



# Additive manufacturing technology for porous metal implant applications and triple minimal surface structures: A review



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## ABSTRACT

Recently, the fabrication methods of orthopedic implants and devices have been greatly developed. Additive manufacturing technology allows the production of complex structures with bio-mimicry features, and has the potential to overcome the limitations of conventional fabrication methods. This review explores open-cellular structural design for porous metal implant applications, in relation to the mechanical properties, biocompatibility, and biodegradability. Several types of additive manufacturing techniques including selective laser sintering, selective laser melting, and electron beam melting, are discussed for different applications. Additive manufacturing through powder bed fusion shows great potential for the fabrication of high-quality porous metal implants. However, the powder bed fusion technique still faces two major challenges: it is high cost and time-consuming. In addition, triply periodic minimal surface (TPMS) structures are also analyzed in this paper, targeting the design of metal implants with an enhanced biomorphic environment.

## 1. Introduction

Bones fundamentally provide frames for skeleton structural support, protection for vital organs and specialized tissues, support for the mechanical actions of soft tissues, and stability, and also play the role of mineral storage. Bones have excellent regenerative properties and self-healing abilities for the body to recover from physical injury. However, after a serious trauma or a systemic disease, bones may find it extremely difficult to recover their self-healing function. Furthermore, bone's regenerative ability becomes weaker for older people, bringing a significant health issue of bone defects. The needs for orthopedic implants have dramatically increased in the last two decades. Patients are expecting treatments that allow them to maintain their daily activities and quality of life. Taking Knee replacement as an example, the rates of total knee replacement (TKR) have been significantly increased from 1991 to 2006 [1]. In the US, patients spent over US\$9 billion on the total knee arthroplasty (TKA) in 2009 and the major demand of TKA was in group aged 45–64 years [2]. The value of the biomaterials market was US\$94.1 billion in 2012, and increased to US\$134.3 billion in 2017 worldwide [3]. This rapid increase in the biomaterials market has to a certain extent brought benefits for the development of bone tissue engineering (BTE). Advanced biomaterials, fabrication methods, and the structural designs of medical devices have been greatly

improved in the last twenty years.

Materials for medical applications need to meet several criteria, and designed implants should morphologically mimic bone structure and support bone tissue formation (osteogenesis). Biocompatibility, mechanical properties, and biodegradability are the fundamental elements that must be considered. The structure of bone is almost completely constituted by hydroxyapatite crystal ( $Ca_{10}(PO_4)_6(OH)_2$ ), a mineral form of calcium apatite, within an organic matrix of collagen [4]. Of this collagen, 95% is type I, providing the structural integrity for connective tissues in bones, tendons, and ligaments. The remaining 5% of the bone is a combination of proteoglycans and numerous non-collagenous proteins. An effective implant will be accepted by the human body and function properly. An inferior orthopedic device can trigger serious issues in patients. In Australia, the Therapeutic Goods Administration (TGA) provides regulations for medical devices, such as Australian regulatory guidelines for medical devices (ARGMD), which provide guidance to assist the manufacturers and sponsors of medical devices in meeting the regulatory requirements for legally supplying a medical device in Australia [5,6]. The choice of implant materials should meet the requirements of the specific implant to ensure non-toxicity and biocompatibility, a porous structure with appropriate pore size and porosity, suitable biomechanical properties including appropriate elastic modulus and high strength, and also biodegradability for

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temporary implant materials.

In the development of new metallic biomaterials, three important aspects must be considered:

### 1.1. Non-toxicity and biocompatibility

A clinical-level orthopedic implant has to be highly biocompatible and contain no toxic substances, ensuring the cell activities are safe and positive.

Metallic materials for implantation purposes should be non-toxic. A chemical substance or a mixture of substances can be poisonous, resulting in adverse effects on living cells and organisms. Toxicity describes the level of a toxin in a substance [7,8]. Metals and their compounds can be toxic or cytotoxic. Most heavy metals, such as mercury (Hg), lead (Pb), and cadmium (Cd), are a major threat to human life, damaging organs and cells [9]. Some metals are essential minerals for the human body, such as barium (Ba), chromium (Cr), iron (Fe), selenium (Se), beryllium (Be), cobalt (Co), lithium (Li), strontium (Sr), boron (b), copper (Cu), molybdenum (Mo), tungsten (W), cerium (Ce), iodine (I), nickel (Ni), and zinc (Zn) [10]. However, excessive amounts of these essential minerals are toxic [11]. Furthermore, metal compounds also have potential health risks, as they are prone to chemically breaking down in aqueous environments (hydrolysis). After a chemical reaction, such compounds may release toxic compounds or form insoluble residuals [12].

Biocompatibility describes a complex characteristic of a system between the material and the biological host, rather than a simple property of a material. The interaction between a biocompatible material and living cells or tissues should be positive, guiding wound healing, reconstruction and tissue integration. Therefore, the interpretation of the concept of biocompatibility has escalated from being equivalent to non-toxic to have positive effect on interacting with living cell and actively expressing new tissue [13]. Metal implants should be biocompatible, thus providing a supportive environment for cell and tissue activities. For instance, scaffolds in tissue engineering act as a template for osteogenesis and the materials of scaffolds should be compatible with the primary bone cells (osteoblasts, osteocytes, and osteoclasts), facilitating new bone formation, remodeling, and healing [14–16].

### 1.2. Biomechanical properties

Metallic biomaterials such as titanium (Ti) and some of its alloys are widely used in load-bearing implant applications due to their highly desirable mechanical properties, including high strength, relatively suitable elastic modulus, fracture toughness and fatigue strength [17]. High-strength implants support physical activities and protect patients from fracture risks [18]. Implants with an appropriate elastic modulus can prevent stress-shielding. A significant mismatch between the elastic moduli of an orthopedic implant and its surrounding bone can trigger the so-called stress shielding, which occurs when the physical stresses are taken up by the implant rather than by the bone. Stress shielding is a cause of bone atrophy and may lead to implants loosening, and eventually premature failure of the implant [19]. The elastic modulus of cancellous bone is in the range of 22.4–132.32 MPa, whereas that of cortical bone is much higher, ranging from 7.7 to 21.8 GPa [20,21]. Metal implants should exhibit an elastic modulus mimicking that of natural human bone. However, the elastic modulus of metallic implants normally exceeds that of bone; for instance, the elastic modulus of commercially pure (CP)-Ti and Ti–6Al–4V is around 112 GPa and 115 GPa, respectively, much higher than that of cortical bone. Thus, reducing the elastic modulus to an appropriate value is important for implant design.

### 1.3. Biodegradability for temporary implant materials

Recently, the fabrication of metal implants with an open-cellular structure using advanced additive manufacturing technology has mostly been able to meet the requirements for low elastic modulus, new bone tissue ingrowth, and vascularization capacity for implantation purposes. However, there are still concerns about the long-term instability of implants. Specifically, metallic biomaterials such as Ti and its alloys do not degrade over time, which means they remain permanently in the human body as a foreign object. As a consequence, infections due to bacteria, long-term endothelial dysfunction, permanent physical irritation, and local chronic inflammatory reactions can occur in patient and affect their quality of life [22]. In some cases, medical implants made of non-biodegradable materials like Ti alloys and stainless steels can arrest the natural growth of bones, so that secondary surgery is necessary to support further bone ingrowth. As such, developing biodegradable metals for implant applications could be a better solution to these problems. The degradable implants will finally disappear and be displaced by newly formed tissues. Biodegradability, also known as bio-absorbability, is considered for temporary medical implant application for bone fixation and vascular stents, such as implants using magnesium (Mg)-, iron (Fe)-, and Zn-based alloys. The degradation rate is an important factor for biodegradable implants [23]. The degradation of Zn-based alloys has been reported as the most appropriate among the biodegradable metal materials, in the range of 20–300  $\mu\text{m}/\text{year}$  in vitro [23–25]. The degradation rates of Mg-based alloys and Fe-based alloys are generally higher than 300  $\mu\text{m}/\text{year}$  and lower than 50  $\mu\text{m}/\text{year}$  in vitro, respectively [26,27]. Bowen et al. [28] investigated the corrosion behavior of pure Zn wire as cardiac stents in rats for a six-month period of time. In their findings, the cross-sectional area reduction of the stents (i.e., the corrosion rate) averaged 20  $\mu\text{m}/\text{year}$  for the first three months and more than doubled by the sixth month. During immersion tests, those biodegradable metallic materials fabricated by AM techniques also provide mechanical properties adequate for implant applications. Li et al. [29] fabricated an Fe-based diamond lattice scaffold by selective laser melting (SLM). In a four-week immerse test, they found that the mechanical properties of the scaffold were still sufficient for implants applications, where the elastic modulus and the yield strength of the samples were slightly decreased by 7% and 5%, respectively.

## 2. Porous structure and porosity of implant materials

The definition of porosity is the percentage of void space in a solid structure [30]. Porosity ( $P$ ) can be calculated by the gravimetric method, given by:

$$P = (1 - \rho_{\text{structure}}/\rho_{\text{material}}) \cdot 100\% \quad (1)$$

where  $\rho_{\text{material}}$  is the density of the bulk alloy and  $\rho_{\text{structural}}$  is the density of the porous structure, which is calculated as the mass of the structure ( $m$ ) divided by its volume ( $V$ ) [31]. In this paper, the analyses are based on the desired porous structure, irrespective of porosity defects.

### 2.1. Porous structure with appropriate pore size and porosity

Bone is an open-cell, porous composite material laid down by osteoblast cells and can be classified into two categories: compact bone and cancellous bone. The former is the hard outer shell of bone with lower porosity [32], while the latter has bone cells interconnecting to form a highly porous structure that is lighter and more delicate than the outer shell of bone. The porosity of cancellous bone ranges from 30% to 95% and the pore size ranges from 200 to 1000  $\mu\text{m}$  [32–35]. Recently, there has been increasing interest in the development of porous bone implant materials that exhibit an architecture mimicking that of human bone, because the porous structure can provide space for new bone tissue ingrowth and body fluid circulation. Moreover, the porous

scaffolds can provide the necessary support for cells to proliferate and maintain their differentiated functions, and their structure defines the ultimate shape of the new bone created during growth processes.

## 2.2. Effect of porosity on biocompatibility

Biomedical implants and devices with high levels of porosity have attracted interest because of their notable biocompatibility, which is beneficial for bone regeneration and formation [36,37]. Porosity is an essential element of bone ingrowth in metal implants. In an early study, Kuboki et al. [38] investigated the osteogenesis induced by bone morphogenetic protein using hydroxyapatite with both solid and porous particles in rats. Their results indicated that osteogenesis only occurs in porous structures [32,38]. A satisfactory porous structure needs to be open-cellular and interconnected, which is important for cell distribution and migration, thus facilitating blood vessel formation [39]. Due to cell size, the minimum pore size is required to be 100  $\mu\text{m}$ , which allows the bone cells to migrate and be transported for osteogenesis [39,40]. Implants with pores of 200–350  $\mu\text{m}$  size support new bone and capillary formation, facilitating bone ingrowth [32]. In order to achieve better bone tissue ingrowth in scaffolding applications, the level of porosity was suggested to be 60% of the entire architecture as a minimum requirement, with a pore size ranging from 200 to 1200  $\mu\text{m}$  [20]. Torres-Sanchez et al. [41] studied the biological behaviors of porous Ti scaffolds with four different ranges of pore sizes including 45–106  $\mu\text{m}$ , 106–212  $\mu\text{m}$ , 212–300  $\mu\text{m}$  and 300–500  $\mu\text{m}$  (Fig. 1). The Ti scaffolds were seeded with osteosarcoma osteoblasts 143B and incubated for 12 days for the evaluation of cell response in terms of cell attachment and proliferation. Result showed that small pores benefited for cell attachment and large pores supported for cell proliferation (Fig. 2). The Ti scaffold with the smallest pores (45–106  $\mu\text{m}$ ) exhibited excellent cell growth rate in the first three days, where the small pores provided more surface area for cell attachment; however, the cell growth rate became slower than those on the scaffolds with larger pore sizes after 3 days of cell culture. Ti scaffold with pore size 300–500  $\mu\text{m}$  initially showed a lower cell growth rate in day one, but it tremendously increased to the end of the culture time of 12 days [41]. Furthermore, Woodard et al. [42] distinguished porosity into macro-porosity and micro-porosity based on pore size. Macro-porosity is considered to involve a pore size greater than 50  $\mu\text{m}$  and micro-porosity involves a pore size less than 20  $\mu\text{m}$ . In scaffold design, having multiple porosities (a combination of micro- and macro-porous structures) has shown better biocompatibility than having only a macro-porous structure [43]. A scaffold with a certain amount of micro-porosity increases the surface area for osteogenic protein adsorption and osteoblast cell attachment, promoting rapid bone regeneration into the scaffold [43,44].

## 2.3. Effect of porosity on mechanical properties

Mechanical properties are another important element that needs to

be considered in orthopedic implant design. To a great extent, an increase in the porosity of a scaffold results in better biocompatibility. However, this may also reduce the mechanical properties of the porous structure. Porosity is generally shown to be inversely proportional to the mechanical properties. In some cases, an increase in pore size can also reduce the Young's modulus and yield strength, due to wall thickness thinning [45]. Balancing the biocompatibility with the mechanical properties is a prerequisite in the development of a superior biomaterial device. An adult human has 206 separate bones in total, supporting their daily physical activities. In order to facilitate multiple human activities, bones need to withstand different types of mechanical loads, which can be quantified as force, stress, and strain [46]. Mechanical properties can be described and measured in several different ways, which include tensile strength, compressive strength, hardness, elasticity of stiffness, plasticity, ductility, and toughness. All of these mechanical properties need to be evaluated and analyzed during implant production.

As mentioned above, Ti and some of its alloys (e.g., Ti–6Al–4V) are widely used as load-bearing implants. However, they have a relatively higher Young's modulus than human bone. A higher Young's modulus in implant materials than that of bone can cause bone atrophy due to a stress-shielding effect. How to minimize the Young's modulus is one of the major concerns in implant design. To address this issue, a metallurgical approach can be applied to close the gap of the Young's modulus mismatch. The introduction of a  $\beta$  phase through alloying with  $\beta$  stabilizers [47–49] or sophisticated thermomechanical processes can reduce the Young's modulus of these metals. For example, Mo, tantalum (Ta), niobium (Nb) and zirconium (Zr) are effective  $\beta$  stabilizers and can be used to alloy Ti, leading to a lower Young's modulus of these Ti alloys (~42 GPa [50]). Nevertheless, natural bone still has lower Young's modulus than that of Ti-based alloys. Another approach to reducing the Young's modulus of metallic implant materials is to introduce porosity into the metals [2,51–56]. According to the model of Gibson and Ashby [56], the most important structural characteristic of a porous material that influences its mechanical response is its relative density,  $\rho/\rho_s$  (the ratio of the density of the porous material  $\rho$  to that of the solid material  $\rho_s$ ). The relationships between the plastic collapse strength, the elastic modulus, and the relative density can be approximated by:

$$\sigma_{pl} = 0.3(\rho/\rho_s)^{3/2}\sigma_{ys} \quad (2)$$

$$E = (\rho/\rho_s)^2 E_s \quad (3)$$

Eqs (2) and (3) indicate that the elastic modulus and plastic collapse strength both decrease with increasing porosity.

A mechanical evaluation of a biomedical scaffold could be complicated in the physiological environment, where the scaffold is under a superimposed loading situation with load vectors coming from multiple directions, rather than taking one simply measurement in uniaxial direction [57]. In addition, most of the open cellular structures show

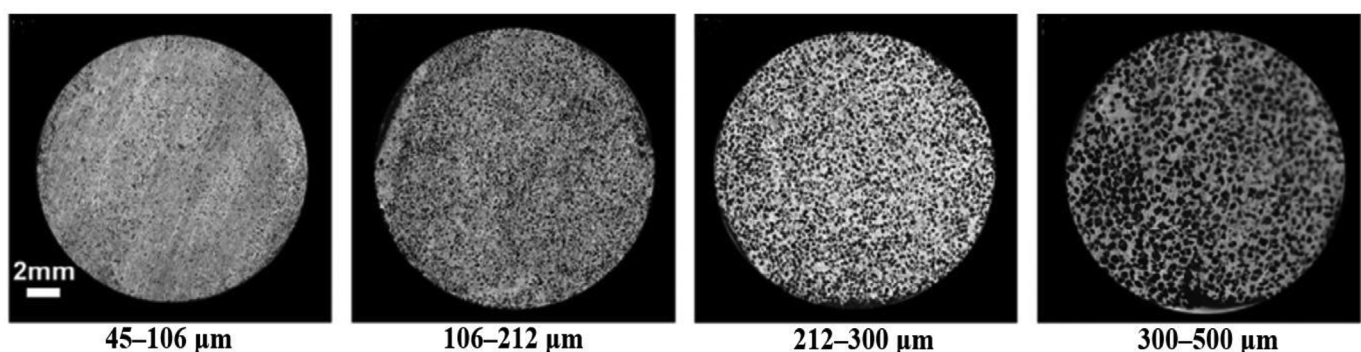


Fig. 1. Ti scaffolds with 70% porosity and different ranges of pore sizes [41].

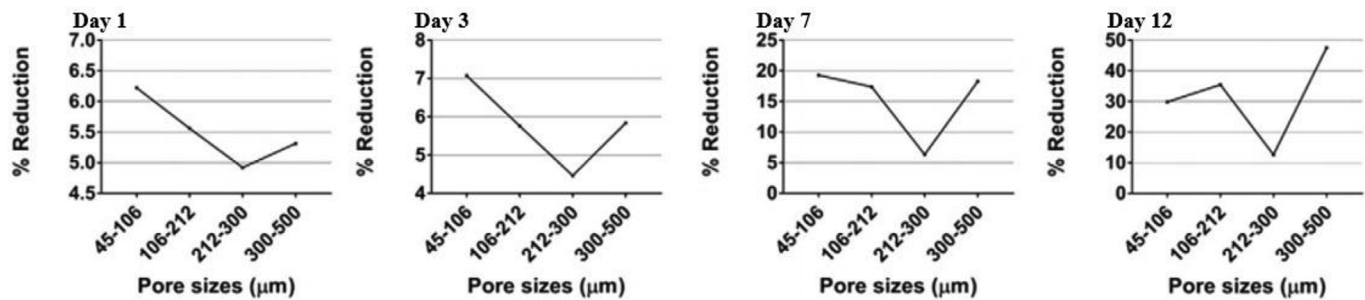


Fig. 2. Cell viability of the porous Ti scaffolds with 70% porosity and different pore sizes after cell culture for 1, 3, 7 and 12 days [41].

anisotropic deformation behavior, thus the mechanical performance is affected by the pore orientation, arrangement, distribution, shape and size [58]. Yang et al. [58] studied the elastic behavior of gyroid cellular structure using compression tests and indicated that the loading direction significantly affects the Young's modulus of gyroid cellular structures. Xu et al. [50] investigated the microstructure and mechanical properties of porous Ti architectures with different porosities, pore sizes and distributions; unsurprisingly, the Young's modulus and yield stress were inversely proportional to the pore size and porosity. Their results also indicated that porous Ti structures with a staggered pore distribution exhibited a lower Young's modulus than those with a regular pore distribution [50].

#### 2.4. Effect of porosity on biodegradability

Biomaterials for temporary implant applications should exhibit an appropriate degradation rate to support bone tissue regeneration. The degradation rate of an implant depends on the corrosion resistance of the material, which is affected by the chemistry as well as the physical characteristics of the implant. For instance, the porosity of the material plays a vital role in affecting the corrosion rate. Through reducing the porosity of the material, the corrosion resistance can be increased due to the decrease in the specific surface area, and vice versa. The corrosion rate ( $r$ ) can be calculated using the equation given by:

$$r \text{ (corrosion rate) } (\mu\text{g/day}) = (M_1 - M_2) / t_i \text{ (}\mu\text{g/day)} \quad (4)$$

where  $M_1$  is the object mass before corrosion and  $M_2$  is the object mass after corrosion, while  $t_i$  is the immersion time [59].

Hou et al. [24] investigated the corrosion behavior of two groups of Zn-based open-cellular scaffolds. The first group was pure Zn scaffolds with respective porosities of 68% and 75%, and the second group was Zn-3wt%Cu (copper) scaffolds with the same respective porosities. The results showed that the corrosion rate was inversely proportional to the porosity over the whole time period for both groups of scaffolds.

### 3. An overview of additive manufacturing (AM)

Recently, a novel fabrication technology, additive manufacturing (AM), which is also known as rapid prototyping and three-dimensional (3D) printing, has been widely explored for both research and commercial purposes. This technology has shown great ability to manufacture pieces from powders for diverse applications, thus eliminating multiple manufacturing constraints and producing architecture with more complex geometry than with conventional technologies. Compared with traditional manufacturing processes, the AM process has the great advantage of process simplicity from the design phase to installation. The whole AM process only takes few steps, which greatly increases the productivity. In a traditional manufacturing process, a large number of skilled operators are required for machining and welding processes, resulting in high labor costs. In addition, the cost of machines and maintenance expenses cannot be ignored, which makes up a notable proportion of the expense in the manufacturing process.

AM theoretically simplifies the whole process and reduces unnecessary cost [60]. AM has been developed over more than thirty years since the mid-1980s [61]. Nowadays, multiple AM approaches are available for different applications, based on the specific requirements of individual objects. In general, fused deposition modelling (FDM), powder bed fusion (PBF), inkjet printing, stereolithography (SL), direct energy deposition (DED), and laminated object manufacturing (LOM) are the main approaches of current AM.

#### 3.1. AM procedures

Generally, AM technology operates from 3D object modelling via computer aided design (CAD) to the fabrication of structures using a layer-by-layer 3D printing process. In the modelling phase, a variety of software applications allows creating, modifying, and optimizing the designed structures, which increases the productivity and improves the quality of the final products. Once the objects have been designed by a CAD software application, the files have to be saved as standard triangulate language (STL) format for the subsequent printing purposes. STL is a file format in CAD that supports 3D printing and computer aided manufacturing (CAM). In the fabrication phase, the generated STL files are input into the selected printing machines to build up the 3D models in a layer-by-layer process.

In the AM of a medical implant, scanning of the host's own bone is a necessary step, which has to be performed before the CAD modelling. Magnetic resonance imaging (MRI), X-ray computed tomography (CT), and other scanning techniques can be used for the scanning to collect an accurate image data from each individual patient [62]. The scanned image data is manipulated and converted to 3D CAD models by using specific biomaterial software applications such as Mimics® (Materialise, Belgium) and Biobuild® (Anatomics, Australia) [63]. After the model has been generated, the process is followed by the abovementioned procedures for optimizing and 3D printing.

#### 3.2. Metallic AM techniques

As shown in Table 1, PBF, DED and LOM are capable for metallic materials fabrication. PBF uses metal powders as the material resources, whereas DED normally uses wires, LOM uses sheets [64]. DED, which is also called laser engineered net shaping (LENS), has accurate composition control and is capable of fabricating products with controlled microstructures thus excellent mechanical properties, specializing in crack fillings and retrofitting of fabricated parts. The DED method presents lower accuracy of fabricated parts and lower surface quality, when compared with PBF. This method is used for large component fabrication and broken parts repairing such as turbine blades repair in aircraft. LOM can be used to print a wide range of materials, including metal rolls. LOM can greatly reduce manufacturing time and tool cost. Compared with other AM methods, LOM is the only approach for fabricating metallic structures at low temperature [65,66]. Apart from the above-mentioned advantages, LOM can be used for larger structure fabrication; however, without post-processing the quality of the

**Table 1** Materials, general applications, product resolution, advantages and disadvantages of additive manufacturing: fused deposition modelling, powder bed fusion, inkjet printing, stereolithography, direct energy deposition and laminated object manufacturing. Reproduced and modified from Ref. [72].

Category	Material	General applications	Resolution (µm)	Advantages	Disadvantages	Build volume (mm)	References
Fused deposition modelling (FDM)	Continuous filaments of thermoplastics (PLA, ABS, PETG, nylon etc.)	<ul style="list-style-type: none"> <li>• Toys</li> <li>• Commercial samples</li> </ul>	50–200	<ul style="list-style-type: none"> <li>• Simplicity</li> <li>• Fast processing time</li> <li>• Affordability</li> </ul>	<ul style="list-style-type: none"> <li>• Low dimensional resolution</li> <li>• Weakness of mechanical properties (inner layer distortion)</li> <li>• Poor surface quality</li> <li>• Limited materials</li> </ul>	X: < 900 Y: < 600 Z: < 900	[72,74,78]
Powder bed fusion (Selective laser sintering (SLS)/Selective laser melting (SLM)/Electron beam melting (EBM))	SLS (polymers, metals and alloy powders) SLM and EBM (specific metal materials)	<ul style="list-style-type: none"> <li>• Biomedical fabrication</li> <li>• Electronics Aerospace etc.</li> </ul>	80–250	<ul style="list-style-type: none"> <li>• Superior mechanical properties</li> <li>• High quality</li> <li>• Complex geometry fabrication</li> </ul>	<ul style="list-style-type: none"> <li>• Expensive</li> <li>• Time consuming process</li> <li>• Shrinkage or distortion</li> </ul>	X: 200–300 Y: 200–300 Z: 200–350	[72,77,79]
Inkjet printing and contour crafting	Ceramic Concrete and soil for contour crafting	<ul style="list-style-type: none"> <li>• Advanced structure for tissue engineering</li> <li>• Building structure fabrication</li> </ul>	Inkjet: 5–200 Contour crafting: 25000–40000	<ul style="list-style-type: none"> <li>• Time-effective process</li> <li>• Used for construction (contour crafting)</li> </ul>	<ul style="list-style-type: none"> <li>• Maintaining workability</li> <li>• Low resolution (coarseness)</li> <li>• Poor adhesion</li> </ul>	X: < 300 Y: < 200 Z: < 200 X: < 4000 Y: < 2000 Z: < 1000	[72,77]
Stereolithography (SL)	Polymers (photopolymers) Composites (can applied to Nano-composites)	<ul style="list-style-type: none"> <li>• Biomedical applications</li> <li>• Commercial prototypes</li> </ul>	10	<ul style="list-style-type: none"> <li>• High quality of printing objects</li> <li>• Fine resolution</li> <li>• High fabrication accuracy</li> <li>• Smooth finish</li> <li>• Excellent mechanical properties</li> </ul>	<ul style="list-style-type: none"> <li>• Expensive</li> <li>• Time-consuming process</li> <li>• Limited for large-volume production</li> </ul>	X: < 2100 Y: < 700 Z: < 800	[72,77,80]
Direct energy deposition (DED)/Laser engineered net shaping (LENS)/Direct metal deposition (DMD)	Metals and metal alloys Ceramics Glass Polymers	<ul style="list-style-type: none"> <li>• Aerospace (turbine blade repair)</li> <li>• Retrofitting</li> <li>• Repair of bespoke parts</li> <li>• Cladding</li> <li>• Biomedical applications</li> </ul>	250	<ul style="list-style-type: none"> <li>• Rapid cooling rates</li> <li>• Effective time and cost of repairs</li> <li>• Multiple-axis deposition and multiple materials at the same time</li> </ul>	<ul style="list-style-type: none"> <li>• Post-processing required</li> <li>• Low resolution</li> <li>• Low surface quality</li> <li>• Producing less complex models (in comparison with powder bed fusion)</li> </ul>	X: 600–3000 Y: 500–3500 Z: 350–5000	[72,76,77,81]
Laminated object manufacturing (LOM)	Polymers Metals Ceramics Paper	<ul style="list-style-type: none"> <li>• Paper manufacturing</li> <li>• Foundry industries</li> <li>• Electronics Smart structures</li> </ul>	Based on laminate thickness	<ul style="list-style-type: none"> <li>• Controlled microstructure</li> <li>• Time-effective processing</li> <li>• Low cost</li> </ul>	<ul style="list-style-type: none"> <li>• Post process required</li> <li>• Limited materials</li> <li>• Poor surface quality and accuracy</li> </ul>	X: 150–250 Y: 200 Z: 100–150	[72,77]

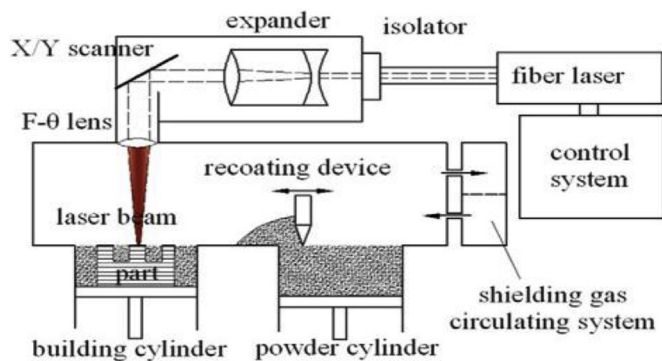


Fig. 3. Schematic of an SLM machine [84].

product surface is poor, and it has certain limitations in manufacturing complex shapes. The PBF technique can be used to produce 3D models with good mechanical properties and fine resolution, printing complex structures such as triply periodic minimal surface (TPMS) structures. This technique has been used in a variety of fields such as aerospace, electronics and metal scaffolds in bone tissue engineering. PBF is one of the laser-based AM techniques, which builds up 3D objects by using laser beams to scan a powder bed at a predefined speed and location. The laser selectively fuses the powders at the surface, either completely melted as selective laser melting (SLM) or partially melted as selective laser sintering (SLS). After a scanning process, the powder reconsolidates into solid form. Once a layer is completed, the build platform moves downwards in the  $z$  direction for a defined distance (thickness of the layer) to print another layer. This process follows a layer-by-layer sequence until the object is fully printed. SLS, SLM and EBM are the sub-classifications of powder bed fusion techniques [67]. Compared with other AM techniques, SLS, SLM and EBM have great advantages in implant fabrication. These methods can be used to fabricate porous orthopedic implants directly. The porous structures facilitate both bone regeneration and ingrowth in load-bearing applications in which high fracture toughness and mechanical strength are required [68]. In addition, SLS, SLM and EBM are capable of fabricating metal structures with complex geometry, such as open cellular structures [69–71]. Apart from the abovementioned techniques, there are some other AM techniques not shown in Table 1, which are available for metal fabrication such as binder jetting. Similar to PBF, binder jetting uses metal powders as the raw material and this technique is capable of processing various metals and alloys including Al-based, Cu-based, Fe-based, Ni-based, and Co-based alloys. However, binder jetting-built parts possess lower mechanical properties than SLM or EBM-built parts [64].

### 3.3. Other AM techniques

FDM is the most straightforward method of 3D printing, in which

the raw materials, continuous filaments of thermoplastic polymers, need to be heated up to a semi-liquid state and extruded onto a horizontal X–Y plane by a nozzle, building up layer by layer in the Z-axis [72]. The FDM method has great advantages of simplicity, speed and low cost. However, this method has the disadvantages of weak mechanical properties and poor surface quality. Inkjet printing can be used to print ceramics with complex and advanced structures for bio-medical scaffolds, but the issues of coarse resolution and lack of adhesion between layers remain to be addressed in the future. SL was introduced in the late 1980s, and is one of the most powerful and versatile solid freeform techniques to fabricate high-quality printings with fine resolution [73]. This technology has great potential for printing biocompatible and biodegradable devices in tissue engineering. However, the major concerns of SL are the limitations in materials and expense.

### 3.4. SLS and SLM

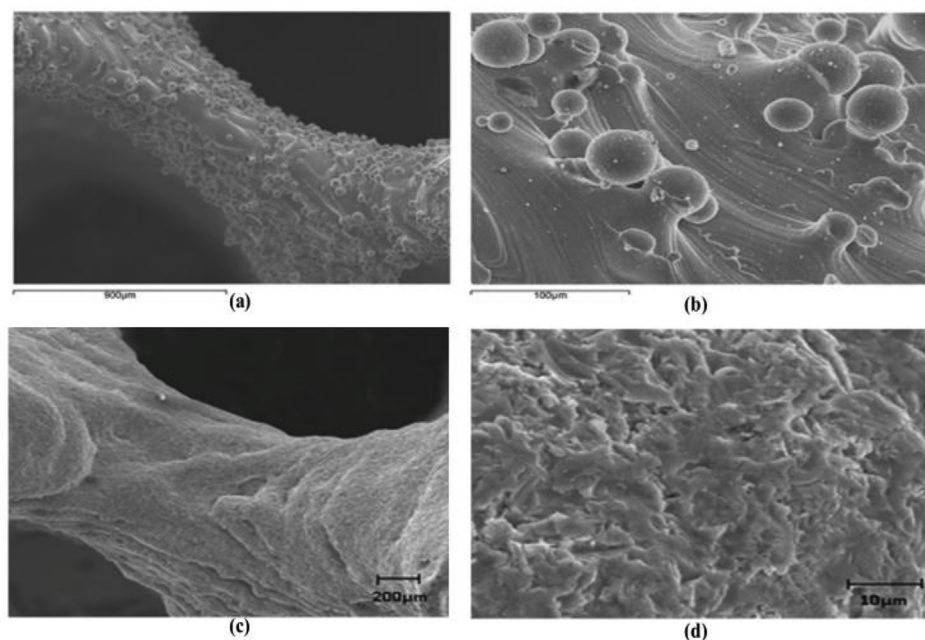
SLS can be used to produce novel structures and parts by solidifying powders in a layer-by-layer process. The laser is required to provide enough thermal energy for powder sintering, where the temperature of the powder should be raised above the melting point of metallic materials or the softening point of polymers. In some cases of metallic applications in SLS, binder materials (materials that have low melting points) are introduced to reduce the melting point, thus promoting the sintering process [72,79]. The fabrication of the porous polycaprolactone scaffold is a good example of SLS, which has shown great improvement in reducing the stiffness of the scaffold to the range of 300–400 KPa [82]. SLM is a similar fabrication process to SLS. However, there are differences between the two techniques in relation to the type of raw materials and the bonding process between particles [83]. SLS can be used to fabricate different types of material, including polymers, metals, and alloys, whereas SLM can be used to fabricate certain metal products such as Ti, stainless steel, cobalt-chromium (Co–Cr) alloys, and aluminum (Al) [79]. As previously mentioned, the laser scanning in SLS involves the partial melting and resolidification of powder particles, whereas the powders are completely melted in the laser scanning in SLM. A schematic diagram of DIMetal-100 SLM machine is shown in Fig. 3, where the build volume is  $100 \times 100 \times 120 \text{ mm}^3$  [84]. The SLM machine generates high energy laser beam through F-theta lens to fully melt the powder particles along the predefined path. The melted powder particles will be rapidly solidified and form the shape of the thin layer. Once the layer has been completed, the building cylinder will go downward in a predefined thickness to start another layer fabrication [85]. As shown in Table 2, the layer thickness of SLM is in the range of 0.020–0.100 mm [86]. The printing process is undertaken in controlled conditions and an inert gas such as argon (Ar) or nitrogen (N) is used to fill the build chamber to prevent oxidation during the fabrication process [69,84].

In SLM, fully melted powder particles can provide enhanced bonding between particles and therefore improved the mechanical properties of the products. SLM is capable of producing complex

Table 2

Features of SLM and EBM in comparison [86].

	SLM	EBM
Powder sources	One or more fiber lasers of 200–1000 W	High power Electron beam of 3000 W
Build chamber environment	Argon or Nitrogen	Vacuum/He bleed
Method of powder preheating	Platform heating	Preheat scanning
Powder preheating temperature (°C)	100–200	700–900
Maximum available build volume (mm)	$500 \times 350 \times 300$	$350 \times 380$ (diameter $\times$ length)
Maximum build rate ( $\text{cm}^3/\text{h}$ )	20–35	80
Layer Thickness (mm)	0.020–0.100	0.050–0.200
Melt pool size (mm)	0.1–0.5	0.2–1.2
Surface finish (Ra)	4–11	25–35
Geometric tolerance (mm)	$\pm 0.05$ –0.1	$\pm 0.2$
Minimum feature size	40–200	100



**Fig. 4.** SEM images of Ti–6Al–4V gyroid lattice surfaces fabricated by SLM: (a) and (b) as-built, (c) and (d) after post treatments (heat treatment and sandblasting) [88].

structures without constraint of geometry. This technique also allows recycling of the un-melted powders [64,87]. However, the disadvantages of SLM are obvious, such as high initial cost and acute size restrictions. It should be noted that brittle materials should be avoided for SLM fabrication because solidification cracks may occur. Rapid heating and cooling of brittle metal powder in SLM process will lead to residual stress, thus resulting in cracks in the as-built parts [64,86]. Additionally, SLM-built parts normally have rough surface (Fig. 4(a and b)) [88] due to the attachment of a large amount of partially melted particles from SLM process. These unexpected particles could have adverse effect on the mechanical properties especially the fatigue strength [20,89]. Thus, post treatments are required to improve the quality of the surfaces. As shown in Fig. 4(c and d), the surface roughness of strut was improved by post treatments (heat treatment and sandblasting), where most of partially melted particles were removed [88].

### 3.5. EBM

EBM is another advanced powder bed fusion-based rapid prototyping process for the fabrication of metal products. EBM uses an electron beam to melt conductive metal powders in a layer-by-layer process. A paper describing the capability of electron beam in the manufacturing of 3D objects was published in 1994 [90,91]. Since then, this technique has been well developed. A Swedish company called Arcam EBM manufactures and distributes their EBM machines for commercial purposes and the first production of EBM machines was launched in 2002 [92]. Presently, several kinds of metallic powders are available at Arcam for EBM fabrication, including Ti–6Al–4V, Grade 2 Ti, Co–Cr alloy, and Inconel super 718 [92]. Similar to other powder bed fusion techniques, EBM fabrication has addressed some of the limitations of conventional tool-cutting methods and it can be used to fabricate complex structures and parts, including porous scaffolds with specified stiffness [93]. In an early study in 2008, Heintl et al. [94] successfully fabricated a porous Ti–6Al–4V structure by EBM and indicated that their models had reduced stiffness and were suitable for bone ingrowth. Moreover, EBM is also considered a cost-effective process for the fabrication of customized orthopedic implants and instruments for biomedical devices [95]. Unlike SLM fabrication, EBM is

capable of fabricating brittle metals. As the rapid cooling rate could trigger solidification cracks of brittle metals, EBM technique accommodates metal powders using a hot powder bed generally heated up to  $\sim 870$  K, therefore reducing the temperature difference between the metal powders and the powder bed, leading to reduced cooling rate of the molten powders [64]. However, under such circumstances, the processing time of EBM could be longer than SLM in order to cool down the as-built parts to room temperature. In addition, EBM-built parts also exhibit rough surface because of the attachment of a large amount of partially melted particles (Fig. 5(a)), which is similar to SLM [20]. The EBM-built scaffold was blasted by ceramic beads to improve the surface quality (Fig. 5(b)) [20]. Apart from those drawbacks, this technique still has some other critical deficiencies in regards to process stability, delamination occurrence and low accuracy [96]. In order to improve the reliability of EBM production, further research is needed to address all these issues.

A schematic of an Arcam EBM machine and its processing chamber is shown in Fig. 6 [91,92]. The EBM machine has two main components, a processing chamber and a control panel. A tungsten filament is fixed on the upper column under the electron beam gun, which emits electrons by heating up to a temperature ranging from 1900 K to 2200 K, and the generated electron beam is accelerated to a kinetic energy of about 60 KeV. The electron beam is adjusted by different magnetic lenses (or coils), including an astigmatism lens, focus lens, and deflection lens. The first magnetic lens is used for astigmatism correction; the second magnetic lens focuses the electron beam to the desired diameter from 0.1 to 1 mm; and the third magnetic lens deflects the focused beam to a desired position on the powder bed. In the processing chamber, the metal powders, supplied from powder hoppers, are scanned by the electron beam. Similar to SLM, the scanned metal powder is first melted completely and then solidified into a thin layer with a thickness in the range of 0.05–0.2 mm. As the predefined pattern has been set in the computer, the electron beam scans the powder at a preset speed and location. In order to prevent oxidation of metal powders, especially for highly reactive metals like Ti, the entire process takes place in vacuum [86]. The chamber pressure is  $10^{-1}$  Pa and the electron beam gun is at a pressure of  $10^{-3}$  Pa. In the processing chamber, a low-pressure inert helium (He) gas ( $10^{-1}$  Pa) is introduced to cool down the parts after the printing process. The He gas also protects the powders from becoming

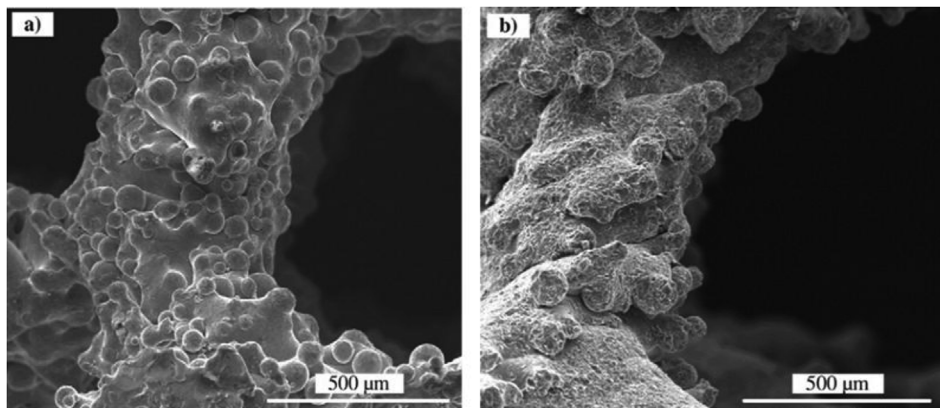


Fig. 5. SEM images of Ti–6Al–4V gyroid lattices surfaces fabricated by EBM: (a) as-built, (b) after post treatment of ceramic blasting [20].

electrically charged [91,96–101] (see Table 2).

### 3.6. Metallic biomaterials fabricated by AM for implant applications

Metal-AM fabrication has been extensively explored in the last decade and this technology has been successfully used in the biomedical field. 3D printed physical models can provide a detailed visualization of clinic cases before surgery, which is a practical approach for surgery planning and accurate diagnosis. Surgeons and medical doctors can simulate surgery processes on 3D printed models to examine the outcomes of the surgery and find any potential surgical risk and failing factors [62,102]. More importantly, AM technology can produce customized implants for bone replacement and fixation. Since the current implant structure design becomes increasingly complex to meet different requirements (e.g., interconnected porous TPMS scaffold), it could be challenging to manufacture such a metallic implant via conventional fabrication methods such as casting, forging, milling, and turning. This technology is also capable of fabricating complex porous structures with both micro and macro porosity. Due to the high solidification rate of AM techniques, AM-produced implants may exhibit high strength [103].

Metallic biomaterials such as Ti alloys are widespread used for load-bearing bone substitutes due to their excellent mechanical, corrosion and biological properties. LENS, EBM and SLM have been extensively

used for processing metallic biomaterials for load-bearing implants applications. In an early research by Krishna et al. [104], the LENS technique was used in the fabrication of porous CP–Ti with low stiffness for load-bearing implant applications in 2007. Wu et al. [105] investigated the mechanical response of gradient porous Ti–6Al–4V cylinders fabricated by EBM with 70%–90% porosity, which exhibited different elastic moduli close to those of natural bone. Ataei et al. [106] reported ultra-high strength in a gyroid porous CP–Ti fabricated by SLM, which exhibited an elastic modulus close to that of trabecular bone. Surmeneva et al. [107] fabricated Ti–6Al–4V lattice scaffolds via EBM and achieved a set of mechanical properties matching those of trabecular bones. In addition, AM techniques have also been used for the fabrication of dental implants. Ti and Co–Cr based alloys are the favorable metallic materials for fabricating dental parts due to their excellent mechanical performance and surface properties [102]. However, there is a serious concern about metallic materials for dental applications because alloys may release toxic ions which may cause adverse tissue reactions as well as hypersensitivity in individuals, especially in the oral environment [102,108]. Xin et al. [108] investigated the biological response of CoCr samples in artificial saliva solution using a seven-day immersion test, where the samples were fabricated either by SLM or traditional casting. They found that the SLM-built parts showed significantly low Co-ion release compared with that of cast specimen. Thus, the SLM-built part showed a significant

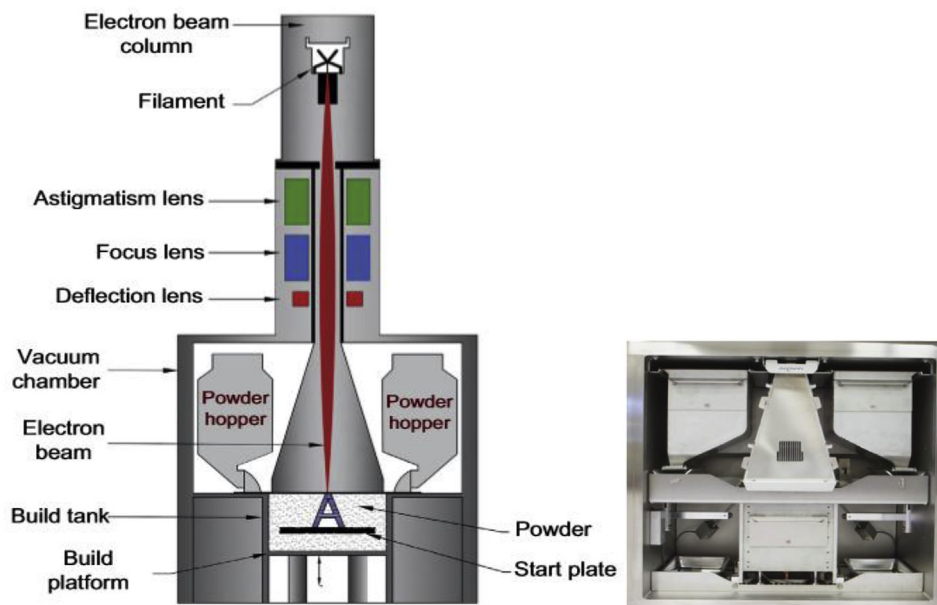


Fig. 6. (a) Schematic of an EBM machine and (b) its processing chamber [91,92].



higher cell proliferation rate than that of the cast specimen. The SLM-built CoCr samples exhibited higher biocompatibility and lower biological risks than their cast counterparts. Apart from the load-bearing and dental applications, AM techniques also show great capability in other biomedical applications; for instance, Jardini et al. [63] reconstructed a Ti–6Al–4V cranial implant by using Direct Metal Laser Sintering (DMLS) to restore the structure integrity of the patient's skull and facial aesthetics. Demir et al. [109] successfully produced cardiovascular CoCr stents by SLM and suggested that SLM could be an alternative process for microtube manufacturing and laser microcutting in stent fabrication.

#### 4. Triply periodic minimal surface (TPMS) structures

##### 4.1. Overview

TPMS describes a periodically infinite structure along three independent directions with zero mean curvature of the surface (the concave and convex curvatures are symmetrical at all points) [110,111]. Porous architectures with TPMS topology are constructed by repeating elements with the minimum possible area (unit cells) [110,112]. TPMS is also defined by implicit functions and can be distinguished by curved surfaces even at the junction of struts. Each type of TPMS architecture can be expressed in a strict mathematical equation. Typical examples of implicit TPMS implicit functions are given by Ref. [111]:

**Gyroid surface:**  $F(x, y, z) = \cos(x) \cdot \sin(y) + \cos(y) \cdot \sin(z) + \cos(z) \cdot \sin(x) + a$  (5)

**Schwarz diamond:**  $F(x, y, z) = \sin(x) \sin(y) \sin(z) + \sin(x) \cos(y) \cos(z) + \cos(x) \sin(y) \cos(z) + \cos(x) \cos(y) \sin(z) + a$  (6)

**Neovius surface:**  $F(x, y, z) = 3 \cdot (\cos(x) + \cos(y) + \cos(z)) + 4 \cdot (\cos(x) \cdot \cos(y) \cdot \cos(z)) + a$  (7)

**D – prime surface:**  $F(x, y, z) = 0.5 \cdot (\sin(x) \cdot \sin(y) \cdot \sin(z) + \cos(x) \cdot \cos(y) \cdot \cos(z)) - 0.5 \cdot (\cos(2x) \cdot \cos(2y) \cdot \cos(2z) + \cos(2z) \cdot \cos(2x)) + a$  (8)

where the  $x$ ,  $y$ , and  $z$  are in the Cartesian Coordinates [113]. The  $a$  variant is the offset value, which can be used to determinate the designed solid fraction [31]. The offset value can be both positive and negative. If the offset value is positive, the gyroid surface build up in positive region and vice versa [114]. For instance, in order to maintain

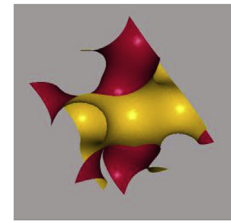


Fig. 8. Gyroid surface following mathematical equation (3): in order to generate a basic unit cell of a gyroid surface, the  $x$ ,  $y$  and  $z$  spatial directions are in the interval length of  $2\pi$ , where  $x, y, z = [-\pi, \pi]$  and  $a = 0$ .

70% porosity for the designed objects, the  $a$  offset value could be  $|0.60|$  for a gyroid and  $|0.42|$  for a Schwarz diamond [115] (see Fig. 7).

A computer program called Mathmod [116] has been introduced for TPMS structural analysis, and provides support for visualization and manipulation of different TPMS models in multiple dimensions by mathematical equations. In recent years, this software application has drawn attention for the building of models. Mathmod was initially applied to generate the unit cells of the desired TPMS models in many studies [117–122], and the generated models can be imported into other software applications for further model construction.

Single unit cells of gyroid and diamond surfaces created by Mathmod are shown in Fig. 8 and Fig. 9, respectively.

Previous studies investigated the mechanical properties of TPMS architectures [20,31,106,123,125] in which powder bed fusion fabrication methods (SLS, SLM and EBM) were employed to build up metallic TPMS structures, especially for Ti and its alloys (see Table 3). These AM methods address the challenges of conventional manufacturing processes, allowing the fabrication of complex, open-cellular TPMS architectures. TPMS porous structures and scaffolds possess great bio-mimicry features and excellent mechanical property, which improves implant feasibility and reliability. According to Rajagopalan et al. [126], the ideal biomorphic geometry would be a structure with surfaces that are continuous through space and separated into two not-necessarily-equal sub-spaces by a non-intersecting, two-sided surface. TPMS geometries exhibit great biomorphic features with smooth continuous surfaces along three independent directions and the surfaces divide the structure into two non-intersecting spaces. Compared to the straight edges or sharp turns of geometrically primitive's shapes such as cylinders and cubes, TPMS structures can provide a better biomorphic environment for cell activities such as cell attachment, penetration, migration and proliferation [123,126]. In addition, TPMS structures were also reported to exhibit good fatigue properties because of the curvature of the struts; at the nodal points, the stress concentrations caused by defects were eliminated [117,119,127]. During the fabrication process, a TPMS structure has better manufacturability than a structure with sharp turns or straight-edged pores and struts,

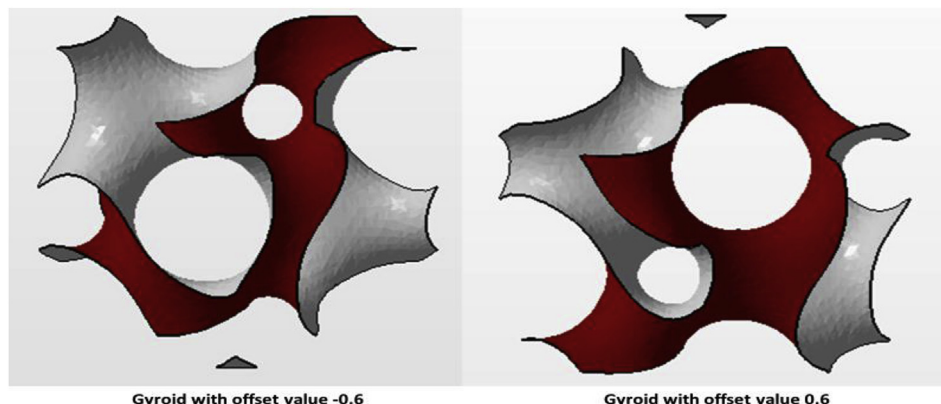
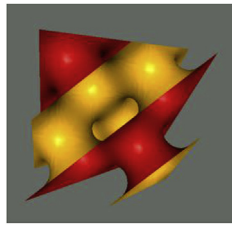


Fig. 7. Gyroid unit cell with  $\pm 0.6$  offset.



**Fig. 9.** Diamond surface following mathematical equation (4): in order to generate a basic unit cell of a diamond surface, the  $x$ ,  $y$  and  $z$  spatial directions are in the interval length of  $2\pi$ , where  $x$ ,  $y$ ,  $z = [-\pi, \pi]$  and  $a = 0$ .

eliminating the issue of thermal deformation caused by long overhangs [128].

#### 4.2. Popular TPMS structure – gyroid

The most popular TPMS architectural shape for biomedical applications is the gyroid minimal structure, discovered by Schoen in 1970 [129,130]. Researchers have experimentally shown that the gyroid architecture is suitable for biomorphic scaffold design in tissue engineering [112]. Recently, extensive research has been carried out on analysis of the mechanical properties of open-cellular gyroid structures. From the morphological perspective, TPMS architectures are generally categorized into two types, minimal surface network solids and minimal surface sheet solids, which can also be applied to gyroid surface structures [131–133]. Both structures are established from gyroid surfaces and are distinguished by the number of void spaces. A network-based gyroid structure is a solid structure with a single void domain, whereas a sheet-based gyroid structure has two partitioned, unconnected void spaces. Kapfer et al. [131] demonstrated that the sheet-based gyroid structure has higher stiffness than the network-based gyroid structure at the same porosity of the same material. Similarly, Al-Ketan et al. [133] investigated the mechanical properties of a wide range of structures, including strut-based, skeletal-TPMS and sheet-TPMS porous structures, and concluded that sheet-TPMS structures have superior mechanical properties in terms of stress and strain responses (Young's modulus). Sheet-based gyroid structures also have relatively higher Young's modulus, peak stress, and toughness in comparison with skeletal gyroid structures (see Fig. 10).

Although sheet solid gyroid structure shows good mechanical performance, unconnected porous structure could be a serious disadvantage. As mentioned earlier, good pore interconnectivity is essential for scaffold design because the interconnected space supports body fluid transport, facilitates vascularization, cells activities and tissue

ingrowth [39,94]. Sheet solid gyroid structure displays unconnected pores thus is not preferred by researchers in the field of tissue engineering. Compared with sheet solid gyroid structure, network solid gyroid structure also provides excellent mechanical properties. More importantly, the pores are interconnected and their volume fraction is controllable. This makes the structure more reliable and practical for orthopedic implant applications (see Fig. 11).

The abovementioned equation (5) can be extended as:

$$F(x, y, z) = \cos\left(\frac{2\pi}{L}x\right) \cdot \sin\left(\frac{2\pi}{L}y\right) + \cos\left(\frac{2\pi}{L}y\right) \cdot \sin\left(\frac{2\pi}{L}z\right) + \cos\left(\frac{2\pi}{L}z\right) \cdot \sin\left(\frac{2\pi}{L}x\right) + a \quad (9)$$

where  $L$  is a variable determining the size of unit cell's edge length. Offset  $a$  determines the volume fractions of the unit cell, enabling the adjustment of porosities between 50% and 90% [114,134]. The volume fraction of a gyroid unit cell is 50% when  $a = 0$ . With an increase in the absolute offset value, the relative density of a gyroid structure decreases and the porosity increases. Fig. 12(a–f) show the gyroid surfaces and network based on gyroid unit cell with different  $a$  values. In Fig. 12(c), the porosity of the gyroid structure is 70% when  $a = -0.6$ . According to Dawei et al. [114], when the absolute value of  $a = 1.41$ , the gyroid structure exhibits the maximum porosity of 90% and becomes a 'pinch-off' phase (Fig. 12(e)), which causes geometric discontinuity problems. This gyroid structure becomes fragile and loses its mechanical properties, and the manufacturability of such structures also decreases. When the absolute value of  $a > 1.41$ , the struts of the gyroid structure collapse into eight small parts and all parts are disconnected (Fig. 12(f–g)). In addition, the absolute  $a$  value can not be great than 1.5 as the gyroid will disappear [114].

#### 4.3. Normal gyroids and deformed gyroids

In order to improve the mechanical performance of the gyroid structures, the gyroid pore shape can be modified to be the deformed gyroids. The normal gyroid architecture is associate with spherical pores, where the angle between the strut and the axial direction is  $45^\circ$ . A deformed gyroid exhibits ellipsoidal-shaped pores with the variable radius in the direction of the longitudinal axis. Fig. 13 shows the schematic of a normal pore and a deformed pore. Both gyroid structures have shown a good strength-to-weight ratio for a certain angle of strut orientation and specific strength and stiffness [135,136]. Yanez et al. [31,135] investigated the mechanical properties of a normal gyroid scaffold and a severally deformed gyroid scaffold with different angles ( $19^\circ$ ,  $21.5^\circ$ ,  $26^\circ$ ,  $35^\circ$ ,  $55^\circ$ ,  $64^\circ$  and  $68.5^\circ$ ) in terms of compression tests, torsion tests and finite element analysis and reported that both the

**Table 3**

Mechanical properties and porosity of SLM/EBM fabricated Ti–6Al–4V/CP-Ti TPMS architectures and human cortical and trabecular bone.

Structure (Scaffolds)	Porosity (Volume fraction %)	Material	Unit cell size (mm)	Elastic modulus (GPa)	Pore size (mm)	Methods	Yield strength (MPa)	References
Gyroid	80–95	Ti–6Al–4V	3–7	$0.13 \pm 0.02$ – $1.25 \pm 0.04$	0.56–1.6	SLM	$6.501 \pm 0.62$ – $81.30 \pm 2.60$	[123]
Gyroid	5–10	Ti–6Al–4V		17.45–19.14 (Predicted)	–		1342–1581 (Predicted)	[123]
Diamond	80–95	Ti–6Al–4V	3–7	$0.12 \pm 0.03$ – $1.25 \pm 0.07$	0.48–1.45	SLM	$4.662 \pm 0.13$ – $69.21 \pm 4.22$	[123]
Diamond	5–10	Ti–6Al–4V		15.73–17.19 (predicted)			1403–1559 (Predicted)	[123]
Gyroid	–	Ti–6Al–4V	2.5–4	0.5912–0.7	–	EBM	1.69–13.19	[31]
Gyroid	82	Ti–6Al–4V	2	0.637–1.084	1.85–0.6	EBM	13.18–19.20	[20]
Gyroid	84.5	Ti–6Al–4V	2.5	0.842–1.060	1.24–0.88	EBM	15.53–17.35	[20]
Gyroid	85	Ti–6Al–4V	3	0.839–0.824	1.5–1.47	EBM	14.05–15	[20]
Gyroid	68.7	CP–Ti (grade 1)	2	2.017–2.676	$1.24 \pm 0.1$	SLM	51.6–54.5	[106]
Gyroid	73.3	CP–Ti (grade 1)	2.5	2.107–2.170	$1.66 \pm 0.1$	SLM	44.9–56.5	[106]
Gyroid	72.4	CP–Ti (grade 1)	3	1.465–2.302	$1.91 \pm 0.1$	SLM	49.0–53.3	[106]
Cortical bone	5–10	Human bones		7.7–21.8			103–222	[20,106,123,124]
Trabecular bone	50–90	Human bones		0.0224–0.132.32			0.8–11.6	[21,106,123,124]]

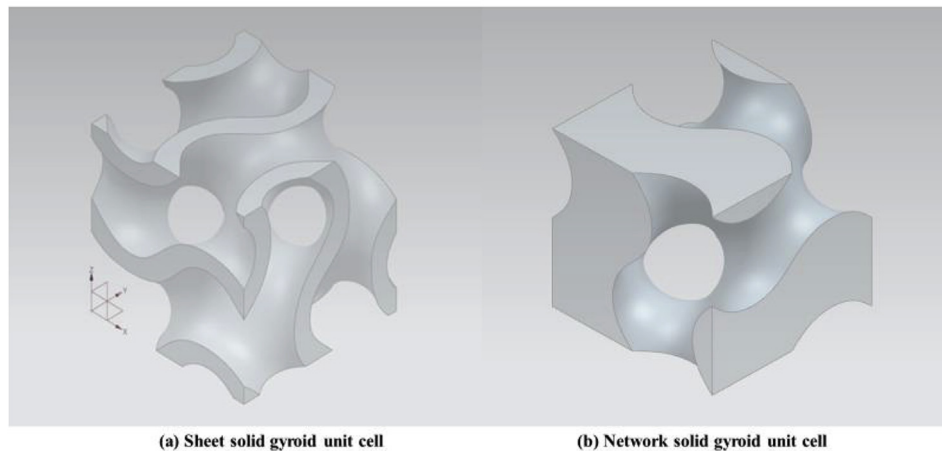


Fig. 10. 3D CAD gyroid unit cells: (a) 3 mm sheet solid gyroid unit cell with 0.3 mm offset thickness and (b) 3 mm network solid gyroid unit cell at 50% volume fraction.

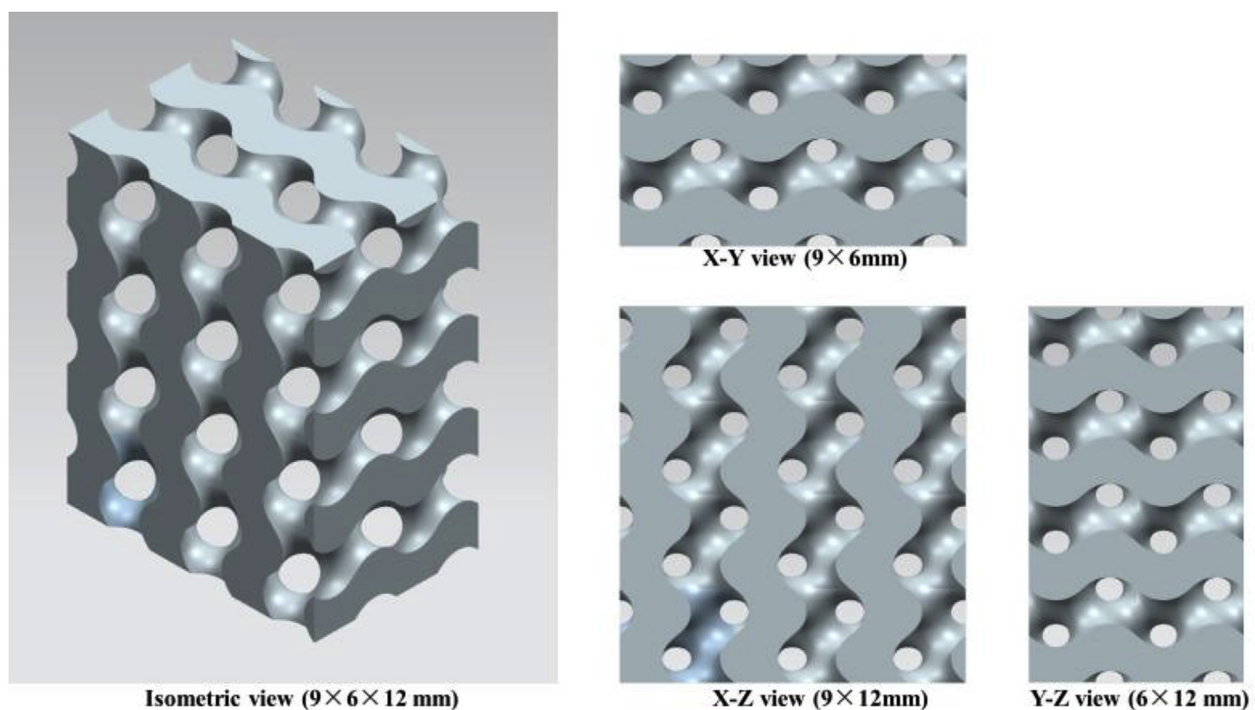


Fig. 11. A block of a 3D CAD gyroid scaffold in different views (constituted by 3 mm network solid gyroid unit cell).

elastic modulus and compressive strength of the gyroid structures were reversely proportional to the strut angle at the axial direction. As the pores of normal gyroid exhibit a spherical shape, the structure possesses higher homogeneity in mechanical performance than that of the deformed gyroid. An optimization of gyroid structure to support different types of loads at different directions might be a suitable solution for the reconstruction of bone defects in the human body [31].

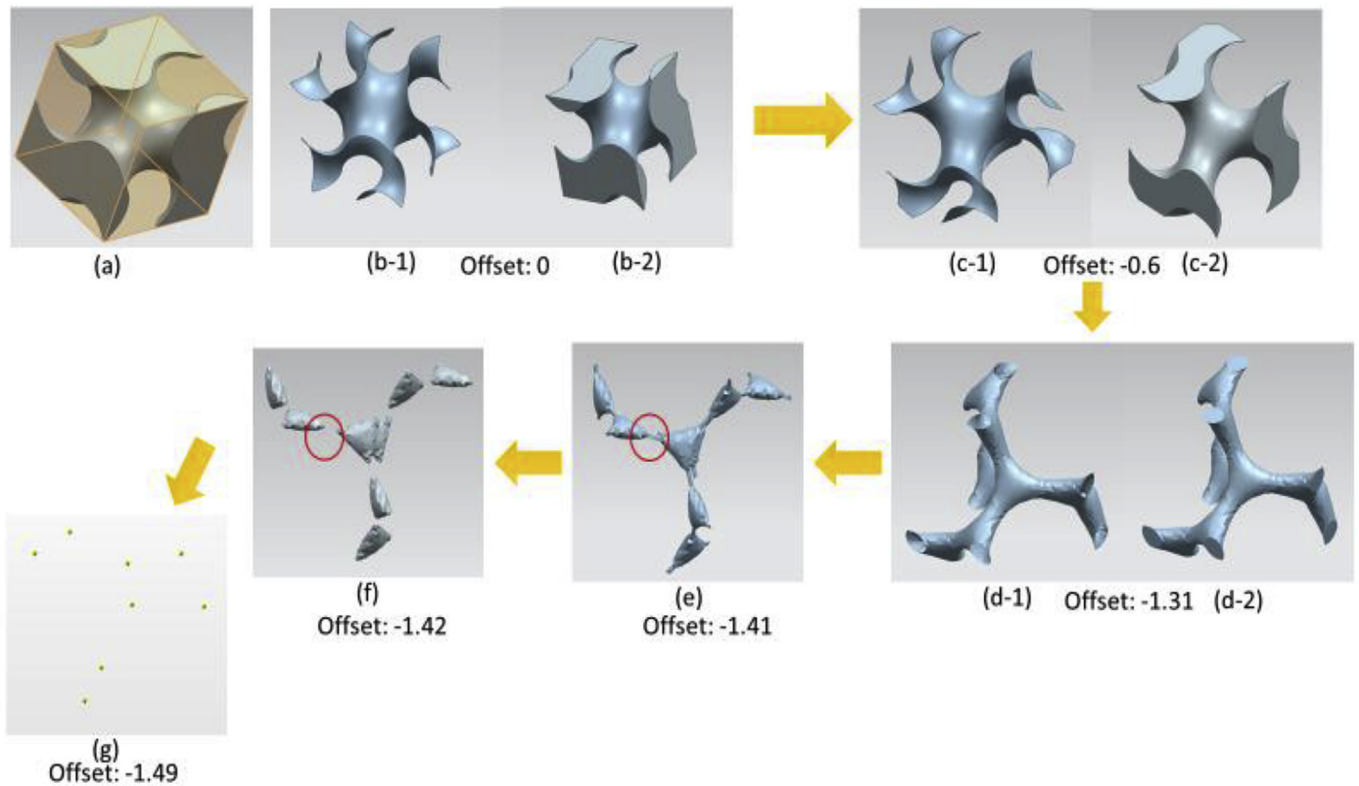
## 5. Conclusions

In summary, this paper has reviewed the current technologies for open-cellular structural design for metal implant applications. The fundamental requirements of metal implants, porosity, fabrication methods and TPMS have been discussed. The main conclusions are as follows:

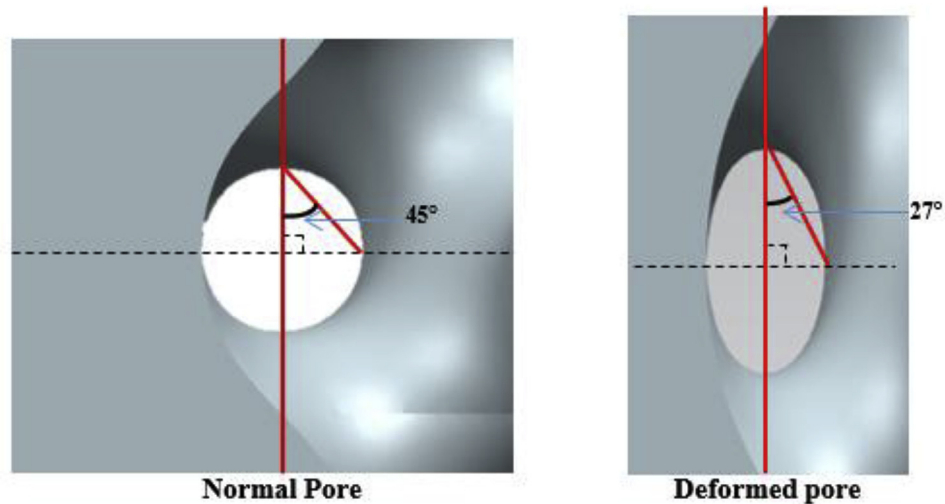
(1) Metallic orthopedic implants must satisfy certain criteria to protect

patients from biocompatibility and mechanical risks. On the one hand, implants need to be accepted by the human body, ensuring cells live in a safe and supportive environment for their activities. On the other hand, mechanical damage or failure caused by stress-shielding needs to be avoided. An implant needs to have an appropriate elastic modulus to match that of natural bone.

- (2) A well-designed porous structure is beneficial for cell activities such as attachment and proliferation, which facilitate new bone formation and regeneration. In addition, porosity is a parameter that can be used to adjust the mechanical properties of the designed structures, in terms of both strength and Young's modulus. In the case of temporary metal implants, porosity plays a vital role in determining the corrosion rate, due to the change in the surface area.
- (3) One of the advanced AM methods, the powder bed fusion technique, has great potential for metal implant fabrication, and can be used to manufacture high-quality metallic models. The sub-classes of the powder bed fusion method, SLS, SLM and EBM, have been



**Fig. 12.** Gyroid surfaces and network-based on gyroid unit cell with different offset ( $\alpha$ ) values: (a) a 3 mm network-based gyroid structure in an  $3 \times 3 \times 3$  mm cubic; (b-1) gyroid surface without offset, (b-2) network-based gyroid unit cell without offset, (c-1) gyroid surface with offset =  $-0.6$ , (c-2) network-based gyroid unit cell with offset =  $-0.6$ , (d-1) gyroid surface with offset =  $-1.31$ , (d-2) network-based gyroid with offset =  $-1.31$ , (e) gyroid surface with offset =  $-1.41$ , (f) gyroid surface with offset =  $-1.42$ , (g) gyroid surface with offset =  $-1.49$ .



**Fig. 13.** Schematic of a normal pore and a deformed pore.

applied to implant fabrication in biomedical and biomaterial studies.

(4) Implant structures with TPMS are drawing researching attention. These novel structures, such as gyroid structure, exhibit great biomimicry features to support cell activity and also provide superior mechanical properties.

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