Images in Practice

Kidney Res Clin Pract 37:94-95, 2018 pISSN: 2211-9132 • eISSN: 2211-9140 https://doi.org/10.23876/j.krcp.2018.37.1.94





Incidentally discovered renal arteriovenous malformation

Jeong-Hoon Lim¹, Sang Yup Lee², Hyejin Cheon², Yong-Lim Kim¹

¹Department of Internal Medicine, Kyungpook National University Hospital, School of Medicine, Kyungpook National University, Daegu, Korea

A healthy 42-year-old woman presented proteinuria and hematuria on regular medical check-up two years ago. Her other laboratory examinations did not show any abnormal findings, including renal function, anti-neutrophil antibody, anti-neutrophil cytoplasmic antibody, C3, C4, or immunoglobulin. Her blood pressure was also normal. Because flank pain had developed, color Dop-

pler ultrasound of the kidney was performed. There was a 2-cm-sized renal cyst with blood flow in the right kidney (Fig. 1). Computed tomography angiography and renal angiography demonstrated it to be a renal arteriovenous malformation (RAVM) (Fig. 1, 2). Based on the size of the malformation, its location, and symptoms of the patient, we planned elective endovascular treatment. Successful

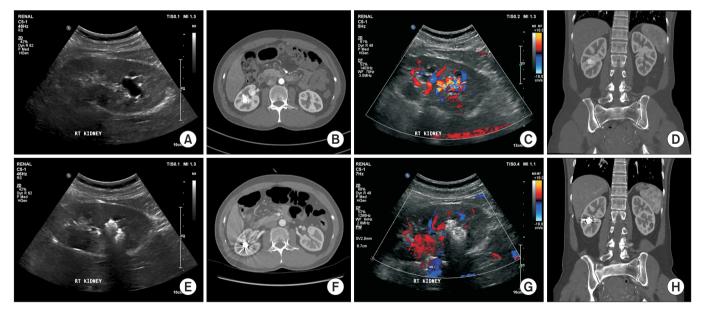


Figure 1. Ultrasound and computed tomography angiography. Left column shows ultrasound images, and right column shows computed tomography angiography images. (A–D) Before endovascular treatment. (E—F) After endovascular treatment.

Received October 25, 2017; Accepted October 27, 2017

Correspondence: Yong-Lim Kim

Division of Nephrology, Department of Internal Medicine, Kyungpook National University Hospital, 130 Dongdeok-ro, Jung-gu, Daegu 41944, Korea. E-mail: ylkim@knu.ac.kr

ORCID: http://orcid.org/0000-0002-1344-3455

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²Department of Radiology, Kyungpook National University Hospital, School of Medicine, Kyungpook National University, Daegu, Korea

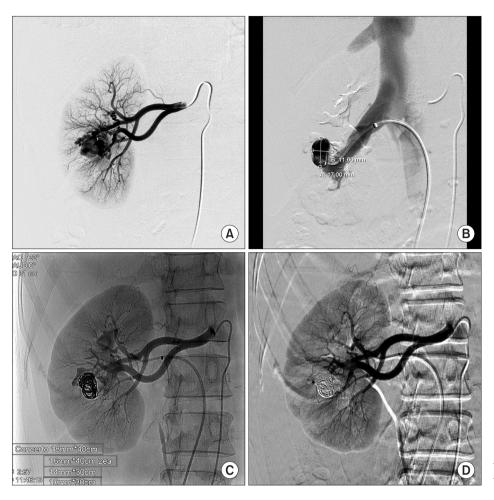


Figure 2. Angiography of the right renal artery. (A, B) Before endovascular treatment. (C, D) After endovascular treatment.

selective embolization with 5 coils was done, and she was discharged the day after without any complications.

RAVMs are an unusual disease with a prevalence less than 0.04%. It may or may not manifest symptoms, such as flank pain, hematuria, hypertension, and flank bruit. When patients show these kinds of symptoms, RAVMs should be considered, and image studies should be performed. Compared with surgical treatment, transcath-

eter arterial embolization can reduce complications and length of hospital stay and could be considered as the treatment of choice for RAVMs.

Conflicts of interest

All authors have no conflicts of interest to declare.