

# The Impact of GeneXpert Cerebrospinal Fluid Testing on Tuberculous Meningitis Diagnosis in Routine Care in Botswana

James Milburn,<sup>1,2,9</sup> Ookeditse Ntwayagae,<sup>3</sup> Kebatshabile Ngoni,<sup>1</sup> Rachita Suresh,<sup>1</sup> Neo Lemme,<sup>4,5</sup> Cassie Northcott,<sup>1</sup> James Penney,<sup>1</sup> Matthew Kinsella,<sup>1</sup> Imogen Mechie,<sup>1</sup> Samuel Ensor,<sup>1</sup> Tony Chebani,<sup>6</sup> Daniel Grint,<sup>7,0</sup> Mark W. Tenforde,<sup>8</sup> Ava Avalos,<sup>1</sup> Dinah Ramaabya,<sup>6</sup> Ronan Doyle,<sup>2</sup> Margaret Mokomane,<sup>9</sup> Madisa Mine,<sup>4</sup> Katharina Kranzer,<sup>2,10,11,©</sup> and Joseph N. Jarvis<sup>1,2</sup>

<sup>1</sup>Botswana Harvard Health Partnership, Gaborone, Botswana, <sup>2</sup>Department of Clinical Research, Faculty of Infectious and Tropical Diseases, London School of Hygiene and Tropical Medicine, London, UK, <sup>3</sup>Botswana University of Maryland School of Medicine Health Initiative (BUMMHI), Gaborone, Botswana, <sup>4</sup>National Health Laboratory, Ministry of Health and Wellness, Gaborone, Botswana, <sup>5</sup>National Tuberculosis Reference Laboratory, Gaborone, Botswana, <sup>6</sup>Ministry of Health and Wellness, Gaborone, Botswana, <sup>7</sup>Department of Infectious Disease Epidemiology and International Health, Faculty of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine, London, UK, <sup>8</sup>Botswana-UPenn Partnership, Gaborone, Botswana, <sup>9</sup>School of Allied Health Professions, University of Botswana, Gaborone, Botswana, <sup>10</sup>The Health Research Unit Zimbabwe, Biomedical Research and Training, Harare, Zimbabwe, and <sup>11</sup>Division of Infectious Diseases and Tropical Medicine, Medical Centra of the University of Munich, Munich, Germany

Background. Tuberculous meningitis (TBM) disproportionately impacts high-HIV prevalence, resource-limited settings where diagnosis is challenging. The GeneXpert platform has utility in TBM diagnosis, but uptake remains limited. In Botswana, before the introduction of GeneXpert, tuberculosis (TB) testing was only available through mycobacterial culture at the National TB Reference Laboratory. Data describing routine use of Xpert MTB/RIF for cerebrospinal fluid (CSF) testing in resource-limited settings are scarce.

Methods. Electronic records for patients with CSF tested in government facilities in Botswana between 2016 and 2022 were obtained from a central online repository as part of ongoing national meningitis surveillance. Samples were excluded from 1 site where Xpert MTB/RIF is performed universally. The proportion receiving TB-specific investigation on CSF and the number positive for Mycobacterium tuberculosis following increased Xpert MTB/RIF capacity were determined.

Results. The proportion of CSF samples receiving TB-specific investigation increased from 4.5% (58/1288) in 2016 to 29.0% (201/693) in 2022, primarily due to increased analysis with Xpert MTB/RIF from 0.9% (11/1288) to 23.2% (161/693). There was an overall decline in the annual number of CSF samples analyzed, but the proportion with microbiologically confirmed TBM increased from 0.4% to 1.2%. The proportion of samples tested for TB that were collected from health care facilities >100 km from the National TB Reference Laboratory increased with Xpert MTB/RIF rollout from 65.9% (87/132) to 78.0% (494/633).

Conclusions. In Botswana, access to TB culture is challenging in remote populations; more accessible near-patient testing using Xpert MTB/RIF increased the number of patients receiving TB-specific testing on CSF and the number of confirmed TBM cases. Keywords. TB meningitis; Ultra; Xpert MTB/RIF.

Globally, 1%–5% of people affected by tuberculosis (TB) have tuberculous meningitis (TBM). TBM is often associated with severe immunosuppression, specifically in the context of advanced HIV. Long-term sequelae are frequent, and the mortality of TBM is unacceptably high (up to 50% in adults), remaining unchanged for the past 2 decades [1, 2].

Diagnosis of TBM is difficult due to the paucibacillary nature of disease in cerebrospinal fluid (CSF). Limits of detection differ greatly between smear microscopy (10 000 colony-forming units [CFU]/mL), nuclear acid amplification testing (NAAT) including Xpert MTB/RIF and Xpert MTB/RIF Ultra (20-150 CFU/mL), and mycobacterial culture (1-10 CFU/mL) [3, 4], with sensitivity of smear microscopy, NAAT, and culture for diagnosis of TBM from CSF ranging between 9%-33%, 47%-76%, and 50%-70%, respectively [5, 6]. Time to result from the more sensitive tests is also highly variable. Results from Xpert MTB/RIF are available in 1-2 hours, whereas culture can take up to 6 weeks to yield a result, meaning it cannot inform immediate management decisions. In low-resource settings where the majority of TBM cases occur, diagnosis is further challenged by limited availability of culture and molecular diagnostics. As a result, patients are often empirically treated for TBM based on clinical presentation and CSF protein, glucose, and cell count, frequently resulting in inappropriate

Received 24 April 2024; editorial decision 20 August 2024; accepted 26 August 2024; published online 28 August 2024

Correspondence: James Milburn, BSc, MBChB, MRCP, DTMH, Botswana Harvard AIDS Institute Partnership, Private Bag BO 320, Gaborone, Botswana (james.milburn@lshtm.ac.uk). Open Forum Infectious Diseases®

<sup>©</sup> The Author(s) 2024. Published by Oxford University Press on behalf of Infectious Diseases Society of America This is an Open Access article distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs licence (https://creativecommons. org/licenses/by-nc-nd/4.0/), which permits non-commercial reproduction and distribution of the work, in any medium, provided the original work is not altered or transformed in any way, and that the work is properly cited. For commercial re-use, please contact reprints@oup.com for reprints and translation rights for reprints. All other permissions can be obtained through our RightsLink service via the Permissions link on the article page on our site-for further information please contact journals.permissions@oup.com. https://doi.org/10.1093/ofid/ofae489

or unnecessary treatment [7]. Furthermore, in advanced HIV, TBM can present with atypical clinical and CSF findings, potentially delaying recognition of TBM and initiation of treatment [8]. Delayed TBM treatment increases morbidity, adverse neurological sequelae, and mortality.

Easily accessible, rapid, and sensitive diagnostics are essential for improving outcomes from central nervous system infections [9]. Xpert MTB/RIF run on the GeneXpert platform was endorsed by the World Health Organization (WHO) for the diagnosis of pulmonary TB in 2011 following a large multinational clinical validation study [10]. In the 2013 policy update, the WHO made a strong recommendation based on very low-quality evidence that Xpert MTB/RIF should be used in preference to conventional microscopy and culture as the initial diagnostic test for CSF specimens from patients suspected of having TBM [11]. This recommendation was extended to Xpert MTB/RIF Ultra in 2017 [12]. Xpert MTB/RIF, and subsequently Xpert MTB/RIF Ultra, has been rolled out across many countries in Southern Africa including Botswana, where in many places it has replaced smear microscopy as the primary TB diagnostic in the context of pulmonary TB. However, data on its use for diagnosing extrapulmonary TB, especially TBM, are scarce [13-15].

We analyzed 6 years of national data from Botswana, a lowresource, high–HIV prevalence setting, to evaluate the impact of Xpert MTB/RIF rollout on the number of CSF Xpert MTB/RIF examinations, the number of microbiologically confirmed MTB diagnoses, and the characteristics of patients investigated for TBM.

# METHODS

The Botswana National Meningitis Survey is an ongoing meningitis surveillance network monitoring trends in the etiology of central nervous system infections in Botswana. Botswana is an upper middle-income county in Southern Africa with an estimated HIV prevalence of 18.6% in adults aged 15-49 and an annual TB incidence of 235 per 100,000 in 2021 [16]. Compared with neighboring countries, Botswana has a relatively robust health care infrastructure, where 85% of the population live within 5 km of a health care facility [17]. Xpert MTB/RIF was initially introduced in Botswana between October 2012 and June 2013 at 13 centers as part of a research study using a stepped-wedge design [18]. Xpert MTB/RIF capacity was subsequently expanded following a donation from the World Bank. Currently 39 health facilities have GeneXpert platforms on site, including all 26 referral, district, and primary hospitals. In Botswana, the use of Xpert MTB/ RIF on CSF has been advocated in national HIV/TB guidelines since 2016. Analysis of CSF using Xpert MTB/RIF and, since 2019, Xpert MTB/RIF Ultra was performed in 20 of these hospitals during the study period. Other tests advocated for use on CSF in the 2016 guidelines were microscopy, cell count and

# Table 1. Laboratory Standard Procedures for Analysis of Cerebrospinal Fluid [19]

#### Tests performed on all samples:

| • | N | lacroscopic | examination |
|---|---|-------------|-------------|
|---|---|-------------|-------------|

- Total cell count using Neubauer counter
- Centrifugation of CSF at 3000 revolutions per minute for 3 min followed by gram stain, India ink stain, differential count (if CSF white cell count ≥10/mm<sup>3</sup>), and culture using the sediment on:
- Sabouraud dextrose agar (incubation 10 d)
- Sheep blood agar (incubation 72 h)
- Chocolate agar (incubation 72 h)

Additional tests performed on all adult CSF samples

Cryptococcal antigen testing (IMMY Lateral Flow Assay)

- Additional tests performed on request:
  - Acid-fast bacilli smear
- TB culture on Bactec 960 Mycobacterium Growth Indicator Tube (MGIT) automated culture system
- Xpert MTB/RIF Ultra

Abbreviations: CSF, cerebrospinal fluid; TB, tuberculosis

differential, CSF biochemistry, India ink stain, TB culture, and extended fungal culture. During the study period, manufacturer guidance for the use of Xpert MTB/RIF on CSF was followed. Data regarding whether the Xpert MTB/RIF or MTB/RIF Ultra was used during the transition period in 2019/2020 were not available; the terminology Xpert MTB/ RIF is used throughout the manuscript to denote testing with either version. Culture for *Mycobacterium tuberculosis* is only performed at the National Tuberculosis Reference Laboratory (NTRL) in the capital, Gaborone.

Institutional review board approval was granted by the Health Research Development Council (HRDC reference number 6/14/1), London School of Hygiene and Tropical Medicine (LSHTM reference number 17322), and the University of Botswana (UB reference number UBR/RES/IRB/1631). This study used only retrospective, routine laboratory data; therefore, a waiver of informed patient consent was obtained.

Laboratory records from all laboratories performing CSF analysis are uploaded to a national electronic health record system termed the Integrated Patient Management System (IPMS). All CSF samples with results stored on IPMS from samples collected between January 1, 2016, and December 31, 2022, were extracted from an online repository in collaboration with the Botswana Ministry of Health and Wellness. The details of the CSF analysis are described in Table 1. Samples from patients admitted to the national referral hospital in Gaborone were excluded from the analysis because universal Xpert MTB/RIF Ultra testing and TB culture of CSF samples were introduced in 2021 as part of a research study. Data on standard CSF evaluation, TB-specific data, and HIV-related data were extracted as separate data sets from the online repository and merged through deterministic linkage of laboratory records using unique patient identifiers, either a 9-digit national identification number or a hospital identification number. Results were then de-duplicated before analysis.

Data were analyzed using STATA, version 16.0. Patient demographics, CSF test results, and HIV-related data were described using frequencies, percentages, or medians and interquartile ranges (IQRs), as appropriate. Clinical and CSF characteristics were compared for those patients who underwent investigation for TBM and those who did not using the Wilcoxon rank-sum test for medians and the chi-square test for proportions. Comparisons were also made between patients who underwent TB investigation before and after the scale-up of Xpert Ultra capacity. The cutoff chosen for this was 2020, when Xpert MTB/RIF consistently became the most commonly used modality for investigating for TBM in Botswana and the more sensitive Xpert MTB/RIF Ultra had replaced the original Xpert MTB/RIF. Maps were made using R, with geospatial data of TB analysis plotted using the tmap package.

Study outcomes were the number and proportion of CSF samples undergoing TB-specific investigations (microscopy, TB culture, or Xpert MTB/RIF) and the number and proportion of positive results from TB-specific investigations. All semiquantitative results from CSF analysis with Xpert MTB/ RIF were considered positive.

### RESULTS

Between January 1, 2016, and December 31, 2022, a total of 6934 CSF samples were investigated, of which 1114 (16.1%) were investigated using TB-specific investigations: 787 Xpert MTB/RIF, 340 smear microscopies, and 177 mycobacterial cultures (Table 2). Although there was an overall decline in the total number of CSF samples received for analysis during the study period from 1288 in 2016 to 693 in 2022, the number of patients receiving TB-specific analyses increased from 58/ 1288 (4.5%) in 2016 to 201/693 (29.0%) in 2022, largely due to an increase in Xpert MTB/RIF, which comprised 15.5% of all tests performed in 2016 and 78.1% in 2022 (Figure 1). Although the test positivity rate of mycobacterial culture was highest (8.0%) compared with Xpert MTB/RIF (6.7%) and smear microscopy (1.2%), more samples were tested using Xpert and more microbiologically confirmed TBM diagnoses were made by Xpert MTB/RIF: 53 positive Xpert MTB/RIF tests compared with 14 mycobacterial cultures and 4 positive smears (Table 2).

Patients whose CSF was investigated with a TB-specific investigation had a higher median age (39.1 vs 35.2 years) and higher HIV prevalence (61.3% vs 51.0%) compared with those who did not have TB-specific investigations. The group that had TB-specific investigations also had higher rates of CSF pleocytosis, raised CSF protein >1 mg/mL, and an extraneural sample positive for *M. tuberculosis*.

Laboratory characteristics from patients who underwent TB testing between 2016–2017 and 2020–2022 were compared to assess the impact of scaling up the use of Xpert MTB/RIF on

CSF in Botswana. In the group that underwent testing between 2016 and 2017, the proportion of those tested who were HIV positive (70.5%) was higher than in 2020–2022 (58.6%). Among those patients who received testing between 2016 and 2017, there was a higher proportion of patients with a CSF pleocytosis >100 cells/mL and lymphocytic predominance in cellular CSF.

There was significant regional variability in the number of CSF samples submitted for analysis and the proportion that underwent testing with a TB-specific investigation (Figure 2). Hospitals from the 3 largest urban centers in Botswana outside the capital, Francistown, Maun, and Molepolole, submitted the highest proportion of CSF samples for TB-specific investigation, 21.3%-61.3%, 5.4% (43/796) of which were positive. Smaller hospitals tended to send fewer samples and to send a lower proportion of these samples for TB investigation; 8.4% of samples from smaller hospitals received TB testing, with 7.8% (25/320) of these being positive. Samples collected >500 km from NTRL were significantly less likely to receive TB culture than those collected in facilities <500 km from NTRL, 0.4% (4/917) compared with 2.9% (173/6017), and significantly more likely to be analyzed with Xpert MTB/RIF 21.8% (200/917) vs 9.8% (590/6017) (Table 3). The proportion of samples tested for TB that were collected from health care facilities >100 km from NTRL increased with the rollout of Xpert MTB/RIF, from 65.9% (87/132) in 2016-2017 to 78.0% (494/633) in 2020–2022 (*P* < .01) (Table 2).

# DISCUSSION

This study, using robust national surveillance data from Botswana, demonstrates relatively low rates of investigation for TBM, even after the introduction of Xpert MTB/RIF testing. Over time, the rollout of Xpert MTB/RIF increased the proportion of CSF samples undergoing investigation with TB-specific tests, and this increased the overall number of microbiologically confirmed TBM diagnoses. Between 2016 and 2022, 16.1% of CSF samples had investigations for TBM, and 13.9% were tested using relatively sensitive cultures and/or Xpert MTB/RIF. In comparison, the cheap, easy-to-use, and widely available CSF cryptococcal antigen lateral flow (CrAg) assay was used on 63.9% of these CSF samples. The difference in cost might inform this discrepancy to some extent. CrAg costs ~\$2 and Xpert MTB/RIF Ultra \$7.97; therefore, CrAg testing is performed more indiscriminately on CSF samples. However, the major cause of limited TB-specific testing is likely to be due to the small numbers of clinicians initiating investigation for TB. This highlights the potential for expanding diagnostic coverage for TBM if a cheaper, more rapid, easy-to-use, and true point-of-care test for TB becomes available. There are extremely limited data describing the routine use of Xpert MTB/RIF in the context of TBM in resource-limited settings. Botswana is

|                            | Microscopy           |                      |                            | TB Culture           |                      | Successful Xper            | t MTB/RIF or Xp<br>Ultra | bert MTB/RIF         | Patients V<br>Inv          | With Positive TB-S<br>estigation on CSF | oecific              |
|----------------------------|----------------------|----------------------|----------------------------|----------------------|----------------------|----------------------------|--------------------------|----------------------|----------------------------|---|----------------------|
| Total<br>Performed,<br>No. | Negative,<br>No. (%) | Positive,<br>No. (%) | Total<br>Performed,<br>No. | Negative,<br>No. (%) | Positive,<br>No. (%) | Total<br>Performed,<br>No. | Negative,<br>No. (%)     | Positive,<br>No. (%) | Total<br>Performed,<br>No. | Negative, No.<br>(%)                    | Positive,<br>No. (%) |
| 49                         | 48 (98.0)            | 1<br>(2.0)           | 4                          | 3<br>(75.0)          | 1<br>(25.0)          | 11                         | 8<br>(72.7)              | 3<br>(27.3)          | 58                         | 53<br>(91.4)                            | 5<br>(8.6)           |
| 56                         | 56<br>(100)          | 0                    | 25                         | 23<br>(92.0)         | 2<br>(8.0)           | 17                         | 16<br>(94.1)             | 1<br>(5.9)           | 74                         | 71<br>(96.0)                            | 3<br>(4.1)           |
| 49                         | 48<br>(98.0)         | 1<br>(2.0)           | 34                         | 31<br>(91.2)         | 3<br>(8.8)           | 91                         | 84<br>(92.3)             | 7<br>(7.7)           | 138                        | 125 (91.9)                              | 11<br>(8.1)          |
| 70                         | 70<br>(100)          | 0                    | 40                         | 39<br>(97.5)         | 1<br>(2.5)           | 137                        | 133<br>(97.1)            | 4<br>(2.9)           | 211                        | 206 (97.6)                              | 5<br>(2.4)           |
| 44                         | 43<br>(97.7)         | 1<br>(2.3)           | 32                         | 28<br>(87.5)         | 4<br>(12.5)          | 206                        | 188<br>(91.3)            | 18<br>(8.7)          | 247                        | 225 (91.1)                              | 22<br>(8.9)          |
| 25                         | 25<br>(100)          | 0                    | 10                         | 6<br>(0.06)          | 1<br>(10.0)          | 164                        | 151<br>(92.1)            | 13<br>(7.9)          | 185                        | 170 (93.4)                              | 14<br>(7.6)          |
| 41                         | 40<br>(97.6)         | 1<br>(2.4)           | 31                         | 29<br>(93.6)         | 2<br>(6.5)           | 161                        | 154<br>(95.7)            | 7<br>(4.4)           | 201                        | 193 (96.0)                              | 8<br>(4.0)           |
| 334                        | 330 (98.8)           | 4<br>(1.2)           | 176                        | 162<br>(92.1)        | 14<br>(8.0)          | 787                        | 734<br>(93.3)            | 53<br>(6.7)          | 1114                       | 1043 (93.4)                             | 68 (6.1)             |

Table 2. Results of TB-Specific Investigations Performed on CSF Samples in Botswana Between 2016 and 2022

Abbreviations: CSF, cerebrospinal fluid; TB, tuberculosis.



Figure 1. A, Number of CSF samples analyzed each year in Botswana, 2016–2022, with the proportion receiving TB-specific investigation represented in black. Samples from Princess Marina Hospital, Gaborone, were excluded as universal Xpert MTB/RIF Ultra was implemented since 2020. B, Yearly variation of the proportion of TB-specific investigations performed on CSF each year excluding Princess Marina Hospital, Gaborone, 2016–2022. Abbreviations: CSF, cerebrospinal fluid; TB, tuberculosis.

almost uniquely placed to generate these data as a low-resource, high–HIV prevalence Southern African country where routinely collected data are available through electronic health records and patients can be linked through a national identification number.

Previous epidemiological data on adult meningitis etiology in Botswana between 2004 and 2015 reported that cases of TBM only accounted for 1% of all microbiologically confirmed diagnoses nationwide. This contrasted with data from neighboring South Africa, where 25% of adult central nervous system infections were microbiologically confirmed as TBM [8, 20]. While TB incidence in South Africa is more than double that of Botswana, this is unlikely to explain a 25-fold difference in confirmed TBM diagnosis among people presenting with central nervous system infections. A more likely explanation is under investigation for TBM in Botswana as TB culture is only available in the capital, Gaborone, up to 1000 km away from some clinics, and Xpert MTB/RIF was not routinely performed on CSF in 2004–2015.

TB-specific testing was more likely to be performed when clinical features suggestive of TBM such as immunosuppression and pleocytosis were present. However, in the period between 2020 and 2022 there was a trend toward more wide-spread testing and an increase in test positivity from 6.1% to 7.0%. This suggests that the threshold for clinicians to order TB-specific tests was reduced, likely due to easier access through decentralization of TB testing and more widespread use of Xpert MTB/RIF Ultra, which, unlike culture, can deliver immediate results that influence treatment decisions. TB culture, which was the most sensitive test used for diagnosis of TBM pre–Xpert MTB/RIF, was only performed on 4 CSF samples collected >500 km from NTRL in the 7 years of observation, indicating access barriers. While we have focused on the

impact of Xpert MTB/RIF, TB culture remains a key component of investigation for TB meningitis. Sensitivity estimates are higher than Xpert MTB/RIF Ultra, and culture can provide information on antimicrobial susceptibility. However, limited CSF volumes often restrict multiple analyses, and rapid tests that can immediately inform clinician decision-making are often prioritized.

The total number of CSF samples submitted for analysis annually declined during the study period, from 1288 in 2016 to 693 in 2022. A plausible explanation for this is improved antiretroviral therapy (ART) coverage, reducing the number of presentations with suspected central nervous system infections. Botswana is a leader in ART programming in Africa. It was the first African country to offer free ART to its citizens and has recently become one of the first countries globally to surpass the UNAIDS 95–95–95 targets, with recent data demonstrating a decline in the number of cryptococcal meningitis cases [21].

This study has several limitations. Detailed individual patient-level data were not available, including data on changes to management from the results of TB-specific investigations. Some patients may have already been treated empirically when results became available, and therefore the impact of test positivity on management is not known. While this study was not designed to report TBM incidence in Botswana but rather to describe the changes in TB-specific investigation following the rollout of Xpert MTB/RIF, the frequency of TBM diagnosis is likely underestimated in our study for several reasons. First, electronic data capture was not complete due to unreliable internet connectivity and power interruptions, and during these periods results were disseminated locally on paper. These paper records were not captured as part of this analysis, and triangulation against other reliable datasets



Figure 2. Geospatial size and frequency representation of the number of CSF samples analyzed in government health care facilities in Botswana and the proportion that undergo TB testing in Botswana. Abbreviations: CSF, cerebrospinal fluid; TB, tuberculosis.

demonstrated that they accounted for up to 10% of all laboratory records. Private hospitals and 1 hospital linked to a mining development do not upload data to the electronic IPMS, and data from these sites were not captured. We also are unable to comment on any intersite variation regarding pre-analytical processing of CSF that may have impacted the yield of Xpert MTB/RIF such as sample volume or prior centrifugation.

In addition to potential missed diagnoses resulting from our study methodology including only electronic records, all currently available TBM investigations have imperfect sensitivity, and furthermore a significant proportion of patients will never receive any TB-specific investigation for TBM. As such, TBM case frequency will be markedly under-reported, and due to limited clinical data in our data set, we were unable to reliably utilize uniform clinical case definitions for TBM to attempt to correct for this.

Despite some encouraging trends toward increased testing for TBM in patients presenting with suspected central nervous system infections, the rates of investigation remain comparatively low despite excellent Xpert MTB/RIF availability. This study demonstrates that the introduction of decentralized rapid molecular testing for TBM with relatively modest sensitivity increased the rate of TB-specific investigations and the number of Table 3. (1) Comparison of Laboratory Data of Patients who Underwent Investigation for Suspected TBM With TB-Specific Investigations and Those who Did Not; (2) Comparison of Patients who Received TB Testing Before and After the Widespread Rollout of Xpert MTB/RIF and Xpert MTB/RIF Ultra

|  | Total<br>(n = 6934),<br>% (No.)                                | Did Not Receive<br>TB Testing<br>(n = 5820),<br>% (No.)                                   | Received<br>TB Testing<br>(n = 1114),<br>% (No.) | <i>P</i> Value           | Samples Analyzed With<br>TB-Specific Investigations<br>in Early Xpert MTB/RIF Rollout Period<br>(n = 132),<br>% (No.) | Samples Analyzed With<br>TB-Specific Investigations<br>in Late Xpert MTB/RIF Rollout Period<br>(n = 633),<br>% (No.) | PValue     |
|--|--|---|--|--------------------------|---|--|------------|
| Age, median (IQR), y   | 36.1<br>(19.6–46.0)  | 35.2<br>(15.6–45.6)   | 39.1<br>(29.3–48.3)                              | <.01                     | 38.4<br>(31.7–45.1)   | 39.9<br>(29.1–47.8)  | .63        |
| Female   | 45.3<br>(3137)   | 45.3<br>(2634)  | 45.2<br>(503)                                    | .94                      | 44.7<br>(59)  | 42.3<br>(268)  | .62        |
| HIV-positive   | 52.7<br>(3651)   | 51.0<br>(2968)  | 61.3<br>(683)                                    | <.01                     | 70.5<br>(93)  | 58.6<br>(371)  | .01        |
| CD4, median (IQR),ª cells/µL   | 204<br>(58–455)  | 207<br>(58–458)   | 196<br>(53–421)                                  | .21                      | 163<br>(47–400)   | 202<br>(53-456)  | .33        |
| CD4 <200 cells/µL (if CD4 known)   | 49.,4<br>(1515)  | 50.9<br>(1227)  | 50.6<br>(288)                                    | .51                      | 55.4<br>(46)  | 49.8<br>(149)  | .37        |
| CSF WCC > 10 cells/mm $^3$ (if CSF WCC known) <sup>b</sup>   | 20.9<br>(1097)   | 20.1<br>(880)   | 24.8<br>(217)                                    | <.01                     | 29.4<br>(30)  | 24.4<br>(120)  | .29        |
| CSF WCC >100 cells/mm <sup>3</sup> (if CSF WCC known) <sup>b</sup>   | 9.5<br>(499)   | 9.2<br>(405)  | 10.7<br>(94)                                     | .17                      | 17.7<br>(19)  | 10.4<br>(51)   | .04        |
| Lymphocytic pleocytosis  | 36.8<br>(313)  | 37.2<br>(250)   | 35.6<br>(63)                                     | .70                      | 41.7<br>(150)   | 31.5<br>(79)   | .01        |
| CSF protein, median (IQR),° mg/mL  | 0.65<br>(0.31–1.59)  | .63<br>(0.30–1.50)  | 0.75<br>(0.36–1.80)                              | <.01                     | 1.31<br>(0.41–3.48)   | 0.81<br>(0.35–1.80)  | .28        |
| CSF protein >1 mg/mL (if CSF protein known)  | 35.9<br>(584)  | 34.4<br>(463)   | 43.4<br>(121)                                    | <.01                     | 53.9<br>(14)  | 41.9<br>(129)  | .26        |
| CSF glucose, median (IQR), <sup>d</sup> mmol/L   | 3.36<br>(2.42–4.23)  | 3.38<br>(2.46–4.24)   | 3.24<br>(2.35–4.13)                              | .14                      | 3.09<br>(2.05–3.77)   | 3.37<br>(2.35–4.32)  | .06        |
| CSF glucose <2.2 mmo//L (if CSF glucose known)   | 20.8<br>(749)  | 20.7<br>(604)   | 21.6<br>(145)                                    | .60                      | 26.0<br>(19)  | 21.4<br>(82)   | .38        |
| Extraneural sample with <i>M.Tb</i> detected in last 3 mo <sup>e</sup>   | 1.7<br>(115)   | 1.5<br>(88)   | 2.4<br>(27)                                      | .03                      | 2.3<br>(3)  | 2.8<br>(18)  | .72        |
| Distance >100 km from sample collection site to TB culture facility (National TB Reference Laboratory)   | 66.2<br>(4590)   | 64.9<br>(3775)  | 73.2<br>(815)                                    | <.01                     | 65.9<br>(87)  | 78.0<br>(494)  | <.01       |
| Abbreviations: CSF, cerebrospinal fluid; IOR, interquartile range; TB,<br><sup>a</sup> CD4 count was unknown in 55.7% (3865/6934) of patients overall, in<br>of those who had TB testing in 2016–2017 and 52.7% (334/633) of : | , tuberculosis; TBN<br>n 57.0% (3320/5820<br>those who had tes | l, tuberculous meningitis<br>)) of those who did not ha<br>ting in $2020-2022$ ( $P < .0$ | ;; WCC, white cell<br>we TB testing, and<br>31). | count.<br>in 48.9% (545, | 1114) of those who did ( $P<.01$ ). Among those wh  | o had TB testing, CD4 count was unknown in 37.1  | % (49/132) |

CSF WCC was unknown in 24.3% (1677/6834) of patients overall, in 24.7% (1439/5820) of those who did not have TB testing, and in 21.4% (238/1114) of those who did (P=. 06). Among those who had TB testing, CSF WCC was unknown in 22.7% (30/32) of those who had TB testing in 2016–2017 and 22.4% (142/633) of those who had testing in 2020–2022 (P=.68).

CSF protein was unknown in 76.6% (5308/6934) of patients overall, in 76.9% (4473/5820) of those who did not have TB testing, and in 75.0% (835/1114) of those who did (P = -42). Among those who had TB testing, CSF protein was unknown in 80.3% (106/132) of those who had TB testing in 2016–2017 and 76.9% (504/633) of those who had testing in 2020–2022 (P = :86).

<sup>c</sup>CSF glucose was unknown in 48.1% (3338/6934) of patients overall, in 49.8% (2896/5820) of those who did not have TB testing, and in 39.7% (442/1114) of those who did (P < .01). Among those who had TB testing, CSF glucose was unknown in 44.7% (59/132) of those who had TB testing in 2016–2017 and 39.3% (249/633) of those who had testing in 2020–2022 (P = .25).

The source of the extraneural sample was spurum in 69.6% (80/115), gastric aspirate in 11.1% (13/115), pleural fluid in 1.7% (2/115), pus in 1.7% (2/115), and unknown in 11.3% (18/115).

microbiologically confirmed TBM diagnoses. Whether the increase in diagnoses translates into improved patient outcomes is currently unknown.

#### Acknowledgments

*Financial support.* This work was funded by the National Institute for Health Research (NIHR) through a Global Health Research Professorship to J.N.J. (RP-2017-08-ST2- 012) using UK aid from the UK Government to support global health research. The views expressed in this publication are those of the authors and not necessarily those of the NIHR or the UK Department of Health and Social Care.

**Potential conflicts of interest.** J.M. and J.N.J. have received investigatorinitiated funding from bioMerieux. A.A. has received research support from ViiV Healthcare and Viatris Pharmaceuticals. All other authors report no potential conflicts.

#### References

- Wilkinson RJ, Rohlwink U, Misra UK, et al. Tuberculous meningitis. Nat Rev Neurol 2017; 13:581–98.
- Stadelman AM, Ellis J, Samuels THA, et al. Treatment outcomes in adult tuberculous meningitis: a systematic review and meta-analysis. Open Forum Infect Dis 2020; 7:ofaa257.
- 3. Chakravorty S, Simmons AM, Rowneki M, et al. The new Xpert MTB/RIF Ultra: improving detection of *Mycobacterium tuberculosis* and resistance to rifampin in an assay suitable for point-of-care testing. mBio **2017**; 8:e00812-17.
- van Zyl-Smit RN, Binder A, Meldau R, et al. Comparison of quantitative techniques including Xpert MTB/RIF to evaluate mycobacterial burden. PLoS One 2011; 6:e28815
- Donovan J, Thwaites GE, Huynh J. Tuberculous meningitis: where to from here? Curr Opin Infect Dis 2020; 33:259–66.
- Ssebambulidde K, Gakuru J, Ellis J, Cresswell FV, Bahr NC. Improving technology to diagnose tuberculous meningitis: are we there yet? Front Neurol 2022; 13:892224.
- Ellis J, Bangdiwala AS, Cresswell FV, et al. The changing epidemiology of HIV-associated adult meningitis, Uganda 2015–2017. Open Forum Infect Dis 2019; 6:ofz419.
- Jarvis JN, Meintjes G, Williams A, Brown Y, Crede T, Harrison TS. Adult meningitis in a setting of high HIV and TB prevalence: findings from 4961 suspected cases. BMC Infect Dis 2010; 10:67.

- 9. Sheu J-J, Yuan R-Y, Yang C-C. Predictors for outcome and treatment delay in patients with tuberculous meningitis. Am J Med Sci **2009**; 338:134–9.
- Boehme CC, Nabeta P, Hillemann D, et al. Rapid molecular detection of tuberculosis and rifampin resistance. N Engl J Med 2010; 363:1005–15.
- 11. World Health Organization. Automated Real-Time Nucleic Acid Amplification Technology for Rapid and Simultaneous Detection of Tuberculosis and Rifampicin Resistance: Xpert MTB/RIF System for the Diagnosis of Pulmonary and Extrapulmonary TB in Adults and Children. World Health Organization; 2013. Available at: www.who.int. Accessed 30 October 2023.
- World Health Organization. WHO Meeting Report of a Technical Expert Consultation: Non-Inferiority Analysis of Xpert MTB/RIF Ultra Compared to Xpert MTB/RIF. World Health Organization; 2017. Available at: http://apps. who.int/bookorders. Accessed 30 October 2023.
- Cresswell FV, Tugume L, Bahr NC, et al. Xpert MTB/RIF ultra for the diagnosis of HIV-associated tuberculous meningitis: a prospective validation study. Lancet Infect Dis 2020; 20:308–17.
- Denkinger CM, Schumacher SG, Boehme CC, Dendukuri N, Pai M, Steingart KR. Xpert MTB/RIF assay for the diagnosis of extrapulmonary tuberculosis: a systematic review and meta-analysis. Eur Respir J 2014; 44:435–46.
- Donovan J, Thu DDA, Phu NH, et al. Xpert MTB/RIF Ultra versus Xpert MTB/ RIF for the diagnosis of tuberculous meningitis: a prospective, randomised, diagnostic accuracy study. Lancet Infect Dis 2020; 20:299–307.
- Joint United Nations Programme on HIV/AIDS (UNAIDS). HIV and AIDS estimates—Botswana. Available at: https://www.unaids.org/en/regionscountries/ countries/botswana. Accessed 6 November 2023.
- UNICEF. UNICEF Country Profile. Available at: https://www.unicef.org/ botswana/health-and-nutrition. Accessed 16 August 2023.
- Auld AF, Agizew T, Pals S, et al. Implementation of a pragmatic, stepped-wedge cluster randomized trial to evaluate impact of Botswana's Xpert MTB/RIF diagnostic algorithm on TB diagnostic sensitivity and early antiretroviral therapy mortality. BMC Infect Dis 2016; 16:606.
- Tenforde MW, Mokomane M, Leeme TB, et al. Mortality in adult patients with culture-positive and culture-negative meningitis in the Botswana National Meningitis Survey: a prevalent cohort study. Lancet Infect Dis 2019; 19:740–9.
- Tenforde MW, Mokomane M, Leeme T, et al. Epidemiology of adult meningitis during antiretroviral therapy scale-up in Southern Africa: results from the Botswana National Meningitis Survey. J Infect 2019; 79:212–9.
- Milburn J, Ntwayagae O, Suresh R, et al. Tracking cryptococcal meningitis to monitor HIV program success during the treat-all era: an analysis of national data in Botswana. Clin Infect Dis 2024; 79:462–8.