

Silencing of long non-coding RNA NEAT1 improves Treg/Th17 imbalance in preeclampsia via the miR-485-5p/AIM2 axis

Jiyiing Chen^a, Yonggang Zhang^b, Wenqing Tan^c, Hanchao Gao^d, Shuixiu Xiao^a, Jinhua Gao^a, and Zhiying Zhu^a

^aDepartment of Obstetrics and Gynecology, Shenzhen Longhua District Central Hospital, Guangdong Medical University Affiliated Longhua District Central Hospital, Shenzhen, China; ^bDepartment of Clinical Laboratory, Shenzhen Longhua District Central Hospital, Guangdong Medical University Affiliated Longhua District Central Hospital, Shenzhen, China; ^cDepartment of General Practice, Shenzhen Longhua District Central Hospital, Guangdong Medical University Affiliated Longhua District Central Hospital, Shenzhen, China; ^dDepartment of Medical Laboratory, Shenzhen Longhua District Central Hospital, Guangdong Medical University Affiliated Longhua District Central Hospital, Shenzhen, China

ABSTRACT

T-regulatory (Treg)/T-helper 17 (Th17) imbalance is associated with preeclampsia (PE). Herein, we aimed to explore the effect and mechanism of lncRNA NEAT1 on the Treg/Th17 balance. The levels of nuclear enriched abundant transcript 1 (NEAT1), miR-485-5p, and absent in melanoma 2 (AIM2) in CD4⁺ T cells were determined using real-time quantitative polymerase chain reaction (RT-qPCR). Treg and Th17 cells were examined using flow cytometry. The relationship between miR-485-5p and NEAT1 or AIM2 was assessed using a dual-luciferase reporter assay. Pearson's correlation coefficient was used to analyze the correlation. All the data indicated that NEAT1 was upregulated in PE. The number of Treg cells decreased and was negatively related to NEAT1, whereas the number of Th17 cells increased and was positively related to NEAT1 in PE. Knockdown of NEAT1 increased the Treg cells and Treg/Th17 but decreased Th17 cells. Furthermore, NEAT1 sponges miR-485-5p to suppress the target AIM2 levels. Inhibition of miR-485-5p or upregulation of AIM2 abrogated the effect on Treg/Th17 balance induced by knockdown of NEAT1. In conclusion, silencing of NEAT1 promoted Treg/Th17 balance via the miR-485-5p/AIM2 axis in PE, suggesting that NEAT1 is a potential target for the treatment of PE.

ARTICLE HISTORY

Received 14 July 2021
Revised 11 September 2021
Accepted
12 September 2021



KEYWORDS

Preeclampsia; neat1; lncRNA; treg/th17; miR-485-5p/aim2 axis

Introduction

Preeclampsia (PE) is a common complication of pregnancy that manifests as multiple organ dysfunction [1]. It is defined as hypertension after 20 weeks of gestation with proteinuria of no less than 0.3 g/day [2]. PE can be divided into early or late onset, diagnosed before or after 34 weeks of gestation, respectively [3]. Globally, PE affects about 4% of pregnant women every year and may lead to perinatal maternal and fetal death [4]. Without timely, effective prevention and treatment, PE develops into more severe eclampsia with seizures [5]. However, because the pathogenesis of PE remains unclear, there is currently no complete cure for PE. The only clinical solution is to end the pregnancy and deliver the fetus and placenta [1]. Therefore, it is necessary to further explore the pathogenesis of PE and identify effective treatment strategies.

Long non-coding RNAs (lncRNAs) are transcripts with lengths of > 200 nt. They can only modulate gene expression in the form of RNA, and do not encode proteins. Recent studies have shown the involvement of lncRNAs in epigenetic regulation, chromatin modification, and transcriptional activation or interference [6]. Dysregulation of lncRNAs is implicated in the incidence and progression of diseases, such as cardiovascular diseases, degenerative diseases, diabetes, and cancer [7,8]. lncRNAs play significant roles in PE by regulating cellular processes, such as proliferation, differentiation, metastasis, and apoptosis [9,10]. The lncRNA NEAT1 is a structural part of paraspeckles and is crucial for RNA stability, isoform conversion, and paraspeckle assembly [11]. NEAT1 participates in the pathogenesis of malignancies [12]. However, the specific function of NEAT1 in PE has not yet been elucidated.

CONTACT Jiyiing Chen  dr.chenjiying@hotmail.com  Department of Obstetrics and Gynecology, Shenzhen Longhua District Central Hospital, 187 Guanlan Avenue and Fucheng Street, Longhua District, Shenzhen, Guangdong, China

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T-helper 17 (Th17) and T-regulatory (Treg) cells differentiate from T cells. Th17 cells promote inflammation through the production of IL-17, whereas Treg cells are specific suppressors of inflammation [13]. Balance between Tregs and Th17 cells is involved in immune homeostasis [14]. The differentiation of Treg and Th17 cells depends on the upregulation of Foxp3 in Tregs and ROR γ t in Th17 cells [15]. Treg/Th17 imbalance is associated with PE, which may be due to improper activation of the immune system during PE onset [16]. However, the mechanism of Treg/Th17 in PE remains unclear.

In this study, we aimed to explore the relationship between NEAT1 and Treg/Th17 balance in PE. We assumed that silencing of NEAT1 prevents Treg/Th17 imbalance in PE and the miR-485-5p/AIM2 axis is the molecular mechanism. These findings suggest that NEAT1 is a potential target for the treatment of PE.

Materials and methods

Subjects

This study was approved by the Shenzhen Longhua District Central Hospital (approval code No. 2,018,102,503). Written informed consent was obtained from each subject prior to the study. Participants included pregnant women (n = 25) diagnosed with PE, as well as 25 healthy pregnant women as a control. Subjects enrolled in our study were natural singleton pregnancy. Patients with the following diseases were excluded from this study: autoimmune diseases, pre-pregnancy chronic hypertension, cancer, and other pregnancy complications. Whole blood samples were collected from all subjects.

Cell collection and culture

Peripheral blood mononuclear cells (PBMCs) were isolated from the blood of healthy pregnant women and patients with PE. The isolation was performed using Ficoll–Hypaque with density gradient centrifugation. Venous blood (2 mL) collected from all subjects was mixed with Hank's solution (2 mL). After adding 2 mL Ficoll–Hypaque solution (MP Biomedicals, Aurora, OH,

USA), the samples were centrifuged at 2000 r/min for 5 min. Next, the mononuclear cell layer was transferred to another centrifuge tube, mixed with Hank's solution, and centrifuged at 2000 r/min for 5 min. After washing with Hank's solution, PBMCs were maintained in PBMC complete medium (Procell, Wuhan, China) at 37°C with 5% CO₂.

CD4⁺ T cells were isolated from PBMCs using the EasySep™ Human CD4⁺ T Cell Isolation Kit (StemCell Technologies, Vancouver, BC, Canada). Briefly, 5 × 10⁷ cells were incubated with cocktail (50 μL) for 5 min and the samples were mixed with RapidSpheres (50 μL) and the EasySep™ Buffer was added up to 2.5 mL. The samples were then incubated with a magnet for 3 min at 25°C. After removing the magnet, an enriched cell suspension remained.

Bioinformatic analysis

Microarray analysis was performed on the Human LncRNA + mRNA Array 4.0 platform using R language. LncRNAs (Log₂ ≥ 2 and P < 0.05) were chosen to create a heatmap. The targets of NEAT1 or miR-485-5p were predicted using the Starbase (<http://starbase.sysu.edu.cn/starbase2/index.php>) or TargetScan (http://www.targetscan.org/vert_72/) online tool.

Reverse transcription-quantitative PCR (RT-qPCR)

Total RNA was isolated using TRNzol Universal Reagent (TIANGEN, Beijing, China). To detect NEAT1 and AIM2, RT and qPCR were conducted using the FastKing One Step RT-qPCR Kit (SYBR Green) (TIANGEN) following the manufacturer's protocol. The reaction conditions of RT-qPCR were 50°C for 30 min, 95°C for 3 min, 40 cycles of 95°C for 15 sec and 60°C for 30 sec. The reaction system (50 μL) of RT-qPCR includes 1× FastKing RT-qPCR Buffer (25 μL), 1× RT-PCR Enzyme Mix (2 μL), 10 μM forward primer (1.25 μL), 10 μM reverse primer (1.25 μL), 1 μg total RNA (10 μL), and Rnase-free ddH₂O (10.5 μL). *GAPDH* was used for normalization. To examine miR-485-5p, RT was conducted using the miRcute miRNA First-Strand cDNA Synthesis Kit (TIANGEN) at 37°C for 60 min after treating

with Poly(A). qPCR was performed using the miRcute miRNA qPCR Detection Kit (TIANGEN) with the following conditions: 94°C for 2 min, 40 cycles of 94°C for 20 sec and 60°C for 34 sec. The reaction system (20 μ L) of qPCR includes 1x miRcute miRNA Premix (10 μ L), 200 nM forward primer (0.4 μ L), 200 nM reverse primer (0.4 μ L), First-Strand cDNA (2 μ L), and RNase-free ddH₂O (7.2 μ L). *U6* was used for normalization. qPCR was performed using a LineGene Real Time PCR system (Bioer, Hangzhou, China). Relative expression was analyzed using the $2^{-\Delta\Delta CT}$ method.

Cell transfection

Small interfering RNA negative control (si-NC), si-NEAT1#1, si-NEAT1#2, miR-485-5p inhibitor, inhibitor NC, pcDNA3.1, and pcDNA3.1-AIM2 were acquired from GenePharma (Shanghai, China). Cell transfection in CD4⁺ T cells isolated from patients with PE was assessed using the Human T Cell Nucleofector Kit on an Amaxa 4D-Nucleofector Electroporation system (Lonza, Basel, Switzerland) for 48 h.

Flow cytometry

Cells were stained with FITC-conjugated anti-mouse CD4 and then permeabilized with Foxp3 staining buffer. Next, the cells were stained with PE-conjugated anti-mouse Foxp3 (0.125 μ g) or PE-conjugated anti-mouse ROR γ t (0.125 μ g) and kept in the dark at 4°C for 40 min. Antibodies were obtained from eBioscience (San Diego, CA, USA). Flow cytometry was performed using a CytoFLEX (V2-B2-R2) instrument (Beckman Coulter, Fullerton, CA, USA) [17].

Dual-luciferase reporter assay

Wild type (WT) and mutant sequences of NEAT1 and AIM2 were cloned into the Pmir-Glo vector (Promega, Madison, USA) to construct the recombinant plasmids. HEK293T cells were co-transfected with mimics or NC and WT or mutant (MUT) reporter plasmids using Lipofectamine 2000 (Invitrogen, Carlsbad, USA) for 48 h. The

fluorescence signals were measured using the Luciferase Assay System (Promega).

Western blot

Total protein was isolated using RIPA lysis buffer (Beyotime, Shanghai, China). After testing the protein concentration using BCA Kit (TIANGEN), each protein sample was separated using 10% SDS-PAGE and transferred onto PVDF membranes. After blocking using 5% nonfat milk, the membranes were incubated with anti-AIM2 at 4°C overnight and then incubated with secondary antibody at 25°C for 2 h. Protein bands were visualized using ECL reagent (Beyotime) and quantified using Image J software (version 1.8.0; National Institutes of Health, Bethesda, Maryland, USA).

Statistical analysis

Data were analyzed using GraphPad Prism 8.0 software (San Diego, USA) and are shown as mean \pm SD. Student's *t*-test and one-way ANOVA were used to evaluate the significance between and among groups, respectively. Pearson's correlation coefficient was used to analyze the correlation.

Results

The present study aimed to investigate the effect of NEAT1 on Treg/Th17 balance in PE and further revealed the potential molecular mechanism. In this study, we found a loss of NEAT1 improves Treg/Th17 imbalance by regulating the miR-485-5p/AIM2 axis in PE. This study may provide a new insight to treat PE.

NEAT1 is upregulated in PE and associated with Treg/Th17 balance

According to the microarray results, NEAT1 expression was predicted to be higher in patients with PE than in healthy pregnant women (Figure 1(a)). The results of RT-qPCR proved that NEAT1 expression was significantly elevated in the PE group ($P < 0.001$; Figure 1(b)). The percentage of Treg cells significantly decreased in PE ($P < 0.001$), which negatively correlated with NEAT1 levels ($P = 0.0003$, $R = -0.6650$;

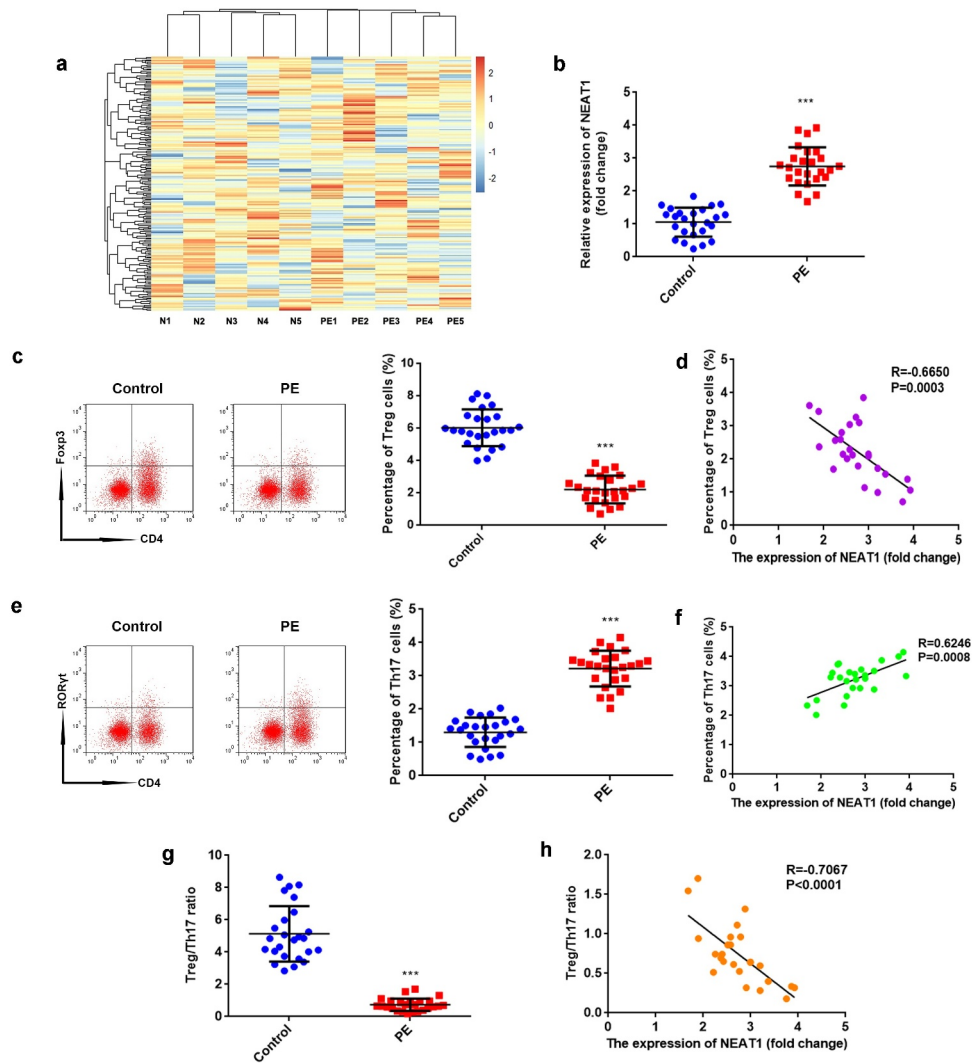


Figure 1. NEAT1 expression is upregulated in PE and associated with Treg/Th17 balance. (a) heatmap analysis showing lncRNA expression profile in patients with PE and healthy pregnant women. (b) the levels of NEAT1 were examined using RT-qPCR in CD4⁺ T cells isolated from patients with PE and healthy pregnant women. (c) Treg cells were assessed by flow cytometry and quantified. (d) correlation analysis evaluated the interaction between NEAT1 and Treg cells. (e) Th17 cells were analyzed using flow cytometry and quantified. (f) Correlation analysis between NEAT1 and Th17 cells. (g) calculation of the ratio of Treg/Th17. (h) correlation analysis evaluated the relationship between NEAT1 and Treg/Th17 ratio. ***P < 0.001.

Figure 1(c-d)). In contrast, the percentage of Th17 cells significantly increased in PE (P < 0.001), which positively correlated with NEAT1 levels (P = 0.0008, R = 0.6246; Figure 1(e-f)). The ratio of Treg/Th17 was significantly reduced in patients with PE (P < 0.001), which negatively correlated to NEAT1 levels (P < 0.0001, R = -0.7067; Figure 1(g-h)).

Knockdown of NEAT1 promotes the balance of Treg/Th17

To explore the role of NEAT1, the levels of NEAT1 were markedly decreased after transfection with si-NEAT#1 (P < 0.001) and si-NEAT#2 (P < 0.01), particularly si-NEAT#1 (Figure 2(a)). si-NEAT#1 was therefore used in this study. Knockdown of *NEAT1* resulted

NEAT1 levels ($P = 0.0002$, $R = -0.6854$; Figure 3(d-e)).

Knockdown of NEAT1 improves Treg/Th17 imbalance via sponging miR-485-5p

As illustrated in (Figure 4(a)), miR-485-5p was significantly downregulated when CD4⁺ T cells were transfected with the miR-485-5p inhibitor ($P < 0.01$; Figure 4(a)). Functionally, inhibition of miR-485-5p reversed the increase in Treg and the decrease in Th17 cells induced by knockdown of NEAT1 (Treg: $P < 0.001$; Th17: $P < 0.01$; Figure 4(b-d)). Moreover, knockdown of NEAT1 enhanced ($P < 0.001$), but treatment with miR-485-5p inhibitor markedly reduced the Treg/Th17 ratio ($P < 0.05$). The miR-485-5p inhibitor abolished the increase in Treg/Th17 ratio induced by si-NEAT1 ($P < 0.01$; Figure 4(e)).

AIM2 is a miR-485-5p downstream target

As illustrated in (Figure 5(a)), AIM2 in the 3'-UTR region has binding sites for miR-485-5p. Compared with NC, luciferase activity was significantly suppressed when co-transfected with

mimics and WT-AIM2, but was not influenced by co-transfection with mimics and MUT-AIM2 ($P < 0.01$; Figure 5(b)). The mRNA and protein levels of AIM2 were significantly elevated by the inhibition of miR-485-5p ($P < 0.001$; Figure 5(c-d)). The protein levels of AIM2 were significantly reduced by knockdown of NEAT1 ($P < 0.05$; Figure 5(e)). Additionally, AIM2 levels were higher in patients with PE than in healthy subjects ($P < 0.001$), and negatively correlated with miR-485-5p ($P < 0.0001$, $R = 0.7214$; figure 5(f-g)).

Knockdown of NEAT1 improves Treg/Th17 imbalance through modulation of AIM2 expression

AIM2 levels were significantly higher in the pcDNA3.1-AIM2 group than in the pcDNA3.1 one ($P < 0.001$; Figure 6(a)). The results of flow cytometry showed that overexpression of AIM2 abolished the increased number of Treg cells and decreased number of Th17 cells induced by NEAT1 knockdown (Treg: $P < 0.001$; Th17: $P < 0.01$; Figure 6(b-d)). The Treg/Th17 balance was markedly promoted by knockdown of NEAT1,

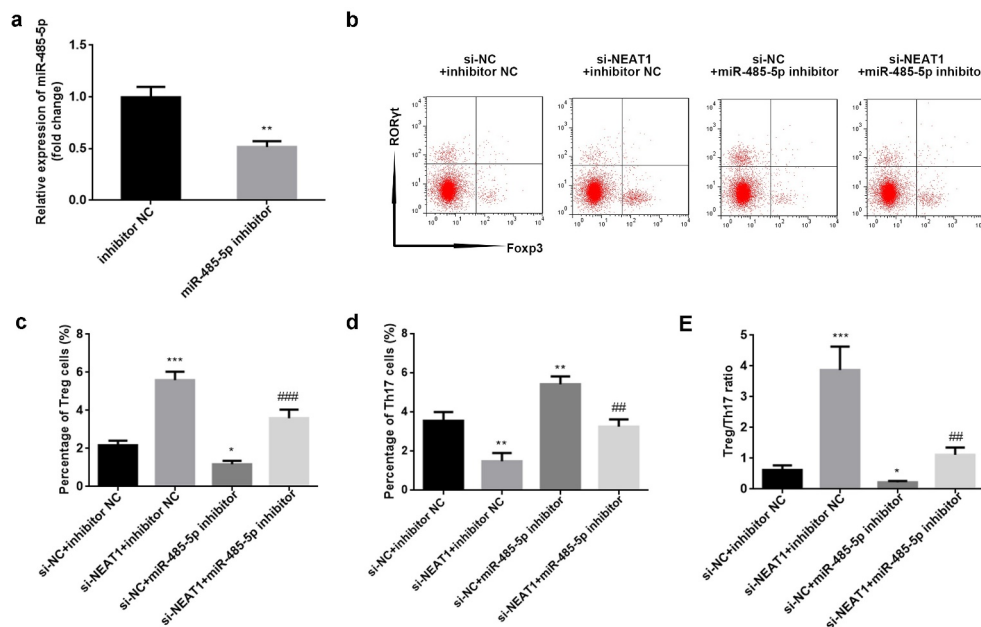


Figure 4. Knockdown of NEAT1 improves Treg/Th17 imbalance via sponging of miR-485-5p. (a) transfection efficiency was examined by RT-qPCR in CD4⁺ T cells following transfection with inhibitor NC or miR-485-5p inhibitor. (b) Treg and Th17 cells were assessed using flow cytometry. (c) quantification of the percentage of Treg cells. (d) quantification of the percentage of Treg cells. (e) calculation of the ratio of Treg/Th17. ** $P < 0.01$ vs. inhibitor NC group in (A). *** $P < 0.001$, ** $P < 0.01$ and * $P < 0.05$ vs. si-NC + inhibitor NC group. ### $P < 0.01$ and ## $P < 0.01$ vs. si-NEAT1 + inhibitor NC group.

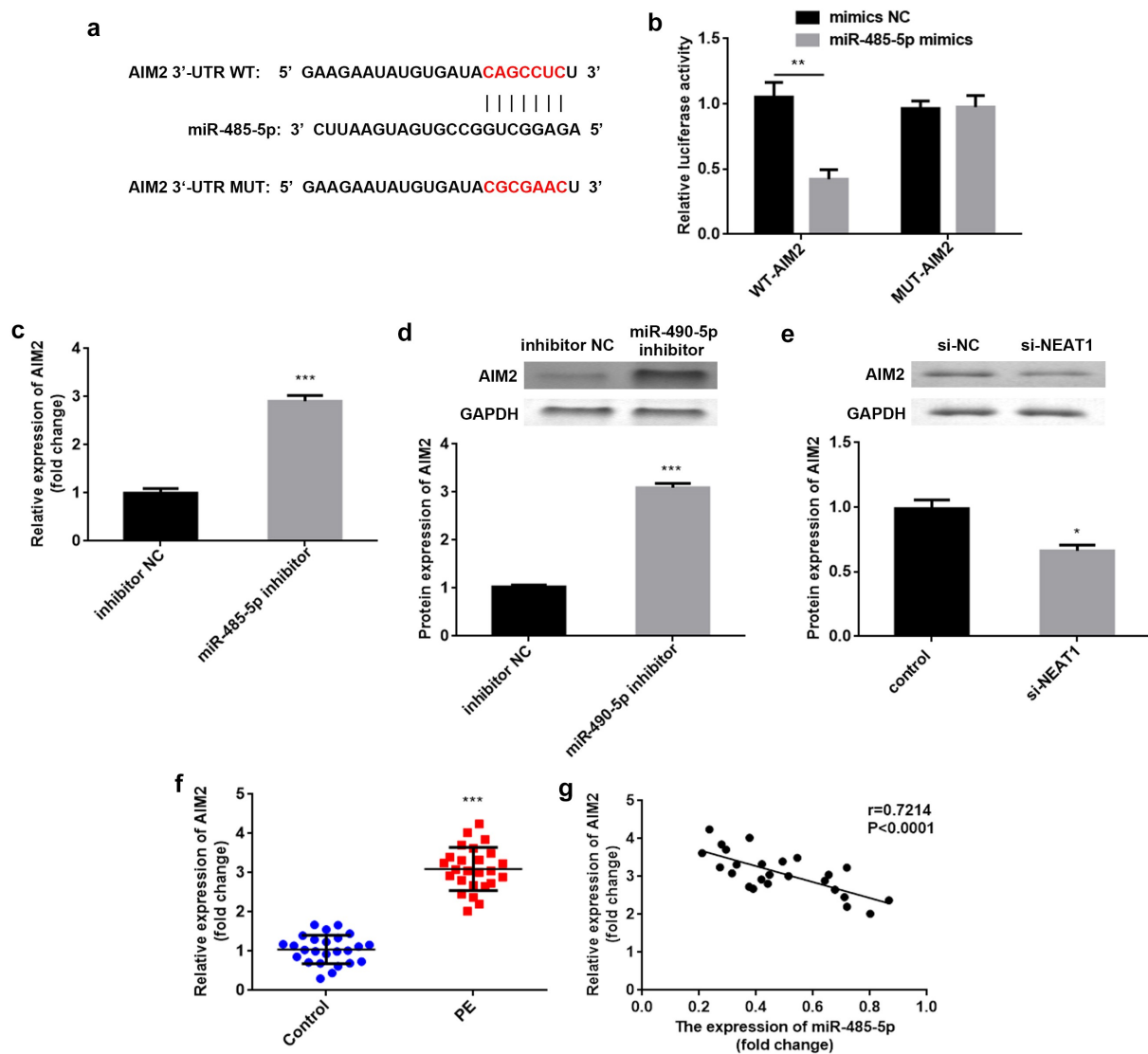


Figure 5. AIM2 is a miR-485-5p target. (a) the predicted binding sites of AIM2 in miR-485-5p were analyzed using the targetscan dataset. (b) the luciferase activity was assessed when co-transfected with WT-AIM2 or MUT-AIM2 and mimics or NC. (c) AIM2 was tested by RT-qPCR when inhibiting miR-485-5p. (d) AIM2 protein expression was detected using western blot when inhibiting miR-485-5p. (e) AIM2 protein levels were measured by western blot when knockdown of NEAT1. (f) AIM2 was measured in CD4⁺ T cells isolated from patients with PE and healthy pregnant women. (g) Correlation analysis between AIM2 and miR-485-5p expression in PE. ***P < 0.001. **P < 0.01.

while overexpression of AIM2 reversed this effect ($P < 0.01$; Figure 6(e)).

Discussion

In this study, we first observed that NEAT1 silencing promoted the balance of Treg/Th17 cells in PE. Furthermore, the miR-485-5p/AIM2 axis was first identified as the underlying mechanism.

Abnormal activation of the maternal immune system causes placental dysfunction, leading to the pathogenesis of PE, followed by a systemic inflammatory response [3,18]. Thus, Treg/Th17 imbalance is a mechanism of PE, manifesting as impaired Treg activity and excessive Th17 response [19]. Studies have reported that inducing an imbalance in Treg/Th17 using low vitamin D, CD81, and alteration of PD-1/PD-L1 contributes to PE [20–22]. In this study, we

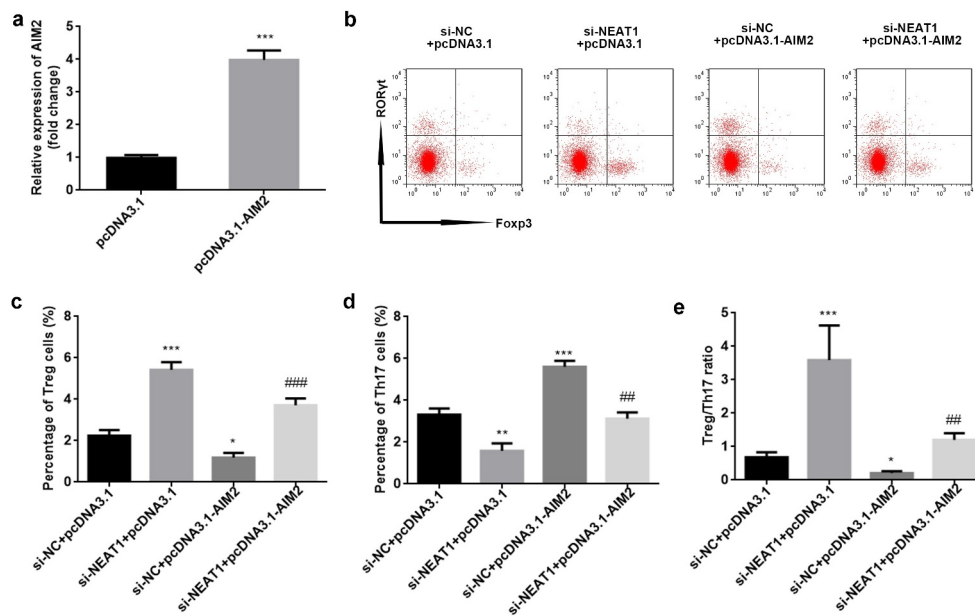


Figure 6. Knockdown of NEAT1 improves Treg/Th17 imbalance through modulation of AIM2. (a) Transfection efficiency was examined by RT-qPCR in CD4⁺ T cells following transfection of pcDNA3.1 or pcDNA3.1-AIM2. (b) Treg and Th17 cells were assessed using flow cytometry. the percentage of (c) Treg cells and (d) Th17 cells was quantified. (e) calculation of the ratio of Treg/Th17. ***P < 0.001 vs. pcDNA3.1 group in (A). ***P < 0.001, **P < 0.01 and *P < 0.05 vs. si-NC + pcDNA3.1 group. ###P < 0.01 and ##P < 0.01 vs. si-NEAT1 + pcDNA3.1 group.

found that the percentage of Treg cells decreased, but that of Th17 increased, proving that Treg/Th17 imbalance is involved in PE.

NEAT1 is a newly identified immune regulator that affects mononuclear-macrophage function as well as T cell differentiation [23]. During the immune response, NEAT1 can promote the activation of inflammasomes, such as NLRP3 and NLRC4 in macrophages [24]. Additionally, NEAT1 inhibits the inflammatory response by regulating macrophage polarization [25]. A previous study revealed that knockdown of NEAT1 inhibits Th17/CD4⁺ T cell differentiation [26]. However, the effects of NEAT1 on Treg/Th17 balance remain unknown. NEAT1 is upregulated in the placenta of rats with PE and inhibits the growth of trophoblast cells [27]. Herein, we found that NEAT1 was increased in patients with PE, consistent with results found in the rat placenta. Moreover, we found that knockdown of NEAT1 improved Treg/Th17 imbalance, providing a new insight into NEAT1 function in PE.

lncRNAs exert sponge or decoy functions to reduce the effects of miRNAs on mRNAs [28]. To investigate the molecular mechanism, miR-485-5p was used as a NEAT1 target. Studies

have indicated that miR-485-5p has a tumor-suppressive function [29,30]. Additionally, miR-485-5p is associated with inflammation or immune response. For example, miR-485-5p produces inflammatory factors and suppresses cell differentiation to promote the development of osteoarthritis [31]. Nevertheless, downregulation of miR-485-5p promotes inflammatory pain [32]. Additionally, miRNAs can regulate Th17 cell differentiation and thus influence Treg/Th17 balance, such as miR-146a-5p [33]. In our study, miR-485-5p was downregulated in PE and negatively related to NEAT1 expression. Moreover, inhibition of miR-485-5p abolished the improved Treg/Th17 balance induced by the knockdown of NEAT1.

AIM2, an innate immune sensor, can identify DNA from microbes and hosts, and is arguably a specific marker of innate immune initiation [34,35]. The activation of AIM2 causes the secretion of pro-inflammatory cytokines and induces cell pyroptosis [36]. The AIM inflammasome responds to various diseases, such as skin disease, diabetes, cancer, and infectious diseases [37]. However, the involvement of AIM2 in Treg/Th17 balance remains unknown. In the current study,

AIM2 was found to be a target of miR-485-5p. The level of AIM2 was increased in PE, consistent with a previous study [38]. Furthermore, overexpression of AIM2 abolished the effects on Treg/Th17 balance induced by knockdown of *NEAT1*. Taken together, these findings suggest that silencing of *NEAT1* improves Treg/Th17 imbalance by sponging miR-485-5p.

Conclusion

NEAT1 expression was upregulated in PE and associated with a Treg/Th17 imbalance. Furthermore, silencing of *NEAT1* promoted the balance of Treg/Th17 cells by modulating the miR-485-5p/AIM2 axis. These findings suggest that *NEAT1* is a potential target for the treatment of PE.

RESEARCH HIGHLIGHTS

- (1) LncRNA *NEAT1* is associated with Treg/Th17 imbalance in PE.
- (2) *NEAT1* is a sponge of miR-485-5p to upregulated AIM2 expression.
- (3) *NEAT1* promoted Treg/Th17 balance via miR-485-5p/AIM2 axis in PE.

Disclosure statement

The authors declared that they have no competing interest.

Funding

This research was financially supported in part by the Key Laboratory of Science and Technology Innovation (Longhua District, Shenzhen, China) under Grant (No. 20170913A0410028).

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