#### SURVEILLANCE

# Newly emerging metronidazole-resistant Clostridioides difficile PCR ribotype 955 identified in Poland, 2021 to 2023 but not in Czechia, 2012 to 2023 and Slovakia, 2015 to 2023

Jaroslava Zikova<sup>1,2</sup>, Klaudia Szarek³, Monika Kabała³, Dorota Wultańska⁴, Natalia Frankowska<sup>5,6</sup>, Adam Iwanicki⁵, Krzysztof Hinc⁵, Anna Mucha<sup>7</sup>, Jolanta Komarnicka³, Anna Jagielska³, Ed Kuijper<sup>2,10</sup>, Marcela Krutova<sup>1,2</sup>, Hanna Pituch⁴

1. Department of Medical Microbiology, Charles University Second Faculty of Medicine and Motol University Hospital, Prague,

- European Society for Clinical Microbiology and Infectious Diseases (ESGMID) study group for Clostridioides difficile (ESGCD), Basel, Switzerland
- 3. Department of Medical Microbiology, Faculty of Medical Sciences in Katowice, Medical University of Silesia, Katowice, Poland
- 4. Department of Medical Microbiology, Medical University of Warsaw, Warsaw, Poland
- 5. Division of Molecular Bacteriology, Medical University of Gdańsk, Gdańsk, Poland
- 6. Intercollegiate Faculty of Biotechnology, University of Gdańsk, Gdańsk, Poland
- Department of Pulmonology with Oncology and Chemotherapy, Center of Pulmonology and Thoracic Surgery in Bystra, Poland
- Laboratory of Clinical Microbiology, University Centre for Laboratory Diagnostics, Medical University of Gdańsk Clinical Centre, Gďańsk, Poland
- 9. Department of Social Medicine and Public Health, Medical Faculty, Medical University of Warsaw, Warsaw, Poland
- 10. National Expertise Centre for Clostridioides difficile infections, Leiden University Center for Infectious Diseases, Leiden and Centre for Infectious Disease Control (CIb), National Institute for Public Health and the Environment (RIVM), Bilthoven,

Correspondence: Marcela Krutova (marcela.krutova@lfmotol.cuni.cz)

Zikova Jaroslava, Szarek Klaudia, Kabała Monika, Wultańska Dorota, Frankowska Natalia, Iwanicki Adam, Hinc Krzysztof, Mucha Anna, Komarnicka Jolanta, Jagielska Anna, Kuijper Ed, Krutova Marcela, Pituch Hanna. Newly emerging metronidazole-resistant Clostridioides difficile PCR ribotype 955 identified in Poland, 2021 to 2023 but not in Czechia, 2012 to 2023 and Slovakia, 2015 to 2023. Euro Surveill. 2025;30(21):pii=2400675. https://doi.org/10.2807/1560-7917. ES.2025.30.21.2400675

Article received on 09 Oct 2024 / Accepted on 03 Feb 2025 / Published on 29 May 2025

Background: On 29 January 2024, the European Centre for Disease Prevention and Control distributed an alert about a metronidazole-resistant Clostridioides difficile outbreak of PCR ribotype (RT) 955 in England. Aim: We aimed to investigate the presence of RT955 in Czech, Slovak and Polish C. difficile isolates and evaluate different culture media for detecting its metronidazole resistance. Methods: Isolates with binary toxin genes identified as 'unknown' by the WEBRIBO PCR ribotyping database up to 2023 were re-analysed after adding the RT955 profile to the database. The RT955 isolates were characterised by whole genome sequencing and tested for susceptibility to 15 antimicrobials. Results: We did not find RT955 in Czech (n=6,661, 2012-2023) and Slovak (n=776,2015-2023) isolates, but identified 13 RT955 cases (n=303, 2021-2023) in three hospitals in Poland. By whole genome multilocus sequence typing, 10 isolates clustered into one clonal complex including a sequence of United Kingdom strain ERR12670107, and shared similar antimicrobial resistance genes/mutations. All 13 isolates were resistant to ciprofloxacin/ moxifloxacin, erythromycin/clindamycin and ceftazidime. All isolates had a mutation in the nimB gene promoter and in NimB (Tyr130Ser and Leu155Ile). The metronidazole resistance was detected in all isolates

using brain-heart-infusion agar supplemented with haemin and Chocolate agar. Results were discrepant with the European Committee on Antimicrobial Susceptibility Testing-recommended Fastidious anaerobe agar and Brucella blood agar. Conclusion: The identification of clonally related haem-dependent metronidazole-resistant C. difficile RT955 in multiple hospitals indicates a need for prospective surveillance to estimate its prevalence in Europe.

# **Background**

Clostridioides difficile is the leading cause of healthcareassociated diarrhoea, C. difficile infection (CDI). The epidemiology of CDI has changed dramatically after the emergence and global spread of hypervirulent PCR ribotype (RT) 027 [1]. The use of molecular typing techniques, such as PCR ribotyping and whole genome sequencing in CDI surveillance enhanced the identification of potential outbreaks and improved the monitoring of the spread of epidemic ribotypes [2]. Although PCR ribotyping is the most frequently applied typing method for C. difficile [2] and is also recommended by the European Centre for Disease Prevention and Control (ECDC), only a few laboratories have a complete and regularly updated database to recognise all PCR ribotypes.

### **KEY PUBLIC HEALTH MESSAGE**

### What did you want to address in this study and why?

Clostridioides difficile is the main cause of hospital-acquired diarrhoea. In December 2023, a new so-called hypervirulent *C. difficile* (type 955) emerged in the United Kingdom (UK). It caused increased mortality of 22.9% and was resistant to metronidazole, one of the drugs used to treat *C. difficile* infection. Since similar strains have rapidly spread to other countries, we searched for type 955 in Czech, Slovak and Polish collections of *C. difficile* isolates.

### What have we learnt from this study?

We found *C. difficile* type 955 in three hospitals in Poland. The Polish strains were closely related to the British strain, but it is not clear whether the origin of type 955 was in Poland or the UK. Using culture media with a specific composition, we identified all strains as resistant to metronidazole.

### What are the implications of your findings for public health?

We recommend performing national studies to estimate the occurrence of *C. difficile* type 955 in healthcare facilities, especially when metronidazole is still used for *C. difficile* infection treatment.

Since 2003, surveillance studies have revealed variants of the 'hypervirulent' *C. difficile* RT027 in southern and eastern Europe. Ribotype 176 has caused outbreaks in Croatia, Czechia, Poland and Slovakia [3-6] and RT181 in Romania and Greece [7,8]. Similar to *C. difficile* RT027, these new ribotypes belonged to sequence type 1 and clade 2, carried genes for binary toxin, and had an 18 bp deletion in the *tcdC* gene at position 330–347 and a single nucleotide deletion at position 117 [8,9].

On 29 January 2024, the ECDC reported through EpiPulse, an online portal for European public health authorities and partner organisations, a notification of a C. difficile outbreak of the newly found RT955 in England. The United Kingdom (UK) Health Security Agency (UKHSA) deposited the UK RT955 strain in the National Centre for Bioinformatic Information (NCBI) Sequence Read Archive (SRA), accession number ERR12670107, to provide other laboratories with the opportunity to recognise this strain. In addition, the PCR ribotype profile was made accessible to other laboratories in the WEBRIBO database. Further details on the outbreak were presented in April 2024 at an international conference in Barcelona, Spain [10,11]. In summary, between September 2021 and December 2023, 50 CDI cases (48 unique CDI patients with two recurrences) were identified in the UK [10,11]. Four regions in England were affected by sporadic cases and another region reported two large hospital clusters. Eleven of the 48 patients died in the 30 days following the detection of the infection. The C. difficile RT955 isolates belonging to clade 2 carried binary toxin genes were clonal by multiple-locus variable-number tandemrepeat analysis (MLVA) (n = 25) and were closely related by whole genome sequencing (WGS) (n = 48). Antibiotic resistance was reported to moxifloxacin, rifampicin, clindamycin, imipenem and, most importantly, to metronidazole [10,11], the antimicrobial drug still used for the treatment of CDI in clinical practice.

In response to the EpiPulse notification, we searched for this ribotype in the Czech, Slovak and Polish collections of *C. difficile* isolates. We further evaluated different culture media to detect the metronidazole resistance that was reported in UK RT955 isolates.

### Methods

### Clostridioides difficile isolates

The *C. difficile* collections used for the RT955 survey included Czech *C. difficile* isolates (n=6,661) collected between 2012 and 2023 and Slovak isolates (n=776) collected between 2015 and 2023 during several timelimited surveillance studies. Further, we included Polish isolates (n=303) from a study entitled "The role of prophages in the virulence of clinical strains of human pathogen *Clostridioides difficile* in vitro and in vivo (acronym PROPHDIFF)" that were collected between 2021 and 2023 in seven hospitals. All *C. difficile* isolates (n>7,700) were characterised and are stored at Motol University Hospital in Prague, Czechia. The number of isolates and hospitals for each year is given in the Supplementary material.

All *C. difficile* isolates are characterised by multiplex PCR for detection of genes for toxins (*tcd*A-toxin A, *tcd*B-toxin B, *ctd*A and *cdt*B-binary toxin) [12] and by high-resolution capillary gel-based electrophoresis (CE) PCR ribotyping using Bidet et al. and/or Stubbs et al. primers [13-15] that amplify the intergenic spacer region between 16S and 23S rRNA genes. The PCR ribotype was determined using the WEBRIBO database (https://webribo.ages.at). Because the profile of RT955 was added to the WEBRIBO database in 2024 and the RT955 had a binary toxin gene [10,11], we re-analysed

RT 955 (POLISH)	RT 955 (UK)	RT 027
BIDET PRIMERS 55°C	STUBBS PRIMERS 60°C	BIDET PRIMERS 60°C
POP 7/50 cm/LIZ 1200	POP 7/50 cm/LIZ 600	POP 4/41 cm/ROX/TAMRA 625
ABI 3130 XL	ABI 3500 Series	ABI 310
232.46	265.62 ———	234.90 ———
264.98	298.44 ———	268.48 ———
225. 65	750.44	
325.65 ———————————————————————————————————	359.44 <del></del> 361.57	328.81 <del></del> 330.85
		367.24 ———
405.04 —	439.42 ———	
424.12 ——	458.43 ————	427.17 ———
446.13 ——	480.12 ———	449.68
546.44 —	581.58 ——	549.69 ——

Profiles as obtained from the WEBRIBO database. Primers by Bidet et al. and Stubbs et al. were used for RT955, primers by Bidet et al. were used for RT027 [14,15].

the ribotyping profiles of isolates positive for binary toxin genes for which the ribotype had by 2023 not been determined. The CE-PCR ribotyping profiles of RT955 and RT027, including the different fragment sizes as determined by different primer pairs designed by Bidet et al. and Stubs et al. [14,15], are shown in Figure 1.

### Antimicrobial susceptibility testing

Thirteen identified RT955 isolates were tested for antimicrobial susceptibility to 15 antimicrobials using an E-test on Brucella blood agar (cat no. 411968, bioMérieux, France) except for fidaxomicin. Susceptibility to fidaxomicin was tested by agar dilution method using Wilkins—Chalgren agar (cat no. CM0619, Oxoid, UK).

Plates were evaluated after 48 h in an anaerobic atmosphere. In addition, we tested susceptibility to metronidazole using E-test on four different batches of Fastidious anaerobe agar with 5% defibrinated horse blood (cat no. PBo225A, Oxoid, UK), as recommended by the European Committee on Antimicrobial Susceptibility Testing (EUCAST) [16], on Chocolate agar with Vitox containing 10 g/L of haemoglobin (cat no. PO5090A, Oxoid, UK) as a commercially available ready-to-use haemin enriched media, and on brain-heart-infusion (BHI) agar (cat no. CM1136, Oxoid, UK) either with or without 5, 10 and 20 mg/L of bovine and porcine haemin (Sigma Aldrich, catalogue no. H9039 and 51280) [17]. Plates were evaluated after 24 h and 48 h of culture in an anaerobic atmosphere at 36.6°C (Anaerobic

TABLE 1

*Clostridioides difficile* ribotype 955 infection, patient characteristics, Poland, 2021–2023 (n = 13)

Patient characteristics		%
Median age in years (range)	75 (35–98)	
Patient < 65 years	4	30.8
Male	8	61.5
Female	5	38.5
Hospitalised in previous 3 months	10	76.2
No antibiotics or PPIs before CDI	5	38.5
Healthcare-associated CDI	7	53.9
Community-associated CDI	1	7.7
Recurrent CDI	5	38.5
Severe CDI	6	46.2
Death	4	30.8

CDI: Clostridioides difficile infection; PPI: proton pump inhibitors.

Workstation, Don Whitley Scientific, UK). *Bacteroides fragilis* ATCC 25285 and *C. difficile* RT010 (strain ID: 5863, minimum inhibitory concentration (MIC) to metronidazole 12 mg/L [18], included for metronidazole susceptibility re-testing) were used as controls. The composition of media used for susceptibility testing is available in the Supplement. Multidrug resistance was defined as acquired non-susceptibility to at least one agent in three or more antimicrobial categories [19].

# Whole genome sequencing and bioinformatic analysis

The bacterial DNA was extracted using MasterPure Gram Positive DNA Purification Kit (Biosearch Technologies, UK). The DNA library was prepared using Nextera XT library preparation kit (Illumina, US) and sequenced on NextSeq2000 (Illumina, United States (US), all isolates). In addition, one isolate was sequenced on GridION (Oxford Nanopore Technologies, UK) after library preparation using Rapid barcoding Kit v14 on the flow cell FLO-MIN114 v10.4.1 (both Oxford Nanopore Technologies, UK) to provide a reference genome. Short reads were assembled using SPAdes v 3.15.5. Hybrid assembly from short and long reads was performed using Flye v2.9.1 (long reads assembly), Medaka v1.7.2 (polishing by long reads), and Polypolish vo.5.0 (polishing by short reads). Fasta files were annotated in RAST (https://rast.nmpdr.org).

We determined a multilocus sequence type (MLST) and a core genome multilocus sequence type (cgMLST) from FASTQ data using MLSTFinder v2.0 and cgMLSTFinder v1.1 [20,21]. We performed whole genome multilocus sequence typing (wgMLST) and constructed a minimum spanning tree (MST) using BioNumerics (v8.1, bioMérieux, France), including the sequence of the UK RT955 strain (NCBI SRA accession number ERR12670107). Acquired antimicrobial resistance genes were detected using ResFinder v4.1 after uploading fastq data, with the default setting, and 'other species' selection [22]

and then searched in annotated assemblies. The mutations in the *qyr*A gene for fluoroquinolone resistance [23], in the *rpoB* gene for rifampicin resistance [24], in the pbp1 and pbp3 for resistance to cephalosporines [25], in the *nim*B gene and its promoter [17] and in the hsmA gene for metronidazole resistance [26] were searched through alignment to C. difficile CD196, GCF\_021378415.1 using Geneious software v2021.0.3 (Dotmatics, US. We assessed the presence of pCD-METRO [27] by mapping short reads to metronidazoleresistant C. difficile RTo20, IB136; GCF\_900696735.1. We searched for deletions in the *tcd*C gene by alignment to C. difficile CD630, GCF 000009205.2 (Geneious software v2021.0.3, Dotmatics, US). The whole genome comparison was visualised using EasyFig v2.2.5 to identify the genomic context with antimicrobial resistance determinants.

# Statistical analysis

Overall mortality and recurrence rates between Polish and UK patients with RT955 CDI were compared using Fisher's exact test.

### **Results**

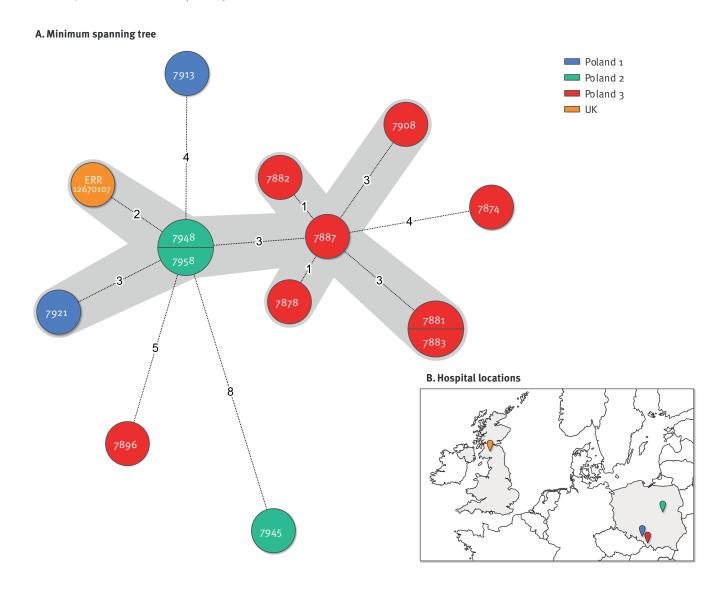
# Clostridioides difficile ribotype 955 infection cases

We did not find RT955 in Czech (n = 6,661) and Slovak (n=776) C. difficile isolates. Among the 303 Polish isolates, we identified a total of 13 isolates belonging to RT955 (Figure 1). These 13 Polish RT955 CDI cases (individual patients) were identified between September 2021 and April 2023 in three different hospitals (cities). The patients' data are summarised in Table 1. When we compared the demographic and clinical data of the 13 Polish patients from this study with 48 UK CDI cases [10,11], the patients had a similarly wide range of ages, including age categories not traditionally associated with CDI (six patients younger than 45 years in the UK [10,11] and four Polish patients younger than 65 years, one of whom was in their 30s). There were both healthcare- and community-associated cases in both studies [10,11]. The reported overall mortality in RT955 CDIs was higher in Polish RT955 CDI patients (30.8% vs 22.9%) but without statistical significance (p>0.05). The recurrence rate was higher in Polish patients (38.5% vs 4.0%; p=0.01). Information on CDI treatment was not available.

# Genetic relatedness of *Clostridioides* difficile ribotype 955 isolates

All *C. difficile* RT955 isolates belonged to ST1 and clade 2, carried the binary toxin, and had a a 1 bp deletion in the tcdC gene at position 117 and an 18 bp deletion in the tcdC gene at position 330–347. By cgMLST Finder, all were designated as type 6321. By wgMLST (3,279 loci), we identified one clonal complex (0–3 alleles differences) consisting of nine Polish isolates (Hospital 1: n=1; Hospital 2: n=2 and Hospital 3: n=6) and UK strain ERR12670107 (Figure 2).

Minimum spanning tree of *Clostridioides difficile* ribotype 955 isolates and localisation of hospitals where the cases were identified, Poland 2021–2023 (n = 13)



The figure includes United Kingdom strain ERR12670107 used for determination of genetic relatedness and search for antimicrobial resistance determinants. The tree was constructed based on whole genome multilocus sequence typing data using Bionumerics v8.1., edited in Affinity Designer v2. The numbers in the circles represent the identification numbers of *C. difficile* PCR ribotype 955 isolates. The numbers on the lines represent the number of allele differences between isolates.

The clonal cluster (o-3 alleles differences) comprised nine Polish isolates derived from three hospitals at a distance of 80 km between Hospitals 1 and 3, around 300 km between Hospitals 2 and 3, and around 400 km between Hospitals 1 and 2. In Hospital 1, only one patient was identified, but this patient has been admitted from another unrelated hospital and had been hospitalised three times in the previous 12 weeks. The two patients in Hospital 2, were hospitalised in two different wards (nephrology and neurosurgery) and developed CDI 8 and 38 days after admission; their hospitalisation overlapped, and they were diagnosed with CDI within 4 days of each other. Both patients had no record of hospitalisation in the previous 12 weeks. The six patients in Hospital 3 were hospitalised in three different wards and diagnosed with CDI in different

months. All six patients had been hospitalised elsewhere in the previous 12 months, two patients had recurrent CDI, two patients had been admitted from a long-term care facility and one patient from another hospital. Two of them had diarrhoea and tested positive for CDI on the day of admission.

# Antimicrobial susceptibility testing and resistance determinants

All isolates were phenotypically susceptible to vancomycin, fidaxomicin, amoxicillin/clavulanic acid, tetracycline, ertapenem, imipenem, meropenem and benzylpenicillin.

Phenotypical resistance to ciprofloxacin/moxifloxacin was associated with the presence of *qyr*A\_p.Thr82Ile,

TARIF 2

Summary of antimicrobials with detected phenotypic resistance after 48 h of culture and corresponding resistance determinants

Antimicrobials (E-test, agar dilution <sup>a</sup> )	MIC range (mg/L)	Culture media	Breakpoint/ECOFF value (mg/L)	Resistant		Molecular resistance
					%	determinant
Vancomycin	0.064-0.5	ВВА	>2 <sup>b</sup>	None		None
	0.25-0.5	FAA	)	None		
Metronidazole	0.25-3	BBA (5 mg/L haemin)	>2 <sup>b</sup>	2	15.4	PnimB <sup>6</sup> , nimB_p.L155I, Y130S
	3-6	FAA (10 mg/L haemin, batch 1)		13	100	
	1-3	FAA (10 mg/L haemin, batch 2)		6	46.2	
	3-6	FAA (10 mg/L haemin, batch 3)		13	100	
	1-3	FAA (10 mg/L haemin, batch 4)		1	7.7	
	6-8	CA (10 g/L haemoglobin)		13	100	
	4-12	BHI with 5, 10, and 20 mg/L haemin <sup>a</sup>		13	100	
	0.19-0.5	BHI without haemin		None		
Fidaxomicin	0.008- 0.0625	WCA	>0.5 <sup>b</sup>	None		None
Erythromycin	>256	BBA	≥8 <sup>bc</sup>	13	100	- ermB
Clindamycin	>256	BBA	≥8°	13	100	
Rifampicin	>32	BBA	NA	13	100	rpoB_p.V134I, R505K
Ciprofloxacin	>32	BBA	≥8°	13	100	gyrA_p.T82l
Moxifloxacin	>32	BBA	≥8°	13	100	
Ceftazidime	48- >256	BBA	NA	13	100	pbp <b>3_p.V497L</b>
Imipenem	8-12	BBA	≥16°	None		None
Ertapenem	0.5-2	BBA	≥16°	None		None
Meropenem	0.38-1.5	BBA	≥16°	None		None
Amoxicillin/clavulanic acid	0.032- 0.38	BBA	≥16°	None		None
Benzylpenicillin	0.38-1.5	BBA	NA	None		None
Tetracycline	0.016- 0.125	BBA	≥16°	None		None

BBA: Brucella blood agar; BHI: brain-heart-infusion agar; CA: Chocolate agar; ECOFF: epidemiological cut-off; FAA: fastidious anaerobe agar (four different batches); MIC: minimum inhibitory concentration; NA: not available; WCA: Wilkins-Chalgren agar.

resistance to rifampicin was associated with *rpoB\_p*. Arg5o5Lys and Val134lle, resistance to ceftazidime was associated with *pbp3\_p*.Val497Leu, and resistance to erythromycin/clindamycin was mediated by the *ermB* gene. Two isolates were resistant to metronidazole on Brucella blood agar, however, all isolates had a T-to-G mutation in the –43 nt position in the promoter region of the *nimB* gene and two substitutions in the *nimB* gene (p.Tyr130Ser, and Leu155Ile). The above mechanisms of resistance were also detected in the UK RT955 genome. Plasmid pCD-METRO and mutations in the haem-responsive *hsmA* gene were absent.

As the detected molecular mechanism of metronidazole resistance is haem-dependent [17], we re-tested metronidazole susceptibility on different culture media containing haemin or haemoglobin (Table 2). The

6

resistance phenotype was observed in all 13 Polish isolates using Chocolate agar and BHI agar supplemented with 5, 10 or 20 mg/L of haemin after 24 h and 48 h. Discrepant phenotypes were observed in two of four batches of Fastidious anaerobe agar when 84.6%, 76.9%, 15.4% and zero isolates were resistant after 24 h and 100%, 100%, 46.2% and 7.7% of isolates were resistant after 48 h, respectively. All tested isolates remained susceptible to metronidazole on BHI agar without haemin after 24 h and 48 h of incubation (Table 2). Supplementary Table S3 provides the MICs in individual isolates. The metronidazole susceptibility MICs did not differ between media with bovine or porcine haemin (data not shown).

When we searched for other acquired resistance genes, we noted the presence of  $aac(6^{\circ})$ - $aph(2^{\circ})$  genes. The

<sup>&</sup>lt;sup>a</sup> Addition: haemin from bovine, ≥ 90%, Sigma-Aldrich.

<sup>&</sup>lt;sup>b</sup> The European Committee on Antimicrobial Susceptibility Testing (EUCAST) ECOFFs [16].

<sup>&</sup>lt;sup>c</sup> Clinical and Laboratory Standards Institute (CLSI) breakpoints [38].

corresponding phenotypical resistance to amikacin and gentamicin was not tested, since *C. difficile* is inherently resistant to aminoglycosides [28].

The tested antimicrobials and used breakpoints and epidemiological cut-off values (ECOFFs) and a summary of antimicrobial susceptibility testing and detection of resistance mechanisms is shown in Table 2. The individual MICs and results after 24h incubation are summarised in the Supplementary Table S3.

### **Discussion**

In our retrospective analysis of 7,740 strains collected from three countries in the period from 2012 to 2023, we identified 13 isolates of *C. difficile* RT955 in three hospitals in Poland using an updated database where RT955 was recently included. None of the hospitals encountered an outbreak of CDI due to RT955, but spread of identical strains within and between hospitals occurred.

Using wgMLST, we found a cluster of nine isolates in three different Polish hospitals with an identical resistome, suggesting a clonal spread. However, we did not identify direct transmission between patients on the same ward, thus contaminated hospital environment could play a role in transmission.

Interestingly, the UK strain ERR12670107 clustered with two Polish strains from Hospital 2 (2 alleles difference) and met the proposed adjusted threshold of zero to three allelic differences for outbreak recognition [29]. Whether the origin of RT955 was in Poland or the UK cannot be determined because the first CDI cases of RT955 from both countries were notified in the same month and year (September 2021). A possible explanation for transmission between Poland and the UK could be tourists in need of medical support or the movement of healthcare workers between the two countries.

The genetic relatedness of the UK and Polish strains is also supported by an identical multidrug resistance profile (metronidazole, clindamycin, rifampicin) [11] and the same spectrum of associated mutations and acquired resistance genes identified in the UK ERR12670107.

The results are also a reminder to use appropriate media to test for metronidazole. Using of E-test on Brucella blood agar supplemented with 5 mg/L of haemin failed to detect metronidazole resistance in 11 (84.6%) of the 13 Polish *C. difficile* RT955 isolates. In addition, the EUCAST recommends Fastidious anaerobe agar medium, which revealed batch-dependent performance and failed to detect metronidazole resistance after 48 h of culture incubation 46.2% and 7.7% isolates. However, when we used Chocolate agar as a commercial ready-to-use haemin-enriched medium (10 g/L of haemoglobin) and BHI agar supplemented with 5, 10 and 20 mg/L of haemin, all isolates had increased MIC values after 24 and 48 h of

culture between 4 and 12 mg/L (ECOFF≥2 mg/L) and changed from the susceptible to the resistant category. The BHI medium supplemented with freshly prepared haemin was capable of detecting haem-dependent metronidazole resistance probably because it prevents haemin inactivation by prolonged incubation in light [30]. Although the Chocolate agar in our study was not freshly prepared, haem is present as a component of haemoglobin, which could provide haem more stability and suggests the Chocolate agar as an interesting commercially available alternative for haem-dependent metronidazole resistance testing.

The metronidazole resistance was encoded by T-to-G mutation (PnimB<sup>G</sup>) in the predicted promoter of the nimB gene (nt position -43) described by Oilatan et al. [17]. Except for the promotor, our isolates and the UK strain had two substitutions in the nimB gene, Tyr13oSer and Leu155lle. The substitution nimB\_p. Tyr130Ser has already been described as associated with metronidazole resistance in combination with a mutation in the *nim*B gene promoter in isolates from the MODIFY I and II studies [31]. The second, *nim*B p. Leu155lle, has been suggested as related to metronidazole resistance using predictive protein modelling [32], but this hypothesis was not supported by results from an expression assay under the tetracycline-inducible promoter (Ptet) [17]. The role of these mutations in metronidazole resistance should be further investigated.

Another newly described substitution in RT955 isolates is  $rpoB_p$ .Val134Ile, while  $rpoB_p$ .Arg505Lys has been previously described in RTs 027 and 176 [23,33,34]. The mutations in the rpoB gene can also be associated with resistance to fidaxomicin [35], but the isolates in our study were fidaxomicin-sensitive.

Our data show that RT955 is a multidrug-resistant ribotype with the potential of epidemic spread, as nine of the 13 Polish isolates were closely related to the British strain in wgMLST. Similar to Dingle et al., who investigated epidemic lineages of multidrug-resistant *C. difficile* [25], we found the co-occurrence of cephalosporin and fluoroquinolone resistance associated with the substitutions Thr82lle in the GyrA and Val497Leu in the PBP3. Furthermore, a combination of metronidazole and fluoroquinolone resistance described by Olaitan et al. [17] in epidemic clade 2 isolates is also present in RT955.

This study is limited by its retrospective character, the lack of a uniform surveillance protocol and a limited number of participating hospitals and countries. A prospective surveillance study using a standardised surveillance protocol [36,37] is needed to estimate the current prevalence of RT955. Since the source of RT955 is unknown, the surveillance programme should not be restricted to hospital strains but should also include patients with CDI acquired outside healthcare facilities, as well as animal and environmental isolates.

Of note, even though *C. difficile* RT 955 is a rare PCR ribotype and has only recently been identified, strains belonging to this ribotype but with different clinical, and microbiological characteristics have also been found retrospectively in Serbia in a CDI surveillance programme covering the period 2018 to 2022 (data not shown).

### **Conclusions**

Although RT955 belongs to ST1 (clade 2) and encodes binary toxin with characteristic deletions in the tcdC gene, commercial PCR assays targeting tcdC deletions may misclassify these strains as presumptive RTo27. Therefore, PCR ribotyping remains essential for accurate identification of this ribotype, and binary toxin gene-positive isolates should be further characterised. Importantly, haem-dependent metronidazole resistance linked to nimB gene mutations, another marker for suspected RT955, is not reliably detected on Fastidious anaerobe agar; therefore, susceptibility testing should be performed using BHI agar supplemented with fresh haemin or commercial Chocolate agar. The identification of clonally related haeme-dependent metronidazole-resistant C. difficile RT955 in multiple hospitals indicates a need for prospective surveillance to estimate its prevalence in Europe.

#### Data availability

All raw sequence data in this study and the complete genome of strain 7908 have been submitted to the NCBI Sequence Read Archive (SRA) under accession number BioProject ID PRJNA1129291 and are listed in the Supplement.

# Authors' contributions

JZ: *C. difficile* culture, DNA extraction, ribotyping, toxin genes detection, library preparation, fidaxomicin susceptibility testing, bioinformatics, co-writing of the first draft, and editing the subsequent versions of the manuscript. KSz, DW, NF: *C. difficile* culture, susceptibility testing; JK, AM, AJ, AI, DW, KSz, NF: collection of clinical data, data analysis, editing the subsequent versions of the manuscript; EK: results analysis, editing subsequent versions of the manuscript; MaKr: supervision of the study, bioinformatic analysis, codrafting of the first version of the manuscript and editing its subsequent versions; HP, MoKa and KH: coordination of the study, data collection, editing subsequent versions of the manuscript.

# Conflict of interest

None declared.

8

### **Funding statement**

This work was supported by the Polish National Science Centre, project no 2021/43/B/NZ6/00461, the Ministry of Health of the Czech Republic (grant no. NU21-05-00278) and the project National Institute of Virology and Bacteriology (Programme EXCELES, ID Project No. LX22NPO5103) - Funded by the European Union - Next Generation EU.

#### **Ethical statement**

Ethical approval and written informed consent were waived by the Bioethics Committee, Medical University of Warsaw, Poland (decision number KB/8/2023), Medical University of Gdansk (decision number NKBBN/717/2022) and Medical University of Silesia (decision number PCN/CBN/0052/KB/299/22/23).

### Use of artificial intelligence tools

None declared.

### Acknowledgements

We thank Dr Wiep Klaas Smits (Leiden University Center for Infectious Diseases) for his support with the analysis of the mechanisms of metronidazole resistance. We especially thank microbiologists from Czechia, Slovakia and Poland for sending the *C. difficile* isolates for typing.

#### References

- 1. He M, Miyajima F, Roberts P, Ellison L, Pickard DJ, Martin MJ, et al. Emergence and global spread of epidemic healthcare-associated Clostridium difficile. Nat Genet. 2013;45(1):109-13. https://doi.org/10.1038/ng.2478 PMID: 23222960
- Krutova M, Kinross P, Barbut F, Hajdu A, Wilcox MH, Kuijper EJ, et al. How to: Surveillance of Clostridium difficile infections. Clin Microbiol Infect. 2018;24(5):469-75. https://doi. org/10.1016/j.cmi.2017.12.008 PMID: 29274463
- Pituch H, Obuch-Woszczatyński P, Lachowicz D, Wultańska D, Karpiński P, Młynarczyk G, et al. Hospital-based Clostridium difficile infection surveillance reveals high proportions of PCR ribotypes 027 and 176 in different areas of Poland, 2011 to 2013. Euro Surveill. 2015;20(38). https://doi. org/10.2807/1560-7917.ES.2015.20.38.30025 PMID: 26536049
- Plankaova A, Brajerova M, Capek V, Balikova Novotna G, Kinross P, Skalova J, et al. Clostridioides difficile infections were predominantly driven by fluoroquinolone-resistant Clostridioides difficile ribotypes 176 and oo1 in Slovakia in 2018-2019. Int J Antimicrob Agents. 2023;62(1):106824. https://doi.org/10.1016/j.ijantimicag.2023.106824 PMID: 37116667
- Krutova M, Matejkova J, Drevinek P, Kuijper EJ, Nyc O, study group. Increasing incidence of Clostridium difficile ribotype oo1 associated with severe course of the infection and previous fluoroquinolone use in the Czech Republic, 2015. Eur J Clin Microbiol Infect Dis. 2017;36(11):2251-8. https://doi. org/10.1007/s10096-017-3055-Z PMID: 28681203
- 6. Rupnik M, Tambic Andrasevic A, Trajkovska Dokic E, Matas I, Jovanovic M, Pasic S, et al. Distribution of Clostridium difficile PCR ribotypes and high proportion of 027 and 176 in some hospitals in four South Eastern European countries. Anaerobe. 2016;42:142-4. https://doi.org/10.1016/j. anaerobe.2016.10.005 PMID: 27751937
- Viprey VF, Davis GL, Benson AD, Ewin D, Spittal W, Vernon JJ, et al. A point-prevalence study on community and inpatient Clostridioides difficile infections (CDI): results from Combatting Bacterial Resistance in Europe CDI (COMBACTE-CDI), July to November 2018. Euro Surveill. 2022;27(26):2100704. https://doi.org/10.2807/1560-7917. ES.2022.27.26.2100704 PMID: 35775426
- Kachrimanidou M, Baktash A, Metallidis S, Tsachouridou O, Netsika F, Dimoglou D, et al. An outbreak of Clostridioides difficile infections due to a 027-like PCR ribotype 181 in a rehabilitation centre: Epidemiological and microbiological characteristics. Anaerobe. 2020;65:102252. https://doi. org/10.1016/j.anaerobe.2020.102252 PMID: 32781108
- Krutova M, Nyc O, Matejkova J, Kuijper EJ, Jalava J, Mentula S. The recognition and characterisation of Finnish Clostridium difficile isolates resembling PCR-ribotype o27. J Microbiol Immunol Infect. 2018;51(3):344-51. https://doi.org/10.1016/j. jmii.2017.02.002 PMID: 28583353
- European Centre for Disease Prevention and Control (ECDC).
   EpiPulse: 2024-ARH-00002-Item created by United Kingdom
  -Clostridioides difficile outbreak. New ribotype (955), England.
   Stockholm: ECDC; 2024.
- Puleston R, Roulston K, Morgan K, Hopkins S, Wilcox MH, Fawley W, et al. Emergence of new concerning ribotype of

- Clostridioides difficile (955). ESCMID Global Congress; 27-30 Apr 2024, Barcelona, Spain. Abstract 00430.
- Persson S, Torpdahl M, Olsen KE. New multiplex PCR method for the detection of Clostridium difficile toxin A (tcdA) and toxin B (tcdB) and the binary toxin (cdtA/cdtB) genes applied to a Danish strain collection. Clin Microbiol Infect. 2008;14(11):1057-64. https://doi.org/10.1111/j.1469-0691.2008.02092.x PMID: 19040478
- 13. Fawley WN, Knetsch CW, MacCannell DR, Harmanus C, Du T, Mulvey MR, et al. Development and validation of an internationally-standardized, high-resolution capillary gelbased electrophoresis PCR-ribotyping protocol for Clostridium difficile. PLoS One. 2015;10(2):e0118150. https://doi.org/10.1371/journal.pone.0118150 PMID: 25679978
- 14. Bidet P, Barbut F, Lalande V, Burghoffer B, Petit JC. Development of a new PCR-ribotyping method for Clostridium difficile based on ribosomal RNA gene sequencing. FEMS Microbiol Lett. 1999;175(2):261-6. https://doi. org/10.1111/j.1574-6968.1999.tb13629.x PMID: 10386377
- 15. Stubbs SL, Brazier JS, O'Neill GL, Duerden BI. PCR targeted to the 16S-23S rRNA gene intergenic spacer region of Clostridium difficile and construction of a library consisting of 116 different PCR ribotypes. J Clin Microbiol. 1999;37(2):461-3. https://doi. org/10.1128/JCM.37.2.461-463.1999 PMID: 9889244
- 16. European Committee on Antimicrobial Susceptibility Testing (EUCAST). Clinical breakpoints. Version 14.0. Växjö; EUCAST; 2024. Available from: http://www.eucast.org/ clinical\_breakpoints
- 17. Olaitan AO, Dureja C, Youngblom MA, Topf MA, Shen WJ, Gonzales-Luna AJ, et al. Decoding a cryptic mechanism of metronidazole resistance among globally disseminated fluoroquinolone-resistant Clostridioides difficile. Nat Commun. 2023;14(1):4130. https://doi.org/10.1038/s41467-023-39429-x PMID: 37438331
- Cizek A, Masarikova M, Mares J, Brajerova M, Krutova M. Detection of plasmid-mediated resistance to metronidazole in Clostridioides difficile from river water. Microbiol Spectr. 2022;10(4):e0080622. https://doi.org/10.1128/ spectrum.00806-22 PMID: 35950844
- 19. Magiorakos AP, Srinivasan A, Carey RB, Carmeli Y, Falagas ME, Giske CG, et al. Multidrug-resistant, extensively drug-resistant and pandrug-resistant bacteria: an international expert proposal for interim standard definitions for acquired resistance. Clin Microbiol Infect. 2012;18(3):268-81. https://doi.org/10.1111/j.1469-0691.2011.03570.x PMID: 21793988
- 20. Frentrup M, Zhou Z, Steglich M, Meier-Kolthoff JP, Göker M, Riedel T, et al. A publicly accessible database for Clostridioides difficile genome sequences supports tracing of transmission chains and epidemics. Microb Genom. 2020;6(8):mgen000410. https://doi.org/10.1099/mgen.0.000410 PMID: 32726198
- Larsen MV, Cosentino S, Rasmussen S, Friis C, Hasman H, Marvig RL, et al. Multilocus sequence typing of total-genomesequenced bacteria. J Clin Microbiol. 2012;50(4):1355-61. https://doi.org/10.1128/JCM.06094-11 PMID: 22238442
- 22. Bortolaia V, Kaas RS, Ruppe E, Roberts MC, Schwarz S, Cattoir V, et al. ResFinder 4.0 for predictions of phenotypes from genotypes. J Antimicrob Chemother. 2020;75(12):3491-500. https://doi.org/10.1093/jac/dkaa345 PMID: 32780112
- 23. Dridi L, Tankovic J, Burghoffer B, Barbut F, Petit JC. gyrA and gyrB mutations are implicated in cross-resistance to Ciprofloxacin and moxifloxacin in Clostridium difficile. Antimicrob Agents Chemother. 2002;46(11):3418-21. https://doi.org/10.1128/AAC.46.11.3418-3421.2002 PMID: 12384345
- 24. O'Connor JR, Galang MA, Sambol SP, Hecht DW, Vedantam G, Gerding DN, et al. Rifampin and rifaximin resistance in clinical isolates of Clostridium difficile. Antimicrob Agents Chemother. 2008;52(8):2813-7. https://doi.org/10.1128/AAC.00342-08 PMID: 18559647
- 25. Dingle KE, Freeman J, Didelot X, Quan TP, Eyre DW, Swann J, et al. Penicillin binding protein substitutions cooccur with fluoroquinolone resistance in epidemic lineages of multidrugresistant Clostridioides difficile. MBio. 2023;14(2):e0024323. https://doi.org/10.1128/mbio.00243-23 PMID: 37017518
- Boekhoud IM, Sidorov I, Nooij S, Harmanus C, Bos-Sanders IMJG, Viprey V, et al. Haem is crucial for medium-dependent metronidazole resistance in clinical isolates of Clostridioides difficile. J Antimicrob Chemother. 2021;76(7):1731-40. https:// doi.org/10.1093/jac/dkabo97 PMID: 33876817
- Boekhoud IM, Hornung BVH, Sevilla E, Harmanus C, Bos-Sanders IMJG, Terveer EM, et al. Plasmid-mediated metronidazole resistance in Clostridioides difficile. Nat Commun. 2020;11(1):598. https://doi.org/10.1038/s41467-020-14382-1 PMID: 32001686
- 28. Khanafer N, Daneman N, Greene T, Simor A, Vanhems P, Samore M, et al. Susceptibilities of clinical Clostridium difficile isolates to antimicrobials: a systematic review and

- meta-analysis of studies since 1970. Clin Microbiol Infect. 2018;24(2):110-7. https://doi.org/10.1016/j.cmi.2017.07.012 PMID: 28750918
- 29. Baktash A, Corver J, Harmanus C, Smits WK, Fawley W, Wilcox MH, et al. Comparison of Whole-Genome Sequence-Based Methods and PCR Ribotyping for Subtyping of Clostridioides difficile. J Clin Microbiol. 2022;60(2):e0173721. https://doi.org/10.1128/jcm.01737-21 PMID: 34911367
- Wu X, Shen WJ, Deshpande A, Olaitan AO, Palmer KL, Garey KW, et al. The integrity of heme is essential for reproducible detection of metronidazole-resistant Clostridioides difficile by agar dilution susceptibility tests. J Clin Microbiol. 2021;59(9):e0058521. https://doi.org/10.1128/JCM.00585-21 PMID: 34132582
- 31. Zhao H, Nickle DC, Zeng Z, Law PYT, Wilcox MH, Chen L, et al. Global landscape of Clostridioides difficile phylogeography, antibiotic susceptibility, and toxin polymorphisms by post-hoc whole-genome sequencing from the MODIFY I/II studies. Infect Dis Ther. 2021;10(2):853-70. https://doi.org/10.1007/S40121-021-00426-6 PMID: 33751421
- 32. Endres BT, Begum K, Sun H, Walk ST, Memariani A, Lancaster C, et al. Epidemic Clostridioides difficile ribotype 027 lineages: comparisons of Texas versus worldwide strains. Open Forum Infect Dis. 2019;6(2):0fz013. https://doi.org/10.1093/ofid/0fz013 PMID: 30793006
- Krutova M, Matejkova J, Tkadlec J, Nyc O. Antibiotic profiling of Clostridium difficile ribotype 176--A multidrug resistant relative to C. difficile ribotype 027. Anaerobe. 2015;36:88-90. https://doi.org/10.1016/j.anaerobe.2015.07.009 PMID: 26256807
- 34. Lachowicz D, Pituch H, Wultańska D, Kuijper E, Obuch-Woszczatyński P. Surveillance of antimicrobial susceptibilities reveals high proportions of multidrug resistance in toxigenic Clostridium difficile strains in different areas of Poland. Anaerobe. 2020;62:102167. https://doi.org/10.1016/j.anaerobe.2020.102167 PMID: 32109736
- 35. Kolte B, Nübel U. Genetic determinants of resistance to antimicrobial therapeutics are rare in publicly available Clostridioides difficile genome sequences. J Antimicrob Chemother. 2024;79(6):1320-8. https://doi.org/10.1093/jac/dkae101 PMID: 38598696
- 36. European Centre for Disease Prevention and Control (ECDC). European Surveillance of Clostridioides (Clostridium) difficile infections. Surveillance protocol version 2.4. Stockholm: ECDC; 2019. Available from: https://www.ecdc.europa.eu/en/ publications-data/european-surveillance-clostridium-difficileinfections-surveillance-protocol-2
- 37. van Dorp SM, Kinross P, Gastmeier P, Behnke M, Kola A, Delmée M, et al. Standardised surveillance of Clostridium difficile infection in European acute care hospitals: a pilot study, 2013. Euro Surveill. 2016;21(29). https://doi.org/10.2807/1560-7917.ES.2016.21.29.30293 PMID: 27472820
- 38. Clinical and Laboratory Standards Institute (CLSI). Performance standards for antimicrobial susceptibility testing. 30th ed. M100. Wayne: CLSI; 2020.

### License, supplementary material and copyright

This is an open-access article distributed under the terms of the Creative Commons Attribution (CC BY 4.0) Licence. You may share and adapt the material, but must give appropriate credit to the source, provide a link to the licence and indicate if changes were made.

Any supplementary material referenced in the article can be found in the online version.

This article is copyright of the authors or their affiliated institutions, 2025.