

1 **Title:** Pyramidal cell types and 5-HT<sub>2A</sub> receptors are essential for psilocybin's lasting drug action

2

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22 **Keywords:**

23 Psychedelic, serotonin, dendritic spines, structural plasticity, frontal cortex, depression

24

## 25 **Abstract**

26 Psilocybin is a serotonergic psychedelic with therapeutic potential for treating mental illnesses<sup>1-</sup>  
27 <sup>4</sup>. At the cellular level, psychedelics induce structural neural plasticity<sup>5,6</sup>, exemplified by the drug-  
28 evoked growth and remodeling of dendritic spines in cortical pyramidal cells<sup>7-9</sup>. A key question is  
29 how these cellular modifications map onto cell type-specific circuits to produce psychedelics'  
30 behavioral actions<sup>10</sup>. Here, we use *in vivo* optical imaging, chemogenetic perturbation, and cell  
31 type-specific electrophysiology to investigate the impact of psilocybin on the two main types of  
32 pyramidal cells in the mouse medial frontal cortex. We find that a single dose of psilocybin  
33 increased the density of dendritic spines in both the subcortical-projecting, pyramidal tract (PT)  
34 and intratelencephalic (IT) cell types. Behaviorally, silencing the PT neurons eliminates  
35 psilocybin's ability to ameliorate stress-related phenotypes, whereas silencing IT neurons has  
36 no detectable effect. In PT neurons only, psilocybin boosts synaptic calcium transients and  
37 elevates firing rates acutely after administration. Targeted knockout of 5-HT<sub>2A</sub> receptors  
38 abolishes psilocybin's effects on stress-related behavior and structural plasticity. Collectively  
39 these results identify a pyramidal cell type and the 5-HT<sub>2A</sub> receptor in the medial frontal cortex  
40 as playing essential roles for psilocybin's long-term drug action.

41

## 42 **Main**

43 Psilocybin is a classic psychedelic that has shown promise as a treatment for psychiatric  
44 disorders. Clinical trials demonstrated that one or two sessions of psilocybin-assisted therapy  
45 attenuate depression symptoms for many weeks<sup>1-3</sup>. It has been hypothesized that  
46 antidepressants may work by forming and strengthening synapses in the prefrontal cortex,  
47 which counteracts synaptic dysfunction in depression<sup>11</sup>. Consistent with this framework, recent  
48 studies in mice demonstrated that a single dose of psilocybin or related psychedelic drugs leads  
49 to sustained increases in the density and size of apical dendritic spines in cortical pyramidal  
50 cells<sup>7-9,12,13</sup>.

51

52 However, neurons are heterogeneous, and it is unclear how psychedelic-evoked neural  
53 adaptations manifest in different excitatory cell types. Notably, there are two major, non-  
54 overlapping populations of cortical pyramidal cells: pyramidal tract (PT) and intratelencephalic  
55 (IT) neurons. PT and IT neurons have distinct cellular properties and participate in different  
56 long-range circuits because they send disparate axonal projections to communicate with  
57 different brain regions<sup>14-16</sup> (**Fig. 1a**). PT neurons are subcortical projection neurons that send  
58 axons to subcerebral destinations including the thalamus and brainstem, and also to ipsilateral

59 cortex and basal ganglia<sup>16</sup>. By contrast, axons of IT neurons stay within the cerebrum, but can  
60 project to both ipsilateral and contralateral cortical and striatal locations. These pyramidal cell  
61 types constitute a microcircuit motif that is found in most regions in the neocortex, supporting a  
62 range of behavioral functions<sup>17-19</sup>. Impairments of these distinct types of pyramidal cells have  
63 been linked to neuropsychiatric disorders<sup>16,20</sup>.

64

65 How may PT and IT neurons respond to psilocybin? Classic psychedelics are agonists at  
66 serotonin receptors. In response to serotonin, some pyramidal cells elevate spiking activity via  
67 5-HT<sub>2A</sub> receptors, whereas other pyramidal cells suppress firing via 5-HT<sub>1A</sub> receptors<sup>21,22</sup>. It was  
68 reported that in mouse brain slices, serotonin-evoked firing occurs in pyramidal cells with  
69 commissural projections (IT neurons), but not those with corticopontine projections (PT  
70 neurons)<sup>23,24</sup>. Transcript expression in the mouse frontal cortex corroborates this view: although  
71 PT and IT neurons both express *Htr2a*<sup>25</sup>, there is more *Htr2a* in IT neurons<sup>26</sup>. However, another  
72 study performed in anesthetized rats showed that psychedelics can excite midbrain-projecting  
73 pyramidal cells, which would constitute PT neurons<sup>27</sup>. Therefore, current literature provides  
74 conflicting clues towards how the main pyramidal cell types should contribute to psychedelic  
75 drug action.

76

77 In this study, we measured the acute and long-term impact of psilocybin on PT and IT neurons  
78 in the mouse medial frontal cortex *in vivo*. We found that PT neurons were the pyramidal cell  
79 type selectively driven by psilocybin to increase synaptic calcium transients and elevate spiking  
80 activity in awake animals. Moreover, although psilocybin evokes structural plasticity in both PT  
81 and IT neurons, causal manipulations indicate that frontal cortical PT neurons are needed for  
82 psilocybin's effects in stress-related behavioral assays. Using conditional knockout mice, we  
83 found that 5-HT<sub>2A</sub> receptor is required for psilocybin-evoked structural remodeling in PT  
84 neurons. The results thus reveal frontal cortical PT neurons and 5-HT<sub>2A</sub> receptor as essential  
85 components mediating psilocybin's long-term drug action in the brain.

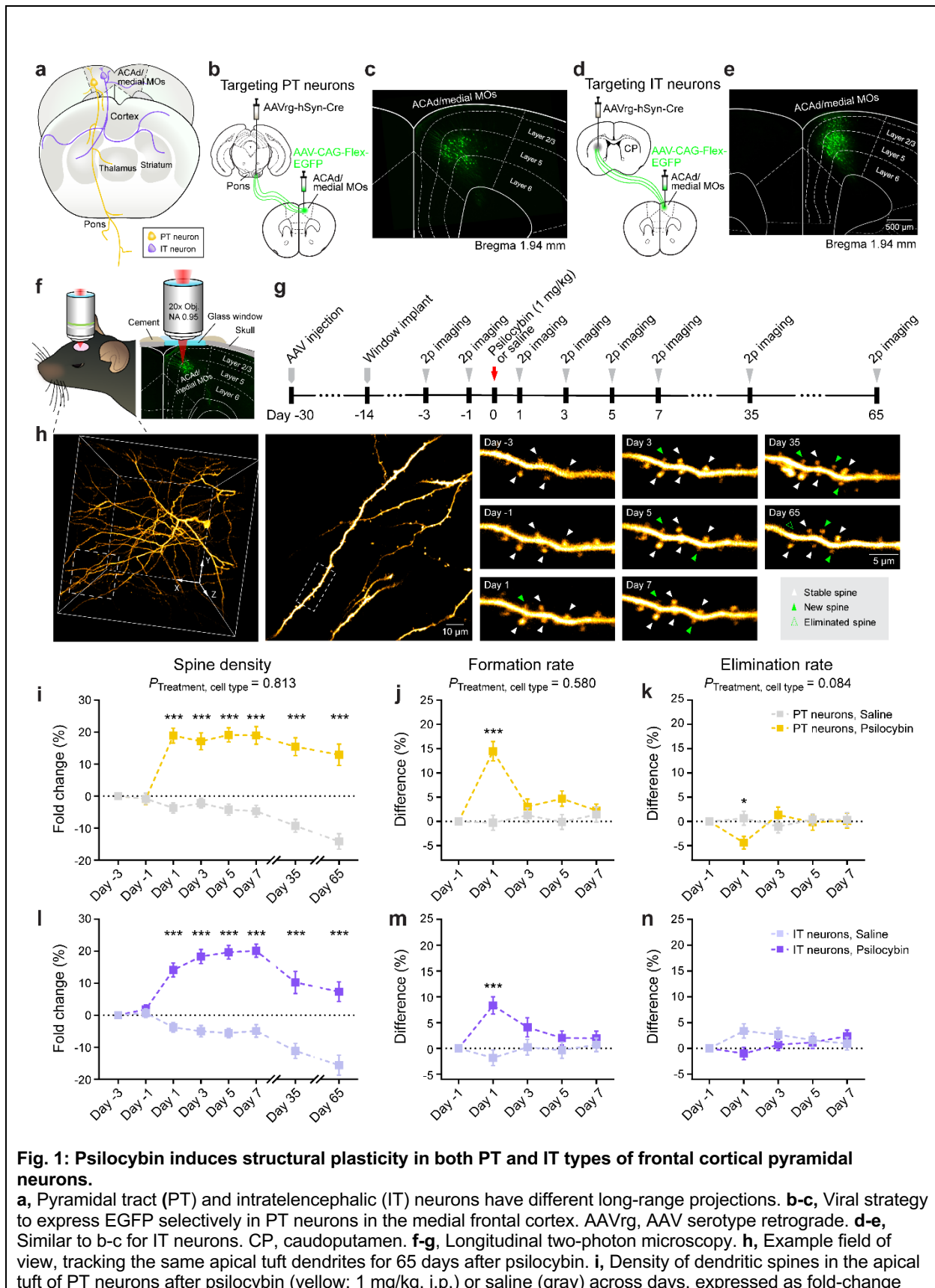
86

### 87 **Cell-type specificity in the structural plasticity induced by psilocybin**

88 To sparsely express EGFP in PT or IT neurons for dendritic imaging, we injected a low titer of  
89 the retrogradely transported AAVretro-hSyn-Cre in the ipsilateral pons or contralateral striatum,  
90 and AAV-CAG-FLEX-EGFP in the medial frontal cortex of adult C57BL/6J mice (**Fig. 1b, d**;  
91 **Extended Data Fig. 1**). We focused on the cingulate and premotor portion (ACAd/medial MOs)  
92 of the medial frontal cortex, because brain-wide c-Fos mapping indicates the region robustly

93 responds to stress<sup>28</sup> and psilocybin<sup>29</sup>. Histology confirmed that EGFP-expressing cell bodies of  
94 PT neurons were restricted to deep cortical layers, whereas somata of IT neurons were spread  
95 across layers 2/3 and 5 (**Fig. 1c, e**), in agreement with the laminar distribution of the cell  
96 types<sup>14,16</sup>. We used two-photon microscopy to image through a chronically implanted glass  
97 window while the animal was anesthetized. We visualized the same apical tuft dendrites located  
98 at 20 – 120  $\mu\text{m}$  below the pial surface over multiple sessions across >2 months (**Fig. 1f–h**). At  
99 baseline, PT neurons had lower spine density but higher spine head width than IT neurons  
100 (**Extended Data Fig. 2**).

101



from baseline in first imaging session (day -3). Mean and s.e.m. across dendrites. **j**, Spine formation rate determined by number of new and existing spines in consecutive imaging sessions across two-day interval, expressed as difference from baseline in first interval (day -3 to day -1). **k**, Similar to **j** for elimination rate. **l-n**, Similar to **i-k** for IT neurons after psilocybin (purple) or saline (light purple). There was no cell-type difference in psilocybin's effect on spine density, formation rate, or elimination rate (p-values for interaction effect of treatment × cell type, indicated in plots, mixed effects model). \*,  $p < 0.05$ . \*\*\*,  $p < 0.001$ , *post hoc* with Bonferroni correction for multiple comparisons. Sample size *n* values are provided in Methods. Statistical analyses are provided in Supplementary Table 1.

102

103 For each of the four cell-type and treatment conditions, we tracked and analyzed 1040–1147  
104 spines from 69–85 dendrites in 8–9 mice of both sexes. For statistical tests, mixed effects  
105 models were used, which included random effects terms to account for the nested nature of the  
106 data where spines are imaged from the same dendrites or same mouse. Details for sample  
107 sizes and statistical tests for all experiments are provided in **Supplementary Table 1**. One dose  
108 of psilocybin (1 mg/kg, i.p.) increased spine density in both pyramidal cell types (PT:  $19 \pm 2\%$  for  
109 psilocybin,  $-4 \pm 2\%$  for saline on day 1; IT:  $14 \pm 2\%$  for psilocybin,  $-4 \pm 1\%$  for saline; main effect of  
110 treatment:  $P < 0.001$ , mixed effects model; **Fig. 1i, l; Extended Data Fig. 3, 4**). The elevated  
111 number of dendritic spines remained significant in the last imaging session at 65 days for  
112 psilocybin relative to control. For both cell types, the higher spine density was driven by an  
113 increase in the rate of spine formation within 1 day after psilocybin (**Fig. 1k, o; Extended Data**  
114 **Fig. 4**), with additionally a smaller decrease in spine elimination rate for PT neurons (**Fig. 1l, p;**  
115 **Extended Data Fig. 4**).

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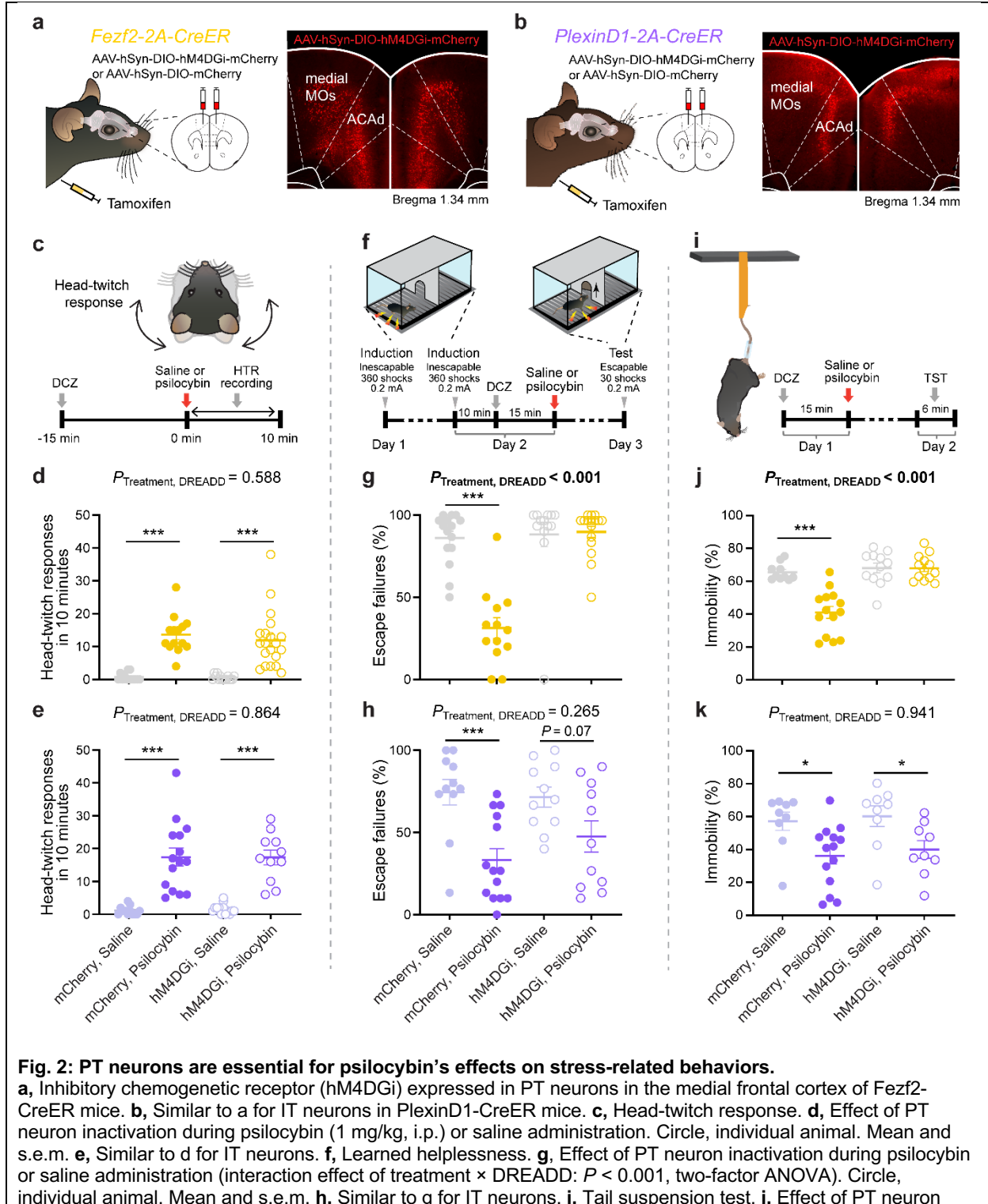
117 The psilocybin-evoked structural remodeling occurred in mice of both sexes (**Extended Data**  
118 **Fig. 5**). There was no change detected in spine protrusion length (**Extended Data Fig. 6**). Due  
119 to the sparse labeling, we could often trace the dendrites back to the cell body. Separately  
120 analyzing IT neurons residing in layer 2/3 and layer 5 (**Extended Data Fig. 7**) indicated that  
121 laminar position is not the reason for the difference observed across cell type. These results  
122 replicate our prior finding<sup>7</sup> that psilocybin increases spine density in frontal cortical pyramidal  
123 cells, while extending the observation window to show that the change persists for >2 months in  
124 mice, which occurs for both the PT and IT subpopulations.

125

### 126 **Frontal cortical PT neurons are key for psilocybin's effect on stress-related behavior**

127 An important question is whether the frontal cortical cell types are relevant for psilocybin's  
128 behavioral effects. To answer this question, we expressed broadly and bilaterally inhibitory  
129 DREADD<sup>30</sup> in PT and IT neurons by injecting AAV-hSyn-DIO-hM4DGi-mCherry in adult *Fezf2-*  
130 *CreER* and *PlexinD1-CreER* mice (**Fig. 2a, b**). These tamoxifen-inducible Cre-driver lines target  
131 PT and IT neurons respectively<sup>31</sup>. Control mice were injected with AAV-hSyn-DIO-mCherry. We

132 treated animals with the chemogenetic ligand deschloroclozapine<sup>32</sup> (DCZ; 0.1 mg/kg, i.p.) 15  
 133 minutes before injecting psilocybin (1 mg/kg, i.p.) or saline, thereby silencing the respective  
 134 subsets of pyramidal cells when the drug is active in the brain.  
 135



inactivation during psilocybin or saline administration on subsequent proportion of time spent immobile (interaction effect of treatment × DREADD:  $P < 0.001$ , two-factor ANOVA). Circle, individual animal. Mean and s.e.m. **k**, Similar to **j** for IT neurons. \*,  $p < 0.05$ . \*\*\*,  $p < 0.001$ , *post hoc* with Bonferroni correction for multiple comparisons. Sample size  $n$  values are provided in Methods. Statistical analyses are provided in Supplementary Table 1.

136

137 We tested four behavioral assays. The head-twitch response is an indicator of hallucinogenic  
138 potency of a compound in humans<sup>33</sup> and occurs nearly immediately after the administration of  
139 psilocybin in rodents. Psilocybin induced head twitches in our mice as expected, which was not  
140 affected by the DREADD-mediated silencing of frontal cortical PT or IT neurons ( $n = 11-20$  mice  
141 in each group; **Fig. 2c-e; Extended Data Fig. 8**). Next, learned helplessness is a preclinical  
142 paradigm relevant for modeling depression pathophysiology. Mice were exposed to inescapable  
143 footshocks during two induction sessions and subsequently tested for avoidance when faced  
144 with escapable footshocks during a test session (**Fig. 2f**). A single dose of psilocybin reduced  
145 escape failures, suggesting that drug-treated animals were less affected by the uncontrollable  
146 stress (**Fig. 2g, h**). This psilocybin-induced relief of the stress-induced phenotype was abolished  
147 if frontal cortical PT neurons were silenced during drug administration (interaction effect of  
148 treatment and DREADD:  $P < 0.001$ , two-factor ANOVA;  $n = 13-16$  mice in each group; **Fig. 2g;**  
149 **Extended Data Fig. 8**). Meanwhile, inactivating IT neurons had no effect ( $n = 11-14$  mice in  
150 each group; **Fig. 2h; Extended Data Fig. 8**). The tail suspension test assesses stress-related  
151 escape, in which immobility time serves as an indicator of stress-induced escape behavior (**Fig.**  
152 **2i**). Mice treated with psilocybin 24 hours prior to testing showed a significant reduction in  
153 immobility time compared to saline-treated animals, an improvement that was likewise  
154 abolished specifically by inactivation of frontal cortical PT neurons (interaction effect of  
155 treatment and DREADD:  $P < 0.001$ , two-factor ANOVA;  $n = 10-14$  mice in each group; **Fig. 2j,**  
156 **k; Extended Data Fig. 8**). Finally, we found that frontal cortical PT neurons are needed for  
157 psilocybin-driven facilitation of fear extinction in chronically stressed mice (**Extended Data Fig.**  
158 **9**). Together the behavioral data indicate that PT neurons in the medial frontal cortex are a key  
159 part of the brain's circuitry for mediating psilocybin's effect on stress-related behaviors.

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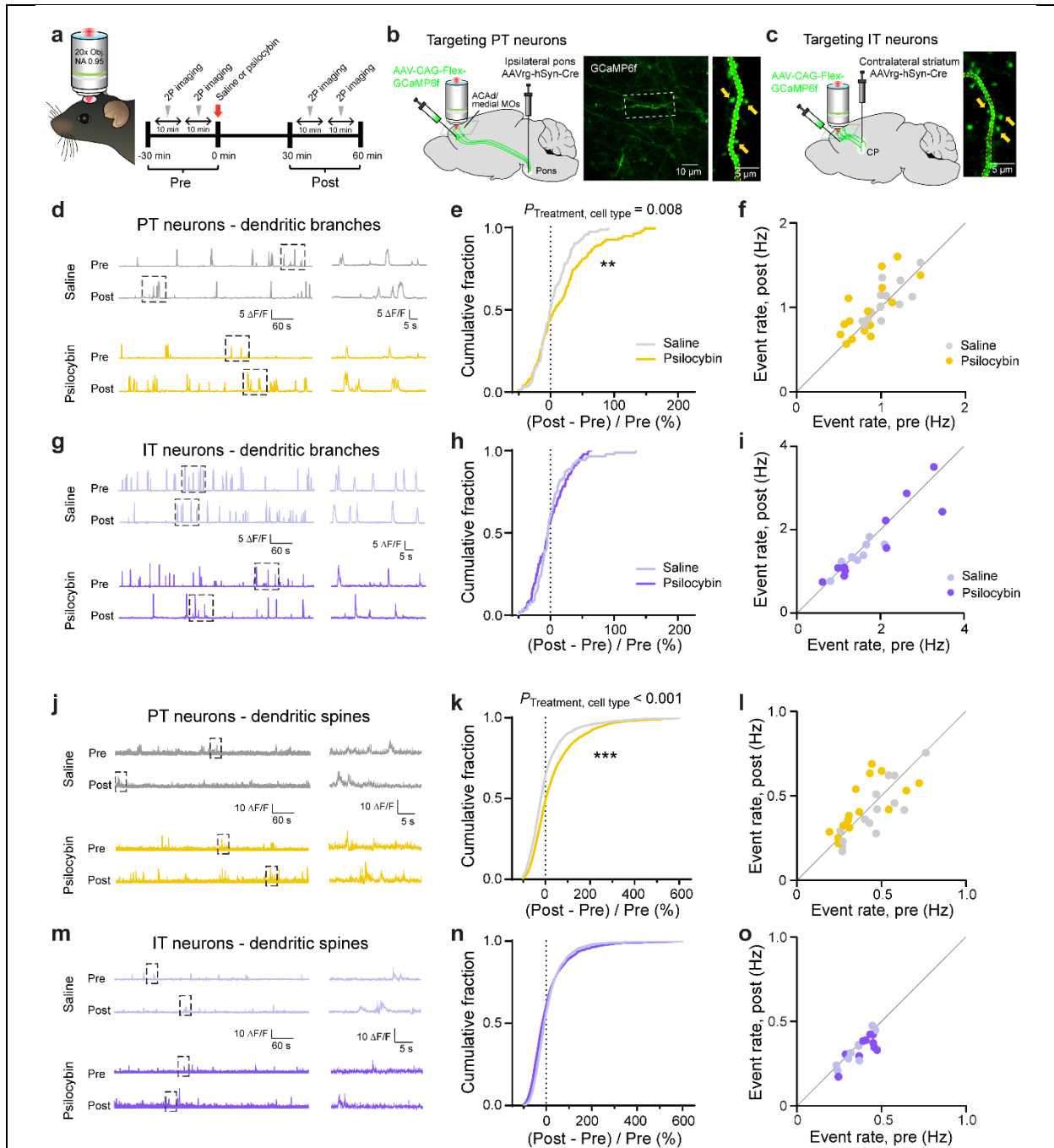
### 161 **Psilocybin acutely elevates dendritic calcium signaling in PT neurons**

162 What are the early events that initiate the psilocybin-induced structural and behavioral  
163 adaptations? Calcium is a second messenger that regulates synaptic plasticity in pyramidal  
164 cells<sup>34</sup>. There are different plasticity mechanisms that depend on calcium elevations, both  
165 globally in dendritic branches<sup>35</sup> and locally in dendritic spines<sup>36</sup>. To determine whether calcium  
166 in dendritic branches and dendritic spines are involved in psilocybin's action, we used two-  
167 photon microscopy to image the apical dendrites of pyramidal cells in ACAAd/medial MOs of



168 awake, head-fixed mice. We focused on the acute phase of psilocybin action, imaging the same  
169 fields of view located at 20 – 120  $\mu\text{m}$  below the pial surface for 10 minutes before and within 1  
170 hr after drug injection (**Fig. 3a**). To visualize calcium transients, we expressed the genetically  
171 encoded calcium indicator GCaMP6f in PT or IT neurons by injecting AAVretro-hSyn-Cre in the  
172 ipsilateral pons or contralateral striatum respectively, and AAV-CAG-FLEX-GCaMP6f in the  
173 medial frontal cortex (**Fig. 3b, c**). We used automated procedures<sup>37</sup> to detect calcium events in  
174 regions of interest corresponding to dendritic branches and dendritic spines before and after  
175 administering psilocybin (1 mg/kg, i.p.) or saline.

176



**Fig. 3: Psilocybin elevates the number of  $\text{Ca}^{2+}$  transients in dendritic branches and spines of PT neurons.**

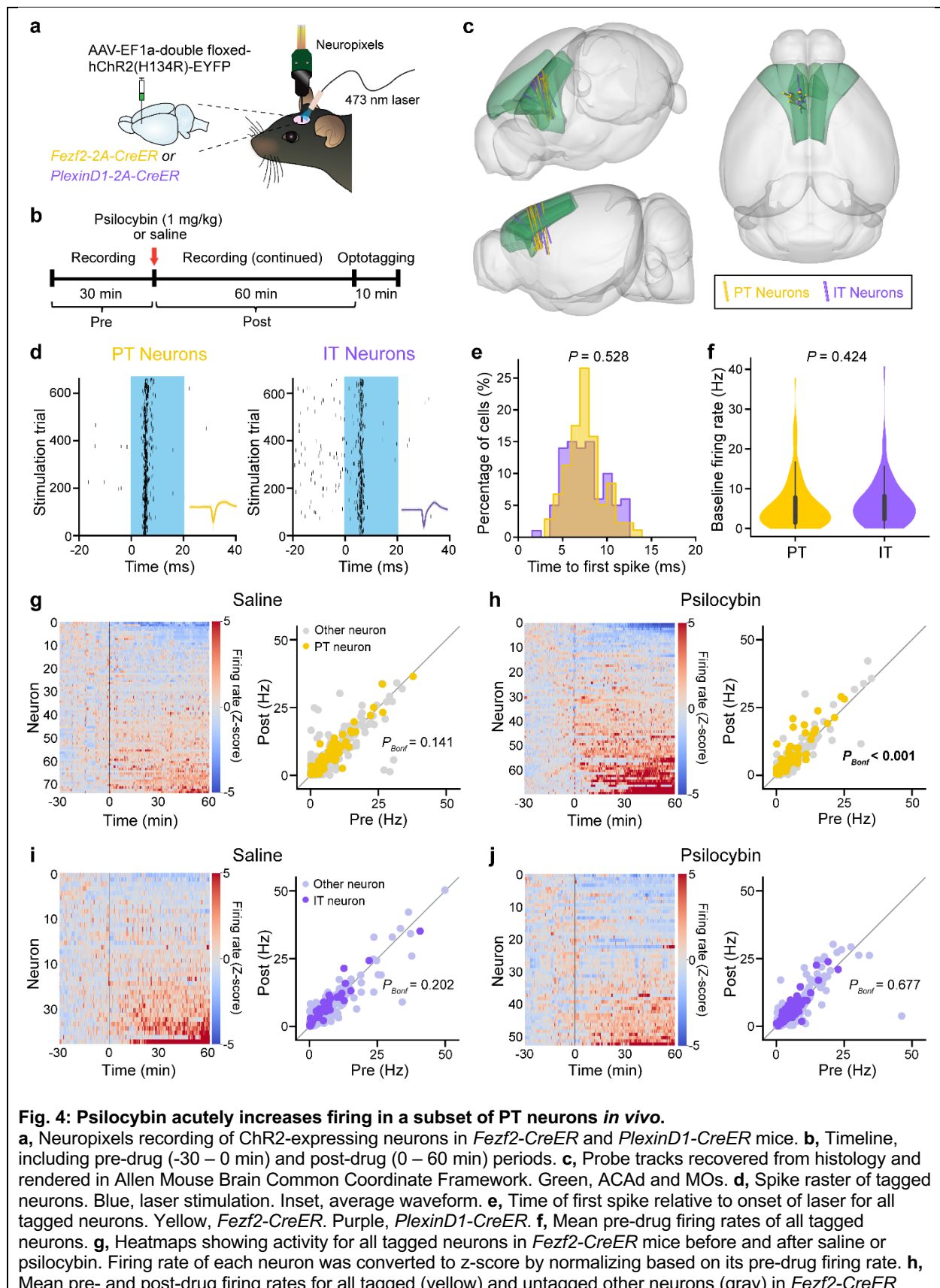
**a**, Two-photon microscopy of spontaneous dendritic calcium signals in awake mice. **b**, Viral strategy to express GCaMP6f selectively in PT neurons in the medial frontal cortex and example *in vivo* image. **c**, Similar to **b** for IT neurons. **d**,  $\Delta F/F_0$  from a PT dendritic branch before and after saline or, from a different branch, before and after psilocybin (1 mg/kg, i.p.). Inset (right), magnified view of the boxed area (left). **e**, Fractional change in the rate of calcium events detected in PT dendritic branches after psilocybin (yellow) or saline (gray). **f**, The raw rates of calcium events, averaged across dendritic branches in the same field of view, after psilocybin (yellow) or saline (gray). Each circle is a field of view. **g-i**, Similar to **d-f** for IT dendritic branches. **j-l**, Similar to **d-f** for PT dendritic spines. **m-o**, Similar to **d-f** for IT dendritic spines. \*\*,  $p < 0.01$ . \*\*\*,  $p < 0.001$ , *post hoc* with Bonferroni correction for multiple comparisons. Sample size  $n$  values are provided in Methods. Statistical analyses are provided in Supplementary Table 1.

178 For dendritic branches, a single dose of psilocybin increased the rate of spontaneous calcium  
179 events in PT neurons (psilocybin:  $23\pm 4\%$ ;  $n = 149$  branches, 4 mice; saline:  $5\pm 2\%$ ,  $n = 140$   
180 branches, 4 mice; **Fig. 3d-f; Extended Data Fig. 10, 11**). Conversely, psilocybin did not affect  
181 calcium events in dendritic branches of IT neurons (psilocybin:  $-2\pm 3\%$ ;  $n = 95$  branches, 3 mice;  
182 saline:  $1\pm 3\%$ ,  $n = 90$  branches, 3 mice; interaction effect of treatment  $\times$  cell type:  $P = 0.008$ ,  
183 mixed effects model; **Fig. 3g-i; Extended Data Fig. 10, 11**). For dendritic spines, we analyzed  
184 fluorescence signals after subtracting contribution from adjoining dendritic branch using a  
185 regression procedure<sup>38,39</sup> to estimate calcium transients arising from subthreshold synaptic  
186 activation. Similar to what we saw for dendritic branches, psilocybin elevated the rate of  
187 synaptic calcium events in dendritic spines of PT neurons (psilocybin:  $68\pm 5\%$ ;  $n = 2637$  spines,  
188 4 mice; saline:  $37\pm 6\%$ ,  $n = 2307$  spines, 4 mice; **Fig. 3j-l; Extended Data Fig. 10, 11**), but not  
189 in IT neurons (psilocybin:  $20\pm 3\%$ ;  $n = 2198$  spines, 3 mice; saline:  $16\pm 2\%$ ,  $n = 2237$  spines, 3  
190 mice; interaction effect of treatment  $\times$  cell type:  $P < 0.001$ , mixed-effects model; **Fig. 3m-o;**  
191 **Extended Data Fig. 10, 11**). These data show that psilocybin preferentially boosts dendritic and  
192 synaptic calcium signaling in PT neurons in the medial frontal cortex.

193

#### 194 **Psilocybin selectively increases firing in a subset of PT neurons**

195 The heightened dendritic calcium signals are likely due to increased dendritic excitability, which  
196 can lead to higher spiking activity in PT neurons. Alternatively, it has been shown that some 5-  
197 HT<sub>1A</sub> receptors localize to the axon initial segment<sup>40</sup>, creating a scenario where dendrites can be  
198 excitable while firing remains unchanged or suppressed in PT neurons. To disambiguate these  
199 possibilities, we used cell-type specific electrophysiology to record from PT and IT neurons in  
200 awake, head-fixed mice. To identify the cell type, we expressed channelrhodopsin (ChR2) in PT  
201 or IT neurons by injecting AAV-EF1a-double floxed-hChR2(H134R)-EFYP into the medial frontal  
202 cortex of adult *Fezf2-CreER* or *PlexinD1-CreER* mice (**Fig. 4a, b**). We targeted the medial  
203 frontal cortex with a high-density Neuropixels probe<sup>41</sup> (**Fig. 4c**) and isolated single units via  
204 spike sorting and quality metrics (**Extended Data Fig. 12**). We recorded for 30 minutes, injected  
205 psilocybin (1 mg/kg, i.p.) or saline, and then recorded for another 60 minutes. At the end of each  
206 recording session, we performed “opto-tagging” by applying trains of brief laser pulses (473 nm,  
207 20 ms) to identify ChR2-expressing cells. The opto-tagged PT and IT neurons were reliably  
208 driven by the photostimulation to spike with short latency (**Fig. 4d-f; Extended Data Fig. 13**).



mice. Each dot represents one neuron. **i-j**, Similar to g-h for *PlexinD1-CreER* mice.  $P_{Bonf}$ : Bonferroni corrected value. Sample size  $n$  values are provided in Methods. Statistical analyses are provided in Supplementary Table 1.

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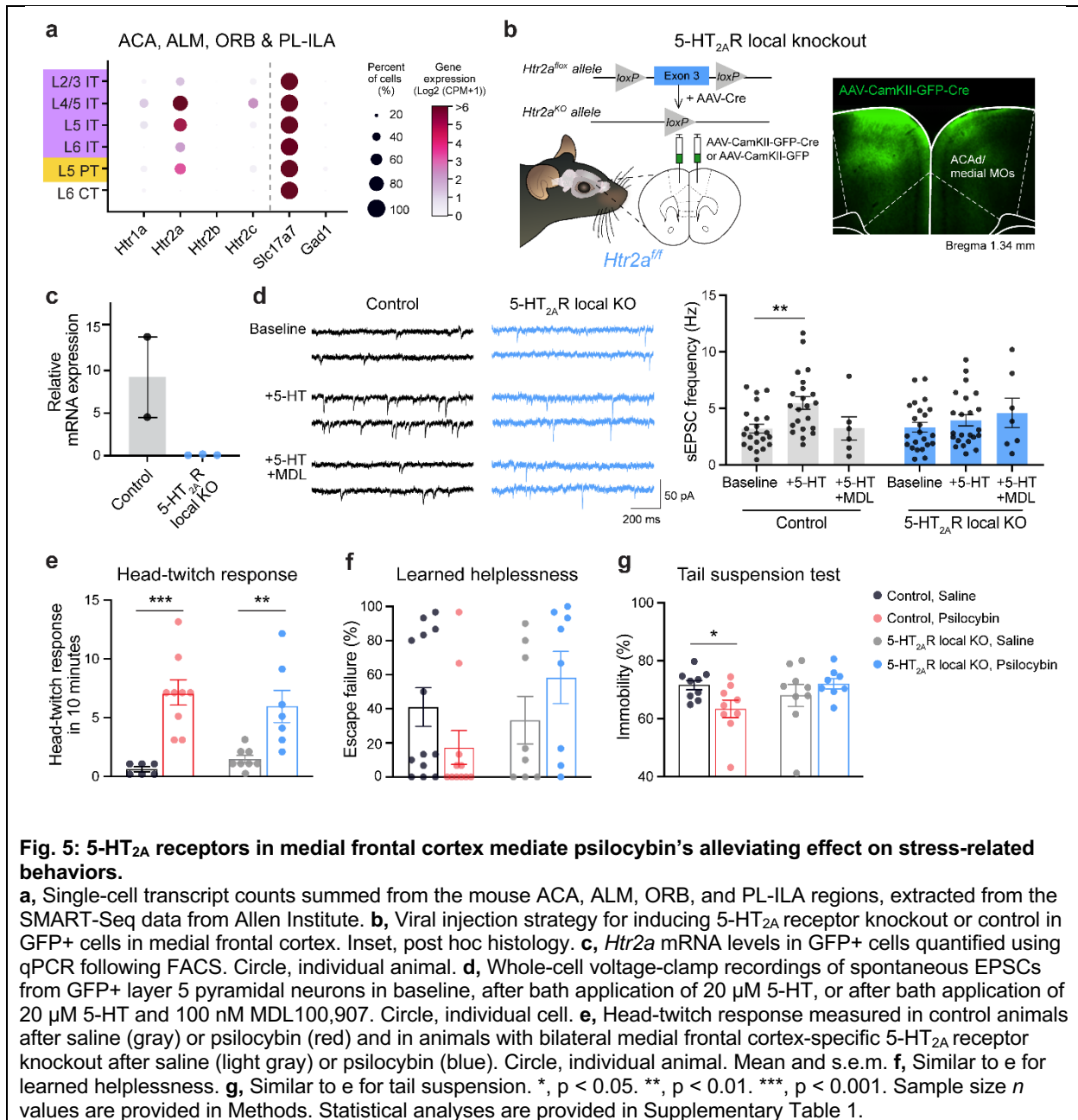
210 A fraction of the opto-tagged PT neurons in *Fezf2-CreER* mice responded vigorously to  
211 psilocybin. Specifically, 16% of the PT neurons substantially increased spiking activity, whereas  
212 few cells exhibited decrease after psilocybin or change after saline (psilocybin: 14 cells with  
213 post-drug mean z-score  $Z > 2$ , 2 cells with  $Z < -2$ ,  $n = 90$  tagged neurons, 5 mice; saline: 2 cell  
214 with  $Z > 2$  and 3 cell with  $Z < -2$ ,  $n = 104$  tagged neurons, 6 mice; **Fig. 4g**). On average,  
215 comparing between pre- versus post-drug firing, PT neurons showed significantly higher spike  
216 rates after psilocybin ( $P < 0.001$ , paired  $t$ -test with Bonferroni correction; **Fig. 4h**). By contrast,  
217 there was no notable change in firing activity for IT neurons in *PlexinD1-CreER* mice after  
218 psilocybin administration (psilocybin: 2 cells with  $Z > 2$ , 0 cells with  $Z < -2$ ,  $n = 57$  tagged neurons,  
219 5 mice; saline: 2 cells with  $Z > 2$  and 0 cells with  $Z < -2$ ,  $n = 38$  tagged neurons, 5 mice;  $P = 1.0$ ,  
220 paired  $t$ -test with Bonferroni correction; **Fig. 4i, j**). These results show that psilocybin produces  
221 cell type-specific changes in neural dynamics in the medial frontal cortex, highlighted by a set of  
222 PT neurons that responded acutely to drug administration by firing vigorously.

223

## 224 **5-HT<sub>2A</sub> receptors in medial frontal cortex mediate psilocybin's alleviating effect on stress-** 225 **related behaviors**

226 Our results thus far indicate frontal cortical PT neurons as a target for psilocybin. Does the cell  
227 type act through 5-HT<sub>2A</sub> receptors? Current literature provides conflicting data on whether the 5-  
228 HT<sub>2A</sub> receptor is needed<sup>8,42</sup> or nonessential<sup>43,44</sup> for the long-term neural and behavioral effects of  
229 psychedelics. The discrepancy may stem in part from the use of constitutive knockout animals  
230 and antagonist drugs, which can have unwanted effects on neurodevelopment or other  
231 receptors. Therefore, here we took a different approach, using a conditional knockout mouse  
232 *Htr2a<sup>ff</sup>* for region- and cell-type-targeted deletion of 5-HT<sub>2A</sub> receptors in adult animals<sup>45</sup>. We first  
233 asked if there are 5-HT<sub>2A</sub> receptors in frontal cortical excitatory cell types. Analysis of Allen  
234 Institute's single cell sequencing data<sup>46</sup> revealed abundant *Htr2a* transcripts in a proportion of  
235 frontal cortical PT and IT neurons (**Fig. 5a**). Next, we validated Cre-mediated knockout of 5-  
236 HT<sub>2A</sub> receptors in *Htr2a<sup>ff</sup>* mice. Following injection of AAV-CaMKII-GFP-Cre into the medial  
237 frontal cortex, at the transcript level, qPCR confirmed the absence of *Htr2a* transcript in GFP+  
238 cells (control: 2 mice, knockout: 3 mice; **Fig. 5b, c**). At the synaptic level, we performed whole-  
239 cell recordings from GFP+ layer 5 pyramidal cells, which did not exhibit 5-HT-evoked increase in  
240 sEPSCs (control: 22 cells from 4 mice, knockout: 23 cells from 4 mice; **Fig. 5d; Extended Data**  
241 **Fig. 14**), a 5-HT<sub>2A</sub> receptor-dependent phenomenon<sup>47</sup>.

242



243

244 Leveraging the *Htr2a*<sup>ff</sup> mice, we asked if the 5-HT<sub>2A</sub> receptor in frontal cortical neurons are  
 245 needed for psilocybin's effects in the same set of behaviors tested for **Fig. 2**. We injected either  
 246 AAV-hSyn-Cre-P2A-Tomato or AAV-hSyn-EGFP bilaterally and broadly in the medial frontal  
 247 cortex of *Htr2a*<sup>ff</sup> mice. Animals with the localized knockout of 5-HT<sub>2A</sub> receptors exhibited the  
 248 same amount of psilocybin-evoked head-twitch response as controls (*n* = 6-9 mice in each  
 249 group; **Fig. 5e**). The lack of dependence on 5-HT<sub>2A</sub> receptor for the psilocybin-evoked head-

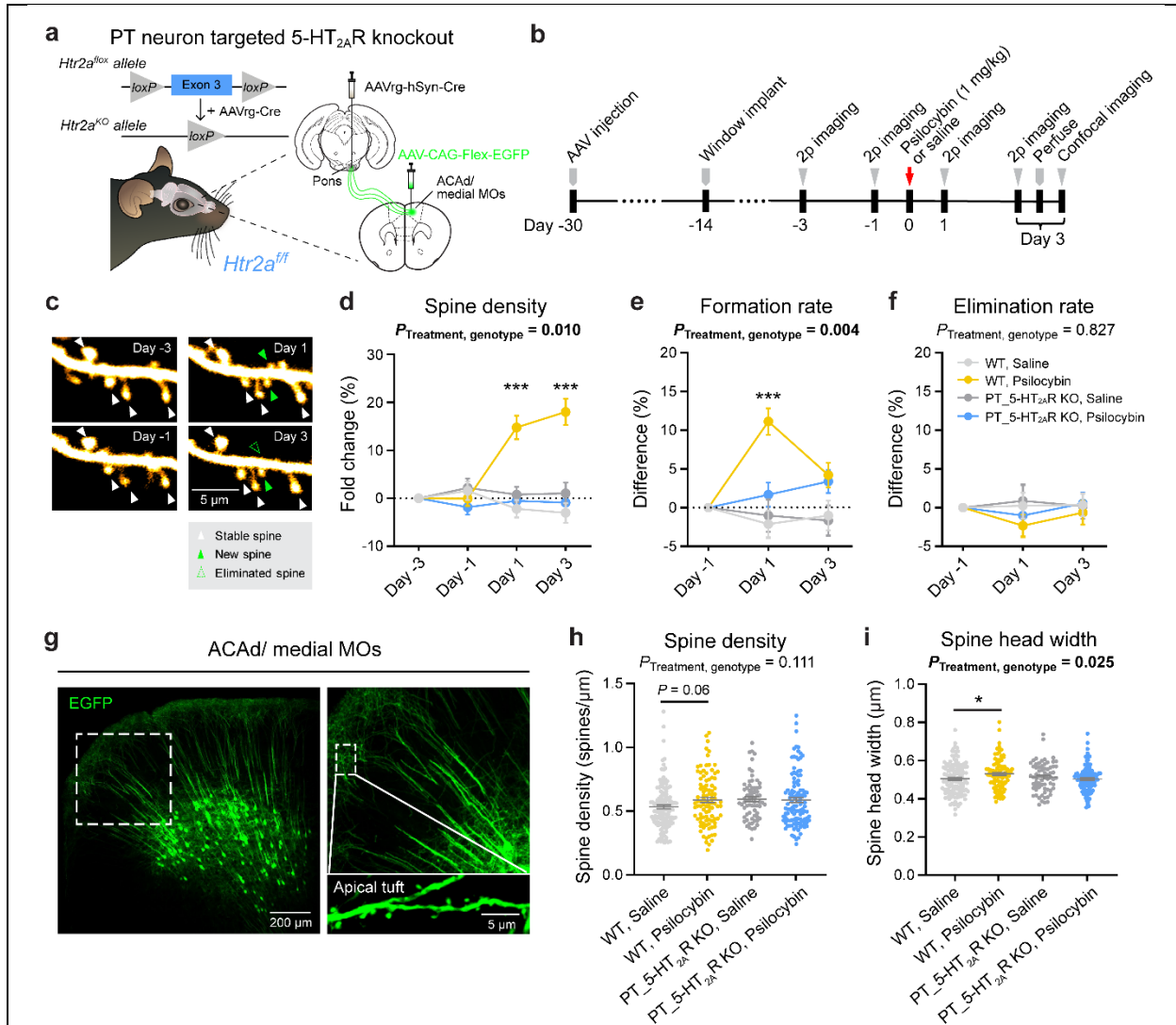
250 twitch response was specific to local manipulation in the medial frontal cortex, because  
251 *CaMKII<sup>Cre</sup>;Htr2a<sup>ff</sup>* mice with constitutive and more widespread receptor knockout had markedly  
252 fewer head-twitch response than control animals after psilocybin administration (**Extended Data**  
253 **Fig. 15**). Notably, the region-specific 5-HT<sub>2A</sub> receptor knockout was sufficient to render  
254 psilocybin ineffective for ameliorating the stress-related phenotypes in learned helplessness (n  
255 = 8-13 mice in each group; **Fig. 5f**) and tail suspension test (n = 8-9 mice in each group; **Fig.**  
256 **5g**). We note the caveat that although results from head-twitch response and tail suspension  
257 test were clearly interpretable, the response of control animals to psilocybin in learned  
258 helplessness did not reach statistical significance, likely due to floor effect from the low baseline  
259 rate of escape failures in this *Htr2a<sup>ff</sup>* strain. Collectively, the data show the importance of 5-HT<sub>2A</sub>  
260 receptors in the medial frontal cortex for psilocybin's ameliorative effects on stress-related  
261 behavior.

262

### 263 **5-HT<sub>2A</sub> receptor is required for psilocybin-induced structural plasticity in PT neurons**

264 Is the 5-HT<sub>2A</sub> receptor needed for psilocybin-evoked dendritic remodeling? To answer this  
265 question, we performed targeted knockout of 5-HT<sub>2A</sub> receptors by injecting low titer of AAVretro-  
266 hSyn-Cre into the ipsilateral pons and AAV-CAG-FLEX-EGFP into the medial frontal cortex of  
267 *Htr2a<sup>ff</sup>* (**Fig. 6a**). In this viral strategy, the Cre recombinase was needed for dual purposes to  
268 express EGFP for visualization and to mediate knockout, therefore the control animals need the  
269 same viruses, which are injected into wild type C57BL/6J mice. We used two-photon  
270 microscopy to image the same apical tuft dendrites for 4 sessions including before and after  
271 treatment with psilocybin (1 mg/kg, i.p.) or saline (**Fig. 6b, c**). For each condition (genotype and  
272 psilocybin or saline), we tracked and analyzed 445–1008 spines from 31–68 dendrites in 5–7  
273 mice of both sexes. In agreement with our earlier findings, the frontal cortical PT neurons in  
274 control animals exhibited increased spine density following a single dose of psilocybin (spine  
275 density: 15±2% for psilocybin, -2±2% for saline on day 1). By contrast, the cell type-targeted 5-  
276 HT<sub>2A</sub> receptor knockout abolished psilocybin's effects (spine density: -1±2% for psilocybin,  
277 1±2% for saline on day 1; interaction effect of treatment × genotype:  $P = 0.01$  for spine density,  
278 mixed effects model; **Fig. 6d-f; Extended Data Fig. 16-17**). *In vivo* two-photon microscopy has  
279 spatial resolution close to the limit needed for measuring spine size, motivating us to perform  
280 post hoc confocal microscopy in fixed tissues from the same animals to determine psilocybin's  
281 impact on spine morphology (n = 68-136 dendrites from 3-7 mice in each group; **Fig. 6g**).  
282 Extracted from day 3 after psilocybin dosing, the confocal data showed a psilocybin-evoked  
283 increase of spine head width in apical tufts of frontal cortical PT neurons (0.53±0.01 μm for

284 psilocybin,  $0.50 \pm 0.01 \mu\text{m}$  for saline), an effect that was absent when 5-HT<sub>2A</sub> receptors were  
 285 selectively deleted ( $0.50 \pm 0.01 \mu\text{m}$  for psilocybin,  $0.51 \pm 0.01 \mu\text{m}$  for saline; interaction effect of  
 286 treatment  $\times$  genotype:  $P = 0.025$ , two-factor ANOVA; **Fig. 6h-i**). These data strongly point to the  
 287 necessity of 5-HT<sub>2A</sub> receptors for psilocybin-induced structural neural plasticity.  
 288



**Fig. 6: 5-HT<sub>2A</sub> receptor is required for psilocybin-induced structural plasticity in PT neurons**

**a**, Viral injection strategy for inducing conditional 5-HT<sub>2A</sub> receptor knockout and GFP expression for imaging in frontal cortical PT neurons. **b**, Longitudinal two-photon microscopy followed by confocal imaging. **c**, Example field of view, tracking the same apical tuft dendrites before and after psilocybin. **d**, Density of dendritic spines in the apical tuft of PT neurons across days, expressed as fold-change from baseline in first imaging session (day -3), in wild type mice after saline (light gray) or psilocybin (yellow) and in mice with PT neuron-targeted 5-HT<sub>2A</sub> receptor knockout after saline (gray) or psilocybin (blue). Mean and s.e.m. across dendrites. *Post hoc* test compared WT:saline and WT:psilocybin groups. **e**, Spine formation rate determined by number of new and existing spines in consecutive imaging sessions across two-day interval, expressed as difference from baseline in first interval (day -3 to day -1). Interaction effect of treatment  $\times$  cell type:  $P = 0.004$ , mixed effects model). **f**, Similar to **e** for elimination rate. **g**, Example field of view imaging apical tufts using confocal microscopy. **h**, Density of dendritic spines in the apical tuft of PT neurons in wild type mice after saline (light gray) or psilocybin (yellow) and in mice with PT neuron-targeted 5-HT<sub>2A</sub> receptor knockout after saline (gray) or psilocybin (blue). Circle, individual dendritic segment. Mean and s.e.m. **i**, Similar to **h** for spine head width (interaction effect of treatment  $\times$  genotype:  $P =$



0.025, two-factor ANOVA). \*,  $p < 0.05$ . \*\*\*,  $p < 0.001$ , *post hoc* with Bonferroni correction for multiple comparisons. Sample size  $n$  values are provided in Methods. Statistical analyses are provided in Supplementary Table 1.

289

## 290 **Discussion**

291 We demonstrate that psilocybin's long-term behavioral effects are dissociated at the level of  
292 pyramidal cell types in the frontal cortex. The cell-type specific dissociation may be a  
293 mechanism leveraged by novel psychedelic analogs to isolate therapeutic effects from  
294 hallucinogenic action<sup>12,48,49</sup>. A key finding is that frontal cortical PT neurons are essential for  
295 psilocybin's beneficial effects in stress-related phenotypes. The consequence for the structural  
296 plasticity in frontal cortical IT neurons is unclear; it may be an epiphenomenon, or the IT cell  
297 type may mediate other psilocybin-induced behavioral changes that were not tested in this  
298 study.

299

300 Our results emphasize the importance of 5-HT<sub>2A</sub> receptors for psilocybin's long-term effects.  
301 However, given that many PT and IT neurons in the frontal cortex have abundant *Htr2a*  
302 transcripts, the expression profile cannot fully explain why PT neurons respond preferentially to  
303 psilocybin. It is plausible that under *in vivo* conditions, circuit mechanisms steer psilocybin's  
304 action to favor PT neurons. For instance, psilocybin may heighten activity of certain long-range  
305 axonal inputs with biased connectivity to frontal cortical PT neurons, such as those from  
306 contralateral medial frontal cortex<sup>50</sup> and ventromedial thalamus<sup>51</sup>. Another possibility is that  
307 psilocybin may cause disinhibition by suppressing specific GABAergic neurons, such as deep-  
308 lying somatostatin-expressing interneurons that preferentially inhibit PT neurons<sup>52,53</sup>. Receptor  
309 and circuit mechanisms are not mutually exclusive and their relative contributions to psilocybin's  
310 impact on frontal cortical neural dynamics should be determined in future studies.

311

312 A hallmark of psychedelics is their ability to alter conscious perception. Layer 5 pyramidal cells,  
313 including specifically the PT neuron subpopulation, have been implicated in the transition from  
314 anesthesia to wakefulness<sup>54,55</sup>. In the medial frontal cortex, PT neurons represent the  
315 subcortical output pathway, sending axons to ipsilateral thalamus and other deep-lying brain  
316 regions. There is growing interest to develop new treatments for depression that pair  
317 antidepressants with other approaches, such as electroconvulsive or transcranial magnetic  
318 stimulation<sup>56</sup>, with a goal to augment neural plasticity and enhance therapeutic outcome. This  
319 study delineates the cell types and receptors that underpin psychedelic action, highlighting the  
320 neural circuits that may be promising targets for neuromodulation and precision treatment.

321

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333

334 **Contributions**

335 L.X.S., C.L., and A.C.K. planned the study. L.X.S. and C.L. conducted and analyzed the imaging  
336 and behavioral experiments. P.A.D. and Q.J. conducted and analyzed the electrophysiological  
337 experiments. N.K.S. and O.M.B. analyzed the dendritic calcium imaging data. R.J.L. and A.C.  
338 conducted slice electrophysiology experiments. Q.J. assisted in animal surgery. Q.J., D.T.,  
339 C.W., and J.D.N. assisted in behavioral experiments and histology. S.C.W. and C.W. conducted  
340 pilot studies to validate the protocols for the behavioral assays. H.K. generated and provided the  
341 *Htr2a<sup>fl/fl</sup>* mice. L.X.S., C.L., and A.C.K. drafted the manuscript. All authors reviewed the  
342 manuscript before submission.

343

344 **Competing interests**

345 A.C.K. has been a scientific advisor or consultant for Boehringer Ingelheim, Empyrean  
346 Neuroscience, Freedom Biosciences, and Psylo. A.C.K. has received research support from  
347 Intra-Cellular Therapies. The other authors report no financial relationships with commercial  
348 interests.

349

350 **Data availability**

351 Data and code associated with the study will be available on <https://github.com/Kwan-Lab>.

352

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512  
513

514 **Methods**

515

516 **Animals**

517 Wild-type C57BL/6J (Stock No. 000664), *Fezf2-2A-CreER<sup>1</sup>* (B6;129S4-  
518 *Fezf2<sup>tm1.1(cre/ERT2)Zjh/J</sup>*, Stock No. 036296), *PlexinD1-2A-CreER<sup>1</sup>* (B6;129S4-  
519 *Plxnd1<sup>tm1.1(cre/ERT2)Zjh/J</sup>*, Stock No. 036296), *Thy1<sup>GFP</sup>* line M<sup>2</sup> (Tg(Thy1-EGFP)MJrs/J,  
520 Stock No. 007788), and *CaMKIIa<sup>Cre</sup>* (B6.Cg-Tg(Camk2a-cre)T29-1Stl/J, Stock No.  
521 005359) mice were from Jackson Laboratory and bred in our animal facility. *Htr2a<sup>ff</sup>*  
522 mice were described in a previous study<sup>3</sup> and bred in our animal facility. For behavioral  
523 and electrophysiological studies involving PT and IT neurons, 5- to 8-week-old  
524 homozygous *Fezf2-2A-CreER* and *PlexinD1-2A-CreER* mice were used for viral  
525 injection, then tested 2 weeks later. For two-photon imaging studies, 5 to 7-week-old  
526 C57BL/6J or homozygous *Htr2a<sup>ff</sup>* mice were used for viral injection, then implanted with  
527 a glass window and imaged 2-3 weeks later. For validation and behavioral studies  
528 involving the *Htr2a<sup>ff</sup>* mice, 5 to 8-week-old homozygous *Htr2a<sup>ff</sup>* mice or littermate  
529 controls were used for viral injection, then tested 3 weeks later. Animals were housed in  
530 groups with 2 – 5 mice per cage in a temperature-controlled room, operating on a  
531 normal 12 hr light - 12 hr dark cycle (8:00 AM to 8:00 PM for light). Food and water were  
532 available ad libitum. Animals were randomly assigned to different experimental groups.  
533 Animal care and experimental procedures were approved by the Institutional Animal  
534 Care & Use Committee (IACUC) at Cornell University and Yale University.

535

536 **Viruses**

537 AAV1-pCAG-FLEX-EGFP-WPRE (Catalog #51502), AAVretro-hSyn-Cre-WPRE-hGH  
538 (Catalog #105553), AAV1-CAG-Flex-GCaMP6f-WPRE-SV40 (Catalog #100835), AAV1-  
539 hSyn-DIO-hM4D(Gi)-mCherry (Catalog #44362), AAV1-hSyn-DIO-mCherry (Catalog  
540 #50459), AAV1-EF1a-double floxed-hChR2(H134R)-EYFP-WPRE-HGHpA (Catalog  
541 #20298), AAV9-CaMKII-HI-GFP-Cre.WPRE.SV40 (Catalog #105551), AAV8-CaMKIIa-  
542 EGFP (Catalog #50469), AAV9-hSyn-Cre-P2A-Tomato (Catalog #107738), and AAV9-  
543 hSyn-EGFP (Catalog #50465) were purchased from Addgene. AAVretro is an AAV  
544 designed for efficient retrograde transport<sup>4</sup>. All viruses had titers  $\geq 7 \times 10^{12}$  vg/mL. The



545 viruses were stored at -80°C. Before stereotaxic injection, they were taken out of the -  
546 80°C freezer, thawed on ice, and diluted to the corresponding titer for injection.

547

## 548 **Surgery**

549 Prior to surgery, each mouse was injected with dexamethasone (3 mg/kg, i.m.;  
550 DexaJect, #002459, Henry Schein Animal Health) and carprofen (5 mg/kg, s.c.;  
551 #024751, Henry Schein Animal Health) for anti-inflammatory and analgesic purposes.  
552 At the start of surgery, anesthesia was induced with 2 – 3% isoflurane and the mouse  
553 was affixed in a stereotaxic apparatus (Model 900, David Kopf Instruments). Anesthesia  
554 was maintained with 1 – 1.5% isoflurane. Body temperature was maintained at 38°C  
555 using a far-infrared warming pad (#RT-0515, Kent Scientific). Petrolatum ophthalmic  
556 ointment (#IS4398, Dechra) was applied to cover the eyes. The hair on the head was  
557 shaved. The scalp was disinfected by wiping with ethanol pads and povidone-iodine.  
558 Small burr holes were made above the targeted brain regions using a handheld dental  
559 drill (#HP4-917, Freedom). Adeno-associated virus (AAV) was delivered intracranially  
560 into the brain by inserting a borosilicate glass capillary and using an injector (Nanoject II  
561 Auto-Nanoliter Injector, Drummond Scientific). Injections were done for the various  
562 experiments using different viruses and volumes, as specified in the paragraphs below,  
563 using 4.6 nL pulses with 20 s interval between each pulse. To reduce backflow of the  
564 virus, we waited 5-10 min after completing an injection at one site before retracting the  
565 pipette to move on to the next site. For the medial frontal cortex and striatum, the  
566 stereotaxic apparatus was positioned at four sites corresponding to four vertices of a 0.2  
567 mm-wide square centered at the coordinates mentioned below. Throughout the  
568 procedure, the brain surface was kept moist with artificial cerebrospinal fluid (aCSF; in  
569 mM: 135 NaCl, 5 HEPES, 5 KCl, 1.8 CaCl<sub>2</sub>, 1 MgCl<sub>2</sub>; pH: 7.3). After injections, the  
570 craniotomies were covered with silicone elastomer (#0318, Smooth-On, Inc.), and the  
571 skin was sutured (#1265B, Surgical Specialties Corporation). At the end of surgery,  
572 animal was given carprofen (5 mg/kg, s.c.) immediately and then again once on each of  
573 the following 3 days.

574

575 For two-photon imaging of dendritic structure, to target PT neurons, 110.4 nL of  
576 AAVretro-hSyn-Cre-WPRE-hGH (1:100 diluted in phosphate-buffered saline (PBS;  
577 #P4417, Sigma-Aldrich)) was injected into the pons (anteroposterior (AP): -3.4 mm,  
578 mediolateral (ML): -0.7 mm, dorsoventral (DV): -5.2 mm; relative to bregma, same  
579 applies below, unless otherwise specified) and 92 nL of AAV1-pCAG-FLEX-EGFP-  
580 WPRE (1:20 diluted in PBS) was injected into the ACA<sub>d</sub> and medial MOs subregion of  
581 medial frontal cortex (AP: 1.5 mm, ML: -0.4 mm, DV: -1.0 mm) of a C57BL/6J or a  
582 *Htr2a<sup>ff</sup>* mouse. To target IT neurons, 101.2 nL of AAVretro-hSyn-Cre-WPRE-hGH  
583 (1:100 diluted in PBS) was injected into the contralateral striatum (AP: 0.6 mm, ML:  
584 2.2 mm, DV: -2.8 mm) and 92 nL of AAV1-pCAG-FLEX-EGFP-WPRE (1:20 diluted in  
585 PBS) was injected into the medial frontal cortex of a C57BL/6J mouse. After 2-3 weeks,  
586 the mouse underwent a second procedure, with the same pre- and post-operative care,  
587 to implant a glass window for imaging. An incision was made to remove skin above the  
588 skull, and the skull was cleaned to remove connective tissues. A dental drill was used to  
589 make a ~3-mm-diameter circular craniotomy above the previously targeted location at  
590 the medial frontal cortex. aCSF was used to immerse the exposed dura in the  
591 craniotomy. A two-layer glass window was made bonding two round coverslips (3 mm  
592 diameter, 0.15 mm thickness; #640720, Warner Instruments) via ultraviolet light-curing  
593 optical adhesive (#NOA 61, Norland Products) using an ultraviolet illuminator  
594 (#2182210, Loctite). The glass window was placed over the craniotomy and, while  
595 maintaining a slight pressure, super glue adhesive (Henkel Loctite 454) was carefully  
596 used to secure the window to the surrounding skull. A stainless steel headplate  
597 (eMachineShop; design available at <https://github.com/Kwan-Lab/behavioral-rigs>) was  
598 secured on the skull and centered on the glass window using a quick adhesive cement  
599 system (Metabond, Parkell). Mouse would recover for at least 10 days after the window  
600 implant prior to imaging experiments.

601

602 For two-photon imaging of dendritic calcium transients, to target PT neurons, 110.4 nL  
603 of AAVretro-hSyn-Cre-WPRE-hGH (1:10 diluted in PBS) was injected into the pons, and  
604 92 nL of AAV1-CAG-Flex-GCaMP6f-WPRE-SV40 (1:10 diluted in PBS) was injected  
605 into medial frontal cortex of a C57BL/6J mouse. To target IT neurons, 110.4 nL of

606 AAVretro-hSyn-Cre-WPRE-hGH (1:10 diluted in PBS) was injected into contralateral  
607 striatum and 92 nL of AAV1-CAG-Flex-GCaMP6f-WPRE-SV40 (1:10 diluted in PBS)  
608 was injected into medial frontal cortex of a C57BL/6J mouse. For two-photon imaging of  
609 dendritic structure in *Thy1<sup>GFP</sup>* mice, 345 nL of AAV9-hSyn-Cre-P2A-Tomato (1:100  
610 diluted in PBS) was injected into the medial frontal cortex of *Thy1<sup>GFP</sup>;Htr2a<sup>ff</sup>* or  
611 *Thy1<sup>GFP</sup>;Htr2a<sup>WT/WT</sup>* mice. The surgical procedures were the same as above.

612  
613 For chemogenetic experiments, 276 nL of AAV1-hSyn-DIO-hM4D(Gi)-mCherry or the  
614 control virus AAV1-hSyn-DIO-mCherry was injected into the medial frontal cortex  
615 bilaterally (AP: 1.5 mm, ML: 0.4 and -0.4 mm, DV: -1.0 and -1.2 mm) of *Fezf2-2A-CreER*  
616 mice to target PT neurons and *PlexinD1-2A-CreER* mice to target IT neurons. For *in*  
617 *vivo* electrophysiology, 276 nL of AAV1-EF1a-double floxed-hChR2(H134R)-EFYP was  
618 injected into the medial frontal cortex unilaterally (AP: 1.5 mm, ML: 0.4 mm, DV: -1.0  
619 and -1.2 mm) of *Fezf2-CreER* and *PlexinD1-CreER* mice to target PT and IT neurons,  
620 respectively. After 2 weeks, the mouse would undergo a second procedure. An incision  
621 was made to remove the skin and the periosteum was cleared. A dental drill was used  
622 to make a 0.9 mm craniotomy and a 0.86 mm self-tapping bone screw (#19010-10, Fine  
623 Science Tools) was placed through the skull bone into the cerebellum to act as a  
624 ground screw and provide further structural support for head-fixation. A custom  
625 stainless steel headplate was affixed on the skull using a quick adhesive cement  
626 system. The mouse would recover for at least one-week post-surgery prior to  
627 commencement of electrophysiological experiments. In both cases, injection of AAVs  
628 were made prior to administration of tamoxifen.

629  
630 For validation of the *Htr2a<sup>ff</sup>* mouse line, homozygous *Htr2a<sup>ff</sup>* animals were bilaterally  
631 injected with AAV9-CaMKII-HI-GFP-Cre.WPRE.SV40 (441.6 nL, 1:10 diluted in PBS) or  
632 AAV8-CaMKIIa-EGFP (441.6 nL, 1:10 diluted in PBS) in the medial frontal cortex (AP:  
633 1.5 mm, ML: +/-0.4 mm, DV: -0.4, -0.6, and -1.2 mm, relative to dura). Incised skin was  
634 sutured. Animals would recover for at least 3 weeks prior to sacrifice for transcript or  
635 slice electrophysiology experiments. For behavioral experiments involving *Htr2a<sup>ff</sup>* mice,  
636 homozygous *Htr2a<sup>ff</sup>* animals were bilaterally injected with AAV9-hSyn-Cre-P2A-Tomato

637 (690 nL, 1:50 diluted in PBS) or AAV9-hSyn-EGFP (690 nL, 1:50 diluted in PBS) in the  
638 medial frontal cortex (AP: 1.5 mm, ML: -0.4 mm, DV: -0.4, -0.6, and -1.2 mm, relative to  
639 dura). Incised skin was sutured. Animals would recover for at least 3 weeks prior to  
640 behavioral experiments.

641

## 642 **Tamoxifen**

643 Tamoxifen was used for inducible Cre-dependent gene expression in *Fezf2-CreER* and  
644 *PlexinD1-CreER* mice. Tamoxifen (#T5648, Sigma-Aldrich) was dissolved in corn oil  
645 (#C8267, Sigma-Aldrich) at concentration of 20 mg/mL in an ultrasonic bath at 37°C for  
646 1 – 4 hr. The solution was then aliquoted into 1 mL tubes, wrapped with aluminum foil,  
647 and stored at -20°C. For injections, the tamoxifen aliquots were thawed at 4°C. Each  
648 animal was weighed and received tamoxifen (75 mg/kg, i.p.) once every 24 hours for 5  
649 consecutive days. Experiments involving inducible Cre expression were conducted at  
650 least 2 weeks after the last dose of tamoxifen to allow time for viral-mediated  
651 expression.

652

## 653 **Histology**

654 Histology was performed to determine the accuracy of injection locations and assess  
655 transgene expression. For two-photon imaging and behavioral studies, after completion  
656 of experiments, mice were perfused with PBS, followed by paraformaldehyde solution  
657 (PFA, 4% (v/v) in PBS). The brains were extracted and further fixed in 4% PFA at 4°C  
658 for 12 – 24 hr. Subsequently, 40-µm-thick coronal sections were obtained using a  
659 vibratome (#VT1000S, Leica) and mounted on slides with glass coverslips. Sections  
660 were imaged using a wide-field fluorescence microscope (BZ-X810, Keyence). For  
661 electrophysiology, the coronal sections were prepared similarly, mounted on slides  
662 using Vectashield containing DAPI (#H-1200-10, Vector Laboratories) and imaged. To  
663 locate the Neuropixels probe, we used SHARP-TRACK<sup>5</sup> to align the images of the  
664 coronal sections including the Dil tracks with the standardized Allen Common  
665 Coordinate Framework 6<sup>6</sup>. Reconstructed probe tracks were visualized within the Allen  
666 Common Coordinate Framework using Brainrender<sup>7</sup>.

667

## 668 **Two-photon imaging**

669 Two-photon imaging experiments were performed using a Movable Objective  
670 Microscope (MOM, Sutter Instrument) equipped with a resonant-galvo scanner (Rapid  
671 Multi Region Scanner, Vidrio Technologies) and a water-immersion 20X objective  
672 (XLUMPLFLN, 20x/0.95 N.A., Olympus). ScanImage 2020 software<sup>8</sup> was used to  
673 control the microscope for image acquisition. To visualize GFP or GCaMP6f-expressing  
674 dendrites, a tunable Ti:Sapphire femtosecond laser (Chameleon Ultra II, Coherent) was  
675 used as the excitation source. The excitation wavelength was set at 920 nm, and  
676 emission was collected behind a 475 – 550 nm bandpass filter for fluorescence from  
677 GFP or GCaMP6f. The laser power measured at the objective was typically  $\leq 40$  mW  
678 and varied depending on the imaging depth. When imaging of the same field of view  
679 across days, the laser power was kept the same in each imaging session.

680

681 For structural imaging of dendrites, in each imaging session, the mouse was head fixed  
682 and anesthetized with 1% isoflurane through a nose cone. Body temperature was  
683 maintained at 37.4°C via a heating pad system (#40-90-8D, FHC) with feedback control  
684 from a rectal thermistor probe. Each imaging session lasted 0.5 – 1.5 hr. To target the  
685 ACAAd and medial MOs subregion of the medial prefrontal cortex, we imaged within 400  
686  $\mu\text{m}$  of the midline as determined by first visualizing the sagittal sinus in bright-field  
687 imaging. To target apical tuft dendrites, we first imaged 0 – 200  $\mu\text{m}$  below the pial  
688 surface to identify the apical tuft dendrites and apical trunk, and then select apical tuft  
689 dendrites located between 20 – 120  $\mu\text{m}$  below the pial surface for longitudinal imaging.  
690 Multiple different fields of view were imaged in the same mouse. For each field of view,  
691 10 – 40- $\mu\text{m}$ -thick z-stacks were collected with 1  $\mu\text{m}$  steps using 15 Hz bidirectional  
692 scanning at  $1024 \times 1024$  pixels with a resolution of 0.11  $\mu\text{m}$  per pixel. Each mouse was  
693 imaged at the same fields of view on day -3, -1, 1, 3, 5, 7, 35 and 65 relative to the day  
694 of drug administration. On the day of treatment (day 0), no imaging was performed, and  
695 the mouse was injected while awake with either psilocybin (1 mg/kg, i.p.; prepared from  
696 working solution, which was made fresh monthly from powder; Usona Institute) or saline  
697 (10 mL/kg, i.p.). After injection, the mouse was placed in a clean cage, and head  
698 twitches were visually inspected for 10 min before returning the mice to their home

699 cage. At the end of imaging session, for the purpose of reconstructing the apical  
700 dendritic trees, a z-stack was acquired between 0 – 900  $\mu\text{m}$  below the dura with 2  $\mu\text{m}$   
701 steps. For structural imaging of dendrites, 148 dendrites from 17 C57BL/6J mice were  
702 imaged for psilocybin (8 males including 5 for PT and 3 for IT neurons; 9 females  
703 including 4 for PT and 5 for IT neurons), and 154 dendrites from 16 C57BL/6J mice  
704 were imaged for saline (7 males including 4 for PT and 3 for IT neurons; 9 females  
705 including 4 for PT and 5 for IT neurons). For structural imaging to test effects of 5-HT<sub>2A</sub>  
706 receptor knockout on dendrites, 117 dendrites from 11 mice were imaged for psilocybin  
707 (6 *Htr2a*<sup>ff</sup> mice; 5 C57BL/6J mice), and 80 dendrites from 12 mice were imaged for  
708 saline (5 *Htr2a*<sup>ff</sup> mice; 7 C57BL/6J mice). For structural imaging of *Thy1*<sup>GFP</sup> mice, 38  
709 dendrites from 2 *Thy1*<sup>GFP</sup>;*Htr2a*<sup>WT/WT</sup> mice were imaged for psilocybin, 49 dendrites from  
710 5 *Thy1*<sup>GFP</sup>;*Htr2a*<sup>ff</sup> mice were imaged for psilocybin, and 98 dendrites from 3  
711 *Thy1*<sup>GFP</sup>;*Htr2a*<sup>ff</sup> mice were imaged for saline.

712

713 For calcium imaging of dendrites, the mouse was habituated to head-fixation in an  
714 acrylic tube under the microscope for 3–4 days, with increasing durations each day,  
715 before the day of data collection. To examine the acute effects of psilocybin, we imaged  
716 2 fields of view, each for 10 min to obtain pre-treatment baseline data. Imaging was  
717 then paused to inject psilocybin (1 mg/kg, i.p.) or saline (10 mL/kg, i.p.). At 30 min after  
718 injection, we imaged those same 2 fields of view again, each for 10 min to acquire post-  
719 treatment data. Each animal received both psilocybin and saline, with at least 1 week  
720 between imaging sessions and the order of treatment was balanced across subjects.

721 For calcium imaging of dendrites, 8 C57BL/6J mice including 3 males and 5 females  
722 were treated with psilocybin (244 dendritic branches including 149 from PT and 95 from  
723 IT neurons, with 4835 dendritic spines including 2637 from PT and 2198 from IT  
724 neurons) and saline (230 dendritic branches including 140 from PT and 90 from IT  
725 neurons, with 4544 dendritic spines including 2307 from PT and 2237 from IT neurons).

726

### 727 **Analysis of the imaging data**

728 For structural imaging of dendrites, motion correction was performed using StackReg  
729 plug-in<sup>9</sup> in ImageJ. Quantification of structural parameters such as spine head width and

730 spine protrusion length were done according to standardized criteria<sup>10</sup>. In brief, a  
731 dendritic spine was counted when the protrusion extended for  $>0.4 \mu\text{m}$  from the  
732 dendritic shaft. The line segment tool in ImageJ was utilized to measure the distances.  
733 The spine head width was determined as the width of the widest part of the spine head.  
734 Dendritic spine protrusion length referred to the distance from the tip of the head to the  
735 base at the shaft. Alterations in spine density, spine head width, and spine protrusion  
736 length were calculated as fold change compared to the value measured for each  
737 dendritic segment on the first imaging session (day -3). The raw values for spine  
738 density, spine head width, and spine protrusion length are provided in Extended Data.  
739 Spine formation rate was calculated by determining the number of newly formed  
740 dendritic spines between two consecutive imaging sessions (i.e., day -3 and day -1)  
741 divided by the total number of dendritic spines counted in the preceding imaging  
742 session (i.e., day -3). Similarly, spine elimination rate was calculated by determining the  
743 number of missing dendritic spines between two consecutive imaging sessions divided  
744 by the total number of dendritic spines counted in the preceding imaging session. To  
745 assess the longitudinal alterations in spine formation and elimination rates, we  
746 calculated the difference of the spine formation or elimination rate from the baseline  
747 rate, which was the spine formation or elimination rate for same dendritic segment  
748 before psilocybin and saline injection (between day -3 to day -1). The raw values for  
749 spine formation and elimination rates are provided in Extended Data. To divide IT  
750 neurons based on laminar position, we treated those with cell bodies residing in depth  
751 between 200 – 400  $\mu\text{m}$  below the dura as layer 2/3, while those with cell bodies residing  
752 in depth between 450  $\mu\text{m}$  to 650  $\mu\text{m}$  as layer 5<sup>11,12</sup>.

753

754 For calcium imaging of dendrites, multi-page .tiff image files from one experiment were  
755 concatenated and processed with NoRMCorre<sup>13</sup> in MATLAB to correct for non-rigid  
756 translational motion. As an overview, processing involved: (1) Regions of interest (ROI)  
757 corresponding to dendritic branches and spines were manually traced using an in-house  
758 graphical user interface in MATLAB; (2) The average fluorescence trace from each ROI  
759 was then processed similar to prior work<sup>14</sup> to exclude background neuropil signal, and  
760 converted to fractional change in fluorescence ( $\Delta F/F(t)$ ); (3) deconvolve the

761 fluorescence trace into discrete calcium events. Details for each of these processing  
762 steps are described below.

763

764 Dendritic branch and spine ROIs were manually traced by scrolling through the imaging  
765 frames to find putative dendritic segments (i.e., neurite segments with > 10 spiny  
766 protrusions showing a correlated pattern of fluorescence transients). First, a given  
767 branch ROI would be traced around the dendritic shaft segment using a lasso drawing  
768 tool. Next, the putative dendritic spines for that branch segment were captured using a  
769 circle drawing tool (typically 0.8 – 1.2  $\mu\text{m}$  diameter ROIs). For each ROI, the pixel-wise  
770 average was calculated at each data frame to generate a fluorescence time course  
771  $F_{\text{ROI}}(t)$ . Since calcium imaging was performed on the same field of view before and after  
772 drug injections, a single ROI mask was used to extract calcium signals before and after  
773 treatment. All ROI selection was done while blinded to treatment group.

774

775 Each ROI was then processed to reduce the contribution from background neuropil.  
776 Taking each ROI's area and considering a circle with equivalent area that has radius,  $r$ ,  
777 an ROI-specific neuropil mask was created as an annulus with inner radius  $2r$  and outer  
778 radius  $3r$  centered on the centroid of the ROI. Neuropil masks excluded pixels belonging  
779 to any other dendritic branch or spine ROI. To exclude neuropil mask pixels that may  
780 belong to unselected dendritic structures, we calculated the time-average signal for  
781 each pixel, taking the median amongst pixels in the mask. Pixels were excluded from  
782 the neuropil mask if their time-averaged signal was higher than the median. Finally, the  
783 remaining pixels in the neuropil mask were averaged per data frame to generate  
784  $F_{\text{neuropil}}(t)$ . Each ROI had the fluorescence from its neuropil mask subtracted as follows:

785

$$F(t) = F_{\text{ROI}}(t) - cF_{\text{neuropil}}(t)$$

786

787 where the neuropil correction factor,  $c$ , was set to 0.4. Next, the fractional change in  
788 fluorescence  $\Delta F/F(t)$  was calculated for each ROI by normalizing  $F(t)$  against its  
789 baseline,  $F_0(t)$ , estimated as the 10<sup>th</sup> percentile within a two-minute sliding window:

789

$$\frac{\Delta F}{F}(t) = \frac{F(t) - F_0(t)}{F_0(t)}$$

790



791 For each dendritic spine's  $\Delta F/F_{\text{spine}}(t)$ , we estimated the branch-independent spine  
792 activity,  $\Delta F/F_{\text{synaptic}}(t)$ , by subtracting a scaled version of the fluorescence from the  
793 corresponding dendritic branch,  $\Delta F/F_{\text{branch}}(t)$ , as follows:

794

$$795 \quad \frac{\Delta F}{F}_{\text{synaptic}}(t) = \frac{\Delta F}{F}_{\text{spine}}(t) - \alpha \frac{\Delta F}{F}_{\text{branch}}(t)$$

796 where the branch scaling factor,  $\alpha$ , was computed in an ROI-specific manner using a  
797 linear regression of  $\Delta F/F_{\text{synaptic}}(t)$  predicted by  $\Delta F/F_{\text{branch}}(t)$  forced through the origin. In a  
798 previous study, we have calibration to show that with this analysis approach, the  
799 majority of the spontaneously occurring calcium transients in dendritic spines can be  
800 attributed to synaptic activation<sup>15</sup>.

801

802 Calcium events were detected using automated procedure for each  $\Delta F/F_{\text{spine}}(t)$  and  
803  $\Delta F/F_{\text{branch}}(t)$  using a deconvolution “peeling” algorithm<sup>16</sup>. The peeling algorithm uses an  
804 iterative template-matching procedure to decompose a  $\Delta F/F(t)$  trace into a series of  
805 elementary calcium events. The template for elementary calcium events was set to  
806 have an instantaneous onset, an amplitude of 0.3, and a single-exponential decay time  
807 constant of 1 s. Briefly, the algorithm searches a given  $\Delta F/F(t)$  trace for a match to the  
808 template calcium event, subtracts it from the trace (i.e., “peeling”), and successively  
809 repeats the matching process until no events are found. This event detection process  
810 outputs the recorded event times with a temporal resolution by the original imaging  
811 frame rate. In this way, it is possible to detect multiple calcium events during the same  
812 imaging frame (e.g., for large amplitude transients). For each imaging session, an ROI's  
813 calcium event rate was computed by dividing the number of calcium events by the  
814 duration of the imaging session. The calcium events were examined further by their  
815 binned amplitude (average number of calcium events per frame, among frames with at  
816 least one event detected) and frequency (number of imaging frames with at least one  
817 event, divided by the total imaging duration). The change in calcium event rate,  
818 amplitude, and frequency across treatment injections was computed for each ROI using  
819 the post-injection minus pre-injection values divided by the pre-injection values and  
820 provided raw values for calcium event rates averaged across dendritic branches in the

821 same field of view. Separately, we have tried analyzing the  $\Delta F/F_{\text{spine}}(t)$  and  $\Delta F/F_{\text{branch}}(t)$   
822 using a different calcium event detection algorithm OASIS<sup>17</sup>, which yielded qualitatively  
823 similar results (data not shown).

824

### 825 **Confocal imaging**

826 After longitudinal two-photon imaging and at 3 days after psilocybin (1 mg/kg, i.p.) or  
827 saline (10 mL/kg, i.p.) injection, the mouse was deeply anesthetized with isoflurane and  
828 transcardially perfused with PBS followed by paraformaldehyde (PFA, 4% in PBS). The  
829 brains were fixed in 4% PFA for 24 hr at 4°C, and then 50-um-thick coronal brain slices  
830 were sectioned using a vibratome (VT1000S, Leica) and placed on slides with coverslip  
831 with mounting medium (Vector Laboratories #H-1500-10). The brain slices were imaged  
832 with a confocal microscope (LSM 710, Zeiss) equipped with a Plan-Apochromat  
833 63x/1.40 N.A. oil objective (zoom 2.5) and 0.37  $\mu\text{m}$  steps at 1024  $\times$  1024 pixels with a  
834 resolution of 0.08  $\mu\text{m}$  per pixel to collect the structural imaging data. In total, 204  
835 dendrites from 10 mice were imaged for psilocybin (5 *Htr2a*<sup>ff</sup> mice; 5 C57BL/6J mice),  
836 and 207 dendrites from 10 mice were imaged for saline (3 *Htr2a*<sup>ff</sup> mice; 7 C57BL/6J  
837 mice).

838

### 839 **Overview of behavioral studies**

840 All behavioral assays were conducted between 10:00 AM and 4:00 PM. For the animals  
841 used in chemogenetic manipulation, the same mice were tested on all assays. At least 2  
842 weeks were allotted between stress-related assays. Mice were randomized into different  
843 groupings for each assay (i.e., the same mouse could be part of the psilocybin group on  
844 first assay, and then saline group on the second assay).

845

846 For studies involving PT neurons, *Fezf2-2A-CreER* mice were tested on fear extinction,  
847 then after the last extinction session 2-3 weeks later on learned helplessness, then 1-2  
848 weeks later on head-twitch response, and finally 3 weeks later on tail suspension. We  
849 started, for fear extinction, with 58 *Fezf2-2A-CreER* mice injected with DREADD or  
850 control viruses, including 17 mice for psilocybin:mCherry (9 males, 8 females), 13 mice  
851 for saline:mCherry (7 males, 6 females), 13 mice for psilocybin:hM4DGi (8 males, 5

852 females), and 15 mice for saline:hM4DG<sub>i</sub> (7 males, 8 females). For learned  
853 helplessness, we had 57 *Fezf2-2A-CreER* mice remaining, including 13 mice for  
854 psilocybin:mCherry (8 males, 5 females), 15 mice for saline:mCherry (8 males, 7  
855 females), 16 mice for psilocybin:hM4DG<sub>i</sub> (9 males, 7 females), and 13 mice for  
856 saline:hM4DG<sub>i</sub> (5 males, 8 females). For head-twitch response, we had 53 *Fezf2-2A-*  
857 *CreER* mice remaining, 9 mice were tested on both psilocybin and saline with 1-week  
858 interval while the rest received psilocybin or saline, including 14 mice for  
859 psilocybin:mCherry (6 males, 8 females), 13 mice for saline:mCherry (6 males, 7  
860 females), 20 mice for psilocybin:hM4DG<sub>i</sub> (12 males, 8 females), and 15 mice for  
861 saline:hM4DG<sub>i</sub> (7 males, 8 females). For tail suspension test, we had 49 *Fezf2-2A-*  
862 *CreER* mice remaining, including 14 mice for psilocybin:mCherry (7 males, 7 females),  
863 10 mice for saline:mCherry (5 males, 5 females), 13 mice for psilocybin:hM4DG<sub>i</sub> (6  
864 males, 7 females), and 12 mice for saline:hM4DG<sub>i</sub> (8 males, 4 females).

865  
866 For studies involving IT neurons, *PlexinD1-2A-CreER* mice were tested on learned  
867 helplessness, then 1-2 weeks later on head-twitch response, and finally 3 weeks later  
868 on tail suspension. We started, for learned helplessness, with 47 *PlexinD1-2A-CreER*  
869 mice injected with DREADD or control viruses, including 14 mice for psilocybin:mCherry  
870 (7 males, 7 females), 11 mice for saline:mCherry (5 males and 6 females), 11 mice for  
871 psilocybin:hM4DG<sub>i</sub> (6 males, 5 females), and 11 mice for saline:hM4DG<sub>i</sub> (5 males, 6  
872 females). For head-twitch response, we had 47 *PlexinD1-2A-CreER* mice remaining, 4  
873 mice were tested on both psilocybin and saline with 1-week interval while the rest  
874 received psilocybin or saline, including 15 mice for psilocybin:mCherry (8 males, 7  
875 females), 12 mice for saline:mCherry (6 males, 6 females), 11 mice for  
876 psilocybin:hM4DG<sub>i</sub> (6 males, 5 females), and 13 mice for saline:hM4DG<sub>i</sub> (7 males, 6  
877 females). For tail suspension test, we had 41 *PlexinD1-2A-CreER* mice remaining,  
878 including 14 mice for psilocybin:mCherry (7 males, 7 females), 9 mice for  
879 saline:mCherry (5 males, 4 females), 9 mice for psilocybin:hM4DG<sub>i</sub> (5 males, 4  
880 females), and 9 mice for saline:hM4DG<sub>i</sub> (5 males, 4 females).

881

882 For behavioral studies involving *Htr2a<sup>ff</sup>* mice, separate groups of mice were used for  
883 each behavioral test. For learned helplessness, 16 local 5-HT<sub>2A</sub> receptor knockout mice  
884 were tested: 8 mice with saline (4 males, 4 females) and 8 with psilocybin (4 males, 4  
885 females). 24 littermates injected with control virus were tested: 13 with saline (6 males,  
886 7 females) and 11 with psilocybin (6 males, 5 females). For tail suspension test, 17 local  
887 5-HT<sub>2A</sub> receptor knockout mice were tested: 9 mice with saline (5 males, 4 females) and  
888 8 with psilocybin (4 males, 4 females). 18 littermates injected with control virus were  
889 tested: 9 mice with saline (5 males, 4 females) and 9 with psilocybin (5 males, 4  
890 females). For head-twitch response, 15 local 5-HT<sub>2A</sub> receptor knockout mice were  
891 tested: 8 mice with saline (4 males, 4 females) and 7 mice with psilocybin (3 males, 4  
892 females). 15 littermate controls were tested: 6 with saline (3 males, 3 females) and 9  
893 mice with psilocybin (4 males, 5 females). For head-twitch response involving *CaMKII<sup>Cre</sup>*  
894 mice, 12 *CaMKII<sup>Cre</sup>;Htr2a<sup>ff</sup>* mice (4 males, 8 females) and 11 littermate controls (3  
895 males, 8 females) were tested with psilocybin.

896

### 897 **Head-twitch response**

898 For each mouse, deschloroclozapine (DCZ; 0.1 mg/kg, i.p.; #HY-42110,  
899 MedChemExpress) or saline (10 mL/kg, i.p.) was injected if chemogenetic manipulation  
900 was tested, and then psilocybin (1 mg/kg, i.p.) or saline (10 mL/kg, i.p.) was injected 15  
901 min later. Head-twitch response was measured in groups of 2-3 mice, typically with  
902 psilocybin- and saline-treated mice tested simultaneously. After the injection, each  
903 mouse was immediately placed into its own plexiglass chamber (4" x 4" x 4"), which  
904 had a transparent lid and was positioned within a sound attenuating cubicle (Med  
905 Associates). A high-speed video camera (acA1920, Basler) was mounted overhead  
906 above the chambers. We recorded videos for 10 min. Between measurements, the  
907 chambers were thoroughly cleaned with 70% ethanol. The videos were scored for head  
908 twitches by a different experimenter blinded to the experimental conditions. Previously  
909 we showed that head twitches can be quantified using magnetic ear tags<sup>18</sup>, however  
910 here we were concerned that the ear tag might interfere with performance in other  
911 behavioral assays so opted for video recording.

912

913 **Learned helplessness**

914 For learned helplessness, we performed the assay using an active avoidance box with a  
915 stainless-steel grid floor and a shuttle box auto door separating the two compartments  
916 (8" x 8" x 6.29") inside a sound attenuating cubicle (MED-APA-D1M, Med Associates).  
917 On day 1 and day 2, there was one induction session on each day. Each session  
918 consisted of 360 inescapable foot shocks delivered at 0.2 mA for 1 – 3 s, with a random  
919 inter-trial interval ranging from 1 to 15 s. At 10-15 min after the end of the second  
920 induction session, DCZ (0.1 mg/kg, i.p.) or saline (10 mL/kg, i.p.) was given (the animals  
921 used in chemogenetic manipulation), and then psilocybin (1 mg/kg, i.p.) or saline (10  
922 mL/kg, i.p.) was injected 15 min later. On day 3, one test session was conducted,  
923 consisting of 30 escapable foot shocks delivered at 0.2 mA for 10 s, with an inter-trial  
924 interval of 30 s. A shock would be terminated early if the mouse moved to the other  
925 compartment. Movement of the mouse was captured by beam breaks in the shuttle box.  
926 A failure was counted when the mouse failed to escape before the end of a shock. After  
927 each induction or testing session, the shuttle box was cleaned with 70% ethanol. Before  
928 each testing session, the shuttle box was cleaned with 1% acetic acid solution to  
929 provide a different olfactory context.

930

931 **Tail suspension test**

932 Animals were tested 24 hours after administration of psilocybin (0.1 mg/kg i.p.) or saline  
933 (10 mL/kg, i.p.). For chemogenetic manipulation, DCZ (0.1 mg/kg, i.p.) or saline (10  
934 mL/kg, i.p.) was given 15 min before psilocybin or saline administration. Within a tall  
935 sound-attenuating cubicle (Med Associates), the setup included a metal bar elevated 30  
936 cm from the floor. An animal was suspended from the metal bar by securing its tail to  
937 the bar using removable tape (NC9972972, Fisher Scientific). A small plastic tube was  
938 placed around the base of the tail to prevent tail climbing during the session. Videos of  
939 the suspended animals were recorded for 6 minutes. The behavioral apparatus was  
940 thoroughly cleaned with 70% ethanol before and after each session.

941

942 **Stress-induced resistance to fear extinction**

943 For chronic restraint stress, we based the procedures on a published study<sup>18</sup>. Mice were  
944 restrained inside a cone-shaped plastic bag with openings on both ends (Decapicone,  
945 MDC200, Braintree Scientific) for 3 hours each day for 14 consecutive days. The  
946 opening corresponding to the rear of the mouse was sealed by tying a wire, leaving the  
947 mouse's tail protruding. Restrained animals were secured in an upright position inside  
948 an empty cage and monitored frequently. At 24 hr after the end of last restraint session,  
949 we began fear conditioning and extinction procedures, which were performed using a  
950 near-infrared video fear conditioning system (MED-VFC2-SCT-M, Med Associates).  
951 Prior to each session, the mouse was brought to the behavior room for habituation for  
952 ~30 min. The fear conditioning system was equipped with stainless-steel grid floor and  
953 was controlled by the VideoFreeze software (Med Associates). On day 1 (fear  
954 conditioning), the chamber had blank straight walls and stainless-steel grid floor.  
955 Surfaces of the chamber were cleaned with 70% ethanol (context A). Each mouse was  
956 conditioned individually in a chamber and given 3 minutes to habituate. Subsequently, it  
957 received 5 presentations of an auditory tone as the conditioned stimulus (CS; 4 kHz, 80  
958 dB, 30 s duration). Each CS co-terminated with a footshock as the unconditioned  
959 stimulus (US; 0.8 mA, 2 s duration). A 90-s intertrial interval separated the CS + US  
960 pairings. On day 3 (fear extinction 1), for each mouse, DCZ (0.1 mg/kg, i.p.) or saline  
961 (10 mL/kg, i.p.) was injected, and then psilocybin (1 mg/kg, i.p.) or saline (10 mL/kg, i.p.)  
962 was injected 15 min later. Then 45 min later, we started test for fear extinction, while the  
963 drug is presumably still present in the brain. The chamber had two black IRT acrylic  
964 sheets inserted for a sloped roof and stainless-steel grid floor covered with a white  
965 smooth floor. Surfaces of the chamber were cleaned with 1% acetic acid (context B).  
966 Each mouse was tested individually in a chamber and given 3 minutes to habituate.  
967 Subsequently, it received 15 presentations of the CS without the US. A 15-s intertrial  
968 interval separated the CS presentations. On day 4 (retention 1), we repeated the test for  
969 fear extinction in context B. On day 17 (retention 2), we repeated the test for fear  
970 extinction in context B.

971

972 **In vivo electrophysiology**

973 Mice were habituated to head fixation with increasing duration over several days. At  
974 least 3 hr before recording, mice were anesthetized with isoflurane and a 2-mm-  
975 diameter craniotomy was made over the medial frontal cortex (AP: 1.7 mm, ML:  
976 0.5 mm). Cold (4°C) aCSF was used to irrigate to clear debris and reduce heating  
977 during drilling. Care was taken to minimize bleeding and keep the area clear of bone  
978 fragments. The dura was removed using a metal pin (#10130-10, Fine Science Tools). A  
979 piece of Surgifoam (#1972, Johnson & Johnson) soaked in aCSF was placed above the  
980 brain tissue, which was covered with silicon polymer (#0318, Smooth-On, Inc.) to keep  
981 the craniotomy moist and clean prior to recording. For drug administration, to avoid  
982 inserting a needle during recording session which we found to cause animal to move  
983 and therefore compromise recording stability, we used a catheter system described  
984 previously<sup>19</sup>. A 22-gauge intravenous catheter system (#B383323, BD Saf-T-Intima  
985 Closed IV Catheter Systems) was preloaded with psilocybin or saline and maintained at  
986 a neutral pressure. At 1 hr prior to recording, mice were briefly anesthetized with  
987 isoflurane and implanted with the intravenous catheter to their intraperitoneal cavity and  
988 the catheter was fixed with a drop of Vetbond tissue adhesive (#1469, 3M Vetbond).  
989 The mice were then head fixed and the catheter tubing was secured to the mouse  
990 holder acrylic tube with tape. Silicon polymer and Surgifoam were removed from the  
991 skull and the craniotomy was briefly irrigated with aCSF. A high-density silicon probe  
992 (#Neuropixels 1.0, IMEC) with the ground and reference shorted was coated using a 10  
993  $\mu$ L drop of CM-Dil (1 mM in ethanol; #C7000, Invitrogen). The probe was then slowly  
994 lowered (100  $\mu$ m/min) into the brain using a micromanipulator (MPM; M3-LS-3.4-15-  
995 XYZ-MPM-Inverted, New Scale Technologies) to the target depth of ~2000  $\mu$ m. The  
996 probe was configured to record from 384 sites. At the target depth, we waited for the  
997 probe to settle for at least 30 min before recording began. Data were acquired using the  
998 OpenEphys software<sup>20</sup> in external reference mode. Action potential and local field  
999 potentials were recorded at 30 kHz and 2.5 kHz, respectively. Once the recording  
1000 began, 30 min of baseline activity was collected. The animal was then administered  
1001 either psilocybin or saline via the catheter and an additional 60 min of data was  
1002 collected. At the end of each recording session, optotagging was performed to identify  
1003 ChR2-expressing PT or IT neurons. A fiber-coupled 473 nm laser (Obis FP 473LX,

1004 Coherent) was connected to a 200  $\mu\text{m}$  optical fiber, which was mounted on the  
1005 manipulator with an unjacketed end aimed at the craniotomy. The OpenEphys software  
1006 was used to trigger a PulsePal (#1102, Sanworks) to drive the laser control unit to  
1007 produce 20 ms pulses at 1 Hz and  $\sim 25 \text{ mW/mm}^2$  per trial. Each trial lasts for 1 s, with  
1008 inter-trial interval of 980 s, and we conducted at least 500 trials.

1009  
1010 For *Fezf2-2A-CreER* mice treated with saline, we recorded from 551 cells from 6  
1011 animals (1 male, 5 females), including 104 tagged neurons and 447 untagged other  
1012 single units. For *Fezf2-2A-CreER* mice treated with psilocybin, we recorded from 572  
1013 cells from 5 animals (4 males, 1 female), including 90 tagged neurons and 482  
1014 untagged other single units. For *PlexinD1-2A-CreER* mice treated with saline, we  
1015 recorded from 701 cells from 5 animals (4 males, 1 female), including 38 tagged  
1016 neurons and 663 untagged other single units. For *PlexinD1-2A-CreER* mice treated with  
1017 psilocybin, we recorded from 607 cells from 5 animals (4 males, 1 female), including 57  
1018 tagged neurons and 550 untagged other single units.

1019

1020

### 1021 **Analysis of in vivo electrophysiology data**

1022 SpikeInterface<sup>21</sup> was used to preprocess, spike sort, and calculate single-unit metrics.  
1023 Putative single units were initially identified by Kilosort 2.5<sup>22</sup> and were further manually  
1024 curated in Phy (<https://github.com/kwikteam/phy>). Quality and waveform metrics were  
1025 generated via SpikeInterface. We included units that satisfied all the following quality  
1026 metrics: present for at least 90% of the recording (presence ratio), ISI violation rate less  
1027 than 0.5, and amplitude cutoff of less than 0.1. To identify opto-tagged neurons, we  
1028 created peri-stimulus time histograms by aligning putative single-unit spiking activity to  
1029 the onset of laser stimulation. We classified opto-tagged neurons via visual inspection  
1030 considering the latency to spike and reliability of spiking in response to onset of laser  
1031 stimulation.

1032

### 1033 **Analysis of single-cell transcriptomics data**



1034 We accessed the “whole cortex and hippocampus 2020” SmartSeq single cell RNAseq  
1035 data set made publicly available by the Allen Institute<sup>23</sup>. We analyzed cells that belong  
1036 to neuron classes already identified by Allen Institute as layer 2/3 intratelencephalic  
1037 (L2/3 IT), layer 4/5 intratelencephalic (L4/5 IT), layer 5 intratelencephalic (L5 IT), layer 6  
1038 intratelencephalic (L6 IT), layer 5 pyramidal tract (L5 PT), and layer 6 corticothalamic  
1039 (L6 CT). We restricted our analyses to cells that reside in frontal cortical regions: ACA,  
1040 ALM, ORB, and PL-ILA. This yielded 1403 L2/3 IT, 3118 L4/5 IT, 1541 L5 IT, 640 L6 IT,  
1041 471 L5 PT, and 2159 L6 CT neurons. We extracted expression levels for 6 genes:  
1042 *Htr1a*, *Htr2a*, *Htr2b*, and *Htr2c*, which encode the 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>2B</sub>, and 5-HT<sub>2C</sub>  
1043 receptors, as well as *Slc17a7* and *Gad1*, which are markers for glutamatergic and  
1044 GABAergic neurons. The expression level was quantified by calculating the trimmed  
1045 mean (25%-75%) of log<sub>2</sub>(CPM + 1), where CPM is counts per million.

1046

#### 1047 **RNA isolation and real-time PCR**

1048 Tissue around viral injection sites in the medial frontal cortex was microdissected with  
1049 tools treated with RNase Away (7002, Thermo Scientific) and processed via a Dounce  
1050 homogenizer in BrainBits Hibernate A (NC1787837, Fisher Scientific). Cell solution was  
1051 layered on OptiPrep Density Gradient Medium (D1556, Sigma-Aldrich) and centrifuged  
1052 for lipid/myelin debris removal. Cell solution was filtered and GFP+ cells were sorted  
1053 (BD FACSMelody Cell Sorter). RNA was extracted from GFP+ cells using the RNeasy  
1054 Plus Mini Kit (#74134, Qiagen). RNA was reverse transcribed to cDNA using the High  
1055 Capacity cDNA Reverse Transcription Kit (4368814, Applied Biosystems), amplified  
1056 with KAPA SYBR FAST qPCR Master Mix (KK4603, Roche) using real-time PCR  
1057 (QuantStudio 7 Pro) and normalized based on reference gene *Gapdh* expression.  
1058 Primers were designed with Primer3 and data were analyzed with the comparative  
1059 threshold cycle method. Some steps for studies involving *CaMKII<sup>Cre</sup>* mice were different:  
1060 tissue around the medial frontal cortex was processed via a Dounce homogenizer in  
1061 TRIzol (Thermo Scientific A33251). Homogenized solution was phase separated with  
1062 chloroform (Electron Microscopy Sciences 12540). RNA was precipitated with isopropyl  
1063 alcohol (American Bio AB07015-0100), washed with 75% EtOH, and reconstituted in

1064 ultrapure distilled H<sub>2</sub>O (Invitrogen 10977-015). RNA was reverse transcribed, amplified,  
1065 and analyzed as above.

1066

### 1067 **Slice electrophysiology**

1068 Brain slices were prepared as previously described<sup>24</sup>. Briefly, mice were first  
1069 anesthetized with chloral hydrate (400 mg/kg, i.p.). After decapitation, brains were  
1070 removed rapidly and placed in ice-cold (~4°C) artificial cerebrospinal fluid (ACSF) in  
1071 which sucrose (252 mM) was substituted for NaCl (sucrose-ACSF) to prevent cell  
1072 swelling. Coronal slices (300 µm) were cut in sucrose-ACSF with an oscillating-blade  
1073 vibratome (VT1000S, Leica). Slices were allowed to recover for ~1-2 hr in sucrose-  
1074 ACSF before commencement of recording. Slices were then placed in a submerged  
1075 recording chamber in standard ACSF, and the bath temperature was raised to 32°C.  
1076 The standard ACSF (pH ~7.35) was equilibrated with 95% O<sub>2</sub>/5% CO<sub>2</sub> and contained (in  
1077 mM): 128 NaCl, 3 KCl, 2 CaCl<sub>2</sub>, 2 MgSO<sub>4</sub>, 24 NaHCO<sub>3</sub>, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, and 10 D-  
1078 glucose. Layer 5 pyramidal cells in medial frontal cortex were visualized under an  
1079 Olympus BX51WI microscope using a 60X infrared objective with infrared differential  
1080 interference contrast (IR/DIC) videomicroscopy. A digital CMOS camera (ORCA-spark,  
1081 Hamamatsu) was used to visualize neurons in slice. Low-resistance patch pipette (3-5  
1082 MΩ) were pulled from borosilicate glass (Warner Instrument) using a horizontal  
1083 micropipette puller (P-1000, Sutter Instrument). Pipettes were filled with internal solution  
1084 containing (in mM): 115 K gluconate, 5 KCl, 2 MgCl<sub>2</sub>, 2 Mg-ATP, 2 Na<sub>2</sub>ATP, 10 mM  
1085 Na<sub>2</sub>-phosphocreatine, 0.4 mM Na<sub>2</sub>GTP, and 10 mM HEPES, calibrated to pH 7.33.  
1086 Whole-cell patch clamp recording was performed with a Multiclamp 700B amplifier  
1087 (Axon Instruments). The output signal was low-pass-filtered at 3 kHz, amplified x100  
1088 and digitized at 15 kHz and acquired using Clampex 10.5/Digidata 1550A software.  
1089 Series resistance, monitored throughout the experiment, was between 4-8 MΩ. Cells  
1090 were discarded if series resistance rose above 8 MΩ. Liquid junction potential was not  
1091 corrected. Spontaneous excitatory postsynaptic currents (sEPSCs) were recorded by  
1092 clamping cells near their resting potential (≈-75 mV ± 5 mV) to minimize holding  
1093 currents. After baseline recording, 20 µM 5-hydroxytryptamine creatinine sulfate  
1094 (Sigma-Aldrich) was washed on for 2 min for recording in 5-HT. Subsequently, there

1095 was a washout, before 30 nM MDL100907 (Marion Merrell Dow) was washed on for 5  
1096 min, and then recordings were made in 20  $\mu$ M 5-HT + 30 nM MDL100907.  
1097 Analysis of spontaneous excitatory postsynaptic current (sEPSC) frequency was  
1098 conducted with commercially available Mini Analysis software (Synaptosoft Inc.,  
1099 Decatur, GA). sEPSCs were detected and measured according to the amplitude, rise  
1100 time, duration, and area under the curve (fc). Synaptic events were those with an  
1101 amplitude threshold of 5 pA and area threshold of 50 fc. Traces were recorded for 60 s,  
1102 and the average of 3 traces (180 s) were used for analysis for each cell/treatment.

1103  
1104 For local 5-HT<sub>2A</sub> receptor knockout mice, we recorded from 23 cells from 4 animals for  
1105 the baseline, continued to obtain recording from the same 23 cells after bath application  
1106 of 20  $\mu$ M 5-HT, and for 7 of them recorded after bath application of 20  $\mu$ M 5-HT and 100  
1107 nM MDL100907. For the *Htr2a<sup>ff</sup>* mice injected with control virus, we recorded from 22  
1108 cells from 4 animals for the baseline, continued to obtain recording from the same 22  
1109 cells after bath application of 20  $\mu$ M 5-HT, and for 6 of them recorded after bath  
1110 application of 20  $\mu$ M 5-HT and 100 nM MDL100907. Some cells did not go through all  
1111 treatment conditions, because the seal had degraded and the input resistance changed  
1112 significantly.

1113

### 1114 **Immunohistochemistry**

1115 Brains were sectioned using a vibratome (VT1000S, Leica) to yield 50  $\mu$ m-thick coronal  
1116 sections. The free-floating sections were washed 3 times with 0.3% TX-100/PBS prior to  
1117 a 1 hour incubation in blocking buffer (5% normal donkey serum in 0.3% TX-100/PBS)  
1118 and then incubated overnight at room temperature with anti-rabbit HTR2A antibody  
1119 (1:250 dilution, #RA24288, Neuromics). Brain sections were washed with 0.3% TX-  
1120 100/PBS 3 times and then incubated with secondary antibody goat anti-rabbit IgG  
1121 AlexaFluor 555 (A21528, Invitrogen) at room temperature for 2 hours. Sections were  
1122 washed 3 times with PBS. Sections were mounted and coverslipped with Vectashield  
1123 Mounting Medium with DAPI (#H-1500-10, Vector Laboratories). Tissue sections were  
1124 imaged on a Zeiss LSM 710 Confocal Microscope with a Plan-Apochromat 63x/1.40  
1125 N.A. oil objective.

1126

## 1127 **Statistics**

1128 **Supplementary Table 1** provides detailed information about the sample sizes and  
1129 statistical analyses for each experiment. For behavioral studies and confocal imaging,  
1130 statistical analyses were performed with GraphPad Prism 10. For two-photon imaging  
1131 experiments, statistical analyses were performed based on mixed effects models using  
1132 the lme4 package in R. Linear mixed effects models were used to account for repeated  
1133 measures and within-subject nesting (e.g., multiple spines per branch) in a manner that  
1134 makes less assumptions about underlying data than the commonly used repeated  
1135 measures analysis of variance. Details about the models are described below.

1136

1137 For two-photon imaging of dendritic structure, analyses were performed while blind to  
1138 treatment and cell type or genotype. A separate mixed effects model was constructed  
1139 for each of five dependent variables related to dendritic spines: spine density, average  
1140 spine head width, spine protrusion length, spine formation rate, and spine elimination  
1141 rate. Each model included fixed effects terms for treatment (psilocybin vs. saline), cell  
1142 type (PT vs. IT), sex (female vs. male), and time (day 1 through day 65) as factors, in  
1143 addition to all second and higher-order interactions amongst these terms. The variation  
1144 for repeated measures within mouse, cell, and dendrite were accounted for by including  
1145 a random intercept for dendrites nested by cell nested by mice. Residuals plots were  
1146 inspected visually to confirm no deviations from homoscedasticity or normality. Fixed  
1147 effect *P* values were computed using likelihood ratio tests comparing the full model  
1148 against a model without the effect in question. *Post hoc* two-sample *t*-tests were used to  
1149 contrast psilocybin and saline groups per day, with and without splitting the sample by  
1150 sex. The *P* values resulting from *post hoc t*-tests were Bonferroni-corrected for multiple  
1151 comparisons. For two-photon imaging involving *Htr2a<sup>ff</sup>* mice, a similar mixed effects  
1152 model and *post hoc t*-tests were used, except each model included fixed effects terms  
1153 for treatment (psilocybin vs. saline), genotype (*Htr2a<sup>ff</sup>* vs. wild-type), and time (day 1  
1154 and day 3) as factors, in addition to all second and higher-order interactions amongst  
1155 these terms. For two-photon imaging involving *Thy1<sup>GFP</sup>; Htr2a<sup>ff</sup>* mice, two-factor ANOVA  
1156 was used for the analyses of spine density to test the interaction between treatment

1157 (psilocybin vs. saline) and conditions ( $Thy1^{GFP}$ ;  $Htr2a^{+/+}$ :psilocybin vs.  $Thy1^{GFP}$ ;  
1158  $Htr2a^{ff}$ :psilocybin vs.  $Thy1^{GFP}$ ;  $Htr2a^{ff}$ :saline) and time (day 1 to day 7). *Post hoc t*-tests  
1159 were used to compare  $Thy1^{GFP}$ ;  $Htr2a^{+/+}$ :psilocybin versus  $Thy1^{GFP}$ ;  $Htr2a^{ff}$ :psilocybin,  
1160  $Thy1^{GFP}$ ;  $Htr2a^{ff}$ :psilocybin versus  $Thy1^{GFP}$ ;  $Htr2a^{ff}$ :saline, or  $Thy1^{GFP}$ ;  
1161  $Htr2a^{+/+}$ :psilocybin and  $Thy1^{GFP}$ ;  $Htr2a^{ff}$ :saline. Bonferroni correction was used for  
1162 multiple comparisons.

1163  
1164 For imaging of dendritic calcium signals, blinding procedures were implemented by  
1165 having one person performed the imaging and scrambled the group names, while  
1166 another person analyzed the data blind to treatment and cell type information. Data  
1167 were unblinded after all the analyses were completed. A similar linear mixed effects  
1168 modeling approach was used to examine three dependent variables: calcium event rate,  
1169 amplitude, and frequency. Dendritic branch and spine (branch-independent) signals  
1170 were analyzed in separate models (i.e., six models total). Each model included fixed  
1171 effects terms for treatment (psilocybin vs. saline), cell type (PT vs. IT), and the  
1172 interaction term for treatment x cell type. Treatment order (psilocybin before saline vs.  
1173 psilocybin after saline) was included in the model as a nuisance variable. The variation  
1174 for repeated measures of mice and dendrites were accounted for by including a random  
1175 intercept for dendrites nested by field of view nested by mice. *Post hoc* two-sample *t*-  
1176 tests were used to contrast psilocybin and saline groups, with and without splitting the  
1177 sample by cell type. The calcium imaging statistical outputs were processed akin to the  
1178 structural imaging model outputs as described above (i.e., residuals plots were  
1179 inspected, fixed effect *P* values were computed with likelihood ratio tests, and *post hoc*  
1180 two-sample *t*-test *P* values were Bonferroni-corrected for multiple comparisons).

1181  
1182 For confocal imaging, two-factor ANOVA was used for the analyses of spine density,  
1183 spine head width, and spine protrusion length to test the interaction between treatment  
1184 (psilocybin vs. saline) and genotype ( $Htr2a^{ff}$  vs. wild-type). *Post hoc t*-tests were used  
1185 to compare psilocybin:PT neuron-targeted 5-HT<sub>2A</sub> receptor knockout versus saline: PT  
1186 neuron-targeted 5-HT<sub>2A</sub> receptor knockout or psilocybin:wild-type and saline:wild-type.  
1187 Bonferroni correction was used for multiple comparisons.

1188

1189 For behavioral studies, performance was analyzed using software with automated  
1190 procedures for fear extinction and learned helplessness. For head-twitch response and  
1191 tail suspension test, video scoring was done by a different experimenter blinded to  
1192 condition. For PT/IT studies, Two-factor ANOVA and *post hoc t*-tests were used for  
1193 head-twitch response, learned helplessness test, and tail suspension test. The same  
1194 statistical test was used for fear conditioning, extinction and retention to test the  
1195 interaction between treatment (psilocybin vs. saline) and DREADD (hM4DGi vs.  
1196 mCherry). *Post hoc t*-tests were used to compare psilocybin:mCherry versus  
1197 saline:mCherry or psilocybin:hM4DGi and saline:hM4DGi for different sets of tones in a  
1198 session. Bonferroni correction was applied for multiple comparisons. Due to a technical  
1199 issue (faulty USB connection causing VideoFreeze software to crash in the middle of a  
1200 session), a small subset of data from some mice were not used for the statistical test.  
1201 For behavioral studies involving *Htr2a<sup>ff</sup>* mice, two-tailed unpaired *t*-tests were used to  
1202 compare control:saline versus control:psilocybin and local 5-HT<sub>2A</sub> receptor  
1203 knockout:saline versus local 5-HT<sub>2A</sub> receptor knockout:psilocybin. For head-twitch  
1204 response involving in *CaMKII<sup>Cre</sup>;Htr2a<sup>ff</sup>* mice, two-tailed unpaired *t*-tests were used to  
1205 compare *CaMKII<sup>Cre</sup>;Htr2a<sup>ff</sup>* versus control mice. For slice electrophysiology, two-tailed  
1206 unpaired *t*-tests were used to compare control:baseline versus control:+5HT,  
1207 KO:baseline versus KO:+5HT, control:baseline versus control:+5HT+MDL, or  
1208 KO:baseline versus KO +5HT +MDL.

1209

1210 For *in vivo* electrophysiology, we first identified optotagged neurons by constructing 0.1  
1211 ms bin peristimulus time histogram plots aligned to laser pulse onset. For comparison of  
1212 time to first spike latency between PT and IT neurons, we conducted two-sided, two-  
1213 sample Kolmogorov-Smirnov test of time to first spike for all neurons. To compare the  
1214 baseline firing rates we used a two-sample, independent *t*-test. For comparing the  
1215 changes in firing rates before and after administration of saline or psilocybin, we  
1216 conducted a paired, two-sided *t*-test using each neuron's baseline mean firing rate in  
1217 the 30-min period before saline or drug administration (Pre) and the mean firing rate in

1218 the 60-min period after saline or drug administration (Post), and Bonferroni correction  
1219 was applied for *P* values.

1220

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