A Stearoyl–Coenzyme A Desaturase Inhibitor Prevents Multiple Parkinson Disease Phenotypes in α-Synuclein Mice

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Objective: Parkinson disease (PD) has useful symptomatic treatments that do not slow the neurodegenerative process, and no significant disease-modifying treatments are approved. A key therapeutic target in PD is α -synuclein (α S), which is both genetically implicated and accumulates in Lewy bodies rich in vesicles and other lipid membranes. Reestablishing α S homeostasis is a central goal in PD. Based on previous lipidomic analyses, we conducted a mouse trial of a stearoyl-coenzyme A desaturase (SCD) inhibitor ("5b") that prevented α S-positive vesicular inclusions and cytotoxicity in cultured human neurons. **Methods:** Oral dosing and brain activity of 5b were established in nontransgenic mice. 5b in drinking water was given to mice expressing wild-type human α S (WT) or an amplified familial PD α S mutation (E35K + E46K + E61K ["3K"]) beginning near the onset of nigral and cortical neurodegeneration and the robust PD-like motor syndrome in 3K. Motor phenotypes, brain cytopathology, and SCD-related lipid changes were quantified in 5b- versus placebo-treated mice. Outcomes were compared to effects of crossing 3K to SCD1^{-/-} mice.

Results: 5b treatment reduced α S hyperphosphorylation in E46K-expressing human neurons, in 3K neural cultures, and in both WT and 3K α S mice. 5b prevented subtle gait deficits in WT α S mice and the PD-like resting tremor and progressive motor decline of 3K α S mice. 5b also increased α S tetramers and reduced proteinase K-resistant lipid-rich aggregates. Similar benefits accrued from genetically deleting 1 SCD allele, providing target validation.

Interpretation: Prolonged reduction of brain SCD activity prevented PD-like neuropathology in multiple PD models. Thus, an orally available SCD inhibitor potently ameliorates PD phenotypes, positioning this approach to treat human α -synucleinopathies.

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Introduction

Parkinson disease (PD) is characterized pathologically by the deposition of insoluble and aggregated forms of

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⁷⁴ © 2020 The Authors. *Annals of Neurology* published by Wiley Periodicals LLC on behalf of American Neurological Association. This is an open access article under the terms of the Creative Commons Attribution-NonCommercial License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited and is not used for commercial purposes. membranes,¹ and this realization has relevance for understanding the pathogenesis of neuronal dysfunction.² Studies in cultured cells, including induced pluripotent stem cell (iPSC)-derived human neurons, and in rodent models, provide compelling evidence that α S binds transiently to the external phospholipid bilayer of vesicles during normal neuronal secretory function.³⁻⁵ Physiological α S tetramers in cells were first observed in 2011,^{6,7} and the neuronal tetramer:monomer (T:M) equilibrium has been shown to be relevant to PD pathogenesis.⁸⁻¹⁰ For example, mutations in glucocerebrosidase (GBA) result in dyshomeostasis of lysosomal lipids and can cause PD, in part by decreasing physiological aS tetramers and elevating free monomers in patient neurons.¹¹ Via autophagy, the lysosomal system is critical for removal of impaired organelles and lipid droplets (LDs), and it can also clear aggregated and toxic forms of αS .¹² Since the initial description of αS tetramers, certain tetramer-stabilizing compounds have been identified through unbiased screens, candidate approaches, and quantitative lipidomics, and some hits have been found to affect α S-vesicle association.^{13–15} One such pharmacological approach is αS tetramer stabilization by downregulating stearoyl-coenzyme A desaturase (SCD), the rate-limiting enzyme for monounsaturated fatty acid (MUFA) biosynthesis that is required for membrane phospholipid and triglyceride (TG) homeostasis.¹⁶ SCD inhibitors have consistently decreased aS toxicity in yeast, and rodent and human neurons.^{13–15} To advance SCD inhibition as a novel treatment for human testing, we set out to validate the target in a robust preclinical PD model, as mutant mice, and conducted a controlled prevention trial.

Cellular α S normally undergoes a dynamic exchange of tetramers and monomers,^{7,17,18} and the latter are more prone to post-translational modifications¹⁰ that may shift vesicle-bound monomers into pathological aggregates. The abrogation of α S tetramers has been studied in vitro¹⁹ and in mammalian cells,^{10,13,20} for example, by introducing the E46K familial PD mutation and also amplifying it via analogous E \rightarrow K substitutions in the 2 adjacent KTKEGV repeat motifs (E35K + E46K + E61K ["3K"]). Both the E46K and 3K mutants have enhanced binding to negatively charged vesicle membranes,²¹ leading to more sizeable vesicle- and lipid-rich cytoplasmic α S inclusions relative to the fine granules seen in wild-type (WT) α S mouse brain.^{10,20}

Culture studies alone cannot capture the complex neuronal regulation of the α S T:M equilibrium in the brain and the physiological and pathological significance of α S tetramerization. Therefore, we have generated 3K α S transgenic (tg) mice and found their tetramer abrogation to accentuate the neuropathological and biochemical phenotypes of the WT or the familial (f) PD E46K (1K) α S mutation in an age-dependent manner.^{10,22} The striking PD-like motor syndrome of 3K mice includes resting tremor, bradykinesia, rigidity, and gait deficits that respond in part to L-dopa treatment, while relatively subtle changes in forced gait patterns are observed in male WT α S-overexpressing mice versus their female counterparts.²² Similar to PD,²³ there is a male preponderance in 3K mice in that females show less lowering of the α S T:M ratio and increased autophagic turnover of α S+ lipid-rich brain aggregates.²² These multiple features make the 3K model highly suitable for the necessary preclinical testing of potentially disease-modifying approaches to PD.

Here, we show that an orally available SCD inhibitor "5b" that is brain penetrant slows the gradually progressive motor syndrome of 3K mice. Moreover, 5b protects against the subtle gait imbalance caused by chronic overexpression of human WT αS in mice. The SCD inhibitor normalizes α S solubility and improves the T:M ratio in male 3K mice toward the higher level of 5b-WT aS mice. 5b also lessened the proteinase K-resistant, pS129+ fine granules seen in WT aS mice, and it reduced the large pS129+ and lipid-rich foci seen in the 3K mice. In both mouse lines, 120-day 5b treatment effectively reduced the brain C16:1 to C16:0 desaturation index (DI) and the levels of SCD-modulated TGs. Deleting 1 SCD allele in 3K mice through genetic crossings to SCD knockout mice resulted in a similar rescue of the PD-like phenotypes, providing target validation. Moreover, in E46K-expressing neurogenin-induced human neurons (induced neurons [iNs]) and in 3K-expressing dopaminergic (DAergic) human neuroblastoma cells, the 5b SCD inhibitor diminished abnormal aS monomer association with vesicle membranes and corrected altered autophagic turnover of excess LDs. Our results document a fatty acid (FA)-dependent regulation of brain αS homeostasis, including the T:M equilibrium. SCD inhibition mitigates multiple PD-like motor phenotypes in vivo and PD-relevant biochemical changes in cultured neurons.

Materials and Methods

Cell Culture Studies, Stable Cell Lines, and Induced Neurons

Human M17D neuroblastoma cells and stable cell pools were cultured, transfected, and imaged as previously described.¹⁵ Briefly, inclusion formation was recorded in M17D-TR/aS-3K:: YFP (=3KY) or M17D-TR/aS-3K::YFP//RFP (=3KYR) cells (96-well plates) on an IncuCyte Zoom instrument (Essen Bioscience, Ann Arbor, MI). Constitutive mCherry signal (3KYR only) as well as total YFP integrated intensities and YFP inclusion integrated intensities were quantified using IncuCyte software and an algorithm as published.¹⁵ Toxicity was assessed via lactate dehydrogenase release (G1780; Promega, Madison, WI) or cell titer blue (G8080; Promega) assay following the manufacturer's protocol. For inclusions, the graphs represent the integrated intensities over the mCherry signal to normalize the cell numbers. LDs were visualized on IncuCyte using the HCS LipidTOX deep red neutral lipid dye following the manufacturer's protocol. LD integrated intensities were quantified using the following algorithm: parameters: adaptive; threshold adjustment (red corrected unit): 2; edge split on; edge sensitivity: 0; hole fill: 0; adjust size (pixels): 0; filters: area, max 50, all other boxes unchecked. The overlap between α S::YFP and punctate deep red neutral lipid dye was determined using the Incucyte "Overlap" algorithm. For 5b treatment, cells were plated on day 1 and treated on day 2, induced with 1µg/ml final concentration of doxycycline HCL (Sigma, St Louis, MO) on day 3, and analyses were conducted 24 hours after induction. Intact-cell crosslinking using 1mM disuccinimidyl glutarate (DSG), and sequential extractions of proteins using phosphate-buffered saline (PBS) and 1% (vol/vol) Triton X-100 detergent were performed as previously described.¹⁵ For fPD E46K induced neurons, the induced human neurons were generated as described previously²⁴ and induction, harvesting of neurons, and intact-cell crosslinking were performed as previously described.¹³

Treatment of 3K Mutant Mice and Behavioral Testing

For the study, we used male 3K aS mutant mice (3K, line #3817) and expression-matched human WT αS-overexpressing mice (WT, line #3877) with 2-3-fold overexpression of human aS controlled by the Thy1.2 promoter (generation and characterization described previously¹⁰). All mice were bred and maintained at the Hale Building for Transformative Medicine facility in accordance with National Institutes of Health guidelines on use of laboratory animals and a protocol approved by the Brigham and Women's Hospital. Mice were kept in normal 12 hours light/12 hours dark cycles and had free access to food and water. For 5b treatment, 10-week-old nontransgenic (Ntg) C57Bl6 or 3K and WT aS male tg mice were administered 5b dissolved in dimethylsulfoxide (DMSO) in their drinking water, whereas the placebo cohort received drinking water with DMSO only (1.9% [vol/vol]), well below described toxic/side effects²⁵). One percent (vol/vol) sucrose was added to the drinking water to mask any bitter taste. All behavioral testing has been conducted as previously described.¹⁰

Intact-Cell Crosslinking, Sequential Extraction, and Western Blot Analysis

Intact-cell crosslinking was then conducted on the washed brain bits as previously described.^{10,26} Sequential extracts of dissected mouse brains were each run on 4 to 12% Bis-Tris gels (Invitrogen, Carlsbad, CA) and electroblotted onto nitrocellulose membranes (Millipore, Bedford, MA). Blots were then incubated with human-specific α S antibody (Ab; 15G7; Enzo, Farmingdale, NY; 1:500), or Abs that recognize both rodent and human α S (syn1, clone 42, 1:2,000; BD Biosciences, Franklin Lakes, NJ), or against serine 129 (pS129; ab51253; 1:1,000; Abcam, Cambridge, MA), lysosomal membrane protein 1 (LAMP1; ab25245, 1:4,000; Abcam), microtubule-associated protein 1B-light chain 3 LC3B (5F10, 1:500; NanoTools, Teningen, Germany), protein disulfide isomerase (PDI; 3501 T, 1:1,000; Abcam), binding immunoglobulin protein (BiP; 610978; 1:5,000, BD Biosciences), CTP:phosphocholine cytidylyltransferase α (CCT α ; 4454S, 1:1,000; Cell Signaling Technology, Danvers, MA), transferrin receptor (TFR; 84036, 1:5,000, Abcam), or protein deglycase (DJ-1) (3E8, 1:500, Stressgen, San Diego, CA), or loading controls beta-actin (A5441, 1:3000; Sigma) or glyceraldehyde-3-phosphate dehydrogenase (G9545, 1:5,000, Sigma) in Phosphate-buffered Saline with Tween-20 (PBST) containing 5% bovine serum albumin overnight.

Lipid Kits and Enzyme-Linked Immunosorbent Assay

Lipid Extraction Kit (ab211044, Abcam) and Triglyceride Quantification Assay Kit (colorimetric; ab65336, Abcam) were used to quantify TGs, and human α S concentrations were quantified using pieces of motor cortex per enzyme-linked immunosorbent assay (ELISA) kit (#KHB0061; Invitrogen, Carlsbad, CA). All assays were conducted according to the manufacturer's protocol.

Lipid Analyses

Lipids were extracted by procedures similar to the Folch method.²⁷ For lipid assignment, aligned peaks were first searched against the LIPID MAPS Database of computationally generated "bulk" lipid species with mass tolerance of $\pm 0.005 \text{Da}^{28}$. We utilized the high-resolution Fourier transform ion cyclotron resonance to accurately measure FA (16:0 and 16:1). At the liquid chromatography (LC) gradient of 99 to 95% mobile A in 7 minutes at 120µl/min and FA (16) eluted at 3.08 and 3.12 minutes. To increase anion sensitivity, free FAs were measured using continuous accumulation of selected ions (CASI) anion scan mode in a narrow mass range of 70Da. The DI was the ratio of the peak areas of FA (16:1)/FA(16:0).

RNA

Total RNA samples were isolated from brain cortices using mir-Vana miRNA Isolation Kit (AM1561), and RNA concentrations were determined by Nanodrop. The samples were converted into cDNA using a high-capacity cDNA reverse transcription kit (#4368813; Applied Biosystems, Foster City, CA). Quantitative polymerase chain reaction (qPCR) was performed using the TaqMan Fast Universal PCR Mix (#4352042, Applied Biosystems) and the appropriate TaqMan primers for human SNCA (Hs00240906_m1, Applied Biosystems). qPCR reactions were run in an StepOnePlus Real-Time PCR system, and the deltadelta treshold cycles ($\Delta\Delta$ Ct) calculations were made using StepOne software (Applied Biosystems).

High-Performance LC

High-performance LC (HPLC) was conducted as previously described²⁶ to estimate striatal monoamine levels at age 6 months in 3K α S tg (n = 5 per group) or Ntg control mice (n = 5–6 per group).

Immunohistochemistry

Diaminobenzidine and fluorescence labeling was performed as described.¹⁰ Briefly, sections were blocked in 10% normal donkey serum and incubated overnight at 4°C with Abs to human αS (15G7, 1:1,000, Enzo), antiphosphorylated 129 αS (ab51253, 1:4,000, Abcam), LAMP1 (ab25245, 1:500, Abcam), LC3B (5F10, 1:500, NanoTools), perilipin (PLIN; G2 sc-390169; 1:500; Santa Cruz Biotechnology, Santa Cruz, CA), and tyrosine hydroxylase (TH; ab152, 1:500, Abcam). This was followed by incubation with fluorescein isothiocyanateconjugated secondary Abs (1:500 in PBS) for 3 hours at room temperature. Confocal microscopy was conducted with a Zeiss (Oberkochen, Germany) LSM 710 confocal scanning laser microscope. An ImageJ plug-in called "colocalization highlighter" created a mask of either LAMP1 or PLIN pixels that overlapped with pS129- α S pixels. The sizes of the colocalized pixels on the resultant 8-bit images were quantified using the analyze particle function plug-in of ImageJ. For striatal TH evaluation, 3 images within the dorsolateral striatum were acquired per section in 3 coronal sections (bregma 0.97-0.37mm), n = 5 mice per group. Fiji color thresholding was used to calculate the respective area fraction covered by TH staining; imaging was performed using a Zeiss LSM 780 confocal scanning laser microscope (×40 field planarity apochromate (PL APO) oil immersion objective).

Semithin Sections

Semithin (0.3 μ m) sections from TAAB Epon (TAAB Laboratories Equipment, Aldermaston, UK) embedded cryosections were cut with a diamond knife stained in 1% toluidine blue mounted in pure glycerol and viewed in a Zeiss AxioImager Z1 microscope with a \times 100 oil immersion objective, using a Zeiss HR camera. For all light microscopic images, white balance was adjusted.

Experimental Treatment Design, Quantification, and Statistical Analysis

Behavioral testing was conducted prior to treatment and at 60 days and at 120 days of treatment as indicated. Experimental details specific for behavioral testing are included in behavior testing below. Details regarding each statistical test, biological sample size (n), and p value can be found in the corresponding figure legends. All data are represented as mean ± standard error of the mean (SEM). SEM represents variance within a group. In all experiments, the genotypes can be found in the corresponding legends. Data were collected and processed side by side in randomized order for all experiments. Behavioral and histological tests were routinely performed blind to the conditions of the experiments. Unpaired 2-tailed t tests were used for comparison between 2 groups, with $p \le 0.05$ considered significant. For all comparisons involving multiple variables, analysis of variance (ANOVA) was performed followed by post hoc test for paired comparisons using $p \le 0.05$ for significance. For all experiments, between 4 to 8 (biochemistry, histology) and 5 to 12 (behavior) male mice per experiment were used. For HPLC, 5 to 8 mice per group were used, and 2 outliers (n = 1 3K-placebo [Plb], n = 1 3K-5b) were identified by the robust regression and outlier

removal method (ROUT) (Q = 1%) and removed from the analyses. To analyze the differential abundance of each lipid belonging to TG(48–52), moderated *t* tests were applied using the LIMMA R package.^{29,30} To control the false discovery rate, the *p* values were adjusted in each comparison using the Benjamini and Hochberg correction. Additional bar graphs have been included to show the appropriate statistical information (mean ± SEM). All statistical analyses were performed using (GraphPad Software, San Diego, CA).

Results

5b Is an Orally Available SCD Inhibitor Active in Brain

An iterative library design had previously identified 5b as an appropriate tool compound to inhibit SCD for potential use in models of obesity.³¹ In rats, 5b achieved high exposure in vivo to effect dose-dependent decreases of the plasma and liver DI (MUFA to saturated FA [SFA]; eg, 16:1 to 16:0 and 18:1 to 18:0).³¹ To further evaluate the pharmacokinetic (PK) properties of 5b, we assessed the bioavailability of the drug in 3-month-old Ntg C57Bl6 mice after single doses of 3 mg/kg intravenous or 10 mg/ kg per os (PO), using standard pharmacokinetic (PK) parameters (Fig 1). A C_{max} of 4,413ng/ml in plasma was achieved after 60 minutes of PO dosing. The $T_{1/2}$ was 1.4 hours in plasma. The 5b brain concentration 7 hours after a single PO dose averaged 120.9 ± 53.1, and the average brain:plasma ratio was 0.86 ± 0.12, demonstrating good brain penetration. This gave an area under the plasma concentration-time curve from time zero to extrapolated infinity of 9,920ng/ml/h. The structure of 5b is shown in Figure 1D and the design of the mouse trial in Figure 1E.

We further quantified oral availability of 5b. Tenweek-old Ntg mice were dosed in the drinking water at 15, 40, or 50mg/kg daily for 10 days, and plasma, brain, and liver concentrations were recorded in a PK study. The compound rose dose-dependently in the liver from 344 ± 31.34 to 1254 ± 290.8 mg/g, in the plasma from 23.6 ± 7.2 to 237.7 ± 88.4 mg/ml, and in the brain from 59.3 ± 6.0 to 368.0 ± 114.7 mg/g (see Fig 1F). Two-way ANOVA revealed a significant dose effect ($F_{2,18} = 9.815$, p = 0.0013), and the calculated average brain:plasma ratio was $\sim 1:1$ (Fig 1F). Subsequently, we started long-term dosing of C57Bl6 (sentinel mice) at 40mg/kg to further analyze the pharmacodynamic profile. Palmitoleic acid (16:1) is an endogenous SCD product, and enzymes that synthesize TGs require 16:1 as a substrate. The decrease in 16:1 and other MUFAs by SCD inhibitors or by genetic ablation of SCD causes hair follicle abnormalities, leading to sparse fur.^{31,32} Homozygous SCD1 knockout (KO) mice $(SCD^{-/-})$ are deficient in TGs, partly due to



FIGURE 1: Pharmacokinetic (PK) and pharmacodynamic analyses after intravenous (IV) or oral (PO) dosing of the stearoylcoenzyme A desaturase (SCD) inhibitor 5b in C57Bl6 (nontransgenic) mice. (A) PK analyses were performed after single dose of 3 or 10mg/kg body weight via IV injection or PO (gavage). AUC = area under the curve, MRT (mean residence time), Cmax (maximum concentration recorded and time (Tmax) to reach Cmax, t1/2 (elimination half-life). (B) Calculated brain: plasma (B:P) ratio or liver:plasma (L:P) ratio. (C) Time profile after the single dose application. The PK parameters are means of 3 mice, and values at each time point are from different mice. The relative compound spread by oral dosing is shown in the graph (F) below. (D) Chemical structure of the SCD inhibitor 5b. (E) Trial design for the mouse study. (F) The spread of compound concentration in the mice is calculated from the mean values of n = 3 mice after oral dosing for 20 days at 3 different concentrations applied via the drinking water. (G) Triglyceride levels measured by enzyme-linked immunosorbent assay in heterozygous SCD knockout (SCD^{+/-}) and in sentinel (C57Bl6) mice treated at different doses of 5b for 20 days. (H) Liver and brain desaturation index showing lowering effect of SCD inhibitor 5b after 90 days of oral treatment. FA = fatty acid. Data are presented as mean value ± standard error of the mean. *p < 0.05, **p < 0.01, ***p < 0.001.

decreases in their endogenous 16:1 (by 55%), with intermediate levels found in $SCD1^{+/-}$ KO mice.¹⁶ Accordingly, we observed the typical sparse fur in 90-day 5btreated sentinel animals, resembling the appearance of $SCD1^{-/-}$ KO mice (data not shown). We next analyzed TG levels in liver and brain of 5b-treated mice and in $SCD1^{+/-}$ mice using a colorimetric TG assay. Ninety days of 5b treatment reduced liver and brain TGs to the approximate levels detected in heterozygous $SCD^{+/-}$ KO mice (Fig 1G). To specify SCD enzyme activity, we measured the DI by calculating the ratio of FA 16:1 to 16:0 using LC-mass spectrometry (MS). Dosing of 5b at 40mg/kg for 90 days revealed an 82% DI reduction in liver (p = 0.003) and a 63% reduction in brain (p = 0.006) (Fig 1H). Together, these results demonstrate that oral administration of 5b effectively inhibits SCD enzyme activity and significantly decreases the MUFA content in mouse brain.

5b Treatment Increases Soluble α S Tetramerization and Reduces pS129+ in fPD Culture

To test whether SCD inhibition by 5b restores aS homeostasis in neural cells (Fig 2), we next tested the 5b compound in our M17D αS-3K cultures.¹⁵ 5b treatment produced a dose-dependent reduction of αS inclusions (Fig 2A). This was a sensitive measure of activity in culture, as in either M17D human neuroblastoma cells or in primary rat neurons, all the SCD inhibitors we have tested have decreased αS inclusions to a similar extent. 15,33 To confirm relevance to the clinical fPD mutation, M17D cells stably expressing E46K aS were treated with 10µM 5b for 48 hours. Western blot (WB) analysis revealed a decrease in serine 129 α S phosphorylation (pS129+) immunoreactivity (p < 0.001) (Fig 2B), an increase in Tris-buffered saline (TBS) solubility (cytosolic aS) versus TX-100 membrane solubility (p = 0.017) (Fig 2C), and an increase in the α S 60:14 ratio upon intact-cell DSG crosslinking⁸ (p = 0.032) (Fig 2D). These changes are in the absence of cytotoxicity (Fig 2E, F).

We then conducted quantitative analyses in human neurons differentiated from an iPSC line expressing the E46K fPD mutation. In absence of cytotoxicity (Fig 2G), 5b treatment produced a striking dose-dependent decrease in pS129+ α S in the human neurons (1-way ANOVA, $F_{3,75} = 73.45$, p < 0.001; see Fig 2H. In addition, the α S 60:14 T:M ratio upon intact-cell DSG crosslinking rose (p = 0.049) (Fig 2I).

Together, the above results validate the ability of 5b to decrease SCD activity in neuronal culture, to normalize α S solubility and tetramerization, and to reduce the abnormal pS129+ signal intensity. Based on these highly consistent in vitro results and our demonstration that 5b crosses the blood–brain barrier and efficiently lowers SCD activity in brain, we examined the phenotypic effects of 5b treatment in WT and 3K α S mice.

5b Treatment Produces On-Target Effects Resembling SCD KO and Improves PD-Type Motor Deficits

Because 5b decreased SCD activity in brain after 90 days at 40mg/kg in drinking water, we assessed whether prolonged oral treatment could ameliorate the motor impairments of the WT and 3K α S tg mice. The 3K mutation decreases the brain α S T:M ratio much more than overexpressing the human WT α S does,¹⁰ and this is associated with gradually progressive motor deficits, including resting tremor and climbing, balance, and gait abnormalities, which typically begin at ~3 months in males and become notably worse by age 6 months, as demonstrated by several timed motor tests, including pole climbing, 4-limb wire hanging, and rotarod walking.^{10,22} We initially performed these tests at age 8 weeks to establish baseline motor performances, and we then randomly assigned WT and 3K α S tg mice matched for sex, age, and α S expression level to active 5b treatment (5b) or vehicle (Plb) groups (Fig 3).

We began continuous oral 5b application in the drinking water at age 10 weeks and monitored motor performance at 60 and 120 days after initiating treatment. By around 30 days of treatment, roughly 30% of the 5btreated 3K and WT as tg mice had begun to display small patches (1-3mm) of hair loss and eye squinting (a sign of dry eye), which are well known effects of genetic or pharmacological SCD downregulation.³¹ These changes thus provide a clear pharmacodynamic readout that the inhibitor was engaging its enzymatic target. By 120 days, all 5btreated mice had sparser and more grayish coats (Supplementary Videos SUPPLEMENTARY VIDEO M1-3, M5) that were similar to the described cutaneous phenotypes of SCD^{-/-} mice.³² This effect should represent at least a 50% loss of SCD activity, as such fur changes are minimal in SCD^{+/-} mice at this age.¹⁶ The fur loss ensuing from SCD inhibition has been specifically attributed to decreased palmitoleic acid (16:1),³² which was significantly reduced by 5b treatment in our Ntg sentinel mice (see Fig 1H). No difference in weight was detected between genotypes in placebo-treated (WT-Plb, $33 \pm 1g$; 3K-Plb, $32 \pm 2g$) and 5b-treated mice (WT-5b, 28 ± 1g; 3K-5b, 27 ± 1g; 2-way ANOVA, post hoc Bonferroni p > 0.05). However, there was a significant treatment effect showing overall lesser weight (not exceeding 15%) in the 5b cohort of both genotypes (data not shown). Veterinarians throughout the study monitored all mice, and no mouse required culling by euthanasia due to adverse effects.

Following treatment for 60 and 120 days, we analyzed treatment effects on the development of the relatively mild gait abnormalities in the WT α S tg mice and the progressive motor decline^{10,22} in male 3K α S mutant mice (Fig 3). Two-way ANOVA confirmed a significant interaction ($F_{2,33} = 3.27$, p = 0.05) between 5b treatment and duration of the longitudinal pole climbing of 3K mice. Post hoc multiple comparisons revealed 5b to effectively reduce the time for 3K mice to climb down the pole (p = 0.03). In accord, we observed far fewer falls from the pole at 120 days in the 5b than placebo group, and the 2-way ANOVA showed a highly significant interaction of pole duration and treatment ($F_{2,33} = 9.084$, p = 0.0007). This L-dopa-sensitive pole climbing test¹⁰ was not affected in the human α S-expressing WT line (see Fig 3B and also Supplementary Videos M1 and M2 showing simultaneously placed 3K-Plb and 3K-5b mice, and



FIGURE 2: Stearoyl-coenzyme A desaturase inhibitor 5b reduces 3K aS inclusions and increases the soluble aS tetramer: monomer ratio in familial Parkinson disease E46K culture. (A) M17D cells (details of the M17D platform have been previously described^{8,15}) were treated for 24 hours with dimethylsulfoxide (DMSO-control (Cntrl) or 5b, then transfected with YFP-tagged 3K α S. Representative images of cells treated for 24 hours with 5b are shown. Graphs show quantitation of α S inclusions fold control, and representative images are shown on the right. (B) M17D/ α S-E46K stable cell pools treated for 48 hours with 10 μ M 5b or DMSO alone. Western blots (WBs) for serine 129 (pS129) αS, total αS (15G7), and glyceraldehyde-3-phosphate dehydrogenase (GAPDH; loading control) are shown. Quantification of pS129:15G7 α S ratio (normalized to DMSO; n = 6) is shown. (C) Sequential extraction and WB for αS. DJ-1 and transferrin receptor (TFR) serve as controls for the extracts. Graph shows increase in Tris-buffered saline (Cyto = cytosol) to TX (Mem = membrane) ratio. (D) WB of intact-cell crosslinking of E46K α S using the cell-penetrant crosslinker DSG and subsequent lysis in phosphate-buffered saline/1% Triton-X100; graph shows αS60:14 ratio by WB in n = 12. (E) Lactate dehydrogenase (LDH) release and (F) cell titer blue (CTB) in transient M17D/3K αS dopaminergic neuroblastoma cells and (G) LDH release in fPD E46K human (hu) induced neuron (iN) culture; n = 6 independent experiments were carried out twice. (H) Hu induced pluripotent stem cell E46K iNs were treated for 2 days with 5b at 3 different doses or DMSO (fresh media/5b after 2 days) and WB for pSer129, total α S, or GAPDH. (I) WB of intact-cell crosslinking with DSG and graph. Data are expressed as means \pm standard deviation; n.s. = nonsignificant; *p < 0.05, **p < 0.01, ***p < 0.001; 1-way analysis of variance with Tukey post hoc test (A, E-H) or unpaired 2-tailed t test (B-D, I).



FIGURE 3: Pharmacological rescue of gait abnormalities by long-term feeding of 5b to wild-type (WT) α S and 3K α S transgenic mice. (A) Representative image of pole performance in placebo 3K (3K-Plb) or 5b treated 3K (3K-5b) after 120 days (120d) of treatment, showing abnormal climbing and subsequent fall in 3K-Pbl versus normal turn and climbing down in 3K-5b mice (see also representative Supplementary Videos M1–M3 of simultaneously placed placebo 3K and WT versus 3K-5b or WT-5b). (B) Graphs show quantitation of time to descend the pole and number of falls from the pole. (C) 5b treatment improves muscle tone–related endurance of 3K mice in the 4-limb wire hanging test (see also Supplementary Videos M4 and M5 of placebo 3K and 5b-treated 3K mice). (D) Quantitation of fine motor balancing skill in a 4 to 40rpm accelerating rotarod test shows 5b treatment hinders development of balancing deficits in WT and 3K α S mice. (E) 5b treatment prevents development of gait imbalance shown by harmonization of the left/right paw support in WT and ameliorates the more severe deficits in 3K α S mice. Data are mean ± standard error of the mean. *p < 0.05, **p < 0.01, ***p < 0.001; # indicates a significant difference at baseline between WT and 3K; 2-way analysis of variance with Tukey post hoc test. BL = baseline performance at 8 weeks.

Supplementary Video M3 showing WT-Plb vs WT-5b mice). We next analyzed performance on the 4-limb wire test, an established sensitive measure for muscle tone³⁴ that associates with the tremor unique for 3K mice (ie, not described for our or other WT α S tg mouse lines; see Table S2 in Nuber et al¹⁰). Baseline analyses showed a decrease in wire-hanging endurance as early as 3 months in 3K mice (see Fig 3C), and planned comparisons revealed that 120 days of 5b treatment improved the 4-limb wire endurance in 3K mice (p = 0.02). Consistently, when placed on an elevated platform, 3K-Plb mice had relatively more body tremor (Supplementary Video M4) than 3K-5b mice (Supplementary Video M5). No changes in wirehanging were observed in the WT α S tg mice. We next challenged WT and 3K as mice on the accelerating rotarod test. Two-way ANOVA revealed significant treatment and duration effects in WT mice ($F_{2,30} = 25.15$, p < 0.01) and an interaction in 3K mice ($F_{2,33} = 5.036$, p = 0.0123). Post hoc comparisons showed 5b treatment protected against rotarod deficits seen in WT mice at 120 days and lessened the rotarod deficits at both 60 days

(p = 0.01) and 120 days (p = 0.001) in 3K mice. To more finely analyze the underlying gait changes, we used highresolution photography of gait symmetry by placing mice on a transparent motorized belt. Two-way ANOVA confirmed a significant 5b treatment interaction in WT mice at 120 days ($F_{2,30} = 7.612$, p = 0.0021). 5b also improved the more severe gait deficits of the 3K mice at 120 days (placebo vs 120d 5b, p < 0.05). Thus, 5b treatment largely protected against the development of the PDrelevant gait impairments of WT α S mice and significantly ameliorated the more marked motor decline in 3K α S mice.

SCD Inhibition Normalizes α S Solubility and T:M Ratio and Decreases Neuronal Aggregates in WT and 3K α S Mice

Having determined 5b to effectively decrease brain SCD activity and simultaneously increase the α S T:M ratio in E46K-expressing iNs and 3K-expressing M17D DAergic cells (see Fig 2), we next investigated the T:M ratio in the brains of 5b-treated WT and 3K mice that

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had shown motor improvements over placebo at 120 days. First, we assessed α S solubility by sequential extraction of cortical homogenates (Fig 4). Using either conventional immunoblotting with the hu aS monoclonal Ab (mAb) 4B12 or a sensitive (lower limit of quantification = 0.2 ng/ml) anti-hu α S sandwich ELISA, we found that 5b treatment increased 3K α S levels in cytosol (TBS extract) and reduced the abnormally elevated level of membrane-associated 3K (radioimmunoprecipitation assay extract; see Fig 4A,B). Post hoc analysis of the treatment effects calculated by 2-way ANOVA ($F_{1,19} = 14.03$, p = 0.0014) showed 5b treatment to significantly increase the low cytosol: membrane (cyt:mem) ratio in 3K brain (p = 0.046). No significant change was seen in cyt:mem ratio of WT tg mouse cortices, likely because the large majority of the human WT α S remains soluble (cytosolic). We

then assessed whether the 5b-induced shift of 3K α S protein from membrane to cytosol was associated with an improvement in the cytosolic α S T:M ratio. Intactcell crosslinking revealed a significant increase in 3K α S tetramers by 5b versus placebo (see Fig 4C,D). Pairwise comparison of the treatment effect (2-way ANOVA, $F_{1,19} = 42.79$, p < 0.0001) confirmed that 120 days of 5b treatment increased α S T:M ratio in 3K brain. The T:M ratio in WT α S did not reveal a significant change, but the tetramer level (α S60) showed a trend of rising (p = 0.07). Of note, 120 days of 5b treatment did not change the transcriptional (RNA) level of the human α S gene (see Fig 4D).

To assess whether 5b treatment lowers abnormal human α S accumulation and aggregation in the brain, we performed immunohistochemistry for total human α S using the 15G7 mAb, which targets an epitope at the C-



FIGURE 4: 5b treatment for 120 days elevates α S solubility and tetramer:monomer (T:M) ratio. (A) Representative Western blot (WBs; noncrosslinked) of sequential extractions of Tris-buffered saline-soluble (cytosolic), radioimmunoprecipitation assaysoluble (membrane) brain homogenates (15G7: human α S). (B) Human-specific α S enzyme-linked immunosorbent assay (ELISA) of the extracted homogenates shows increase in soluble (cytosolic:membrane [cyt:mem] ratio) α S by 5b treatment. (C) WB of intactcell crosslinking of α S in cortical brain bits from 3K mice. Syn1 antibody detects monomeric (α S14) and tetrameric (α S60) α S and probable conformers of the tetramer (α S80, α S100).⁸ DJ-1 serves as a cross-linking control. (D) Quantitation of a representative WB of α S monomers (~14kDa) and tetramers (~60kDa) reveals an increased T:M ratio in treated 3K-5b mice, due to the rise in tetramers. Right graph: Expression data for human α S gene. n = 4–6 per group. *p < 0.05; **p < 0.01; 2-way analysis of variance with Tukey post hoc test or unpaired 2-tailed t test. n.s. = non-significant; PIb = placebo; WT = wild type.

terminus (116–131), as well as a highly specific mAb for pS129 (EP1536Y³⁵; Fig 5). Because α S also acquires proteinase K-digestion (PK-digestion) resistance when aggregating into Lewy-type lesions³⁰ that may include lipid membranes,^{1,36} we additionally used PK-digestion of the sections. Thus, correlating 5b treatment with PK resistance in pS129-stained brain sections could indicate 5b efficacy on lipid-rich aggregates. In general, PK-digestion of total α S (15G7) and pS129+ stained sections revealed larger PK-resistant immunoreactive foci in 3K mouse brain and finer PK-resistant immunoreactive granules in WT mouse brain, observed in both cortex and striatum, and these were decreased in the brains of 5b- versus placebo-treated mice. Two-way ANOVA confirmed significant 5b treatment effects on the pS129+ pattern in WT ($F_{1,13} = 144$, p < 0.001) and 3K cortical sections ($F_{1,15} = 13.88$, p = 0.002) and a minor, nonsignificant reduction for the total (15G7+) α S signals. Post hoc comparisons revealed 5b decreased the total pS129+ puncta (p < 0.01) and also the pS129+ PK-resistant granules (p < 0.001) in WT cortex. 5b further reduced the relatively large PK-resistant inclusions in 3K cortex (p = 0.03). Analyzing the striatum, 2-way ANOVAs showed significant 5b treatment effects (total α S: $F_{1,28} = 17.69$, p = 0.0002; pS129 + α S: $F_{1,28} = 25.35$, p < 0.0001) in WT striatal sections and a significant



FIGURE 5: Stearoyl-coenzyme A desaturase inhibitor 5b ameliorates phosphorylated α S deposits in Parkinson diseaserelevant brain regions of wild-type (WT) and 3K α S mice. (A, E) Representative panels of cortical and striatal sections stained with the hu-specific total α S (Ab 15G7) or (B, F) phosphorylated (Ab pS129+) α S after 120 days of 5b treatment without (upper panels) and with (lower panels) proteinase K pre-treatment. Relative total and phosphorylated α S and their proteinase K (PK)-resistant α S integrated optic densities were analyzed in the cortex (C,D) and the striatum (G,H). Data are mean ± standard error of the mean. *p < 0.05, **p < 0.01, ***p < 0.001; 2-way analysis of variance with Tukey post hoc test. Scale bars = 25µm.

interaction (5b treatment × PK-digestion) of pS129+ aggregates in the 3K sections ($F_{1,28} = 8.536$, p = 0.0068). Paired comparisons validated 5b treatment to effectively reduce the striatal PK-resistant granules of WT (p = 0.01) and of 3K brains (p = 0.003).

SCD Inhibition Improves Striatal DAergic Integrity and Lessens Lysosomal and Endoplasmic Reticulum Dysregulation and Lipid Imbalance in Cortical Neurons

To investigate 5b treatment effects on the sizeable αS immunoreactive foci in 3K brain, we analyzed first the dorsal striatum, rich in DAergic nerve fibers, and probed for abnormal pS129+ immunoreactivity (see Fig 6). The quantification of colocalized pS129+/TH+ puncta revealed a significant decrease in the size of the DAergic nerve fiber foci in 3K-5b versus 3K-Plb mice (p = 0.013). We next analyzed cortical pyramidal neurons in 3K sections displaying relatively large somatic aggregates that colocalize with lysosomal vesicles.¹⁰ Similar abnormalities are a common feature of PD.³⁷ Previous neuropathological analyses described accumulations of lysosomal vesicles close to³⁸⁻⁴⁰ or as part of⁴¹ human Lewy bodies (LBs), and their sizes have been postulated to increase in Lewy-type pathology.⁴² We quantified the pS129-lysosomal aggregate sizes in cortical sections of the 5b-treated 3K mice and observed that treatment with the SCD inhibitor significantly reduced pS129+/LAMP+ aggregate sizes in 3K cortical somata versus placebo (p = 0.0014).

We next assessed whether SCD inhibition improves the DAergic nerve fiber integrity by quantifying TH+ immunoreactivity and dopamine (DA) levels in the dorsal striatum (see Fig 6E, F). Two-way ANOVA showed significant treatment effect of 5b ($F_{1,16} = 11.38$, p = 0.0039) but no significant interaction. The post hoc multiple comparisons revealed 5b significantly increased TH+ reactivity in 3K mice over that in placebo-treated 3K mice. Accordingly, the low DA concentration in 3K striatum was increased by 5b treatment (44 ± 25%; p = 0.017).

WB analyses confirmed elevated protein levels of pS129 and LAMP1 in 3K cortex, suggesting impaired autophagy-turnover of α S aggregates, as we previously described in 3K mice,²² and these levels were reduced by 5b (p < 0.05; see Fig 6G, H). LDs and lipofuscin (end-stage neuronal lysosomes) are an integral part of the 3K α S+ cytoplasmic aggregates,^{10,22} and similar lesions are associated with and/or part of LBs in PD.¹ Normally, most LDs bud from the endoplasmic reticulum (ER), cycle between the ER and lysosomes, and are subsequently degraded by autolipophagy for energy production and may serve as a sink for excess free FA to help prevent lipotoxicity.^{43,44} Accordingly, we next probed ER chaperone

proteins that are part of LD membranes, such as BiP⁴⁵ and PDI.⁴⁵ WBs of cortical extracts showed that 5b lowered BiP levels in both the WT and 3K models and showed a trend for reduced PDI level (p = 0.06) in 3K. CCT α , a key enzyme active on growing LD surfaces,⁴⁶ was decreased by 5b versus placebo in 3K brains (p < 0.01; see Fig 6H). Together, these data suggest a relatively pronounced dysregulation of LD formation in 3K mice and its mitigation by oral SCD inhibitor treatment.

In light of the 5b-mediated decrease in size of abnormal lysosomal foci and lipid markers, we asked whether 5b diminishes the contribution of lipid droplets (LDs) in neurons harboring 3K as aggregates (Fig 7). To quantify LDs, we used costaining of pS129 with the lipid-dye BODIPY (493/503) (see Fig 7A) or the LD-membranebinding protein, PLIN on cortical sections (Fig 7C). BODIPY largely colabeled with pS129+ granules in cortical neuronal somata of the 3K-Plb mice, as measured by particle sizes of the colocalized 8-bit images (using ImageJ software), whereas much less colocalization was detected in 3K-5b cortical neurons. To confirm the effect of reduced SCD activity by an independent approach, we also measured the pS129/LD coimmunoreactive aggregates in 3K mice bred on an SCD1 KO background (yielding heterozygous SCD^{+/-} 3K mice; called "3K-SKO"). Importantly, we observed a large reduction in the pS129-LD inclusion sizes in 3K-SKO cortex, similar to the effects of prolonged (120 days) 5b treatment (Fig 7C). To validate this finding of lesser LD signals, we conducted costaining of pS129 with the LD coating protein PLIN. Notably, PLIN+ LD are shuttled to lysosomes, where PLIN is extracted from the LD membranes, enabling autophagy lipolysis of the LD content.⁴⁷ We found PLIN to colocalize with pS129+ in 3K neuronal inclusions, and these were less apparent in both 3K-5b and in 3K-SKO brains (p < 0.01, 1-way ANOVA, Tukey post hoc test) (Fig 7D). Light microscopic analyses showed a similar change in LD pattern that occasionally localized to dark degenerating neurons in toluidine blue-stained semithin cortical sections of 3K-Plb mice (see Fig. 7E). To further confirm that SCD inhibition can downregulate the excess LD buildup with 3K α S,¹³ we exposed M17D α S-3K neural cultures to 5b in vitro and analyzed lipid dve (631/655) colabeling in response to increasing 5b concentrations. The SCD inhibitor produced a dose-dependent reduction of LD-rich α S inclusions (Fig 7F).

Collectively, the above findings suggest that α S mutations that increase free monomers promote accumulation of LD, and this is significantly reduced by prolonged feeding of 5b. To attribute the changes by 5b treatment to SCD enzymatic activity, we measured the DI



FIGURE 6: Stearoyl-coenzyme A desaturase inhibitor 5b reduces vesicle-rich pS129+ aggregates, normalizes dopaminergic integrity and decreases the level of lipid droplet-associated proteins. (A) Confocal microscopy of dopaminergic striatal sections triple-labeled pSer129 (red), tyrosine hydroxylase (TH; green), and total human αS (15G7; cyan), highlighting reduced pS129 human αS puncta within TH+ nerve fiber terminals by 5b. (B) Quantification of colocalized puncta of pSer129 and TH. (C) Confocal microscopy of cortical sections triple-labeled pSer129 (red), lysosomal membrane protein 1 (LAMP1; green), and 4,6-diamidino-2-phenylindole (blue), highlighting reduced pS129+ puncta in cortical neuron soma by 5b. (D) Quantification of pSer and LAMP1. (B, D) Colocalized points of the respective dual-color confocal images were analyzed using ImageJ colocalization highlighter and then estimated for their size by the ImageJ particle analyzer plug-in. Quantification for colocalized aggregate sizes (pS129 and the nerve fiber marker TH or the somatic marker LAMP1) in n = 10 fields each of sections from each genotype. (E) Estimating relative TH+ in striatal sections of placebo (Plb) wild-type (WT) and 3K and 5b-treated WT and 3K mice. (F) High-performance liquid chromatography assay of striatal dopamine (DA) level in placebo WT and 3K, and 5b-treated WT and 3K treated mice (n = 5-8 each group; duplicate sample measurements). (G) Quantitative western blots show pS129, LAMP1 accumulation, and lipid droplet marker binding immunoglobulin protein (BiP), protein disulfide isomerase (PDI), and CTP: phosphocholine cytidylyltransferase α (CCT α) by 5b treatment. (H) Quantification of (G). Data are mean ± standard error of the mean. *p < 0.05, **p < 0.01 placebo versus 5b, 2-way analysis of variance with Tukey post hoc test or unpaired 2-tailed t test. Scale bar: 20 µm.

in WT-5b and 3K-5b versus their Plb controls, as well as in the heterozygous 3K-SKO mice and SKO-only mice by calculating the ratio of 16:1 to 16:0 FA in brain measured by LC-MS. The dosing of 5b at 40mg/kg for 120 days led to a ~70% reduction in DI (p = 0.001, 2-way ANOVA, Tukey post hoc test) in both the WT and the 3K tg mouse brain and ~53% DI reduction in 3K-SKO brain (p = 0.032, 2-way ANOVA, Tukey post hoc test; see Fig 7G).

To assess the changes in lipid classes in WT and 3K α S tg mice, we next measured the levels of lipids in the brain cortex through a discovery lipidomics approach. The most prominent changes were found in midchain glycerolipids (TGs) known to be regulated by SCD activity (see Figs 7H and 1G).⁴⁸ Paired comparisons revealed total abundance of these TGs increased in 3K-Plb versus WT (p < 0.001; see Fig 7H). The 5b treatment decreased TGs in WT brain (p = 0.05) and also the elevated TG levels in 3K mouse brain (p < 0.001).

Finally, we investigated whether the decrease in lipid-rich α S aggregates by genetic deletion of an SCD allele affected the motor performance of the 3K mice by measuring performance of 3- and 6-month-old 3K versus 3K-SKO versus SKO mice on the challenging rotarod test (see Fig 7I). Post hoc comparisons of the differences by genotype revealed the 3K-SKO crossing greatly benefitted the highly abnormal rotarod impairment of 3K mice at both 3 months (p = 0.05) and 6 months (p = 0.0002).

Discussion

Here, we assessed the ability of an orally available SCD inhibitor to prevent PD-like cytopathology in iPSCderived human neurons expressing the fPD E46K mutation and in E46K-expressing human DAergic M17D cells, as well as in "E46K-amplified" (3K) neuronal cultures, and we examined this agent in vivo in 2 distinct PDrelevant mouse models that transgenetically express either human WT α S (as occurs in almost all PD patients) or the E46K-derived 3K mutant ass. Longitudinal assessment allowed evaluation of 5b efficacy against either the mild phenotypes observed in WT α S or the markedly progressive PD-like motor syndrome of the 3K mice. We report that daily oral administration of a well-characterized, brain-penetrant SCD inhibitor significantly prevents these phenotypes, and the mechanistic target is fully supported by the genetic deletion of an SCD allele. Decreasing SCD enzymatic activity in 3K mice pharmacologically improved their more severe neuropathology, including α S insolubility and hyperphosphorylation, and ameliorated striatal DAergic fiber loss and the resultant motor decline. In WT mice, 5b prevented the buildup of pS129+ and PK-

resistant αS aggregates and subtle gait alterations. In cultured 3K neural cells and E46K-expressing human neurons, a 5b-mediated rescue of the aS T:M ratio was associated with reduced cytotoxic inclusions. The 5bmediated decrease in the 16:1/16:0 FA ratio (DI) was associated with improved partitioning of αS monomers from membranes toward principally cytosolic aS tetramers and with decreased lipid-rich α S+ aggregates. Notably, we also found a striking dose-dependent lowering of pS129+ signals in the E46K-expressing human neurons. Importantly, genetic deletion of 1 SCD allele mitigated the progressive motor decline of 3K mice, supporting the specific role of the SCD enzyme in regulating human aS pathologies in multiple PD models. These findings, which represent the first report of the ability of SCD to regulate brain aS homeostasis in vivo, highlight the physiological importance of T:M equilibrium and FA metabolism as regulators of αS .

Increasing FA Saturation in vivo Enhances Physiological α S Tetramerization and Mitigates a PD-like State

Consistent with previously reported effects of MUFAs¹⁵ and polyunsaturated FAs^{49,50} as contributing to pathological oligomerization of aS monomers in cultured neurons, the current results strongly support the hypothesis that decreasing the relative level of monounsaturated FAs protects against a PD-like syndrome in mice. Supplementation with saturated FA can stimulate neuroprotective mechanisms in human cells from PD patients¹⁵ or in PINK and PARKIN mutant PD fly models.^{51,52} In addition, both single and repeated intragastric gavage of 8:0 SFA has been associated with increased DA signaling in a methylphenyltetrahydropyridine acute PD mouse model.⁵³ With direct clinical relevance, we observe here an increase in striatal DA levels in PD-like 3K mice undergoing prolonged SCD inhibition.

How can changing the FA saturation state restore the physiological T:M ratio and mitigate the early onset and steadily progressive 3K neuropathological phenotype? Emerging evidence suggests an affinity of α S monomers for highly curved phospholipid membranes,^{54,55} as consistently observed by α S overexpression across species.^{5,56–59} Previous experimental studies reported that E46K α S has a higher affinity for binding to negatively charged vesicles than WT,²¹ likely via abnormally increased membraneinduced amphipathic helix formation,⁶⁰ and adding inregister E \rightarrow K mutations into the adjacent KTKEGV motifs in the N-terminal region further enhances this abnormality. Thus, at least 2 mechanistic explanations emerge for our therapeutic benefits of shifting the FA balance toward the saturated state: (1) direct stabilization of a



FIGURE 7: Reducing stearoyl–coenzyme A desaturase (SCD) lowers excess lipid droplets (LDs) associated with sizeable $3K-\alpha S$ aggregates, normalizes lipid profile, and rescues motor behavior in 3K mice. (A) Confocal microscopy of cortical sections labeled with pS129+ puncta (red) and an LD dye^{495/505} (green), quantified in B, or with (C) perilipin (PLIN; green) and (D) quantitation of colocalized particles using ImageJ particle size analyzer of the 8-bit images. (E) Light microscopy of toluidine blue–stained semithin sections identifies LDs (*arrows*). LDs accumulate in a neuron with dark degenerative profile in 3K-placebo (Plb; *asterisk*) versus normal neuron appearance in 3K-5b and 3K-SKO. (F) M17D cells were treated for 24 hours with dimethylsulfoxide or 5b, then transfected with YFP-tagged $3K \alpha S$ and stained with a lipid droplet dye^{631/655} (red). Representative images of cells treated for 24 hours with SCD inhibitor 5b are shown. Graph shows correlation between (fold) decrease in lipid colocalization with (fold) decrease in inclusions dependent on the 5b dose. (G) 16:1 to 16:0 fatty acid desaturation indices of placebo wild type (WT-Pbl), 3K (3K-Pbl), and treated WT-5b, 3K-5b versus 3K-SKO, SKO in mouse cortex. (H) Triglyceride (TG) lipid profiles in 120-day placebo 3K and WT and 3K-SSKO: [#]p < 0.05 and ^{##}p < 0.01 in 3K vs 3K-SKO; [#]p < 0.05, **p < 0.01, ***p < 0.001; and 3K vs 3K-SKO: [#]p < 0.05 and ^{##}p < 0.01 in 3K vs 3K-SKO; 2-way analysis of variance with Tukey post hoc test. Scale bars = $20\mu m$ (A, C, F) or $10\mu m$ (E).

proper amphipathic helix induced by the membrane binding of αS^{55} and/or (2) a decrease of the abnormal αS membrane–lipid interaction of 3K αS by creating a more protein-repellent vesicle surface. Notably, adding 16:0 SFA in the form of lyso-phosphatidylcholine micelles to pure WT αS in vitro has been reported to directly stabilize the α -helical conformation of human WT αS .⁶¹ In addition, the αS N-terminus harbors a motif homologous to a region in FA-binding proteins,⁶² which may thus facilitate the interaction of αS with FA on certain membrane lipids. Thus, in our 5b-treated mice, the relative increase in 16:0 by chronic SCD inhibition may enhance physiological αS multimerization and the proper transient nature of αS vesicle-binding, lessening the pathogenic consequences of the upstream tetramer-abrogation by the 3K mutant.

Consistent with our previous report,²² an increase in as tetramer levels and consequent decrease in excessive binding of monomers to membranes may allow normalization of the trafficking of synaptic (and other) vesicles, including those containing DA at striatal nerve terminals and LAMP1+ endolysosomal vesicles within somata. We hypothesize that a physiologic α S T:M ratio may be required for normal vesicle flux, and this is seemingly reinstated in 3K mice by SCD inhibition or genetic deletion. Notably, the consistent increases in relative αS tetramer levels in 3K mice-either by SCD inhibition in the present study or by female sex in our previous study²²argue against the assumption that intact-cell crosslinking increases and stabilizes tetramers by neutralizing the aS negative charges,⁶³ which charges would be unchanged by either of these conditions. A more plausible explanation for the beneficial results is that excess of human WT αS or mutant aS bearing E46K-derived or other fPD mutations⁹ may disturb the normal α S T:M equilibrium, and these effects are dynamic and reversible by relative increases in SFAs in membranes.

SCD Inhibition Reduces the Burden of Lipid-Rich Aggregates

3K α S inclusions in yeast and neuron PD models are vesicleand lipid-rich.^{13,20} We have shown previously²² and confirm here that such aggregates in 3K mouse brain are regulated by autophagy turnover, reminiscent of evidence for aggregate development from autophagy impairment in PD.³⁷ Interestingly, histological analyses have revealed prominent lipid-rich membranes in brainstem⁶⁴ and cortical LBs,⁶⁵ but their derivation remains unknown. Lipid dyshomeostasis is increasingly observed to concur with α S aggregation (recently reviewed⁶⁶), and several reports now exemplify how manipulations that alter lipid levels promote α S aggregate formation in vitro,⁶¹ in yeast,¹³ and in rodent and human neuronal cultures.^{13–15} We found several LD membrane markers, such as PLIN and CCT α , the latter an enzyme detected on growing LD surfaces,⁴⁶ to associate with the α S aggregates in 3K mouse brain. PLINs protect against cytoplasmic lipolysis but are stripped off by lysosomal lipases, enabling metabolic turnover of the lipid content.⁴⁷ The accumulation of these LD markers further suggests impairments in lipophagy in the 3K α S mouse brain. Using an unbiased lipidomics approach, we found SCD inhibition decreased the mutant aS-mediated upregulation of neutral lipids, namely TGs, a major LD component. Mechanistically, our results support the concept that accumulation of αS monomers may result in FA and other nutrient alterations and subsequently increase LD shuttling for lysosomal lipolysis. Thus, cytotoxicity induced by excess aS monomers may have different morphological correlates, including accumulation of LDs and autophagy stress, and these are associated with the accrual of abundant vesicle aggregates. Our results show that SCD downregulation efficiently stabilizes the α S T:M equilibrium and decreases the localization of αS on membranes measured biochemically, and with LDs in aggregates observed histologically, implying an enhancement of soluble αS homeostasis by saturated lipids.

The improvement of the αS T:M equilibrium in cytosol by SCD inhibition appears to be functionally significant, as evidenced by the striking mitigation of motor deficits in 3K mice: enhanced muscle tone³⁴ against tremor (as evidenced by the wire test) and improved gait fluidity against rigidity (as per the pole, rotarod, and gait tests). These results are consistent with our prior work showing less of motor phenotypes in 3K male mice by exposure to estrogen, which also increased the T:M ratio. Together, our previous and present findings highlight the significance of reestablishing normal tetramer levels, consistent with compelling evidence that changing lipid homeostasis, for example by miglustat treatment in GBA loss-of-function models, reduces the tetramer abrogation of Gaucher neurons.^{11,67} Interestingly, CCTa activity is increased in neuronal models of Gaucher's, 68 further supporting that changes in lipid metabolism are associated with PD-relevant phenotypes. In agreement with this observation, an excess of αS monomers, not only from αS mutations but also from loss-of-function mutations in the lysosomal lipid enzyme GBA, may be associated with more than one genetic form of PD.

Importantly, an SCD inhibitor aimed at enhancing soluble α S homeostasis in PD has recently entered a phase 1a human trial in healthy subjects (www.yumanity.com; press release, October 7, 2019). Our documentation of multiple benefits for PD-like neuropathology and motor dysfunction provides the necessary preclinical animal data to advance this novel disease-modifying approach to testing in PD patients.

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Author Contributions

S.N., X.H., J.Wa., K.H., U.D., S.F., and D.J.S. contributed to the conception and design of the study. All authors contributed to the acquisition and analysis of the data. S.N., X.H., V.L., J.Wi., U.D., S.F., and D.J.S. contributed to drafting of the text and preparation of the figures.

Potential Conflicts of Interest

D.J.S. and U.D. are consultants to Yumanity.

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