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Use of dipeptidyl peptidase-4 inhibitors and prognosis of COVID-19 in hospitalized patients with type 2 diabetes: A propensity score analysis from the CORONADO study

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Abstract

Aim: To investigate the association between routine use of dipeptidyl peptidase-4 (DPP-4) inhibitors and the severity of coronavirus disease 2019 (COVID-19) infection in patient with type 2 diabetes in a large multicentric study.

Materials and Methods: This study was a secondary analysis of the CORONADO study on 2449 patients with type 2 diabetes (T2D) hospitalized for COVID-19 in 68 French centres. The composite primary endpoint combined tracheal intubation for mechanical ventilation and death within 7 days of admission. Stabilized weights were computed for patients based on propensity score (DPP-4 inhibitors users vs. non-users) and were used in multivariable logistic regression models to estimate the average treatment effect in the treated as inverse probability of treatment weighting (IPTW).

Results: Five hundred and ninety-six participants were under DPP-4 inhibitors before admission to hospital (24.3%). The primary outcome occurred at similar rates in users and non-users of DPP-4 inhibitors (27.7% vs. 28.6%; p = .68). In propensity analysis, the IPTW-adjusted models showed no significant association between the use of DPP-4 inhibitors and the primary outcome by Day 7 (OR [95% CI]: 0.95 [0.77–1.17]) or Day 28 (OR [95% CI]: 0.96 [0.78–1.17]). Similar neutral findings were found between use of DPP-4 inhibitors and the risk of tracheal intubation and death.

Conclusions: These data support the safety of DPP-4 inhibitors for diabetes management during the COVID-19 pandemic and they should not be discontinued.

KEYWORDS

DPP-4 inhibitor, observational study, type 2 diabetes

1 | INTRODUCTION

Diabetes has been evidenced as one of the main clinical factors associated with severity of coronavirus disease 2019 (COVID-19). Dipeptidyl peptidase-4 (DPP-4 [or CD26]), a transmembrane glycoprotein, expressed in endocrine cells, immune cells, endothelial cells and pneumocytes, among many tissues, is now recognized as a coronavirus receptor protein.¹ Its functions, which are incompletely unveiled, include degradation of incretins such as glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide, but also immune regulation by activation of T cells, upregulation of CD86 expression and NF-kappa B pathway, and cleavage of a number of cytokines, chemokines and growth factors.² During previous coronavirus epidemics, it was suggested that higher severity of Middle East respiratory syndrome coronavirus (MERS-CoV) infection in type 2 diabetes (T2D) could be associated with a DPP-4-mediated dysregulated immune response. The hypothesis was supported by experimental work using human-DPP-4-expressing transgenic obese mice,³ and also by a genetic association study in patients,⁴ and has been recently reviewed.⁵⁻⁷ On the other hand, administration of recombinant soluble DPP-4 attenuated lung histopathology in another preclinical study.⁸ This was consistent with the observation of lower circulating levels of soluble DPP-4 in human subjects with MERS-CoV, relative to healthy controls.9

People with T2D, whether they are obese or not, are commonly treated with DPP-4 inhibitors. There is no evidence of a higher risk of respiratory tract infections associated with the use of this class of antidiabetic drugs according to randomized controlled trials¹⁰ or observational studies.^{11,12} although a 2011 report of the World Health Organization adverse drug reactions database showed a higher prevalence of upper respiratory tract infections among users of DPP-4 inhibitors compared with users of other antidiabetic drugs.¹³ Therefore, the effects of DPP-4 inhibition on the immune response in patients with T2D remain unclear, and the critical role of regulation of cytokines during the course of COVID-19, with the burst of apparently uncontrolled immune activation a few days after the onset of the symptoms in many severely affected patients, has led to calls for caution in the use of DPP-4 inhibitors on one side, and the launch of a small clinical randomized trial to assess whether a DPP-4 inhibitor could reduce the severity of COVID-19 on the other (NCT04341935).

Thus, discrepant messages have been received by healthcare providers and people with diabetes. To the best of our knowledge, the clinical evidence they need to guide their decisions regarding the use of DPP-4 inhibitors is still limited to a small neutral case control study.¹⁴

Our purpose was to investigate the association between the use of DPP-4 inhibitors and the early severity of illness and mortality in patients with T2D hospitalized for COVID-19 infection, by using propensity score matching in the CORONADO (CORONAvirus and Diabetes Outcomes) study.

2 | MATERIALS AND METHODS

2.1 | Study design and participants

The current study was a secondary analysis of the CORONADO study (ClinicalTrials.gov NCT04324736), which aimed to describe the phenotype and prognosis of people with diabetes admitted to hospital for COVID-19 and diabetes from 10 March to 10 April 2020. The study was sponsored by CHU Nantes and was designed in accordance with the declaration of Helsinki and conducted in accordance with French legislation, with approval obtained from the local ethics committee (Groupe Nantais d'Éthique dans le Domaine de la Santé [GNEDS]), the CEREES (Comité d'Expertise pour les Recherches, les Études et les Évaluations dans le domaine de la Santé; Institut National des Données de Santé [INDS]: no. 1544730) and the CNIL (Commission Nationale de l'Informatique et des Libertés; DR-2020-155/920129). A 'non-opposition to participate' was orally collected after informed consent if feasible, according to the recommendation of the ethical committee for this observational study.

Inclusion criteria and the design of the CORONADO study have been reported elsewhere.¹⁵ For the purpose of the current subanalysis, information on the routine use of DPP-4 inhibitors (i.e. sitagliptin, vildagliptin and saxagliptin, which are commercially available in France) prior to admission was mandatory for inclusion.

Clinical and biological data have been described previously.¹⁵ In the current analysis, HbA1c and estimated glomerular filtration rate (eGFR) values correspond to the more recent routine biological determinations in the 6 and 12 months preceding admission, respectively.

2.2 | Study outcomes

The composite primary endpoint combined tracheal intubation for mechanical ventilation and death within 7 days of admission. Secondary outcomes included death on Day 7, tracheal intubation on Day 7, admission to intensive care units and discharge on Day 7. In the population still hospitalized on Day 7, these outcomes were reassessed until Day 28.

2.3 | Statistical analyses: propensity score analysis

Quantitative data are given as mean ± SD or median (25th-75th percentile). Categorical variables are given as number (%) of participants. Patients were classified into two groups according to the use of DPP-4 inhibitors prior to admission. For between-group comparisons, unpaired t-tests or Wilcoxon rank-sum tests were used for quantitative variables, while Fisher's exact tests were used for categorical variables. For missing values, a multiple imputation by chained equation using R package mice (seven replicates with 'predictive mean matching' and 'logistic regression' methods for respectively continuous and binary variables) was performed.¹⁶ After a careful study of the performance of imputation, replicates were pooled to obtain the complete dataset to conduct multivariable analyses.

To balance the distributions of baseline covariates between groups and then limit confounding bias in analyses, we estimated a propensity score (PS) with a logistic regression model on sex, age, body mass index (BMI), arterial hypertension, history of ischaemic heart disease, history of heart failure, active cancer, treated obstructive sleep apnoea (OSA), and the use of metformin, sulphonylurea, glucagon-like peptide-1 receptor agonists (GLP-1 RAs), insulin, corticosteroids, renin-angiotensin system blockers, statins, thiazide diuretics and antiplatelet therapy. In sensitivity analysis, the following complementary variables were added: eGFR using the Chronic Kidney Disease Epidemiology Collaboration equation, diabetes duration and the latest HbA1c (<6 months prior to admission). For each model, these variables were selected based on their relevance in clinical practice and statistically (p < .15 in univariable association with outcome). In the PS calculation, we did not include variables that are associated with exposition status but not with the primary endpoint, because this might have had a counterproductive effect by increasing bias and variance in the estimate of treatment effect.¹⁷ Comparability was assessed by analysing the reduction in the standardized mean difference (SMD) after PS utilization. Stabilized weights¹⁸ were computed for patients based on an overlap-weighting method and were used in multivariable logistic regression models to estimate the average treatment effect in the treated (ATT) as inverse probability of treatment weighting (IPTW).¹⁹ In addition, PS was used in Cox models to estimate IPTW hazard ratios (presented in the supporting information).

Proportional hazards assumption was carefully studied. Analyses were performed using R version 3.6.2, in particular the packages PSW,¹⁹ hrIPW²⁰ and ggplot2²¹ to estimate the treatment effect in logistic regression models, in survival models and for figures, respectively.

3 | RESULTS

3.1 | Baseline characteristics

The study population consisted of 2449 patients with T2D declaring the use of at least one antidiabetic drug prior to hospital admission for COVID-19, and available information on the primary outcome at Day 7 after admission (Figure 1). Among them, 596 were under DPP-4 inhibitors (24.3%), mainly sitagliptin (n = 424; 17.2%). The baseline characteristics of the patients according to the use of DPP-4 inhibitors are shown in Table 1. Patients using DPP-4 inhibitors were less frequently women (32.6% vs. 37.1% in non-users: p = .0455), had a lower median BMI, and less frequently a history of severe diabetic retinopathy, peripheral artery disease or non-alcoholic fatty liver disease. As expected, treatment patterns were strikingly different for antidiabetic but also cardiovascular therapies. DPP-4 inhibitor users were more frequently under metformin and less frequently under GLP-1 RAs or insulin therapy. In addition, they were more frequently under renin-angiotensin-aldosterone system blockers and less frequently under beta blockers. Upon admission, patients under DPP-4 inhibitors appeared to have a slightly more severe form of infection, with higher



FIGURE 1 Study flowchart. CCF, case report form; DPP-4, dipeptidyl peptidase-4

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TABLE 1 Clinical characteristics prior to admission of CORONADO participants according to the use of dipeptidyl peptidase-4 (DPP-4) inhibitors

				DPP-4 inhibitor before admission				
Clinical features	Available data	All	No (n = 1853)	Yes (n = 596)	p-value	SMD		
Sex (female)	2449	881/2449 (36%)	687/1853 (37.1%)	194/596 (32.6%)	.0455	9.5		
Age (years)	2449	70.9 +/- 12.5	71.1 +/- 12.8	70.3 +/- 11.5	.2339	6.3		
Ethnicity	2095				.2478	4.1		
EU		1229/2095 (58.7%)	933/1587 (58.8%)	296/508 (58.3%)				
MENA		446/2095 (21.3%)	345/1587 (21.7%)	101/508 (19.9%)	.5405			
AC		339/2095 (16.2%)	244/1587 (15.4%)	95/508 (18.7%)	.1382			
AS		81/2095 (3.9%)	65/1587 (4.1%)	16/508 (3.1%)	.3765			
BMI (kg/m²)	2150	28.7 [25.3; 32.7]	28.9 [25.5; 33.1]	28.0 [24.9; 31.6]	.0045	15.9		
Diabetes duration (years)	1483	13.9 +/- 9.6	14.1 +/- 9.9	13.2 +/- 8.3	.1274	9.9		
HbA1c (mmol/mol)	1552	64.8 +/- 20.1	64.3 +/- 19.8	66.5 +/- 21.1	.0808	11		
HbA1c (%)	1552	8.1 +/- 1.8	8.0 +/- 1.8	8.2 +/- 1.9	.0808	11		
eGFR (CKD-EPI), mL/min.1.73m ²	1606	68.0 +/- 29.4	67.7 +/- 29.7	69.1 +/- 28.3	.8628	4.8		
Hypertension	2429	1947/2429 (80.2%)	1472/1836 (80.2%)	475/593 (80.1%)	.969	0.2		
Dyslipidaemia	2375	1173/2375 (49.4%)	892/1796 (49.7%)	281/579 (48.5%)	.6351	2.3		
Tobacco use	2005	113/2005 (5.6%)	86/1532 (5.6%)	27/473 (5.7%)	.9378	0.4		
Microvascular complications ^a	1724	782/1724 (45.4%)	606/1319 (45.9%)	176/405 (43.5%)	.3793	5		
Macrovascular complications ^b	2308	923/2308 (40.0%)	719/1748 (41.1%)	204/560 (36.4%)	.0482	9.7		
Co-morbidities								
Heart failure	2329	280/2329 (12.0%)	217/1760 (12.3%)	63/569 (11.1%)	.4229	3.9		
NAFLD	2078	158/2078 (7.6%)	132/1577 (8.4%)	26/501 (5.2%)	.0205	12.7		
Liver cirrhosis	2301	62/2301 (2.7%)	49/1743 (2.8%)	13/558 (2.3%)	.5416	3		
Active cancer	2405	233/2405 (9.7%)	188/1819 (10.3%)	45/586 (7.7%)	.0596	9.3		
COPD	2394	233/2394 (9.7%)	185/1809 (10.2%)	48/585 (8.2%)	.1524	7		
Treated OSA	2268	255/2268 (11.2%)	194/1713 (11.3%)	61/555 (11.0%)	.8285	1.1		
Routine treatment before admission								
Sulphonylurea/glinide	2449	754/2449 (30.8%)	493/1853 (26.6%)	261/596 (43.8%)	<.0001	36.6		
Metformin	2449	1496/2449 (61.1%)	1048/1853 (56.6%)	448/596 (75.2%)	<.0001	40		
GLP-1 RA	2449	242/2449 (9.9%)	222/1853 (12.0%)	20/596 (3.4%)	<.0001	32.8		
Insulin therapy	2449	902/2449 (36.8%)	749/1853 (40.4%)	153/596 (25.7%)	<.0001	31.7		
Acarbose	2449	31/2449 (1.3%)	16/1853 (0.9%)	15/596 (2.5%)	.0048	12.9		
Thiazide diuretic ^c	2449	494/2449 (20.2%)	366/1853 (19.8%)	128/596 (21.5%)	.3615	4.3		
Loop diuretic	2449	495/2449 (20.2%)	388/1853 (20.9%)	107/596 (18.0%)	.1147	7.5		
MRA	2449	113/2449 (4.6%)	84/4853 (4.5%)	29/596 (4.9%)	.7366	1.6		
ARB and/or ACE inhibitor	2449	1422/2449 (58.1%)	1052/1853 (56.8%)	370/596 (62.1%)	.0225	10.8		
Beta blocker	2449	919/2449 (37.5%)	726/1853 (39.2%)	193/596 (32.4%)	.0029	14.2		
Calcium channel blocker	2449	855/2449 (34.9%)	645/1853 (34.8%)	210/596 (35.2%)	.8822	0.9		
Statin	2449	1192/2449 (48.7%)	882/1853 (47.6%)	310/596 (52.0%)	.0608	8.8		
Antiplatelet agent	2449	1039/2449 (42.4%)	780/1853 (42.1%)	259/596 (43.5%)	.5583	2.8		
Vitamin K antagonist	2449	135/2449 (5.5%)	108/1853 (5.8%)	27/596 (4.5%)	.2567	2.8		
Oral direct factor Xa inhibitor	2449	230/2449 (9.4%)	181/1853 (9.8%)	49/596 (8.2%)	.2940	5.4		
Corticosteroid	2449	129/2449 (5.3%)	109/1853 (5.9%)	20/596 (3.4%)	.0178	12.1		
COPD and/or treatment of asthma	2449	269/2449 (11%)	207/1853 (11.2%)	62/596 (10.4%)	.6019	2.5		

Abbreviations: AC, African or Caribbean; ACE inhibitor, angiotensin-converting enzyme inhibitor; ARB, angiotensin-2 receptor blocker; AS, Asian; BMI, body mass index; COPD, chronic obstructive pulmonary disease; eGFR, estimated glomerular filtration rate (according to the Chronic Kidney Disease Epidemiology Collaboration [CKD-EPI] equation); EU, Europid; GLP-1 RA, glucagon-like peptide 1 receptor agonist; MENA, Middle East North Africa; MRA, mineralocorticoid receptor agonist; NAFLD, non-alcoholic fatty liver disease; OSA, obstructive sleep apnoea; SMD, standardized mean difference.

Note: Data are presented as no. (%) and mean ± SD, or median (IQR) if not normally distributed. *p*-values are calculated using the Wald test. HbA1c corresponds to the glycated haemoglobin determined in the 6 months prior to or in the first 7 days following hospital admission.

^aA microvascular complication was defined as history of one or more of the following: diabetic kidney disease and/or severe diabetic retinopathy and/or diabetic foot ulcer.

^bA macrovascular complication was defined as a history of one or more of the following co-morbidities: acute coronary syndrome, coronary artery disease revascularization, transient ischaemic attack and/or lower limb artery revascularization.

^cThiazide diuretics and potassium-sparing diuretics.

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Clinical features	Deonle with everileble dete	АП	DPP-4 inhibitor before admis	sion	enlev-n	CIMP
		Ī	No (n = 1853)	Yes (n = 596)		2
Positive SARS-CoV-2 PCR	2374	2245/2374 (94.6%)	1704/1802 (94.6%)	541/572 (94.6%)	.9862	0.1
COVID-19 symptoms	2448	2317/2448 (94.6%)	1753/1852 (94.7%)	564/596 (94.6%)	.9823	0.1
Time between symptom onset and hospital admission (days)	2399	5 [2; 8]	5 [2; 8]	6 [2; 9]	.0162	11.5
Clinical presentation						
Fever	2414	1807/2414 (74.9%)	1366/1827 (74.8%)	441/587 (75.1%)	.861	0.8
Fatigue	2337	1456/2337 (62.3%)	1075/1770 (60.7%)	381/567 (67.2%)	.0058	13.5
Cough	2383	1606/2383 (67.4%)	1213/1799 (67.4%)	393/584 (67.3%)	.9529	0.3
Cephalalgia	2263	283/2263 (12.5%)	216/1714 (12.6%)	67/549 (12.2%)	.8061	1.2
Dyspnoea	2416	1562/2416 (64.7%)	1183/1834 (64.5%)	379/582 (65.1%)	.7864	1.3
Rhinitis and/or pharyngeal signs	2227	181/2227 (8.1%)	143/1686 (8.5%)	38/541 (7.0%)	.2811	5.5
Ageusia and/or anosmia	2129	298/2129 (14.0%)	226/1602 (14.1%)	72/527 (13.7%)	.7984	1.3
Digestive disorders	2336	775/2336 (33.2%)	584/1770 (33.0%)	191/566 (33.7%)	.7411	1.6
Chest CT imaging						
Abnormal chest CT	1735	1675/1735 (96.5%)	1245/1290 (96.5%)	430/445 (96.6%)	.9068	0.6
Ground-glass opacity/crazy paving	1712	1548/1712 (90.4%)	1145/1270 (90.2%)	403/442 (91.2%)	.5309	3.5
Biological findings						
Admission plasma glucose (mg/dL)	1834	170 [127; 236]	167 [125; 229]	185 [131; 256]	.0063	12.7
eGFR (CKD-EPI) (mL/min/1.73m ²)	2287	67.2 [41.0; 88.5]	67.1 [40.5; 88.3]	67.8 [42.5; 89.3]	.1267	4.5
ALT (% ULN)	2056	0.61 [0.42; 0.98]	0.61 [0.42; 0.98]	0.62 [0.42; 1.00]	.9831	5.3
AST (% ULN)	2023	1.06 [0.75; 1.59]	1.06 [0.75; 1.60]	1.06 [0.75; 1.55]	.4104	6.3
GGT (% ULN)	1915	0.93 [0.55; 1.73]	0.94 [0.55; 1.75]	0.92 [0.58; 1.68]	.9234	0.5
Haemoglobin (g/dL)	2387	12.7 [11.4; 14.2]	12.7 [11.4; 14.2]	12.7 [11.4; 14.1]	.8144	0.3
White cell count $(10^3/mm^3)$	2384	6600 [5000; 8820]	6530 [5000; 8890]	6685 [4985; 8718]	.5608	3.1
Lymphocyte count ($10^3/mm^3$)	2313	990 [690; 1400]	1000 [690; 1422]	920 [690; 1300]	.1322	1.7
Platelet count $(10^3/mm^3)$	2383	201 [155; 258]	201 [155; 258]	201 [156; 260]	.1425	4.8
D-dimers (µg/L)	957	880 [328; 1730]	820 [300; 1670]	1000 [430; 1894]	.2484	7.8
CRP (mg/L)	2286	86 [40.8; 146.9]	83.6 [38.2; 144]	92.8 [47.5; 149.2]	.003	5.3
LDH (UI/L)	1253	350 [262; 494]	349 [256; 485]	351 [273; 500]	.911	0.4
CPK (UI/L)	1207	132 [66; 302]	134 [65; 326]	118 [67; 252]	.3342	8.0
Fibrinogen (g/L)	1227	6.2 [5.0; 7.4]	6.2 [5.0; 7.4]	6.2 [5.0; 7.2]	.6884	5.5
Abbreviations: AST, aspartate aminotransfer: (according to the Chronic Kidney Disease Epi	ase; ALT, alanine aminotransferase; idemiology Collaboration [CKD-EPI	CPK, creatine phosphokinase; CRP,] equation); GGT, gamma-glutamyl 1	C-reactive protein; CT, computed :ransferase; LDH, lactate dehydrog	tomography; eGFR, estimated { genase; SARS-CoV-2, severe acu	glomerular filtratio ite respiratory syr	on rate Idrome
coronavirus 2; SMD, standardized mean diffe	erence; ULN, upper limit of normal.	•		:		
<i>Note</i> : Data are presented as no. (%) and mea ORs correspond to an increase of 1 SD after	$n \pm SD$, or median (IQR) if not norm standardization, except for time be	ally distributed. <i>p</i> -values are calcula tween symptoms onset and hospita	ted using the Wald test. Quantitat l admission (1-day increase).	ive variables were natural log-tr	ansformed and as	sociated

TABLE 2 COVID-19-related clinical, radiological and biological characteristics on admission of CORONADO participants according to the use of dipeptidyl peptidase-4 (DPP-4) inhibitors

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FIGURE 2 Baseline characteristics balance between dipeptidyl peptidase-4 (DPP-4) inhibitor users and non-users after propensity score use in models as inverse probability of treatment weighting. BMI, body mass index; GLP-1, glucagon-like peptide-1; IPTW, inverse probability of treatment weighting

plasma glucose and C-reactive protein (CRP) concentrations, two biological markers which have been associated with a poorer COVID-19 prognosis¹⁵ (Table 2). The information on how DPP-4 inhibitors were handled during hospitalization was recorded for 455 patients: 372 (81%) remained on treatment, including those who had a transitory suspension (n = 147 [32%]) or a change in dosage (n = 14 [3%]), while 84 (19%) had stopped treatment.

3.2 | Clinical outcomes according to the use of DPP-4 inhibitors

The primary outcome (tracheal intubation for assisted mechanical ventilation or death on Day 7 after admission) occurred at similar rates in users and non-users of DPP-4 inhibitors (27.7% vs. 28.6%; p = .6765). The same was true for each component of the primary outcome taken individually (Table S1). The pattern was similar when outcomes were reassessed at Day 28, except for a trend of a non-significant reduction in mortality in DPP-4 inhibitor users (18.1% vs. 21.8%; p = .0561) (Table **S1**).

3.3 | Propensity score analysis

Because the use of DPP-4 inhibitors and outcomes were significantly associated with some baseline characteristics that can alter the severity of COVID-19, we conducted a PS analysis to balance baseline distributions of age, sex, BMI, history of heart failure, arterial hypertension or ischaemic heart disease, and active cancer, and also regarding treatments for obstructive apnoea, antiplatelet therapy and the use of metformin, insulin, sulphonylurea, renin-angiotensin system blockers, statins, corticosteroids and thiazide diuretics. We performed a multiple imputation for the missing values. As illustrated in Figure 2, the reduction in SMD after using IPTW in models illustrated the gain in comparability between groups on baseline covariates. The IPTweighted models at Day 7 showed no association between the use of

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TABLE 3 Association between the use versus no use of dipeptidyl peptidase-4 (DPP-4) inhibitors and outcomes estimated in logistic regression models weighted by patients' inverse probability of treatment (n = 2449, imputed sample)

	Day 7				Day 28			
	Model M0 baseline variables	Model M1 M0 + eGFR using CKD-EPI	Model M2 M1 + diabetes duration + HbA1c	Model M0 baseline variables	Model M1 M0 + eGFR using CKD-EPI	Model M2 M1 + diabetes duration + HbA1c		
DPP-4 inhibitor user/population size	596/2449 (24%)							
Primary outcome	0.95 [0.77-1.17]	0.94 [0.76-1.16]	0.93 [0.75-1.15]	0.96 [0.78-1.17]	0.94 [0.77-1.15]	0.93 [0.76-1.14]		
Tracheal intubation	0.93 [0.73-1.18]	0.94 [0.74-1.19]	0.93 [0.73-1.18]	0.97 [0.77-1.22]	0.97 [0.77-1.23]	0.97 [0.77-1.23]		
Death	0.99 [0.73-1.34]	0.96 [0.71-1.30]	0.95 [0.70-1.29]	0.94 [0.74-1.18]	0.90 [0.71-1.14]	0.89 [0.70-1.12]		

Abbreviation: eGFR, estimated glomerular filtration rate (according to the Chronic Kidney Disease Epidemiology Collaboration [CKD-EPI] equation). OR [95% CI] for primary outcome (tracheal intubation for assisted mechanical ventilation and death), tracheal intubation and death.

DPP-4 inhibitors and the primary outcome or its individual component, even after further adjustment for kidney function (i.e. eGFR values), diabetes duration and HbA1c (Table 3).

4 | DISCUSSION

In the current study, we report evidence supporting the safety of the use of DPP-4 inhibitors prior to hospitalization for COVID-19 in people with T2D. These results, based on the largest cohort analysed to date to test the safety of this class of drugs during the course of the SARS-Cov-2 pandemic, thus provide reassurance in that regard.

The prevalence of the use of DPP-4 inhibitors in patients with T2D requiring hospitalization for COVID-19 from the CORONADO cohort was slightly lower than reported in previous observational studies in France (24.3% vs. 32% in Roussel et al., mostly sitagliptin,²² and 27% in Overbeek et al.²³). This is not suggestive of an increased risk of the severe form of COVID-19 because of the use of DPP-4 inhibitors in the community, prior to admission to hospital. This finding was also consistent with a recent observational study from Italy.¹⁴ In this work, similar rates of treatment with DPP-4 inhibitors were reported in people hospitalized for COVID-19 and in several control groups of people with diabetes in the community and requiring hospitalization for other causes of pneumonia.

In people with diabetes, prior studies suggested a lack of an association between the use of DPP-4 inhibitors and the occurrence of community-acquired pneumopathy from any cause,^{12,24} but also specifically because of SARS-CoV-2.¹⁴ Furthermore, recent observations reported either a reduced mortality rate^{25,26} or a neutral effect^{27,28} associated with the use of DPP-4 inhibitors prior to or during hospitalization for COVID-19, in patients with T2D. The literature already includes papers questioning a wide use of the class for preventing COVID-19 and its complications.²⁹ As thoroughly discussed in a commentary paper,³⁰ all these studies have strong limitations (some of which were shared by our current work, first of all their observational nature). These limitations were probably balanced by the potential importance of their messages during the editorial process, because of the emergency context of the ongoing pandemic. Calls for randomized trials have been made, but they will take time to be delivered, and the community is in urgent need of more evidence in the meantime.

In the CORONADO study, participants on routine DPP-4 inhibitors showed a few traits at admission presumed to be associated with a severe illness, such as a higher prevalence of fatigue, lower lymphocyte count, higher plasma D-dimer, glucose and CRP concentrations. These features underline the imperative for statistical methods to control for different characteristics in participants according to the use of DPP-4 inhibitors, with the aim of limiting residual confounding factors. Here, we used multivariable logistic regression models to estimate ATT as IPTW, elsewhere described to be less biased and associated with a lowest variance than other PS-based methods.^{31,32} With this approach, we observed similar rates of the primary outcome (combined tracheal intubation and/or death) as well as its individual components (i.e. tracheal intubation and death) both by 7 and 28 days after admission.

The possibility of a reduction in the severity of COVID-19 associated with in-hospital treatment with DPP-4 inhibitors has raised an important issue, although it is challenged because of the limitations of the study design.^{6,25,26} Indeed, COVID-19 is a multi-organ disease, and besides respiratory failure, which can lead eventually to tracheal intubation and supportive ventilation, other processes may cause death, like thrombotic disease. Therefore, we could speculate that DPP-4 inhibitors could limit the damage triggered by SARS-CoV-2 at systemic level, beyond the lung. Unfortunately, the challenges of clinical care in hospitals at the peak of epidemics in France has meant that investigations have been less accurate than usual in critical settings, and also eventually in the reporting of deaths. Therefore, these data were not collected in the current study. However, experimental and further confirmatory epidemiological data are strongly required to validate the hypothesis raised here.

As highlighted before, our study presents some limitations that should be noted. CORONADO is an observational study that collected data from people with diabetes and COVID-19 upon admission across a large number of hospitals in France. As such, it cannot provide insight into the outcomes of COVID-19 in the community. Moreover, it was not feasible to reliably collect extensive data on the use of antidiabetic drugs during the hospital stay and after hospital discharge (if any). Therefore, we cannot study the relationship between inhospital exposure to any specific drug, including DPP-4 inhibitors and outcomes. Even while the data are not exhaustive, it appears that a large majority (>80%) of patients remained on DPP-4 inhibitors after admission to hospital. In addition, our experience showed that most of the patients with diabetes were switched to insulin therapy soon after their admission. Ultimately, routine prescription of drugs does not mean that they were duly taken by patients. Drug compliance was not evaluated in this study.

Consistent with recently published evidence,²⁵⁻²⁸ the current findings did not identify any deleterious association between treatment with DPP-4 inhibitors and severe outcomes of COVID-19 in patients with T2D admitted to hospital. These data support the safe use of this class of drugs for treating diabetes during the COVID-19 pandemic and they should not be discontinued.

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CONFLICT OF INTEREST

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AUTHOR CONTRIBUTIONS

BC and RR had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. Concept and design: BC, PD, PG, SH, MP, RR and MW. Acquisition, analysis or interpretation of data: on behalf of the scientific committee of the study (the scientific committee list is available in the supporting information). Drafting of the manuscript: BC, PD, PG, SH, MP, RR and MW. Critical revision of the manuscript for important intellectual content: all co-authors. Statistical analysis: MW and TG. Patient recruitment: YA, LAB, IA, DA, SB, LB, AC, NC, CCB, EC, AD, OD, PF, BF, FG, NG, AMG, EL, SL-R, BL, LL, AM, NM, PM, IM, GP, YR, NS, PJS, PS, CV, SH, PG and BC. Fundraising: BC, PG, SH, MP and BB.

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DATA AVAILABILITY STATEMENT

No sharing of participant data is allowed by our regulatory authorities. So far, French regulations have not validated deidentified data or avatar for data sharing. Our statement might be modified in case French law changes. We will be happy to share study protocol, SAP and information document upon request. Study protocol, SAP and information documents are available with publication. Direct requests can made on The CORONADO website (https://www.diabetes-covid.org) or be directed to PI (bertrand.cariou@univ-nantes.fr) or Chairman of the scientific committee (samy.hadjadj@univ-nantes.fr). Our data-base is open for any collaborative work with priority to academic partnership. Any proposal for collaboration requires examination by the scientific committee and the sponsor (CHU Nantes). A structured application proposal for collaboration will be available on request.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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