

## Original Article

# Outcomes of Late Open Conversion after Endovascular Abdominal Aneurysm Repair

Yoshikatsu Nomura, MD, PhD,<sup>1</sup> Kanetsugu Nagao, MD,<sup>1</sup> Shota Hasegawa, MD,<sup>1</sup> Motoharu Kawashima, MD,<sup>1</sup> Takanori Tsujimoto, MD,<sup>1</sup> So Izumi, MD, PhD,<sup>1</sup> Masamichi Matsumori, MD, PhD,<sup>1</sup> Hiroshi Tanaka, MD, PhD,<sup>1</sup> Hirohisa Murakami, MD, PhD,<sup>1</sup> Tasuku Honda, MD, PhD,<sup>1</sup> Ryota Kawasaki, MD, PhD,<sup>2</sup> and Nobuhiko Mukohara, MD, PhD<sup>1</sup>

**Objective:** To review our experience with a late open conversion as a final option for an endograft infection and aneurysm expansion after endovascular aneurysm repair (EVAR), especially in endoleaks for which radiological intervention is impossible.

**Materials and Methods:** In this retrospective study, 13 late open conversions out of 513 consecutive patients treated by EVAR were analyzed. Indications for an open conversion were aneurysm enlargement, including all endoleaks, endograft migration, and endograft infection. The patients' data on demographics, operative details, and outcomes were reviewed.

**Results:** Indications for a late open conversion included endoleaks, infection, and migration in 61.5%, 30.8%, and 7.7% of patients, respectively. The median interval from the initial EVAR was 32.4 months. Complete endograft explantation was performed in four patients with an endograft infection. In endoleak cases, the endograft was partially preserved and a neo-neck was used. Sacotomy and branch ligation were performed in one case. One major operative complication was an aortic injury during infrarenal aortic cross-clamping in an endograft migration case. There was no operative mortality.

**Conclusion:** A late open conversion after EVAR is valuable as a final option. The aortic cross-clamp site, especially in endograft migration cases, should be carefully considered.

To avoid aneurysm-related events, graft replacement is recommended, if possible.

**Keywords:** late open conversion, aneurysm enlargement, endograft infection

## Introduction

Endovascular aneurysm repair (EVAR) is a widespread and established treatment for an abdominal aortic aneurysm (AAA) because it is less invasive than an open repair (OR). However, EVAR can lead to complications and has a high rate of secondary reinterventions of 9%–15%.<sup>1–3</sup> The majority of reinterventions are caused by endoleaks. Other causes for reintervention include endograft migration, leg occlusion, and endograft infection.

The majority of endoleaks requiring reintervention in the late phase is the type II endoleak. Most secondary interventions for type II endoleaks are successfully performed with a percutaneous catheter intervention, but a small number of patients may require an open conversion (OC) with or without endograft explantation caused by a failed catheter intervention.<sup>4–6</sup> The OC is the last option for catheter reintervention failure and infectious cases.

This study aimed to report the incidence, technical aspects, and outcomes of a single-center experience with OC after a failed EVAR.

## Materials and Methods

### Patient selection


Patients receiving OC after EVAR between October 2007 and September 2018 were included in this retrospective study. An OC was defined as total or partial endograft removal with prosthetic graft reconstruction or sacotomy and side branch ligation under a transperitoneal or retroperitoneal approach. The indications for an OC were enlargement of the aneurysm diameter due to any type of endoleak that is untreatable by catheter intervention, endograft infection, and endograft migration. The cases

<sup>1</sup>Department of Cardiovascular Surgery, Hyogo Brain and Heart Center at Himeji, Himeji, Hyogo, Japan

<sup>2</sup>Department of Radiology, Hyogo Brain and Heart Center at Himeji, Himeji, Hyogo, Japan

Received: January 14, 2019; Accepted: March 22, 2019

Corresponding author: Yoshikatsu Nomura, MD, PhD. Department of Cardiovascular Surgery, Hyogo Brain and Heart Center at Himeji, 520 Saisho-ko, Himeji, Hyogo 670-0981, Japan  
Tel: +81-79-293-3131, Fax: +81-79-295-8199  
E-mail: y\_katsu1027@yahoo.co.jp

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with a thrombectomy for endograft limb thrombosis were excluded in this study.

OC was chosen as the treatment strategy for type I or III endoleaks that could not be treated by endovascular techniques because of inadequate anatomy. For type II endoleaks, if the aneurysm diameter increased by 5 mm from the initial size, a secondary endovascular intervention was performed. The reason for choosing an OC for type II endoleaks was that the endoleak flow could not be controlled with endovascular intervention, and the aneurysm tended to expand.

The type of endograft, duration of implantation of the endograft, reason for an OC, operative details, operative and long-term mortality, and the length of stay were identified. Operative details included the surgical approach, type and site of aortic clamp, type of reconstruction, and complications. A preoperative diagnosis was made using computed tomography (CT) and magnetic resonance imaging (MRI).

This study was approved by the institutional review board at our center.

### Statistical analysis

A statistical analysis was conducted using JMP® (SAS Institute Inc., Cary, NC, USA). Continuous variables were presented as the mean  $\pm$  standard deviation or the median and categorical variables as percentages. An ANOVA was used for comparison between multiple groups.

## Results

During this period, a total of 513 EVARs were performed. Secondary interventions including an OC were performed in 49 cases (9.5%). Secondary catheter embolization for a type II endoleak was performed 50 times in 31 cases. During the same period, 13 patients (2.5%) required a late OC. Twelve patients were male (92.3%), and the mean age was  $76.1 \pm 4.1$  years (range: 71–82 years). The indications for a late OC were eight patients (61.5%) with endoleaks, four patients (30.8%) with an endograft infection, and one patient (7.7%) with endograft migration. There was no rupture case in this study. Patient characteristics, indications, and comorbidities are presented in **Table 1**. All cases were treated within each device of instructions for use. The OC rate of each device was Zenith (Cook Medical, Bloomington, IN, USA) in 6.1%, Excluder (W. L. Gore & Ass., Flagstaff, AZ, USA) in 2.0%, and Endurant (Medtronic, Santa Rosa, CA, USA) in 2.6%. There was no significant difference between the device and the OC ( $p=0.29$ ). The median time from the initial EVAR to an OC was 32.4 months (range: 3.9–110.7 months). The mean aneurysm diameter prior to the EVAR was  $51.7 \pm 5.2$  mm. The decrease of the

**Table 1** Patient demographics and comorbidities

Variable	No. or mean $\pm$ SD	% or range
Patients, total	13	
Sex		
Male	12	
Age at OC (years)	$76.1 \pm 4.1$	71–82
Comorbidities		
Hypertension	10	76.9
Renal insufficiency	5	38.5
Coronary artery disease	2	15.4
Cerebrovascular disease	2	15.4
COPD	1	7.7
Indication of OC		
Endoleak	8	61.5
Infection	4	30.8
Migration	1	7.7

SD: standard deviation; OC: open conversion; COPD: chronic obstructive pulmonary disease

aneurysm diameter, which was defined as 5 mm of shrinkage, was recognized in seven cases during the follow-up, but the aneurysm diameter was expanded by endoleaks. The mean aneurysm sac enlargement from the minimum diameter at the follow-up to an OC was  $7.5 \pm 5.5$  mm, and it was  $9.9 \pm 4.6$  mm in endoleak cases. Before the OC, seven patients received 13 endovascular procedures. All endovascular procedures were percutaneous trans-arterial culprit branch embolization.

The indications and aneurysm diameter changes are shown in **Table 2**. Regarding endoleaks, a preoperative diagnosis by CT or MRI may be different from intraoperative findings. The type IIIb endoleak, which is a leak from the device suture hole, was diagnosed in three cases by an intraoperative examination (**Fig. 1**). The correct diagnosis rate of preoperative image examination was 62.5%, and type IIIb endoleaks could not be diagnosed using preoperative images. All three cases of type IIIb endoleaks were diagnosed as type II or V endoleaks preoperatively.

There were four cases of endograft infection. The details of the infection were an aorto-enteric fistula (AEF) in two cases, an iatrogenic infection after catheter embolization for a type II endoleak in one case, and unknown in one case.

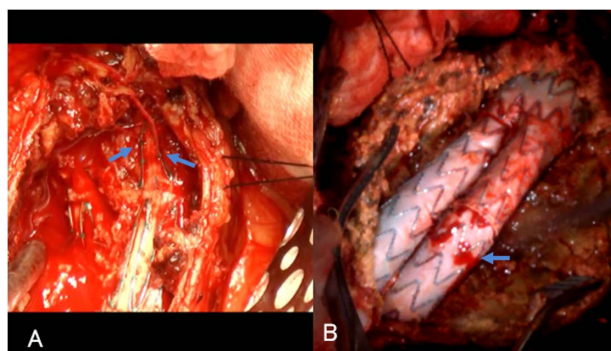
### Operative details

The operative details are shown in **Table 3**. All patients were operated upon using the transperitoneal approach via a midline laparotomy. The proximal aortic cross-clamp was infrarenal in eight cases (61.5%) and suprarenal in four cases (30.8%). One suprarenal clamp case required the use of an intra-aortic balloon occlusion (IABO) catheter in the infection group. The distal clamp site was the common iliac artery, including the endograft

**Table 2** Indications for an open conversion and aneurysm diameter changes

Patient	Indication of conversion	Device	Number of secondary interventions	Initial AAA diameter (mm)	Minimum diameter at the follow-up (mm)	Diameter at OC (mm)	Time to conversion (months)
1	Migration	Endurant	0	50	40	48	30.9
2	Type II endoleak	Zenith	0	51	51	57	89.9
3	Type II endoleak	Excluder	1	55	47	63	89.0
4	Type II endoleak	Excluder	2	48	46	54	28.4
5	Type II endoleak	Endurant	4	64	64	69	13.2
6	Type II endoleak	Zenith	2	50	43	55	107.3
7	Type IIIb endoleak	Zenith	2	46	37	55	110.7
8	Type IIIb endoleak	Endurant	0	58	58	66	32.3
9	Type IIIb endoleak	Endurant	1	51	51	61	43.5
10	Infection, AEF	Excluder	0	56	43	43	67.3
11	Infection, AEF	Excluder	0	47	47	50	3.9
12	Infection	Excluder	1	48	41	46	22.0
13	Infection	Endurant	0	48	48	48	8.7
Mean±SD			1.0±1.2	51.7±5.2	47.2±7.4	55.0±8.0	49.8±38.2

SD: standard deviation; AEF: aorto-enteric fistula; AAA: abdominal aortic aneurysm; OC: open conversion



**Fig. 1** A type IIIb endoleak from intraoperative findings, showing active bleeding from the suture hole in Zenith (arrows) (A) and oozing from the suture hole in Endurant (arrow) (B).

leg or native external and internal iliac arteries. In endoleak cases, except for a type I endoleak, the aneurysm sac was incised before aortic cross-clamping to detect the location of the leak. After incision of the aneurysmal sac, complete removal of the endograft was performed in three cases. These included all cases of the endograft infection. In only one case of infection, the suprarenal stent was not removed. This case used the IABO catheter. Partial removal of the endograft was performed in the remaining eight cases. After incision of the aneurysmal sac and aortic cross-clamping, the endograft was cut transversely at the level of the main body fabric, and the proximal anastomosis involving the proximally preserved main body, aortic wall, and graft were sutured together<sup>7)</sup> (Fig. 2). In only one case, the lumbar artery that caused endoleaks was ligated from within the aneurysm.

Prosthetic aortic reconstruction, using a standard Dacron graft in 11 cases and an expanded polytetrafluoro-

ethylene graft in one infection case, was an aorto-bi-iliac bypass in 12 cases. In case of infection, debridement of the infected aneurysm wall and omentopexy were performed. In AEF cases, the duodenal fistula was closed directly.

### Early postoperative outcomes

A major operative complication was aortic injury in one migration case. During aortic cross-clamping, the migrated suprarenal stent stabbed and injured the aorta. Immediately, a suprarenal aortic clamp was inserted, and the aortic injury site was repaired. In this case, renal insufficiency worsened due to renal ischemia, and dialysis was necessary. In other cases, there were no complications, such as an aortic injury even under infrarenal aortic cross-clamp. In case of infection, there was no positive blood culture. Intraoperative cultures from the aortic wall identified *Streptococcus anginosus*, *Pseudomonas aeruginosa*, and *Enterococcus faecalis* in three AEF cases, *Staphylococcus epidermidis* in an iatrogenic case, and methicillin resistant coagulase-negative staphylococci in an unknown case. Antibiotic therapy was performed in all cases intravenously for 6 weeks after operation. Only one patient was administered oral antibiotics for the life-long because this case was in a septic state preoperatively. There was no in-hospital death. The overall incidence of severe complication was 7.7%. The overall mean hospital stay was  $29.6 \pm 22.4$  days.

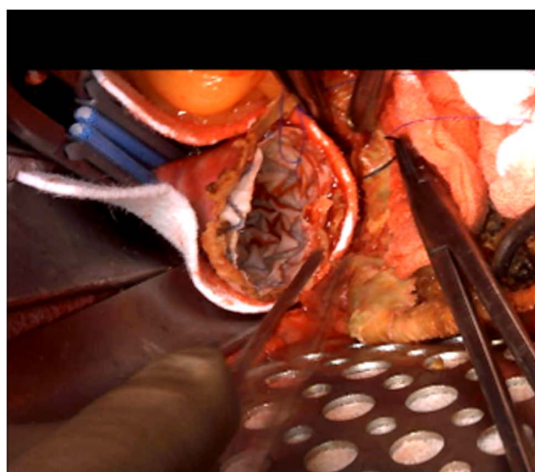
### Late outcomes

The median postoperative follow-up period was 27.9 months (range 2.2–52.8 months). There were two late deaths. One patient developed an acute aortic dissection rupture 3 months after the OC for endograft migration. In

**Table 3** Operative details and early outcomes

Patient	Operation	Clamp site	Morbidity	Death
1	Partial EG preservation+bifurcated grafting	Infrarenal→suprarenal	Aorta injury, AKI	No
2	Sacotomy+lumbar artery ligation	None	No	No
3	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
4	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
5	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
6	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
7	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
8	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
9	Partial EG preservation+bifurcated grafting	Infrarenal	No	No
10	Complete removal of EG+bifurcated grafting+omentopexy	Suprarenal	No	No
11	Complete removal of EG+bifurcated grafting+omentopexy	Suprarenal	No	No
12	Complete removal of EG+bifurcated grafting+omentopexy	Suprarenal	No	No
13	Removal of EG+preserved suprarenal stent+bifurcated grafting+omentopexy	Suprarenal (IABO)→infrarenal	No	No

EG: endograft; AKI: acute kidney injury; IABO: intra-aortic balloon occlusion

**Fig. 2** A partial endograft preservation.

The aortic cross clamp site was on the infrarenal abdominal aorta, including the endograft main body. The proximal anastomosis was sutured together with the proximally preserved main body, aortic wall, and the new graft.

this migration case, an aortic dissection was not detected after the OC, but an aortic injury may have been the cause of the aortic dissection. Another patient developed a purulent spondylitis and sepsis 6 months after the OC for AEF and died. In this infection case, AEF was suspected at the time of the initial EVAR, but there was no sign of infection after the EVAR. A fistula was confirmed at 4 months after the EVAR, and he developed sepsis. OC was performed in this situation, but the infection was already uncontrollable. This patient died of sepsis and purulent spondylitis 6 months after the OC.

The aneurysm sac was enlarged and a new type II endoleak was recognized in the only lumbar artery ligation case. The diameter of the AAA was expanded from 45 mm to 73 mm in 2 years after the OC, in this case. There were

no aortic-related complications in other cases.

## Discussion

EVAR can be an alternative option for the OR for an AAA because of its excellent early results and low invasiveness, but aneurysm-related mortality has been found to increase on long-term follow-up.<sup>8,9)</sup> Endoleaks are the disadvantages of the EVAR. The rate of secondary intervention was almost 15%, which is higher than a conventional OR.<sup>2,3,8,10)</sup> Many reported cases were defined as an enlargement of the AAA diameter above 5 mm and were indicated as secondary reintervention.<sup>11)</sup> Late OC was considered a final option when the secondary endovascular procedure failed. There was no clear indication of the aneurysm size in the OC, especially type II endoleaks, but a diameter >65 mm was a risk factor for new onset type I endoleaks.<sup>11)</sup> The initial experience with a late OC reported that the procedure-related mortality rate was as high as 17%, and it was considered a hazardous procedure.<sup>12)</sup> A recent literature review showed that the 30-day mortality rate was 9.1%. Mortality rates were different between elective and urgent operation (3.2% vs. 29.2%). The incidence of a late OC after failed EVAR was 3.7%. Endoleak was the most common cause of the OC, followed by infection.<sup>13)</sup>

The removal of the endograft and aortic clamp site are important problems during OC. No clear recommendations exist regarding management of an endograft by a complete or partial removal, and this issue is controversial. Complete removal is an absolute need in infection cases. Complete removal, especially an endograft with suprarenal fixation, may increase the risk of an aortic wall injury.<sup>14)</sup> Suprarenal fixation by a burr may cause inflammation around the suprarenal aorta, and it may be



difficult for dissection. Partial removal of the endograft may lead to a lower risk of operative complications in the absence of proximal endoleaks.<sup>15)</sup> Another problem was that leaving endografts caused delayed complications, and therefore, these cases should be monitored continuously. In our series, we performed infrarenal aortic cross-clamping including the main body and proximal anastomosis using the neo-neck technique.<sup>7)</sup> The neo-neck technique includes suturing of the aortic wall, remnant endograft body, and new prosthesis together. Despite the possibility of a protruding cut-end of the stent, this technique is an effective and safe technique, and complications are not observed in this proximal anastomosis site during the follow-up period. Similarly, Lipsitz et al. reported that there were no complications in the anastomotic site during the 22-month follow-up from the OC.<sup>16)</sup>

Only one patient suffered an aortic injury under the infrarenal cross-clamp in a migration case. At the time of aortic cross-clamping, attention must be paid to the position between the suprarenal stent and aorta. In other infrarenal clamp cases, there was no aortic injury. Dissecting around the aorta was like the conventional OR and is an effective method.

Another treatment option for a persistent type II endoleak was sacotomy and ligation of the culprit arteries. This technique is less invasive than the endograft removal and has the advantage of avoiding aortic cross-clamping.<sup>17–19)</sup> Although this method is effective for elderly and patients who are high-risk requiring surgery, it has two problems. The first is the endograft dislocation when performing maneuvers for the culprit artery ligation,<sup>19)</sup> and the second is the recurrence of the endoleak. Moulakakis et al. reported that type Ia and Ib endoleaks occurred because of main body and limb dislocations during ligation of the culprit vessels.<sup>19)</sup> The recurrence of the endoleak has not been reported,<sup>18,20)</sup> but ligating all side branches as much as possible is necessary. Additionally, continuously monitoring new onset endoleaks and infections is necessary. In our experience, a new type II endoleak recurred in the follow-up period because all side branches could not be ligated, resulting in expansion of the aneurysm. Therefore, sacotomy and ligation were not recommended as the first-choice treatment, and if it was possible regarding the patient's risk, we decided to remove the endograft, to make this operation the final treatment.

Stent-graft infection (SGI) is reported to occur in 0.2%–0.7% of cases after EVAR.<sup>21,22)</sup> The etiology of a SGI has not been understood clearly. Bacterial contamination at the time of initial EVAR or secondary intervention, hematogenous infection from another site, and development of AEF may lead to a SGI.<sup>22,23)</sup> The incidence of a SGI differs depending on the interventional location, and the rate of infection in the interventional radiology room is higher

than that in the operating room.<sup>24)</sup> In this study, one case developed SGI after transcatheter embolization for a type II endoleak. We considered that bacterial contamination occurred when performing the procedure in the interventional radiology room. Since then, we have strictly administered prophylactic antibiotics and have not confirmed the occurrence of procedure-related infection. The diagnosis of SGI is based on clinical symptoms, radiological findings of infection, and microbial cultures, according to a Management of Aortic Infection Collaboration consensus.<sup>25)</sup> A recent systematic review of the SGI showed that in-hospital mortality was very high, at 26.6% with an OC and 63.3% with conservative treatment.<sup>26)</sup> The cases with an enteric fistula had a poorer prognosis than those without a fistula.<sup>27)</sup> Regarding treatment, if the patients' general conditions allow, an OR for complete removal of the infected endograft is preferable. Although this is common in both infection and endoleak cases, there are reports on the complete removal of endografts using the ice slush method,<sup>28)</sup> the Rumel tourniquet method,<sup>23)</sup> and using a 20-ml syringe technique.<sup>23,29)</sup> Regarding the reconstruction, an extra-anatomical bypass has the high risks of infection-related complications such as aortic stump blowout and graft occlusion, compared to in-situ reconstruction. Youn et al. suggested that the extra-anatomical bypass should be performed in cases with gross pus or remnant infection, whereas in-situ reconstruction is recommended for cases with good antibiotic reactivity.<sup>30)</sup> If the omentum cannot be used, autogenous vein transplantation using a common femoral vein should be considered. In this study, in-situ reconstruction using a vascular prosthesis and omentopexy was performed because the local infection was controllable. The recurrence of local infection was not observed postoperatively. Development of purulent spondylitis because of local infection and postoperative sepsis is a problem.<sup>21–27)</sup> One patient with an infection died from sepsis and purulent spondylitis. AEF was suspected from the time of initial EVAR, but it was observed after the EVAR because there was no sign of infection. We believe that this delay in treatment caused purulent spondylitis and resulted in sepsis. In cases of infection, if the infection is uncontrollable, early operation should be considered.

## Conclusion

Late OC after an EVAR should be considered as a valuable option, especially in cases of repeated failed catheter interventions. In endoleak cases, using an infrarenal aortic clamp including the endograft is safe, but in migration cases with suprarenal stents, there is a risk of aortic injury and attention is necessary. Infection cases require immediate OC because of complications due to sepsis and spread of local infection.

## Disclosure Statement

None of the authors have any conflict of interest.

## Additional Note

A summary of this report was presented at the 59th Annual Meeting of Japanese College of Angiology on October 25, 2018, in Hiroshima, and received a recommendation by the chairperson.

## Authors Contributions

Study conception and analysis: YN

Data collection: YN, KN, RK

Writing: YN

Critical review and revision: all authors

Final approval of the article: all authors

Accountability for all aspects of the work: all authors

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