




# Isotonic medium treatment limits burn wound microbial colonisation and improves tissue repair

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## Abstract

Burn injuries undergo a complex healing process in which progressive spreading of epithelial damage can lead to secondary complications such as wound infection, which is a major driver of mortality among burn patients. We recently reported that burning larval zebrafish triggers dysregulated keratinocyte dynamics compared to mechanical injury. Here, we investigate keratinocyte behaviour following burn injury and the subsequent potential for microbial colonisation of burn wounds over time. Real-time imaging, coupled with tracking of photoconverted cells, revealed that early keratinocyte motility contributes to the spread of epithelial damage beyond the initial site of burn injury and that increased epithelial damage was associated with wound colonisation by the fungal pathogen *Candida albicans*. Modulating osmotic balance by treating larval zebrafish with isotonic medium limited the spread of epithelial damage and reduced microbial colonisation of burn wounds. Using cultured human skin, we found that topical treatment with isotonic solution (saline) similarly prevented the spread of epithelial damage over time. These findings indicate that keratinocyte behaviour contributes to burn wound progression in larval zebrafish and links keratinocyte dynamics to microbial colonisation of burn wounded tissue.

## KEYWORDS

burn injury, *Candida albicans*, keratinocyte migration, wound conversion

## 1 | INTRODUCTION

The epithelium provides a protective barrier that separates the external environment from internal tissues. While epithelial tissue is well adapted to repair from mechanical damage, burn wounds often result in long-term physical and psychosocial impacts on patients. Inefficient repair of burn wounded tissue can

lead to permanent scarring, chronic pain, and impaired skin function.<sup>1-3</sup>

Burn wound conversion is a characteristic feature of burn injury and describes the phenomenon of superficial burns converting to deeper burns over time.<sup>4</sup> This concept originates from the description by Jackson of the zones of burn injury.<sup>5</sup> In this framework, the central region of irreversibly damaged necrotic tissue is termed the zone of

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coagulation. This region is surrounded by a zone of threatened, but viable, damaged tissue referred to as the zone of stasis. A recoverable zone of hyperaemia exists at the periphery of the wound. Burn wound conversion describes the process by which the zone of stasis converts from viable to irreversibly damaged, nonviable tissue, thereby expanding the zone of coagulation in both surface area and depth.<sup>4,6</sup> Limiting this progressive spreading of epithelial damage thereby prevents the death of otherwise viable tissue in the zone of stasis and increases the spontaneous healing potential of burn wounds. Although therapeutic avenues to limit the spread of burn damage have been explored, there remains a need to understand the underlying mechanisms that promote burn wound conversion.

While spread of epithelial damage is detrimental to burn wound healing, burn wound infection is a leading cause of patient mortality.<sup>7–9</sup> The prevalence of fungal infection of burn patients is rising,<sup>10</sup> and *Candida* species are among the most common fungal pathogens found colonising burn wounded tissue.<sup>11,12</sup> In 2022, the World Health Organization identified *Candida albicans* as a critical priority pathogen, highlighting the growing threat of fungal infections worldwide, especially in resource-poor regions where fungal infection of burn wounds may remain undiagnosed.<sup>13</sup> Importantly, burn patients are susceptible to delayed infection, which can occur days or weeks after the burn injury itself. This is in part due to long-lasting epithelial barrier disruption and aberrant antimicrobial activity in burned tissue, which itself is a primary site of microbial colonisation.<sup>14</sup> This apparent link between the epithelial response to burn injury and wound infection led us to hypothesise that early keratinocyte behaviour contributes to burn wound conversion and enables delayed microbial colonisation of wounded tissue.

To investigate this hypothesis, we used the larval zebrafish model. Larval zebrafish have been widely adopted to investigate the mechanisms of tissue repair and regeneration.<sup>15</sup> Unlike common mammalian models used to investigate burn wound healing, larval zebrafish are optically transparent. This feature enables whole organism intravital imaging throughout the duration of wound healing allowing for investigation of the tissue response to burn injury at the cellular level. In the larval stage, zebrafish have a stratified epithelium composed of two layers of keratinocytes and a collagen-rich dermis,<sup>16</sup> providing an anatomically simplified model to investigate cellular behaviour in response to burn injury. We previously developed a method of burning larval zebrafish and showed that zebrafish recapitulate key features of burn wound pathology in humans including chronic inflammation, dysregulated extracellular matrix remodelling and impaired sensory neuron regeneration.<sup>17–19</sup> Further, we identified excessive keratinocyte motility as a driver of burn wound pathology.<sup>19</sup>

Taking advantage of the unique benefits of the larval zebrafish, we sought to investigate how the early epithelial response to burn injury contributes to pathology, including microbial colonisation of wounded tissue. We found that dysregulated keratinocyte migration leads to the spread of burn wound damage over time, increasing cell death in a region of tissue analogous to the zone of stasis. This long-term disruption of epithelial barrier function was associated with increased colonisation of the fungal pathogen *C. albicans*. Preventing

keratinocyte motility by treating burned larvae with medium isotonic to their interstitium limited the spread of tissue damage and reduced burn wound colonisation by *C. albicans*. Finally, we applied our finding that isotonic medium treatment limits the spread of burn damage in zebrafish to cultured human skin. Topical treatment of human skin with isotonic solution (saline) prevented an increase in burn depth over time suggesting that further study of early saline treatment may provide a therapeutic avenue to improve burn wound healing potential in patients.

## 2 | MATERIALS AND METHODS

### 2.1 | Animal Use Ethics

Zebrafish studies were carried out in accordance with the recommendations from the Guide for the Care and Use of Laboratory Animals. All zebrafish experiments performed were approved by the University of Wisconsin—Madison Research Animals Resource Center under the Protocol M005405-R02.

### 2.2 | Zebrafish handling and maintenance

Adult and larval zebrafish were maintained as previously described.<sup>20</sup> Briefly, adult fish were maintained on a 14-h light–10-h dark cycle. Following breeding, embryos were transferred to E3 medium (5 mM NaCl, 0.17 mM KCl, 0.44 mM CaCl<sub>2</sub>, 0.33 mM MgSO<sub>4</sub>, 0.025 mM NaOH and 0.0003% methylene blue) and maintained at 28.5°C until 3 days post-fertilisation. When necessary, larvae were screened for the expression of the appropriate transgene indicated by positive fluorescence using a Zeiss Zoomscope EMS3/SyCoP3 with a Plan-Neofluar Z objective. For example, expression of the nuclear-localised Dendra transgene was confirmed prior to experimentation by examining larvae for the presence of green fluorescence. For all experiments, 3 days post-fertilisation larval zebrafish were anaesthetised in 0.2 mg/mL tricaine (ethyl 3-aminobenzoate) in E3 medium prior to use. Following burn injury, larvae were returned to 28.5°C until imaging.

### 2.3 | Burn injury of larval zebrafish

To perform burn injury, zebrafish larvae were transferred to a 60-mm tissue-culture treated dish containing 0.2 mg/mL tricaine in E3 medium. Unless it is indicated that larvae were infected following injury, all burn wounds were performed in sterile medium to prevent wound contamination. A fine tip cautery pen (Geiger Instruments, Delasco—Item #250) with angled loop (Geiger Instruments, Delasco—Item #201C) was used to burn the caudal fin of larval zebrafish. Burns were performed until the wounded region reached halfway to the posterior notochord boundary to avoid damage to the notochord. For multi-day experiments, larvae were washed into fresh medium



immediately following burn injury and maintained at 28.5°C until imaging. Isotonic medium was prepared by supplementing control E3 medium with NaCl (Sigma-Aldrich) to a final solute concentration of 270 mOsm. For experiments involving isotonic medium treatment, larvae were only exposed to isotonic medium at the time of burn injury. Unless otherwise indicated, treatment with isotonic medium was carried out for 6 h post-burn, at which time larvae were washed into fresh E3 medium. For cases in which imaging was performed fewer than 6 h post-burn, treated larvae were imaged in isotonic medium.

## 2.4 | Photoconversion of larval zebrafish

Photoconversion of *Tg(Krt4-H2B-Dendra2)* larvae was performed using an Olympus Fluoview FV-1000 laser-scanning confocal microscope equipped with a NA 0.75/20X air objective. The stable conversion of native green *Dendra2* fluorescence to red fluorescence was carried out using a 405-nm laser set to 10- $\mu$ s/pixel dwell time and 45-s total stimulation time. Keratinocyte photoconversion was limited to a specific region of interest, depending on the given experiment. For all experiments, images were taken immediately prior to and after photoconversion to ensure a successful shift in *Dendra2* fluorescence. To define the region used for photoconversion, a region of interest representing zone 1 or zone 2 was manually drawn. Photoconversion of anaesthetised larvae was performed immediately following burn injury in all cases, with larvae being washed with either control E3 or isotonic E3 medium and returned to 28.5°C until imaging. Photoconversion data were quantified by measuring the thresholded area of the red (photoconverted) channel and normalising relative to the photoconverted area present at 0 h post-burn.

## 2.5 | Immunofluorescence and quantification of caspase staining

Larval zebrafish fixation and staining were adapted from Santos et al. 2018.<sup>21</sup> Larvae were fixed using 4% paraformaldehyde in PBS. The following antibodies were used: 1° Rb- $\alpha$ -active caspase 3 (BD Pharmingen, Cat: 559565, 1:500); 2° Dk- $\alpha$ -Rb-IgG Dylight 550 (Invitrogen, SA5-10039, 1:300). Active-caspase area was quantified by manually thresholding for positive fluorescence.

## 2.6 | Preparation of *Candida albicans* and zebrafish infection

*C. albicans* strains used in this study can be found in Table 1 below. *C. albicans* were activated on YPD agar plates (1% yeast extract, 2%

peptone, 2% dextrose and 2% agar) from glycerol stocks. One day prior to infection, overnight cultures in liquid YPD media were started and left to incubate for 16 h while shaking at 225 rpm at 30°C. For infection experiments, zebrafish larvae were exposed to *C. albicans* diluted in E3 medium without methylene blue to a final concentration of  $1 \times 10^7$  cells/mL beginning immediately after burn wounding. Larvae were incubated with *C. albicans* on an orbital shaker for 1 h following burn injury before being washed into fresh E3 medium. To assess colony-forming units, fungal stocks prepared in either control or isotonic medium were serially diluted and spread on YPD agar plates. Plates were incubated for 24 h at 30°C before colony-forming units were counted and used to determine viability.

## 2.7 | Quantification of immune cell recruitment

In all cases, neutrophils and macrophages were identified by the presence of a fluorescence transgene driven by a cell type-specific promoter. For experiments involving exposure to *C. albicans*, *Tg(LyzC-BFPxMpeg1.1-mCherry)* larvae were used. Quantification of neutrophil and macrophage recruitment at each time point was performed by measuring the total thresholded area of fluorescently labelled cells, respectively. For quantification of immune cell recruitment following sterile burn injury, *Tg(LyzCH2B-mCherryxMpeg1.1H2B-GFP)* larvae were used and neutrophil or macrophage nuclei were manually counted using the multi-point tool in FIJI 2.9.0. Only nuclei in the wound region, defined as caudal fin tissue distal the posterior notochord boundary, were quantified.

## 2.8 | Burn injury of cultured human skin

De-identified human skin was obtained from patients undergoing elective plastic surgery when the skin would otherwise have been discarded at our institution. The de-identified samples were exempt from the regulation of University of Wisconsin–Madison Human Subjects Committee Institutional Review Board, and no patient data were collected. Skin was processed and burned within an hour after surgery, as previously described.<sup>25</sup> Briefly, subcutaneous fat was removed from the tissue, leaving the dermis intact, and uniform rectangles of 4.2  $\times$  1.5 cm were cut from the skin. A custom-fabricated device was used to burn three 8-mm partial thickness contact burns per skin section by preheating the device to 150°C for 6 s.<sup>25</sup> Skin samples were cultured on custom elevated metal mesh inserts, allowing skin to be cultured at an air–liquid interface. Culture media, composed of DMEM (Gibco Laboratories, Gaithersburg, MD), 10% FBS (Gemini Bio, Sacramento, CA), 0.625  $\mu$ g/mL amphotericin B (Gemini Bio,

**TABLE 1** Fluorescent-tagged *Candida albicans* strains.

Strain	Parent	Genotype	Source
Caf2-FR	Caf2.1	$\Delta$ ura3::imm434/ URA3 $P_{ENO1}$ -iRFP-NATR	22
Caf2-dTomato	Caf2.1	$\Delta$ ura3::imm434/ URA3 $P_{ENO1}$ -dTomato-NATR	23
SC5314-mNeon	SC5314	$P_{ENO1}$ -NEON-NAT (Wild Type)	24

Sacramento, CA) and 100 µg/mL penicillin–streptomycin (Gibco Laboratories, Gaithersburg, MD), was changed daily, and samples were kept in an incubator at 37°C and 5% CO<sub>2</sub> for the duration of each experiment. Treatments were applied to burned skin using rubber O-rings adhered to skin with petroleum jelly. Liquid treatments (sterile water and saline) were both kept at room temperature prior to topical application to ensure that any change in burn wound temperature would be consistent across treatment groups. At the appropriate time point for collection, full-thickness biopsies were taken by 12-mm biopsy punch with the area of burned tissue in the center and surrounding region of unburned skin being included. Samples were cryopreserved with Tissue-Tek compound (Sakura Finetek USA, Torrance). Frozen samples were cryo-sectioned to 6-µm slides and stained for lactate dehydrogenase (LDH) following the protocol developed by Gibson and Shatadal.<sup>26</sup> Sections were imaged to determine the depth of dermal injury defined by the vertical distance from the center of the burn between the cutaneous basement membrane to the lower depth of LDH staining in the dermis.

## 2.9 | Microscopy and image analysis

For experiments including photoconverted larvae and larvae exposed to *C. albicans*, imaging was performed using a spinning disc microscope (CSU-X, Yokogawa) with a confocal scanhead on a Zeiss Observer Z.1 inverted microscope, either a Plan-Apochromat NA 0.8/20× objective or a Plan-Apochromat NA 1.4/63× objective, and a Photometrics Evolve EMCCD camera. ZEN 2.6 software was used for acquisition. Larvae exposed to far red-expressing *C. albicans* were imaged using a Nikon Eclipse TE300 inverted fluorescent microscope with a Plan Apo NA 0.45/10× objective. Image acquisition was performed using Nikon NIS-Elements software. Time-series, bright field imaging of burned larvae was performed on a Zeiss Zoomscope EMS3/SyCoP3 with a Plan-NeoFluar Z objective running Zen 3.7. In all cases, anaesthetised larvae were mounted in 2% low-melting point agarose on a 35-mm glass-bottom dish (CellVIs). All image processing and analysis were performed using FIJI 2.9.0. Unless otherwise indicated, fluorescent images are presented as maximum-intensity z-projections. This method of projecting 3D data to a 2D image works by identifying the brightest voxel (with maximum fluorescence intensity) at a given XY position through the entire depth, in z, of an image stack. The brightest voxel at each XY position is used to generate the 2D projection regardless of its original position in z-depth. Methods used for quantification of imaging data are detailed within the appropriate section above.

## 2.10 | Statistical analysis

All statistical analysis and graphing were performed using GraphPad Prism version 9.0.0. The D'Agostino and Pearson normality test was used to determine the appropriate statistical test based on normal distribution of data. For comparison of two means, independent t-tests were used for normally distributed data, whereas Mann–Whitney

tests were used for nonparametric data. For multiple comparisons, one-way ANOVA with Tukey's multiple comparison test was used for normally distributed data with Kruskal–Wallis with Dunn's multiple comparison test used for nonparametric data. Two-way ANOVA with Sidak's multiple comparison test was used when appropriate depending upon the number of independent variables in each experiment. Unless otherwise indicated, all data are represented as mean ± SEM (standard error) with  $p < 0.05$ , indicated by asterisk, used to determine statistical significance. All experiments were performed with at least 3 independent biological replicates defined as either separate breeding clutches of zebrafish or human subjects, with the N-value used for statistical analysis indicated within the relevant figure legend. When possible, measures such as blinded analysis were performed to limit potential biases.

## 3 | RESULTS

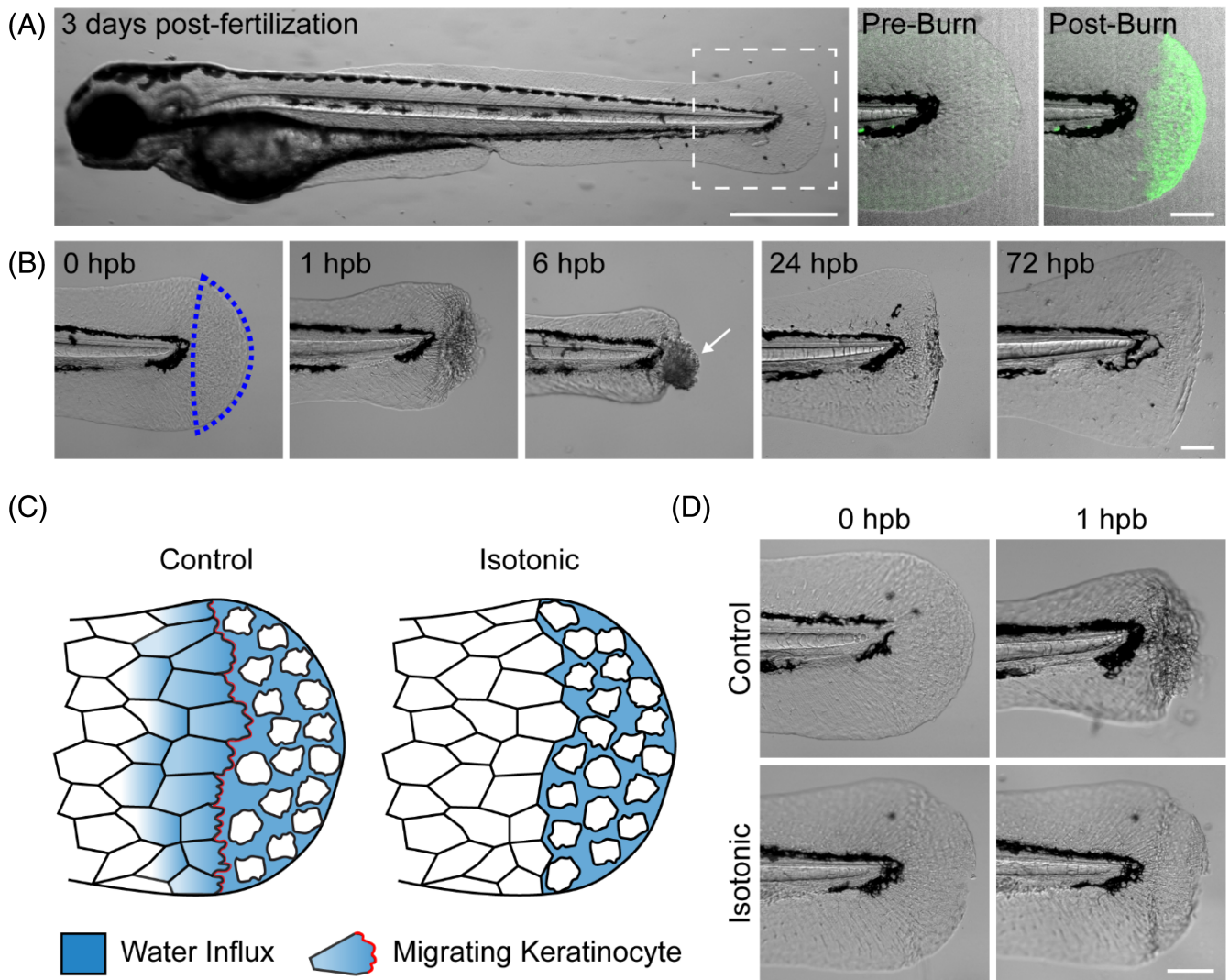
### 3.1 | Burn injury causes local and long-lasting epithelial damage in larval zebrafish

To assess the epithelial response to injury, we burned 3 days post-fertilisation larval zebrafish using a hand-held cauteriser. This method allows for reproducible, localised epithelial damage, which is evident by the entry of cell impermeable dye only in tissue directly impacted by burn injury (Figure 1A). Immediately following burn injury, the presence of localised damage is visible by a change in tissue opacity (Figure 1B, blue outline). Epithelial damage continues to accumulate in the burned region until 6 h post-burn (hpb) (Figure 1B, white arrow). By 24 hpb, the remodelling phase of tissue repair has begun, with visible epithelial damage being cleared and fin regrowth beginning. Full fin regrowth, indicating successful wound healing, occurs at roughly 72 hpb (Figure 1B). We recently reported that excessive keratinocyte motility occurs within the first hour following burn injury, and motility can be prevented when larvae are burned in the presence of medium isotonic to the interstitium (Figure 1C).<sup>19</sup> This is thought to occur by altering the osmotic balance. In homeostatic conditions, the surrounding hypotonic freshwater environment results in fluid influx upon epithelial barrier disruption. Subsequent keratinocyte swelling is a pro-migratory signal.<sup>27,28</sup> In contrast, an isotonic environment prevents fluid influx and cell swelling thereby inhibiting keratinocyte migration.<sup>27</sup> Treatment of larval zebrafish with isotonic medium prior to burn injury improved gross fin morphology, suggesting a reduction in overall epithelial damage (Figure 1D). From this, we hypothesised that aberrant keratinocyte behaviour may contribute to the spread of epithelial damage over time, and that isotonic medium treatment may provide a means to prevent long-term disruption to epithelial barrier function.

### 3.2 | Keratinocyte motility contributes to burn wound conversion

To determine the fate of epithelial keratinocytes following burn injury, we used *Tg(Krt4-H2B-Dendra2)* zebrafish, which express nuclear-

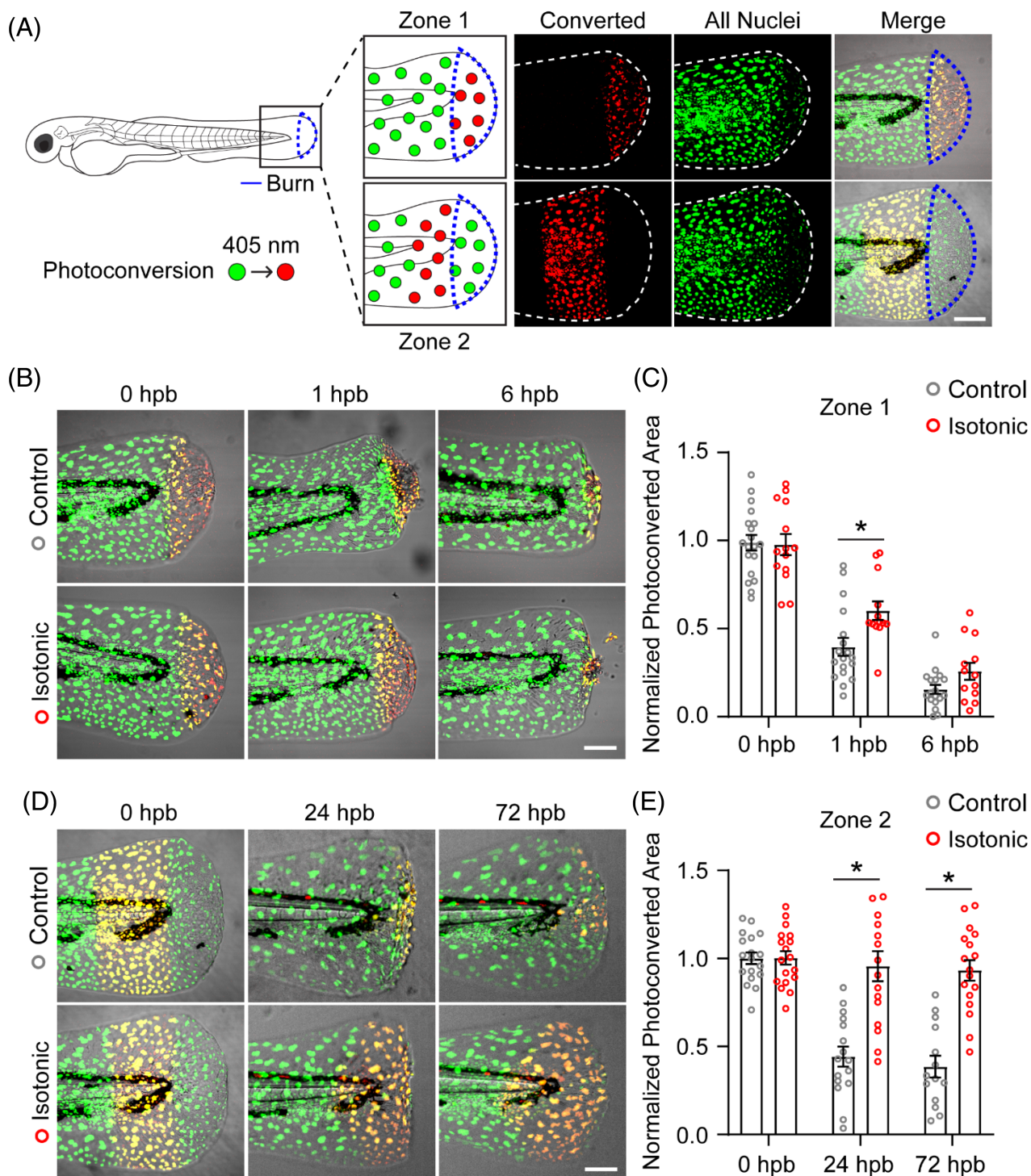




**FIGURE 1** Burn injury generates local epithelial damage in larval zebrafish. (A) Larval zebrafish 3 days post-fertilisation. Dashed box indicates the tailfin region used for burn experiments. Scale bar = 500  $\mu\text{m}$ . At right, representative images show a tailfin pre- and post-burn in the presence of cell impermeable FM dye. Increased dye fluorescence post-burn indicates localised tissue damage. Scale bar = 100  $\mu\text{m}$ . (B) Time series showing a larval zebrafish tailfin at the indicated time, hours post-burn (hpb). Scale bar = 100  $\mu\text{m}$ . (C) Schematic illustrating the effect of isotonic medium on keratinocyte dynamics after burn injury. In control (hypotonic) conditions, net fluid influx into damaged tissue and subsequent swelling of wound-edge keratinocytes stimulate a migratory response. Lack of fluid influx in isotonic conditions prevents keratinocyte swelling and cell migration. (D) Images showing control and isotonic medium treated larvae at the indicated time post-burn. Scale bar = 100  $\mu\text{m}$ .

localised Dendra2 under a pan-keratinocyte promoter. Dendra2 is a photoconvertible protein, allowing for real-time switching of fluorescence from green to red upon exposure to 405-nm light (Figure 2A).<sup>29</sup> Through this process, it is possible to track the fate of keratinocytes from a specific region of tissue over time. In human burn injury, the zone of coagulation is composed of necrotic tissue. Thus, we first decided to photoconvert only cells in the region of tissue immediately affected by burn, referred to here as zone 1 to determine their fate as burn injury progresses (Figure 2A,B). Following injury, photoconverted nuclei are rapidly lost from burned tissue with only  $15\% \pm 2.5\%$  of cells remaining by 6 hpb (Figure 2C), indicating widespread keratinocyte death over time. Similar to larvae burned in control E3 medium, we found that only  $26\% \pm 4.9\%$  of cells in zone 1 remained at 6 hpb

following treatment with isotonic medium (Figure 2B,C). To confirm death of cells in zone 1, we examined this region 24 hpb and found nearly zero remaining keratinocytes regardless of treatment (Figure S1). Following this, we photoconverted cells in the region of tissue directly adjacent to that affected by burn, which is analogous to the zone of stasis and referred to here as zone 2 (Figure 2A). Similar to zone 1 photoconversion, when zone 2 keratinocytes from control larvae were tracked, we noted a loss of cells over time, albeit with different kinetics (Figure 2D). While approximately 50% of zone 2 keratinocytes were lost 24 hpb in control larvae, this stabilised such that  $38\% \pm 6.2\%$  of the original keratinocytes from zone 2 remained 72 hpb (Figure 2E). This finding demonstrates that progressive spreading of epithelial damage, a component of burn wound conversion, is a



**FIGURE 2** Keratinocyte motility contributes to spread of epithelial damage after burn. (A) Schematic of photoconversion experiment. Keratinocyte nuclei expressing Dendra2 (green) can be photoconverted (red) by exposure to 405-nm light. Photoconversion was performed in the indicated region immediately following burn injury indicated by the blue outline. In merged images, photoconverted nuclei appear yellow due to residual green Dendra2 fluorescence. (B) Images showing control and isotonic medium treated larvae after photoconversion of zone 1 tissue. (C) Quantification of zone 1 photoconverted area at the indicated time, hours post-burn (hpb). Data are normalized to photoconverted area 0 hpb.  $N \geq 18$  control and  $N \geq 13$  isotonic treated larvae. (D) Images showing control and isotonic medium treated larvae after photoconversion of zone 2 tissue. (E) Quantification of zone 2 photoconverted area at the indicated time, hours post-burn (hpb). Data are normalized to photoconverted area 0 hpb.  $N \geq 14$  control and  $N \geq 16$  isotonic treated larvae. Scale bars = 100  $\mu\text{m}$ . Asterisk indicates  $p < 0.05$  by two-way ANOVA.

feature of the epithelial response to burn injury in larval zebrafish. To determine whether treatment with isotonic medium limits burn wound conversion, we photoconverted zone 2 tissue in larvae

exposed to isotonic solution (Figure 2D). Strikingly, we found that  $93\% \pm 5.8\%$  of zone 2 keratinocytes remained viable 72 hpb demonstrating that cells in this zone were protected from death (Figure 2E).



While necrotic death is observed in the zone of coagulation, and likely explains the rapid loss of photoconverted keratinocytes we observe in zone 1, apoptosis is thought to contribute to cell death during burn wound conversion in the zone of stasis.<sup>30,31</sup> Therefore, we next probed for apoptotic death using antibodies against active-caspase 3 in order to determine whether isotonic medium protects cells from this mode of death. However, we found no difference in the amount of apoptotic cells between control and isotonic treated fish (Figure S1).

### 3.3 | Treatment with isotonic medium limits *Candida albicans* colonisation of burned tissue

Due to the role of keratinocytes in maintaining epithelial barrier integrity and our finding that keratinocyte motility contributes to burn wound conversion, we next investigated what impact keratinocyte behaviour has on microbial colonisation of burn wounded tissue. To do this, we developed a method for exposing burned larval zebrafish to the fungal pathogen *Candida albicans*. Immediately following burn injury, larvae were bathed in mNeon-expressing *C. albicans* for 1 h with wound colonisation quantified 24 hpb. Wound colonisation was distinguished based on the presence of *C. albicans* at the interface between viable and nonviable tissue.<sup>10,32</sup> Comparing burned to unwounded larvae following *C. albicans* exposure revealed that *C. albicans* was unable to colonise epithelial tissue in the absence of burn injury and that successful colonisation of wounded epithelium was specifically localised to the site of tissue damage (Figure 3A). While some *C. albicans* were identified near the developing gills in both burned and unwounded fish, this was minimal and was entirely cleared in both populations within a day of exposure. Importantly, *C. albicans* was viable within colonised tissue and able to develop hyphae, which is essential for potential tissue invasion (Figure S2A).<sup>33</sup>

We next sought to test whether isotonic medium alters *C. albicans* colonisation. To do this, we first confirmed that treatment with isotonic medium did not affect *C. albicans* independent of the host response. We found that exposure to isotonic medium did not affect fungal viability (Figure S2B) or the initial fungal burden in burn wounded tissue immediately after exposure (Figure 3B,C). We next burned *Tg(LyzC-BFPxMpeg1.1-mCherry)* zebrafish larvae, in which neutrophils and macrophages are fluorescently labelled, in order to get a full picture of the host response to microbial colonisation. We found that larvae burned in control medium were effective in clearing *C. albicans* from the wound region by 72 hpb, with neutrophils and macrophages resolving after an initial peak at 24 hpb (Figure 3D–G). This suggests that an effective immune response is capable of clearing *C. albicans* before infection can occur; however, patients with severe burns are immunocompromised as a result of burn damage and are at greater risk of infection.<sup>34–36</sup> Therefore, we asked whether targeting keratinocyte motility by treating larvae with isotonic medium affected microbial colonisation, as a means to reduce the risk of infection altogether. We found that isotonic medium treatment resulted in larvae having approximately 40% of the total amount of *C. albicans* present

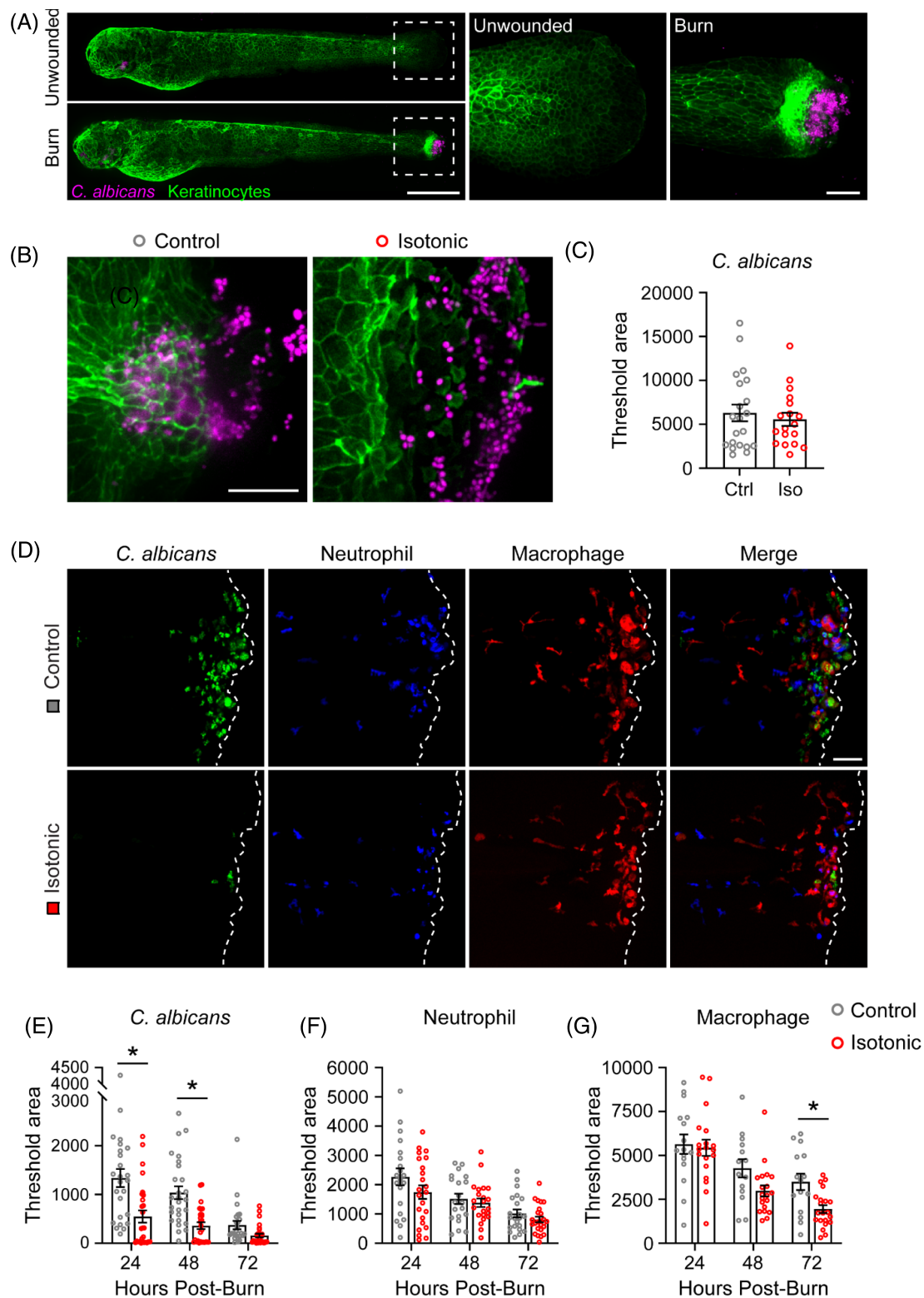
in burn wounded tissue 24 hpb relative to controls. This decrease was maintained over the course of the healing response, with treated larvae still having significantly less *C. albicans* present even 72 hpb (Figure 3D,E). The decrease in fungal burden did not seem to be dependent on the host immune response evident by similar levels of neutrophils and macrophages in wounded tissue over time when compared to control larvae (Figure 3F,G). However, similar analysis of immune cell recruitment in the absence of *C. albicans* (sterile burn) revealed a clear difference in neutrophil recruitment, with control larvae having an average of  $28.5 \pm 2.0$  neutrophils at the time of maximum tissue damage (6 hpb) compared with only  $8.7 \pm 1.6$  in isotonic treated larvae (Figure S2C,D). Analysis of macrophage recruitment to sterile burn injury revealed a significant difference during the period of wound remodelling, 24 hpb, with control larvae having  $50.0 \pm 2.5$  macrophages compared to only  $21.1 \pm 2.1$  following isotonic treatment (Figure S2C,E). This opens the possibility that a dampened immune response due to isotonic treatment could aid in preventing inflammatory tissue damage.

### 3.4 | Early keratinocyte motility mediates *C. albicans* colonisation following burn injury

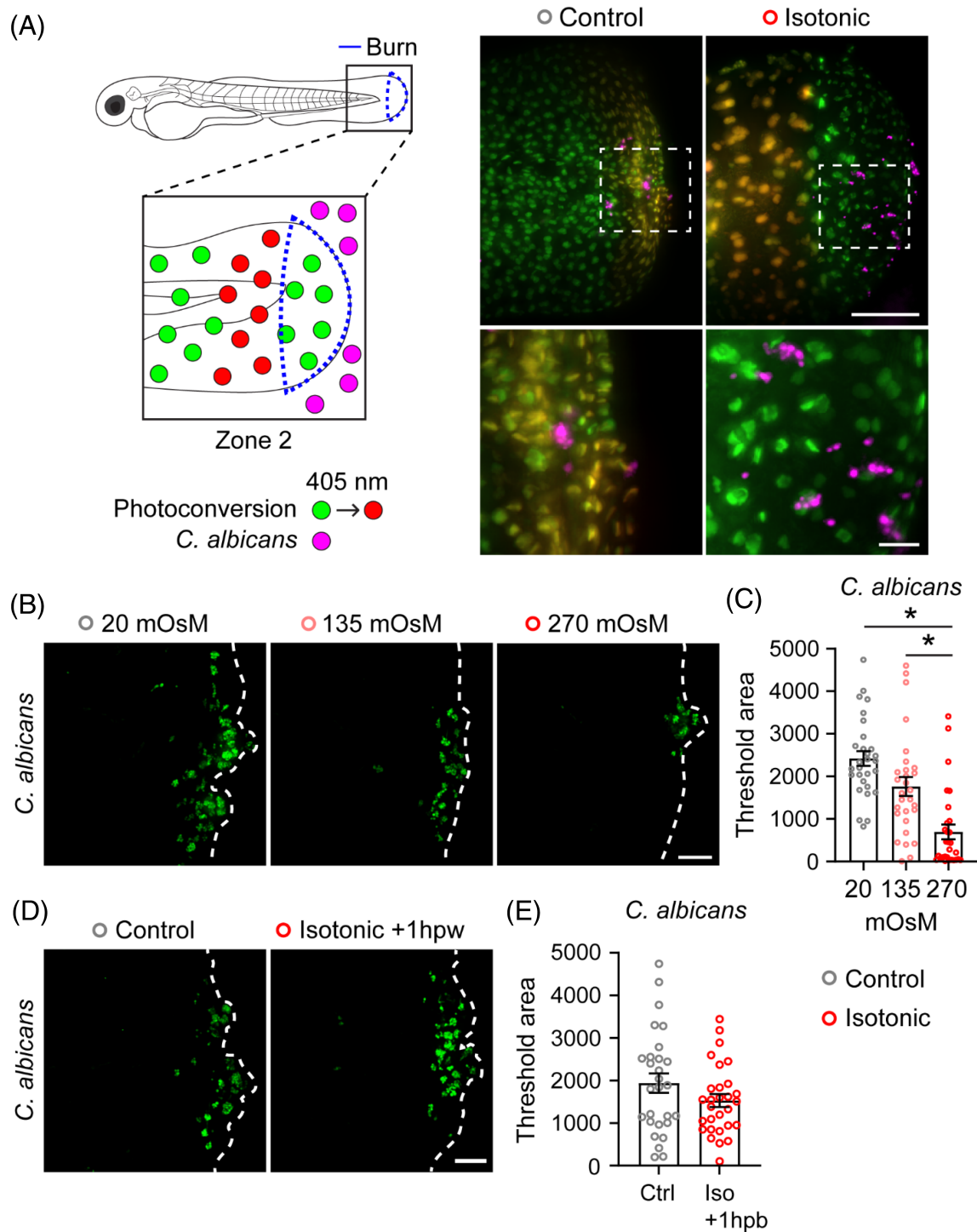
While we observed that treatment with isotonic medium did not alter the initial fungal burden after 1 h of *C. albicans* exposure (Figure 3B,C), we noted that the spatial distribution of *C. albicans* was markedly distinct. In control larvae, but not those treated with isotonic medium, *C. albicans* appeared to overlap with viable tissue corresponding to zone 2. This led us to hypothesise that isotonic medium limits fungal colonisation at the site of damage by reducing burn wound conversion, maintaining epithelial barrier integrity, and thereby preventing *C. albicans* from accessing viable tissue in the zone of stasis. To test this hypothesis, we repeated our previous photoconversion experiment using *Tg(Krt4-H2B-Dendra2)* larvae, but with the addition of *C. albicans* exposure. We visualised *C. albicans* colonisation 1 hpb following zone 2 photoconversion as this is the time at which keratinocyte migration has stopped. Examining control larvae revealed *C. albicans* was already present in zone 2 indicating the ability of *Candida* to colonise viable tissue (Figure 4A). Conversely, *C. albicans* did not spatially overlap with zone 2 keratinocytes when larvae were treated with isotonic medium (Figure 4A). This demonstrates that inhibiting keratinocyte motility by treatment with isotonic medium prevents colonisation of viable zone 2 tissue, instead limiting *C. albicans* to colonise nonviable tissue in zone 1.

To directly test whether osmotic regulation of keratinocyte migration contributes to microbial colonisation of viable tissue, we treated larvae with medium at an intermediate tonicity between control and isotonic medium. It has been shown that wound-induced cell migration is sensitive to extracellular tonicity in a dose-dependent manner.<sup>37</sup> In control conditions, water used to maintain zebrafish is kept at approximately 10 mOsm while medium isotonic to zebrafish interstitial tissue is 270 mOsm. Therefore, we supplemented normal E3 medium with NaCl to an osmolarity of 135 mOsm in order to





**FIGURE 3** Isotonic medium treatment reduces microbial colonisation of burned tissue. (A) Unwounded or burn wounded *Tg(Krt4-UtrCH-GFP)* larval zebrafish, labelling epithelial keratinocytes, after 1-h exposure to RFP-tagged *C. albicans*. Dashed box shows area of inset to the right. Scale bar = 500  $\mu$ m (whole larvae) and 50  $\mu$ m (inset). (B) *C. albicans* colonisation of control and isotonic medium treated tissue 1 hpb. (C) Quantification of *C. albicans* colonisation 1 hpb.  $N = 21$  control and 18 isotonic treated larvae per condition. (D) mNeon-tagged *C. albicans* colonisation of *Tg(LyzC-BFPxMpeg1.1-mCherry)* larvae 24 hpb. Dashed line indicates tailfin boundary. (E–G) Quantification of larvae burned as in D showing *C. albicans* colonisation (E,  $N \geq 26$  control and 27 isotonic treated larvae), neutrophil recruitment (F,  $N \geq 20$  control and 22 isotonic treated larvae) and macrophage recruitment (G,  $N \geq 14$  control and 19 isotonic treated larvae) over time. Scale bar = 50  $\mu$ m in B, D. Asterisk indicates  $p < 0.05$  by two-tailed Mann-Whitney test (C) and two-way ANOVA (E–G).



**FIGURE 4** Keratinocyte dynamics enable microbial colonisation of burn wounded tissue. (A) Schematic of photoconversion experiment. *Tg(Krt4-H2B-Dendra2)* larvae were photoconverted to track zone 2 keratinocytes following exposure to far red-expressing *C. albicans*. Images show spatial localisation of *C. albicans* (magenta) relative to zone 2 keratinocytes (yellow) with the indicated treatment 1 hpb. Dashed box indicates region of inset shown below. Scale bar = 100 and 20  $\mu\text{m}$  (inset). (B) *C. albicans* colonisation of wound area 24 hpb. Larvae were treated with medium supplemented with NaCl to a final concentration of 10 mOsm (Control), 135 mOsm or 270 mOsm (Isotonic). Dashed line indicates tailfin boundary. (C) Quantification of *C. albicans* colonisation from B.  $N = 29$  larvae for each condition. (D) *C. albicans* colonisation of wound area 24 hpb. All larvae were burned in control medium, and treatment with isotonic medium began 1 hpb. Dashed line indicates tailfin boundary. (E) Quantification of *C. albicans* colonisation from D.  $N = 28$  control and 29 isotonic treated larvae. Scale bars = 50  $\mu\text{m}$  unless otherwise indicated. Asterisk indicates  $p < 0.05$  by Kruskal-Wallis test (C) and independent t-test (E).



reduce, but not eliminate, keratinocyte motility. Following burn injury, we observed that larvae treated with 135 mOsm medium had an intermediate level of *C. albicans* colonisation relative to control and isotonic medium treated fish at 24 hpb, supporting a role for keratinocyte migration in enabling microbial colonisation (Figure 4B,C). In all previous experiments to this point, larvae exposed to isotonic medium were treated for 6 h following burn, but keratinocyte migration only occurs for 1 h. Therefore, it remained possible that the reduced colonisation of viable zone 2 tissue that we observe in isotonic conditions was due to an effect of isotonic medium that is independent of keratinocyte motility. To determine whether this was the case, we delayed isotonic medium treatment until 1 hpb. Assessing *C. albicans* colonisation 24 hpb revealed that delayed isotonic medium treatment resulted in no difference in fungal burden relative to control fish (Figure 4D,E). This demonstrates the importance of early keratinocyte migration specifically in promoting increased *C. albicans* colonisation of burn wounded tissue.

### 3.5 | Topical saline treatment improves the healing potential of burned human skin

Standard of care for initial large burn wound treatment includes administering intravenous fluids to resuscitate the patient, allowing for perfusion of damaged tissue.<sup>38</sup> Because of the importance of fluid balance in healing burn injuries, in combination with our findings from larval zebrafish, we hypothesised that topical application of isotonic medium (saline) to human skin may improve burn wound healing.

We devised a method of testing this hypothesis by using cultured human skin, which was burned and cultured as previously described.<sup>25</sup> Untreated skin biopsies were left exposed only to air, while treated biopsies were topically exposed to either sterile water (hypotonic solution) or saline (isotonic solution) for 1 day post-burn (1 dpb) (Figure 5A). Skin biopsies were taken up to 6 dpb as this coincides with the phase of burn wound expansion, and cell viability indicated by LDH staining was used to quantify burn depth (Figure 5B,C).<sup>26</sup> We found that burn depth was unchanged 1 dpb regardless of treatment, highlighting that our burn wound paradigm was able to produce wounds of consistent depth. In untreated samples, we noted the expansion of burn depth over time such that by 2 dpb and extending to 6 dpb burn depth had increased from an average depth of  $828 \pm 50.7 \mu\text{m}$  to  $1069 \pm 63.6 \mu\text{m}$  and  $1316 \pm 94.8 \mu\text{m}$ , respectively. This represents a nearly 60% increase in burn depth over 6 days and is indicative of burn wound conversion (Figure 5D). Treatment of skin samples with sterile water showed reduced burn wound conversion with burn depth only increasing from  $884 \pm 73.4 \mu\text{m}$  to  $1034 \pm 68.0 \mu\text{m}$  over the first 6 days post-burn. However, treatment with isotonic saline showed no evidence of wound expansion that would indicate burn wound conversion and instead exhibited a slight decrease in wound depth. Burn depth of saline-treated samples decreased from  $710 \pm 34.1 \mu\text{m}$  to  $689.4 \mu\text{m}$  over 6 days, indicating potential wound healing (Figure 5D).

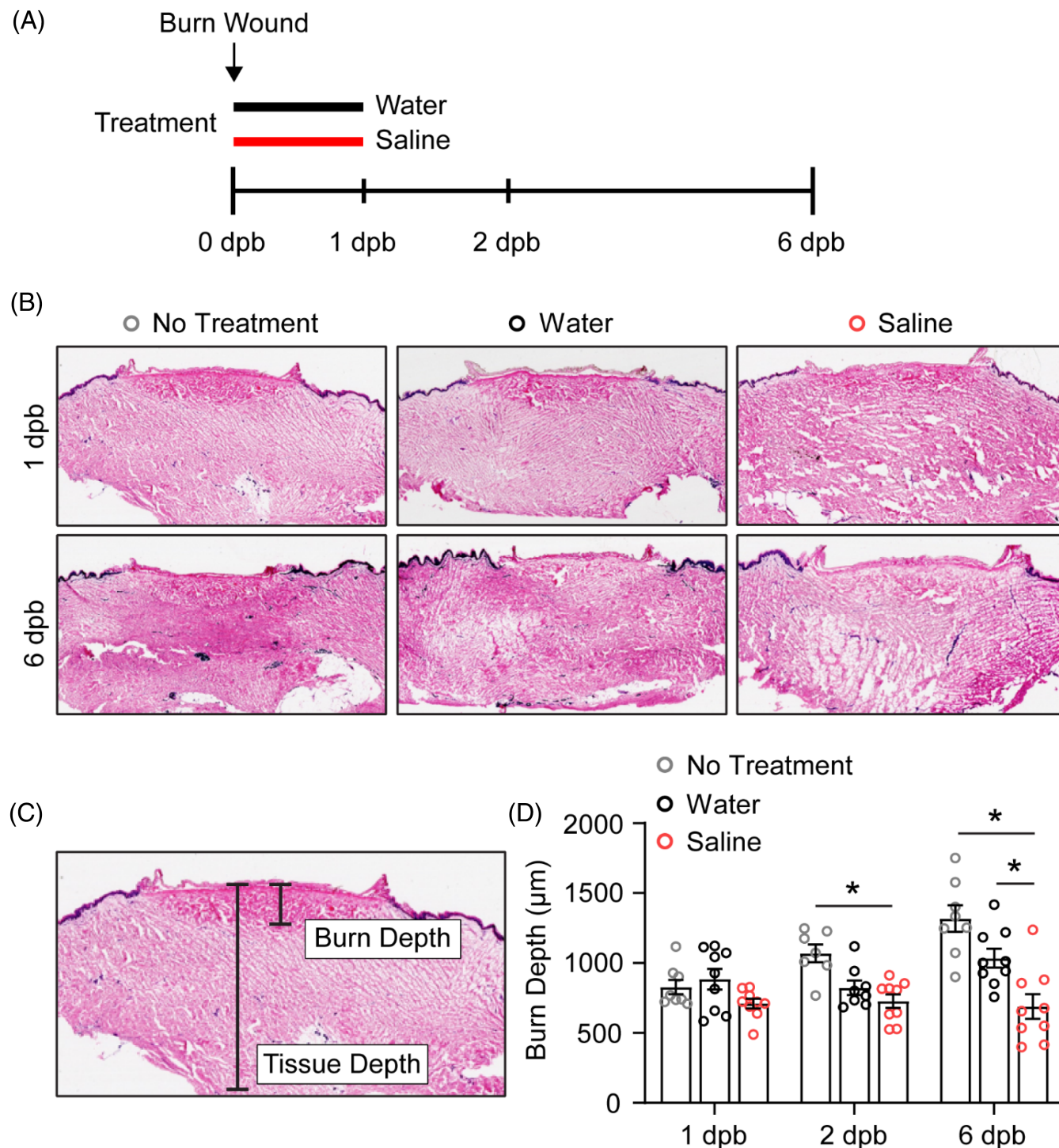
## 4 | DISCUSSION

Burn wound conversion influences the healing potential of burn wounds and is associated with secondary morbidities such as wound infection.<sup>6</sup> However, the mechanistic basis for burn wound conversion and its precise link to wound infection remain unclear. Here, we identify that keratinocyte behaviour promotes burn wound conversion following injury and is associated with wound infection. We find that microbial colonisation of viable zone 2 tissue, analogous to the zone of stasis in humans, is significantly greater in larvae that exhibit increased epithelial damage resulting from keratinocyte migration. In contrast, preventing keratinocyte migration by treatment with isotonic medium results in significantly reduced colonisation of viable tissue, demonstrating the potential for isotonic medium treatment to limit burn wound infection.

Successful tissue repair requires the coordinated migration of keratinocytes,<sup>39,40</sup> and we previously found that burn injury induces dysregulated keratinocyte migration compared to mechanical tissue damage in zebrafish.<sup>19</sup> Unlike the migratory response to mechanical injury, in which keratinocytes are able to terminate migration within minutes upon reaching the wound edge, burn injury results in keratinocyte migration that lasts approximately 1 h, suggesting the lack of a migratory stop signal. While our findings here link the process of keratinocyte migration to burn wound conversion, more work is needed to identify the mechanistic link between early keratinocyte behaviour and widespread cell death that we observe in the tissue region analogous to the zone of stasis. An attractive hypothesis is that aberrant keratinocyte damage signalling promotes chronic inflammation, a process thought to contribute to burn wound conversion in human patients. Indeed, our laboratory has previously shown that burn wounding results in tissue-scale oxidative stress and chronic inflammation.<sup>17,19</sup> Furthermore, we show here that isotonic medium treatment significantly reduces immune cell recruitment to burned tissue in sterile conditions, supporting a potential role for keratinocyte migration in mediating inflammatory signalling after tissue injury.

Epithelial damage and inflammation are also associated with wound infection in burn patients. Our data support this association in zebrafish, with robust *C. albicans* colonisation evident in control larvae. Limiting epithelial damage by treatment with isotonic medium significantly reduced *C. albicans* colonisation, with nearly 50% (12 out of 27) of treated larvae exhibiting no observable *C. albicans* by 24 hpb. These observations suggest that, at least in zebrafish, *C. albicans* colonisation of burned tissue relies on viable keratinocytes physically migrating into zone 1 tissue where *C. albicans* initially exists. While we focused our current investigation *C. albicans*, our finding that isotonic medium treatment limits wound colonisation by affecting the host response—keratinocyte migration—not a fungal-specific pathway, leads us to hypothesise that isotonic medium may provide a general means of limiting burn wound infection across microbial flora.

While there are clear limitations in trying to apply our model of migration-mediated epithelial damage to human skin, our findings nonetheless demonstrate the potential for isotonic saline to improve burn wound healing. Aside from the obvious anatomical and



**FIGURE 5** Treatment with topical saline improves burn wound healing potential of cultured human skin. (A) Experimental timeline for burn wounding of cultured human skin. The indicated treatments were applied topically for 1 day post-burn (dpb), and frozen skin sections were taken at each time point indicated. (B) Representative images of frozen skin sections stained with LDH to assess tissue viability. (C) Image showing method of quantification for burn depth. Blinded analysis was performed to measure LDH stained tissue. (D) Quantification of burn depth over time with the indicated treatment.  $N = 7-9$  replicates from 3 subjects. Each subject contained up to 3 technical replicates. Asterisk indicates  $p < 0.05$  by two-way ANOVA.

environmental differences between larval zebrafish and human skin, there are distinct differences in the processes and timing of events that regulate tissue repair across species. For example, the lack of

rapid keratinocyte migration in human skin, where keratinocytes migrate little and burn wounds heal comparatively slowly, highlights that a different mechanism must explain the observed benefit of

topical saline treatment to burned human skin. Nevertheless, existing studies have explored the use of saline treatment in both mammalian models and burn patients. Treatment with saline showed promise when used as a washing agent in a small trial of paediatric burn patients.<sup>41</sup> One hour daily washing of the burned region with saline improved burn wound healing and reduced the likelihood of burn wound infection, albeit not to the level of statistical significance.<sup>41</sup> Despite the small sample of patients, this study showed the potential benefit of saline treatment and is generally consistent with our findings; however, based on our data it is tempting to speculate that saline treatment may have provided a greater benefit to patients if treatment was started earlier. While many patients were not seen for treatment until hours, if not days, following burning, our data suggest that the most impactful window for saline treatment would be immediately after wounding to abate progressive spread of damage in the zone of stasis. Highlighting the importance of the timing window for treatment with saline, a separate study showed saline was associated with mild patient discomfort.<sup>42</sup> This trial involved long-term treatment in which patients were dressed with saline-soaked bandages over several days. Importantly, this is not consistent with how our data suggest that saline treatment should be used to maximise the earliest benefits of limiting tissue damage.

In addition to determining the optimal timing for treatment of burn wounds, it is paramount to understand how potential treatment works at the molecular level. Our data suggest that isotonic solution may benefit burn wound healing by preserving the zone of stasis. Other studies have targeted burn wound conversion to improve burn wound healing, primarily by reducing inflammation and apoptotic cell death. One study comparing saline and platelet-rich plasma injected into the zone of stasis in burned rabbits found significantly less apoptosis when burns were injected with platelet-rich plasma. This resulted in a greater amount of vital tissue 3 days post-burn.<sup>43</sup> Similarly, treatment with the phosphodiesterase inhibitor Udenafil improved burn wound healing in rats by limiting the spread of necrotic tissue and dampening inflammation into the zone of stasis.<sup>44</sup> Interestingly, this study included saline controls; however, saline was administered orally, as opposed to topically as in our study. These studies highlight that a primary goal of burn wound therapeutics is to preserve the zone of stasis and that limiting cell death and inflammation is a common target. However, they also suggest potential species-specific differences in the wound healing process. For example, in zebrafish we found the contribution of apoptosis to cell death was relatively limited. Therefore, more work is needed to better understand how saline preserves the zone of stasis in zebrafish, prior to translating these findings to mammalian models.

The unique benefits of the zebrafish model organism lie in the ability to visualise the tissue response to burn injury at the cellular level, allowing new insights into burn wound pathology. Our future studies will extend this work to focus on the long-term impact of keratinocytes with the goal of identifying the conserved signalling pathways that link early migratory behaviour with eventual death of cells in the zone of stasis. Identification of such pathways will benefit researchers working across the spectrum of model organisms. Finally,

our work using zebrafish and cultured human skin suggests that immediate topical application of saline could be explored as a useful first aid intervention. An issue facing burn wound care providers is the lack of consensus on the best course of pre-hospitalisation care for burn injuries.<sup>45–47</sup> However, it is clear that a goal of such treatment should be to limit the spread of damage associated with burn wounds. Future studies aimed at better understanding how saline treatment prevents damage in mammalian skin, as well as optimising the timing of saline treatment to limit burn wound damage, are needed to achieve this goal.

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## CONFLICT OF INTEREST STATEMENT

The authors declare no competing financial interests.

## DATA AVAILABILITY STATEMENT

Data will be made available upon request.

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## SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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