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Does adjunctive hemoadsorption with CytoSorb affect survival of COVID-19 patients on ECMO? Authors' response



We thank Thomas Köhler and co-authors for critically discussing the results of the “Cytokine adsorption in patients with severe COVID-19 pneumonia requiring extracorporeal membrane oxygenation” (CYCOV) trial that were recently published in *The Lancet Respiratory Medicine* [1,2]. We would like to take the opportunity to respond to the authors' concerns regarding the interpretation of the results of the CYCOV trial and add some clarification. We have discussed similar questions before and, in particular, have rebutted concerns that the higher mortality of patients treated with cytokine adsorption could be explained by the fact that these patients had been sicker at study inclusion [3].

Köhler et al. questioned the validity of the results by suggesting that it “seems implausible the CytoSorb should be the only difference in between the groups”. We strongly reject this concern. As described in the manuscript, patients were properly randomized and treated in both groups according to the specifications of the study protocol. Indeed, the only treatment difference was the use of CytoSorb (CytoSorbents Corporation, Monmouth Junction, NJ, USA) in the treatment group.

Furthermore, the indication for CytoSorb in the CYCOV trial was challenged. We would like to point out that currently there are no generally accepted criteria for the indication of CytoSorb or other hemoadsorption procedures [4]. We set out to examine this in the prospectively planned randomized controlled CYCOV trial. Inclusion criteria in our trial were thoroughly defined. The rationale for the use of cytokine adsorption in the CYCOV trial was not only inflammation due to coronavirus disease 2019 (COVID-19), but also additional activation of inflammatory response by the initiation of extracorporeal membrane oxygenation [5,6].

Additional concern relates to the reporting of the dose of cytokine adsorption administered to each patient. Köhler et al. suggest to report the amount-of-blood-purified (ABP) as introduced previously [7]. We understand the rationale for describing the applied dose, however, we doubt that there is sufficient evidence to promote the use of ABP. So far, ABP was only described in a small single-center analysis and was not validated externally. The relationship between CytoSorb dose determined by ABP and survival requires further investigation, particularly because of the retrospective design of the analysis and the lack of a control group [7].

We agree that comparably low interleukin (IL)-6 levels in the CYCOV trial cohort could potentially explain the missing positive effect of cytokine adsorption. It is also true that IL-6 may not be the optimal parameter for assessing the effectiveness of therapy with CytoSorb, as previously discussed [7]. This consideration is consistent with observations from another retrospective analysis [8]. However, this cannot explain the association of cytokine adsorption with mortality in the

CYCOV trial. Survival of patients treated with cytokine adsorption was significantly lower than survival in the control group (18% vs. 76%). Our observation should be taken seriously and requires that further use be carefully reviewed and monitored. We propose that additional randomized trials are required to assess hemoadsorption in patients requiring extracorporeal membrane oxygenation for severe COVID-19 acute respiratory distress syndrome. These patients should not be treated with hemoadsorption outside of clinical trials.

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Contributors

AS wrote the first draft of the manuscript, DD revised the manuscript. All authors read and approved the final manuscript.

Declaration of Competing Interest

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