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# Mettl14-mediated m6A modification modulates neuron apoptosis during the repair of spinal cord injury by regulating the transformation from pri-miR-375 to miR-375

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## Abstract

**Background:** Spinal cord injury (SCI) is a disabling disorder, resulting in neurological impairments. This study investigated the mechanism of methyltransferase-like 14 (Mettl14) on apoptosis of spinal cord neurons during SCI repair by mediating pri-microRNA (miR) dependent N6-methyladenosine (m6A) methylation.

**Methods:** The m6A content in total RNA and Mettl14 levels in spinal cord tissues of SCI rats were detected. Mettl14 expression was intervened in SCI rats to examine motor function, neuron apoptosis, and recovery of neurites. The cell model of SCI was established and intervened with Mettl14. miR-375, related to SCI and positively related to Mettl14, was screened out. The expression of miR-375 and pri-miR-375 after Mettl14 intervention was detected. The expression of pri-miR-375 combined with DiGeorge critical region 8 (DGCR8) and that modified by m6A was detected. Furthermore, the possible downstream gene and pathway of miR-375 were analysed. SCI cell model with Mettl14 intervention was combined with Ras-related dexamethasone-induced 1 (RASD1)/miR-375 intervention to observe the apoptosis.

**Results:** Mettl14 level and m6A content in spinal cord tissue were significantly increased. After Mettl14 knockdown, the injured motor function was restored and neuron apoptosis was reduced. In vitro, Mettl14 silencing reduced the apoptosis of SCI cells; miR-375 was reduced and pri-miR-375 was increased; miR-375 targeted RASD1. Silencing Mettl14 inactivated the mTOR pathway. The apoptosis in cells treated with silencing Mettl14 + RASD1/miR-375 was inhibited.

**Conclusions:** Mettl14-mediated m6A modification inhibited RASD1 and induced the apoptosis of spinal cord neurons in SCI by promoting the transformation of pri-miR-375 to mature miR-375.

**Keywords:** Spinal cord injury, m6A modification, Mettl14, RASD1, miR-375, Pri-mir-375

## Background

Spinal cord injury (SCI) is a severe central nervous system injury, which leads to the loss of motor and sensory functions in SCI patients and seriously affects physical and mental health [1, 2]. As a sudden life-changing event, SCI results in neuromuscular weakness that impacts respiratory function, and requires complex and long-term rehabilitation [3, 4]. The common traumatic causes for SCI are traffic and sports accidents and gun-shot wound,

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while infections and vascular dysfunction are contributors to non-traumatic SCI [5]. More than one million patients around the world are paralyzed by SCI, which not only brings serious social and economic problems to patients and their families, but also to society [6]. Neuronal apoptosis is a key pathological feature of SCI [7]. SCI causes increased apoptosis of neurons, resulting in irreversible spinal cord dysfunction [8]. Therefore, it is very crucial to develop a new therapy for SCI in terms of neuronal apoptosis.

RNA modification, as an early adaptation mechanism of cells to environmental changes, has become an important target of tumour therapies and a hot spot of epigenetic research [9]. Post-transcriptional modifications affect cellular RNA stability, and the commonly seen modification is N6-methyladenosine (m6A) [10, 11]. Aberrant m6A is related to the progression of diseases and cancers [12]. The methyltransferase-like 14 (Mettl14) is one of the several methyltransferases critical for mediating m6A modification [13, 14]. For example, Mettl14 positively modulates m6A modification in breast cancer cells [12]. However, the role of Mettl14-mediated m6A modification in SCI is less studied. Mettl14 prevents the metastasis of hepatocellular carcinoma via m6A-dependent primary microRNA (miR) processing [15]. miRs are important factors to coordinate key molecular pathways in SCI, which can serve as an organized network to control apoptosis, inflammation, oligodendrocyte development and axon regeneration after SCI [16, 17]. Based on the above information, we hypothesize an underlying mechanism of Mettl14 in SCI via m6A-dependent miR processing. Therefore, the comprehensive experiments were conducted to testify the involvement of Mettl14 and m6A-dependent miR in SCI models, which may offer novel insights for therapeutic interventions for SCI patients.

## Results

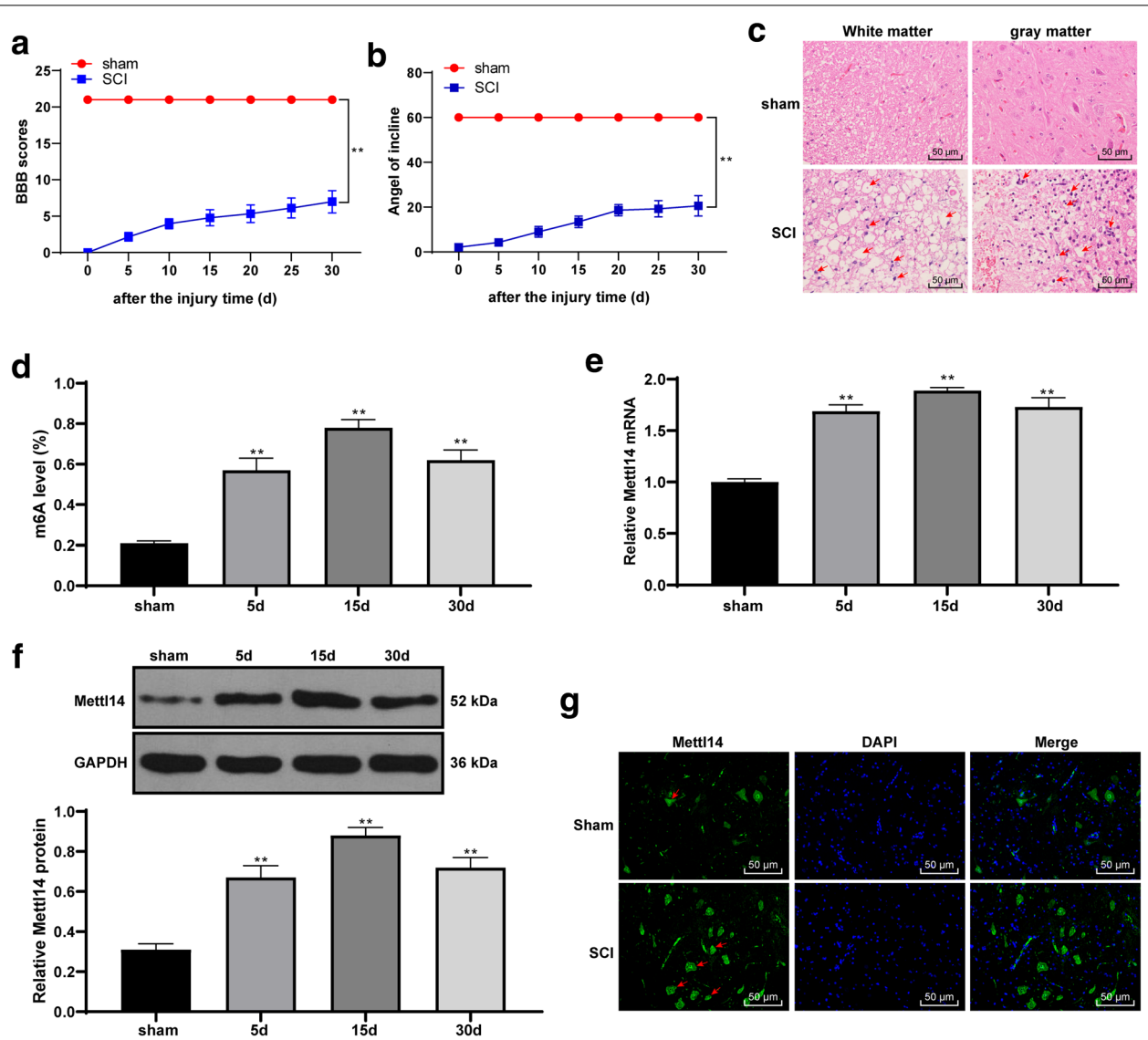
### Mettl14-mediated m6A modification was involved in SCI

As the most abundant methylation modification on RNA, m6A involves many steps in the process of mRNA processing, so as to regulate gene expression. But the role of m6A modification in SCI has not been elucidated. To explore this, we first established a SCI rat model, and used Basso, Beattie and Bresnahan (BBB) motor function scores and bevel test score to evaluate SCI in rats. The results showed that after SCI, rats immediately developed paralysis of hind limbs, and the motor function of rats partially recovered on the 5th day after SCI treatment (Fig. 1a, b). The spinal cord tissue of rats on the 30th day was taken, and then HE staining was adopted to evaluate the SCI in rats. After SCI, the central gray matter and peripheral white matter of rats were destroyed, and the

motor neurons of anterior horn were significantly lost (indicated by the arrow) (Fig. 1c). Epiquik m6A RNA measurement quantification kit was used to detect the content of m6A in the spinal cord of rats in different time points. The content of m6A in total RNA of SCI rats was significantly increased (Fig. 1d). The literature pointed out that the core m6A writers are Mettl3 and Mettl14, which both contain methyltransferase domains [18]. Mettl14 promotes breast cancer development by regulating m6A and hsa-miR-146a-5p [12]. Therefore, we wondered whether Mettl14 can influence the development of SCI by regulating m6A. Then Mettl14 expression was detected by RT-qPCR, Western blot and immunofluorescence. Mettl14 levels were significantly increased in the spinal cord of SCI rats at the 30th day, and fluorescence intensity was enhanced (Fig. 1e–g) (all  $p < 0.01$ ). It can be seen that Mettl14 and m6A were significantly upregulated after SCI.

### ShRNA-Mettl14 reduced SCI and promoted the recovery of neurites after SCI

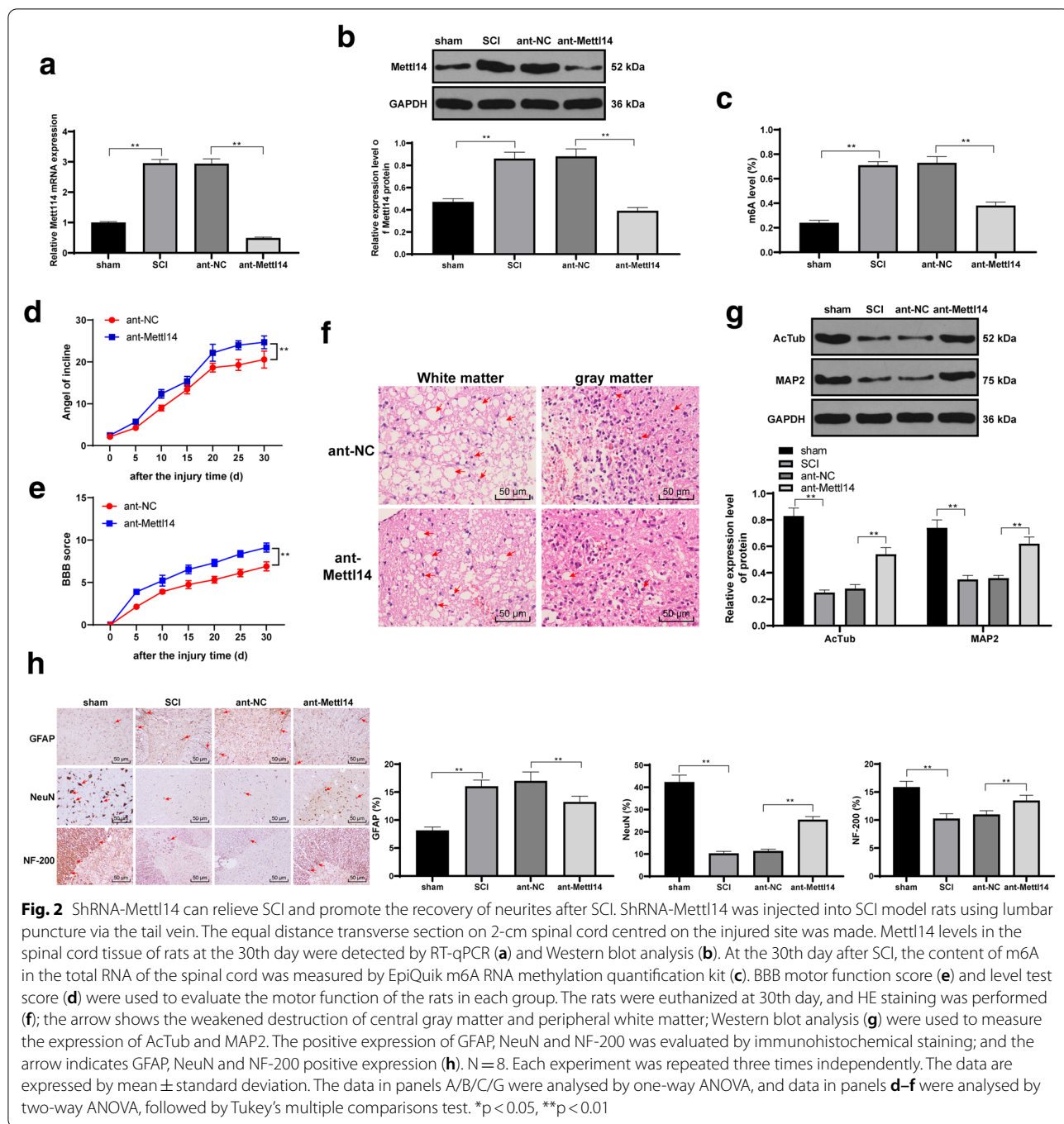
To confirm the effect of Mettl14 on SCI, we injected shRNA-Mettl14 into rats using lumbar puncture and successfully reduced Mettl14 expression (Fig. 2a, b) ( $p < 0.01$ ). The content of m6A in the total RNA of the spinal cord was measured. It showed the content of m6A in the total RNA of the spinal cord decreased significantly after shRNA-Mettl14 injection (Fig. 2c) ( $p < 0.01$ ). BBB and Bevel test score evaluated the motor function of rats, and showed that the motor function of rats was restored after shRNA-Mettl14 injection (Fig. 2d, e) ( $p < 0.01$ ). The rats were euthanized on the 30th day. HE staining revealed that the damage of central gray matter and peripheral white matter was weakened after shRNA-Mettl14 injection (Fig. 2f). Microtubule associated protein 2 (MAP2) is a specific structural protein in neurons, which is mainly expressed in the dendrites of neurons and has the function of stabilizing microtubules and regulating the length of dendrites. Therefore, we detected the expression of AcTub and MAP2. After SCI treatment, the expression of AcTub and MAP2 in the spinal cord of rats decreased significantly, while after ant-Mettl14 injection, AcTub and MAP2 increased significantly (all  $p < 0.05$ ) (Fig. 2g), suggesting that shRNA-Mettl14 is helpful to stabilize microtubule structure and repair neurites. Axonal regeneration is beneficial to the recovery of motor function of hind limbs in rats with spinal cord defect, and the scar caused by astrocytes at the edge of injury will hinder axonal regeneration; NeuN, GFAP and NF-200 are used to evaluate neuronal, axonal regeneration and glial scar formation in the spinal cord [19, 20]. Then, to determine whether shRNA-Mettl14 affects



**Fig. 1** Mettl14 and m6A were significantly upregulated after SCI. After the SCI model was established, the motor function of rats in each group was assessed by BBB motor function score (a) and bevel test score (b) on the 0, 5, 10, 15, 20, 25 and 30 days. The SCI at 2-cm transverse section of the spinal cord centred on the injured site was assessed by HE staining (c) on the 30th day; the neurons at the point of arrow were obviously lost; and the m6A content in total RNA of rats at the 5th day, 10th day and 30th day after SCI was assessed by EpiQuik m6A RNA Methylation quantification kit (d). The expression of Mettl14 at the 5th day, 10th day and 30th day after SCI was detected by RT-qPCR (e) and Western blot (f); and the fluorescence intensity of Mettl14 in a 2-cm transverse section of the spinal cord centred on the injured site on the 30th day was detected using immunofluorescence (g), and the arrow indicates Mettl14 positive expression. N=8. Each experiment was repeated three times independently, and the data are expressed as mean ± standard deviation. The data in panels a, b were analysed by two-way ANOVA, and data in panels d–f were analysed by one-way ANOVA, followed by Tukey’s multiple comparisons test. Compared with the sham group, \*p < 0.05, \*\*p < 0.01

the repair of spinal cord defect, we detected the positive expression of GFAP, NeuN and NF-200 by immunohistochemistry. After shRNA-Mettl14 injection, the

expressions of GFAP and NF-200 were decreased, while that of NeuN was increased significantly (all *p* < 0.05)



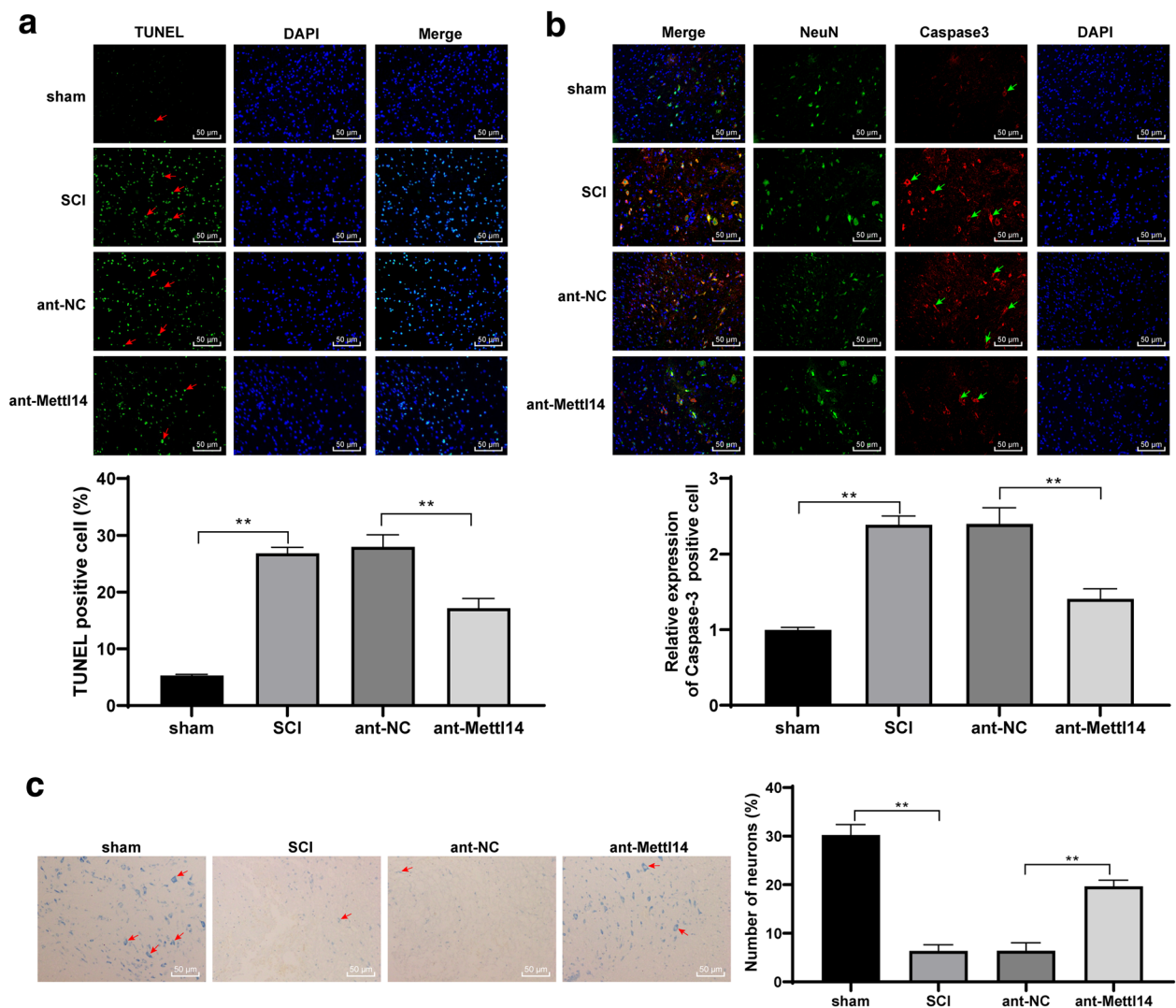
**Fig. 2** ShRNA-Mettl14 can relieve SCI and promote the recovery of neurites after SCI. ShRNA-Mettl14 was injected into SCI model rats using lumbar puncture via the tail vein. The equal distance transverse section on 2-cm spinal cord centred on the injured site was made. Mettl14 levels in the spinal cord tissue of rats at the 30th day were detected by RT-qPCR (a) and Western blot analysis (b). At the 30th day after SCI, the content of m6A in the total RNA of the spinal cord was measured by EpiQuik m6A RNA methylation quantification kit (c). BBB motor function score (e) and level test score (d) were used to evaluate the motor function of the rats in each group. The rats were euthanized at 30th day, and HE staining was performed (f); the arrow shows the weakened destruction of central gray matter and peripheral white matter; Western blot analysis (g) were used to measure the expression of AcTub and MAP2. The positive expression of GFAP, NeuN and NF-200 was evaluated by immunohistochemical staining; and the arrow indicates GFAP, NeuN and NF-200 positive expression (h). N = 8. Each experiment was repeated three times independently. The data are expressed by mean ± standard deviation. The data in panels A/B/C/G were analysed by one-way ANOVA, and data in panels d-f were analysed by two-way ANOVA, followed by Tukey's multiple comparisons test. \*p < 0.05, \*\*p < 0.01

(Fig. 2h). In conclusion, shRNA-Mettl14 can relieve SCI and promote the recovery of neurites after SCI.

### ShRNA-Mettl14 inhibited apoptosis of spinal neurons in SCI rats

Apoptosis plays an important role in the repair of SCI [21]. Then, to explore whether Mettl14 expression

also affects the apoptosis of cells in SCI, we detected the apoptosis of neurons in spinal cord tissues of rats at the 30th day, and caspase-3 expression. After shRNA-Mettl14 injection, TUNEL-positive cells and NeuN + caspase-3-positive cells were significantly decreased ( $p < 0.01$ ) (Fig. 3a, b). The survived neurons were observed by Nissl staining, and it revealed that the neurons survived in the spinal cord of SCI



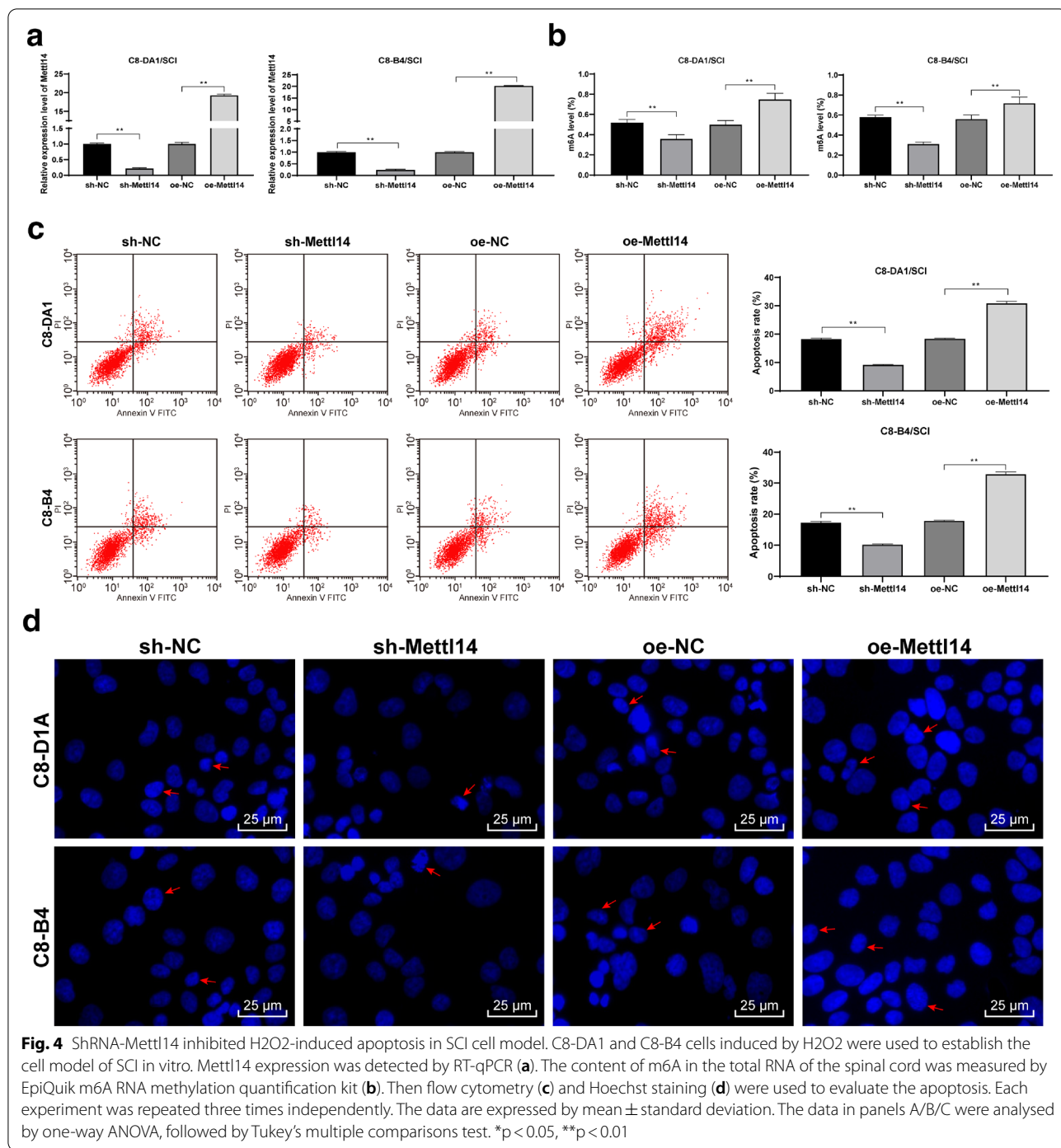
**Fig. 3** ShRNA-Mettl14 inhibited apoptosis of spinal neurons in SCI rats. ShRNA-Mettl14 was injected into SCI model rats using lumbar puncture via the caudal vein. The equal distance transverse sections on 2-cm spinal cord centred on the injured site were made at the 30th day. The apoptosis of spinal cord cells was detected by **a** TUNEL and **b** immunofluorescence staining, and the survival number of neurons was observed by **c** Nissl staining; the arrows indicate TUNEL-positive cells, NeuN + caspase-3 positive cells or Nissl stained neurons.  $N=8$ . Each experiment was repeated three times independently. The data are expressed by mean  $\pm$  standard deviation. The data in panels **a–c** were analysed by one-way ANOVA, followed by Tukey's multiple comparisons test. \* $p < 0.05$ , \*\* $p < 0.01$

rats were increased significantly after shRNA-Mettl14 injection ( $p < 0.01$ ) (Fig. 3c).

#### Mettl14 knockdown inhibited $H_2O_2$ -induced apoptosis in SCI cell model

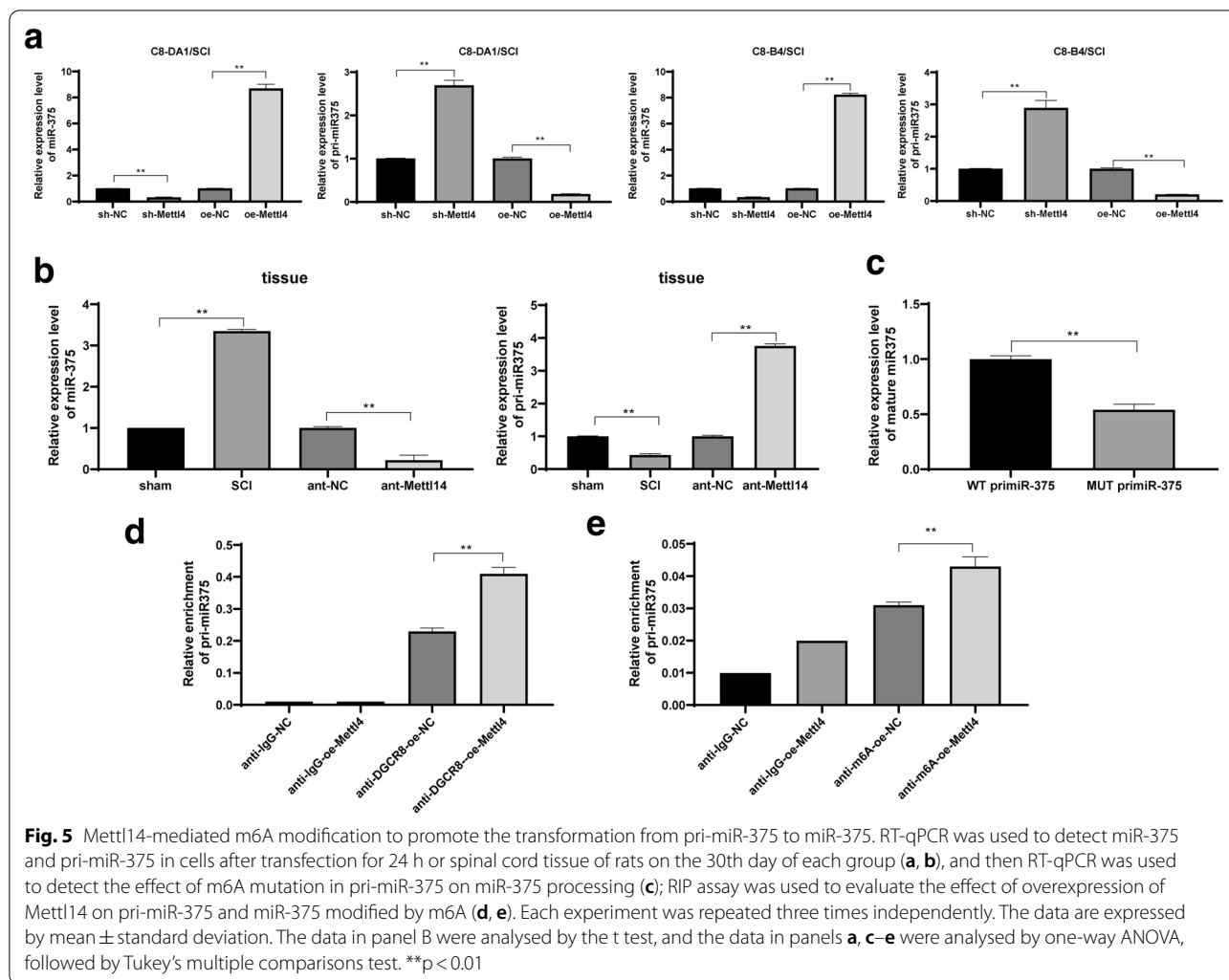
To further explore the molecular mechanism of Mettl14 in apoptosis induced by SCI, we used  $H_2O_2$  to induce glial cells (C8-DA1) and neurons (C8-B4) to simulate the SCI cell model, and intervened Mettl14 expression in cells, and then detected the change of Mettl14 expression and the change of m6A content in total

RNA 24 h later. The knockdown and overexpression of Mettl14 was successfully transferred into C8-DA1 and C8-B4 cells (Fig. 4a), and the content of m6A was decreased significantly after Mettl14 knockdown, but increased significantly after overexpression of Mettl14 (all  $p < 0.01$ ) (Fig. 4b). The apoptosis of C8-DA1 and C8-B4 cells was evaluated by flow cytometry and Hoechst staining. The treatment of Mettl14 knockdown significantly reduced the apoptosis of  $H_2O_2$ -induced C8-DA1 and C8-B4 cells, while overexpression of Mettl14 aggravated the apoptosis of C8-DA1 and C8-B4



cells (Fig. 4c, d). These results suggested that Mettl14 knockdown can reduce the apoptosis of C8-DA1 and C8-B4 cells induced by H<sub>2</sub>O<sub>2</sub>.

**Mettl14-mediated m6A modification promoted the transformation from pri-mir-375 to miR-375**  
 m6A can affect the progression of the disease by affecting pri-miR transformation to mature miR [22], while miR-375 expression is upregulated after spinal cord contusion in rats, which has an effect on the recovery

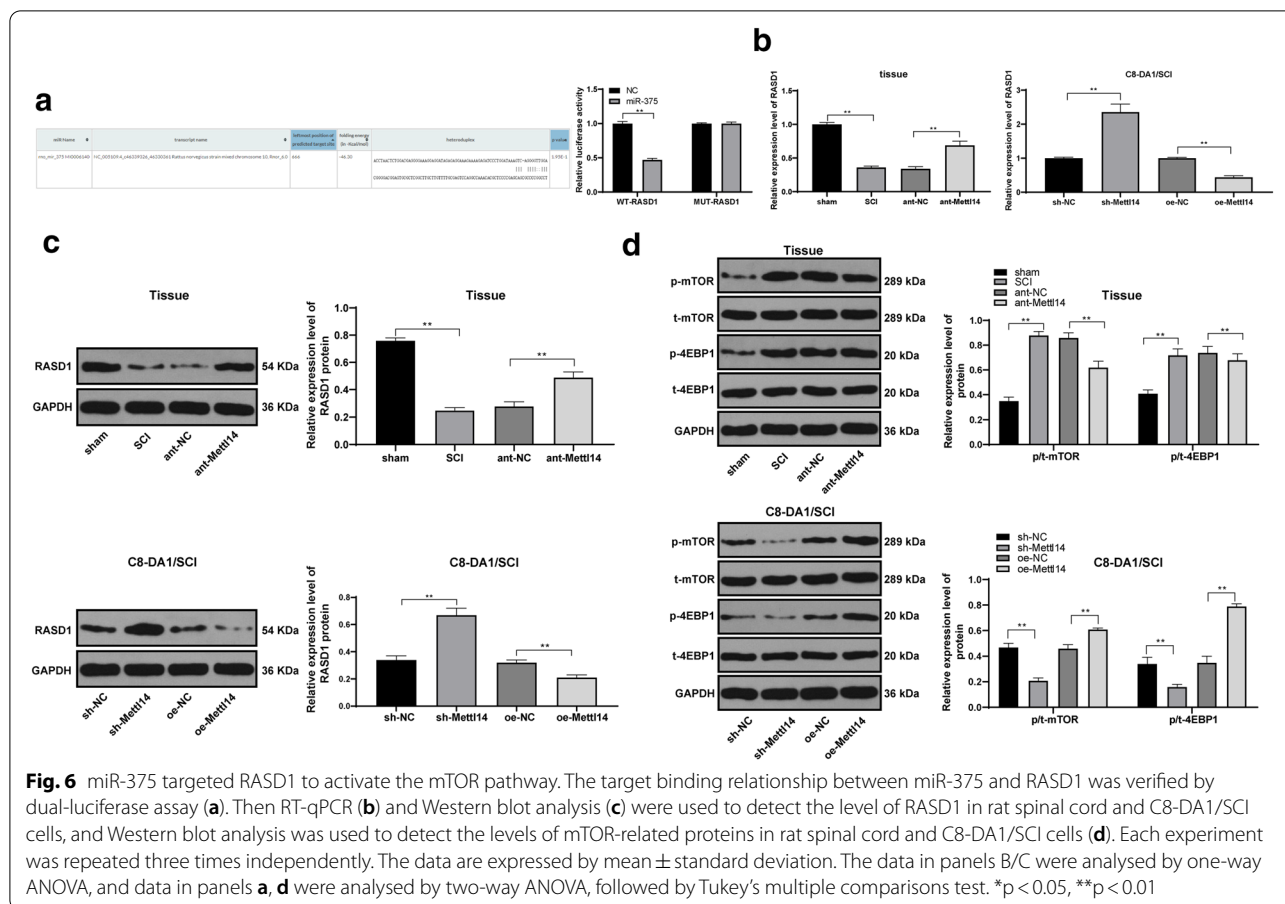


of spinal cord contusion function [23]. Therefore, we speculated that the modification of m6A mediated by Mettl14 plays a negative role by regulating miR-375 expression in SCI. First of all, we found that miR-375 in cells and tissues was decreased and pri-miR-375 was increased significantly after Mettl14 knockdown; while miR-375 in cells was increased significantly after overexpression of Mettl14, and pri-miR-375 accumulation was decreased in cells (Fig. 5a, b) (all  $p < 0.01$ ). Then, RT-qPCR showed that the mutation of m6A site in pri-miR-375 was significantly reduced the processing of mature body (Fig. 5c). The DGCR8 can actively regulate the transformation of pri-miR to mature miR [22]. Therefore, we used DGCR8 to detect the expression of pri-miR-375 and miR-375 by immunoprecipitation. We found that overexpression of Mettl14 promoted the combination of DGCR8 and pri-miR-375 (Fig. 5d). In addition, RIP assay unveiled that overexpression of

Mettl14 clearly elevated the expression of m6A-modified pri-miR-375 (Fig. 5e). To sum up, the findings above showed that the decrease of Mettl14 expression results in the decrease of m6A level, thus the stability of pri-miR-375 reduced by m6A modification is restored, and the transformation from pri-miR-375 to miR-375 is blocked.

#### miR-375 targeted RASD1 to activate the mTOR pathway

To further understand the downstream mechanism of miR-375, we predicted that there were multiple target genes of miR-375 through the biological website (<https://cm.jefferson.edu/rna22/Interactive/>) [24], and found a binding site between RASD1 and miR-375. The involvement of RASD1 (also known as Dexras1) in SCI has been reported previously [25]. Therefore, we speculate that miR-375 plays a role in SCI through RASD1. After that, we confirmed a binding site between miR-375 and RASD1 by dual-luciferase experiment (Fig. 6a). RT-qPCR



and Western blot analysis indicated that after the silencing Mettl14, RASD1 levels were increased significantly ( $p < 0.05$ ) (Fig. 6b, c). In addition, RASD1 can negatively regulate the Akt/mTOR pathway [26], and inhibition of mTOR pathway has a positive effect on neuronal repair after SCI [27]. Thereafter, we measured mTOR levels in spinal cord tissues and cells. mTOR pathway was inactivated in tissues and cells after treatment with silencing Mettl14 (Fig. 6d). In conclusion, miR-375 targeted RASD1 and activated mTOR pathway in SCI.

#### Inhibition of miR-375 or overexpression of RASD1 partially reversed the effect of oe-Mettl14 on the apoptosis of SCI cells

These results have confirmed that Mettl14 has a negative effect on SCI by mediating m6A to regulate miR-375 and then inhibit RASD1 expression. To further confirm this conclusion, we conducted functional rescue experiments, to cotransfect overexpression RASD1 and oe-Mettl14, and inhibiting miR-375 and oe-Mettl14 into C8-DA1/SCI cells. Compared with oe-Mettl14+NC group, the apoptosis of combined groups was inhibited (Fig. 7a, b). In conclusion, overexpression of RASD1 or inhibition of

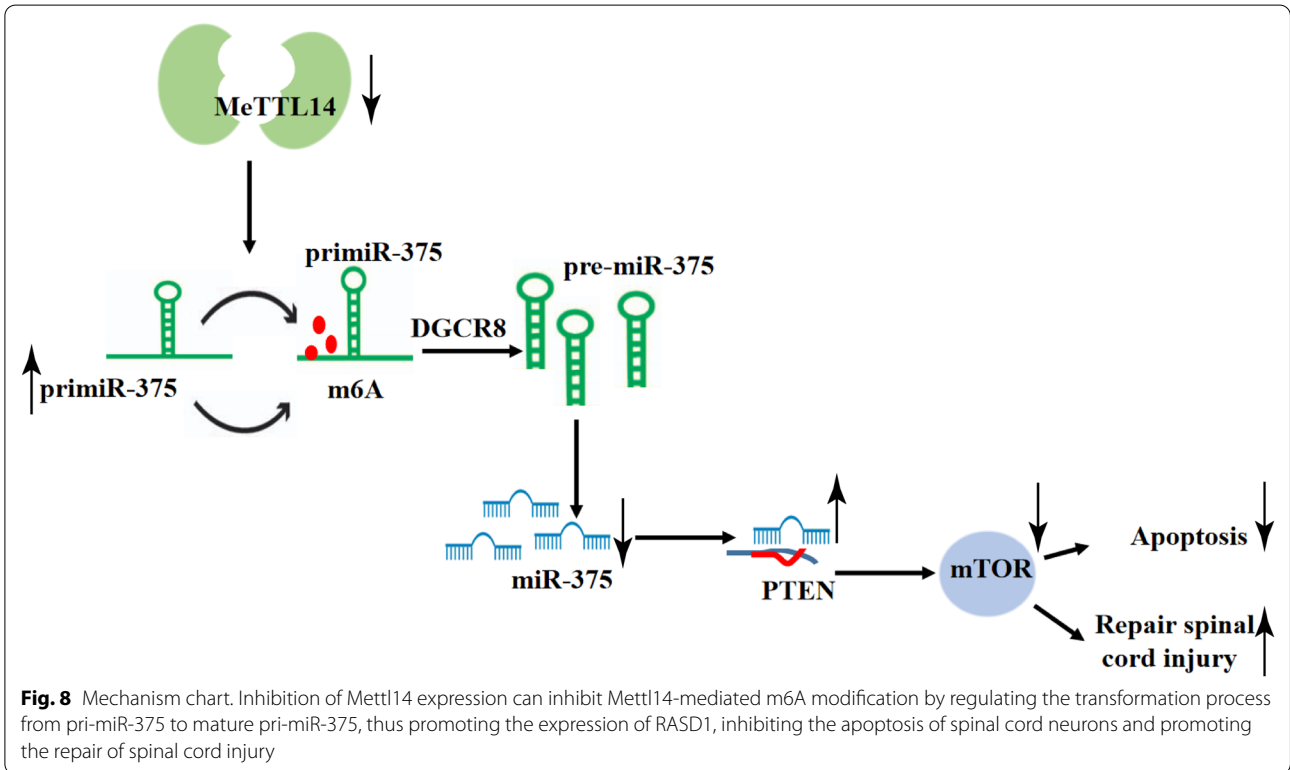
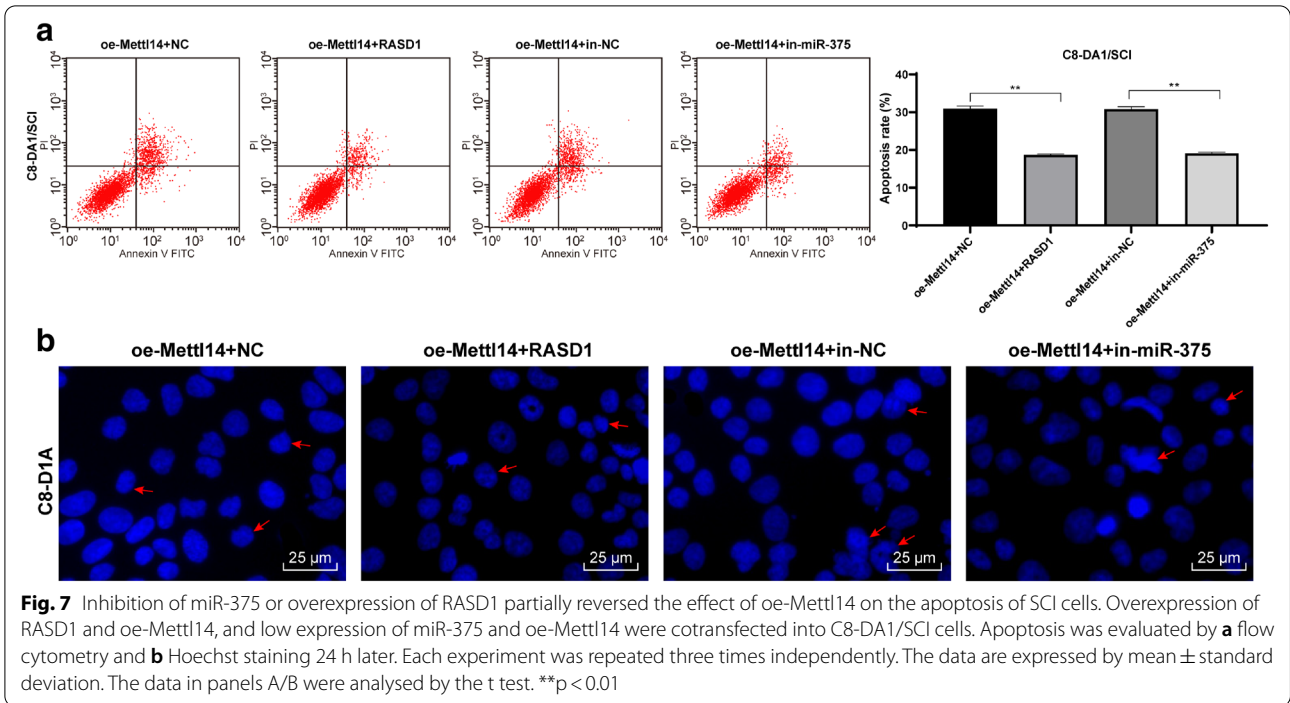
miR-375 can partially reverse the effect of oe-Mettl14 on the apoptosis of SCI cells.

#### Discussion

Mettl14 level and m6A content in spinal cord tissue were significantly increased, and Mettl14-mediated m6A modification inhibited RASD1 and promoted neuron apoptosis during SCI repair by promoting the transformation of pri-miR-375 to mature miR-375. These findings revealed a novel mechanism for modulation of apoptosis of spinal cord neurons by Mettl14-mediated m6A modification in the spinal cord (Fig. 8).

m6A modification is critical for neuronal processes and disorders, and learning and memory [28, 29]. Mettl14 and m6A levels were upregulated in breast cancer tissues [12]. In this study, the content of m6A in total RNA and Mettl14 levels of SCI rats were significantly increased. Similarly, level of spinal m6A modification was clearly increased in a mouse model of chronic inflammatory pain, with the augmented Mettl3 in the spinal cord [29]. Given that levels of Mettl14 and m6A are increased in the spinal cord and that Mettl14 is important in mediating m6A formation, we considered whether intervention of





Mettl14 could affect SCI in a m6A modification-dependent manner. We silenced Mettl14 expression in the spinal region to assess locomotion recovery in SCI rats. By

RT-qPCR screening and gain- or loss-of-function analyses, we identified the motor function of rats was restored after ant-Mettl14 injection, and the damage of central

gray matter and peripheral white matter was weakened after ant-Mettl14 injection. Mettl14 deletion reduced m6A methylation, increased neuronal excitability, and impaired striatal-mediated gross motor performance and learning [30]. After deletion of m6A by Mettl14 gene in mouse embryonic brain, the cell cycle of radial glial cells was prolonged, and the cortical neurogenesis was prolonged to postnatal [31]. To our knowledge, the current study is the first one investigating both the expression profiling and mechanism of m6A modification and Mettl14 in SCI models.

Considering the protective effect of Mettl14 deletion in locomotion recovery, we then explore the effect of Mettl14 on neurite recovery. Reduction of AcTub and MAP2 after SCI directly contributed to neuronal dysfunction and death [32]. After ant-Mettl14 injection, AcTub and MAP2 in the spinal cord increased significantly, GFAP and NF-200 expression decreased, while that of NeuN increased significantly. Valproic acid administration promoted MAP2 expression and thus stimulated neurite outgrowth in the SCI model [33]. The number of neurons was evaluated by NeuN-positive cells and astrocytes were by GFAP-positive cells, and axonal growth was assessed by NF-200; the number of NeuN-positive cells was significantly reduced in the SCI while GFAP- and NF-200-positive cells were increased [34]. High-level apoptosis induced by SCI evokes serious damage because of the loss and dysfunction of motor neurons [35]. After ant-Mettl14 injection, TUNEL-positive cells and NeuN+caspase-3-positive cells in the spinal cord were decreased, and neurons survived increased significantly. Consistently, Mettl14 downregulation significantly reduced the apoptosis of H<sub>2</sub>O<sub>2</sub>-induced C8-DA1 and C8-B4 cells. In conclusion, Mettl14 knockdown can promote the recovery of neurites and prevent neuron apoptosis after SCI.

Then our focus shifted to investigating the mechanism of Mettl14-mediated m6A modification. m6A can affect the disease progression by affecting pri-miR transformation to mature miR [22]. Highly upregulated miR-375-3p was observed in the spinal cord of rats with contusive spinal cord injury and treated with oligodendrocyte precursor cell transplantation and miR-375 acted primarily to inhibit cell proliferation of oligodendrocyte precursor cells [23]. Therefore we hypothesized miR-375 was involved in the Mettl14-mediated m6A modification in SCI. In this study, our results supported that miR-375 decreased and pri-miR-375 increased significantly after silencing Mettl14, the mutation of m6A site in pri-miR-375 reduced the processing of mature body, and overexpression of Mettl14 promoted the combination of DGCR8 and pri-miR-375. In addition, RIP assay showed that overexpression of Mettl14 significantly increased the

expression of m6A-modified pri-miR-375. To sum up, Mettl14 depletion decreased m6A level, thus restored the stability of pri-miR-375 reduced by m6A modification, and blocked the transformation from pri-miR-375 to miR-375.

Furthermore, we explored the downstream mechanism of miR-375. We confirmed a binding site between miR-375 and RASD1. After silencing Mettl14 expression, RASD1 levels increased significantly. RASD1 was mainly located in neurons in the gray matter [36]. RASD1 may be involved in the different pathological conditions including nerve regeneration, neuron loss or survival and even pain process, possibly via regulating the nNOS activity or through the downstream targets [37]. Overexpression of RASD1 inhibited glioma expansion and inactivated the AKT/mTOR pathway [26]. mTOR pathway is crucial in the functional recovery of central nervous system trauma, especially for axon regeneration and apoptosis in the treatment of SCI [38]. mTOR pathway was inactivated in tissues and cells after Mettl14 knockdown. Resveratrol-mediated inhibition of mTOR pathway may be beneficial for neural recovery after SCI [27]. In conclusion, miR-375 targeted RASD1 and activated mTOR pathway in SCI. To further confirm this conclusion, we conducted functional rescue experiments to co-transfect overexpression RASD1 and oe-Mettl14, and lowly expressed miR-375 and oe-Mettl14 into C8-DA1/SCI cells. Compared with oe-Mettl14+NC group, the apoptosis of combined groups was inhibited. In conclusion, overexpression of RASD1 or inhibition of miR-375 can partially reverse the effect of oe-Mettl14 on the apoptosis of SCI cells. In the study from Yang et al. [23], oligodendrocyte precursor cell transplantation may promote functional recovery of rats with contusive spinal cord injury, which may be associated with upregulated miR-375-3p. In their study, although the change in miR-375-3p was observed, its effect was not determined. The different treatment method or pathway may cause the discrepancy. We will further make experiments to validate the role of miR-375 in SCI.

## Conclusions

In summary, we unveiled a novel promising approach for SCI treatment by inhibiting the Mettl14-mediated m6A modification through the pri-miR-375 processing. The present study determined the effect of the miR-375 and further studies are warranted to explore the roles of other miRs in SCI.

## Methods

### Establishment of SCI rat model

Sprague Dawley rats of specific pathogen-free grade (all male, 8 weeks old, 200 ± 20 g) supplied by the animal

experimental center of Suzhou University were raised at  $25 \pm 0.5$  °C under natural light with free water and food. According to the reference [39], an incision was made in the skin along the medial dorsal line to the aponeurotic and muscular planes, and the posterior vertebral arches were exposed from T8 to T12. Under the dissection stereomicroscope, 3-mm-long laminectomy was performed on the caudal end of T10 vertebra and the rostral end of T11 vertebra. The Infinite Horizons impactor (Infinite Horizons, L.L.C., Lexington, KY, USA) was adopted to produce the contusion SCI using a force of 60 kdyn/cm<sup>2</sup>. The SCI model rats were established and randomly assigned to SCI model group, ant-NC (negative control, SCI rats treated with lentiviral (lv)-shRNA NC of Mettl14) group and ant-Mettl14 group (SCI rats treated with lv-shRNA of Mettl14). Rats were subjected to laminectomy and then treated with lv-shRNA Mettl14/lv-shRNA-NC (50  $\mu$ L/day, 100 nmoL/mL; RiboBio, Guangzhou, China) via an intrathecal injection through lumbar puncture [40] for 3 days (0, 1, and 2 days) after 15 min of SCI modelling. In addition, the unmodeled rats were set as sham group.

#### Assessment of locomotion recovery

The behaviors of the rats were tested at 0, 5, 10, 15, 20, 25, and 30 days after operation. BBB scores and inclined plane test were utilized to evaluate the locomotion recovery in SCI rats [41]. BBB scores ranged from 0 point (complete paralysis) to 21 points (normal locomotion) based on the muscle strength and joint movement. Rats were examined in right side or left side up. The time for a rat keeping one position for 5 s without falling was recorded. These examinations were performed by two independent researchers after surgery.

#### Histological experiment

All rats were euthanized by an intraperitoneal injection of 800 mg/kg pentobarbital on the 30th day after operation. Eight rats in each group were selected. The injured spinal cord tissue was taken as the injury center. The spinal cord tissue with a length of 2 cm was cut and embedded in paraffin. The following histological experiments were carried out after equal distance transverse sectioning. The transverse sections of comparable distance to the injured site at 5 mm thickness were used for hematoxylin and eosin (HE) staining (Beijing Solarbio Science & Technology Co., Ltd., Beijing, China). Transverse sections of comparable distance to the injured site were treated with 1% cresyl violet acetate for Nissl staining (Solarbio) to evaluate surviving neurons. The spinal cord tissues in the same site of other rats in each group were prepared into homogenate for RT-qPCR and Western blot assay. The

distance between the sampling region and the injured site was equal in different groups.

#### Quantification of m6A RNA methylation

Total RNA was extracted from tissues using TRIzol (Invitrogen, Carlsbad, CA, USA), and the quality was determined using NanoDrop (Thermo Fisher Scientific, Waltham, MA, USA) and 1% agarose gel electrophoresis. The m6A content in high-quality RNA was examined using EpiQuik™ m6A RNA methylation quantification kit (P-9005-48, Colorimetric, Epigentek, USA). In brief, 100–300 ng RNA was loaded into the wells, and capture and detection antibody solutions were separately put into each well. Afterwards, m6A levels were detected based on the absorbance at 450 nm, and relative m6A content was calculated using a standard curve.

#### Reverse transcription quantitative polymerase chain reaction (RT-qPCR)

Total RNA was extracted from spinal cord segments and cells by TRIzol (Invitrogen), and reverse transcribed to cDNA using Prime-Script RT reagent kit (Takara, Tokyo, Japan). SYBR Premix Ex Taq (Takara) and primers (Table 1) (RiboBio) were added to cDNA mixtures for RT-qPCR. The relative mRNA expression was normalized to GAPDH.

#### Western blot assay

Spinal cord tissue and cells were lysed by RIPA with phosphatase inhibitors and protease inhibitors cocktail, and protein concentration was determined using a bicinchoninic acid reagent (ThermoFisher). Equal amount of proteins was separated using 8–12% SDS-PAGE gels, and transferred to polyvinylidene fluoride membranes (Bio-Rad, Hercules, CA, USA). Then the membranes were blocked with 5% nonfat milk and incubated with primary antibodies: Mettl14 (1:1000, #51,104, CST,

**Table 1** Primer sequences

Gene	Sequence (5'-3')
Mettl14	F: TTTCTCTGGTGTGGTTCTGG R: AAGTCTTAGTCTCCAGGATTG
U6	F: CTCGCTTCGGCAGCACCA R: GTGTCGTGGAGTCGGCAA
miR-35f	F: AAGCTTTGTTCGTTCCGGCTC R: GTATCCAGTGCGAATACCTC
RASD1	F: TGAGAAAAATGCCAAGCGCC R: GGAGTCTTGAGGGGAGTGGA
GAPDH	F: ACCAGGTATCTGCTG GTTG R: TAACCATGATGTCAGCGTGGT

Beverly, MA, USA), MAP2 (1 µg/mL, ab11267, Abcam), acetyl- $\alpha$ -tubulin (0.06 µg/mL, ab24610, Abcam), Iba-1 (1:500, ab178846, Abcam), RASD1 (0.4 µg/mL, NBP1-91830, Shanghai Univ Biotechnology Co., Ltd., Shanghai, China), p-4EBP1 (1:1000, #2855, CST), t-4EBP1 (1:5000, ab32024, Abcam), p-mTOR (1:1000, ab109268, Abcam), t-mTOR (1:1000, ab32028, Abcam), and secondary antibodies (1:2000, ab205718 or 1:2000, ab205719; Abcam). The bands were examined by the ChemiDic XRS + Imaging System (Bio-Rad), and band intensities were analyzed with Image Lab 3.0 software (Bio-Rad). Experiments were performed at least three times.

### Immunohistochemical staining

Sections were added with an auto-fluorescent quencher to prevent auto-fluorescence. Then, the sections were mounted with 10% normal serum blocking solution, which was the same species as the secondary antibody to avoid unspecific staining. After that, the sections were incubated with primary antibodies Mettl14 (1:1000, ab220030, Abcam) and neuronal nuclei (NeuN) (1:500, ab177487, Abcam) at 4 °C overnight. After phosphate-buffered saline (PBS) washing, sections were cultured for 50 min with secondary antibody Alexa Fluor 488-conjugated goat anti-mouse immunoglobulin G (IgG) (1:1000, ab150117, Abcam). The nuclei were stained with 4',6-diamidino-2-phenylindole (1:500, ab104139, Abcam). The stained sections and the lentiviral vector-induced green auto-fluorescence were visualized using a fluorescence microscope (Nikon, Tokyo, Japan).

### TUNEL assay

TUNEL assay was conducted using the fluorescent TUNEL kit (Roche, Basel, Switzerland) based on FITC fluorescein labeling and positive apoptotic nuclei by fluorescence microscopy. The sections were immersed in cold acetone for 10 min. After PBS (pH=7.4) washing, the sections were cultured at 37 °C for 25 min with proteinase K solution and broken membrane solution for 20 min. Following PBS washing, sections were immersed for 2 h at 37 °C in the mixture of reagent 1 (TdT) and reagent 2 (dUTP) at 1:9. After that, the nuclei were stained for 10 min with DAPI. Images were obtained and positive cells were counted and analyzed using ImageJ software (1.51, NIH).

### Establishment of SCI cell model

Murine astrocytes C8-D1A (Cat No. CRL-2541) and C8-B4 (Cat No. CRL-2540) purchased from ATCC were cultured in Dulbecco's modified Eagle's medium (DMEM,

ATCC, Manassas, VA, USA) with 10% (v/v) fetal bovine serum (Invitrogen) at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub>. The media were renewed every 3 day. Cells were passaged at 1:4 when growing to 80% confluency. The apoptosis was induced in SCI model using hydrogen peroxide [42]. According to the literature report [43], hydrogen peroxide (Sigma-Aldrich, Merck KGaA, Darmstadt, Germany) at 10 µM was added into C8-D1A/C8-B4 cells for 12 h.

### Cell transfection

When C8-D1A/C8-B4 cells reached 80% confluency in the 6-well plates, cells were transfected with 2 µg shRNA of Mettl14 (sh-Mettl14) or its shRNA NC (sh-NC), overexpression plasmid of Mettl14 (oe-Mettl14) or its NC (oe-NC), RASD1 pcDNA (RASD1) or its NC (NC), miR-375 inhibitor (in-miR-375) or its inhibitor NC (in-NC) (all constructed and synthesized by Ribobio) at 37 °C for 48 h using Lipofectamine<sup>®</sup> 2000 (Invitrogen). After 24 h, following experiments were carried out.

### Flow cytometry

The spinal cord tissues of rats were cut, suspended, and washed in PBS, and centrifuged for 2 min at 1000 r/min after filtration. After discarding the supernatant, the sections were added with 5 µL annexin V-FITC, incubated in the dark for 15 min, then added with 2.5 µL PI staining (A1003-12-5, Nanjing JianCheng Bioengineering Institute, Nanjing, Jiangsu, China) solution and mixed well. The neuron apoptosis was measured by flow cytometry.

### Hoechst staining

The cells in logarithmic growth phase were detached, centrifuged, resuspended and counted. The cells were adjusted into appropriate concentration and seeded into 24-well plates. Each well was added with 500 µL cell suspension. The cells were cultured in an incubator at 37 °C with 5% CO<sub>2</sub> and relative humidity for 24 h. After that, 5 µL of Hoechst 33,342 living cell staining solution (Beijing baiaoleibo) was evenly added into the culture medium and mixed gently. The cells were incubated for 10 min. The waste liquid was washed twice with PBS, and the apoptosis was observed under fluorescence microscope.

### Dual-luciferase reporter gene assay

Cells were cotransfected with plasmids containing 3'-UTR of wild or mutant fragments from RASD1 and miR mimic using Lipofectamine 3000 (Invitrogen). After transfection for 24 h, firefly and renilla luciferase activities were assessed using dual-luciferase system

(Promega, Madison, Wisconsin, USA). Finally, the ratio of luminescence from firefly to renilla luciferase was calculated.

### Ectopic reporter constructs

The pri-miRNA reporter construct developed by Auyeung et al. [44] was employed, and the miR control pri-miR-1-1 was replaced with its altered version, in which the adenosines (A's) of the potential m6A motifs were mutated. Then we placed the query miR, either WT pri-miR-375 or a mutant version in which the A's of the putative m6A motifs were mutated to thymidines (Ts), upstream of the pri-miR-1-1 control. Then these two constructs were used to transfect HEK293T cells using Lipofectamine 2000. The RNA was extracted 48 h later, and RT-qPCR was performed to evaluate the production of mature miR-375 and mature miR-1-1.

### RNA immunoprecipitation (RIP) assay

A RIP assay was performed with a Magna RIP RNA-Binding Protein Immunoprecipitation Kit (Millipore, Billerica, MA, USA) in accordance with the manufacturer's protocol. Cells stably transfected with *Mettl14* overexpression plasmids (oe-*Mettl14*) or control (oe-NC) were lysed with RIP lysis buffer. Immunoprecipitation of endogenous DGCR8 was conducted using an anti-DGCR8 antibody (1:1000, ab191875, Abcam) overnight at 4 °C. After washes, the immunoprecipitated protein-RNA complex was analyzed and treated with Proteinase K. RNAs were extracted and subjected to RT-qPCR for pri-miR-375.

For the m6A RNA binding assays, the Magna MeRIP m6A Kit (Millipore) was used. RNAs were fragmented and incubated with magnetic beads conjugated with m6A antibody (Millipore) for immunoprecipitation. The enrichment of pri-miR-375 was analyzed using RT-qPCR.

### Statistical analysis

Statistical analysis was conducted by SPSS21.0 (IBM Corp. Armonk, NY, USA). The Kolmogorov-Smirnov test checked whether the data were normally distributed. The measurement data are presented as the mean  $\pm$  standard deviation. The *t* test was applied for comparisons between two groups, and one-way analysis of variance (ANOVA) or two-way ANOVA was used for multi-groups, with Tukey's multiple comparisons test for pairwise comparisons after ANOVA analyses. The Pearson test was used for correlation analysis. The *p* value was obtained by two-tailed tests, and *p* < 0.05 indicated significant differences.

### Abbreviations

SCI: Spinal cord injury; *Mettl14*: Methyltransferase-like 14; m6A: N6-methyladenosine; miR: MicroRNA; NC: Negative control; BBB: Beattie and Bresnahan; HE: Hematoxylin and eosin; ELISA: Enzyme-linked immunosorbent assay; IL: Interleukin; TNF- $\alpha$ : Tumor necrosis factor- $\alpha$ ; RT-qPCR: Reverse transcription quantitative polymerase chain reaction; PBS: Phosphate-buffered saline; MAP2: Microtubule associated protein 2; IgG: Immunoglobulin G; DMEM: Dulbecco's modified Eagle's medium; OE: Overexpression; RIP: RNA immunoprecipitation; ANOVA: Analysis of variance.

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### Authors' contributions

HW and DM conceived the study; HW, JY, XD, WB and ZS designed and executed the experiments; HW and DM drafted and revised the manuscript. All authors read and approved the final manuscript.

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### Availability of data and materials

The data that support the findings of this study are available from the corresponding author upon reasonable request.

### Ethics approval and consent to participate

This study was approved and supervised by the animal ethics committee of the Second Affiliated Hospital of Xi'an Jiaotong University. Significant efforts were made to minimize animals and their suffering. All procedures were strictly conducted in accordance with the code of ethics.

### Consent for publication

Not applicable.

### Competing interests

The authors declared that they have no competing interests.

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