# Localized colonic stem cell transplantation enhances tissue regeneration in murine colitis

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# Abstract

Many patients suffer from chronic gastrointestinal diseases characterized by chronic inflammation, increased intestinal permeability and visceral pain in which there is no definitive treatment. Adult stem cells have recently been used in various disease states to contribute wound-healing processes. In the current study we investigated the ability of intra-colonic adult stem cells application to heal colonic inflammation in IL-10<sup>-/-</sup> mice with active colitis. The aims of this study were to determine whether intra-colonic influsion of adult colonic stem cells (CSCs) (local stem cell transplantation): (*i*) restores intestinal permeability; (*ii*) attenuates visceral hypersensitivity; (*iii*) heals murine colitis. IL-10<sup>-/-</sup> mice with active colitis were transplanted with adult stem cells. Mice received either a single intra-colonic infusion of CSCs or colonic epithelial cells. Two weeks after transplantation, we measured visceral hypersensitivity and intestinal permeability and correlated these with histological improvement of colitis. IL-10<sup>-/-</sup> mice that received stem cell transplantation showed histopathologic evidence of recovery from colitis. Improvement in colitis as graded by pathology scores correlated with restoration of intestinal permeability and decreased visceral hypersensitivity. Intra-colonic administration of CSCs is a potential therapeutic method for treating refractory symptoms in patients with chronic gastrointestinal diseases associated with chronic inflammation and visceral hypersensitivity. This method may be safer and should have far fewer side effects than systemic stem cell administration.

**Keywords:** inflammatory bowel disease (IBD)  $\bullet$  intestinal permeability  $\bullet$  stem cell  $\bullet$  cytokines  $\bullet$  TNF- $\alpha$  and IFN- $\gamma \bullet$  visceral hypersensitivity  $\bullet$  IL-10<sup>-/-</sup> mice

# Introduction

Inflammatory gastrointestinal disorders are characterized by chronic inflammation, abdominal pain, visceral hypersensitivity and diarrhoea. The pathophysiology of inflammatory injury to the gut is not clearly understood, but dysregulation of immunologic

\*Correspondence to: G. Nicholas VERNE, M.D., University of Texas Medical Branch, 301 University Blvd., Rt. 0764, 4.106 McCullough Building, Galveston, TX 77555-0764, USA. Tel.: 409-772-1501 Fax: 409-772-4789 E-mail: ginick@gmail.com responses to mucosal antigens is likely to be involved [1]. As a result, most therapies involve immunosuppressive drugs that induce remission of gastrointestinal inflammation and associated symptoms. Currently, there are no therapeutic options that can definitely reverse gastrointestinal inflammation, abdominal pain and visceral hypersensitivity. To address this problem, we investigated stem cell therapy, which has been increasingly tried in the treatment of many previously intractable diseases. Recent advances in cellular therapy, regenerative medicine and advanced biomedicine have demonstrated a great potential for treating debilitating diseases with stem cell transplantation. Stem cells used for therapy have been isolated from numerous adult tissues and other

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non-embryonic sources. For example, bone marrow (BM)-derived stem cells transdifferentiate into mucosal compartments, their numbers are increased in damaged tissues, and they will function as stem cells in an engrafted organ [2-4]. Several therapeutic stem cell approaches involve the induction of circulating BMderived stem cells following systematic transplantation. Such approaches may contribute to mucosal and/or tissue repair through stimulation of regenerative responses via differentiation of the implanted stem cells. The therapeutic approaches that use stem cells such as BM-derived stem cells may contribute to mucosal repair through stimulation of regenerative responses via differentiation of BM-derived stem cells. However, systemic stem cell transplantation may be associated with many side effects, which limit their clinical application. We therefore chose to determine if local application of adult stem cells can be beneficial during active colitis by increasing mucosal repair.

Recently, experimental stem cell therapy has been used in both humans with inflammatory bowel disease and animal models of intestinal inflammation [1, 3-8]. Okamoto and colleagues [4] were among the first to show the relevance of stem cell biology to treat chronic gastrointestinal inflammation by demonstrating the use of BM-derived stem cells. Another study showed that transplantation of immortalized CD34<sup>-</sup> stem cells isolated from mouse BM and peripheral blood can facilitate mucosal repair in a rodent model of colitis induced by dextran sodium sulphate (DSS) [9]. In another study, colon stem cells were enriched in LGR-5 cells revealing that colonic stem cells (CSCs) growing under self-renewal conditions [10] had substantially higher levels of these representative markers of selfrenewal. However, despite these initial promising results, a major concern of these early studies is that they used systemic administration of stem cells, a method that may be associated with a significant number of side effects. Thus, it would be ideal if stem cell therapy could be targeted directly to the diseased tissues and thus avoid complications that may arise from systemic stem cell therapy.

In the current study, we investigated the benefits of delivering stem cells locally to the colon to treat inflammation and tissue injury in a murine model of  $IL-10^{-/-}$  mice [11, 12].  $IL-10^{-/-}$  mice develop spontaneous enterocolitis associated with visceral hypersensitivity and pain, increased intestinal permeability and diarrhoea. The overall goal of the study was to investigate the pluripotency and self-renewal capacity of intra-colonic administration of adult CSCs to decrease colitis in  $IL-10^{-/-}$  mice. Thus, the aims of the current study were to determine if intracolonic infusion of adult CSCs: (*i*) restores intestinal permeability; (*ii*) reduces visceral hypersensitivity and pain; (*iii*) reduces murine colitis through a reduction of local markers of inflammation.

# Materials and methods

#### Stem cell preparation

Adult CSCs were derived from C57B6 mouse colon crypt tissues and obtained from Celprogen (Celprogen, Inc, San Pedro, CA, USA).

Celprogen's adult CSC complete growth un-differentiating media was used to keep the stem cells in the undifferentiated state during cell culture (Table S1 and Fig. S1).

#### Animals' preparation and experimental design

Male IL-10 knockout mice (IL-10<sup>-/-</sup>) (aged 9–13 weeks) and male wildtype control mice (C3H/HeJ) were obtained from The Jackson Laboratory (Bar Harbor, ME, USA). Mice were housed in groups under constant temperature and humidity with 12-hr light—dark cycles, and were given free access to food and water (2018 Teklad Global 18% Protein Rodent Diet). Mice were monitored daily for changes in body weight, general condition, physical appearance and behaviour during the entire period following stem cell treatment. All procedures were approved by the University Institutional Animal Care and Use Committee.

A total of 71 mice were used in the current study including 55 IL-10<sup>-/-</sup> mice and 8 IL-10<sup>-/-</sup> mice control (wild-type mice) (C3H/HeJ). A total of 25 IL-10<sup>-/-</sup> mice received one dose intra-colonic transfusions of adult CSCs. There were several control groups. One control group (n = 8) consisted of IL-10<sup>-/-</sup> mice that received colonic infusion of colonic epithelial cells (CECs) in 50 µl of saline with 300 µl of matrix. Another control group (n = 8) consisted of IL-10<sup>-/-</sup> mice that received 50 µl of saline with 300 µl of matrix only (vehicle control). Two positive control groups, group one (n = 14) consisted of IL-10<sup>-/-</sup> mice that received colonic TNBS infusion with 50% ethanol. A negative control group (n = 8) consisted of wild-type mice that received of wild-type mice that received nothing.

The mice were killed using sodium pentobarbital (120 mg/kg, i.p.). Following killing, the colon (ascending, transverse and descending) was removed and processed for histopathology. Additional colonic tissue was used to assess intestinal permeability, as well as SuperArray qPCR assays, real-time PCR, Western blots, phosphatase assays and immuohistochemistry. We also had extra mice for characterizing the functional outcome of colitis abrogation following local stem cell infusion by using a flow cytometry analysis assay following isolation of lymphocytes from mouse colon.

## Colonic stem cell transplantation

Recipient mice were fasted for 12 hrs before cell transplantation. The mice were then anaesthetized with 2–5% isoflurane and their colons were washed (by enema) with 0.5–1.0 ml saline *via* a 24 gauge plastic angiocatheter inserted into the lumen of the colon. Mice were then given 5 min. for their colon to empty. Then,  $5\times10^6$  to  $6\times10^6$  mouse CSCs or mouse CECs (Celprogen) were mixed with 0.3 ml matrix (ECM gel; Invitrogen, Carlsbad, CA, USA) and infused into the colon. Mice were held vertically for 3–5 min. while the gel mixture adhered to the colon. Animals were monitored until they fully recovered from the anaesthesia.

#### Cells labelling with PKH26 staining

Mouse CSCs (~20 million) or mouse CECs (~20 million) were labelled with PKH26 Red Fluorescent Cell Linker Kit (Sigma-Aldrich, St. Louis, MO, USA) at 25°C according to the manufacturer's protocol. Cells were added to ECM gel and injected into the lumen of the colon as previously described above. Mouse colons were then removed, mounted and visualized using a Zeiss 510 META Laser Scanning Confocal microscope.

### Nociceptive visceral hypersensitivity testing and measurement of EMG

Visceral pain testing was performed at baseline, 7 days and 2 weeks after stem cell treatment under blinded conditions and the order of testing was counterbalanced across groups. Testing was done following a 12-hr fast.

A Flat Bottom Holder (Kent Scientific Corp, Torrington, CT, USA) plastic restrainer was used to hold the unsedated animals during colonic distension. It was large enough to allow the mice to move inside of it. Because the holder is clear plastic, we were able to monitor all abdominal movement and contractions. The abdominal contractions in response to balloon distension were clearly distinct and readily recognizable compared to normal abdominal movements.

A 3-cm long, 1.5-cm maximal diameter balloon made of polyethylene was secured to tubing attached to an automated distension device (G & J Electronic Inc., Toronto, Canada) that was used to perform colonic distension. The balloon was lubricated and placed into the mouse's distal colon so that the tip of the balloon was 0.5-1 cm from the anus. Mice were restrained in a plastic containment device and allowed to acclimate for 15–20 min. before testing. Mice received phasic distension of the colon (to pressures of 0–60 mmHg in 5 mmHg ascending increments) until the first contraction of the testicles, tail, or abdominal musculature occurred, which was indicative of the first nociceptive response [13–16]. Colonic distensions were repeated two times with 5–10 min. inter-stimulus intervals and the mean pressures at the nociceptive threshold were recorded for each animal. The technicians involved in the study were blinded to the specific group the mice belonged to.

Surgical preparation [17–19]: Electrodes (Teflon-coated stainless steel wire, 5- to 10-mm tip separation; Cooner Wire Sales, Chatsworth, CA, USA) were sewn into the external oblique abdominal muscles after anaesthetization with 75 mg/kg i.p. pentobarbital sodium, in order to perform the electromyographic (EMG) recordings. The EMG electrodes were channelled subcutaneously below the dorsum of the neck and then externalized. After recovering for a minimum of 3 days, the animals were then tested. EMG recording: Colorectal distension–evoked (CRD-evoked) contraction of the abdominal musculature, termed the visceromotor response, was the behavioural response quantified. The EMG signal was filtered, amplified and recorded as has been described [17]. The balloon was connected to a pressure device that induced inflation of the balloon. Each distension trial lasted 40 sec. and EMG activity was quantified during 10 sec. before distension, 20 sec. during distension and 10 sec. after distension.

#### In vitro intestinal permeability

Mice were killed by intravenous pentobarbital (120 mg/kg, i.p.) injection. Approximately 2–3 cm of the distal colon was removed for *in vitro* permeability studies. The distal colon (2–3 cm) was mounted in an Ussing chamber exposing 0.725 cm<sup>2</sup> of tissue (World Precision Instruments, Sarasota, FL, USA). Tissues were bathed on serosal and mucosal sides by Krebs buffer containing (in mmol/L) 121 NaCl, 5.95 KCl, 1.20 MgCl<sub>2</sub>, 1.35 NaH<sub>2</sub>PO<sub>4</sub>, 14.3 NaHCO<sub>3</sub>, 12.7 glucose, 11.58 CaCl<sub>2</sub>. Solutions were oxygenated (95% O<sub>2</sub> to 5% CO<sub>2</sub>) and circulated in a volume of 10 ml in water-jacketed reservoirs maintained at 37°C. Short-circuit currents ( $I_{sc}$ ) were measured every 15 min. for 30 min. (EVC4000; World Precision

Instruments, Sarasota, FL, USA). *I*<sub>sc</sub> values were measured using Krebsagar bridges connected to silver chloride electrodes. Transepithelial electrical resistance (TER;  $\Omega$  cm<sup>2</sup>) was calculated from the spontaneous or clamped I<sub>sc</sub> using Ohms' law.

# SuperArray qPCR assay and real-time PCR analysis

RNA was isolated from colon tissues using TRIzol (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. The RNA was subsequently cleaned using Qiagen's RNeasy Kit (Qiagen, Valencia, CA, USA), according to the manufacturer's protocol. The optional on-column DNase treatment was performed.

Reverse transcription was done using 1  $\mu$ g RNA with SABiosciences's RT<sup>2</sup> First Strand Kit (SABiosciences, Frederick, MD, USA) according to the manufacturer's protocol. Mouse colon tissue cDNA was analysed using SuperArray plates (Inflammatory Cytokines & Receptors PCR Array; SABiosciences, Frederick, MD, USA).

To validate the translational significance of these gene expression findings, mice colon samples were analysed using real-time PCR. SABiosciences's RT<sup>2</sup> qPCR Primer Assays were used. Real-time PCR was performed using SABioscience's RT<sup>2</sup> SYBR Green/ROX qPCR Master Mix for a Stratagene Mx3005P Real-Time PCR System according to the manufacturer's protocol. ROX was used as an endogenous reference and data were analysed using SABioscience's PCR Array Data Analysis Template. The comparative C<sub>T</sub> method ( $\Delta\Delta$ C<sub>T</sub>) was used for quantification of gene expression. All samples were tested in triplicate, and average values used for quantification.

#### Western blot

Samples were homogenized in Nonidet-P40 lysis buffer (150 mM sodium chloride, 50 mM Tris, pH 8.0, 1% NP-40, 1% protease inhibitor cocktail) then agitated at 4°C for 2 hrs. Samples were centrifuged at 12,000 r.p.m. for 20 min. at 4°C and protein supernatants removed. Proteins were separated by 8–12% SDS-PAGE and transferred to nitrocellulose membranes. Protein expressions were visualized using the LI-COR Odyssey Infrared Imaging System (Lincoln, NE, USA).

#### Alkaline phosphatase assay

Alkaline phosphatase activity was determined with the SensoLyte™ pNPP Alkaline Phosphatase Colormetric Assay Kit (AnaSpec, Fremont, CA, USA) according to the manufacturer's instructions.

# StemTAG<sup>™</sup> alkaline phosphatase assay

After cultured cells reached 70–80% confluency, the culture medium was removed and cells were washed once with PBST before incubating in fixing solution at room temperature. Then, 0.4 ml per well of freshly prepared StemTAG<sup>™</sup> AP Staining Solution (by mixing equal volume of StemTAG<sup>™</sup> AP Staining Solution A and StemTAG<sup>™</sup> AP Staining Solution B) was added.

#### ELISA assay

Protein was extracted from tissues using specific lysis buffer (20 mM Tris, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 1 mM EDTA and 0.1% SDS). TNF- $\alpha$  levels were determined using mouse and human Ready-SET-Go! ELISA Kits (eBiosciences, San Diego, CA, USA) and IFN- $\gamma$  levels were determined using mouse and human BD OtpEIA ELISA Kits (BD Biosciences, San Jose, CA, USA) according to manufacturer's protocols. Plates were read at 450 nm and 570 nm, respectively. Wavelength subtraction was used for absorbance by subtracting values at 570 nm from 450 nm, and then data were analysed.

## Isolation of mouse colon intra-epithelial lymphocytes

The method for isolation of colon intraepithelial lymphocytes was modified from ref [20]. The entire colon was removed from each mouse and was flushed with 40 ml (total) 4°C CMF to expel faecal matter. The colon was then cut longitudinally and laterally into 0.5 cm pieces that were placed into 40 ml of 4°C CMF. The colonic pieces were then transferred to a 50-ml conical centrifuge tube and vortex 15 sec. at maximum setting. The resulting supernatants obtained contained both intraepithelial lymphocytes and a few epithelial cells. For further details please see Supporting Information document 2.

### Histopathological evaluation of colitis

Colon tissue was fixed in formalin and processed using standard techniques for haematoxylin and eosin staining. Microscopic evaluation of tissue was done in a blinded fashion by two pathologists. Damage seen on histopathology analysis was graded using an injury score system [21–23] with scores ranging from 0 to 15 (0 = no inflammation; 1–5 = mild; 6-10 = moderate; 11-15 = severe), also see Table S1.

### Statistical analysis

All statistical analyses were done using R 2.7.0 and ASA software Version 9.1.3 of the ASA system and Prism version 6. Pearson correlation coefficients were calculated to explore the association between histopathologic evidence of recovery and intestinal permeability, as well as TNF- $\alpha$  and IFN- $\gamma$  expression after local stem cell treatment. One-way and two-way ANOVAS were also used.

# Results

#### Colonic stem cell pluripotency and self-renewal capacity

Colonic stem cells were isolated from mouse colon using specific markers (Provided by Celprogen). Colon stem cell gene

expression profile further verified by quantitative real-time PCR assay and relative CT normalized with House Keeping gene (GAPDH) (Fig. S1) The self-renewal properties of CSCs and CECs were determined by Western blots and quantitative realtime PCR using different primer set (Fig. 1A). The results show that CSCs growing under self-renewal conditions or under differentiation conditions had substantially higher levels of the representative markers of self-renewal than did CECs. Alkaline phosphatase (AP) assays were done to measure self-renewal within these cells and revealed that the level of self-renewal in CSCs was higher (13.14  $\pm$  2.58 fold greater) than in CECs (Fig. 1B). AP activities in CSCs under differentiation conditions were less than half of that in CSCs under self-renewal conditions. After 15 passages, CSCs under differentiating conditions were able to form a confluent monolayer similar to polarized CECs (Fig. 1C).

# Co-localization of CSCs in inflamed colon and evidence of CSCs transplanted into injured colon

Transplanted (via colon infusion) CSCs and CECs were labelled using PKH26 to identify the location of successfully implanted CSCs in the colons of  $IL-10^{-/-}$  mice. The fluorescent signal from CSCs was predominantly detected in the mucosa and submucosa of inflamed colon segments. These confocal microscope pictures were taken from an opened 1 cm piece of colon tissue (left panel of Fig. 2A-D) by using a Zeiss 510 META Laser Scanning Scope (Fig. 2A-E). There was a remarkable increased progression of fluorescent labelling which indicated CSC successfully implanted into inflamed colon, and also demonstrated that CSCs can survive up to 4 weeks after CSCs transfusion (Fig. 2E). We also noted that the PKH26 labelled stem cells only transplanted in inflamed (ulcerated) colon tissue. Thus, evidence of successful CSC transplantation in the inflamed colon was present as early as 1 day following CSC infusion. There was no fluorescent signal detected from transplanted CECs out to 14 days (Fig. 2F). Moreover, The PKH26 labelled stem cell signals were also exclusively detected in the inflamed surface epithelium (yellow coloured arrows) at 7 days following stem cell transplantation (Fig. 2G) when these pictures were taken from longitudinally sliced tissues. Double staining of the sliced mouse colon tissues with epithelial cell marker E-Cadherin (CDH1) was located in intracellular compartments (white coloured arrows) and the cell surface of crypts (red coloured arrows) (Fig. 2G). We have also provided more related cells survival and growth information analysed by using PKH26 as well as Ki67 antibody (which is a proliferation marker) to detect the cell proliferation condition, the data showed in Figure 2H demonstrated that a significant activation of cell proliferation started at 3 days following stem cell transplantation. A significant up-regulated of the Ki67 expression was detected from 7 days following CSCs infusion to 4 weeks.



**Fig. 1** Colonic stem cell pluripotency and self-renewal capacity. (**A**) Lower panel shows real-time PCR analysis of gene expression of LGR-5. Colonic epithelial cells (CEC); CSC under self-renewal (colon stem cells under undifferentiating conditions); and CSC under differentiation [colon stem cells under differentiating conditions, also called colon progenitor cells (CPC)]. Two-way ANOVA indicated a significantly increased expression of LGR-5 in CSCs and CPCs compared to CEC (P < 0.001). In (**A**) upper panel shows LGR-



# Local stem cell transplantation reverses indicators of colitis

Histopathology analysis was performed using an injury score [21–23] with scores ranging from 0 (none) to 15 (severe) 2 weeks after local CSCs infusion (Fig. 3A-D). We also performed histopathology analysis up to 28 days after CSCs colon transfusion (data not shown) and similar results were obtained as those at day 14.  $IL-10^{-/-}$  mice develop spontaneous enterocolitis associated with weight loss, passage of mucous, rectal prolapse and diarrhoea. Histological analysis of colonic tissue from  $IL-10^{-/-}$  mice without any treatment exhibited an injury score between 11 and 15. There was pancolitis without any skip areas in the colon (data not shown). There were no improvements in the histological score in  $IL-10^{-/-}$  mice 2 weeks after local transplantation of CECs or vehicle transfusion (Fig. 3A). In contrast, localized intra-colonic transfusion of a single dose of CSCs induced histological remission in IL- $10^{-/-}$  mice with active colitis (Fig. 3B–D). Following a single dose of CSCs, 16% of IL-10<sup>-/-</sup> mice (4 of 25) fully recovered (Fig. 3B), 60% (15 of 25) had only a mild degree of inflammation

remaining (Fig. 3C), and 25% (6 of 25) showed a moderate degree of colitis remaining (Fig. 3D). The mean  $\pm$  standard deviation for the pathology scores were 12.57  $\pm$  1.59 for the untreated IL-10 $^{-/-}$  mice group, 12.80  $\pm$  1.92 for the CEC-treated group and 3.88  $\pm$  2.63 for the CSC-treated group. No evidence of colitis was detected in any wild-type mice. Local stem cell therapy ameliorated histological colitis throughout the colon as there were no significant differences between the histological scores of the proximal and distal sections of the colon in stem cell treated mice. In the mild inflammation group (Fig. 3C), may notice many inflammatory cells and increased epithelial heights which further supports that IL-10 $^{-/-}$  mice is a good model to study chronic inflammation.

We monitored the IL- $10^{-/-}$  mice body weight up to 8 weeks after CSCs treatment compared to CECs treated mice. The IL- $10^{-/-}$  mice demonstrated a significant increase in body weight compared with CEC treated IL- $10^{-/-}$  mice (Fig. 3E). IL- $10^{-/-}$ mice receiving only cell matrix (ECM gel; Invitrogen, Carlsbad, CA, USA) or those that did not receive any treatment showed continual weight loss, and the individual mouse weight loss ratio was correlated with the pathology score.

Fig. 2 Co-localization of CSCs in inflamed colon: An additional group of mice was used for detecting stem cell location. Locally transplanted CSCs and CECs were labelled using PKH26 red fluorescent to detect stem cell migration to the inflamed colon in IL-10<sup>-/-</sup> mice. A piece of mouse colon (~1 cm) was removed and the colon was opened (see left panel of colon picture), and then mounted flat with the mucosal surface facing up. The fluorescent signals from CSCs were predominantly detected in the mucosa of the inflamed colon. (A) 1 day after stem cells local infusion; (B) 3 days after stem cells local infusion; (C) 7 days after stem cells local infusion; (D) 14 days after stem cells local infusion; (E) 28 days after stem cells local infusion. No fluorescent signal was found after 14 days local infusion of CECs (F). The stem cell treated mouse colon with PKH26 label was also selected which was longitude cut with a cryostat, and then double labelled with E-cadherin (CDH1). As shown in (G), following a longitude cutting a colon tissue, the stem cell with PKH26 signal was presented in the surface of mucosa (yellow arrows) 3 days after stem cell transplantation, and CDH1 was showed in intracellular compartments (white arrows), and lateral membrane of crypts (red arrows). (H) shows Western blots indicated Ki-67 expression in CSCs treated mice (H, upper panel) compared to IL- $10^{-/-}$  mice without any treatment. There are six time points (1, 3, 7, 14, 21 and 28 days following CSCs infusion, each time point representative of 3 mice, and plus 3  $IL-10^{-/-}$  mice without any treatment as indicated). There was a significant up-regulated of the Ki67 expression was detected from 7 days following CSCs infusion to 4 weeks (H, lower panel).





Fig. 3 Local stem cell transplantation reverses indicators of colitis: Changes seen in colonic pathology were graded using a validated histological injury score. Histology scores ranging from 0 to 15 were ascribed to each specimen. (A) Colon from an untreated IL- $10^{-/-}$  mouse. Colitis was severe with enterocyte loss, crypt inflammation, the presence in the lamina propria of mononuclear cells and neutrophils, and epithelial hyperplasia. In contrast, CSCs transplantation induced histological remission in IL-10 $^{-/-}$  mice with active colitis. Approximately 16% of CSC-treated IL- $10^{-/-}$  mice (4 of 25) showed complete resolution (B); approximately 60% of CSCtreated  $IL-10^{-/-}$  mice (15 of 25) had only a mild degree of inflammation (injury scores between 1 and 5) (C), and approximately 25% of CSC-treated IL- $10^{-/-}$  mice (6 of 25) showed only moderate inflammation (injury scores between 6 and 10) (D). (E) IL-10<sup>-/-</sup> mice exhibit a significant increase in their body weight after a single dose of local stem cell transplantation compared to the other groups.

# Local stem cell transplantation reverses visceral hypersensitivity and recovers intestinal permeability

Local stem cell transplantation resulted in decreased visceral hypersensitivity starting at 7 days in  $IL-10^{-/-}$  mice following colonic infusion of CSCs compared to baseline and colonic epithelium cell treated mice, and significantly reversed visceral hypersensitivity 14, 21 and 28 days after local colon stem cells transplantation (Fig. 4A, lower panel). The EMG data also showed a significant reduction in EMG activity at 14, 21 and 28 days following CSCs treatment compared to CECs treated

mice. Figure 4A upper panel demonstrates EMG tracings at 14 days after CSCs treatment compared to CECs treatment.  $IL-10^{-/-}$  mice with active colitis exhibited increased intestinal permeability that positively correlated with higher pathology scores for colitis (Fig. 4B, left panel). The reduction in colitis severity with local CSC therapy in  $IL-10^{-/-}$  mice correlated with restoration of intestinal permeability (increased resistance indicated decreased intestinal permeability). Analysis of mucosal permeability also showed that the progressive colitis observed in CECs treated  $IL-10^{-/-}$  mice was associated with significantly higher intestinal permeability as reflected by decreased mucosal resistance compared to the CSCs treated  $IL-10^{-/-}$  mice (Fig. 4B, right panel, P < 0.01).



# Local transplantation of CSCs inhibits inflammatory responses through TNF- $\alpha$ and IFN- $\gamma$ dependent mechanisms

treated IL-10<sup>-,</sup>

IL-10<sup>-/-</sup> mice.

We used Inflammatory Cytokines & Receptors PCR Array to investigate that what genes were modulated followed by CSCs translocation. Two sets of comparison were done using super-array analysis. One was a comparison of IL-10<sup>-/-</sup> mice (n = 3) and wild-type (normal) mice (n = 3). The other was a comparison of  $IL-10^{-/-}$  mice with CSCs treatment compared to  $IL-10^{-/-}$  mice with CECs treatment. Among the 82 known cytokine genes measured, there were 21 genes that were significantly increased in expression (P < 0.01) and in fold change ratio (three-fold and up in  $IL-10^{-/-}$  mice compared with wild-type (control) mice (Table 1, left panel). There were 10 genes that were significantly diminished in expression (P < 0.05) after local stem cell infusion treatment

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IL-10 <sup>-/-</sup> mice <i>versus</i> wild type mice			Stem cell treated versus epithelial cell treated mice		
Genes	Fold changes (log 10)	P Value	Genes	Fold changes (log 10)	P Value
CCL12	51.84	< 0.01	Caspl	-90.47	0.005
CCL4	198.45	< 0.01	Ccl11	-138.08	0.005
CCL5	233.83	< 0.005	Ccl25	-36.07	0.006
CCL6	16.87	< 0.007	CCL6	-69.36	0.005
CCL8	545.97	< 0.005	CXCL15	-19.24	0.01
CCR2	85.39	< 0.006	IFN-γ	-118.00	0.04
CCR9	8.24	< 0.006	IL18	-16.48	0.01
CXCL1	116.65	< 0.004	IL20	-19.24	0.01
CXCL10	37.17	< 0.008	IL5ra	-5.55	0.008
CXCL11	131.23	< 0.003	TNF	-3.51	0.02
CXCL15	8.22	< 0.009			
CXCL9	396.91	<0.01			
CXCR3	39.02	< 0.006			
CCR10	16.07	< 0.002			
IFN-γ	430.34	< 0.001			
IL1B	79.67	< 0.003			
IL1F6	83.63	< 0.0001			
IL1R2	9.53	< 0.008			
IL20	8.22	< 0.009			
IL3	8.22	< 0.009			
TNF	3.91	< 0.007			

Table 1 Cytokine Super-Array Analysis

when compared with CEC infusion treatment (Table 1, right panel). These data from cytokine profiling super-arrays further support the possible benefit of local transplantation of stem cells in murine colitis. More interestingly, there were only five genes (CCL6, CXCL15, IFN- $\gamma$ , IL-20 and TNF- $\alpha$ ) that overlapped and indicated significantly diminished expression after local stem cell treatment (Table 1). We further confirmed our findings for these five cytokines using real-time PCR. TNF- $\alpha$  and IFN- $\gamma$  showed significantly diminished expression after local stem cell treatment (Fig. 5A). Scatter and Volcano Plots are showed that IL-10<sup>-/-</sup> mice had significantly elevated colonic TNF- $\alpha$  and IFN- $\gamma$  compared to wild-type animals (Fig. 5B). Two weeks following CSCs transplantation, IL-10<sup>-/-</sup> mice showed decreased levels of TNF- $\alpha$  and IFN- $\gamma$  (Fig. 5C) compared the IL-10<sup>-/-</sup> mice that received CECs transplantation.

We have also used an induced colitis group (TNBS-colitis) as a positive control group to compare to wild-type mice and IL-10<sup>-/-</sup> mice. The data indicated that both IL-10<sup>-/-</sup> mice and induced colitis mice demonstrated higher TNF- $\alpha$  and INF- $\gamma$  expression from their colon tissues compared to (wild-type mice) normal control mice (Fig. S2).

# Therapeutic mechanisms of transplanted stem cells

Next, we explored the mechanisms for the therapeutic action of transplanted local CSCs in  $IL-10^{-/-}$  mice compared with  $IL-10^{-/-}$  mice that received local infusion of CEC or vehicle only (ECM gel) infusion. As depicted in Figure 6A, RNA expression levels of TNF- $\alpha$  and IFN- $\gamma$  in colonic tissue analysed by qPCR arrays were significantly increased in  $IL-10^{-/-}$  mice compared to wild-type mice. Following CSCs treatment, TNF- $\alpha$  and IFN- $\nu$ expression were decreased in  $IL-10^{-/-}$  mice compared to mice treated with CECs and/or vehicle controls (Fig. 6B). To further demonstrate the benefits of local stem cell therapy, we compared TNF- $\alpha$  and IFN- $\gamma$  release from IL-10<sup>-/-</sup> mice and wild-type (control) mice (same mice used in the above experiments) to test levels of TNF- $\alpha$  and IFN- $\gamma$  protein expression. The TNF- $\alpha$  and IFN-y released from wild-type (control) mice was below the sensitivity of the ELISA for all animals. As expected, IL-10<sup>-/-</sup> induced significantly higher levels of release of TNF- $\alpha$  and IFN- $\gamma$ from colon tissue homogenates harvested from  $IL-10^{-/-}$  mice





Stem cell treated mice versus epithelial cell treated mice

0.89

0.64

0.39

0.24

-8.99 -7.7 -6.45

IFN-7

-0.73

0.27 1.27

-1.73

Log10 (CEC control, deltaCt)

-2.73

-2.73

4.73 -3.73 -0.2 1.05

-5.2 -3.95 -2.7 -1.45

Log 2 (fold changes)





Fig. 6 Therapeutic mechanisms of transplanted stem cells. Real-time PCR was used to detect TNF- $\alpha$  and IFN- $\gamma$  expression in mouse colonic tissues. (A) IL-10  $^{-/-}$  mice have significantly higher levels of TNF- $\alpha$  and IFN- $\gamma$ expression compared to normal control (wild-type) mice (P < 0.01). On the other hand, IL-10<sup>-/-</sup> mice had significantly decreased local TNF- $\alpha$  and IFN-y release 2 weeks after stem cell transplantation (compared to epithelial cell treated IL-10<sup>-/-</sup> mice and vehicle control IL-10<sup>-/-</sup> mice (**B**: P <0.001 and P < 0.05, respectively). To confirm the changes in TNF- $\alpha$  and IFN- $\gamma$  release from mouse colon, ELISA assays were used (**C**). They showed that levels of release of TNF- $\alpha$  and IFN- $\gamma$  were closely associated with the degree of resolution of colitis that was induced by local CSC therapy (Control = wild-type mice; without treated =  $IL-10^{-/-}$  mice without treatment; moderate =  $IL-10^{-/-}$  mice after CSC treatment, which showed moderate inflammation histologically; mild =  $IL-10^{-/-}$  mice after CSC treatment, which showed mild inflammation; Recovered =  $IL-10^{-/-}$  mice after CSC treatment, which showed no inflammation. There was a significant difference in TNF- $\alpha$  concentrations between the control and without treatment group (\*P < 0.01). Moreover, there was also a significant difference in TNF- $\alpha$  concentrations between the without treated and the mild and recovered groups (\*P < 0.05). A substantial difference in IFN- $\gamma$  concentrations was also observed between the control and without treatment group (P < 0.01). There was also a notable alteration in IFN- $\gamma$  concentrations and between the moderate, mild and recovered groups when compared to the without treated group (P < 0.05, 0.05 and 0.01). (**D** and **E**) Pearson correlation analysis (using SAS) showed that the pathology score positively correlated with TNF- $\alpha$  (r = 0.81; P < 0.001) and IFN- $\gamma$  (r = 0.74; P < 0.001) expression in both real-time PCR (**D**) and ELISA assays, TNF- $\alpha$  (r = 0.77; P < 0.001) and IFN- $\gamma$  (r = 0.82; P < 0.001) (E). (F and G) both represent

TNF- $\alpha$ /INF- $\gamma$  expression within the intraepithelial lymphocytes (each time point representing three mice). There was decreased expression which started at day 14 day of TNF- $\alpha$  and INF- $\gamma$  that continued to 4 weeks following local CSCs transfusion compared to CECs treated mice. Flow cytometry analysis further demonstrated decreased TNF- $\alpha$  and INF- $\gamma$  expression within colonic lymphocytes from day 14 up to day 28 following CSCs treatment compared to CECs treated mice (**H** and **I**).

than levels from wild-type (control) mice (Fig. 6C, P < 0.01). Treatment of IL- $10^{-/-}$  mice with local stem cell transplantation significantly inhibited TNF- $\alpha$  and IFN- $\gamma$  release from IL- $10^{-/-}$ mice colon tissues. Levels of release of TNF- $\alpha$  and IFN- $\gamma$  were closely associated with the degree of recovery (Fig. 6C). A statistical analysis by Pearson correlation (using the SAS System) further indicated that the pathology score is positively correlated with TNF- $\alpha$  and IFN- $\gamma$  expression in both real-time PCR (Fig. 6D) and Elisa assays (Fig. 6E).

We then evaluated potential mechanism(s) related to abrogation of the colitis by isolating lymphocytes from mouse colon and performing RT-PCR and flow cytometry to detect TNF- $\alpha$  and INF- $\gamma$  expression after CSCs transplantation compared to CECs transplantation. Figure 6F and G both represent TNF- $\alpha$ /INF- $\gamma$  expression



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Fig. 6 Continued

within the intraepithelial lymphocytes which were both slightly increased at 3 days. However, there was decreased expression of TNF- $\alpha$  and INF- $\gamma$ , which started at day 14 and continued to 4 weeks following local CSCs transfusion. The temporary increased expression of TNF- $\alpha$  and INF- $\gamma$  may due to local immune effects after local cell transplantation. Flow cytometry analysis further demonstrated decreased TNF- $\alpha$  and INF- $\gamma$  expression within colonic lymphocytes from day 14 and up to day 28 following CSCs treatment compared to CECs treated mice (Fig. 6H and I).

Thus, our data indicate that local stem cell therapy treats chronic inflammatory gastrointestinal disorders not only through self-renewal capacity, but also decreases TNF- $\alpha$  and IFN- as the result of decreased overall inflammation.

# Discussion

In the current study, we evaluated the potential therapeutic benefits of localized transplantation of adult CSC therapy in healing murine colitis and in reducing intestinal permeability and visceral hypersensitivity. By using  $|L-10^{-/-}$  mice, we found that: (1) local stem cell transplantation facilitates recovery of  $|L-10^{-/-}$  mice from chronic colitis through self-renewal mechanisms; (2) the mechanisms mediating recovery may involve blocking TNF- $\alpha$  and IFN- $\gamma$  dependent pathways; (3) additional mechanisms may involve normalization of intestinal permeability, reduction of visceral hypersensitivity, inhibition of apoptosis, faster cell cycle progression and increased epithelial barrier function. Thus, local stem cell therapy may be a new and innovative modality with which to treat chronic gastrointestinal disorders with intestinal inflammation, increased intestinal permeability and visceral hypersensitivity [24, 25].

The delivery of CSCs locally by intracolonic infusion directly to the site of the effected colonic tissue contrasts with previous studies that used systemic administration of stem cells to induce remission in murine colitis [1, 7, 9, 26]. Systemic stem cell therapy has been used to treat various diseases including cancer, aplastic anaemia and sickle cell disease. The cells may be given fresh or they may be preserved first with a chemical called DMSO and frozen for later use. Some stem cell transplant procedures include infusion of red blood cells along with the stem cells. The side effects of systemic stem cell transplantation, such as invasive fungal infections, increased blood pressure and heart rate, decreased kidney function, have been reported [27, 28]. A unique feature of our study is that we used local delivery of stem cells to activate self-renewal signalling properties. Local delivery of stem cells may be associated with fewer and less severe adverse effects than systemic delivery of stem cells, which may also increase the willingness of patients to use stem cells based on this strategy. Our new strategy can potentially be used to reduce gastrointestinal symptoms through restoring intestinal permeability; healing colitis; as well as decreasing visceral hypersensitivity and pain.

In earlier studies, stem cell therapy was carried out by treating  $IL-10^{-/-}$  mice with chronic colitis [1]. However, in that study,  $IL-10^{-/-}$  mice were first treated with whole body irradiation to ablate the BM. Mice were then rescued with tail vein injections of  $10^6$  male whole BM cells to replace immune system components that do not develop in  $IL-10^{-/-}$  mice. There was significant histological improvement in the colitis and the contribution of BM cells to colonic subepithelial myofibroblasts was increased in inflamed mucosa compared to normal mucosa. In addition, there was decreased mRNA expression of several pro-inflammatory cytokines, including TNF- $\alpha$  and IFN- $\gamma$ . However, the reductions in tissue injury could have been caused, in part or in whole, by the whole body irradiation, and not just from the stem cells.

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Another group of investigators used DSS-treated rats with busulphan-induced hypoplastic marrow [26]. Mesenchymal stem cells were then transplanted into the rats *via* tail vein injection. Animals treated with mesenchymal stem cells had increased epithelial barrier integrity. Although the author pointed out that busulphan has minimal immunosuppressive properties, it is possible that it suppressed the local host immune response and in that way contributed to normalization of the intestinal epithelial barrier.

A recent study demonstrated that TNBS-induced colitis in mice was ameliorated by using human umbilical cord mesenchymal stem cells [29]. Another study reported the effects of human adult stem cells from adipose tissue on reversal of colitis induced in mice by DSS [7]. Following 7 days of DSS, mice were injected intraperitoneally with human adipose stem cells or murine adipose stem cells. There was reduction in the severity of the colitis and decreased Th1-driven inflammatory responses. In addition, there was decreased expression of several pro-inflammatory cytokines including TNF- $\alpha$  and IFN- $\gamma$ .

Unlike the approaches mentioned above, our study focused on using intra-colonic, local, stem cell transplantation to treat murine colitis. The colitis improved after successful local engraftment of CSCs and the transcriptional level of the pro-inflammatory cytokines examined decreased in the inflamed colonic tissues. At least in the intestine, where the cell turnover is most rapid among all body organs, the priority is to maintain transepithelial resistance by enhancing epithelial cell linings as a primary barrier. In our studies, we used syngeneic cells, which were genetically identical, but derived from a different mouse. Use of syngeneic cells is similar to application of autologous stem cells collected from a patient and then infused back into the patient. The current study raises several additional questions that may be the focus of future investigation. First, it would be interesting to determine if a similar outcome could be obtained using allogenic stem cells? Another interesting point that can be raised by our study is whether repeated stem cell therapy might have additive effects versus a single treatment as we have done in this current study. Also, although our study was carried out to 28 days, future studies are needed to determine if the beneficial effects are persistent well beyond the 28-week time point.

It was interesting that CSC transplantation ameliorated colitis throughout the colon despite the fact that stem cells were infused into the left colon of the mice during the initial treatment. One explanation as to why remote sites of the colon were also healed may be due to physiologic colonic motility. In the normal state, most of colonic peristalsis is retrograde or away from the rectum. Thus, colonic contents are mixed back and forth between the right and left colon. This serves to increase the efficiency of the colon in absorbing water and electrolytes from the liquid faeces via a mixing effect. Thus, one would anticipate that stem cells would be delivered to remote areas of the colon as a result of this peristaltic mixing. Other potential mechanisms involved in local CSC transplantation ameliorates colitis at remote sites of the injection place include wound-healing signalling pathway, such as message RNA and miRNA associated with their targets for recovery; or through compressing inflammation cytokine, such as decreased

TNF- $\alpha$  and INF- $\gamma$  expression at colon; or through cell migration effects. These proposed potential mechanisms may necessitate further studies in the future.

Another interesting question raised by this study is whether local CSC infusion induced a protective systemic immune response that underlies or contributes to the beneficial effect on colitis? Certainly, one cannot exclude the possibility that the implanted CSCs may have had a minor systemic effect. The major effects of CSC engrafts were clearly local and structural as they effectively healed the injured colonic mucosa. However, it is possible that there was a systemic effect that was limited to a reduction in systemic inflammatory cytokines as a result of healing of the colonic mucosal laver, which then no longer released cytokines into the systemic circulation. To exclude extracolonic systemic effects, we performed systemic cytokine profiles 3 days after stem cell treatment on spleens from three groups of mice (CSC treated IL- $10^{-/-}$ ; CEC treated IL-10<sup>-/-</sup>; and IL-10<sup>-/-</sup> without treatment). There was no significant difference between the three groups of mice indicating that the systemic effects on cytokine levels was directly related to the implanted CSCs at least for acute time points (data not shown). Our current study suggests that stem cell therapy can reverse experimental colitis, decrease colonic proinflammatory cytokines and restore epithelial barrier permeability. Also, local administration of adult stem cells is a potentially safer approach that should cause many fewer side effects than systemic administration. In addition, unlike several of the earlier studies described, our approach did not require immunosuppression before stem cell transplantation [1, 26]. It is also likely that in the other studies there was modulation of the innate immune system following stem cell transplantation. Our approach has the advantage that colitis, local inflammatory cytokines and the epithelial barrier are all improved with only minimal effects on the innate immune system.

# Summary and conclusions

Many patients suffer from chronic gastrointestinal diseases characterized by chronic inflammation, increased intestinal permeability, and visceral hypersensitivity and pain in which there is no definitive treatment. We have recently shown that patients with irritable bowel syndrome (IBS) have increased intestinal permeability that is associated with visceral hypersensitivity and pain [24, 25]. Adult stem cells have recently been used in various disease states to contribute wound-healing mechanisms. In our current study, IL-10<sup>-/-</sup> mice that received stem cell transplantation showed histopathologic evidence of recovery from colitis that correlated with restoration of intestinal permeability and decreased visceral hypersensitivity. Future studies need to be done to determine if intra-colonic administration of CSCs could be used in patients with chronic inflammatory bowel diseases. This localized approach to stem cell therapy might lead to new and innovative techniques to treat patients with inflammatory bowel disease who are refractory to medical therapy.

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# **Conflict of interest**

None of the authors have a financial or other relationship that might lead to a conflict of interest.

# **Supporting Information**

Additional Supporting Information may be found in the online version of this article:

# Table S1. Histological Pathology Score.

**Fig. S1** Mouse colon stem cell gene expression profile compared with mouse differentiated colon epithelial cells. There is an increased gene expression of SSEA-3, SSEA-4, HHF-B1 BMI-1, CDX2 and Prominin-1 in mouse colon stem cells compared to differentiated colon epithelial cells.

**Fig. S2** TNF- $\alpha$  and INF- $\gamma$  message RNA expression. The TNBS induced colitis group (n = 6 mice) as positive control to compare to wild-type mice (n = 6) and IL-10<sup>-/-</sup> mice (n = 7). Both IL-10<sup>-/-</sup> mice and induced colitis mice (3 day after TNBS) demonstrated higher TNF- $\alpha$  and INF- $\gamma$  expression from their colon tissues compared to normal control mice.

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