Open Access Full Text Article

ORIGINAL RESEARCH

Dovepress

Immunogenetic Prediction of VDR Gene SNPs: Lack of Association with Susceptibility to Type I Diabetes in Jordanian Patients

Sawsan I Khdair Yazun B Jarrar Wassan Jarrar

Department of Pharmacy, Faculty of Pharmacy, Al-Zaytoonah University of Jordan, Amman, 11733, Jordan **Purpose:** The interaction of Vitamin D and its receptor plays a crucial role in immune modulation. Therefore, the relationship between the pathogenesis of type 1 diabetes and the genetic variants of Vitamin D receptor, which is involved in the activity of Vitamin D, was studied extensively in different populations. The association of Vitamin D receptor gene polymorphisms with predisposition to type 1 diabetes revealed controversial and inconclusive results. The aim of this study was to examine the association of four Vitamin D receptor polymorphisms with type 1 diabetes in Jordanian patients.

Patients and Methods: Analysis of the single nucleotide polymorphisms FokI (rs2228570), ApaI (rs7975232), TaqI (rs731236) and BsmI (rs1544410) in 100 Jordanian volunteers (50 control and 50 Type 1 diabetes patients) was performed using the highly specific New Generation Sequencing technology.

Results: The distribution of allele, genotype as well as haplotype frequencies exhibited no significant (P > 0.05) differences between type 1 diabetes patients and controls. Furthermore, no differences (P > 0.05) in the frequency of the genotypes of the Vitamin D receptor genetic variants were found in relation to the age of disease onset.

Conclusion: These findings suggest these four single nucleotide polymorphisms of the Vitamin D receptor gene seem not to be associated with type 1 diabetes predisposition in Jordanian patients. Further wide genome studies are recommended to detect other genetic variant associations with type 1 diabetes among Jordanians.

Keywords: jordan, diabetes, single nucleotide polymorphism, vitamin D receptor, genetic predisposition

Introduction

Type 1 diabetes (T1D) is considered one of the worldwide prevalent autoimmune diseases, which is characterized by the destruction of insulin-producing beta cells of the pancreas.¹ The prevalence of diabetes is rising globally as more than 1.1 million young people under the age of 20 live with T1D to date.² According to the estimations of the International Diabetes Federation (IDF), 149,400 individuals under the age of 19 years had T1D in the Middle East and North African Region (MENA) in 2019.² Jordan is one of the MENA countries but unfortunately there are no accurate numbers describing the incidence and prevalence of T1D among Jordanians due to the lack of T1D epidemiologic studies in Jordan. T1D is a multifactorial chronic disease in which the interaction of genetic, environmental, and epigenetic factors plays a crucial role. Environmental factors, nutrition, viral infections, and lifestyle habits could explain, at least in part, the increase in

Correspondence: Sawsan I Khdair Department of Pharmacy, Faculty of Pharmacy, Al-Zaytoonah University of Jordan, Amman, 11733, Jordan Tel +962795513275 Email sawsan.khdair@zuj.edu.jo

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy 2021:14 4079–4087 4079 © 2021 Khdair et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms. by and incorporate the Creative Commons Attribution — Non Commercial (unported, v3.0) License (http://creativecommons.org/licenses/by-nc/3.0/). By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission for Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.php).

_

T1D prevalence worldwide, specifically in individuals with genetic predisposition to the disease.³⁻⁵ Several genes are linked to the development of T1D such as Human Leukocyte Antigen (HLA) genes, which are considered the strongest genetic risk factors for T1D.⁶ However, among the non-HLA risk genes reported so far, the Vitamin D Receptor (VDR) gene was investigated extensively as a candidate risk gene for T1D.⁷ The VDR is located on chromosome 12 and is comprised of eight protein-encoding exons (exons 2-9) and six untranslated exons (exons 1a-1f).^{8,9} VDR is a nuclear steroid receptor which binds to vitamin D and regulates the transcription of several genes related to inflammation and immunomodulation. VDR regulates the expression of target genes by specifically binding to their promoter region.¹⁰ VD acts in the immune system by suppressing the production of some cytokines such as tumor necrosis factor (TNF), interleukin (IL)-2, IL-12, and interferon. On the other hand, VD is also able to activate the expression of other cytokines such as IL-4 and transforming growth factor-1 which in turn leads to the activation of regulatory T-cells and the downregulation of T-helper 1 cells.¹¹ VD was also shown to play a role in adaptive immunity by reducing the expression of Major Histocompatibility Complex (MHC) class II molecules on antigen-presenting cells thus regulating T-cell-mediated immune responses.³ VDR has been found in more than thirty distinct tissues such as macrophages, dendritic cells as well as pancreatic cells.¹¹ The activity of this receptor can be modulated by the presence of Single Nucleotide Polymorphisms (SNPs) in the VDR.¹² Thus, these SNPs are suggested to play a crucial role in the activity of vitamin D that may affect the risk of T1D development.³ The most reported SNPs of the VDR are: FokI (rs2228570), ApaI (rs7975232), TaqI (rs731236) and BsmI (rs1544410).¹³ The importance of these polymorphic genetic variants has been investigated in association with T1D in several populations. Several studies showed an association between some of these SNPs and an increased risk of T1D development,14-19 while other studies showed no association between these SNPs and T1D.18,20-23 Therefore, the VDR polymorphisms that predispose to the development of T1D are still controversial. In view of these inconsistent results in different populations, further studies are needed to clarify the relation between VDR genetic variants and T1D development. Accordingly, the aim of this study was to investigate the association of VDR polymorphisms with T1D in Jordanian patients. Identifying the VDR genetic variants of T1D Jordanian patients may help in future in understanding the role of VDR polymorphisms in the pathogenesis of T1D.

Materials and Methods Sample Recruitment

One hundred unrelated volunteers took part in this study; fifty healthy controls as well as fifty individuals which were diagnosed with T1D were recruited at the endocrinology department of King Abdullah University Hospital. All T1D patients were diagnosed according to the criteria of American Diabetes Associations (ADA) guidelines for Type 1 diabetes, such as testing the islets autoantibodies. T1D patients are undergoing insulin treatment, and a personalized medical nutrition therapy is also provided, exercises are also recommended. Being a Jordanian was set as an inclusion criterion for all study participants, as participants who were not of Jordanian origin were excluded from this study. Volunteers of the control group with firstdegree relatives which have T1D were excluded from this study. An exclusion criterion for the T1D group was that T1D patients with other chronic diseases such as cardiovascular diseases, liver disease, and autoimmune diseases other than T1D were not included in this study. The mean age and male/female ratio of control participants were 24.7 years and 1.63, respectively. Whereas the mean age and male/female ratio of diabetes patients were 20 years and 0.47, respectively. However, the mean age of T1D onset was 10.3 years. The clinical parameters of the volunteers are listed in Table 1. Blood samples were collected from participants after signing a consent form (IRB was obtained from the ethical committee of King Abdullah University Hospital; approval number 46/117/2018). This study complied with the Declaration of Helsinki.24

DNA Extraction and VDR Genotyping

Extraction of DNA was performed using the Wizard[®] Genomic DNA purification kit (Promega, USA). *VDR*

Table I	Clinical	Parameters	of the	Volunteers
---------	----------	------------	--------	------------

Parameters	Controls (n=50)	TID Patients (n=50)
Age (years) (mean ± SD)	24.7± 6.4	20± 9.4
Male n (%)	31 (62%)	16 (32%)
Female n (%)	19 (38%)	34 (68%)
Age of disease onset (years) (mean ± SD)	-	10.3± 7.8
Duration of diabetes (years) (mean ± SD)	-	9.7 ±7.1

Abbreviations: SD, standard deviation; n, number; %, percentage

Primer Name	Primer Sequence (5'-3')	Size (bp)
rs2228570_forward	AAGTCTCCAGGGTCAGGCAG	91
rs2228570_reverse	CTGACTCTGGCTCTGACCGT	
rs731236-forward	GGCAGCGGATGTACGTCT	92
rs731236-reverse	GCCCACAGATCGTCCTGG	
rs1544410_forward	AGGAATGTTGAGCCCAGTTCA	128
rs1544410_reverse	GAGTGTGCAGGCGATTCGTA	
rs7975232_forward	GGGATAGAGAAGAAGGCACAGG	124
rs7975232_reverse	CGGTCAGCAGTCATAGAGGG	

Table 2 Primers Used for Amplifying Specific VDR Regions ofInterest. Primer Name, Sequence, Size of PCR Fragment

Abbreviation: bp, base pairs.

genotyping was performed using amplicon sequencing with the Miseq Illumina platform. In this method, oligonucleotides are designed to amplify the VDR regions of the SNPs FokI, (rs2228570), ApaI (rs7975232), TagI (rs731236) and BsmI (rs1544410) (Table 2), followed by next-generation sequencing (NGS) performed hv Genochem World SL. (Spain). Quality of PCR products was assessed by capillary electrophoresis in the QIAxcel Advanced System (Qiagen). The MiSeq Reagent Kit v2 (300-cycle) on Miseq (Illumina platform) was used for sequencing. The four SNPs analyzed in our study were named according to the restriction endonucleases which were used originally for their identification using the Restriction Fragment Length Polymorphism (RFLP) method.²⁵ The FokI T>C genetic variant (rs2228570) is located in exon 2, the BsmI A>G genetic variant

 Table 3 VDR Allele Frequencies of TID Patients and Controls

(rs1544410) and the *ApaI* T>G genetic variant (rs7975232) are located in intron 8, and the *TaqI* T>C genetic variant (rs731236) in Exon $9.^{26}$

Linkage Disequilibrium and Haplotype Distribution

Linkage disequilibrium (LD) and haplotype analysis, of *VDR* genetic variants, for control volunteers and T1D patients was performed using the Haploview (v. 4.2) software. Measurement of LD between the *VDR* variants was done by D' and correlation coefficient (r^2).

Statistical Analysis

The Statistical Package for Social Sciences (SPSS) software was used to conduct the Statistical analysis (IBM analytics, USA). Comparison of allele, genotype, and haplotype frequencies between T1D patients and control volunteers was performed using the Chi-square (χ^2) test. Deviation from Hardy-Weinberg equation, including comparison between the observed and expected number of VDR genotypes, was tested using χ^2 . Evaluating the association between *VDR* genetic variants and the sex as well as age of disease onset of volunteers was done using Chisquare (χ^2) test. Binary logistic regression analysis was used to calculate the odds ratios (ORs) and 95% confidence intervals (CIs) to investigate the possible association VDR SNPs with T1D. When the *p*-value was less than 0.05, the results were considered significant.

Results

Our findings show allele (Table 3), genotype (Table 4) and haplotype (Table 5) frequencies of the *VDR SNPs*. All genotype frequencies of the *VDR* were in Hardy–

VDR Variant	Allele	N (Frequency)		P value ^a	Odd Ratio (95% CI)		
		Controls	TID				
rs2228570	T	28 (0.28)	31 (0.31)	0.73	1.11 (0.62–1.98)		
	C	72 (0.72)	69 (0.69)	0.85	0.95 (0.62–1.47)		
rs731236	T	62 (0.62)	58 (0.58)	0.77	0.94 (0.59–1.47)		
	C	38 (0.38)	42 (0.42)	0.70	1.11 (0.66–1.86)		
rs1544410	G	61 (0.61)	58 (0.58)	0.83	0.95 (0.60–1.50)		
	A	39 (0.39)	42 (0.42)	0.78	1.08 (0.64–1.81)		
rs7975232	G	39 (0.39)	31 (0.31)	0.42	0.79 (0.46–1.37)		
	T	61 (0.61)	69 (0.69)	0.58	1.16 (0.73–1.76)		

Notes: ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

VDR Genetic Variant	Genotyping	Genotype	N (Frequend	cy)	P value ^a	Odd Ratio
	Model		Controls	TID		(95% CI)
rs2228570	Co-dominant	тт	4 (0.08)	4 (0.08) 5 (0.10)		1.25 (0.32-4.93)
		тс	20 (0.40)	21 (0.42)	0.90	1.05 (0.51–2.17)
		СС	26 (0.52)	24 (0.48)	0.82	0.92 (0.47–1.82)
	Dominant	TT	4 (0.08)	5 (0.10)	0.75	1.25 (0.32-4.93)
		TC + CC	46 (0.92)	45 (0.90)	0.94	0.98 (0.55–1.72)
	Recessive	TT + TC	24 (0.48)	26 (0.52)	0.82	1.08 (0.55–2.14)
		сс	26 (0.52)	24 (0.48)	0.82	0.92 (0.47–1.82)
rs731236	Co-dominant	TT	18 (0.36)	15 (0.30)	0.65	0.83 (0.38–1.84)
		тс	26 (0.52)	28 (0.56)	0.83	1.07 (0.56–2.09)
		СС	6 (0.12)	7 (0.14)	0.79	1.16 (0.37–3.72)
	Dominant	тт	18 (0.36)	15 (0.30)	0.65	0.83 (0.38–1.84)
		TC + CC	32 (0.64)	35 (0.70)	0.78	1.09 (0.59–2.03)
	Recessive	TT + TC	44 (0.88)	43 (0.86)	0.94	0.97 (0.55–1.74)
		СС	6 (0.12)	7 (0.14)	0.79	1.16 (0.37–3.72)
rs1544410	Co-dominant	GG	18 (0.36)	14 (0.28)	0.54	0.78 (0.35–1.73)
		GA	25 (0.50)	30 (0.60)	0.58	1.20 (0.62–2.32)
		AA	7 (0.14)	6 (0.12)	0.79	0.85 (0.27–2.73)
	Dominant	GG	18 (0.36)	14 (0.28)	0.54	0.78 (0.35–1.73)
		GA + AA	32 (0.64)	36 (0.72)	0.71	1.12 (0.61–2.08)
	Recessive	GG + GA	43 (0.86)	44 (0.88)	0.94	1.02 (0.58–1.82)
		AA	7 (0.14)	6 (0.12)	0.79	0.85 (0.27–2.73)
rs 7975 232	Co-dominant	GG	8 (0.16)	3 (0.06)	0.16	0.38 (0.10–1.50)
		GT	23 (0.46)	25 (0.50)	0.81	1.09 (0.55–2.16)
		тт	19 (0.38)	22 (0.44)	0.69	1.16 (0.56–2.40)
	Dominant	тт	8 (0.16)	3 (0.06)	0.16	0.38 (0.10–1.50)
		GT + GG	42 (0.84)	47 (0.94)	0.70	1.12 (0.63–1.98)
	Recessive	TT + GT	31 (0.62)	28 (0.56)	0.76	0.90 (0.47–1.72)
		GG	19 (0.38)	22 (0.44)	0.69	1.16 (0.56–2.40)

Table 4 The VDR Genotype Among TID Patients and Controls

Notes: ^aStatistical analysis (chi-square test; significance when the *P* value < 0.05).

Weinberg equilibrium as shown in <u>Supplementary</u> <u>Table 1</u>. Our results showed that there is no statistical difference in allele and genotype frequencies between T1D patients and controls (Tables 3 and 4). In addition, the co-dominant, dominant and recessive genotyping models showed no statistical difference among all studied groups (Table 4). Comparison of *VDR* haplotype frequencies also showed no significant (P > 0.05)

VDR Haplotype	N (Freque	P value ^a	
rs2228570/rs731236/ rs1544410/rs7975232	Controls	TID	
C/T/G/G	15 (0.30)	8 (0.16)	0.06
C/C/A/T	14 (0.28)	15 (0.30)	0.33
C/T/G/T	6 (0.12)	9 (0.18)	0.23
T/T/G/G	5 (0.10)	8 (0.16)	0.22
T/C/A/T	4 (0.08)	5 (0.10)	0.43
T/T/G/T	3 (0.06)	3 (0.06)	0.48
T/C/G/T	I (0.02)	0	0.11
C/T/A/T	I (0.02)	I (0.02)	0.36
T/T/A/T	I (0.02)	0	0.24
C/C/G/T	0	I (0.02)	0.16

 Table 5 The VDR Haplotype Among Type I Diabetic Patients

 and Controls

Notes: ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

differences between T1D and control volunteers (Table 5). The VDR haplotype FokI (C)/ TaqI (T)/ BsmI (G)/ApaI(G) was slightly higher among the control in comparison to T1D group. This difference, however, was not statistically significant (P=0.06) (Table 5). In addition, although there is an obvious difference in the ratio of male/female among T1D patients and controls, our findings showed no proof of a genotypic association (P >0.05) of all four SNPs of the VDR with T1D in relation to sex (Table 6). Furthermore, the age of disease onset did not influence (P > 0.05) the susceptibility to T1D in Jordanian patients (Table 7). Regarding the LD of VDR variants (Figure 1), this study revealed that ApaI is in a complete LD (D'=1) with BsmI and TaqI in both control and T1D volunteers. The TaqI variant was in a strong LD among both control (D'= 0.86) and T1D (D'=0.91) volunteers. However, no difference in LD of VDR variants between the tested groups was found.

Discussion

Recent advances in molecular profiling using sequencing are considered an efficient tool for developing targeted therapy for autoimmune diseases as well as a strategic tool for early diagnosis and prevention.²⁷

VDR polymorphisms have been analyzed for their association with autoimmune diseases in different populations.^{28–31} However, association of *VDR* genetic variants with T1D were inconsistent in various ethnic groups. We conducted this study on Jordanian T1D patients to clarify the role of the well-characterized *VDR* genetic variants in genetic susceptibility to T1D, as no

such studies were done so far in Jordan. Genotyping was done using NGS, which is known to be a highly accurate sequencing technique.³² Our results show no statistical differences among all the four well-known SNPs of the VDR: FokI T>C (rs2228570), BsmI A>G (rs1544410), ApaI T>G (rs7975232), and TaqI T>C (rs731236) among T1D patients and controls. However, our findings are in line with other studies which also showed no association between the different SNPs of the VDR and T1D in different populations such as the Portuguese,³³ Chile,²² Iranian,¹⁸ Turkish,²⁰ Romanian,³⁴ Finnish,²¹ British, Norwegian and US population.³⁵ On the other hand, populations from the MENA region such as Saudi Arabia showed a difference in the frequency of one of the VDR SNPs, namely the frequency of BsmI in T1D patients compared to controls.³⁶ In addition, the Kuwaiti population detected significant differences in the frequency of two SNPs of the VDR, namely FokI and TaqI.¹⁷ Furthermore, associations of most or all of the four SNPs with T1D were reported in some populations such as the Pakistani,¹⁶ Greek and Japanese populations,^{15,19} In addition, although our results revealed no difference in LD of VDR variants between the two groups analyzed, our results showed that ApaI is in a complete LD (D'=1) with BsmI and TaqI in both control and T1D volunteers, which is in line with previous studies which showed that ApaI, BsmI, and TaqI polymorphisms are in strong LD at the 3'end of the *VDR*.^{37,38}

Although associations of *VDR* polymorphisms with T1D were extensively studied in different populations, the role of these *SNPs* in T1D development is still unclear. These conflicting findings from various populations might be explained by ethnic differences and geographic variations among different populations which could affect the frequencies of *VDR* polymorphisms.^{25,39,40} In addition, genetic susceptibility alone is not enough to induce T1D as the interaction of different other factors plays an essential role such as environmental factors, nutrition, viral infections, and lifestyle habits.^{4,5}

Concerning the power of statistical analysis, we must acknowledge that the sample size (n=50 for control group and n=50 for T1D group), with a total of 100 used is limited. However, the obviously robust effect of our results regarding the allele, genotype and haplotype frequencies give confidence in the main conclusion presented here. The results of our study provide an additional insight for a controversial issue, namely the association of VDR polymorphisms with predisposition to T1D. However, the

VDR Genetic	Genotype		N (Frequency)		P value ^a	Odd Ratio (95%
Variant		Sex	Controls	TID		CI)
rs2228570	тт	м	3 (0.09)	0	0.40	0.27 (0.01–5.6)
		F	I (0.05)	5 (0.14)	0.36	2.71 (0.30–25.70)
	тс	М	12 (0.39)	4 (0.25)	0.50	0.65 (0.18–2.32)
		F	8 (0.42)	17 (0.5)	0.74	1.18 (0.43–3.26)
	сс	М	16 (0.52)	12 (0.75)	0.45	1.45 (0.55–3.80)
		F	10 (0.53)	12 (0.35)	0.44	0.67 (0.24–1.84)
rs731236	тт	М	11 (0.35)	6 (0.37)	0.93	1.05 (0.33–3.38)
		F	7 (0.36)	9 (0.26)	0.57	0.72 (0.23–2.24)
	тс	М	16 (0.52)	9 (0.56)	0.87	1.09 (0.39–3.00)
		F	10 (0.53)	19 (0.56)	0.90	1.06 (0.41–2.74)
	сс	М	4 (0.12)	I (0.06)	0.53	0.48 (0.05-4.70)
		F	2 (0.11)	6 (0.17)	0.55	1.67 (0.31–9.13)
rs1544410	GG	М	12 (0.39)	6 (0.38)	0.96	0.96 (0.31–3.06)
		F	6 (0.32)	8 (0.24)	0.63	0.75 (0.22–2.47)
	GA	м	14 (0.45)	9 (0.56)	0.68	1.25 (0.44–3.50)
		F	11 (0.58)	21 (0.62)	0.69	1.06 (0.42–2.68)
	AA	М	5 (0.16)	I (0.06)	0.41	0.39 (0.04–3.60)
		F	2 (0.11)	5 (0.15)	0.71	1.40 (0.25–7.91)
rs 7975 232	GG	М	5 (0.16)	2 (0.13)	0.77	0.77 (0.13-4.45)
		F	3 (0.16)	I (0.03)	0.16	0.18 (0.02 1.92)
	GT	м	14 (0.45)	8 (0.50)	0.85	1.11 (0.38–3.18)
		F	9 (0.47)	17 (0.50)	0.91	1.05 (0.39–2.82)
	тт	м	12 (0.39)	6 (0.38)	0.96	0.97 (0.31–3.06)
		F	7 (0.37)	16 (0.47)	0.65	1.27 (0.45–3.65)

Table 6 The Association of Patients' VDR Genotype with TID in Relation with Sex

Notes: ^aStatistical analysis (chi-square test; significance when the *P* value < 0.05).

		Fokl (rs2228570)		P ^a Taql (rs731236)		P ^a	Bsml (nl (rs1544410)		P ^a	Apal (rs7975232)			P ^a			
		тт	тс	сс		тт	тс	сс		GG	GA	AA		GG	GТ	тт	
Age of TID onset	0–2	2 (0.22)	3 (0.33)	4 (0.44)	0.38	 (0.11)	6 (0.67)	2 (0.22)	0.44	 (0.11)	7 (0.78)	 (0.11)	0.49	0	5 (0.56)	4 (0.44)	0.85
	2–10	l (0.05)	9 (0.47)	9 (0.47)		5 (0.26)	10 (0.53)	4 (0.21)		4 (0.21)	 (0.58)	4 (0.21)		l (0.05)	8 (0.42)	10 (0.53)	
	10–18	2 (0.11)	6 (0.35)	9 (0.53)		6 (0.35)	10 (0.59)	l (0.06)		6 (0.35)	10 (0.59)	l (0.06)		2 (0.11)	8 (0.47)	7 (0.41)	
	>18	0	3 (0.60)	2 (0.40)		3 (0.60)	2 (0.40)	0		3 (0.60)	2 (0.40)	0		0	4 (0.80)	l (0.20)	

Notes: Age (years); Results are listed as number (frequency); ^aStatistical analysis (chi-square test; significance when the P value < 0.05).

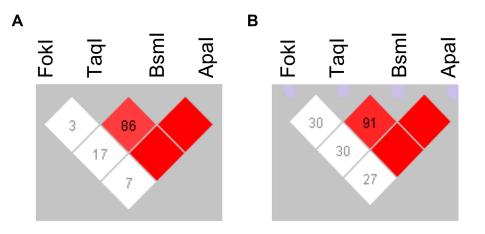


Figure I The LD of VDR genetic variants among Controls (A) and TID (B) Jordanian volunteers. The red square indicates that there is a strong, while the white one indicates the weak LD between the 2 VDR genetic variants. The number inside the squares refers to D' value. Apal is in a complete LD (D'=1) with Bsml and Taql in both control and TID volunteers. The Taql variant was in a strong LD among both control (D'= 0.86) and TID (D'=0.91) volunteers.

implication of *VDR* genetic variants with T1D is still questionable in a lot of populations, so more research in the future with larger sample sizes and larger genetic scale trials are needed.

Conclusions

In conclusion, our findings revealed that VDR genetic variants have no impact on the predisposition to T1D among Jordanian patients. Further genomic studies are recommended to detect other genetic polymorphism associations with T1D among Jordanians. This type of study highlights the necessity of global genome screening to increase the number of case-control studies worldwide thereby enriching immunotherapy for precision medicine by increasing data about different genetic variants and their association to autoimmune diseases. Moreover, previous studies showed that there is a link between glycemic control of diabetic patients and other genetic variants.⁴¹ Therefore, future wide genome studies are recommended to find out novel SNPs associated with glycemic control in diabetic patients, which could increase our understanding of the pathogenesis of diabetes and help in providing personalized therapy for patients.

Abbreviations

T1D, Type 1 diabetes; IDF, International Diabetes Federation; MENA, Middle East and North African Region; HLA, Human Leukocyte Antigen; VDR, Vitamin D Receptor; TNF, tumor necrosis factor; IL, interleukin; MHC, Major Histocompatibility Complex; SNPs, Single Nucleotide Polymorphisms; ADA, American Diabetes Associations; IRB, Institutional Review Board; NGS, next-generation sequencing; RFLP, Restriction Fragment Length Polymorphism; LD, Linkage disequilibrium; SPSS, Statistical Package for Social Sciences.

Data Sharing Statement

The data used in this study are available from the corresponding author on reasonable request.

Acknowledgments

We wish to thank Genochem World SL. (Spain) for their technical support. We also thank all the volunteers who took part in this study and Ms. Safa'a Bataineh for her help in collecting blood samples. We would also like to thank Dr. Alaa Hammad for her support during the revision process.

Funding

This study was supported by a grant from Al-Zaytoonah University of Jordan [Grant number: 31/11/2020-2021].

Disclosure

The authors report no conflicts of interest in this work.

References

- Edner NM, Heuts F, Thomas N, et al. Follicular helper T cell profiles predict response to costimulation blockade in type 1 diabetes. *Nat Immunol.* 2020;21(10):1244–1255. doi:10.1038/s41590-020-0744-z
- International Diabetes Federation. IDF Diabetes Atlas; 2019. Available from: https://diabetesatlas.org/upload/resources/material/20200302_ 133351_IDFATLAS9e-final-web.pdf. Accessed May 8, 2021.
- Infante M, Ricordi C, Sanchez J, et al. Influence of vitamin D on islet autoimmunity and beta-cell function in type 1 diabetes. *Nutrients*. 2019;11(9):1–30. doi:10.3390/nu11092185
- 4. Dotta F, Censini S, Van Halteren AGS, et al. Coxsackie B4 virus infection of β cells and natural killer cell insulitis in recent-onset type 1 diabetic patients. *Proc Natl Acad Sci U S A*. 2007;104 (12):5115–5120. doi:10.1073/pnas.0700442104

- Knip M, Simell O. Environmental triggers of type 1 diabetes. *Cold* Spring Harb Perspect Med. 2012;2:a007690. doi:10.1101/cshperspect.a007690
- Todd JA. Etiology of type 1 diabetes. *Immunity*. 2010;32(4):457–467. doi:10.1016/j.immuni.2010.04.001
- 7. Zhai N, Bidares R, Makoui MH, et al. Vitamin D receptor gene polymorphisms and the risk of the type 1 diabetes: a meta-regression and updated meta-analysis. *BMC Endocr Disord*. 2020;20(1):1–21. doi:10.1186/s12902-020-00575-8
- Crofts LA, Hancock MS, Morrison NA, Eisman JA. Multiple promoters direct the tissue-specific expression of novel N-terminal variant human vitamin D receptor gene transcripts. *Proc Natl Acad Sci* U S A. 1998;95(18):10529–10534. doi:10.1073/pnas.95.18.10529
- Taymans SE, Pack S, Pak E, et al. The human vitamin D receptor gene (VDR) is localized to region 12cen- q12 by fluorescent in situ hybridization and radiation hybrid mapping: genetic and physical VDR map. J Bone Miner Res. 1999;14(7):1163–1166. doi:10.1359/ jbmr.1999.14.7.1163
- Christakos S, Dhawan P, Verstuyf A, Verlinden L, Carmeliet G. Vitamin D: metabolism, molecular mechanism of action, and pleiotropic effects. *Physiol Rev.* 2015;96(1):365–408. doi:10.1152/ physrev.00014.2015
- Jones G, Strugnell SA, DeLuca HF. Current understanding of the molecular actions of vitamin D. *Physiol Rev.* 1998;78(4):1193–1231.
- Abouzid M, Karazniewicz-Lada M, Glowka F. Genetic determinants of vitamin D-related disorders; focus on vitamin D receptor. *Curr Drug Metab.* 2018;19(12):1042–1052. doi:10.2174/13892002196 66180723143552
- Uitterlinden AG, Fang Y, Van Meurs JB, Pols HA, Van Leeuwen JP. Genetics and biology of vitamin D receptor polymorphisms. *Gene*. 2004;338(2):143–156. doi:10.1016/j.gene.2004.05.014
- Wang G, Zhang Q, Xu N, et al. Associations between two polymorphisms (FokI and BsmI) of vitamin D receptor gene and type 1 diabetes mellitus in Asian population: a meta-analysis. *PLoS One*. 2014;9(3):e89325.
- Panierakis C, Goulielmos G, Mamoulakis D, Petraki E, Papavasiliou E, Galanakis E. Vitamin D receptor gene polymorphisms and susceptibility to type 1 diabetes in Crete, Greece. *Clin Immunol.* 2009;133(2):276–281. doi:10.1016/j.clim.2009.08.004
- Mukhtar M, Batool A, Wajid A, Qayyum I. Vitamin D receptor gene polymorphisms influence T1D susceptibility among Pakistanis. *Int J Genomics*. 2017;2017:1–6. doi:10.1155/2017/4171254
- Rasoul MA, Haider MZ, Al-Mahdi M, Al-Kandari H, Dhaunsi GS. Relationship of four vitamin D receptor gene polymorphisms with type 1 diabetes mellitus susceptibility in Kuwaiti children. *BMC Pediatr.* 2019;19(1):1–13. doi:10.1186/s12887-019-1448-0
- Mohammadnejad Z, Ghanbari M, Ganjali R, et al. Association between vitamin D receptor gene polymorphisms and type 1 diabetes mellitus in Iranian population. *Mol Biol Rep.* 2012;39(2):831–837. doi:10.1007/s11033-011-0805-3
- Ban Y, Taniyama M, Yanagawa T, et al. Vitamin D receptor initiation codon polymorphism influences genetic susceptibility to type 1 diabetes mellitus in the Japanese population. *BMC Med Genet*. 2001;2. doi:10.1186/1471-2350-2-7
- Gogas Yavuz D, Keskin L, KIyIcI S, et al. Vitamin D receptor gene BsmI, FokI, ApaI, TaqI polymorphisms and bone mineral density in a group of Turkish type 1 diabetic patients. *Acta Diabetol*. 2011;48 (4):329–336. doi:10.1007/s00592-011-0284-y
- Turpeinen H, Hermann R, Vaara S, et al. Vitamin D receptor polymorphisms: no association with type 1 diabetes in the Finnish population. *Eur J Endocrinol*. 2003;149(6):591–596. doi:10.1530/ eje.0.1490591
- 22. Angel B, Santos JL, Carrasco E, Albala C, Pérez-Bravo F. Vitamin D receptor polymorphism and susceptibility to type 1 diabetes in Chilean subjects: a case-parent study. *Eur J Epidemiol*. 2004;19 (12):1085–1087. doi:10.1007/s10654-004-1026-z

- Thorsen SU, Mortensen HB, Carstensen B, et al. No association between type 1 diabetes and genetic variation in vitamin D metabolism genes: a Danish study. *Pediatr Diabetes*. 2014;15 (6):416–421. doi:10.1111/pedi.12105
- World Medical Association. World medical association declaration of Helsinki: ethical principles for medical research involving human subjects. *JAMA*. 2013;310(20):2191–2194. doi:10.1001/ jama.2013.281053
- 25. Tizaoui K, Kaabachi W, Hamzaoui A, Hamzaoui K. Contribution of VDR polymorphisms to type 1 diabetes susceptibility: systematic review of case – control studies and meta-analysis. J Steroid Biochem Mol Biol. 2014;143:240–249. doi:10.1016/j.jsbmb.2014.03.011
- Penna-Martinez M, Badenhoop K. Inherited variation in vitamin D genes and type 1 diabetes predisposition. *Genes.* 2017;8(4):2–9. doi:10.3390/genes8040125
- Ma Y, Shi N, Li M, Chen F, Niu H. Applications of next-generation sequencing in systemic autoimmune diseases. *Genom Proteom Bioinform*. 2015;13(4):242–249. doi:10.1016/j.gpb.2015.09.004
- Kriegel MA, Manson JE, Costenbader KH. Does vitamin D affect risk of developing autoimmune disease?: A systematic review. *Semin Arthritis Rheum*. 2011;40(6):512–531. doi:10.1016/j.semarthrit.2010.07.009
- Aydngz IE, Bingül I, Doğru-Abbasoğlu S, Vural P, Uysal M. Analysis of vitamin D receptor gene polymorphisms in vitiligo. *Dermatology*. 2012;224(4):361–368. doi:10.1159/000339340
- 30. Lin WY, Wan L, Tsai CH, Chen RH, Lee CC, Tsai FJ. Vitamin D receptor gene polymorphisms are associated with risk of Hashimoto's thyroiditis in Chinese patients in Taiwan. J Clin Lab Anal. 2006;20(3):109–112. doi:10.1002/jcla.20110
- Mukhtar M, Sheikh N, Suqaina SK, et al. Vitamin D receptor gene polymorphism: an important predictor of arthritis development. *Biomed Res Int.* 2019;2019:1–8. doi:10.1155/2019/8326246
- 32. Behjati S, Tarpey PS. What is next generation sequencing? Arch Dis Child Educ Pract Ed. 2013;98(6):236–238. doi:10.1136/archdischild-2013-304340
- 33. Lemos MC, Fagulha A, Coutinho E, et al. Lack of association of vitamin D receptor gene polymorphisms with susceptibility to type 1 diabetes mellitus in the Portuguese population. *Hum Immunol.* 2008;69(2):134–138. doi:10.1016/j.humimm.2008.01.008
- 34. Guja C, Marshall S, Welsh K, et al. The study of CTLA-4 and vitamin D receptor polymorphisms in the Romanian type 1 diabetes population. *J Cell Mol Med.* 2002;6(1):75–81. doi:10.1111/j.1582-4934.2002.tb00312.x
- 35. Nejentsev S, Cooper JD, Godfrey L, et al. Analysis of the vitamin D receptor gene sequence variants in type 1 diabetes. *Diabetes*. 2004;53(10):2709–2712. doi:10.2337/diabetes.53.10.2709
- 36. Iyer A, Lanham-New S, Khoja S, Al-Ghamdi M, Al Doghaither H. Relationship between vitamin d receptor gene polymorphisms and type 1 diabetes mellitus in Saudi patients. *Int J Pharmacol.* 2017;13 (8):1092–1097. doi:10.3923/ijp.2017.1092.1097
- Zmuda JM, Cauley JA, Ferrell RE. Molecular epidemiology of vitamin D receptor gene variants. *Epidemiol Rev.* 2000;22(2):203–217. doi:10.1093/oxfordjournals.epirev.a018033
- Thakkinstian A, D'Este C, Attia J. Haplotype analysis of VDR gene polymorphisms: a meta-analysis. *Osteoporos Int.* 2004;15 (9):729–734. doi:10.1007/s00198-004-1601-x
- 39. Sahin OA, Goksen D, Ozpinar A, Serdar M, Onay H. Association of vitamin D receptor polymorphisms and type 1 diabetes susceptibility in children: a meta-analysis. *Endocr Connect.* 2017;6(3):159–171. doi:10.1530/EC-16-0110
- 40. Savastio S, Cadario F, Beux S, et al. Vitamin D and type I diabetes. *Open Rheumatol J.* 2018;12(1):289–299. doi:10.2174/18743129 01812010289
- 41. Kassem DH, Adel A, Sayed GH, Kamal MM. A novel SERPINB1 single-nucleotide polymorphism associated with glycemic control and β-cell function in Egyptian type 2 diabetic patients. *Front Endocrinol.* 2020;11:1–8. doi:10.3389/fendo.2020.00450

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

Dovepress

Publish your work in this journal

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy is an international, peer-reviewed open-access journal committed to the rapid publication of the latest laboratory and clinical findings in the fields of diabetes, metabolic syndrome and obesity research. Original research review acces renerts huncheris formation envert environ research, review, case reports, hypothesis formation, expert opinion

and commentaries are all considered for publication. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit http://www.dovepress.com/testimonials.php to read real quotes from published authors.

 $\label{eq:submit} Submit your manuscript here: \ https://www.dovepress.com/diabetes-metabolic-syndrome-and-obesity-targets-and-therapy-journal states and the syndrome-and-obesity-targets-and-therapy-journal states and targets and ta$

