

ORAL PRESENTATION

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Predictors of in-hospital adverse outcomes in aortic surgery

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Background

Aortic surgery is associated with high rates of death and complications. Our aim was to describe short-term outcomes after aortic surgery, and to identify predictors of adverse in-hospital outcomes.

Methods

All patients operated on for aortic diseases (2009-2012) were included. We evaluated demographic, clinical and operative variables, in-hospital mortality and MACCE.

Results

We included 235 pts (61±13y, 66%male). Group 1 (aneurysms 61%) and Group 2 (dissections, ulcer, hematoma 36%). Others: 3%. Procedures: aortic root replacement (26,5%), Bentall procedure (23,5%), endovascular (28%), hybrid surgery (19%), aortoplasty and Tirone (3%); concomitant procedures in 20% of cases. Group 2 had higher BP, more urgent and hybrid procedures, greater pump/ischemia time, smaller aortic size and less Bentall procedure. Mortality was 8,5% (Group 1, 4,6%; Group 2, 15,5%, $p=0,004$). Rate of MACCE was 19,2% (Group 1, 11,3%; Group 2, 33,7%, $p < 0,001$). Reoperation occurred in 7,3%, complications 34,2%, stroke 4,3%, AKIN 7,3%, respiratory complications 15,9%. Medullary ischemia developed in 2 patients (0,8%). By multivariate logistic regression, independent predictors of death were hybrid procedure [OR = 7,51 (1,05–53,4) $p = 0,044$], aortic size [OR = 1,05 (1,02–1,10) $p = 0,005$] and pump time [OR=1,10 (1,01–1,20) $p = 0,034$]; predictors of MACCE were urgent surgery [OR = 7,17 (1,10–49,5) $p = 0,045$], combined aneurysms [22,4 (1,42–353) $p = 0,027$], and concomitant mitral valve surgery [OR = 46,5 (1,3–166) $p = 0,035$]. Endovascular procedure was independently

associated with reduction of MACCE incidence [OR = 0,05 (0,004–0,730) $p = 0,045$].

Conclusions

Aortic surgery in a specialized center is associated with low rates of in-hospital death and MACCE. Independent predictors of in-hospital death were the hybrid approach, aortic size and bypass time; predictors of MACCE included urgent surgery, combined aneurysms and concomitant mitral surgery. Endovascular approach independently reduced MACCE.

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