# **Decoding the Perplexing Mystery of Para-Chloroaniline Formation: A** Systematic Review

*Mohd.Sibghatullah Khatib<sup>1</sup>*, *Bilal Ameer<sup>2</sup>*, *Nikita Ajit Mannur<sup>2</sup>*, *Amith Madi Ramalingaiahsetty<sup>2</sup>*, *Sayed Mateen Peerzade<sup>3</sup>*, *Amrut Bambawale<sup>4</sup>* 

<sup>1</sup>Department of Conservative Dentistry and Endodontics, Dr. Syamala Reddy Dental College Hospital and Research Centre, Bangalore, <sup>2</sup>SJM Dental College and Hospital, Chitradurga, <sup>3</sup>KLE Viswanath Katti Institute of Dental Sciences, Belgaum, Karnataka, <sup>4</sup>Apollo White Dental Clinic, Mumbai, Maharashtra, India

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Objective: The objective of this article was to understand and decode the mystery of the formation of para-chloroaniline (PCA). The ingredient of the brown precipitate after mixing sodium hypochlorite (NaOCl) and chlorhexidine gluconate (CHX) is still in debate. Materials and Methods: Various studies adopt a different methodology to substantiate that it may contain PCA, which is a carcinogenic agent. The purpose of this systematic review is to evaluate the relationship between PCA and brown precipitate. Two reviewers independently conducted a comprehensive literature search. The MEDLINE, Embase, Cochrane, and PubMed databases were searched. In addition, the bibliographies were manually searched. There was no disagreement between the two reviewers. This review was reported and conducted in step with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guidelines. Results: Of 233 articles, only 13 articles met the inclusion criteria. Available scientific evidence was more supportive that the brown precipitate form after mixing NaOCl and CHX may form para-chloroamide moiety rather than free PCA, and PCA may be the by-product of CHX degradation. Conclusion: On the basis of the current evidence and data extracted from the various databases, it can be concluded that the mixture of sodium hypochlorite and chlorhexidine does not form PCA, and PCA may be the by-product of high concentrated chlorhexidine. Further studies are required to substantiate the evidence.

**Keywords:** Chlorhexidine, para-chloroaniline, sodium hypochlorite, spectroscopy

# **INTRODUCTION**

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P ersistent infection due to remnant infected dentinal debris bacteria is the cause of root canal failure.<sup>[1]</sup> Therefore, to obtain a sterilized canal, irrigation plays a crucial role.<sup>[2]</sup> The most common irrigant with antimicrobial property is sodium hypochlorite (NaOCl), but the increased concentration of NaOCl can be potentially toxic to the periapical tissue.<sup>[3,4]</sup>

Chlorhexidine gluconate (CHX) was introduced as an alternative against NaOCl with the good antimicrobial property but a lack of tissue dissolution capacity.<sup>[5-7]</sup> The introduction of chlorhexidine in the presence of NaOCl into the canal leads to the formation of brown

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precipitate due to acid–base reaction that extends up to 139–684 µm, which deteriorate the sealing of the root canal.<sup>[8]</sup> Some of the previously published studies claim the presence of the para-chloroaniline (PCA) in the brown precipitate,<sup>[9-12]</sup> but another study denies the concept of the formation of PCA.<sup>[13,14]</sup>

Previous study was unable to substantiate the formation of PCA. It is important to understand

Address for correspondence: Dr. Mohd.Sibghatullah Khatib, Department of Conservative Dentistry and Endodontics, Dr. Syamala Reddy Dental College Hospital and Research Centre, Bangalore 560037, Karnataka, India. E-mail: sibbghatullahh@gmail.com

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that mixing NaOCl and CHX forms PCA or not because PCA known to be carcinogenic and may cause methemoglobinemia.<sup>[15-19]</sup>

To date, the formation of PCA due to NaOCl and CHX remains vague. Therefore, the purpose of this systematic review was to evaluate whether PCA is formed through the reaction of mixing NaOCl and CHX.

# MATERIALS AND METHODS

The protocol for this systematic review was developed following established guidelines.<sup>[20]</sup> The protocol was prepared and matched the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines for systematic reviews. The focused question was adjusted according to the PICO (Population, Intervention, Comparator, Outcome) criteria for comparing laboratory studies as follows: Population (specimens or extracted teeth); Intervention and Comparison (interaction between NaOC1 and CHX); Outcome (PCA formation).<sup>[21]</sup>

# SEARCH STRATEGY

A literature search was performed using the U.S. National Library of Medicine (MEDLINE), Embase, Cochrane, and PubMed databases. Articles were included up to and including August 29, 2019.

In addition, bibliography of articles and textbooks were manually searched. Two reviewers (M.S. and B.A.) independently searched the article and abstract based on inclusion and exclusion criteria. All potential studies were analyzed and assessed completely. Only studies published in English were included.

# **INCLUSION CRITERIA**

*In vitro* studies were considered and studies evaluating PCA formation were included.

# **EXCLUSION CRITERIA**

Case series, cell culture laboratory studies, or animal studies were excluded.

# RESULTS

Flowchart of this systematic review based on PRISMA guidelines is presented in Figure 1. Of 233 studies, 13 met the inclusion criteria.

# STUDY SELECTION

After the database screening and the removal of duplicates, 233 studies were identified. After screening the titles, 22 were left. It was further reduced to 13 after the examination of abstracts and full texts.

#### CHARACTERISTICS OF INCLUDED ARTICLES

This review includes studies published in English. The characteristics of 13 included studies are listed in Tables 1 and 2. Ten articles focused on the combination of NaOCl and CHX to analyze the formation of PCA, and the remaining three articles analyzed degradation and stability of CHX at various concentrations.

The various analytical methodologies used to detect PCA formation are listed in Table 3.

# DISCUSSION

This systematic review focused on any association between the identification of PCA and the analytical methods used for identification in various literature.

# GAS CHROMATOGRAPHY/MASS SPECTROMETRY

Three articles were identified to address a relationship between PCA formation and gas chromatography– mass spectrometry.<sup>[10,13,14,22-24]</sup> Two articles reported that the combination of NaOCl and CHX leads to the formation of PCA.<sup>[10,13]</sup> Previous studies analyzed that CHX degradation at various concentrations liberates PCA,<sup>[22-24]</sup> whereas Orhan *et al.*<sup>14</sup> reported that for the detection of PCA, mass spectrometry is not an appropriate method.

# **1**H NUCLEAR MAGNETIC RESONANCE SPECTROSCOPY

Five articles were identified, which assessed the PCA formation.<sup>[12,14,25-27]</sup> Even though 1H nuclear magnetic resonance (NMR) spectroscopy is a nondestructive method for detecting PCA, results of various studies vary. Three studies clearly mentioned the absence of free PCA in the NaOCl and CHX reaction.<sup>[14,25,27]</sup> On the contrary, two studies supported the formation of PCA.<sup>[12,26]</sup> The spectrum interpretation performed between the range of 6.5-8.5 ppm followed by concluded that 7.0-8.0 ppm represent PCA but spectra result of the amino signal was included in the discussion. We contemplate that the inaccuracy of the results could be due to misinterpretation of parachloro amide moiety of CHX or any derivative of CHX in the brown precipitate.<sup>[14]</sup> Orhan et al. single out the methodological error of the study by Arslan et al.[26] and bring down the curtain with the statement that the 1H NMR analysis was misunderstood and the result was misinterpreted.[29]

# HIGH-PERFORMANCE LIQUID CHROMATOGRAPHY AND THIN LAYER CHROMATOGRAPHY

Two articles assessed the PCA formation in NaOCl and CHX reaction.<sup>[12,14]</sup> Even tough high-performance liquid chromatography is a nondestructive method to analyze the PCA formation, the results of both studies

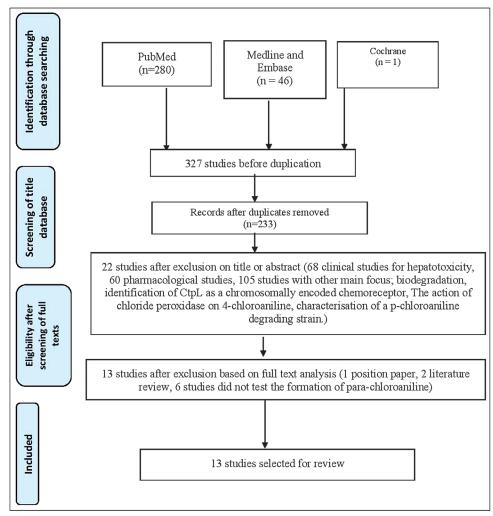


Figure 1: Flow diagram based on PRISMA guideline

are completely different. Siddique *et al.*<sup>[12]</sup> supported the formation of free PCA but Orhan *et al.*<sup>[14]</sup> opposed it. However, Siddique *et al.*<sup>[12]</sup> were unable to mention para-chloro amide moiety of CHX. Therefore, their verification to justify free PCA formation may be inaccurate.

#### TIME-OF-FLIGHT SECONDARY ION MASS SPECTROMETRY

Two articles supported the PCA formation using time-of-flight secondary ion mass spectrometry (TOF-SIMS).<sup>[9,11]</sup> The presence of PCA can be interpreted using TOF-SIMS but unable to differentiate between free PCA and amide moiety. TOF-SIMS showed the presence of PCA in the CHX group and NaOCl/CHX group. Hence TOF-SIMS cannot be a reliable method for detecting PCA.

#### **INFRARED SPECTROSCOPY**

Two published studies examined PCA formation in the NaOCl/CHX mixture, and both studies denied PCA formation in the brown precipitate.<sup>[14,27]</sup>

# COLUMN CHROMATOGRAPHY, ELECTRON SPRAY IONIZATION MASS SPECTROMETRY, AND ULTRAVIOLET

Only one study used column chromatography, electron spray ionization mass spectrometry, and ultraviolet to analyze the presence of PCA in the mixture.<sup>[12]</sup> However, this study discussed the value range for PCA but not about amide moiety; thus, the result of this study cannot be a cutoff proof for finding PCA in the mixture.

#### **S**TEREOMICROSCOPY

Krishnamurthy and Sudhakaran.<sup>[28]</sup> detected to confirm the presence of PCA using stereomicroscopy and NMR and concluded that intermediate flushing with saline can prevent the formation of PCA.

# X-RAY PHOTON SPECTROSCOPY

Basrani *et al.*<sup>[9]</sup> confirmed the presence of PCA using X-ray photon spectroscopy and TOF-SIMS.

Neither Krishnamurthy and Sudhakaran<sup>[28]</sup> nor Basrani BR *et al.*<sup>[9]</sup> discussed para-chloro amide

Table 1: Studies focused on NaOCI and CHX mixture to analyze PCA formation					
Study ID	Study parameters			Analysis method	Outcome
	Study	<b>Identification of</b>	Removal/		
	design	the precipitate	prevention of the		
			precipitate		
Basrani et al. <sup>[9]</sup>	In vitro	Yes	No	XPS and TOF-SIMS	PCA or isomers found in the precipitate
Basrani et al. <sup>[10]</sup>	In vitro	Yes	No	GC-MS	PCA was found in the precipitate
Thomas and Sem <sup>[25]</sup>	In vitro	Yes	No	1H NMR spectroscopy	No PCA was found in the precipitate
Krishnamurthy	In vitro	Yes	Yes	Stereomicroscopy, NMR,	Presence of chlorine in the para position
and Sudhakaran <sup>[28]</sup>				the Beilstein and HCl	of the benzene ring. Intermediate
				solubility tests	flushing with saline distilled water or
					using absolute alcohol can prevent
					precipitate formation
Mortenson et al.[13]	In vitro	Yes	Yes	GC/MS	PCA was found. Citric acid is
					recommended as an intermittent
					irrigant
Kolosowski et al.[11]	In vitro	Yes	No	TOF-SIMS	Presence of PCA in dentinal tubule
Arslan et al. <sup>[26]</sup>	In vitro	Yes	No	1H NMR spectroscopy	Presence of PCA in NaOCl and CHX
					mixture. PCA was not found in NaOCl
					and Qmix mixture
Orhan et al. <sup>[29]</sup>	In vitro	Yes	No	HPLC, proton NMR, gas	No PCA was found in the precipitate
				chromatography, TLC, IR	
				spectroscopy, and GC/MS	
Irmak et al. <sup>[27]</sup>	In vitro	Yes	No	1H proton NMR and IR	No PCA was found in the precipitate
				spectroscopy	
Siddique et al.[12]	In vitro	Yes	No		PCA was found in the precipitate
				UV, and NMR (1H NMR	
				and C-13 NMR)	

CC = column chromatography, ESI-MS = electron spray ionization mass spectrometry, GC-MS = gas chromatography–mass spectrometry, HPLC = high-performance liquid chromatography, IR = infrared, TLC = thin-layer chromatography, TOF-SIMS = time-of-flight secondary ion mass spectrometry, UV = ultraviolet, XPS = X-ray photon spectroscopy

Table 2: Studies focused on CHX concentration to analyze PCA formation					
Study ID	Study design	Identification of the	Removal/	Analysis method	Outcome
		precipitate	prevention		
			of the		
			precipitate		
Barbin et al. <sup>[22]</sup>	In vitro	No	No	Mass	ROS liberation was seen with the
				spectrometry,	combination of CHX and Ca(OH) <sub>2</sub>
				HPLC	-
Barbin et al. <sup>[23]</sup>	In vitro	No	No	GC-MS	PCA and ROS were the by-products of th
					2% CHX aqueous solution
Câmara De Bem	In vitro	No	No	GC-MS	2% CHX gel and solution may
<i>et al.</i> <sup>[24]</sup>					degrade into PCA, oCA, mCA,
					ROS, and organochlorines (ortho-
					chlorophenyl isocyanate and 2-amino-5-
					chlorobenzonitrile) regardless of storage
					conditions or time

GC-MS = gas chromatography-mass spectrometry, HPLC = high-performance liquid chromatography, mCA = meta-chloroaniline, oCA = ortho-chloroaniline, ROS = reactive oxygen species

moiety of CHX or CHX derivative. Zong and Kirsch<sup>[30]</sup> tested the pH-dependant chlorhexidine instability and concluded that chlorhexidine degradation into PCA is more in an acidic medium as compared to the alkali medium, which could be the cutoff proof that NaOCl is not responsible for PCA formation due to its alkali nature.

NaOCl and CHX lead to an acid–base reaction that forms brown precipitate, which may contain para-chloro amide moiety indeed it disturbs the sealer penetration and may affect periapical seal,<sup>[25]</sup> or it is due to NaOCl that cause chlorination of the guanidino nitrogen of CHX.<sup>[32]</sup> But to date no conclusive methodology is available that clearly identify the by-product of NaOCl

P	CA formation
Analytical method	Articles identified
GC-MS	Barbin <i>et al.</i> <sup>[22]</sup>
	Basrani <i>et al.</i> <sup>[10]</sup>
	Mortenson <i>et al.</i> <sup>[13]</sup>
	Barbin <i>et al.</i> <sup>[23]</sup>
	Câmara De Bem <i>et al.</i> <sup>[24]</sup>
	Orhan <i>et al</i> . <sup>[14]</sup>
1H NMR spectroscopy	Thomas and Sem <sup>[25]</sup>
	Arslan <i>et al.</i> <sup>[26]</sup>
	Orhan <i>et al</i> . <sup>[14]</sup>
	Irmak <i>et al</i> . <sup>[27]</sup>
	Siddique <i>et al</i> . <sup>[12]</sup>
HPLC and TLC	Orhan <i>et al</i> . <sup>[14]</sup>
	Siddique <i>et al</i> . <sup>[12]</sup>
TOF-SIMS	Basrani <i>et al.</i> <sup>[9]</sup>
	Kolosowski et al.[11]
Infrared spectroscopy	Orhan <i>et al</i> . <sup>[14]</sup>
	Irmak <i>et al.</i> <sup>[27]</sup>
CC	Siddique <i>et al</i> . <sup>[12]</sup>
ESI-MS	
Ultraviolet	
Stereomicroscopy	Krishnamurthy and Sudhakaran <sup>[28]</sup>
XPS	Basrani <i>et al.</i> <sup>[9]</sup>
CC = a a human a haramat	a secondary ESI MC = alastasa sanasa

# Table 3: Various analytical methodology used to detect PCA formation

CC = column chromatography, ESI-MS = electron spray ionization mass spectrometry, GC-MS = gas chromatography– mass spectrometry, HPLC = high-performance liquid chromatography, TLC = thin-layer chromatography, TOF-SIMS = time-of-flight secondary ion mass spectrometry, XPS = X-ray photon spectroscopy

and CHX mixture. Many studies have been performed to solve the mystery of the brown precipitate; some studies supported and some opposed the PCA formation. It may be due to differences between the techniques; however, based on available data it is clear that the brown precipitate might contain aromatic ring, which might be the substitute of PCA.<sup>[25]</sup>

There is a concern that the brown precipitate, which is PCA according to some authors, is carcinogenic. Patil.<sup>[31]</sup> investigated the mutagenic potential of the brown precipitate by Ames test and concluded that the precipitate is free from carcinogenic elements.

Thus, from this systematic review, it can be concluded the PCA may be the degradation product of concentrated CHX and not the NaOCl/CHX mixture. In future, well-designed research methodologies are needed to address this question.

# CONCLUSION

On the basis of the provided evidence, we can conclude that NaOCl and CHX mixture does not contain free PCA. We should understand that leaving the brown precipitate in the canal is terrible, so intermittent flushing should be performed to avoid precipitate formation.

Well-designed studies may able to provide cutoff proof of the absence of free PCA in NaOCl and CHX mixture.

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Nil.

# **C**ONFLICTS OF INTEREST

There are no conflicts of interest.

# **AUTHOR CONTRIBUTIONS**

Mohd. Sibghatullah Khatib: Concepts, Design, Literature search. Bilal Ameer: Manuscript preparation. Nikita Ajit Mannur: Literature search. Amith Madi Ramalingaiahsetty: Data acquisition. Sayed Mateen Peerzade: Literature search. Amrut Bambawale: Manuscript review.

#### ETHICAL POLICY AND INSTITUTIONAL REVIEW BOARD STATEMENT

To the best of the author(s) knowledge, this study has been conducted in full accordance with the World Medical Association Declaration of Helsinki.

# PATIENT DECLARATION OF CONSENT

For the further development of medical treatment in, dentistry, the publishing of clinical pictures and treatment methods is indispensable. This is why I explicitly agree that all information collected during the course of the treatment, including picture, sound and video material – even if my person / child is recognizable – may be published for scientific as well as for educational purposes in the publishing group of JISPCD. The material may be linked with information about the disease pattern and the treatment methods, etc.

# DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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