

Reviews in Endocrine and Metabolic Disorders

Circadian alignment of food intake and glycaemic control by time-restricted eating: a systematic review and meta-analysis

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PUMBED SEARCH

("time-restricted eating" OR "time-restricted feeding" OR
"prolonged nightly fasting" OR "prolonged overnight fasting") AND
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feeding'/exp OR 'time-restricted feeding' OR
'prolonged nightly fasting' OR 'prolonged
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OR 'glycemic control' OR 'hbalc'/exp OR 'hbalc'
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#2	"glycemic control" OR "HbA1c" OR "glucose" OR "diabetes"	137874
#3	{AND #1- #2}	157