

Empirically derived profiles of homework purposes in eleventh grade students: a latent profile analysis

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Accepted: 9 June 2021 © The Author(s), under exclusive licence to Springer Science+Business Media, LLC, part of Springer Nature 2021

Abstract

Informed by expectation-value theory and related literature, the goal of the current investigation was to identify profiles of students drawn from three purposes of homework (academic, self-regulatory, and approval-seeking). Participants were 750 eleventh-grade students in China. Results from latent profile analysis (LPA) revealed identified four different profiles of students: *Very Low Profile* (very low in all purposes; 5.73%), *Low Profile* (low in all purposes; 30.40%), *Moderate Profile* (moderate in all purposes; 54.40%), and *High Profile* (high in all purposes; 9.47%). Results further revealed that student gender was associated with profile membership. Finally, profile membership was significantly related to homework effort and completion (with a medium effect size) in that, in general, the higher the homework purposes, the higher the homework effort and homework completion.

Keywords Homework purpose · Latent profile analysis · Homework effort · Homework completion · High school

As students are frequently assigned homework for almost every class they take (Corno, 2011), homework is a common and widespread achievement-related task around the world (Cooper et al., 2006; Fan et al., 2017) and an important part of daily life for many students and their families (Corno & Xu, 2004; Fernández-Alonso et al., 2015). Given that task value learners place on the outcomes of a task can have powerful influences on task effort, persistence, and completion (Eccles, 1983; Wigfield et al., 2015), the value of homework perceived by students has important implications for homework practice and research (Rodríguez et al., 2020; Xu, 2020). Previous research, however, uses a variable-centered approach with its emphasis on the value of homework perceived by adults (Cooper et al., 2006; Rosário et al., 2019; Van Voorhis, 2004; Xu, 2005).

To address this important gap in extant literature on homework, the current study adopted a person-centered approach with its focus on the value of homework perceived by students

☐ Jianzhong Xu jx18@colled.msstate.edu; jianzhongxu18@gmail.com themselves. Specifically, it examined (a) whether there are empirically derived profiles of students with a certain combination of homework purposes, and (b) whether these profiles are significantly related to differences in homework behavior. This line of research is particularly important, as previous qualitative studies with elementary and secondary school students (Xu & Corno, 1998; Xu & Yuan, 2003) suggests that students can endorse different homework purposes at the same time. Recent quantitative studies (Sun et al., 2020a, b; Xu, 2021) have investigated multiple homework purposes perceived by students but treated these purposes as individual variables without concerning about their interplay. Yet, results from these studies have revealed that all homework purposes were correlated, further suggesting the possibility that students may endorse multiple homework purposes simultaneously.

Identification of homework purpose profiles may provide new sights on the ways homework purposes function together and the influences of these profiles on other key constructs in the homework process. Thus, a person-centered approach allows researchers to examine the interplay among different homework purposes. Hence, if the pattern of different homework purposes is important in predicting homework behavior (e.g., homework effort and completion), a person-centered approach may be more likely to detect the relationships that multiple homework purposes have with homework behavior than a variable-centered approach. Furthermore, a person-

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centered approach enables teachers, parents, and researchers to consider how students make use of multiple homework purposes to follow through their homework assignments.

In particular, there is a need to use a person-centered approach to reveal the existence of different profiles of math homework purposes for high school students. First, math is a highly important, yet difficult, subject around the world (e.g., the importance of math competence in the science, technology, engineering, and mathematics disciplines, and the issue relating to math anxiety; Hagger et al., 2015; Ramirez et al., 2018). Second, students are often assigned more homework in math than in other subjects (Bempechat, 2019; Xu, 2015). Third, students' homework attitudes exert increasingly more significant influence on their homework behavior (Cooper et al., 1998). Yet, at the same time, their homework attitudes become more negative (Xu, 2004), and math value beliefs tend to decrease as they move from middle school to high school (Wigfield et al., 2015).

Theoretical Background and Extant Literature

Expectancy-value theory posits that achievement motivation includes two major constructs that are most directly related to achievement-related outcomes: expectancy and value (Eccles, 1983; Wigfield et al., 2015). Expectancy refers to the degree to which learners think that they can successfully execute a task, it focuses on the question "Can I do this task?" (Wigfield et al., 2015, p. 659). Value refers to the degree to which learners perceive a task is useful and worthwhile; it taps into the question "Do I Want to Do This Task?" (Wigfield et al., 2015, p. 659). In this theory, task value is postulated to have a positive influence on task effort, engagement, and completion, in the sense that learners who think that a task is useful and worthwhile are more likely to put forth effort and to be successful in the task. Therefore, based on expectancy-value theory, the value students place on homework as an achievementrelated task is "critical for . . . the effort they will contribute to the endeavor and to the persistence they will display" (Warton, 2001, p. 157).

Existing literature, however, often focuses on the value of homework from adults' viewpoints (e.g., educators and parents; Cooper, 1989; Cooper et al., 2006; Epstein & Van Voorhis, 2001; Rosário et al., 2019; Sun et al., 2020a, b; Xu, 2010). Epstein and Van Voorhis (2001) listed the following purposes, including preparation, practice, participation, study strategies, parent-child communication, parent-teacher communication, peer learning, policy directives, public relationship, and punishment. In a more recent study (Rosário et al., 2019), teachers focused on three major purposes for homework, including being aware of students' weakness and strengths, promotion of their involvement, and addressing their difficulties. However, many homework purposes viewed as important by adults (e.g., parent-teacher communication, public relation, and being aware of students' strengths) often matter little to students themselves (Warton, 2001; Xu, 2010).

Two exceptions to the near absence of research on students' viewpoints are one study with third graders (Xu & Corno, 1998) and the other study with sixth to eighth graders (Xu & Yuan, 2003). Parents and teachers in both studies mentioned two purposes for homework: academic (assisting students to better understand the materials covered in class), selfregulatory (assisting students to develop self-regulatory abilities including self-discipline and study skills). While students in both studies agreed with academic purpose with parents and teachers, they mentioned another purpose that was important for them - approval-seeking (to please parents and teachers, and to comply with their expectations). In addition, unlike 3rd graders (Xu & Corno, 1998), certain students in grades 6-8 (Xu & Yuan, 2003) mentioned self-regulatory purpose (e.g., "it [doing homework] makes you more responsible and independent").

Based on expectancy-value theory (Eccles, 1983; Eccles & Wigfield, 2002) and extant literature tapping into homework purpose (Xu & Corno, 1998; Xu & Yuan, 2003), three recent studies validated math homework purposes reported by students (Sun et al., 2020a, b; Xu, 2021). Sun et al. (2020a) investigated the psychometric properties of the Math Homework Purpose Scale (MHPS) involving 585 7th graders. Having randomly split the sample into two groups, Sun et al. (2020a) carried out exploratory factor analysis (EFA) with one group (n = 293) and confirmatory factor analysis (CFA) with the other group (n = 292). Both EFA and CFA revealed that the MHPS contained three purposes: academic, self-regulatory, and approval-seeking. In another study involving 854 students in grade 9, Sun et al. (2020b) investigated the validity of scores on the MPHS. After randomly divided the sample into two groups, Sun et al. (2020b) carried out EFA with group 1 (n = 427) and CFA with group 2 (n = 427). Like the study by Sun et al. (2020a), both EFA and CFA indicated that the MHPS consisted of the same three purposes. Similarly, in the third study involving 1799 students in grades 10-11 (Xu, 2021), CFA results indicated that the MHPS included the same three purposes.

Across these validation studies (Sun et al., 2020a, b; Xu, 2021), although factor correlations between these purposes (academic, self-regulatory, and approval-seeking) were all significantly positive, the factor correlations between academic and self-regulatory were somewhat stronger than those between academic and approval-seeking, or between self-regulatory and approval seeking. Furthermore, academic purpose and self-regulatory purpose were more strongly related to homework effort and completion than approval-seeking purpose.

Taken together, existing literature on homework purposes has often centered on adults' perspectives (Cooper et al., 2006; Rosário et al., 2019; Warton, 2001). One emerging line of research indicates that students did math homework for three major purposes (academic, self-regulatory, and approval-seeking), and that these purposes were positively related to homework effort and completion (Sun et al., 2020a, b; Xu, 2021). Although prior studies adopting a variable-centered approach offers insights into the direct links of each homework purpose with homework effort and completion, it ignores or overlooks the possibility that (a) students may have different purposes for homework simultaneously (e.g., Xu & Corno, 1998; Xu & Yuan, 2003), (b) distinct constellations or combination of homework purposes may coexist in the population, and (c) these distinct constellations may be associated with differences in other important external measures.

The importance of examining the combinations of homework purposes and their associated outcomes is further illustrated by findings from a recent study. Using a personcentered approach, Valle et al. (2019) identified four student profiles that differentially combined homework time and time management, and found "the most relevant variable when defining profiles as more or less effective is time management and not time spent on homework" (p. 425). In light of these findings, it would be intriguing to adopt a person-centered approach to identify student profiles that may differentially combine academic, self-regulatory, and approval-seeking purposes.

The Current Investigation

Provided that there is very little information on the purposes of students to get involved in homework, and none on how in combination they influence their behavior, the first goal of the present investigation was to identify homework purpose profiles in a sample of eleventh-grade students, concerning the likely combinations of academic, self-regulatory, and approval-seeking purposes. As this is the first study that we are aware of has used a person-centered approach to homework purposes with high school students, it is not clear how many homework purpose profiles might emerge.

Among these three purposes, academic and self-regulatory purposes can be considered as representing self-focused motive (e.g., more concerned with mastery and control of one's own experience), whereas approval-seeking purpose can be viewed as reflecting other-focused motive or social in nature (e.g., more driven by attachment or communal goals; Cooper et al., 2016; Sun et al., 2019). Thus, it is hypothesized that academic purpose and self-regulatory purpose may interact and combine within latent homework purpose profiles in that students with higher academic purpose are also more likely to have higher self-regulatory purpose. Meanwhile, we were less certain whether this would be the case with approval-seeking purpose. This is substantiated by findings from a longitudinal study (Sun et al., 2019) that academic purpose and selfregulatory purpose were positively and reciprocally related, whereas there was no support for any reciprocal influences of approval-seeking purpose and self-regulatory purpose (or academic purpose). This is further substantiated by validation studies (Sun et al., 2020a, b; Xu, 2021) in that latent correlation between approval-seeking purpose and self-regulatory purpose (or academic purpose) was substantially smaller than that between self-regulatory and academic purposes, and that self-regulatory and academic purposes (compared with approval-seeking purpose) were more strongly correlated with homework effort and completion.

Although student gender was not the focus of the present investigation, we examined whether it was related to profile membership, as (a) it was considered as an important variable in two theoretical models on homework (Cooper, 1989; Trautwein et al., 2006), and (b) it was examined in the three validation studies discussed above (Sun et al., 2020a, b; Xu, 2021). As the three validation studies with students in grade 7 (Sun et al., 2020a), grade 9 (Sun et al., 2020b), and grades 10– 11 (Xu, 2021) found no significant latent mean differences in academic, self-regulatory, and approval-seeking purposes across gender, we hypothesized that student gender would not be related to profile membership.

The second goal of the current investigation was to examine how profile membership was related to homework effort and completion. Our justification for focusing on homework effort and completion is that they have been conceptualized as two critical variables in two theoretical models on homework (Cooper, 1989; Trautwein et al., 2006), and have received increasingly more attention in research literature (Cooper et al., 1998; Fan et al., 2017; Fernández-Alonso et al., 2015; Rodríguez et al., 2020; Rosário et al., 2018; Valle et al., 2019; Xu, 2011). In addition, homework effort and completion were the two external variables included in all three homework purpose validation studies discussed above (Sun et al., 2020a, b; Xu, 2021). Based on expectancy-value theory (e.g., task value; Eccles, 1983; Eccles & Wigfield, 2002; Warton, 2001) and extant homework literature using variable-centered approach (Epstein & Van Voorhis, 2012; Sun et al., 2020b; Xu, 2005), we hypothesized that, in general, students with higher levels of homework purposes would put forth more homework effort and complete more homework.

Method

Participants and Procedure

Participants were 750 high school students in grade 11 in southeast China (53.3% female; 100% Han nationality). Across different areas in China, students often attended either regular schools or key schools based on criteria such as standardized achievement scores (Gao et al., 2011; Xu, 2020). Key schools typically selected about 10–15% more academically oriented students, while regular schools admitted about 85–90% students with varying levels of academic preparation. For the present study, students were recruited from three regular high schools. We contacted and obtained approval from families for their children to participate in our current study. A trained assistant administered the measures (see next section) during normal school days, and teachers were requested to step out of classrooms during the administration. Taken together, the participation rate was 92.8%.

The mean education level was 15.3 years (SD = 2.8) for fathers and 14.8 years (SD = 2.7) for mothers, and they were positively correlated (r = .72, p < .01). Relating to math homework practices, almost all participants (98.7%) worked on math assignments five or more days a week. They spent, on average, 71 mins (SD = 34) on math homework daily. These homework practices are generally parallel with related research with high school students in China (Xu et al., 2014).

Measures

Math Homework Purpose Scale (MHPS) This scale included academic, self-regulatory, and approval-seeking purposes (Sun et al., 2020a, b; Xu, 2021). Four items measured academic purpose, with respect to reinforcing school learning (e.g., "Doing math homework helps me prepare for the next class"). Three items assessed self-regulatory purpose, regarding developing desirable self-regulatory attributes (e.g., "Doing math homework helps develop good discipline"). Three items assessed approval-seeking purpose, concerning seeking approvals from parents, peers, and teachers (e.g., "Doing math homework brings me teacher approval"). Response format for these items varied from 1 (strongly disagree) to 4 (strongly agree). Using data from students in grades 10–11, Xu (2021) reported that homework purposes contained academic ($\alpha = .73$; $\omega = .74$), self-regulatory $(\alpha = .87; \omega = .87)$, and approval-seeking $(\alpha = .93; \omega = .93;$ SRMR = .041; RMSEA = .048; CFI = .970; TLI = .958). In the present study with 11th graders, homework purposes included academic ($\alpha = .73$; $\omega = .73$; AVE = .41; CRI = .73), self-regulatory ($\alpha = .84$; $\omega = .84$; AVE = .64; CRI = .84), and approval-seeking ($\alpha = .92$; $\omega = .92$; AVE = .80; CRI = .92; SRMR = .036; RMSEA = .036; CFI = .983; TLI = .976).

Math Homework Effort Four items measured students' math homework effort, based on related on student effort in achievement related activities (e.g., Marsh et al., 2016), with math homework in particular (Trautwein et al., 2006; Xu, 2018; Yang & Xu, 2018). These items focused on students' initiative to complete math homework (e.g., "I always try to finish my math assignments"; $\alpha = .80$; $\omega = .82$; AVE = .54; CRI = .82; SRMR = .013; RMSEA = .042; CFI = .993;

TLI = .980). Rating for these four items varied from 1 (*strong-ly disagree*) to 4 (*strongly agree*).

Math Homework Completion Students responded to one statement concerning homework completion, drawn from relevant studies (Cooper et al., 2006; Xu et al., 2019). It asked: "Some students often complete math homework on time, others rarely do. How much of your assigned math homework do you usually complete?" Response format included 1 (*none*), 2 (*some*), 3 (*about half*), 4 (*most*), and 5 (*all*). This item has been found to provide valid information relating to homework completion. For instance, Xu (2017) reported that, congruent with theoretical expectation, it was positively related to homework value and effort.

Data Analyses

LPA was applied to identify underlying latent subgroups of students according to the three homework purposes (academic, self-regulatory, and approval-seeking). Specifically, our analyses were based on the three standardized MHPS factor scores (M = 0, SD = 1) as well as the standardized homework effort factor scores obtained from the CFA discussed in the previous section, using robust maximum likelihood estimator in Mplus 7.2.

Our decision for determining the optimal number of profiles was decided by a combination of fit indices, latent profile separation, parsimony, and interpretability (Nylund et al., 2007; Valle et al., 2019). They consisted of Akaike information criterion (AIC; Akaike, 1974), Bayesian information criterion (BIC; Schwartz, 1978), sample-adjusted Bayesian information criterion (SSA-BIC; Yang, 2006), Lo-Mendell-Rubin adjusted likelihood ratio test (LMRT; Lo et al., 2001), sample size for each profile, entropy value, and the interpretability of the solutions based on substantive theory.

In general, the solution with smaller AIC, BIC, and SSA-BIC shows better relative fit. A significant LMRT test indicates that a K profile model fits significantly better in comparison with a K-1 profile model. Profiles with less than 5% of the sample are typically considered unsuitable and not feasible, reflecting excessive profiling extraction (Hipp & Bauer, 2006; Wolter et al., 2019). Entropy value (from 0 to 1) is used to evaluate the classification accuracy of the solution (> 0.80 reflecting high separation among profiles; Muthén & Muthén, 2007; Ullrich-French & Cox, 2020).

We carried out the covariate and distal outcome testing by applying a three-step procedure (Asparouhov & Muthén, 2013, 2014). First, we performed LPA was with only the indicator variables to prevent other variables from influencing the classification of students into profiles. A "most likely class" variable was then developed according to the LPA, classifying each student to a profile with the highest likelihood. Finally, the auxiliary variables – covariate (gender) and distal outcome (homework effort and completion) – were included for examination after students had been classified to profiles so that the model would not change because of the auxiliary variables. In particular, we applied the R3STEP and DU3STEP in Mplus to carry out covariate and distal outcome testing (Muthén & Muthén, 2013). To interpret the effect sizes, we adopted the following recommendations (Cohen, 1988), viewing $\eta^2 = 0.01$ (d = 0.20), $\eta^2 = 0.059$ (d = 0.50), and $\eta^2 = 0.138$ (d = 0.80) as reflecting a small, medium, and large effect size.

Results

Table 1 displays descriptive statistics of all measures, including means, standard deviations, skew, and kurtosis. Additionally, it displays Pearson correlations among all measures; all of them were significantly, positively correlated.

Identification of Latent Profiles

The fit of a number of profile models was evaluated (see Table 2), which was stopped in eight classes. First, based on multiple indices (AIC, BIC, SSA-BIC, LMRT, BLRT, and entropy), the four-profile model resulted in a better fit as compared with the two-profile model and the three-profile model. Although the five-, six-, seven-, and eight-profile models had lower AIC, BIC, and SSA-BIC values than the four-profile model, these models contained at least one profile less than 5% of the sample (see Table 2). Furthermore, a close examination of the five- and six-profile models indicated that these models did not provide distinctive information regarding the three homework purposes (e.g., in terms of standardized mean scores and relations with two external measures of homework effort and completion).

Regarding the classification accuracy of the four-profile solution, as displayed in Table 2, the entropy was 0.898. Entropy is referred to "the overall degree of classification

uncertainty in the solution" (Lanza & Bray, 2010, p. 4), ranging from 0 (complete uncertainty) to 1 (complete certainty). Entropy values above 0.80 are typically viewed as adequate or high (Bonito, 2019; Clark & Muthén, 2009). Table 3 included the classification accuracy of the four-profile model and the number of the students in each profile. The coefficients related to the profiles to which students were classified were presented on the main diagonal of the table. These coefficients ranged from 89.9% to 96.1%, showing the robustness of the fourprofile solution.

Description of the Four Profiles

Table 4 displays the mean scores of students assigned to the four latent profiles. Profile 1 included 30.40% of the sample (n = 228) and was labelled as *Low Profile* because of their low mean scores on each of the three homework purposes (z = -0.496 to -0.728); see Fig. 1). Profile 2 contained a large group of students (54.40%; n = 408) and was labelled as *Moderate Profile* because their scores on each of homework purposes was close to the means (z = 0.195 to 0.325); see Fig. 1). Profile 3 contained a small group of students (5.73%; n = 43) was labelled as *Very Low Profile* because of their very low mean scores on each of the three homework purposes (z = -1.476 to -2.355); see Fig. 1). Profile 4 consisted of 9.47% of the sample (n = 71) and was labelled as *High Profile* because of their high means scores on each homework purpose (z = 1.361 to 1.876); see Fig. 1).

Figures 2, 3, and 4 presented three scatter plots – between academic purpose and self-regulatory purpose, between self-regulatory purpose and academic purpose, and between approval-seeking purpose and self-regulatory purpose. Taken together, these scatter plots indicated that the each profile could be adequately discriminated from the others.

Gender and Latent Profiles of Homework Purpose

Table 5 displays the results of the multinomial logistic regression model. Females were more likely than men in Profile 1

 Table 1
 Descriptive Statistics

 and Pearson Correlations Among
 the Measures

Variable	М	SD	Skew	Kurtosis	1	2	3	4	5
1 Gender ^a	0.03	0.50	-0.13	-1.99	_				
2 Academic purpose	2.93	0.49	-0.60	2.57	.13**	-			
3 Self-regulatory purpose	2.69	0.65	-0.31	0.51	.06	.61**	_		
4 Approval-seeking pur- pose	2.21	0.70	0.26	0.14	.00	.44**	.52**	_	
5 Homework effort	3.58	0.53	-0.70	1.44	.04	.31**	.27**	.09*	-
6 Homework completion	4.44	0.74	-1.65	3.79	.10**	.28**	.20**	.11**	.41**

^a Gender was dummy coded (-0.50 = male; 0.50 = female)

N = 750. * p < .05. * * p < .01

Table 2 Fit Indices	for Identifying I	Latent Profiles $(n = 750)$
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	Profiles								
	1	2	3	4	5	6	7	8	
AIC	6394.221	5931.267	5306.165	4961.366	4634.874	4472.831	4342.882	4216.732	
BIC	6421.942	5977.468	5370.846	5044.528	4736.516	4592.953	4481.484	4373.814	
SSA-BIC	6402.889	5945.714	5326.390	4987.371	4666.657	4510.393	4386.223	4265.851	
Entropy		0.783	0.932	0.898	0.986	0.974	0.923	0.927	
LMPT		453.817	610.064***	339.960**	254.052***	163.855*	132.929	127.688	
BLRT		470.954***	633.201***	352.798***	263.647***	170.043***	137.949***	132.510***	
<i>n</i> in each profile	P1=750	P1=145 P2=605	P1=98 P2=581 P3=71	P1=228 P2=408 P3=43 P4=71	P1=59 P2=48 P3=196 P4=419 P5=28	P1=61 P2=363 P3=174 P4=45 P5=28 P6=79	P1=76 P2=45 P3=58 P4=290 P5=79 P6=174 P7=28	P1=45 P2=268 P3=95 P4=79 P5=58 P6=152 P7=25 P8=28	
Number of profiles with $n \le 5\%$	0	0	0	0	1	1	1	2	

AIC Akaike's Informational Criterion; BIC Bayesian Information Criterion; SSA-BIC Sample-Size Adjusted BIC; LMRT Lo-Mendell-Rubin adjusted maximum likelihood ratio test; BLRT Parametric bootstrapped likelihood ratio test

*p < .05. **p < .01. ***p < .001

(Low; b = 1.162, SE = 0.399, p = .004, OR = 3.196), Profile 2 (*Moderate*; b = 1.277, SE = 0.379, p = .001, OR = 3.586), and Profile 4 (*High*; b = 0.907, SE = 0.440, p = .039, OR = 2.477) in reference to Profile 3 (*Very Low*). respect to both homework effort and completion, *High Profile* and *Moderate Profile* had significantly high scores than *Low Profile* and *Very Low Profile*. In addition, *Low Profile* had significantly higher scores in homework completion than *Very Low Profile*. Although the differences in homework

Profile Membership Relations to External Variables of Homework Effort and Completion

The equality of the means of external variables of homework effort and completion across the four profiles. Table 6 shows the mean scores across the four profiles on homework effort and completion. Table 7 shows chi-square statistics for pairwise differences between latent profiles on homework effort and completion.

Taken together, results indicated that profile membership was significantly associated with homework effort and completion, with a medium effect size (d = 0.466 to 0.530). With

Table 3Description of Latent Profiles and Classification Accuracy ofthe Participants in Each Profile

	Profile	8		n	%	
	1	2	3	4		
1. Low Profile	0.899	0.093	0.008	0.000	228	30.40
2. Moderate Profile	0.042	0.956	0.000	0.002	408	54.40
3. Very Low Profile	0.041	0.000	0.959	0.000	43	5.73
4. High Profile	0.000	0.039	0.000	0.961	71	9.47

Table 4Description of Latent Profiles

			Confidence I	nce Intervals	
	М	SE	Lower 5%	Higher 5%	
Profile 1: Low Profile	e (n=228)				
Academic	-0.613	0.065	-0.721	-0.506	
Self-regulatory	-0.728	0.072	-0.846	-0.610	
Approval-seeking	-0.496	0.060	-0.594	-0.398	
Profile 2: Moderate P	rofile (n=4	08)			
Academic	0.250	0.033	0.195	0.304	
Self-regulatory	0.325	0.033	0.270	0.380	
Approval-seeking	0.195	0.048	0.116	0.273	
Profile 3: Very Low I	Profile (n=4	43)			
Academic	-2.187	0.252	-2.602	-1.773	
Self-regulatory	-2.355	0.124	-2.560	-2.151	
Approval-seeking	-1.476	0.111	-1.659	-1.293	
Profile 4: High Profile	e (n=71)				
Academic	1.852	0.076	1.727	1.977	
Self-regulatory	1.876	0.053	1.789	1.962	
Approval-seeking	1.361	0.172	1.078	1.644	

Fig. 1 Latent profile analysis of homework purposes: Four-profile solution



effort and completion between *High Profile* and *Moderate Profile* were not statistically significant, a clear trend was observed in that *High Profile* had higher scores in these two external measures than *Moderate Profile*.

Discussion

The current study extends extant literature on homework purpose, by using a person-centered approach to identify the possible combinations of homework purposes in eleventh-grade students and to examine difference between the empirically derived profiles. Results from LPA revealed that four different profiles of students were identified: *Very Low Profile* (very low in all purposes; 5.73%), *Low Profile* (low in all purposes; 30.40%), *Moderate Profile* (moderate in all purposes; 54.40%), and *High Profile* (high in all purposes; 9.47%). Results further revealed that females were more than two to three times as likely in *Low, Moderate*, or *High Profiles* than in *Very Low Profile*.

The current study takes another step forward, by examining the differences in homework behavior as a function of the profile membership. In line with theoretical expectations and previous studies using a variable-centered approach (Eccles, 1983; Eccles & Wigfield, 2002; Epstein & Van Voorhis, 2012; Sun et al., 2020b; Xu, 2005), results revealed that profile membership was significantly related to homework effort and completion, with a medium effect size. Specifically, the profile of students with higher homework purposes (e.g., *High Profile* and *Moderate Profile*) were those who put forth more homework effort and completed more homework assignments. In contrast, the profile of students with lowest homework purposes (i.e., *Very Low Profile*) were those who put forth least homework effort and completed least homework assignments.

Our results concerning the four homework purpose profiles, and their relations with covariate (gender) and distal outcome (homework effort and completion) suggests that (a) homework purposes from students' perspectives matter in their homework behavior, (b) student gender was related to profile membership, and (c) students with high or low level of one purpose (e.g., self-regulatory) are related to a high or low level of other purposes (e.g., academic and approval-seeking). These results based on a person-centered approach provide a deeper understanding of how these three homework purposes coexist within students, moving beyond stating if these purposes are correlated or if each purpose is related to homework behavior (e.g., homework completion).

Fig. 2 Scatter plot between academic purpose and self-regulatory purpose



Specifically, the current study revealed that there were no overlapping or non-linear profiles of students relatively higher on one homework purpose (e.g., academic) yet relatively lower on other homework purposes (e.g., self-regulatory and approval-seeking). That is, the relation between the three homework purposes appeared to be straightforwardly linear. This finding is partially consistent with our hypothesis that students relatively higher in academic purpose would be relatively higher in self-regulatory purpose, as both academic purpose and self-regulatory purpose reflect self-focused motive (Cooper et al., 2016; Sun et al., 2019). On the other hand, we were less certain whether students relatively higher in academic purpose (or self-regulatory purpose) would be relatively higher in approval-seeking purpose, as approvalseeking purpose represents other-focused motive (Cooper et al., 2016; Sun et al., 2019).

One possible explanation for our finding (i.e., no overlapping profiles) is that academic and self-regulatory purposes may have become relatively less self-focused (or more other-focused) in collectivist cultures such as China, where the self is largely defined by relations with others (Chen et al., 2006), and where independence is less highly valued than interdependence, harmony, conformity, and in-group approval and cohesion (Epstein et al., 2014; Hofstede, 2003). Given that this is the first study that has used a personcentered to homework purposes (including both self- and other-focused motives), it would be theoretically and practically important to pursue this line of investigation in individualist cultures to see whether there would be overlapping profiles of students (e.g., relatively higher on self-focused motive but relatively lower on other-focused motive).

With respect to gender differences in academic, self-regulatory, and approval-seeking purposes, prior studies using a variable-centered approach did not report any significant latent mean differences in all three purposes across gender (Sun et al., 2020a, b; Xu, 2021). Using a person-centered approach, the present study extended previous research by showing that females were more than two to three times as likely in *Low*, **Fig. 3** Scatter plot between selfregulatory purpose and approvalseeking purpose



Moderate, or *High Profiles* than in *Very Low Profile*. Although not the focus of the current investigation, this is an interesting finding to be followed in future investigation, particularly in conjunction with the line of research discussed in the previous paragraph (i.e., relating to possible overlapping profiles of students in individualist cultures).

Consequently, it would be highly desirable to simultaneously attend to all three homework purposes perceived by students (academic, self-regulatory, and approval-seeking), as students with a high level of one purpose (e.g., academic) tend to have a high level of other purposes (self-regulatory and approval-seeking). Teachers and parents may want to be more consciously aware of the types of homework assignments, homework feedback, and homework support most likely lead to academic improvement, development of self-regulatory capacities, and gaining their (genuine) approval at the same time.

Meanwhile, our results that students had distinct homework purpose profiles suggest that teacher and parents need to pay differentiated attention to students in different profiles. Students in High Profile or Moderate Profile may need less external support from teachers and parents, yet encouraging them to share the value of homework from their perspectives are likely to be beneficial for students in this profile as well as for students in other profiles. For remaining students in Very Low Profile and Low Profile, it would be beneficial, for example, for teachers to carefully designing and selecting highquality homework assignments to illustrate to students the connection among homework, self-regulation (e.g., time management), and academic improvement. It would also beneficial for teachers to provide adaptive feedback and ongoing support according to the needs of students in different profiles to promote their homework effort and completion. In addition, it would be beneficial to provide professional development for teachers, as preservice and inservice teacher education have largely centered on the quality of classroom practice (e.g., teaching strategies, instructional materials, feedback, and assessment), yet not on the quality of homework practice such as **Fig. 4** Scatter plot between approval-seeking purpose and academic purpose



Table 5	Results of Multinomial
Logistic	Regression Analysis on
Gender	

Reference Profile		Estimate	S.E.	Est./ S.E.	р	Odds Ratio
Profile 1: Low						
	Profile 2: Moderate	0.116	0.194	0.597	0.550	1.123
	Profile 3: Very Low	-1.162	0.399	-2.913	0.004	0.313
	Profile 4: High	-0.255	0.288	-0.885	0.376	0.775
Profile 2: Moderate						
	Profile 1: Low	-0.116	0.194	-0.597	0.550	0.890
	Profile 3: Very Low	-1.277	0.379	-3.373	0.001	0.279
	Profile 4: High	-0.371	0.271	-1.368	0.171	0.690
Profile 3: Very Low						
	Profile 1: Low	1.162	0.399	2.913	0.004	3.196
	Profile 2: Moderate	1.277	0.379	3.373	0.001	3.586
	Profile 4: High	0.907	0.440	2.059	0.039	2.477

	Profile 1: Low (<i>n</i> =228) M (SE)	Profile 2: Moderate (n=408) M (SE)	Profile 3: Very Low (n=43) M (SE)	Profile 4: High (<i>n</i> =71) M (SE)	Overall chi-square test value (<i>df</i> =3)	Effect size (d)
Homework effort†	-0.21 ^a (0.06)	0.18 ^b (0.06)	-0.66 ^a (0.22)	0.46 ^b (0.15)	38.576***	0.466
Homework completion	4.30 ^b (0.06)	4.61 ^c (0.03)	3.73 ^a (0.23)	4.67 ^c (0.08)	48.749***	0.527

Table 6 Mean Scores Across Latent Profiles on Homework Effort and Homework Completion (n = 750)

†Standardized factor scores (M=0, SD=1)

Means with the same superscript in a column are not statistically different at $\alpha > .01$

***p<.001

homework quality and the quality of homework feedback (Rosário et al., 2018; Xu, 2016).

Certain limitations needs to be acknowledged. First, the present study was limited to cross-sectional data. Second, it was limited to math homework, involving Chinese high school students. Finally, although the present study incorporate student gender as one covariate, it did not incorporate other covariates in the homework process such as prior achievement and socio-economic status.

As this is the first study that has used a person-centered approach to homework purposes perceived by high school students, it would be beneficial to pursue this line of research involving elementary and middle school students and in other achievement domains, as there are developmental differences in task value perceived by students across achievement domains (e.g., sports and foreign language; Jacobs et al., 2002). Additionally, it would be informative to include other important outcome variables in the homework process such as homework selfregulation strategies (e.g., time management and help seeking) and student achievement. Similarly, it would be informative to include other covariates such as prior achievement, socio-economic status, and teacher homework involvement. Furthermore, as discussed above, it would be important to pursue this line of research in cross-cultural environments, as homework purposes perceived by students may be affected by cultural differences (e.g., regarding self-focused and other-focused motives, and the value of homework and persistence; Cooper et al., 2016; King et al., 2014; Sun et al., 2019). Finally, it would be highly beneficially to pursue this line of research in online settings, because COVID-19 has prompted "an unprecedented massive 'migration' from traditional in-class face-to-face education to online education" (Bao, 2020, p. 113), and because online homework presents new motivational challenges for many students (e.g., concern over the usefulness and worth of online assignments; Bowman et al., 2014; Yushau & Khan, 2014).

Table 7 Chi-Square Test Statistics for Pairwise Differences Between Latent Profiles		Profile Comparison	Chi-Square Test Statistic, p value
	Homework effort	1 (Low) vs. 2 (Moderate)	16.587, <i>p</i> <.001
		1 (Low) vs. 3 (Very Low)	3.492, p=.062
		1 (Low) vs. 4 (High)	17.903, <i>p</i> <.001
		2 (Moderate) vs. 3 (Very Low)	13.227, <i>p</i> =.001
		2 (Moderate) vs. 4 (High)	3.311, <i>p</i> =.069
		3 (Very low) vs. 4 (High)	17.700, <i>p</i> <.001
	Homework completion	1 (Low) vs. 2 (Moderate)	16.751, <i>p</i> <.001
		1 (<i>Low</i>) vs. 3 (<i>Very Low</i>)	4.942, <i>p</i> =.026
		1 (Low) vs. 4 (High)	13.090, <i>p</i> <.001
		2 (Moderate) vs. 3 (Very Low)	15.234, <i>p</i> <.001
		2 (Moderate) vs. 4 (High)	0.444, <i>p</i> =.505
		3 (Very Low) vs. 4 (High)	15.582, <i>p</i> <.001

Data Availability The data supporting the results of this study are available from the corresponding author upon reasonable request.

Declarations

Conflict of Interest The author declares no conflict of interest.

Human Rights The study was compliant with the ethical standards of the institutional and national research committee, and with the 1964 Helsinki declaration and its amendments or comparable ethical standards.

Informed Consent Informed consent was obtained from participants in the present investigation.

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