Pharmacological modulation of beta-catenin and its applications in cancer therapy

Ravi Thakur^a, Durga Prasad Mishra^{a, *}

^a Cell Death Research Laboratory, Division of Endocrinology, Central Drug Research Institute, Lucknow, India

Received: September 12, 2012; Accepted: January 17, 2013

- Introduction
- Role of β-catenin in cancer
- β-catenin inhibitors

Abstract

Beta-catenin (β -catenin) is a multifunction protein with a central role in physiological homeostasis. Its abnormal expression leads to various diseases including cancer. In normal physiology, β -catenin either maintains integrity of epithelial tissues or controls transcription of various genes on extracellular instigations. In epithelial tissues, β -catenin functions as a component of the cadherin protein complex and regulates epithelial cell growth and intracellular adhesion. In Wnt signalling, β -catenin is a major transcriptional modulator and plays a crucial role in embryogenesis, stem cell renewal and organ regeneration. Aberrant expression of β -catenin can induce malignant pathways in normal cells and its abnormal activity is also exploited by existing malignant programmes. It acts as an oncogene and modulates transcription of genes to drive cancer initiation, progression, survival and relapse. Abnormal expression and function of β -catenin in cancer makes it a putative drug target. In the past decade, various attempts have been made to identify and characterize various pharmacological inhibitors of β -catenin. Many of these inhibitors are currently being investigated for their anticancer activities in a variety of cancers. The first half of this review will focus on the role of β -catenin in cancer initiation, maintenance, progression and relapse whereas the second half will briefly summarize the recent progress in development of agents for the pharmacological modulation of β -catenin activity in cancer therapeutics.

Keywords: β-catenin • Pharmacological inhibitors • Phytochemicals • Cancer

Introduction

Beta-catenin (β -catenin) is the mammalian homologue of the drosophila armadillo gene [1]. It acts both as a transcriptional co-regulator and an adaptor protein for intracellular adhesion [1–3]. β -catenin is essential for the establishment and maintenance of epithelial layers and provides a mechanical linkage between intracellular junctions and cytoskeletal proteins [4, 5]. Wnt signalling is the chief regulator of β -catenin [6, 7]. Binding of the Wnt ligand to frizzled receptors hyper-phosphorylates and thus activates the dishevelled protein (dsh) [8]. Hyper-phosphorylation of dsh results in the displacement of GSK-3 β from the β -catenin degradation complex and prevents GSK-3 β -mediated phosphorylation of β -catenin [8].

*Correspondence to: Durga Prasad MISHRA,

This complex comprises adenomatous polyposis coli (APC), axin and GSK-3 β [8]. In the absence of Wnt signal, GSK-3 β and casein kinase 1 (CK1) phosphorylate β -catenin [8, 9]. Phosphorylation of β -catenin leads to its ubiquitination and proteasomal degradation through the F-box/WD repeat-containing protein 1A (FBXW1A)/ S-phase kinase-associated protein (SKP) complex [8]. When not degraded *via* the proteolytic pathway, β -catenin accumulates in the perinuclear region and forms a cytoplasmic pool of free signalling molecules [8, 9]. Here, the stable β -catenin interacts with the lymphoid enhancer factor/T cell factor (LEF/TCF) and is translocated into the nucleus as a complex of β -catenin/LEF/TCF to stimulate

Tel.: +0091-522-2612411-18 Extn. 4481 Fax: +0091-522-2623405 E-mail: dpm@cdri.res.in

© 2013 The Authors. Published by Foundation for Cellular and Molecular Medicine/Blackwell Publishing Ltd. This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

- Plant-derived β-catenin modulators
- Conclusion and prospective

Cell Death Research Laboratory, Division of Endocrinology, CSIR-Central Drug Research Institute, Lucknow, India.

doi: 10.1111/jcmm.12033

target gene transcription by displacement of groucho-HDAC co-repressors [8, 10].

Various extracellular signals regulate the localization of β -catenin either on the membrane or in the cytoplasm [11]. Activation of receptor tyrosine kinases (RTKs) or cytoplasmic tyrosine kinases (Fer, Fyn, Yes and Src), phosphorylate B-catenin at specific tyrosine residues Y654 and Y142 [12]. Y654 phosphorylation leads to the inhibition of the catenin/E-cadherin interaction, leading to the dissociation of the complex and subsequent degradation of E-cadherin and β -catenin [13]. Dissociation of the E-cadherin- β -catenin complex leads to the loss of epithelial apico-basal polarity [14]. At the same time presence of other signals decide cellular response to this change [11]. Extracellular signals mediated through growth factors such as platelet-derived growth factor (PDGF), epidermal growth factor (EGF), insulin and insulin-like growth factor I (IGF-I) activate PI3K-AKT-MAPK or PKC pathways [15-19]. Activation of these pathways promotes nuclear accumulation of B-catenin by inhibition of GSK3B and supports epithelial to mesenchymal transition (EMT). [15-19]. These pathways also play a critical role in transforming epithelial tumours into an invasive forms and help in the progression of various fibrotic diseases [19]. β-catenin accumulation within the nucleus or cytoplasm has been found in more than half of all cancer cases and is related to increased tumourigenicity [20-25]. Cytoplasmic β-catenin is a hallmark of colon cancer [1]. It can induce tumourigenic traits in normal cells, and further supports cancer cell proliferation and survival [19, 24]. High-level cytoplasmic expression, and nuclear localization of beta-catenin, is characteristic of stem-like cell populations in cancers that are resistant to chemotherapeutics and capable of initiating new tumours [29, 30]. β -catenin also helps in creating a suitable niche for cancer progression by modulating cancer microenvironment [18, 26-30].Various studies have shown that inhibition of B-catenin activity leads to suppression of several cancer hallmarks and is thus perceived as a putative drug target [31].

Role of β -catenin in cancer

Accumulating evidence indicates that β -catenin has a central role in the malignant transformation of normal cells [32–36]. Herencia *et al.*

while studying hepatocyte differentiation in mesenchymal stem cells have found that the activation of Wnt signalling and β -catenin nuclear localization results in a tumoural phenotype [32]. They reported an increase in the expression of liver cancer-related proteins in cells with high ß-catenin nuclear localization [32]. Heiser et al. observed rapid formation of lipogenic liver tumours in mice on AKT and B-catenin co-activation [33]. In pancreatic cells and lung epithelial cells, activation of β-catenin has also been reported to be sufficient for induction of oncogenic transformation [34, 35]. A recent study demonstrated that Wnt/B-catenin pathway activation in cerebellar progenitor cell prevents terminal differentiation of these cells and maintain them in a stem cell like state [36]. This study further suggested that medulloblastoma can also originate from cells other than granule progenitors. Wnt/β-catenin pathway is also a major regulator of cancer initiating cell (CIC) genesis [36]. Oncogenic mutants of B-catenin have also been reported and the prevention of their degradation results in intracellular accumulation. These mutants can induce tumour formation in transgenic animals [37, 38]. The importance of β -catenin in abnormal cell proliferation attained prominence after the discovery of β -catenin oncogenic mutations in APC wild-type colon cancers [3, 39]. Mutant β-catenin protein is not degraded by APC, thus leading to its accumulation in the cytoplasm resulting in uncontrolled cellular proliferation [39]. The frequency of oncogenic mutations in β -catenin is low but has been reported in a variety of human cancers [40]. Several studies have shown (reviewed elsewhere) that β -catenin is a key modulator of cancer cell proliferation and survival [4, 41]. Initial key studies carried out by Tetsu et al. and Shtutman et al. in colon cancers revealed that β -catenin activates transcription from the cyclin D1 (CCND1) promoter, and consensus TCF/LEF-binding sites are necessary for this activity [42, 43]. β-catenin/TCF/LEF transcription activity also regulates expression of c-Myc, TP63 isoform ΔN ($\Delta Np63$), microphthalmia-associated transcription factor (MITF), limb bud and heart development homolog (LBH), survivin and c-Jun in various cancer models [44-49]. c-MYC and c-JUN act as oncogenes in their active state, while $\Delta Np63$, CCND1, MITF, LBH perform various functions to support cell growth and survival [44-48]. A list of β-catenin target genes in various cancers is briefly summarized in Table 1. β-catenin has also been found to support tumour growth by promoting angiogenesis in cancers [49]. It regulates expression of vascular

Table 1 Major β-catenin target genes in cancer				
S.NO.	Gene Name	Function		
1	MYCBP [113], JAG1 [114], MSL1 [111], PPARdelta [110],	Cell transformation		
2	CCND1 [42, 43], c-myc [44], ΔNp63 [45], MITF [46], LBH [47], survivin [48] and c-Jun [49], fra-1(Fosl1) [49], FGF18 [107], Hath1 [108], MET [109], FGF9 [112]	Cell growth, Proliferation and survival		
3	MMP2 [51], MMP9 [51], MMP-7 [52], MMP26 [54], VEGF [48], TIAM1[112], TWIST1 [115], SNAI2 [57], ZEB1[116], S100A4 [58], uPAR [49]	Migration, Invasion, EMT		
4	CD44 [104], VEGF [48], BMP4 [106], Ephb [105], GREM1 [110], EDN1[103]	Progression, Angiogenesis and Niche establishment		
5	CD44 [104], HTERT [117], NANOG [117], OCT4 [118]	Cancer stem cells		

Table 1 Major β -catenin target genes in cancer

endothelial growth factor (VEGF) [49]. Collectively, these studies indicate that β -catenin has an important role in maintaining malignancies by supporting cell proliferation and survival.

Metastasis is an important cancer hallmark and it is often supported by abnormal β-catenin expression or localization [50]. β-catenin supports the metastatic programme by increasing the migratory and invasive capabilities of cancer cells [18, 42]. It regulates expression of various invasion-related genes like matrix metalloproteinases (MMP2, MMP7, MMP9, MMP26) [51-54]. β-catenin also regulates EMT, which can endow cells with higher invasive, metastatic and survival potential [26]. EMT-like state in cancers is promoted by activation of Snail1 (Snail), Snail2 (Slug), ZEB1, CBF-A/KAP-1 complex, Twist, LEF-1, Ets-1, FOXC2 and Goosecoid transcription factors (TFs) [26]. These TFs work downstream of various growth factor (EGF, TGF-B and IGF1) signalling pathways initiated by changes in cancer microenvironment [55]. Snail and slug transcription factors help in the formation of β-catenin/LEF-1 transcription complex and promote expression of transforming growth factor 3-beta (TGF_{β3}) to induce EMT [56].
ß-catenin/LEF1 also regulates expression of Snail, LEF1 and other EMT markers at the transcriptional level [57]. B-catenin regulates expression of metastasis-associated gene S100A4 and Tenascin C (TNC) [58, 59]. TNC is an extracellular matrix (ECM) protein [60]. It supports the growth and proliferation of metastasis-initiating cancer cells and acts as an important ECM component of the metastatic niche [60]. Nuclear localization of B-catenin has been postulated as a potential marker for local lymph node or distant metastasis in variety of cancers including oesophageal, breast, colorectal, prostate, lung and cervical cancer [61–65]. Apart from the increased expression or nuclear localization a decrease in the β-catenin expression has been observed in melanoma, prostate, thyroid and gastric cancers [66-69]. Decreased B-catenin level in these cancers was associated with their increased metastatic potential [66-69]. This probably indicates that breakdown of normal β-catenin functions can also govern cancer progression and requires further investigation. Cancer cells are associated with various normal stromal cells called cancer-associated cells [70]. Fibroblasts, macrophages, regulatory T cells, mesenchymal stem cells (MSCs) and endothelial cells are the common members of the cancer stroma [70]. These cells in the cancer microenvironment support cancer growth and progression. In

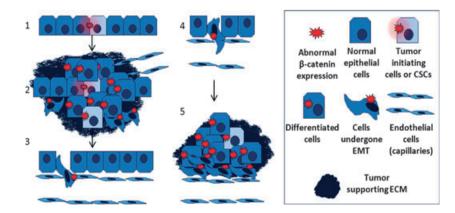
oesophageal cancers, tumour-associated fibroblasts are responsible for higher expression and nuclear localization of B-catenin in adjacent cancer cells [71]. A recent study indicated that nuclear overexpression of β -catenin in tumour-associated fibroblasts is a good prognostic indicator in breast cancers [72]. The study also reported that the ectopic expression of B-catenin in fibroblast increases proliferation and invasion of co-cultured cancer cells [72]. Fibroblasts in co-culture have also been shown to increase expression of β -catenin in breast cancer cells [73]. It also increases proliferation of CD44+/CD24low/-(CSC) subpopulation to a fivefold higher level than that of the normal breast cancer cells [73]. These studies underscore the importance of β-catenin in regulating tumour microenvironment. However, the low β-catenin expression associated with metastasis needs further investigation. Collectively, β-catenin activity is modulated by extracellular changes and in response it modulates cancer microenvironment to promote tumour growth, invasion and metastasis [18, 55].

Abnormal activity of β -catenin is further associated with cancer drug resistance and cancer stem cell state [29, 30]. It thus associated with poor patient outcome and disease relapse [29, 30, 74-77]. βcatenin is essential for the self-renewal of normal as well as cancer stem cells. Zhao et al. explored the role of β -catenin in haematopoietic malignancies [74]. They found that β -catenin plays an essential role in AML and CML development and also helps in cancer stem cell renewal [74]. Various other studies have postulated that angiogenesis, presence of highly resistant cancer stem cells (CSCs), EMT, deregulation of cell cycle and apoptosis are central wheels in mechanisms of cancer aggressiveness and chemoresistance [78, 79]. Current knowledgebase suggests that Wnt/B-catenin signalling has a role in all these five aspects associated with the process of carcinogenesis. It plays an essential role in cancer initiation, maintenance, progression, survival and relapse [18, 26, 32, 57, 74-76]. Owing to its place at the heart of malignant programmes, β -catenin is increasingly perceived as a putative drug target (Fig. 1).

Beta-catenin inhibitors

Inhibition of β -catenin using small molecule inhibitors or siRNA abrogates tumour growth [80, 81]. In the year 2002, Kim *et al.* for the first

Fig. 1 Role of β -catenin in Tumourigenesis. Beta-catenin supports: (A) transformation of normal cells to cancerous one. (B) Cancer cell proliferation, renewal, differentiation, niche establishment, angiogenesis and EMT. (C) Invasion and Intravasion. (D) Extravasion. (E) tissue invasion and organ homing to establish micrometastasis. CSC, Cancer stem cell; EMT, Epithelial to mesenchymal transition; ECM, Extracellular matrix.



time demonstrated that specific inhibition of the oncogenic form of Bcatenin is sufficient to reverse the transformed properties of human cancer cells [82]. In their study, they found that β -catenin is a necessary oncogene and the pharmacological inhibition of oncogenic β catenin is likely to be an effective strategy for reversing the malignant properties of advanced human tumours [82]. To date, many β-catenin signalling pathway inhibitors are under investigation with the potential aim of disrupting β -catenin activity and its interaction with the transcription factors. Lepourcelet et al. made initial attempts to screen and identify compounds capable of disrupting TCF/B-catenin complexes [83]. They screened chemical libraries of small molecules using a high-throughput assay system and found two potent inhibitors (PKF115-584 and PKF222-815) capable of disrupting TCF/β-catenin complexes and antagonize cellular effects of β-catenin-dependent activities [83]. They also identified other *B*-catenin inhibitors (PKF118-310, CGP049090 and PKF118-744) capable of inhibiting β-catenin activity [83]. Furthermore, Wnt/β-catenin signalling inhibitor PKF118-310 effectively inhibited proliferation of prostate cancer cells (IC50 < 1 μ M) [84]. Minke et al. and Gandhirajan et al. investigated the effects of CGP049090 (IC50 $< 1 \mu$ M) and PFK115-584 (IC50 $< 1 \mu$ M) in acute myeloid leukaemia (AML) and chronic lymphocytic leukaemia (CLL) cells respectively [85, 86]. They found that both compounds led to a substantial decrease in the expression of β catenin/LEF1 target genes (e.g. c-myc, cyclin D1 and survivin). Down-regulation of these survival-related genes resulted in the induction of cell death in AML cell lines and cells derived from AML patients [86]. These inhibitors also induced cell death in CLL cell lines and patient samples [87]. PKF118-310 was also found to be effective against human osteosarcoma cells. Here, inhibition of β-catenin resulted in suppression of MMP9 enzymatic activity and thus reduced cancer cell invasion and migration [87]. Apart from its anti-invasive effects, PKF118-310 also induced cell death and G2/M phase arrest in osteosarcoma cells by decreasing expression of cyclin D1, c-Myc and survivin [87]. Hallett *et al.* found that PKF118-310 (IC50 < 1 μ M) was effective against breast cancer initiating cells (BTIC) where it inhibited tumour growth and proliferation [88]. Administration of PKF118-310 to tumour-bearing mice halted tumour growth in vivo and viable tumour cells harvested from PKF118-310 treated mice were unable to induce the growth of secondary tumours after transplantation [88]. Emami et al. identified a novel inhibitor (ICG-001: IC50 \leq 3 μ M) of beta-catenin/CREB-binding protein transcription activity. ICG-001 induced apoptosis in transformed cells selectively and also reduced in vitro and in vivo growth of colon carcinoma cells [89]. In another attempt to identify novel inhibitors of the Wnt/β-catenin pathway. Ewan et al. screened a chemical library against a transcription factor reporter cell line in which the activity of the pathway was induced at the level of dishevelled (dsh) protein [90]. They identified a potent inhibitor CCT036477 (IC50 $\leq 5 \mu$ M), capable of inhibiting TCF/B-catenin-mediated transcription and inducing cancer cell death [90]. Chen et al. identified nine potent B-catenin inhibitors $(IC50 < 2.5 \mu M)$ [91]. They screened over 200 thousand compounds in vitro to identify less toxic and highly selective inhibitors against the Wnt/ β -catenin signalling pathway [91]. Based on the results using cellular systems, five compounds were found to inhibit What response (IWR) and four compounds were found to inhibit What production (IWP) [91]. Huang el al. identified a novel inhibitor (XAV939) which antagonized Wnt/B-catenin pathway by inhibiting tankyrase [92]. Tankyrase is an axin inhibitor, thus XAV939 increases axin levels in cells [92]. Axin stabilization further leads to β-catenin degradation and Wnt/β-catenin pathway inhibition [92]. Song et al. employed a high-throughput screen to identify inhibitors of Wnt/ β-catenin signalling [93]. They found a special class of compounds (acyl hydrazones; IC50 < 2 μ M) with iron chelating activity [93]. They demonstrated that their inhibitory effect on the Wnt/β-catenin signalling pathway is linked to iron chelation [93]. These results further supported the initial finding of Brookes et al. that iron can induce Wnt/β-catenin signalling [93, 94]. Recently, Coombs et al. used a cell-based assay system as well as transgenic MMTV-Wnt1 and MMTV-PyMT mice models to screen Wnt/β-catenin inhibitors [95]. They found a compound N-((8-hydroxy-7-quinolinyl) (4-methylphenyl)methyl)benzamide (HQBA) with IC50 ranging between <1 nM and 50 µM in various cellular models [95]. In mice models, it effectively reduced tumour mass [95]. HQBA was found to be safe at higher doses (60-90 mg/kg) and interestingly its anticancer effects were also caused by iron chelation [95]. In various other attempts to identify β-catenin inhibitors, many potent compounds capable of inhibiting β-catenin activity as well as its molecular interactions were identified. Some of these inhibitors are listed in Table 2.

Furthermore, inhibition of β -catenin can also be employed against cancer stem cells and chemo-resistant cancer cells. The Rosen laboratory evaluated radiation resistance in CSCs isolated from p53-null mouse mammary tumours [96]. Using the inhibitor perifosine,

,				
S.no.	Inhibitor	Target	Reference	
1	PKF118-310, CGP049090, PKF115-584, PKF222-815 and PKF118-744	β-catenin–TCF interaction	[83]	
2	ICG001	β-catenin–CBP interaction	[89]	
3	CCT036477	β-catenin–TCF interaction	[90]	
4	XAV939	Tankyrase	[92]	
5	Acyl hydrazones, HQBA	Iron chelators	[93, 95]	
6	Molecules with 2,3, 6-trisubstituted pyrido[2,3,-b] pyrazine core skeletons	β-catenin	[119]	
7	Carnosic acid	β-catenin/BCL9	[120]	
8	CCT031374	β-catenin	[121]	
9	iCRT-3,5,14, NC043	β-catenin–TCF interaction	[122, 123]	
10	lbuprofin, aspirin	Cox2 Inhibitors	[124]	

Table 2 Small molecular inhibitors of β-catenin signaling

they were able to block AKT and β -catenin activation and sensitize the cells to radiation [81]. Another study has shown that β -catenin is a target of selenium and its inhibition is associated with increased chemosensitivity to cytotoxic drugs in various human cancers [96]. However, there are only limited reports detailing the toxicological, pharmacokinetic and pharmacodynamic data for these inhibitors. Collectively, the studies carried out using small molecule inhibitors of β -catenin targeted to inhibit cancer progression look promising. These small molecule inhibitors reduce cancer growth, induce apoptosis, decrease invasion and migration of cancer cells.

Plant-derived beta-catenin modulators

Various plant-derived compounds with anticancer activities are also known to inhibit or modulate the Wnt/β-catenin signalling pathway. Tetrandrine (TET), a bis-benzylisoguinoline alkaloid purified from the root of Stephania tetrandra exhibited significant anticancer activity by inhibiting β-catenin/Tcf transcriptional activity (IC50 range, 1.25-5.7 µM) [97]. Curcumin, a plant-derived natural phenol from the popular Indian spice turmeric shows excellent tumour inhibition property without significant toxicity [98]. Curcumin and its derivative CHC007100 inhibit β -catenin/Tcf signalling by 58–63% and 70–78%. at 20 and 100 µM doses respectively [98]. Another plant-derived flavonoid guercetin also leads to the decrease in beta-catenin/Tcf transcriptional activity [99]. Quercetin acts at a very high dose (IC50, 100 µM) and further investigation is required for data related to its safety and efficacy. Plant flavanoid silymarin, from Silybum maria*num*, inhibits melanoma cell migration (IC50 < 20 μ M) by inhibiting β-catenin nuclear localization [100]. Carnosol, from the herb rosemary, prevents APC-associated intestinal tumourigenesis in a mouse model of colonic tumourigenesis. Its dietary administration (0.1%) reduced tumour growth by 46 per cent without any toxicity. It suppressed tumour growth via its ability to enhance E-cadherin-mediated adhesion and inhibition of β -catenin tyrosine phosphorylation [101]. Cardamonin a natural compound derived from Aplinia katsumadai inhibits 65–70 per cent of β -catenin activity at a dose \leq 10 μ M, without compromising cell viability [102]. These studies indicate that various plant-derived chemicals (phytochemicals) and their various analogues can also modulate B-catenin functions and thus could be tested against various cancers with abnormal β -catenin activity. These phytochemicals and their derivatives further require thorough investigation for their safety and efficacy.

Conclusions and perspectives

The potential of the pharmacological modulation of B-catenin in cancer therapeutics is paramount. This may possibly provide an attractive option of targeting various aspects of the carcinogenic process *i.e.* initiation, progression and chemoresistance in conjunction with the traditional chemotherapy. However, the long-term effects of the pharmacological manipulation of β -catenin remain still unclear. The overall regulation of β -catenin involves multiple signalling pathways and therefore pharmacological modulation could be counterbalanced through the activation of compensatory signalling pathways. The possibility of adverse side effects of B-catenin inhibition cannot be ruled out at this juncture and more detailed studies will be required to address this key issue. To date, use of various small molecule inhibitors of β -catenin targeting cancer have provided some encouraging results. Further efforts can be directed towards evaluating the efficacy of the existing inhibitors in variety of cancer types, stages and especially against cancer initiating cells/cancer stem cells and chemoresistant cancers. As it is evident that microenvironmental regulation of the β -catenin activity plays a central role in the malignant transformation and induction of metastasis; these inhibitors can also be used in combination with inhibitors of cancer survival pathways and modulators of tumour microenvironment. Some of the phytochemicals that seem to modulate B-catenin activity can also be used as lead compounds for developing *B*-catenin-targeted therapeutics. Targeting Wnt–β-catenin activity could open new avenues for novel and tailor-made cancer therapeutic approaches.

Acknowledgements

We wish to apologize to all colleagues whose work, because of lack of space, could not be cited. We thank all the members of the DP Mishra and S Musthapa Meeran laboratories for helpful discussions. This work was supported by the grants from the Defense Research and Development Organization (GAP-0058) to DP Mishra. Ravi Thakur acknowledges the support by the junior research fellowship from the Council of Scientific and Industrial Research, New Delhi. The CSIR-CDRI Communication Number of this manuscript is 8407.

Conflict of interest

The authors confirm that there are no conflicts of interest.

References

- Peifer M. Cancer, catenins, and cuticle pattern: a complex connection. *Science*. 1993; 262: 1667–8.
- Korinek V, Barker N, Morin PJ, et al. Constitutive transcriptional activation by a beta-catenin-Tcf complex in APC-/colon carcinoma. *Science*. 1997; 275: 1784–7.
- Morin PJ, Sparks AB, Korinek V, et al. Activation of beta-catenin-Tcf signaling in colon cancer by mutations in beta-catenin or APC. Science. 1997; 275: 1787–90.
- Morin PJ. β-catenin signaling and cancer. *BioEssays.* 1999; 21: 1021–30.
- 5. Hayashida Y, Honda K, Idogawa M, et al. E-cadherin regulates the association

between ß-catenin and actinin-4. *Cancer Res.* 2005; 65: 8836–45.

- Jiang W, Hiscox S. Beta-catenin-cell adhesion and beyond. Int J Oncol. 1997; 11: 635–41.
- Willert K, Nusse R. Beta-catenin: a key mediator of Wnt signaling. *Curr Opin Genet Dev.* 1998; 8: 95–102.

© 2013 The Authors. Published by Foundation for Cellular and Molecular Medicine/Blackwell Publishing Ltd.

- Miller JR, Hocking AM, Brown JD, et al. Mechanism and function of signal transduction by the Wnt/beta pathways. Oncogene. 1999; 18: 7860–72.
- Aberle H, Bauer A, Stappert J, et al. Beta-catenin is a target for the ubiquitinproteasome pathway. *EMBO J.* 1997; 16: 3797–804.
- Arce L, Pate KT, Waterman ML. Groucho binds two conserved regions of LEF-1 for HDAC-dependent repression. *BMC Cancer*. 2009; 9: 159.
- Jin T, George Fantus I, Sun J. Wnt and beyond Wnt: multiple mechanisms control the transcriptional property of beta-catenin. *Cell Signal.* 2008; 20: 1697–704.
- Piedra J, Martinez D, Castano J, et al. Regulation of beta-catenin structure and activity by tyrosine phosphorylation. J Biol Chem. 2001; 276: 20436–43.
- Roura S, Miravet S, Piedra J, et al. Regulation of E-cadherin/Catenin association by tyrosine phosphorylation. J Biol Chem. 1999: 274: 36734–40.
- Huang H, He X. Wnt/beta-catenin signaling: new (and old) players and new insights. *Curr Opin Cell Biol.* 2008; 20: 119–25.
- Goode N, Hughes K, Woodgett JR, et al. Differential regulation of glycogen synthase kinase-3β by protein kinase C isotypes. *J Biol Chem.* 1992; 267: 16878–82.
- Fang X, Yu SX, Lu Y, *et al.* Phosphorylation and inactivation of glycogen synthase kinase 3 by protein kinase A. *Proc Natl Acad Sci USA*. 2000; 97: 11960–5.
- Fang D, Hawke D, Zheng Y, *et al.* Phosphorylation of β-catenin by AKT promotes β-catenin transcriptional activity. *J Biol Chem.* 2007; 282: 11221–9.
- Brabletz T, Hlubek F, Spaderna S, et al. Invasion and metastasis in colorectal cancer: epithelial-mesenchymal transition, mesenchymal-epithelial transition, stem cells and beta-catenin. *Cells Tissues Organs.* 2005; 179: 56–65.
- Clevers H. Wnt/beta-catenin signaling in development and disease. *Cell.* 2006; 127: 469–80.
- Khramtsov AI, Khramtsova GF, Tretiakova M, et al. Wnt/beta-catenin pathway activation is enriched in basal-like breast cancers and predicts poor outcome. Am J Pathol. 2010; 176: 2911–20.
- Kobayashi M, Honma T, Matsuda Y, et al. Nuclear translocation of beta-catenin in colorectal cancer. Br J Cancer. 2000; 82: 1689–93.
- 22. Kapiteijn E, Liefers GJ, Los LC, et al. Mechanisms of oncogenesis in colon

versus rectal cancer. *J Pathol.* 2001; 195: 171–8.

- Ysebaert L, Chicanne G, Demur C, et al. Expression of beta-catenin by acute myeloid leukemia cells predicts enhanced clonogenic capacities and poor prognosis. *Leukemia*. 2006; 20: 1211–6.
- 24. **Nusse R.** Wnt signaling in disease and in development. *Cell Res.* 2005; 15: 28–32.
- Suzuki H, Toyota M, Carraway H, et al. Frequent epigenetic inactivation of Wnt antagonist genes in breast cancer. Br J Cancer. 2008; 98: 1147–56.
- Lee JM, Dedhar S, Kalluri R, et al. The epithelial-mesenchymal transition: new insights in signaling, development, and disease. J Cell Biol. 2005; 172: 973–81.
- Uchino M, Kojima H, Wada K, et al. Nuclear beta-catenin and CD44 upregulation characterize invasive cell populations in non-aggressive MCF-7 breast cancer cells. *BMC Cancer*. 2010; 10: 414.
- Brabletz S, Schmalhofer O, Brabletz T. Gastrointestinal stem cells in development and cancer. J Pathol. 2009; 217: 307–17.
- Chau WK, Ip CK, Mak AS, et al. c-Kit mediates chemoresistance and tumor-initiating capacity of ovarian cancer cells through activation of Wnt/β-catenin-ATP-binding cassette G2 signaling. Oncogene. 2012; 10: 103.
- Sinnberg T, Menzel M, Ewerth D, et al. β-Catenin signaling increases during melanoma progression and promotes tumor cell survival and chemoresistance. PLoS ONE. 2011; 6: e23429.
- Luu HH, Zhang R, Haydon RC, et al. Wnt/ beta-catenin signaling pathway as a novel cancer drug target. Curr Cancer Drug Targets. 2004; 4: 653–71.
- Herencia C, Julio M, Moreno M, et al. Nuclear translocation of b-Catenin during mesenchymal stem cells differentiation into hepatocytes is associated with a tumoral phenotype. *PLoS ONE*. 2012; 7: e34656.
- Heiser PW, Cano DA, Landsman L, et al. Stabilization of beta-catenin induces pancreas tumor formation. *Gastroenterology*. 2008; 135: 1288–300.
- Stauffer JK, Scarzello AJ, Andersen JB, et al. Coactivation of AKT and β-catenin in mice rapidly induces formation of lipogenic liver tumors. *Cancer Res.* 2011; 71: 2718– 27.
- Pacheco-Pinedo EC, Durham AC, Stewart KM, et al. Wnt/β-catenin signaling accelerates mouse lung tumorigenesis by imposing an embryonic distal progenitor phenotype on lung epithelium. J Clin Invest. 2011; 121: 1935–45.

- Rogers HA, Sousa S, Salto C, et al. WNT/ β-catenin pathway activation in Myc immortalised cerebellar progenitor cells inhibits neuronal differentiation and generates tumours resembling medulloblastoma. Br J Cancer. 2012; 107: 1144–52.
- Gat U, DasGupta R, Degenstein L, et al. De Novo hair follicle morphogenesis and hair tumors in mice expressing a truncated beta-catenin in skin. *Cell.* 1998; 95: 605– 14.
- Harada N, Tamai Y, Ishikawa T, et al. Intestinal polyposis in mice with a dominant stable mutation of the beta-catenin gene. EMBO J. 1999; 18: 5931–42.
- Sparks AB, Morin PJ, Vogelstein B, et al. Mutational analysis of the APC/beta-catenin/Tcf pathway in colorectal cancer. Cancer Res. 1998; 58: 1130–4.
- 40. **Polakis P.** Wnt signaling and cancer. *Genes Dev.* 2000; 14: 1837–51.
- 41. Valenta T, Hausmann G, Basler K. The many faces and functions of β -catenin. *EMBO J.* 2012; 31: 2714–36.
- Tetsu O, McCormick F. Beta-catenin regulates expression of cyclin D1 in colon carcinoma cells. *Nature*. 1999; 398: 422–6.
- Shtutman M, Zhurinsky J, Simcha I, et al. The cyclin D1 gene is a target of the betacatenin/LEF-1 pathway. Proc Natl Acad Sci USA. 1999; 96: 5522–7.
- He TC, Sparks AB, Rago C, et al. Identification of c-MYC as a target of the APC pathway. Science. 1998; 281: 1509–12.
- Ruptier C, De Gaspéris A, Ansieau S, et al. TP63 P2 promoter functional analysis identifies β-catenin as a key regulator of ΔNp63 expression. Oncogene. 2011; 30: 4656–65.
- Widlund HR, Horstmann MA, Price ER, et al. Beta-catenin-induced melanoma growth requires the downstream target Microphthalmia-associated transcription factor. J Cell Biol. 2002; 158: 1079–87.
- Rieger ME, Sims AH, Coats ER, et al. The embryonic transcription cofactor LBH is a direct target of the Wnt signaling pathway in epithelial development and in aggressive basal subtype breast cancers. *Mol Cell Biol.* 2010: 30: 4267–79.
- Zhang T, Otevrel T, Gao Z, et al. Evidence that APC regulates survivin expression: a possible mechanism contributing to the stem cell origin of colon cancer. Cancer Res. 2001; 61: 8664–7.
- Mann B, Gelos M, Siedow A, et al. Target genes of beta-catenin-T cell-factor/lymphoid-enhancer-factor signaling in human colorectal carcinomas. Proc Natl Acad Sci USA. 1999; 96: 1603–8.

- Hanahan D, Weinberg RA. Hallmarks of cancer: the next generation. *Cell.* 2011; 144: 646–74.
- Wu B, Crampton SP, Hughes CC. Wnt signaling induces matrix metalloproteinase expression and regulates T cell transmigration. *Immunity*. 2007; 26: 227–39.
- Brabletz T, Jung A, Dag S, et al. Beta-catenin regulates the expression of the matrix metalloproteinase-7 in human colorectal cancer. Am J Pathol. 1999; 155: 1033–8.
- Crawford HC, Fingleton BM, Rudolph-Owen LA, et al. The metalloproteinase matrilysin is a target of beta-catenin transactivation in intestinal tumors. Oncogene. 1999; 18: 2883–91.
- Marchenko GN, Marchenko ND, Leng J, et al. Promoter characterization of the novel human matrix metalloproteinase-26 gene: regulation by the T-cell factor-4 implies specific expression of the gene in cancer cells of epithelial origin. *Biochem J*. 2002; 363: 253–62.
- 55. **Wang GK, Zhang W.** The signaling network of tumor invasion. *Histol Histopathol.* 2005; 20: 593–602.
- 56. **Medici D, Elizabeth DH, Bjorn RO.** Snail and slug promote epithelial-mesenchymal transition through β -Catenin–T-cell factor-4-dependent expression of transforming growth factor- β 3. *Mol Biol Cell.* 2008; 19: 4875–87.
- Yook JI, Li XY, Ota I, et al. A Wnt-Axin2-GSK3beta cascade regulates Snail1 activity in breast cancer cells. Nat Cell Biol. 2006; 8: 1398–406.
- Stein U, Arlt F, Walther W, et al. The metastasis-associated gene S100A4 is a novel target of beta-catenin/T-cell factor signaling in colon cancer. Gastroenterology. 2006; 131: 1486–500.
- Beiter K, Hiendlmeyer E, Brabletz T, et al. Beta-Catenin regulates the expression of tenascin-C in human colorectal tumors. Oncogene. 2005; 24: 8200–4.
- Oskarsson T, Acharyya S, Zhang XH, et al. Breast cancer cells produce tenascin C as a metastatic niche component to colonize the lungs. *Nat Med.* 2011; 17: 867–74.
- Robles-Frías A, González-Cámpora R, Martínez-Parra D, et al. Robinson cytologic grading in invasive ductal carcinoma of the breast: correlation with E-cadherin and alpha-, beta- and gamma-catenin expression and regional lymph node metastasis. Acta Cytol. 2006; 50: 151–7.
- Cheng H, Liang H, Qin Y, et al. Nuclear beta-catenin overexpression in metastatic sentinel lymph node is associated with syn-

chronous liver metastasis in colorectal cancer. *Diagn Pathol.* 2011; 6: 109.

- Hou J, Li EM, Shen JH, et al. Cytoplasmic HDPR1 is involved in regional lymph node metastasis and tumor development via beta-catenin accumulation in esophageal squamous cell carcinoma. J Histochem Cytochem. 2011; 59: 711–8.
- Noordhuis MG, Fehrmann RS, Wisman GB, et al. Involvement of the TGF-beta and beta-catenin pathways in pelvic lymph node metastasis in early-stage cervical cancer. *Clin Cancer Res.* 2011; 17: 1317–30.
- Cheng CW, Liu YF, Yu JC, et al. Prognostic significance of cyclin D1, β-catenin, and MTA1 in patients with invasive ductal carcinoma of the breast. Ann Surg Oncol. 2012; 19: 4129–39.
- Maelandsmo GM, Holm R, Nesland JM, et al. Reduced beta-catenin expression in the cytoplasm of advanced-stage superficial spreading malignant melanoma. *Clin Cancer Res.* 2003; 9: 3383–8.
- Whitaker HC, Girling J, Warren AY, et al. Alterations in beta-catenin expression and localization in prostate cancer. *Prostate*. 2008; 68: 1196–205.
- Garcia-Rostan G, Camp RL, Herrero A, et al. Beta-catenin dysregulation in thyroid neoplasms: down-regulation, aberrant nuclear expression, and CTNNB1 exon 3 mutations are markers for aggressive tumor phenotypes and poor prognosis. Am J Pathol. 2001; 158: 987–96.
- Ebert MP, Yu J, Hoffmann J, et al. Loss of beta-catenin expression in metastatic gastric cancer. J Clin Oncol. 2003; 21: 1708– 14.
- Friedl P, Alexander S. Cancer invasion and the microenvironment: plasticity and reciprocity. *Cell.* 2011; 147: 992–1009.
- Fu L, Zhang C, Zhang LY, *et al.* Wnt2 secreted by tumour fibroblasts promotes tumour progression in oesophageal cancer by activation of the Wnt/β-catenin signalling pathway. *Gut.* 2011; 60: 1635–43.
- Verghese ET, Shenoy H, Cookson VJ, et al. Epithelial-mesenchymal interactions in breast cancer: evidence for a role of nuclear localized β-catenin in carcinomaassociated fibroblasts. *Histopathology*. 2011; 59: 609–18.
- Zhang F, Song C, Ma Y, et al. Effect of fibroblasts on breast cancer cell mammosphere formation and regulation of stem cell-related gene expression. Int J Mol Med. 2011; 28: 365–71.
- 74. Zhao C, Blum J, Chen A, et al. Loss of beta-catenin impairs the renewal of normal

and CML stem cells in vivo. *Cancer Cell*. 2007; 12: 528–41.

- Kypta RM, Waxman J. Wnt/β-catenin signalling in prostate cancer. *Nat Rev Urol.* 2012; 9: 418–28.
- Chikazawa N, Tanaka H, Tasaka T, et al. Inhibition of Wnt signaling pathway decreases chemotherapy-resistant sidepopulation colon cancer cells. Anticancer Res. 2010; 30: 2041–8.
- Zulehner G, Mikula M, Schneller D, et al. Nuclear beta-catenin induces an early liver progenitor phenotype in hepatocellular carcinoma and promotes tumor recurrence. *Am J Pathol.* 2010; 176: 472–81.
- Singh A, Settleman J. EMT, cancer stem cells and drug resistance: an emerging axis of evil in the war on cancer. *Oncogene*. 2010; 29: 4741–51.
- Mattern J. Role of angiogenesis in drug resistance. Anticancer Res. 2001; 21: 4265 -70.
- Verma UN, Surabhi RM, Schmaltieg A, et al. Small interfering RNAs directed against beta-catenin inhibit the in vitro and in vivo growth of colon cancer cells. *Clin Cancer Res.* 2003; 9: 1291–300.
- Saifo MS, Rempinski DR Jr, Rustum YM, et al. Targeting the oncogenic protein beta-catenin to enhance chemotherapy outcome against solid human cancers. *Mol Cancer*. 2010; 9: 310.
- Kim JS, Crooks H, Foxworth A, et al. Proof-of-principle: oncogenic beta-catenin is a valid molecular target for the development of pharmacological inhibitors. Mol Cancer Ther. 2002; 1: 1355–9.
- Lepourcelet M, Chen YN, France DS, et al. Small-molecule antagonists of the oncogenic Tcf/beta-catenin protein complex. *Cancer Cell*. 2004; 5: 91–102.
- Lu W, Tinsley HN, Keeton A, et al. Suppression of Wnt/beta-catenin signaling inhibits prostate cancer cell proliferation. Eur J Pharmacol. 2009; 602: 8–14.
- Minke KS, Staib P, Puetter A, et al. Small molecule inhibitors of WNT signaling effectively induce apoptosis in acute myeloid leukemia cells. Eur J Haematol. 2009; 82: 165–75.
- Gandhirajan RK, Staib PA, Minke K, et al. Small molecule inhibitors of Wnt/beta-catenin/lef-1 signaling induces apoptosis in chronic lymphocytic leukemia cells in vitro and in vivo. Neoplasia. 2010; 12: 326–35.
- Leow PC, Tian Q, Ong ZY, et al. Antitumor activity of natural compounds, curcumin and PKF118-310, as Wnt/β-catenin antagonists against human osteosarcoma

cells. Invest New Drugs. 2010; 28: 766-82.

- Hallett RM, Kondratyev MK, Giacomelli AO, et al. Small molecule antagonists of the wnt/beta-catenin signaling pathway target breast tumor-initiating cells in a Her2/ Neu mouse model of breast cancer. PLoS ONE. 2012; 7: e33976.
- Emami KH, Nguyen C, Ma H, et al. A small molecule inhibitor of beta-catenin/CREBbinding protein transcription [corrected]. *Proc Natl Acad Sci USA*. 2004; 101: 12682 -7.
- Ewan K, Pajak B, Stubbs M, et al. A useful approach to identify novel small-molecule inhibitors of Wnt-dependent transcription. *Cancer Res.* 2010; 70: 5963–73.
- Chen B, Dodge ME, Tang W, et al. Small molecule-mediated disruption of Wnt-dependent signaling in tissue regeneration and cancer. Nat Chem Biol. 2009; 5: 100–7.
- Huang SM, Mishina YM, Liu S, et al. Tankyrase inhibition stabilizes axin and antagonizes Wnt signalling. *Nature*. 2009; 461: 614–20.
- Song S, Christova T, Perusini S, *et al.* Wnt inhibitor screen reveals iron dependence of β-catenin signaling in cancers. *Cancer Res.* 2011; 71: 7628–39.
- Brookes MJ, Boult J, Roberts K, et al. A role for iron in Wnt signalling. Oncogene. 2008; 27: 966–75.
- 95. Coombs GS, Schmitt AA, Canning CA, et al. Modulation of Wnt/β-catenin signaling and proliferation by a ferrous iron chelator with therapeutic efficacy in genetically engineered mouse models of cancer. Oncogene. 2012; 31: 213–25.
- Woodward WA, Chen MS, Behbod F, et al. Wnt/beta-catenin mediates radiation resistance of mouse mammary progenitor cells. Proc Natl Acad Sci USA. 2007; 104: 618– 23.
- He BC, Gao JL, Zhang BQ, et al. Tetrandrine inhibits Wnt/β-catenin signaling and suppresses tumor growth of human colorectal cancer. *Mol Pharmacol.* 2011; 79: 211–9.
- Park CH, Hahm ER, Park S, et al. The inhibitory mechanism of curcumin and its derivative against beta-catenin/Tcf signaling. FEBS Lett. 2005; 579: 2965–71.
- Park CH, Chang JY, Hahm ER, et al. Quercetin, a potent inhibitor against betacatenin/Tcf signaling in SW480 colon cancer cells. *Biochem Biophys Res Commun.* 2005; 328: 227–34.
- Vaid M, Prasad R, Sun Q, et al. Silymarin targets β-catenin signaling in blocking

migration/invasion of human melanoma cells. *PLoS ONE*. 2011; 6: e23000.

- Moran AE, Carothers AM, Weyant MJ, et al. Carnosol inhibits beta-catenin tyrosine phosphorylation and prevents adenoma formation in the C57BL/6J/Min/+ (Min/+) mouse. Cancer Res. 2005; 65: 1097–104.
- Cho M, Ryu M, Jeong Y, et al. Cardamonin suppresses melanogenesis by inhibition of Wnt/beta-catenin signaling. Biochem Biophys Res Commun. 2009; 390: 500–5.
- He TC, Chan TA, Vogelstein B, et al. PPARdelta is an APC-regulated target of nonsteroidal anti-inflammatory drugs. *Cell.* 1999; 99: 335–45.
- Gonçalves V, Matos P, Jordan P. The betacatenin/TCF4 pathway modifies alternative splicing through modulation of SRp20 expression. *RNA*. 2008; 14: 2538–49.
- Batlle E, Henderson JT, Beghtel H, et al. Beta-catenin and TCF mediate cell positioning in the intestinal epithelium by controlling the expression of EphB/ephrinB. Cell. 2002; 111: 251–63.
- Kim JS, Crooks H, Dracheva T, et al. Oncogenic beta-catenin is required for bone morphogenetic protein 4 expression in human cancer cells. *Cancer Res.* 2002; 62: 2744–8.
- Shimokawa T, Furukawa Y, Sakai M, et al. Involvement of the FGF18 gene in colorectal carcinogenesis, as a novel downstream target of the beta-catenin/T-cell factor complex. *Cancer Res.* 2003; 63: 6116–20.
- Leow CC, Romero MS, Ross S, et al. Hath1, down-regulated in colon adenocarcinomas, inhibits proliferation and tumorigenesis of colon cancer cells. *Cancer Res.* 2004; 64: 6050–7.
- Boon EM, van der Neut R, van de Wetering M, et al. Wnt signaling regulates expression of the receptor tyrosine kinase met in colorectal cancer. *Cancer Res.* 2002; 62: 5126–8.
- Kim TH, Xiong H, Zhang Z, et al. Beta-Catenin activates the growth factor endothelin-1 in colon cancer cells. Oncogene. 2005; 24: 597–604.
- Spears E, Neufeld KL. Novel double-negative feedback loop between adenomatous polyposis coli and Musashi1 in colon epithelia. J Biol Chem. 2011; 286: 4946– 50.
- Hendrix ND, Wu R, Kuick R, et al. Fibroblast growth factor 9 has oncogenic activity and is a downstream target of Wnt signaling in ovarian endometrioid adenocarcinomas. *Cancer Res.* 2006; 66: 1354– 62.

- 113. **Jung HC, Kim K.** Identification of MYCBP as a beta-catenin/LEF-1 target using DNA microarray analysis. *Life Sci.* 2005; 77: 1249–62.
- 114. Rodilla V, Villanueva A, Obrador-Hevia A, et al. Jagged1 is the pathological link between Wnt and Notch pathways in colorectal cancer. Proc Natl Acad Sci USA. 2009; 106: 6315–20.
- Li J, Zhou BP. Activation of β-catenin and Akt pathways by Twist are critical for the maintenance of EMT associated cancer stem cell-like characters. *BMC Cancer*. 2011; 11: 49.
- Fan J, Zhang L, Ning Z, et al. PI3K/Akt to GSK3β/β-catenin signaling cascade coordinates cell colonization for bladder cancer bone metastasis through regulating ZEB1 transcription. *Cell Signal*. 2012; 24: 2273– 82.
- Hoffmeyer K, Raggioli A, Rudloff S, et al. Wnt/β-catenin signaling regulates telomerase in stem cells and cancer cells. *Science*. 2012; 336: 1549–54.
- Cole MF, Johnstone SE, Newman JJ, et al. Tcf3 is an integral component of the core regulatory circuitry of embryonic stem cells. *Genes Dev.* 2008; 22: 746–55.
- 119. Gong YD, Dong MS, Lee SB, et al. A novel 3-arylethynyl-substituted pyrido[2,3,-b]pyrazine derivatives and pharmacophore model as Wnt2/β-catenin pathway inhibitors in non-small-cell lung cancer cell lines. *Bioorg Med Chem*. 2011; 19: 5639–47.
- 120. de la Roche M, Rutherford TJ, Gupta D, et al. An intrinsically labile α-helix abutting the BCL9-binding site of β-catenin is required for its inhibition by carnosic acid. Nat Commun. 2012; 3: 680.
- 121. Thorne CA, Hanson AJ, Schneider J, et al. Small-molecule inhibition of Wnt signaling through activation of casein kinase 1α. Nat Chem Biol. 2010; 6: 829–36.
- Wang W, Liu H, Wang S, et al. A diterpenoid derivative 15-oxospiramilactone inhibits Wnt/β-catenin signaling and colon cancer cell tumorigenesis. *Cell Res.* 2011; 21: 730–40.
- 123. Gonsalves FC, Klein K, Carson BB, et al. An RNAi-based chemical genetic screen identifies three small-molecule inhibitors of the Wnt/wingless signaling pathway. *Proc Natl Acad Sci USA*. 2011; 108: 5954– 63.
- 124. Greenspan EJ, Madigan JP, Boardman LA, et al. Ibuprofen inhibits activation of nuclear {beta}-catenin in human colon adenomas and induces the phosphorylation of GSK-3 {beta}. Cancer Prev Res. 2011; 4: 161–71.