# Clinical consequences of the presence of anti-RNA Pol III antibodies in systemic sclerosis

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### Abstract

Introduction: Anti-RNA polymerase III (a-RNA Pol III) antibodies are marker antibodies in patients with systemic sclerosis (SSc).

**Aim:** To assess the prevalence of a-RNA Pol III in patients with SSc and to identify the differences in the disease picture in SSc patients with and without a-RNA Pol III antibodies.

Material and methods: The study was performed in 126 SSc patients. The subtype of SSc, incidence of internal organ involvement, malignancy, death and serological profiles were determined in the entire group. The study groups were studied according to the presence of antibodies by applying the commercial test – EUROLINE SSc Profile. Due to the presence of a-RNA Pol III, patients were divided into two groups: the a-RNA Pol III (+) SSc group of 19 patients and the a-RNA Pol III (-) SSc group of 107 patients.

**Results:** A-RNA Pol III were present in 19/126 patients with SSc (15%), 13/19 (68.4%) patients had no other SSc marker antibodies. A-RNA Pol III were more common in patients with diffuse cutaneous SSc (p = 0.049). We showed a significant positive association between a-RNA Pol III and occurrence of malignancy (p = 0.007), scleroderma renal crisis (p = 0.001) and decreased DLCO (p = 0.007).

**Conclusions:** Anti-a-RNA Pol III antibodies are common in patients with SSc, particularly with a diffuse subtype. In more than 50% of patients with a-RNA Pol III antibodies, they may be present as the sole marker of antibodies. In SSc, a-RNA Pol III antibodies are frequently associated with malignancy occurrence, kidney and lung involvement.

Key words: systemic sclerosis, anti-RNA Pol III antibodies, malignancies.

#### Introduction

Systemic sclerosis (SSc) is a connective tissue disease characterized by microangiopathy, fibrosis and immune dysregulation. Autoimmunity is mainly considered to be involved in the aetiology and pathogenesis of SSc. Antinuclear antibodies (ANAs) detected by indirect immunofluorescence (IIF) technique are present in 95–99% of patients with SSc [1]. It is known that a specific serological profile is associated with clinical manifestations and prognosis in SSc. Anti-topoisomerase I (anti-topo I), anti-centromere autoantibodies (ACAs) and anti-RNA polymerase III (a-RNA Pol III) antibodies are marker antibodies which are detected in sera of patients with SSc. Furthermore, they are included in the classification criteria of SSc and associated with a typical subset of disease and prognosis [2]. Sera positive for a-RNA Pol III antibodies produce a speckled staining pattern IIF, but also nucleolar staining if a-RNA Pol I antibodies coexist [3].

According to data, a-RNA Pol III antibodies are found in approximately 4–25% of patients with SSc, particularly with a diffuse subtype of disease [4, 5]. According to the literature, a-RNA Pol III antibodies are strongly associated with severe clinical manifestations of the disease such as scleroderma renal crisis (SRC), heart involvement, gastric antral vascular ectasia as well as higher rates of SSc-related mortality [6, 7]. Additionally, there are many data demonstrating that a-RNA Pol III antibodies are associated with an increased risk of malignancy in patients with SSc [8–10].

## Aim

The aim of the present study was assess the prevalence of a-RNA Pol III antibodies in patients with SSc and to identify the differences in the disease picture in patients with the presence of a-RNA Pol III.

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#### Material and methods

The study included 126 European Caucasian SSc patients hospitalized consecutively in the Department of Rheumatology and Connective Tissue Diseases, Medical University of Lublin. All patients gave written informed consent to participate in the study according to the Helsinki Declaration of 1975, as revised in 2000. The study design was approved by the ethical committee. All patients fulfilled the American College of Rheumatology (ACR)/European League against Rheumatism (EULR) classification criteria of SSc [2]. The subtype of SSc, incidence of internal organ involvement, the prevalence of malignancy, death and serological profiles were determined in the entire group. According to Le Roy et al., patients were classified as limited cutaneous (lc) SSc or diffuse cutaneous (dc) SSc [11] (Table 1). Organ involvement was assessed according to the clinical symptoms and the results of diagnostic tests. Interstitial lung disease (ILD) was defined as "a ground glass" pattern or bibasilar pulmonary fibrosis revealed on a high-resolution computer tomography (HRCT) scan. The DLCO test (% of predicted diffusing capacity for carbon monoxide) and total lung capacity (TLC) testing were performed to assess the pulmonary function. Heart involvement was established as arrhythmia, conduction disturbances or heart failure. Pulmonary arterial hypertension (PAH) was defined as systolic pulmonary arterial pressure (sPAP) > 35 mm Hg in Doppler echocardiography and was determined only at rest. Myalgia or myositis was defined as pain or weakness of muscles and/or increased serum creatine phosphokinase (CPK) concentration. Joint involvement was determined as joint tenderness and swelling. Gastrointestinal tract involvement was defined according to clinical symptoms such as dysphagia, heartburn, diarrhoea or bloating and was examined by a barium swallow. Renal involvement was defined as the development of scleroderma renal crisis (SRC) or presence of proteinuria and elevated serum creatinine concentration. Calcinosis and digital erosions were also assessed. Serum samples were obtained from each patient. Moreover, the presence of

**Table 1.** Characteristics of the study group

Parameter	Value
Number of patients:	126
Female	98
Male	28
Type of SSc:	
dcSSc	60
lcSSc	66
Age [years]	53.6 (18.0–81.0)
Duration of disease [years]	6.3 (0.0–23.0)

dcSSc – diffuse cutaneous systemic sclerosis, lcSSc – limited cutaneous systemic sclerosis.

antibodies was assessed in the study groups, by applying the commercial test – EUROLINE Systemic Sclerosis Profile, which is used to determine antibodies directed against SSc-specific antigens, such as anti-topoisomerase I (anti-Scl-70) and anti-centromere autoantibodies (ACAs), a-RNA Pol III – subunit RP11 and RP 155, as well as more rare anti-PM/Scl, anti-Ku, anti-Th/To anti-Ro52 and autoantibodies against the nucleolus-organizing region-90 (anti-NOR90). Sera were analysed at a dilution of 1:101, and autoantibodies were detected using alkaline phosphatase-labelled antihuman IgG. Detection and interpretation of results was carried out electronically using the specific program Euroimmun – EUROLINE Scan (EUROIMMUN AG, Lubeck, Germany). According to the presence of a-RNA Pol III antibodies, patients were divided into two groups -a-RNA Pol III positive group (+) SSc of 19 patients (pts) and a-RNA Pol III negative group (–) SSc of 107 patients.

## Statistical analysis

All calculations were performed with Statistica v. 10.0 software (StatSoft, Krakow, Poland). Data were analysed using the non-parametric  $\chi^2$  test for comparisons between the groups. *P*-value < 0.05 was considered as statistically significant.

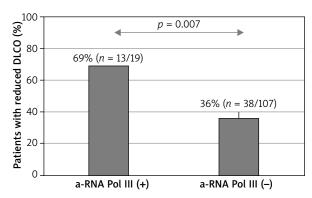
#### Results

According to our data, a-RNA Pol III antibodies were present in 19/126 patients with SSc (15%), including a-RNA Pol III 11 present in 16 patients and a-RNA Pol III 155 in 14 patients. In this group of 13 (68.4%) patients had no other SSc marker antibodies, such as anticentromere or anti-topoisomerase I antibodies. Moreover, dcSSc was observed more commonly in the a-RNA Pol III positive group than in the a-RNA Pol III negative group (p = 0.049). Furthermore, a-RNA Pol III antibodies were more common in patients with dcSSc, compared to lcSSc patients. The clinical characteristics of SSc patients in the a-RNA Pol III positive and a-RNA Pol III negative groups were presented in Table 2. We also showed that a decrease in DLCO was significantly larger in the a-RNA Pol III positive group compared to the a-RNA Pol III negative group 13/19 vs. 38/107 (p = 0.007) (Figure 1). Moreover, the incidence of SRC was significantly higher in the a-RNA Pol III positive group compared to the a-RNA Pol III negative group (p = 0.001) (Figure 2). In addition, we found a significant positive association between a-RNA Pol III antibodies and occurrence of malignancy 5/19 vs. 7/107 (p = 0.007) (Figure 3). In the RNA Pol III positive group 3 patients had lung cancer, 1 ovarian cancer and 1 cervical cancer, while there were 2 lung cancers, 1 stomach cancer, 1 breast cancer, 1 kidney cancer, 1 adrenal tumour and 1 brain tumour in the RNA Pol III negative group. The time from onset of Raynaud phenomenon to diagnosis did not differ between the groups. Further-

Table 2. Clinical characteristics of patients of the SSc a-RNA Pol III (+) and SSc a-RNA Pol III (-) groups

Parameter	SSc a-RNA Pol III (+)	SSc a-RNA Pol III (-)	<i>P</i> -value
Number of patients:	19	107	0.049
dcSSc	13 (68.4%)	47 (43.9%)	
lcSSc	6 (31.6%)	60 (56.1%)	
Gender:			
Female	12 (63.2%)	86 (80.4%)	NS
Male	7 (36.8%)	21 (19.6%)	
Age [years]	55.11 ±9.56 (38.0–75.0)	53.57 ±14.12 (19–81)	NS
Duration of disease [years]	3.21 ±3.12 (0.0–13.0)	5.85 ± 5.81 (0.0–23.0)	0.056
The time from onset of Raynaud phenomenon to diagnosis [years]	4.64 ±8.02 (0.0–30.0)	7.03 ±12.4 (0.3–30.0)	NS

Data were presented as number and percentage. P-value of < 0.05 was considered statistically significant. dcSSc – diffuse cutaneous systemic sclerosis, lcSSc – limited cutaneous systemic sclerosis.



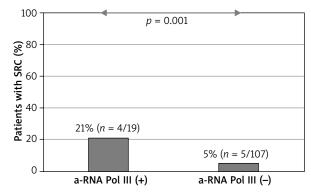
a-RNA Pol III (–) – negative, a-RNA Pol III (+) – positive, DLCO – diffusing capacity for carbon monoxide, n – number of patients.

Figure 1. Decreased DLCO in a-RNA Pol III (+) and (-) groups

more, there were no significant intergroup differences in ILD, TLC, PAH, heart involvement, gastrointestinal tract involvement, prevalence of arthritis or arthralgia, myalgia, digital ulcerations, contractures, calcinosis, overlap syndromes or mortality (Table 3). Furthermore, we did not find any significant differences in presence of another antibodies between the RNA Pol III positive and negative group (Table 4).

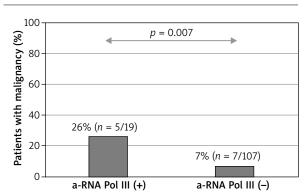
## Discussion

In the present study, we investigated the prevalence of marker antibodies in SSc, such as a-RNA Pol III antibodies. We also tried to assess their usefulness and association with clinical manifestations in patients with SSc. According to our observations, a-RNA Pol III antibodies were found in 15% of SSc patients. Our findings are similar to those reported in the literature. In the Australian Systemic Sclerosis Cohort Study, Petterson *et al.* presented that in the SSc group, 81 of 505 patients (16%) were a-RNA Pol III positive. Moreover, the prevalence of other SSc marker an-



a-RNA Pol III (-) - negative, a-RNA Pol III (+) - positive, SRC - scleroderma renal crisis, n - number of patients.

Figure 2. The prevalence of scleroderma renal crisis in a-RNA Pol III (+) and (-) groups



a-RNA Pol III (-) – negative, a-RNA Pol III (+) – positive, n – number of patients.

**Figure 3.** The prevalence of malignancy in a-RNA Pol III (+) and (–) groups

tibodies such as anti-topoisomerase I or anticentromere antibodies in the RNA Pol III positive group was rare [12]. In another study, Mierau *et al.* from the German Network for Systemic Scleroderma Registry used a commercial line

Table 3. Comparison of selected clinical parameters in a-RNA Pol III (+) and a-RNA Pol III (-) groups of patients with systemic sclerosis

Variable	SSc a-RNA Pol III(+) $n = 19$	SSc a-RNA Pol III(-) $n = 107$	<i>P</i> -value
ILD (HRCT)	11 (57.9%)	57 (53.3%)	NS
Decreased DLCO	13 (68.4%)	38 (35.5%)	0.007
TLC	7 (36.8%)	30 (28.0%)	NS
Heart involvement	6 (31.6%)	44 (41.1%)	NS
PAH (ECHO)	2 (10.5%)	26 (24.3%)	NS
Myositis	3 (15.8%)	19 (17.8%)	NS
Arthralgia	14 (73.7.8%)	93 (86.9%)	NS
Arthritis	4 (21.1%)	37 (34.6%)	NS
Gastrointestinal tract involvement	11 (57.9%)	68 (63.5%)	NS
Calcinosis	2 (10.5%)	22 (20.6%)	NS
Digital ulcerations	3 (15.8%)	23 (21.5%)	NS
Death	5 (26.3%)	17 (15.9%)	NS
Overlap syndrome	2 (10.5%)	25 (23.4%)	NS
Contractures	7 (36.8%)	33 (30.8%)	NS

Data were presented as number and percentage. P-value of < 0.05 was considered statistically significant. a-RNA Pol III positive -(+), a-RNA Pol III negative -(-), ILD - interstitial lung disease, HRCT - high-resolution computer tomography, DLCO - % of predicted diffusing capacity for carbon monoxide, TLC - total lung capacity, PAH - pulmonary arterial hypertension, ECHO - echocardiography.

Table 4. Comparison of selected serological parameters in a-RNA Pol III (+) and a-RNA Pol III (-) groups of patients with systemic sclerosis

Variable	SSc a-RNA Pol III (+) $n = 19$	SSc a-RNA Pol III (-) $n = 107$	<i>P</i> -value
Anti-Scl 70	5 (26.3%)	43 (40.23%)	NS
ACAs	1 (68.4%)	25 (23.4%)	NS
Anti-fibrillarin	0 (0%)	3 (2.8%)	NS
Anti-NOR90	1 (5.3%)	5 (4.7%)	NS
Anti-Th/To	0 (0%)	2 (1.9%)	NS
Anti-Pm/Scl	3 (15.9%)	18 (16.8%)	NS
Anti-Ku	0 (0%)	4 (3.7%)	NS
Anti-PDGFR	0 (0%)	0 (0%)	NS
Anti-Ro52	6 (31.6%)	28 (26.2%)	NS

Data were presented as number and percentage. P-value of < 0.05 was considered statistically significant. a-RNA Pol III positive - (+), a-RNA Pol III negative - (-), ACAs - anti-centromere autoantibodies, anti-NOR90 - autoantibodies against the nucleolus-organizing region-90.

immunoassay (Euroimmun) and found that co-expression of any combination of anticentromere, a-RNA Pol III, and topoisomerase I antibodies was rare, while co-expression of additional nonspecific autoantibodies was common [13, 14]. In our study, we also detected that approximately 70% of patients with a-RNA Pol III antibodies had no other SSc marker antibodies as anticentromere or anti-topoisomerase I antibodies. In the RNA Pol III group only 1 patient had anticentromere antibodies and 5 had anti-Scl70 antibodies. We did not find coexistence of anti-Ku or anti-Th/To antibodies with a-RNA Pol III antibodies because of a small number of patients with this antibodies in our study group. The prevalence of antibodies definitely depends on the method of detection. Peterson

and Mierau used the same test to assess antibodies as the one in our study, i.e. the EUROLINE Systemic Sclerosis Profile [12, 13]. On the other hand, Satoh *et al.* assessed the presence and clinical usefulness of a-RNA Pol III antibody measurements by enzyme-linked immunosorbent assay (ELISA) [15]. Furthermore, in Satoh's study, the prevalence of a-RNA Pol III antibodies in selected serum samples was confirmed by another method for the determination of these antibodies – immunoprecipitation (IP) assay. Using ELISA, they found a-RNA Pol III antibodies in 28/355 (11%) of SSc patients. In addition, they confirmed in the study that the analytical specificity of ELISA was > 98.8% but its sensitivity was lower compared with the IP assay [15]. Apart from the method of detection of an-

tibodies, the frequency of a-RNA Pol III antibodies in SSc patients varies among ethnic groups: a higher frequency was observed in North American Caucasian and UK patients (20–25%) in comparison with French, Chinese or Japanese patients (2-5%) [3, 4, 7, 8, 16-18]. The next important step in assessment of marker antibodies for SSc, such as a-RNA Pol III antibodies was to identify differences in the clinical picture of the disease and to find the association between clinical manifestations of SSc and the presence of a-RNA Pol III antibodies. According to the literature and our observations, patients with a-RNA Pol III antibodies have dcSSc with rapidly progressive skin thickening and the highest Rodnan Skin Score [19]. Nevertheless, many patients experience rapid regression of skin thickening over time even without treatment [3]. In our study, a-RNA Pol III antibodies were more common in patients with dcSSc (13/19) as compared to lcSSc (6/19). Satoh et al. have reported similar results; in the group of 38 patients with positive a-RNA Pol III antibodies, 32 patients had dcSSc and 6 patients had lcSSc [15]. It is difficult to explain the regression of skin thickening over time without treatment. Some data report that the high titres of a-RNA Pol III antibodies were observed in the early stages of SSc and it could be associated with rapid skin progression at the onset of disease [12]. Analysing the other clinical presentations of the disease, we found a positive association between a-RNA Pol III antibodies and SRC, occurrence of malignancy and decreased DLCO. The literature data are similar to our results [19, 20]. Satoh et al. have demonstrated that the clinical features associated with positivity for a-RNA Pol III antibodies include a high total skin score and a trend towards the high prevalence of renal crisis [15]. Moreover, Gordon et al. have revealed that on SSc diagnosis the presence of a-RNA Pol III antibodies was associated with future development of SRC [20]. According to Kuwana et al., patients with a-RNA Pol III antibodies have the highest risk of developing SRC, but they rarely develop severe ILD [3]. In Caucasians, about 60% of patients with SRC had a-RNA Pol III antibodies. The a-RNA Pol III antibodies could be detected in patients with acute renal failure in the course of SRC in the absence of sclerotic skin disease, but these patients eventually develop rapidly progressive skin thickening [3]. Numerous studies have demonstrated that a-RNA Pol III positive patients with SSc have a high risk of concomitant malignancy [8-10, 21, 22]. One large study, which used the data from the EULAR scleroderma trials and research (EUSTAR) cohort, revealed that a-RNA Pol III antibodies were associated with gastric antral vascular ectasia, rapid progression of skin involvement, and malignancies concomitant to SSc onset (OR = 7.38, 95% CI: 1.61–33.8). When compared with other a-RNA Pol III positive patients, those with concomitant malignancies had older age and more frequent diffuse cutaneous involvement [10]. The same study has suggested that prevalence of cancer in the a-RNA Pol III positive group is similar to

that in the a-topo I and anticentromere group but the SSc duration at cancer diagnosis is significantly shorter [3]. In our study we revealed an association between malignancy and presence of a-RNA Pol III antibodies, but the type of malignancy did not differ between the a-RNA Pol III positive and negative group. To sum up, a relationship between cancer and SSc among a-RNA Pol III positive patients suggests that SSc is a para-neoplastic disorder in this subset of patients. On the other hand, there are some controversial data reporting the lack of association between a-RNA Pol III antibodies and malignancy; however, a risk of cancer in SSc was directly associated with the presence of anti-PM/Scl antibodies [23]. In our study, interestingly, a decrease in DLCO was found to be higher in the positive RNA Pol III SSc group compared to the negative group. An explanation of the result is quite difficult. According to the literature, patients with a-RNA Pol III antibody have a lower risk of developing severe ILD [3]. In our results, we took into consideration the fact that 3/13 RNA Pol III positive patients with decreased DLCO had also a-topo I antibodies which are strongly associated with ILD. The literature data indicate that patients with a-RNA Pol III antibodies had an increased risk of gastric antral vascular ectasia, but a lower risk of oesophageal dysmotility; moreover, age at the onset is older and the proportion of males particularly with sclerosing tenosynovitis tends to be higher in patients with a-RNA Pol III antibodies [3, 12, 19, 24]. In the present study, we did not find such correlations.

## Conclusions

According to our results, a-RNA Pol III antibodies are quite common in patients with systemic sclerosis, particularly with a diffuse subtype. In more than 60% of patients a-RNA Pol III antibodies may be present as the sole marker of SSc antibodies. In SSc a-RNA Pol III antibodies are frequently associated with malignancy occurrence and development of scleroderma renal crisis. To sum up, measurements of a-RNA Pol III antibodies are useful in routine clinical practice because they are one of the marker antibodies in SSc diagnosis and in many cases they identify the subset of the disease with severe skin and renal involvement. Furthermore, the presence of a-RNA Pol III antibodies should alert physicians to an increased risk of scleroderma renal crisis and monitoring of blood pressure for early detection of this complication since the prompt introduction of angiotensin converting enzyme inhibitor can be life-saving. Moreover, the presence of a-RNA Pol III antibodies in SSc patients requires screening for associated cancer, even in the absence of clinical signs.

## Conflict of interest

The authors declare no conflict of interest.

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