

Recent Advances in the Management of Patients with Relapsed/Refractory Follicular Lymphoma

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Abstract: Advanced follicular lymphoma (FL) often relapses after front-line chemoimmunotherapy, and many patients will eventually require subsequent therapy. In 2021, two new therapies were granted approval by the Food and Drug Administration (FDA), including the PI3K δ inhibitor umbralisib and the chimeric antigen receptor–T-cell therapy (CAR-T) axicabtagene ciloleucel. Herein, we present the latest advances in the management of FL, discussing the recently approved therapies in the relapsed and refractory (R/R) setting and various new therapeutic modalities that have the potential to change the treatment landscape and natural history of R/R FL.

Keywords: bispecific antibodies, BsAbs, chimeric antigen receptor – T cell therapies, CAR-T, lenalidomide

Introduction

Follicular lymphoma (FL) is the most common indolent lymphoma in the Western world.¹ Whilst limited FL is potentially curable with radiation therapy in approximately half of the cases, advanced disease often relapses following front-line chemoimmunotherapy, with many patients requiring repeated forms of treatment.² Herein we present the latest advances in the management of advanced FL and discuss the evolving role of new therapeutic modalities.

Current Approaches for Front-Line Therapy of Advanced Follicular Lymphoma

Most patients with FL present with advanced-stage disease at diagnosis. In asymptomatic patients with low tumor burden, early intervention with either chemotherapy or rituximab fails to provide a survival advantage, and, therefore, delaying treatment and managing the disease with observation is recommended.^{3–5} The Groupe d'Etude des Lymphomes Folliculaires (GELF) criteria, which were developed to assess tumor burden, are used as a guide to initiate therapy.³

For patients with advanced-stage and symptomatic FL, the alkylating agent bendamustine in combination with rituximab (BR) remains the regimen of choice. Its efficacy over R-CHOP was demonstrated in a phase III trial from the Study group indolent Lymphomas (StiL), where the FL patients treated with BR achieved significantly longer progression-free survival (PFS) and superior complete responses (CR).⁶ Subsequently, the phase III BRIGHT study confirmed a superior 5-year PFS of 65.5% in the BR cohort, compared to 55.8% in the R-CHOP/R-CVP cohort, and met the primary endpoint demonstrating noninferiority of BR over

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R-CHOP as assessed by the CR rates.^{7,8} Whilst the BRIGHT study did not exactly replicate the results of the StiL trial, both studies suggested that BR is a superior chemotherapeutic platform over R-CHOP or R-CVP.^{7,8} Nevertheless, the 65.5% 5-year PFS of BR supports the need for improved therapies.⁷ While maintenance rituximab prolongs the time to disease progression, there is no improvement in survival despite increased toxicity and expense.⁹ One approach to improve on patient outcome has been the development of the next-generation anti-CD20 monoclonal antibodies. The one demonstrating the greatest benefit has been obinutuzumab, a glycoengineered, humanized monoclonal anti-CD20 antibody with more potent antibody-dependent cellular cytotoxicity, antibody-dependent phagocytosis and direct cell death compared with rituximab.¹⁰ The efficacy and safety of obinutuzumab combined with chemotherapy was compared to rituximab-based chemotherapy in the phase III GALLIUM study.¹¹ Obinutuzumab with chemotherapy followed by obinutuzumab maintenance achieved a 3-year PFS of 80% compared to 73.3% in the rituximab-chemotherapy with maintenance rituximab arm, albeit with no prolongation in OS and with more high-grade adverse effects, especially in the bendamustine-obinutuzumab arm.¹¹ Therefore, because of its increased toxicity, the decision to use bendamustine-obinutuzumab over BR for treatment-naïve patients should be carefully balanced.

Whilst chemoimmunotherapy remains the most common treatment for front-line FL, chemotherapy-free options exist. The immunomodulatory combination of lenalidomide with rituximab (R²) was evaluated in the phase III study RELEVANCE and was compared with rituximab plus chemotherapy. The primary end points of the study were CR at 120 weeks and PFS, with the CR rate of R² being 48% with 3-year PFS of 77%, similar to the CR and PFS of immunochemotherapy 53% and 78%, respectively.¹² The ORR to R² was 61%, similar to 65% with the immunochemotherapy. Notably, a higher percentage of patients in the R-chemotherapy group had grade 3 or 4 neutropenia (50% vs 32%) and febrile neutropenia (7% vs 2%), while a higher rate of grade 3 or 4 cutaneous reactions was observed in the R² group (1% vs 7%). Despite the comparable clinical efficacy and improved safety profile of R² over chemotherapy, the study was deemed to be negative because it was designed as a superiority trial. Regardless though, the RELEVANCE study demonstrated that immunomodulatory regimens are

feasible for treatment-naïve FL, paving the way for a new era of chemotherapy-free regimens in the front-line setting of FL. Attempts to improve on the efficacy of R² have been unsuccessful on the basis of activity and toxicity.^{13,14}

Relapsed and Refractory Follicular Lymphoma

In recent years, multiple effective options have become available for patients with relapsed or refractory FL. The decision of which therapy to choose should be based on response to prior therapies, age, current performance status, comorbidities, goals of therapy and more importantly the safety and efficacy of the treatment.

For rituximab-refractory patients, combined chemoimmunotherapy with a different anti-CD20 monoclonal antibody remains a viable option. In the phase III GADOLIN study, FL patients refractory to rituximab were randomized between bendamustine monotherapy (B) at 120 mg/m² or obinutuzumab and bendamustine (G-B) at 90 mg/m² followed by 2 years of obinutuzumab maintenance for those not progressing to G-B. The G-B arm achieved a superior median PFS (mPFS) of 25.8 months compared to 14.1 months of bendamustine monotherapy and also demonstrated a survival benefit.¹⁵ Notably, 77.5% of the patients in the G-B arm were refractory to rituximab and an alkylator agent, demonstrating that G-B can have activity in chemotherapy-resistant patients as well. However, given the frequent use of BR in the front-line therapy of FL, it is not clear whether the G-B combination will advance further in the refractory setting.

Chemotherapy-Free Treatment Strategies

The potential for chemotherapy-free regimens in relapsed and refractory (R/R) FL started with rituximab monotherapy. In a multicenter phase II study, rituximab achieved a 48% ORR with 6% CR and 13 months' median time to progression.¹⁶ A phase III study from the Swiss Group for Clinical Cancer Research (SAKK) in 202 patients with relapsed or refractory and previously untreated follicular lymphoma showed that 4 weekly doses of rituximab followed by prolonged therapy every 2 months for 4 times increased the event-free survival and response duration compared with the standard weekly \times 4 schedule.^{9,17}

To enhance the activity of rituximab, the Cancer and Leukemia Group B (CALGB; Alliance) conducted CALGB 50,401, a randomized phase II study comparing lenalidomide alone and R² in relapsed FL.¹⁸ The ORR was

76% for R² with 39% of patients achieving a CR establishing R² as a promising combination in relapsed FL. Further support for the role of R² was provided by the subsequent phase III AUGMENT trial comparing R² with rituximab plus placebo. Median PFS was significantly longer for the R² arm at 39.4 months compared to 14.1 months in the rituximab-placebo arm with also longer estimated 2-year OS of 95% over 86%, respectively.¹⁹ Similarly, the ORR was superior among patients in the R² arm 78% versus 53%, with 34% versus 18% achieving CR. Overall, the results of the AUGMENT trial established R² as a preferred option for R/R FL patients who are not refractory to rituximab.

A plethora of new therapeutic modalities since then have demonstrated impressive results in the R/R setting, slowly skewing the treatment of FL away from the traditional chemotherapies. Therapies such as intracellular pathway inhibitors, epigenetic inhibitors and cellular therapies have received approval by the Federal Drug Administration (FDA) and are widely used in the clinical practice (Table 1). New immunotherapies, discussed below, have the potential to change the treatment landscape and natural history of R/R FL.

Monoclonal Antibodies Against Surface Antigens

Beside the impressive clinical activity of rituximab and obinutuzumab in the front-line and the R/R setting, monoclonal antibodies (mAbs) against other surface antigens have also been evaluated in FL. Galiximab, a chimeric anti-CD80 monoclonal antibody, was combined in a phase II CALGB trial with rituximab and demonstrated 72.1% ORR with

47.6% CR and mPFS of 2.9 years.²⁰ Similarly, epratuzumab, an anti-CD22 monoclonal antibody, when combined with rituximab in a phase II study in treatment-naïve FL showed 88.2% ORR with 42.4% CR and a 3-year disease-free survival (DFS) comparable to the survival outcomes and responses to standard chemoimmunotherapies.²¹ These mAbs doublets were the first attempt of combining biological agents and demonstrated an impressive clinical efficacy, but, unfortunately, no regulatory approval was received by the FDA.

Tafasitamab is a humanized anti-CD19 monoclonal antibody which was recently approved by the FDA in combination with lenalidomide for the management of R/R diffuse large B-cell lymphoma (DLBCL) not otherwise specified, including DLBCL arising from low-grade lymphoma. Tafasitamab has also demonstrated impressive activity as single agent in R/R FL with 29% ORR, 6% CR and mDoR of 24 months (Table 2).²² The phase III study NCT04680052 is currently assessing the efficacy and safety of tafasitamab in combination with R² in R/R FL compared to placebo plus R².²³ If this mAbs doublet in combination with lenalidomide demonstrates superiority over R², it will replace R² as the new standard of care for second-line therapy of FL.

Antibody Drug Conjugates (ADCs)

ADCs are highly targeted biopharmaceutical drugs that link a monoclonal antibody against a specific surface antigen to an antitumor cytotoxic molecule. The toxin is thus delivered only to the cells that express the surface antigen, conferring high tumor specificity with limited systemic exposure.

Polatuzumab vedotin is an antibody drug conjugate comprising a humanized anti-CD79B monoclonal antibody

Table 1 Chemotherapy-Free Regimens Approved for Treatment of Treatment-Naïve and Relapsed and Refractory Follicular Lymphoma

Drugs	Targets	Combination	Approval Status	ORR/CR	mPFS	Phase
Lenalidomide	Ubiquitin E3 ligase cereblon	Rituximab	1st line-upfront	65%/55%	NR	III ¹²
		Rituximab	2nd line-Relapsed/Refractory	79%/32%	39.4 mo	III ¹⁹
Axi-cel	CAR-T-cell therapy against CD19	-	3rd line- Relapsed/Refractory	94%/80%	NR	II ⁶⁴
Idelalisib	PI3K δ	-	3rd line- Relapsed/Refractory	56%/14%	11 mo	II ³¹
Duvelisib	PI3K γ , δ	-	3rd line- Relapsed/Refractory	47%/1%	9.5 mo	II ³⁶
Copanlisib	PI3K α , δ	-	3rd line- Relapsed/Refractory	59%/14%	11.2 mo	II ³⁷
Umbralisib	PI3K δ , CK1 ϵ	-	4th line- Relapsed/Refractory	45%/5%	10.6 mo	II ⁴¹
Tazemetostat	EZH2 ^{mut}	-	3rd line- Relapsed/Refractory	69%/13%	13.8 mo	II ⁵⁵
	EZH2 ^{WT}	-	3rd line- Relapsed/Refractory	35%/4%	11.1 mo	I ⁵⁵

Abbreviations: ORR, objective response rates; CR, complete response; mPFS, median progression-free survival; mo, months.

Table 2 Selected Drugs in Development for Follicular Lymphoma

Drugs	Targets	ORR/CR	mPFS	mDoR	Phase
Tafasitamab	Anti-CD19 mAb	29.4%/5.9%	6.6 mo	24 mo	Ia ²²
Loncastuximab tesirine	Anti-CD19 ADC	78.6%/64.3%	NR	NR	I ²⁷
Odroneixtamab	CD20 x CD3 BsAb	92.9%/75% (≥5 mg)	12.8 mo	7.7 mo	I ⁵⁸
Mosunetuzumab	CD20 x CD3 BsAb	68%/50%	11.8 mo	20.4 mo	I/II ⁶¹
Epcoritamab	CD20 x CD3 BsAb	100%/25% (≥0.76 mg)	NR	NR	I/II ⁶²
Glofitamab	CD20 x CD3 BsAb	70.5%/47.7%	11.8 mo	10.8 mo	I ⁶³

Abbreviations: ORR, objective response rates; CR, complete response; mPFS, median progression-free survival; mDoR, median duration of response; mAb, monoclonal antibody; mo, months; ADC, antibody drug conjugate; BsAb, bispecific antibody.

conjugated to the microtubule-disrupting monomethyl auristatin E. Polatuzumab vedotin in combination with rituximab was evaluated in the phase II clinical trial ROMULUS in R/R non-Hodgkin lymphoma (NHL), where it demonstrated a 70% ORR among 20 patients with FL, with 45% of patients achieving a CR.²⁴ The median PFS was 15.4 months with a median DoR of 9.4 months. The combination was well tolerated with most common TEAEs being fatigue, diarrhea, peripheral neuropathy, nausea and neutropenia. Polatuzumab vedotin has also been combined with obinutuzumab in a phase Ib/II study in R/R NHL where it achieved a 78% ORR in patients with FL.²⁵ While the polatuzumab appears to have some clinical activity in R/R FL, its FDA approval is currently restricted for the therapy of R/R DLBCL in combination with bendamustine and rituximab due to the absence of clinical benefit from the addition of polatuzumab to BR in FL.²⁶

Loncastuximab tesirine consists of a humanized anti-CD19 monoclonal antibody conjugated to a pyrrolobenzodiazepine dimer toxin. Loncastuximab tesirine was evaluated in a phase I study in R/R NHL, where it demonstrated a 78.6% ORR in FL.²⁷ Most common TEAEs were hematologic AEs including thrombocytopenia, neutropenia and anemia, whereas fatigue, elevation of the gamma-glutamyltransferase, peripheral edema and pleural effusions were the most common non-hematological TEAEs. Based on the promising activity and the acceptable safety profile, more combinations of loncastuximab tesirine are currently in development. Given the recent FDA priority review of loncastuximab tesirine for R/R DLBCL, a plausible approval for R/R FL may follow if loncastuximab proves to be superior to idelalisib in the ongoing phase II LOTIS 6 clinical trial in R/R FL (NCT04699461).

Drugs That Interfere with the B-Cell Receptor Signaling: PI3K and BTK Inhibitors

PI3K Inhibitors

The role of B-cell receptor (BCR) signaling in the maintenance and progression of FL is well characterized.²⁸ The PI3K pathway is downstream from the BCR and is vital for the survival of FL. There are four class I PI3K isoforms in mammals, which are named after the p110 catalytic subunits.²⁹ The p110 α and p110 β are characterized by ubiquitous tissue distribution, while the p110 γ and p110 δ are mainly expressed in the hematopoietic system including B, T and NK cells. Notably, p110 δ is downstream from the BCR and along with the p110 α are important for B-cell development. Currently four PI3K inhibitors are approved for R/R FL: idelalisib, duvelisib and copanlisib for third-line therapy, and umbralisib approved for fourth-line.

Idelalisib is an oral PI3K δ inhibitor that was evaluated in a phase II study in patients with indolent R/R NHL, where 56% of the FL patients responded and 14% achieved a CR.^{30,31} Responses in FL were rapid and durable with median time to response (mTTR) of 2.6 months, median duration of response (mDoR) of 10.8 months and mPFS of 11 months. Most frequent grade 3 or greater AEs included elevation of aminotransferase levels and diarrhea in 13% and pneumonia in 7%.³⁰ The median follow-up of this study was only 6 months, and many of the immune-mediated adverse effects occur later during treatment. While longer follow-up of up to 6.7 years did not reveal any new safety issues and indicated beneficial outcome, major concerns limiting its use related to 5 black box warnings from the FDA for fatal and/or severe diarrhea or colitis, hepatotoxicity,

pneumonitis and intestinal perforation.³² More serious unexpected toxicities were also noted in the combination studies of idelalisib.³³ Grade 3 or higher pneumonitis was observed in 17% of the patients in a phase II study combining the SYK inhibitor entospletinib with idelalisib leading to two fatalities.³⁴ Similarly, two phase I studies of idelalisib with R² had to be terminated due to excessive unexpected toxicities such as severe transaminitis, septic shock, hypotension with rash, and lung infection.³⁵

Duvelisib, a first-in-class oral dual PI3K γ , δ inhibitor was evaluated in a phase II study in patients with indolent NHL (iNHL) and demonstrated 42.2% ORR with only 1% CR in R/R FL, which appears lower than other drugs in that class.³⁶ Among the most frequent AEs were diarrhea (48.8%) and cough (27.1%). The most frequent grade 3 or greater AEs were neutropenia (24.8%) and diarrhea (14.7%), whereas colitis and pneumonitis were reported in 7.8% and 4.7%, respectively.³⁶ The drug has 4 black box warnings, including diarrhea/colitis and pneumonitis along with cutaneous reactions and infections.

Copanlisib is a pan-class I PI3K inhibitor with predominant activity against PI3K α and PI3K δ , which is administered at 60 mg IV on days 1, 8 and 15 of a 28-day cycle. Copanlisib was evaluated in a phase II study in patients with indolent R/R NHL.³⁷ Among 104 patients with FL, the ORR was 59% with 15% achieving a CR. The responses were rapid and durable with mDoR 12.2 months and mPFS of 11.2 months.³⁷ The most frequent TEAEs occurring in $\geq 25\%$ of patients were transient hyperglycemia, presumably related to targeting the alpha isoform, transient hypertension, diarrhea, fatigue, decreased neutrophil count and fever. Notably the incidence of severe GI toxicities such as hepatic transaminitis, colitis, diarrhea and colonic perforation were less common with the intermittent intravenous copanlisib compared with the prior reports of idelalisib and duvelisib, and therefore no black box warning accompanies copanlisib.³⁸ Additionally, copanlisib was the first PI3K inhibitor to be safely combined with rituximab based on the CHRONOS-III study, where it demonstrated superior PFS of 21.5 months versus 13.8 months with rituximab and placebo.³⁹ A possible explanation for the more favorable profile may be the intermittent dosing schedule which has been designed to achieve optimal target inhibition within the tumor while sparing the normal tissue and has proven to be more effective than the continuous administration in animal models. Currently, copanlisib is being evaluated in the

phase III clinical trials CHRONOS-II and IV (NCT02369016, NCT02626455) in R/R iNHL as monotherapy or in combination with traditional chemoimmunotherapy BR or R-CHOP, respectively, and the results are eagerly anticipated.^{38,40}

Umbralisib is an oral, first-in-class, dual inhibitor of PI3K δ and casein kinase-1 ϵ (CK1 ϵ). CK1 ϵ is a key component of the noncanonical Wnt signaling pathway which has been shown to drive the pathogenesis of B-cell lymphoproliferative disorders. In the phase IIb UNITY study, 208 patients with R/R indolent lymphoma were administered umbralisib 800 mg orally once daily.⁴¹ With a median follow-up of 27.7 months among 117 patients with FL, the ORR was 45.3% with 5.1% achieving a CR. The median TTR was 4.6 months with a median PFS of 10.6 months and a median DoR of 11.1 months. The responses were similarly impressive in marginal zone lymphoma (MZL) and SLL with 49.3% and 50% ORR and 15.9% and 4.5% CR, respectively. The most common grade 3 or greater AEs were neutropenia, diarrhea (10%) and increased ALT/AST (6.7%/7.2%). Notably, pneumonitis and noninfectious colitis were only observed at small frequency of 1.4% and 1.9%, respectively, suggesting a favorable benefit–risk profile. The precise reason for the toxicities observed with the first-generation PI3K inhibitors is not yet known, albeit there are indications that the regulatory T-cells (Treg) number and function may be preserved in umbralisib-treated patients, which could partially explain the improved safety profile.⁴² Whist umbralisib appears to have a better safety profile compared with idelalisib and duvelisib, its regulatory approval for fourth-line therapy in R/R FL stems from the fact that the median number of prior systemic therapies in the UNITY study was 3 and that there was no unmet medical need with the R² in second-line and tazemetostat and the other PI3K inhibitors for the third-line.

Additional PI3K inhibitors are currently under clinical development such as the next-generation PI3K δ inhibitors pascalisib and zandelisib. In a phase II study in patients with R/R FL, pascalisib demonstrated an ORR of 69.8% with 13.5% CR.⁴³ The mTTR and the mPFS were 8 weeks and 15.8 months, respectively, whereas the most common grade ≥ 3 TEAEs were diarrhea (9.4%), neutropenia (6.6%) and colitis (3.8%). In the phase II trial, continuous vs intermittent dosing schedules of zandelisib are currently evaluated in patients with R/R FL to evaluate the risk–benefit profile of these two treatment schedules.⁴⁴

Overall, these studies demonstrate that PI3K inhibition can have a clinically meaningful outcome in FL. Nevertheless, autoimmune related toxicities such as pneumonitis and colitis remain a challenge that may interfere with the compliance to the therapy and can lead to discontinuation. The newer-generation PI3K inhibitors, copanlisib and umbralisib, appear to be better tolerated, albeit larger-scale studies and real-world data are required to fully understand their tolerability and position among the other two PI3K inhibitors. Ongoing clinical studies are evaluating the role of new-generation PI3K δ inhibitors and may expand further the PI3K δ armamentarium. Combinations of PI3K δ should be carefully designed to avoid reproducing the disastrous outcomes of prior studies. Avoiding combinations with SYK inhibitors or immunomodulatory drugs and exploring combinations with the newer CD19 monoclonal antibodies such as loncastuximab or tafasitamab may lead to better tolerated therapies with improved efficacy.

BTK Inhibitors

The role of BTK inhibitors in FL appears to be modest based on the low clinical activity in the phase II studies.^{45,46} In the phase II consortium trial of ibrutinib in R/R FL, ibrutinib demonstrated an ORR of 37.5% with 12.5% CR and median PFS of 14 months.⁴⁶ The response rates were significantly higher among patients sensitive to rituximab (52.6%) compared with those who were rituximab-refractory (16.7%). Notably, CARD11 mutations, which are known to confer resistance to ibrutinib, were present in 16% of patients, and only the CARD11^{WT} responded. However, the DAWN study, which also assessed the efficacy of ibrutinib in R/R FL, failed to meet its primary point demonstrating an ORR of 20.9%.⁴⁵ Nevertheless, the median DoR was 19.4 months with 11% of patients achieving a CR. Correlative studies showed a significant downregulation of CD4⁺CD25⁺CD127⁻ regulatory T-cells (Tregs) in the responders but not in nonresponders along with increase in Th1-promoting (antitumor) cytokines interferon- γ and interleukin-12. Based on these results, it is unlikely for ibrutinib monotherapy to advance further in the management of FL, and hence novel combinations with other therapeutics are currently under clinical development. Additionally, a new generation of BTK inhibitors such as zanubrutinib are currently undergoing clinical trials which may show more meaningful outcomes.⁴⁷

BCL2 Inhibitors: Venetoclax

Venetoclax (VEN) is a highly selective BCL-2 inhibitor with important activity in CLL as a single agent and in

combinations with anti-CD20s and ibrutinib. As a single agent it has also demonstrated activity against 5 different subtypes of R/R non-Hodgkin lymphoma (NHL) with an ORR of 38% with 14% CR for FL and an estimated mPFS of 11 months.⁴⁸ The subsequent phase Ib study CAVALLI combined VEN with rituximab (arm A) or obinutuzumab (arm B) and CHOP in patients with FL and DLBCL.⁴⁹ Across both treatment arms, the ORR was 83.3% in FL with 75% of patients achieving a CR and a 1-year PFS of 100% for R-CHOP and 90% for G-CHOP. The most common AEs in both arms were neutropenia and nausea, with cytopenias being predominant among grade 3/4 events and were reported more frequently in the G-CHOP arm. In a phase IB study of VEN in combination with BR in R/R NHL, the ORR was 75% for the FL with 25% of the patients achieving a CR, which does not appear to be superior to the historical ORR and CR of BR in R/R FL.⁵⁰ Since the mPFS and mDoR were not reached for the FL patients, additional follow-up is needed to better understand whether this combination will have a durable response. Similarly, the phase II CONTRALTO study which assessed the safety and efficacy of VEN+rituximab, and VEN+BR vs BR alone in R/R FL, the combined VEN+BR achieved similar efficacy with the BR with ORR of 75% vs 69%, respectively, albeit with higher toxicity leading to lower dose intensity of BR.⁵¹ Based on these two studies, it is unlikely that the addition of VEN to BR will move forward to clinic.

Combinations of venetoclax with tyrosine kinase inhibitors have also been explored. In the first phase I, chemotherapy-free combination of venetoclax with the BTK inhibitor ibrutinib in R/R FL, there was a ORR of 69% with 25% of patients achieving a CR and a median PFS of 8.3 months.⁵² There was no evidence of clinical tumor lysis syndrome (TLS), and the most common grade 3 AEs were neutropenia and thrombocytopenia. These results were encouraging, and further evaluation at the dose of 560 mg ibrutinib and 600 mg venetoclax is ongoing in a phase II trial. The combination of ibrutinib with venetoclax may eventually provide another alternative chemotherapy-free option for R/R FL.

Epigenetic Therapies: EZH2 Inhibitor-Tazemetostat

Enhancer of zeste homolog 2 (EZH2) histone methyltransferase is required for the germinal center formation, and it is mutated in 25% of FL.^{53,54} Tazemetostat is an oral, first-in-class inhibitor of the mutant and wild type (WT) EZH2.

Tazemetostat was evaluated in a phase II study in 99 patients with R/R FL and demonstrated 69% ORR in the EZH2^{mut} compared to 35% in the EZH2^{WT} cohort, with median PFS of 13.8 months versus 11.1 months, respectively.⁵⁵ It is important to note, however, that there were some important differences of the baseline patient characteristics between the two cohorts. Specifically, only 24% of the EZH2^{mut} cohort had relapsed after receiving a PI3K inhibitor or an immunomodulatory drug, compared to 39% in the EZH2^{WT} group. Also, the EZH2^{WT} group was more heavily pretreated with a median of 3 lines of prior anticancer therapy compared to 2 for the EZH2^{mut} cohort. Additionally, the EZH2^{WT} was characterized by higher rates of other poor risk features such as prior hematopoietic stem-cell transplant and POD24 in 39% and 59%, respectively, compared to 9% and 42% in the EZH2^{mut} cohort. It unclear whether these imbalances in the baseline patient characteristics represent a higher vulnerability of EZH2^{mut} FL to the available therapies, a more aggressive phenotype of the EZH2^{WT} FL, or there was a selection bias. Nevertheless, the outcome results led to the FDA approval of tazemetostat for the therapy of patients with R/R FL whose tumors are positive for the EZH2 mutation and who have received at least two prior systemic therapies and also for patients with R/R FL who have no satisfactory alternative treatment options.⁵⁶

A systemic literature review showed that tazemetostat has a favorable safety profile. Based on its safety and efficacy, tazemetostat may be prioritized over the PI3K inhibitors for third-line use in patients with EZH2 mutations. Combinations of tazemetostat with other therapeutics such as rituximab and lenalidomide are currently under investigation and will hopefully improve the survival outcomes compared to the single agent tazemetostat.⁵⁷

Immunotherapies: Bispecific Antibodies, Chimeric Antigen Receptor–T-Cell Therapies and Macrophage Check Point Inhibitors

Bispecific Antibodies

Bispecific antibodies (BsAbs) are designed to bind to different epitopes on various cell types. Therefore, BsAbs can improve the tumor eradication by bringing the cytotoxic T-cells or natural killer (NK)-cells in closer proximity to the tumor cells. Those BsAbs currently undergoing clinical development in FL include the CD20 x CD3s odronextamab, mosunetuzumab, epcoritamab and glofitamab.

Odronebamab (REGN1979) is a first-in-class, hinge-stabilized, intravenously administered, fully human IgG4-based BsAb that binds to CD20-expressing B cells and CD3 on T-cells, which can engage both targets inducing T-cell activation and cytotoxicity. In a phase I study of odronextamab in R/R NHL, 92.9% ORR was noted at doses ≥ 5 mg in patients with FL, with 75% achieving a CR.⁵⁸ The median duration of complete response (DoCR) was 8.1 months with mPFS of 12.8 months, and follow-up is ongoing. Most common TEAEs among the overall population of 127 patients were pyrexia, chills and cytokine release syndrome (CRS) with median duration of 2 days; 11% of the CRS was grade 3, and the severity of the CRS declined through optimized premedication.⁵⁹ A phase II multicohort study was recently designed to assess the antitumor activity and safety of odronextamab in patients with B-NHL, where 112 patients are estimated to have FL.⁶⁰

Mosunetuzumab is an intravenously administered, fully humanized immunoglobulin G1 CD20/CD3 BsAb and is currently evaluated in a phase I/Ib trial in R/R NHL.⁶¹ Among 62 patients with FL, mosunetuzumab achieved a 68% ORR with 50% CR. Notably, consistent CR rates were observed in those with double refractory disease (55%), disease progression before 24 months (POD24) (53%), refractory to PI3K inhibition (78%) and those who had received prior CAR-T therapy (50%). The mDoR was 20.4 months, whereas the mPFS was 11.8 months. Most common grade 3 or higher AEs were hypophosphatemia and neutropenia. While 23% of patients experienced CRS, only 1.6% of the CRS was classified as a serious AE (SAE). Overall, mosunetuzumab was deemed to have high response rates and resulted in durable disease control.

Epcoritamab is a subcutaneously administered BsAb that simultaneously binds to CD3 on T-cells and CD20 on B cells and is currently evaluated in a phase I/II trial in patients with R/R NHL.⁶² Among 8 patients with FL who received epcoritamab ≥ 0.76 mg, 100% achieved an ORR with at least 25% CR. Notably, PET CT was not used for disease assessment in all patients with PR, and therefore it is plausible that the CR rates may have been higher. While pyrexia, fatigue and injection site reactions were the most common TEAEs, the CRS observed with higher doses were all grade 1–2. These results suggest a favorable safety profile which could support the outpatient administration of epcoritamab.

Glofitamab is a novel intravenously administered BsAb that has a longer half-life compared with non-Fc-bearing

bispecific T-cell engagers. In a phase I study among 171 patients with R/R B-NHL, glofitamab achieved 70.5% ORR in 44 patients with FL, with 47.7% CR.⁶³ While the mDoR among the 31 responders was 10.8 months, 90.5% of patients with CR remained in CR up to 22.9 months, demonstrating that the CR can be long-lived. Notably the CRS was manageable, with low rates of grade ≥ 3 and no treatment withdrawals.

Overall, the BsAbs have shown promising activity in heavily pretreated patients with FL. A main advantage over the CAR-T is their availability as off-the-shelf products, unlike the autologous cell processing with the lengthy periods of genetic engineering and expansion. However, whether BsAbs will demonstrate long-lived DoR like the CAR-T remains uncertain, and a longer follow-up period is required. A potential long-term durable remission in combination the impressive ORR may eventually change the natural history and treatment landscape of R/R FL. Following the evaluation of BsAbs in the R/R setting with such impressive response rates, clinical trials in the upfront setting should also be considered. Given the reliance of BsAbs to the endogenous T-cells, it seems tempting to speculate that their use in treatment-naïve patients with more robust T-cell fitness may demonstrate even greater complete responses. Additionally, various combinations of BsAbs with other immunotherapies should be also explored. Merging immunotherapies that can simultaneously boost the innate and adaptive immunity such as combining anti-CD47 mAbs with BsAbs may lead to improved complete responses with more prolonged durations.

Chimeric Antigen Receptor–T-Cell Therapies

Chimeric antigen receptor (CAR) T-cell therapies against CD19 have revolutionized the treatment of relapsed and refractory DLBCL and acute lymphoblastic leukemia (ALL). Based on these results, CAR-T have been explored in largely incurable lymphomas including FL. More recently the FDA approved the use of axicabtagene ciloleucel (axi-cel) based on results of the ZUMA-5 phase II study for adult patients with R/R FL after two or more lines of systemic therapy.

Axi-cel is an autologous anti-CD19 chimeric antigen receptor (CAR) T-cell therapy, which is approved for the treatment of R/R DLBCL. In the ZUMA-5 study, among 84 patients with R/R FL after ≥ 2 lines of therapy, the ORR to

axi-cel was 94%, with 80% achieving a CR.⁶⁴ The 12-month DoR, PFS and OS among the overall population were 72%, 74% and 93%, respectively. Whilst grade 3 AEs or greater occurred in 85% of the patients with FL, grade 3 or greater CRS and neurologic events occurred in 6% and 15% of FL, respectively. Interestingly, patients were eligible for retreatment if they progressed after achieving a response at a 3-month post infusion assessment.⁶⁵ Among 11 retreated patients, 9 with FL and 2 with marginal zone lymphoma (MZL), all responded with 91% achieving a CR and with a median follow-up of 2.3 months; the median DoR was not achieved. Similarly, a phase I/II study evaluating CD19-CAR-T in R/R FL demonstrated an 88% CR rate among 8 patients. The median time to CR was 29 days, and all patients who achieved a CR remained in remission for a median follow-up of 24 months, demonstrating a long-lasting effect.⁶⁶ Notably no severe (grade ≥ 3) CRS or neurotoxicity was observed.

In summary, based on the activity of the CAR-T with its durable clinical benefit, this approach has the potential to change the natural history of FL. Whether there will be a clear winner among different CAR-T products remains to be seen in future clinical trials. Main challenges remain, including the management of the CRS and the neurologic events. Possible intervention with agents to mitigate the toxicity or new CAR-T products is an area of evolving investigation, but overall the risk and benefit of CAR-T favor their use in FL.

Macrophage Check Point Inhibitors: Anti-CD47 Antibodies

CD47 is a transmembrane protein which is present on normal cells but overexpressed in cancer cells and functions as a “don’t eat me” signal, allowing cells to evade the immune-mediated eradication by silencing the macrophages through binding of SIRP α , resulting in inhibition of phagocytosis.^{67–69} Antibodies directed against CD47 are immune check point inhibitors that can induce an antitumor response through phagocytosis of the tumor cell by the macrophage and also by induction of antitumor T-cell response through cross-presentation of tumor antigens by phagocytes to T-cells.

Magrolimab is a first-in-class anti-CD47 monoclonal antibody. In a phase IB study in patients with R/R NHL, the combination of magrolimab with rituximab demonstrated a 71% ORR with 43% CR among 7 patients with FL, previously refractory to rituximab regimens.⁷⁰ At a median follow-up of 8.1 months, 91% of the responses

were ongoing. Most common AEs included anemia and IRS and were predominantly grade 1–2.

Additional CD47 checkpoint pathway inhibitors such as TTI622 and ALX148 are also undergoing clinical development, and the updated outcome data will provide more insight about the position of the macrophage checkpoint inhibitors in the management of R/R FL.^{71,72}

T-Cell Check Point Inhibitors: Anti-Programmed Death-1 Antibodies

Nivolumab is a fully human IgG4 mAb against the programmed death-1 (PD-1), which releases the inhibition of the T-cells and restores the antitumor immune responses. Based on some promising activity of nivolumab in the phase I study CheckMate 039, where an ORR of 40% was observed in R/R FL, the phase II trial CheckMate 140 assessed nivolumab in 92 patients with R/R FL.^{73,74} Unfortunately, nivolumab showed very limited activity with a ORR of 4% and a mPFS of 2.2 months, demonstrating that single-agent PD-1 blockade is not effective in R/R FL. At this point, the role of the PD-1 inhibitors in the therapeutic arena of FL remains unclear.

Conclusions

A number of novel approaches have the potential to improve the natural history of patients with FL. Impressive response rates have been reported with BsAbs and CAR-T-cell therapy in the relapsed and refractory setting, and future clinical trials should investigate the efficacy of BsAbs in the first-line setting. BsAbs appear more appealing as off-the-shelf products especially for symptomatic patients who cannot wait for the T-cell manufacturing and processing. Perhaps priority should be given to the elderly patients that are deemed not fit for chemotherapy and then advance to the younger population, should the outcome data look promising. In the meantime, while chemoimmunotherapy remains the standard of care for initial treatment, its role in the relapsed and refractory setting is clearly vanishing, and the front-line will soon follow suit. Lenalidomide with rituximab is the combination of choice for second-line therapy, although a role for tafasitamab is being explored in these rituximab-failed patients. The clinical efficacy and safety of tazemetostat in the third-line was impressive, questioning how it would compare with R², but instead it is being combined with R² in a phase III registration study. In regard to the treatment of choice in the third-line, axi-cel will likely be prioritized over the PI3K

inhibitors in select patients given its superior response rates and durability of responses. Among the PI3K inhibitors, it appears that umbralisib is similarly active and the best tolerated with less auto-immune related toxicities and, therefore, may eventually dominate, especially when approved in earlier lines of therapy. Importantly, outcome data of BsAbs and CAR–T-cell therapy are maturing and will provide information on the durability of their benefit. In the meanwhile, thoughtful and rationally designed clinical trials utilizing a chemo-free approach with thorough correlative studies and identification of biomarkers to individualize therapy are needed to transform this mostly incurable disease to a readily curable lymphoma.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Disclosure

GP has received honoraria from Curio Science and OneLive and has served on advisory board for Atara Biotherapeutics. BC received personal fees for consulting and/or member of advisory boards from Celgene, Morphosys, Kite, Epizyme, Beigene, Symbios, Lilly, and TG Therapeutics, personal fees from AbbVie, Gilead, Karyopharm, Merck, Glaxo Smith Kline, and Janssen/Pharmacyclics, during the conduct of the study. The authors report no other potential conflicts of interest for this work.

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