Article

Comparison of AI-integrated pathways with human-AI interaction in population mammographic screening for breast cancer

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Artificial intelligence (AI) readers of mammograms compare favourably to individual radiologists in detecting breast cancer. However, AI readers cannot perform at the level of multi-reader systems used by screening programs in countries such as Australia, Sweden, and the UK. Therefore, implementation demands human-AI collaboration. Here, we use a large, high-quality retrospective mammography dataset from Victoria, Australia to conduct detailed simulations of five potential AI-integrated screening pathways, and examine human-AI interaction effects to explore automation bias. Operating an AI reader as a second reader or as a high confidence filter improves current screening outcomes by 1.9–2.5% in sensitivity and up to 0.6% in specificity, achieving 4.6–10.9% reduction in assessments and 48–80.7% reduction in human reads. Automation bias degrades performance in multi-reader settings but improves it for single-readers. This study provides insight into feasible approaches for AI-integrated screening pathways and prospective studies necessary prior to clinical adoption.

Breast cancer is the world's most common cancer and a leading cause of cancer death in women¹. BreastScreen Australia offers free mammographic screening targeted to women aged 50–74 years, with those over 40 years of age eligible to attend. Approximately 1 million women are screened annually, and the programme has achieved a reduction in mortality of 41–52% for screening participants and a 21% reduction in population-level breast cancer mortality^{2,3}. However, there are challenges in accuracy, service experience, and efficiency. In 2020, -59 per 10,000 participants were diagnosed with breast cancer and 16 per 10,000 participants were diagnosed with ductal carcinoma in situ (DCIS)². Despite a process of independent double reading of all mammograms by radiologists, and a third arbitration read when there is discordance (henceforth called two readers with arbitration system), in 2020 -368 per 10,000 participants were recalled for assessment and later determined not to have breast cancer (false positive). Also, -18.6 per 10,000 participants aged 50–74 years

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Using artificial intelligence (AI) to help read mammograms has the potential to transform breast cancer screening by addressing the three key challenges of accuracy, service experience, and efficiency². The evidence base for AI readers in breast cancer screening has been growing rapidly in recent years, with studies demonstrating the potential of AI to detect breast cancer on mammographic images with similar accuracy to radiologists⁴⁻¹² and addressing key limitations of earlier concern¹³. Many of these studies evaluated the integration of AI into screening pathways via simulation, and they varied in the way human readers interact with the AI, where the AI was positioned in the screening pathway, and the specific screening pathway being simulated. This included the complete replacement of current diagnosis pathways by an AI system^{9,14}, using the AI as a decision referral system to diagnose low-risk non-cancer cases without human intervention, while referring mid- and high-risk cases to human readers¹⁵⁻¹⁷, or using a recall threshold to divide the cases into human review (mid-risk) and direct recall of (high-risk) suspicious cases¹⁸. Another option was to use Al in multiple positions in the pathway: first to rule out a percentage of the non-cancer cases without human intervention, then to rule in cases to supplemental imaging after being cleared by a double reading and consensus pathway¹⁹. Finally, in a double reading and consensus pathway, one of the human readers could be replaced by the AI to study the performance of the system before and after replacement^{17,20}.

Previous studies have primarily focused on evaluating the feasibility and effectiveness of incorporating AI into existing screening pathways^{6,17,18,20-22}. These studies have shown promising results, often in terms of improved diagnostic accuracy and reduced workload, but they have been limited in the number of scenarios they evaluate^{6,18,21} and typically avoid (statistically) simulating the arbitration read^{20,22} or any direct human-AI interaction¹⁷. Testing cohorts were not always representative or didn't have interval cancer follow-up, and operating points were not always set on a separate dataset¹³. They were also primarily using commercial algorithms^{17,18,20-22}, which varied between studies and were assessed on different datasets, thereby precluding direct comparisons of the AI readers' effectiveness as well as the viability of various AI-integrated scenarios. There is a need for a more indepth analysis of where and how AI is best positioned within the screening pathway to maximise its benefits. This includes examining whether AI should be used as a primary screening tool, to assist radiologists in decision-making, or in a triage capacity to prioritise cases. An ongoing randomised controlled trial in Sweden²¹, which has reported a positive interim safety milestone, has limited retrospective analysis of the reading pathway under test, in part due to its reliance on human-AI interaction. As human readers are likely to remain central to the decision-making process, with concerns over the impacts of automation on radiologist performance over the short and long term²³, it is crucial to evaluate the potential impacts of human-AI interaction.

In this work, we conduct detailed simulation studies incorporating human–AI interaction effects along with reader-level analysis of AIintegrated screening scenarios. We base our simulations on our retrospective testing cohort comprising data from over 90,000 screening clients in Victoria, Australia and over 600,000 mammogram images. As the AI reader, we use our in-house BRAIx AI Reader (v3.0.7), a mammography classification model based on an ensemble of opensource, image-based deep neural networks. We analyse and compare five AI-integrated screening pathways with the current standard of care. The scenarios range from AI as a standalone reader to advanced collaborative integration scenarios blending AI support with human expertise, aiming to increase screening accuracy and reduce the workload of human readers. Our simulation studies investigate possibilities for the positive, neutral and negative influence of AI integration on human reader performance for each of the five AI scenarios and our

Results

Study design

We evaluated the AI reader on a representative, population screening dataset collected from women who attended the BreastScreen Victoria programme from 2016-2019 in Victoria, Australia. The screening programme targets women aged 50-74 and typically collects four 2D mammograms for each client (left and right mediolateral oblique, MLO, and craniocaudal, CC) every two years. Each mammogram is read independently by two breast imaging radiologists and a third, if there is disagreement (two readers with arbitration) who has access to the outputs of the first two readers. Readers flag clients for recall for further assessment if they detect indications of breast cancer or return a no-recall decision (all-clear) if not (Fig. 1). The comparison between human readers and the AI reader was performed at the screening episode level with the positive class defined as screen-detected cancers (biopsy-confirmed cancer at assessment within 6 months) and interval cancers (clients who develop breast cancer between 6 months after a screen and the date of their next screen), and the negative class defined as any client who does not develop cancer within the screening interval (12 or 24 months). We summarised reader and system performance on the test set with area under the receiver operating characteristic (ROC) curve (AUC), and sensitivity and specificity of cancer detection decisions at specific operating points.

With detailed simulation studies, we compare the standard of care (two human readers with arbitration; Fig. 1A) to five AI-integrated screening pathways. We examine the AI reader as a standalone reader (AI standalone; Fig. 1B), as a reader aid for a single reader (AI singlereader: Fig. 1C), as a replacement for the second reader in a two reader with arbitration pathway (AI reader-replacement; Fig. 1D), as a filter for high confidence recall and no-recall decisions (AI band-pass; Fig. 1E), and as making a triage decision between a single reader and a two reader with arbitration pathway (AI triage, Fig. 1F). In the simulations our baseline reference point for system performance is the observed standard of care results from the original reads, with arbitration reads simulated from historical reader performance when needed. For each Al-integrated scenario, we vary the Al reader operating points to identify settings for optimal performance. We then select candidate operating points for each scenario and vary the human reader performance by modelling an interaction effect of the AI reader on human readers. We simulate these interaction effects by changing human reader decisions to agree with the AI reader (varying the proportion between 0% and 50%) when the AI reader is correct (positive interaction), incorrect (negative interaction), and irrespective of correctness (neutral interaction, typically referred to as automation bias). More details on the datasets, screening scenarios, and the simulation design can be found in the Methods.

AI as a standalone reader

We first evaluate the AI reader in the standalone scenario, assessing its performance when it replaces all human readers in the standard of care. The AI standalone scenario achieved an AUC of 0.932 (95% CI 0.923, 0.940) when evaluated on the retrospective test set (Fig. 2A). The AI standalone operating point achieved higher performance than the mean of individual radiologists (weighted by number of reads), in both sensitivity (75.0 vs. 66.3%; $P < 4.11 \times 10^{-8}$) and specificity (96.0 vs. 95.6%; $P < 1.11 \times 10^{-9}$). However, operating as a sole reader, the AI reader had lower sensitivity (75.0 vs. 79.8%; $P < 1.98 \times 10^{-5}$) at non-inferior specificity (96.0 vs. 96.0%; P = 0.56)





Fig. 1 | Screening episode flows for the current reader system and AI-

integration scenarios. A Standard of care scenario: Readers 1 and 2 see the same episode and opt to recall or not-recall, if they disagree Reader 3 arbitrates. **B** AI standalone scenario: all decisions are taken by the AI Reader without human intervention. **C** AI single-reader scenario: Reader 1 takes the final decision using AI Reader input. **D** AI reader-replacement: same as (**A**) but with AI Reader replacing Reader 2. **E** AI band-pass scenario: AI Reader screens out episodes before Readers 1 and 2. Episodes with high scores trigger the recall decision directly, and episodes with low scores trigger the no-recall decision directly. The other episodes continue to the usual reader system. **F** AI triage scenario: AI reader triages the episodes before Readers 1 and 2. Episodes with high scores continue to the usual system, and episodes with low scores go through the path with only 1 reader.

than the current standard of care (two readers with arbitration; Supplementary Tables 1, 2).

To better understand how the AI reader ranked amongst the reading cohort, we compared the AI reader against all individual readers in the first or second reader position with at least 1000 reads and found that with well-chosen operating points, the AI reader could achieve higher sensitivity and/or specificity than 74 out of 81 human readers (see Fig. 2B, C). When compared with the third readers on the third read cohort, the AI reader performance was found to be lower than that of the mean third reader (Supplementary Fig. 1). This result supports the use of the AI reader only in the first or second position, as we will explore in the other scenarios.

A key observation on AI reader performance was that the AI standalone scenario ROC curve was above that of the current standard of care for first-round episodes (that is, the first time a client attended the screening service) and above the weighted mean reader for second and subsequent rounds (Supplementary Fig. 2). Further comparisons were performed across other breakdowns including age,

manufacturer, and radiologist morphology labels (Supplementary Figs. 3, 4). We also investigated the AI reader scores by outcome class label and found the top 10% of scores contained 92.7% of screen-detected cancers and 42.2% of interval cancers (81.8% of all cancers; Supplementary Table 3). Additionally, we benchmarked our AI reader on external datasets (some publicly available), achieving state-of-the-art performance (Supplementary Table 4).

Overall, the AI reader was a strong individual reader, outperforming individual readers on average. The first-round screening results highlight the strength of the AI readers when limited additional information is available (specifically, prior screens or other reader opinions), while the third reader and second and subsequent round analysis shows how the human readers are able to make use of the additional information to improve performance. The AI standalone scenario did not outperform the standard of care but could offer improvement in single-reader settings.

Al-integrated scenarios without human-Al interaction effects

Integrating the AI reader within a multi-reader pathway offers a more practical and clinically viable option than AI as a standalone reader, with multiple prospective trials underway globally^{21,24,25}. We conduct detailed simulation studies of the AI reader-replacement, AI band-pass, and AI triage scenarios compared against the current standard of care in breast cancer screening in Australia, two independent readers with arbitration (Fig. 1; Methods). In this section, we vary only the AI reader operating points and simulate arbitration reads as required based on historical performance (Methods). For the AI band-pass and AI triage scenarios, we assume the human readers are blinded to AI reader outputs, and in the AI reader-replacement scenario, the first reader is also assumed to be blinded.

The AI reader-replacement scenario produced higher system sensitivity (82.3%; 95% CI 81.5–83.1, P < 0.0025) and higher specificity (96.3%; 95% CI 96.2–96.3, $P < 4.3 \times 10^{-6}$) than the current standard of care system (Fig. 3A and Supplementary Table 2). Across 149,105 screening episodes in our retrospective testing set, the AI reader-replacement scenario had 354 fewer unnecessary recalls (-6%, false positives) and detected 33 more cancers (+3.1%, true positives) with a reduction of 147,959 human reads (-48%), but required 11.6% more third (arbitration) reads (Table 1 and Supplementary Fig. 5). The modelled reading and assessment cost reduction was 15%.

The AI band-pass screening scenario also achieved both higher system sensitivity (81.7%, P < 0.0058) and specificity (96.6%, $P < 2.2 \times 10^{-25}$) than the current standard of care system (Fig. 3A and Supplementary Table 2). The AI band-pass screening scenario had 779 fewer unnecessary recalls (-13.3%) and detected 25 more cancers (+2.4%) with a reduction of 248,638 human reads (-80.7%), while also providing a 67.9% reduction in third reads (Table 1 and Supplementary Fig. 6). The modelled reading and assessment cost reduction was 28.3%.

The AI triage screening scenario, without modelled AI-human interaction, produced lower sensitivity (77.2%) and specificity (95.7%) than the current reader system (Fig. 3A). Using an operating point to shift 90% of reads to a single-reader pathway, the AI triage screening scenario had 425 more unnecessary recalls (+7.3%) and detected 35 fewer cancers (-3.3%) with a reduction of 141,799 human reads (-46%), including a 77.0% reduction in third reads (Table 1 and Supplementary Fig. 6). The modelled reading and assessment cost reduction was 7.5%. This result is expected as AI triage allocates a proportion of reads to a single-reader pathway, which will always result in reduced performance in the absence of human-AI interaction.

Both the AI reader-replacement and AI band-pass scenarios offer opportunities for improved performance relative to the current standard of care across different operating points, with AI readerreplacement achieving the highest reduction in missed cancers (-12.4%) and the AI band-pass having the highest reduction in



Fig. 2 | **Performance of the AI reader on the retrospective cohort. A** The AI reader ROC curve compared with the weighted mean individual reader and reader consensus. The AI reader achieved an AUC of 0.932 (95% CI 0.923, 0.940, n = 149,105 screening episodes) above the weighted mean individual reader performance (95.6% specificity, 66.7% sensitivity) but below the reader consensus performance (96.1% specificity, 79.8% sensitivity; standard of care). The weighted mean individual reader (black circle; n = 125 readers) is the mean sensitivity and specificity of all the individual readers (grey circles) weighted by their respective

total number of reads. **B**, **C** AI reader compared against 81 individual readers (min. 1000 reads). An optimal point from each AI reader ROC curve is shown for each comparison. We show separately human readers for which both sensitivity and specificity of the AI reader point was greater than or equal to the reader (B; 74 readers, 91.3% of readers; 253,328 reads, 88.3% of reads) and readers for which the AI reader is less than or equal to the human reader in either sensitivity or specificity (**C**; 7 readers, 8.6%; 33,525 reads, 11.7%). Source data are provided as a Source Data file.





Al standalone

Fig. 3 | **Comparison of AI-integrated scenarios. A** Human reader consensus performance compared with AI standalone, AI reader-replacement, AI band-pass and AI triage on the retrospective cohort (n = 149,105 screening episodes) without interaction effects. Representative points are shown for AI standalone (96.0% specificity, 75.0% sensitivity), AI single reader (95.6% specificity, 67.3% sensitivity), AI reader-replacement (96.3% specificity, 82.3% sensitivity), AI band-pass (96.6%, 81.7%) and AI triage (95.7% specificity, 78.0% sensitivity). Other potential operating points are shown as a continuous line. Both AI reader-replacement and AI band-pass

improved performance over the human reader consensus (96.1% specificity, 79.8% sensitivity). **B** Al-integrated scenarios when reader performance is varied with an interaction effect when the human reader disagrees with the Al reader. From 0% to 50% of discordant decisions are reversed when the Al reader was correct (triangle, positive effect), uniformly (circle, neutral effect) and incorrect (diamond, negative effect). For Al triage to match human reader consensus performance, a 15% positive interaction effect of the Al reader on human readers is required. Source data are provided as a Source Data file.

◊ negative

AI triage

Table 1 | Comparison of the current reader system and the AI-integrated scenarios by the screening outcomes and workload

Variable	Current reader system	AI reader-replacement	AI band-pass	AI triage
Sensitivity (%)	79.8	82.3 (81.5, 83.1)	81.7	77.2
Specificity (%)	96.0	96.3 (96.2, 96.3)	96.6	95.7
No. of episodes	149,105	149,105	149,105	149,105
True positive	1061	1094 (+3.1%)	1086 (+2.4%)	1026 (-3.3%)
True negative	141,915	142,269 (+0.2%)	142,694 (+0.5%)	141,490 (-0.3%)
False positive	5861	5507 (-6%)	5082 (-13.3%)	6286 (+7.3%)
False-negative	268	235 (-12.4%)	243 (-9.3%)	303 (+13.1%)
Workload				
Assessments	6922	6602 (-4.6%)	6168 (-10.9%)	7312 (+5.6%)
Human reads	30,8091	160,132 (-48%)	59,453 (-80.7%)	166,292 (-46%)
*Third reads	9881	11,027 (+11.6%)	3173 (-67.9%)	2276 (-77%)

*The third reads are part of the human reads. A separate entry is presented to show the workload impact on the third reader.

For the AI reader-replacement scenario, mean values based on 1000 simulations are presented (rounded to the nearest integer, and the 95% confidence intervals (CI) are presented for the sensitivity and specificity). The AI band-pass and AI triage scenarios do not require simulating the third reader, and the results are entirely based on the real data (i.e. no CI). Percentages in the brackets with the plus/minus sign indicate the percentage change compared with the current reader system.

unnecessary recalls (–13.3%). The AI triage scenario offers good performance with a large workload reduction while maintaining a human decision-maker for all episodes (which AI band-pass lacks). These retrospective simulations do not take into account the change in cancer prevalence²⁶ that both AI band-pass and AI triage would have on the episodes diverted to different pathways, nor do they consider the potential positive and negative impacts of human readers having access to AI reader outputs. Human–AI interaction effects are explored in the next section.

AI-integrated scenarios with human-AI interaction

We present three types of human–AI interaction by considering neutral, positive, and negative interactions in the AI-integrated scenarios (Fig. 3B and Supplementary Figs. 7–10). In the AI reader-replacement scenario the interaction affects the arbitration reader only. Conversely, in the AI band-pass and AI triage scenarios, the interaction affects all readers. In the AI single-reader scenario, human–AI interaction affects the single reader operating with decision support.

In all cases, we are modelling the effect of human readers revising their decision when in disagreement with the AI reader. We vary the degree of how often the human reader revises their decision upon disagreement, ranging from 0 to 1, where 0 refers to the human reader never revising their decision, and 1 refers to the human reader always revising their decision to agree with the AI (and 0.5 would refer to the human reader revising the decision 50% of the time). In the special case where the human reader changes their decisions to agree with AI fully, the collaboration between the human reader and AI reader would collapse to the AI standalone scenario. For all scenarios, we use the AI standalone operating point when considering disagreement.

The neutral human–AI interaction case, in which a reader will be inclined to agree with the AI model irrespective of the correctness of its outcome, models a general form of automation bias. Automation bias is the tendency of humans to overly agree or rely on an automated system (the AI reader in our case)²⁷. The positive human–AI interaction case refers to the human reader changing their decision to agree with the AI reader only when the AI reader is correct, simulating human readers accurately discriminating between useful and spurious AI reader outputs. The negative case refers to the human reader changing their decision only when the AI reader is incorrect.

AI reader-replacement. In the AI reader-replacement scenario, assuming positive human–AI interaction, AI improves the system's specificity but has minimal impact on sensitivity (the green triangles in Fig. 3B). This is because the AI reader operates with higher specificity

(96.0%) and lower sensitivity (75.0%) compared to the third reader (56.3 and 97.5%). At this operating point, AI only correctly identifies a few cases of cancer missed by human readers, and human readers do not benefit much from it. Conversely, in the negative scenario, as Reader 3 is highly sensitive and AI is highly specific, agreeing with AI leads to a substantial loss of sensitivity but not specificity. With negative interaction, Reader 3 is more prone to overlooking cancer cases rather than misidentifying normal cases when learning from the AI reader.

In the neutral case, agreeing with the AI would gradually reduce the multi-reader system to a one-reader system, where the decision is solely driven by the AI reader. As a result, the performance would tend towards the AI standalone scenario at (75.0 and 96.0%). Nevertheless, in the AI reader-replacement scenario, roughly 30% or more of discordant decisions would need to be reversed in the neutral and negative interaction cases for system sensitivity to drop below that of the current standard of care (reader consensus). In other words, the AI reader-replacement scenario, without interaction effects, is so effective that human readers could accept up to 30% of the AI's mistakes before its performance falls below the standard of care, making it substantially robust to the downside risks of human–AI interaction.

AI band-pass. For the band-pass scenario with a positive human–AI interaction effect, AI improves on specificity and sensitivity, more so than in the AI reader-replacement scenario because all three readers may benefit from AI outputs. In the negative case, the opposite is true if human reader performance suffers due to the mistakes made by AI. The sensitivity decreases significantly, with most of the contribution coming from Reader 3. The specificity also decreases slightly but remains at ~96%. In general, the AI reader tends to return more false negatives than false positives due to its high specificity.

In the neutral case, agreeing with AI would gradually lead to the collapse of the mid-band two-reader-and-consensus system into the AI standalone scenario. As the interaction effect increases, the sensitivity and specificity of the band-pass scenario will approach that of the AI standalone scenario. But unlike the AI reader-replacement scenario, the transition may not be complete, as the high-band and low-band paths continue to function, even if they only contain a limited number of episodes.

Al triage. The Al triage scenario shows the widest range in performance of the multi-reader scenarios, depending on the nature of the human–Al interaction. When there is a positive interaction, Al triage would achieve the baseline consensus (standard of care) performance when humans benefit from the Al's ability to correct 15% of the decisions in cases of disagreement. The potential benefits are substantial: if all human readers adopt 50% of the AI's corrections, the sensitivity could increase by 5.3 percentage points compared to the baseline where there is no interaction between humans and AI. This would result in a performance that exceeds the baseline standard of care in terms of sensitivity by 3.4 percentage points, while also operating at 97.7% specificity. In the negative interaction case, however, the potential downside is significant. The sensitivity can quickly drop by 5.6 percentage points to about 73.1% (6.7 percentage points lower than the baseline standard of care) and the specificity can drop to 93.5% when human readers follow the mistakes made by the AI reader. In the neutral case, agreeing with the AI reader does not change the performance significantly, and so performance remains a little below the standard of care in both sensitivity and sensitivity.

The performance of the AI triage scenario presents large variations when subject to positive or negative interactions, because human readers are responsible for all the recall decisions, while the AI merely supports them. When the AI offers beneficial assistance, the entire scenario improves as all readers gain from it. Conversely, if the assistance is negative, the scenario worsens in a similar way. In the neutral case, the scenario does not improve because we know from the AI standalone case that the AI reader is tuned to match the reader at about the same specificity but with much-improved sensitivity. However, the one-reader pathway contains all the low-scoring and mostly normal episodes, so improved sensitivity does not have an effect. And since the three-reader pathway has high sensitivity, the AI assistance does not detect more cancers. In this case, triage is not as susceptible to automation bias, as agreeing with AI would not harm the system's performance.

The AI triage scenario provides a distinct contrast to the AI readerreplacement scenario. The positive and negative interactions have less impact in the AI reader-replacement scenario than in the triage scenario, because the interaction applies to fewer human readers. Also, the AI reader serves two roles in the reader-replacement scenario: as a screening tool, where it improves the system beyond the consensus performance, and as a diagnosis-assistive tool. Since it has already delivered most benefits as a screening tool, the additional improvements from its role as an assistive tool are relatively minor. The triage scenario, on the other hand, receives the impact of human–AI interaction for all human readers, and the structure of the pathway means that the AI has strong effects both as a screening tool and as an assistive tool.

Al single-reader. In the Al single-reader scenario, with positive interaction correcting up to 50% of the original decisions, the system can achieve a sensitivity of 74.6%, on par with the AI standalone, but with an additional 1.6% improvement in specificity (Fig. 3B). For the negative interaction case, with up to 50% of the discordant decisions turning into errors, the sensitivity and specificity decrease to ~62.6 and 93.9%, respectively. There are more gains than losses in this scenario, because disagreements occur more frequently when AI is correct than when it is wrong. In the neutral case, as the human reader increasingly agrees with the AI reader, the performance tends towards the AI standalone scenario. The automation bias turns out to be favourable here, because the AI reader outperforms the average reader by a sizable margin, and in a one-reader pathway, this directly translates to an improved system performance. Across all scenarios, a single-reader AI system is unable to match the performance of a multi-reader system when it comes to screening outcomes. However, using AI significantly narrows the gap between the single-reader system and the two-readerand-consensus system, making a compelling case for consideration in settings limited to single-reader screening pathways.

Discussion

In this study we used detailed simulations to evaluate how an AI reader for breast cancer detection could perform in different single- and multi-reader settings in population mammographic screening. We explored positive, neutral, and negative human–AI interaction effects and identified the major upside and downside possibilities for four AI-integration scenarios depending on the nature and strength of the interaction effects. The AI reader used was a strong individual reader trained on the ADMANI training datasets²⁸, with its performance assessed on a carefully selected and unseen ADMANI testing dataset. This AI reader achieved significantly higher sensitivity (+8.3%) and specificity than the weighted mean individual human reader, and better performance than 91% of individual human readers in our retrospective testing dataset.

The AI standalone reader's high performance and minimal running cost (it is fully automated, so it eliminates costs associated with human readers) make a compelling case for its use in settings that follow single-reader screening practices. Many countries currently implement single-reader screening, whether for reasons of historical choices to prioritise cost and operational efficiency, as in the United States, or because the resources have not been available to establish a multi-reader screening pathway integrated into healthcare systems, as in many other countries. In such settings, AI readers could play an important role in improving screening system performance while minimising costs. However, despite the AI reader's impressive performance as a single reader, as a standalone system, the AI reader cannot match the performance of the current standard of care (two readers with arbitration) used in Australia and many other countries including Sweden and the UK.

This performance gap necessitates some human–AI collaboration to improve screening outcomes²⁹ and, furthermore, practical, social and legal considerations encourage retaining the human central to the decision-making process²³. We observe that the AI reader can outperform human readers in the first/second position, but not in the third reader role. This observation suggests that there is a preferred position for the AI reader to maximise its advantages relative to human readers: it should serve in a more junior role where its excellent specificity optimises the performance of the whole screening pathway. Relatedly, the AI reader works notably well for first-round screening, outperforming the standard of care in this study dataset.

We studied four collaborative AI-integrated scenarios for the screening pathway: AI single-reader, AI reader-replacement, AI bandpass, and AI triage. Without any human-AI interaction effects, both AI reader-replacement and AI band-pass demonstrated significantly superior sensitivity and specificity compared to the standard of care two readers with arbitration system. Interestingly, these two approaches achieve this superior performance with different characteristics. The AI reader-replacement system gains the most from reducing missed cancers (false negatives), while the AI band-pass system gains the most from limiting unnecessary recalls to assessment (false positives). Both the AI single-reader and AI triage systems demonstrate lower performance than the standard of care and other multi-reader Al-integrated systems. However, if we assume that positive human-AI interaction yields a 15% improvement in human reader decision-making, then AI triage can match the current standard of care. Furthermore, the AI triage system has the highest possible upside if there are strong positive human-AI interaction effects. Interim results from the ongoing MASAI trial provide evidence that positive human-AI interaction is plausible²¹. For the AI single-reader, the superior performance of the AI reader over human readers provides a safety net, leading to improved performance even with neutral reliance on the AI reader. The relative gains from the use of AI are greater in the single-reader pathway than in the multi-reader pathways thanks to the strong performance of the AI reader as a single reader relative to single human readers. The gap between the single-reader pathway and multi-reader pathways is almost halved when AI is used in both.

The four AI-integrated scenarios present differing considerations when it comes to implementation and clinical application. AI readerreplacement is conceptually straight-forward and is the least disruptive to the reader system as it retains a human decision-maker for all episodes. As the overall reader structure is unchanged, every episode must have at least one human reader, the cancer prevalence for the first reader remains the same, and only the third reader can view AI outputs. The limited exposure of readers to the AI reader outputs mitigates the risks of negative human-AI interaction, but also limits the upside of positive human-AI interaction. The AI band-pass scenario offers perhaps the greatest potential for tuning the pathway, allowing for improved performance while minimising the radiologist's workload. However, having an AI reader make the final reading decision, without human involvement, faces challenges before clinical adoption. Concerns relating to bias, quality assurance, and medicolegal responsibility would need to be addressed²³. With strong performance, the AI reader-replacement and AI triage systems seem most promising for clinical implementation as their human-in-the-loop, human-in-charge architectures minimise barriers to their adoption.

Our study features limitations based on constraints on what is feasible in complex simulations using a retrospective cohort, and other factors and considerations beyond the scope of this study. Here, we did not account for the potential effects of a change in cancer prevalence that readers in both AI triage and AI band-pass will experience. We also consider positive, neutral, and negative human-AI interaction effects in isolation, and only for a single AI reader operating point. Human readers are also likely to modulate their decisions based on scores or other supporting information, which we did not consider. Alongside prospective studies and further development of the datasets, translation into screening programmes will require, or be aided by, other programmes of work not covered in this study, including (1) Development of approaches to algorithm quality assurance to assess bias and drift on an ongoing basis; (2) Deeper examination of AI explainability for client and clinician, and their acceptance of AI reader false negatives and positives; (3) Further development of algorithms to focus on interval cancers (false negatives); (4) Utilising AI to predict short-, medium- and long-term breast cancer risk and to support personalised screening pathways. AI reader performance may be improved by integrating a longitudinal view of episodes for a given client over multiple screening rounds, taking advantage of information from prior screens as human readers do.

Taken together, we have shown, on a large retrospective dataset under different scenarios and conditions, how an AI reader can be integrated into breast cancer screening programmes to improve cancer detection, minimise unnecessary recall to assessment, and lower human reader workload and cost. Our work extends previous research by simulating arbitration reads and human–AI interaction, as well as conducting thorough analysis and comparison across various AIintegrated screening pathways using a common large retrospective dataset and AI system. Our results provide insights into optimising breast cancer screening outcomes through AI positioning and pathway design. Overall, our simulation results provide evidence that supports the prospective evaluation of the AI-integration pathways studied here and offers plausible approaches to the clinical implementation of AI readers in breast cancer screening in the near future.

Methods

Inclusion and ethics

The conceptualisation, design and implementation of this study was conducted with close collaboration between clinical staff working in the organised population breast screening service in Victoria, Australia and local academic researchers. This study was conducted using the ADMANI datasets created from the state screening programme, BreastScreen Victoria's retrospective image and non-image database which was accessed and governed under the executed license agreement with BreastScreen Victoria and the BRAIx Project Multi-Institutional Agreement. The study's conduct was approved by the St Vincent's Hospital, Melbourne Human Research Ethics Committee (SVHM HREC) approval numbers; LNR/18/SVHM/162 and LNR/19/SVHM/123. All BreastScreen participants sign a consent form at screening registration that provides for the use of the de-identified data for research purposes. A unique identifier is used for the purposes of the ADMANI datasets, with all image and non-image data de-identified.

Screening programme

The BreastScreen Victoria screening programme is a population screening programme targeted at women aged 40+ with those between the ages 50–74 actively recruited. A typical BreastScreen Victoria client has a mammogram taken with a minimum of four standard mammographic views (left and right mediolateral oblique, MLO, and craniocaudal, CC) every 2 years. Annual screening is offered to a small proportion of high-risk clients (< 2%).

Every client undergoing screening through BreastScreen Victoria experiences a standardised screening pathway and data generation process (Supplementary Fig. 11). Each mammogram is read independently by two breast imaging radiologists who indicate suspicion of cancer, all-clear, or technical rescreen. If there is disagreement, a third reader, with visibility of the original two readers' decisions, determines the final reading outcome. Clients with a suspicion of cancer are recalled for assessment. At assessment, further clinical workup and imaging is performed. Any client who has a biopsy-confirmed cancer at assessment (within six months of screening) is classified as a screendetected cancer (true positive). Any clients who are recalled but confirmed with no cancer after follow-up assessments are classified as either benign or no significant abnormality (false positive). Clients who were not recalled at reading and do not develop breast cancer within the next screening interval are classified as normal (true negative). Clients who develop breast cancer between 6 months after a screen and the date of their next screen (12 or 24 months) are classified as interval cancers (false negative). The datasets we use are structured around individual screening episodes of clients attending BreastScreen Victoria. A screening episode is defined as a single screening round that includes mammography, reading, assessment, and the subsequent screening interval.

Study datasets

The datasets used in this study were derived from the ADMANI datasets²⁸. The ADMANI datasets comprise 2D screening mammograms with associated clinical data collected from 46 permanent screening clinics and two mobile services across the state of Victoria, Australia. The entire datasets span 2013-2019, 2013-2015 were cancer enriched samples and not used for testing, 2016-2019 were complete screening years containing all episodes. Screening episodes that were missing any of the standard mammographic views (left and right MLO and CC), had incomplete image or clinical data, were were excluded (Fig. 4). If a screening episode had multiple screening attempts only the final attempt was used. Clients with breast implants or other medical devices were included. After exclusions, a random number generator was used to allocate 20% of all screening clients randomly to the study cohort, only the complete screening years (2016-2019) were included to ensure a representative sample. All screening episodes associated with clients were then included in the study dataset. The remaining 80% of clients and associated screening episodes were used in model training and development. The study dataset was further split into testing (75% of clients in the study) and a development dataset (25% of clients in the study) on which operating points were set. The testing dataset comprised 149,105 screening episodes from 92,839 clients, and the development dataset 49,796 screening episodes from 30,946 clients (Table 2). The mammograms were processed using the Python programming language version 3.6 using packages gdcm version 2.8.9 and pydicom 2.1.2. The non-image datasets were processed



Fig. 4 | **Screening episode exclusion criteria.** Flow diagram of study exclusion criteria for screening episodes from the standardised screening pathway at BreastScreen Victoria. Missing data could be clinical data without mammograms or mammograms without clinical data, clinical data could also be incomplete missing assessment, reader or screening records. Earlier screening attempt refers to a client returning for imaging as part of the same screening round, only the last attempt was used. Failed outcome determination and failed outcome reduction refer to being unable to confirm the final screening outcome for the episode. Missing reader records refer to missing reader data. Inconsistent recall status refers to conflicting data sources on whether episodes was recalled. Incomplete screening years refers to years in which we did not have the full year of data to sample from (2013–2015), these years were excluded from testing and development datasets as they are not representative.

using Python programming language version 3.11 using packages numpy version 1.25.1 and pandas version 2.0.3.

The study dataset has strong ground truths for all cancers (screendetected and interval) and non-cancer (normal, benign, or no significant abnormality (NSA) with no interval cancer). Cancer was confirmed by histopathology for screen-detected cancers or obtained from cancer registries for interval cancers. The histopathological proof was predominantly from an assessment biopsy confirmed with subsequent surgery. The ground truth for clients without cancer was a non-cancer outcome after reading and no interval cancer (normal) or non-cancer outcome after assessment and no interval cancer (benign or NSA). Information on country of birth, whether or not the client identifies as Aboriginal and/or Torres Strait Islander, and age was collected at the time of screening. Responses for country of birth and Aboriginal and/or Torres Strait Islander identification were aggregated into categories of First Nations Australians and regions. No analysis on sex or gender was performed as it was not available in the dataset.

Separately to the retrospective analysis a prospective dataset was collected from December 2021 to May 2022. Data were collected in real-time (daily) from a single reading and assessment unit (St Vincent's Breastscreen, Melbourne, Australia) using two mammography machine manufacturers from December 2021 to May 2022. The prospective dataset contains the same ground truth and demographic information with the exception of interval cancer data as it was not yet

Table 2 | Summary and characteristics of data used in the study

No. of episodes	lest	Development	All
Age group	44.070	0074	45 7 47
40 to 49	11,873	3874	15,747
50 to 59	58,835	19,596	78,431
60 to 69	54,491	18,284	/2,//5
70 to 74	19,482	6574	26,056
75+	4424	1468	5892
Screening round			
1	19,374	6474	25,848
2+	129,731	43,322	173,053
Manufacturer			
A	54,507	18,398	72,905
В	34,765	11,491	46,256
С	24,278	8118	32,396
D	16,702	5560	22,262
E	16,435	5425	21,860
Other	2418	804	3222
Country of birth			
Australia	97,880	32,841	130,721
United Kingdom	9666	3133	12,799
Vietnam	3579	1182	4761
Italy	3340	1145	4485
Other	34,640	11,495	46,135
Risk category			
None	34,325	11,499	45,824
Average	102,098	34,077	136,175
Moderate	7588	2532	10,120
High	5094	1688	6782
Personal history of breast cancer			
Yes	683	250	933
No	148,422	49,546	197,968
Recalled for assessment	6871	2253	9124
Screening outcome			
Screen-detected cancer	1042	316	1358
Interval cancer	287	100	387
Normal	141,968	47,449	189,417
Benign	3018	983	4001
No significant abnormality	2790	948	3738
Total	149,105	49,796	198,901

available at the time of publication. The prospective dataset consisted of a total of 25,848 episodes and 108,654 images from 25,848 clients with a total of 195 screen-detected cancers (Supplementary Table 5).

AI reader system

For this study, we used the BRAIx AI Reader (v3.0.7), a mammography classification model developed by the BRAIx research programme. The model is based on an ensemble of modern deep-learning neural networks and trained on millions of screening mammograms. We studied and created an ensemble from ResNet³⁰, DenseNet³¹, ECA-Net³², EfficientNet³³, Inception³⁴, Xception³⁵, ConvNext³⁶ and four model architectures developed specifically for our problem, including two multi-view models that use two mammographic views of the same breast concurrently³⁷, and two single-image interpretable models that provide improved prediction localisation and interpretability³⁸. Each model from the ensemble was implemented in PyTorch³⁹ and trained on data splits from the training set. The models were trained for 10–20

epochs using the Adam optimiser⁴⁰ with an initial learning rate of 10⁻⁵, with weight decay of 10⁻⁶ and with the AMSGrad variant enabled⁴¹. The training set was selected to have about a 10:1 ratio for non-cancers (benign, no significant abnormality and normal) and screen-detected cancers, respectively. To enforce a specific ratio, not necessarily all the available non-cancer images in the dataset are used during the training of the models. Images were pre-processed to remove text and background annotations outside the breast region, then cropped and padded to keep the same height-to-width ratio of 2:1. Data augmentation consisted of random affine transformations⁴².

The AI reader is image-based and produces a score associated with the probability of malignancy for each image. Image scores are combined to produce a score for each breast, and the maximum breast score is the episode score. Decision thresholds convert each episode (or breast) score to a recall or no-recall decision. There are no minimum number of images required. Elliptical region-of-interest annotations are produced from the pixels that contribute most to the classification score, and multiple regions are ranked by importance (Supplementary Fig. 12). The reader has been evaluated on publicly available international datasets and achieved state-of-the-art performance (Supplementary Table 4). The distribution of episode scores from the study dataset, useful for inter-study comparisons, are also available (Supplementary Table 3).

Simulation design, operating points and evaluation metrics

To provide insights into the AI reader and its potential in clinical application, we performed retrospective simulation studies, where we evaluated the AI reader performance as a standalone reader and in three AI-integrated screening scenarios. The simulation studies are conducted using various packages in the R programming language version 4.2.2, including dplyr version 1.1.0, tidyr version 1.3.0 and renv version 0.15.5⁴³.

Al-integrated screening scenarios. Five scenarios were considered to evaluate the AI reader integrated in the screening pathway, AI standalone, AI single-reader, AI reader-replacement, AI band-pass, and AI triage. In the one-reader pathway, the reader makes a decision on all episodes, and the decision is final. This includes the AI standalone and the AI single-reader scenarios. In the two-reader-and-consensus pathway, the first two readers individually make a decision on whether or not to recall the client for further assessment. If the two readers agree, that is the final reading outcome. If they disagree, a third reader, who has access to the first two readers' decisions and image annotations, arbitrates the decision. This pathway includes AI reader-replacement, AI band-pass and AI triage scenarios.

In the AI standalone scenario, the AI reader replaces the (only) human reader in the one-reader pathway and provides the same binary recall or no-recall outcome as the human readers on all episodes. In the AI single-reader scenario, the AI reader acts as an assistive tool to human readers. It provides the binary recall or no-recall outcome to the human reader, but it does not make any decision on its own. The human reader with access to the AI output would first make a decision and then consider whether to revise its decision should there be disagreement with the AI output.

In the AI reader-replacement scenario, the AI reader replaces one of the first two readers in the screening pathway and provides the same binary recall or no-recall outcome as the human readers. The first and second readers are replaced at random (with equal probability) for each episode. As the AI reader could trigger a third read that did not exist in the original dataset, the third reader was simulated for all episodes even if an original third read was present. This approach is to prevent unduly tying the result to the dataset and to obtain better variability estimates. Sensitivity analysis, where the third reader uses the real data when possible and where the replaced second reader is used as the third reader, was also performed (Supplementary Table 6). The third reader in our retrospective cohort operated with a sensitivity of 97.5% and a specificity of 56.3%, and we simulated the third reader with respect to this performance. Concretely, whenever an episode reaches the simulated third reader, the reader will make a recall decision by first inspecting the actual episode outcome and then using it as a prediction 97.5% of the time if the outcome is cancer (and 2.5% of the time using the opposite case as prediction), or 56.3% if the outcome is normal. This is achieved by sampling from the uniform(0,1) distribution with the corresponding probability, and it ensures that the simulated performance matches the real-world performance. Confidence intervals were generated through 1000 repetitions of each simulation.

As a remark, we emphasise that the simulation of the third reader should be performed with reference to the real-world Reader 3, rather than by reusing data of the earlier replaced readers (e.g. Reader 1 or Reader 2)^{20,22}. Reusing data is convenient, as the replaced readers have seen all the episodes, and it avoids the simulation of the third reader. However, this overlooks the fact that while Reader 1 and 2 make independent judgements, they are conditionally dependent. In simple terms, a difficult cancer case is difficult for any reader. In such cases, the two readers would frequently miss together even when they make independent judgement, and the overall sensitivity would drop if either of them is used as an arbiter. In general, Reader 3 (the arbiter) makes decisions differently than Readers 1 and 2 because Reader 3 has access to their decisions and analyses. If Readers 1 and 2 were used in place of Reader 3 for simulation, then the result would be distorted, as we see in Supplementary Table 6.

In the AI band-pass scenario, the AI reader was used analogously to a band-pass filter. The AI reader provided one of three outcomes: recall, pass, and no-recall. All episodes with recall outcomes were automatically recalled. All episodes with the no-recall outcome were not recalled. All episodes with the pass outcome were sent to the usual human screening pathway. The AI reader made the final decision on the recall and no-recall episodes with no human reader involvement, and for all episodes that passed the human screening pathway, the original reader decisions were used.

In the AI triage scenario, the AI reader triages the episodes before the human readers. Episodes with high scores continue to the standard pathway, and episodes with low scores go through the pathway with only 1 reader. For episodes sent to the standard pathway, the original reader decisions were used, and for episodes sent to the single-reader path, the reader decision is sampled randomly (with equal probability) from the first and second readers. The AI reader made no final decision on any of the episodes.

Al operating points. Three sets of operating points were used as part of the study: the AI reader-replacement reader, the AI band-pass reader and the AI triage reader. There are three sets for five scenarios because the AI standalone reader and the AI single reader uses the same operating point as the AI reader-replacement reader. All operating points were set on the development set (Supplementary Fig. 13).

The AI reader-replacement operating point used a set of manufacturer-specific thresholds to convert the prediction scores into a binary outcome: recall or no-recall. The operating point was chosen to improve on the weighted mean individual reader's sensitivity and specificity. The weighted mean individual reader was the weighted (by number of reads) mean of the sensitivity and specificity of the individual (first and second) radiologists when they were operating as a first or second reader. For all operating points that improved on the weighted mean individual readers sensitivity and specificity, the point with the maximum Youden's index⁴⁴ was chosen.

The AI band-pass reader used two sets of manufacturer-specific thresholds to convert the prediction scores into three outcomes: recall, pass and no-recall. The AI band-pass simulation was evaluated at different AI reader thresholds via a grid search. At each evaluation, two

thresholds for each manufacturer were set to a target high specificity and high sensitivity point. All episodes with a score above the high sensitivity point were given the recall outcome, all episodes below the high specificity point the no-recall outcome, and all episodes in between points were given the pass outcome. The final AI band-pass reader thresholds were chosen from the simulation result with the maximum Youden's index of the points with non-inferior sensitivity and specificity than that of the two readers with an arbitration system.

The AI triage reader used the 90% quantile of the prediction scores as the threshold to convert the prediction scores into the triage outcome: the standard pathway or the one-reader pathway. Episodes with prediction scores less than the threshold are assigned to the onereader pathway; otherwise, they are assigned to the standard pathway.

When there is interaction between the AI reader and the human reader, i.e. the human may revise their decision based on the AI output, the AI reader, in all cases, uses the reader-replacement operating point (which is also the standalone operating point). To clarify, taking the AI triage scenario as an example, the AI triage reader uses the triage operating point to decide whether an episode should go to the standard pathway or the one-reader pathway. Once that is decided and the episode reaches any reader, the reader would have access to an AIassist reading tool that operates at the reader-replacement operating point. So overall, there would be two operating points functioning at the same time.

Human-AI interaction. We simulate three interaction effects, the positive, the neutral and the negative effect. All three interactions involve an AI reader and a human reader. The AI reader first makes a decision about recall (using the assistive operating point), and then the human reader makes their decision with access to the AI output. The human may adjust their decisions if they differ from the AI's, and this happens $(100 \times p)\%$ of the time, where *p* is a parameter that varies between 0 and 1 across multiple simulations. For example, when p = 0.1, human readers will adjust the decision 10% of the time when their decisions differ from the AI, and when p = 1, human readers will change all their decisions to align with the AI. This models the automation effect, which we refer to as the neutral interaction.

For positive interactions, the human readers would only adjust the decision if the AI is correct. This models the situation where AI enhances human readings by reducing occasional misses and assisting in complex cases. And for negative interactions, the human readers would change the decision only if the AI is incorrect. This models the situation where human is confused by the AI reader's output and mistakenly changes their correct decision into an incorrect one.

Evaluation metrics. The AUC, based on the receiver operating characteristic or ROC curve, is used to summarise the AI reader's standalone performance.

Sensitivity and specificity are used to compare the AI reader with the radiologists and the Al-integrated screening scenarios with the current screening pathway. Sensitivity, or the true positive rate (TPR), is computed by dividing the number of correctly identified cancers (the true positives) by the total number of observed cancers (all positives, i.e. including both screen-detected cancers and interval cancers). It measures the success rate of the classifier in detecting the cancer. This is a key performance metric because early detection of cancer leads to more effective treatment⁴⁵, due to a timely intervention, requirement for a less aggressive treatment, and improved survival rates. Specificity, or the true negative rate (TNR), is computed by dividing the number of correctly identified non-cancer episodes (true negatives) by the total number of observed non-cancer episodes (all negatives). It measures the success rate of the classifier in correctly not recalling a client when cancer is absent in the client. This is a key performance metric because unnecessarily recalling clients to the

assessment centre is costly and induces significant stress on clients and their families $^{\rm 46}\!.$

To compare the sensitivity and specificity of the Al-integrated screening scenarios with the current screening pathway, McNemar's test (with continuity correction to improve the approximation of binomial distribution by the chi-squared distribution) is used to test for differences⁴⁷, and the binomial exact test (one-sided) is used to test for superiority. Both tests adhere to the correct design for McNemar's test, in which a 2-by-2 contingency table is constructed based on the paired samples from the two comparison scenarios. The samples are paired by the episode ID, and the tests are conducted once for each of the sensitivity and specificity^{48,49} at a significance level of 5%. For the effect size calculation, Cramér's V₍also known as Φ) is used for McNemar's test. It is calculated as $\sqrt{\frac{N^2}{N}}$, where χ^2 is the test statistics and N is the number of samples. For the binomial test, Cohen's h is used, calculated as $|2 \arcsin \sqrt{p_1} - 2 \arcsin \sqrt{p_2}|$, where p_1 is the test statistics, and p_2 is the expected proportion under the null hypothesis.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Source data files are provided with this paper for all figures and tables. The non-transformed image and non-image data that established the ADMANI datasets were accessed under license agreement with BreastScreen Victoria. Further details about the ADMANI datasets are available in the data descriptor paper²⁸. The three datasets used as external validation are publicly available or available via request. The Chinese Mammography Dataset (CMMD) is publicly available from the following website: https://wiki.cancerimagingarchive.net/pages/ viewpage.action?pageId=70230508. The Cohort of Screen-age Women - Case-control (CSAW-CC) dataset is available via request from the following website: https://snd.gu.se/en/catalogue/study/ 2021-204. The BreastScreen Reader Assessment Strategy Australia (BREAST Australia) is available via request from the following website: https://breast-australia.sydney.edu.au/research/. Source data are provided with this paper.

Code availability

The code used for training the BRAIx AI reader is based on open-source algorithms and training techniques but is not able to be shared. We are required to protect potentially commercially valuable project intellectual property, which the source code constitutes, as part of our multi-institution agreement and grant obligations. The description of the model training procedure and models used are provided in the Methods section and can be implemented with open-source frameworks. The main conclusions drawn in our work relate to our AI reader simulation experiments. The code used to simulate the AI reader operating within the screening programme and validate the external results is available publicly⁴³.

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Competing interests

P.B. is an employee of annalise.ai. C.W., Y.C., D.J.M., M.S.E., H.M.L.F. and G.C. are inventors on a patent, 'WO2024044815—Improved classification methods for machine learning', a model used in versions of the BRAIx AI reader. The remaining authors declare no competing interests.

Additional information

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