## PERSPECTIVE

# Iron metabolism, oxidative stress, and neonatal brain injury

The brain injury associated with neonatal hypoxia ischemia (HI) is a major contributor to neonatal mortality and neurodevelopment retardation. Approximately 30–40% of infants with brain injury will die and 20–40% of survivors will develop significant neurological disorders and lifelong disability, such as cerebral palsy, seizures, visual impairment, mental retardation, learning impairment and epilepsy. Preterm birth is a high risk factor for neonatal brain injury. In the U.S., nearly 12% of babies are born preterm, and care of preterm infants accounts for more than half of pediatric health care dollars spent (Juul and Ferriero, 2014). A greater understanding of the complex mechanisms that result in neonatal hypoxia ischemic brain injury is the key to developing new protective therapeutics.

Both excitotoxicity and inflammation play important roles in the neuronal death associated with hypoxia-ischemic brain. Excessive Ca<sup>2+</sup> influx induced by glutamate receptor activation, activates proteases, phospholipases, endonucleases, and inhibits protein synthesis in neuron (Lipton and Rosenberg, 1994; Jin et al., 2010). The excessive Ca<sup>2+</sup> influx also activates neuronal nitric oxide synthase to generate nitric oxide (NO). NO has been considered a mediator of cerebral ischemic brain injury since it was observed that there is a burst of NO production in the rat brain at the initiation of the cerebral ischemia (Kader et al., 1993). However, the role of NO in the developing brain remains incompletely understood. It has been suggested that NO derived from endothelial (e)NOS is protective to the ischemic brain (Cimino et al., 2005), while delayed NO produced by inducible (i)NOS causes prolonged damage (Iadecola et al., 1997). But the most likely source of the early burst of NO is *via* the calcium mediated activation of neuronal (n)NOS (Huang et al., 1994). Previously, we have shown that nNOS is detected in the developing forebrain in the 10-day-old mouse embryo (E10). From E14 to E18, the highest level of expression was in the cortical plate neurons. However, this expression diminished with time; in the adult there were only a few nNOS-positive neurons in the deep layers of the cortex. Thus, nNOS expression in the developing brain, correlates with regions of selective vulnerability to hypoxic-ischemic injury, and supports a role for NO in hypoxic-ischemic injury in the developing brain (Black et al., 1995). In adult  $nNOS^{-/-}$  mice, brain infarct volumes are significantly less after permanent middle cerebral artery occlusion (Huang et al., 1994). Similarly, neonatal nNOS<sup>-/-</sup> mice have less severe injury when exposed to HI (Ferriero et al., 1996). These studies have helped to clarify that nNOS derived NO contributes to the development of HI brain injury. But it is still not clear the mechanisms by which NO is involved in the HI brain injury. Some have suggested that nNOS-derived NO activates the p38MAPK pathway that leads to neuronal death (Li et al., 2013). This is supported by our previous studies that the activation of p38MAPK appears to be an initiator event which in turn results in an increase in oxidative stress through its ability to phosphorylate and activate the p47<sup>phox</sup> subunit of NADPH oxidase resulting in an increase in superoxide generation (Lu et al., 2012). Reactive oxygen species (ROS), such as superoxide, can damage neuronal cells through lipid peroxidation, protein oxidation, and DNA damage. Intracellular ROS are mainly processed by a highly complex and integrated antioxidant defense system composed of the enzymes CuZnSOD, MnSOD, catalase,



GPx, and glutathione reductase, as well as non-enzymatic substances such as vitamin A, C, and E and low molecular weight molecules, including reduced GSH (Jiang et al., 2004). The ability to scavenge ROS is especially important for the protection of developing neonatal brain as it has high concentration of lipids, relatively high oxygen consumption, and low antioxidant defense systems, both enzymatic and non-enzymatic. Indeed our prior studies have shown that peak antioxidant defense protein levels, especially GPx, do not occur until later developmental ages (Khan and Black, 2003). However, the potential for antioxidant enzymes to exert neuroprotection is complex. For example, neonatal SOD1 over-expressing mice have increased brain injury. This appears to be due to the transgenic neonatal mice SOD1 is capable dismutate superoxide into hydrogen peroxide  $(H_2O_2)$ , but without the compensatory capacity of catalase or GPx, H<sub>2</sub>O<sub>2</sub> accumulates to toxic levels. This enzymatic imbalance may be responsible for the increased free radical induced damage in the neonatal brain (Fullerton et al., 1998). As brain catalase levels are low compared to other tissues, we have suggested that GPx may be the important anti-oxidant enzyme in protecting the neonatal brain against HI injury, by showing that H<sub>2</sub>O<sub>2</sub> levels are significantly increased by oxygen glucose deprivation (OGD) in hippocampal slice cultures and by HI in the neonatal rat brain. Further, using the AAV gene delivery of GPx1, to scavenge H<sub>2</sub>O<sub>2</sub>, significantly attenuates the neuronal HI injury (Lu et al., 2012). More recently, we have been able to link increased generation of NO and H<sub>2</sub>O<sub>2</sub> with the neuronal injury associated with neonatal HI via changes in cellular iron metabolism. As there is rapid growth in early infancy the requirement for iron increases markedly. As such, the infant has a total body iron content of approximately 80 mg/kg, much higher than that in the adult. The requirement for iron in the brain is particularly high during neurodevelopment, primarily because iron is an enzymatic cofactor in myelinogenesis (Hare et al., 2015). Iron and transferrin levels have been reported to be high in cerebrospinal fluid, especially in perinatal brains (Erikson et al., 1997). Prior work has also shown that, in the neonatal HI rat brain, iron deposition increases rapidly in regions of ischemic injury, suggesting that HI induces a rapid accumulation of free iron in the brain (Palmer et al., 1999), while iron accumulation in oligodendrocytes induces their apoptosis (Rathnasamy et al., 2015). Further, we have recently identified a link between the increased NO generation associated with neonatal HI and the increase in iron deposition (Lu et al., 2015). The main mechanism for the regulation of intracellular iron homeostasis relies on a coordinated control of transferrin receptor (TfR)-mediated iron uptake and ferritin-mediated iron sequestration. The expression of TfR and ferritin is controlled by a process involving mRNA-protein interactions. The mRNA's of both TfR and ferritin contain structural motifs known as "iron response elements" (IREs), which can be bound by iron regulatory protein 1 (IRP-1) in response to intracellular iron levels. IRP-1 is activated when NO directly attacks the Fe-S cluster of aconitase, inducing its disassembly and switching the enzyme to IRP-1 (Pantopoulos and Hentze, 1995). This results in IRP-1 binding to IREs in TFR and ferritin and the subsequent attenuation of the degradation of the TfR mRNA and the simulataneous decrease in the translation of the ferritin mRNA. This produces a simultaneous increase in iron uptake and a decrease in iron sequestration. We have recently shown that a similar mechanism is responsible for the increase in iron deposition in the neonatal brain exposed to HI and that both NOS inhibition and iron scavenging decreased iron accumulation and reduced neonatal brain injury. Further, we identified that the mechanism by which the increase in free iron caused neuronal cell death is via its reaction with H<sub>2</sub>O<sub>2</sub> via



Figure 1 Nitric oxide dependent hydroxyl radical generation in neonatal hypoxia ischemia brain injury.

Neonatal brain possess a number of enzymatic systems such as NADPH oxidases, xanthine oxidase, and mitochondria that generate reactive oxygen species, under hypoxia ischemia condition, can cause brain injury. When high concentration of superoxide is present, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) produces highly reactive hydroxyl radical ( $^{-}$ OH), with Fe<sup>2+</sup> through Fenton reaction. Nitric oxide modifies the [4Fe-4S] clusters of aconitase to iron response protein 1 (IRP-1) and regulates cellular iron homeostasis, which responds to the hypoxia ischemia induced hydroxyl radical generation.

Fenton chemistry that results in the generation of the highly reactive hydroxyl radical (•OH) (Lu et al., 2015) (**Figure 1**).

Thus, in conclusion there is a complex interplay between NO, oxidative stress and iron metabolism that underlies the neuronal cell death associated with neonatal HI. We speculate that therapies targeted at reducing  $H_2O_2$  levels or preserving the Fe–S cluster of aconitase may be effective in reducing the morbidity and mortality associated with neonatal HI. However, it is worth noting that recent studies in Alzheimer's disease have identified a role for Ca<sup>2+</sup>-sensing receptors (CaSRs) and CaSR antagonism using calcilytics suppresses the pathologic signaling associated with A $\beta$ -CaSR (Dal Pra et al., 2015). Thus, CaSR antagonism may also be a therapeutic approach worth investigating in neonatal HI brain injury either alone or in combination with therapies that reduce  $H_2O_2$  or preserve aconitase activity.

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