



HHS Public Access

Author manuscript

Nat Chem Biol. Author manuscript; available in PMC 2017 February 22.

Published in final edited form as:

Nat Chem Biol. 2016 October ; 12(10): 845–852. doi:10.1038/nchembio.2153.

Biophysical Determinants for Cellular Uptake of Hydrocarbon-Stapled Peptide Helices

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Abstract

Hydrocarbon-stapled peptides are a class of bioactive alpha-helical ligands developed to dissect and target protein interactions. While there is consensus that stapled peptides can be effective chemical tools for investigating protein regulation, their broader utility for therapeutic modulation of intracellular interactions remains an active area of study. In particular, the design principles for generating cell-permeable stapled peptides are empiric, yet consistent intracellular access is essential to *in vivo* application. Here, we used an unbiased statistical approach to determine which biophysical parameters dictate the uptake of stapled peptide libraries. We found that staple placement at the amphipathic boundary combined with optimal hydrophobic and helical content are the key drivers of cellular uptake, whereas excess hydrophobicity and positive charge at isolated amino acid positions can trigger membrane lysis at elevated peptide dosing. Our results provide a design roadmap for maximizing the potential to generate cell-permeable stapled peptides with on-mechanism cellular activity.

INTRODUCTION

The therapeutic impact of targeting yet undruggable intracellular protein interactions could be transformative and continues to inspire new chemical approaches to developing potent and specific compounds that feature (1) the large and complex surface binding capacity of antibodies with (2) the intracellular access of small molecules. Hydrocarbon-stapled peptides have emerged as one possible solution in that they recapitulate the structure and

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AUTHOR CONTRIBUTIONS

G.H.B., E.M., D.S.N., and L.D.W. designed the study; G.H.B., K. O.-N., M.G., M.A.L. and L.D.W. generated stapled peptides, performed the cellular uptake experiments, and conducted binding and cell viability analyses; E.M. and D.S.N. performed the statistical analyses; G.H.B., E.M., D.S.N., and L.D.W. analyzed the data and wrote the manuscript, which was reviewed by all co-authors.

COMPETING FINANCIAL INTERESTS

L.D.W. is a scientific advisory board member and consultant for Aileron Therapeutics.

specificity of bioactive α -helices, resist proteolytic degradation *in vivo* and, when appropriately designed, gain entrance to the cell by a macropinocytotic mechanism¹. The original proof-of-concept for synthesizing structurally-reinforced and protease-resistant “stapled” α -helices derived from the insertion of α,α -disubstituted non-natural amino acids bearing olefin tethers into an RNase A peptide template at *i*, *i+4* or *i*, *i+7* positions, followed by ruthenium-catalyzed olefin metathesis². The first cellular application of hydrocarbon-stapled α -helices, which were modeled after the BCL-2 homology 3 (BH3) domain of pro-apoptotic BID, revealed their capacity for cellular uptake by an energy-dependent macropinocytotic mechanism, resulting in activation of the apoptotic signaling cascade³. The subsequent development of a library of stapled α -helical peptides modeled after the p53 transactivation domain highlighted that not all stapled peptides are cell permeable; in fact, none of the stapled peptides in the original p53 panel were cell penetrant⁴. Based on our prior experience in enhancing the cellular uptake of stapled BID peptides by optimizing α -helicity and adjusting the overall peptide charge from -2 to 0 or $+1$, we generated a revised p53 panel bearing E to Q and D to N mutations, yielding cell penetrant analogs capable of reactivating the p53 pathway through targeted inhibition of HDM2⁴ and HDMX⁵. Iteration of this compound to mitigate serum binding and further improve potency⁶ resulted in the development of the first stapled peptide drug to be evaluated in ongoing clinical trials for targeting an intracellular protein interaction (ClinicalTrials.gov identifier: NCT02264613).

Despite the remarkable promise of stapled peptides as a novel class of compounds for dissecting and targeting protein interactions^{5,7–12}, the criteria for generating cell penetrant analogs is unknown, with design strategies driven by trial-and-error or cumulative empiric observations. Whereas such factors as α -helicity, positive charge, peptide sequence, staple composition and placement, and membrane interaction have all been invoked as contributing factors for cell uptake propensity^{1,13–15}, an unbiased biostatistical approach has not been applied to formally interrogate the determinants of stapled peptide uptake. This lack of clarity presents a roadblock to the broader utility of stapled peptides for cellular and *in vivo* analyses. Indeed, the use of cell impermeable stapled peptides in cellular studies has led to faulty conclusions about stapled peptide uptake and activity^{16–18}. Conversely, the application of supraphysiologic doses of aggregation-prone constructs can lead to cytotoxicity misinterpreted as mechanistically on-target rather than nonspecific membrane lysis^{1,19}.

Having recently confirmed by electron microscopy that cell penetrant stapled peptides can reach their intracellular site of biological activity without plasma membrane disruption²⁰, here we applied high content microscopy and biophysical characterization of staple scanning and point mutation libraries of stapled BIM BH3 peptides to identify those parameters that dictate cellular penetrance using unbiased statistical methods. We found that placement of the all-hydrocarbon staple at the amphipathic boundary, which extends the hydrophobic surface, in addition to optimal peptide hydrophobicity and alpha-helicity, are the key drivers of cellular uptake. In addition, the combination of excess overall hydrophobicity and positive charge that derives from specific amino acid positions can be a risk factor for cell membrane lysis at elevated peptide dosing. We envision that implementing these design principles will expedite the advancement of cell-penetrating stapled peptides with on-mechanism biological and therapeutic activities.

RESULTS

High-stringency assessment of stapled peptide uptake

Our first goal was to harness high-throughput epifluorescence microscopy and the ImageXpress Micro (IXM) Widefield High Content Analysis System to develop a rigorous quantitation platform for measuring cellular uptake of stapled peptides derivatized at the N-terminus with a FITC fluorophore. We chose FITC-BIM SAHB_{AI} to benchmark the microscopic analyses, since its cellular uptake has been documented across a variety of diverse experimental methods, including fluorescence scan of electrophoresed lysates from treated cells, confocal microscopy, and electron microscopy^{10,20}. We utilized Custom Module Editor to create a custom module (CM) for analysis based on the following principles: (1) define cellular uptake in mouse embryonic fibroblasts (MEFs) based on visualizing cellular and nuclear boundaries using CellMask Deep Red (CMDR) and Hoechst 33342, respectively, thereby excluding extracellular aggregates and autofluorescent debris (Fig. 1a), (2) contract the resultant cellular mask by a defined pixel boundary to avoid quantitation of extracellular, membrane-adherent peptide, (3) exclude FITC signal outliers that reflect out-of-focus fluorescence, (4) acquire images for analysis at 20× and 40× magnification to ensure precise resolution of fluorescence on a per cell basis, (5) visualize distinct central locations of the cellular field to achieve unbiased sampling and avoid edge artifact (Supplementary Results, Supplementary Fig. 1), and (6) maximize signal-to-noise ratios to ensure optimal sensitivity and specificity of internal FITC-peptide signal (Supplementary Fig. 2). Using our CM, we confirmed that fixation with 4% paraformaldehyde had no effect on our total internalized FITC intensity (TIFI) measurements when compared to live cell imaging, enabling us to eliminate any variability that could arise from subjecting live cells to acquisition times lasting up to 2 hours (Supplementary Fig. 3).

We then sought to determine what cellular density, acquisition time point, and peptide dose was optimal for measuring internalized FITC-peptide. Comparing vehicle, the unmodified template peptide FITC-BIM BH3_I (aa 146–166) and the corresponding stapled analog BIM SAHB_{AI} at 500 nM dosing for 4 hours, we detected robust TIFI only for BIM SAHB_{AI}, with the signal essentially constant on a per cell basis across the 2.5×10^3 to 4.0×10^4 range of cellular densities tested (Fig. 1b). We next followed TIFI over time upon treating MEFs at a density of 2×10^4 cells with 500 nM peptides, and observed time-responsive uptake for BIM SAHB_{AI} that peaked by 2 hours and remained stable thereafter (Fig. 1c). Using a plating density of 2×10^4 and time point of 2 hours, we varied the dose of applied peptide and observed a linear, dose-responsive increase in TIFI for FITC-BIM BH3_I and FITC-BIM SAHB_{AI}, with the stapled analog consistently showing markedly enhanced uptake over the entire dose range (Fig. 1d). To avoid any differences in peptide internalization based on variability in serum binding, the above analyses were conducted in serum-free medium. However, given the importance of understanding the influence of serum exposure on the cellular activity of stapled peptides, we tested the effect of fetal bovine serum (FBS) on peptide internalization over a 0% to 10% dose range. Consistent with our prior observations that FBS can suppress the cellular uptake and biological activity of BIM SAHB_{AI}^{8,10}, here we found that the serum-suppressive effect was dose-responsive, with near complete

elimination of cellular uptake at 10% FBS but relative preservation of cellular uptake up to 5% of added FBS (Fig. 1e).

A recent report suggested that stapled peptides may gain cellular entry by inducing plasma membrane lysis and that FBS suppressed this uptake by preserving membrane integrity¹⁹. To explore this hypothesis, we subjected MEFs at a plating density of 2×10^4 to a serial dilution of FITC-BIM SAHB_{AI} starting at 20 μ M in the absence of serum and monitored for cellular lysis by LDH release over time. Importantly, we observed no LDH release across the entire dose range at either 30 min or 180 min post-treatment (Supplementary Fig. 4). Consistent with our recent electron microscopy study²⁰, these data rule out the possibility that FITC-BIM SAHB_{AI} achieves cellular entry via membrane lysis or that FBS is blocking stapled peptide import by preventing membrane lysis. Thus, based on the above results, we selected (1) 2×10^4 cell density, (2) 4 hour acquisition time, (3) 500 nM dosing, and (4) 0% FBS as treatment parameters for our study in order to maximize sensitivity and specificity of our detection method while avoiding the variability introduced by live cell imaging and differential effects of serum on the diverse compositions within our stapled peptide libraries.

Cell import determinants for a staple scanning library

When designing stapled peptides for biochemical and biological studies, one of the first questions to address is where to install the staple. Here, we generated a library of stapled BIM BH3 peptides by performing a “staple scan” that sequentially places the staple along the length of the template peptide, yielding 17 *i, i+4* stapled peptides. We monitored the cellular uptake of the FITC-derivatized stapled peptides by IXM using our CM. Importantly, of the cellular fluorescent dyes measured in our microscopy assay (i.e. Hoechst, CMDR, FITC), only the FITC intensity varied with stapled peptide composition (Supplementary Fig. 5). Our prototype BIM SAHB_{AI} peptide that bears a staple flanking IGD emerged as the clear winner (TIFI $> 3.0 \times 10^6$), with four additional constructs containing staples flanking QEL, ELR, AYY, and LRR also demonstrating notable uptake at TIFIs of 2.16×10^6 , 1.21×10^6 , 1.07×10^6 , and 0.88×10^6 , respectively (Fig. 2a). We verified the reproducibility of both our microscopy method and TIFI values for comparative uptake analyses by performing biological replicates, which showed strong mutual association (Spearman’s correlation $p < 0.0001$) (Supplementary Fig. 6a). To examine whether the TIFI hierarchy observed in MEFs was recapitulated in a different cell line, we repeated the analyses in HeLa cells and again observed strong association (Spearman’s correlation $p = 0.0002$) (Supplementary Fig. 6b), reinforcing the technical and biological reproducibility of our quantitative approach.

In examining the staple distribution of the most penetrant constructs along the amphipathic helix using a colorimetric scale, we found that staple positions located at the hydrophobic/hydrophilic boundary were the most favorable for cellular uptake (Fig. 2b). These data suggest that extending the hydrophobic surface of stapled peptides, such as beyond 180 degrees in the case of BIM BH3, may be a critical design feature of cell penetrant stapled peptides. Indeed, all six BIM SAHB constructs bearing a staple restricted to the hydrophobic interaction surface of the helix were among the least cell permeable peptides.

To expand this type of know-how beyond empiric observation, we next compiled a table of calculated and experimental parameters that define key biophysical properties of the stapled

peptide library, including calculated hydrophobicity, HPLC column retention time (pH 7), percent α -helicity (circular dichroism), and calculated net charge and pI (Supplementary Table 1). In examining individual parameter associations with TIFI, we found that only the calculated hydrophobicity and experimentally-determined HPLC retention time (pH 7) demonstrated a statistically-significant relationship with cellular uptake (Spearman's correlation $p = 0.031$ and 0.030 , respectively), with the association following a piecewise linear trajectory (Fig. 2c–d, Supplementary Fig. 7). Of note, we determined HPLC retention times at pH 7 to gauge peptide behavior at physiologic pH, but also found that the retention times at pH 4 – the more typical pH for HPLC purifying peptides – were strongly associated with the pH 7 values (Spearman's correlation $p < 0.001$), thereby allowing retention time analyses for these purposes to be conducted under routine conditions (Supplementary Fig. 8). Because calculated hydrophobicity and HPLC retention time also correlated extremely well with one another (Spearman's correlation $p = 0.009$) (Supplementary Fig. 9), our data suggest that staple placement at the amphipathic boundary of the binding interface combined with prioritization of constructs based on relatively high hydrophobicity as determined from calculations alone, reflect a critical first step in designing a cell penetrant stapled peptide. Indeed, we verified these design conclusions using a different sequence template bearing less amphipathic character and an alternative $i, i+7$ staple composition, namely stabilized alpha-helices of SOS1 (SAH-SOS1). Again, we found that cellular uptake, as reflected by TIFI measurement, was highly associated with hydrophobicity (Spearman's correlation $p = 0.035$) (Supplementary Fig. 10a) and all three of the staples that extended the hydrophobic surface beyond the target binding interface were among the constructs yielding the highest TIFI values (Supplementary Fig. 10b).

The overall variability of the data was initially investigated using a principal components analysis (PCA)^{21–23} that included 9 potential explanatory variables and TIFI. The measures of hydrophobicity (calculated hydrophobicity, HPLC retention time), charge state (pI, net charge), and α -helicity were identified as the primary features of the overall variability. Therefore, we performed a subsequent PCA using representative covariates for these quantities. Because overall charge and pI are both calculated and strongly associated values (Spearman's correlation $p < 0.001$) (Supplementary Fig. 11), we selected pI to represent peptide charge state for our analysis. Both HPLC retention time and calculated hydrophobicity contributed strongly to principal component 1, whereas percent α -helicity and pI defined principal components 2 and 3, respectively (Supplementary Table 2). Stapled peptide hydrophobicity and retention time represent the largest portion of the observed data variability (44%) by PCA and are the only individual parameters to demonstrate a statistically-significant relationship with TIFI (Fig. 2c–d), yet the PCA also suggests that α -helical content and pI serve as key secondary contributors to the data variability (28% and 21%, respectively).

To delve further into how hydrophobicity, α -helical content and pI together influenced the cellular uptake of our staple scanning library, we next constructed a regression tree using a recursive partitioning algorithm²⁴, which serves as an exploratory statistical tool for identifying key subpopulations within the peptide dataset through a series of binary queries. As expected, the first breakpoint for distinguishing between cell permeable and impermeable peptides was based on HPLC retention time, a measure of hydrophobicity (Fig. 2e). All

peptides with a retention time of less than 9.56 minutes uniformly demonstrated little to no cellular uptake. However, of the stapled peptides that exhibited 9.56 minutes or greater retention time (i.e. the more hydrophobic subgroup), percent α -helicity then became a major driver. Interestingly, those stapled peptides with α -helicities of $>87\%$ or $<60\%$ demonstrated only moderate cellular uptake and notably less than constructs with α -helicities in the 61–86% range (Fig. 2e). Thus, the sweet spot for cellular uptake of stapled BIM BH3 peptides appears to be dictated by relatively high hydrophobicity combined with elevated, but not excessive, α -helical content, an important subtlety masked by other modes of analysis.

Influence of point mutagenesis on cellular uptake

Once a lead stapled peptide emerges based on staple placement and the above-described hydrophobicity and α -helicity considerations, it may be desirable to generate an expanded cluster of leads by fine tuning amino acid composition, including evaluating the impact of adjusting overall charge, as has been pursued for a variety of stapled peptide applications^{3,4,9,11,12}. To better understand the influence of charge in the context of an already well-optimized stapled peptide lead, we generated a BIM SAHB_{AI} library composed of a series of point mutations that altered charge and hydrophobicity at discrete positions (Fig. 3a, Supplementary Table 3). Cellular uptake analysis of this library revealed a remarkable influence of single point mutations on TIFI (Fig. 3a–b). Consistent with a multifactorial role of biophysical influences on stapled peptide uptake, no single parameter independently showed an association with TIFI for this point mutant library (Supplementary Fig. 12). Like the previous case, PCA analysis revealed that hydrophobicity and retention time explain the largest amount of variability (component 1, 47%), but the contribution of pI (component 2, 32%) surpassed that of α -helicity (component 3, 17%) in this analysis (Supplementary Table 4). Interestingly, recursive partitioning demonstrated that mutations that either increased the pI (>9.75) or reduced the retention time (<9.7) relative to BIM SAHB_{AI}, impaired cellular uptake, whereas constructs that maintained or increased retention time (9.7–11.2) and even lowered the overall pI (8.8–9.34) preserved high level cellular uptake (Fig. 3c). These data are inconsistent with the notion that positive charge is an independent, mechanism-based requirement for stapled peptide import¹⁴, as evidenced by retention of high level TIFI upon R153D, G156E, and A161E mutagenesis of BIM SAHB_{AI}. Taken together, we find that the cellular uptake of stapled BIM BH3 peptides is predominantly driven by hydrophobicity and α -helicity, yet because of multifactorial influences that include pI, expanding and fine tuning a pool of lead compounds can be achieved by judicious sequence modification.

Identifying stapled peptides with biological function

Because staple insertion and point mutagenesis, by definition, alter the native sequence of the template peptide, biochemical and biological testing is essential to identifying cell-penetrant stapled peptides that are also bioactive. For example, when we subjected our staple scanning and point mutation libraries of FITC-BIM BH3 to fluorescence polarization binding analysis against an established BCL-2 family target, such as BCL-X_L, we identified a spectrum of binding affinities ranging from 14 nM (BIM SAHB_{AI}) to over 1 μ M. The observed losses in binding activity are consistent with disrupting the critical hydrophobic interaction surface and/or mutating specific residues known to be essential for BCL-X_L

interaction (e.g. L152, G156) (Fig. 4a–b). We then screened our libraries for cytotoxic activity in a leukemia cell line engineered to be dependent on BCL-X_L for survival (BCL-X_L-reconstituted *p185⁺ Arf^{-/-}/Mcl-1*-deleted B-cell acute lymphoblastic leukemia)^{25,26}, and again obtained a spectrum of cytotoxic activity, with IC₅₀s ranging from 3 to >40 μM (Fig. 4c–d). In order to identify compounds whose cytotoxicity correlates with the capacity for cellular uptake and intracellular target engagement, it is important to first rule out nonspecific cytotoxicity due to potential plasma membrane lysis. We screened for this undesirable activity by exposing cells to high micromolar dosing of stapled peptides, followed by measurement of LDH release after 30 min of treatment in the absence of serum. Twenty-eight of 36 constructs (~80%) showed no lytic activity when applied to the B-ALL cells at 10 μM dosing for 30 min, with 3 constructs demonstrating low grade lytic activity and 5 constructs identified as clearly lytic (Fig. 5a–b). Of the five notably lytic stapled peptides, three had in common the conversion of E151 to a hydrophobic residue (i.e., stapling amino acid substitution or leucine mutation) and the remaining two featured the mutations W147R or A164T. Thus, lytic properties can be attributed to very specific, focal changes in sequence composition, rather than reflect a general liability of installing hydrocarbon staples.

To better predict what biophysical parameters give rise to stapled peptides that are lytic, we applied the recursive partitioning algorithm using LDH release as the undesirable outcome (Fig. 5c). Interestingly, pI served as the first breakpoint for classifying stapled peptides as at risk for causing lysis or not. Among the 28 of 36 constructs that displayed no lytic activity, 23 have a pI <9.76 and α-helical content spanning a broad range, from 21% to 96%. Only 1 of 29 constructs with pI <9.76 caused prominent membrane lysis, and it belonged to the subgroup of three peptides with α-helicities of >97%, suggesting that near-perfect α-helical stabilization could be detrimental. Of those stapled peptides with pIs in the 9.76–10.30 range, 1 of 3 peptides with retention times of 8.8–9.77 min and 3 of 4 peptides with retention times of 9.78–12 min were lytic. Thus, the combination of relatively high positive charge and hydrophobicity represent the greatest risk factors for generating stapled peptides with the propensity to lyse cellular membranes at high doses. To test this conclusion, we performed LDH release assays using our distinct *i*, *i+7*-stapled SOS1 library and found that none of the SAH-SOS1 peptides induced plasma membrane lysis, consistent with all constructs having a pI of <9.76 (Supplementary Fig. 13).

With cellular uptake, biochemical, and cellular data in hand, desired thresholds can then be applied to prioritize lead compounds for *in vitro* and *in vivo* application. For example, using selection criteria of TIFI >0.8×10⁶, BCL-X_L binding activity of <100 nM, and cellular IC₅₀ <20 μM, BIM BH3 peptides bearing XIGDX- and XAYYX-positioned staples emerged as the most promising constructs for BCL-X_L targeting (Fig. 6). Indeed, the XIGDX staple (our reported “A” position) has been the most successful to date when applied in the context of BID³, BIM^{8,10}, BAD^{27,28}, and PUMA²⁹ BH3 peptides, whereas installing a staple at the corresponding XAYYX position in MCL-1³⁰ BH3 yielded an optimal construct for structural and cellular work. Importantly, these analyses can also inform the selection of negative control point mutants that maintain efficient cellular uptake but lose binding and cellular activity as a result of disrupting important amino acid contacts for protein target interaction, as exemplified by the R153D¹⁰ and G156E mutations in BIM BH3. Constructs

that manifest cellular uptake, target binding affinity, and cytotoxicity but also induce membrane lysis can be identified and promptly disqualified from further development (e.g. XLRRX staple in BIM BH3). Alternatively, compounds that are taken up by cells and bind the target but have weak cellular activity (e.g. XELRX position) or that exhibit relatively weak binding affinity but manifest cytotoxicity in the absence of significant membrane lysis, could warrant further affinity optimization or investigation of other cellular target(s), respectively. Taken together, these data provide a practical and unbiased approach for identifying a lead peptide such as BIM SAHB_{AI} (TIFI>3×10⁶, target binding EC₅₀ of 14 nM, cellular IC₅₀ of 4 μM, and no membrane lysis), for advancement as both a chemical tool and prototype therapeutic.

DISCUSSION

Structural stabilization of bioactive α-helices by insertion of all-hydrocarbon staples has yielded a large and growing diversity of compounds for scientific investigation and potential clinical development¹. Among the most exciting features of stapled peptides are their capacity to recapitulate the structure and function of evolutionarily-honed motifs for protein modulation, and substantially resist proteolysis *in vitro* and *in vivo*^{3,31}, overcoming a key liability of therapeutic peptides. Whereas stapled peptides have been developed to address a series of extracellular targets^{3,31,32}, including potential use as structured antigens for vaccination³³, the capacity of appropriately-designed constructs to access the intracellular environment offers a new opportunity to potentially target a host of yet undruggable protein interactions. Indeed, when compared head-to-head with unmodified peptide sequences bearing cell-penetrating leader sequences such as TAT, structured and proteolytically-resistant stapled peptides can achieve robust and more sustained intracellular levels^{9,12}. Therefore, understanding just how to design cell penetrant stapled peptides for clinical development remains a high priority goal.

In our earliest work on examining the effects of BID BH3 stapled peptides on treated leukemia cells, we observed energy-dependent macropinosomal import followed by time-dependent pinosomal release and concentration at the mitochondrial outer membrane, a physiologic site of ligand-target engagement³. Our recent electron microscopy studies of BIM BH3 stapled peptides confirmed vesicular import in the absence of plasma membrane disruption, with compound accumulation at the mitochondria²⁰. Fluorescence correlation microscopy has recently been applied to track the import and cytosolic release of stapled p53 peptides, with the extent of intracellular access shown to correlate with compound efficacy in cell-based assays^{4,34}. These high resolution imaging studies clearly document that appropriately-designed stapled peptides can penetrate intact cells and access the cytoplasm. Indeed, drawing conclusions about stapled peptide permeability without actually measuring cellular uptake can lead to faulty assertions^{18,19}. Nevertheless, what specific properties confer cellular penetrance has remained enigmatic. A recent survey of a large and eclectic library of stapled peptides suggested that the staple itself along with overall positive peptide charge were the two key properties that dictated cellular penetrance¹⁴. Yet, stapled peptides with significantly net positive (+3 to +5) and negative (−4) charge have been reported to exhibit intracellular activity, in addition to the cell penetrant stapled peptides with near-neutral net charge (−1 to +2) that predominate in the literature¹⁶.

To address this critical gap in understanding, we developed a rigorous quantitative approach for measuring intracellular stapled peptides, and generated a comprehensive staple scanning library to prospectively determine what biophysical factors, singly or in combination, correlate with cellular uptake using a series of statistical methods. We find that the extent of peptide hydrophobicity, as determined by calculation or by measuring HPLC retention time, is the major driver of cellular penetrance, which is also influenced by α -helicity and pI. For the BIM BH3 template, retention times of 9.67–11.26 minutes, coupled with α -helicities of 61–86%, represented the sweet spot for cellular uptake. Importantly, we found that stapled peptides with a pI in the 9.76–10.3 range and retention times of 9.78–12.0 minutes, were at greatest risk of inducing nonspecific cellular lysis. Thus, to achieve cellular uptake without membrane disruption, the combination of excessive positive charge and hydrophobicity should be avoided. In generating and analyzing a point mutant library of our lead BIM BH3 stapled peptide, BIM SAHB_{AJ}, we observed that cellular uptake can be effectively preserved by lowering the pI to the 8.8–9.34 range while maintaining elevated hydrophobic content (retention times of 9.7–11.2). Thus, in contrast to other classes of cell-penetrating peptides, such as poly-Arg and TAT constructs, positive charge is not a design requirement for generating cell penetrant stapled peptides. Indeed, the first stapled peptide to emerge as a clinical candidate for intracellular targeting has a net charge of -1^6 .

Consistent with the importance of hydrophobicity in driving the cellular uptake feature of stapled peptides, those BIM BH3 constructs containing staples at the amphipathic boundary were the most penetrant compounds. This suggests that creating an expanded hydrophobic surface on the peptide α -helix is a key design strategy for generating cell permeable stapled peptides, as also evidenced by our cellular uptake analysis of SAH-SOS1 stapled peptides that are composed of a different and less amphipathic amino acid sequence, and bear an alternate staple type. Indeed, increasing the hydrophobic contact surface may facilitate plasma membrane tropism for cellular import¹⁵. A fortuitous benefit of installing hydrocarbon staples at the boundary of the binding interface is the opportunity for the staple itself to make additional hydrophobic contacts with the protein target. This phenomenon has been observed for a series of cell penetrant, bioactive stapled peptides as demonstrated by the crystal structures of the MCL-1 SAHB_D/MCL-1³⁰, SAH-p53-8/HDM2³⁵, and ATSP-7041/HDMX⁶ complexes; in each case, staple engagement increased binding affinity without compromising selectivity. Taken together, we find that a stapled peptide design approach that incorporates the described principles of staple placement and tuning hydrophobicity, α -helicity, and pI provides the best chance for rapidly identifying lead compounds for cellular and clinical application.

ONLINE METHODS

Stapled Peptide Synthesis and Characterization

All-hydrocarbon stapled peptides were synthesized, derivatized at the N-terminus with FITC- β Ala or acetyl, and purified to >95% homogeneity by LC/MS as previously described³⁶. Acetylated peptides were dissolved in 10% (vol/vol) acetonitrile in water for circular dichroism analyses, performed on an Aviv Biomedical spectrophotometer, as reported³⁶.

ImageXpress Microscopy Analysis

For high-content fluorescence microscopy analysis, the indicated cell lines were plated in black, clear bottom 96-well plates overnight at a density of 2×10^4 cells per well in DMEM supplemented with 10% (vol/vol) FBS, 1% penicillin/streptomycin, and 1% glutamine. The following day, cells were treated with 0.5 μ M FITC-labeled peptides or the equivalent amount of vehicle (0.1% DMSO) for 4 h in serum-free DMEM, and then stained with Hoechst 33342 and CellMask Deep Red (CMDR, Invitrogen) for 10 min. The media was aspirated, and cells were fixed with 4% (wt/vol) paraformaldehyde for 10 min, washed three times with PBS and imaged by ImageXpress Microscopy (high-throughput epifluorescence microscope; Molecular Devices). Data were collected for four sites per well at 20 \times magnification (nine sites per well at 40 \times magnification can also be used), with each treatment performed in duplicate, and then analyzed and quantified using MetaXpress software. The CMDR stain was used to visualize the boundaries of the cell and to create a mask for measuring FITC-peptide inside the cell, thereby excluding fluorescent debris from the analysis. A custom module in MetaXpress was applied to incrementally recede the CMDR image mask from the cellular border, further restricting the analyzed FITC signal to internalized peptide. The analysis module was calibrated by defining uniformly negative vs. uniformly positive total well fluorescence based on a vehicle-treated field and a validated positive control field, respectively (e.g. BIM SAHB_{A1}^{10,20}); the orthogonal measure of TIFI then determined the level of absolute fluorescence detected per cell, per peptide construct, for the intra-panel comparisons. Maximum and minimum thresholding was utilized to exclude FITC and Cy5 outliers that were much larger and brighter than average and total intensity, and average intensity per cell thresholds were set such that nearly all vehicle-treated cells scored negative by the analysis. For each comparative analysis, all stapled peptides in the panel were measured on the same day using the same plating of cells and peptide dilutions. Then, the entire experiment was repeated twice more (three biological replicates overall) on different days, with freshly plated cells and peptide dilutions.

Cell Culture

B-ALL (BCL- X_L -reconstituted *p185⁺ Arf^{-/-} Mcl-1^{del}*)^{25,26} (kindly provided by Dr. Joseph Opferman, St. Jude Children's Research Hospital) and Jurkat T-cells (ATCC, TIB-152) were maintained in RPMI 1640 (ATCC) supplemented with 10% (v/v) FBS, 100 U/mL penicillin, 100 mg/mL streptomycin, 0.1 mM MEM nonessential amino acids, and 50 mM β -mercaptoethanol. Mouse embryonic fibroblasts (MEFs) and HeLa cells (ATCC, CRM-CCL-2) were maintained in DMEM high glucose (Invitrogen) supplemented with 10% (v/v) FBS, 100 U/mL penicillin, 100 mg/mL streptomycin, 2 mM L-glutamine, 50 mM HEPES, 0.1 mM MEM nonessential amino acids, and 50 mM β -mercaptoethanol. Cells were verified to be mycoplasma-free using the MycoAlertTM mycoplasma detection kit (Lonza Biologics Inc).

Lactate Dehydrogenase Release Assay

MEFs were plated in 96-well format (2.0×10^4 cells per well), and after overnight incubation, full media was replaced with serum-free DMEM. B-ALL and Jurkat T-cells were plated in 96-well format (2×10^4 cells per well) in serum-free RPMI. Serial dilutions of BIM-SAHB_{A1}

from a 10 mM DMSO stock, or vehicle, were added to the MEFs in a final volume of 100 μ L and incubated at 37 °C for 0.5 or 3 h, or the peptides were added to the B-ALL or Jurkat T-cells at 10 μ M and incubated for 0.5 h. The plate was spun down at 1500 rpm for 5 min at 4°C, and 80 μ L of cell culture media was transferred to a clear plate (Corning), incubated with 80 μ L of LDH reagent (Roche) for 15 min while shaking, and absorbance measured at 490 nm on a microplate reader (SpectraMax M5 Microplate Reader, Molecular Devices).

Recombinant Protein Production

BCL-X_L C was expressed as a glutathione-S-transferase (GST) fusion protein in *Escherichia coli* BL21 (DE3) from the pGEX2T vector (Pharmacia Biotech) and purified by affinity chromatography using glutathione sepharose beads (GE Healthcare), followed by thrombin cleavage of the GST tag and gel filtration FPLC, performed as described²⁵.

Fluorescence Polarization Binding Assay

For direct FP binding assays, FITC-derivatized peptides (25 nM) were added to serial dilutions of recombinant protein in binding buffer (100 mM NaCl, 50 mM Tris, pH 8.0) in 96-well black opaque plates. The plates were incubated in the dark at RT and then fluorescence polarization measured at 20 min on a microplate reader (SpectraMx M5 Microplate Reader, Molecular Devices). EC₅₀s were calculated by nonlinear regression analysis of dose–response curves using Prism software 5.0 (GraphPad).

Cell Viability

B-ALL cells (4×10^4 /well) were seeded in 96-well opaque plates in a volume of 40 μ L in serum-free RPMI using a multiwell dispenser (Apricot) to ensure consistency and reproducibility among the 5–7 plates required per panel. A 2 \times concentrated plate of the indicated serial dilutions of peptide (10 mM DMSO stock) or DMSO (0.4%) in serum-free RPMI in a volume of 40 μ L was then transferred to the cells and the plate incubated at 37°C for 4 hours, at which time, 8.9 μ L per well of 100% FBS was added back and cell viability assayed 20 h later by addition of CellTiter-Glo reagent, according to the manufacturer's protocol (Promega). IC₅₀s were calculated by nonlinear regression analysis of dose-response curves using Prism software 5.0 (GraphPad).

Statistical Methods

The Spearman's correlation coefficient was used to assess the degree of the univariate relationships between the TIFI and the biophysical variables in the dataset. This quantity is based on the ranks of the data rather than on the observed data values, and consequently is less sensitive to outliers or extreme values than Pearson. The significance of the Spearman's correlation coefficient is evaluated by means of a permutation test, with the calculations performed using the R statistical software³⁷ package pvrnk (<https://cran.r-project.org/web/packages/pvrnk/pvrnk.pdf>). Data are represented graphically by scatterplots, and lines were fit using a loess smoother.

Principal components analysis (PCA)^{21–23} provides a useful method to observe the data through a coordinate system that highlights variability. Retaining an interpretable number of principal components, each of which is a weighted combination of a subset of the available

variables, reduces the dimensionality of the data by simplifying the interpretation of the covariance structure. The first principal component explains the largest proportion of the variance, and so on. The original covariates for the exploratory PCA included TIFI, net charge, pI, hydrophilicity, percent hydrophobic residues, hydrophobicity, hydrophobic moment (vector components of magnitude and direction), pH 7 retention time, and percent α -helicity. The calculations were performed using Stata v.13.1³⁸.

Further analysis of the data to relate the three principal components to TIFI was accomplished using the recursive partitioning algorithm²⁴. The result is a tree-like representation, calculated using the R package rpart (<https://cran.r-project.org/web/packages/rpart/rpart.pdf>), and includes relevant binary splits of the dataset. The optimal cut points for each split are evaluated by assessing sums of squares as in analysis of variance.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

We thank E. Smith for graphics support, S. Rudnicki of the Institute of Chemistry and Cell Biology–Longwood for assistance with IXM screening and analysis, and J. Opferman of St. Jude Children’s Research Hospital for the BCL-XL reconstituted *p185⁺Arf^{-/-}Mcl-1*-deleted B-ALL cells. This research was supported by NIH grant 1R35CA197583 and 1R21CA209358, a Leukemia and Lymphoma Society (LLS) Marshall A. Lichtman Specialized Center of Research project grant, the William Lawrence and Blanche Hughes Foundation, the Todd J. Schwartz Memorial Fund, the Wolpoff Family Foundation, and an LLS Scholar Award to L.D.W. E.M. and D.S.N. are supported in part by the Dana-Farber/Harvard Cancer Center Support Grant 5 P30 CA006516.

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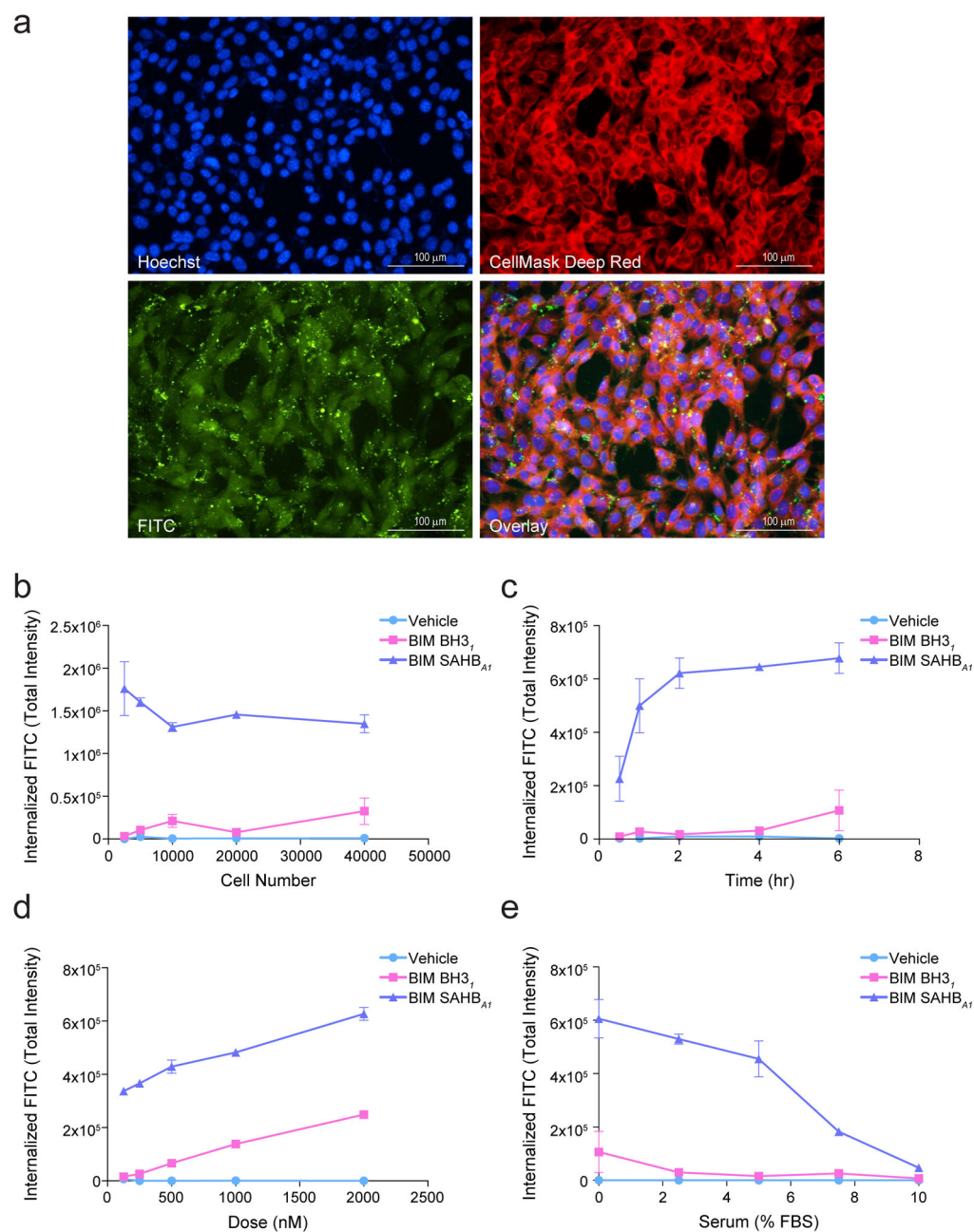


Figure 1. Microscopy-based quantitation of stapled peptide uptake

(a) Exemplary images of mouse embryonic fibroblasts (MEFs) treated with FITC-BIM SAHB_{A1} (green) and stained with Hoechst (blue) and CellMask Deep Red (red) to monitor the localization of FITC-peptide with respect to cellular architecture (overlay). Images were acquired by IXM at 20× magnification. Bar, 100 μm (b–e) Total internalized fluorescence intensity (TIFI) on a per cell basis was monitored upon varying (b) cell density (500 nM peptide, 4 hr, 0% FBS), (c) acquisition time (500 nM peptide, 2×10⁴ cells, 0% FBS), (d) FITC-peptide dose (2×10⁴ cells, 4 hr, 0% FBS), and (e) percent added FBS (500 nM peptide, 2×10⁴ cells, 4 hr). Data are mean ± s.e.m. for experiments performed in duplicate

wells with 4 image acquisitions per well. Three biological replicates were performed for each experiment with similar results.

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(hydrophobicity/HPLC retention time, α -helicity, and pI) on TIFI outcome. Triangles reflect the directionality of parameter values. Retention time and α -helicity are indicated in minutes and percent, respectively. Data are mean \pm s.d. for each peptide subpopulation.

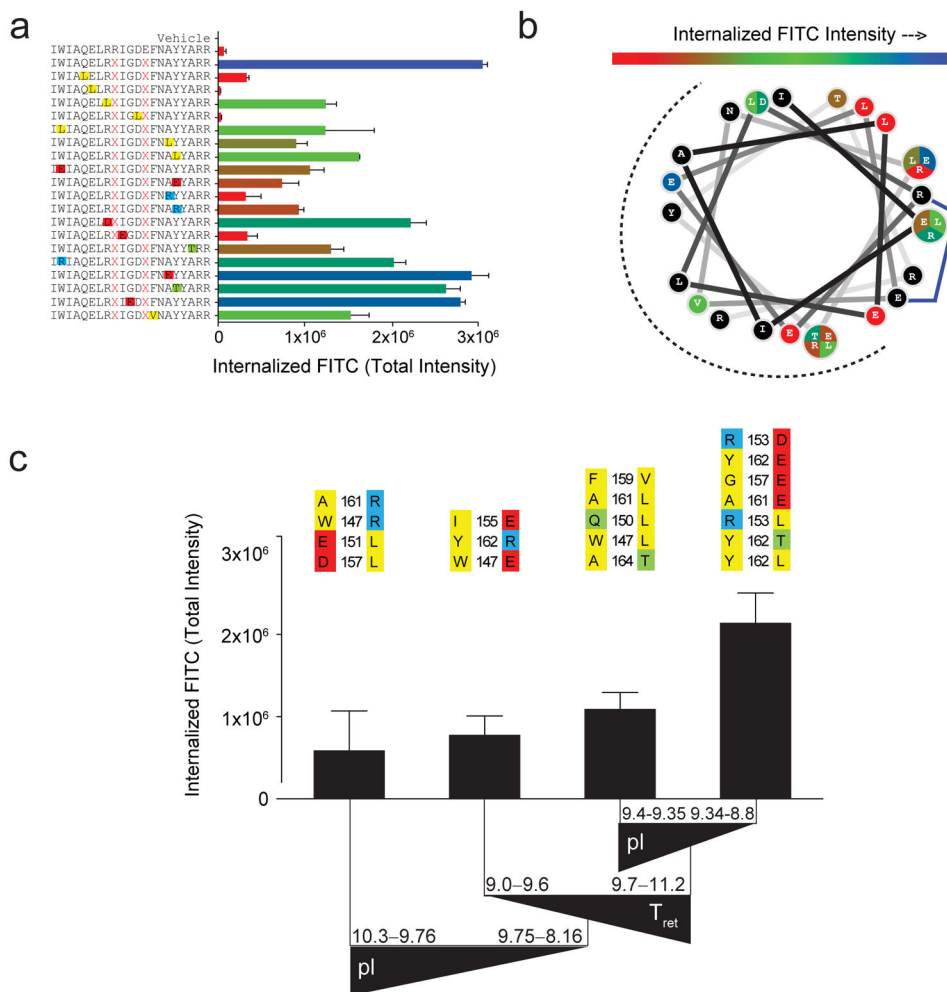


Figure 3. Impact of point mutagenesis on the cellular uptake of BIM SAHB_{A1}
(a) Range of TIFI values for a point mutant library of BIM SAHB_{A1} (BIM SAHB9) peptides, as measured by IXM (20x) in MEFs (2x10⁴ cells/well) treated with 500 nM peptides for 4 hours. Mutations are colored in accordance with their properties (yellow, hydrophobic; red, negatively charged; blue, positively charged; green, hydrophilic). Data are mean ± s.d. for experiments performed in duplicate wells with 4 image acquisitions per well. Three biological replicates were performed with similar results. X, S-pentenyl alanine **(b)** Wheel depiction of the BIM SAHB_{A1} α-helix, with the hydrophobic interaction face indicated by the dotted surface and mutant sites color-coded based on level of measured TIFI. Residue positions subjected to differential mutation are partitioned and colored according to their level of TIFI. **(c)** The tree resulting from recursive partitioning depicts the influence of principal components (hydrophobicity/HPLC retention time, pI, and α-helicity) on TIFI outcome. Triangles reflect the directionality of parameter values. The point mutants that comprise each data bar are indicated above and color-coded as in **(a)**. Retention time is indicated in minutes. Data are mean ± s.d. for each peptide subpopulation.

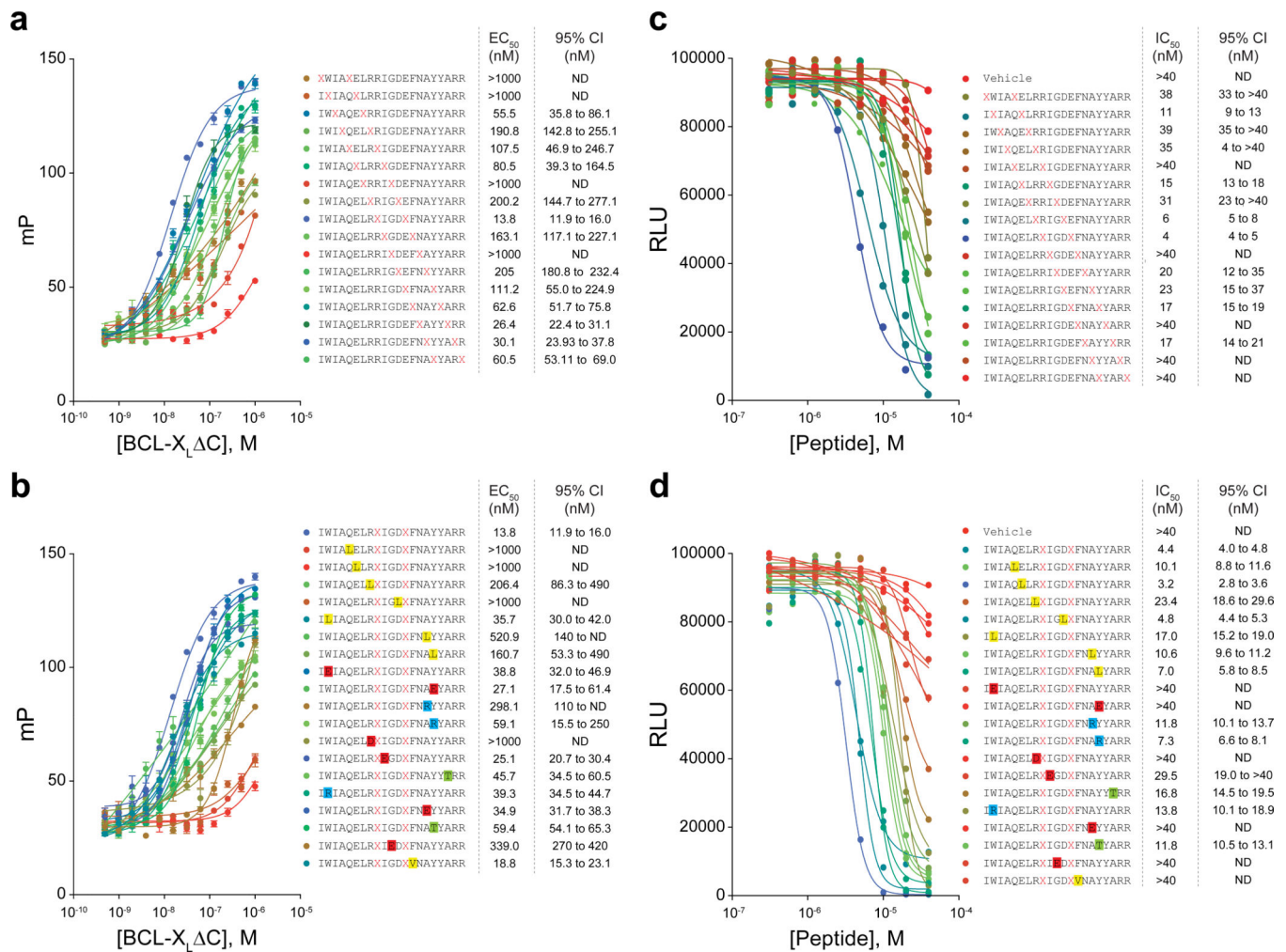


Figure 4. Target binding affinity and cytotoxicity of stapled BIM BH3 libraries (a–b) BCL-X_L C binding affinities as determined by fluorescence polarization assay of (a) staple scan and (b) point mutant FITC-BIM BH3 peptide libraries (peptide, 25 nM; protein 0.5 nM–1 μM). Binding isotherms are color coded based on relative binding potency (blue-green-red scale: blue, best binders; red, worst binders). Data are mean ± s.e.m. for experiments performed in technical quadruplicate and repeated twice. (c–d) The effect of stapled peptide treatment (0.3 μM–40 μM) on cell viability of BCL-X_L-reconstituted *p185⁺ Arf^{-/-} Mcl-1del* B-ALL cells, as measured by CellTiter Glo assay at 24 hours. Data represent the mean of technical duplicates. The experiments were repeated three times with similar results.

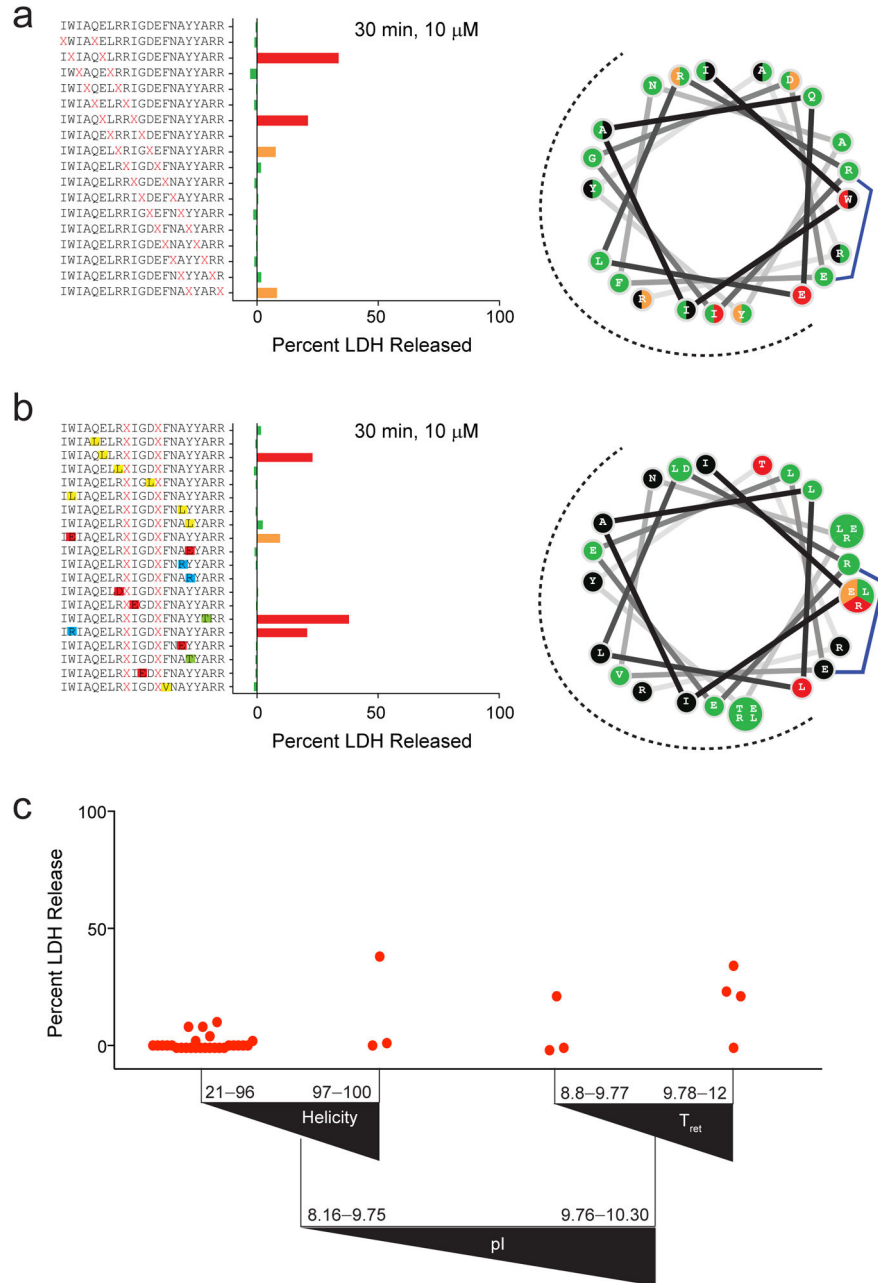


Figure 5. Determinants of cellular lysis for stapled BIM BH3 peptides

(a) Staple scanning and (b) point mutant BIM BH3 peptide libraries were screened for membrane lytic properties by LDH release assay, performed on BCL-X_L-reconstituted *p185⁺ Arf^{-/-} Mcl-Idel* B-ALL cells (2×10⁴ cells/well) treated with 10 μ M peptide for 30 minutes in the absence of added serum. Data are normalized based on the response to treatment with 1% Triton X-100 (100% release) and media alone (0% LDH release). Data represent the mean of technical duplicates. The experiments were repeated twice with similar results. The wheel depictions to the right demonstrate the discrete staple insertion (a) and point mutation (b) sites that give rise to lysis (green, no lysis; orange, low grade lysis;

red, higher grade lysis). (c) Recursive partitioning analysis depicting the influence of pI, α -helicity, and HPLC retention time on LDH release outcome. Triangles reflect the directionality of parameter values and red dots are the mean percent LDH release values for each peptide.

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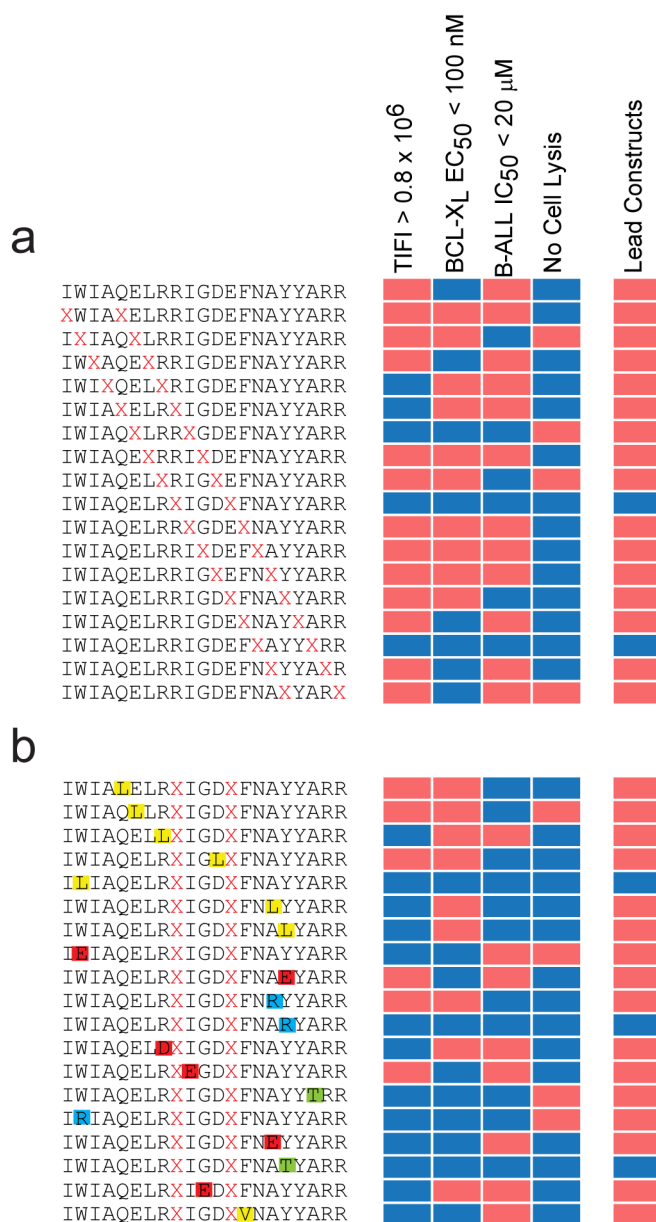


Figure 6. Identification of lead stapled peptide constructs for cellular and in vivo application
(a) Lead constructs are identified by establishing exemplary thresholds for cellular uptake, binding activity, cytotoxicity, and absence of lytic properties. BIM BH3 peptides that contained staples flanking IGD and AYY emerged as the most favorable constructs. **(b)** Evaluation of point mutants revealed ideal negative control compounds that retain cellular penetrance without membrane lysis, yet lose target binding activity and cytotoxicity by disrupting the interaction surface (e.g. R153D, G156E). Mutations are colored in accordance with their properties (yellow, hydrophobic; red, negatively charged; blue, positively charged; green, hydrophilic).