

# Biomarker Signatures of Severe Acute Kidney Injury in a Critically Ill Cohort of COVID-19 and Non-COVID-19 Acute Respiratory Illness

**IMPORTANCE:** Kidney and lung injury are closely inter-related during acute respiratory illness, but the molecular risk factors that these organ injuries share are not well defined.

**OBJECTIVES:** We identified plasma biomarkers associated with severe acute kidney injury (AKI) during acute respiratory illness, and compared them to biomarkers associated with severe acute respiratory failure (ARF).

**DESIGN, SETTINGS, AND PARTICIPANTS:** Prospective observational cohort study enrolling March 2020 through May 2021, at three hospitals in a large academic health system. We analyzed 301 patients admitted to an ICU with acute respiratory illness.

**MAIN OUTCOMES AND MEASURES:** Outcomes were ascertained between ICU admission and day 14, and included: 1) severe AKI, defined as doubling of serum creatinine or new dialysis and 2) severe ARF, which included new or persistent need for high-flow oxygen or mechanical ventilation. We measured biomarkers of immune response and endothelial function, pathways related to adverse kidney and lung outcomes, in plasma collected within 24 hours of ICU admission. Severe AKI occurred in 48 (16%), severe ARF occurred in 147 (49%), and 40 (13%) patients experienced both. Two-fold higher concentrations of soluble tumor necrosis factor receptor-1 (sTNFR-1) (adjusted relative risk [aRR], 1.56; 95% CI, 1.24–1.96) and soluble triggering receptor on myeloid cells-1 (sTREM-1) (aRR, 1.85; 95% CI, 1.42–2.41), biomarkers of innate immune activation, were associated with higher risk for severe AKI after adjustment for age, sex, COVID-19, and Acute Physiology and Chronic Health Evaluation-III. These biomarkers were not significantly associated with severe ARF. Soluble programmed cell death receptor-1 (sPDL-1), a checkpoint pathway molecule, as well as soluble intercellular adhesion molecule-1 (sICAM-1) and soluble vascular adhesion molecule-1 (sVCAM-1), molecules involved with endothelial-vascular leukocyte adhesion, were associated with both severe AKI and ARF.

**CONCLUSIONS AND RELEVANCE:** sTNFR-1 and sTREM-1 were linked strongly to severe AKI during respiratory illness, while sPDL-1, sICAM-1 and sVCAM-1 were associated with both severe AKI and ARF. These biomarker signatures may shed light on pathophysiology of lung-kidney interactions, and inform precision medicine strategies for identifying patients at high risk for these organ injuries.

**KEY WORDS:** acute kidney injury; acute respiratory failure; biomarkers; phenotypes; precision medicine

Lung and kidney organ dysfunction during critical illness are closely interrelated, exceedingly common, and associated with high mortality (1–3). Acute kidney injury (AKI) occurs in nearly half of patients with severe respiratory failure, making it the most prevalent extra-pulmonary organ

Neha A. Sathe, MD, MSc<sup>1</sup>

Ana Mostaghim, MD<sup>2</sup>

Elizabeth Barnes, BS<sup>1</sup>

Nicholas G. O'Connor, BS<sup>1</sup>

Sharon K. Sahi, MS<sup>1</sup>

Sana S. Sakr, PhD<sup>1</sup>

Jana M. Zahlan, BS<sup>1</sup>

Craig H. Smith, MD<sup>3</sup>

Michael Fitzpatrick, BS<sup>3</sup>

Eric D. Morrell, MD<sup>1</sup>

W. Conrad Liles, MD, PhD<sup>3,4</sup>

Pavan K. Bhatraju, MD, MSc<sup>1,3</sup>

Copyright © 2023 The Authors. Published by Wolters Kluwer Health, Inc. on behalf of the Society of Critical Care Medicine. This is an open-access article distributed under the terms of the Creative Commons Attribution-Non Commercial-No Derivatives License 4.0 (CCBY-NC-ND), where it is permissible to download and share the work provided it is properly cited. The work cannot be changed in any way or used commercially without permission from the journal.

DOI: 10.1097/CCE.0000000000000945



## KEY POINTS

**Question:** Among patients with acute respiratory illness, is there a biomarker signature related to severe acute kidney injury (AKI), and does it differ from the signature related to acute respiratory failure (ARF)?

**Findings:** In a prospective cohort study of patients with biomarkers of immune response and endothelial function measured at ICU admission, soluble tumor necrosis factor receptor-1 and soluble triggering receptor on myeloid cells-1 (biomarkers of early innate immune activation) were associated with severe AKI, but not severe ARF. Other biomarkers such as soluble programmed cell death receptor-1, soluble vascular adhesion molecule-1, and soluble intercellular adhesion molecule-1 were associated with both severe AKI and ARF.

**Meaning:** Distinguishing biomarkers associated with kidney dysfunction during respiratory illness, from those associated with both kidney and lung dysfunction, may guide approaches to tailor therapy during critical illness.

dysfunction in this group (3, 4). The majority of critically ill patients with respiratory failure die with such multiple organ failure, and relatively few from pulmonary dysfunction itself (5, 6). While many clinical risk factors for the development of AKI during respiratory failure have been identified, the biologic features remain incompletely understood (1, 7–9).

Biomarkers of inflammation and endothelial dysfunction have been linked to mortality in acute respiratory illnesses and are hypothesized to play a role in the development of AKI (10–13). However, these have rarely been studied in relation to incident or progressive AKI during acute respiratory illness, and it is unclear which are specific to the kidney, and which indicate underlying respiratory illness (1, 12, 14). Identifying a molecular signature specific for kidney outcomes, independent of worsening respiratory illness, could guide development and delivery of treatments designed to prevent AKI or improve kidney recovery. Similarly, a signature associated with both kidney and lung injury could be used to understand shared pathophysiology, and guide treatments hypothesized to mitigate injury in both organs.

Our primary objective was to identify novel plasma biomarkers associated with incident severe AKI in a cohort of critically ill patients with acute respiratory illness, focusing on biomarkers of immune response and endothelial cell dysfunction. Our cohort included a diverse set of respiratory conditions, with the predominant condition being COVID-19. Secondary objectives included: 1) determining which of these biomarkers were also associated with persistent or worsening respiratory illness and 2) comparing the molecular profiles of patients with prevalent kidney and lung injury at the time of ICU admission.

## METHODS

### Study Population and Design

We conducted a prospective cohort study of critically ill patients admitted to three hospitals affiliated with the University of Washington (Seattle, WA). Patients were enrolled between March 2020 and May 2021, during the COVID-19 pandemic (15–17). Patients were eligible if admitted to a medical ICU with signs or symptoms of acute respiratory illness, which included one of the following: 1) initiation of supplemental oxygen; 2) oxygen saturation less than 94% on ambient air; or 3) new opacities on chest radiograph. We excluded patients who were younger than 18 years, incarcerated, pregnant, or on chronic maintenance hemodialysis. Investigation was conducted in accordance with the 2008 Declaration of Helsinki. The University of Washington Human Subjects Division granted a waiver of informed consent given minimal risk, urgency of COVID-19 research in this period, and supply limitations in personal protective equipment preventing nonessential staff from approaching patients (STUDY No. 9763).

### Biomarker Measurements

Biomarkers were measured in EDTA plasma collected within 24 hours of ICU admission, originally for a study comparing molecular risk factors for mortality in critically ill patients with and without COVID-19 respiratory illness (15, 16). Among measurements available throughout the cohort, we selected a priori 12 biomarkers related to immune response and/or endothelial function that have previously been linked to poor outcomes in respiratory illness or AKI

pathophysiology. Biomarkers included interleukin (IL)-6 and procalcitonin, measured using an Food and Drug Administration authorized clinical assay (Roche Elecsys Immunoassay, Cobas e411 analyzer, Indianapolis, IN). Other biomarkers were measured with electrochemiluminescence-based immunoassays (Meso Scale Discovery, Rockville, MD), and included IL-10, soluble triggering receptor on myeloid cells-1 (sTREM-1), soluble tumor necrosis factor receptor-1 (sTNFR-1), soluble programmed cell death receptor-1 (sPDL-1), IL-8, monocyte chemoattractant protein-1 (MCP-1), C-reactive protein, serum amyloid A, soluble intercellular adhesion molecule-1 (sICAM-1), and soluble vascular adhesion molecule-1 (sVCAM-1).

### Clinical Data Collection and Outcome Definitions

Clinical data were extracted from electronic health records into standardized case report forms. Our primary outcome was severe AKI within 14 days, defined as initiation of renal replacement therapy (RRT) or doubling of serum creatinine from ICU admission (18). All patients with Kidney Disease: Improving Global Outcomes (KDIGO) stages 0–3 AKI at ICU admission were potentially at risk for developing this outcome and included in this analysis, while patients who received RRT on the day of ICU admission or earlier were excluded (18). If patients died before day 14, they were classified as having severe AKI only if they met serum creatinine or RRT criteria prior to death. In a sensitivity analysis, we examined time to severe AKI as an outcome, and accounted for death as a competing risk.

To identify risk factors specific to severe AKI, we sought to contrast which biomarkers were and were not related to incident respiratory outcomes. We defined a secondary outcome of severe acute respiratory failure (ARF) within 14 days, which included new needs for advanced respiratory support (high-flow oxygen or mechanical ventilation) or a persistent need for advanced support through day 14 among patients already on high-flow oxygen or mechanical ventilation at admission. Patients who died before day 14 were classified as having severe ARF if they required advanced respiratory support at the time of death. Patients on advanced respiratory support at admission who were weaned off, and patients

who never needed such support were classified as not experiencing severe ARF.

We also compared the molecular features of patients with and without prevalent AKI, at the time of ICU admission. We defined prevalent AKI by KDIGO stages 1–3, and used the lowest serum creatinine prior to admission as the baseline (18). To understand how the molecular features of AKI overlap with severe respiratory illness at the time of ICU admission, we stratified patients by prevalent ARF (receiving advanced respiratory support).

### Statistical Analysis

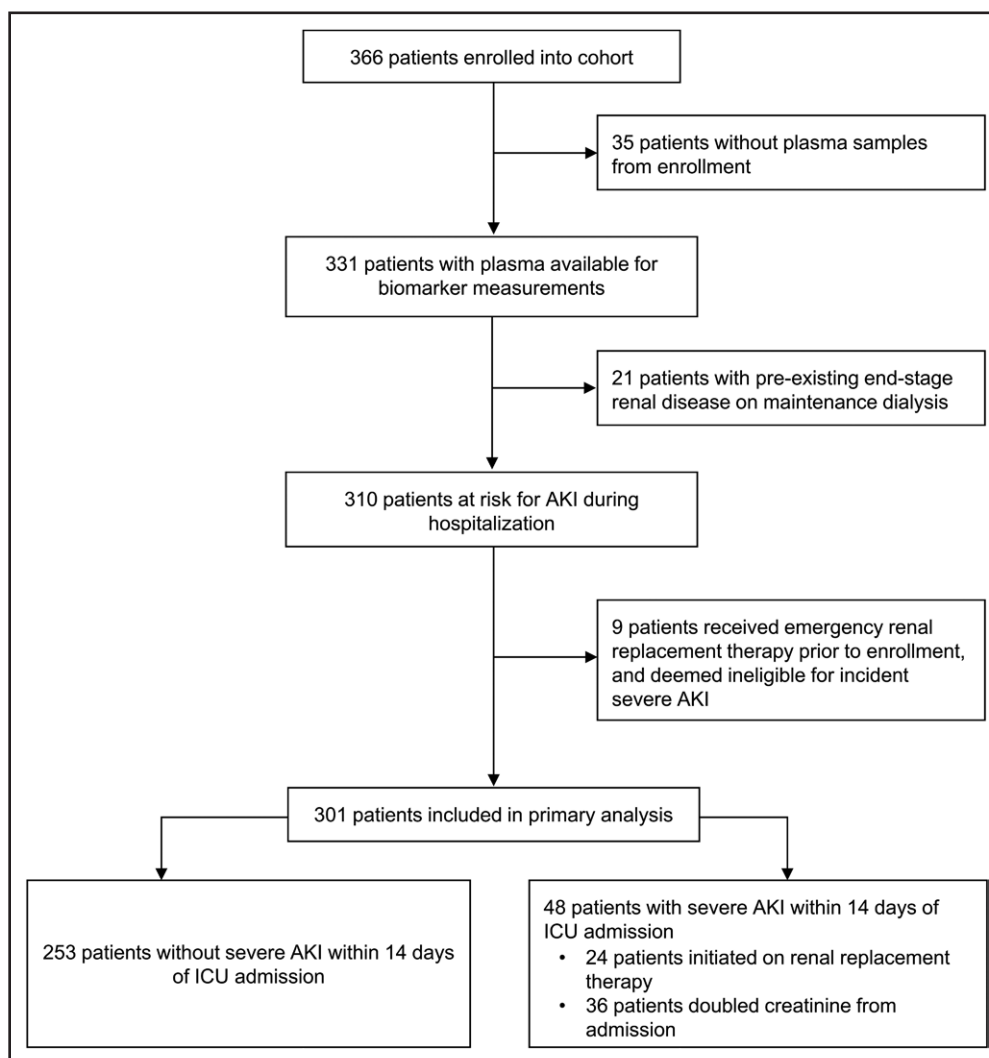
In our primary analysis, we estimated relationships between each biomarker and risk of severe AKI using relative risk regression, with a Poisson distribution and robust SEs (19). We adjusted for age, sex, COVID-19, and Acute Physiology and Chronic Health Evaluation-III (APACHE-III) score, which included chronic kidney disease and initial serum creatinine measurements, among other measures of physiologic illness severity (20). Biomarker concentrations were log-2 transformed due to right-skew. A relationship was considered statistically significant if Benjamini-Hochberg corrected false discovery rate (FDR) was less than 0.05. We also repeated this analysis in key subgroups. Notably, we examined patients with respiratory illness related to COVID-19, and patients with other forms of respiratory illness. We also examined the subgroup of patients with KDIGO stages 0–1 AKI, who may be more amenable to intervention than patients who have already developed later stages of AKI. In the sensitivity analysis examining time to severe AKI, we used a Fine-Gray model to account for death as a competing risk (21).

For secondary analyses assessing relationships between each biomarker and risk of severe ARF, we used the primary methods described above. To compare biomarker profiles by prevalent organ dysfunction, we used Mann-Whitney *U* and Kruskal-Wallis tests.

Finally, to further explore the clinical relevance of these biomarkers, we aimed to develop parsimonious models with age, sex, and just a single biomarker that predicted risk for severe AKI. We split the cohort randomly 70%/30% into training and test sets, and fit logistic regression models in the training set with age (as a continuous variable),

sex (binary variable), and log-2 transformed biomarker (continuous variable). We compared biomarker models to clinical models with age, sex, and either APACHE-III or creatinine (as continuous variables), using area under the receiver operating characteristic (AUROC) curve to assess discrimination. Predictors reflected data within 24 hours of ICU admission. Since all patients had complete clinical data, we used complete-case analysis to build models. We reported methods and results according to the Transparent Reporting of a multivariable prediction model for Individual Prognosis Or Diagnosis (TRIPOD) statement (**Supplementary Appendix**, <http://links.lww.com/CCX/B221> for completed TRIPOD checklist).

STATA (StataCorp, College Station, TX) Version 17.0 was used for all analyses.



**Figure 1.** Study flow chart. Patients with severe acute kidney injury (AKI) may have experienced both doubling of creatinine and initiation of renal replacement therapy.

## RESULTS

### Cohort Description

We included 301 patients at risk for severe AKI in our primary analysis, all of whom had plasma collected within 24 hours of ICU admission (**Fig. 1**). An additional nine patients, who were initiated emergently on RRT prior to sample collection, were included in secondary analyses of prevalent organ dysfunction. At the time of ICU admission, 63% of the cohort was male; 19% had AKI; 22% were on high-flow oxygen or non-invasive mechanical ventilation; and 45% were on invasive mechanical ventilation (**Table 1**). Primary reasons for ICU admission are in **Table S1** (<http://links.lww.com/CCX/B221>), with 64% having COVID-19.

During the 14 days following ICU admission, 16% of patients ( $n = 48$ ) experienced severe AKI (**Table 1**).

Median time from ICU admission to severe AKI was 4 days (interquartile range, 2–7 d). Patients who developed severe AKI were more likely to have AKI, COVID-19 and higher APACHE-III at ICU admission. Among the 48 patients who developed severe AKI, 40 (83%) also had severe ARF.

### Biomarkers Associated With Severe AKI

Overall, all biomarkers were higher in patients who developed severe AKI, compared with those who did not (**Table S2**, <http://links.lww.com/CCX/B221>). We then estimated risk of severe AKI associated with doubling of biomarker concentrations (i.e., two-fold higher), adjusting for age, sex, COVID-19, and APACHE-III. Doubling of sTREM-1 and sTNFR-1, biomarkers in pathways of early innate immune activation, were associated with



**TABLE 1.**  
**Cohort Description by Incident Severe Acute Kidney Injury**

Cohort Features	Total (n = 301)	No Severe AKI (n = 253)	Severe AKI (n = 48)	p
Demographics				
Age, yr	55 (16)	55 (17)	54 (16)	0.63
Male	191 (63%)	160 (63%)	31 (65%)	0.86
Race				0.077
White	183 (61%)	155 (61%)	28 (58%)	
Asian	33 (11%)	28 (11%)	5 (10%)	
Black	45 (15%)	41 (16%)	4 (8%)	
Native American	14 (5%)	10 (4%)	4 (8%)	
Pacific Islander	5 (2%)	2 (1%)	3 (6%)	
Other	2 (1%)	2 (1%)	0 (0%)	
Unknown	19 (6%)	15 (6%)	4 (8%)	
Ethnicity				0.92
Non-Hispanic	214 (71%)	172 (71%)	42 (72%)	
Hispanic	73 (24%)	60 (24%)	13 (25%)	
Unknown	14 (5%)	11 (5%)	3 (5%)	
Chronic conditions				
Diabetes	84 (28%)	66 (26%)	18 (38%)	0.11
Coronary artery disease	39 (13%)	36 (14%)	3 (6%)	0.13
Chronic kidney disease	52 (17%)	40 (16%)	12 (25%)	0.12
Cirrhosis	23 (8%)	19 (8%)	4 (8%)	0.84
Heart failure	49 (16%)	41 (16%)	8 (17%)	0.94
Chronic obstructive pulmonary disease	45 (15%)	37 (15%)	8 (17%)	0.72
ICU conditions at admission				
COVID-19	193 (64%)	156 (62%)	37 (77%)	0.041
Acute respiratory distress syndrome, based on Berlin criteria	122 (41%)	91 (36%)	31 (65%)	< 0.001
Vasopressors	127 (42%)	98 (39%)	29 (60%)	0.005
Acute Physiology and Chronic Health Evaluation-III	79 (49–106)	74 (45–98)	108 (74–125)	< 0.001
AKI, stage 1 or greater	56 (19%)	36 (14%)	20 (42%)	< 0.001
KDIGO stage 1	30 (10%)	27 (11%)	3 (6%)	
KDIGO stage 2	7 (2%)	3 (1%)	4 (8%)	
KDIGO stage 3	19 (6%)	6 (2%)	13 (27%)	
High-flow oxygen or noninvasive mechanical ventilation	67 (22%)	60 (24%)	7 (15%)	0.16
Invasive mechanical ventilation	136 (45%)	107 (42%)	29 (60%)	0.021
Hospital outcomes				
Severe acute respiratory failure	147 (49%)	107 (42%)	40 (83%)	< 0.001
Hospital mortality	92 (31%)	57 (23%)	35 (73%)	< 0.001

AKI = acute kidney injury, KDIGO = "Kidney Disease: Improving Global Outcomes" work group.

Severe AKI and acute respiratory failure ascertained between day 1 and day 14 after ICU admission. ICU conditions ascertained on first day of ICU admission. Age expressed as mean (SD), and other continuous variables are expressed as median (interquartile range). All categorical variables are expressed as number (%). *p* values correspond to *t* test, Mann-Whitney *U* tests, and  $\chi^2$  tests as appropriate.

85% (adjusted relative risk [aRR], 1.85; 95% CI, 1.42–2.41) and 56% (aRR, 1.56; 95% CI, 1.24–1.96) higher risk for severe AKI at FDR less than 0.05, respectively (Fig. 2A; and Table S3, <http://links.lww.com/CCX/B221>). Doubling of sPDL-1, an immune checkpoint molecule, was also associated with higher risk for severe AKI (aRR, 1.44; 95% CI, 1.22–1.71). Finally, doubling of sICAM-1 and sVCAM-1, soluble forms of two endothelial cell adhesion molecules, were associated with over 20% higher risk for severe AKI (sICAM-1: aRR, 1.23; 95% CI, 1.05–1.43 and sVCAM-1: aRR, 1.29; 95% CI, 1.12–1.49). Results were similar when modeling death as a competing risk (Table S4, <http://links.lww.com/CCX/B221>).

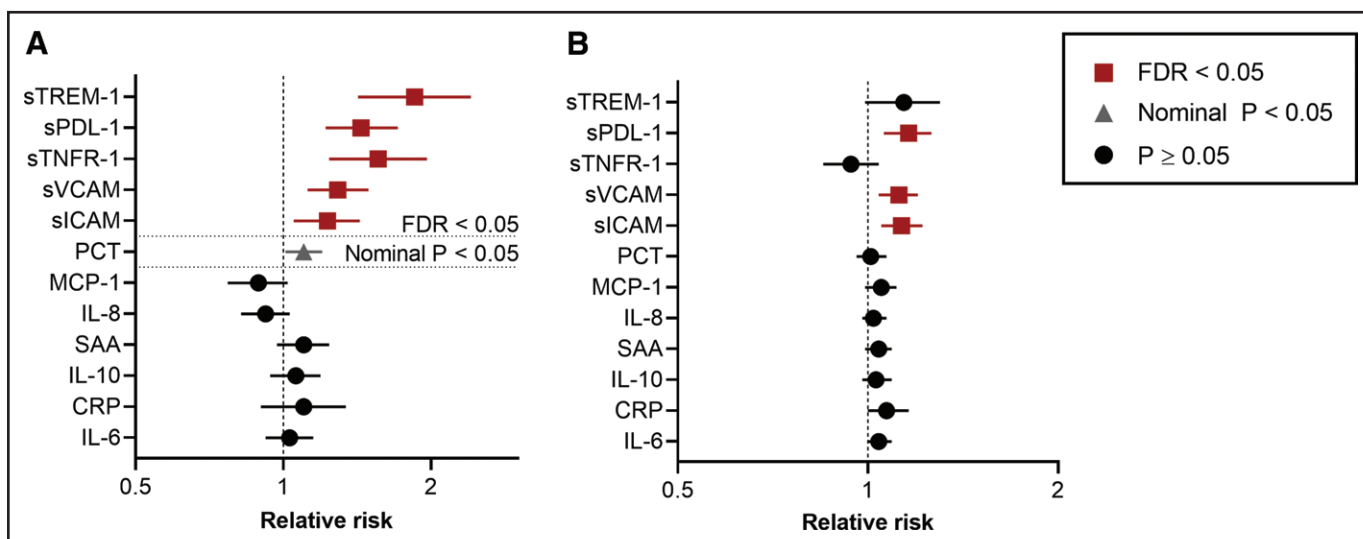
To further assess robustness of these results, we repeated analyses in key subgroups. Among patients with COVID-19, sTREM-1, sTNFR-1, sPDL-1, sICAM-1, and sVCAM-1 were all at least nominally associated with severe AKI, similar to the results in our primary analysis (Table S5, <http://links.lww.com/CCX/B221>). Effect sizes for these biomarkers were also similar among patients without COVID-19, although their significance was attenuated in this smaller sample (Table S6, <http://links.lww.com/CCX/B221>). Finally, we examined patients with stages 0–1 AKI at baseline, and determined associations between biomarkers and severe AKI were

strongest in this subgroup (Table S7, <http://links.lww.com/CCX/B221>).

### Biomarkers Associated With Severe ARF

Next, we assessed which of these biomarkers were also related to severe ARF within 14 days. Approximately half of the patients ( $n = 147$ ) experienced this outcome, which included 34 patients who had new needs for advanced respiratory support between admission and day 14; 66 patients with persistent need for advanced respiratory support from admission through day 14; and 47 patients who died by day 14 while needing advanced respiratory support (Tables S8 and S9, <http://links.lww.com/CCX/B221>). Patients with severe ARF had far higher illness severity, hospital mortality, and elevated biomarker concentrations compared with patients who did not have this outcome (Table S8, <http://links.lww.com/CCX/B221>; Table S10, <http://links.lww.com/CCX/B221>).

In adjusted models, three biomarkers associated with severe AKI were also associated with severe ARF: sPDL-1, sICAM-1, and sVCAM-1 (Fig. 2B; and Table S11, <http://links.lww.com/CCX/B221>). Conversely, sTREM-1 and sTNFR-1, which were both associated with higher risk for severe AKI, were not associated with severe ARF at FDR less than 0.05 (sTREM-1:



**Figure 2.** Relationships between biomarkers and risk for severe acute kidney injury (AKI) and acute respiratory failure (ARF). Plots indicate relative risk of each outcome associated with two-fold higher biomarker concentrations. **A**, Plots relative risk of severe AKI. **B**, Plots relative risk for severe ARF. CRP = C-reactive protein, FDR = false discovery rate, IL = interleukin, MCP-1 = monocyte chemoattractant protein-1, PCT = procalcitonin, SAA = serum amyloid A, sICAM = soluble intercellular adhesion molecule, sPDL-1 = soluble programmed cell death receptor-1, sTNFR-1 = soluble tumor necrosis factor receptor-1, sTREM-1 = soluble triggering receptor on myeloid cells-1, sVCAM = soluble vascular adhesion molecule.

aARR, 1.14; 95% CI, 0.99–1.30 and sTNFR-1: aARR, 0.94; 95% CI, 0.85–1.04).

Recognizing the heterogeneity in our severe ARF outcome, we performed exploratory analyses examining how the presence of Berlin acute respiratory distress syndrome (ARDS) at admission affected our findings. Of 122 patients with ARDS at admission, 71% qualified for the severe ARF outcome (through death or persistent need for advanced oxygen support, while 29% improved and did not qualify). In this subgroup, sPDL-1 and sICAM-1 still had the strongest adjusted associations with severe ARF with nominal statistical significance (Table S12, <http://links.lww.com/CCX/B221>). We also examined the 147 patients originally classified as severe ARF, and determined whether patients with and without ARDS had differences in biomarker measurements. Interestingly, ARDS patients had baseline elevations in several biomarkers not associated with incident ARF, such as IL-6, MCP-1, sTREM-1, and sTNFR-1 (Table S13, <http://links.lww.com/CCX/B221>).

### Biomarkers by Prevalent AKI and ARF

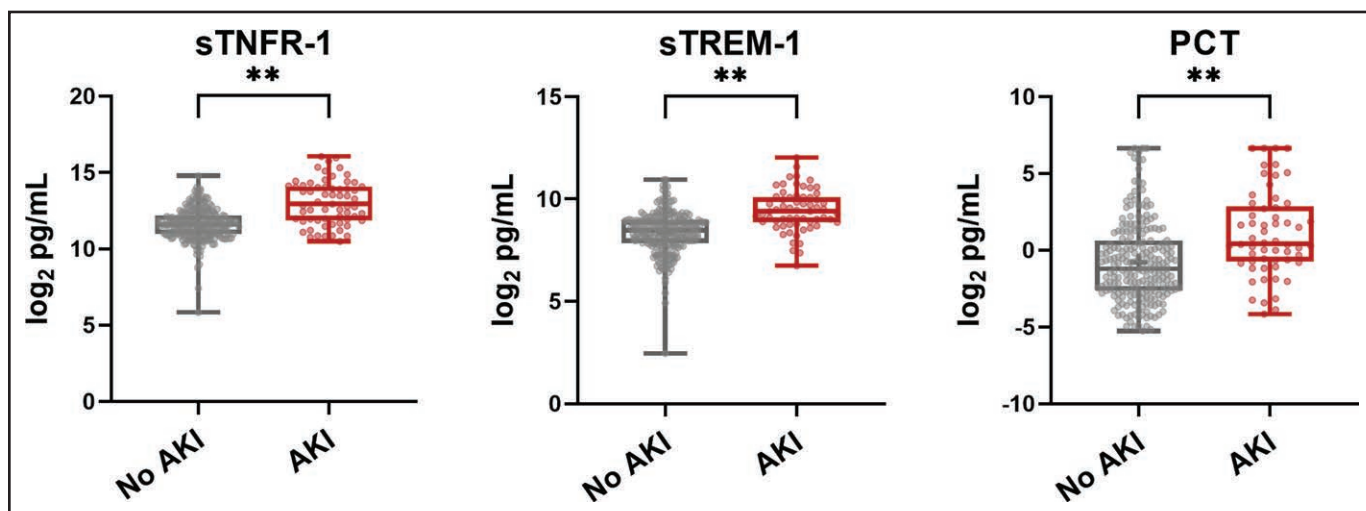
As a secondary analysis, we compared biomarker profiles between patients with and without AKI at the time of ICU admission (prevalent AKI). Several biomarkers involved in immune response were higher among patients with AKI than those without, with the greatest differences in sTREM-1, sTNFR-1, and procalcitonin

(Fig. 3; and Table S14, <http://links.lww.com/CCX/B221>).

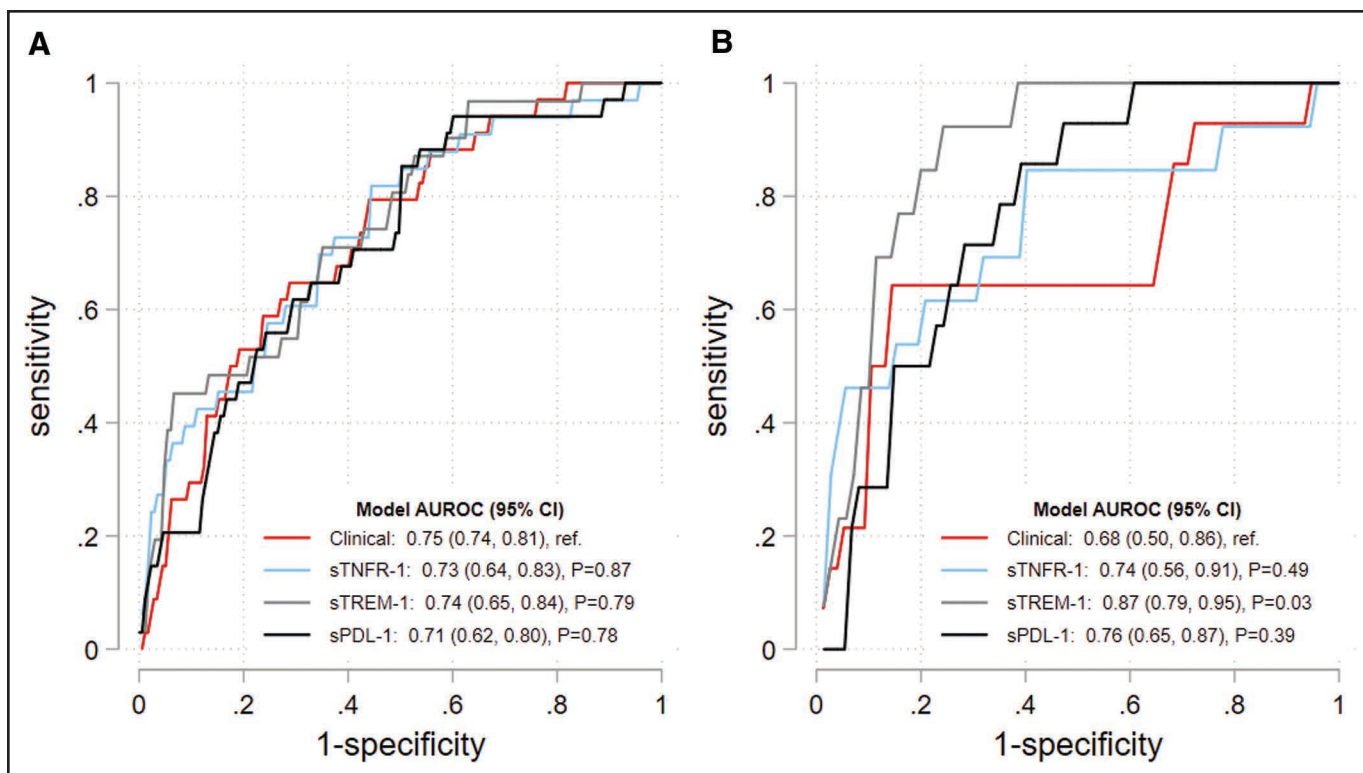
We also examined how these AKI biomarker profiles differed by ARF at admission. We stratified patients into four groups: 1) a reference group without ARF or AKI; 2) ARF without AKI; 3) AKI and ARF; and 4) AKI without ARF (Table S15, <http://links.lww.com/CCX/B221>). Overall, patients with both prevalent AKI and ARF had the highest biomarkers, compared with those with just one or neither organ dysfunction.

### Using Top Biomarkers for Prediction of Severe AKI

Because sTREM-1, sPDL-1, or sTNFR-1 had the strongest associations with severe AKI, we explored how they could be used in parsimonious models to identify highest risk patients. In training data, we found biomarker models all had moderate discrimination for incident severe AKI and did not significantly differ from a model based on APACHE-III (Fig. 4A). In test data, a model with sTREM-1 (AUROC, 0.87; 95% CI, 0.79–0.95) had significantly higher discrimination than a model with APACHE-III (AUROC, 0.68; 95% CI, 0.50–0.86; DeLong test  $p = 0.03$ ) (Fig. 4B). We also compared biomarker-based models to a model with age, sex, and serum creatinine (Table S16, <http://links.lww.com/CCX/B221>). The creatinine-based model had poor discrimination for the outcome



**Figure 3.** Biomarker concentrations by prevalent acute kidney injury. Acute kidney injury (AKI) defined as Kidney Disease: Improving Global Outcomes stage 1 or greater on the day of admission to the ICU. Boxes indicate median and interquartile range for biomarker concentrations, whiskers indicate minimum and maximum values, and dots represent individual measurements. Comparisons by groups performed with Mann-Whitney  $U$  tests, and biomarkers were sorted by  $p$  values, with top three biomarkers shown here. \*\*False discovery rate < 0.05. PCT = procalcitonin, sTNFR-1 = soluble tumor necrosis factor receptor-1, sTREM-1 = soluble triggering receptor on myeloid cells-1.



**Figure 4.** Comparison of area under the receiver operating characteristic (AUROC) curves of biomarker and clinical models. **A**, Training set,  $n = 211$ , of which  $n = 34$  had severe acute kidney injury (AKI). **B**, Test set,  $n = 90$ , of which  $n = 14$  had severe AKI. Clinical model includes age, sex, and Acute Physiology and Chronic Health Evaluation-III score. Biomarker models include age, sex, and the specified biomarker.  $p$  values are for DeLong tests comparing equality of AUROC of each biomarker model to the clinical model. sPDL-1 = soluble programmed cell death receptor-1, sTNFR-1 = soluble tumor necrosis factor receptor-1, sTREM-1 = soluble triggering receptor on myeloid cells-1.

in training (AUROC, 0.65; 95% CI, 0.55–0.75) and test (AUROC, 0.59; 95% CI, 0.40–0.77) data. The sTREM-1 based model again had significantly higher AUROC in test data ( $p = 0.02$ ).

We then examined how many patients would be considered high-risk for severe AKI using the best clinical (APACHE-III) and biomarker (sTREM-1) models, and how well this classification captured the primary outcome (Table 2). We examined thresholds of 5%, 10%, 20%, and 30%—a range which optimized each model’s negative and positive predictive values (NPV, PPV). Both models had thresholds with sensitivity and NPV exceeding 90% in training and test sets. At a threshold of 5%, both sTREM-1 and APACHE-III models captured most instances of severe AKI and had at least moderate NPV in the test data; however, the APACHE-III model flagged nearly all patients as high-risk and had lower specificity. At a threshold of 10%, the sTREM-1 model still captured all instances of severe AKI in the test data, while the APACHE-III model missed a higher

proportion of cases. Neither model offered robust PPV at any threshold.

## DISCUSSION

In a cohort of critically ill patients with acute respiratory illness, we identified unique patterns of immune response and endothelial biomarkers across phenotypes of kidney and respiratory organ dysfunction. Consistent with prior epidemiologic work, we found AKI is common during respiratory illness, and frequently related to persistent or worsening respiratory dysfunction (3, 4). Select immune response biomarkers, including sTREM-1, sTNFR-1, and sPDL-1, and endothelial function biomarkers, such as sICAM-1 and sVCAM-1, were associated with risk for severe AKI in the first 2 weeks after ICU admission. Although the majority of patients who developed severe AKI also experienced severe ARF, only sPDL-1, sICAM-1 and sVCAM-1 were associated with a higher risk for both outcomes. Taken together, this study identifies



**TABLE 2.**

**Performance Characteristics of Soluble Triggering Receptor on Myeloid Cells-1 and Acute Physiology and Chronic Health Evaluation-III Models to Predict Severe Acute Kidney Injury**

Dataset	Model Threshold	<sup>a</sup> Patients at High/Low Risk	Outcomes Identified/Not Identified	Sensitivity (95% CI)	Specificity (95% CI)	Positive Predictive Value (95% CI)	Negative Predictive Value (95% CI)
Training	sTREM-1 model						
	≥ 5%	169/27	30/1	97 (83–100)	16 (11–22)	18 (12–24)	96 (81–100)
	≥ 10%	115/81	27/4	87 (70–96)	47 (39–55)	24 (16–32)	95 (88–99)
	≥ 20%	45/151	15/16	48 (30–67)	82 (75–87)	33 (20–49)	89 (83–94)
	≥ 30%	23/173	12/19	39 (22–58)	93 (88–97)	52 (31–73)	89 (83–93)
	APACHE-III model						
	≥ 5%	187/9	31/0	100 (89–100)	6 (3–10)	17 (12–23)	100 (66–100)
	≥ 10%	118/78	27/4	87 (70–96)	45 (37–53)	23 (16–32)	95 (87–99)
	≥ 20%	59/137	18/13	58 (39–76)	75 (68–82)	31 (19–44)	91 (84–95)
	≥ 30%	26/170	10/21	32 (17–51)	90 (85–94)	39 (20–59)	88 (82–92)
Test	sTREM-1 model						
	≥ 5%	64/19	13/0	100 (75–100)	27 (17–39)	20 (11–32)	100 (82–100)
	≥ 10%	41/42	13/0	100 (75–100)	60 (48–72)	32 (18–48)	100 (92–100)
	≥ 20%	21/62	10/3	77 (46–95)	84 (74–92)	48 (26–70)	95 (87–99)
	≥ 30%	12/71	6/7	46 (19–75)	91 (82–97)	50 (21–79)	90 (81–96)
	APACHE-III model						
	≥ 5%	78/5	12/1	92 (64–99)	6 (2–14)	15 (8–25)	80 (28–100)
	≥ 10%	48/35	8/5	62 (32–86)	43 (31–55)	17 (8–30)	86 (70–95)
	≥ 20%	20/63	8/5	62 (32–86)	83 (72–91)	40 (19–64)	92 (82–97)
	≥ 30%	9/74	3/10	23 (5–54)	91 (82–97)	33 (8–70)	87 (77–93)

APACHE-III = Acute Physiology and Chronic Health Evaluation-III, sTREM-1 = soluble triggering receptor on myeloid cells-1.

<sup>a</sup>Patients at high/low risk indicates the number of patients predicted to be above/below the specified threshold.

Model thresholds indicate probabilities calculated from logistic regression model. Outcomes identified/not identified indicates the number of patients with the severe acute kidney injury outcome captured in the high/low risk classifications. All counts and estimates determined in subset with sTREM-1 measurements ( $n = 196$  in training data,  $n = 83$  in test data). Biomarker model parameters given by the following equation:  $\log(\text{odds}) = 0.00005 + 0.99 \times \text{Age (in yr)} + 0.67 \times \text{Male sex} + 2.73 \times \text{sTREM-1 (log-2 pg/mL)}$ . Clinical model parameters given by the following equation:  $\log(\text{odds}) = 0.039 + 0.99 \times \text{Age (in yr)} + 0.77 \times \text{Male sex} + 1.02 \times \text{APACHE-III}$ .

novel molecular risk factors for kidney outcomes, aims to differentiate which are and are not linked to concurrent respiratory outcomes, and, in turn, offers data to inform precision medicine studies of AKI during respiratory illness.

Both sTREM-1 and sTNFR-1 were consistently related to both prevalent and incident AKI, as they were elevated among patients with AKI at ICU admission and associated with risk of severe AKI. Both biomarkers reflect early innate immune activation and mediate immune-mediated tubular and glomerular injury in experimental models (22–24). sTNFR-1 is an strong

emerging predictor of kidney outcomes in other populations, but fewer studies have examined it during respiratory illness (12, 16, 25, 26). The largest study in respiratory illness was a secondary analysis of older trial data in ARDS, which identified sTNFR-1, among other plasma biomarkers of inflammation, endothelial dysfunction, and epithelial injury, as the strongest predictor of AKI within 4 days (12). Our work extends the findings in the ARDS study by examining a longer time frame after development of acute respiratory illness, incorporating RRT into the outcome, analyzing overlap between AKI and ARF, and using more

contemporary patients across a wider range of illness severity. More recent studies have identified sTNFR-1 as a predictor of AKI in smaller COVID-19 populations, including work from our group which included a subset of patients in the present study (16, 26). Furthermore, we believe this is the first study to show sTREM-1s association with incident AKI during respiratory illness, with prior work focusing on sTREM-1 to diagnose sepsis-associated AKI (27, 28). Beyond AKI, there is a large body of evidence showing sTNFR-1 and sTREM-1 are associated with mortality in patients with sepsis, pneumonia, COVID-19, and ARDS (26, 29–34). Given that sTNFR-1 and sTREM-1 were associated with AKI but not ARF, we hypothesize the relationship between mortality and these biomarkers may be mediated through kidney-related outcomes, rather than respiratory outcomes.

Next, we developed models using top biomarkers to predict severe AKI in order to help prospectively identify patients at highest risk for this outcome. These models, each of which included age, sex and a single biomarker, had several strengths. First, they qualitatively had better discrimination than a clinical model with age, sex, and serum creatinine, consistent with work showing that creatinine is a delayed indicator of kidney function (25). Second, the biomarker-based models had similar discrimination to one using APACHE-III, but APACHE-III is a complex score that can be cumbersome in clinical practice, relying on greater than 15 physiologic and laboratory variables, as well as knowledge of past medical history that is not always available early in critical illness (20). These biomarker models need validation in other datasets, and their performance is untested against more robustly developed clinical models; however, our findings provide proof-of-concept on how biomarkers may support prognostic enrichment in clinical trials. In particular, the model with sTREM-1 (for which a commercial assay is under development) achieved good NPV and may help screen out patients unlikely to develop incident AKI. Identifying high-risk patients remains challenging in AKI research, and future work should aim to further understand how sTREM-1, other biomarkers, and clinical variables might all be used for earlier AKI diagnosis, prognostication, and intervention (35, 36).

Finally, our work highlights biologic features that connect kidney and lung outcomes. We determined

sPDL-1, sVCAM-1, and sICAM-1 were associated with AKI and ARF, suggesting these biomarkers could reflect pathophysiologic derangements compromising both organs. ICAM-1 and VCAM-1 are cell adhesion molecules that mediate leukocyte-endothelial cell interactions and are expressed on injured lung and kidney tissues in COVID-19 and other forms of acute illness (37–41). They have also been linked to mortality in these settings, but their relationship to AKI is inconsistent (12, 42–44). sPDL-1 is the soluble form of a checkpoint molecule whose role in respiratory illness is not well-established. Our group has previously shown that sPDL-1 is associated with mortality and ventilator-free days in this population, but we are unaware of studies linking it to AKI (15). These biomarkers can potentially be used to identify patients at risk for multiple organ dysfunction and may represent appealing targets for future pathophysiologic study of kidney-lung interactions during critical illness.

This study has important limitations. First, many patients entered the cohort having already developed respiratory failure, so our severe ARF outcome included a diverse set of patients with either nonresolving or worsening respiratory illness; in rare cases, this included patients with transient worsening from baseline. We chose to define severe ARF this way to capture illness trajectories that could benefit from intervention at admission, and indeed patients with this trajectory experienced high mortality; however, these issues may limit our ability to identify risk factors for incident ARF and delineate them from risk factors for AKI. Second, though we enrolled a diverse set of patients across three hospitals, it is a moderate-sized single-center study, so generalizability may be limited. In particular, our prediction models should be evaluated in other datasets, as their performance characteristics were strong though imprecise in the small test dataset. Third, the study is observational, so we cannot determine whether biomarkers were causally linked to outcomes, and their biologic roles in critical illness are not consistently understood. Fourth, the non-COVID-19 population in our study was relatively small and heterogeneous, which may have underpowered and attenuated our subgroup analysis. Although we found similar relationships between biomarkers and severe AKI regardless of COVID-19, our findings may differ in populations with a different composition of respiratory illness.

## CONCLUSIONS

sTREM-1 and sTNFR-1, biomarkers of innate immune activation, were associated with severe AKI, while sPDL-1, sVCAM-1, and sICAM-1 were associated with both severe AKI and severe ARF. These biomarkers may represent important molecular risk factors for kidney outcomes during respiratory illness and be used to study pathophysiology of kidney-lung interactions and to individualize care.

- 1 Division of Pulmonary, Critical Care, and Sleep Medicine, University of Washington, Seattle, WA.
- 2 Department of Critical Care Medicine, National Institutes of Health Clinical Center, Bethesda, MD.
- 3 Sepsis Center Of Research Excellence-UW (SCORE-UW), University of Washington, Seattle, WA.
- 4 Division of Allergy and Infectious Diseases, University of Washington, Seattle, WA.

Supplemental digital content is available for this article. Direct URL citations appear in the printed text and are provided in the HTML and PDF versions of this article on the journal's website (<http://journals.lww.com/ccejournal>).

Drs. Liles and Bhatraju are senior authors contributed equally to this work.

Drs. Sathe, Mostaghim, Liles, and Bhatraju involved in study concept and design. Dr. Sathe, Ms. Barnes, Mr. O'Connor, Ms. Sahi, Dr. Sakr, Ms. Zahlan, Dr. Morrell, and Dr. Bhatraju involved in acquisition, analysis, or interpretation of data. Dr. Sathe involved in drafting of the article and statistical analysis. Drs. Liles and Bhatraju involved in study supervision. All authors involved in investigation, project administration, and critical revision of the article for important intellectual content.

Authors received support from F32HL158088 (to Dr. Sathe), K23HL144916 (to Dr. Morrell) from the National Heart, Lung, and Blood Institute; K23DK116967 and R01133177 (to Dr. Bhatraju) from the National Institute of Diabetes, Digestive and Kidney Disease; and Roche Diagnostics (Investigator-initiated Study; to Drs. Liles and Bhatraju). The remaining authors have disclosed that they do not have any potential conflicts of interest.

For information regarding this article, E-mail: [nas212@uw.edu](mailto:nas212@uw.edu)

This work was performed at the University of Washington, Seattle, WA.

## REFERENCES

1. Joannidis M, Forni LG, Klein SJ, et al: Lung-kidney interactions in critically ill patients: Consensus report of the Acute Disease Quality Initiative (ADQI) 21 Workgroup. *Intensive Care Med* 2020; 46:654–672
2. Husain-Syed F, Slutsky AS, Ronco C: Lung–kidney cross-talk in the critically ill patient. *Am J Respir Crit Care Med* 2016; 194:402–414
3. Uchino S, Kellum JA, Bellomo R, et al; Beginning and Ending Supportive Therapy for the Kidney (BEST Kidney) Investigators: Acute renal failure in critically ill patients: A multinational, multicenter study. *JAMA* 2005; 294:813–818
4. Darmon M, Clec'h C, Adrie C, et al: Acute respiratory distress syndrome and risk of AKI among critically ill patients. *Clin J Am Soc Nephrol* 2014; 9:1347–1353
5. Ketcham SW, Sedhai YR, Miller HC, et al: Causes and characteristics of death in patients with acute hypoxemic respiratory failure and acute respiratory distress syndrome: A retrospective cohort study. *Crit Care* 2020; 24:391
6. Stapleton RD, Wang BM, Hudson LD, et al: Causes and timing of death in patients with ARDS. *Chest* 2005; 128:525–532
7. Panitchote A, Mehkri O, Hastings A, et al: Factors associated with acute kidney injury in acute respiratory distress syndrome. *Ann Intensive Care* 2019; 9:74
8. Cui X, Huang X, Yu X, et al: Clinical characteristics of new-onset acute kidney injury in patients with established acute respiratory distress syndrome: A prospective single-center post hoc observational study. *Front Med (Lausanne)* 2022; 9:987437
9. van den Akker JP, Egal M, Groeneveld AJ: Invasive mechanical ventilation as a risk factor for acute kidney injury in the critically ill: A systematic review and meta-analysis. *Crit Care* 2013; 17:R98
10. Bonaventura A, Vecchié A, Dagna L, et al: Endothelial dysfunction and immunothrombosis as key pathogenic mechanisms in COVID-19. *Nat Rev Immunol* 2021; 21:319–329
11. Matthay MA, Zemans RL, Zimmerman GA, et al: Acute respiratory distress syndrome. *Nat Rev Dis Primers* 2019; 5:18
12. Liu KD, Glidden DV, Eisner MD, et al; National Heart, Lung, and Blood Institute ARDS Network Clinical Trials Group: Predictive and pathogenetic value of plasma biomarkers for acute kidney injury in patients with acute lung injury. *Crit Care Med* 2007; 35:2755–2761
13. Alge J, Dolan K, Angelo J, et al: Two to Tango: Kidney-lung interaction in acute kidney injury and acute respiratory distress syndrome. *Front Pediatr* 2021; 9:744110
14. Murugan R, Karajala-Subramanyam V, Lee M, et al; Genetic and Inflammatory Markers of Sepsis (GenIMS) Investigators: Acute kidney injury in non-severe pneumonia is associated with an increased immune response and lower survival. *Kidney Int* 2010; 77:527–535
15. Morrell ED, Bhatraju PK, Sathe NA, et al: Chemokines, soluble PD-L1, and immune cell hyporesponsiveness are distinct features of SARS-CoV-2 critical illness. *Am J Physiol Lung Cell Mol Physiol* 2022; 323:L14–L26
16. Bhatraju PK, Morrell ED, Zelnick L, et al: Comparison of host endothelial, epithelial and inflammatory response in ICU patients with and without COVID-19: A prospective observational cohort study. *Crit Care* 2021; 25:148
17. Mabrey FL, Morrell ED, Bhatraju PK, et al: Plasma soluble CD14 subtype levels are associated with clinical outcomes in critically ill subjects with coronavirus disease 2019. *Crit Care Explor* 2021; 3:e0591
18. Kidney Disease: Improving Global Outcomes: KDIGO Clinical Practice Guideline for Acute Kidney Injury. Kidney International. 2012. Available at: <https://kdigo.org/guidelines/acute-kidney-injury/>. Accessed May 7, 2023
19. Zou G: A modified poisson regression approach to prospective studies with binary data. *Am J Epidemiol* 2004; 159:702–706

20. Knaus WA, Wagner DP, Draper EA, et al: The APACHE III prognostic system. Risk prediction of hospital mortality for critically ill hospitalized adults. *Chest* 1991; 100:1619–1636
21. Resche-Rigon M, Azoulay E, Chevret S: Evaluating mortality in intensive care units: Contribution of competing risks analyses. *Crit Care* 2006; 10:R5
22. Aggarwal BB: Signalling pathways of the TNF superfamily: A double-edged sword. *Nat Rev Immunol* 2003; 3:745–756
23. Xu C, Chang A, Hack BK, et al: TNF-mediated damage to glomerular endothelium is an important determinant of acute kidney injury in sepsis. *Kidney Int* 2014; 85:72–81
24. Pan P, Liu X, Wu L, et al: TREM-1 promoted apoptosis and inhibited autophagy in LPS-treated HK-2 cells through the NF- $\kappa$ B pathway. *Int J Med Sci* 2021; 18:8–17
25. Malhotra R, Siew ED: Biomarkers for the early detection and prognosis of acute kidney injury. *CJASN* 2017; 12:149–173
26. Sancho Ferrando E, Hanslin K, Hultström M, et al; Uppsala Intensive Care COVID-19 Research Group: Soluble TNF receptors predict acute kidney injury and mortality in critically ill COVID-19 patients: A prospective observational study. *Cytokine* 2022; 149:155727
27. Dai X, Zeng Z, Fu C, et al: Diagnostic value of neutrophil gelatinase-associated lipocalin, cystatin C, and soluble triggering receptor expressed on myeloid cells-1 in critically ill patients with sepsis-associated acute kidney injury. *Crit Care* 2015; 19:223
28. Su L, Feng L, Zhang J, et al: Diagnostic value of urine sTREM-1 for sepsis and relevant acute kidney injuries: A prospective study. *Crit Care* 2011; 15:R250
29. Su L, Liu D, Chai W, et al: Role of sTREM-1 in predicting mortality of infection: A systematic review and meta-analysis. *BMJ Open* 2016; 6:e010314
30. da Silva-Neto PV, de Carvalho JCS, Pimentel VE, et al; On Behalf Of The Immunocovid Study Group: sTREM-1 predicts disease severity and mortality in COVID-19 patients: Involvement of peripheral blood leukocytes and MMP-8 activity. *Viruses* 2021; 13:2521
31. de Nooijer AH, Grondman I, Lambden S, et al; RCI-COVID-19 study group: Increased sTREM-1 plasma concentrations are associated with poor clinical outcomes in patients with COVID-19. *Biosci Rep* 2021; 41:BSR20210940
32. Parsons PE, Matthay MA, Ware LB, et al; National Heart, Lung, Blood Institute Acute Respiratory Distress Syndrome Clinical Trials Network: Elevated plasma levels of soluble TNF receptors are associated with morbidity and mortality in patients with acute lung injury. *Am J Physiol Lung Cell Mol Physiol* 2005; 288:L426–L431
33. Mikacenic C, Price BL, Harju-Baker S, et al: A two-biomarker model predicts mortality in the critically ill with sepsis. *Am J Respir Crit Care Med* 2017; 196:1004–1011
34. Anderson BJ, Calfee CS, Liu KD, et al: Plasma sTNFR1 and IL8 for prognostic enrichment in sepsis trials: A prospective cohort study. *Crit Care* 2019; 23:400
35. Zarbock A, Kellum JA, Schmidt C, et al: Effect of early vs delayed initiation of renal replacement therapy on mortality in critically ill patients with acute kidney injury: The ELAIN randomized clinical trial. *JAMA* 2016; 315:2190–2199
36. Food and Drug Administration/Center for Drug Evaluation and Research/Clampet J: Enrichment Strategies for Clinical Trials to Support Determination of Effectiveness of Human Drugs and Biological Products Guidance for Industry. 2019. Available at: <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/enrichment-strategies-clinical-trials-support-approval-human-drugs-and-biological-products>. Accessed May 7, 2023
37. Müller AM, Cronen C, Müller K-M, et al: Heterogeneous expression of cell adhesion molecules by endothelial cells in ARDS. *J Pathol* 2002; 198:270–275
38. Ley K, Laudanna C, Cybulsky MI, et al: Getting to the site of inflammation: The leukocyte adhesion cascade updated. *Nat Rev Immunol* 2007; 7:678–689
39. Wu X, Guo R, Wang Y, et al: The role of ICAM-1 in endotoxin-induced acute renal failure. *Am J Physiol Renal Physiol* 2007; 293:F1262–F1271
40. Birnhuber A, Fließer E, Gorkiewicz G, et al: Between inflammation and thrombosis: Endothelial cells in COVID-19. *Eur Respir J* 2021; 58:2100377
41. Joffre J, Rodriguez L, Matthay ZA, et al; COVID-19 Multi-Phenotyping for Effective Therapies (COMET) Consortium: COVID-19-associated lung microvascular endotheliopathy: A “From the Bench” perspective. *Am J Respir Crit Care Med* 2022; 206:961–972
42. Calfee CS, Eisner MD, Parsons PE, et al; NHLBI Acute Respiratory Distress Syndrome Clinical Trials Network: Soluble intercellular adhesion molecule-1 and clinical outcomes in patients with acute lung injury. *Intensive Care Med* 2009; 35:248–257
43. Agouridakis P, Kyriakou D, Alexandrakis MG, et al: The predictive role of serum and bronchoalveolar lavage cytokines and adhesion molecules for acute respiratory distress syndrome development and outcome. *Respir Res* 2002; 3:27
44. Bruni F, Charitos P, Lampart M, et al: Complement and endothelial cell activation in COVID-19 patients compared to controls with suspected SARS-CoV-2 infection: A prospective cohort study. *Front Immunol* 2022; 13:941742