Hindawi Publishing Corporation Journal of Skin Cancer Volume 2015, Article ID 306543, 6 pages http://dx.doi.org/10.1155/2015/306543

Research Article

Mycosis Fungoides in Iranian Population: An Epidemiological and Clinicopathological Study

Farahnaz Fatemi Naeini, Bahareh Abtahi-Naeini, Hamidreza Sadeghiyan, Mohammad Ali Nilforoushzadeh, Jamshid Najafian, and Mohsen Pourazizi

Correspondence should be addressed to Mohsen Pourazizi; m.pourazizi@yahoo.com

Received 10 December 2014; Revised 7 January 2015; Accepted 10 January 2015

Academic Editor: Iris Zalaudek

Copyright © 2015 Farahnaz Fatemi Naeini et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Background. Mycosis fungoides (MF) is the most common subtype of cutaneous T-cell lymphoma. Extensive studies on Iranian MF patients are absent. The present study aimed to produce updated clinical information on Iranian MF patients. *Methods*. This was a retrospective, descriptive, single-center study, including all cases of MF seen in the Department of Dermatology, University Hospital of Isfahan, Iran, between 2003 and 2013. Data systematically recorded for each patient included clinical, biological, histological, and molecular findings. *Results*. Eighty-six patients with clinical and histologic diagnosis of MF were included in the study. Thirty-nine patients (45.3%) were male. Female predominance was observed in patients (male: female ratio is 1:1.2). Patients were between 7 and 84 years of age (median: 41). The interval from disease onset to diagnosis ranged from 0 to 55 years (median: 1 year). Eighteen cases (20.9%) had unusual variants of MF. The most common types included hypopigmented and poikilodermatous MF. Childhood cases of MF constituted 5.8% (5/86) of all patients. The early stages were seen in 82 cases (95.34%). *Conclusion*. The major differences in epidemiologic characteristics of MF in Iran are the lack of male predominance and the lower age of patients at the time of diagnosis.

1. Introduction

Mycosis fungoides (MF) is the most common subtype of cutaneous T-cell lymphoma (CTCL). MF differs from other primary CTCLs by virtue of unique clinical features and histopathology [1, 2]. Patients with MF commonly present with persistent and/or slowly progressive skin lesions of varying size and shape [3].

The natural history of MF is characterized by an indolent progression through four stages: patch, plaque, tumor, and visceral involvement, but this progression is not necessarily seen in all patients [4]. Many variants of this lymphoma substantially differ from "classic" MF and are therefore sometimes referred to as "atypical" forms of the disease [4].

Atypical forms of MF include hypopigmented, hyperpigmented, ichthyosiform, pityriasis lichenoides-like, granulomatous, folliculotropic, bullous, palmoplantar, pagetoid reticulosis, and granulomatous slack skin [3, 4].

The peak age at presentation is in excess of 55 to 60 years, with a 2:1 male: female ratio [5, 6]. Although MF is a disease mainly seen in older patients, it can be seen in patients under the age of 35 with similar clinical findings [7, 8].

Extensive studies on Iranian MF patients are absent. The present study thus aimed to produce updated clinical information on Iranian MF patients, including epidemiology, patient characteristics, clinicopathologic features, and treatment.

¹Skin Diseases and Leishmaniasis Research Center, Department of Dermatology, Isfahan University of Medical Sciences, Isfahan, Iran

²Students' Research Committee, Isfahan University of Medical Sciences, Isfahan, Iran

³Skin and Stem Cell Research Center, Tehran University of Medical Sciences, Tehran, Iran

⁴Cardiovascular Research Center, Cardiovascular Research Institute, Isfahan University of Medical Sciences, Isfahan, Iran

⁵Students' Research Committee, Semnan University of Medical Sciences, Semnan, Iran

2. Methods

Between 2003 and 2013, patients with MF from single-center resident training hospitals had been retrospectively enrolled into the study.

A diagnosis of MF was confirmed according to International Society for Cutaneous Lymphoma (ISCL)/EORTC criteria [1, 9] and, if necessary, based on the proposed algorithm for early phase disease [10].

The analyzed clinical data included the age of the patients at the time of diagnosis, the age of the patients at the time of initiation, the cutaneous lesion, sex, and the status of disease at the last follow-up examination. Hematoxylin and eosinstained slides, immunohistochemical stains for basic B- and T-cell markers (CD20 and CD3 and/or CD45RO), and additional immunostaining, including CD4, CD8, CD30, and CD5, were histologically evaluated by an expert dermatopathologist. Polymerase chain reaction analyses of T-cell receptors (TCR) b or c and immunoglobulin heavy chain gene rearrangement were reviewed.

In all the patients, the presence of extracutaneous disease at the time of diagnosis had been excluded by standard staging procedures.

Stage workup (chest radiology, bone marrow biopsy, computed tomography scan of chest, abdomen, and pelvis) and overall survival were obtained by reviewing the clinical records

To determine the stage of MF, the tumor-node-metastasis (TNM) system was used [11]. The clinical staging was performed as proposed by Olsen et al. [12].

After data collection, statistical analysis was performed by the SPSS software version 19.

3. Results

Eighty-six patients with clinical and histologic diagnosis of MF were included in the study.

Table 1 summarizes the demographic profiles and basic data of the 86 patients in our study with MF (Table 1). 45.3% patients (39 cases) were male. Female predominance was observed in the patients (male:female ratio is 1:1.2). All patients were Iranian. The patients with MF were between 7 and 84 years of age (median: 41). The mean \pm standard deviation (SD) age at the time of skin lesion initiation was 45.02 ± 17.47 and 38.80 ± 16.02 for males and females, respectively.

The interval from disease onset to diagnosis ranged from 0 to 55 years (median: 1 year).

Table 2 summarizes the clinical and histologic variants of the patients with MF (Table 2). At the time of diagnosis, the most prevalent skin lesions were an erythematous scaly patch (Figure 1).

From 68 patients with classic MF, 42 patients presented with the patch, 21 with plaque, 4 with a tumor, and only one with erythroderma (Table 2). From 86 patients with MF, 18 cases (20.9%) had unusual variants. The most common types included hypopigmented MF (Figure 1(b)) and poikilodermatous MF (Figure 1(c)). Other clinical types of MF

TABLE 1: Demographic profile and basic data of 86 patients with mycosis fungoides.

Age (years)	
Range	7-84
Median	41
Mean (±SD)	41.51 ± 16.85
Sex	
Male	39 (45.3%)
Female	47 (54.7%)
Latent period (years)	
Range	0-55
Median	1
Mean (±SD)	4.67 ± 8.70
Type of MF	
Classic	68 (79.06%)
Variant	18 (20.94%)
TNM stage	
IA	36 (41.9%)
IB	43 (50%)
IIA	1 (1.2%)
IIB	5 (5.8%)
IIIA	1 (1.2%)
IVA1	0
IVA2	0
IVB	0

including pityriasis lichenoides-like lesions, syringotropic, ichthyosiform, and bullous variant were not observed in our patients. Hypopigmented skin lesions were seen in 5 (5.8%) patients and included a pure hypopigmented variant in three patients, whereas others had hypopigmented lesions mixed with other types. This group included 4 women and one man, 15–34 years of age, at diagnosis (Table 2). The patients with hypopigmented MF were observed to have a younger mean age at diagnosis (25.60 \pm 7.30 years) as compared with other MF cases (42.52 \pm 16.80 years).

Only one patient had folliculotropic MF (Figure 1(d)). One patient had lymphomatoid papulosis accompanying MF. Three patients (3.5%) had a solitary MF lesion, whereas others had multiple lesions (Table 2).

Childhood cases of MF (younger than 18 years) constituted 5.8% (5/86) of all the MF patients. There were two male and three female patients (male: female ratio is 1:1.5).

There was no familial clustering. None of the patients had HIV or other forms of immunosuppression.

According to the TNM classification, among 86 cases of MF, the early stage (stage I + IIA) included 82 cases (95.34%) and the advanced stage (stage IIB + III + IV) included four cases (4.66%). One female patient had a large cell transformation during the course of disease. Progression to the late stages of MF is not seen in childhood/juvenile-onset MF patients.

Immunophenotypic analysis demonstrated that 77.6% of the patients with MF were CD4 positive. CD20 was negative in all patients. In our patients, the conventional T-helper

TABLE 2: Clinical characteristics of patients based on the different clinical variants of mycosis

Classification	Number of cases (%)	Sex		Age, year	Latent period, year	Staging	
		M	F	median (range)	median (range)	Early	Advanced
	Clas	ssic ty	pe of	MF (n = 68)			
(i) Patch	42 (48.8)	19	23	42 (7-82)	1 (0-27)	42	0
(ii) Plaque	21 (24.4)	11	10	48 (19-84)	1 (0-30)	21	0
(iii) Tumoral	4 (4.7)	3	1	55 (31–59)	7 (3–25)	2	2
(iv) Generalized erythroderma	1 (1.2)	1	0	45	1	0	1
	Var	iant ty	pe of	MF $(n = 18)$			
(i) Hypopigmented	5 (5.8)	1	4	28 (15-34)	3 (1–10)	5	0
(ii) Poikilodermic	5 (5.8)	2	3	44 (23–62)	1 (0-55)	5	0
(iii) Solitary	3 (3.5)	2	1	31 (30–38)	0 (0-6)	3	0
(iv) Hyperpigmented	2 (2.3)	0	2	32 (23-41)	0	2	0
(v) Folliculotropic	1 (1.2)	0	1	45	1	0	1
(vi) Pigmented purpura-like lesion	1 (1.2)	0	1	26	0	1	0
(vii) Hyperkeratotic	1 (1.2)	0	1	18	0	1	0

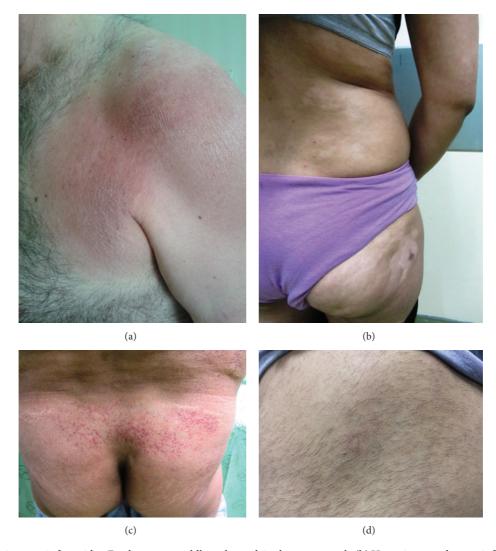


FIGURE 1: (a) Classic mycosis fungoides. Erythematous mildly scaly patch in the upper trunk. (b) Hypopigmented mycosis fungoides. Multiple hypopigmented and ill-defined to well-defined patches were seen on the back and thigh. (c) Poikilodermatous mycosis fungoides. The lesions are characterized by hypopigmentation and hyperpigmentation with atrophy and telangiectasia. (d) Folliculotropic mycosis fungoides. Diffuse perifollicular inflammatory papules coalescing into plaques.

TABLE 3: T-helper phenotype in 86 Iranian patients.

T-helper phenotype	Frequency	Percent (%)
CD4+/CD8+	13	15.5
CD4-/CD8-	4	4
CD4+/CD8-	54	63
CD4-/CD8+	15	17.5

Table 4: Treatment modalities used for mycosis fungoides in 86 Iranian patients^a.

Treatment modality	Number (%)
Topical corticosteroids	7 (8.1)
Topical carmustine (BCNU)	37 (43)
Topical nitrogen mustard	1 (1.2)
Narrow-band UVB (NBUVB)	33 (38.4)
Oral psoralen plus UVA (PUVA)	23 (26.7)
Local radiotherapy	3 (3.5)
Chemotherapy (systemic)	1 (1.2)
Methotrexate	1 (1.2)
Interferon	3 (3.5)

^aMany patients had more than one treatment modality at different periods of their disease

phenotype (CD4+/CD8-) was the most common one (63% of patients) (Table 3).

A clonal T-cell receptor rearrangement was detected in the skin biopsy in 9 patients (36%) from a total of 25 patients in whom T-cell receptor analysis was possible.

Antibodies to HTLV-1 were not detected in the sera of any patients with MF by ELISA. Seven patients (8.1%) had abnormal lactate dehydrogenase (LDH). None of the patients died during the study period in the early stages.

Table 4 summarizes the different treatment modalities used (Table 4). Thirteen patients (15.3%) of the whole achieved complete clearance.

4. Discussion

The major differences in the epidemiologic characteristics of MF in Isfahan, Iran, are lack of male predominance and the lower age of patients at the time of diagnosis in those reported from the West. It was reported that the incidence rate of MF in Isfahan is the same as that in other parts of Iran, which is largely similar to the data of other countries [7].

MF is generally rare among Asians and it has a higher incidence rate in blacks [13, 14]; it can be concluded that immunogenetics or interactions of genetic susceptibility and the environment may have a role in MF incidence [5].

There is a male predominance in almost all studies on CTCLs and MF, with a male: female ratio of 1.3:1 to 2:1 [15–17].

The proportion of our patients complaining on the onset of their disease before 21 years was much higher, similar to the epidemiological study in Kuwait [18]. The occurrence of MF in younger patients in Isfahan, Iran, may be related to

some ethnic or genetic variations, but the environmental and occupational factors need to be determined.

Some studies have found an increased incidence of CTCL among workers in chemical science, transportation, and manufacturing industries, whereas other studies have not [19].

Hydrocarbons and petrochemical exposure have been reported to carry an increased MF risk [20, 21]. Whether a greater exposure to chemical agents has some contribution to the course of MF in this region remains to be determined.

In the Iran-Iraq War (1980–1988), it is not known whether chemical weapons by Iraq contained Sulfur mustard (SM), a DNA alkylation, and a well-known carcinogenic agent [22]. This hypothesis can be considered for relatively younger ages of diagnosis among the population in Kuwait. The exposure to burning oil during the war contributed to environmental pollution [18]. To evaluate a possibility of pollutants playing a role in the etiology of CTCL, more data needs to be addressed as potential confounders in future studies.

The prevalence of childhood MF among different studies has varied between 2.7% and 16.6% [23, 24]. In the present study, about 6% of cases were younger than 18 years at the time of diagnosis. Thus, our study is compatible with these reports. There was no significant difference in gender in our study in childhood MF.

Among the atypical forms of MF, hypopigmentation is one of the most prevalent forms in Asians [25]. Hypopigmented MF is overwhelming in Asians, with only 16 cases reported as of 2012 in Caucasians [3]. Compared with other clinical manifestations of MF, the hypopigmented MF is more prevalent in young age groups [18, 25]. The reason for the relative high frequency of hypopigmented MF in young patients is not known [26, 27]. In agreement with our study, the mean age at diagnosis is lower in the hypopigmented compared with the classic variant [28, 29]. On the other hand, the hypopigmented variant was noted in 79% of patients less than 18 years old [30].

Our data is compatible with the study of Quaglino et al. [31] in the fact that the current study showed a minority of patients were found to have tumor lesions or erythroderma and extracutaneous involvement. The definitive diagnosis of MF, particularly early stage of disease, is challenging as many of its clinical and pathologic features are nonspecific.

The median time from symptom onset to diagnosis in retrospective studies is 3-4 years, but it may exceed four decades [14, 32, 33].

The current study differs from that of Quaglino et al. in the fact that the median time from the onset of cutaneous lesions to diagnosis was 2 years [31].

In the present study, the mean time from symptom onset to definite diagnosis was about 5–10 years, which is significantly different in male and female patients.

Several studies have shown that nearly all patients with MF are HTLV-1 seronegative [34]. Our findings do not support an association between HTLV-1 infections and showed that MF does not correlate with HTLV-1 infections in Isfahan, Iran

Usually, MF is characterized by an infiltrate of T-helper memory lymphocytes (CD3+, CD4+, CD5+, CD8-, and

CD45RO+) [1]. However, in a minority of cases the neoplastic cells exhibit a T-cytotoxic (CD4-/CD8+) or a CD4/CD8 double-negative phenotype that shows no clinical and/or prognostic differences [35]. de Marchi et al. showed that the coexpression of CD4 and CD8 in patients with MF is associated with a slightly lower rate of progressive disease compared with patients with conventional CD4+/CD8- phenotype. These findings raise the possibility that the coexpression of CD4 and CD8 in cutaneous lesions may confer a better prognosis in MF [36]. The lower tendency of progression of the disease in our patients with the coexpression of CD4 and CD8 might be related to the increased activity of antitumor CD8+ lymphocytes infiltrating the lesions [36].

5. Conclusions

Although the group of this study is really not very large and also the number of the patients with more advanced disease is small, it may be the starting point for a larger multicenter study in Iran. Whether the occurrence of MF in younger patients in Iran is related to some ethnic or genetic variations or to environmental factors needs to be determined. A prospective multicenter study on a larger population of patients with a longer follow-up might be useful to confirm the possible causes of these epidemiological differences.

Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

Acknowledgments

The authors would like to thank Dr. Mina Saber (dermatologist) and Dr. Maryam Gholami (dermatologist) for their help with using the photoclinical databank.

References

- [1] R. Willemze, E. S. Jaffe, G. Burg et al., "WHO-EORTC classification for cutaneous lymphomas," *Blood*, vol. 105, no. 10, pp. 3768–3785, 2005.
- [2] R. S. Siegel, T. Pandolfino, J. Guitart, S. Rosen, and T. M. Kuzel, "Primary cutaneous T-cell lymphoma: review and current concepts," *Journal of Clinical Oncology*, vol. 18, no. 15, pp. 2908– 2925, 2000.
- [3] M. S. Jang, D. Y. Kang, J. B. Park, S. T. Kim, and K. S. Suh, "Cutaneous T-cell lymphoma in asians," *ISRN Dermatology*, vol. 2012, Article ID 575120, 8 pages, 2012.
- [4] D. V. Kazakov, G. Burg, and W. Kempf, "Clinicopathological spectrum of mycosis fungoides," *Journal of the European Academy of Dermatology and Venereology*, vol. 18, no. 4, pp. 397–415, 2004.
- [5] V. D. Criscione and M. A. Weinstock, "Incidence of cutaneous T-cell lymphoma in the United States, 1973–2002," *Archives of Dermatology*, vol. 143, no. 7, pp. 854–859, 2007.
- [6] N. S. Agar, E. Wedgeworth, S. Crichton et al., "Survival outcomes and prognostic factors in mycosis fungoides/Sézary syndrome: validation of the revised International Society for

- Cutaneous Lymphomas/European Organisation for Research and Treatment of Cancer staging proposal," *Journal of Clinical Oncology*, vol. 28, no. 31, pp. 4730–4739, 2010.
- [7] M. Salehi, Z. Azimi, F. Fatemi, P. Rajabi, M. Kazemi, and G. Amini, "Incidence rate of mycosis fungoides in Isfahan (Iran)," *The Journal of Dermatology*, vol. 37, no. 8, pp. 703–707, 2010.
- [8] F. F. Naeini, H. Sadeghiyan, M. Pourazizi, J. Najafian, and B. Abtahi-Naeini, "Characteristics of primary cutaneous T-cell lymphoma in Iran: a 10-year retrospective study," *International Scholarly Research Notices*, vol. 2014, Article ID 820921, 5 pages, 2014.
- [9] R. Willemze, H. Kerl, W. Sterry et al., "EORTC classification for primary cutaneous lymphomas: a proposal from the cutaneous lymphoma study group of the European organization for research and treatment of cancer," *Blood*, vol. 90, no. 1, pp. 354– 371, 1997.
- [10] N. Pimpinelli, E. A. Olsen, M. Santucci et al., "Defining early mycosis fungoides," *Journal of the American Academy of Dermatology*, vol. 53, no. 6, pp. 1053–1063, 2005.
- [11] J. J. Scarisbrick, "Staging and management of cutaneous T-cell lymphoma," *Clinical and Experimental Dermatology*, vol. 31, no. 2, pp. 181–186, 2006.
- [12] E. Olsen, E. Vonderheid, N. Pimpinelli et al., "Revisions to the staging and classification of mycosis fungoides and Sézary syndrome: a proposal of the International Society for Cutaneous Lymphomas (ISCL) and the cutaneous lymphoma task force of the European Organization of Research and Treatment of Cancer (EORTC)," Blood, vol. 110, no. 6, pp. 1713–1722, 2007.
- [13] E. S. T. Tan, M. B. Y. Tang, and S. H. Tan, "Retrospective 5-year review of 131 patients with mycosis fungoides and Sézary syndrome seen at the National Skin Centre, Singapore," *Australasian Journal of Dermatology*, vol. 47, no. 4, pp. 248–252, 2006
- [14] R. van Doorn, C. W. van Haselen, P. C. V. V. Vader et al., "Mycosis fungoides: disease evolution and prognosis of 309 Dutch patients," *Archives of Dermatology*, vol. 136, no. 4, pp. 504–510, 2000.
- [15] B. Tahmasebi, M. Mahmoudi, Y. Yahyapour, M. Jamshidi, and N. K. Holakouei, "Determination and comparison of incidence rate and trend of morbidity of leukemia and lymphoma in Mazandaran province (1376–1382)," *Journal of Mazandaran University of Medical Sciences*, vol. 16, no. 54, pp. 87–89, 2006.
- [16] S. Babazadeh, A. R. Andalib, J. Emami et al., "Epidemiology of cancers in Isfahan province: a retrospective study (1981–1996)," *Journal of Research in Medical Sciences*. In press.
- [17] R. A. Wilcox, "Cutaneous T-cell lymphoma: 2014 update on diagnosis, risk-stratification, and management," *The American Journal of Hematology*, vol. 89, pp. 837–851, 2014.
- [18] Q. A. Alsaleh, A. Nanda, H. Al-Ajmi et al., "Clinicoepidemiological features of mycosis fungoides in Kuwait, 1991–2006," *International Journal of Dermatology*, vol. 49, no. 12, pp. 1393– 1398, 2010.
- [19] J. F. Moreau, J. M. Buchanich, J. Z. Geskin, O. E. Akilov, and L. J. Geskin, "Non-random geographic distribution of patients with cutaneous T-cell lymphoma in the Greater Pittsburgh Area," *Dermatology Online Journal*, vol. 20, no. 7, 2014.
- [20] M. H. Greene, N. A. Dalager, S. I. Lamberg, C. E. Argyropoulos, and J. F. Fraumeni Jr., "Mycosis fungoides: epidemiologic observations," *Cancer Treatment Reports*, vol. 63, no. 4, pp. 597–606, 1979.
- [21] M. M. Morales-Suárez-Varela, J. Olsen, P. Johansen et al., "Occupational sun exposure and mycosis fungoides: a european

multicenter case-control study," *Journal of Occupational and Environmental Medicine*, vol. 48, no. 4, pp. 390–393, 2006.

- [22] J. S. Graham and B. A. Schoneboom, "Historical perspective on effects and treatment of sulfur mustard injuries," *Chemico-Biological Interactions*, vol. 206, no. 3, pp. 512–522, 2013.
- [23] E. Tan, Y. K. Tay, and Y. C. Giam, "Profile and outcome of child-hood mycosis fungoides in Singapore," *Pediatric Dermatology*, vol. 17, no. 5, pp. 352–356, 2000.
- [24] A. Nanda, Q. A. Alsaleh, H. Al-Ajmi et al., "Mycosis fungoides in arab children and adolescents: a report of 36 patients from Kuwait," *Pediatric Dermatology*, vol. 27, no. 6, pp. 607–613, 2010.
- [25] R. Akaraphanth, M. C. Douglass, and H. W. Lim, "Hypopig-mented mycosis fungoides: treatment and a 6(1/2)-year follow-up of 9 patients," *Journal of the American Academy of Dermatology*, vol. 42, no. 1, part 1, pp. 33–39, 2000.
- [26] R. Fink-Puches, A. Chott, M. Ardigó et al., "The spectrum of cutaneous lymphomas in patients less than 20 years of age," *Pediatric Dermatology*, vol. 21, no. 5, pp. 525–533, 2004.
- [27] P. Quaglino, A. Zaccagna, A. Verrone, F. Dardano, and M. G. Bernengo, "Mycosis fungoides in patients under 20 years of age: report of 7 cases, review of the literature and study of the clinical course," *Dermatology*, vol. 199, no. 1, pp. 8–14, 1999.
- [28] U. Khopkar, B. R. Doshi, A. M. Dongre, and S. Gujral, "A study of clinicopathologic profile of 15 cases of hypopigmented mycosis fungoides," *Indian Journal of Dermatology, Venereology* and Leprology, vol. 77, no. 2, pp. 167–173, 2011.
- [29] K. M. AlGhamdi, M. M. Arafah, L. A. Al-Mubarak, A. Khachemoune, and F. M. Al-Saif, "Profile of mycosis fungoides in 43 Saudi patients," *Annals of Saudi Medicine*, vol. 32, no. 3, pp. 283–287, 2012.
- [30] P. M. Laws, N. H. Shear, and E. Pope, "Childhood mycosis fungoides: experience of 28 patients and response to phototherapy," *Pediatric Dermatology*, vol. 31, no. 4, pp. 459–464, 2014.
- [31] P. Quaglino, N. Pimpinelli, E. Berti et al., "Time course, clinical pathways, and long-term hazards risk trends of disease progression in patients with classic mycosis fungoides: a multicenter, retrospective follow-up study from the Italian Group of Cutaneous Lymphomas," *Cancer*, vol. 118, no. 23, pp. 5830–5839, 2012.
- [32] Y. H. Kim, H. L. Liu, S. Mraz-Gernhard, A. Varghese, and R. T. Hoppe, "Long-term outcome of 525 patients with mycosis fungoides and Sézary syndrome: clinical prognostic factors and risk for disease progression," *Archives of Dermatology*, vol. 139, no. 7, pp. 857–866, 2003.
- [33] S. O. Arulogun, H. M. Prince, J. Ng et al., "Long-term outcomes of patients with advanced-stage cutaneous T-cell lymphoma and large cell transformation," *Blood*, vol. 112, no. 8, pp. 3082– 3087, 2008.
- [34] G. P. Taylor, "The epidemiology and clinical impact of HTLV infections in Europe," AIDS Reviews, vol. 1, no. 4, pp. 195–204, 1999.
- [35] A. D. Tosca, A. G. Varelzidis, J. Economidou, and J. D. Stratigos, "Mycosis fungoides: evaluation of immunohistochemical criteria for the early diagnosis of the disease and differentiation between stages," *Journal of the American Academy of Dermatology*, vol. 15, no. 2, pp. 237–245, 1986.
- [36] S. U. de Marchi, G. Stinco, E. Errichetti, S. Bonin, N. di Meo, and G. Trevisan, "The influence of the coexpression of CD4 and CD8 in cutaneous lesions on prognosis of mycosis fungoides: a preliminary study," *Journal of Skin Cancer*, vol. 2014, Article ID 624143, 4 pages, 2014.