Research

Estrogen, not intrinsic aging, is the major regulator of delayed human wound healing in the elderly Matthew J Hardman and Gillian S Ashcroft

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Abstract

Background: Multiple processes have been implicated in age-related delayed healing, including altered gene expression, intrinsic cellular changes, and changes in extracellular milieu (including hormones). To date, little attempt has been made to assess the relative contribution of each of these processes to a human aging phenomenon. The objective of this study is to determine the contribution of estrogen versus aging in age-associated delayed human wound healing.

Results: Using an Affymetrix microarray-based approach we show that the differences in gene expression between male elderly and young human wounds are almost exclusively estrogen regulated. Expression of 78 probe sets was significantly decreased and 10 probe sets increased in wounds from elderly subjects (with a fold change greater than 7). A total of 83% of down-regulated probe sets and 80% of up-regulated probe sets were estrogen-regulated. Differentially regulated genes were validated at the level of gene and protein expression, with genes identified as estrogen-regulated in human confirmed as estrogen-dependent in young estrogen depleted mice *in vivo*. Moreover, direct estrogen regulation is demonstrated for three array-identified genes, Sele, Lypd3 and Arg1, in mouse cells *in vitro*.

Conclusion: These findings have clear implications for our understanding of age-associated cellular changes in the context of wound healing, the latter acting as a paradigm for other age-related repair and maintenance processes, and suggest estrogen has a more profound influence on aging than previously thought.

Background

In elderly subjects wound healing is severely impaired, accompanied by substantial morbidity, mortality and an estimated cost to health services of over \$15 billion per annum in the US alone. A unified theory of biological aging is emerging in which cellular maintenance and repair systems are influenced by genes and environment, and wound healing is one of

the main pathways of such repair responses [1]. Hormones are potential determining factors in the aging process, and estrogen has been shown to be beneficial in accelerating the age-related impaired tissue repair response in the skin of both genders [2,3]. Elderly male subjects have the highest incidence of chronic non-healing wounds [4,5], correlating with reduced local levels of the beneficial hormone estrogen, with

relative maintenance of the androgen hormones that are detrimental to healing [6]. Thus, estrogen has been viewed as a piece of the complex jigsaw modulating aging repair processes. Multiple processes have been implicated in cutaneous aging, including gene expression, intrinsic cellular change and an altered extracellular milieu. However, the relative contribution of each of these processes to age-associated delayed healing is unknown. Here at the level of gene expression, we provide novel insight into the relative contribution of hormones and intrinsic aging, including gerontogenes, to delayed wound healing.

There exists a substantial body of research addressing the tissue, cellular and molecular changes that accompany or directly contribute to aging in a range of model organisms (reviewed in [7]). However, the majority of data, generated in model organisms or in vitro (cellular senescence), has yet to be validated in human aging. Moreover the relative contribution of putative gerontogenes to human pathological agerelated processes is unknown. Age-associated impaired healing correlates with increased inflammation, increased matrix proteolysis and delayed re-epithelialization leading to chronic wound states, processes modulated by exogenous estrogen treatment [8]. In a recent study we characterized estrogen-regulated changes in gene expression using a model of delayed wound healing in young mice that have been rendered hypogonadal by ovariectomization (hence removing any effects of 'intrinsic aging') [9]. Thus, using comparative analysis we are now in a position to address the relative contributions of estrogen and aging to healing in elderly humans.

Since the major variable contributing to chronic wounds in humans is being an aged male [4,5], our initial approach was to compare acute wound gene expression between young and old male human subjects via Affymetrix microarray. We used the principle of data mining for gene enrichment [10] followed by a cross-species comparison to our recently published dataset of mouse wound estrogen-regulated genes [9] and interrogation of the Dragon online database of estrogenregulated genes [11] combined with manual annotation to identify estrogen regulated probe sets. Androgen levels, which inhibit healing, are relatively well-maintained in elderly males (data not shown), thus the potential effects are cancelled out when comparing males of different ages. Putative-gerontogenes and genes with established aging-related functions were identified by interrogation of the GenAge online database [12], from aging-associated Gene Ontology (GO) groups and from hand annotation (see Materials and methods/Results for a detailed description of the analysis). We show that the fundamental changes in genes and processes linked to the pathophysiology of age-related delayed healing in humans appear to be almost exclusively estrogen regulated. Estrogen exerts its effects by down-regulating a variety of genes associated with regeneration, matrix production, protease inhibition and epidermal function and up-regulating genes primarily associated with inflammation. These

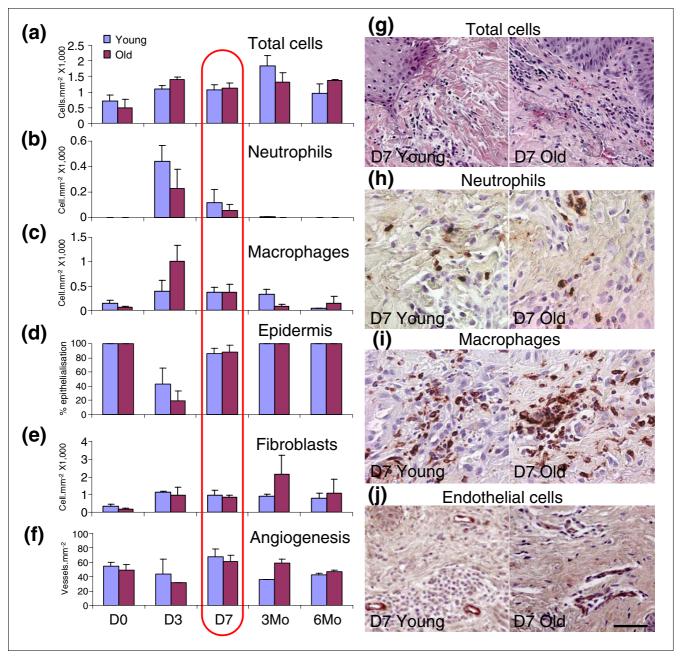
findings have clear implications for our understanding of ageassociated cellular changes in the context of wound healing, and are highly relevant with respect to many other agerelated repair and maintenance processes.

Results and discussion

We initially used immunohistochemical analysis to determine and compare the temporal profile of cellular change in wounds from young and elderly males (Figure 1). We observed clear age-dependent differences in wound numbers of inflammatory cells (neutrophils and macrophages) and rate of re-epithelialization early in healing (three days postwounding; D3) and fibroblasts/blood vessels during the tissue remodeling phase (three months post-wounding; 3Mo). Crucially, we identified seven days post-wounding (D7) as a period where in males wound cellular composition is equivalent in both young and elderly subjects. This finding facilitated subsequent microarray analysis of wound gene expression by eliminating the possibility of changes in gene expression arising due to disproportionate representation of a specific cell type between biological samples. Hence, changes identified are the result of actual changes in wound gene expression.

For the purpose of this study, probe sets showing significant differential regulation between young and old human wounds were identified by filtering for a fold change of ±7-fold, a qvalue < 0.1 and expression level > 15 (see Additional data file 1 for the full list of identified probe sets; 10 up-regulated and 78 down-regulated). We then used a combination of sources to identify estrogen-regulated genes. We exploited the Dragon online database [11] to assemble a subset of estrogen-regulated genes (subset S1; Additional data file 2). We re-analyzed our own recently published mouse estrogen-regulated gene data set [9] (see Materials and methods) and through comparative analysis identified a gene subset conserved between human and mouse (subset S2; Additional data file 3). A third subset was compiled through hand annotation (subset S3; Additional data file 4). The vast majority of differentially expressed genes were estrogen-regulated (Table 1, Figure 2) and most were down-regulated in wounds from elderly subjects. Using a binomial distribution calculation we determined that our enriched data set contained many more estrogen-regulated genes than would be expected to arise by chance (Dragon: observed = 20, expected = 9.3, p = 0.0002; and Mouse data set: observed = 19, expected = 3.8, p = 0.0).

Down-regulated estrogen-regulated genes were highly enriched for epidermal GO groups, such as epidermal development (EASE p = 2.7E-16; Figure 2; Additional data file 5). We observed a strong reduction in epidermal differentiationassociated genes, particularly those encoding cornified envelope proteins (8 genes; EASE p = 0.00027), such as LOR(235-fold reduction) and FLG (114-fold reduction), suggesting a delay in barrier formation. Within hours of injury



Temporal profile of changes in wound cellular composition. (a) Total granulation tissue cell numbers increase over time with no difference between young and old male subjects prior to three months. Closer examination reveals that the inflammatory cell profiles for (b) neutrophils and (c) macrophages differ significantly at day 3 (D3) post-wounding. (d) Differential re-epithelialization is also apparent at this time-point (D3). (e,f) In contrast, fibroblast and blood vessel numbers are increased in wounds from elderly subjects at the three month (3Mo) time point. Note equivalent numbers of each cell type in young and old wounds at D7 (red highlight), the time-point chosen for this study. (g-j) Comparative images for total cell (hematoxylin and eosin; g), neutrophil (CD15; h) macrophage (CD68; i) and endothelial cell (VWF; j) immunostaining. The scale bar in (j) represents 50 µm (g), 20 µm (h), 35 µm (i), and 45 µm (j).

epithelial cells are mobilized to restore tissue functional integrity. Multiple genes associated with these specific processes are strongly down-regulated in wounds from elderly subjects (Table 1). These include the hyperproliferation-associated keratin, KRT16 (8.3-fold reduction) and LYPD3 (9.7fold reduction), a uPAR homologue that is up-regulated in

migrating keratinocytes. These findings correlate with the observation that aged keratinocytes show a depressed migratory capacity compared to young cells in a wound environment [13]. Indeed, in wounds from both elderly humans and ovariectomised (ovx) mice re-epithelialization is attenuated (Figure 1) [2,14] and can be restored by topical or systemic

Table I

Estrogen-regulated probe sets that are differentially expressed in wounds from elderly compared to young subjects						
Affy ID	Gene*	Gene (description)	Function	q-value†	FC‡	
Down-regulated probe sets (65)						
207720_at	LOR	loricrin	Major cornified envelope protein	0	-235	
201909_at	RPS4YI	ribosomal protein S4, Y-linked I	40S ribosomal component	0	-142	
215704_at	FLG	filaggrin	Cornified envelope-keratin linker	9.4E-13	-114	
206177_s_at	ARGI	arginase, liver	Delayed healing-associated	9.2E-11	-82.0	
206643_at	HAL	histidine ammonia-lyase	Histidine catabolism	1.5E-10	-59.0	
206421_s_at	SERPINB7	serpin peptidase inhibitor, clade B (ovalbumin), member 7	Proteinase inhibitor for plasmin	5.9E-13	-47.6	
206192_at	CDSN	Corneodesmosin	Desquamation/adhesion	2.5E-06	-30. I	
213796_at	SPRRIA	small proline-rich protein IA	Cornified envelope precursor protein	1.5E-05	-29.4	
207324_s_at	DSCI	desmocollin I	Desmosomal cadherin/adhesion	9.6E-06	-28.9	
209719_x_at	SERPINB3	serpin peptidase inhibitor, clade B (ovalbumin), member 3	Inflammation and cancer-associated	1.6E-05	-22.4	
217496_s_at	IDE	insulin-degrading enzyme	Wound fluid/resolution of insulin response	4.0E-06	-20.5	
211597_s_at	HOP	homeodomain-only protein	Serum response factor binding	1.7E-04	-19.7	
211726_s_at	FMO2	flavin containing monooxygenase 2 (non-functional)	Non-functional oxidative enzyme	7.0E-04	-18.9	
220414_at	CALML5	calmodulin-like 5	Epidermal-associated calcium-binding	2.0E-05	-17.7	
203328_x_at	IDE	insulin-degrading enzyme	Wound fluid/resolution of insulin response	1.4E-05	-17.4	
210413_x_at	SERPINB4	serpin peptidase inhibitor, clade B (ovalbumin), member 4	Cancer and inflammation-associated	3.1E-05	-15.8	
219795_at	SLC6A14	solute carrier family 6 (amino acid transporter), member 14	Amino acid transport/obesity	6.9E-04	-15.6	
210074_at	CTSL2	cathepsin L2	Lysosomal cysteine proteinase	3.8E-05	-15.5	
222242_s_at	KLK5	kallikrein 5	Desquamation, angiogenesis and cancer	4.0E-05	-15.0	
201348_at	GPX3	glutathione peroxidase 3 (plasma)	Protection from oxidative damage	1.2E-05	-14.8	
202018_s_at	LTF	lactotransferrin	Inflammatory-cell-derived antioxidant	4.6E-02	-14.5	
205185_at	SPINK5	serine peptidase inhibitor, Kazal type 5	Anti-inflammatory/anti-microbial	3.8E-05	-14.4	
211906_s_at	SERPINB4	serpin peptidase inhibitor, clade B (ovalbumin), member 4	Cancer and inflammation-associated	5.7E-05	-12.4	
219232_s_at	EGLN3	egl nine homolog 3 (C. elegans)	Hypoxia-inducible apoptosis-inducing	1.4E-05	-12.1	
213256_at	MARCH3	membrane-associated ring finger (C3HC4) 3	Poorly characterized ubiquitin ligase	1.6E-05	-12.1	
204733_at	KLK6	kallikrein 6 (neurosin, zyme)	Hormone regulated serine protease	1.4E-05	-11.9	
202179_at	BLMH	bleomycin hydrolase	Cysteine peptidase	2.1E-03	-11.8	
214549_x_at	SPRRIA	small proline-rich protein IA	Cornified envelope precursor protein	1.6E-04	-11.3	
207908_at	KRT2	keratin 2 (epidermal ichthyosis bullosa of Siemens)	Supra-basally expressed cytokeratin	1.2E-03	-11.1	
210338_s_at	HSPA8	heat shock 70 kDa protein 8	ERalpha-inhibiting heat shock protein	9.9E-04	-10.6	
209720_s_at	SERPINB3	serpin peptidase inhibitor, clade B (ovalbumin), member 3	Inflammation and cancer-associated	3.3E-04	-10.5	
201849_at	BNIP3	BCL2/adenovirus E1B 19 kDa interacting protein 3	Mitochondrial apoptosis-inducing	2.7E-04	-10.1	
205916_at	S100A7	S100 calcium binding protein A7	Chemotactic psoriasis-associated protein	1.7E-04	-10.0	

Table I (Continued)

		Upregulated in migrating keratinocytes	1.2E-03	-9	
206595_at	CST6	cystatin E/M	Cysteine protease inhibitor	1.7E-06	-9
203327_at	IDE	insulin-degrading enzyme	Wound fluid/resolution of insulin response	7.0E-04	-9
209555_s_at	CD36	CD36 molecule	Thrombospondin receptor	4.0E-03	_9
219532_at	ELOVL4	elongation of very long chain fatty acids (FEN I/Elo2, SUR4/Elo3, yeast)- like 4	Skin barrier-promoting fatty acid elongase	1.5E-05	-9
209126_x_at	KRT6B	keratin 6B	Injury-associated keratin	1.7E-03	-9
212573_at	ENDOD I	endonuclease domain containing I	Unknown	8.3E-04	_'
214599_at	IVL	involucrin	Early cornified envelope protein	2.8E-03	-
209218_at	SQLE	squalene epoxidase	Rate-limiting sterol biosynthesis enzyme	7.2E-04	-1
207356_at	DEFB4	defensin, beta 4	Antimicrobial peptide	6.0E-03	-8
210138_at	RGS20	regulator of G-protein signaling 20	GTPase-activating protein	8.1E-04	-8
202504_at	TRIM29	tripartite motif-containing 29	Cancer-associated transcription factor	2.2E-03	-
205016_at	TGFA	transforming growth factor, alpha	IFN-induced/epidermal regeneration	1.0E-03	-
209309_at	AZGPI	alpha-2-glycoprotein I, zinc	TNFA-regulated prostate-cancer marker	3.5E-04	-
209800_at	KRT16	keratin 16 (focal non-epidermolytic palmoplantar keratoderma)	Hyperproliferation and healing- associated keratin	1.2E-03	-
205778_at	KLK7	kallikrein 7 (chymotryptic, stratum corneum)	Innate immunity/desquamation	1.2E-05	-
219756_s_at	POFIB	premature ovarian failure, IB	Unknown	3.9E-05	-
214091_s_at	GPX3	glutathione peroxidase 3 (plasma)	Protection from oxidative damage	3.0E-03	-
203585_at	ZNF185	zinc finger protein 185 (LIM domain)	Actin-associated tumor suppressor	1.4E-03	-
206008_at	TGMI	transglutaminase I	CE formation/epidermal differentiation	4.6E-05	-
202037_s_at	SFRP I	secreted frizzled-related protein I	Repressor of WNT signaling	6.6E-04	-
202539_s_at	HMGCR	3-hydroxy-3-methylglutaryl- Coenzyme A reductase	Rate-limiting cholesterol synthesis enzyme	7.4E-04	-
203575_at	CSNK2A2	casein kinase 2, alpha prime polypeptide	p53 phosphorylation, WNT signaling	4.6E-04	-
206884_s_at	SCEL	sciellin	Cornified envelope precursor protein	2.1E-04	-
204284_at	PPP1R3C	protein phosphatase 1, regulatory (inhibitor) subunit 3C	Regulates a wide variety of cellular functions	9.9E-04	-
266_s_at	CD24	CD24 molecule	Marker for epithelial neoplasms	2.7E-04	-
203914_x_at	HPGD	hydroxyprostaglandin dehydrogenase I5-(NAD)	Main enzyme for prostaglandin degradation	1.6E-04	-
219410_at	TMEM45A	transmembrane protein 45A	Hox-regulated/reproductive tissue expressed	8.1E-04	-
206488_s_at	CD36	CD36 molecule	Thrombospondin receptor	1.2E-05	-
204881_s_at	UGCG	UDP-glucose ceramide glucosyltransferase	Keratinocyte glucosyltransferase	1.8E-03	-
213933_at	PTGER3	prostaglandin E receptor 3 (subtype EP3)	Impaired wound healing in null mouse	8.3E-04	-
216379_x_at	CD24	CD24 molecule	Marker for epithelial neoplasms	7.9E-04	-

Developmentally regulated

extracellular matrix glycoprotein

6.3E-03

7.3

Table I (Continued)

201205_at

Estrogen-regulated probe sets that are differentially expressed in wounds from elderly compared to young subjects							
221728_x_at		X (inactive)-specific transcript	X chromosome inactivation	2.4E-12	191.8		
214218_s_at	XIST	X (inactive)-specific transcript	X chromosome inactivation	1.0E-09	56.2		
206211_at	SELE	selectin E (endothelial adhesion molecule I)	Endothelial-leukocyte adhesion	9.0E-02	8.5		
211600_at	PTPRO	protein tyrosine phosphatase, receptor type, O	New marker of podocyte injury	5.0E-04	8.4		
220940_at	KIAA I 64 I	KIAA1641	Unknown	1.0E-04	8.3		
203915_at	CXCL9	chemokine (C-X-C motif) ligand 9	Interferon induced, THI response	6.3E-02	7.3		
204324_s_at	GOLPH4	golgi phosphoprotein 4	Protein export	8.3E-04	7.3		

ribosome binding protein I homolog

180 kDa (dog)

estrogen [2,3]. Our data uniquely identify novel gene targets involved in this process.

RRBPI

It has been suggested that delayed wound healing in the elderly results from an imbalance between wound proteases and protease inhibitors, the net result of which is tissue breakdown [8]. Here we demonstrate coordinate changes in expression of estrogen-regulated protease inhibitor encoding genes, including members of the SERPIN family (six probe sets) and cystatin E/M (*CST6*), which act to protect against inappropriate activation of cathepsins. This suggests that delayed-healing wounds are in a profound state of protease inhibitor deprivation (EASE p = 0.0038). Novel wound healing genes with dramatic fold differences include SERPINB7, which is 47-fold down-regulated in wounds from elderly subjects, and has only previously been reported in the kidney associated with extracellular matrix overexpression [15], and SERPINB4 (17-fold down-regulated), the expression of which has, to our knowledge, never been reported in the skin. Skin expression of these novel SERPIN genes is supported by a very high number of skin-derived expressed sequence tags. In this regard, a number of anti-inflammatory, anti-oxidant, and/or anti-microbial genes are also down-regulated in wounds from elderly subjects, such as the antimicrobial peptide defensin beta 4 (DEFB4; 8.8-fold), lactoferrin (LTF; 14.5fold), an interesting molecule with antibacterial, antimycotic, antiviral, and anti-inflammatory activity, and secretory leukocyte protease inhibitor (SLPI; 5.3-fold), which antagonizes human neutrophil elastase, preventing tissue injury resulting from excessive proteolysis, in addition to possessing broad antimicrobial activity. In Slpi null mice increased leukocyte elastase levels lead to severely delayed wound healing with similarities to human chronic wound states [16].

In concordance with the pro-inflammatory aging state, not only is 'inflammatory response' the major GO group overrepresented in the list of genes up-regulated in delayed-healing wounds from elderly subjects (EASE p = 0.056), but the endothelially expressed leukocyte adhesion mediator SELE displays the second highest fold-change (8.5-fold). SELE has

previously been shown to be up-regulated in wounds from elderly mice and humans [17]. Moreover, Sele null mice display reduced local inflammation [18]. We also observed genes associated with regeneration up-regulated in delayed-healing wounds, including HOXC6 (embryonic skin patterning; 5.3fold) and TWIST1 (involved in liver regeneration; 4.5-fold) and in this regard it is intriguing that fetal-like regenerative cutaneous wound repair occurs in the elderly [2]. Insulin degradation in diabetic wounds has been associated with delayed healing [19] and insulin-degrading enzyme (IDE) is downregulated 20-fold in the aged and represented by multiple probe sets, suggesting that increased insulin may have no detrimental effect on wound healing in non-diabetics. Conversely, raised insulin levels have been postulated as a common link in promoting newt limb regeneration [20], which raises the possibility that this pathway is also involved in the reduced scarring phenotype observed in the elderly [2].

Many established wound healing genes are altered in wounds from elderly subjects and are estrogen regulated. Genes with attenuated expression include the classic pro-healing growth factor transforming growth factor alpha (TGFA; 8.5-fold down-regulated), genes linked to chronic wound healing, such as arginase 1 (ARGI; 82-fold down-regulated), and genes that when knocked out in mice delay healing, such as prostaglandin E receptor 3 (PTGER3; 7-fold down-regulated). Such a pronounced reduction in arginase (ARGI) expression in wounds from aged subjects is particularly interesting. L-arginine, an essential wound healing amino acid, is converted to nitric oxide, which acts to regulate inflammation. ARG1 metabolizes L-arginine to generate proline, a substrate for collagen synthesis. Hence, ARG1 is central to modulating the balance between inflammation and matrix deposition, an imbalance in which may explain the dramatic increase in inflammation and decrease in matrix deposition in the aged.

Aging-associated probe sets within our enriched data set were identified by interrogation of a publicly available handcurated database (the GenAge database) [12] to generate sub-

^{*}Genes in bold have been validated by qPCR. †CyberT-derived multiple testing corrected q-value. ‡Fold change (old/young).

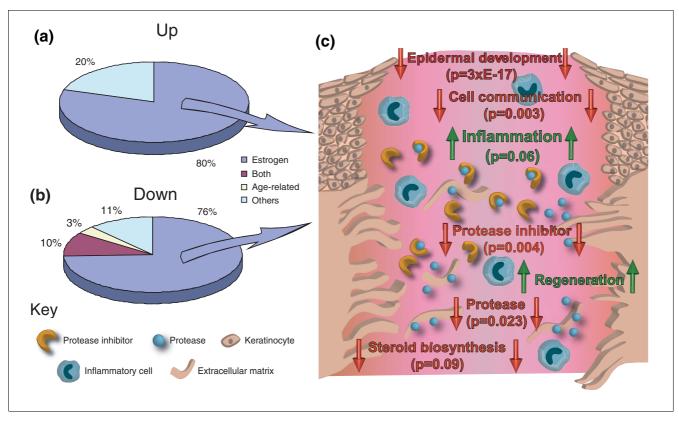


Figure 2 Estrogen-regulated wound-healing-associated genes predominate in age-associated delayed healing. (a,b) Graphical representation of the relative proportions of genes significantly up- (a) or down- (b) regulated in wounds from elderly subjects. (c) The key overrepresented GO groupings (functionally conserved gene groups) corresponding to each chart segment, their involvement in cutaneous healing, and significance of over-representation (EASE derived p-value). The majority of genes in our enriched data set (Additional data file I) are estrogen regulated and actively involved in cutaneous healing. Ontology groups in red are significantly overrepresented in genes down-regulated in wounds from elderly subjects while those in green are overrepresented in genes with increased expression in wounds from elderly subjects.

set S4 (Additional data file 6) or by annotation to known ageassociated processes (heat shock, mitochondria, neurodegeneration or response to UV GO groups or by hand annotation) to generate subset S5 (Additional data file 7). Table 2 shows differentially expressed aging-associated genes/probe sets identified in this study, all of which were down-regulated in wounds from elderly subjects. Only a single identified gene, HSPA8, is present in the GenAge human aging-related gene list (out of 243 human genes listed in GenAge; Additional data file 6). Moreover, not a single gene orthologue from the model organism GenAge list, which contains 571 genes that have been demonstrated to directly alter life-span in model organisms, is present in our enriched data set.

In light of the considerable overrepresentation of estrogenregulated genes identified in this study, we next asked whether there was statistically significant enrichment for ageassociated genes. Using a binomial distribution we calculate that, based on the size of the human GenAge database (243 genes), the total number of genes on the U133 array (13,290) and the total number of genes in our data set (78), we would expect our enriched data set to contain 1.4 genes from the

GenAge database purely by chance. Hence we observe a surprising, non-statistically significant (p = 0.72) under-representation of aging-associated genes. For this binomial calculation we have deliberately excluded the much larger list of GenAge genes shown to modulate lifespan in animal models, because of obvious orthologue issues. Including the full GenAge list gave a figure of 3.6 genes expected by chance (p =0.16). Notably, HSPA8, the gene that we identified as being present in the GenAge database, is also estrogen-regulated. Indeed, 76% of the aging-related genes identified in this study were additionally estrogen-regulated. Hence, it follows that the most likely candidate genes for mediating intrinsic agingassociated effects on healing are directly estrogen-regulated. This observation underpins the key finding of this study, namely that estrogen-mediated changes in gene expression are central to age-associated delayed healing.

In an attempt to specifically identify further animal-model derived putative-human gerontogenes, we relaxed our array filtering criteria. Filtering for fold change (±1.5-fold), p-value (<0.05) and expression level (>15) identified 20 genes from either the human or model organisms GenAge database

Table 2

Aging-associated probe sets that are	differentially expressed	d in wounds from elder	ly compared to young subjects

Affy ID	Gene*	Gene (description)	Function	q-value†	FC [‡]
Down-regulated probe sets (12)					
217496_s_at	IDE§	insulin-degrading enzyme	Wound fluid/resolution of insulin response	4.0E-06	-20.5
210074_at	CTSL2§	cathepsin L2	Lysosomal cysteine proteinase	3.8E-05	-15.5
214131_at	SERPINB13	serpin peptidase inhibitor, clade B (ovalbumin), member 13	UV-responsive proteinase inhibitor	1.1E-03	-15.0
214131_at	C12orf5	chromosome 12 open reading frame 5	Protection from DNA damage	1.1E-03	-12.8
204733_at	KLK6§	kallikrein 6 (neurosin, zyme)	Hormone regulated serine protease	1.4E-05	-11.9
202179_at	BLMH§	bleomycin hydrolase	Alzheimer's-associated cysteine peptidase	2.1E-03	-11.8
210338_s_at	HSPA8§	heat shock 70 kDa protein 8	Aging-associated heat shock protein	9.9E-04	-10.6
201849_at	BNIP3§	BCL2/adenovirus E1B 19 kDa interacting protein 3	Mitochondrial apoptosis-inducing	2.7E-04	-10.1
203328_x_at	IDE§	insulin-degrading enzyme	Wound fluid/resolution of insulin response	1.4E-05	-17.4
203327_at	IDE§	insulin-degrading enzyme	Wound fluid/resolution of insulin response	7.0E-04	-9.3
205016_at	TGFA§	transforming growth factor, alpha	IFN-induced/epidermal regeneration	1.0E-03	-8.5
212907_at	SLC30A1	Solute carrier family 30 (zinc transporter), member I	Zinc/calcium ion transporter	8.5E-04	-7.3

^{*}Genes in bold have been validated by qPCR. †CyberT-derived multiple testing corrected q-value. ‡Fold change (old/young). §Also estrogen-regulated (Table I).

(Additional data file 8). Again, this constituted under-representation, which in this instance was highly significant (p =0). Most noticeably we found that every identified putativelife span modulating gene (i.e., gerontogene) up-regulated in elderly human wounds acts to extend life-span in animal models (Additional data file 8). The observed beneficial effects of these genes in animal models are at odds with the detrimental nature of delayed human healing, again reinforcing the lack of importance of gerontogenes in the process. In contrast, while some down-regulated putative lifespan modulating genes (i.e., gerontogenes) were associated with extended lifespan (9 out of 14) others were associated with reduced lifespan (5 out of 14).

Those genes not regulated by estrogen nor classed as agingassociated (Table 3) were involved in diverse functions, such as energy supply and protein catabolism (20% of up-regulated and 11% of down-regulated genes; Figure 2) or were of unknown function (36% of genes) and could not, therefore, have been assigned to estrogen or age-associated gene lists.

In order to validate our data, primers were designed to 27 of the key genes identified in this study and quantitative realtime PCR (qPCR) carried out on the same wound samples as used for the arrays and on additional wound samples. In all cases the real-time findings confirmed the array results (Figure 3 and data not shown). We then examined the expression of these genes by qPCR in normal skin and wounds to deter-

mine whether the observed changes were present prior to wounding or were specifically induced by wounding (Figure 4 and data not shown). Genes fell into two distinct groups segregating depending on estrogen-regulation or age-association. All estrogen-regulated genes displayed a statistically significant difference in expression between wounds from young and old subjects with a far lower magnitude difference in normal skin (Figure 4a; for example, LOR), indicating that the major effects of estrogen are on injured tissue. In contrast, all age-associated genes displayed pronounced change between old and young normal skin in addition to, and often of greater magnitude than, the wound (Figure 4b; for example, SDHC), suggesting that age-associated change precedes the healing response. Whilst this does not preclude such genes from influencing subsequent healing responses, our data suggest that not only does estrogen regulate the vast majority of genes involved in healing, but that the gene profiles mimic those seen in wounds from estrogen-deprived young animals (Figure 5a). Of 14 estrogen-regulated genes (selected from human subsets S1, S2 and S3), 12 (86%) were significantly changed in the same direction between human and mouse (Figure 5a). The remaining genes (PTPRO and SPRR1A) were also significantly changed in both human and mouse but in opposite directions. We next tested selected genes for direct estrogen regulation in vitro (Figure 5d and data not shown). SELE, which is increased in both old human and ovx mouse wounds, was down-regulated by estrogen in vitro, while LYPD3 and ARG1, decreased in both old human

Table 3 Non-aging and non-estrogen-associated probe sets that are differentially expressed in wounds from elderly compared to young subjects

Affy ID	Gene	Gene (description)	Function	q-value*	FC [†]
Downregulated probe sets (10)					
205000_at	DDX3Y	DEAD (Asp-Glu-Ala-Asp) box polypeptide 3, Y-linked	Male fertility-associated RNA 5.5 helicase		-78.6
217521_at	N54942	Transcribed locus	Unknown	1.1E-05	-20. I
213780_at	TCHH	Trichohyalin	Hair follicle/cornified envelope	1.0E-02	-13.8
220322_at	IL1F9	interleukin I family, member 9	Keratinocyte cytokine	9.7E-04	-9.9
218454_at	FLJ22662	hypothetical protein FLJ22662	Unknown	1.2E-03	-9.9
218150_at	ARL5A	ADP-ribosylation factor-like 5A	Developmentally regulated nuclear protein	1.8E-03	-9.0
205001_s_at	DDX3Y	DEAD (Asp-Glu-Ala-Asp) box polypeptide 3, Y-linked	Male fertility-associated RNA helicase	1.1E-05	-8.6
214131_at	CYorf I 5B	chromosome Y open reading frame I5B	X-degenerate gene	1.1E-03	-8.1
203180_at	ALDH I A3	Aldehyde dehydrogenase I family, member A3	Detoxification of aldehydes	7.8E-03	-8.0
207602_at	TMPRSSIID	transmembrane protease, serine IID	Psoriasis-associated serine protease	2.3E-04	-7.9
Upregulated probe sets (2)					
213369_at	PCDH21	protocadherin 21	Adhesion	1.3E-05	11.9
221501_x_at	LOC339047	hypothetical protein LOC339047	Unknown	9.8E-05	9.3

^{*}CyberT-derived multiple testing corrected q-value. †Fold change (old/young).

and ovx mouse wounds, was up-regulated by estrogen. Changes in gene expression were seen predominantly in macrophages reinforcing the role of inflammation in age-associated delayed healing.

Moreover, we reasoned that as both mouse groups (intact and ovx) were of equal age (ten weeks) then genes identified in human as age-associated should be unchanged upon mouse comparison. This was confirmed for SLC30A1, a gene identified as age-associated but not estrogen-regulated in human (Figure 5b; 1.0-fold), and an additional three genes identified in human as both age-associated and estrogen-regulated (Figure 5c; BNIP3, HSPA8 and IDE). Wound expression of all three genes was not significantly altered between ovx and intact mice, indicating predominant association with age as opposed to estrogen status.

We next asked whether observed changes in gene expression translated into equivalent changes in wound protein levels. As epidermal genes were most significantly overrepresented in our enriched human data set we initially focussed on expression of key epidermal proteins (Figure 6). We selected the terminal differentiation markers loricrin (-235-fold gene expression) and involucrin (-8.8-fold gene expression), the desmosomal cadherin democollin1 (-28.9-fold gene expression) and the injury-associated intermediate filament protein keratin16 (-8.3-fold gene expression). In agreement with gene expression change, both loricrin and involucrin protein levels were reduced in suprabasal wound epidermis

from elderly human subjects (Figure 6a-d). In addition, the estrogen-regulation was confirmed at the protein level by reduced expression of all four proteins in wound epidermis from ovx female mice compared to intact mice (Figure 6e-l). The difference in keratin 16 expression between intact and ovx mouse wounds was particularly striking (compare Figure 6e to 6f). We annotated keratin 16 as estrogen regulated (subset S3; Additional data file 4) based on its inclusion on the EstrArray custom estrogen-regulated gene microarray [21]. To our knowledge, this study provides the first demonstration of keratin 16 (KRT16) regulation by estrogen in vivo. Moreover, a pronounced lack of KRT16 in the wound edge epidermis from ovx mice is entirely novel and may represent an important contributing factor to delayed re-epithelialization, as keratin 16-mediated re-organization of intermediate filaments in wound edge keratinocytes has been proposed to facilitate re-epithelialization [22].

We then turned our attention to expression of proteins encoded by array-identified genes in cells within the granulation tissue of both human and mouse wounds (Figure 7). Protocadherin 21 (PCDH21), identified in this study as 12-fold up-regulated at the level of gene expression in wounds from elderly subjects, but belonging to neither age-associated nor estrogen-regulated subsets (Table 3), displayed statistically significant up-regulation in elderly wounds also at the protein level (Figure 7a,b). Notably, PCDH21 has not previously been associated with wound healing, aging or estrogen-regulation. Serpin peptidase inhibitor, clade B (ovalbumin), member 13

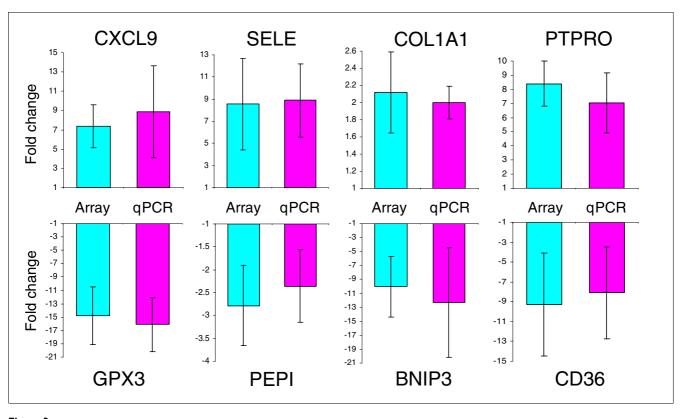


Figure 3 Validation of array-determined gene expression change by qPCR. Data are represented as fold change (old/young) for array data (blue) and qPCR data (pink). Results are presented as mean ± standard error of the mean; n = 3 for arrays and n = 5 for qPCR.

(SERPINB13), identified in this study as age-associated but not estrogen regulated, and 15-fold down-regulated in wounds from elderly subjects at the level of expression, was also reduced in elderly wounds at the protein level (Figure 7c,d).

Another estrogen-regulated gene with a potentially important role in healing is that encoding arginase 1 (ARG1; 82-fold down-regulated in wounds from elderly males). We find significantly less *Arg1* expressing cells in the wound granulation tissue from ovx mice (Figure 7e,f). While Arg1 is known to be estrogen regulated in uterus and prostate, it has not previously been shown to be estrogen regulated in skin. Again, this novel finding may be important in light of the role of arginase in modulating the balance between inflammation and matrix deposition during healing, and in the progression of chronic wounds [23]. Finally, we returned to Serpinb13 (a gene identified in this study in human as age-associated but not estrogen-regulated) and determined protein levels in wounds from ovx and intact young female mice. Immunohistochemical analysis demonstrated that the number of cells expressing Serpinb13 protein was unaltered by estrogen status in young female mice (Figure 7g,h), validating this gene as age-associated but not estrogen-regulated.

Conclusion

Our data clearly implicate estrogen, and not candidate gerontogenes nor 'age-associated' genes, as the most potent regulator of age-associated delay in human wound healing, a discovery underscored by the numerous associations between estrogen-regulated gene polymorphisms and phenotypes representing aging phenomena, including wound healing [24,25]. Whilst expression changes in a few genes that appear to be specifically associated with chronological age were noted, the majority of these genes were indeed also estrogen regulated. It is likely, in fact, that there is an intimate relationship between hormones and aging. Recent reports suggest that the model organism Caenorhabditis elegans contains several hormonal steroids that can increase lifespan by up to 20%, and that the insulin growth factor/insulin pathway influences the rate of aging [26,27]. That regulation by estrogen at the level of the gene appears to be the most important mediator of age-related delayed wound healing suggests that post-transcriptional aging phenomena such as free radical damage, glycation, and protein error do not play a major role in this process. We suggest that tissue repair acts as a paradigm for the effects of estrogen on other age-related pathophysiological processes, linking estrogen-regulated genes directly to a protective repair/maintenance program and thus abating 'aging'.

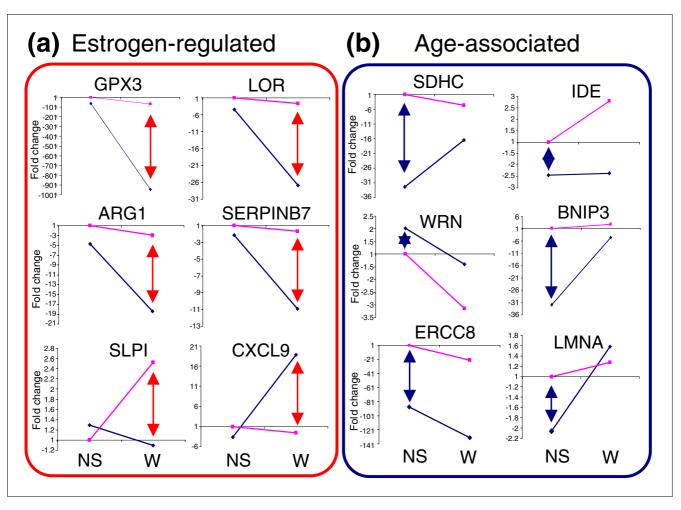


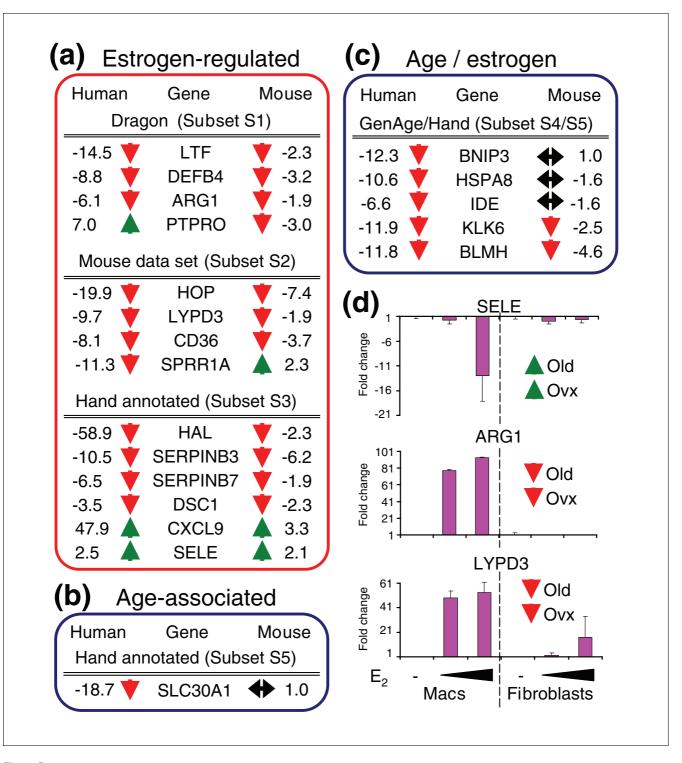
Figure 4 Quantification of gene expression change by qPCR. Comparison of gene expression between normal skin (NS) and wounds (W) from young (pink) and old (blue) human subjects. (a) All estrogen-regulated genes tested displayed clear differential wound expression (red double-ended arrow) with more parity of expression in normal skin. (b) In contrast, genes identified as age-associated displayed pronounced changes in normal skin (blue double-ended arrow) of similar or greater magnitude than the wound gene expression change. n = 3-5 per group.

Materials and methods Sample collection and histology

Local ethical committee approval was obtained for all human studies. Following informed consent eighteen healthy, young males and nineteen health status-defined elderly males underwent two 4 mm punch biopsies from the left upper inner arm after local infiltration with 1 ml of 1% lignocaine. The first biopsy (normal skin) was followed by re-biopsy of the same site at one of four pre-defined time points to excise wound tissue. The selected time points were three days, seven days, three months and six months post-initial biopsy. Tenweek-old female C57/Bl6 mice with intact ovaries and tenweek-old C57/Bl6 mice that had undergone ovariectomy one month previously were anesthetized and wounded following our established protocol [9] (in accordance with home office regulations). Briefly, two equidistant 1 cm full-thickness skin incisional wounds were made through both skin and panniculus carnosus muscle, and left to heal by secondary

intention. Wounds were excised and bisected at day 3 after wounding, with one-half of the sample processed for histology.

Histological sections were prepared from biopsy/mouse wound tissue fixed in 10% buffered formalin and embedded in paraffin. Sections (5 µm) were stained with hematoxylin and eosin, or subjected to immunohistochemistry with mouse monoclonal anti-CD15 (BD Biosciences, Pharmingen, Oxford, UK), mouse monoclonal anti-CD68, anti-VWF (Dako, Cambridge, UK), anti-MIF goat polyclonal antibody (R&D Systems, Abingdon, UK), anti-LOR, anti-INV (Covance, Berkeley, CA, USA), JCMC (rabbit polyclonal anti-Dsc1), anti-K16, anti-ARG1 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), anti-PCDH21 or anti-SERPINB13 (Abcam, Cambridge, UK) and the appropriate biotinylated secondary antibody followed by ABC-peroxidase reagent (Vector Laboratories, Peterborough, UK) with Novared substrate and http://genomebiology.com/2008/9/5/R80



Gene expression changes identified in aged males are mirrored in ovx female mice. (a,b) Comparison of wound gene expression change between human males (old/young; left) and estrogen-deprived young female mice (ovx/intact; right). Arrows indicate direction of change, green up and red down. (a) Estrogen-regulated genes are similarly changed in both mouse and human. (b) In contrast, a gene identified as age-associated is unchanged in wounds from ovx female mice. (c) Genes categorized as both estrogen-regulated and age-associated were either unchanged in mouse (indicating predominant ageassociation) or similarly changed in both mouse and human (indicating predominant estrogen-regulation). (d) Demonstration that selected array-identified genes are directly estrogen regulated in mouse primary macrophages and/or fibroblasts in vitro. Results are presented as mean ± standard error of the mean; n = 3-6 per group.

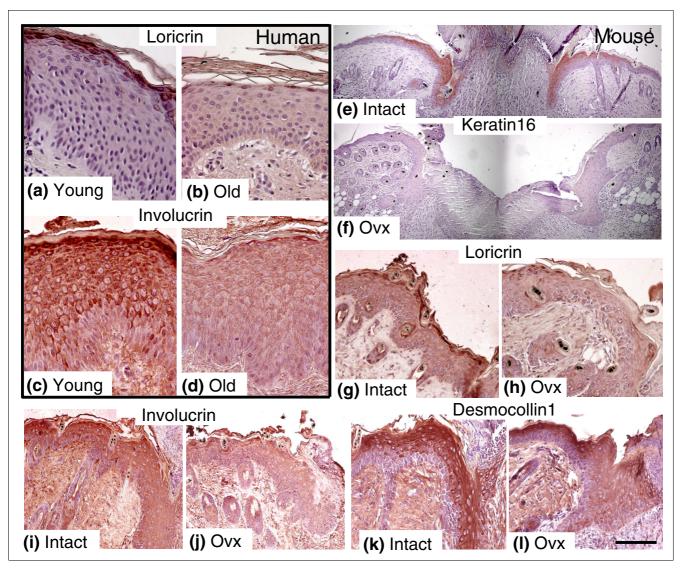


Figure 6 Immunohistochemical analysis of epidermal proteins encoded by array-identified estrogen-regulated genes demonstrates altered expression in wounds from both old humans and ovx young female mice. (a-d) Representative immunohistochemical localization of the epidermal differentiation markers loricrin and involucrin demonstrates decreased expression in wound epidermis from old males compared to wounds from young males. (e-l) Representative immunohistochemical localization of the epidermal proteins keratin 16, loricrin, involucrin and desmocollin 1, which are decreased in wound epidermis from young ovx mice compared to wounds from mice with intact ovaries. The scale bar in (I) represents 70 µm (a-d), 300 µm (e-f), and I40 μm (g-j).

counterstaining with hematoxylin. Control slides stained with secondary antibody in isolation or control IgG were negative. Total cell numbers and re-epithelialization were quantified with Image Pro Plus software as previously described [8] (MediaCybernetics, Silver Spring, MD, USA).

Sample collection and RNA preparation

Following informed consent, five healthy, young males (24-27 years old) and five health status-defined elderly males (71-76 years old) underwent two 4 mm punch biopsies from the left upper inner arm after local infiltration with 1 ml of 1% lignocaine. The first biopsy (normal skin) was followed by rebiopsy of the same site seven days later to excise wound tissue. In addition, ten-week-old female BALB/c mice with intact ovaries and ten-week-old mice that had undergone ovariectomy one month previously were anesthetized and wounded following our established protocol [9] (in accordance with home office regulations). Wounds were excised and bisected three days after wounding, and one-half of the wound was flash frozen at -80°C before RNA extraction. Total RNA was isolated from frozen tissue by homogenizing in Trizol reagent (Invitrogen, Paisley, UK) following the manufacturer's instructions.

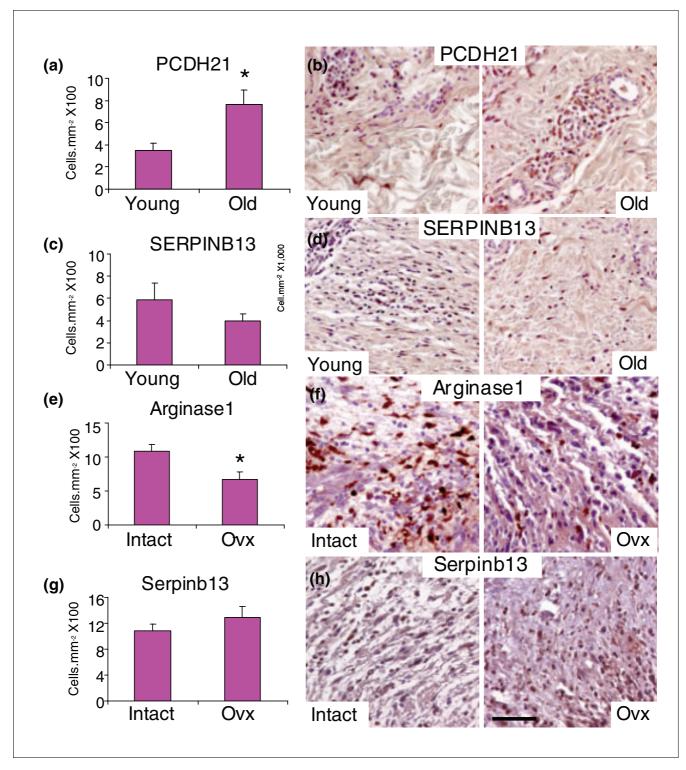


Figure 7 Immunohistochemical analysis of proteins encoded by array-identified dermally expressed genes during human and murine wound healing. (a-d) In agreement with array findings, human wound granulation tissue protein levels of Protocadherin 21 (a) and SERPINB13 protein (b) mirrors changes in gene expression. (e,f) In mice, the number of granulation tissue cells expressing arginase I is reduced in wounds from ovx mice, mirroring the human array findings and validating this gene/protein as estrogen regulated. (g,h) In contrast, yet also in agreement with human array findings, the number of granulation tissue cells expressing serpinb13 was not significantly altered between intact and ovx mice, that is, not dependent on estrogen levels. Results are presented as mean \pm standard error of the mean; *p < 0.05. The scale bar in (h) represents 45 μ m (b,d), 20 μ m (f) and 35 μ m (h); n = 3-6 per group.

Cell culture

Mouse peritoneal macrophages were isolated by intraperitoneal lavage with ice-cold sterile phosphate-buffered saline, pooled for subsequent studies and cell viability determined by trypan blue. Cells were re-suspended at a concentration of 106 cells per ml in serum-free phenol-red free Dulbecco's modified Eagle's medium (DMEM) medium, treated with lipopolysaccharide (1 mg/ml) and 10-7 or 10-8 M 17-β-estradiol (Sigma-Aldrich, St Louis, MO, USA) or lipopolysaccharide alone. Cells were washed, 0.5 ml TRIzol (Invitrogen Corp., Carlsbad, CA, USA) was added per well, and plates were stored at -80°C before RNA extraction. Mouse dermal fibroblasts were isolated as follows. Epidermis and dermis were separated following overnight incubation in 0.25% Trypsin/ EDTA (Cascade Biologics, Portland, OR, USA) at 4°C. Minced dermis was incubated in 0.3% collagenase in DMEM for 30 minutes at 37°C in 5% CO₂ atmosphere with regular agitation. The collagenase-cell mixture was filtered, centrifuged, and isolated fibroblasts washed with fresh media (DMEM, 5% fetal calf serum, L-glutamine, 1% Penicillin, Streptomycin, and Amphotericin B (PSA) prior to plating. Cells were plated and cultured until confluent in DMEM medium supplemented with Penicillin/Streptomycin and 10% charcoalstripped fetal calf serum (Thermo Scientific, Waltham, MA, USA). Confluent fibroblasts were treated with lipopolysaccharide (1 mg/ml) and 10-8 or 10-9 M 17-β-estradiol (Sigma-Aldrich) or lipopolysaccharide alone. Cells were washed, 0.5 ml TRIzol (Invitrogen Corp.) was added per well, and plates were stored at -80°C before RNA extraction.

Microarray analysis

Human microarray experiments were performed using the human genome U133A oligonucleotide array (Affymetrix Inc., High Wycombe, UK) according to the manufacturer's instructions. Total wound RNA (100 ng) from three old and three young male subjects was used with the Two-Cycle cDNA Synthesis Kit (P/N 900432 Affymetrix Inc.; one sample hybridized per array). Technical quality control was performed with dChip [28]. Background correction, quantile normalization, and gene expression analysis were performed using GCRMA [29]. The microarray data were submitted in MIAME (minimum information about a microarray experiment)-compliant format to the ArrayExpress database [30]. Differential expression between the young and old groups was tested statistically with CyberT on logarithmic scale data [31]. False-discovery correction was performed with Q-value software [32]. Significantly changed probe sets were selected on fold change (±7-fold), q-value (<0.1) and expression level (>15) (see Additional data file 1 for a full list). For up- and down-regulated gene data sets overrepresented GO groups were identified using the second generation (DAVID 2007) expression analysis systematic explorer (EASE) online functional annotation tool [33] (Additional data file 5). Mouse microarray experiments were performed as previously described [9], ArrayExpress database accession number emexp-209. Briefly, biotinylated cRNA samples from

individual intact and ovx mice were hybridized to mouse 430A oligonucleotide arrays (Affymetrix Inc., Santa Clara, CA, USA). For this current experiment data were re-analyzed using GCRMA for background correction, quantile normalization, and gene expression analysis [29]. Differential expression between the intact and ovx groups was tested statistically with CyberT on logarithmic scale data [31]. Significantly changed probe sets were selected on fold change (±1.5-fold), p-value (<0.1) and expression level (>50).

Hormonally regulated genes were identified by: comparison of significantly changed human probesets (Additional data file 1) with the Dragon online database of estrogen regulated genes [11] to generate conserved gene subset S1 (Additional data file 2); cross-species comparison of human genes identified in this study (U133A microarrays) with genes up- or down-regulated in hormonally mediated delayed-healing murine wounds (430A microarrays) to generate conserved gene subset S2 (Additional data file 3); and hand annotation as estrogen-regulated following an exhaustive literature search to generate conserved gene subset S3 (Additional data file 4). Aging-associated genes were identified using: comparison of significantly changed human probesets (Additional data file 1) with the hand curated GenAge database of agingassociated genes [12] to generate conserved gene subset S4 (Additional data file 6); combined with genes annotated with known age-associated ontology groups (DNA damage, mitochondria, neurodegeneration or response to UV) and/or hand annotated as age-associated following an exhaustive literature search to generate conserved gene subset S5 (Additional data file 7).

qPCR and comparison with microarrays

cDNA was transcribed from 0.5 µg of human wound RNA (five old and five young male subjects), from $0.5~\mu g$ of human normal skin RNA (three old and three young subjects), from 1 µg of mouse wound RNA (six intact and six oxv mice) and 1 µg of RNA isolated from estrogen-treated macrophages or fibrolasts. (Promega RT kit and AMV-reverse transcriptase; Roche, Welwyn Garden City, UK). Primer sequences were designed to each gene coding sequence independently of the Affymetrix probe set target region sequence and hence may or may not be directed to the same gene region. qPCR was performed using the SYBR green core kit (Eurogentec, Southampton, UK) following the manufacturer's instructions and an Opticon qPCR thermal cycler (Bio-Rad, Hemel Hempstead, UK). For each primer set an optimal dilution was determined, and melting curves were used to determine product specificity. Each sample was serially diluted over three orders of magnitude, and for each primer set all samples were run on the same 96-well plate. For primer sequences see Additional data file 9. Expression ratios were determined relative to a standard sample and normalized using a value derived from three separate control primer sets to 18s rRNA and the housekeeping genes Gapdh and Ywahz. In Figure 4, fold change is presented relative to young normal skin with values below 1 converted to negative fold change. In Figure 5, data for estrogen treated cells is presented as fold change relative to each cell type treated with lipopolysaccharide alone with values below 1 again converted to negative fold change.

Data deposition

Microarray data have been deposited in MIAME compliant format in the ArrayExpress database [34], accession number E-MEXP-1074.

Abbreviations

DMEM, Dulbecco's modified Eagle's medium; EASE, expression analysis systematic explorer; GO, gene ontology; MIAME, minimum information about a microarray experiment; ovx, ovariectomised; qPCR, quantitative realtime PCR.

Authors' contributions

MJH was involved in study design, carried out experiments and data analysis, and was involved in manuscript preparation. GSA was involved in study design and manuscript preparation. Both MJH and GSA have had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

Additional data files

The following additional data are available. Additional data file 1 is a table listing all probe sets identified as differentially expressed using the filtering criteria fold change (±7-fold), qvalue (<0.1) and expression level (>15). Additional data file 2 is a table listing the full subset S1 - Dragon database-derived estrogen-regulated probe sets. Additional data file 3 is a table listing the full subset S2 - mouse dataset-derived estrogenregulated probe sets. Additional data file 4 is a table listing the full subset S3 - hand-annotated estrogen-regulated probe sets. Additional data file 5 is a table listing the full EASE experimental readout. Additional data file 6 is a table listing the full subset S4 - GenAge-derived aging-associated probe sets. Additional data file 7 is a table listing the full subset S5 hand-curated and aging-associated GO probe sets. Additional data file 8 is a table listing differentially expressed genes identified in this study, using a relaxed array filtering criteria, that have also been demonstrated to alter life-span in animal models. Additional data file 9 is a table listing all primers used for qPCR.

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