


# BMJ Open Negative pressure wound therapy compared with standard moist wound care on diabetic foot ulcers in real-life clinical practice: results of the German DiaFu-RCT

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## ABSTRACT

**Objectives** The aim of the DiaFu study was to evaluate effectiveness and safety of negative pressure wound therapy (NPWT) in patients with diabetic foot wounds in clinical practice.

**Design** In this controlled clinical superiority trial with blinded outcome assessment patients were randomised in a 1:1 ratio stratified by study site and ulcer severity grade using a web-based-tool.

**Setting** This German national study was conducted in 40 surgical and internal medicine inpatient and outpatient facilities specialised in diabetes foot care.

**Participants** 368 patients were randomised and 345 participants were included in the modified intention-to-treat (ITT) population. Adult patients suffering from a diabetic foot ulcer at least for 4 weeks and without contraindication for NPWT were allowed to be included.

**Interventions** NPWT was compared with standard moist wound care (SMWC) according to local standards and guidelines.

**Primary and secondary outcome measures** Primary outcome was wound closure within 16 weeks. Secondary outcomes were wound-related and treatment-related adverse events (AEs), amputations, time until optimal wound bed preparation, wound size and wound tissue composition, pain and quality of life (QoL) within 16 weeks, and recurrences and wound closure within 6 months.

**Results** In the ITT population, neither the wound closure rate (difference:  $n=4$  (2.5% (95% CI -4.7% - 9.7%);  $p=0.53$ )) nor the time to wound closure ( $p=0.244$ ) was significantly different between the treatment arms. 191 participants (NPWT 127; SMWC 64) had missing endpoint documentations, premature therapy ends or unauthorised treatment changes. 96 participants in the NPWT arm and 72 participants in the SMWC arm had at least one AE ( $p=0.007$ ), but only 16 AEs were related to NPWT.

**Conclusions** NPWT was not superior to SMWC in diabetic foot wounds in German clinical practice. Overall, wound closure rate was low. Documentation deficits and deviations from treatment guidelines negatively impacted the outcome wound closure.

## Strengths and limitations of this study

- The DiaFu study included patients with diabetic foot ulcers both with peripheral neuropathy and peripheral arterial occlusive disease, which corresponds to the typical mixed patient population in real-life clinical practice. This allows a general statement on effectiveness and safety of negative pressure wound therapy (NPWT) in the typical medical care situation, but including patients with peripheral artery occlusive disease and clinical signs of inflammation (suspected infection) had a potentially negative effect on the treatment outcome wound closure.
- The study does not provide any information on the effectiveness of NPWT in specific patient groups.
- In this health services research study, hospitals and outpatient facilities were selected by means of a qualification checklist, and clinical investigators were obliged to provide patients with the best clinical practice in compliance with all relevant diagnostic and treatment guidelines, but there was no active monitoring of the implementation of these guidelines.
- To ensure the best quality of local wound treatment and to achieve optimal baseline conditions, the study sites were trained for both NPWT and standard moist wound care, but treatment application was at the discretion of the clinical investigators.
- A high number of missing endpoint documentations, premature termination of NPWT and unauthorised therapy changes negatively impacted the treatment outcome wound closure and may have led to bias in the results.

**Trial registration numbers** NCT01480362 and DRKS00003347.

## BACKGROUND

More than 400 million people worldwide suffer from diabetes,<sup>1 2</sup> and about 15% of all these patients will develop a diabetic foot ulcer



(DFU) during their lifetime.<sup>3,4</sup> Approximately 50%–70% of all lower limb amputations are due to diabetes.<sup>4</sup> DFUs represent complex chronic wounds with a major impact on patients' morbidity, mortality and quality of life (QoL). Beside an optimal diabetes and infection control, pressure-relieving strategies and restoring pulsatile blood flow, effective local wound care is part of the holistic approach necessary to optimally treat patients with DFUs. Only a few modern moist wound dressings and topical agents have been convincingly shown to achieve higher wound closure rates compared with traditional wet gauze dressings in patients with diabetic foot wounds.<sup>5</sup> Also, for other ulcer types, there is uncertainty as to which dressings and topical agents are most effective for treatment.<sup>6</sup> Negative pressure wound therapy (NPWT) is an innovative treatment option and one of the most commonly used and well-established technologies with the aim to promote wound healing.<sup>7</sup> The first use of vacuum sealing was described in 1993 by Fleischmann *et al*,<sup>8</sup> and the commercially available product was developed later in the 1990s.<sup>9,10</sup> Positive effects of NPWT on wound healing have been suggested in various basic studies.<sup>10,11</sup> At the time of planning the DiaFu study, the clinical evidence largely consisted of clinician perception, case reports and series, small cohort studies and weakly powered or low-quality randomised trials that documented broad use of NPWT in various clinical settings and constituted a substantial number of publications but an overall small amount of evidence.<sup>12–15</sup> Two randomised controlled trials (RCTs) performed by Armstrong and Lavery<sup>16</sup> and Blume *et al*<sup>17</sup> provided a solid basis for planning a study.

In the recent years, a specific review for the use of NPWT in diabetic foot wounds performed by Dumville *et al* in 2013,<sup>18</sup> an assessment in the home setting by Rhee *et al* in 2014<sup>19</sup> and a health technology assessment particularly issued for the evaluation of NPWT for managing DFUs<sup>20</sup> in 2014, as well as the most recent work of Liu *et al* in 2017<sup>21,22</sup> all concluded that although NPWT may have a positive effect, the trials that have been performed have methodological flaws and sufficient, unbiased evidence of whether wounds heal better or worse with NPWT than with conventional treatment is still missing.

In Germany, the issue of evidence for effectiveness and safety of NPWT in acute and chronic wounds was first addressed in 2002 when the German Federal Joint Committee (German: Gemeinsamer Bundesausschuss (G-BA)) needed to decide whether NPWT could be reimbursed without restrictions in outpatient care.

Finally, in 2007 taking into account all available evidence the G-BA decided that the benefits of the treatment method NPWT should be evaluated in a so-called model project. The project was intended to include the conduct of clinical studies for which the G-BA defined basic requirements. This essentially concerned a study hypothesis that supports G-BA's overall question if NPWT can be reimbursed in German outpatient care without any limitation, the selection of a comparator that represents the current treatment standard in Germany,

and implementation of all measures to ensure a sufficient certainty of the results.

Following the announcement of the G-BA, the German statutory health insurance funds initiated an overall project through a European tender. The DFU was chosen to be the representative for chronic wounds in an RCT comparing NPWT and standard moist wound care (SMWC) in clinical practice.

## METHODS

### Aim of the study

The aim of the DiaFu study was to evaluate whether the effectiveness and safety of NPWT is superior to SMWC in German real-life clinical practice.

### Study design

The DiaFu study was a multicentre, randomised controlled clinical superiority trial with blinded assessment of wound closure, wound size and wound tissue qualities using photographs. This German national study was conducted both in hospital departments and outpatient facilities with a special qualification for diabetic foot care. Study sites were selected based on their qualifications and experiences using a prestudy qualification checklist and annual quality reports of the respective institution (if available). Study treatment was allowed to be started both in inpatient and outpatient care and should be continued outpatient whenever possible. More detailed information on the study design can be found in the study protocol publication that is available open access.<sup>23</sup>

### Patient and public involvement

Patients were not involved in the design, recruitment or conduct of the study. The results of this study will not be disseminated directly to study participants.

### Participants

Following a pragmatic approach with the aim to include a patient population best representing real-life clinical practice, inclusion and exclusion criteria were selected based on manufacturers' contraindications and US Food and Drug Administration (FDA) warnings, the necessity to exclude patients in need of protection and who are unable to give their consent, and the intention to avoid general study-related and treatment specific influences on the results.

Adult patients (age >18 years) with at least 4-week-old chronic DFUs corresponding to Wagner 2–4 were screened for study participation by the local investigators. Before inclusion, the study protocol required either a debridement or, if necessary, an amputation of foot parts, or a thorough wound cleansing, depending on the individual needs of the patients. Thus, chronic diabetic foot wounds after adequate wound pretreatment as well as postsurgical amputation wounds below the upper ankle joint were eligible for inclusion. The initially planned minimum ulcer age of 6 weeks was reduced to 4 weeks

during the course of the study. As in clinical practice, the assessment of patients' suitability for a specific wound therapy with the aim of complete wound closure and (due to randomisation) for both study treatment arms (NPWT and SMWC) was at the discretion of the treating physicians (clinical investigators of the study). Particular attention was to be paid to the diagnosis and therapy of concomitant diseases.

Patients estimated to be at risk of non-compliance with study requirements, with wounds with necrotic tissue present that could not be removed by debridement or amputation, with exposed blood vessels within or directly surrounding the wound not possible to be sufficiently covered or with an increased risk of bleeding with haemodynamic consequences (mainly relevant for posterior tibial artery dorsalis pedis artery), and outpatients receiving anticoagulation therapy or suffering from a high-grade impaired clotting function with a heightened risk of bleeding with haemodynamic consequences were excluded from the DiaFu study. The use of NPWT devices on the study wound within 6 weeks prior to study start represented an exclusion criterion in order to demonstrate a clear therapeutic effect of each treatment arm.

Written informed consent was obtained from every participant after being informed about all aspects of the trial, and before randomisation and any trial-related procedure. As the statutory health insurance funds provided integrated care contracts for outpatient NPWT, only patients who were members of a participating health insurance fund were allowed to be enrolled.

### Randomisation and masking

Patients were randomly allocated to the treatment arms in a 1:1 ratio using a computer-generated list located on a centralised web-based tool. The randomisation list consisted of permuted blocks of variable length which were randomly arranged. Patients were stratified by study site and by Wagner-Armstrong stage within each site (<Wagner-Armstrong stage 2C and ≥Wagner-Armstrong stage 2C). The randomisation lists were generated with the help of a self-created Java program and integrated into the study database. Each registered investigator received individual access to the randomisation tool via the study website but without knowledge of future treatment assignment, which provided adequate allocation concealment. The investigators were responsible for adequately implementing the assigned therapy. Due to the physical differences between the treatment regimens, it was not possible to blind either participant or physician to the treatment assignment. Verification of complete wound closure was performed by independent, blinded assessment of wound photographs. Determination of wound size and percentage wound tissue quality was also performed by central, blinded outcome assessors based on the wound photographs using the Wound Healing Analyzing Tool (W.H.A.T.). The determination of sufficient wound bed conditioning and the indication for surgical closure was carried out by the treating physician,

as in clinical practice. The treating physician was not blinded to treatment allocation.

### Procedures

Basic data were collected for all patients considered for study participation during screening and were updated during the randomisation visit. Patients received an extensive examination of overall health status, specific diabetes associated disorders and relevant influence factors on wound healing during screening with an update at the randomisation visit. Neuropathy and vascular diagnostics were performed according to the German National Health Care Guidelines for Type 2 Diabetes Foot Complications.<sup>24</sup> After anamnesis and general diagnostics (physical examination), this care guideline recommends the following further vascular diagnostics: ankle–arm index ('Ankle-Brachial-Index') and additional assessment of the Doppler frequency spectrum (due to the possible falsifying of the results by Media sclerosis) and, if necessary, additional hydrostatic toe pressure measurement (pole test) or a transcutaneous oxygen measurement (tcPO<sub>2</sub>), duplex sonography to determine the extent and distribution pattern of a potential peripheral artery occlusive disease (PAOD) (including the lower leg arteries if necessary). In case of inconclusive findings, contrast agent-enhanced MR angiography and intra-arterial digital subtraction angiography were considered. No detailed examination results of the vascular diagnostics but the final diagnosis of PAOD and critical limb ischaemia (CLI) were to be documented in the electronic case report form (eCRF) by the clinical investigators. Infection diagnosis comprised clinical evaluation and laboratory testing. In case of suspected diabetic foot osteomyelitis, a probe to bone test and a stepwise approach to imaging modalities were applied in order to confirm the clinical diagnosis and to determine the best treatment regimen for the study participants.

Before randomisation and start of study treatment, all patients underwent one or more of the following no longer than 6 hours before randomisation: amputation, debridement or thorough wound cleansing. Study therapy was allowed to be started either in-hospital or as outpatient and was intended to be continued in outpatient care whenever possible.

In the intervention arm commercially available CE-marked NPWT devices of the manufacturers Kinetic Concepts Incorporated (KCI) and Smith & Nephew (S&N) were used in the discretion of the clinical investigator according to clinical routine and manufacturers' instructions.<sup>23</sup> Intermittent and continuous NPWT was allowed to be used with the negative pressure to be adapted as recommended for the dressing applied (V.A.C.-Granufoam Black or Silver; V.A.C.-White Foam; Renassys-F/P; Renassys-G) and adapted to the wound needs. Recommendations for use are available on the manufacturers' websites. As part of the European tender for the overall project, the German statutory health insurance funds awarded lots for the provision of the medical

products by the respective manufacturers. Germany was divided into four supply areas. During the award procedure, S&N received one lot and KCI three lots. Thus, devices and consumables of S&N were used for the north and northern east region of Germany, and for the rest of Germany, the therapy systems of KCI were used. Within the study, NPWT was required to be used for wound bed preparation in order to achieve at least 95% granulation of the wound area. After optimal preparation of the wound, complete closure could be achieved either by secondary intention with dressings or by surgical closure with subsequent removal of the suture.

Control therapy was defined as any SMWC according to local clinical standards and guidelines.<sup>25 26</sup> Healthcare providers were obligated to provide patients with best practice. In the control arm, it was permitted to apply any local wound treatment standard used in the respective study site that did not have an experimental status or was NPWT. To ensure the best quality of local wound treatment, the study sites were trained for both the intervention arm by the manufacturers and the control arm by the German Society for Wound Healing and Wound Treatment, which provided parts of its curriculum and experienced instructors.

The maximum study treatment time was 16 weeks after randomisation. Study visits needed to be performed at week 1, 3, 5, 12 and 16, and in the event of end of treatment, hospital discharge, wound closure and for wound closure confirmation after a minimum of 14 days. Study participants were followed up until 6 months after randomisation. The initially planned follow-up period of 12 months was reduced to 6 months in the course of the study. The amendment to the study protocol was endorsed by the Ethics Committee and immediately communicated to all participating study sites.

## Outcomes

The primary outcome was wound closure (100% epithelialisation of the wound, no drainage, no suture material and no need for wound dressing or adjuvants) within the maximum study treatment period of 16 weeks. Wound closure could be achieved both by healing by secondary intention and by delayed primary closure. Complete closure of the wound needed to sustain for a minimum of 14 days and to be confirmed by independent blinded observers using wound photographs.

Secondary outcomes were wound closure after 6 months, time until optimal preparation of the wound bed (a minimum of 95% granulation), amputations and resections, wound size and wound tissue composition, pain and QoL within 16 weeks, and recurrence within 6 months. The initial planned secondary endpoint time until wound closure within 6 months was abandoned during the course of the study. It was found that a time-to-event survey was not possible outside the active study treatment period. This was mostly due to the fact that after this 16-week period, weekly study visits were no longer an

obligation, and further patient care was no longer bound to the study site.

Minor and major amputations were assessed separately, whereas the disarticulation at the midtarsal joint (Chopart's amputation) was considered still to be minor. Wound size and wound tissue composition (percentage of granulation tissue, fibrin and necrosis) were monitored at each study visit. QoL was measured using the questionnaire Euro Quol 5D (EQ5D) at inclusion, end of the maximum treatment time or end of the therapy and at the 6-month follow-up visit. At each study visit participants were asked to provide their assessment of wound-associated pain on a numerical rating scale (0–10). The incidence of serious adverse events (SAEs) within 6 months and the incidence of device-related and treatment-related adverse events (AEs) occurring within 16 weeks or until wound closure confirmation were safety endpoints of this trial.

## Statistical analysis

Sample size calculation was performed using the expected difference between wound closure rates in both treatment arms based on information extracted from previously published studies by Armstrong and Lavery<sup>16</sup> and Blume *et al.*<sup>17</sup> We assumed a complete wound closure rate of 45% for NPWT and 30% in the SMWC group, resulting in a minimum difference of 15% after a treatment time of 16 weeks. Based on a type 1 error of  $\alpha=0.05$  and a type 2 error of  $\beta=0.2$  (corresponding to a power of 80%), a total sample size of 162 patients per group was calculated. The computer program of Dupont and Plummer was used for sample size calculation.<sup>27</sup>

We performed all analyses based on a modified intention-to-treat (ITT) population that includes all randomised participants who have a valid baseline and at least one valid post baseline wound assessment. As a secondary approach a per-protocol (PP) analysis was performed excluding patients with any serious protocol deviations, like temporary changes from SMWC to NPWT, permanent wound treatment changes or without valid documentation until wound closure confirmation or end of maximum treatment time (EOMTT). Safety data are presented on an 'as treated' basis. Subgroup analysis is presented for small versus large wound subpopulations. There was no interim analysis.

The superiority hypothesis was tested in parallel for the wound closure rate and the time to wound closure within 16 weeks. Incidence of complete wound closure was analysed using Fishers' exact test comparing the two treatment arms. Time to complete wound closure was compared between the two treatment arms using a log-rank test. The method of Bonferroni-Holm was used for adjustment of the  $\alpha$ -error for parallel confirmatory testing of both primary endpoints. Missing values have been incorporated as censored values.

During study planning, the following concomitant diseases and therapeutic measures with a possible influence on the primary study outcome wound closure (confounders)

were identified: presence of neuropathy (sensation loss according to the Perfusion, Extent, Depth, Infection and Sensation (PEDIS) classification system<sup>28</sup>); presence of diabetic neuropathic osteoarthropathy (anatomical classification according to Sanders and Frykberg<sup>29</sup> and progression stages according to Levin<sup>30</sup>); Wagner<sup>31</sup> grading of the ulcer; presence of peripheral arterial occlusive disease (Rutherford classification for chronic limb ischaemia<sup>32</sup>); chronic venous insufficiency (Widmer I–III<sup>33</sup>); presence of extreme foot deformities and malpositions of toes, foot or the entire limb; untreated or therapy-refractory inflammation in the wound area; chronic anaemia; heel necrosis; presence of a lymphedema; infection; heightened glycated haemoglobin level; dialysis; application of hyperbaric oxygen or normothermal therapy; application of recombinant or autologous growth factors to the study wound; and application of skin or dermal substitutes and with living cells that produce growth factors. These covariates thought to influence wound closure were analysed for their effect on the two primary endpoints. Covariates were excluded from the analysis if the number of missing values was too high. First, the relevant covariates were tested by means of a univariate analysis with regard to their effect on wound closure rate and time without consideration of the treatment arms. If there was a significant influence, the frequency of occurrence in the treatment arms was analysed. Secondary, multivariate analyses were performed for both primary endpoints, taking into account treatment assignment and including all relevant covariates. The multivariate analysis of the primary endpoint wound closure rate was performed with binary logistic regression to describe the influence of the independent covariates (regressors) on the dependent dichotomous variable wound closure. The multivariate analysis of the primary endpoint time to wound closure was performed using a Cox regression model.

Safety and secondary endpoints were analysed using conventional univariate testing.

Within an a-priori-planned subgroup analysis, the ITT population was divided into a group of small wounds and a group of large wounds based on the wound surface area documented during the randomisation visit. Wounds smaller than or equal to the total median wound surface (483 mm<sup>2</sup>) were assigned to the subgroup ‘small wounds’. Patients with wound surface areas larger than the median value were assigned to the subgroup ‘large wounds’. Since no citable scientific definition of a large wound was available at the time of study planning and the clinical experts involved could not make a decision, the median of all wounds was chosen as the criterion for the division into the two subgroups. Confirmatory analysis of primary and secondary endpoints was repeated for the subgroups.

Missing values for the following outcome parameters were replaced using the last observation carried forward (LOCF) method: wound closure rate, wound size and wound tissue quality, recurrence and amputation. The outcome parameters time to wound closure and time until optimal preparation of the wound bed did not require data replacement, since missing values are included in the

analysis as right-censored values. If wound closure was not confirmed to be closed after a minimum of 14 days, the wound was considered as an unsustained wound closure. All missing QoL values (EQ5D) were replaced with the overall QoL assessment (visual analogue scale), if available. If there was no QoL assessment, there was no replacement. For missing values of the demographic and baseline characteristics, which are necessary for the estimation of the regression coefficients, no replacement was performed. IBM SPSS Statistics (V.23) was used for all analyses.

This study is registered with ClinicalTrials.gov and in the German Clinical Trial Registry.

A data monitoring committee was formed to oversee overall study performance and safety.

### Role of the funding source

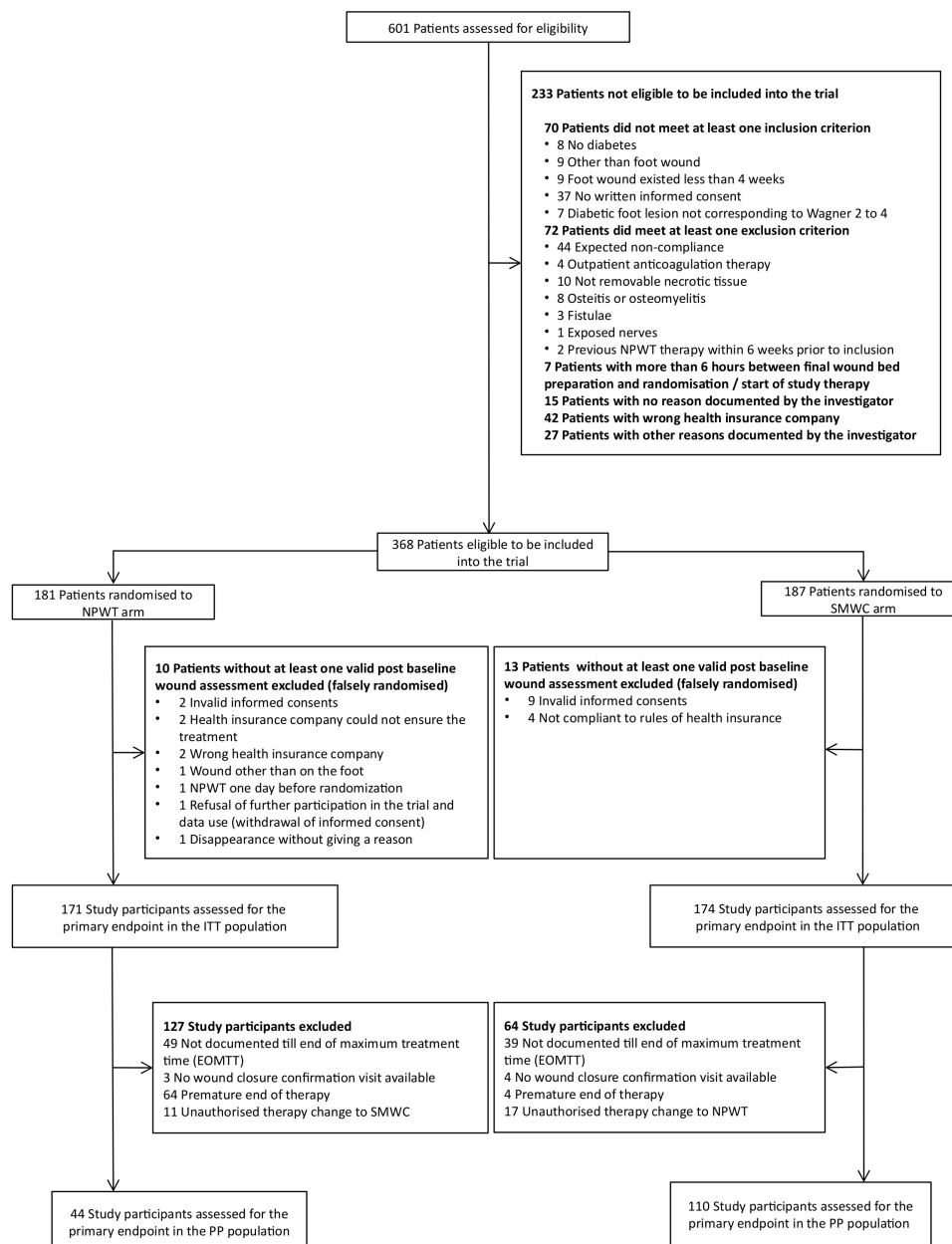
Through a European tender, the study was initiated by a consortium of 19 statutory German health insurance funds, which provided integrated care contracts for all study participants and for up to 7000 patients with acute and chronic wounds in Germany, defined basic rules for study design based on the requirements of the German authorities; and provided a critical review of the study protocol and the final report. The study was funded by the manufacturers KCI (Acelity) and S&N. Both companies provided the NPWT devices and associated consumable supplies in the assigned regions of Germany as well as all necessary support and information about the used material. The manufacturers had no role in study design, data collection, data analysis, data interpretation or writing of the report. All authors had full access to all of the data (including statistical reports and tables) in the study and take full responsibility for the accuracy of the data analysis.

## RESULTS

Between 23 December 2011 and 12 August 2014, 386 patients were enrolled and randomly assigned to receive NPWT (181) or SMWC (187) in the DiaFu study (figure 1) in overall 40 study sites, which recruited minimum 1 patient and maximum 76 patients. Thirteen clinical investigators randomised more than 10 patients. Twenty-three study sites enrolled only between one and four patients. Most of these study sites refused further study participation due lack of time and staff for adequately performing the documentation. In the further course of the trial research nurses were hired by the independent scientific institute overseeing the trial in order to support the documentation in the study sites whenever needed.

Demographics and relevant baseline characteristics of the DFU are presented in table 1 and online supplementary table 1. Baseline characteristics of the patients in the NPWT and the SMWC arm are similar in the ITT population without any relevant difference between the treatment arms.

The baseline of the identified factors possibly influencing wound closure is shown in table 2.



**Figure 1** Trial profile (CONSORT); CONSORT, Consolidated Standards of Reporting Trials; NPWT, Negative Pressure Wound Therapy; SMWC, Standard Moist Wound Care.

Details on revascularisation performed before study start are shown in [table 3](#).

### Results for the primary outcome wound closure in the ITT population

In the ITT population, there was no significant difference between the treatment arms for either wound closure rate ([table 4](#)) or time to complete wound closure ( $p=0.244$ , log-rank test; [figure 2](#)) within 16 weeks. Beginning in week 5, the number of study participants with open wounds in the NPWT arm was lower than in the SMWC arm ([figure 2](#)). However, after 16 weeks, the difference between the treatment arms was only 2.5% (95% CI -4.7% - 9.7%) ([table 4](#)). Wounds treated with

NPWT were approximately at the same risk of remaining open as wounds treated with SMWC (RR 0.97 (95% CI 0.89–1.06)).

Since the cumulative number of patients with open wounds was more than 70% after 16 weeks, we could not calculate medians for the time to wound closure.

### Results for the secondary outcomes in the ITT population

Only one recurrence of the foot wound after complete, sustained and confirmed closure was documented for one study participant in the NPWT arm ([table 4](#)). Study participants treated with NPWT were at slightly higher risk for a recurrence than participants treated with SMWC 0.96 (95% CI 0.87–1.04).

**Table 1** Demographics and baseline characteristics of the ITT population

Demographics of the study population and baseline parameters of the DFU in the ITT population	Total n=345 (100%)	NPWT n=171 (49.6%)	SMWC n=174 (50.4%)
Male	267 of 345 (77.4%)	133 of 171 (77.8%)	134 of 174 (77.0%)
Female	78 of 345 (22.6%)	38 of 171 (22.2%)	40 of 174 (23.0%)
Age (years) (n=345), mean (SD)	67.8 (11.9)	67.6 (12.3)	68.1 (11.5)
Height (n=340) (in cm), mean (SD)	174.1 (12.4)	173.4 (14.6)	174.8 (9.9)
Weight (n=335) (in kg), mean (SD)	93.3 (22)	92.7 (21.5)	93.8 (22.6)
<b>Localisation of the ulcer</b>			
Regio calcanea	39 (11.3%)	17 (9.9%)	22 (12.6%)
Dorsum pedis	20 (5.8%)	13 (7.6%)	7 (4.0%)
Planta pedis	56 (16.2%)	30 (17.5%)	26 (14.9%)
Metatarsalia	147 (42.6%)	73 (42.7%)	74 (42.5%)
Phalanges distales	64 (18.6%)	31 (18.1%)	33 (19%)
Phalanges mediales	28 (8.1%)	14 (8.2%)	14 (8.0%)
Phalanges proximales	40 (11.6%)	21 (12.3%)	19 (10.9%)
Hallux	42 (12.2%)	24 (14%)	18 (10.3%)
Digitus pedis II	22 (6.4%)	10 (5.8%)	12 (6.9%)
Digitus pedis III	14 (4.1%)	7 (4.1%)	7 (4.0%)
Digitus pedis IV	20 (5.8%)	7 (4.1%)	13 (7.5%)
Digitus minimus	25 (7.2%)	12 (7.0%)	13 (7.5%)
<b>Type of ulcer</b>			
Primary ulcer	279 of 342 (80.9%)	136 of 170 (79.5%)	143 of 172 (82.2%)
Recurrence	63 of 342 (18.3%)	34 of 170 (19.9%)	29 of 172 (16.7%)
<b>Duration of ulcer (days)</b>			
n	335	168	167
Mean (SD)	189.7 (360.2)	217.1 (458.1)	162.1 (220)
Median (IQR)	83 (136)	81 (140)	85 (132)
Min – Max	0–4468	0–4468	0–1826
<b>Wound surface area at randomisation (mm<sup>2</sup>)</b>			
Mean (SD)	1101 (2543)	1060 (1536)	1141 (3247)
Median (IQR)	491 (1079)	550 (1217)	471 (1007)
Min-Max	12–40 773	20–13 188	12–40 773
<b>Wound surface area at randomisation for small wounds (mm<sup>2</sup>)</b>			
n	173	83	90
Mean (SD)	213 (136)	212 (138)	213 (135)
Median (IQR)	188 (220)	176 (220)	196 (222)
Min-Max	12–484	20–484	12–471
<b>Wound surface area at randomisation for large wounds (mm<sup>2</sup>)</b>			
n	172	88	84
Mean (SD)	1995 (3377)	1860 (1805)	2135 (4474)
Median (IQR)	1276 (1482)	1364 (1242)	1242 (1708)
Min-Max	491–40773	520–13188	491–40773

Data are number (n) and percentage (%), mean and standard deviation (SD), median and interquartile range (IQR), and minimum – maximum (min – max). ‘n=’ is stating the number of patients with actual available information. Based on the median wound surface area of all included patients, the wounds were divided into an a priori planned subgroup of large (median wound surface area  $\leq 484$  mm<sup>2</sup>) and a subgroup of small wounds (median wound surface area  $>484$  mm<sup>2</sup>).

DFU, diabetic foot ulcer; ITT, intention to treat; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

After 6 months, the number of study participants with closed wounds was higher in the SMWC arm than in the NPWT arm (36 of 174 (20.7 %) vs 24 of 171 (14.0 %)), but the difference was not significant ( $p=1.00$ ).

The time until optimal preparation of the wound for further treatment to achieve a complete epithelialisation (min 95% granulation tissue) was significantly shorter for patients treated with NPWT ( $p=0.008$ ) (table 5).

In the ITT population, wound surface area and wound volume were similar at baseline (table 1) and decreased

continuously during the study treatment time of 16 weeks in both treatment arms (online supplementary tables 2 and 3). The values are largely scattered. Measurements derived from the blinded photo analysis using the W.H.A.T. were smaller than the values documented by the clinical investigators.

Wound tissue composition (online supplementary table 4) was similar in both treatment arms at baseline. Granulation tissue values increased during the study treatment period of 16 weeks and fibrin values decreased, with

**Table 2** Baseline of the identified factors possibly influencing wound closure in the ITT population

Confounders at baseline in the ITT population	Total n=345	NPWT n=171	SMWC n=174
Presence of neuropathy (sensation loss according to the PEDIS classification system)	250 of 334 (72.5%)	125 of 166 (73.1%)	125 of 168 (71.8%)
Presence of a diabetic neuropathic osteoarthropathy	61 (17.7%)	30 (17.5%)	31 (17.8%)
Wagner grading of the ulcer			
1: superficial ulcer of skin or subcutaneous tissue	6 (1.7%)	2 (1.2%)	4 (2.3%)
2: ulcers extend into tendon, bone, or capsule	225 (65.2%)	110 (64.3%)	115 (66.1%)
3: deep ulcer with osteomyelitis, or abscess	85 (24.6%)	45 (26.3%)	40 (23%)
4: gangrene of toes or forefoot	26 (7.5%)	13 (7.6%)	13 (7.5%)
5: midfoot or hindfoot gangrene	3 (0.9%)	1 (0.6%)	2 (1.1%)
Peripheral arterial occlusive disease (PAOD)	244 of 345 (70.7%)	121 of 171 (70.8%)	123 of 174 (70.7%)
PAOD with critical limb ischaemia*	26 of 243 (10.7%)	15 of 121 (12.4%)	11 of 122 (9.0%)
No chronic venous insufficiency (CVI)	259 of 302 (75.1%)	132 of 150 (77.2%)	127 of 152 (73.0%)
CVI Widmer I	25 of 302 (7.2%)	11 of 150 (6.4%)	14 of 152 (8.0%)
CVI Widmer II	12 of 302 (3.5%)	3 of 150 (1.8%)	9 of 152 (5.2%)
CVI Widmer III	6 of 302 (1.7%)	4 of 150 (2.3%)	2 of 152 (1.1%)
Presence of extreme foot deformities and malpositions of toes, foot or the entire limb	59 of 342 (17.1%)	26 of 170 (15.2%)	33 of 172 (19.0%)
Untreated or therapy-refractory inflammation in the wound area	15 of 343 (4.3%)	7 of 170 (4.1%)	8 of 173 (4.6%)
Presence of a heel necrosis	23 of 342 (6.7%)	10 of 168 (5.8%)	13 of 174 (7.5%)
No lymphoedema	282 of 340 (81.7%)	139 of 167 (81.3%)	143 of 173 (82.2%)
Primary lymphoedema	12 of 340 (3.5%)	5 of 167 (2.9%)	7 of 173 (4.0%)
Secondary lymphoedema	46 of 340 (13.3%)	23 of 167 (13.5%)	23 of 173 (13.2%)
Clinical signs of inflammation (suspected infection)	159 of 344 (46.1%)	83 of 170 (48.5%)	76 of 174 (43.7%)
Local wound swab as part of the clinical routine	248 of 343 (71.9%)	126 of 170 (73.7%)	122 of 173 (70.1%)
Detection of germs within the local wound swab	205 of 247 (59.4%)	104 of 125 (60.8%)	101 of 122 (58.0%)
Haemoglobin			
n	177 of 345	86 of 171	91 of 174
Mean (SD)	9.5 (3.2)	9.6 (3.1)	9.4 (3.3)
Haemoglobin A1c			
n	32 of 345	13 of 171	19 of 174
Mean (SD)	15.6 (18.3)	16.8 (16.7)	14.7 (19.6)
Requiring dialysis	29 of 343 (8.4%)	15 of 170 (8.8%)	14 of 173 (8.0%)
Application of skin or dermal substitutes and with living cells that produce growth factors	0 of 341 (0%)	0 of 169 (0%)	0 of 172 (0%)

Findings, diagnoses and procedures documented by the investigators are presented. Data are number (N), percentage (%), mean and standard deviation (SD), and minimum – maximum (min – max). \*Critical limb ischemia was defined as persistent pain at rest with regular analgesia for a period of two weeks while nerve function is maintained or the occurrence of ulceration or gangrene of the foot or toes with a systolic blood pressure of the ankle below 50 mmHg or a systolic toe pressure below 30 mmHg or  $tcPO_2 < 20$  mmHg.

ITT, intention to treat; NPWT, negative pressure wound therapy; SMWC, standard moist wound care;  $tcPO_2$ , transcutaneous oxygen measurement.

clinically documented values showing only minor differences between treatment arms. The values for necrotic tissue were very low and did not differ relevantly between the treatment arms. The results of the W.H.A.T. evaluation for granulation and fibrin deviate markedly from the values documented by the clinical investigators.

Patients treated with NPWT were approximately at the same risk of undergoing an amputation or resection like patients treated with SMWC (RR 0.99 (95% CI 0.65–1.50)) (table 6).

Overall, pain levels were very low and decreased further during the study treatment time (online supplementary table 5). The values hardly differ between the treatment arms at any observation time point.

At baseline, QoL (EQ5D) was significantly limited in both treatment arms (online supplementary table 6).

EQ5D levels were improved in both study participants reaching end of therapy as well as EOMT. On follow-up after 6 months, all patients still showed increased EQ5D levels in both treatment arms.

### Safety results

The number of study participants with AEs was significantly higher in the NPWT arm (96 (56.1%)) than in the SMWC arm (72 (41.4%)) ( $p=0.007$ ) but only 16 (10.2%) of the AEs in the NPWT arm were decided by the investigators to have a definite relation to the medical device (table 7). The number of study participants with at least one AE documented to be serious (SAE) was not significantly different between the treatment arms (NPWT  $n=63$  (36.8%); SMWC  $n=58$  (33.3%);  $p=0.50$ ) (table 7). None of the SAEs in the NPWT arm was documented as



**Table 3** Revascularisations performed in the ITT population before study start

Revascularisation before study start in the ITT population	Total n=345	NPWT n=171	SMWC n=174
Performed revascularisation before study start	23 of 345 (6.7%)	9 of 171 (5.3%)	14 of 174 (8.0%)
Percutaneous transluminal angioplasty (PTA)	13 of 23 (57.0%)	6 of 9 (67.0%)	7 of 9 (50.0%)
PTA+stent	1 of 23 (4.0%)	0 of 9 (0%)	1 of 9 (7.0%)
Veins-bypass	5 of 23 (22.0%)	2 of 9 (22.0%)	3 of 9 (21.0%)
Polytetrafluoroethylene bypass	1 of 23 (4.0%)	0 of 9 (0%)	1 of 9 (7.0%)
Thromboendarterectomy and patch plastic	2 of 23 (9.0%)	0 of 9 (0%)	2 of 9 (14.0%)
Revascularisation with influence on the wound	22 of 23 (96.0%)	9 of 9 (100%)	13 of 14 (93.9.0%)
Sufficient revascularisation result*	20 of 23 (88.0%)	7 of 9 (78.0%)	13 of 14 (93.0%)
Insufficient revascularisation result	2 of 23 (9.0%)	1 of 9 (11.0%)	1 of 14 (7.0%)
Revascularisation result not assessable	1 of 23 (4.0%)	1 of 9 (11.0%)	0 of 14 (0%)

Data are n and percentage (%).

\*Sufficient revascularisation result was defined as successful recanalisation of the tibial artery in which the foot lesion was located or, if it was technically impossible to recanalise the respective artery, achievement of an unhindered inflow into at least one of the tibial vessels. The evaluation of the revascularisation result was in the discretion of the attending physician.

ITT, intention to treat; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

definitely or possibly related to the medical device by the investigators. Nine of 171 (5.3%) study participants in the NPWT arm and 6 of 174 (3.5%) study participants in the SMWC arm died during the study.

### Secondary analyses and subgroups

Of the factors possibly influencing the outcomes identified during study planning, the covariate POAD was found to have significant influence on the endpoint time until wound closure ( $p=0.026$ , log rank test). The covariate clinical signs of inflammation (suspected infection) had a significant influence on the wound closure rate ( $p=0.012$ ,  $\chi^2$  test) in the univariate analysis of the primary endpoints. However, both covariates

were almost equally represented in both treatment arms. Thus, the comparison of the treatment arms was not influenced by these confounders. Furthermore, the covariate suspected infection was found to be significantly associated with both wound closure rate (logistic regression;  $p=0.027$ ) and time until wound closure (Cox regression;  $p=0.037$ ) in the multivariate confounder analysis. Wound closure was significantly less likely in wounds with suspected infection (OR 0.38).

In the subgroup of large wounds (wound surface area at randomisation shown in [table 1](#)), wound closure rate within 16 weeks was significantly higher in the NPWT arm (13 of 88 (14.8 (7.4 to 22.2%))) than in the SMWC

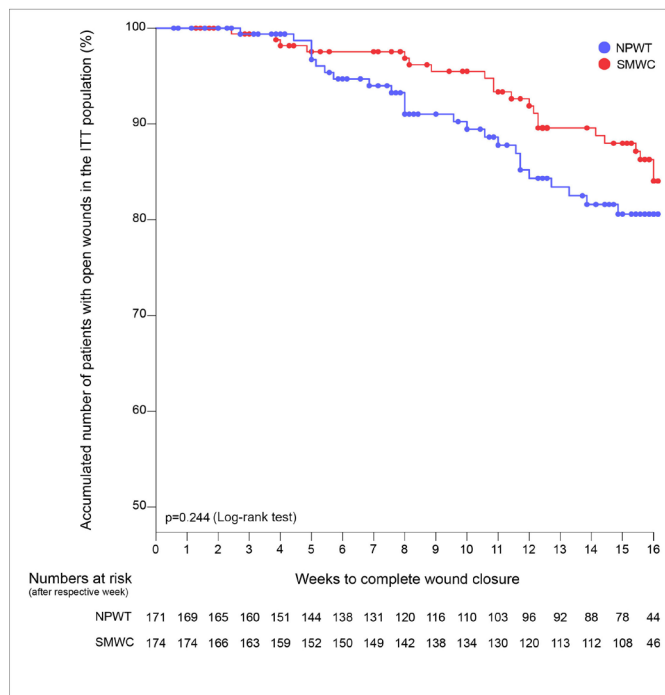
**Table 4** Study participants with wound closure (wound closure rate) and the number of participants with recurrences (recurrence rate) in the ITT population

Wound closure and recurrence rate in the ITT population	Total n=345	NPWT n=171	SMWC n=174	Difference n % (95% CI) p*
<b>Patients with complete, sustained and confirmed wound closure within 16 weeks</b>				
n	46 of 345	25 of 171	21 of 174	4
%	13.3	14.6	12.1	2.5
(95% CI)	(9.8–17.8)	(9.5–21.6)	(7.5–18.4)	(–4.7 – 9.7) 0.53
<b>Patients with recurrence of the diabetic foot wound after complete, sustained and confirmed closure within 6 months</b>				
n	1 of 46	1 of 25	0 of 21	1
%	2.2	4	0	4
(95% CI)	(0.1–12.1)	(0.1–22.3)	(0.0–14.3)	(–3.7 – 11.7) 1.00

Data show the number (N) of participants available for the analysis in total and for both treatment arms. Wound closures within the maximum study treatment time of 16 weeks and recurrences during the follow-up of 6 months are shown with the number (N), the percentage (%) of patients and the 95% Confidence Interval (CI).

\*F=Fishers' exact test.

ITT, intention to treat; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.



**Figure 2** Time until complete, sustained and verified wound closure in the ITT population. NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

arm (5 of 84 (6.0 (0.9 - 11.0%)) (difference: n=8 (8.8 (-0.2 to 17.8%)), p=0.08). Study participants with large wounds had a lower risk of not achieving wound closure within 16 weeks when treated with NPWT (RR 0.91 (95% CI 0.82–1.0)) and achieved wound closure significantly faster in the NPWT arm than in the SMWC arm (p=0.027) (figure 3). The only recurrence occurred in the subgroup of large wounds. Both major amputations were performed in study participants with large wounds treated with NPWT.

In the subgroup of small wounds (wound surface area at randomisation shown in table 1), the time to reach 95% granulation tissue was significantly shorter for the patients treated with NPWT than for those treated with SMWC (p=0.005), but wound closure rate and time until wound closure within 16 weeks were not significantly different between the treatment arms (figure 4). Further

details of the subgroup analyses are presented in the online supplementary tables 7 and 8.

### Results for the primary and secondary outcomes in the PP population

Demographics, relevant baseline characteristics and the results of the revascularisation before study start of the PP population are presented in online supplementary table 9. In the PP population, 14 of 44 study participants (31.8% (95% CI 18.1%–45.6%)) treated with NPWT and 19 of 110 participants (17.3% (95% CI 10.2%–24.3%)) treated with SMWC achieved complete, sustained and verified wound closure within 16 weeks, but the difference was not significant (5 (14.5% (95% CI -1.0% - 30.0%)); p=0.053). Wounds treated with NPWT had a lower risk of remaining open after 16 weeks (RR 0.82 (95% CI 0.66–1.03)) than wounds treated with SMWC. Time to wound closure in the NPWT arm was significantly shorter than in the SMWC arm (p=0.004) (figure 5). After 6 months, wound closure rate in the SMWC arm (30 of 110 (27.3% (95% CI 18.9%–35.6%))) was higher than in the NPWT arm (11 of 44 (25.0% (95% CI 12.2–37.8))), but the difference was not significant (n=19 (2.3% (95% CI -13.0 - 17.6%)); p=0.84). As in the ITT population, optimal wound bed preparation was achieved significantly faster in study participants receiving NPWT (p<0.001). No recurrences occurred after complete, sustained and confirmed wound closure in the PP population. Neither the number of participants with amputations or resections nor the number of amputations or resections performed differed significantly between the treatment arms. No major amputations were performed in the PP population. Further details on the results for the PP population are presented in the online supplementary tables 10–16.

### Treatment compliance

Twenty-nine (17.0%) participants in the NPWT arm had a temporary therapy change to SMWC (mean duration 20.5±21.6 days). In the SMWC arm, 17 (9.8%) participants had a temporary therapy change to NPWT (mean duration 28.9±21.6 days). For only 2 of the 29 NPWT participants (6.9%) with a temporary therapy change to SMWC, the wound closure was achieved within 16 weeks,

**Table 5** Time until optimal preparation of the wound for further treatment (min 95% granulation tissue) in the ITT population

Time until optimal preparation of the wound bed (min 95% granulation tissue) within 16 weeks in the ITT population	Total n=183	NPWT n=100	SMWC n=83	Mean difference (95% CI) p*
N <sub>available values</sub>				
Mean (SD)	42.7 (39.0)	35.6 (34.6)	51.4 (42.6)	15.8
Median (IQR)	31 (64)	22.0 (48.0)	49.0 (53.6)	(4.6–27.0)
Min–Max	0–127	0–127	0–115	<b>0.008</b>

Data show the number (N) of participants available for the analysis in total and for both treatment arms. Time until optimal preparation of the wound is described with mean and standard deviation (SD); median and interquartile range (IQR); and minimum (min) and maximum (max).

\*Student's t-test.

ITT, intention to treat; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

**Table 6** Study participants with amputations/resections and the number of amputations/resections performed in the ITT population

Amputations and resections in the ITT population	Total n=345	NPWT n=171	SMWC n=174	Difference (95% CI) p
Study participants with amputation or resection				
n (%) (95% CI)	71 (20.6%) (16.3–24.8)	35 (20.5%) (14.4 to 26.5)	36 (20.7%) (14.7–26.7)	1 (0.2%) (–19.0 – 18.6) 1.00 (F)
Total number of amputations and resections	102	45	57	12 0.89 (U)
Number of amputations and resections per study participant, n (%)				
One event	49 (14.2%)	25 (14.6%)	24 (13.8%)	1 (0.8%)
Two events	16 (4.6%)	10 (5.8%)	6 (3.4%)	4 (2.4%)
Three events	4 (1.2%)	0 (0%)	4 (2.3%)	4 (2.3%)
Four events	1 (0.3%)	0 (0%)	1 (0.6%)	1 (0.6%)
Five events	1 (0.3%)	0 (0%)	1 (0.6%)	1 (0.6%)
Study participants with minor amputation	69 (20.0%)	33 (19.3%)	36 (20.7%)	3 (1.4%) 0.79 (F)
Study participants with major amputation	2 (0.6%)	2 (1.2%)	0 (0%)	2 (1.2%) 0.25 (F)

Data show the number (N) of participants, the percentage with the 95% CI, or the number of events accompanied with the respective percentage values in total and for both treatment arms.

F, Fishers' exact test; ITT, intention to treat; NPWT, negative pressure wound therapy ; SMWC, standard moist wound care; U, Mann-Whitney U test.

whereas 16.2% (23 von 142) of the wounds of the NPWT participants without therapy change were completely closed.

A total of 57.3% (98 of 171) of the participants randomised to NPWT completed treatment before achieving a granulation surface of the wound of at least 95%. Fewer participants with this premature end of NPWT (4.7%, n=8) achieved a complete wound closure than participants with no premature end of therapy (9.9, n=17). Mean NPWT duration until premature end of therapy was 28.5 days (SD 24.1), while a mean granulation area of 59.6% (SD 30.5) was achieved. For 131 participants (76.6%) in the NPWT arm less than the required three dressing changes per week were documented. Nineteen participants (14.5%) with this protocol violation achieved a complete wound closure. Six (15.4%) of the 39 NPWT participants who received at least three therapy changes per week achieved a complete wound closure.

#### Documentation quality

In the NPWT arm, 52 study participants and in the SMWC arm 43 participants were excluded from the PP population due to missing documentation until the EOMT or at wound closure confirmation (figure 1). In the eCRF, wound closure was documented for 96 patients (NPWT 56 of 171; SMWC 40 of 174), but only 46 participants (NPWT 25; SMWC 21) met all criteria for a complete, verified and sustained wound closure. For the wound closure visit, seven wound photographs (NPWT 7; SMWC 0) and for the wound closure confirmation visit four photographs (NPWT 3; SMWC 1) were missing. In addition, two of the

existing wound photographs for wound closure (NPWT 0; SMWC 2) and two photographs for wound closure confirmation (NPWT 1; SMWC 3) were not assessable by the blinded observers due to serious quality issues. Furthermore, 23 (NPWT 15; SMWC 8) existing and assessable wound photographs were not able to confirm wound closure and 3 (NPWT 1; SMWC 2) photographs were not able to confirm wound closure after 14 days.

#### DISCUSSION

The DiaFu study did not demonstrate significant superiority in wound closure rate or time to complete wound closure for neither NPWT nor SMWC. Wound closure rates were higher in the NPWT arm but did not significantly differ from those in the SMWC arm. Time to wound healing in the NPWT arm was lower than in the SMWC arm, while the difference between the treatment arms becomes statistically significant only in the PP population. Thus, with this study, we were not able to confirm our hypothesis that wound closure can be achieved more often and faster with NPWT than with SMWC when used in German real-life clinical practice. Previous RCTs, which were the basis for sample size calculation, showed a higher rate and a significant superiority in healing when using NPWT on amputation and chronic wounds,<sup>16 17</sup> but the populations of these studies were different. Other than the Armstrong study, the DiaFu study did not exclude patients with venous insufficiency and included more than twice as many patients. The studies of Armstrong

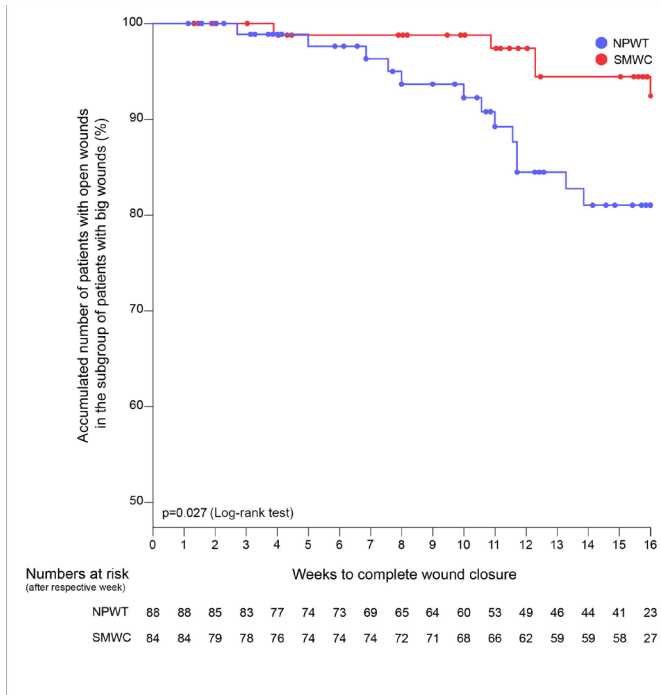
**Table 7** Study participants with adverse events (AEs) and serious adverse events (SAEs) and the number of AEs and SAEs in the ITT population

AEs and SAEs in the ITT population	Total n=345	NPWT n=171	SMWC n=174	Difference (95% CI) p
<b>Study participants with at least one AE</b>				
n (%) (95% CI)	168 (48.7%) (43.4–54.0)	96 (56.1%) (48.7–63.6)	72 (41.4%) (34.1–48.7)	24 (14.7%) (4.3–25.1) p=0.007 (F)
Study participants with one AE (n)	103	54	49	5
Study participants with two or more AEs (n)	65	42	23	19
Total number of AEs (n)	269	167	102	65
<b>AEs with relationship to the medical device</b>				
n <sub>available</sub>	257	157	100	57
Yes, n (%)	16 (6.2%)	16 (10.2%)	0 (0%)	16 (10.2%)
Possible, n (%)	13 (5.1%)	11 (7.0%)	2 (2.0%)*	9 (5%)
No, n (%)	211 (82.1%)	117 (74.5%)	94 (94.0%)	23 (19.5%)
Not assessable, n (%)	17 (6.6%)	13 (8.3%)	4 (4.0%)	9 (4.3%)
<b>AEs with relationship to SMWC</b>				
n <sub>available</sub>	185	110	75	35
Yes, n (%)	2 (1.1%)	0 (0%)	2 (2.7%)	2 (2.7%)
Possible, n (%)	5 (2.7%)	5 (4.5%)	0 (0%)	5 (4.5%)
No, n (%)	163 (88.1%)	96 (87.3%)	67 (89.3%)	29 (2.0%)
Not assessable, n (%)	15 (8.1%)	9 (8.2%)	6 (8.0%)	3 (0.2%)
<b>AEs with relationship to the treatment procedure</b>				
n <sub>available</sub>	244	148	96	52
Yes, n (%)	10 (4.1%)	6 (4.1%)	4 (4.2%)	2 (0.1%)
Possible, n (%)	17 (7.0%)	15 (10.1%)	2 (2.1%)	13 (8%)
No, n (%)	191 (78.3%)	111 (75.0%)	80 (83.3%)	31 (8.3%)
Not assessable, n (%)	26 (10.7%)	16 (10.8%)	10 (10.4%)	6 (0.4%)
<b>Study participants with at least one SAE</b>				
n (%) (95% CI)	121 (35.1%) (30.0–40.1)	63 (36.8%) (29.6–44.1)	58 (33.3%) (26.3–40.3)	5 (3.5%) (–6.6 – 13.6) p=0.50 (F)
Study participants with one SAE (n)	90	45	45	0
Study participants with two or more SAEs (n)	31	18	13	5
Total number of SAEs (n)	163	87	76	11
<b>SAEs with relationship to the medical device</b>				
n <sub>available</sub>	161	85	76	9
Yes, n (%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)
Possible, n (%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)
No, n (%)	154 (95.7%)	79 (92.9%)	75 (98.7%)	4 (5.8%)
Not assessable, n (%)	7 (4.3%)	6 (7.1%)	1 (1.3%)	5 (5.8%)
<b>SAEs with relationship to SMWC</b>				
n <sub>available</sub>	121	64	57	7
Yes, n (%)	1 (0.8%)	0 (0%)	1 (1.8%)	1 (1.8%)
Possible	1 (0.8%)	1 (1.6%)	0 (0%)	1 (1.6%)
No, n (%)	113 (93.4%)	57 (89.1%)	56 (98.2%)	1 (9.1%)
Not assessable, n (%)	6 (5.0%)	6 (9.4%)	0 (0%)	6 (9.4%)
<b>SAEs with relationship to the treatment procedure</b>				
n <sub>available</sub>	156	84	72	12
Yes, n (%)	4 (2.6%)	0 (0%)	4 (5.6%)	4 (5.6%)
Possible	2 (1.3%)	2 (2.4%)	0 (0%)	2 (2.4%)
No, n (%)	140 (89.7%)	74 (88.1%)	66 (91.7%)	8 (10.6%)
Not assessable, n (%)	10 (6.4%)	8 (9.5%)	2 (2.8%)	6 (6.7%)

Data show the number (n) and the percentage (%) in total and for both treatment arms.

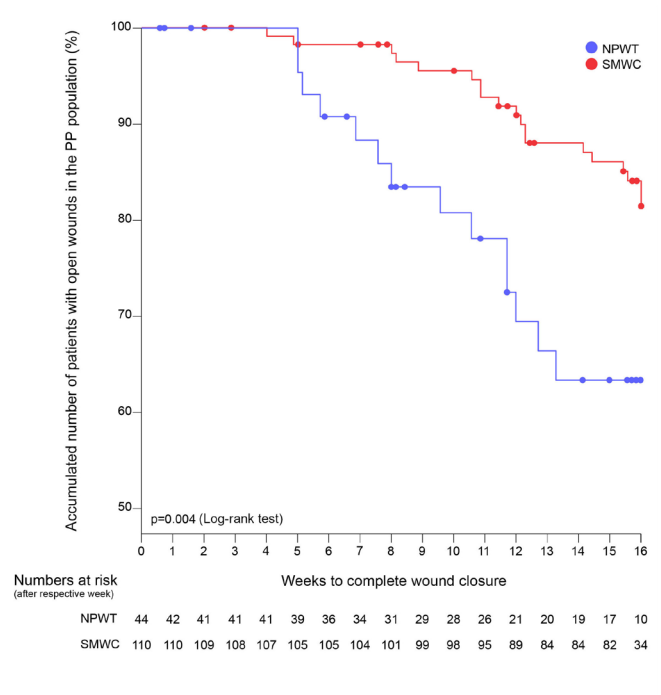
\*No treatment change to NPWT has been documented. F=Fisher's exact test (alpha=0.05).

ITT, intention to treat ; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

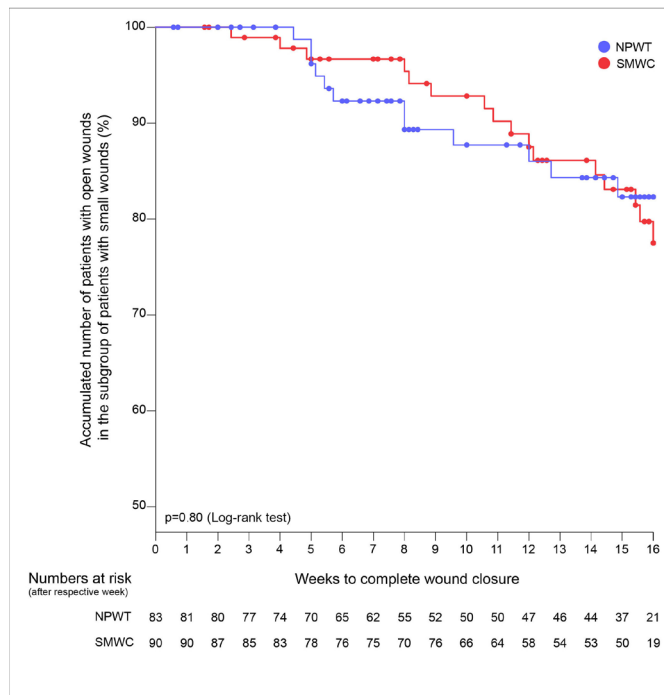


**Figure 3** Time until complete, sustained and verified wound closure for the subgroup of large wounds. NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

and Blume excluded patients with Wagner stage 4; active Charcot; uncontrolled hyperglycemia and therapy with glucocorticoids, immunosuppressants or chemotherapy; and required proof of adequate perfusion. The DiaFu



**Figure 5** Time until complete, sustained and verified wound closure in the PP population; NPWT, negative pressure wound therapy; SMWC, standard moist wound care.



**Figure 4** Time until complete, sustained and verified wound closure for the subgroup of small wounds. NPWT, negative pressure wound therapy; SMWC, standard moist wound care.

study did not exclude patients with impaired perfusion but required adequate therapy of the circulatory disorder according to clinical practice guidelines. In the DiaFu study, we were able to show that the presence of PAOD at randomisation had a significant influence on the time to wound closure but not on the overall wound closure rate within the maximum study treatment time. The number of patients with critical limb ischaemia at baseline was low and differed only slightly between the treatment arms. As in clinical practice, in the DiaFu study, adequate treatment of concomitant diseases was mandatory. Invasive therapy of PAOD could be performed before initiation of wound therapy as well as during the study treatment period, if the wound needed pretreatment as a basis for the revascularisation procedure or if new or recurrent critical ischaemia occurred.

The presence of clinical signs of inflammation (suspected infection) at randomisation had a significant effect on both, time to wound closure and wound closure rate within 16 weeks. Both covariates were equally represented in the treatment arms, thus the differences in time until wound closure and wound closure rate were not affected by these confounders.

However, the probably most serious factors negatively influencing treatment and outcome are documentation deficiencies and deviations from treatment guidelines. Temporary therapy changes and premature therapy cessation negatively impacted the patient relevant treatment outcome wound closure in study participants treated with NPWT. Missing study visits resulting in low numbers of complete endpoint documentations strongly affected the

proof of the outcome wound closure in both, the NPWT arm and the SMWC arm.

Optimal preparation of the wound bed (95% granulation tissue) was achieved significantly earlier when using NPWT in the ITT and the PP population, but the overall rate of wound closures was low. Wound bed preparation and granulation tissue formation are important prerequisites for wound healing but are not a proof of treatment effectiveness and cannot serve as a basis for benefit assessment.

Although significantly more AEs were documented in the NPWT arm, only a small number of these events were related to the medical device according to the investigator's assessment. Mortality rates were very low in both treatment arms, and there was no significant difference between the treatment arms regarding amputations and resections performed during the study. Only two major amputations have been performed in patients with large wounds treated with NPWT. None of the treatments resulted in an additional impairment of the patients' QoL during study treatment time or follow-up. Time until complete wound closure was significantly shorter with NPWT than with SMWC in the subgroup of large wounds, which indicates that NPWT has the potential to be a valuable treatment option for this kind of wounds.

In the DiaFu study, methods against bias were implemented whenever possible in order to avoid bias that have been described by several systematic reviews,<sup>18–21</sup> but blinding of study participants as well as attending physicians and nurses was not possible due to the nature of NPWT.

Not addressing and analysing all factors influencing the overall treatment outcome like targeted pressure relief, continuous infection control and adequate treatment of the underlying disease during the study treatment and observation period may be seen as a limitation of this healthcare research study. Study sites have been selected based on a self-disclosure by means of a qualification checklist and cross checks using quality reports. This ensured that all prerequisites were met for guideline-compliant patient care. Nevertheless, even in the application of NPWT, there were deviations from the standards.

In order to support the decision-making process of the German G-BA on general reimbursement of NPWT in German outpatient care, the real-life clinical practice DiaFu study included patients with chronic DFUs of neuropathic and angiopathic origin regardless of whether a simple wound cleansing, tissue debridement or even amputation was necessary prior to application of wound therapy targeted to achieve complete wound closure. The study was performed without excluding concomitant diseases negatively impacting wound healing; with therapy application in the discretion of the attending physician; and with evaluation of patient relevant outcome. Thus, results can easily be generalised and applied in clinical practice settings. Anyway, shortcomings in data quality negatively impacted the study results, and statements about specific patient groups were not possible. A high number of study participants needed

to be excluded from the PP population (NPWT arm: 127 of 171 (74%), SMWC arm 64 of 174 (37%)). For most of these participants, documentation was lacking until the end of the maximum treatment period (total=88, NPWT=49, SMWC=39) (figure 1). In the primary analysis based on the ITT population, it was assumed that these patients did not achieve wound closure within 16 weeks' study treatment and observation time (using the LOCF method, the open wound status was 'carried forward' until the end of the maximum treatment period. This may have led to a false negative bias in the outcome wound closure in the ITT population. Due to the high loss of patients and the difference in the number of participants excluded from the treatment arms, the validity of the PP analysis is very limited.

## CONCLUSIONS

NPWT was not superior to SMWC when evaluated in German real-life clinical practice. Missing compliance with therapy guidelines and poor documentation quality led to restrictions in achieving the patient-relevant endpoint complete wound closure and prevents a clear proof of effectiveness. The question if NPWT is superior to SMWC for treating diabetic foot wounds remains unanswered due to the limitations of the DiaFu study. Although the study protocol required adequate monitoring and therapy of the concomitant diseases, the presence of POAD and infection at randomisation had a significant influence on the outcome wound closure. Despite all limitations, NPWT showed a significant superiority in optimal wound bed preparation. This indicates that NPWT works according to its intended use and has a potential to be an effective treatment option. The results of the PP population suggest that without the negative impact of premature treatment cessation, temporary changes of the randomised therapy and partly incomplete documentation NPWT may be more effective for treating diabetic foot wounds than SMWC. In Germany, NPWT should be evaluated again after implementation of a sufficient, well-considered and widely accepted concept for quality control. In a future healthcare research study, the treatment outcome before and after the implementation of these quality measures should be evaluated, for which the results of this trial may serve as a basis.

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**Contributors** DS was the principal coordinating investigator. She conceived the study, reviewed the scientific literature and was responsible for study design, data analysis, data interpretation, writing and reviewing of the report. She is the lead author and takes overall responsibility for this report. She affirms that the manuscript is an honest, accurate and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies from the study as originally planned (and, if relevant, registered) have been explained. MS and HL were study investigators and contributed to study design, data collection and interpretation and reviewed the report. GW, PM, WW-R and DH were study investigators and contributed to data collection and data interpretation and reviewed the report. KS, MH, GR, TK and KZ were study investigators and contributed to data collection and reviewed the report. EN contributed to study design and data interpretation and reviewed the report. All authors approved the final version of the report.

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