

# Safety and tolerability of collagenase *Clostridium histolyticum* and fasciectomy for Dupuytren's contracture

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The Journal of Hand Surgery  
(European Volume)  
2015, Vol. 40E(2) 141–149  
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sagepub.co.uk/journalsPermissions.nav  
DOI: 10.1177/1753193414528843  
jhs.sagepub.com



## Abstract

Safety was evaluated for collagenase *Clostridium histolyticum* (CCH) based on 11 clinical trials ( $N = 1082$ ) and compared with fasciectomy data in a structured literature review of 48 European studies ( $N = 7727$ ) for treatment of Dupuytren's contracture. Incidence of adverse events was numerically lower with CCH vs. equivalent complications from fasciectomy (median [range] incidence), including nerve injury (0% vs. 3.8% [0%–50+%]), neurapraxia (4.4% vs. 9.4% [0%–51.3%]), complex regional pain syndrome (0.1% vs. 4.5% [1.3%–18.5%]) and arterial injury (0% vs. 5.5% [0.8%–16.5%]). Tendon injury (0.3% vs. 0.1% [0%–0.2%]), skin injury (16.2% vs. 2.8% [0%–25.9%]) and haematoma (77.7% vs. 2.0% [0%–25%]) occurred at a numerically higher incidence with CCH than surgery. Adverse events in CCH trials not reported after fasciectomy included peripheral oedema; extremity pain; injection site pain, haemorrhage and swelling; tenderness; pruritus and lymphadenopathy. CCH-related adverse events were reported as predominantly injection-related and transient. These results may support clinical decision-making for treatment of Dupuytren's contracture.

## Keywords

Collagenase *Clostridium histolyticum*, Dupuytren's contracture, fasciectomy, safety

Date received: 3rd April 2013; revised: 31st December 2013; accepted: 26th February 2014

## Introduction

Dupuytren's contracture (DC) involves pathologic myofibroblast forming cords due to deposition of collagen into the digitopalmar fascia (Badalamente et al., 1983; Hurst et al., 1986), which can result in fixed flexion deformity of the affected finger impairing normal hand function (Rayan, 2007; Shaw et al., 2007; Thurston, 2003). The traditional treatment option for DC has involved surgical removal or disruption of fascial cord to allow release of the contracture (Crean et al., 2011; Dias and Braybrooke, 2006). An alternative nonsurgical treatment for DC is collagenase *Clostridium histolyticum* (CCH), which is injected directly into the cord to weaken it by enzymatic degradation, allowing the treating physician to manipulate and break the cord (Gilpin et al., 2010; Hurst et al., 2009).

No clinical trials have compared side effects of these two treatment methods. One systematic review of treatment outcomes for DC found that different types of complications occurred in partial surgical fasciectomy compared with CCH treatment (Chen

et al., 2011). Fasciectomy complications included nerve laceration, neurapraxia, infection and chronic regional pain syndrome, whereas CCH treatment complications mostly comprised skin tears, although these were the only five types of complications that this study reported. However, due to their inclusion criteria, Chen et al. only included six open

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fasciectomy studies (range 37–261 patients) and four CCH trials (range 13–204 patients).

Crean et al. (2011) evaluated safety outcomes following fasciectomy in patients with DC, using a systematic search and identification approach of 48 fasciectomy studies, which was used in this analysis as the source of fasciectomy surgical complication data. The objective of the current analysis was to evaluate detailed information on short-term safety following fasciectomy in the structured review and present these data alongside additional pooled data from 11 clinical trials of patients with DC treated with CCH injection.

## Methods

### *Clinical trial data on collagenase Clostridium histolyticum*

Safety data, including adverse events (AEs), were evaluated from all patients who entered the clinical trials and received at least one injection of CCH. This population comprised patients from 11 clinical studies (ClinicalTrials.gov identifier), including one Phase I (NCT00528931), one Phase II (NCT00004409), and nine Phase III trials (NCT00528840, NCT00528606, NCT00528424, NCT00533273, NCT00260429; four trials did not have ClinicalTrials.gov identifiers). Table 1 provides a general overview of each of the studies in these analyses, including designs, CCH doses, patient numbers, sex distribution, ages and eligibility criteria.

### *Surgical fasciectomy data*

The source of data on fasciectomy for this article was the structured review, which identified and evaluated 48 studies (in English, French, German, Italian, Spanish, Swedish and Dutch, published since 1980) with data on safety outcomes following limited, total or unspecified fasciectomy or dermo-fasciectomy treatment of DC, using systematic search and identification criteria (Crean et al., 2011). For this analysis, fasciectomy and needle aponeurotomy were not included.

These surgical complications reported from published fasciectomy studies were evaluated and compared with those with treatment-related AEs from the CCH clinical trials. As nonclinical trial publications, the fasciectomy reports did not adhere to Medical Dictionary for Regulatory Activities (MedDRA) coding, so MedDRA Preferred Terms from the CCH clinical trials were compared with the closest equivalent complications reported in the fasciectomy studies.

### *Statistical analyses*

No statistical analysis was possible, as the data from the individual fasciectomy studies were not available.

Because of the heterogeneity of the source data, only descriptive statistics (e.g. incidences, median and ranges) are reported for published literature on surgical fasciectomy and CCH clinical trial data.

## Results

The CCH safety population comprised 1082 patients with DC. The fasciectomy studies included 7727 patients who had data on complications associated with surgical fasciectomy.

The incidence of AEs in CCH-treated patients and equivalent fasciectomy complications are presented (Table 2). These CCH-related AEs generally occurred at a lower incidence than equivalent fasciectomy complications. CCH-treated patients experienced smaller incidences (%) of the following AEs vs. patients treated with fasciectomy (median % [range]): nerve injury (0% vs. 3.8% [0–50+]), neurapraxia (4.4% vs. 9.4% [0–51.3]), complex regional pain syndrome (0.1% vs. 4.5% [1.3–18.5]) and arterial injury (0% vs. 5.5% [0.8–16.5]). Incidence of tendon injury (0.3% vs. 0.1% [0–0.2]), skin injury (16.2% vs. 2.8% [0–25.9]) and haematoma (77.7% vs. 2.0% [0–25]) were numerically higher with CCH treatment vs. surgery, with the most frequent skin-related and haematoma-related AEs in CCH-treated patients being skin lacerations (11.1%) and contusions (54.5%), respectively.

The 'other' category shows the remainder of the CCH-related AEs that occurred at a frequency  $\geq 2\%$ , but did not have equivalent fasciectomy complications reported in the structured review (Table 2). The most common (occurring in  $>10\%$  of CCH-treated patients) of these 'other' AEs included oedema peripheral, injection site pain, pain in extremity, injection site haemorrhage, tenderness, injection site swelling, pruritus and lymphadenopathy. All of these 'other' treatment-related AEs were deemed by the clinical trial investigators to be possibly or probably related to the actual injection procedure. The majority of these CCH-related AEs were considered to be mild or moderate in intensity and were transient, with most such AEs resolving within 7–10 days.

## Discussion

Most AEs associated with CCH occurred at a lower incidence than complications reported for fasciectomy (e.g. CCH [%] vs. fasciectomy [median %]: arterial injury 0% vs. 5.5%; nerve injury 0% vs. 3.8%). These AEs were generally reported in the clinical trials as due to the actual CCH injection procedure, as well as the pharmacodynamic properties of CCH, which have a demonstrated inability to digest type IV collagen in these structures (Miyoshi et al., 1998). Whereas one could hypothesize that an injection in a metacarpophalangeal (MP) joint contracting cord would be

**Table 1.** Summary of the clinical trials included in the total CCH safety population.

Study ID	Phase	Study design	CCH dosing	Patients entered/completed, n	Sex: M/F, n	Mean age, y (range)	Key eligibility criteria
AUX-CC-855	1	Single centre (US), 12 months, open label, PK and safety	0.58 mg (10,000 U) injection	16/15	15/1	60.6 (36–90)	Aged $\geq 18$ y, with DC, with a primary MP or PIP joint contracture suitable for injection and evaluation
DUPY-202	2	Multicentre (2 US sites), 12 months, double-blind, randomized, placebo-controlled, dose response, followed by an open-label phase	One injection in 0.25 mL (MP) or 0.20 mL (PIP) of 2500, 5000 or 10,000 U	2500 U: 18/13 5000 U: 22/18 10,000 U: 23/15	2500 U: 15/3 5000 U: 16/6 10,000 U: 18/5	2500 U: 64.5 (50–82) 5000 U: 63.5 (44–78) 10,000 U: 63.2 (44–84)	Aged $\geq 18$ y with DC with a fixed flexion deformity of the fingers $\geq 20$ – $30^\circ$ caused by a palpable cord
DUPY-303	3	Single centre (US), 3 months (with up to 5-y follow-up), double-blind, randomized, placebo-controlled	One 10,000 U injection in 0.25 mL (MP) or 0.20 mL (PIP)	23/21	20/3	60.1 (45–73)	Aged $\geq 18$ y with DC with a fixed flexion deformity of the fingers $\geq 20^\circ$ caused by a palpable cord
DUPY-404	3	Single centre (US), open-label extension study (up to 5-y follow up)	One 10,000 U injection in 0.25 mL (MP) or 0.20 mL (PIP)	19/18	14/5	63.9 (45–82)	Aged $\geq 18$ y with DC with a fixed flexion deformity of the fingers $\geq 20^\circ$ caused by a palpable cord. Patients must have participated in DUPY-303, completed the 30-day post last treatment follow-up visit provided 90 days post first treatment had elapsed and must have received the last injection within the last 3 months.
AUX-CC-851/852	3	Multicentre (3 US sites), 12 months, double-blind, randomized, placebo-controlled, open label	0.58 mg (10,000 U) injection: 0.25 mL (MP) or 0.20 mL (PIP)	5/1	4/1	59.8 (46–66)	Aged $\geq 18$ y with DC with a fixed flexion deformity of the finger(s) $\geq 20^\circ$ or $\leq 100^\circ$ for MP ( $\leq 80^\circ$ for PIP) contracture, caused by a palpable cord
AUX-CC-853	3	Multicentre (2 Australian sites), 12 months, double-blind, randomized, placebo-controlled, followed by an open-label extension	0.58 mg (10,000 U) injection: 0.25 mL (MP) or 0.20 mL (PIP)	17/15	15/2	62.7 (53–73)	Aged $\geq 18$ y with DC of an MP joint with a fixed flexion deformity of the finger(s) $\geq 20^\circ$ or $\leq 100^\circ$ contracture, caused by a palpable cord

(Continued)

Table 1. (Continued)

Study ID	Phase	Study design	CCH dosing	Patients entered/completed, n	Sex: M/F, n	Mean age, y (range)	Key eligibility criteria
AUX-CC-854	3	Multicentre (20 Australian and European sites), 9 months, open label	0.58 mg (10,000 U) injection: 0.25 ml (MP) or 0.20 ml (PIP)	386/358	334/52	63.2 (35–86)	Aged $\geq 18$ y with DC, with a fixed flexion (i.e. $\geq 20$ but $\leq 80$ for PIP joint; $\geq 20$ but $\leq 100$ for MP joint) deformity of $\geq 1$ finger, other than the thumb, caused by a palpable cord. Patients were CCH treatment-naïve or had received $\leq 2$ injections of CCH.
AUX-CC-856	3	Multicentre (14 US sites), 9 months, open label	0.58 mg (10,000 U) injection: 0.25 ml (MP) or 0.20 ml (PIP)	201/168	164/37	64.7 (39–87)	Aged $\geq 18$ y, with DC, with a fixed-flexion (i.e. $\geq 20$ but $\leq 80$ for PIP joint; $\geq 20$ but $\leq 100$ for MP joint) deformity of $\geq 1$ finger, other than the thumb, caused by a palpable cord. Patients were CCH treatment-naïve or had received $\leq 2$ injections of CCH.
AUX-CC-857	3	Multicentre (16 US sites), 3 months, randomized, double-blind, placebo-controlled	0.58 mg (10,000 U) injection: 0.25 ml (MP) or 0.20 ml (PIP)	204/191	171/33	62.3 (33–89)	Aged $\geq 18$ y, with DC, with a primary MP or PIP joint contracture suitable for injection and evaluation
AUX-CC-858	3	Multicentre (16 US sites), 9 months, open label, extension	0.58 mg (10,000 U) injection: 0.25 ml (MP) or 0.20 ml (PIP)	286/245	245/63	62.7 (33–89)	All patients who completed the 90-day visit after their initial injection in study AUX-CC-857
AUX-CC-859	3	Multicentre (5 Australian sites), 12 months, randomized, double-blind, placebo-controlled, followed by an open-label extension phase	0.58 mg (10,000 U) injection: 0.25 ml (MP) or 0.20 ml (PIP)	45/45	39/6	63.0 (45–88)	Aged $\geq 18$ y, with DC, with a primary MP or PIP joint contracture suitable for injection and evaluation

CCH: collagenase Clostridium histolyticum; DC: Dupuytren's contracture; MP: metacarpophalangeal joints; PIP: proximal interphalangeal; PK: pharmacokinetic.

**Table 2.** AEs or complications occurring with fasciectomy from the European structured review and in the CCH clinical trials.

Fasciectomy surgery AE or complication			CCH treatment (N = 1082)	
Surgery type	All surgery types, median (%)	Individual study estimates (%)	AE*	%
<b>Complex regional pain syndrome</b>				
Limited	4.5	18.5 <sup>1</sup> ; 12.8 <sup>2</sup> ; 12.1 <sup>2</sup> ; 10.2 <sup>3</sup> ; 10.0 <sup>4</sup> ; 9.3 <sup>5</sup> ; 7.0 <sup>6</sup> ; 6.5 <sup>5</sup> ; 4.5 <sup>7</sup> ; 3.4 <sup>8</sup> ; 3.0 <sup>9</sup> ; 2.5 <sup>10</sup> ; 2.4 <sup>11</sup> ; 1.5 <sup>12</sup> ; 1.3 <sup>13</sup>	Complex regional pain syndrome	0.1
Dermofasciectomy		2.6 <sup>10</sup>		
Not specified		2.3 <sup>14</sup>		
<b>Pain</b>				
Limited	20.4	48 <sup>15</sup> ; 20.4 <sup>5</sup> ; 20 <sup>6</sup> ; 3 <sup>16</sup> ; 2.4 <sup>12</sup> ;	<i>Pain</i>	3.4
Total		82.5 <sup>17</sup> and 85 <sup>17</sup>		
<b>Arterial injury</b>				
Limited	5.5	9.7 <sup>1</sup> ; 1.9 <sup>7,18</sup> ; 1.0 <sup>3</sup> ; 0.8 <sup>11</sup>	NR <sup>†</sup>	
Not specified		16.5 <sup>19</sup> and 12 <sup>19</sup> ; 9.0 <sup>20</sup> and 2.0 <sup>20</sup>		
<b>Haematoma</b>				
Limited	2.0	25 <sup>21</sup> and 5 <sup>21</sup> ; 5.5 <sup>12</sup> ; 4.0 <sup>4</sup> ; 2.9 <sup>1</sup> ; 2.0 <sup>11</sup> ;	<i>Contusion</i>	54.5
Dermofasciectomy		1.9 <sup>5</sup> ; 1.22 <sup>22,23</sup> ; 1.0 <sup>4</sup> ; 0.7 <sup>6</sup> ; 0 <sup>3,5,9,16</sup>	<i>Ecchymosis</i>	17.9
Total		14.9 <sup>24</sup>	<i>Haematoma</i>	5.2
		7.7 <sup>25</sup> ; 1.9 <sup>17</sup> and 0 <sup>17</sup>	<i>Haemorrhage</i>	0.1
<b>Neurapraxia</b>				
Limited	9.4	46 <sup>6</sup> ; 25 <sup>10</sup> ; 22.8 <sup>23</sup> ; 5.5 <sup>5</sup> ; 3 <sup>15</sup> ; 1.0 <sup>1</sup> ;	<i>Paraesthesia</i>	2.2
Dermofasciectomy		0.9 <sup>26</sup> ; 0.4 <sup>11</sup>	<i>Hypoesthesia</i>	1.7
Total		51.3 <sup>10</sup> and 38.5 <sup>10</sup> ; 2.5 <sup>11</sup> ; 0 <sup>24</sup>	<i>Hyperaesthesia</i>	0.3
Not specified		9.4 <sup>25</sup> and 1.5 <sup>25</sup>	<i>Sensory disturbance</i>	0.2
		46 <sup>27</sup> and 26 <sup>27</sup> ; 45.7 <sup>19</sup>	<i>Peripheral neuropathy</i>	0.1
			<i>Nerve compression</i>	0
<b>Nerve injury</b>				
Limited	3.8	13 <sup>16</sup> ; 7.8 <sup>1</sup> ; 7.7 <sup>7</sup> ; 6.4 <sup>2</sup> and 3.0 <sup>2</sup> ;	<i>Nerve injury</i>	0
Dermofasciectomy		3.9 <sup>13</sup> ; 3.7 <sup>22</sup> ; 3.2 <sup>24</sup> ; 2.9 <sup>18</sup> ; 2.0 <sup>3,11</sup> ;		
Total		1.9 <sup>5</sup> ; 1.8 <sup>23</sup> ; 1.6 <sup>12</sup> ; 1.0 <sup>12</sup> ; 0.4 <sup>4</sup> ; 0 <sup>8</sup>		
		>50 <sup>14</sup> and 41.5 <sup>14</sup>		
		12.5 <sup>25</sup> ; 9.4 <sup>25</sup> ; 6.2 <sup>25</sup> ; 4.6 <sup>25</sup> ; 3.5 <sup>25</sup> and 1.5 <sup>25</sup> ; 9.6 <sup>26</sup> and 4.2 <sup>17</sup>		
<b>Skin injury</b>				
Limited	2.8	25.9 <sup>8</sup> ; 6.9 <sup>7</sup> ; 5.0 <sup>18</sup> ; 4 <sup>21</sup> and 3 <sup>21</sup> ; 2.8 <sup>15</sup> ;	<i>Skin laceration</i>	11.1
Dermofasciectomy		2.6 <sup>13,22</sup> ; 2.4 <sup>11</sup> and 1.2 <sup>11</sup> ; 1.0 <sup>3,10</sup> ;	<i>Blister</i>	2.3
Total		0.9 <sup>6,15</sup> ; 0.4 <sup>3</sup> ; 0 <sup>5,6,9,16</sup>	<i>Skin discoloration</i>	0.8
Not specified		25.3 <sup>24</sup> ; 8.9 <sup>24</sup> and 7.4 <sup>24</sup> ; 22.9 <sup>28</sup> and 14.3 <sup>28</sup> ; 12.7 <sup>26</sup> and 1.3 <sup>26</sup> ; 0 <sup>10</sup>	<i>Wound</i>	0.6
		12.5 <sup>17</sup> and 7.7 <sup>17</sup> ; 1.5 <sup>25</sup>	<i>Skin disorder</i>	0.3
		14 <sup>14</sup>	<i>Skin haemorrhage</i>	0.3
			<i>Skin tightness</i>	0.3
			<i>Skin exfoliation</i>	0.2

(Continued)

**Table 2.** (Continued)

Fasciectomy surgery AE or complication			CCH treatment (N = 1082)	
Surgery type	All surgery types, median (%)	Individual study estimates (%)	AE*	%
			Skin lesion	0.2
			Skin necrosis	0.1
			Wound dehiscence	0.1
<b>Infection</b>				
Limited	4.5	9.6 <sup>11</sup> ; 7.4 <sup>12</sup> ; 7.0 <sup>18</sup> ; 5.0 <sup>10</sup> ; 4.0 <sup>16</sup> ; 3.6 <sup>7,29</sup> ; 3.2 <sup>16</sup> ; 0.8 <sup>24</sup> ; 1.3 <sup>4</sup> ; 1.0 <sup>1</sup> ; 0 <sup>3,9</sup>	Infection	0
Dermofasciectomy		5.0 <sup>22</sup>		
Not specified		24.7 <sup>19</sup> and 20 <sup>19</sup>		
<b>Tendon injury</b>				
Limited	0.1	0.2 <sup>22</sup> ; 0 <sup>23</sup>	Tendon rupture	0.3
<b>Other</b>				
Other <sup>†</sup>	NR	NR	Oedema peripheral	77.4
			Injection site pain	40.6
			Pain in extremity	36.2
			Injection site haemorrhage	34.1
			Tenderness	28.7
			Injection site swelling	24.1
			Pruritus	12.6
			Lymphadenopathy	11.1
			Blood blister	9.0
			Axillary pain	6.7
			Injection site pruritus	5.3
			Injection site vesicles	4.4
			Erythema	4.0
			Lymph node pain	3.7
			Arthralgia	3.6
			Swelling	3.0
			Joint swelling	2.9
			Oedema	2.4

Note: Multiple values for the same reference may be due to: (1) reporting on different procedures; (2) reporting on two different patient groups; and/or (3) different outcomes reported under the same general heading in an article.

\*Events that appear in italics are treatment-related AEs that 'mapped' to terms presented in the European structured review and that occurred in the treated extremity at a frequency of  $\geq 2\%$ .

Treatment-related AEs that occurred in the treated extremity of CCH-treated subjects at a frequency of  $\geq 2\%$  and that were not 'mapped' to specific events or complications in the European structured review.

<sup>†</sup>None reported – skin laceration, wound are grouped under skin disorders.

<sup>1</sup>{Sennwald, 1990} n = 103; <sup>2</sup>{Citron and Nunez, 2005} n = 79; <sup>3</sup>{Tripoli and Merle, 2008} n = 108; <sup>4</sup>{Rodrigo et al., 1976} n = 153; <sup>5</sup>{Foucher et al., 1995} n = 54; <sup>6</sup>{Foucher et al., 1992} n = 107; <sup>7</sup>{Coert et al., 2006} n = 261; <sup>8</sup>{Norotte et al., 1988} n = 58; <sup>9</sup>{Foucher et al., 1985} n = 139; <sup>10</sup>{Ullah et al., 2009} n = 79; <sup>11</sup>{Bulstrode et al., 2005} n = 253; <sup>12</sup>{Makela et al., 1991} n = 127; <sup>13</sup>{Vigroux and Valentin, 1992} n = 56; <sup>14</sup>{Kjeldal and Nygaard, 1988} n = 55; <sup>15</sup>{Razemon, 1982} n = 107; <sup>16</sup>{Macnicol, 1984} n = 103; <sup>17</sup>{Ebskov et al., 1997} n = 76; <sup>18</sup>{Denkler, 2005} n = 60; <sup>19</sup>{Dias and Braybrooke, 2006} n = 1177; <sup>20</sup>{Messore et al., 1998} n = 443; <sup>21</sup>{Gonzalez et al., 1998} n = 583; <sup>22</sup>{Loos et al., 2007} n = 2919; <sup>23</sup>{van Rijssen et al., 2006} n = 57; <sup>24</sup>{Hall et al., 1997} n = 67; <sup>25</sup>{Hogemann et al., 2009} n = 61; <sup>26</sup>{Roy et al., 2006} n = 79; <sup>27</sup>{Constantinou and Deutinger, 1996} n = 144; <sup>28</sup>{Tonkin et al., 1984} n = 163; <sup>29</sup>{Clibbon and Logan, 2001} n = 56.

AE: adverse event; CCH: collagenase Clostridium histolyticum; NR: not reported in the literature.

less likely to result in nerve injury compared with a proximal interphalangeal (PIP) joint contracting cord, among 1082 patients in the pooled CCH studies, no nerve injuries were reported even when PIP injections were administered. For example, the number of CCH

injections in four CCH phase 3 clinical trials totalled 684 (MP cords) and 443 (PIP cords) [Gilpin et al., 2010; Hurst et al., 2009; Witthaut et al., 2013].

When comparing CCH incidence with fasciectomy (median incidence), the rates of tendon injury (0.3%

vs. 0.1%), skin injury (16.2% vs. 2.8%) and haematoma (77.7% vs. 2.0%) were higher with CCH. However, in this comparison, the presence of wounds and swelling is generally accepted as a normal consequence of surgery and thus is not typically reported as a complication in surgical studies. Tendon injury is a serious but uncommon risk with both CCH and fasciectomy. Although the incidence of tendon injury was numerically higher with CCH compared with fasciectomy, the 95% confidence intervals (CI) overlapped: CCH 0.3% [95% CI 0.00–0.59] vs. fasciectomy 0.1% [95% CI 0.03–0.17]). However, because fasciectomy incidence rates were calculated from surgical studies that differed in design from each other and from the CCH clinical trials, more research is required to determine whether the relatively small absolute difference between CCH and fasciectomy in incidence of tendon injury has meaningful clinical or statistical significance. In our clinical experience, observed skin lacerations likely relate to post-anaesthesia manipulations to break the cord by passive finger extension. Use of local anaesthesia prevents potential pain or discomfort related to the finger extension procedure. The various degrees of adherence of the Dupuytren's cord to the overlying skin may leave certain areas of skin frail because of the underlying condition. Therefore, manipulations may lead to skin tears in the anesthetized area. These lacerations typically heal in a short time without any additional medical intervention. All surgeries, of course, require intentional skin incision, so 'skin injury' and/or haematoma would be the rule, not the exceptional complication.

In other published studies of patients with primary and recurrent DC who underwent fasciectomy, scar hypertrophy (one study, 1/10 [10%] patients), scar contracture (one study, 3/32 [9%]), incisional scar pain (one study, 4/23 [17%]), joint stiffness (two studies, 55/356 [15%]) and cold intolerance (one study, 3/15 [20%]) have been reported (Denkler, 2010). None of the complications, however, occurred at a clinically significant incidence in the CCH clinical trials.

Although the variability in incidence for some of the CCH AEs and equivalent fasciectomy complications appeared to be small, these differences could still be factored into the process of clinical decision-making when choosing a therapy that suits the needs of an individual patient with DC. Overall, CCH appeared to have a generally better safety profile than fasciectomy; this may have important clinical relevance because published efficacy outcomes in CCH clinical trials (Gilpin et al., 2010; Hurst et al., 2009; Witthaut et al., 2013) appeared similar to effectiveness with fasciectomy reported in the structured review (Crean et al., 2011). For example, in all primary joints, CCH treatment has been shown to result in a change of contracture angle of 79.3% at 30 days after the last

injection (Hurst et al., 2009; Witthaut et al., 2011), whereas the reported mean improvement with fasciectomy was 76% (Crean et al., 2011). In addition, the average recurrence rate across fasciectomy studies was ~39% at a median time of 4 years; however, only 14% of these studies included time-to-event data in their recurrence rates. In a recent study, 65% of CCH-treated DC joints exhibited a durable correction for 3 years after treatment, with only 7% requiring surgical or medical intervention during the 3-year follow-up period (Peimer et al., 2012a; Peimer et al., 2012b).

The CCH safety profile has been further evaluated in the US real-world clinical setting. During the first year after regulatory approval of CCH, the most commonly reported US post-marketing treatment-emergent AEs (incidence rate per 1000 doses) were skin lacerations (6.5); oedema peripheral (5.6); contusion (4.8); injection site haematoma (1.9); lymphadenopathy (1.5); pain in extremity (1.5); blood blister (1.5); injection site pain (1.3); and tenderness (1.1) (Peimer et al., 2012b). Other notable real-world AEs included two cases of tendon ruptures and one flexor pulley injury (0.6 per 1000 injections). However, under-reporting of complications in a real-world treatment setting cannot be fully ruled out as a potential confounding factor in both CCH and surgical cases (e.g. by a patient not wishing to complain; by a surgeon not willing to share less-than-successes or who simply considers the complication to be an expected effect of the particular intervention). In addition, the phase IIIb POINT X (Prospective, Open-label Investigation of the Nonsurgical Treatment with collagenase *Clostridium histolyticum* (Xiapex®)) study evaluated 254 patients across 28 real-world European settings and found that CCH was generally well tolerated (Warwick et al., 2014). Most AEs in POINT X were consistent with the CCH phase III studies and typically comprised transient injection site reactions.

These analyses have limitations, as the fasciectomy data were derived from the published literature, all comparisons are qualitative and no direct inferential statistical analyses could be performed. Data on individual patients in these published studies were not available, limiting the ability to pool the fasciectomy data optimally. For example, in order to calculate a reliable estimate of number needed to harm for the fasciectomy complication rates, it would have been necessary to compute a credible point estimate for each complication that summarized the overall experience across all studies. Due to the heterogeneity of the source studies, that was not possible. In addition, the fasciectomy structured review included patients who underwent dermofasciectomy as well as limited fasciectomy; based on our clinical experience, we believe the complication rate between these two

procedures would likely differ and could affect the results. Moreover, follow-up times in the fasciectomy publications varied by the individual cases included, or by the study designs, which makes interpretation of the complication rates difficult across these studies. In addition, since this was not a head-to-head clinical trial, variability between the subjects should be expected due to a lack of consistent predefined inclusion and exclusion criteria across studies. Next, the fasciectomy structured review included both interventional and observational studies, which did not always specifically code AEs using pre-defined classifications that are used in clinical trials (e.g. MedDRA). Moreover, the fasciectomy review did not distinguish between types of AEs (e.g. AEs vs. serious AEs) or their severity, which makes detailed comparisons difficult. However, we have made every effort to compare specific MedDRA-coded AEs from the CCH clinical trials with equivalent surgical complications associated with fasciectomy in a clinically relevant manner.

Although these findings are subject to the above limitations, the numerically lower incidence of most AEs with CCH therapy (vs. fasciectomy) may become a useful factor in clinical decisions made by health-care providers considering which treatment to choose for a patient's DC. We believe that these results have relevance for discussing with patients each treatment's risk-benefit characteristics and in considering the differences in the safety profiles to help decide which treatment option is the most suitable for each particular patient.

### Acknowledgements

Medical writing support was provided by Ray Beck Jr, PhD, of Engage Scientific Solutions and was funded by Pfizer Inc.

### Conflict of interests

- Dr Peimer has received honoraria and travel reimbursements from Pfizer and Auxilium.
- Dr Wilbrand is a study investigator for Auxilium Pharmaceuticals and has received honoraria and travel reimbursements from Pfizer and Auxilium for consultancies.
- Drs Gerber and Szczypa and Mr Chapman are full-time employees of Pfizer.

### Ethical approval

All collagenase *Clostridium histolyticum* clinical trials included in this manuscript were approved by an institutional review board for each of the participating centres and adhered to ethical principles described by Good Clinical Practices, the International Conference on Harmonisation Guidelines, and the Code of Federal Regulations title 21. All patients provided written informed consent to participate in the trials. Ethics approvals were not required for the

fasciectomy studies, as they were reviewed from already published clinical reports without additional issues of patient consent or confidentiality.

### Funding

Studies AUX-CC-855, AUX-CC-851/852, AUX-CC-853, AUX-CC-854, AUX-CC-856, AUX-CC-857, AUX-CC-858 and AUX-CC-859 were sponsored by Auxilium Pharmaceuticals. Studies DUPY-202, DUPY-303 and DUPY-404 were sponsored by Biospecifics Technology Corporation. The European structured review was funded by Pfizer Inc. and conducted by United BioSource Corporation, which was a paid consultant to Pfizer Inc.

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