Authors. Published by Elsevier (Singapore) Pte Ltd on behalf of Chinese Speaking Orthopaedic Society. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Abbreviation	
<b>GDF11</b>	growth differentiation factor 11
<b>BMP11</b>	bone morphogenetic protein 11
<b>TGF-<math>\beta</math></b>	transforming growth factor- $\beta$
<b>ECM</b>	extracellular matrix
<b>PDGF</b>	platelet-derived growth factor
<b>EGF</b>	epidermal growth factor
<b>FGF</b>	fibroblast growth factor
<b>MSCs</b>	mesenchymal stem cells
<b>GDF8</b>	growth differentiation factor 8
<b>PCSK5</b>	protein convertase subtilisin/kexin type 5
<b>ActRIIs</b>	activin type I receptors
<b>ActRIIs</b>	activin type II receptors
<b>ALK4/5/7</b>	activin receptor-like kinases 4/5/7
<b>R-Smads</b>	receptor-Smads
<b>MAPK</b>	mitogen-activated protein kinase
<b>GASP-1/2</b>	GDF-associated serum protein 1/2
<b>HDACs</b>	histone deacetylases
<b>TNF-<math>\alpha</math></b>	tumour necrosis factor- $\alpha$
<b>iNOS</b>	inducible nitric oxide synthase
<b>IL-6</b>	interleukin-6
<b>IL-1<math>\beta</math></b>	interleukin-1 $\beta$
<b>TLR2</b>	toll-like receptor 2
<b>NF-<math>\kappa</math>B</b>	nuclear factor- $\kappa$ B
<b>RA</b>	rheumatoid arthritis
<b>BMDMs</b>	bone marrow-derived macrophages
<b>rGDF11</b>	recombinant GDF11
<b>NSCs</b>	neural stem cells
<b>BM-EPCs</b>	bone marrow EPCs
<b>ICY</b>	intracerebral hemorrhage
<b>PLGA</b>	poly(lactic-co-glycolic) acid
<b>NHS</b>	N-hydroxysuccinimide
<b>EDC</b>	1-ethyl-3-(3-dimethylaminopropyl) carbodiimide
<b>MAP</b>	mussel-adhesion protein
<b>PDGF-BB</b>	platelet-derived growth factor BB

remodeling. The hemostasis phase is activated immediately upon injury to prevent blood loss through blood clotting and formation of fibrin matrices [2]. The degranulated platelets serve as the earliest promoter of inflammation and recruit immune cells, fibroblasts to the lesion by releasing chemoattractants and mitogens [8]. The recruited neutrophils and macrophages then coordinate for the hereafter healing process. Neutrophils create a favorable microenvironment to kill bacteria and remove cellular debris at the injury sites. Then large amounts of monocytes migrate from vasculature into the wound areas, differentiate into macrophages that orchestrate the healing process [9]. Macrophages that exert pro-inflammatory functions are defined as “M1 phenotype responsible for phagocytosis, cytokines production to initiate healing. The activated macrophages are referred as “M2 phenotype”, which stimulate epithelialization, angiogenic, cell proliferation and facilitate granulation tissue formation [10]. In the proliferation phase, keratinocytes proliferate and migrate towards the wound to form a new epithelial coverage. Other cells, such as fibroblasts and endothelial cells, also participate in synthesis of extracellular matrices (ECM) and vascular network formation in the wound [11]. Once wound has been re-epithelialized, remodeling occurs that ECM generally matures and undergoes certain changes to increase apoptosis of myofibroblasts and forming a collagen-rich region, hence the tensile strength, and function of new skin tissue [12].

## 2.2. Chronic wound pathophysiology

Chronic wound refers to the disrupted healing process and does not heal in a timely and orderly manner, despite the use of current wound management methods. Chronic wounds have imposed immense suffers and economic burden to patients and health care system. A study in U.S. reported that nearly 8.2 million patients suffered chronic wounds and related complications in 2014, with the estimated cost of US\$28.1 to US\$96.8 billion [13]. Many factors attribute to chronic wounds. Local factors such as infection, oxygenation, necrosis, circulation and systemic factors including overall health status, age, obesity, smoking [14] may determine the fate of wound healing.

Infection is a common factor leading to chronic wound. On the infected wound surfaces, biofilms were often found as aggregated bacterial or fungal colonies attached and embedded into ECM network which trigger extensive inflammation such as massive neutrophilic infiltration and M1 macrophage accumulation [15]. Overactive or prolonged inflammatory responses lead to release abundant proteases that degrade the ECM and impede keratinocyte migration [16].

Pro-inflammatory M1 macrophages accumulate in response to local environmental stimuli which do not allow their transformation towards M2 phenotype. As a result, increased levels of pro-inflammatory cytokines and matrix metalloproteinases were accumulated in the wound, leading to ECM degradation and impaired tissue repair [17]. In the chronic wound, skin resident cells (fibroblasts, keratinocytes, etc.) have impaired proliferation and migration ability and respond poorly to stimulating growth factors [18].

Diabetes is one of the major contributors to non-healing skin wounds. Diabetic ulcers are usually accompanied with neuropathy, infection, and impaired blood supply. Peripheral nerve damage causes sensation loss and increased incidents of skin lesion, combined with ischemia and impairment of repair capacity, eventually leading to non-healing wounds [19,20]. In diabetic ulcers, neutrophils have impaired anti-bactericidal activities and monocytes become less responsive to chemokines. However, inflammation phase in diabetic wounds can last up to 2 weeks or longer. Aberrant polarization of macrophages also exist in diabetic wounds [21]. Fibroblasts from diabetic ulcers significantly reduced proliferation and collagen synthesis and delayed apoptosis, owing to a lack of growth factors and impairment of endothelial cells functions [22].

In addition to diabetic ulcers, bedsores, which is also called pressure ulcers and usually appeared in patients with prolonged hospital stay after receiving surgery. Risk factors contributing to bedsores include poor nutrition, aging, affected blood circulation and so on. Similar to diabetic ulcers, bedsores are associated with numerous complications, nerve damage, persistent infection, long-term inflammation and so on. Besides, there have been numerous studies indicating that patients with diabetes have higher risk of developing bedsores than non-diabetic patients [23, 24].

## 3. Current therapy

### 3.1. Basic wound management

There are a series of well-established wound care guidelines with favorable outcomes. However, chronic wounds often require extra multi-disciplinary approaches because of the complexity [14]. For instance, wound infection has long been treated empirically through applying antibiotics and through debridement to remove bacterial biofilms and non-viable tissues [25]. Besides, different types of wound dressings were used to prevent infection and promote chronic wounds healing [26,27]. In the meanwhile, surgical offloading, vacuum therapy, and topical oxygen therapy have been proven to be effective as well [2,28,29].

### 3.2. Advanced therapies

There were a plenty of advanced wound care technologies available now, including hyperbaric oxygen and negative pressure therapy, bio-physical stimulation, novel debridement devices, biological agents for anti-inflammatory response and promoting angiogenesis [30–32]. Biological therapies mainly refer to growth factors application, skin substitutes, and cell therapies. Commercially available products for chronic wounds management include platelet-derived growth factor (PDGF), epidermal growth factor (EGF), and fibroblast growth factor (FGF) [33]. Skin substitutes are dermal decellularized matrices for facilitating dermal cell infiltration [34]. Stem cell therapy uses bone marrow or placental tissue derived mesenchymal stem cells (MSCs) which have been reported as an alternative therapy for non-healing wounds [35,36].

## 4. The potential of GDF11 in chronic wound healing

### 4.1. The discovery, structure, synthesis and localization of GDF11

In 1997, McPherron et al. firstly identified growth/differentiation factor-8 (GDF8 or myostatin), a novel TGF- $\beta$  family member [37]. In 1999, they reported a gene closely related to GDF8 as GDF11 (also named BMP11) [38]. In the same year, Nakashima et al. cloned and characterized GDF11 from rat and they found that GDF11 was first strongly expressed at 8.5 days post coitus and showed the highest expression level in the tail bud during embryogenesis [39]. Subsequently Gamer et al. cloned human and mouse GDF11 successfully [40].

The GDF11 gene was located at human chromosome 12q13.2 (GenBank AF100907) with the genomic sequence (GRCh38). It encodes GDF11 protein containing 407 amino acids, displaying all the identified features of BMP family proteins, such as an RXXR proteolytic processing site, a signal sequence for secretion, and a carboxyl terminal region containing a highly conserved pattern of cysteine residues. However, GDF11 sequence is more close to TGF- $\beta$  proteins in the C-terminal domain [40]. The GDF11 protein is cleaved and activated by pro-protein convertase subtilisin/kexin type 5 (PCSK5) [41]. Ge et al. reported that the precursor 50 kD GDF11 was cleaved between residues gly119 and asp120 through proteolytic process, and then released as a 37 kD pro-domain and a 12.5 kD mature GDF11 [42]. The GDF11 protein is possibly processed in rough endoplasmic reticulum and Golgi apparatus, the protein is then translated into lysosomes and peroxisomes respectively or directly secreted into extracellular microenvironment, which still needs to be further clarified [4].

GDF11 is widely expressed in embryonic tissues such as limbs, tail bud, and nervous system as well as in adult retina, epithelium, odontoblasts, spleen, skeletal muscle, and specific regions of the brain [4,43,44]. The expression level of GDF11 varies widely in mRNA and protein level in different tissues. The mRNA level is high in human seminal vesicle, cerebral cortex, endometrium, and cervix, while the GDF11 protein is high in cerebral soft tissue, cortex, adrenal gland, testis, caudate, and hippocampus [45].

### 4.2. The signaling pathway and function of GDF11

Similar to other members of TGF- $\beta$  family, GDF11 transmits signals through type I and type II receptors, both of which belongs to transmembrane serine/threonine kinases. Firstly, GDF11 binds to primary ligand binding receptors, activin type II receptors (ActRIIs) containing ActRIIA and ActRIIB, then GDF11 recruits activin type I receptors (ActRIs) including activin receptor-like kinases 4,5,7 (ALK4, ALK5 and ALK7) to form complexes with ActRIIs [46]. GDF11 activates Smad and non-Smad signaling pathways after binding to its receptors, known as canonical and non-canonical signaling pathways, and downregulate other TGF- $\beta$  family proteins. In canonical pathways, GDF11 phosphorylates receptor-Smads (R-Smads) including Smad2/3 and Smad1/5/8, and then R-smads recruit co-mediator Smad, Smad4 to translocate into the

**Table 1**

The effects of GDF11 on inflammation.

Cell type/animal model	GDF11 application (dose)	Effects	Possible mechanisms
Mouse rheumatoid arthritis (RA)/BMDMs (bone marrow-derived macrophage) [6]	In vitro: 50 ng/mL  In vivo: 0.1 mg/kg every 2d, tail vein injection	In vitro: inhibited inflammatory reaction induced by TNF- $\alpha$ in BMDMs  In vivo: • Protected against development of arthritis • Inflammatory factors in joints greatly reduced after rGDF11 treatment	Suppressed NF- $\kappa$ B signaling pathway
BEAS-2B cells/ Acute lung injury [59]	In vitro: overexpressed GDF11 in BEAS-2B cells via lentiviral transfection  In vivo: 100 $\mu$ g/kg, subcutaneously injection	In vitro: significantly reduced the expression of inflammatory factors induced by LPS  In vivo: attenuated LPS-induced lung inflammatory response in mice	Reduce the activity of TLR2/HMGB1/NF- $\kappa$ B signaling pathway
RAW264.7 macrophages/ Psoriasis-like skin inflammation (IMQ-induced mice model) [60]	In vitro: 50 ng/mL  In vivo: 0.1 mg/kg every day for 1 week	In vitro: inhibited TNF- $\alpha$ -mediated inflammatory reaction in macrophage  In vivo: • inhibited inflammatory factors after rGDF11 treatment • inhibited the infiltration of inflammatory cells and thickening of epithelium	Suppressed NF- $\kappa$ B Signaling pathway
High fat diet-induced obesity [61]	In vivo: Hydrodynamically injected with 25 $\mu$ g (dose: 1 mg/kg) of pLIVE-GDF11 plasmid DNA to overexpress GDF11 in mice, tail vein injection	In vivo: prevented HFD-induced inflammation and macrophage infiltration	Activated TGF- $\beta$ /Smad2, AMPK, and PI3K/AKT/FoxO1 signaling pathways

nucleus and regulate the target genes transcription together with nuclear cofactors [47]. It is known that GDF11 activates smad2/3 signaling pathway and non-canonical MAPK (p38, JNK, ERK1/2) pathways to decrease the size and function of the nucleolus, reduce cellular anabolism and protein synthesis [48].

As a critical regulator of numerous physiological processes, endogenous GDF11 in the central nervous system suppresses the proliferation of adult neural progenitor through the ALK5 receptor [49]; And GDF11 expressed in embryonic pancreatic epithelium regulate NGN3<sup>+</sup> islet progenitor cell differentiation in parallel or downstream of the Notch pathway [50]; Besides, studies has shown that Cor-1 cells express a TGF $\beta$  receptor complex containing ActRIIB/ALK5 subunits, which was regarded as natural ligand for GDF11, providing transcriptional basis for GDF11 regulation in neural stem cell transcription [51]. GDF11 also shows impact in cancer biology. For example, GDF11 expressed in triple-negative breast cancer cells plays a tumor-suppressive role, however, bioactive GDF11 generally failed to mature due to PCSK5 deficiency

**Table 2**  
The effects of GDF11 on cell viability, proliferation & migration.

Cell type/animal model	GDF11 Dose	Effects	Possible mechanisms
C17.2 neural stem cells [62]	In vitro: 12.5–100 ng/mL	In vitro: slightly increased cell viability	—
Mouse heart-derived MSCs [63]	In vitro: 50 ng/mL	In vitro: enhanced viability of MSCs	TGF- $\beta$ receptor/Smad2/3/YME1L-OPA1 signaling pathway
Endothelial progenitor cells [64]	In vitro: 40 ng/mL	In vitro: increased migration	Smad2/Smad3 pathway
Neural stem cells (NSCs) in old mice (22–23-month-old) [5]	In vivo: 1 mg/kg, systemic administration	In vivo: pro-proliferation effects	—

in triple-negative breast cancer cells [52]. Apart from functioning in embryonic development, nervous system, and cancer endogenously, circulating GDF11 may also be a good candidate for the prevention of age-related heart hypertrophy and skeletal muscle dysfunction.

Multiple proteins have inhibitory effects on GDF11-mediated signaling pathways. For example, GDF-associated serum protein 1/2 (GASP-1/2) could block the binding of GDF11 to type II receptor [53]. Some proteins form inactive complexes with GDF11 to antagonize its functions [54]. In addition, some inhibitory proteins such as Smad7 are also capable of inhibiting GDF11 activity [55]. Transcription factor histone deacetylases (HDACs) have also been found to reduce GDF11 gene expression [56].

#### 4.3. The potential effects of GDF11 on wound healing processes

There has been a wide range of studies demonstrating that GDF11 has important roles in aging, cardiovascular health and muscle function, etc. [57–59]. Despite only a few studies addressed the direct effects of GDF11 on wound healing, GDF11 has positive effects on physiological processes relating to wound healing, such as inflammation, angiogenesis, neurogenesis, cell proliferation, migration as detailed below.

##### 4.3.1. The effects of GDF11 on inflammation

Normal wound healing requires an appropriate degree of inflammation, with balanced pro- and anti-inflammatory factors. In contrast, chronic wound has sustained pro-inflammation phase that disrupts the healing process and leads to delayed healing. GDF11 has immunomodulatory effects on pro- and anti-inflammatory aspects during tissue repair, as summarized in Table 1. Recombinant GDF11 has been shown to significantly inhibit TNF- $\alpha$ -induced inflammation in macrophages and reduce pro-inflammatory factors production, such as TNF- $\alpha$ , iNOS, IL-6, IL-1 $\beta$  via inhibiting NF- $\kappa$ B signaling pathway [6,59,60]. Overexpression of GDF11 gene in BEAS-2B cells also significantly attenuated the levels of inflammation and apoptosis in the cells and inhibited the activity of TLR2/HMGB1/NF- $\kappa$ B signaling pathway, which is an important mechanism in LPS-induced acute lung injury [59]. Consistently, systemic administration of GDF11 suppressed inflammation and prevented the development of arthritis and relieved acute lung injury damage [6,59], and GDF11 reduced the infiltration of proinflammatory cells, inhibited TNF- $\alpha$ -mediated inflammatory responses and thickening of epithelium in Psoriasis-like skin inflammation [60]. Besides, GDF11 gene transfer through hydrodynamic injection of pLIVE-GDF11 plasmid in mice prevented high fat diet-induced inflammation and macrophage infiltration, which is achieved through TGF- $\beta$ /Smad2 and PI3K/AKT/FoxO1 pathways [61].

##### 4.3.2. The effects of GDF11 on cell viability, proliferation & migration

In the proliferative phase of wound healing, dermal fibroblasts and

**Table 3**  
The effects of GDF11 on angiogenesis & neurogenesis.

Cell type/animal model	GDF11 dose	Effects	Possible mechanisms
Bone marrow EPCs (BM-EPCs)/Diabetic Limb Ischemia [7]	In vitro: 50 ng/mL In vivo: injected daily with 0.1 mg/kg rGDF11 for 2 weeks, intraperitoneally	In vitro: improved tube formation and migration of EPCs In vivo: improved vascularization, increased numbers of CD31 <sup>+</sup> vessels	Activated TGF- $\beta$ /Smad and AKT/HIF1 $\alpha$ Signaling pathway
Rat stroke [67]	In vivo: 0.1–0.3 mg/kg/day rGDF11, tail vein injection	In vivo: promoted angiogenesis and subsequently increased function of cerebral microvessels	Activated cerebral ALK5/Smad2/3 pathways
Intracerebral hemorrhage (ICY) in elderly rats [68]	In vivo: 0.1 mg/kg, intraperitoneal injection	In vivo: enhanced the neurogenesis and attenuated neurological behavior impairment after ICY	—
Primary brain capillary endothelial cell/aging mouse [70]	In vitro: 40 ng/mL In vivo: 0.1 mg/kg/day for 4 weeks	In vitro: improved tube formation and migration of EPCs In vivo: • Enhanced vascular remodeling in aging mouse brain • Increased Sox2 <sup>+</sup> neural stem cell populations	Increased the phosphorylation of smad2/3 <sup>+</sup> cells
Aging mouse [69]	In vivo: 1 mg/kg, intraperitoneal injection	In vivo: increased neuroblasts migration and neurogenesis in subventricular zone	—
Mouse BM-MSCs [89]	—	In vitro: lower expression of GDF11 in MSCs reduced their differentiation into endothelial-like cells In vivo: promoted MSCs differentiation into endothelial-like cells	—

keratinocytes rapidly proliferate and migrate to cover the wounds while cells from chronic wounds are less active. GDF11 has shown the capacity to promote cell viability, proliferation, and migration of certain cell types as listed in Table 2. For example, Wang et al. reported GDF11 could slightly increase C17.2 neural stem cells viability after 24 h treatment by adding 12.5–100 ng/mL GDF11 in vitro [62]. MSCs showed a significant increase in cell viability when cultured with 50 ng/mL recombinant GDF11 (rGDF11) or transduced with lentiviral vector carrying GDF11 gene (MSCs<sup>LV-GDF11</sup>) via TGF- $\beta$  receptor/Smad2/3/YME1L-OPA1 signaling pathway [63]. In addition, Finkenzeller et al. demonstrated that GDF11 promoted cell migration in culture media without FBS, resulting in strong activation of the Smad2/Smad3 pathway [64]. Ozek et al. concluded GDF11 showed pro-proliferation effects on neural stem cells (NSCs) after systemic administration of GDF11 in vivo [5].

##### 4.3.3. The effects of GDF11 on angiogenesis & neurogenesis

Both angiogenesis and neurogenesis are important biological events in wound healing. Following injury, angiogenic capillaries sprout and gradually invade the ECM proteins-rich wound clot, forming a

microvascular network throughout the granulation tissues within a few days [65]. The newly formed blood vessels also highly associated with neurogenesis, which in turn contributes to skin regeneration and it is known that vasculopathy and neuropathy lead to impaired healing in chronic wounds [66].

As listed in Table 3, GDF11 has shown promising effects on angiogenesis as well as neurogenesis during tissue repair. Systematic replenishment of GDF11 improved angiogenic function of endothelial progenitor cells (EPCs) and subsequently promoted angiogenesis and enhanced blood flow in diabetic rats with hind limb ischemia via TGF- $\beta$ /Smad and AKT/HIF1 $\alpha$  signaling pathway [7]. In rats stroke model, GDF11 increased numbers of CD31<sup>+</sup>/Ki67<sup>+</sup> vascular EPCs, promoting angiogenesis and functional recovery through activation of cerebral ALK5/Smad2/3 pathways [67]. In addition, GDF11 showed neuroprotective effect and ameliorated neurological behavior impairment in the intracerebral hemorrhage model in elderly rats [68]. Similarly, GDF11 promoted neuroblasts migration and neurogenesis in subventricular zone of aged mice [69]. What's more, systemic administration of recombinant GDF11 induced a rejuvenating effect on the aging brain by increasing not only vascular remodeling but also neurogenesis in mice. Evidence showed that GDF11 significantly promoted tube formation and migration of EPCs through an increase in SMAD phosphorylation cascade *in vitro* and improved vascular remodeling in old mice. Additionally, GDF11 also increased Sox2<sup>+</sup> neural stem cell populations *in vivo* [69,70]. Therefore, GDF11 holds a great potential in modulating vascular and neurogenic functions.

## 5. The potential delivery methods of GDF11 in chronic wound model

Over the past two decades, there has been numerous wound models successfully developed, including *in vitro*, *ex vivo*, *in vivo* and *in silico* models. Even though *in vitro* models are standardized, easily controlled and fewer ethical concerns, they have limitations in mimicking complex physiological process and representing underlying mechanism in chronic wound healing. Based on these, *ex vivo* and *in vivo* models are commonly used and serve as gold standard tools for experimental studies of chronic wound healing [71].

In published studies, GDF11 was usually administered through intraperitoneal or intravenous injection to attain its systemic effects. There is very few report on the topical application of GDF11 for skin chronic wound healing study. Effective and sustained delivery of GDF11 in chronic wound healing are needed.

Many functionalized biomaterials have been developed to improve protein retention, stability, and enable controlled delivery. Engineered biomaterials that can adapt to complex microenvironment of chronic wounds may prevent protein degradation and maximize their biological functions in the repair process. The potential drug delivery strategies for the application of GDF11 in the treatment of chronic wound are also proposed in this review.

### 5.1. *Ex vivo* and *in vivo* models of chronic wounds

*Ex vivo* models are typically collected skin samples from human, mouse, rat, pig, rabbit, etc. and created wounds by biopsy punch, burning, etc., and then cultured under artificial conditions. *Ex vivo* model can provide an alternative and relatively robust and method for early screening of the efficacy of multiple treatments. As the most frequently used models, *in vivo* models have been developed from the simplest excisional wounds to the much more complex ones (burn, diabetic ulcers, pressure ulcers, venous leg ulcers, etc.) to help mimic the complicated pathophysiology of chronic wound healing. Based on the previous studies, each of these models provides valuable comprehension for potential innovative treatments such as GDF11 related therapeutics for chronic wounds [72].

### 5.2. Covalent coupling strategies for GDF11

In contrast to physical encapsulation, covalent coupling tethers proteins to a biomaterial via irreversible chemical bonds, which can prolong local protein presentation and controlled release. Covalent coupling strategies can be applied when long-term protein presentation for continuous cellular responses is needed. Protein retention can be achieved using polymers such as PLGA through carbodiimide crosslinker chemical reaction, specifically through N-hydroxysuccinimide (NHS) and 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC) coupling [73]. Wang et al. recently reported the increased retention of VEGF on mussel-adhesion protein (MAP)-coated stents via carbodiimide chemistry [74]. However, covalent linking may cause protein denaturation and impairment of overall bioactivity. Hence covalently immobilizing GDF11 to biomaterials may achieve sustained protein retention in chronic wound, whereas the possible reduction of protein bioactivity shall be taken into consideration. Methods of site-specific protein modification that can recall functional groups of proteins without losing their bioactivities may be adopted [75].

### 5.3. Physical encapsulation of GDF11

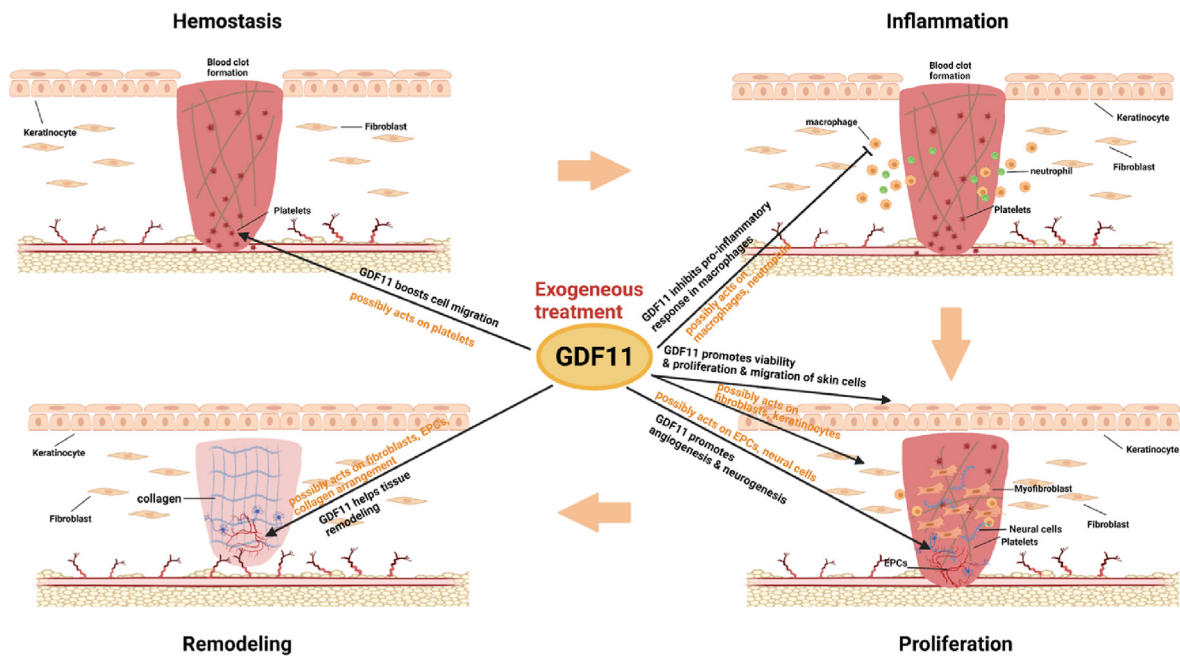
Physical encapsulation of proteins may protect the proteins from rapid degradation and achieve controlled release, based on matrix porosity and degradation kinetics of materials. For example, both the mesh size and degradation rate of hydrogel can be controlled by adjusting the polymer molecular weight. Jain et al. reported a PEG-based hydrogel platform for sustained release of platelet-rich plasma proteins by modulating mesh size and hydrolytic degradation [76]. Biomaterial properties such as elasticity and swelling ability related to their mesh sizes and influence the release rate of proteins. Modifying the ratio of comonomers will alter the degradation kinetics of biomaterials. For instance, increasing hydrophobicity through increasing the lactic acid to glycolic acid ratio led to the reduction of hydrolysis rate and degradation rate of biomaterials [77]. It is worth noting that physical encapsulation of proteins may have burst release pharmacokinetics *in vivo*, for example, poly(lactic-co-glycolic) acid (PLGA) nanoparticles, a commonly used materials, always exhibit burst release of cargoes which may reduce the therapeutic effects of the agents [78].

GDF11 protein is cleaved to active mature ligands that are  $\approx$ 25 kDa in total but the active mature ligand may be reduced to  $\approx$ 12.5 kDa under reducing conditions [79]. Considering the chronic wound healing process is slow, the burst release of GDF11 shall be avoided through double encapsulation, such as encapsulating PLGA nanoparticles into PEG microspheres or hyaluronic acid/methylcellulose hydrogel to prevent burst release happening [80].

### 5.4. ECM-based graft materials

ECM mainly consists of collagens, glycoproteins and hydroxyapatite which is the most popular scaffold for promoting skin chronic wound healing. Acellular dermal ECM promotes skin cells infiltration and migration during healing process [34]. ECM-based materials mimic the natural affinity between proteins and ECM through electrostatic payload-vehicle interactions, and achieve controlled protein release. The affinity interactions between protein and ECM can be adjusted through modifying sulphate content of ECM [81], adding binding peptides to the protein [82] or synthesizing fusion proteins that consist of peptide- or ECM-binding domains [83].

ECM-based biomaterials are skin friendly, which can facilitate skin cells infiltration, migration, and vascularization as natural bio-scaffolds. Moreover, the electrostatic interactions between proteins and ECM-based biomaterials show high affinity and prolong retention of incorporated proteins [61]. However, caution is needed that the binding and release of GDF11 to ECM *in vivo* may be disrupted since many proteins can also interact with ECM molecules, and the non-specificity may lead to



**Fig. 1.** The potential role of GDF11 in physiological and pathological processes during wound repair in four physiological phases, including hemostasis, inflammation, proliferation, and remodeling. At hemostasis stage, GDF11 possibly regulates platelets migration. At inflammation stage, GDF11 has potential to inhibit pro-inflammation via modulating macrophages or neutrophils. At proliferation stage, GDF11 possibly regulates proliferation and migration of fibroblasts and keratinocytes. Besides, GDF11 also promotes angiogenesis and neurogenesis through acting on EPCs and neural cells. At remodeling stage, GDF11 may continue regulate fibroblasts, EPCs, etc., to help collagen arrangement and angiogenesis.

off-target effects and unpredictable protein release [84].

### 5.5. Biomaterials for capturing endogenous GDF11

Biomaterials that provide specific protein depots may be applied to encapsulate endogenous proteins or biomolecules at the targeted sites aiding tissue repair. Rinker et al. reported the use of heparin-based biomaterials to sequester endogenous heparin-binding growth factors such as FGF-2 and IGF, which can significantly promote chondrogenic differentiation and cartilage repair in the localized area [85]. It is still unknown whether GDF11 is expressed during wound repair. The protein level of GDF11 is hardly detected in normal skin [45], and to design a biomaterials to attract or enrich GDF11 in wound site is a challenge, requiring further careful exploration.

## 6. Clinical prospect of GDF11 in chronic wound healing

Due to the pivotal roles in multiple biological processes, GDF11 has been regarded as potential therapeutic target to several diseases, such as muscular dystrophy and sarcopenia in the elderly, anemia caused by dyserythropoiesis, colorectal cancer, etc. [56,86,87]. For the management of chronic wounds, GDF11 also has broad clinical prospects based on the effects of inhibiting pro-inflammation and enhancing cell proliferation and angiogenesis like PDGF-BB. Similarly, GDF11 would be also applied in the treatments of chronic wounds, such as diabetic ulcers, venous leg ulcers and periodontal defect with topical administration. However, there is still a long way to go in the translation of GDF11, more preclinical studies including safety and efficacy of GDF11 are required before moving to clinical trials in the future [88].

## 7. Conclusion

Here we reviewed the biology of skin chronic wound healing and the current treatments. Skin chronic wound is still a huge clinical challenge. The potential role of GDF11 in physiological and pathological processes during wound repair, its involvement in inflammation, cell proliferation,

migration, angiogenesis, and neurogenesis has been reviewed (Fig. 1). In conclusion, GDF11 has a great translational potential to become a new biological factor to promote chronic wound healing. Methods for GDF11 preparation, encapsulation and controlled release are discussed. However, there are only a few studies reported the promotive effect of GDF11 in wound healing. Investigations are needed to verify its efficacy and determine the best timing (which phase), dosage, duration for GDF11 delivery in chronic wound healing. The cellular source and distribution of GDF11, the active domain of GDF11 structure in skin wound shall be also carefully explored. The use of biomaterials for GDF11 local sustained release will maximize its therapeutic effects, which may lead to a translational bioactive material for chronic wound treatment.

## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Acknowledgements

This work was supported by University Grants Committee, Research Grants Council of the Hong Kong Special Administrative Region, China (14120118, 14108720, C7030-18G, T13-402/17-N and AoE/M-402/20); Hong Kong Innovation Technology Commission Funds (PRP/050/19FX); Hong Kong Medical Research Funds (16170951 and 17180831). This work was also partially supported by grants from the National Natural Science Foundation of China (81772322 & 81874000); This study also received support from the research funds from Health@InnoHK program launched by Innovation Technology Commission of the Hong Kong SAR, PR China.

## References

- [1] Mathieu D, Linke J-C, Wattel F. Non-healing wounds. In: *Handbook on hyperbaric medicine*. Springer; 2006. p. 401–28.

- [2] Frykberg Robert G. Challenges in the treatment of chronic wounds. *Adv Wound Care* 2015;4(9):560–82.
- [3] Greer N, Foman N, Wilt T, Dorrian J, Fitzgerald P, MacDonald R, et al. Advanced wound care therapies for non-healing diabetic, venous, and arterial ulcers: a systematic review. 2012. <https://pubmed.ncbi.nlm.nih.gov/23586115/>.
- [4] Zhang Y, Wei Y, Liu D, Liu F, Li X, Pan L, et al. Role of growth differentiation factor 11 in development, physiology and disease. *Oncotarget* 2017;8(46):81604.
- [5] Ozek C, Krolewski RC, Buchanan SM, Rubin LL. Growth Differentiation Factor 11 treatment leads to neuronal and vascular improvements in the hippocampus of aged mice. *Sci Rep* 2018;8(1):1–13.
- [6] Li W, Wang W, Liu L, Qu R, Chen X, Qiu C, et al. GDF11 antagonizes TNF- $\alpha$ -induced inflammation and protects against the development of inflammatory arthritis in mice. *Faseb J* 2019;33(3):3317–29.
- [7] Zhang J, Li Y, Li H, Zhu B, Wang L, Guo B, et al. GDF11 improves angiogenic function of EPCs in diabetic limb ischemia. *Diabetes* 2018;67(10):2084–95.
- [8] Theoret C. Physiology of wound healing. *Equine Wound Manag.* 2016:1–13.
- [9] Boniakowski AE, Kimball AS, Jacobs BN, Kunkel SL, Gallagher KA. Macrophage-mediated inflammation in normal and diabetic wound healing. *J Immunol* 2017;199(1):17–24.
- [10] Krzyszczyk P, Schloss R, Palmer A, Berthiaume F. The role of macrophages in acute and chronic wound healing and interventions to promote pro-wound healing phenotypes. *Front Physiol* 2018;9:419.
- [11] Delavary BM, van der Veer WM, van Egmond M, Niessen FB, Beelen RH. Macrophages in skin injury and repair. *Immunobiology* 2011;216(7):753–62.
- [12] Wong VW, Gurtner GC, Longaker MT. Wound healing: a paradigm for regeneration. In: *Mayo Clinic Proceedings*. 88(9). Elsevier; 2013. p. 1022–31.
- [13] Nussbaum SR, Carter MJ, Fife CE, DaVanzo J, Haught R, Nussgart M, et al. An economic evaluation of the impact, cost, and medicare policy implications of chronic nonhealing wounds. *Value Health* 2018;21(1):27–32.
- [14] Mustoe T. Understanding chronic wounds: a unifying hypothesis on their pathogenesis and implications for therapy. *Am J Surg* 2004;187(5):S65–70.
- [15] Kadam S, Nadkarni S, Lele J, Sakhalikar S, Mokashi P, Kaushik KS. Bioengineered platforms for chronic wound infection studies: how can we make them more human-relevant? *Front Bioeng Biotechnol* 2019;7:418.
- [16] Fazli M, Bjarnsholt T, Kirketerp-Møller K, Jørgensen A, Andersen CB, Givskov M, et al. Quantitative analysis of the cellular inflammatory response against biofilm bacteria in chronic wounds. *Wound Repair Regen* 2011;19(3):387–91.
- [17] Hesketh M, Sahin KB, West ZE, Murray RZ. Macrophage phenotypes regulate scar formation and chronic wound healing. *Int J Mol Sci* 2017;18(7):1545.
- [18] Mendez MV, Stanley A, Park H-Y, Shon K, Phillips T, Menzoian JO. Fibroblasts cultured from venous ulcers display cellular characteristics of senescence. *J Vasc Surg* 1998;28(5):876–83.
- [19] Hua Q, Zhang Y, Wan C, Zhang D, Xie Q, Zhu Y, et al. Chinese Association of Orthopaedic Surgeons (CAOS) clinical guideline for the treatment of diabetic foot ulcers using tibial cortex transverse transport technique (version 2020). *J Orthop Transl* 2020;25:11–6.
- [20] Wang M, Yang Y, Yuan K, Yang S, Tang T. Dual-functional hybrid quaternized chitosan/Mg/alginate dressing with antibacterial and angiogenic potential for diabetic wound healing. *J Orthop Translat* 2021;30:6–15.
- [21] Wetzler C, Kämpfer H, Stallmeyer B, Pfeilschifter J, Frank S. Large and sustained induction of chemokines during impaired wound healing in the genetically diabetic mouse: prolonged persistence of neutrophils and macrophages during the late phase of repair. *J Invest Dermatol* 2000;115(2):245–53.
- [22] Lerman OZ, Galiano RD, Armour M, Levine JP, Gurtner GC. Cellular dysfunction in the diabetic fibroblast: impairment in migration, vascular endothelial growth factor production, and response to hypoxia. *Am J Pathol* 2003;162(1):303–12.
- [23] Liang M, Chen Q, Zhang Y, He L, Wang J, Cai Y, et al. Impact of diabetes on the risk of bedsore in patients undergoing surgery: an updated quantitative analysis of cohort studies. *Oncotarget* 2017;8(9):14516.
- [24] Nasiri E, Mollaei A, Birami M, Lotfi M, Rafiei MH. The risk of surgery-related pressure ulcer in diabetics: a systematic review and meta-analysis. *Ann Med Surg* 2021;65:102336.
- [25] Lipsky BA, Berendt AR, Cornia PB, Pile JC, Peters EJ, Armstrong DG, et al. Infectious Diseases Society of America clinical practice guideline for the diagnosis and treatment of diabetic foot infections. *Clin Infect Dis* 2012;54(12):e132–73.
- [26] Jones V, Grey JE, Harding KG. Wound dressings. *BMJ* 2006;332(7544):777–80.
- [27] Chen Q, Pan H, Zhao X. Chitosan/PVA/Bioglass multilayer films for wound dressing application. *J Orthop Transl* 2016;100(7):117–8.
- [28] Gordillo GM, Sen CK. Evidence-based recommendations for the use of topical oxygen therapy in the treatment of lower extremity wounds. *Int J Low Extrem Wounds* 2009;8(2):105.
- [29] O'Donnell T, Passman MA, Marston WA, Ennis WJ, Dalsing M, Kistner RL, et al. Management of venous leg ulcers: clinical practice guidelines of the society for vascular surgery and the American venous forum. *J Vasc Surg* 2014;60(2):3S–59S.
- [30] Wang R, Feng Y, Di B. Comparisons of negative pressure wound therapy and ultrasonic debridement for diabetic foot ulcers: a network meta-analysis. *Int J Clin Exp Med* 2015;8(8):12548.
- [31] Mittermayr R, Antonic V, Hartinger J, Kaufmann H, Redl H, Tóot L, et al. Extracorporeal shock wave therapy (ESWT) for wound healing: technology, mechanisms, and clinical efficacy. *Wound Repair Regen* 2012;20(4):456–65.
- [32] Rennett RC, Rodrigues M, Wong VW, Duscher D, Hu M, Maan Z, et al. Biological therapies for the treatment of cutaneous wounds: phase III and launched therapies. *Expert Opin Biol Ther* 2013;13(11):1523–41.
- [33] Barrientos S, Stojadinovic O, Golinko MS, Brem H, Tomic-Canic M. Growth factors and cytokines in wound healing. *Wound Repair Regen* 2008;16(5):585–601.
- [34] Stacey DH. Use of an acellular regenerative tissue matrix over chronic wounds. *Eplasty* 2013;13.
- [35] Coalson E, Bishop E, Liu W, Feng Y, Spezia M, Liu B, et al. Stem cell therapy for chronic skin wounds in the era of personalized medicine: from bench to bedside. *Genes Dis* 2019;6(4):342–58.
- [36] Otero-Viñas M, Falanga V. Mesenchymal stem cells in chronic wounds: the spectrum from basic to advanced therapy. *Adv Wound Care* 2016;5(4):149–63.
- [37] McPherron AC, Lawler AM, Lee S-J. Regulation of skeletal muscle mass in mice by a new TGF- $\beta$  superfamily member. *Nature* 1997;387(6628):83–90.
- [38] McPherron AC, Lawler AM, Lee S-J. Regulation of anterior/posterior patterning of the axial skeleton by growth/differentiation factor 11. *Nat Genet* 1999;22(3):260–4.
- [39] Nakashima M, Toyono T, Akamine A, Joyner A. Expression of growth/differentiation factor 11, a new member of the BMP/TGF $\beta$  superfamily during mouse embryogenesis. *Mech Dev* 1999;80(2):185–9.
- [40] Gamer LW, Wolfman NM, Celeste AJ, Hattersley G, Hewick R, Rosen V. A novel BMP expressed in developing mouse limb, spinal cord, and tail bud is a potent mesoderm inducer in *Xenopus* embryos. *Dev Biol* 1999;208(1):222–32.
- [41] Tsuda T, Iwai N, Deguchi E, Kimura O, Ono S, Furukawa T, et al. PCSK5 and GDF11 expression in the hindgut region of mouse embryos with anorectal malformations. *Eur J Pediatr Surg* 2011;21(4):238–41.
- [42] Ge G, Hopkins DR, Ho W-B, Greenspan DS. GDF11 forms a bone morphogenetic protein 1-activated latent complex that can modulate nerve growth factor-induced differentiation of PC12 cells. *Mol Cell Biol* 2005;25(14):5846–58.
- [43] Gamer LW, Cox KA, Small C, Rosen V. Gdf11 is a negative regulator of chondrogenesis and myogenesis in the developing chick limb. *Dev Biol* 2001;229(2):407–20.
- [44] McPherron AC. Metabolic functions of myostatin and GDF11. *Immunol Endocr Metab Agents Med Chem* 2010;10(4):217–31.
- [45] Protein atlas. Available at: <http://www.proteinatlas.org/ENSG00000135414-GDF11/tissue>. Accessed.
- [46] Tsuchida K, Nakatani M, Uezumi A, Murakami T, Cui X. Signal transduction pathway through activin receptors as a therapeutic target of musculoskeletal diseases and cancer. *Endocr J* 2008;55(1):11–21.
- [47] Camici GG, Savarese G, Akhmedov A, Luescher TF. Molecular mechanism of endothelial and vascular aging: implications for cardiovascular disease. *Eur Heart J* 2015;36(48):3392–403.
- [48] Patel VK, Demontis F. GDF11/myostatin and aging. *Aging (N Y)* 2014;6(5):351.
- [49] Mayweather BA, Buchanan SM, Rubin LL. GDF11 expressed in the adult brain negatively regulates hippocampal neurogenesis. *Mol Brain* 2021;14(1):1–13.
- [50] Harmon EB, Apelqvist Asa, Smart NG, Gu X, Osborne DH, Kim SK. GDF11 modulates NGN3+ islet progenitor cell number and promotes  $\beta$ -cell differentiation in pancreas development131(24). *Development (Cambridge, England)*; 2004. p. 6163–74.
- [51] Williams G, Zentar MP, Gajendra S, Sonogo M, Doherty P, Lalli G. Transcriptional basis for the inhibition of neural stem cell proliferation and migration by the TGF $\beta$ -family member GDF11. *PLoS One* 2013;8(11):e78478.
- [52] Bajikar SS, Wang C-C, Borten MA, Pereira EJ, Atkins KA, Janes KA. Tumor-suppressor inactivation of GDF11 occurs by precursor sequestration in triple-negative breast cancer. *Dev Cell* 2017;43(4):418–35. e13.
- [53] Lee Y-S, Lee S-J. Regulation of GDF-11 and myostatin activity by GASP-1 and GASP-2. *Proc Natl Acad Sci Unit States Am* 2013;110(39):E3713–22.
- [54] Robertson RD, Mukherjee A. Synexpression group analyses identify new functions of FSTL3, a TGF $\beta$  ligand inhibitor. *Biochem Biophys Res Commun* 2012;427(3):568–73.
- [55] Rochette L, Zeller M, Cottin Y, Vergely C. Growth and differentiation factor 11 (GDF11): functions in the regulation of erythropoiesis and cardiac regeneration. *Pharmacol Ther* 2015;156:26–33.
- [56] Zhang X, Wharton W, Yuan Z, Tsai S-C, Olashaw N, Seto E. Activation of the growth-differentiation factor 11 gene by the histone deacetylase (HDAC) inhibitor trichostatin A and repression by HDAC3. *Mol Cell Biol* 2004;24(12):5106–18.
- [57] Sinha M, Jiang YC, Oh J, Khong D, Wu EY, Manohar R, et al. Restoring systemic GDF11 levels reverses age-related dysfunction in mouse skeletal muscle. *Science* 2014;344(6184):649–52.
- [58] Kaiser J. Aging. "Rejuvenation factor" in blood turns back the clock in old mice. *Science (New York, N.Y.)* 2014;344(6184):570–1.
- [59] Xu H, Qin B, Zhang J, Chen Y, Shen W, Cao L. Growth differentiation factor 11 relieves acute lung injury in mice by inhibiting inflammation and apoptosis. *Eur Res Med Pharmacol Sci* 2020;24(12):6908–18.
- [60] Wang W, Qu R, Wang X, Zhang M, Zhang Y, Chen C, et al. GDF11 antagonizes psoriasis-like skin inflammation via suppression of NF- $\kappa$ B signaling pathway. *Inflammation* 2019;42(1):319–30.
- [61] Tan G, Li J, Song Y, Yu Y, Liu D, Pan W. Phenylboronic acid-tethered chondroitin sulfate-based mucoadhesive nanostructured lipid carriers for the treatment of dry eye syndrome. *Acta Biomater* 2019;99:350–62.
- [62] Wang Z, Dou M, Liu F, Jiang P, Ye S, Ma L, et al. GDF11 induces differentiation and apoptosis and inhibits migration of C17. 2 neural stem cells via modulating MAPK signaling pathway. *PeerJ* 2018;6:e5524.
- [63] Zhao Y, Zhu J, Zhang N, Liu Q, Wang Y, Hu X, et al. GDF11 enhances therapeutic efficacy of mesenchymal stem cells for myocardial infarction via YME1L-mediated OPA1 processing. *Stem Cell Translat Med* 2020;9(10):1257–71.
- [64] Finkenzeller G, Stark GB, Strassburg S. Growth differentiation factor 11 supports migration and sprouting of endothelial progenitor cells. *J Surg Res* 2015;198(1):50–6.
- [65] Tonnesen MG, Feng X, Clark RA. Angiogenesis in wound healing. The journal of investigative dermatology. In: *Symposium Proceedings*. 5(1); 2000. p. 40–6.

- [66] Xiong Y, Mahmood A, Chopp M. Angiogenesis, neurogenesis and brain recovery of function following injury. *Curr Opin Invest Drugs* 2010;11(3):298.
- [67] Ma J, Zhang L, Niu T, Ai C, Jia G, Jin X, et al. Growth differentiation factor 11 improves neurobehavioral recovery and stimulates angiogenesis in rats subjected to cerebral ischemia/reperfusion. *Brain Res Bull* 2018;139:38–47.
- [68] Anqi X, Ruiqi C, Yanming R, Chao Y. Neuroprotective potential of GDF11 in experimental intracerebral hemorrhage in elderly rats. *J Clin Neurosci* 2019;63:182–8.
- [69] Katsimpardi L, Kuperwasser N, Camus C, Moigneu C, Chiche A, Tolle V, et al. Systemic GDF11 stimulates the secretion of adiponectin and induces a calorie restriction-like phenotype in aged mice. *Aging Cell* 2020;19(1):e13038.
- [70] Katsimpardi L, Litterman NK, Schein PA, Miller CM, Loffredo FS, Wojtkiewicz GR, et al. Vascular and neurogenic rejuvenation of the aging mouse brain by young systemic factors. *Science* 2014;344(6184):630–4.
- [71] Parnell LK, Volk SW. The evolution of animal models in wound healing research: 1993–2017. *Adv Wound Care* 2019;8(12):692–702.
- [72] Remoué N, Bonod C, Fromy B, Sigauco-Roussel D. Animal models in chronic wound healing research: for innovations and emerging technologies in wound care. In: *Innovations and emerging technologies in wound care*. Elsevier; 2020. p. 197–224.
- [73] Dorogin J, Townsend JM, Hettiaratchi MH. Biomaterials for protein delivery for complex tissue healing responses. *Biomater Sci* 2021;9(7):2339–61.
- [74] Wang Y, Lan H, Yin T, Zhang X, Huang J, Fu H, et al. Covalent immobilization of biomolecules on stent materials through mussel adhesive protein coating to form biofunctional films. *Mater Sci Eng C* 2020;106:110187.
- [75] Shadish JA, DeForest CA. Site-selective protein modification: from functionalized proteins to functional biomaterials. *Matter* 2020;2(1):50–77.
- [76] Jain E, Sheth S, Dunn A, Zustiak SP, Sell SA. Sustained release of multicomponent platelet-rich plasma proteins from hydrolytically degradable PEG hydrogels. *J Biomed Mater Res* 2017;105(12):3304–14.
- [77] Vey E, Rodger C, Booth J, Claybourn M, Miller AF, Saiani A. Degradation kinetics of poly (lactic-co-glycolic) acid block copolymer cast films in phosphate buffer solution as revealed by infrared and Raman spectroscopies. *Polym Degrad Stabil* 2011;96(10):1882–9.
- [78] Choi DH, Park CH, Kim IH, Chun HJ, Park K, Han DK. Fabrication of core-shell microcapsules using PLGA and alginate for dual growth factor delivery system. *J Contr Release* 2010;147(2):193–201.
- [79] Poggioli T, Vujic A, Yang P, Macias-Trevino C, Uygur A, Loffredo FS, et al. Circulating growth differentiation factor 11/8 levels decline with age. *Circ Res* 2016;118(1):29–37.
- [80] Pakulska MM, Donaghue IE, Obermeyer JM, Tuladhar A, McLaughlin CK, Shendruk TN, et al. Encapsulation-free controlled release: electrostatic adsorption eliminates the need for protein encapsulation in PLGA nanoparticles. *Sci Adv* 2016;2(5):e1600519.
- [81] Feng Q, Lin S, Zhang K, Dong C, Wu T, Huang H, et al. Sulfated hyaluronic acid hydrogels with retarded degradation and enhanced growth factor retention promote hMSC chondrogenesis and articular cartilage integrity with reduced hypertrophy. *Acta Biomater* 2017;53:329–42.
- [82] Crispim JF, Fu SC, Lee YW, Fernandes HA, Jonkheijm P, Yung PS, et al. Bioactive tape with BMP-2 binding peptides captures endogenous growth factors and accelerates healing after anterior cruciate ligament reconstruction. *Am J Sports Med* 2018;46(12):2905–14.
- [83] Katsumata K, Ishihara J, Mansurov A, Ishihara A, Raczy MM, Yuba E, et al. Targeting inflammatory sites through collagen affinity enhances the therapeutic efficacy of anti-inflammatory antibodies. *Sci Adv* 2019;5(11):eaay1971.
- [84] Hettiaratchi MH, Chou C, Servies N, Smeekens JM, Cheng A, Esancy C, et al. Competitive protein binding influences heparin-based modulation of spatial growth factor delivery for bone regeneration. *Tissue Eng* 2017;23(13–14):683–95.
- [85] Rinker TE, Philbrick BD, Hettiaratchi MH, Smalley DM, McDevitt TC, Temenoff JS. Microparticle-mediated sequestration of cell-secreted proteins to modulate chondrocytic differentiation. *Acta Biomater* 2018;68:125–36.
- [86] Arlet J-B, Guillem F, Lamarque M, Dussiot M, Maciel T, Moura I, et al. Protein-based therapeutic for anemia caused by dyserythropoiesis. *Expet Rev Proteomics* 2016;13(11):983–92.
- [87] Yokoe T, Ohmachi T, Inoue H, Mimori K, Tanaka F, Kusunoki M, et al. Clinical significance of growth differentiation factor 11 in colorectal cancer. *Int J Oncol* 2007;31(5):1097–101.
- [88] Senet P. Bécaplermine gel (Regranex gel) [Becaplermin gel (Regranex gel)]. *Annales de dermatologie et de venerologie* 2004;131(4):351–8.