



Analysis of Mitochondrial Calcium Retention Capacity in Cultured Cells: Permeabilized Cells Versus Isolated Mitochondria

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Jang S, Chapa-Dubocq XR, Fossati S and Javadov S (2021) Analysis of Mitochondrial Calcium Retention Capacity in Cultured Cells: Permeabilized Cells Versus Isolated Mitochondria. Front. Physiol. 12:773839. doi: 10.3389/fphys.2021.773839 In response to various pathological stimuli, such as oxidative and energy stress accompanied by high Ca²⁺, mitochondria undergo permeability transition (PT) leading to the opening of the non-selective PT pores (PTP) in the inner mitochondrial membrane. Opening of the pores at high conductance allows the passage of ions and solutes <1.5 kD across the membrane, that increases colloid osmotic pressure in the matrix leading to excessive mitochondrial swelling. Calcium retention capacity (CRC) reflects maximum Ca²⁺ overload of mitochondria that occurs just before PTP opening. Quantification of CRC is important for elucidating the effects of different pathological stimuli and the efficacy of pharmacological agents on the mitochondria. Here, we performed a comparative analysis of CRC in mitochondria isolated from H9c2 cardioblasts, and in permeabilized H9c2 cells in situ to highlight the strengths and weaknesses of the CRC technique in isolated cell mitochondria vs. permeabilized cells. The cells were permeabilized by digitonin or saponin, and the Ca2+sensitive fluorescence probe Calcium Green-5N was used in both preparations. Results demonstrated the interference of dye-associated fluorescence signals with saponin and the adverse effects of digitonin on mitochondria at high concentrations. Analysis of the CRC in permeabilized cells revealed a higher CRC in the saponin-permeabilized cells in comparison with the digitonin-permeabilized cells. In addition, the mitochondrial CRC in saponinpermeabilized cells was higher than in isolated mitochondria. Altogether, these data demonstrate that the quantification of the mitochondrial CRC in cultured cells permeabilized by saponin has more advantages compared to the isolated mitochondria.

Keywords: permeabilized cells, mitochondria, calcium retention capacity, permeability transition pore, mitochondrial swelling

INTRODUCTION

Mitochondria are the cell powerplants that provide over 90% of ATP required for cell metabolism. Also, mitochondria play a pivotal role in the maintenance of ion homeostasis, cell growth, redox signaling, and cell death. The metabolism and function of mitochondria are regulated by changes in the matrix volume associated with ion fluxes, particularly Ca^{2+} , across the inner

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mitochondrial membrane. At low concentrations, Ca²⁺ induces negligible matrix swelling (Ichas and Mazat, 1998) and stimulates mitochondrial bioenergetics through fatty acid oxidation, tricarboxylic acid cycle, and oxidative phosphorylation (Halestrap, 1994; Tarasov et al., 2012). However, high Ca²⁺ causes excessive mitochondrial swelling leading to mitochondrial dysfunction and cell death. The main mechanism of mitochondrial swelling involves the opening of non-selective channels known as permeability transition pores (PTPs) in low-conductance (physiological) and high-conductance (pathological) modes in the inner mitochondrial membrane (Ichas and Mazat, 1998; Kwong and Molkentin, 2015). Mitochondrial swelling is driven by a high colloid osmotic pressure in the matrix of mitochondria exerted by high Ca²⁺ and non-diffusible matrix proteins. Quantification of the extent of mitochondrial swelling is important for the analysis of mitochondrial damage in response to various pathological stimuli.

The Ca2+ retention capacity (CRC) is broadly used to quantify the extent of PTP opening since CRC indicates the maximum Ca²⁺ uptake that mitochondria reach before PTP opening. Therefore, the amount of external Ca2+ that induces Ca²⁺ release through the PTP reflects the CRC of mitochondria that corresponds to the maximum mitochondrial swelling. The CRC can be quantified in isolated mitochondria and intact cells (without isolation of mitochondria). Although the fundamental knowledge on the structural organization, metabolism, and function of mitochondria, as well as their response to a wide range of diseases, was acquired using isolated cell or tissue mitochondria, the use of isolated mitochondria has several disadvantages (Kuznetsov et al., 2008; Dedkova and Blatter, 2012; Salabei et al., 2014). First, the isolation of mitochondria requires a relatively large quantity of cells or tissues since some parts are lost in the isolation process (centrifugation and washing). Second, isolated mitochondria do not represent all populations of mitochondria since localized in certain mitochondria subcellular compartments (e.g., intrafibrillar mitochondria) are not isolated homogenization. Third, mitochondria, especially by dysfunctional (fragile) mitochondria from pathological cells/ tissues are partially damaged or lost during the isolation process. Fourth, isolation from the essential intracellular environment has severe effects on the morphology, metabolism, and function of mitochondria and changes their sensitivity to exogenous factors.

In this study, we evaluated the CRC in intact cells *in situ* permeabilized by two different biological detergents and in mitochondria isolated from the cultured cells to clarify the advantages and disadvantages of each technique.

MATERIALS AND METHODS

Animals

Adult Sprague Dawley male rats (275–325g) were purchased from Taconic (Hillside, NJ, United States). All experiments were performed according to protocols approved by the UPR Medical Sciences Campus Institutional Animal Care and Use Committee and conformed to the National Research Council Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (2011, eighth edition).

Cells

H9c2 embryonic rat cardioblastic cells were cultured according to the manufacturer's recommendations (American Type Culture Collection, Manassas, VA). Briefly, the cells were cultured in DMEM based modified media containing 4 mM L-glutamine, 4.5 g/L glucose, 1 mM sodium pyruvate, and 1.5 g/L sodium bicarbonate supplemented with 10% fetal bovine serum and 1% antibiotic solution (HyClone) and maintained in 95% air and 5% CO2 at 37°C. Cells maintained within 80–90% confluence from passages 3–10 were used for experiments.

Isolation of Mitochondria From Rat Hearts

The isolation of mitochondria was adopted and modified from previous studies (Chapa-Dubocq et al., 2020). Briefly, heart ventricles were cut and homogenized using a Polytron homogenizer in ice-cold sucrose buffer containing (in mM): 300 sucrose, 20 Tris–HCl, and 2 EGTA, pH 7.2, and supplemented with 0.05% BSA. The heart homogenate was centrifuged at $2000 \times g$ for 3 min to remove cell debris. The supernatant was centrifuged at $10,000 \times g$ for 6 min to precipitate mitochondria and then washed again under the same conditions in sucrose buffer (BSA-free). The final pellet containing mitochondria was resuspended in $300 \,\mu$ l of sucrose buffer.

Isolation of Mitochondria From Cells

To isolate mitochondria from cultured cells, H9c2 cells were trypsinized and pelleted at $200 \times g$ for 7 min (Jang and Javadov, 2018). Pellet was resuspended in ice-cold sucrose buffer containing (in mM): 300 sucrose, 10 Tris–HCl, and 2 EGTA; pH 7.4. Cells were centrifuged at 2,500 × g for 5 min at 4°C, the pellet was resuspended in the sucrose buffer. To disrupt the plasma membrane and expose mitochondria, cells were plunged using a 27G needle until all cells were successfully lysed. The cell lysate was then centrifuged at 400×g for 5 min and the supernatant was collected. The mitochondria were concentrated by centrifugation at 10,000×g for 5 min and finally dissolved with sucrose buffer.

Permeabilization of Cells

The basic principles of the cell permeabilization technique for analysis of mitochondrial function *in situ* have been described in detail elsewhere (Kuznetsov et al., 2008; Dedkova and Blatter, 2012; Salabei et al., 2014). Cells were freshly harvested using trypsin–EDTA then permeabilized in sucrose buffer (300 mM sucrose, 10 mM Tris–HCl, 2 mM EGTA, pH 7.4) containing saponin or digitonin for 10 min on ice. After the permeabilization, cells were washed with equilibration buffer (100 mM sucrose, 10 mM Tris–HCl, 10 μ M EGTA, pH 7.4), then resuspended in incubation buffer (200 mM sucrose, 10 mM Tris-MOPS, 5 mM α -ketoglutarate, 2 mM malate, 1 mM Pi, 10 μ M EGTA-Tris, pH 7.4) containing 100 nM Calcium Green-5 N.

Fluorescence Imaging

To evaluate the effects of permeabilization on mitochondrial function, live H9c2 cells grown to 70–80% confluence were treated with saponin or digitonin for 10 min. Then, the cells were further incubated for 30 min with 300 nM DAPI for visualization of the nucleus and 30 nM Mitotracker Red, a membrane potential-dependent dye. As a positive control, 0.1% Triton X-100 was applied to induce irreversible permeabilization of the plasma membrane leading to structural collapse of the cells. Cell images were captured by an Olympus IX73 microscope with LUCPLFLN10X objective using Cellsense Dimension (Olympus) software.

CRC Assay

The CRC was quantified by the Ca²⁺-sensitive fluorescence dyes Oregon Green 488 BAPTA-1, Calcium Green-5N, or Fluo-5N that measure extramitochondrial Ca²⁺ fluorescence in the assay buffer. Briefly, freshly isolated mitochondria (0.5 mg/ml) or permeabilized fresh cells were incubated at 37°C in 0.1 ml of incubation buffer (200 mM sucrose, 10 mM Tris-MOPS, 5 mM α -ketoglutarate, 2 mM malate, 1 mM Pi, 10 μ M EGTA-Tris, pH 7.4) containing one of the fluorescence dyes. Calcium was added to increase matrix Ca²⁺ load and the fluorescence intensity was recorded by CLARIOStar microplate reader (BMG Labtech).

Mitochondrial PTP Opening

The swelling of mitochondria as an indicator of PTP opening in the presence or absence of Ca^{2+} was determined freshly isolated mitochondria (50µg) by monitoring the decrease in light scattering at 525 nm as previously described, with minor modifications (Rodríguez-Graciani et al., 2020). The swelling buffer contained (in mM): 125 KCl, 20 MOPS, 10 Tris–HCl, 0.001 EGTA, and 2 KH₂PO₄, pH 7.1. The swelling curves were normalized to control and presented as an absorbance ratio.

Statistical Analysis

Data values are presented as mean \pm SE. Student's *t*-test was used to compare differences between two groups. *p* < 0.05 was considered as statistically significant. The number of biological samples but not technical replicates were used as a sample size.

RESULTS

Analysis of Mitochondrial CRC by Different Ca²⁺-Sensitive Fluorescent Dyes

In the first set of experiments, we assessed the sensitivity of three different fluorescent dyes to Ca^{2+} in isolated heart mitochondria. The CRC was measured in 50 µg of mitochondria by using Oregon Green 488 BAPTA-1, Calcium Green-5N or Fluo-5N that possess a dissociation constant (K_d for Ca²⁺) of 0.17 µM, 15 µM, or 90 µM, respectively (**Figure 1**). Results exhibited a different sensitivity of the dyes to Ca²⁺. The Oregon Green 488 BAPTA-1 dye was the most sensitive and CRC reached the maximum at ~60 µM Ca²⁺ (**Figure 1A**) whereas Calcium Green-5N demonstrated the maximum CRC at 200 µM.

(Figure 1B). The CRC of mitochondria was less sensitive to Fluo-5N and could not reach the maximum at 280 µM (Figure 1A). Moreover, inhibition of the mitochondrial swelling by sanglifehrin A, a PTP blocker that inhibits cyclophilin D activity, affected differently the fluorescence intensity of the dyes; inhibition of the CRC was more obvious in the presence of Calcium Green-5N or Fluo-5N (Figures 1B,C) suggesting that the inhibitory effect of sanglifehrin A on mitochondrial swelling depends on the sensitivity of the dyes to Ca2+ as well as on the concentration of Ca2+. It should be noted that decreased CRC was associated with increased PTP opening in the isolated cardiac mitochondria (Figures 1D-F). Ca2+ induces inner membrane expansion and outer membrane rupture (Strubbe-Rivera et al., 2021), leading to the swelling of mitochondria. The increase in matrix volume is accompanied by a decrease in the intensity of light scattered (Tedeschi and Harris, 1955). Thus, these data demonstrate that due to differences in K_d for Ca²⁺, the different Ca²⁺-sensitive fluorescent dyes can be applied for measurement of the CRC at low (Oregon Green 488 BAPTA-1: $K_d = 170 \text{ nM}$), medium (Calcium Green-5N: $K_d = 14 \mu M$), or high (Fluo-5N: $K_d = 90 \mu M$) concentrations of Ca2+. Moreover, we experimentally demonstrated the relationship between mitochondrial swelling and Ca²⁺ efflux in response to Ca2+-induced PTP opening.

The Effects of Permeabilization on Mitochondria

Based on the sensitivity to Ca²⁺ (Figures 1A–C), we used Calcium Green-5N to assess the permeabilization capabilities, potential effects of digitonin and saponin, and the CRC in H9c2 cardioblasts. DAPI, a nuclear staining dye that does not enter non-permeabilized cells, was used to estimate the effectiveness of the detergents to permeabilize the cells. Analysis of permeabilization capabilities demonstrated that both biological detergents at high concentrations have toxic effects on mitochondria, inducing loss of membrane potential (Figures 2A,C,D). The optimal concentrations of the detergents to induce permeabilization of the cells with no effects on mitochondrial functional activity were different for saponin and digitonin. Quantification of DAPI fluorescence to total cells found that saponin levels of 25µg/ml or higher and all digitonin levels used were capable of permeabilizing the cellular membrane (Figures 2A-C). Analysis of Mitotracker Red displayed mitochondria viability ranging from 5 to 100 µg/ml of saponin as well as digitonin levels between 5 and 10µg/ml. Saponin effectively permeabilized the cells at concentrations 25, 50, and 100 µg/ml (Figure 2A), whereas optimal permeabilization of the cells by digitonin was observed at 5 and 10µg/ml (Figure 2C).

To determine whether the detergents have interference with Calcium Green-5 N (**Figure 3**; **Supplementary Figures S2A,B**), the fluorescence intensity of the dye was measured in the assay buffer (no cells) by adding digitonin or saponin at concentrations of 50, 100, and $200 \mu g/ml$. Saponin at $200 \mu g/ml$ demonstrated interference with Calcium Green-5N as evidenced by saturated fluorescence signal in the absence of Ca²⁺ (**Figure 3A**; **Supplementary Figure S2A**) whereas digitonin had no interference with the dye at all concentrations (**Figure 3B**; **Supplementary Figure S2B**).







FIGURE 2 | The effects of permeabilization by saponin and digitonin on mitochondria in live H9c2 cells. The cells were grown to 70–80% confluence and incubated with saponin (A) or digitonin (C) at indicated concentrations for 10 min. Then, the cells were incubated for 30 min with DAPI (*blue*, 300 nM) to visualize the nucleus, as a marker of permeabilization, and with Mitotracker Red (*red*, 30 nM), which is dependent on membrane potential, for visualization of functional mitochondria. Triton X-100 (TX100, 0.1%) was used as a positive control to induce the structural collapse of the cells due to irreversible permeabilization. Images were captured by an Olympus IX73 microscope with LUCPLFLN10X objective using Cellsense Dimension (Olympus) software and quantified using image J for saponin (B) and digitonin (D). Data were divided by total cell count and represented as percent of control from live image count. *n*=3, * *p*<0.05, ** *p*<0.01, *** *p*<0.001 vs. control (Con).





Analysis of the CRC in Permeabilized H9c2 Cardiomyocytes and Isolated Mitochondria

Next, we analyzed the CRC in permeabilized cells *in situ* and in isolated mitochondria *in vitro* to choose the technique which can be used for accurate quantification of mitochondrial CRC in cultured cells. First, we measured the CRC in H9c2 cardiomyocytes permeabilized by saponin or digitonin (**Figure 4A**; **Supplementary Figure S2C**). The cells permeabilized by digitonin at all concentrations (10, 50, and 100 µg/ml) had lower CRC than saponin-permeabilized cells. The cells permeabilized with 50 and 100 µg/ml saponin required approximately 9 and 10 nmol Ca^{2+} , respectively, to induce a massive release of Ca^{2+} whereas nearly 6, 7, and 8 nmol Ca^{2+} were required to open the PTP/Ca²⁺ release from mitochondria of cells permeabilized by 10, 50, and 100 µg/ml of digitonin, respectively.

Considering the negative effects of digitonin on the CRC of mitochondria (Figure 4A; Supplementary Figure S2C), in the next set of experiments, we used saponin-permeabilized cells for comparison of mitochondrial CRC in the permeabilized cells versus isolated mitochondria. An equal number of H9c2 cells (0.6×10^6) were used for permeabilization of cells and isolation of mitochondria. Notably, mitochondrial mass was not decreased significantly (<7%, p < 0.974) in isolated mitochondria in comparison with the permeabilized cells as evidenced by synthase activities in both samples. citrate Results demonstrated that the CRC in permeabilized cells was higher compared to the isolated mitochondria (Figure 4B; Supplementary Figure S2D); 10 nmol Ca²⁺ was required to trigger PTP opening/massive Ca^{2+} release in the cells permeabilized with 50µg/ml saponin whereas isolated mitochondria started swelling at 6 nmol Ca^{2+} indicating at their lower CRC. Thapsigargin, a non-competitive inhibitor of the SERCA, was used to estimate the contribution of sarcoplasmic reticulum to the CRC of mitochondria. The mitochondrial CRC of saponinpermeabilized cells was slightly reduced in the presence of 1µM thapsigargin. As expected, it had no effect on the CRC of the isolated mitochondria (**Figure 4B**; **Supplementary Figure S2D**).

DISCUSSION

In this study, we attempted to compare two techniques for the measurement of the CRC of mitochondria in cultured cells. Results showed that mitochondrial CRC measured in permeabilized cells is higher than that in isolated mitochondria. Also, we found the optimal concentrations of the biological detergents saponin and digitonin required for effective permeabilization of the H9c2 cells with no toxic effects on mitochondrial function ($\Delta \Psi_m$).

A few techniques have been developed for the quantification of mitochondrial PTP/CRC *in vivo* in cells and tissues. 2-deoxy[³H] glucose (DOG) entrapment technique can be applied to measure PTP opening in isolated perfused hearts *in vivo* (Javadov et al., 2005; Ciminelli et al., 2006). In cultured cells, mitochondrial PTP/CRC can be measured directly in intact cells by calcein, a cell-permeant fluorescent probe, the intensity of which is quenched strongly by metal ions, such as Co^{2+} , in the cytosol. Hence, the fluorescence quenching in response





to Ca²⁺ release from mitochondria through the PTP can allow quantifying the extent of pore opening (Petronilli et al., 1999; Hernandez et al., 2014; Teixeira et al., 2015). However, the technique for analysis of the PTP by calcein has several weaknesses. First, Co²⁺ is a heavy metal and has toxic effects on cells. Second, the technique does not allow to specify whether calcein quenching occurs due to its release through mitochondrial PTPs or results from Co²⁺ entry into mitochondria. For example, incubation of cells with calcein in combination with a red-fluorescing potentiometric dye demonstrated that cytosolic calcein can be released from normal mitochondria but enters them upon PTP opening (Jones et al., 2002). Third, calcein-AM entering mitochondria is not cleaved in all cell types such as hepatocytes (Lemasters et al., 1998).

Advantages of the technique for quantification of the CRC in permeabilized cells in situ compared to isolated mitochondria can be explained with the fact that during permeabilization intracellular structural organization of the cells is preserved, allowing to analyze all subcellular populations of mitochondria (Harisseh et al., 2019). Analysis of several types of primary cells and cell lines revealed that mitochondria within individual cells are morphologically heterogeneous with varying sizes, are differently distributed, and they may even have distinct functions (Collins et al., 2002). In contrast, analysis of PTP opening, mitochondrial swelling, and the CRC in isolated mitochondria have certain limitations. Homogenization and centrifugation during the isolation procedure damage mitochondria and induce their swelling (Morikawa et al., 2014). In addition, isolated mitochondria do not present all populations of mitochondria localized in different subcellular compartments.

A large number of studies used permeabilized cells, particularly cardiomyocytes, to investigate mitochondrial bioenergetics and respiration rates (Eimre et al., 2008; Xu et al., 2014), CRC (Harisseh et al., 2019), membrane potential (Keane et al., 2016), ROS (Pham et al., 2000; Keane et al., 2016), and ions (Na⁺, Ca²⁺; Donoso et al., 1992; Dedkova and Blatter, 2009) in situ. Permeabilized cardiomyocytes and cardiac muscle fibers have been shown to maintain natural structural organization and mitochondrial bioenergetics (Kay et al., 1997; Saks et al., 1998), which are consistent with our findings (Supplementary Figure S1). Likewise, intracellular morphology and mitochondrial function of H9c2 cardioblasts remained unaffected by permeabilization (Szalai et al., 2000; Medepalli et al., 2013; Namekata et al., 2017). Mostly, two biological detergents digitonin and saponin were used for the permeabilization of cells. Digitonin disrupts the plasma membrane bilayers by targeting lipid rafts while saponins permeabilize plasma membranes by selectively removing cholesterol from the membranes without affecting membrane proteins. The intracellular environment including the structural and functional integrity of subcellular organelles, and interactions between them remain almost intact in permeabilized cells. Interestingly, thapsigargin had no significant effect on the CRC in permeabilized cells (Figure 4B). This can be explained by the low concentration of ATP (due to its dilution in the assay buffer upon permeabilization), which is not sufficient to activate SERCA and stimulate Ca^{2+} uptake by sarcoplasmic reticulum. Apparently, permeabilization efficacy and toxic effects of saponin and digitonin at given concentrations can be varied for different cell types.

In conclusion, this study highlights the advantages of the quantification of mitochondrial CRC in permeabilized cells compared to isolated mitochondria and establishes optimal concentrations of two biological detergents that are widely used for the permeabilization of cells. The results of the study can be taken into consideration during the quantification of mitochondrial CRC in live cells.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

ETHICS STATEMENT

The animal study was reviewed and approved by the UPR Medical Sciences Campus Institutional Animal Care and Use Committee and conformed by the National Research Council Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (2011, eighth edition).

AUTHOR CONTRIBUTIONS

SJav and SF conceived the study and wrote the manuscript. SJan and XC-D performed the experiments and contributed the data. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphys.2021.773839/ full#supplementary-material

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