

Review



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# The role of Wnt signalling in development of coronary artery disease and its risk factors

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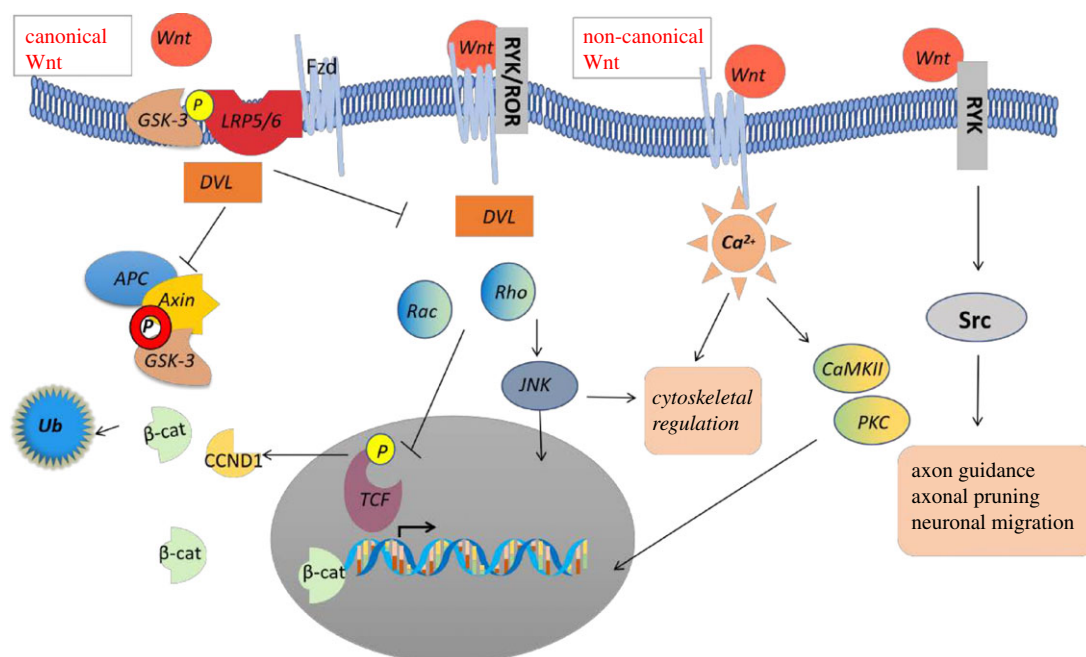
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The Wnt signalling pathways are composed of a highly conserved cascade of events that govern cell differentiation, apoptosis and cell orientation. Three major and distinct Wnt signalling pathways have been characterized: the canonical Wnt pathway (or Wnt/ $\beta$ -catenin pathway), the non-canonical planar cell polarity pathway and the non-canonical Wnt/ $\text{Ca}^{2+}$  pathway. Altered Wnt signalling pathway has been associated with diverse diseases such as disorders of bone density, different malignancies, cardiac malformations and heart failure. Coronary artery disease is the most common type of heart disease in the United States. Atherosclerosis is a multi-step pathological process, which starts with lipid deposition and endothelial cell dysfunction, triggering inflammatory reactions, followed by recruitment and aggregation of monocytes. Subsequently, monocytes differentiate into tissue-resident macrophages and transform into foam cells by the uptake of modified low-density lipoprotein. Meanwhile, further accumulations of lipids, infiltration and proliferation of vascular smooth muscle cells, and deposition of the extracellular matrix occur under the intima. An atheromatous plaque or hyperplasia of the intima and media is eventually formed, resulting in luminal narrowing and reduced blood flow to the myocardium, leading to chest pain, angina and even myocardial infarction. The Wnt pathway participates in all different stages of this process, from endothelial dysfunction to lipid deposit, and from initial inflammation to plaque formation. Here, we focus on the role of Wnt cascade in pathophysiological mechanisms that take part in coronary artery disease from both clinical and experimental perspectives.

## 1. Introduction

The Wnt signalling cascade is a highly conserved signalling cascade in stem cells and progenitor cells, regulating cell differentiation, apoptosis and cell orientation during embryonic development. It has a bi-directional regulatory effect at crucial aspects of cardiovascular development, including the formation of the heart tube, cardiac looping, chamber formation, as well as septation and maturation [1]. Wnt signalling is a developmental programme that is highly active during embryogenesis but also remains active in a subset of proliferating adult cells [2]. The malfunctioning of the Wnt signalling pathway during adult life has been associated with cardiac diseases as divergent as myocardial infarct healing, hypertrophy, heart failure, arrhythmias and atherosclerosis [3,4]. Three distinct pathways have been characterized: the canonical Wnt pathway (or Wnt/ $\beta$ -catenin pathway), the non-canonical planar cell polarity (PCP) pathway and the non-canonical Wnt/ $\text{Ca}^{2+}$  pathway. By binding of a Wnt protein ligand to a member of Frizzled (Fzd) family of receptors, these pathways play a part in transmitting the biological signal into the cell. In the canonical pathway, Wnt ligands bind to the Fzd receptor and low-density lipoprotein (LDL)



**Figure 1.** A schematic of canonical Wnt versus non-canonical signalling.

receptor-related protein (LRP) complex 5/6 (LRP5/6) co-receptors, resulting in the accumulation of  $\beta$ -catenin in the nucleus, thus regulating downstream transcription. The non-canonical cell polarity pathway is thought to regulate the cytoskeleton by activating the derailed receptor tyrosine kinase (RYK)/receptor tyrosine kinase-like orphan receptor (ROR) co-receptors and activating the Rho and Ras-related C3 botulinum toxin substrate. The stimulation of calcium signalling non-canonical pathway activates phospholipase C, thus leading to calcium release [5] (figure 1).

Coronary artery disease (CAD) is the leading cause of death worldwide, which is usually caused by the rupture of an atherosclerosis plaque within the coronary arteries or the erosion of the endothelium and superimposed thrombosis [6]. It is a pathological condition which is primarily caused by atherosclerosis, wherein the formation of plaque within the artery walls causes narrowing of the arteries and slows down blood flow over time. This process starts with lipid deposition and endothelial cell (EC) dysfunction that subsequently induces the secretion of inflammatory cytokines, and the recruitment, adherence and aggregation of monocytes into the subendothelial space of the arterial wall. These monocytes further differentiate into macrophages and then into foam cells by the uptake of modified LDL. Meanwhile, further accumulation of lipids, infiltration and proliferation of vascular smooth muscle cells (VSMCs), as well as deposition of the extracellular matrix (ECM) exacerbate inflammation and adaptive immunity reaction under the thickened intima. Plaque erosion is characterized by VSMC proliferation and endothelial defects in young people, both male and female, which can later result in endothelial layer erosion and superimposed thrombosis [7]. An atheromatous plaque is eventually formed inside the vessel lumen, inhibiting blood supply; this can lead to angina and myocardial infarction (MI) due to coronary artery thrombosis. During the final stage, reduced ECM deposition, SMC apoptosis and non-programmed cell death make the atheromatous plaques less stable, thereby increasing the risk of rupture and thrombosis [8,9]. In addition, coronary artery

thrombosis has been shown to occur in young patients without advanced atherosclerosis. The examination of coronary artery autopsy specimens in these subjects has shown thrombosis which occurs on a substrate of endothelial erosion and VSMC proliferation [10]. The Wnt/ $\beta$ -catenin pathway participates in different stages of this process. Moreover, the canonical Wnt/ $\beta$ -catenin pathway plays a key role in both cell fate decision and initial inflammation of atherosclerosis, as well as the uptake and internalization of LDL and the formation of additional foam cells [11].

Metabolic syndrome (MetS), a condition characterized by hyperlipidaemia, hyperglycaemia, hypertension and obesity, is associated with a high risk for cardiovascular disease. Previously, our group performed genetic linkage analysis in a large outlier family with a high prevalence of early onset CAD and MetS, leading to the discovery of a novel non-conservative mutation in a gene that encodes Wnt-coreceptor LRP6. The mutation, which leads to p.R611C substitution, completely segregated with CAD and metabolic traits of insulin resistance or diabetes, hypertension, hyperlipidemia, truncal obesity and osteoporosis [12]. This was the first report implicating altered Wnt signalling in atherosclerosis and MetS. Since this discovery, independent studies have shown that the Wnt components and its antagonist, serum Dickkopf-related proteins (Dkk), play an important role in the development of coronary atherosclerosis. Here, we review the involvement of Wnt signalling in CAD pathology from both clinical and experimental perspectives.

## 2. Wnt molecules, the signalling cascades, natural activators and inhibitors

Wnt genes were first identified in mutant wingless *Drosophila melanogaster* in 1978 and were then named Wingless genes [13]. Int1 was initially identified as an activated proto-oncogene in mouse breast cancer. Subsequent sequencing evidence confirmed Int1 and Wingless were in fact homologous and those

two terms were eventually combined in 1982 to form a fusion name: 'Wnt' [14]. The Wnt cascade is highly conserved and is active in many tissue types throughout the life cycle. Additionally, post-natal Wnt signalling regulates numerous biological processes in proliferative organs such as the gut [15], breast and skin, and in pathological processes involved in bone disorders, metabolic disorders, inflammatory disorders and cancer [16].

The Wnt gene family consist of 19 structurally related genes which encode cysteine-rich secreted glycoproteins, acting as extracellular signalling factors in mammals. Wnt protein family can be further divided into either canonical or non-canonical categories, yet there is significant overlap between the two: canonical Wnt includes Wnt1, Wnt2, Wnt3, Wnt8 and Wnt10, and non-canonical Wnt includes Wnt4, Wnt5, Wnt6, Wnt7 and Wnt11. However, canonical and non-canonical Wnts are capable of activating unrelated coreceptors through a shared mechanism [17]. Growing evidence indicates overlapping function between those Wnt proteins; for example, wnt5a [18] and Wnt 11 [19] both act 'canonically' and 'non-canonically'. The canonical Wnt signalling is activated after Wnt binds to G-coupled protein receptors of Fzd family and their coreceptors LRP5/6 to prevent  $\beta$ -catenin destruction and its transportation to the nucleus for co-transcription of Wnt-regulated genes (figure 1). Ten Fzd receptors have been identified to this date. The Fzd family members are further divided into five subfamilies, namely Fzd1/2/7, Fzd5/8, Fzd9/10, Fzd4 and Fzd3/6, according to structural similarity.  $\beta$ -catenin destruction complex is composed of Axin, adenomatous polyposis coli (APC) and casein kinase1  $\alpha$  (CK1 $\alpha$ ), together with glycogen synthase kinase 3 (GSK-3) which phosphorylate  $\beta$ -catenin, tagging it for ubiquitination. Binding of Wnt to Fzd and LRP5/6 in the canonical Wnt pathway causes the disintegration of a cytoplasmic  $\beta$ -catenin destruction complex, resulting in the accumulation of active (non-phosphorylated)  $\beta$ -catenin, which then translocates from the cytoplasm to the nucleus, binding to the transcription factor T-cell factor (TCF) and/or lymphoid enhancer factor (LEF) to affect target gene transcription. In specific contexts, Wnt/ $\beta$ -catenin signalling triggers the simultaneous activation of Wnt/JNK. In mammals, over 50 genes have been identified that are modulated by this pathway, including genes involved in the Wnt transduction pathway itself, providing a feedback loop [20]. Wnt proteins also activate  $\beta$ -catenin-independent pathways that are collectively known as non-canonical Wnt signalling, including Wnt/ $\text{Ca}^{2+}$  pathway and the PCP pathway.  $\text{Ca}^{2+}$  is one of the most abundantly distributed second messengers, triggering physiological activities like muscle contraction, endocrine response and cell fate determination. Activation of the calcium pathway facilitates  $\text{Ca}^{2+}$  release from the endoplasmic reticulum in a G-protein-dependent manner [21]. Calcium calmodulin-dependent kinase II (CaMKII) and protein kinase C (PKC) are downstream effectors of Wnt/ $\text{Ca}^{2+}$  signalling activation [22]. The PCP pathway is activated through the binding of Wnt ligands to the Fzd receptors such as RYK and ROR2, and activates the Rho and Rac GTPases, leading to cytoskeletal reorganization and coordinating morphogenetic cell behaviours during gastrulation and neurulation. In addition, RYK signalling controls axon guidance, axonal pruning and neuronal migration through an Src family-dependent pathway [23].

There are several natural inhibitors for Wnt signalling pathways, such as secreted Fzd-related proteins (sFRPs),

Wnt inhibitory factors (WIFs) and/or Dkk family. But beyond that, sFRPs and WIFs may also affect extracellular Wnt stabilization through Wnt-independent ways, such as the regulation of extracellular proteinases. Studies have found that sFRPs could interfere with bone morphogenetic protein signalling by acting as proteinase inhibitors [24]. The vertebrate Dkk family consists of four members, named Dkk-1-4, sized between 255 and 350 amino acids. Dkk-1, 2 and 4 share two conserved cysteine-rich domains. Dkk-1 selectively blocks Wnt/ $\beta$ -catenin pathway by forming a ternary complex with LRP5/6. Conversely, Dkk-1 itself is a target of canonical Wnt signalling pathways, thereby establishing a negative feedback loop [25]. However, it has been suggested that Dkk-1 and Dkk-2 might have  $\beta$ -catenin-independent functions. Overexpression of Dkk-1 induced apoptosis and growth suppression in  $\beta$ -catenin-deficient mesothelioma cell lines H28 and MS-1. Furthermore, the inhibition of JNK rescued the apoptosis induced by Dkk-1 overexpression in these cells [26]. Similarly, in HeLa cells, ectopic expression of Dkk-1 had no effect on either cellular  $\beta$ -catenin localization or TCF-reporter activity [27]. These data suggest that Dkk-1 might be capable of exerting its suppressive effects by antagonizing Wnt signalling through  $\beta$ -catenin-independent pathways. Unlike Dkk-1, Dkk-2 is able to act either as blocker or activator of the Wnt pathways, depending on the cellular context [28]. Dkk-2 strongly synergizes with Wnt receptors of the Fzd family to induce Wnt signalling when overexpressed in *Xenopus* embryos [29]. Dkk-2 stimulated LRP6 and Wnt/Fzd signalling activation in human 293T cells. However, the co-transfection of Kremen2 (Krm2) blocked the stimulating effect of Dkk-2 and enhanced inhibition of the Wnt pathway [30]. Some evidence has suggested that Dkk-3 can display an atheroprotective role either by the activation of the transforming growth factor- $\beta$  and Wnt signalling pathways or  $\beta$ -catenin-independent pathways [31,32]. Conversely, Cheng *et al.* [33] demonstrated Dkk-3 ablation attenuated the development of atherosclerosis in ApoE-deficient mice fed with high-fat diet through the activation of  $\beta$ -catenin signalling. At the present time, there is insufficient data on Dkk-4 protein [34]; even though its role has been recently implicated in colorectal cancer, hepatocellular carcinoma and pancreatic cancer, there is limited evidence on atherosclerosis.

### 3. Clinical evidence for the role of Wnt signalling in coronary artery disease

Common genetic variants of TCF7L2 have been reproducibly associated with the risk for type 2 diabetes (T2DM) in multiple genome-wide association studies [35,36]. T2DM is a major risk factor for stroke and CAD (table 1). However, the information on whether and how TCF7L2 polymorphisms alter lipids metabolism and cause cardiovascular disease is incomplete and remains controversial. In the atherosclerosis risk in communities (ARIC) study, 13 369 black and white subjects who were free of cardiovascular disease (CVD) at baseline were genotyped for the SNPs rs7903146, rs12255372, rs7901695, rs11196205 and rs7895340. In these subjects, TCF7L2 was not significantly associated with the development of CAD, ischaemic stroke, CVD or all-cause mortality [37]. On the contrary, a randomized controlled trial which evaluated the association between TCF7L2 polymorphism and CAD in a high cardiovascular risk

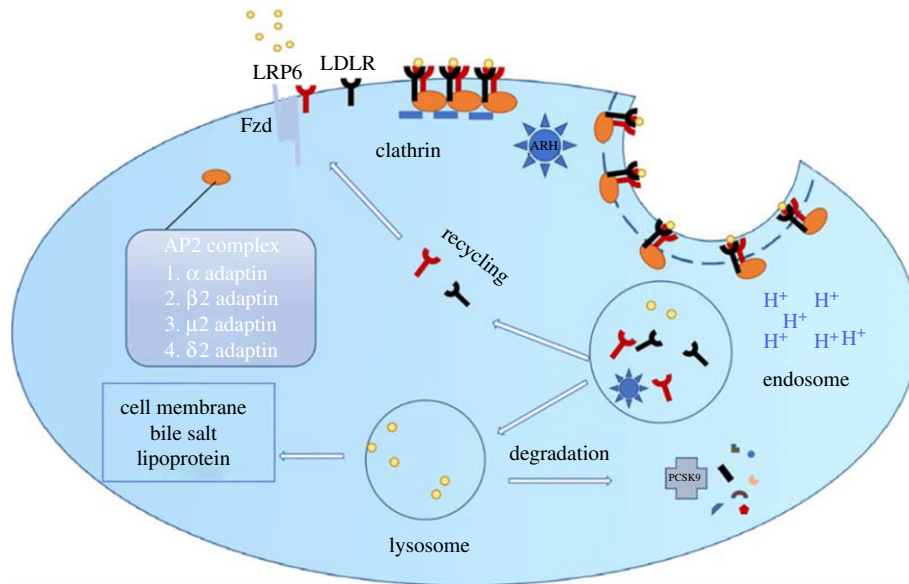
**Table 1.** Anti- and proatherogenic functions of the Wnt signalling molecules.

Wnt signalling members	cell type/model system	phenotype	references
TCF7L2	high cardiovascular risk population, patients with T2DM, SMCs	rs7903146 associated with a higher prevalence and severity of CAD, lipid levels and angiographically diagnosed CAD; promote differentiation and inhibit proliferation of SMCs	Bielinski <i>et al.</i> [37]; Sousa <i>et al.</i> [38]; Muendlein <i>et al.</i> [41]; Srivastava <i>et al.</i> [74]
Dkk-1	T2DM/ ischaemic patients; patients with acute coronary syndromes/ ischaemic stroke; HUVECs, ApoE <sup>-/-</sup> mice; aortic ECs	no correlation with stroke severity and cardiovascular events; inversely associated with CAD or atherosclerosis; platelet-mediated ECs activation and inflammatory cytokines release; endothelial–mesenchymal transition	Gaudio <i>et al.</i> [42]; Seifert-Held <i>et al.</i> [43]; Ueland <i>et al.</i> [64]; Zhu <i>et al.</i> [46]; Ueland <i>et al.</i> [45]; Souilhol <i>et al.</i> [66]; Cheng <i>et al.</i> [67]
LRP6	early onset familial CAD and Mets, LRP6 knock down cells, LRP6 R611C mice, HEK293T <sup>ΔLRP6</sup> , LDLR <sup>-/-</sup> mice, SMCs	LRP6 mutations impaired LDL clearance; increased hepatic de novo lipogenesis; ANGPTL4 inhibits Wnt signalling by decreasing LRP6 levels; LRP6-KO in SMCs promote aortic calcification	Mani <i>et al.</i> [12]; Ye <i>et al.</i> [54]; Go <i>et al.</i> [55]; Kirsch <i>et al.</i> [56]; Cheng <i>et al.</i> [80]
Wnt5a	atherosclerotic patients and murine, HUVECs, macrophages	high circulating levels, advanced arterial lesions and macrophage-rich region; positively correlated to triglyceride levels, vascular insulin resistance, and endothelial dysfunction; stimulate macrophage pro-inflammatory cytokines and chemokines release	Christman <i>et al.</i> [59]; Bretón-Romero <i>et al.</i> [57]; Relling <i>et al.</i> [61]; Bhatt <i>et al.</i> [82]
Dkk-3	Dkk-3 <sup>-/-</sup> /ApoE <sup>-/-</sup> mice, HUVECs, SMCs	aortic endothelial damage; endothelium, SMC loss in the Dkk-3 <sup>-/-</sup> /ApoE <sup>-/-</sup> mice; Dkk-3 induced endothelial ECs migration; post-injury repair and angiogenic program; SMC and EMC deposition	Yu <i>et al.</i> [31]; Busceti <i>et al.</i> [86]; Karamariti [32]
LRP5	macrophages, LRP5 <sup>-/-</sup> mice	high expression in advanced plaques; larger aortic atherosclerotic lesions and higher macrophage infiltration; upregulated cytokines and pro-inflammatory genes in HC LRP5 <sup>-/-</sup> mice	Ohta <i>et al.</i> [83]; Borrell-Pagès <i>et al.</i> [87,88]

population found that rs7903146 (allele T) was associated with a higher prevalence and severity of CAD and cardiovascular events in non-diabetic individuals [38]. Kucharska-Newton *et al.* performed further analysis of the ARIC study and reached similar conclusions that body mass modified the association of the TCF7L2 rs7903146 T allele with CAD risk [39]. Additionally, a study suggested the TCF7L2 rs7903146 polymorphism was associated with T2DM for TT instead of CC individuals: Mediterranean diet (MedDiet) interacted with rs7903146 on fasting glucose as well as blood lipid levels [40]. A recessive interaction model showed the statistical significance of gene–diet interactions in determining plasma total cholesterol, LDL-C and triglyceride levels. Higher plasma concentrations of total cholesterol,

triglycerides and LDL-C were observed in TT individuals when adherence to the MedDiet was low. However, when adherence to the MedDiet was high, these effects no longer existed, and there were no differences in circulating lipid parameters between genotypes [40]. In a cross-sectional study [41] including 1650 consecutive patients undergoing coronary angiography, TCF7L2 variants rs7903146, rs12255372 and rs11196205 were significantly associated with angiographically diagnosed CAD, specifically in patients with T2DM. Thus, TCF7L2 was projected as a potential genetic link between diabetes and atherosclerosis-related disease.

Clinical studies aiming at the impact of Dkk-1 on atherosclerosis have also generated controversial results, showing either direct or inverse correlations (table 1). Gaudio *et al.*



**Figure 2.** LDL internalization by clathrin-dependent endocytosis.

evaluated the association of circulating sclerostin and Dkk-1 with carotid intima-media thickness (CITM) in T2DM patients. Serum concentrations of sclerostin and Dkk-1 were significantly higher in the T2DM group compared with controls. However, these associations no longer existed for Dkk-1 after adjustment for potential confounders [42]. Further negative clinical evidence came from Seifert-Held *et al.* who found Dkk-1 levels had no correlation with stroke severity, and circular concentrations of Dkk-1 did not differ significantly between subtypes of ischaemic stroke [43]. Consistent with that study, Ress *et al.* found no systemic Dkk-1 level changes in patients with cardiovascular events [44]. On the contrary, more recent studies have suggested that Dkk-1 is inversely associated with CAD or atherosclerosis. Studies indicated that high serum Dkk-1 level is associated with ischaemic stroke and cardiovascular death consistently [45]. A large clinical study [46] which enrolled 3178 patients with ischaemic stroke from the China Antihypertensive Trial in Acute Ischemic Stroke (CATIS) reported an association between high baseline serum Dkk-1 levels and poor prognosis one year after ischaemic stroke, suggesting that circular Dkk-1 might be a potential prognostic indicator for ischaemic stroke.

#### 4. Wnt signal in lipid metabolism

Accumulating evidence has described a critical role for Wnt in the process of lipid storage and homeostasis, including adipogenesis, intracellular cholesterol trafficking and cholesterol egress [47]. As explained, genetic investigations of families or populations with extreme forms of MetS and/or early onset CAD have led to the discovery of both rare and common mutations in *LRP6*. These mutations were associated with the risk of elevated LDL-cholesterol (LDL-C) [48]. A single missense mutation in Wnt co-receptor LRP6, p.R611C, was first reported as the underlying cause of autosomal dominant early onset CAD and multiple metabolic risk factors including hypertension, hyperlipidaemia and diabetes in a very large Iranian family [12]. Three other rare mutations in LRP6 (p.R360H, p.R473Q and p.N433S) were later found in the white American population with early onset familial

CAD and MetS [49]. A new LRP6 p.Y418H mutation was found to contribute to normolipidaemic familial CAD via impairing endothelial cell functions [50]. Common variants of LRP6 gene such as rs10845493 have been associated with elevated LDL-C, whereas *LRP6* variant rs2302685 has been linked to increased risk of MI in the Chinese population [51]. This association was even stronger among younger populations. Likewise, LRP6 p.I1062V has been associated with the presence of carotid artery atherosclerosis in hypertensive patients [52].

Among all *LRP6* variants, the role of LRP6 p.R611C in lipid metabolism is most thoroughly studied. LDL uptake was significantly lower in the lymphoblastoid cells of the LRP6 p.R611C carriers compared with unaffected family members. Reduced LRP6 expression and LDL uptake were also found in splenic B cells of LRP6<sup>+/-</sup> mice compared with their wild-type (WT) littermates [53]. *In vitro* evidence showed that LRP6 knockdown in LDLR-deficient CHO cells caused a modest reduction of LDL binding and uptake, while its knockdown in regular CHO cells resulted in a much greater decline in LDL levels, suggesting an interaction between LRP6 and LDLR. Loss of LRP6 resulted in severely diminished LDLR internalization which could be rescued after reintroduction of LRP6. It was shown that LRP6 (WT) forms a complex with LDLR and autosomal recessive hyperlipidaemia protein (ARH), which upon stimulation with LDL undergoes a clathrin-mediated internalization process (figure 2). LDLR and LRP6 internalization as well as LDL uptake were also impaired in LRP6 p.R611C CHO cells. These results suggested that LRP6 is involved in LDL clearance [54]. However, impaired LDL clearance could not alone explain the severity of plasma cholesterol elevation in LRP6 p.R611C. Go *et al.* generated a transgenic mouse model of LRP6<sup>R611C</sup> to examine hepatic lipid synthesis [55]. LRP6<sup>R611C</sup> mice exhibited elevated plasma LDL, TG levels and fatty liver. Further investigation showed that LRP6<sup>R611C</sup> mutation triggers hepatic de novo lipogenesis, cholesterol biosynthesis and ApoB secretion by activation of IGF1, AKT and mTOR1/2 pathways. *In vitro* treatment of hepatocytes with either the IGF1 receptor antagonist, rapamycin or rmWnt3a could normalize disease pathways in

LRP6<sup>R611C</sup> mice. The administration of rmWnt3a to mutant mice could further normalize cholesterol biosynthesis and restore normal plasma TG and LDL levels [55]. Interestingly, angiopoietin-like 4 (ANGPTL4) [56] has been identified as a Wnt signalling antagonist that forms a ternary complex with LRP6. ANGPTL4 regulates lipid metabolism via attenuating the clearance of circulating triglycerides by the inhibition of lipoprotein lipase. This protein forms a complex with LRP6, triggering its internalization via clathrin-mediated endocytosis and its degradation in lysosomes, leading to attenuation of Wnt/ $\beta$ -catenin signalling.

## 5. Wnt and endothelial dysfunction

Endothelial dysfunction is regarded as an initial step in the pathogenesis of the vascular disease. The contribution of Wnt5a to endothelial dysfunction and immunity reaction has been highlighted recently [57,58]. Wnt5a is a secreted glycoprotein member of the Wnt family. Circulating Wnt5a was found to be higher in atherosclerotic patients than in healthy controls. Wnt5a transcripts and protein were also elevated in advanced arterial lesions [54]. Immunohistochemical analysis indicated a higher expression of Wnt5a in the macrophage-rich regions in both human and murine atherosclerotic lesions [59]. Wnt5a acted as a vital inflammatory mediator in the process of atherosclerosis by inducing rapid inflammatory gene expression, including GM-CSF, IL-1a, IL-3, IL-5, IL-6, IL-7, IL-8, CCL2, CCL8 and COX-2 in human aortic ECs. The induction of COX-2 by Wnt5a was endothelial specific and was not observed in non-endothelial cells. Interestingly, the subset of cytokines regulated by Wnt5a and TNF-alpha were only partially overlapping, suggesting that endothelial inflammation response was under the regulation of a dual system, namely non-canonical Wnt pathway and TNF-alpha-mediated signalling [60]. Recent data show Wnt5a signalling also positively correlates with triglyceride levels, vascular insulin resistance and endothelial dysfunction [61,62]. mRNA level of Wnt5a has been shown to be upregulated in ECs treated with a combination of inflammatory cytokines including TNF-a, IL-1 and IL-8. The role of Wnt5a in the regulation of human EC proliferation and migration was examined by using a goat polyclonal anti-Wnt5a neutralizing antibody. Wnt5a antibody inhibited HUVECs proliferation in a dose-dependent manner, which was reversed by VEGF treatment. Blocking Wnt5a/ $Ca^{2+}$  signalling by antibody also inhibited endothelial cell migration. The same suppression effect was observed by siRNA or a downstream inhibitor [63].

Ueland *et al.* reported that Dkk-1 could be operating within the atherosclerotic lesion as a novel mediator in platelet-mediated ECs activation and Dkk-1-driven inflammatory loop [64]. They reported systemic and lesion-specific elevation of Dkk-1 in ApoE<sup>-/-</sup> mice, in human subjects with CAD and in patients with carotid plaque atherosclerosis. Immunostaining of thrombus material obtained from ruptured plaque further identified platelets as an essential source of Dkk-1. Dkk-1 could induce endothelial activation and inflammatory cytokine release via inhibition of Wnt signalling pathway and activation of NF- $\kappa$ B. Blocking Dkk-1 totally abolished mRNA and protein expression of MCP-1 and IL-8 in HUVECs after platelet stimulation [64]. In another study, knock-in of Dkk-1 gene in ApoE<sup>-/-</sup> mice resulted in

enlarged and destabilized atherosclerotic lesions, while silencing of it alleviated plaque formation and vulnerability. Dkk-1 expression was upregulated in response to oxidized low-density lipoprotein (ox-LDL) treatment in a time- and concentration-dependent manner in HUVECs [65]. Furthermore, Dkk-1 regulated the endothelial-mesenchymal transition in aortic ECs, a critical event that drives the initiation and progression of atherosclerosis [66,67]. Together, those data provide convincing evidence considering Dkk-1 as a Wnt/ $\beta$ -catenin inhibitor with a proatherogenic role.

In the prospective population-based Bruneck Study, circular Dkk-3 levels were inversely associated with carotid artery intima-media thickness, raising the hypothesis that Dkk-3 could confer protection against multiple pathological stages of atherogenesis by inhibiting the non-canonical Wnt. Dkk-3<sup>-/-</sup>/ApoE<sup>-/-</sup> mice exhibited larger endothelial damage and apparent endothelium loss in the aorta. Transwell and scratch migration assays exhibited a significant induction of cultured human EC migration in response to Dkk-3 stimulation. The mechanism underlying this effect might be the activation of the non-canonical Wnt pathway; more specifically, the ROR2-DVL1-Rac1-JNK signalling pathways. This study suggested a protective role of Dkk-3 in the context of atherosclerosis progression by inducing endothelial migration and post-injury repair. Moreover, Dkk-3 deficiency also showed a delayed reendothelialization and aggravated neointima formation in a wire-injured mouse model [31]. Dkk-3 stimulation has been reported to trigger the angiogenic programme *in vitro* by augmenting intracellular and extracellular VEGF protein levels. Dkk-3 recruited Smad4 binding to gene promoter regions, resulting in a transcriptional activation of VEGF and induction of the angiogenic programme in HUVECs [68].

## 6. Wnt signalling alters proliferation, migration and apoptosis of smooth muscle cell

Normally, SMCs reside in the medial layer of arteries, showing a contractile phenotype with low proliferative rates. During atherosclerosis progression, ECs dysfunction and the associated inflammatory state trigger the de-differentiation and phenotypic switching of SMCs. Those SMCs exhibiting a synthetic phenotype subsequently migrate into the intima where they further proliferate and deposit ECM. Paradoxically, SMC proliferation is considered beneficial during later stages of fibrous cap formation, which renders resistance against plaque rupture. As the disease progresses, decreased ECM synthesis together with SMC apoptosis results in the reduction of fibrous cap tensile strength.

SMC proliferation triggered by platelet-derived growth factor (PDGF) in response to endothelial injury has been reported [69]. Inhibition of PDGF receptor-beta has been associated with increased aortic atherosclerotic lesion size and the number of intimal SMCs by 67% and 80%, respectively [70]. Activation of Wnt/ $\beta$ -catenin signalling altered the expression of pro-proliferative genes including cyclin D1 and p21 in both arterial and venous SMCs [71]. Wnt1 and Wnt3a were critical regulators of  $\beta$ -catenin signalling and cyclin D1 expression in arterial SMCs [72], while Wnt4 was capable of inducing of arterial SMC proliferation and

contributed to pathological intimal thickening. *In vitro* studies indicated Dkk-3 was able to induce differentiation of vascular progenitors and fibroblasts into SMCs via activation of the transforming growth factor- $\beta$ /activating transcription factor 6 and Wnt signalling pathways. Larger and more vulnerable atherosclerotic lesions with more macrophages, reduced number of SMCs and less EMC deposition were found in Dkk-3<sup>-/-</sup>/ApoE<sup>-/-</sup> mice under a chow diet in comparison with Dkk-3<sup>+/+</sup>/ApoE<sup>-/-</sup> mice. Most importantly, exogenous recombinant Dkk-3 was capable of improving the composition of carotid atherosclerotic plaques in Dkk-3<sup>-/-</sup>/ApoE<sup>-/-</sup> mice fed a high-fat diet by reducing intraplaque haemorrhage and macrophage infiltration, while increasing SMCs and EMC deposition [32]. On the other hand, impaired Wnt signalling has also been shown to induce VSMC proliferation. LRP6<sup>R611C</sup> mice exhibited severe vascular obstruction after carotid injury and dramatic obstructive CAD under high-fat diet. Loss of VSMC differentiation and aortic medial hyperplasia were induced by diminished TCF7L2 expression, enhanced non-canonical Wnt signalling and Sp1-dependent activation of PDGF signalling. Those Wnt/ $\beta$ -catenin signalling suppression effects could be firmly rescued by Wnt3a administration [73]. Injury-induced intimal hyperplasia could similarly be rescued by overexpression of TCF7L2 in LRP6 mutant mice. TCF7L2 promoted differentiation and inhibited proliferation of SMCs by stabilization of GATA-binding protein 6 and upregulation of SMC myosin heavy chain and cell cycle inhibitors [74]. These findings demonstrate a causal link between LRP6/TCF7L2 and VSMC plasticity, indicating the crucial role of intact Wnt signalling in arterial disease. Thus, Wnt signalling appears to be a delicately balanced pathway, and it both increased and reduced activation, triggering the vascular disease.

The role of Wnt proteins in SMC migration is not well understood. Williams *et al.* [75] demonstrated that Wnt2 regulates SMC migration and triggers intimal thickening *in vitro*. Indirect evidence suggested that non-canonical Wnt pathways may also be involved in SMC migration [76,77]. Recent findings suggested knockdown of peptidyl-prolyl cis/trans isomerase (Pin1) effectively resulted in cell cycle arrest, SMC apoptosis, thinning of the fibrous cap and increasing the incidence of plaque rupture. The  $\beta$ -catenin/cyclin D1/CDK4 cascade and mitochondrial pathway were shown to regulate SMC apoptosis. Moreover, transfection of a degradation-resistant  $\beta$ -catenin transgene into rat SMCs significantly inhibited apoptosis. Accumulation of  $\beta$ -catenin resulted in a higher expression of TCF. Dominant-negative TCF-4 transgene lacking the  $\beta$ -catenin binding domain could abolish  $\beta$ -catenin induced cell survival and cyclin D1 activation, and partially block G1-S phase transition at the same time [78]. Towler's group has shown that canonical Wnt signals mediate the vascular calcification of Mx2 transgenic mice in a paracrine fashion [79]. Several years later they demonstrated enhanced aortic osteochondrogenic programmes and increased circulating osteopontin in SMC(SM22)-specific LRP6-KO mice on LDLR<sup>-/-</sup> background compared with LRP6(fl/fl);LDLR(-/-) controls. Loss of LRP6 in SMC promoted aortic calcification through activation of non-canonical Wnt signals [80]. Mass spectrometry identified LRP6 binding to protein arginine methyltransferase (PRMT)-1, inhibiting OPN and TNAP. RNA interference and chemical inhibition revealed that cdc42/Rac1 non-canonical signalling activation of USF1 supports OPN expression via

association with OPN chromatin. A normal function of LRP6 was shown to be necessary to restrain vascular smooth muscle lineage non-canonical signals that promote osteochondrogenic differentiation, by inhibiting USF1 and upregulating Jmjd6, a demethylase [80]. Consequently, the identification of key factors involved in SMC characteristics may provide new insight for reducing plaque rupture and vascular calcification. Further studies need to be done to thoroughly understand the precise role of  $\beta$ -catenin signalling in SMC behaviour.

## 7. Wnt participation in macrophage activation

A dysfunctional endothelium and inflamed vessel wall ultimately lead to the recruitment of circulating monocytes, rolling, adhesion and migration to the subendothelial layer where they ultimately differentiate into tissue macrophages. A higher level of Wnt5a was found in macrophage-rich areas [59]. Wnt5a and its receptor Fzd5 were expressed in different subtypes of macrophages, suggesting an autocrine effect between Wnt5a and macrophages [81]. ox-LDL was identified to increase Wnt5a expression in human monocyte-derived macrophages [82]. Toll-like receptor 4 mediated Wnt5a expression in macrophages and subsequent immune response. Through secretion of multiple pro-inflammatory cytokines and chemokines like TNF $\alpha$ , IL-18 and IL-12, plaque macrophages promoted further recruitment of inflammatory cells and amplified the inflammatory response [83]. *In vitro*, Wnt5a antagonist SFRP5 could inhibit JNK signalling induced IL-6 secretion. Interestingly, Wnt5a blocked lipopolysaccharide-induced COX2 expression in a dose-dependent manner [84]. Those data indicate a dual pro- and anti-inflammatory role of Wnt5a regarding cellular context.

Ramsey *et al.* [85] performed a system biology investigation of the transcriptional regulators of the arterial plaque macrophage and their response to lipid lowering *in vivo* in both the Reversa mouse and an aortic transplant-based mouse model. They found the canonical Wnt signalling pathway may be activated in plaque macrophages during plaque regression. A higher level of LRP5 in macrophages was found in advanced plaques compared with early lesions. Borrell-Pagès *et al.* have shown that a high-cholesterol diet induces pro-inflammatory gene expression in LRP5<sup>-/-</sup> mice, suggesting the inhibitory role of the Wnt/LRP5 pathway in inflammation. LRP5<sup>-/-</sup> mice developed larger aortic atherosclerotic lesions than WT mice. In their study, they showed that LDL aggregates trigger LRP5 mRNA and protein expression and  $\beta$ -catenin dependent signalling activation in the peripheral leucocytes [87,88]. Pro-inflammatory genes including interferon  $\gamma$ , IL15, IL18 and tumour necrosis factor ligand superfamily 13b were upregulated in LRP5<sup>-/-</sup> mice compared with HC WT mice, suggesting an inhibitory role of the Wnt pathway in inflammation. This evidence for an antiatherosclerotic role of Wnt signalling has outweighed the evidence for its proatherosclerotic effect.

## 8. Conclusion

The important role of Wnt signalling pathway in cardiovascular physiology and disease has been demonstrated by numerous studies. In this review, we focused on the role of

Wnt cascade in multiple pathophysiological mechanisms that take part during atherosclerosis progression, including lipid deposition, cell proliferation and cell migration. Although the results of these studies at times contradict each other, by far the majority agree on an anti-atherosclerotic role of Wnt signalling. However, Wnt signalling's intricate interaction with other molecular pathways and the formation of a complex network of signalling pathways has barred efforts in targeting specific Wnt pathway components for therapeutic intervention. The evidence suggests that the loss of Wnt signalling is the predominant defect in atherosclerosis, and hence improving Wnt activity may help with reducing plaque burden. However, there appears to be a narrow window for the therapeutic use of Wnt activators, as their

excessive use has been shown to be deleterious. Thus, caution should be given in the use of Wnt activators in vascular disease and their application should be carefully evaluated on an individual basis, an approach known as precision medicine, which has shown growing popularity.

**Data accessibility.** Data referenced in the paper are available in the previously published papers in the list below.

**Authors' contributions.** Y.L. reviewed literature and mainly drafted the manuscript. A.N. reviewed literature, edited the manuscript and drafted the clinical information in the manuscript. A.M., senior author, edited and approved the manuscript.

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