# The Amino Acid Profile in Seminal Plasma of Normozoospermic Men: A Correlation Analysis with Spermiogram Parameters and Total Antioxidant Capacity

Naser Amirjannati <sup>1</sup>, Ralf Henkel <sup>2, 3, 4</sup>, Elham Hosseini <sup>5</sup>, Peyman Choopanian <sup>6</sup>, Hanieh Moghadasfar <sup>7</sup>, Babak Arjmand <sup>8, 9</sup>, Lima Asgharpour Sarouey <sup>1</sup>, Azadeh Haji Parvaneh <sup>1</sup>, Kambiz Gilany <sup>1, 10\*</sup>

1- Reproductive Biotechnology Research Center, Avicenna Research Institute, ACECR, Tehran, Iran

- 2- LogixX Pharma, Theale, Berkshire, United Kingdom
- 3- Department of Medical Bioscience, University of the Western Cape, Bellville, South Africa
- 4- Department of Metabolism, Digestion and Reproduction, Imperial College London, London, United Kingdom
- 5- Department of Obstetrics and Gynecology, School of Medicine, Zanjan University of Medical Sciences, Zanjan, Iran
- 6- Department of Applied Mathematics, Faculty of Mathematical Sciences, Tarbiat Modares University, Tehran, Iran
- 7- Avicenna Fertility Center, Avicenna Research Institute, ACECR, Tehran, Iran
- 8- Cell Therapy and Regenerative Medicine Research Center, Endocrinology and Metabolism Molecular Cellular Sciences Institute, Tehran University of Medical Sciences, Tehran, Iran
- 9- Iranian Cancer Control Center (MACSA), Tehran, Iran
- 10- Integrative Oncology Department, Breast Cancer Research Center, Motamed Cancer Institute, ACECR, Tehran, Iran

#### Abstract

**Background:** Male infertility is usually determined by the manual evaluation of the semen, namely the standard semen analysis. It is currently impossible to predict sperm fertilizing ability based on the semen analysis alone. Therefore, a more sensitive and selective diagnosis tool is required.

**Methods:** Twelve fresh semen samples were collected from fertile volunteers attending the Avicenna Fertility Center (Tehran, Iran). The seminal plasma (SP) was prepared and subjected to liquid chromatography-tandem mass spectrometry (LC-MS/MS), and the total antioxidant capacity (TAC) was analysis. Thirty-four amino acids including essential amino acids (EAA), non-essential amino acids (NEAA), and non-proteinogenic amino acids (NPAA) relative concentration were determined, and the correlation between their concentration with spermiogram parameters and TAC of the SP was analyzed.

**Results:** Significant positive correlations have been found between selected amino acids with the motility (Met and Gln,  $r_s=0.92$ ; Cys,  $r_s=0.72$ ; and Asn,  $r_s=0.82$ ), normal sperm morphology (Met,  $r_s=0.92$ ; Cys,  $r_s=0.72$ ; Glu,  $r_s=0.92$ ; and Asn,  $r_s=0.82$ ), and sperm concentration (Trp, Phe, and Ala). In contrast, several AAs, including Gly, Ser, and Ile showed negative correlations with sperm concentration ( $r_s=-0.93$ , r=-0.92, and r=-0.89, respectively). Furthermore, TAC showed a positive association only with Tyr ( $r_s=0.79$ ).

**Conclusion:** The strong positive/negative correlations between the seminal metabolic signature and spermiogram demonstrate the significance of determining metabolite levels under normal conditions for normal sperm functions. Combining the metabolome with the clinical characteristics of semen would enable clinicians to look beyond biomarkers toward the clinical interpretation of seminal parameters to explain the biological basis of sperm pathology.

**Keywords:** Amino acids, Human seminal plasma, LC-MS/MS, Spermiogram parameters, Total antioxidant capacity.

**To cite this article:** Amirjannati N, Henkel R, Hosseini E, Choopanian P, Moghadasfar H, Arjmand B, et al. The Amino Acid Profile in Seminal Plasma of Normozoospermic Men: A Correlation Analysis with Spermiogram Parameters and Total Antioxidant Capacity. J Reprod Infertil. 2023;24(4):257-268. https://doi.org/10.18502/jri.v24i4.14153.

#### Introduction

nfertility is a "modern" disease with significant social implications and a distressing impact on the psychological health of families. Globally, the infertility rate is estimated to be around 15–20% with male infertility affecting approximately half of the infertile couples. To this

Copyright © 2023, Journal of Reproduction & Infertility. All rights reserved. *J Reprod Infertil.* 2023;24(4):257-268

\* Corresponding Author: Kambiz Gilany, Ph.D., Reproductive Biotechnology Research Center, Avicenna Research Institute, ACECER, Evin, Tehran, Iran; Postal Code: 19615-1177 *E-mail:* k.gilany@avicenna.ac.ir

**Received:** Jul. 15, 2023 **Accepted:** Oct. 10, 2023

## **Original Article**

Check for updates

day, the underlying causes of the majority of male subfertility and infertility cases remain unknown (1, 2).

The assessment of male fertility status is typically conducted through a standard semen analysis, following the guidelines provided by the World Health Organization (WHO) (3). While these guidelines are applied world-wide, a more efficient, accurate, and precise semen analysis procedure is needed to reach a better understanding for prediction of male fertility potential (4). Although it is becoming more obvious today that human seminal plasma (SP) can contribute significantly to a remarkable insight about male infertility and to develop a new diagnostic test, only a limited analysis of SP is available to characterize subfertile and infertile men (5).

To our surprise, even though SP is a rich source of biological material such as proteins and metabolites, it is an underestimated biological material in the study of the male reproductive system and infertility. During the last couple of years, researchers have started paying attention to this non-invasive precious biological material using omics analytical techniques (6, 7). Specifically, metabolomics has opened a new window to a better understanding of male infertility and the development of new potential diagnostic tests (5, 8). Metabolomics is the study of the metabolome (small molecules less than 2000 Da) existing in tissues, cells, and biological fluids. Moreover, metabolites represent the end result of cellular regulatory processes, making them more closely associated with the phenotype (9). Currently, the human metabolome database contains 114,000 metabolites which is significantly less than the number of potential proteins existing in the human body (~2 million). Thereby, the study of the metabolome using high-throughput techniques is less complex and manageable than that of the proteome (10, 11).

Amino acids (AAs) are a subtype of the metabolome playing an important role in the human body and they exist in different forms in nature (12). The current AA database contains 300 AAs (13), but the exact number of AAs in nature is not known. They can be classified as proteinogeinc or non-proteinogenic AAs (NPAA) incorporated in a protein. Proteinogeinc AAs are furthermore divided into subclasses, namely essential AAs (EAA; histidine [His], lysin [Lys], isoleucine [Ile], leucin [Leu], methionine [Met], phenylalanine [Phe], threonine [Thr], tryptophane [Trp], and valine [Val]) and non-essential AAs (NEAA; alanine [Ala], arginine [Arg], asparagine [Asn], cysteine [Cys], glutamine [Gln], glutamine [Glu], glycine [Gly], serine [Ser], and tyrosine [Tyr]). While EAAs have to be included in the human diet, the NEAAs are synthesized by the human body (14-16). NPAAs (alpha-aminoadipic acid [Aad], alloisoleucine [AIle], arginosuccinate [ASA], betaaminoisobutyric acid [bAib], citrulline [Cit], gamma-aminobutyric acid [GABA], glycylproline [Gly.Pro], homocysteine [Hcy], homocysteine alanine [Hcy.Ala], homo-citrulline [HoCit], hydroxylysine [Hyl], hydroxyproline [Hyp], and ornithine [Orn]) are not involved in protein synthesis but are rather intermediate metabolites in different biochemical pathways in the human body (15, 17).

In this study, the analysis of 34 AAs from SP was done using liquid chromatography-tandem mass spectrometry (LC-MS/MS) and the levels of these AAs were compared considering sperm parameters such as sperm count, motility and normal sperm morphology, and seminal plasma total anti-oxidant capacity (TAC).

## **Methods**

*Sample collection:* Human seminal plasma samples were collected from non-alcoholic and non-smoking volunteers at Avicenna Fertility Center (Tehran, Iran) who had fathered at least one child previously and were refered to Avicenna Fertility Center for sex selection family balancing of their children. This project was approved by the ethics committee of Avicenna Research Institute, Tehran, Iran (Code: IR.ACECR.Avicenna.REC.1395. 4).

*Inclusion and exclusion criteria:* The inclusion criteria for participation in the study were: age of 20 to 40 years, normal body mass index ( $19 \leq BMI \leq 25$ ), abstinence period, and the absence of any metabolic or cardiovascular diseases.

*Evaluation of spermiogram parameters:* Twelve fresh semen samples were collected from fertile donors by masturbation following 3–4 days of sexual abstinence. The spermiogram parameters including volume, pH, sperm concentration, sperm motility, and normal sperm morphology were manually evaluated according to the 5th edition of WHO laboratory manual for the examination and processing of human semen (3). In brief, the sperm cells were counted using a Neubauer hemocytometer. Sperm morphology was assessed after Papanicolaou staining of two semen smears and at least 200 spermatozoa per replicate (total 400 spermatozoa) were evaluated using bright field nicroscopy at ×1000 magnification. Normozoospermia is defined as normal sperm morphology >4%, sperm concentration >15×10<sup>6</sup>/ml, progressive motility, and non-progressive motility  $\geq$ 40%.

Total antioxidant capacity of SP: Total antioxidant capacity (TAC) of SP was measured by an antioxidant assay kit (Dianbioassay, Tehran, Iran). TAC measurement is based on the capacity of seminal antioxidants to inhibit the oxidation of ABTS (2,20-Azino-di-[3-ethylbenzthiazolinesulphonate]) to ABTS+. The samples were prepared and the test was conducted as per manufacturer's instructions. Briefly, SP was thawed and diluted 1:10 with deionized water. Then, 20  $\mu l$  of SP were added to 180  $\mu l$  of reagent I and the absorbance was measured at 660 nm. Thereafter, 20 µl of reagent II were added, incubated in dark for 10 min, and the absorbance was read at 660 nm. The difference between the first and second absorbance measurements was calculated. Finally, the TAC value of SP was determined in  $\mu M$  using a standard curve.

LC-MS/MS analysis of free amino acids in human seminal plasma: All human seminal plasma samples were deproteinized using acetonitrile (ACN) as reagent and then analyzed by LC-MS/MS. This system is comprised of an Agilent LC 1200 series liquid chromatography with a HPLC photo diode array detector and an AB/Sciex API 3200 OTRAP LC/MS/MSn mass spectrometer. HPLC experiments were run on a C18 column (250×4.6 mm, 5  $\mu m$ ), the solvent system was tuned at a flow rate of 1 ml/min, and the solvent composition and elution followed a linear gradient of H<sub>2</sub>O: ACN, from 90% H<sub>2</sub>O to 10% for 60 min. Electrospray ionization (ESI) was set on the positive mode in a condition including sheath gas of 60 ml/min, auxiliary gas of 20 ml/min, spray voltage of 4.5 kV, capillary temperature of 200°C, capillary voltage of 46 kV, and tube lens of -60 kV. The mass range was m/z 45–1000 and the scan speed was set up to 2400 amu/s. Different combinations of collision energies were used to reproduce product ions. When stable product ions were obtained, the automated selected reaction monitoring (SRM) mode optimization was used to obtain optimal collision energies in the range from -5 V to -180V. The Analyst<sup>®</sup> software, version 1.6.2 was used

for analyzing the data. The detailed procedure of quantitative LC-MS/MS determination of 34 amino acids was conducted according to Piraud et al. (18).

Statistical analysis: Statistical analyses were performed using R version 4.0.0 (2020-04-24)--"Arbor Day" (https://www.r-project.org/). The data were analyzed for normal distribution using the Shapiro-Wilk test. Almost all data had a normal distribution. Therefore, correlation coefficients were calculated using Pearson correlation coefficients. To investigate the correlation of each parameter with the metabolites, mean centering and standardization (Auto Scaling) was applied for each sample before the correlation was calculated. Since the TAC values were less than one, Log-Transformation of the values of the metabolites was performed and they were normalized with quantile-normalization. Next, the correlation was calculated similar to other parameters.

#### **Results**

*Demographic data and spermiogram parameters:* Demographic information and semen parameters of twelve fertile volunteers are shown in table 1.

*Total antioxidant capacity:* The TAC of fertile volunteers' SP was measured to be 0.478  $mM \pm 0.15$  mM (mean  $\pm$  SD) (Table 2).

*Relative amino acids concentration:* In the present study, the distribution of 34 AAs showed significantly different concentrations in different SP

Table 1. Spermiogram parameters from fertile volunteers

Variables	Patients (N=12)				
Age (years)	37.2±5.4				
BMI $(kg/m^2)$	28.9±2.6				
Abstinence (day)	3.6±1				
Semen parameters					
Volume ( <i>ml</i> )	4.2±1.8				
pH	7.5±0.1				
Concentration $(10^6 per ml)$	43.58±12.76				
Total number (10 <sup>6</sup> per ejaculate)	175.92±84.71				
Normal morphology (%)	5.75±2.14				
Rapid progressive sperm (%)	$3.83 \pm 3.4$				
Slow progressive sperm (%)	33.33±3.25				
Total motile PR + NP (%)	37.16±2.6				
Non-progressive sperm (%)	22.5±5.4				
TAC ( <i>mM</i> )	0.478±0.15				

Values are reported as means  $\pm$  standard deviations

BMI: body mass index

TAC: total antioxidant capacity

# **IRI** Seminal Levels of Amino Acid and Sperm Parameters

Control	Concentration ( <i>mM</i> )
1	0.59
2	0.65
4	0.61
5	0.33
6	0.55
7	0.51
8	0.44
9	0.6
10	0.64
11	0.3
12	0.54
14	0.61
15	0.59
16	0.55
17	0.27
18	0.38
19	0.47
20	0.5
23	0.56
22	0.12
27	0.24
	0.478571429
	0.149307927

Table 2. Total antioxidant capacity

samples of fertile men.

*Essential amino acids:* The relative concentrations of all nine EAA, shown in figure 1, were determined by LC-MS/MS. As shown, histidine (His, 4 to 1148  $\mu$ M) and lysine (Lys, 7.1 to 2157  $\mu$ M) had the most variation. The EAA Lys was the most abundant AA found among other EAAs, while methionine (Met), tryptophan (Trp), and phenylalanine (Phe) showed the least variation.

Non-essential amino acids: The relative concentrations of eleven NEAA found in SP were analyzed. As shown in figure 2, the most abundant NEAAs with the most variation were serine (Ser, 617 to 1970  $\mu$ M) and glycine (Gly, 450 to 1666  $\mu$ M). The rest of the NEAAs including alanine, arginine, asparagine, cysteine, glutamine, glycine, proline, serine, and tyrosine showed stable concentrations with a small variation.

*Non-proteinogenic amino acids:* Fourteen NPAAs (alpha-aminoadipic acid [Aad], allo-isoleucine



**Figure 1.** Normalized relative essential amino acids (EAA) concentrations of the seminal plasma (SP) samples. The box plots show the minimum, maximum, median, and mean of the data. The relative concentration of AA ( $\mu M$ ) is given in the supplementary data. The EAA code; His: histidine, Ile: isoleucine, Leu: leucine, Lys: lysine, Met: methionine, Phe: phenylalanine, Thr: threonine, Trp: tryptophan, and Val: valine



**Figure 2.** Normalized relative non-essential amino acids (NEAA) concentrations of the seminal plasma (SP) samples. The box plots show the minimum, maximum, median, and mean of the data. The relative concentrations of amino acids ( $\mu M$ ) is given in the supplementary data. The NEAA code; Ala: alanine, Arg: arginine, Asn: asparagine, Cys: cysteine, Gln: glutamine, Gly: glycine, Pro: proline, Ser: serine, and Tyr: tyrosine

[AIIe], arginosuccinate [ASA], beta-aminoisobutyric acid [bAib], citrulline [Cit], gamma-aminobutyric acid [GABA], glycylproline [Gly.Pro], homocysteine [Hcy], homocysteine alanine [Hcy. Ala], homo-citrulline [HoCit], hydroxylysine [Hyl], hydroxyproline [Hyp], and ornithine [Orn]) were subjected to relative concentration measurement using LC-MS/MS. However, as shown in figure 3, only ornithine (Orn) concentration showed the significant relative contribution in SP (22 to 183  $\mu$ M). The rest of NPAAs did not contribute significantly to the AA profile of SP. Therefore, it was decided to exclude them from further analysis.

Correlation map of amino acids: A heatmap shows a correlation of the relative concentration of AA in the SP samples with the spermiogram parameters and TAC (Figure 4). In an overall view, there are significant positive and negative correlations between the concentrations of AAs and sperm parameters. A significant positive correlation has been found between selected amino acids including methionine, r<sub>s</sub>=0.92; glutamine, r<sub>s</sub>=0.92; cysteine,  $r_s=0.72$ ; and asparagine,  $r_s=0.82$  (p<0.0001) with the motility. Furthermore, normal sperm morphology showed significant positive correlations with methionine ( $r_s=0.92$ , p=0.0004), cysteine ( $r_s=0.72$ , p=0.007), glutamine ( $r_s=0.92$ , p=0.007), and asparagine (r<sub>s</sub>=0.82, p=0.008). Sperm concentration showed significant positive correlations with aspargine, cystine, glycine, methionine, ornithine, tryptophan, and phenylalanine (p< 0.0001) (Supplementary 1 and 2). In contrast,



**Figure 3.** Normalized relative non-proteinogenic amino acids (NPAA) concentration in the seminal plasma (SP) samples. The box plots show the minimum, maximum, median, and mean. The relative concentration of amino acids ( $\mu$ M) is given in the supplementary data. The NPAA code; Aad: al-pha-aminoadipic acid, alle: allo-isoleucine, ASA: arginosuccinate, bAib: beta-aminoisobutyric acid, Cit: citrulline, GABA: gamma-aminobutyric acid, Gly. Pro: glycylproline, Hcy: homocysteine, Hcy.Ala: homocysteine alanine, HoCit: homocitrulline, Hyl: hydroxylysine, Hyp: hydroxyproline, and Orn: ornithine





Figure 4. Heatmap of the correlation coefficients between spermiogram parameters, total antioxidant capacity (TAC), and amino acids in the seminal plasma (SP) samples. Only the amino acid that showed correlation over 70% was considered significant

several AAs, including glycylproline, serine, and isoleucine showed negative correlations with sperm concentration ( $r_s$ =-0.93,  $r_s$ =-0.92, and  $r_s$ = 0.89, respectively). The total p-value of correlation of heatmap can be found in supplementary table 3 and supplementary table 4.

### **Discussion**

Metabolomics is a rapidly emerging field within the "omics" domain, currently experiencing rapid development. Metabolomics opens a new horizon in male infertility knowledge and diagnostics. During the last decade, several studies have been published regarding male infertility using metabolomics technology (5, 8, 9). To the best of our knowledge, only one study has focused on the spermiogram parameters and metabolomic profile of fertile men (19). The existing procedure for distinguishing fertile men from infertile individuals currently lacks the necessary precision, sensitivity, selectivity, and accuracy. Therefore, the need for a better diagnostic test is undeniable. To

obtain this, a thorough study of spermiogram parameters of fertile men is needed to be conducted using more precise techniques such as metabolomics. SP is a "golden" biological fluid in the male reproductive system which has been underestimated in the diagnosis of infertile men (6, 7). From 34 AAs identified in SP, only 21 had significant relative concentrations (Figures 1-3). Moreover, the majority of non-proteinogenic AAs showed low levels of relative concentration (Figure 3). Only ornithine showed a high level of relative concentration (Figure 3). This is in agreement with findings of Engel et al. (19). Orn is the main source of non-proteinogenic AA conversion to polyamines such as spermine (20). Polyamines play a very important role in the sperm capacitation and acrosome reaction (21).

The total antioxidant capacity of SP plays an important role in infertility of men (22, 23). It is well-established that infertile men have an imbalanced TAC resulting in oxidative stress which has been linked with male infertility (4, 22). Our data show that only Tyr ( $r_s=0.79$ ) is positively correlated with TAC (Figure 4). This is in accordance with data by van Overveld et al. which demonstrated Tyr is an important contributor to the anti-oxidant capacity of SP (24).

Normal sperm morphology showed a significant positive correlation with some proteinogenic amino acids in SP (Figure 4). Among the essential amino acids (EAAs), methionine (Met) exhibited a significant positive correlation ( $r_s=0.92$ ) with normal sperm morphology. Furthermore, the synthesis of cysteine (Cys), a non-essential amino acid (NEAA), is interconnected with Met, as evidenced by their positive correlation ( $r_s=0.72$ ). Additionally, glutamine (Gln), a prominent NEAA in seminal plasma, showed a strong positive association with normal sperm morphology. Additionally, Gln transforms to asparagine (Asn) through asparagine synthetase. As shown in figure 4, Asn is positively correlated with sperm morphology  $(r_s=0.82)$ . This observation is novel since Engel et al. were not able to show any association between normal sperm morphology and AAs in SP (19). Furthermore, this data is in agreement with the recently published NMR-based data on teratozoospermia showing that Gln has an important role as a biomarker in teratozoospermia (25). Interestingly, Xu et al. also reported a positive correlation between high abnormal sperm morphology and several metabolites in seminal plasma. Specifically, high abnormal sperm morphology was found

to be positively correlated with carnitine, prostaglandin E3, leucylproline, valine, glutamyl arginine, and hypoxanthine. On the other hand, a negative correlation was observed between morphology and six other metabolites, namely butoconazole, 2-phosphoglyceric acid, prolylphenylalanine, glutamyl-se-methylselenocysteine, isopentenyl pyrophosphate, and creatine riboside (26).

Sperm motility is an important factor in the evaluation of male infertility. As illustrated in figure 4, four AAs showed a high positive correlation with rapid progressive sperm motility (a grade). Methionine (Met) and glutamine (Gln) demonstrate the highest positive correlation with sperm a. This observation is not surprising considering that the synthesis pathways of Met and Gln culminate in cysteine (Cys) and asparagine (Asn), respectively. Thus, these two AAs also show a positive correlation with sperm a  $(r_s=0.72)$ and  $r_s=0.82$ , respectively). Additionally, this data is in accordance with Zhang et al.'s findings who reported that Met and Gln, as biomarkers, play an important role in SP of asthenozoospermia patients (27). Other AAs, including proline, phenylalanine, and leucine show positive correlations with other sperm motility parameters such as slow progressive sperm motility (b grade) though the correlation coefficient was relatively low (Figure 4). Furthermore, Engel et al. did not observe any correlation between sperm motility and seminal plasma AAs (19). In order to evaluate whether these AAs make a major contribution in sperm motility, a further study, specifically including asthenozoospermic patients, is needed. The table showing total correlations can be found in supplementary table 2.

Some of the proteinogenic AAs, including tryptophan, phenylalanine, and alanine show positive correlations with sperm concentration (Figure 4). This is in agreement with Engel et al.'s and Qiao et al.'s findings (19, 28). Nevertheless, several AAs, including glycine, serine, isoleucine, had negative associations with sperm concentration. This data is in accordance with Qiao et al.'s report about a negative association of some amino acids with sperm concentration using gas chromatography-mass spectrometry (GC-MS) (28). Among the NPAA, Orn showed a high positive correlation with sperm concentration ( $r_s=0.95$ ). At the same time, it can be observed that Met and Cys have a high positive correlations with sperm concentration ( $r_s=0.96$  and  $r_s=0.96$ , respectively) (Figure 4). These three AAs are interconnected in

biochemical pathways (20). Additionally, it is not surprising since Orn converts into several polyamines which are important for sperm capacitation and acrosome reaction (21). Murgia et al. performed an untargeted metabolic analysis of SP from oligozoospermic patients (29). However, they were not able to see significant AA changes in SP from these patients.

Recognizing seminal metabolic signature and determining the cut-off levels of some notable metabolic compositions in fertile men with normal semen parameters may help to understand the underpinning mechanisms of male infertility (30).

### Conclusion

In this study, a correlation analysis was conducted between the amino acid (AA) profile of seminal plasma (SP) and spermiogram parameters obtained from fertile men. The strong positive/negative correlations between seminal metabolic signature and sperm concentration, motility, and morphology demonstrate the significance of determining metabolite concentration levels under normal conditions. Combining the metabolome with clinical characteristics of semen enables clinicians to look beyond biomarkers toward the clinical interpretation of seminal parameters to explain the biological basis of sperm pathology.

#### Acknowledgement

We would like to acknowledge the contribution of Avicenna Research institute for providing the grant that supported this study (Grant No. 940103-004).

#### **Conflict of Interest**

Authors declare no conflict of interest.

#### References

- 1. Thonneau P, Marchand S, Tallec A, Ferial M-L, Ducot B, Lansac J, et al. Incidence and main causes of infertility in a resident population (1 850 000) of three French regions (1988-1989). Hum Reprod. 1991;6(6):811-6.
- Akhondi MM, Kamali K, Ranjbar F, Shirzad M, Shafeghati S, Ardakani ZB, et al. Prevalence of primary infertility in Iran in 2010. Iran J Public Health. 2013;42(12):1398-404.
- Lue JC, Huang YF, Lu NQ. [WHO laboratory manual for the examination and processing of human semen: its applicability to andrology laboratories in China]. Zhonghua Nan Ke Xue. 2010;16 (10):867-71.

- Jafarzadeh N, Mani-Varnosfaderani A, Minai-Tehrani A, Savadi-Shiraz E, Sadeghi MR, Gilany K. Metabolomics fingerprinting of seminal plasma from unexplained infertile men: a need for novel diagnostic biomarkers. Mol Reprod Dev. 2015;82 (3):150.
- Panner Selvam MK, Finelli R, Agarwal A, Henkel R. Proteomics and metabolomics—current and future perspectives in clinical andrology. Andrologia. 2021;53(2):e13711.
- Drabovich AP, Saraon P, Jarvi K, Diamandis EP. Seminal plasma as a diagnostic fluid for male reproductive system disorders. Nat Rev Urol. 2014; 11(5):278-88.
- Gilany K, Minai-Tehrani A, Savadi-Shiraz E, Rezadoost H, Lakpour N. Exploring the human seminal plasma proteome: an unexplored gold mine of biomarker for male infertility and male reproduction disorder. J Reprod Infertil. 2015;16(2): 61-71.
- Mehrparavar B, Minai-Tehrani A, Arjmand B, Gilany K. Metabolomics of male infertility: a new tool for diagnostic tests. J Reprod Infertil. 2019;20 (2):64-9.
- Minai-Tehrani A, Jafarzadeh N, Gilany K. Metabolomics: a state-of-the-art technology for better understanding of male infertility. Andrologia. 2016; 48(6):609-16.
- 10. Gilany K, Lakpour N, Vafakhah M, Sadeghi MR. The profile of human sperm proteome; a minireview. J Reprod Infertil. 2011;12(3):193-9.
- 11. Wishart DS, Feunang YD, Marcu A, Guo AC, Liang K, Vázquez-Fresno R, et al. HMDB 4.0: the human metabolome database for 2018. Nucleic Acids Res. 2018;46(D1):D608-D17.
- 12. Bender DA. Amino acid metabolism. 3rf ed. UK: John Wiley & Sons; 2012. 480 p.
- 13. Gfeller D, Michielin O, Zoete V. SwissSidechain: a molecular and structural database of non-natural sidechains. Nucleic Acids Res. 2013;41(Database issue):D327-32.
- Massey KA, Blakeslee CH, Pitkow HS. A review of physiological and metabolic effects of essential amino acids. Amino Acids. 1998;14(4):271-300.
- Hou Y, Wu G. Nutritionally nonessential amino acids: a misnomer in nutritional sciences. Adv Nutr. 2017;8(1):137-9.
- Choi BH, Coloff JL. The diverse functions of nonessential amino acids in cancer. Cancers (Basel). 2019;11(5):675.
- Hedges JB, Ryan KS. Biosynthetic pathways to nonproteinogenic α-amino acids. Chem Rev. 2019; 120(6):3161-209.

## **JRI** Seminal Levels of Amino Acid and Sperm Parameters

- 18. Piraud M, Vianey-Saban C, Petritis K, Elfakir C, Steghens JP, Bouchu D. Ion-pairing reversed-phase liquid chromatography/electrospray ionization mass spectrometric analysis of 76 underivatized amino acids of biological interest: a new tool for the diagnosis of inherited disorders of amino acid metabolism. Rapid Commun Mass Spectrom. 2005;19(12):1587-602.
- Engel KM, Baumann S, Rolle-Kampczyk U, Schiller J, von Bergen M, Grunewald S. Metabolomic profiling reveals correlations between spermiogram parameters and the metabolites present in human spermatozoa and seminal plasma. PloS One. 2019;14(2):e0211679.
- 20. Parkhitko AA, Jouandin P, Mohr SE, Perrimon N. Methionine metabolism and methyltransferases in the regulation of aging and lifespan extension across species. Aging Cell. 2019;18(6):e13034.
- Rubinstein S, Breitbart H. Role of spermine in mammalian sperm capacitation and acrosome reaction. Biochem J. 1991;278(Pt 1)(Pt 1):25-8.
- 22. Gilany K, Jafarzadeh N, Mani-Varnosfaderani A, Minai-Tehrani A, Sadeghi MR, Darbandi M, et al. Metabolic fingerprinting of seminal plasma from non-obstructive Azoospermia patients: positive versus negative sperm retrieval. J Reprod Infertil. 2018;19(2):109-14.
- 23. Gholinezhad M, Aliarab A, Abbaszadeh-Goudarzi G, Yousefnia-Pasha Y, Samadaian N, Rasolpour-Roshan K, et al. Nitric oxide, 8-hydroxydeoxyguanosine, and total antioxidant capacity in human seminal plasma of infertile men and their relationship with sperm parameters. Clin Exp Reprod Med. 2020;47(1):54-60.

- 24. van Overveld FW, Haenen GR, Rhemrev J, Vermeiden JP, Bast A. Tyrosine as important contributor to the antioxidant capacity of seminal plasma. Chem Biol Interact. 2000;127(2):151-61.
- Mehrparvar B, Chashmniam S, Nobakht F, Amini M, Javidi A, Minai-Tehrani A, et al. Metabolic profiling of seminal plasma from teratozoospermia patients. J Pharm Biomed Anal. 2020;178:112903.
- 26. Xu Y, Lu H, Wang Y, Zhang Z, Wu Q. Comprehensive metabolic profiles of seminal plasma with different forms of male infertility and their correlation with sperm parameters. J Pharm Biomed Anal. 2020;177:112888.
- Zhang X, Diao R, Zhu X, Li Z, Cai Z. Metabolic characterization of asthenozoospermia using nontargeted seminal plasma metabolomics. Clin Chim Acta. 2015;450:254-61.
- 28. Qiao S, Wu W, Chen M, Tang Q, Xia Y, Jia W, et al. Seminal plasma metabolomics approach for the diagnosis of unexplained male infertility. PLoS One. 2017;12(8):e0181115.
- 29. Murgia F, Corda V, Serrenti M, Usai V, Santoru ML, Hurt KJ, et al. Seminal fluid metabolomic markers of oligozoospermic infertility in Human. Metabolites. 2020;10(2):64.
- Hosseini E, Amirjannati N, Henkel R, Bazrafkan M, Moghadasfar H, Gilany K. Targeted amino acids profiling of human seminal plasma from teratozoospermia patients using LC–MS/MS. Reprod Sci. 2023:1-11.

AA	Sperm_conc	Sperm_count	Non_prog	Morphology	TAC	Sperm_a	Sperm_b	Sperm_ab
Ala	0.002176	3.08E-05	0.09168	0.603728	0.220928	0.716754	0.070679	0.192612
Arg	0.41787	0.013692	0.997815	0.045753	0.869013	0.058491	0.63514	0.651073
Asn	3.42E-07	2.81E-10	0.459859	0.008171	0.020214	0.001124	0.542874	0.457102
Asp	0.041235	0.73345	0.055481	0.716184	0.113337	0.510485	0.010001	0.048845
Cys	6.67E-07	2.49E-10	0.545824	0.007353	0.015734	0.011721	0.416938	0.403977
Glu	0.010277	0.528207	0.506167	0.834447	0.204116	0.161099	0.921184	0.956169
Gln	9.81E-07	2.06E-10	0.089466	0.007353	0.012201	1.54E-06	0.319472	0.154216
Gly	1.45E-05	2.50E-06	0.86482	0.378709	0.031919	0.327865	0.716184	0.783197
His	0.081916	0.703054	0.12157	0.416938	0.163623	0.040416	0.066629	0.0348
Ile	0.000103	0.000751	0.054254	0.834447	0.035856	0.735002	0.127473	0.218387
Leu	0.287221	0.687742	0.035874	0.749479	0.04056	0.42521	0.013286	0.045753
Lys	0.01071	0.000151	0.523602	0.86898	0.181768	0.829878	0.286691	0.098752
Met	8.41E-07	1.24E-10	0.141545	0.000443	0.010667	8.47E-06	0.176577	0.161446
Orn	1.99E-06	0.000336	0.88027	0.140413	0.027366	0.222798	0.99123	0.938663
Phe	1.25E-05	5.48E-07	0.023443	0.037335	0.005725	0.090318	0.005253	0.011021
Pro	0.059862	0.01173	0.032349	0.037335	0.05378	0.060386	0.0348	0.062749
Ser	2.22E-05	8.16E-06	0.524314	0.766288	0.015824	0.411535	0.619356	0.921184
Thr	0.001687	0.008668	0.06663	0.716184	0.024488	0.342419	0.062749	0.027955
Trp	5.91E-07	2.67E-09	0.639407	0.246255	0.020544	0.405797	0.619356	0.63514
Tyr	0.299386	0.117516	0.909209	0.542874	0.004234	0.397197	0.619356	0.619356
Val	0.00134	0.001634	0.631928	0.956169	0.217637	0.823897	0.903739	0.886335

Supplementary Table 1. p-values for the correlation of semen parameters and TAC with AA

	Sperm_conc	Sperm_count	Non_prog	Morphology	TAC	Sperm_a	Sperm_b	Sperm_ab
Ala	0.002176	3.08E-05	0.09168	0.603728	0.220928	0.716754	0.070679	0.192612
Arg	0.41787	0.013692	0.997815	0.045753	0.869013	0.058491	0.63514	0.651073
Asn	3.42E-07	2.81E-10	0.459859	0.008171	0.020214	0.001124	0.542874	0.457102
Asp	0.041235	0.73345	0.055481	0.716184	0.113337	0.510485	0.010001	0.048845
Cys	6.67E-07	2.49E-10	0.545824	0.007353	0.015734	0.011721	0.416938	0.403977
Glu	0.010277	0.528207	0.506167	0.834447	0.204116	0.161099	0.921184	0.956169
Gln	9.81E-07	2.06E-10	0.089466	0.007353	0.012201	1.54E-06	0.319472	0.154216
Gly	1.45E-05	2.50E-06	0.86482	0.378709	0.031919	0.327865	0.716184	0.783197
His	0.081916	0.703054	0.12157	0.416938	0.163623	0.040416	0.066629	0.0348
Ile	0.000103	0.000751	0.054254	0.834447	0.035856	0.735002	0.127473	0.218387
Leu	0.287221	0.687742	0.035874	0.749479	0.04056	0.42521	0.013286	0.045753
Lys	0.01071	0.000151	0.523602	0.86898	0.181768	0.829878	0.286691	0.098752
Met	8.41E-07	1.24E-10	0.141545	0.000443	0.010667	8.47E-06	0.176577	0.161446
Orn	1.99E-06	0.000336	0.88027	0.140413	0.027366	0.222798	0.99123	0.938663
Phe	1.25E-05	5.48E-07	0.023443	0.037335	0.005725	0.090318	0.005253	0.011021
Pro	0.059862	0.01173	0.032349	0.037335	0.05378	0.060386	0.0348	0.062749
Ser	2.22E-05	8.16E-06	0.524314	0.766288	0.015824	0.411535	0.619356	0.921184
Thr	0.001687	0.008668	0.06663	0.716184	0.024488	0.342419	0.062749	0.027955
Trp	5.91E-07	2.67E-09	0.639407	0.246255	0.020544	0.405797	0.619356	0.63514
Tyr	0.299386	0.117516	0.909209	0.542874	0.004234	0.397197	0.619356	0.619356
Val	0.00134	0.001634	0.631928	0.956169	0.217637	0.823897	0.903739	0.886335

Supplementary Table 2. Total correlations of semen parameters and TAC with AA

		-		-	-	-		
	Sperm_conc	Sperm_count	Non_prog	Morphology	TAC	Sperm_a	Sperm_b	Sperm_ab
Ala	0.791171	0.91468	-0.5081	-0.09313	0.266489	0.117218	-0.50042	-0.41258
Arg	-0.25815	0.686419	0.000888	0.588217	0.078503	0.55962	0.10941	0.118585
Asn	0.965915	0.991841	0.236196	0.818561	-0.30433	0.818845	0.297134	0.347098
Asp	0.595074	0.110071	0.565217	0.277647	0.111469	0.210937	0.581132	0.553692
Cys	0.960988	0.992037	0.19396	0.718023	0.171855	0.697258	0.232385	0.268381
Glu	-0.70609	-0.20236	-0.21305	-0.37367	-0.20433	-0.43171	-0.23221	-0.28721
Gln	0.957809	0.992332	0.511099	0.920045	0.58283	0.953738	0.557582	0.633495
Gly	-0.92697	-0.94897	-0.05515	0.27996	0.475379	0.309344	-0.01977	-0.03606
His	0.521706	-0.12312	-0.47171	-0.52611	-0.24574	-0.597	-0.50938	-0.60469
Ile	-0.89051	-0.83376	-0.56756	-0.0008	-0.09072	0.109409	-0.51582	-0.47665
Leu	0.334945	0.129755	0.608216	0.305412	0.459609	0.254241	0.629775	0.624152
Lys	-0.70335	-0.88133	0.204579	0.04066	-0.24802	0.069576	0.184641	0.250031
Met	0.959106	0.993079	0.450594	0.915658	0.530489	0.934553	0.521294	0.590265
Orn	0.95128	0.859726	-0.04881	-0.44327	-0.13368	-0.3802	-0.08822	-0.06177
Phe	0.929128	0.962507	0.645304	0.549913	0.280204	0.509941	0.691787	0.698938
Pro	0.557137	0.697203	0.617645	0.617384	0.009873	0.556199	0.669032	0.651375
Ser	-0.92025	-0.93505	-0.20424	-0.20188	0.075733	-0.26156	-0.22219	-0.28988
Thr	-0.80233	-0.7171	-0.54542	-0.30172	-0.02808	-0.3006	-0.54567	-0.59197
Trp	0.96193	0.987176	-0.15103	0.283359	0.32862	0.264666	-0.1317	-0.1304
Tyr	0.327082	0.476274	0.03696	0.171395	0.789558	0.269364	0.055151	0.071377
Val	-0.81189	-0.80369	-0.15437	0.000299	0.388344	0.072056	-0.13478	-0.13617

Supplementary Table 3. Correlation of p-values for heat map with semen parameters and TAC

AA	Sperm_conc	Sperm_count	Non_prog	Morphology	TAC	Sperm_a	Sperm_b	Sperm_ab
Ala	0.791171	0.91468	-0.5081	-0.09313	0.266489	0.117218	-0.50042	-0.41258
Arg	-0.25815	0.686419	0.000888	0.588217	0.078503	0.55962	0.10941	0.118585
Asn	0.965915	0.991841	0.236196	0.818561	-0.30433	0.818845	0.297134	0.347098
Asp	0.595074	0.110071	0.565217	0.277647	0.111469	0.210937	0.581132	0.553692
Cys	0.960988	0.992037	0.19396	0.718023	0.171855	0.697258	0.232385	0.268381
Glu	-0.70609	-0.20236	-0.21305	-0.37367	-0.20433	-0.43171	-0.23221	-0.28721
Gln	0.957809	0.992332	0.511099	0.920045	0.58283	0.953738	0.557582	0.633495
Gly	-0.92697	-0.94897	-0.05515	0.27996	0.475379	0.309344	-0.01977	-0.03606
His	0.521706	-0.12312	-0.47171	-0.52611	-0.24574	-0.597	-0.50938	-0.60469
Ile	-0.89051	-0.83376	-0.56756	-0.0008	-0.09072	0.109409	-0.51582	-0.47665
Leu	0.334945	0.129755	0.608216	0.305412	0.459609	0.254241	0.629775	0.624152
Lys	-0.70335	-0.88133	0.204579	0.04066	-0.24802	0.069576	0.184641	0.250031
Met	0.959106	0.993079	0.450594	0.915658	0.530489	0.934553	0.521294	0.590265
Orn	0.95128	0.859726	-0.04881	-0.44327	-0.13368	-0.3802	-0.08822	-0.06177
Phe	0.929128	0.962507	0.645304	0.549913	0.280204	0.509941	0.691787	0.698938
Pro	0.557137	0.697203	0.617645	0.617384	0.009873	0.556199	0.669032	0.651375
Ser	-0.92025	-0.93505	-0.20424	-0.20188	0.075733	-0.26156	-0.22219	-0.28988
Thr	-0.80233	-0.7171	-0.54542	-0.30172	-0.02808	-0.3006	-0.54567	-0.59197
Trp	0.96193	0.987176	-0.15103	0.283359	0.32862	0.264666	-0.1317	-0.1304
Tyr	0.327082	0.476274	0.03696	0.171395	0.789558	0.269364	0.055151	0.071377
Val	-0.81189	-0.80369	-0.15437	0.000299	0.388344	0.072056	-0.13478	-0.13617

Supplementary Table 4. AA correlation of heatmap with semen parameters and TAC