

## RESEARCH ARTICLE

# Patterns of glucose hypometabolism in Down syndrome resemble sporadic Alzheimer's disease except for the putamen

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## Abstract

**Introduction:** Adults with Down syndrome (DS) are predisposed to Alzheimer's disease (AD) and the relationship between cognition and glucose metabolism in this population has yet to be evaluated.

**Methods:** Adults with DS (N = 90; mean age [standard deviation] = 38.0 [8.30] years) underwent [C-11]Pittsburgh compound B (PiB) and [F-18]fluorodeoxyglucose (FDG) positron emission tomography scans. Associations among amyloid beta ( $A\beta$ ), FDG, and measures of cognition were explored. Interregional FDG metabolic connectivity was assessed to compare cognitively stable DS and mild cognitive impairment/AD (MCI-DS/AD).

**Results:** Negative associations between  $A\beta$  and FDG were evident in regions affected in sporadic AD. A positive association was observed in the putamen, which is the brain region showing the earliest increases in  $A\beta$  deposition. Both  $A\beta$  and FDG were associated with measures of cognition, and metabolic connectivity distinguished cases of MCI-DS/AD from cognitively stable DS.

**Discussion:** Associations among  $A\beta$ , FDG, and cognition reveal that neurodegeneration in DS resembles sporadic AD with the exception of the putamen, highlighting the usefulness of FDG in monitoring neurodegeneration in DS.

## KEYWORDS

Alzheimer's disease, amyloid positron emission tomography, cognitive decline, Down syndrome, fluorodeoxyglucose, individual metabolic brain network

## 1 | INTRODUCTION

Adults with Down syndrome (DS) are predisposed to Alzheimer's disease (AD), with a sharp increase in prevalence of dementia after age 50.<sup>1</sup> The triplication of chromosome 21 results in overexpression

of the gene encoding production of the amyloid precursor protein (APP), and an earlier presence of amyloid beta ( $A\beta$ ) plaques in the brain.<sup>2,3</sup> Histopathological studies have revealed that  $A\beta$  deposition in DS begins early in life, with severe cortical prominence evident by age 40,<sup>4,5</sup> which is decades earlier than reported in cases of sporadic AD.<sup>6</sup>

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In sporadic AD, the deposition of A $\beta$  precedes symptoms of dementia by roughly two decades,<sup>7</sup> and it is postulated that there is a temporal latency between A $\beta$  presence and the progression of other AD biomarkers such as neurofibrillary tangles, glucose hypometabolism, gray matter atrophy, and cognitive decline.<sup>8</sup>

The spatial extent of A $\beta$  can be monitored in vivo with positron emission tomography (PET) throughout the time course of AD using A $\beta$ -targeting radioligands, such as [C-11]Pittsburgh compound B (PiB).<sup>9</sup> In non-demented DS, a pattern of striatum-first A $\beta$  retention was identified using PiB PET with the youngest case of A $\beta$ -positivity (A $\beta$ +) in the striatum at age 38.<sup>10</sup> This is reminiscent of the pattern seen in other early-onset forms of AD including autosomal dominant AD<sup>11,12</sup> and APP duplication.<sup>13</sup> With the exception of the striatum, PET studies in DS revealed that the spatial distribution of A $\beta$  in the brain closely resembled the pattern observed in sporadic AD.<sup>14–25</sup> Longitudinal PET imaging in DS identified A $\beta$  increases of 3% to 4% per year with the striatum showing the earliest and most prominent change compared to other cortical regions,<sup>26,27</sup> highlighting the striatum as a target region of interest to monitor early AD progression in DS.<sup>28</sup>

Changes in cerebral glucose metabolism are well established in sporadic AD (non-DS) when measured with [F-18]fluorodeoxyglucose (FDG).<sup>29–32</sup> The most prominent regions showing glucose hypometabolism early on during preclinical AD progression are the parietal cortex, precuneus, and posterior cingulate, followed by the medial temporal lobe.<sup>33</sup> These regions also show the greatest FDG hypometabolism during the transition from cognitively stable to mild cognitive impairment (MCI).<sup>34</sup> The transition from MCI to AD is associated with further FDG hypometabolism in these regions as well as in the frontal lobe.<sup>35</sup> The regional patterns of glucose hypometabolism in familial AD are identical to that of sporadic AD;<sup>36</sup> however, frontal lobe hypometabolism is more prominent in these populations.<sup>37,38</sup> In DS, glucose hypometabolism has been observed in the parietal cortex, temporal cortex, and posterior cingulate.<sup>25,39,40</sup> To better characterize the transition from cognitively stable to MCI or AD in DS, it is important to relate imaging findings to neuropsychological measures of cognition. Previous studies in DS have shown that cognitively stable individuals tolerate elevated A $\beta$  deposition without impact on cognition,<sup>16</sup> and that adults with DS that were consistently A $\beta$ + evidenced worsening cognitive performance.<sup>41</sup> Additionally, a previous study in DS attempted to relate FDG hypometabolism to cognitive function,<sup>42</sup> but found no observable association due to both the limited sample of MCI-DS/AD participants and the use of a single receptive language measure to represent overall cognition.

FDG hypometabolism in regions implicated in sporadic AD has been shown to be localized to areas of elevated A $\beta$  plaques.<sup>29</sup> In sporadic AD imaging studies, there are reported cases of FDG hypermetabolism with elevated A $\beta$  in frontal, temporal, parietal, and thalamic regions in cognitively stable and early-MCI populations.<sup>43–45</sup> This hypermetabolism may reflect a compensatory response to the presence of A $\beta$ <sup>44</sup> or higher pre-morbid brain reserve/resistance,<sup>43</sup> and poses as a potential marker of early metabolic change during the preclinical AD phases.<sup>29</sup> In DS, however, only negative associations between A $\beta$  and FDG have been observed in the typical AD regions.<sup>42</sup> Despite

## RESEARCH IN CONTEXT

- 1. Systematic review:** Previous [F-18]fluorodeoxyglucose (FDG) studies in Down syndrome (DS) have revealed glucose hypometabolism with increased amyloid beta (A $\beta$ ) in regions implicated in Alzheimer's disease (AD). However, no association between A $\beta$  and FDG has been observed in the striatum, a region subject to early and prominent A $\beta$  retention in DS. Additionally, associations between FDG and cognitive performance have yet to be evaluated in this population.
- 2. Interpretation:** Our findings in DS reveal the pattern of glucose hypometabolism resembles that of sporadic AD. A positive association between A $\beta$  and FDG in the putamen was observed, suggesting this region is spared from neurodegeneration in DS. FDG hypometabolism was greatly associated with lower cognitive performance, and interregional metabolic connectivity distinguished mild cognitive impairment/AD (MCI-DS/AD) from cognitively stable DS.
- 3. Future directions:** Future research should evaluate longitudinal FDG change in DS to characterize early regional metabolism change during the transition between cognitively stable and MCI-DS.

the early and prominent retention of A $\beta$  in the striatum in DS, no associations with FDG have been identified, suggesting this region may be spared from AD-associated metabolic change.<sup>42</sup> The same phenomenon was also observed in cases of autosomal dominant AD (ADAD), which shares similar striatum-dominant A $\beta$  retention with DS.<sup>46</sup> However, this failure to detect an association between striatal A $\beta$  and FDG in DS may be a consequence of both small sample sizes and evaluating changes in the striatum as a whole rather than within each striatal subunit. A DS study using an attention task during FDG imaging revealed increased glucose metabolic rate in typical AD-associated regions and the caudate that correlated with gray matter volume reduction and indicators of dementia rating, suggesting a compensatory brain response may be evident during preclinical AD progression.<sup>47</sup> A large DS study evaluating cerebrospinal fluid, plasma, and PET-based biomarkers revealed decreases in glucose metabolism with symptomatic AD compared to asymptomatic individuals, suggesting there is a lengthy preclinical AD phase during which biomarkers follow predictable trajectories similar to those seen in sporadic AD.<sup>48</sup>

The Alzheimer's Biomarker Consortium-Down Syndrome (ABC-DS) is an ongoing longitudinal study aimed at characterizing the natural history of AD-related biomarker change in a large DS cohort.<sup>49</sup> The objective of the current study was to examine the associations among A $\beta$ , glucose metabolism, and early AD-related cognitive decline and to evaluate the use of FDG for monitoring subtle changes in AD-related

**TABLE 1** Down syndrome and sibling control participant demographics by age, sex, cognitive status, and A $\beta$  status. Hypometabolism on FDG defined as having FDG SUVR lower than the mean SUVR from the A $\beta$ - group by 1.5 standard deviations

	Sibling controls	All participants	A $\beta$ -	Striatal A $\beta$ +	Global A $\beta$ +
N	14	90	65	25	16
Age (mean [SD]) years	46.6 (13.4)	38.0 (8.3)	35.1 (5.81)	48.3 (5.87)	50.4 (4.24)
Sex (M/F)	1/13	45/45	33/32	12/13	9/7
MCI-DS/AD consensus	0	10	2	8	7
Hypometabolism on FDG	0	12	2	10	10
Episodic memory Z-score	NA	0.00 (1.89)	0.57 (1.45)	-1.38 (2.11)	-2.15 (2.20)
Overall cognition Z-score	NA	0.00 (5.32)	1.57 (4.25)	-4.09 (5.67)	-5.46 (6.01)

Abbreviations: A $\beta$ , amyloid beta; FDG, fluorodeoxyglucose; MCI-DS, mild cognitive impairment-Down syndrome; SD, standard deviation; SUVR, standardized uptake value ratio.

progression. Due to the nature of early A $\beta$  accumulation in the striatum, FDG uptake across the caudate and putamen was evaluated to identify any localized metabolic change. Finally, interregional FDG metabolic connectivity was assessed using an individual metabolic brain network and compared to a control group of age-matched siblings without DS to classify AD-related neurodegeneration in DS. In regard to cognition, we examined episodic memory, as this domain has been found to be especially sensitive to change in AD biomarkers early on in the transition to AD in DS,<sup>41,50</sup> as well as a composite measure of the varied cognitive domains implicated in MCI in DS.<sup>51-53</sup>

## 2 | METHODS

### 2.1 | Participants

A total of N = 90 participants with DS (mean age [standard deviation (SD)] = 38.0 [8.30] years) and N = 14 age-matched siblings without DS (mean age [SD] = 46.6 [13.4] years) were recruited from the University of Wisconsin-Madison and University of Pittsburgh imaging sites of the ABC-DS.<sup>49</sup> Age-matched sibling controls without DS and free of symptoms of dementia were enrolled in the study to act as a biomarker reference group. Institutional review board approval and informed consent were obtained during enrollment into the study by the participant or legally designated caregiver. Inclusion criteria included age  $\geq$  25 years and having receptive language  $\geq$  3 years. Genetic testing was performed to confirm cases of DS (trisomy 21, mosaicism, or partial translocation). Exclusion criteria included having a prior diagnosis of dementia or a psychiatric condition that impaired cognitive functioning. In the current study, 10 participants were classified having MCI-DS or AD, 77 were cognitively stable (CS-DS), and the remaining 3 showed cognitive decline but possibly due to non-AD reasons (eg, life stressors or medical conditions). These diagnostic classifications were performed independent of imaging findings and based on case consensus processing informed by directly administered and caregiver-reported measures as previously described.<sup>49</sup> The three participants with cognitive decline possibly due to non-AD reasons evidenced low to

moderate A $\beta$ , but no FDG hypometabolism and were included in analyses associating A $\beta$  and FDG with cognition. However, these three participants were excluded from analyses requiring a definitive cognitive consensus. DS participant demographics are outlined in Table 1.

### 2.2 | Sociodemographics

Sex was reported by caregivers and coded as M/F. Chronological age was coded in years. The Peabody Picture Vocabulary Test-Fourth Edition (PPVT)<sup>54</sup> administered at the first time point of the study was used to assess lifetime cognitive ability and has shown to be a valid measure of receptive language in adults with DS that strongly correlates with IQ.<sup>55</sup>

Highlights:

- Glucose hypometabolism in Down syndrome (DS) resembled that of sporadic Alzheimer's disease (AD).
- A positive association was observed between amyloid beta and fluorodeoxyglucose (FDG) in the putamen.
- FDG hypometabolism strongly correlates with lower cognitive performance in DS.
- Metabolic connectivity distinguishes mild cognitive impairment-DS/AD from cognitively stable DS.

### 2.3 | Cognitive measures

Episodic memory was measured using the Cued Recall Test which has been shown to be reliable in DS.<sup>56</sup> A composite for overall cognition was generated by summing Z-scores from a variety of cognitive tests that includes the Cued Recall Test (episodic memory), Down Syndrome Mental Status Examination (dementia symptoms/mental status),<sup>57</sup> Developmental Test of Visual-Motor Integration-Fifth Edition (visual perception, fine motor skills, and hand-eye coordination),<sup>58</sup> the Cat and Dog Modified Stroop Task (executive functioning),<sup>59</sup> Purdue Pegboard (motor planning and coordination),<sup>60</sup> and Developmental Neuropsychological Assessment Word Generation Semantic Fluency

test (verbal fluency).<sup>61</sup> These assessment tools have previously been shown to be promising outcome measures early on in the transition to AD in DS.<sup>41,50</sup>

## 2.4 | Magnetic resonance imaging

T1-weighted magnetic resonance imaging (MRI) scans were acquired on a 3T GE Discovery MR750 (Wisconsin) and a Siemens Trio or Prisma (Pittsburgh) scanner. MRI scans were acquired the same day as neuropsychological evaluation. MRI images were processed using FreeSurfer v5.3.0 for the purpose of extracting volumes from the lateral ventricles, and no DS template was used for the FreeSurfer spatial normalization. MRI from all 90 participants were used in the analysis.

## 2.5 | PET imaging

PET scans were performed on a Siemens ECAT HR+ scanner (Wisconsin). For the Pittsburgh site, both a Siemens ECAT HR+ and Siemens 4-ring Biograph mCT were used for PET imaging. All PET imaging was performed 1 day after the neuropsychological evaluation and MRI scan. A target dose of 15 mCi of [C-11] PiB was injected intravenously, and PET scans to measure brain A $\beta$  plaques were acquired 50 to 70 minutes post-injection (four 5-minute frames). Sixteen months after PiB imaging, participants were imaged with FDG PET to assess brain glucose metabolism. A target dose of 5 mCi of FDG was injected intravenously, and scans were acquired 30 to 60 minutes post-injection (six 5-minute frames). PET images from all 90 participants were used in the analysis. PET frames were re-aligned to correct for motion, averaged, and spatially normalized to the Montreal Neurological Institute 152 space (MNI152) via DS-specific PET templates for PiB and FDG as previously described.<sup>20</sup> Spatial normalization was required for all PET images for regional analysis using template space regions of interest (ROIs) that account for differences in DS brain morphology compared to conventional atlas-based ROIs, which have been previously validated for PET quantification in DS.<sup>20</sup> For PiB images specifically, spatial normalization was required to calculate the amyloid load (A $\beta_L$ ), a global measure of total A $\beta$  computed by the linear least squares method between the PET image, and images of specific radioligand binding and nonspecific/off-target binding defined in a template space.<sup>62,63</sup> Standardized uptake value ratio (SUVR) images were generated by voxel normalization to cerebellar gray matter (PiB) or a cerebral global mean (FDG). Global A $\beta$  was calculated from the PiB SUVR images using the A $\beta_L$  index following methodology specific to DS brains.<sup>64</sup> Regional values of SUVR were calculated for PiB and FDG in early-stage AD regions (parietal cortex, precuneus/posterior cingulate), late-stage regions (frontal cortex, temporal cortex, anterior cingulate), the caudate, and putamen. A $\beta+$  derived from prior work in the DS population was defined in the striatum for SUVR  $\geq 1.43$ , and globally for A $\beta_L \geq 20.0$ .<sup>64</sup>

## 2.6 | Individual metabolic brain network

A novel method for generating a metabolic brain network from a single FDG image was recently developed<sup>65</sup> and applied to the DS data. First, a correlation coefficient matrix was generated for FDG SUVR values across all ROIs in the sibling control group ( $M_C$ ). The mean ( $X_C$ ) and standard deviation ( $s_C$ ) SUVR for each individual ROI was then calculated across all sibling controls. For a single FDG image, an effect size difference (ESD) matrix between the individual DS participant and the control group was calculated:

$$ESD(i, j) = \left| (x_i - X_{C,i}) - (x_j - X_{C,j}) \right| / s_p(i, j), \quad (1)$$

where  $x_i$  and  $x_j$  are the regional SUVR for regions  $i$  and  $j$  from an individual DS participant,  $X_{C,i}$  and  $X_{C,j}$  are the mean regional SUVR from the control group, and  $s_p(i, j)$  is the pooled standard deviation between the regions in the control group. Using the Fisher transformation, ESD values were converted to correlation coefficient values ( $R$ ) as follows:

$$R(i, j) = (\exp(2 * ESD(i, j)) - 1) / (\exp(2 * ESD(i, j)) + 1). \quad (2)$$

A higher value of ESD corresponds to a stronger difference of SUVR variation between regions, resulting in a weaker regional correlation coefficient.<sup>65</sup> A weighting factor was then applied across the regional correlation coefficients between the DS subject and the control group as  $W(i, j) = 1 - R(i, j)$ , such that  $0 < W(i, j) < 1$ . The final individual connectivity matrix  $M$  was calculated as

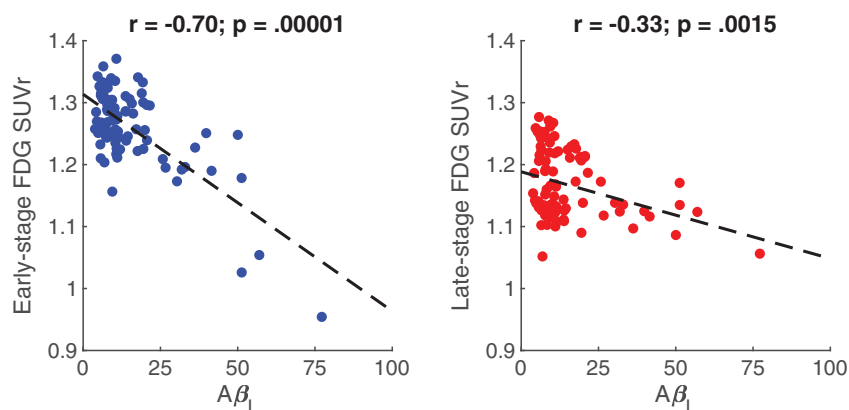
$$M(i, j) = W(i, j) \odot M_C(i, j), \quad (3)$$

where  $\odot$  represents element-by-element multiplication.

## 2.7 | Statistical analysis

To assess the association between global A $\beta_L$  and FDG SUVR in striatal, early, and late-stage AD regions in DS (described above), Pearson's correlation coefficients were calculated. Pearson's correlation coefficients were also used to evaluate the associations between striatal FDG SUVR and ventricular volume. To assess the association between AD biomarker progression and cognition, multiple linear regression models were performed. The models were performed as follows: each cognitive measure (episodic memory, overall cognition composite) was used as an outcome with A $\beta_L$  and regional FDG SUVR as independent variables. Regression models were repeated to adjust for chronological age and lifetime cognitive ability level (ie, PPVT). Associations were considered statistically significant for p-values  $\leq 0.05$  (adjusted for Holm-Bonferroni correction). Spearman's correlations were then performed between regional PiB and FDG SUVR across groups of A $\beta-$  and A $\beta+$  individuals to assess the influence of localized A $\beta$  on glucose metabolism. Spearman's correlations were repeated to assess the influence of global A $\beta_L$  on regional FDG SUVR. For the individual

**FIGURE 1** Pearson's correlations (with corresponding *P*-values) between global amyloid load ( $A\beta_L$ ) and fluorodeoxyglucose standardized uptake value ratio (FDG SUVR) in early (parietal cortex, precuneus/posterior cingulate; left) and late-stage (frontal cortex, temporal cortex, anterior cingulate; right) Alzheimer's disease regions



metabolic brain network analysis, a threshold value for connectivity was selected as the minimum from the CS-DS group as described previously,<sup>65</sup> which was calculated as  $M = 0.10$ . For the subsequent analyses, only connectivity values exceeding this threshold were analyzed. Interregional connectivity from ROI data was compared across the sibling control, DS- $A\beta^-$  and DS- $A\beta^+$  groups using analysis of covariance (ANCOVA) adjusting for age and sex. Post hoc Student's *t*-tests were then performed across the individual groups while adjusting for Bonferroni correction. The analyses were repeated comparing the sibling control, CS-DS, and MCI-DS/AD groups. Because different scanners were used for image collection, all models were corrected for imaging site. Statistical analyses were performed using SAS v9.4.

### 3 | RESULTS

#### 3.1 | $A\beta$ and FDG correlations

Negative associations between global  $A\beta_L$  and regional FDG SUVR were observed in early-stage (Pearson's  $r$  [95% confidence interval (CI)] =  $-0.70[-0.79, -0.58]$ ; *P*-value: .00001) and late-stage AD regions (Pearson's  $r$  =  $-0.33[-0.50, -0.13]$ ; *P*-value: .0015; Figure 1). For the striatum, a negative association with a large magnitude effect size (Cohen's  $d$ )<sup>66,67</sup> was observed in the caudate (Pearson's  $r$  =  $-0.63[-0.74, -0.49]$ ; *P*-value: .00001), while a positive association with a lower magnitude effect size was observed in the putamen (Pearson's  $r$  =  $0.24[0.04, 0.43]$ ; *P*-value: .022). FDG in the caudate was associated with increased ventricle volume (Pearson's  $r$  =  $-0.73[-0.81, -0.62]$ ; *P*-value: .00001), with a large magnitude effect association, and a low effect magnitude association was observed between ventricle volume and FDG in the putamen (Pearson's  $r$  =  $0.19[-0.02, 0.38]$ ; *P*-value: .068; Figure 2). This suggests that the positive association observed between  $A\beta$  and FDG in the putamen is independent of ventricular enlargement. Additionally, the association observed between FDG SUVR in the caudate and in the putamen was very small (Pearson's  $r$  =  $-0.073[-0.28, 0.14]$ ; *P*-value: .49), suggesting that putamen FDG was not associated with the observed caudate hypometabolism. To account for the partial volume effect, the striatal analysis was repeated using the Rousset geometric transfer matrix (GTM) method.<sup>68</sup> After GTM correction, the

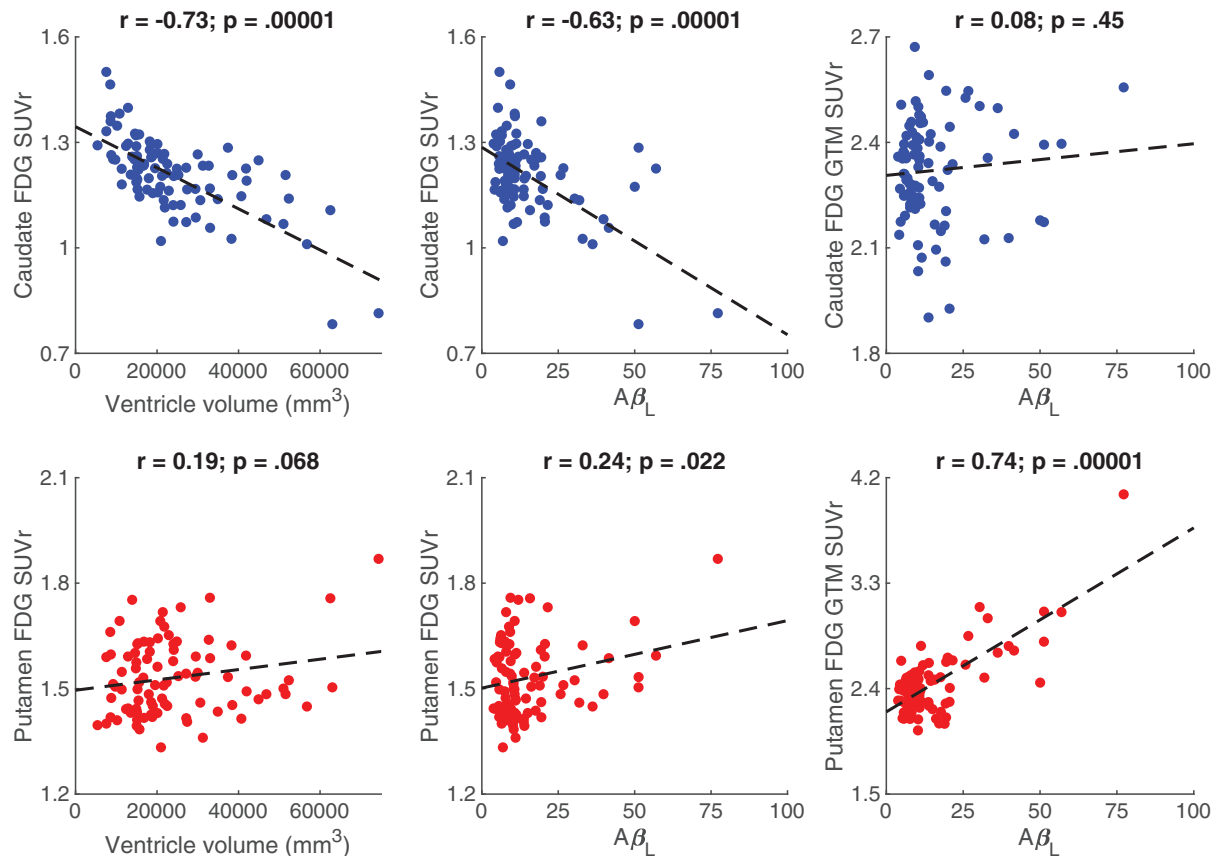
association observed between  $A\beta_L$  and FDG in the caudate (Pearson's  $r$  =  $0.08[-0.13, 0.28]$ ; *P*-value: .45) was also extremely small while the putamen showed a positive association (Pearson's  $r$  =  $0.74[0.63, 0.82]$ ; *P*-value: .00001) with a large effect size (Figure 2). For all associations, imaging site did not influence the model outcomes.

Putamen FDG was then compared across the  $A\beta^-$ ,  $A\beta^+$ , and sibling control groups using analysis of variance (ANOVA) with post hoc Student's *t*-tests while adjusting for Bonferroni correction. The  $A\beta^-$  and  $A\beta^+$  groups showed elevated putamenal FDG compared to the sibling controls (ANOVA; *P* = .0003). From the post hoc tests, no significant difference was observed between putamen FDG in the  $A\beta^-$  and  $A\beta^+$  groups ( $P > .05$  adjusted for Bonferroni correction).

Due to the large magnitude effect association between FDG in the caudate and ventricle volume, multiple linear regressions were performed between these measures considering linear, quadratic, and cubic polynomials. The association between caudate FDG and ventricle volume was best represented by the model that included both the quadratic and cubic terms ( $R^2 = 0.57$ ) compared to model considering only the linear term (one-way ANOVA  $F = 9.04$ ; *P* = .0003) and the model considering the linear and quadratic terms (one-way ANOVA  $F = 18.1$ ; *P* = .00005).

#### 3.2 | Impact of $A\beta$ and FDG on cognition

First-level analysis with Pearson's correlations revealed significant associations between  $A\beta_L$  and between regional FDG SUVR with cognition in both early and late-stage AD regions (all  $P < .05$ ). No associations were observed between FDG SUVR and cognition in the caudate or putamen, and these regions were excluded from the regression analysis. From the regression models (Table 2), each variable,  $A\beta_L$  and then FDG SUVR in both early- and late-stage regions, showed significant associations (presented as slope estimates [regression coefficients] with 95% CIs) with episodic memory and overall cognition (all  $P < 0.05$  adjusted for Holm-Bonferroni correction). Associations with episodic memory and overall cognition remained significant for the  $A\beta_L$  regressions and early-stage FDG SUVR regressions after adjusting for chronological age and lifetime ability (ie, PPVT; Table 2). For late-stage FDG regions, significant associations with overall



**FIGURE 2** Pearson's correlations (with corresponding p-values) for fluorodeoxyglucose standardized uptake value ratio (FDG SUVR) and ventricle volume, FDG SUVR and global amyloid load ( $A\beta_L$ ), and geometric transfer matrix-corrected (GTM) FDG SUVR and global  $A\beta_L$  in the caudate (top row) and putamen (bottom row)

**TABLE 2** Linear regression coefficient estimates (with 95% CIs) for models using cognitive measures as the outcome variable and  $A\beta_L$  and FDG SUVR as independent variables. Regressions were repeated for each outcome variable while adjusting for chronological age and lifetime cognitive ability (PPVT). P-values were adjusted for multiple comparisons using the Holm-Bonferroni method

Outcome	$A\beta_L$	Early-stage FDG	Late-stage FDG
<b>Episodic memory</b>	-4.2[-5.3,-3.0]**	0.016[0.0096,0.022]**	0.009[0.0033,0.015]*
Age adjusted	-2.4[-3.5,-1.3]**	0.013[0.0055,0.020]**	0.0081[0.0015,0.015]
Age and PPVT adjusted	-2.6[-3.9,-1.2]**	0.013[0.0042,0.022]*	0.0048[-0.0035,0.013]
<b>Overall cognition</b>	-1.5[-1.9,-1.0]**	0.0061[0.0038,0.0083]**	0.0038[0.0018,0.0058]**
Age adjusted	-0.89[-1.3,-0.53]**	0.0049[0.0025,0.0072]**	0.0035[0.0013,0.0057]*
Age and PPVT adjusted	-1.4[-2.0,-0.82]**	0.0077[0.0039,0.012]**	0.0035[-0.00013,0.0070]

Significance: \* $P < .05$ ; \*\* $P < .01$ .

Abbreviations:  $A\beta_L$ , amyloid beta load; CI, confidence interval; FDG, fluorodeoxyglucose; PPVT, Peabody Picture Vocabulary Test-Fourth Edition; SUVR, standardized uptake value ratio.

cognition survived age adjustment. Inclusion of sex in the model parameters did not influence the outcome for all regressions performed. For all associations, imaging site did not influence the model outcomes.

### 3.3 | FDG in relation to $A\beta$ status

Regional PiB SUVR and global  $A\beta_L$  were compared against regional FDG SUVR across groups of  $A\beta^-$  and  $A\beta^+$  individuals (considering both

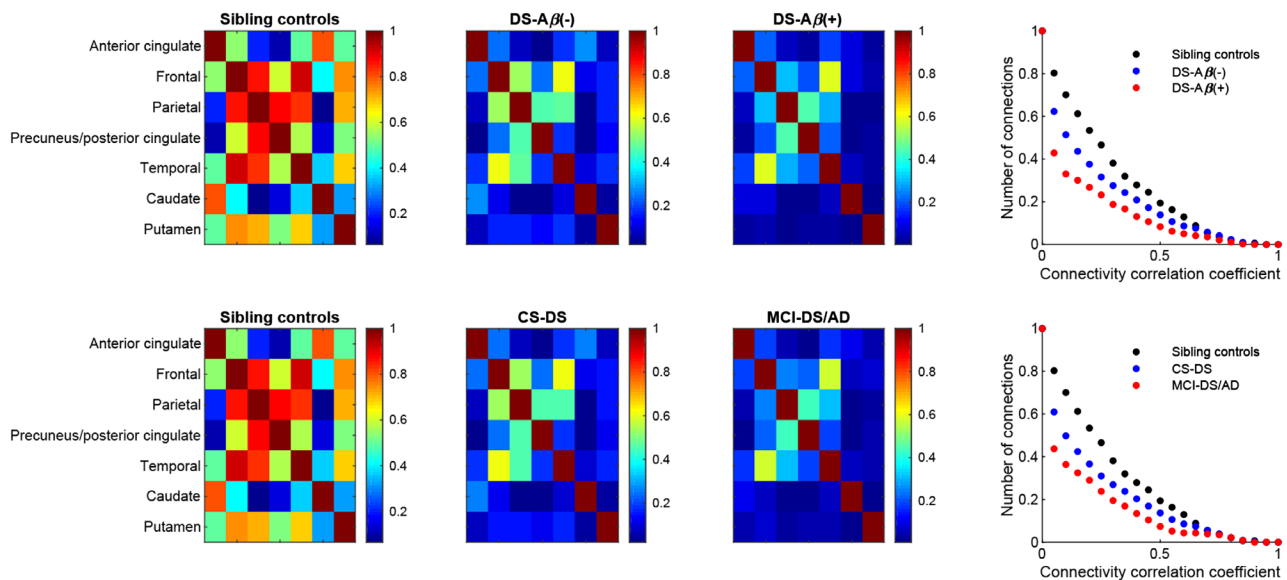
striatal and global  $A\beta^+$  cutoffs) using Spearman correlations (Table 3). For both the striatal  $A\beta^+$  and global  $A\beta^+$  groups, large effect sizes were observed between regional PiB and FDG SUVR in early-stage AD regions (striatal  $A\beta^+$ :  $P = -.60$ ; global  $A\beta^+$ :  $P = -.50$ ), and late-stage AD regions (striatal  $A\beta^+$ :  $P = -.62$ ; global  $A\beta^+$ :  $P = -.67$ ). Large effect sizes were also displayed between global  $A\beta_L$  with early-stage AD regions (striatal  $A\beta^+$ :  $P = -.73$ ; global  $A\beta^+$ :  $P = -.68$ ) and late-stage AD regions (striatal  $A\beta^+$ :  $P = -.68$ ; global  $A\beta^+$ :  $P = -.68$ ). A medium effect size was observed between global  $A\beta_L$  and putaminal FDG SUVR in only

**TABLE 3** Spearman correlation coefficients (with 95% CIs) comparing regional PiB and FDG SUVR, as well as global  $A\beta_L$  and regional FDG SUVR across different  $A\beta^-$  and  $A\beta^+$  groups

	Striatum $A\beta^-$ N = 65	Striatum $A\beta^+$ N = 25	Global $A\beta^-$ N = 74	Global $A\beta^+$ N = 16
Early-stage PiB vs Early-stage FDG	-0.082[-0.32,0.17]	-0.60[-0.80,-0.27]**	-0.061[-0.29,0.17]	-0.50[-0.80,-0.0057]*
Late-stage PiB vs Late-stage FDG	-0.26[-0.47,-0.019]*	-0.62[-0.82,-0.30]***	-0.20[-0.41,0.031]	-0.67[-0.88,-0.27]**
Putamen PiB vs Putamen FDG	-0.12[-0.35,0.13]	0.38[-0.014,0.68]	-0.18[-0.39,0.052]	0.012[-0.49,0.50]
Caudate PiB vs Caudate FDG	-0.21[-0.44,0.031]	0.11[-0.30,0.48]	-0.18[-0.40,0.047]	0.39[-0.13,0.74]
Global $A\beta_L$ vs Early-stage FDG	-0.23[-0.45,0.014]	-0.73[-0.87,-0.47]***	-0.16[-0.38,0.070]	-0.68[-0.88,-0.28]**
Global $A\beta_L$ vs Late-stage FDG	-0.24[-0.46,-0.0011]*	-0.68[-0.85,-0.39]***	-0.15[-0.37,0.080]	-0.68[-0.88,-0.28]**
Global $A\beta_L$ vs Putamen FDG	-0.095[-0.33,0.15]	0.45[0.070,0.72]*	-0.15[-0.37,0.078]	0.079[-0.43,0.55]
Global $A\beta_L$ vs Caudate FDG	-0.17[-0.40,0.073]	0.058[-0.35,0.44]	-0.13[-0.35,0.10]	-0.056[-0.54,0.45]

Significance: \* $P < .05$ ; \*\* $P < .01$ ; \*\*\* $P < .001$ .

Abbreviations:  $A\beta_L$ , amyloid beta load; CI, confidence interval; FDG, fluorodeoxyglucose; PiB, Pittsburgh compound B; SUVR, standardized uptake value ratio.

**FIGURE 3** Interregional fluorodeoxyglucose connectivity matrices across the sibling control and Down syndrome groups. The plots display the number of interregional connections across all individuals in each group

the striatal  $A\beta^+$  group ( $P = .45$ ). Caudate FDG was not associated with caudate PiB or global  $A\beta_L$  at the group level. The striatal  $A\beta^-$  group displayed small effect sizes for regional PiB and FDG SUVR ( $P = -.26$ ) as well as global  $A\beta_L$  and regional FDG SUVR ( $P = -.24$ ) in the late-stage AD regions. Compared to the global  $A\beta^-/A\beta^+$  groups, the striatal  $A\beta^-/A\beta^+$  groups displayed larger effect sizes when associating  $A\beta$  and FDG. Compared to regional PiB SUVR, the global  $A\beta_L$  metric displayed larger effect sizes in relation to regional FDG.

### 3.4 | Individual metabolic brain network

Relative to the sibling control group, reductions in the number of interregional FDG connections were evident in the DS- $A\beta^-$ , DS- $A\beta^+$ ,

CS-DS, and MCI-DS/AD groups (Figure 3). From ANCOVA, significant differences between all groups were observed (all  $P < .05$ ) surviving adjustment for age, but not sex. Inclusion of imaging site did not influence the model outcomes. From the post hoc analysis, the frequency of significant connections (presented as mean [SD]) for the sibling controls (0.60 [0.23]), DS- $A\beta^-$  (0.44 [0.23]) and DS- $A\beta^+$  (0.28 [0.21]) were significantly different across all group pairings ( $P < .05$  adjusted for Bonferroni correction). Significant differences were also observed between the sibling controls and the CS-DS (0.43 [0.23]) and MCI-DS/AD (0.29 [0.20]) groups ( $P < .05$  adjusted for Bonferroni correction). Within the  $A\beta^+$  and MCI-DS/AD groups, the weakest interregional connectivity values were evident in the early-stage AD regions (parietal cortex, precuneus/posterior cingulate).

## 4 | DISCUSSION

In the DS population, we report FDG hypometabolism with elevated  $A\beta$  in typical AD regions (parietal cortex, precuneus/posterior cingulate, frontal cortex, temporal cortex) similar to the patterns observed in sporadic AD. However, a positive association between global  $A\beta_L$  and putamen FDG SUVR emerged. Previous imaging studies in DS have attempted to relate  $A\beta$  with striatal FDG and found no association;<sup>42</sup> however, this is possibly a consequence of examining the striatum as a whole rather than across individual striatal subunits. Our data revealed a significant relation between lower glucose metabolism in the caudate and higher volume of the lateral ventricles. Thus, with striatal regions grouped, it is conceivable that this positive association between  $A\beta_L$  and FDG in the putamen could be offset by caudate hypometabolism related to ventricular enlargement. After partial volume correction, the positive association between global  $A\beta_L$  and FDG in the putamen remained significant, while the signal in the caudate showed no association with  $A\beta_L$ . This effect may result from correction of signal spill-in from white matter, which shows a greater effect in the putamen because it is bounded by large white matter tracts and reveals little atrophy. The analysis was then repeated using the cerebellum as the reference region for FDG SUVR calculation to ensure that the finding was not an artifact of region for normalization. The FDG and  $A\beta$  associations in the caudate and putamen were similar to those observed with the global normalization, suggesting that these regions are spared from hypometabolism during the progression of AD.

Histopathological studies in DS have revealed the presence of diffuse and cored  $A\beta$  plaques in the striatum, which accumulates larger amounts of diffuse plaques compared to the surrounding neocortical areas.<sup>69</sup> The abundance of diffuse plaques compared to the more neurotoxic cored plaques may spare the striatum from AD-related neurodegeneration, as observed by the lack of FDG hypometabolism. Compared to sibling controls, the putamen showed elevated baseline FDG in DS; however, no significant difference in FDG was observed between  $A\beta^-$  and  $A\beta^+$  groups. This may indicate higher basal metabolism in DS sparing the putamen from neurodegeneration. Because no measurable increase in FDG is observed in DS, the positive association between  $A\beta$  and FDG cannot be used as a direct confirmation of hypermetabolism in the putamen. However, the positive association between  $A\beta$  and FDG in the putamen may reflect an inflammatory response to  $A\beta$ , although a similar response would be expected in the caudate. These possibilities should be examined in future research that uses PET imaging of neuroinflammation (eg, translocator protein ligand) in the DS population. While striatal  $A\beta$  is indicative of preclinical AD progression in DS, the lack of FDG hypometabolism suggests this region would not be a useful marker to monitor early AD neurodegeneration.

The regression analysis revealed significant associations between  $A\beta$  and FDG and AD-related domains of cognitive functioning in DS. A negative association was observed between  $A\beta$  and episodic memory and the overall composite of cognitive functioning. FDG hypometabolism in both early-stage (parietal cortex, precuneus/posterior cingulate) and late-stage (frontal cortex, temporal cortex, anterior cingulate) AD regions was associated with lower

cognitive performance, and these associations were independent of chronological age. Due to the modest size of the slope estimates between FDG and our measures of cognition, a correlation analysis was performed across groups based on  $A\beta^+$  status and AD clinical status (cognitively stable, MCI-DS, or AD). The associations between measures were found to be primarily influenced by individuals that were globally  $A\beta^+$ , which includes those classified as having MCI-DS or AD, suggesting that FDG is useful to monitor subtle changes in AD progression. Measures of episodic memory in particular have shown to be sensitive indicators of the transition between preclinical and prodromal AD in non-DS populations,<sup>70</sup> and the relations of these measures in DS with FDG highlight their utility in monitoring AD progression.

For the group analysis, DS participants were classified as  $A\beta^-$  or  $A\beta^+$  using either striatal or global thresholds. Large effect sizes were observed between  $A\beta$  and FDG across both striatal and global  $A\beta^+$  groups, suggesting that both classifications of  $A\beta^+$  are useful in monitoring AD progression. In the putamen, a greater association between  $A\beta$  and FDG was evident in the striatal  $A\beta^+$  group, indicating that metabolic change occurs in this region early in the course of  $A\beta$  deposition. While  $A\beta$  deposition in the striatum is detectable with PET prior to that in the neocortex, the occurrence of histologically detectable diffuse and cored plaques in the neocortex precedes that in the striatum based on *post mortem* studies.<sup>69</sup> Thus, use of a striatal classification for  $A\beta^+$  may provide more information on early metabolic change in neocortical regions. In general, FDG hypometabolism was not evident prior to the onset of  $A\beta^+$ , suggesting  $A\beta$  may be a precursor to AD-related metabolic change in DS and that the trajectories of these biomarkers are in accordance with the disease staging in sporadic AD.<sup>8</sup>

Regional PiB SUVR and global  $A\beta_L$  were compared against regional FDG across the different  $A\beta^+$  groups to evaluate whether any local associations are lost when using a global measure. While regional PiB SUVR was able to distinguish FDG change across  $A\beta^+$  and  $A\beta^-$  groups, the global  $A\beta_L$  measure displayed larger effect sizes and may be a more sensitive metric to predict FDG change. Previous studies have shown that the  $A\beta_L$  metric improves quantification due to its suppression of nonspecific radioligand binding signal, resulting in greater sensitivity to detect small increases in  $A\beta$ .<sup>63,64</sup> This improved sensitivity to measure  $A\beta$  with  $A\beta_L$  may translate to a more sensitive prediction of FDG change during the early stages of AD progression.

For sporadic AD, FDG PET has been used as a proxy for neurodegeneration as described by the AT(N) ( $A\beta$ /neurofibrillary tau/neurodegeneration) classification scheme for AD.<sup>71</sup> To assess the potential of FDG PET for classifying neurodegeneration in DS, an individual metabolic brain network was used to compare interregional metabolic connectivity from the FDG scan of a single participant to a group of healthy sibling controls. The metabolic brain network revealed that the number and strength of interregional connections were lower in both cognitively stable DS and MCI-DS or AD compared to the sibling controls. Also evident was a significant difference in connectivity between the cognitively stable DS and MCI-DS or AD that was independent of normal aging effects. One limitation to the current study was the limited sample size of participants classified as having MCI-DS or AD ( $n = 10$ ). Given the small number of adults with



DS with MCI and AD, these classification groups were combined in the analysis to improve statistical power. However, in future studies it will be important to determine whether FDG PET differences are observed in the MCI group prior to conversion to AD. Additionally,  $n = 2$  participants classified as having MCI-DS/AD were considered  $A\beta^-$  (Table 1); however, both participants had global  $A\beta_L$  values  $>19$  at the baseline visit and likely surpassed the  $A\beta^+$  threshold by the time of FDG imaging, which occurred 16 months after baseline. This may also suggest that our global cutoff for  $A\beta^+$  in DS may be too conservative, which is evidenced by the FDG hypometabolism observed in participants that are  $A\beta^+$  in the striatum but not globally. After consideration of a lower baseline metabolic connectivity, the individual metabolic brain network was capable of distinguishing cases of MCI and AD from cognitively stable DS, suggesting FDG PET is a useful marker for neurodegeneration in DS within the AT(N) framework.

## 5 | CONCLUSION

Evaluating FDG PET in a large DS population revealed that the regional patterns of glucose hypometabolism throughout AD progression are largely similar to the observations in sporadic AD. Compared to  $A\beta$  PET, regional hypometabolism was not evident prior to the onset of  $A\beta^+$  status. However, a positive association between  $A\beta$  and FDG emerged in the putamen, a region subject to early and rapid accumulation of diffuse  $A\beta$  plaques in DS. FDG PET showed significant associations with measures of episodic memory and overall cognition, suggesting the utility of FDG for monitoring declines in cognition. Finally, FDG was capable of distinguishing individuals with DS with a prior diagnosis of MCI and AD from those who were cognitively stable, highlighting the utility of FDG as a marker of AD progression.

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## CONFLICTS OF INTEREST

GE Healthcare holds a license agreement with the University of Pittsburgh based on the technology described in this manuscript. Dr. Klunk is a co-inventor of PiB and, as such, has a financial interest in this license

agreement. GE Healthcare provided no grant support for this study and had no role in the design or interpretation of results or preparation of this manuscript. All other authors have no conflicts of interest with this work and had full access to all of the data in the study, and take responsibility for the integrity of the data and the accuracy of the data analysis.

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