ORIGINAL RESEARCH



Efficiency of Tragacanth gum coating enriched with two different essential oils for deceleration of enzymatic browning and senescence of button mushroom (Agaricus bisporus)

Mahshid Nasiri¹ | Mohsen Barzegar¹ | Mohammad Ali Sahari¹ | Mehrdad Niakousari² |

Correspondence

Mohsen Barzegar, Faculty of Agriculture, Department of Food Science and Technology, Tarbiat Modares University, Tehran, Iran.

Email: mbb@modares.ac.ir

Funding information

Tarbiat Modares University

Abstract

The effect of Tragacanth gum (T) coating containing (100, 500, and 1,000 mg/L) Satureja khuzistanica essential oil (S), Zataria multiflora Boiss. essential oil (Z), and (1,000 mg/L) sodium metabisulfite (M) on mushroom (Agaricus bisporus) enzymatic browning and postharvest quality was examined throughout 16 days of cold storage. Mushroom respiration rate, soluble solids content (SSC), percentage of open caps, and sensory quality as well as factors related to browning such polyphenol oxidase (PPO), phenylalanine ammonia lyase (PAL), and peroxidase (POD) activities were figured out. The significant decrease in respiration rate, cap opening delay, and SSC enhancement was observed after treating mushrooms with TZ and TS. Moreover, TZ- and TS-treated mushrooms prevented enzymatic browning through inhibiting PPO and POD activities and increasing activity of PAL over the storing term. Additionally, the influence of TZ5 and TS5 (containing 500 mg/L essential oil) coatings was validated by sensory evaluation through protecting the overall quality of button mushrooms over the storage. Thus, Tragacanth coating enriched with essential oils might be an encouraging nomination for improving the modality of button mushroom and expanding its shelf life.

KEYWORDS

button mushroom, natural coating, Satureja khuzistanica, shelf life, Zataria multiflora Boiss

1 | INTRODUCTION

Agaricus bisporus Imbach (white button mushroom), with the first reports on the cultivation date from 1707, from France, produces about 32% of total edible mushroom in the world, extensively recognized for its nutritional, medicinal, and organoleptic attributes (Gao, Feng, & Jiang, 2014; Khan et al., 2014; Rzymski, Mleczek, Niedzielski, Siwulskid, & Asecka, 2017). A. bisporus is a perishable food product that its shelf life may be limited by bacterial spoilage or enzymatic

browning, depending on handling and storage conditions (Sapers, Miller, Pilizota, & Kamp, 2001).

A substitutable way for postponing ripening and alleviating postharvest decay of fruit is achieved by application of natural products (Tripathi & Dubey, 2004). Edible coatings can provide an additional protective layer for fresh products and can also give the same effect as modified atmosphere storage in amending internal gas composition (Park, 1999). Application of semi-permeable obstacle versus O₂, CO₂, moisture, and solute movement has been

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

 $\ @$ 2019 The Authors. Food Science & Nutrition published by Wiley Periodicals, Inc.

1520 www.foodscience-nutrition.com Food Sci Nutr. 2019;7:1520–1528.

¹Faculty of Agriculture, Department of Food Science and Technology, Tarbiat Modares University, Tehran, Iran

²Faculty of Agriculture, Department of Food Science and Technology, Shiraz University, Shiraz, Iran

revealed to expand the postharvest life of fruit and vegetables, increase the water barrier, inhibit microbial contamination, maintain flavor, reduce the degree of shrinkage distortion, and retard fat oxidation (Ali, Maqbool, Ramachandran, & Alderson, 2010; Jiang, 2013; Jiang, Feng, Zheng, & Li, 2013). Polysaccharides, proteins, and lipids are different sources for production of edible films and coatings with particular characteristics (Raeisi, Tajik, Aliakbarlu, Mirhosseini, & Hosseini, 2015). Fruit quality protection has been achieved using several edible coatings, such as chitosan in freshcut strawberry (Campaniello, Bevilacqua, Sinigaglia, & Corbo, 2008), gum Cordia in Chilgoza (Haq, Alam, & Hasnain, 2013), and gum Arabic in mango fruit (Khaliq, Mohamed, Ali, Ding, & Ghazalic, 2015).

Tragacanth gum (T) is one of the three major exudate gums, which possesses a unique range of functionalities (Verbeken, Dierckx, & Dewettinck, 2003). This natural and acidic polysaccharide secretes spontaneously or with a scrape on the different species of *Astragalus* plant. This gum composed of 30%–40% Tragacanthin (water-soluble and extremely branched) and 60%–70% bassorin (insoluble but water-swellable fraction). Forms and structures of these two constituents are different. The ratio of Tragacanthin and bassorin strongly depends on variety (Azarikia & Abbasi, 2016).

Safety aspects of chemical additives caused increasing interest of application of natural preservative coatings with antimicrobial agents (Jiang, Feng, & Zheng, 2012), such as gum Arabic, aloe vera, chitosan containing thyme essential oil (Bill, Sivakumar, Korsten, & Thompson, 2014), chitosan coating augmented with thyme oil (Jiang et al., 2012), and carboxymethyl cellulose-based coatings containing *Zataria multiflora* Boiss. essential oil and grape seed extract (Raeisi et al., 2015). These researches have revealed that essential oils (EOs) and extracts of various herbs and spices could be used as natural food preservers due to their antimicrobial acting. Like other biopolymers, Tragacanth gum is known as an appropriate carrier for natural antimicrobial and antioxidant complexes (Taban, Rahimi, Saharkhiz, Hadian, & Zomorodian, 2013).

Zataria multiflora Boiss (Labiatae) is an herbal plant with several thin, hard, and highly ramified stems from family which found naturally in Iran, Pakistan, and Afghanistan. This plant with traditional title of Avishan Shirazi (in Iran) has been used as antiseptic, anesthetic, antispasmodic, and flavor composition in broad range of foods in Iran. The essential oil of Z. multiflora Boiss. contains compounds with important pharmaceutical, antimicrobial, and antioxidant effects (Fathi, Sahari, Zangiabadi, & Barzegar, 2011; Kordsardouei, Barzegar, Sahari, & Ebrahimipour, 2015). Phenolic compounds, such as carvacrol and thymol, are the major components of the Z. multiflora Boiss. essential oil (Z) (Dashipour et al., 2015).

Another plant that is separated through southern part of Iran including Ilam, Lorestan, and Khuzestan provinces is *Satureja khuzistanica* Jamzad (Lamiaceae). It is a small shrub with branched stem approximately 30 cm high, densely leafy, covered with short white hairs (Moazeni, Saharkhiz, Hoseini, & Mootabi Alavi, 2012). Analgesic and an antiseptic characteristic of plant are considered by the people in southern region of Iran. A main component of wild *S. khuzistanica*

(≤90%) is monoterpene carvacrol (Hashemi, Niakousari, Saharkhiz, & Eskandari, 2012).

The purpose of this study was to investigate the effect of Tragacanth gum coating, individually and/or in combination with *Z. multiflora Boiss.* essential oil (S) and *S. khuzistanica* essential oil (Z) and sodium metabisulfite (M) as a chemical preservative (which widely used in the mushroom processing industry), on mushroom tissue browning, some physicochemical, and as well as sensorial changes during 16 days of storage in refrigerator ($4 \pm 1^{\circ}$ C).

2 | MATERIALS AND METHODS

2.1 | Plant material

Button mushrooms were gathered from a local farm in Shiraz, Iran. Mushrooms were selected from the similar flower and zone of the shed so as to reduce probable alteration affected by cultivation and environment. During one hour of harvesting, the mushrooms were conveyed to the test center and then kept in dimness at $4 \pm 1^{\circ}\text{C}$ and 90% relative humidity (RH). Mushrooms having good physical shape without any damage were selected to be used in the experiments.

2.2 | Zataria multiflora Boiss. and Satureja khuzistanica essential oils

Two essential oils (EOs) were acquired from Giah Essans (Gorgan, Iran). Their characteristics sheets indicate 98% pureness.

2.3 | Tragacanth gum and coating treatments

The best kind of gum was obtained from a local shop, washed, dried, milled, and determined the optimum concentration of gum solution (0.6%), and ten different treatments were prepared based on Nasiri, Barzegar, Sahari, & Niakousari, 2017: (a) control (C, water washed, without coating); (b) Tragacanth gum coating (T); (c) gum coatings containing 100 mg/L S (TS1), (d) 500 mg/L S (TS5), (e) 1,000 mg/L S (TS10); (f) gum coatings containing 100 mg/L Z (TZ1), (g) 500 mg/L Z (TZ5), (h) 1,000 mg/L Z (TZ10); (i) 1,000 mg/L sodium metabisulfite (M); and (j) gum coating containing 1,000 mg/L metabisulfite (TM). They were placed in polyethylene (HDPE) containers and were kept for 16 days at $4 \pm 1^{\circ}\text{C}$ and 95% RH pending further analysis, and every 4 days, three replicates from each treatment group were analyzed.

2.4 | Respiration rate

Respiration rate of samples was measured using method described by Li, Zhang, and Yu (2006).

2.5 | Soluble solids content

Mushrooms were crushed in a pounder. The juice was pressed and analyzed for the soluble solids content (SSC). The measurement was carried out in a CARL Zeiss refractometer model 78969 (Germany) at 25°C.

2.6 | Percent open caps and overall acceptability

The principles of evaluating the percentage of open caps were in accordance with development of the umbrella-like form of the cap followed by detachment of veil. The percent open caps were measured using known number of mushrooms based on Equation (1):

$$\% \text{ Open caps} = \frac{N_{\text{oc}}}{N_{\text{t}}} \times 100 \tag{1}$$

where $N_{\rm oc}$ = number of opened cap mushrooms; $N_{\rm t}$ = total number of mushrooms.

The consumer acceptance of the product was studied using 10 panelists with age ranging from 25 to 40 years. Panelists were trained based on the method described by Ares, Parentelli, Gámbaro, Lareo, and Lema (2006). Mushrooms were served in closed, odorless plastic containers at room temperature. After opening polyethylene bags, evaluations were performed within 2 hr in order to avoid loss of offodors. The overall acceptability based on color, texture, and percent opened caps were done by round-table basis using four-point scale where 1 = poor, 2 = fair, 3 = good, and 4 = excellent (Jiang et al., 2011).

2.7 | Determination of protein content and PPO, PAL, and POD activities

Enzymatic activity determined as explained by Gao et al. (2014). The protein content determination was carried out as the method of Bradford (1976), with application of bovine serum albumin as a standard.

Polyphenol oxidase (EC 1.10.3.2) activity was investigated using incubating 0.5 ml of enzyme extract in 2.5 ml of buffered substrate (100 mM sodium phosphate, pH = 6.4, and 50 mM catechol), then detecting the change of absorbance at 398 nm. The quantity of enzyme caused 0.01 increases in absorbance per minute under the specified conditions defines one unit of PPO activity. The specific PPO activity was represented as U/mg protein.

Phenylalanine ammonia lyase (EC 4.3.1.5) measured spectro-photometrically using the substrate trans-cinnamic acid at 290 nm. Three ml of the reaction mixture, containing 0.8 ml supernatant and

50 mM L-phenylalanine in sodium borate buffer (200 mM, pH = 8.8), was incubated at 37°C; after 90 min, the reaction was interrupted by ice water. The amount of enzyme caused 0.01 absorbance rise in 1 hr under the assay conditions defined as one unit of PAL activity. The specific PAL activity was expressed as U/mg protein.

Peroxidase (EC 1.11.1.7) activity was analyzed by determining the absorbance of guaiacol. 50 mM sodium phosphate buffer (pH = 6.0), 5 mM guaiacol, 5 mM $\rm H_2O_2$, and 50 $\rm \mu l$ of tissue extract constructed the reaction mixture. One unit of POD activity was distinguished as the quantity of enzyme that leads to change of 0.01 absorbance per minute at 470 nm under the specified conditions. The specific POD activity was defined as U/mg protein.

2.8 | Statistical analysis

Experiments were conducted in triplicates. Data were analyzed using SPSS (version 16; IBM, USA). Analysis of variance (ANOVA) followed by Duncan's multiple range test was used to distinguish the treatments at p < 0.05.

3 | RESULTS AND DISCUSSION

3.1 | Effect of gum coating containing EOs on respiration rate

Figure 1 demonstrated the respiration rates of button mush-rooms over 16 days of storage. The primary respiratory rate defined as $\rm CO_2$ accumulation of mushrooms at first day was around 117.33 mg $\rm CO_2$ kg⁻¹ hr⁻¹. During storage, significant reduction in respiration rate was found, which could be attributed to mushroom deterioration (p < 0.05). At the end of storage time, the respiration rates of the control (92.4 mg $\rm CO_2$ kg⁻¹ hr⁻¹) and M (84.8 mg $\rm CO_2$ kg⁻¹ hr⁻¹) samples were higher than TZ1 (75.6 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TZ5 (73.9 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TZ10 (71.9 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TS1 (78.8 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TS5 (76.0 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TS10 (74.2 mg $\rm CO_2$ kg⁻¹ hr⁻¹), TM (77.8 mg $\rm CO_2$ kg⁻¹ hr⁻¹), and T (79.0 mg $\rm CO_2$ kg⁻¹ hr⁻¹) samples. Samples treated with TZ10 displayed a

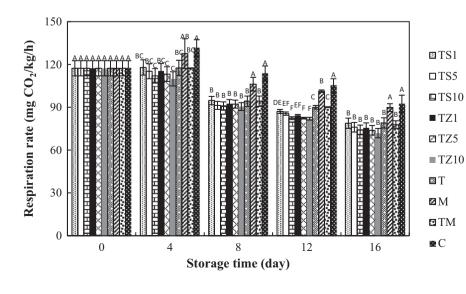


FIGURE 1 Effect of essential oil-incorporated gum coating on respiration rate of button mushrooms stored at 4°C for 16 days. Vertical bars represent standard errors of means. C: control (without coating); M: 1,000 mg/L sodium metabisulfite; T: coating with Tragacanth gum (TG); TM: TG coating containing 1,000 mg/L metabisulfite; TS1: TG coating containing 100 mg/L of Satureja khuzistanica essential oil (S); TS5: 500 mg/L S; TS10: 1,000 mg/L S; TZ1: TG coating containing 100 mg/L Zataria multiflora Boiss. essential oil (Z); TZ5: 500 mg/L Z; TZ10: 1,000 mg/L Z

considerably inferior respiration rate than other treated or untreated samples. The respiration rate of mushrooms treated with gum contained EOs did not reveal substantial variation. The process by which cells obtain chemical energy by the consumption of oxygen and the release of carbon dioxide is known as respiration (Xu, Tian, Mab, Liu, & Zhang, 2016). Earlier investigation indicated that essential oil treatments had the effective role in falling the respiration rate of nectarine fruits (Abd El Wahab, 2015). Tabarzeh grape (Abdolahi, Hassani, Ghosta, Bernousi, & Meshkatalsadat, 2010), and Crimson seedless grape (Abd El Wahab, Abd El Wahab, & Kamel, 2014). Furthermore, respiration rate reduction was observed in apple piece coated by alginate (Wong, Tillin, Hudson, & Pavlath, 1994) and mushrooms treated with alginate coating (Jiang, 2013). Internal gas atmosphere modification, affected by TG coating, reduced CO2 production and respiration rate. The permselectivity, gas obstacle specifications, and affiliation with relative humidity temperature of the edible coating applied to surface will appearance a crucial role in the variations in interior O2 and CO₂ levels. Obviously, the extreme limitation of gas exchange can cause anaerobiosis and the development of off-flavor (Jiang et al., 2012). Contrariwise, scientists have discovered that the essential oils isolated from Satureja could display antifungal specification (Farzaneh, Kiani, Sharifi, Reisi, & Hadian, 2015; Taban et al., 2013) and the antimicrobial effects of ZEO applied in different coatings such as chitosan (Moradi, Tajik, Razavi Rohani, & Oromiehie, 2011), carboxy methyl cellulose (Dashipour et al., 2015), and zein (Moradi, Tajik, Razavi Rohani, & Mahmoudian, 2016) have been reported. Consequently, interaction of gum and EOs could decrease respiration rate without increment of off-flavor.

3.2 | Effect of gum coating containing essential oils on SSC

Soluble solids content enhancement was gradual during storage time (Figure 2). The control and MS samples exposed the highest SSC; it extended 7.80 and 7.47°Brix, compared with 5.80, 5.71, 5.53, 5.75, 5.69, 5.46, 5.82, and 5.58°Brix in TZ1-, TZ5-, TZ10-, TS1-, TS5-, TS10-, TM, and gum-coated mushrooms (T), respectively. The observed surge in SSC is a sign of high respiration rate and retarding the senescence process (Jafri, Jha, Bunkar, & Ram, 2013). Another factor contributed to SSC increase in aged mushroom might be the cell wall polysaccharides and hemicellulose solubilization (Jiang et al., 2012). The increase in SSC of TZ10 and TS10 samples was slower and more gradual than the other samples. The coatings provided a promising semi-permeable film on the surface of the fruit, adjusting the interior atmosphere by decreasing O₂ and/or enhancing CO₂ and suppressing production of ethylene. The synthesis and use of metabolites consequences lower SSC, due to the slower hydrolysis of carbohydrates to sugars, decelerated by decreased respiration rates (Ali et al., 2010; Rohani, Zaipun, & Norhayati, 1997). The same effects were found by Khaliq et al. (2015) presented a slow increase in SSC concerning mango coated with Arabic gum.

3.3 | Effect of gum coating containing essential oils on percentage of open caps and overall acceptability

After 16-day storage, the proportion of opened caps mushrooms increased in all samples (Table 1). Control (C) and M-treated samples had higher opened caps mushrooms, 82.2% and 80.0%, respectively. Over the same period, the percentage of opened caps mushrooms coated with TZs, TSs, and T were in the range 66.7%–75.6%. According to Jiang (2013), mushroom cap opening leads to increased water loss, which in turn leads to mushroom dryness. Cohesive forces of water and other hydrophilic molecules, such as proteins responsible for the well position of the caps and veil in mushrooms, diminished over the storage, as a result of water loss increment. TG coating alone and in combination with each of the essential oils attenuated water loss, the cap opening of mushrooms was lower, and the least changes (66.7%) were related to mushrooms coated with T710.

Overall acceptability (based on color, texture, and percentage samples opened caps) reduced during storage (Table 2). Based on the assessment given by the sensory panel members, the control and MS failed to be acceptable following 16 days of storage. Over the same period of storage, mushrooms coated with Tragacanth gum and essential oils did not display any unsuitable characteristics and received an overall acceptability of about 2.17 from the panelists. These results demonstrate the effectiveness of the TZ5 and TS5 in delaying mushroom appearance deterioration. Jiang et al. (2012) reported the reaction of polyphenol oxidase (PPO) enzyme and the action of bacteria and mold on the mushroom tissue result in browning of mushrooms. As Tragacanth gum and gum containing essential oils coatings could lower the activity of spoilage organisms, such as Pseudomonas, undertaking for phenolic compounds oxidation to form brown-colored melanins, improving the appearance and color.

3.4 | Effect of gum coating containing EOs on PPO activity

The activity of PPO increased during the storage period. PPO activity of control mushrooms increased swiftly without peaks and was considerably greater than samples coated with TG and TG containing essential oils (Figure 3). TG coatings might be slightly permeable especially to oxygen, thus preventing PPO to access to oxygen. Browning has been studied in other fruits, and discoloration correlated well with PPO activity. The inhibition of the PPO activity by coating fruits and vegetables was reported by numerous investigators: chitosan coating on litchi fruit (Jiang, Li, & Jiang, 2005), carrageenan coating on fresh-cut banana (Bico, Raposo, Morais, & Morais, 2009), and different edible coatings on fresh-cut "Royal Gala" apple (Bertrand, Raposo, Morais, & Morais, 2015). In the present study, a high activity of PPO leads to a dark and unpleasant appearance of mushrooms. This result is in a good agreement with those reported by the above researchers. Here, there exist associations among the PPO activity and the color

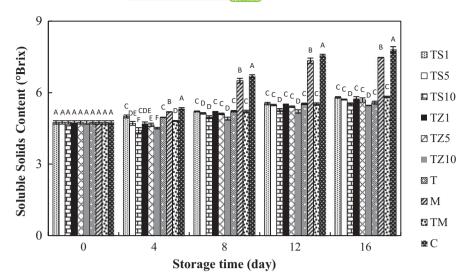


FIGURE 2 Effect of essential oilincorporated TG coating on soluble solids content of button mushrooms stored at 4°C for 16 days. Vertical bars represent standard errors of means. For abbreviations see Figure 1

	Time (day)					
Treatment	4	8	12	16		
TS1	11.7 ± 4.4 ^{Ad}	36.4 ± 3.4 ^{ABCDc}	57.0 ± 6.3 ^{ABCb}	75.4 ± 2.4 ^{CDa}		
TS5	11.4 ± 4.2 ^{Ad}	29.7 ± 5.2 ^{CDc}	53.3 ± 0.0 ^{Cb}	70.5 ± 1.0 ^{EFa}		
TS10	11.1 ± 3.8^{Ad}	29.4 ± 6.9 ^{CDc}	52.2 ± 1.9^{Cb}	68.3 ± 2.8^{Fa}		
TZ1	11.6 ± 8.5 ^{Ad}	31.9 ± 4.7 ^{BCDc}	54.6 ± 2.2 ^{BCb}	73.0 ± 2.0^{DEa}		
TZ5	11.3 ± 3.6^{Ad}	29.5 ± 3.4^{CDac}	52.4 ± 5.3 ^{Cb}	68.4 ± 1.7^{Fa}		
TZ10	10.7 ± 8.1 ^{Ad}	28.9 ± 3.8 ^{Dc}	51.1 ± 3.8 ^{Cb}	66.7 ± 0.7^{Fa}		
Т	13.3 ± 0.0^{Ad}	37.8 ± 3.9^{ABc}	57.8 ± 3.9^{ABCb}	75.6 ± 2.2^{CDa}		
М	15.6 ± 7.7 ^{Ad}	40.0 ± 0.0 ^{Bc}	62.2 ± 3.9^{ABb}	80.0 ± 1.3^{ABa}		
TM	11.9 ± 4.1 ^{Ad}	37.1 ± 2.5 ^{ABCc}	58.3 ± 5.6^{ABCb}	77.0 ± 1.6^{BCa}		
С	17.8 ± 3.6 ^{Ad}	42.2 ± 3.9 ^{Ac}	64.5 ± 3.9 ^{Ab}	82.2 ± 3.9 ^{Aa}		

TABLE 1 Effect of Tragacanth gum coating containing two essential oils on percentage of open caps of samples

 a Mean of three replications \pm standard deviation. Means in the same row with different small letters are significantly different (p < 0.05). Means in the same column with different capital letters are significantly different (p < 0.05). C: control (without coating); M: 1,000 mg/L sodium metabisulfite; T: coating with Tragacanth gum; TM: TG coating containing 1,000 mg/L metabisulfite; TS1: TG coating containing 100 mg/L of Satureja khuzistanica essential oil (S); TS5: 500 mg/L S; TS10: 1,000 mg/L S; TZ1: TG coating containing 100 mg/L Zataria multiflora Boiss. essential oil (Z); TZ5: 500 mg/L Z; TZ10: 1,000 mg/L Z.

parameters in mushrooms; enhancing the PPO activity leads to the decrease in L* values and the increase in BI, indicating the dependency of enzymatic browning reactions to the PPO. In general, PPO acceleration the monophenols (monophenolase) hydroxylation and the oxidation of o-diphenols into o-quinones (diphenolase). Therefore, in the presence of oxygen, polymerization and creation of the unwanted brown pigments took place (Amin, 2016). In general, treatments with essential oils prompt a decrease in the activity of PPO. The studies conducted by Amin (2016) who sprayed celery, basil, and peppermint essential oils on Anna apple and Gao et al. (2014) in fumigation of button mushroom with clove, cinnamaldehyde, and thyme essential oils show similar trends observed in our studies and those reported by several previous investigators. Compared to the control and M samples, those treated by

TG containing essential oils preserved more ascorbic acid content (Data not shown). This may be attributed to the pH lowering action of ascorbic acid particularly at high concentration, which decreases the pH below the optimum value in turn inhibiting the catalytic action of PPO (Sapers, 1993).

3.5 | Effect of gum coating containing essential oils on POD activity

In all treatments, pattern of POD activity was similar during 16 days of storage, reaching a peak and then declined. The POD activities in TZ- and TS-coated mushrooms were significantly lower than that in C (Figure 4). Unpleasant quality alterations, such as discoloration, off-flavor, and nutritional destruction through handling, transportation,

TABLE 2 Effect of Tragacanth gum coating containing two essential oils on overall acceptability of samples

	Time (day)				
Treatment	4	8	12	16	
TS1	3.6 ± 0.1^{ABCa}	3.4 ± 0.1^{Aab}	2.4 ± 0.1^{ABb}	2.1 ± 0.2^{Ac}	
TS5	4.1 ± 0.1^{ABa}	3.5 ± 0.1^{Aab}	3.2 ± 1.1^{Aab}	2.1 ± 0.1^{Ab}	
TS10	4.0 ± 0.2^{ABCa}	3.4 ± 0.2^{Ab}	2.6 ± 0.4^{ABc}	2.1 ± 0.1^{Ac}	
TZ1	3.9 ± 0.0^{ABCa}	3.4 ± 0.1^{Aab}	2.6 ± 0.6^{ABbc}	2.1 ± 0.1^{Ac}	
TZ5	4.1 ± 0.2^{Aa}	3.5 ± 0.2^{Aa}	2.7 ± 0.4^{ABb}	2.2 ± 0.0^{Ac}	
TZ10	4.0 ± 0.2^{ABCa}	3.4 ± 0.1^{Aab}	2.6 ± 0.5^{ABbc}	2.1 ± 0.0^{Ac}	
Т	3.9 ± 0.2^{ABCa}	3.3 ± 0.2^{ABa}	2.3 ± 0.5^{ABb}	2.0 ± 0.2^{Ab}	
М	3.9 ± 0.3^{ABCa}	2.9 ± 0.1^{Bb}	2.0 ± 0.1^{ABc}	1.7 ± 0.1^{Bc}	
TM	3.5 ± 0.6^{BCa}	3.3 ± 0.1^{Aa}	2.4 ± 0.4^{ABab}	2.1 ± 0.2^{Ab}	
С	3.5 ± 0.1^{Ca}	2.6 ± 0.1 ^{Cb}	1.7 ± 0.2 ^{Bc}	1.3 ± 0.1^{Cd}	

^aMean of three replications \pm standard deviation. Means in the same row with different small letters are significantly different (p < 0.05). Means in the same column with different capital letters are significantly different (p < 0.05). For abbreviations see Table 1.

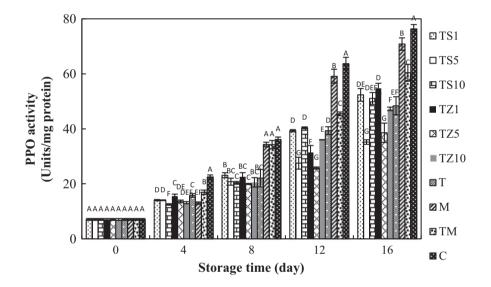


FIGURE 3 Effect of essential oil-incorporated TG coating on PPO activities of button mushrooms stored at 4°C for 16 days. Vertical bars represent standard errors of means. For abbreviations see Figure 1

packaging, processing, and storage of fruit and vegetables, are consequences of enzymatic browning. These reactions resulted mostly from enzymes such as peroxidase (Mousavizadeh, Sedaghathoor, & Khorami, 2011). The POD association with enzymatic browning and antioxidant defense has been revealed by former investigation (Lin et al., 2017). The increase in peroxidase is a sign of fruit quality deterioration and is relevant to the enzymatic browning process because o-phenols could encourage fruit and vegetable products to be darkened over the processing and preservation and could display reducing function in the enzyme reaction (Amin, 2016). The guality features and mushroom decay may be affected by different enzymatic changes in chemical constituents. Also, POD could affect odor and taste and deteriorate eating and nutritional qualities of mushrooms (Baardseth, 1979; Fasidi & Kadiri, 1991). For that reason, it is required to inactivate the peroxidase enzyme to minimize deterioration.

It is acceptable that edible coatings practice as protective barrier on the surface of fresh product, diminish oxygen supply, slow down ripening and senescence, and, subsequently, postpone browning of fruits and vegetables. Several preservation methods, based on chitosan coating (Eissa, 2007) and alginate coating (Jiang, 2013), restricted activities of POD. In addition, application of essential oils resulted in the decrease in the peroxidase enzyme activity, which may account for the inhibition of the mushroom browning. Alikhani, Sharifani, Azizi, Hemati, and Mousavizadeh. (2009) reported the value of natural essential oils in the decrease in activity of the peroxidase enzyme of fruits and vegetables. Mousavizadeh et al. (2011) demonstrated that antioxidative properties of essential oils can lead to peroxidase activity reduction in white and red cabbage. In this study, gum coating-impregnated EOs reduced POD activity of samples. Thus, it appears that coating influence on browning inhibition is through extenuating oxygen supply and inhibitory properties on POD activity.

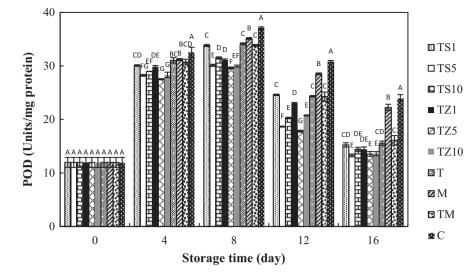


FIGURE 4 Effect of essential oil-incorporated TG coating on POD activities of button mushrooms stored at 4°C for 16 days. Vertical bars represent standard errors of means. For abbreviations see Figure 1

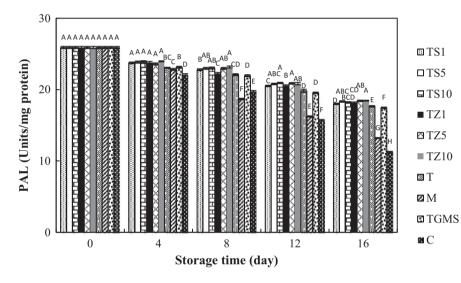


FIGURE 5 Effect of essential oilincorporated TG coating on PAL activities of button mushrooms stored at 4°C for 16 days. Vertical bars represent standard errors of means. For abbreviations see Figure 1

3.6 | Effect of gum coating containing EOs on PAL

Despite PPO, PAL activities of all samples decreased continuously during storage (Figure 5). PAL is the major enzyme in the biosynthesis of varieties of phenylpropanoid compounds, such as simple phenols, anthocyanin, flavonoid, and lignin (Hiratsuka et al., 2001; Ju, Yuan, Lieu, & Xin, 1995). It is stated that the accumulation of phenols and anthocyanins equated the PAL activity enhancement in some fruits (Wang et al., 2009). Thus, PAL activity was studied in this paper to examine the possible response to TG coating containing EOs. Unlike, Eissa (2007) who reported cationic charge of chitosan caused protein binding and chitosan coating-treated fresh-cut mushroom inhibited the increase in PAL activity. Gum coating containing EOs induced increasing in PAL activity compared to control and M samples. It is conceivable that essential oils exhibit positive influence on plant secondary metabolites and motivating biosynthesis of phenolic and anthocyanin compounds by promoting PAL activity (Gao et al., 2014). TZ10, TZ5, TS10, and TS5 were more effective than other treatments in enhancing PAL activity.

4 | CONCLUSIONS

Inhibition of enzymatic browning is the most important concern in the mushroom's industry. As the food industry tends to decrease the use of chemical preservatives in food products, TG coating contained each essential oils could be considered as a potential source for shelf-life extension of cold-stored mushroom. TZ and TS treatments slowed down respiration rate, postponed cap opening, and SSC addition compared with gum-coated, M-treated, and control mushrooms. Furthermore, TS5 showed greater influence to inhibit discoloration of button mushrooms. Consequently, these natural products have promising effect to protect the quality and safety of button mushroom. TZ and TS coatings could prevent enzymatic browning through inhibition the activities of PPO and POD, increasing PAL activity during the storage time.

ACKNOWLEDGMENT

The authors acknowledge the financial support provided by the Tarbiat Modares University Research Council.

CONFLICT OF INTEREST

The authors declare that they have no competing interests.

ETHICAL STATEMENT

Study's protocols and procedures were ethically reviewed and approved by Tarbiat Modares Research Council. Ethics approval and consent to participate are not applicable to this manuscript, since it does not report on or involve the use of any animal or human data or tissues.

ORCID

Mohsen Barzegar https://orcid.org/0000-0001-6811-5566

Mohammad Ali Sahari https://orcid.org/0000-0001-8783-0530

Mehrdad Niakousari https://orcid.org/0000-0002-4557-9031

REFERENCES

- Abd El Wahab, S. M. (2015). Maintain postharvest quality of nectarine fruits by using some essential oils. *Middle East Journal of Applied Sciences*, 5, 855–868.
- Abd El Wahab, W. A., Abd El Wahab, S. M., & Kamel, O. T. (2014). Using safe alternatives for controlling postharvest decay, maintaining quality of Crimson seedless grape. World Applied Sciences Journal, 31, 1345–1357.
- Abdolahi, A., Hassani, A., Ghosta, Y., Bernousi, I., & Meshkatalsadat, M. H. (2010). Study on the potential use of essential oils for decay control and quality preservation of Tabarzeh table grape. *Journal of Plant Protection Research*, 50, 45–52. https://doi.org/10.2478/v10045-010-0008-2
- Ali, A., Maqbool, M., Ramachandran, S., & Alderson, P. G. (2010). Gum Arabic as a novel edible coating for enhancing shelf-life and improving postharvest quality of tomato (Solanumly copersicum L.) fruit. Postharvest Biology and Technology, 58, 42–47. https://doi. org/10.1016/j.postharvbio.2010.05.005
- Alikhani, M., Sharifani, M., Azizi, M., Hemati, K. H., & Mousavizadeh, S. J. (2009). The effect of some natural compounds in shelf-life and quality of pear fruit (Esfahan Shah Mive cultivar). Journal of Agricultural Sciences and Natural Resources, 16, 158–171.
- Amin, A. (2016). Determination of some essential oils effects on the quality traits of the Egyptian Anna apple fruit during its shelf life. *Journal of Horticultural Science and Ornamental Plants*, 8, 35–45.
- Ares, G., Parentelli, C., Gámbaro, A., Lareo, C., & Lema, P. (2006). Sensory shelf life of shiitake mushrooms stored under passive modified atmosphere. *Postharvest Biology and Technology*, 41, 191–197. https://doi. org/10.1016/j.postharvbio.2006.03.013
- Azarikia, F., & Abbasi, S. (2016). Mechanism of soluble complex formation of milk proteins with native gums (Tragacanth and Persian gum). Food Hydrocolloids, 59, 35–44. https://doi.org/10.1016/j.foodhyd.2015.10.018
- Baardseth, P. (1979). Enzymatically induced quality changes in fresh and frozen carrot. Acta Horticulture, 93, 67–71. https://doi.org/10.17660/ActaHortic.1979.93.8
- Bertrand, C., Raposo, M. F. J., Morais, R. M. S. C., & Morais, A. M. M. B. (2015). Effects of different edible coatings on polyphenol oxidase activity and color of fresh-cut apple during cold storage. *International Journal of Postharvest Technology and Innovation*, 5, 91–104.

- Bico, S. L. S., Raposo, M. F. J., Morais, R. M. S. C., & Morais, A. M. M. B. (2009). Combined effects of chemical dip and/or carrageenan coating and/or controlled atmosphere on quality of fresh cut banana. *Food Control*, 20, 508–514. https://doi.org/10.1016/j.foodcont.2008.07.017
- Bill, M., Sivakumar, D., Korsten, L., & Thompson, A. K. (2014). The efficacy of combined application of edible coatings and thyme oil in inducing resistance components in avocado (*Persea americana Mill.*) against anthracnose during postharvest storage. *Crop Protection*, 64, 159–167. https://doi.org/10.1016/j.cropro.2014.06.015
- Bradford, M. M. (1976). A rapid and sensitive method for the quantitation of microgram quantities of protein utilising the principle of protein-dye binding. *Analytical Biochemistry*, 72, 248–254.
- Campaniello, D., Bevilacqua, A., Sinigaglia, M., & Corbo, M. R. (2008). Chitosan: Antimicrobial activity and potential applications for preserving minimally processed strawberries. *Food Microbiology*, 25, 992–1000. https://doi.org/10.1016/j.fm.2008.06.009
- Dashipour, A., Razavilar, V., Hosseini, H., Shojaee-Aliabadi, S., German, J. B., Ghanati, K., ... Khaksar, R. (2015). Antioxidant and antimicrobial carboxymethyl cellulose films containing *Zataria multiflora* essential oil. *International Journal of Biological Macromolecules*, 72, 606–613. https://doi.org/10.1016/j.ijbiomac.2014.09.006
- Eissa, H. A. A. (2007). Effect of chitosan coating on shelf life and quality of fresh-cut mushroom. *Journal of Food Quality*, 30, 623–645. https://doi.org/10.1111/j.1745-4557.2007.00147.x
- Farzaneh, M., Kiani, H., Sharifi, R., Reisi, M., & Hadian, J. (2015). Chemical composition and antifungal effects of three species of Satureja (S. hortensis, S. spicigera, and S. khuzistanica) essential oils on the main pathogens of strawberry fruit. Postharvest Biology and Technology, 109, 145–151. https://doi.org/10.1016/j.postharvbio.2015.06.014
- Fasidi, I., & Kadiri, M. (1991). Changes in enzyme activities of *Termitomyces robustus* (Beeli) Heim and *Lentinus subnudus* Berk during sporophore development. *Food Chemistry*, 39, 109–116.
- Fathi, A., Sahari, M. A., Zangiabadi, M., & Barzegar, M. (2011). Application of *Satureja hortensis* L. and *Zataria multiflora* Boiss. essential oils as two natural antioxidants in soybean oil during microwave heating. *Journal of Medicinal Plants*, 10, 12–21.
- Gao, M., Feng, L., & Jiang, T. (2014). Browning inhibition and quality preservation of button mushroom (*Agaricus bisporus*) by essential oils fumigation treatment. *Food Chemistry*, 149, 107–113. https://doi. org/10.1016/j.foodchem.2013.10.073
- Haq, M. A., Alam, M. J., & Hasnain, A. (2013). Gum Cordia: A novel edible coating to increase the shelf life of Chilgoza (*Pinus gerardiana*). LWT – Food Science and Technology, 50, 306–311. https://doi.org/10.1016/j. lwt.2012.05.008
- Hashemi, M. B., Niakousari, M., Saharkhiz, M. J., & Eskandari, M. H. (2012). Effect of Satureja khuzestanica essential oil on oxidative stability of sunflower oil during accelerated storage. Natural Product Research, 26, 1458–1463.
- Hiratsuka, S., Onodera, H., Kawai, Y., Kubo, T., Itoh, H., & Wada, R. (2001). Enzyme activity changes during anthocyanin synthesis in 'Olympia' grape berries. Scientia Horticulturae, 90, 255–264. https://doi.org/10.1016/S0304-4238(00)00266-1
- Jafri, M., Jha, A., Bunkar, D. S., & Ram, R. C. (2013). Quality retention of oyster mushrooms (*Pleurotus florida*) by a combination of chemical treatments and modified atmosphere packaging. *Postharvest Biology and Technology*, 76, 112–118. https://doi.org/10.1016/j. postharvbio.2012.10.002
- Jiang, T. (2013). Effect of alginate coating on physicochemical and sensory qualities of button mushrooms (Agaricus bisporus) under a high oxygen modified atmosphere. Postharvest Biology and Technology, 76, 91–97. https://doi.org/10.1016/j.postharvbio.2012.09.005
- Jiang, T., Feng, L., & Zheng, X. (2012). Effect of chitosan coating enriched with thyme oil on postharvest quality and shelf life of

- shiitake mushroom (Lentinus edodes). Journal of Agricultural and Food Chemistry, 60, 188–196.
- Jiang, T., Feng, L., Zheng, X., & Li, J. (2013). Physicochemical responses and microbial characteristics of shiitake mushroom (*Lentinus edo-des*) to gum Arabic coating enriched with natamycin during storage. Food Chemistry, 138, 1992–1997. https://doi.org/10.1016/j.foodchem.2012.11.043
- Jiang, T., Zheng, X., Li, J., Jing, G., Cai, L., & Ying, T. (2011). Integrated application of nitric oxide and modified atmosphere packaging to improve quality retention of button mushroom (*Agaricus bisporus*). Food Chemistry, 126, 1693–1699.
- Jiang, Y., Li, J., & Jiang, W. (2005). Effects of chitosan coating on shelf life of cold-stored litchi fruit at ambient temperature. LWT – Food Science and Technology, 38, 757–761. https://doi.org/10.1016/j. lwt.2004.09.004
- Ju, Z. G., Yuan, Y. B., Lieu, C. L., & Xin, C. H. (1995). Relationships among phenylalanine ammonia-lyase activity, simple phenol concentrations and anthocyanin accumulation in apple. Scientia Horticulturae, 61, 215–226.
- Khaliq, G. H., Mohamed, M. T. M., Ali, A., Ding, P., & Ghazalic, H. M. (2015). Effect of gum Arabic coating combined with calcium chloride on physicochemical and qualitative properties of mango (Mangiferaindica L.) fruit during low temperature storage. Scientia Horticulturae, 190, 187–194. https://doi.org/10.1016/j.scienta.2015.04.020
- Khan, Z. U., Aisikaer, G., Khan, R. U., Bu, J., Jiang, Z., Ni, Z., & Ying, T. (2014). Effects of composite chemical pretreatment on maintaining quality in button mushrooms (*Agaricus bisporus*) during postharvest storage. *Postharvest Biology and Technology*, 95, 36–41. https://doi.org/10.1016/j.postharvbio.2014.04.001
- Kordsardouei, H., Barzegar, M., Sahari, M. A., & Ebrahimipour, S. Y. (2015). Influence of different temperatures and times on antiradical properties of *Zataria multiflora* Boiss. and *Cinnamon zeylanicum* essential oils by using DPPH method. *Agriculture Technology and Biological Sciences*, 12, 441–447.
- Li, W. X., Zhang, M., & Yu, H. Q. (2006). Study on hypobaric storage of green asparagus. *Journal of Food Engineering*, 73, 225–230.
- Lin, Q., Lu, Y., Zhang, J., Liu, W., Guan, W., & Wang, Z. (2017). Effects of high CO₂ in-package treatment on flavour, quality and antioxidant activity of button mushroom (Agaricus bisporus) during postharvest storage. Postharvest Biology and Technology, 123, 112–118.
- Moazeni, M., Saharkhiz, M. J., Hoseini, A. A., & Mootabi Alavi, A. (2012). In vitro scolicidal effect of *Satureja khuzistanica* (Jamzad) essential oil. Asian Pacific Journal of Tropical Biomedicine, 2, 616–620.
- Moradi, M., Tajik, H., Razavi Rohani, S. M., & Mahmoudian, A. (2016). Antioxidant and antimicrobial effects of zein edible film impregnated with *Zataria multiflora* Boiss. essential oil and monolaurin. *Food Science and Technology*, 72, 37–43.
- Moradi, M., Tajik, H., Razavi Rohani, S. M., & Oromiehie, A. R. (2011). Effectiveness of *Zataria multiflora* Boiss. essential oil and grape seed extract impregnated chitosan film on ready-to-eat mortadella-type sausages during refrigerated storage. *Journal of the Science of Food* and Agriculture, 91, 2850-2857.
- Mousavizadeh, S. J., Sedaghathoor, S., & Khorami, H. (2011). Essential oils as reducing agents of cabbage peroxidase. *Scientia Horticulturae*, 128, 388–392. https://doi.org/10.1016/j.scienta.2011.01.027
- Nasiri, M., Barzegar, M., Sahari, M. A., & Niakousari, M. (2017). Tragacanth gum containing *Zataria multiflora* Boiss. essential oil as a natural preservative for storage of button mushrooms (*Agaricus*

- bisporus). Food Hydrocolloids, 72, 202–209. https://doi.org/10.1016/j.foodhyd.2017.05.045
- Park, H. J. (1999). Development of advanced edible coatings for fruits. *Trends in Food Science and Technology*, 10, 254–260. https://doi.org/10.1016/S0924-2244(00)00003-0
- Raeisi, R., Tajik, H., Aliakbarlu, J., Mirhosseini, S. H., & Hosseini, S. M. H. (2015). Effect of carboxymethyl cellulose-based coatings incorporated with *Zataria multiflora* Boiss. essential oil and grape seed extract on the shelf life of rainbow trout fillets. LWT Food Science and Technology, 64, 898–904. https://doi.org/10.1016/j.lwt.2015.06.010
- Rohani, M. Y., Zaipun, M. Z., & Norhayati, M. (1997). Effect of modified atmosphere on the storage life and quality of *Eksotika* papaya. *Journal of Tropical Agriculture and Food Science*, 25, 103–113.
- Rzymski, P., Mleczek, M., Niedzielski, P., Siwulskid, M., & Asecka, M. G. (2017). Cultivation of Agaricus bisporus enriched with selenium, zinc and copper. Journal of Science of Food and Agriculture, 97, 923–928.
- Sapers, G. M. (1993). Browning of foods: Control by sulfites, antioxidants, and other means. *Food Technology*, 47, 75–84.
- Sapers, G. M., Miller, R. L., Pilizota, V., & Kamp, F. (2001). Shelf-life extension of fresh mushrooms (*Agaricus bisporus*) by application of hydrogen peroxide and browning inhibitors. *Journal of Food Science*, 66, 362–366. https://doi.org/10.1111/j.1365-2621.2001.tb11347.x
- Taban, A., Rahimi, M. J., Saharkhiz, M. J., Hadian, J., & Zomorodian, K. (2013). The efficacy of Satureja khuzistanica essential oil treatment in reducing Escherichia coli O157:H7 load on alfalfa seeds prior to sprouting. Journal of Food Safety, 33, 121–127.
- Tripathi, P., & Dubey, N. K. (2004). Exploitation of natural products as an alternative strategy to control postharvest fungal rotting of fruit and vegetables. *Postharvest Biology and Technology*, 32, 235–245. https://doi.org/10.1016/j.postharvbio.2003.11.005
- Verbeken, D., Dierckx, S., & Dewettinck, K. (2003). Exudate gums: Occurrence, production, and applications. *Applied Microbiology and Biotechnology*, 63, 10–21. https://doi.org/10.1007/s00253-003-1354-z
- Wang, K. T., Jin, P., Cao, S. F., Shang, H. T., Yang, Z. F., & Zheng, Y. H. (2009). Methyl jasmonate reduces decay and enhances antioxidant capacity in Chinese bayberries. *Journal of Agricultural and Food Chemistry*, 57, 5809–5815. https://doi.org/10.1021/jf900914a
- Wong, D., Tillin, S. J., Hudson, J. S., & Pavlath, A. E. (1994). Gas exchange in cut apples with bilayer coatings. *Journal of Agricultural and Food Chemistry*, 42, 2278–2285. https://doi.org/10.1021/jf00046a037
- Xu, Y., Tian, Y., Mab, R., Liu, Q., & Zhang, J. (2016). Effect of plasma activated water on the postharvest quality of button mushrooms, Agaricus bisporus. Food Chemistry, 197, 436–444. https://doi.org/10.1016/j.foodchem.2015.10.144

How to cite this article: Nasiri M, Barzegar M, Sahari MA, Niakousari M. Efficiency of Tragacanth gum coating enriched with two different essential oils for deceleration of enzymatic browning and senescence of button mushroom (*Agaricus bisporus*). Food Sci Nutr. 2019;7:1520–1528. https://doi.org/10.1002/fsn3.1000