Imaging Features of Aggressive Giant Cell Tumors of the Mobile Spine: Retrospective Analysis of 101 Patients From Single Center

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Bei Yuan, MD^{1,2}, Lihua Zhang, MD³, Shaomin Yang, MD⁴, Hanqiang Ouyang, MD¹, Songbo Han, MD³, Liang Jiang, MD¹, Feng Wei, MD¹, Huishu Yuan, MD³, Xiaoguang Liu, MD¹, and Zhongjun Liu, MD¹

Abstract

Study Design: Retrospective study.

Objectives: Giant cell tumors (GCTs) of the mobile spine can be locally aggressive. This study described and classified the typical and atypical appearance of aggressive spinal GCTs according to imaging findings to help the imaging diagnosis, especially for patients with rapid neurological deficit that may require emergent surgery without biopsy.

Methods: Computed tomography (CT) and magnetic resonance imaging (MRI) scans of patients diagnosed with aggressive spinal GCTs at single center were reviewed.

Results: Overall, 101 patients with 100 CT images and 94 MR images were examined. All lesions were osteolytic with cortical destruction; 95 lesions showed epidural extension; 90 were centered in the vertebral body; 82 showed pathological fracture and/ or collapse of the vertebral body; 78 had pseudotrabeculation on CT; 80 showed low-to-iso signal intensity or heterogeneous high-signal intensity with cystic areas on the T2-weighted images; 9 showed fluid–fluid level on T2-weighted images; and 61 patients showed marked enhancement on contrast-enhanced CT and/or MRI. Forty-one lesions (40.6%) had at least 1 atypical radiographic feature: 19 involved \geq 2 segments; 11 were centered in the posterior neural arch; 10 had a paravertebral mass over 2 segments; 16 showed partial margin sclerosis with partial cortical destruction on CT scans; and 3 showed mineralization within the tumor on CT. Eighty-eight patients underwent CT-guided biopsy with a diagnostic accuracy rate of 94.3%.

Conclusions: Spinal GCTs might appear more radiologically atypical, and about 40% of the lesions may have at least 1 atypical feature. CT-guided biopsies are recommended for definitive diagnosis.

Keywords

giant cell tumor, spine, atypical, imaging features

Introduction

Giant cell tumors (GCTs) of the bone are relatively common primary benign bone tumors, accounting for approximately 5% of all primary bone tumors in Western populations¹ and 20% in East Asian populations.² GCTs most frequently occur in young adults aged between 20 and 40 years, originating in the metaphyseal-epiphyseal area, with 70%-80% of GCTs being active lesions (Enneking Stage 2 [S2]).^{3,4} On radiographs, they are typically eccentric, well-defined geographic lucent lesions with a non-sclerotic rim, centered in the metaepiphysis and extending into the subarticular bone.⁵

- ¹ Orthopaedic Department, Peking University Third Hospital, Haidian District, Beijing, China
- ² Peking University Health Science Center, Haidian District, Beijing, China
- ³ Department of Radiology, Peking University Third Hospital, Haidian District, Beijing, China
- ⁴ Department of Pathology, Peking University Third Hospital, Haidian District, Beijing, China

Corresponding Authors:

Liang Jiang and Zhongjun Liu, Orthopaedic Department, Peking University Third Hospital, No. 49 North Garden Road, Haidian District, Beijing 100191, China.

Emails: jiangliang@bjmu.edu.cn; liuzj@ bjmu.edu.cn

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The incidence of GCTs in the mobile spine is 1.4%-9.4%.⁶ Most spinal GCTs are aggressive (Enneking Stage 3 [S3]) and may involve soft-tissue masses extending into the spinal canal, which might lead to rapid neurological deficit and might require emergent surgery.⁶⁻⁸ Furthermore, the accuracy of computed tomography (CT)-guided biopsy is about 61–93%.⁹⁻¹¹ In this circumstance, radiological features are very important, especially when a percutaneous biopsy is not available or misleading. According to their radiological features, spinal GCTs might appear more atypical than GCTs in the extremities and could lead to misdiagnosis.^{6,12} Atypical manifestations of spinal GCTs include lesions located in the neural arch, involving more than 1 vertebra segment and/or over 2 segments of paraspinal soft tissue mass, and presence of partial sclerotic margins with partial cortical destruction.12-15

There are few in-depth reports of radiographic features associated with aggressive GCTs of the mobile spine, which limited to case reports or a few examples,¹⁵⁻¹⁷ and there is no systematic summary of the atypical imaging features of spinal GCT. Since extensive knowledge of radiological features associated with spinal GCTs is important for clinical diagnosis, especially for patients with rapid neurological deficit which may require emergent surgery without biopsy, this study aimed to retrospectively review CT and magnetic resonance imaging (MRI) findings of patients with aggressive spinal GCT to describe and categorize typical and atypical features to help the imaging diagnosis.

Materials and Methods

Study Participants

The study design was approved by the appropriate hospital ethics committee (number IRB00006761-M2020255) and consent for the study was waived due to the de-identified retrospective review of data. Pretreatment data from 161 patients diagnosed with aggressive spinal GCTs confirmed pathologically from December 2001 to May 2020 at the participating institution was analyzed in a blind manner by an experienced radiologist, orthopedist, and pathologist.

Inclusion criteria included complete CT or MR images before treatment, showing aggressive lesion features (S3, extending to the epidural and/or paravertebral space) and pathological diagnosis of GCT. Exclusion criteria included lack of complete preoperative images, pathological diagnoses other than GCT, and GCT without aggressive features (S1 or S2). Forty-seven patients were excluded due to a lack of ideal pre-treatment imaging, and 13 patients were excluded for the final pathological diagnosis of other tumors. There were no patients with S1 or S2 lesions. Finally, 101 patients were included in our study. Clinical information for the 101 patients was collected, including age at presentation, sex, medical history, symptom duration, and neurological function.

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Imaging Procedures and Analysis

Overall, 100 patients underwent CT at the study site and 63 simultaneously underwent enhanced CT. All scans were performed with a GE Light Speed 64-slice CT scanner (General Electric, Boston, MA, USA) with a 120-kV tube voltage, 200-300-mA tube current, 3-mm slice thickness, 3-mm interval, and pitch = 1. In the enhanced scan, a non-ionic iodine-containing contrast medium was injected into the patient with a high-pressure syringe at a 3-mL/s rate and a 2-mL/kg dose.

Ninety-four patients had MRI performed at the study site and 42 patients simultaneously underwent enhanced scans. MRI was conducted using the 3-T Magnetom Trio (Siemens, Munich, Germany) and body phased-array coils with patients in the supine position. The parameters were as follows: sagittal turbo-spin echo (TSE) T1-weighted (TR [repetition time]/ TE [echo time], 550 ms/11 ms), TSE T2-weighted (TR/TE, 2800 ms/109 ms), T2 reverse response sequence (TR/TE, 3440 ms/102 ms; inversion time, 200 ms), field of view (FOV) 280 · 280 mm, and axial T2-multiple echo in 2 dimensions (TR/TE, 806 ms/14 ms). Slice thicknesses and slice gaps of 3 and 0.8 mm, respectively, were utilized for all procedures. For enhanced scans, the gadolinium contrast agent gadolinium-diethylenetriaminepentaacetate (Gd-DTPA) was injected through the elbow veins at a 0.2-mmol/kg dose and 2-mL/s rate.

All these images of spinal GCT were analyzed by an experienced radiologist and an experienced surgeon in blind manner. We classify the widely accepted radiological features as typical, and features which are rarely mentioned (only case report) as atypical. Typical radiological features include osteolytic lesion, destruction of cortical bone, pathological fracture, centered in the vertebral body, epidural extension, expansile lesion, pseudotrabeculation on CT scan, low to intermediate signal intensity on the T1-weighted image, low-to-iso signal intensity or heterogeneous high-signal intensity with cystic areas on the T2-weighted image, a curvilinear area of low signal intensity on T1- and/or T2-weighted image, fluid-fluid level on T2-weighted images and marked enhancement on contrast-enhanced CT and/or MR. Atypical radiological features include involving ≥ 2 segments, involvement of adjacent bony structure such as the ribs, a huge paravertebral mass with relatively slight bony destruction, centered in the posterior elements, partial margin sclerosis and mineralization within the tumor on CT.

Statistical Analyses

All collected data was analyzed with use of SPSS 23.0. Categorical variables are presented with frequencies and percentages and continuous variables as medians. Categorical variables were compared using chi-square or Fisher exact tests, and continuous variables were compared using the Student's t or Mann-Whitney U test. Significance was set a priori at p < 0.05 for all analyses.

Literature Review

A review of published radiographic studies reporting on aggressive spinal GCTs over the past 20 years was conducted using PubMed, Springer, Ovid, and EBSCO databases. Articles were included if they described a confirmed diagnosis of aggressive spinal GCTs (S3) and included CT and/or MRI images. All typical and atypical features were grouped according to the diagnostic standards used in the present study.

Results

Patients

All 101 patients (44 males and 57 females, 1:1.3 ratio) had S3 lesions, and no patients with S1 or S2 lesions were found in the study-site database. The average age at diagnosis was 32.5 years (range, 7-71 years) and most incidences occurred when patients were in their 30s (n = 38) and 40s (n = 23). All patients had confirmed pathological diagnosis based on CT-guided percutaneous biopsies and/or open surgical procedure.

Clinical Data

The average time between the presentation of symptoms and clinical diagnosis was 5.9 months (range, 0.6-24 months). Local pain was the most common symptom, experienced by 86.1% (87/101) of the patients. In addition, 79.2% (80/101) of the patients experienced neurological deficits including radiculopathy (58.4%, 59 patients), myelopathy (40.6%, 41 patients) and/or cauda equina syndrome (7.9%, 8 patients).

Radiographic Findings

Location. Among 101 patients, 99 had only one lesion and 2 had lung metastases. In total, 36, 40, 23, and 2 lesions originated in the cervical spine, thoracic spine, lumbar spine, and cervico-thoracic junction, respectively. Ninety lesions (89.1%) occurred in the vertebral body, of which 82 extended to the neural arch (Figure 1), while 11 lesions (10.9%) were centered in the posterior elements and all of these extended to the vertebral body (Figure 2).

At diagnosis, 82 lesions (81.2%) involved only 1 segment, 11 lesions (10.9%) involved 2 adjacent segments, and 8 lesions (7.9%) involved 3 adjacent segments (Figure 3). Seven lesions involved adjacent ribs (Figure 3D). Among 19 lesions involving over 1 segment, one extended into the ventral part of the cranial and caudal vertebral body, indicating that the tumor might extend through the anterior longitudinal ligament (Figure 4A, B); 4 lesions involved the dorsal part of the adjacent vertebral bodies, indicating that the tumor might extend through the posterior longitudinal ligament (Figure 4C); 2 lesions involved multiple adjacent articular facets, indicating that the tumor might extend through the ligament of the facet joint (Figure 4D, E).

All patients had S3 lesions, 6 lesions extended into the paravertebral area, 5 lesions to the spinal canal, and 90 lesions to both the paravertebral area and spinal canal. Forty-eight lesions (47.5%) compressed the spinal cord (Figure 5). Ten lesions had a huge paravertebral mass extending over 2 segments with slight bone destruction and were classified as paravertebral type (Figure 6). These lesions were located on the edge of the thoracic vertebrae and expanded into the thoracic cavity except 1 located in the cervical vertebrae. In these 10 lesions, the average symptom duration was 3.7 months and 4 patients had neurological deficits, of which 1 had radiculopathy and 3 had myelopathy, including Frankel grade C (1), D (2), and E (1).

CT findings. In total, 100 patients had CT scans and all lesions were osteolytic with cortical destruction (discontinuous or incomplete). Overall, 82 lesions showed collapse of the vertebral body and/or pathological fracture (Figure 1), 78 lesions had pseudotrabeculation (Figure 5A), and 74 lesions were expansile. Partial margin sclerosis was observed in 16 lesions (Figure 7) and mineralization within the tumor was observed in 3 lesions, manifested as striped high-density shadows in the rim of the paravertebral mass on CT scans (Figure 6).

MRI findings. In total, 94 patients had MRI, and all lesions had low to intermediate signal intensity on the T1-weighted image, including 10 lesions (10.6%) contained small high-signalintensity areas, suggesting recent hemorrhage (Figure 8). Fifty-eight lesions (61.7%) show a curvilinear area of low signal intensity on T1- and/or T2-weighted images, which may correspond to bony septa or hemosiderin deposit on CT (Figure 8). On T2-weighted images, we divided the signal into 4 types: (a) significantly low signal intensity (6 lesions, 6.4%); (b) low-to-iso signal intensity with or without cystic highsignal areas (48 lesions, 51.1%); (c) heterogeneous highsignal intensity with many cystic areas (32 lesions, 34.0%); (d) homogeneous high-signal intensity (8 lesions, 8.5%) (Figure 9). Furthermore, 9 lesions (9.57%) showed a fluid– fluid level on T2-weighted images (Figure 2B).

Enhancing pattern. In total, 72 patients underwent contrastenhanced CT and/or MR scan and showed marked (61, 84.7%), moderate (8, 11.1%), and mild (2, 2.8%) enhancement, and 1 case (1.1%) was unenhanced.

Typical and atypical radiographic features. Typical radiological features included: (1) osteolytic lesion (n = 101100%); (2) destruction of cortical bone, manifested as discontinuous or incomplete (n = 101100%); (3) collapse of the vertebral body and/or pathological fracture (n = 82, 82.0%); (4) lesions centered in the vertebral body (n = 90, 89.1%); (5) epidural extension (n = 95, 94.1%), and compressing the spinal cord (n = 48, 47.5%); (6) expansile lesion (n = 74, 73.3%); (7) pseudotrabeculation on CT scan (n = 78, 78.0%); (8) low to intermediate signal intensity on the T1-weighted image (n = 94100%); (9) low-to-iso signal intensity or heterogeneous high-signal intensity with cystic areas on the T2-weighted image (n = 80, 85.1%); (10) a curvilinear area of low signal intensity on T1-and/or T2-weighted image (n = 58, 61.7%); (11) fluid–fluid level on T2-weighted images(n = 9, 9.57%); (12) marked



Figure 1. Imaging from a 32-year-old man with a typical aggressive giant cell tumor at C4. The patient had local pain in the neck and right shoulder for 12 months (Frankel E). A, Axial CT scan shows an expansile, osteolytic lesion centered in the vertebral body of C4, extending to the right pedicle of the vertebral arch. The cortical bone is also destroyed. B, A sagittal CT scan shows the pathological fracture and collapse of the vertebral body. C, Axial T2-weighted MRI shows the epidural extension. D, Contrast-enhanced MRI shows the marked enhancement. E and F, Sagittal T1-weighted and T2-weighted MRI show intermediate and hypointense signals, respectively.

enhancement on contrast-enhanced CT and/or MR (n = 61, 84.7%).

Atypical features included: (1) GCT involving ≥ 2 segments (n = 19, 18.8%), involvement of adjacent bony structure (n = 7, 6.9%); (2) paravertebral subtype defined by a huge paravertebral mass with relatively slight bony destruction (n = 10, 9.9%); (3) lesions centered in the posterior elements (n = 11, 10.9%); (4) partial margin sclerosis on the CT scan (n = 16, 16.0%); (5) mineralization within the tumor on CT (n = 3, 3.0%).

Lesions in 41 patients (40.6%) had at least 1 atypical radiographic feature, of these, 28 had only 1 atypical feature, 9 had 2 atypical features, 3 had 3 atypical features, and 1 had 4 atypical features. Differences in age, sex, symptom duration, lesion location, and Frankel grade between patients with aggressive GCTs with and without atypical radiographic features are summarized in Table 1. Lesion distribution was the only significantly different radiographic feature between groups (p = 0.016). Patients in the atypical group were older and had a longer time between symptom presentation and diagnosis, but these differences were not significant.

Percutaneous CT-Guided Biopsy

Thirteen patients underwent emergent surgery without preoperative pathology due to dyspnea and/or severe spinal cord injury. Eighty-eight patients (87.1%) underwent percutaneous



Figure 2. Imaging from a 37-year-old man who experienced severe back pain for 2 months. A, Axial CT scan shows an expansile osteolytic lesion centered in the pedicle of T5 and extending to the spinal canal. B, Axial T2-weighted MRI showed the presence of the fluid–fluid level (black arrow). C, Sagittal T1-weighted MRI shows low-to-intermediate signal intensity. D, Sagittal T2-weighted MRI shows intermediate signal intensity. E, Axial MRI shows marked enhancement after the administration of gadolinium.

CT-guided biopsy, including 37 patients with atypical features and 51 patients without atypical features, and 83 patients (94.3%) were pathologically confirmed with GCTs. In the atypical group, 3 patients (8.1%) were misdiagnosed with a brown tumor, aneurysmal bone cyst, and GCT of the tendon sheath. In the typical group, 2 patients (3.9%) were misdiagnosed with osteoblastoma and aneurysmal bone cyst.

Literature Review

We reviewed studies on aggressive GCT published over the past 20 years according to PRISMA statement, and 52 studies were involved (Figure 10).¹⁵⁻⁶⁶ There were 60 patients with 53 CT scans and 39 MRI scans, of whom 21 patients underwent enhanced scans simultaneously. The typical and atypical features were summarized according to the diagnostic standards in the present study (Table 2) and the frequency of the features was similar. Lesions in 24 patients (40.0%) had at least 1

atypical radiographic feature, of which 16 had only 1 atypical feature, 6 had 2 atypical features, and 2 had 3 atypical features.

Discussion

In this study, we analyzed radiographic data from 101 patients with aggressive GCT of the mobile spine and classified the features as typical or atypical. The results indicate that about 40% of the GCTs exhibit at least one atypical feature. The results add to existing knowledge on the incidence and types of radiological features associated with spinal GCTs and are consistent with previous literature.^{4,13,14,67} In this series, spinal GCTs are more likely to occur in patients aged between 20 and 40 years and have a slightly higher incidence in women, the average time between symptomatic presentation and clinical diagnosis is 5.9 months, and local pain is the most common symptom. Furthermore, 2% (2/101) of patients had pulmonary metastasis, which was reported to occur in 2-3% of patients with GCTs at diagnosis.^{67,68} We briefly reviewed data on



Figure 3. Imaging from a 37-year-old man who experienced local pain in the neck, upper back, and left shoulder for 4 months. A, Coronal CT scan shows an expansile, osteolytic lesion with a huge mass lesion formation in the paravertebral area at T1 and T2, belonging to the paravertebral type. B, Sagittal CT scan shows the destruction of the cortical bone and the pathological fracture of T2. C and D, Axial CT scan shows the involvement of the vertebral body of T1, T2, and the second rib.

aggressive spinal GCT, and the frequency of typical and atypical features was similar to that observed in our study. To our knowledge, this is the largest analysis of the imaging features of aggressive GCT of the spine, especially for the atypical imaging features which are only mentioned in several case reports.

The paravertebral type of GCT, manifesting as a huge paravertebral mass extending over 2 segments with slight bone destruction, has only been presented in a few case reports.³⁰ These lesions are usually located on the edge of thoracic vertebrae, expand into the thoracic cavity, and are associated with slight neurological deficits. Its radiological features might lead to misdiagnosis as a malignant tumor. In the present study, the 10 patients with paravertebral type had an average symptom duration of 3.7 months and 4 patients had slight neurological deficits, including one Frankel grade C. This may be because the lesions develop slowly over a long period. Intralesional bleeding might make the lesions symptomatic, leading to diagnosis.

GCT in the extremities rarely extends to the adjacent bone, while in this study, the lesions extended to adjacent vertebrae in 19 patients and adjacent ribs in 7 patients. Tomita et al. suggested that metastatic tumors might extend to adjacent vertebrae through anterior and/or posterior longitudinal ligaments. It seems that the GCTs extend through other ligaments such as the capsule of articular facets and the costotransverse joint (Figure 4).

GCTs in the extremities are usually eccentric, while this is not typical in the spine. Spinal GCT is usually located in the vertebral body, accounting for approximately 85-100% of cases according to the literature.^{6,15,17} In our series, lesions arose from the vertebral body in 90 patients and the posterior neural arch in 11 patients. GCT lesions centered in the posterior elements should be differentially diagnosed from



Figure 4. A and B, A giant cell tumor of C7-T2 in a 35-year-old woman, sagittal CT scan (A) shows a compression fracture of T1. Sagittal T2weighted MRI (B) shows involvement of the ventral part of multiple adjacent vertebral bodies, indicating the tumor might extend through the anterior longitudinal ligament. C, A giant cell tumor of C7-T2 in a 36-year-old woman. The sagittal CT scan shows involvement of the dorsal part of the multiple adjacent vertebral bodies, indicating the tumor extended through the posterior longitudinal ligament. D and E, A giant cell tumor of T7-T8 in a 46-year-old man, sagittal and coronal CT scans show the involvement of the adjacent facet joint, indicating the tumor might extend through the interspinous ligament or the ligament of the facet joint.







Figure 6. Imaging from a 40-year-old woman who experienced severe back pain for 3 months. A, Sagittal CT scan shows osteolytic lesions at T4 and T5. B and C, Sagittal and coronal CT scans show a huge mass lesion formation in the paravertebral area, and mineralization is seen in the rim of the paravertebral mass (black arrows).



Figure 7. Imaging from a 27-year-old woman who experienced severe pain of low back for 8 months. Axial and sagittal CT scans show an osteolytic lesion with a partly sclerotic margin (white arrows) at T12.



Figure 8. Imaging from a 26-year-old man who experienced low back pain with radiating pain to the left lower extremity for 6 months (Frankel D). Sagittal CT scan (A) shows an aggressive GCT lesion at LI with long bony septa. Sagittal TI-weighted (B) and T2-weighted (C) MRI show a curvilinear low signal area (white arrows) within the mass, corresponding to bony septa on CT. There is a small high-signal-intensity area on TI-weighted MRI (black arrow), suggesting a relatively recent hemorrhage.



Figure 9. A, Giant cell tumor of C2 in a 55-year-old woman with the T2-weighted MRI showing significantly low signal intensity. B, Giant cell tumor of L4 in a 39-year-old man with the T2-weighted MRI showing homogeneous low to intermediate signal intensity. C, Giant cell tumor of L5 in a 23-year-old woman with the T2-weighted MRI showing heterogeneous high-signal intensity with multiple cystic changes. D, Giant cell tumor of C2 in a 16-year-old woman, T2-weighted MRI shows homogeneous high-signal intensity.

Table I. Comparison of Patient Characteristics in the	Typical and Atypical Group
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Factors	Typical Group $(N = 60)$	Atypical Group $(N = 41)$	T, Z, or Chi-Square Value	P Value
Ασε* (ν)	312 + 140	345 + 114	_1 230	0 222
Sex (female/male)	35/25	22/19	0.216	0.642
Symptom duration [†] (month)	3.0 (4.0)	4.0 (7.0)	-1.194	0.233
Main lesion location			9.217	0.016
Cervical	26	10		
Thoracic	18	22		
Lumbar	16	7		
Crossed the cervico-thoracic junction	0	2		
Frankel grade			2.706	0.445
В	I	0		
С	6	I		
D	19	14		
E	34	26		

*The values are given as the mean and the standard deviation. †The values are given as the median, with the interquartile range in parentheses.



Figure 10. Flow of information through the different phases of literature review. CT, computed tomography; GCT, giant cell tumor; MRI, magnetic resonance imaging.

Typical features	No. (%) of cases	Atypical features	No. (%) of cases
Osteolytic lesion	60 (100%)	Involving >2 segment	10 (16.7%)
Expansile lesion	47 (78.3%)	Paravertebral type	7 (11.7%)
Destruction of cortical bone	53 (100%)	Lesions centered in the posterior elements	8 (13.3%)
Collapse of the vertebral body	38 (71.7%)	Partial margin sclerosis on CT scan	8 (15.1%)
Centered in the vertebral body	52 (86.7%)	Mineralization within the tumor	I (I.9%)
Epidural extension	56 (93.3%)		
Compressing the spinal cord	29 (48.3%)		
Pseudotrabeculation on CT	40 (75.5%)		
Low to intermediate signal intensity on the TI-weighted image	38 (97.4%)		
Low-to-iso signal intensity or heterogeneous High-signal intensity with cystic areas on the T2-weighted image	33 (84.6%)		
Fluid-fluid level on T2-weighted images	4 (10.3%)		
A curvilinear area of low signal intensity on MRI	22 (56.4%)		
Marked enhancement on contrast-enhanced CT and/or MR	16 (76.2%)		

Table 2. Summary of Typical and Atypical Features Observed in a Review of the Literature.^a

^a CT and/or MRI reviewed for 60 patients from 52 studies published in the past 20 years.

osteoblastoma, a primary aneurysmal bone cyst, and GCT of the tendon sheath.

Although GCT is generally recognized as having a nonsclerotic margin,⁴ areas of peripheral sclerosis have been reported in up to 33% of cases.^{15,69} In the present study, partial margin sclerosis was observed on the CT scan in 16.0% of lesions. This manifestation may be related to the relatively slow tumor growth.

There should be no matrix mineralization within GCTs according to the literature,⁷⁰ but striped high-density shadows were observed in the rim of the paravertebral mass on CT scans in 3 cases in this study. Further pathological analysis showed ossification and calcification, reflecting the repair response after bone destruction and calcium deposition on the periphery of the tumor, which is an atypical radiological feature for the diagnosis of spinal GCT.

Besides image findings, the diagnosis of GCTs relies on CT-guided biopsy. The reported accuracies of CT-guided biopsy of the musculoskeletal system and spine are 94% and 89%, respectively.¹¹ In this study, 88 patients underwent CT-guided biopsy with an accuracy rate of 94.3%. In total, 12.9% of patients required emergency surgery without preoperative biopsy, so the radiologic features played an important role in the preoperative clinical diagnosis of aggressive spinal GCT.

In the study-site database, all lesions were classified as Enneking stage 3, but S2 lesions reportedly account for 75% of GCTs in the extremities and about 20% of spine GCTs.^{6,67} This result may be because most patients in China do not have radiological examinations until they have obvious symptoms and tumors are not often diagnosed in the early stage. Moreover, patients with S1 and S2 lesions may be treated in local hospitals, and not referred to the study site, which is a tertiary spine center. This study had several limitations to consider. First, this was a retrospective analysis of results over 20-years from a single center. Future multi-center prospective research is needed. Second, there were 101 cases, which is a small sample for robust statistical analysis and more cases are needed to strengthen the results. Finally, further pathological studies are recommended to analyze the causes of atypical features.

In conclusion, about 40% of the aggressive GCT lesions had at least 1 atypical feature. CT-guided biopsies are recommended for pathological diagnosis.

Authors' Note

Bei Yuan, MD, Lihua Zhang, MD, and Shaomin Yang, MD, contributed equally to this work.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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ORCID iD

Bei Yuan, MD D https://orcid.org/0000-0003-4050-9605

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