CASE REPORT

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Uni-hemispheric hyperperfusion in the early postictal state: case report



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Abstract

Background: In the emergency setting of acute ischemic stroke, seizures have been reported in up to 4% of patients. In the absence of arterial occlusion, seizures may also cause abnormalities in CT perfusion in 78% of cases when the time window from onset to imaging is short. Both hyperperfusion and hypoperfusion in the postictal state have been described. Also, though rarely reported, postictal perfusion changes can be uni-hemispheric. In these cases, perfusion maps should be analyzed thoroughly, since perfusion reconstruction software relies heavily on a "normal" contralateral perfusion status.

Case presentation: A 39-year-old man was found on the ground with a minor head injury. On admission, his reactions were generally slow, but there were no other neurological symptoms, and blood pressure was low. The patient had a history of primary generalized epilepsy and admitted to dropping off his anti-epileptic medication. He was transferred to the radiological department for imaging but shortly before began to experience generalized onset tonic-clonic seizures which were brought under control by intravenous therapy with 10 mg diazepam. After approximately 15 min, a multimodal CT scan was performed, revealing marked changes in the perfusion of the brain hemispheres and posterior fossa, with sharp delimitation at the midline. Blood gas analysis was congruent with respiratory acidosis. Clinically, the patient remained awake without developing any new symptoms. He gradually recovered over the following 3 h and, against our medical recommendation, discharged himself from the hospital.

Conclusions: To the authors' knowledge, this is the first report of an early postictal state describing sharply delimited uni-hemispheric hyperperfusion and hemispheric alteration of the cerebellum with an equally split rhombencephalon. Surprisingly, these changes were not associated with any focal neurological signs. To prevent misdiagnosis of perfusion alterations in seizures, radiologists and neurologists should be aware of the limitations of CT perfusion maps and software reconstructions. Novel use of CT perfusion reconstruction using peak enhancement helped in identifying the cerebral pathology.

Keywords: Stroke-mimics, Seizures, CT perfusion, Hyperperfusion, Case report

Background

In the emergency setting, CT perfusion is commonly evaluated for patients presenting with stroke symptoms. Whether associated with acute arterial intracranial occlusion or not, seizures have been reported in up to 4% of cases [1]. In the absence of arterial occlusion, seizures

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may also cause abnormalities in CT perfusion in 40% of cases, increasing to 78% when the time window from onset to imaging is short [2, 3]. Both hyperperfusion and hypoperfusion in the context of postictal states have been described. Nevertheless, hyperperfusion changes appear to occur more frequently when imaging ensues within 3 h after the seizures [2, 3]. In some cases, postic-tal perfusion changes are uni-hemispheric, mostly contralateral to the clinical deficits. These changes have been reported as hemispheric hypoperfusion [4, 5] or

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hyperperfusion [3, 6]. In such cases, the perfusion maps should be analyzed thoroughly, since perfusion reconstruction software relies heavily on a "normal" contralateral perfusion status. Thus, it can be a challenge to determine which of the areas of hyperperfusion or hypoperfusion indicated on perfusion maps are pathological.

We report the case of a young patient experiencing generalized onset tonic-clonic seizures shortly before performing a multimodal CT including perfusion imaging. With massive unilateral perfusion changes, this unique case not only describes the hemodynamic division of the brain after generalized seizures but also the limitations of perfusion maps, which tend to detect ischemia over hyperperfusion.

Case presentation

A 39-year-old man with a history of opioid abuse and primary generalized epilepsy was found on the ground with a minor head injury. On admission, his reactions were generally slow, but there were no other neurological symptoms. The patient had refused to take his prescribed anti-epileptic medication [levetiracetam 750 mg twice daily]. Due to the patient's condition and uncooperativeness, no further information as to the effect of the medication or the presence of compliance problems could be obtained. (R1.2) In view of the patient's low blood pressure, 1 L of IV Sterofundin[®] ISO was administered. Blood tests for acute drug consumption were negative. A multimodal CT scan [non-contrast CT (NCCT), CT angiography, and CT perfusion (CTP)] were ordered. Shortly before the scan, the patient began to experience generalized onset tonic-clonic seizures which were brought under control by intravenous therapy with 10 mg diazepam. After approximately 15 min, a multimodal CT scan was performed. Arterial blood gas analysis revealed severe hypercapnia (pCO_2 : 72.8 mmHg), hypoxia (pO_2 : 22.4 mmHg), acidosis (pH: 7.24), a slightly elevated bicarbonate level (30 mmol/l), and normal lactate (1 mmol/L). Clinically, the patient remained awake without any focal neurological deficits. He gradually recovered over the following 3 h and, against our medical recommendation, discharged himself from the hospital.

There were marked changes in perfusion of the brain hemispheres and posterior fossa, with sharp delimitation at the midline. Imaging analysis revealed discrepancies between the features on the NCCT, relative cerebral blood flow (rCBF), and relative cerebral blood volume (rCBV) maps (Fig. 1). There was no infarct demarcation on the NCCT scan and no vessel occlusion on the CTA. Nevertheless, qualitative examination of the maps revealed a significant decrease in flow and volume in the left hemisphere but normal flow and volume in the right hemisphere. Further CT perfusion reconstruction using peak enhancement (Fig. 2a-c) revealed a peak nine times higher in the right hemisphere than in the left hemisphere as a result of vasodilatation and hyperperfusion [Hounsfield Units (HU) in temporal lobe: right (141), left (17.16); frontal lobe: right (99 HU), left (6.5 HU); cerebellum: right (201 HU); left (12 HU)] with no differences in the time to peak enhancement.







Discussion and conclusions

Both hyperperfusion and hypoperfusion have been described in the context of the postictal state [2, 7]. Changes in brain perfusion may be a complex dynamic process from a little before from the onset of neuronal activity, through the early to the late postictal state, normalization of seizure-related where perfusion changes can be seen [7–9]. Nevertheless, hyperperfusion changes appear to occur more frequently when imaging ensues within 3 h after seizures [2, 3]. Hyperperfusion areas may include not only the epileptogenic focus but the adjacent or contralateral cortical regions, where ictal discharges are propagated [8]. It should be noted that these perfusion changes may also be seen in the cerebellum, usually contralateral to the supratentorial changes, in the form of cerebellar hypoperfusion (crossed cerebellar diaschisis) [5] or hyperperfusion [6]. In addition, hypercapnia (pCO2 > mmHg) and oxygen desaturation (< 90%) are not uncommon in patients with partial seizures and secondary, generalized convulsions and can lead to cerebral hyperperfusion [10, 11].

At first glance, the rCBF and rCBV maps (Fig. 1) could be misinterpreted as global hypoperfusion of the left hemisphere. In contrast, brain density on the NCCT was average. This would indicate that the left hemispheric hypoperfusion cannot be genuine. At this point, the limitations of CTP software reconstruction, which relies heavily on the assumption of "normal" contralateral perfusion, should be considered: CT-perfusion reconstructions for rCBV and rCBF maps tend to intensify the representation of ischemia over hyperperfusion. In addition, the CTA (Fig. 2a) depicted all intracranial arteries without any occlusion and further serves to rule out a differential diagnosis of atypical perfusion changes exceeding the arterial territories as in venous thrombosis.

We opted for another method of perfusion reconstruction in an attempt to gain a better picture of the hyperperfusion changes on the right side, which appeared to be underestimated on the rCBF and rCBV maps. The map of peak enhancement (Fig. 2c: maximum value in Hounsfield Units achieved) was a better means of demonstrating the global effect of capillary vasodilation in the right hemisphere but even so did not escape showing an "artificial", i.e., not real hypoperfused left hemisphere. In summary, the perfusion maps relativized their values to those for the contralateral side of the brain. Thus, when one side is hyperperfused, the flow on the opposite side, by comparison, appears to be lower (hypoperfused). This does not represent genuine ischemia but rather is an artifact of the reconstructions, and the only true pathological finding of the CT-perfusion in this case was right hemispheric hyperperfusion.

Changes in arterial blood gases have also been described during convulsive attacks: pO2 decreases, pCO2 increases, and pH decreases. Such changes produce cerebral vasodilatation and have therefore been associated with high CBF [11, 12]. Our patient had severe hypercapnia (pCO₂: 73 mmHg) that could be expected to lead to global cerebral hyperperfusion, not unilateral changes alone. Thus, the pathological hyperperfusion seemed to be a consequence of the epilepsy rather than of the systemic gas alterations. Nevertheless, though very unlikely, the absence of an EEG to demonstrate that the epileptic focus was located in the hyperperfused right hemisphere leaves another theory open. As an alternative though unlikely option, the hemispheric hyperperfusion could have been caused by the systemic hypercapnia, while the epileptogenic focus would be in left hemisphere with associated 1) ipsilateral discharges extended across the left hemisphere; 2) decreased vasoreactivity in the post-ictal state. Accordingly, the only part of the brain capable of reacting to the hypercapnia producing the hyperperfusion would be the right hemisphere with preserved vasoreactivity.

Finally, acute opioid consumption is associated with epileptic seizures in 8.5% of cases and may influence cerebral blood flow globally or focally [13, 14]. More recently, a reduction in rCBF after opioid administration has been described, affecting the different areas involved in the brain's modulation of pain [15]. Despite a previous history of opioid consumption, tests for acute consumption were negative in the present case. Thus, opioid withdrawal as an epileptic trigger and as the cause of the brain perfusion changes can be dismissed.

In conclusion, then, severe perfusion changes can be detected on CT after seizures even without any intracranial arterial occlusion and may not be associated with focal neurological symptoms as in the present case. To our best knowledge, this is the first case published displaying these sharply delimitated hemodynamic changes down to the posterior fossa and serves as a clear example of the limitations of CT-perfusion reconstructions. The right hemispheric hyperperfusion was real but was only displayed by the peak enhancement reconstruction. Since detection of areas of hyperperfusion can be underestimated on perfusion map reconstructions of volume and flow, we would recommend including quantitative analysis of perfusion maps and adding peak enhancement reconstruction to the daily routine for hyperperfusion screening. Furthermore, with the increased use of multimodal CT for stroke taking place worldwide, stroke mimics should be more commonly seen in the early postictal state after epileptic seizures. Nevertheless, seizure patients tend to quickly be discharged from hospital, preventing us from being able to correlate the clinical findings, neurological findings, and EEG. Thus, we are at risk of misinterpreting the CT perfusion findings, independently of the potential limitations of the reconstructions, which means that a second reading after clinical and EEG findings are available is definitely required.

Abbreviations

CTP: CT perfusion; HU: Hounsfield units; MIP: maximum intensity projection; NCCT: Non-contrast CT; rCBF: Relative cerebral blood flow; rCBV: Relative cerebral blood volume

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Authors' contributions

AGV: imaging analysis, medical data collection, literature research, article preparation, and correction. CS: imaging analysis, article preparation, and correction. BB: literature research, figures, and article preparation, and correction. All authors have read and approved the final manuscript.

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Availability of data and materials

The complete imaging study and medical records are available upon request with the approval of our ethical board.

Ethics approval and consent to participate

The need for ethical approval for this retrospective analysis was waived by the medical ethics committee of the University Hospital Muenster, Muenster University, Germany.

Consent for publication

Radiological images are anonymized by the removal of any identifying marks and are not accompanied by text that could reveal the identity of the patient through clinical or personal details. The patient could not be traced to sign explicitly consent for this publication. However, written consent for data management in accordance with the legal stipulations for data protection of our university hospital was obtained from the patient.

Competing interests

Aglaé Velasco González performed this study in the context of a program for research backed by the Westfälische Wilhelms-Universität Münster (WWU University). The authors declare that they have no competing interests.

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