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A Case-Control Study to Identify Risk Factors for Totally Implantable **Central Venous Port-Related Bloodstream Infection**

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Purpose

To date, the risk factors for central venous port-related bloodstream infection (CVP-BSI) in solid cancer patients have not been fully elucidated. We conducted this study in order to determine the risk factors for CVP-BSI in patients with solid cancer.

Materials and Methods

A total of 1,642 patients with solid cancer received an implantable central venous port for delivery of chemotherapy between October 2008 and December 2011 in a single center. CVP-BSI was diagnosed in 66 patients (4%). We selected a control group of 130 patients, who were individually matched with respect to age, sex, and catheter insertion time.

Results

CVP-BSI occurred most frequently between September and November (37.9%). The most common pathogen was gram-positive cocci (n=35, 53.0%), followed by fungus (n=14, 21.2%). Multivariate analysis identified monthly catheter-stay as a risk factor for CVP-BSI (p=0.000), however, its risk was lower in primary gastrointestinal cancer than in other cancer (p=0.002). Initial metastatic disease and long catheter-stay were statistically significant factors affecting catheter life span (p=0.005 and p=0.000). Results of multivariate analysis showed that recent transfusion was a risk factor for mortality in patients with CVP-BSI (p=0.047).

Conclusion

In analysis of the results with respect to risk factors, prolonged catheter-stay should be avoided as much as possible. It is necessary to be cautious of CVP-BSI in metastatic solid cancer, especially non-gastrointestinal cancer. In addition, avoidance of unnecessary transfusion is essential in order to reduce the mortality of CVP-BSI. Finally, considering the fact that confounding factors may have affected the results, conduct of a well-designed prospective controlled study is warranted.

Key words

Neoplasms, Catheter-related infections, Risk factors

Introduction

Totally implantable port systems have been used for more than 20 years for administration of anti-cancer drugs, hydration, and parenteral nutrition. They offer greater advantages over central venous catheters, including their semi-permanent nature, ease of use, and fewer associated complications [1-3]. A further reduction in the complication rate has recently been achieved through the use of ultrasonography

to guide insertion [4]. However, several studies have reported a number of common complications after central venous port insertion. Complications include infection (5-26%), thrombosis (2-26%), catheter malposition, catheter fracture, and catheter migration [5,6]. In particular, with respect to infectious complications, special care is needed due to the risk of sepsis related to mortality, the cost of medical treatment, and the duration of hospitalization [7,8]. Therefore, identification of risk factors of central venous port-related bloodstream infection (CVP-BSI) is important for proper management of patients with central venous ports and for adjusting risk in a surveillance program of central venous port in solid cancer [9,10]. To date, the risk factors for CVP-BSI in solid cancer patients have not been fully elucidated. In previous studies, incidence and risk for CVP-BSI varied according to the type of cancer [11,12]. In a prospective cohort study, the risk of CVP-BSI was lower in esophageal and colorectal cancer than in other solid cancers, and it was higher for right-sided lines and number of prior line insertions [13]. In another recent study, independent risk factors associated with CVP-BSI were World Health Organization (WHO) performance status between 2 and 4, catheter utilization-days in the previous month, pancreatic cancer, and parenteral nutrition [14].

We conducted this retrospective case control study in order to obtain data from our institution with respect to the incidence of CVP-BSI, the pattern of microbiologic organism, response to antibiotic therapy and risk factors for CVP-BSI in solid cancer patients, because the results of these data differed according to each institution and author.

Materials and Methods

1. Patients

We performed a retrospective review of the medical records of 1,642 patients with solid cancer who underwent central venous port insertion in Seoul St. Mary's Hospital between October 2008 and December 2011. We evaluated the infectious complications and attempted to determine the primary cause of fever by investigating patients who were considered to have a CVP-BSI based on the result of blood culture test. We defined CVP-BSI as at least one positive blood culture from a peripheral vein and no other apparent source, with positive culture for the catheter segment and a peripheral blood sample; differential period of central venous port culture versus peripheral blood culture positivity of 2 hours; or isolation of the same organism from central and peripheral blood with no other apparent source of infection. These infections were classified according to the definition of catheter related bloodstream infection by the Centers for Disease Control and Prevention (CDC). In the current study, we considered CVP-BSI only as being definite or probable on the basis of above mentioned criteria [15].

2. Methods

The inserted ports were all implantable catheters, which

were made of silicone and the port chamber was composed of titanium. Four types of central venous ports were used: Vortex port (Angio Dynamics Co., UK Ltd., Cambridge, UK), Bard port (Bard Co., Salt Lake City, UT), Vaxcel port (Navilyst Medical Co., Marlborough, MA), and Healthport (Baxter Healthcare SA, Zurich, Switzerland). The insertions were performed in the intervention room of the radiology department. We noted clinical factors including age, sex, diagnosis of primary cancer, underlying disease, the presence of neutropenia or thrombocytopenia, and administration of prophylactic antibiotics.

In this study, we performed a case control study after selection of the control group (non-infection group). In observational studies, the level of causality is usually low because confounding variables are not controlled. Therefore, this study was performed as a case control study by matching the control group using a propensity scoring method in this study in order to increase the level of causality [16].

For patients with CVP-BSI, we selected a control group of patients who were individually matched for age, sex, and insertion time. To determine the risk factors for CVP-BSI, we attempted to determine the existence of statistical differences between the infection group and the matched control group with respect to host, tumor, and catheter factors. The host factors included underlying disease, transfusion after central venous port insertion, and neutropenia occurring after chemotherapy. Tumor factors were primary tumor site, and disease status (localized vs. metastatic), and catheter factors were catheter location (Rt. vs. Lt.) and catheter approach (subclavian vs. jugular). We also investigated monthly catheter-stay duration, which was defined as the number of catheter utilization days per month.

Catheter life span was calculated from the insertion date to the date of death or the removal date. We also determined which of these factors influenced catheter life span, and in the infection group, which factors were associated with death due to CVP-BSI. The survival of each patient was calculated as the duration between the day of CVP-BSI diagnosis and death or the last follow-up day.

We evaluated the statistical significance of the effect of baseline characteristics, microbiology, and the treatment course on the duration of survival. The baseline characteristics included the host, tumor, and catheter factors as described above. Also included was the season in which the infection occurred, the presence of fever, previous surgery history, use of total parenteral nutrition within the previous month, presence of shock, presence of neutropenia and thrombocytopenia, disseminated intravascular coagulation profile, and length of hospital stay. The treatment factors included the timing of antibiotic administration, microbiologic remission, port removal, and presence of combined infection.

3. Statistical analysis

Analysis was performed using SAS ver. 9.2 (SAS Institute Inc., Cary, NC) and SPSS ver. 20.0 (SPSS Inc., Chicago, IL) software packages. We showed descriptive data as a median value (range) and percentage (%). In this study, a propensity scoring method was used for correction of the statistical difference of baseline characteristics between non-randomized groups. We set three variables as matching factors; age, sex, and insertion time, as variables influencing the treatment group. Matching was done for extraction of the control group (non-infection group) matched with the case group (infection-group) according to the matching factors. The insertion date was reported in years and months because the interns or residents who manipulate the central venous ports are routinely changed every month at our hospital. By logistic regression, we calculated the propensity score and performed individual matching according to this score. Finally, we analyzed the matched data. For the 66 patients with CVP-BSI, we selected a control group of 130 individually matched patients, and investigated the risk factors for the CVP-BSI group compared to the control group using Cox proportional-hazards regression.

We attempted to determine the factors that influenced catheter life span using the Kaplan-Meier method. In addition, we determined the statistical significance of the effect of baseline characteristics, microbiology status, and the treatment course on the duration of survival by a forward selection procedure using Cox proportional-hazards regression.

Results

1. Baseline characteristics of patients

Of 1,642 patients who underwent central venous port insertion, 1,076 patients (65.7%) were male and 562 patients (34.3%) were female, with a combined median age of 63 years (range, 16 to 91 years). The most common cancer was lung cancer in 380 patients (23.1%), followed by upper gastrointestinal tract cancer, including esophageal cancer, stomach cancer in 297 patients (18.1%), colorectal cancer in 236

Table 1. Comparisons between the CVP-BSI group and the matched non-infection group

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Parameter	Infection (n=66)	Non-infection (n=130)	p-value
Age (yr)			
Median (range)	64 (23-78)	64 (25-78)	-
Gender			
Male	44 (66.7)	80 (61.5)	-
Female	22 (33.3)	50 (38.5)	-
Diagnosis			
Thoracic cancer ^{a)}	27 (40.9)	29 (22.3)	0.008
Gastrointestinal cancer ^{b)}	13 (19.7)	73 (56.2)	0.000
Other cancer ^{c)}	26 (39.4)	28 (21.5)	0.011
Underlying disease ^{d)}	30 (45.5)	67 (51.5)	0.452
Disease status			
Localized	39 (59.1)	63 (48.5)	0.176
Metastatic	27 (40.9)	67 (51.5)	-
Catheter position			
Subclavian	4 (6.1)	1 (0.8)	0.045
Jugular	62 (93.9)	129 (99.2)	-
Prophylactic antibiotics	9 (13.6)	8 (6.2)	0.106
Transfusion history ^{e)}	19 (28.8)	76 (58.5)	0.000

Values are presented as number (%). a Cancer arising in the thorax (lung cancer, esophageal cancer), b Stomach cancer, colorectal cancer, hepatobiliary cancer, pancreatic cancer, o'Lymphoma, head and neck cancer, breast cancer, urogenital cancer, sarcoma, gynecologic cancer, carcinoma of unknown primary, dilistory of diabetes mellitus, hypertension, active tuberculosis, chronic hepatitis or liver cirrhosis, other cerebrovascular disease, eln the infection group, transfusion until central venous port-related bloodstream infection (CVP-BSI), in the non-infection group, transfusion until the censored time.

patients (14.4%), hepatobiliary cancer in 167 patients (10.2%), head and neck cancer in 144 patients (8.8%), and pancreatic cancer in 110 patients (6.7%).

We compared the baseline characteristics of the CVP-BSI and matched control group (Table 1). The median age of patients was 64 years in both groups (range, 23 to 78 years and 25 to 78 years). Thoracic cancer, including lung cancer, and esophageal cancer was more frequent in the infection group (p=0.008), while, on the other hand, gastrointestinal cancer, including stomach cancer, colorectal cancer, and he-

patobiliary pancreatic cancer, was more frequent in the noninfection group (p=0.000). In addition to cancer, a number of underlying diseases, including hypertension (21 patients, 32%), diabetes (eight patients, 12%), respiratory disease (five patients, 8%), and cardiovascular disease (three patients, 4.5%) were noted. The subclavian approach was more commonly adopted in the infection group (p=0.045). Transfusion after central venous port insertion was more frequent in the non-infection group (p=0.000).

Table 2. Clinical characteristics and outcomes of the CVP-BSI group

Parameter	No. (%) (n=66)
Primary origin	
Lung cancer	23 (34.8)
Head and neck cancer	12 (18.2)
Stomach cancer	7 (10.6)
Urogenital cancer	5 (7.6)
Esophageal cancer	4 (6.1)
Colorectal cancer	3 (4.5)
Gynecologic cancer	3 (4.5)
Sarcoma	3 (4.5)
Others (breast, hepatobilliary pancreas, lymphoma, CUP)	6 (9.1)
Infection period	
March-May	14 (21.2)
June-August	17 (25.8)
September-November	25 (37.9)
December-February	10 (15.2)
Tumor response to previous chemotherapy	
Partial response-stable disease	26 (39.5)
Progressive disease	26 (39.5)
Not available	14 (21.0)
Chemotherapy history within last month	33 (50.0)
Total parentral nutrition within last month	37 (56.1)
Transfusions after central venous port insertion	19 (28.8)
Combined infection with CVP-BSI	25 (22.7)
Neutropenia (absolute neutrophil count < 1,000/mm³)	11 (16.7)
Thrombocytopenia (platelets < 50,000/mm ³)	8 (12.1)
Disseminated intravascular coagulation profile ^{a)} positive	11 (16.7)
Fever	55 (83.3)
Shock	5 (7.6)
Microbiologic remission ^{b)}	57 (86.4)
Port removal	64 (97.0)
In-hospital mortality	17 (25.8)
Combined infection related with mortality	7 (10.6)
CVP-BSI related mortality	9 (13.6)

CVP-BSI, central venous port-related bloodstream infection; CUP, carcinoma of unknown primary. ^{a)}Increased level of d-dimer, fibrin degradation product, decreased level of antithrombin, ^{b)}Negative conversion of follow up blood culture after treatment.

2. Clinical manifestation and treatment course of the CVP-BSI group

The primary origin of cancer is described in detail (Table 2). CVP-BSI occurred most frequently from September to November (25 patients, 37.9%), and 33 patients (50%) had an infection within one month after chemotherapy (with a median of 21 days after chemotherapy). With respect to tumor response to previous chemotherapy, 26 patients (39.5%) achieved a better than stable disease status, whereas 26 patients (39.5%) experienced progressive disease. After insertion of a chemoport, 19 patients received transfusion before development of CVP-BSI. CVP-BSI showed an association with grade 3 or 4 neutropenia in 11 patients (16.7%) and grade 3 or 4 thrombocytopenia in eight patients (12.1%). Fever was present in 55 patients (83.3%), however, only five patients (7.6%) had accompanying septic shock. After immediate application of antibiotics and removal of chemoport for 64 patients (97%), negative conversion of blood culture test was obtained in 57 patients (86.4%) and death after the occurrence of CVP-BSI was recorded in 17 patients (25.8%). Seven of 17 patients had combined infection that had an influence on mortality. These infections included pneumonia for two patients with lung cancer and one patient with upper gastrointestinal tract cancer, urinary tract infection for one patient with lung cancer and one patient with gynecologic cancer, and gastrointestinal infection for one patient with primary peritoneal cancer and one patient with urogenital cancer.

3. Microorganisms responsible for central venous portrelated infections

Of 66 patients with CVP-BSI, gram-positive cocci, the most common pathogen, were isolated in 35 patients (53.0%), fungi were isolated in 14 patients (21.2%), gram-negative rod

Table 3. Clinical characteristics and outcomes of the CVP-BSI group

Organism	No. (%)
Gram-positive cocci	35 (53.0)
Fungus	14 (21.2)
Gram-negative rod	8 (12.1)
Polymicrobial	8 (12.1)
Non-tuberculosis mycobacteria (NTM)	1 (1.5)
Gram-positive cocci	
Methicillin-resistant coagulase negative	15 (22.7)
Staphylococcus	
Methicillin-resistant Staphylococcus aureus	7 (10.6)
Methicillin-sensitive Staphylococcus aureus	6 (9.1)
Methicillin-sensitive coagulase negative	3 (4.5)
Staphylococcus	
Streptococcus sp.	5 (7.6)
Enterococcus sp.	4 (6.1)
Fungus	
Candida albicans	10 (15.2)
Candida glabrata	5 (7.6)
Candida tropicalis	3 (4.5)
Candida famata	1 (1.5)
Gram-negative rod	
Pseudomonas sp.	7 (10.6)
Klebsiella pneumoniae	3 (4.5)
Acinetobacter baumannii	3 (4.5)
Serratia marcescens	2 (3.0)
Escherichia coli	1 (1.5)
Enterobacter cloacae	1 (1.5)
Non-tuberculosis mycobacteria	
Mycobacterium fortuitum	1 (1.5)

CVP-BSI, central venous port-related bloodstream infection.

bacteria were isolated in eight patients (12.1%), polymicrobial infection was noted in eight patients (12.1%), and nontuberculosis mycobacteria were isolated in one patient (1.5%) (Table 3). Among the gram-positive cocci infections, methicillin-resistant strains of coagulase negative Staphylococcus and Staphylococcus aureus were isolated in 15 and seven patients, respectively. Streptococcus spp. were present in five patients (7.6%), and Enterococcus spp. in four patients (6.1%). In cases of gram-negative rod infection, seven patients (10.6%) were positive for Pseudomonas spp., three (4.5%) for Klebsiella pneumonia, three (4.5%) for Acinetobacter baumannii, and one (1.5%) for Escherichia coli. The fungal infection rate was relatively higher in our study compared with other reports: there were 10 cases (15.2%) of Candida albicans infection, five cases

(7.6%) of Candida glabrata infection, three cases (4.5%) of Candida tropicalis infection, and one case (1.5%) of Candida famata infection.

4. Risk factors for CVP-BSI

Statistically significant factors analyzed by univariate analysis included, the presence of primary gastrointestinal cancer and monthly catheter-stay (p=0.002 and p=0.000). By multivariate analysis, monthly catheter-stay was only a statistically significant risk factor for CVP-BSI (p=0.000), however, its risk in primary gastrointestinal cancer was lower than that of other cancers (p=0.002) (Table 4).

Table 4. Risk factors for CVP-BSI

F .	Univariate			Multivariate			
Factor	HR	95% CI	p-value	HR	95% CI	p-value	
Underlying disease							
No	1.000	-	-	-	-	-	
Yes	1.163	0.911-1.484	0.227	-	-	-	
Transfusion history							
No	1.000	-	-	-	-	-	
Yes	1.033	0.597-1.785	0.907	-	-	-	
Disease status							
Localized	1.000	-	-	1.000	-	-	
Metastatic	1.271	0.993-1.626	0.057	1.147	0.688-1.911	0.599	
Cancer type							
Non-gastrointestinal	1.000	-	-	1.000	-	-	
Gastrointestinal	0.345	0.177-0.672	0.002	0.314	0.171-0.578	0.002	
Catheter location							
Right	1.000	-	-	-	-	-	
Left	1.408	0.523-3.794	0.498	-	-	-	
Catheter approach							
Jugular	1.000	-	-	-	-	-	
Subclavian	0.929	0.651-1.327	0.687	-	-	-	
Monthly catheter-stay ^{a)}							
< 7 days	1.000	-	-	1.000	-	-	
≥7 days	5.508	3.197-9.489	0.000	5.331	3.052-9.313	0.000	
Neutropenia G3-G4							
No	1.000	-	-	-	-	-	
Yes	1.119	0.732-1.569	0.857	-	-	-	
Neutropenia duration (total)							
< 7 days	1.000	-	-	-	-	-	
≥7 days	1.751	0.857-4.952	0.087	-	-	-	

CVP-BSI, central venous port-related bloodstream infection; HR, hazard ratio; CI, confidence interval. ^{a)}Catheter utilization days per month.

Table 5. Factors affecting overall in-hospital mortality of the CVP-BSI group

		Univariate				Multivariate		
Factor -	HR	95% CI	p-value		HR	95% CI	p-value	
Underlying disease								
No	1.000	-	-		-	-	-	
Yes	1.654	0.623-4.397	0.313		-	-	-	
Recent transfusion ^{a)}								
No	1.000	-	-		1.000	-	-	
Yes	4.545	1.639-12.606	0.004		2.975	1.015-8.719	0.047	
Cancer type								
Non-gastrointestinal	1.000	-	-		-	-	-	
Gastrointestinal	1.580	0.577-4.327	0.373		-	-	-	
Disease status								
Localized	1.000	_	_		_	-	-	
Metastatic	1.746	0.637-4.786	0.279		_	-	-	
Monthly catheter utilization days	10. 10	0.007 1.700	0.2,					
<7 days	1.000	_	_		_	-	_	
≥7 days	2.066	0.667-6.402	0.209		_	_	_	
Hospital stay at last month	2.000	0.007-0.402	0.207					
(≥ total 7 days)								
No	1.000				1 000			
		1.062-60.547	0.044		1.000	0.462.22.104	0.210	
Yes	8.020	1.062-60.547	0.044		3.917	0.463-33.104	0.210	
DIC profile	1 000							
Negative	1.000	- 0.400.0.401	-		-	-	-	
Positive	1.176	0.403-3.431	0.767		-	-	-	
Combined infection	0.050	0.400.4.054	0.062					
No	0.373	0.133-1.051	0.062		-	-	-	
Yes	1.000	-	-		-	-	-	
Gram-positive cocci								
No	1.000	-	-		-	-	-	
Yes	0.758	0.265-2.170	0.605		-	-	-	
Gram-negative rod								
No	1.000	-	-		-	-	-	
Yes	0.777	0.290-2.079	0.615		-	-	-	
Fungus								
No	1.000	-	-		-	-	-	
Yes	1.441	0.545-3.808	0.461		-	-	-	
Polymicrobial								
No	1.000	-	-		-	-	-	
Yes	2.513	0.782-5.928	0.138		-	-	-	
Time to first antibiotics								
>4 hr	1.000	-	-		-	-	-	
≤ 4 hr	0.990	0.336-2.923	0.986		-	-	-	
Early CVP removal								
Yes (< 48 hr)	1.000	-	-		-	-	-	
No (≥ 48 hr)	2.135	0.755-6.036	0.153		-	_	-	
Initial antibiotics								
<4 hr	0.990	0.336-2.923	0.986		-	-	_	
$\geq 4 \text{ hr}$	1.000	-	-		_	-	-	
Shock	1.000							
No	0.335	0.044-2.562	0.292		_	_	_	
Yes		-	0.272		-	_		
res	1.000	-	-		-	-	=	

Table 5. Continued

Factor -	Univariate			Multivariate		
	HR	95% CI	p-value	HR	95% CI	p-value
Neutropenia G3-G4						
No	0.342	0.045-2.588	0.299	-	-	-
Yes	1.000	-	-	-	-	-
Central venous port duration						
< 30 days	1.000	-	-	-	-	-
≥ 30 days	0.849	0.298-2.414	0.758	-	-	-
Total parenteral nutrition						
No	1.000	-	-	1.000	-	-
Yes	3.833	1.246-11.788	0.019	2.729	0.838-8.890	0.096

CVP-BSI, central venous port-related bloodstream infection; HR, hazard ratio; CI, confidence interval; DIC, disseminated intravascular coagulation. a)Recent transfusion: transfusion between admission and occurrence of CVP-BSI.

5. Factors affecting catheter life span

Median catheter life span for overall patients was 226 days (range, 6 to 1,104 days). For the CVP-BSI group, median catheter life span was 135 days (range, 6 to 781 days), while in the non-infection group, median catheter life span was 260 days (range, 10 to 1,104 days). Initial localized disease showed longer catheter life span than metastatic disease (p=0.005); and monthly catheter-stay more than seven days showed shorter catheter life span than less than seven days (p=0.000) (Fig. 1).

6. Factors affecting mortality in the CVP-BSI group

We assessed the question of whether any of the clinical factors were associated with overall mortality resulting from CVP-BSI. In addition to baseline characteristics, we included the monthly catheter utilization days, hospital stay within the last month, disseminated intravascular coagulation profile, duration of admission, use of prophylactic antibiotics, combined infection, and the type of microorganism (grampositive cocci, gram-negative rod, fungus, polymicrobial infection, or specific strains of bacteria). We also considered the treatment course followed by each patient (time to first antibiotic administration, microbiologic remission, central

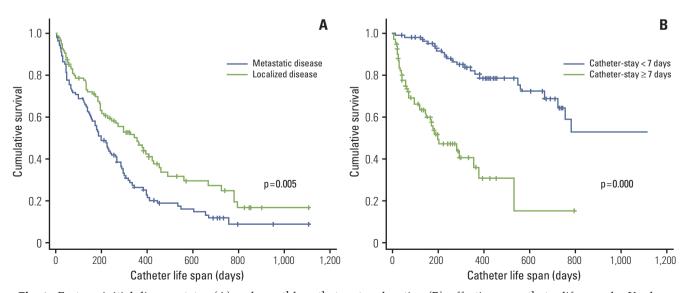


Fig. 1. Factors, initial disease status (A) and monthly catheter-stay duration (B), affecting on catheter life span by Kaplan-Meier analysis.

venous port removal, and the presence and type of associated infection). Results of univariate analysis using the Cox regression model indicated that hospital stay within the last month (≥ 1 week), recent transfusion before CVP-BSI and total parenteral nutrition within the last month were all statistically significant factors (p < 0.05) (Table 5). Transfusions were mostly packed red cells by peripheral venous route and performed between admission and occurrence of CVP-BSI. Results of statistical analysis showed that severe neutropenia did not affect the mortality due to CVP-BSI (p=0.299). In the multivariate analysis, recent transfusion was a statistically significant factor for overall mortality of the CVP-BSI group (p=0.013).

Discussion

The central venous catheter is an important device for delivery of chemotherapeutic drugs, and the central venous port is a totally implantable catheter commonly used because of its convenience, safety, and ability to be implanted for an extended period of time. Many studies have concluded that totally implantable devices had the lowest reported rates of catheter related-bloodstream infection compared to either tunneled or other non-tunneled catheters [17]. However, the risk of infection associated with a central venous port is increased in immunocompromised patients, particularly those with cancer, not only because their catheter is frequently manipulated for treatment, but also due to development of neutropenia after chemotherapy [18].

Results of previous studies on catheter related-bloodstream infections are difficult to interpret because the catheters included central and peripheral or tunneled and non-tunneled catheters [6,19]. However, our study evaluated only totally implantable, non-tunneled central venous ports.

In this study, we set the definition of CVP-BSI as 1) positive tip culture, or 2) differential time to positivity greater than 120 minutes, or 3) isolation of the same organism from central or peripheral blood with no other apparent source of infection. Based on this definition, we identified 66 patients with CVP-BSI from 1,642 solid cancer patients who received a central venous port, and we selected an age-, sex-, and insertion time-matched control group of 130 patients from among those who did not develop an infection.

We did not match the primary origin of cancer because there is no definitive evidence that the primary origin of cancer affects the risk of CVP-BSI [13]. Comparison of the baseline characteristics of the CVP-BSI and matched control groups showed that thoracic cancer was more frequent in the CVP-BSI group, while gastrointestinal cancer was more frequent among the control subjects. Although the subclavian approach was more common in the CVP-BSI group, compared to the control group, only four patients had their central venous port placed via the subclavian approach, while the remaining 62 patients underwent placement via the jugular approach. A higher rate of transfusion after central venous port insertion was observed in the non-infection group compared to the CVP-BSI group. This difference may be because the port was removed in a majority of patients after they developed a CVP-BSI, and, thus, the non-infection group had a relatively longer duration of catheter implantation and therefore more transfusions.

In this study, the most common cancers in patients with CVP-BSI were those of the lung and head and neck.

The frequent CVP-BSI in patients with lung and head and neck cancer could be related to prolonged severe neutropenia induced by high-dose chemotherapy or prolonged radiation therapy. In addition, mucositis of the mouth, nasopharynx, and other respiratory epithelia disrupts the barrier function of the mucosa, leading to microbial invasion [20]. Infections occurred most frequently between September and November, possibly because this season is associated with more cases of influenza and other infectious diseases, so that the immunity of the patients decreased, resulting in development of more cases of CVP-BSI. Similar to recent studies of CVP-BSI associated with neutropenia [21,22], in this study, gram-positive cocci was the most commonly cultured pathogen, accounting for 35 infections (53.0%). Methicillin-resistant strains (coagulase negative Staphylococcus and Staphylococcus aureus) comprised 53% of isolates. This high resistance rate could justify early empirical treatment with glycopeptides for gram-positive central venous port infections. On the other hand, it is noteworthy that Streptococcus species were found in five cases, and these strains may have been associated with mucositis occurring after injury of the oral and intestinal mucosa during severe neutropenic period [23]. The rate of fungal infection was higher than that reported in other studies. Possible explanations for the increased incidence of fungal infection include profound neutropenia after chemotherapy, immunosuppression, frequent administration of total parenteral nutrition, and incorrect manipulation of the central venous port.

In terms of clinical risk factors for CVP-BSI in both univariate and multivariate analyses, monthly catheter-stay duration and primary gastrointestinal cancer were significant. The longer duration of monthly catheter-stay could be related to multiple manipulation of the chemoport, so that the risk of CVP-BSI could be increased. Patients with primary gastrointestinal cancer survived longer and had better performance status than patients with other cancers, such as thoracic cancer; therefore, they had reduced risk of CVP-BSI. This finding is consistent with those of previous prospective studies in which patients with gastrointestinal cancer had lower CVP-BSI risk than patients with other solid tumors [13], and the incidence of CVP-BSI in patients with colorectal cancer was lower than that in patients with other digestive tract cancers [14].

Factors associated with catheter life span were disease status at the time of chemoport insertion, and monthly catheter-stay; similar to the risk factors for CVP-BSI. This similarity in associated factors reflects the fact that most patients with CVP-BSI had to have their central venous port removed. There was a higher rate of infection with methicillin-resistant Staphylococcus aureus, fungi, gram-negative rods, and non-tuberculosis mycobacteria in our study, compared to previous studies. The fact that catheter removal is usually indicated for infections with these organisms explains the higher rate of removal. Early disease progression to death probably had effect on the decrease of catheter life span in metastatic disease compared to limited disease.

We investigated the reason for the higher in-hospital mortality after occurrence of CVP-BSI (17 patients, 25.8%) compared to previous studies and found that CVP-BSI could be considered the true cause of death for only eight patients (12%). We also identified a number of risk factors for mortality in patients with CVP-BSI, including hospital stay within the last month (at least one week), transfusion between admission and occurrence of CVP-BSI, and infusion of total parenteral nutrition within the last month.

The high mortality after a recent transfusion could be explained by several reasons. First, if a transfusion precedes CVP-BSI, the blood transfusion could result in decreased immune function, making the patient vulnerable to CVP-BSI. Several reports have indicated that patients receiving an allogeneic blood transfusion were at increased risk of any type of infection, pointing to possible transfusion-induced immunomodulation [24,25]. Second, CVP-BSI could precede the transfusion and remain asymptomatic until progression to disseminated intravascular coagulation (DIC), ultimately resulting in severe anemia requiring a transfusion. Third, anemia and CVP-BSI could occur simultaneously as a complication of bone marrow suppression after intensive chemotherapy. Therefore, care should be taken in interpreting our results because several factors, including disease status, infection pattern, and associated infections could act as confounding factors.

The risk associated with the recent administration of total parenteral nutrition may be related to the consequent increase in central venous port manipulation, leading to increased opportunity for inoculation with potentially infectious organisms. In other studies, parenteral nutrition was found to be an independent risk factor associated with CVP-BSI [14]. Although results of multivariate analysis did not show that parenteral nutrition was statistically significant,

we cautiously recommend avoiding systematic infusion of parenteral nutrition.

This study had several limitations. First, it was retrospective and conducted at a single center. Second, the catheter as a possible source of CVP-BSI was investigated only in patients who had blood cultures drawn from both the chemoport and a peripheral vein, thus, the number of patients with true CVP-BSI could have been underestimated. Third, because we did not match the non-infection group by primary origin of cancer, selection bias could have influenced the prevalence results.

Conclusion

Despite the safety and convenience of the central venous port, there is a continuing risk of infectious complications. Considering our results for microorganisms, prompt administration of antibiotics covering gram-positive cocci is warranted for patients suspicious of CVP-BSI. If the fever does not resolve within a few days of initial empirical administration of antibacterial agents, antifungal therapy should be considered due to increased incidence of fungal infection. In addition, if the presence of a pathogen which is indicated for catheter removal is confirmed, timely catheter removal is necessary. In analysis of the results with respect to risk factors, prolonged catheter-stay should be avoided as much as possible. It is necessary to be cautious of CVP-BSI in metastatic solid cancer, especially non-gastrointestinal cancer. In addition, avoidance of unnecessary transfusion is essential because it contributes to the mortality of CVP-BSI. Finally, considering the fact that confounding factors may have affected the results, conduct of a prospective controlled study is warranted.

Conflicts of Interest

Conflict of interest relevant to this article was not reported.

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