




# Assessment of Knowledge, Attitude and Practice (KAP) Regarding Antimicrobial Usage and Resistance Among Animal Health Professionals of East Wallaga Zone, Oromiya, Ethiopia

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**Background:** Antimicrobial resistance (AMR) is one of the top global public health and economic threats. The use of antimicrobials (AMs) in animal production is a major contributor to the development of AMR globally. Animal health professionals (AHPs) play a key role in ensuring judicious use of AMs.

**Objective:** To assess the knowledge, attitude and practice (KAP) of antimicrobial usage (AMU) and AMR among healthcare professionals in Nekemte town, Leka Dulecha and Sibu Sire districts.

**Methods:** A cross-sectional study was conducted with 120 purposively chosen AHPs residing in the districts and the town. A semi-structured questionnaire consisting of 49 questions was used to ascertain the KAP. The chi-square test ( $X^2$ ) was used to analyze the association between the knowledge score and demographic profile of the study participants.

**Results:** In the study the overall knowledge of the participants was moderately appreciable, and all participants had positive attitudes toward AMR and appropriate usage. In terms of knowledge of antibiotic use, the majority (93.33%) of the participants correctly answered the statement that antibiotics can kill viruses. About 84.17% of the participants correctly knew that antibiotics killed or stopped the growth of both bad and good bacteria. The majority of the participants (74.17%) always or (25.83%) sometimes rely on usage of antibiotics without a doctor's prescription. It was shown that comparing respondents from Sibu Sire, Leka Dulecha and Nekemte town, the scores of knowledge of AMU were significantly ( $X^2=14.13$ ,  $p=0.007$ ) different. Most animal healthcare professionals from the Sibu sire have a good knowledge of AMU, and contribute to AMR development.

**Conclusion:** The study revealed that there was moderate knowledge and positive attitude toward AMU and resistance. This warrants continuing capacity building programs for the professionals on AM usage and resistance, and development of field-friendly disease diagnosis and management tools is essential in the need to reduce AMR.

**Keywords:** antimicrobial use, antimicrobial resistance, attitude, East Wallaga zone, knowledge score

## Introduction

Globally, antimicrobials are extensively prescribed in the livestock industry for treatment and prevention of disease.<sup>1,2</sup> The anticipated growth and expansion of livestock productions to meet the increasing demands for animal products is expected to double the consumption of AMs in the livestock sector in developing countries by 2030.<sup>3,4</sup> Antimicrobial resistance occurs when microorganisms (such as bacteria, fungi, viruses, and parasites) change when they are exposed to antimicrobials (such as antibiotics, antifungals, antivirals, antimalarials, and anthelmintics).<sup>5</sup> As validated by various studies, AMU in animal production is considered an important driver of AMR.<sup>6-8</sup>

Overuse and misuse of AMs are big factors that can aggravate the development of AMR. It is indicated that AMR is intimately tied to all forms of AMU, and is favored when its use is suboptimal or widespread. In precise, avoidable practice that is recognized as key contributors to AMR include AMU in animal production for growth promotion,

prophylaxis, and metaphylaxis; AMU without professional oversight; and AMU after poor diagnostic techniques.<sup>9</sup> The transmission of AMR is facilitated by trade, travel, and human and animal movement. Resistant microbes can be in animals and food products intended for human consumption.<sup>5</sup>

Due to the demand increment for animal origin protein, AMU as food for animal growth promotion will double the use of AMs in the near future, according to the World Food Organization.<sup>5</sup> AHPs are key role players in the prescription and use of antimicrobials, they may respond to clients/patients' inappropriate request or carry out inappropriate practices, which in turn increase the chance of AMR.<sup>10</sup> As suggested by American Veterinary Medical Associations,<sup>11</sup> the "judicious use of antimicrobials in food-producing animals" targets the use of AMs when compulsory for the treatment, prevention, and control of diseases with confirmed diagnosis. The existed trend has dissimilarity to this recommendation (ie AMs are carelessly used in animal origin food chains in different parts of the developing countries of the world), including Ethiopia.<sup>12</sup>

Assessment regarding AMU in food animals is of paramount importance for understanding and preventing the potential risk posed by AMR to animal and public health and economy of a country.<sup>13,14</sup> It is revealed that detailed understanding of AMU can pave the way for tackling AMR and taking effective action against it.<sup>15</sup> To date, in developing countries, little is known about judicious use of and the factors underlying AMR. Inconsistent policy governing AMU in animal production, absence of AMU regulations that restrict access to critically important antimicrobials without prescriptions, and lack of systematic post-marketing quality surveillance of veterinary AMs are the most important challenges in less developed countries.<sup>16</sup>

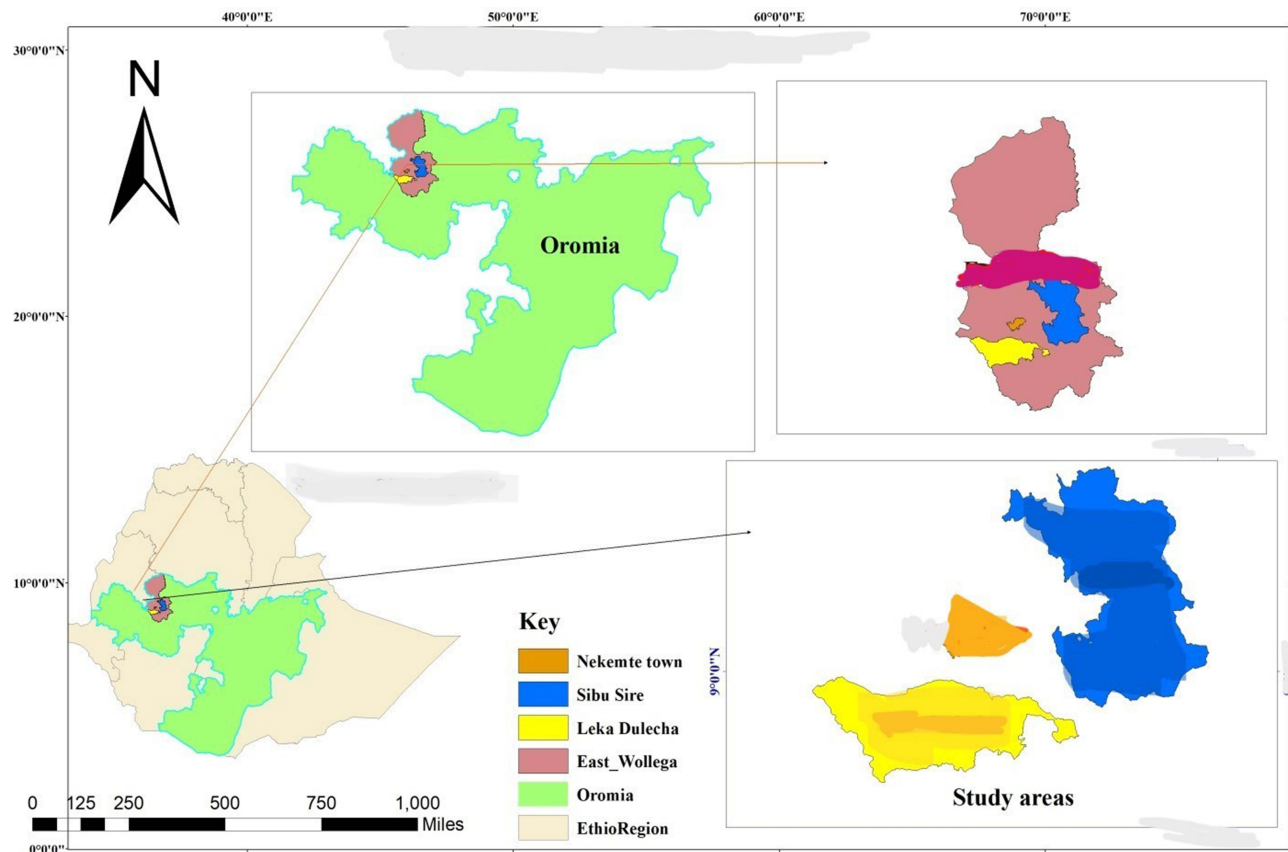
As per the information gained from the Central Statistical Agency (CSA),<sup>17</sup> Ethiopia has the largest livestock populations in Africa, indicative of abundant usage of AMs for health maximization. On another side, its agroecological zones are suitable for accommodating a plethora of pathogens that can affect the livestock health and hence productivity. To fit the demand for animal origin food as the country population grows at an increasing rate, the livestock sector has started to dramatically increase livestock production,<sup>18</sup> and this in turn increases the utilization of antimicrobials.<sup>3,4</sup> A few studies conducted in the country revealed the presence of antimicrobial residues in animal origin food, and poor AMU practice among food animal rearing communities.<sup>12,19</sup> However, information generated from the western part of the country, Ethiopia, where an extensive farming and abundant livestock exists and numerous AHPs are working is scarce. Obviously, inappropriate use of antimicrobials in animals shares a greater part in the development and persistence of AMR and occurrence of drug residue. It is revealed that detailed understanding of AMU can pave the way for tackling AMR and taking effective action against.<sup>20</sup> Monitoring AMU in livestock production provides useful information for policy development to reduce AMR risks, all this information can be accessed from animal health professionals (AHPs), and hence understanding or assessing their KAP is very crucial to develop their capacity in mitigating AMR and residues. Therefore, the goal of the current study was to assess the knowledge, attitude and practice (KAP) toward antimicrobial usage and resistance development among AHPs in Nekemte town, Leka Dulecha and Sibru Sire districts.

## Materials and Methods

### Descriptions of the Study Areas

The study was conducted from December 2022 to June 2023 in Leka Dulecha, Sibru Sire District, and Nekemte town (Figure 1), Eastern Wallaga Zone, Western Ethiopia. Nekemte town is situated 330 km from Finfinne, Ethiopia's capital city. Geographically, the town is situated in Guto Gida district which is located between 8° 27'N and 10° 13'N latitude and 38° 08'E and 37° 38'E longitude. The climate was divided into three categories: highland (28.6%), midland (50.9%), and lowland (20.5%). The annual temperature of the district falls in the range of 14–26 °C, with the annual rainfall range of 1000–2400 mm.

Leka Dulecha District is located approximately 358 km west of Finfinne, and 27 km west of Nekemte. The capital of Leka Dulecha is known as Getema. The district is bordered by Nuno Kumba to the south, Guto Gida in the East, Buno Bedelle in West and by Diga in the North and by Jima Arjo to the south (Figure 1). It has three agroecological zones: lowlands (44%), midlands (47%), and highland (9%). The area receives an annual rainfall ranging from 1000–2200 mm, with minimum and maximum temperature 12 °C to 29 °C.



**Figure 1** Map of the study Areas (Created by ArcGIS\_WGS\_1984).

Sibu Sire District is in Ethiopia's Oromia National Regional State, specifically in the East Wallaga zone. It is roughly 50 km from Nekemte, the zonal town, and 280 km from Finfinne, the capital city. Its geographic coordinates are  $8^{\circ} 16' 20''\text{N}$  to  $10^{\circ} 16' 40''\text{N}$  and  $36^{\circ} 47' 00''\text{E}$  to  $37^{\circ} 0' 00''\text{E}$ .<sup>21</sup> According to the Sibu Sire Agricultural Office/SSAO (2018), the district is bordered by Gobu Seyo in the east, Wayu Tuka in the west, Gudeya Bila and Guto Gida in the north, and Wama Hagalo and Billo Boshe in the south.

## Study Participants

The study participants/populations were animal health professional individuals who were working and residing in Leka Dulecha, Sibü Sire District, and Nekemte town. This study included individuals of both sexes, age categories (>18 years), and religious backgrounds.

## Study Design

To ascertain the KAP of antibiotic consumption and resistance among the professionals, an observational cross-sectional study was carried out with 120 purposefully selected veterinary care professionals in the study locations. The study included a self-directed questionnaire.

## Sampling Methods and Sample Size Determination

The numbers of study participants were determined according to the sample size calculation recommended by Arsham,<sup>22</sup> and Whitley and Ball.<sup>23</sup> Accordingly, by considering standard error of 5%, precision level of 5% with 95% confidence interval and 17% of proportion of attrition, a total of 120 samples were considered.

## Reliability and Validity of the Data

For the reliability and validity of the data used in this study the questionnaire developed by the research team was received by other researchers, and the research committee of Wallaga University School of Veterinary Medicine. The questionnaire was also pre-tested by attempting a pilot study and some refinement and correction were made.

## Data Collection and Measurement Tools

A semi-structured questionnaire was developed after reviewing the literature on how to conduct a KAP survey and global antimicrobial studies. The questionnaire consists of closed and open ended questions, with a majority of closed ended. The questionnaire survey was conducted by interviewing individuals about their socio-demographic profiles, followed by specific questions related to the KAP of animal health professionals regarding AMU in animals and AMR of animal disease. The questionnaire was administered to animal health professionals living in Leka Dulecha Sibu Sire and Nekemte Town. They were also briefed about the objective of the survey and asked for their consent before the interview commenced. The KAP tool focuses on knowledge and attitudes of AHPs on and toward AMU and AMR respectively.

## Data Management and Analysis

After being gathered, the data were entered into a 2016 Microsoft Excel spreadsheet and error-checked. STATA (version 15.1) was used to import and analyze the data. The findings of the practice, knowledge, attitudes, and demographic questions were presented using summary statistics like proportion and frequency. Using an Excel spreadsheet, knowledge and attitudes were scored. The correlation between KAP scores and the study participants' demographic profiles and knowledge scores and the respondents' practices was examined using the chi-square test. With a 95% confidence level and 5% precision level selected as the statistical significance threshold, a *p*-value of less than 0.05 was deemed significant.

The questionnaire comprised eight questions about practice, twenty questions about attitudes, and 19 questions for knowledge, seven of which were on a Likert scale. The knowledge and attitude questions were scored on a five-point Likert scale, which goes from 1 to 5. The least appropriate response received a score of 1, while the most acceptable response received a score of 5. In the knowledge part, the lowest and greatest possible scores were 7 and 35, respectively. In the attitude part, a score of 20 was the lowest achievable and a score of 100 the greatest. The scores were converted into a scale with 0 being the lowest possible score and 100 being the highest possible score using the scoring formula mentioned (described by the WHO),<sup>24,25</sup> after determining the mean for each respondent. To interpret the analysis output from the scoring scheme, a score greater than 80% of the possible maximum score was considered good, between 60–80% moderate, and less than 60% considered poor.<sup>26</sup>

## Results

### Socio-Demographic Profiles of the Respondents

From the total 120 study participants, 64.17% were male and 35.83% were female. Approximately 25.83% of the healthcare professionals were from Sibu Sire, whereas 46.67% were from Nekemte Town, and 27.50% from Leka Dulecha. Out of the participants, 21.66% fall into the age group of 18–24 years old, 60.83% into the age group of 25–34 years old, and 15% into the age group of 35–44 years old. The majority (55.00%) of the participants have work years' experience of 5–10 years (Table 1).

### Knowledge of AHPs on Antimicrobial Usage and Antimicrobial Resistance

The respondents' knowledge was assessed using 12 true or false questions administered via a questionnaire, and the majority of respondents answered each question correctly. However, more than half (56.67%) of the respondents fails to get appropriate answers to the statements stated as

Even if man consumes antibiotics in meat/milk, it will only make him healthier; and Antimicrobial resistant-microbes are found in people, animals, food, and the environment (Table 2).

**Table 1** Socio-Demographic Profile of the Respondents

Variable	Categories	Frequency	Percentage
Sex	Male	77	64.17
	Female	43	35.83
Age (in years)	18–24	26	21.66
	25–34	73	60.83
	35–44	38	15.00
	45–54	3	2.50
Location	Sibu Sire	31	25.83
	Nekemte town	56	46.67
	Leka Dulecha	33	27.50
Professions	BVSc	39	32.50
	Diploma	59	49.17
	MSc/MPH	7	5.83
	Veterinary degree (DVM)	15	12.50
Experience (in years)	0 to <5 years	21	17.50
	5–10 years	66	55.00
	10–15	26	21.67
	15–20	7	5.83

**Table 2** Knowledge of Participants About Antimicrobial Usage and Resistance

Variables (Knowledge Assessment)	Respondents Answer (Frequency (%))			Actuality	
	True	False	I Do Not Know	Correct No (%)	Incorrect No (%)
Antibiotics kill virus	8 (6.63)	112 (93.33)	0	112 (93.33)	8 (6.67)
Antibiotics kill or stop the growth of both good and bad bacteria	101 (84.17)	19 (15.83)	0	101 (84.17)	19 (15.83)
A withdrawal period has to be strictly observed in treated poultry before any poultry product is passed as human consumption	88 (73.33)	29 (24.17)	3 (2.50)	88 (73.33)	32 (26.67)
Overuse of antibiotics makes them become ineffective	109 (90.83)	11 (9.17)	0	109 (90.83)	11 (9.17)
Bacteria can become resistant to antibiotics	102 (85.00)	18 (15.00)	0	102 (85.00)	18 (15.00)
Many infections are becoming increasingly resistant to treatment by antimicrobials	69 (57.50)	48 (40.00)	3 (2.50)	69 (57.50)	51 (42.50)
Withdrawal period does not have to be observed for milking cows treated with antibiotics such as penicillin before milk can be consumed	19 (15.83)	100 (83.33)	1 (0.83)	100 (83.33)	20 (16.67)
Over and under use of antimicrobials can cause antimicrobial resistance microorganism	115 (95.83)	5 (4.17)	0	115 (95.83)	5 (9.17)
Man can consume antibiotics as a result of eating meat/drinking milk	109 (90.83)	7 (5.83)	4 (3.33)	109 (90.83)	11 (9.17)
Even if man consumes antibiotics in meat/milk, it will only make him healthier	52 (43.33)	66 (55.00)	2 (1.67)	52 (43.33)	68 (56.67)
Use of antimicrobials in animals intended for food can result in resistant bacteria being transmitted to human	59 (49.17)	56 (46.67)	5 (4.17)	56 (46.67)	64 (53.33)
Antimicrobial resistant-microbes are found in people, animals, food, and the environment	52 (43.33)	66 (55.00)	2 (1.67)	52 (43.33)	68 (56.67)

In terms of knowledge of antibiotic use, the majority of respondents (93.33%) correctly answered the statement that antibiotics cannot kill viruses; 6.67% incorrectly that antibiotics kill viruses. Slightly more than half of the respondents were (84.17%) correct and (15.83%) incorrect when asked if “Antibiotics kill or stop the growth of both good and bad bacteria.” When respondents were asked whether the overuse of antibiotics made them become ineffective, 90.83% were correct and 9.17% incorrect in their responses. The majority of the respondents (95.83%) were correct (9.17% incorrect) when asked about over and underuse of antimicrobials can cause antimicrobial-resistant resistance microorganism. More than half of respondents were asked, “Man can consume antibiotics as a result of eating meat/drinking milk” with 90.83% correct and 9.17% however incorrect. The majority of the participants (83.33%) said that a withdrawal period did not have to be observed for milking cows treated with antibiotics such as penicillin before milk can be consumed (Table 2).

From 120 healthcare professionals, agreed was 90.00%, disagree 18.33%, and neutral 30.337% on long duration of antibiotic treatment can lead to AMR. They also showed 50.83% agree, 9.17% neutral, 40.00% disagree with healthy people and animals can carry antibiotic resistant bacteria. Most of healthcare professionals (97.5%) agree, 0.83% neutral, and 1.67% disagree on the under-dosing of antibiotic-resistant bacteria contributing ABR. The majority of healthcare professionals (87.50%) agree, 7.50% neutral, and 5.00% disagree on excessive use of antibiotics in livestock, and food production contributes to ABR. Also about 86.67% agree, 10.83 neutral and 2.50 disagree that less public health awareness of antibiotics can cause antibiotic resistance (Table 3).

## Attitude of AHPs Toward Antimicrobial Usage and Antimicrobial Resistance

In this study the majority of animal healthcare professionals stated (75.00% agree) that prescribing unnecessary antibiotics is a professional unethical problem. Many healthcare professionals (72.50%) agree, 24.17% strongly agree, 2.50% disagree, and 0.83% neutral on inappropriate antimicrobial use can lead to resistance. Drugs can be transferred to humans by consumption meat of animals treated recently (63.33% agree, 3.33% neutral, 5.00% disagree, 28.33% strongly agree). Also 75.00% agree, 21.67% strongly agree, 2.50% neutral and 0.83% strongly disagree on “Application of one health approach is important to control antimicrobial resistance”, and on “Broad spectrum antibiotics should be used in place of narrow spectrum antibiotics to reduce resistance” the majority of healthcare professionals (50.00%) disagree, 36.67% neutral, 5.83% agree, 4.17% strongly disagree and 3.33% strong agree (Table 4).

## Total Knowledge and Attitude Score

The mean±SD of knowledge was 66.88±6.90% (Table 5). The maximum and minimum knowledge scores were 75.00 and 46.43%, respectively. This indicates that most respondents had moderate knowledge of antimicrobial usage and the development of resistance. For attitudes, the mean and standard deviation were 66.17±6.89. This finding revealed that, on average, the respondents had a positive attitude toward antimicrobial usage.

**Table 3** Knowledge of AHPs Toward AMU and AMR Based on the Likert Scale

Variables (Knowledge Assessment)	Respondents Answer (Freq. (%))			Mean ± SD
	A	N	DA	
Biosecurity is important in food production	117 (97.50)	1 (0.83)	2 (1.67)	<b>3.96±0.27</b>
Healthy people and animals can carry antibiotic resistant bacteria	61 (50.83)	11 (9.17)	48 (40.00)	<b>3.11±0.95</b>
When there is poor biosecurity, prophylactic antibiotics are an appropriate alternative to protect animal health	61 (50.83)	22 (18.33)	37 (30.83)	<b>3.20±0.88</b>
Long duration of antibiotic treatments can lead into AMR	108 (90.00)	4 (3.33)	8 (6.67)	<b>3.83±0.52</b>
Under-dosing of antibiotics can cause antibiotic resistance	117 (97.50)	1 (0.83)	2 (1.67)	<b>3.96±0.27</b>
Less public awareness of antibiotic resistance contribute to ABR	104 (86.67)	13 (10.83)	3 (2.50)	<b>3.84±0.43</b>
Excessive use of antibiotics in livestock and food production contribute to ABR	105 (87.50)	9 (7.50)	6 (5.00)	<b>3.83±0.50</b>

**Notes:** Numeric bold in last column represents the mean and standard deviation of the knowledge rating scale based on the Likert scale.

**Abbreviations:** A, Agree; N, Neutral; DA, Disagree; SD, Standard deviation.

**Table 4** Attitude of Healthcare Professionals Toward Antimicrobial Usage and Antimicrobial Resistance

Variables (Attitude Related)	Respondents Answer (Frequency) (%)					Mean $\pm$ SD
	SD	DA	N	A	SA	
Prescribing unnecessary antibiotics is professionally unethical	6 (5.00)	0	2 (1.67)	90 (75.00)	22 (18.33)	<b>4.01<math>\pm</math>0.81</b>
Inappropriate antimicrobial use can lead to resistance	0	3 (2.50)	1 (0.83)	87 (72.05)	29 (24.17)	<b>4.18<math>\pm</math>0.56</b>
We have enough antibiotics under development at the moment to keep up with the problem of resistance	8 (6.67)	69 (57.50)	11 (9.17)	31 (25.83)	1 (0.83)	<b>2.58<math>\pm</math>1.00</b>
Antibiotic resistance is a national problem	9 (0.83)	47 (39.17)	7 (5.83)	58 (48.33)	7 (5.83)	<b>3.11<math>\pm</math>0.99</b>
The antibiotics you prescribe may contribute to the problem of antibiotic resistance	0	24 (20.0)	2 (1.67)	87 (72.50)	7 (5.83)	<b>3.63<math>\pm</math>0.88</b>
Antibiotic resistance will be a greater problem later in your career than it is today	1 (0.83)	59 (49.17)	9 (7.50)	38 (31.67)	13 (10.83)	<b>3.03<math>\pm</math>1.12</b>
Antimicrobial resistance is worldwide problem	2 (1.67)	14 (11.67)	7 (5.83)	88 (73.33)	9 (7.50)	<b>4.14<math>\pm</math>0.49</b>
Do you feel you have sufficient knowledge on antibiotic use?	1 (0.83)	17 (14.17)	2 (1.67)	95 (79.17)	5 (4.17)	<b>3.72<math>\pm</math>0.79</b>
The more antibiotics I give to my animal, the healthier the animal becomes	20 (16.67)	69 (57.50)	3 (2.50)	26 (21.67)	2 (1.67)	<b>2.34<math>\pm</math>1.05</b>
If antibiotics are given too much to animals, it can cause any serious problem to man through meat and milk	4 (3.33)	9 (7.50)	2 (1.67)	94 (78.33)	11 (9.17)	<b>3.83 <math>\pm</math> 0.83</b>
Antimicrobial resistance is problem in Ethiopia	1 (0.83)	2 (1.67)	0	98 (82.50)	18 (15.00)	<b>4.09<math>\pm</math>0.53</b>
Application of one health approach is important to control antimicrobial resistance	1 (0.83)	0	3 (2.50)	90 (75.00)	26 (21.67)	<b>4.17<math>\pm</math>0.54</b>
Antimicrobial use and antimicrobial resistance Surveillance in humans is important to control antimicrobial resistance in animals	0	6 (5.00)	9 (7.50)	87 (72.50)	18 (15.00)	<b>3.98<math>\pm</math>0.65</b>
Doctor's prescription for drug use is important	0	0	1 (0.83)	58 (48.33)	61 (50.83)	<b>4.50<math>\pm</math>0.52</b>
Drug can transferred to human by consumption meat of animal treat recently	0	6 (5.00)	4 (3.33)	76 (63.33)	34 (28.33)	<b>4.15<math>\pm</math>0.71</b>
You need to have more knowledge and understanding on antibiotic usage	1 (0.83)	1 (0.83)	1 (0.83)	63 (52.50)	54 (45.00)	<b>4.40<math>\pm</math>0.64</b>
Overuse of antibiotics can lead to development of resistant organisms	1 (0.83)	3 (2.50)	5 (4.17)	92 (76.67)	19 (15.83)	<b>4.04<math>\pm</math>0.61</b>
As health professional, you have a role to play in preventing public health threats posed by antibiotic resistance	2 (1.67)	1 (0.83)	1 (0.83)	91 (75.83)	25 (20.83)	<b>4.13<math>\pm</math>0.62</b>
More cautious use of antimicrobials would decrease antimicrobial resistance	29 (24.17)	54 (45.00)	9 (7.50)	19 (15.83)	9 (7.50)	<b>2.38<math>\pm</math>1.22</b>
Broad spectrum antibiotics should be used in place of narrow spectrum antibiotics to reduce resistance	5 (4.17)	60 (50.00)	44 (36.67)	7 (5.83)	4 (3.33)	<b>2.54<math>\pm</math>0.81</b>

**Notes:** Numeric bold in last column represents the mean and standard deviation of the attitude rating scale based on the Likert scale.

**Abbreviations:** A, Agree; N, Neutral; DA, Disagree; SD, Standard deviation.

**Table 5** Number of Questions, Range, Scores, and Level of Knowledge and Attitude of the Participants

Variables	Number of Questions	Range of Score	Mean $\pm$ SD	Minimum Value	Maximum Value
Knowledge score	7	0–100	66.88 $\pm$ 6.90	46.43	75.00
Attitude score	20	0–100	66.17 $\pm$ 6.89	47.50	93.75

## Practice of Animal Health Professionals During Their Antimicrobial Usage

In this study, many participants stated (74.17%) always and (25.83%) sometimes on “Usage of antibiotics without doctor’s prescription.” Out of 120 participants, 76.67% sometimes, 15.00% always and 8.33% never responded to the study on repeated use of same drugs for a disease with similar clinical signs, and more than half (82.50%) never, (16.67%) also sometimes, and (0.83%) always on “How often do you undertake antimicrobial sensitivity testing before starting antibiotic treatment.” A large number of the participants (86.67%) stated their own previous experience, (10.83%) owner preference for a specific antibiotic, and (2.50) advice from colleagues on factors influencing their decision the most important when selecting an antibiotic to use. However, most of them had an incorrect response to questions asked about factors influencing their decision the most important when selecting an antibiotic to use, with 54.17% the cost of antibiotic drugs, 35.83% owner’s ability to pay, 6.67% marketing offers, 2.50% advertisements by drug representatives, and 0.83% profit margins for veterinarians (Table 6).

## Association of Knowledge Score with Socio-Demographic Characteristics on AMU

The results of the chi-square analysis showed that comparing participants from Sibu Sire, Leka Dulecha, and Nekemte town, the knowledge of antimicrobials varied significantly ( $p=0.007$ ). The antimicrobial knowledge scores tended to high (48.39%) in professionals from Sibu sire, followed by those from Nekemte sire. The majority (71.43%) of participants from Nekemte town had moderate knowledge regarding AMU and resistance. High AMR knowledge scores were associated with male sex. Individuals with experience of between 10–50 years of work experience had moderate knowledge scores for antimicrobial usage and means of drug resistance (Table 7).

**Table 6** Practice of Professionals Toward Antibiotic Usage, Resistance, and Residue Development

Factors on Practice of AHPs	Always	Sometimes	Never
	No. (%)	No. (%)	No. (%)
Usage of antibiotics without doctor’s prescription	89 (74.17)	31 (25.83)	0 (0)
How often do you give antibiotics to your animals?	3 (2.50)	115 (95.83)	2 (1.67)
Repeatedly use of same drugs for a disease with similar clinical sign	18 (15.00)	92 (76.67)	10 (8.33)
Have a standardized protocol for treating sick animals with antibiotics	16 (13.33)	104 (86.67)	0 (0)
How often do you encounter owner-initiated antibiotic treatment before presentation?	46 (38.33)	64 (53.33)	10 (8.33)
How often do you undertake antimicrobial sensitivity testing before starting antibiotic treatment?	1 (0.83)	20 (16.67)	99 (82.50)
Factors influence your decision the most important when selecting an antibiotic to use	Frequency (%)		
Owner preference for a specific antibiotic	13 (10.83)		
My own previous experience	104 (86.67)		
Advice from colleagues	3 (2.50)		
Factors influence your decision the most important when selecting an antibiotic to use	Frequency (%)		
Cost of antibiotic drug	65 (54.17)		
Owner ability to pay	43 (35.83)		
Marketing offers	8 (6.67)		
Advertisement by drug representative	3 (2.50)		
Profit margin to veterinarian	1 (0.83)		



**Table 7** Association of Knowledge and Attitude, and Influencing Factors

Variables	Categories	Number of Respondents	Knowledge, Freq. (%)			X <sup>2</sup>	P-value
			Good	Moderate	Poor		
Location	Sibu Sire	31	15 (48.39)	16 (51.61)	(0)	14.13	0.007
	Leka Dulecha	33	5 (15.15)	23 (69.70)	5 (15.15)		
	Nekemte town	56	11 (19.64)	40 (71.43)	5 (8.93)		
Sex	Female	43	10 (23.26)	30 (69.77)	3 (6.98)	0.47	0.787
	Male	77	21 (27.27)	49 (63.64)	7 (9.09)		
Age	18–24	26	7 (26.92)	18 (69.23)	1 (3.85)	1.99	0.920
	25–34	72	18 (25.00)	46 (63.89)	8 (11.11)		
	35–44	18	5 (27.78)	12 (66.67)	1 (5.56)		
	45–54	23	1 (25.00)	3 (75.00)	0 (0.00)		
Educational Level	Diploma	59	12 (20.34)	42 (71.19)	5 (8.47)	3.334	0.764
	BVS	39	12 (30.77)	25 (64.10)	2 (5.13)		
	DVM	15	5 (33.33)	8 (53.33)	2 (13.33)		
	MSc	7	2 (28.57)	4 (57.14)	1 (14.29)		
Experience (in years)	(0–5)	21	6 (28.57)	14 (66.67)	1 (4.76)	6.68	0.351
	(5–10)	66	20 (30.30)	38 (57.58)	8 (12.12)		
	(10–15)	26	4 (15.38)	21 (80.77)	1 (3.85)		
	>15	7	1 (14.29)	6 (85.71)	0 (0.00)		
Employment	Gov't	67	22 (32.84)	40 (59.70)	5 (7.46)	5.62	0.229
	NGO	4	0 (0.00)	3 (75.00)	1 (25.00)		
	Private	49	9 (18.37)	36 (73.47)	4 (8.16)		

## Discussion

Various studies have demonstrated that inappropriate use of antibiotics, especially antibiotics shared between humans and animals, plays an important role in the occurrence of AMR.<sup>27,28</sup> Knowing the KAP of professionals and the intervening is very important against AMU and AMR.<sup>29</sup> Livestock diseases are a priority issue for livestock farmers across Ethiopia and other low-income countries with large livestock populations and diverse climatic conditions that favor the emergence of pathogens. Antibiotics are widely used to control a variety of diseases.<sup>30,31</sup> Farmers' access to, use of, and satisfaction with veterinary services vary significantly across livestock systems, geographic regions, socioeconomic classes, and service providers.<sup>32</sup> Varying levels of resistance to drug-resistant bacteria have also been reported in livestock, in agricultural environments, and in agricultural workers, posing a serious threat to public health and the economy in low-income countries, including Ethiopia.<sup>33,34</sup> Therefore, monitoring AMU in livestock production provides useful information for policy development to reduce AMR risks.<sup>20</sup> Thus, the main objective of this study was to assess the knowledge, attitude and practice (KAP) on antibiotic use and resistance development among AHPs in Leka Dulecha, Sibu Sire District, and Nekemte town.

## The Knowledge of AHPs About Antimicrobial Usage and Antimicrobial Resistance

A better understanding of vaccines, antibiotics, antibiotic residues, drug withdrawal, and AMR is needed to reduce the risk of AMR. Vaccines are used prophylactically to reduce the occurrence of infectious diseases, the use of antibiotics, and the emergence and spread of AMR.<sup>35</sup> In this study, the majority (93.33%) of respondents correctly knew that antibiotics are not effective against viral infections. This number is higher than the findings of Sobeck et al,<sup>36</sup> which found that 57% of respondents in the United States believe that antibiotics can cure viral infections. There are differences between studies, in Romania, 37.51% of respondents believe that antibiotics can treat viral infections.<sup>37</sup> This difference may be due to the fact that the respondents in this study were professionals.

In this study, respondents showed a high level of knowledge about the use of antibiotics. However, only more than half (56.67%) of the respondents fail to get appropriate answers to the statement stated as “Even if man consumes antibiotics in meat/milk, it will only make him healthier.” This may be because most animal healthcare professionals lack knowledge of antimicrobial residues. This warrants transparent communication between livestock experts and stakeholders to create awareness.

According to the results of this study, many participants (85.00%) knew that if bacteria become resistant to antibiotics, treating the infections they cause can be very difficult. This result is slightly higher than research conducted in Bahir Dar (69.7%),<sup>38</sup> Jordan (50%),<sup>39</sup> and Namibia (72%).<sup>40</sup> These variations may be the result of differences in expert understanding of antibiotic-resistant bacteria. Less than half of veterinary professionals (43.33%) knew that drug-resistant bacteria have been found in humans, animals, foods, and the environment. This study is different from the study conducted in Bangladesh (80.5%).<sup>41</sup> This variation may have resulted from lack of understanding and exposure.

According to the results of the current study, more than half (50.83%) of the participants agreed with the view that health people and animals can carry antibiotic resistant bacteria. According to a report by Xian Municipal Human resources and social security Bureau (XMRSSB, 2018)<sup>42</sup> the knowledge of participants in this study was higher than that of a previous Chinese survey conducted in 2015. This higher knowledge might be explained by the fact that respondents in the present study were more concerned about their antibiotic use than the experts. Given that increased UAM frequency is an important factor contributing to AMR, especially when used improperly,<sup>43–45</sup> it is reasonable that suggest that these antimicrobial drugs increase the risk.

## Attitude of AHPs Toward Antimicrobial Usage and Antimicrobial Resistance

The study participants' attitude toward the AMU and resistance were the internal perception and feelings that AHPs had toward antibiotic stewardship, which could be positive or negative. In this study, 18.33% strongly agreed that prescribing unnecessary antibiotics was a professional unethical problem. This result is similar to that reported for Jordan.<sup>39</sup> However, this is not similar to the study in Harar City where 31% of participants who prescribed unnecessary antibiotics is a professional unethical problem. This difference was a result of respondents' professional backgrounds. Many animal healthcare professionals (48.33%) agree, 5.83% strongly agree, and 39.17% disagree on inappropriate antimicrobial use can lead to resistance. This difference was a result of respondents' professional backgrounds.

Most animal healthcare professionals (72.50% agree) on inappropriate antimicrobial use can lead to resistance. There was significant variation between the studies in Oromiya zone; 28.9% of respondents appreciated that irrational AMU can lead to antimicrobial resistance.<sup>12</sup> It also differs from a study in Switzerland (63.7%).<sup>46</sup> About 45.6% of the subjects agreed that the overuse of antibiotics will lead to antibiotic resistance.<sup>47</sup> This discrepancy may be due to the inadequate instruction received at school.

The majority of AHPs (45.00%) responded strongly disagree that more cautious use of antibiotics would reduce antibiotic resistance. Unlike the study conducted at Fitch Hospital, more than half (59%) of the respondents strongly disagreed that more cautious use of antibiotics would reduce antimicrobial resistance.<sup>48</sup> In this study, the majority of medical experts (50.00%) disagreed that broad-spectrum antibiotics used should be instead of narrow spectrum to reduce drug resistance. There were many variations; in the Colombian study, 24.6% said it better to prescribe broad spectrum antibiotics to ensure patients are cured of infection than narrow spectrum, and in the study conducted at Fitch Hospital, 35% of experts responded that broad spectrum antibiotics should be used instead of narrow spectrum to reduce drug

resistance.<sup>48</sup> This discrepancy might be due to the lack of understanding the intended use of broad and narrow spectrum antibiotics.

## Practice of Animal Health Professionals on AMU and AMR

A strong association between AMU and AMR in livestock has been observed in observational studies and surveillance data.<sup>49</sup> Many causes are attributed to excessive and inappropriate use AM in livestock farming. The lack of national guidelines, the poor quality of veterinary products on markets, the way pets are treated by owners, the lack understanding of danger of overuse, and the lack of access to veterinary drugs over-the-counter by the public are some of these problems.<sup>49–51</sup>

The observed driver of improper AM prescription is multifactorial. Laboratory diagnostic and AM sensitivity tests are important guides for the selections of AM by veterinarians.<sup>52</sup> However, resource-poor countries are still lagging partly because of their limited laboratory capacity.<sup>53</sup> Therefore, most veterinary professionals rely primarily on signs and clinical experience to diagnose and treat animals. In the current study, most (82.50%) of the professionals did not undergo antimicrobial sensitivity testing before starting antibiotic treatment. This clinical sign-based diagnosis, and hence, treatment, can only be effective in advanced clinical settings where field diagnostics are used. The development and use of field friendly diseases diagnostics and management tools may be improve AMU and reduce AMR. Examples include the Faffa Malan Chart (FAMACHA) for detecting anemia in sheep in tropics<sup>54</sup> and the use of body weight estimation bands for other breeds and cross breeds in Senegal for accurate dosing in veterinary medicine drug used.<sup>55</sup>

Regarding the factors influencing professional decision in AMR development, most (74.17%) of the respondents used antibiotics without doctor's prescription for themselves. The veterinary profession in impoverished nations is accustomed to facing challenges in the prescriptions and use of antibiotics. Animal owners throughout Africa frequently purchase AM without a prescription from a veterinarian, utilize leftover AM and refuse to pay for diagnostic testing.<sup>56,57</sup> Additionally, many African countries reported other reasons, such as limited access to veterinary professionals and the subsequent involvement of the informal veterinary sector in the distribution of AM.<sup>51</sup> To ensure sufficient UAM across the continent, it is important to strengthen the capacity of public and private veterinary services.

In the current study, the owner's preference for a particular antibiotic (10.83%) and my previous experience (86.67%) with these factors influenced the respondents' most important decision when choosing to use an antibiotic. It has also been suggested elsewhere that veterinary physicians attempt to meet clients/patients' expectation even when they believe antibiotics are necessary.<sup>58,59</sup> Health facilities in most low and middle income countries are characterized by inadequate laboratory facilities and high patient to clinician ratios.<sup>60–62</sup>

## Conclusion and Recommendations

In order to combat AMR in animal and human health, careful research and comprehension of AM consumptions are necessary. Professionals in animal health can play a crucial role in reducing AMR and misuse of AM, its occurrence in animal-derived foods, and the associated risk to human health. The key roles of AHP in combating AMR is usage of AM judiciously with prescription, hence reducing both residue (by insisting the withdrawal period) and resistance (via wise use of right drug at right time for right patient). They are the close friend of livestock owners. The majority of animal healthcare professionals from both the study districts and Nekemte town had moderate knowledge. Regarding sex, the majority of females had low knowledge. There are not enough guidelines or antimicrobial awareness initiatives to encourage the best possible usage of antimicrobials. Multifactorial and integrated awareness building for animal healthcare professionals and producers is required in order to reduce the contribution of animal production to the global health concern posed by antimicrobial resistance (AMR). This approach should be implemented in a variety of nations, each of which has a different level of livestock sector economic development. In conclusion, this study revealed a lack of adequate knowledge however positive attitudes toward antimicrobial use and resistance development. Most professionals focus on drug usage, which exacerbates the occurrence of antimicrobial resistance, but relying on vaccination and herbal medicine can be a good initiative for antimicrobial usage and reduction of AMR. Hence, professionals need to adhere to

antimicrobial usage guidelines and apply theoretical concepts in practice through their jobs, and provide training, workshops, appropriate AM use and resistance, and stewardship program for all professionals.

## Abbreviations

AMR, Antimicrobial resistance; AMU, Antimicrobial use; CSA, Central Statistics Agency; DA, Disagree; FAO, Food and Agriculture Organization; KAP, Knowledge, attitude practice; SA, Strongly agree; SD, Strongly disagree; SD, Standard deviation; TLU, Tropical domesticated animals units; WHO, World Health Organization.

## Data Sharing Statement

The data regarding this study can be accessed from the corresponding author on reasonable request.

## Ethics Approval and Consent to Participate

Before startup of the research, Wallaga University School of Veterinary Medicine Review committee has seen the proposal of the research and approved by minute reference number VMERC 16/02/01/2022 as the study has no ethical or moral problem on the respondents. Written consent was prepared and shared each and every respondent, and the respondent agreed before giving data.

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## Author Contributions

All authors agreed to submit the work to the current journal, agreed to be held accountable for all aspects of the work, and made significant contributions to the conception and design, data acquisition, analysis, and interpretation. They also participated in the article's drafting or critical revision for important intellectual content.

## Disclosure

The authors report no conflicts of interest in this work.

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