# CpG oligodeoxynucleotides as mucosal adjuvants

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Keywords: CpG, IgG1, IgG2a/c, mucosal adjuvant, palindrome, phosphodiester, pDC, phylaxis, secretory IgA, Th1

Abbreviations: pDCs, plasmacytoid dendritic cells; ODNs, oligodeoxynucleotides; TLR, toll-like receptor; IFN, interferon; sIgA, secretory IgA; rCTB, recombinant cholera toxin B subunit; DT, diphtheria toxoid; BCG, *Mycobacterium bovis* Bacillus Calmette-Guerin; G, guanine; PPD, purified protein derivative; PBMCs, peripheral blood mononuclear cells; Ab, antibody; DTH, delaved-type hypersensitivity.

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Submitted: 10/14/2014

Accepted: 10/28/2014

http://dx.doi.org/10.1080/21645515.2014.1004033

This is an Open Access article distributed under the terms of the Creative Commons Attribution-Non-Commercial License (http://creativecommons.org/ licenses/by-nc/3.0/), which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited. The moral rights of the named author(s) have been asserted. **B** acterial DNA comprising palindromic sequences and containing unmethylated CpG is recognized by tolllike receptor 9 of plasmacytoid dendritic cells (pDCs) and induces the production of interferon- $\alpha$  and chemokines, leading to the activation of a Th1 immune response. Therefore, synthetic equivalents of bacterial DNA (CpG oligodeoxynucleotides) have been developed for clinical applications. They are usually phosphorothioated for *in vivo* use; this approach also leads to adverse effects as reported in mouse models.

Mucosal vaccines that induce both mucosal and systemic immunity received substantial attention in recent years. For their development, phosphodiesterlinked oligodeoxynucleotides, including the sequence of a palindromic CpG DNA may be advantageous as adjuvants because their target pDCs are present right there, in the mucosa of the vaccination site. In addition, the probability of adverse effects is believed to be low. Here, we review the discovery of such CpG oligodeoxynucleotides and their possible use as mucosal adjuvants.

#### Advantages of a Mucosal Adjuvant that Activates Plasmacytoid Dendritic Cells

Improvement of vaccines for the prevention of infectious diseases remarkably progressed in recent years. From the standpoint of protective immunity, mucosal immunization procedures attracted a substantial interest in recent years because they can stimulate both mucosal and systemic immunity.<sup>1-3</sup> Moreover, the procedure is simpler, faster, more reliable, and cheaper, and needles are not required. However, the immunogenicity of synthetic proteins or peptide antigens is generally weak, and non-living vaccine administered to a mucosal site may be ineffective and can even lead to mucosal tolerance. Therefore, an adjuvant that potentiates the induction of appropriate immune responses to such antigens in the mucosa and in the organs is urgently required for the development of mucosal vaccines. Cholera toxin and Escherichia coli-derived heat-labile toxin are well known as the most potent mucosal adjuvants,<sup>4-6</sup> but they are not currently available for human use because of their toxicity.7 Therefore, nontoxic recombinant cholera toxin B subunit (rCTB) is an attractive candidate as a safe and potent mucosal adjuvant because it induces protective responses against many microbial infections.<sup>8</sup> However, Maeyama et al. found that IL-12 production by activated macrophages is inhibited by rCTB.9 Current promising candidates are microorganism-derived compounds, nucleic acidbased adjuvants, toll-like receptor (TLR) ligands, and cytokines, among others.<sup>10</sup> Their adjuvanticity has been thoroughly studied.

Plasmacytoid dendritic cells (pDCs) are a unique population exhibiting plasmacytoid morphology. Their distinctive biological feature is that they produce a large amount of interferon (IFN)- $\alpha$ through the ligation of TLR7 or TLR9, which recognize single-stranded RNA and CpG DNA, respectively. The activated pDCs migrate and cluster in the lymph node, where they stimulate adaptive immune responses. This process is driven by IFN- $\alpha$  secreted by pDCs; with the secretion of Th1-promoting chemokines, such as CXCL10, pDCs contribute to the induction of Th1 immunity. Further, the activation of pDCs and IFN-a production were recently shown to be important for the immunogenicity of vaccines against influenza, measles/mumps/rubella, or rabies.<sup>11,12</sup> CpG oligodeoxynucleotides (ODNs) that activate pDCs and stimulate IFN- $\alpha$  production could be advantageous as a vaccine adjuvant. In this article, we review evidence that phosphodiester ODNs containing a palindromic CpG DNA sequence (hereafter called POpalCpG) are promising mucosal adjuvants.

## **Development of Synthetic CpG ODNs**

Originally identified as antitumor BCG DNA by Tokunaga et al.,<sup>13</sup> DNA composed of unmethylated CpG was later identified as a major component of microbial DNA. The latter is responsible for the activation of the mammalian immune system through TLR9. Therefore, synthetic ODNs containing CpG DNA are considered to be promising immunomodulators.<sup>14</sup> The intensive research efforts by many investigators led to the development of several types of CpG ODNs in order to advance their practical use. The structures that determine the immunogenicity of CpG ODNs demonstrate some differences among the target cells and species. The active sequences inducing IFN- $\alpha$ production in pDCs comprise a palindromic structure containing CpG,15,16 but the ones inducing B-cell activation are nonpalindromic sequences containing CpG in a particular sequence context;<sup>16,17</sup> these types of ODNs were later classified as A-class (D-type) CpG ODNs and Bclass (K-type) CpG ODNs, respectively. More practical C-class CpG ODNs have been recently discovered have the properties of A- and B-CpG ODN;18 however, their IFN-α-inducing activities are weaker than A-CpG ODN. Another new class, Pclass CpG ODN,<sup>19</sup> which contains 2 palindromic sequences, has an even higher

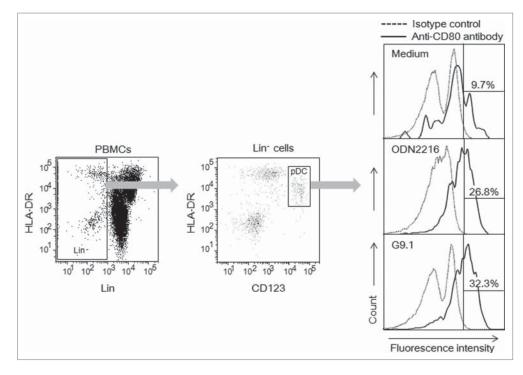


Figure 1. G9.1 causes CD80 expression in pDCs. Human peripheral blood mononuclear cells (PBMCs) were cultured with medium alone, or with 0.8 µM of G9.1, a negative control of G9.1 (negG9.1), ODN2216, or a negative control of ODN2216 (negODN2216) for 19 hours. The numbers in the right panels represent % of CD80<sup>+</sup> cells among plasmacytoid dendritic cells (pDCs), which were detected as CD123<sup>+</sup>HLA-DR<sup>+</sup> cells (middle) among lineage-negative cells (left). Co-culture with negG9.1 and with negODN2216 resulted in the percentages of CD80<sup>+</sup> cells to be 8.3% and 16.8%, respectively.

ability to induce IFN-a production than that of class C.

## **Development of IFN-Inducing CpG ODNs**

Yamamoto and Tokunaga, et al. were the first to report that the IFN-inducing DNA sequences in the BCG genome have a self-complementary hexamer palindrome containing 5'-CpG-3' motif(s), such as AACGTT or CGATCG.<sup>20</sup> Their subsequent studies demonstrated that these sequences are widely present in DNA from other types of bacteria, viruses, and invertebrate animas but are rarely present in vertebrate or plant DNA.21 Therefore, palindromic sequences with CpG motif(s) are foreign DNA for mammalian immunocompetent cells. These studies were performed between the mid 80s and early 90s,<sup>22</sup> and this field markedly advanced by many researchers, such as Dr. Krieg et al., who established the immunological concept of CpG

DNA.<sup>2</sup>

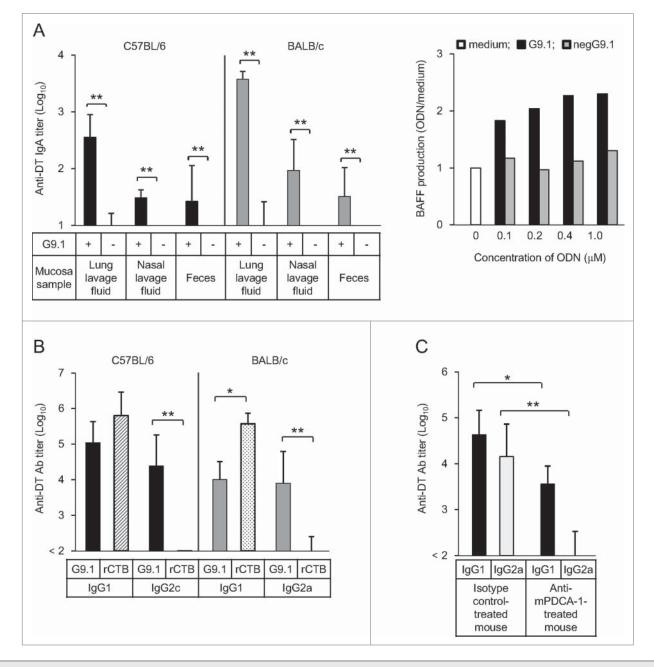
ODNs are usually required to contain poly-guanine (G) to facilitate their entry into cells in higher-order structures. Therefore, Yamamoto and Tokunaga et al. analyzed the length of palindromic CpG DNA and the location in ODNs; these researchers determined that the length should be >18 bases and that a G nucleotide should be present outside the palindromic sequence to induce the production of IFNs.<sup>24,25</sup> Among those ODNs, the most prominent was the 10-mer palindromic sequence GACGATCGTC linked with a 10-mer oligoG on both sides (5' and 3').

From the practical point of view, Kitagawa and Iho, et al. identified the ODN that efficiently induces the production of IFN-α in human peripheral blood mononuclear cells (PBMCs) as described below. This research is based on the idea that a bigger difference in the number of G nucleotides on

both sides (5' and 3') may make the selfcomplementary structure of GAC-GATCGTC more stable (Japan Patent 4415200, June 2007; US Patent 7,718,623B2, May 2010). The researchers compared the IFN- $\alpha$ -inducing properties of the 20-mer phosphodiester ODN sequences, where a 10-mer oligoG was added at the 5' and 3' ends of

The activity of G9.1 is comparable to that of A-class CpG ODN2216 in its

ability to induce IFN- $\alpha$  production and CD80 expression (Fig. 1); this ODN also contains the sequence GACGATCGTC but is linked to PO/PS-G 4- and 6-mers at its 5' and 3' ends, respectively, for protection from nuclease degradation. G9.1 also induces the expression of CXCL10. These physiological reactions induced by G9.1 are dependent only on the CpG



**Figure 2.** Nasally administered G9.1 stimulates mucosal and systemic immune responses in mice. The administration of diphtheria toxoid (DT) and G9.1 induced secretory IgA (sIgA) antibody (Ab) production in the mucosa, in conjunction with the increase of BAFF (B cell activating factor belonging to the tumor necrosis factor family) production in splenocytes (**A**). IgG1 and IgG2a/c Abs were also detected in serum samples, but the latter was detected only with G9.1 and not with rCTB (**B**). The effect of G9.1 was pDC-dependent (**C**). \**P* < 0.05 and \*\**P* < 0.01 in analysis of variance or *t* tests; n = 5 in (**A**) and (**B**) and n = 4 in (**C**). Reproduced with permission from Maeyama et al.<sup>26</sup>

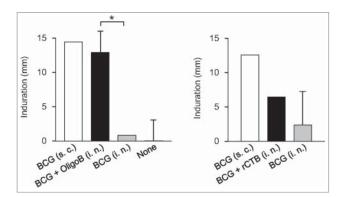
dinucleotide present within its palindromic sequence. In addition, G9.1 allows pDCs to kill tumor cells in a manner independent of IFN- $\alpha$  (unpublished data).

# Suitability of PO-palCpG as a Mucosal Adjuvant

In general, the phosphodiester linkage is considered unsuitable for in vivo use because of the degradation by DNases; thus, this approach is inefficient for delivery to target cells. Therefore, the phosmodification phorothioate is indispensable. Although clinical trials of such CpG ODNs have demonstrated their safety, there is still a possibility that practiphosphorothioate-linked cally usable CpG ODNs may cause adverse effects, such as lymphoid follicle destruction or immunosuppression, as shown in mice.14,27 Meanwhile, delivery systems for phosphodiester ODNs have also been developed and involve packaging an ODN in viruslike particles<sup>28</sup> or conjugating it to nanoparticles.<sup>29</sup> However, if POpalCpG is used as a mucosal adjuvant, such delivery methods will become unnecessary because pDCs are present in the mucosa. G9.1, even in its naked form, exhibits adjuvanticity during nasal vaccination in mice.<sup>26</sup> In those mice, an excess production of proinflammatory and immunosuppressive cytokines is not induced. Further, repetitive administration does not cause problems in the major organs, and IgE antibody (Ab) production is not induced but may be suppressed in a mouse model of ovalbumin-induced allergy. These data suggest that the incidence of adverse effects may be avoided when PO-palCpG is used as a mucosal adjuvant.

The results of our studies support the feasibility of the clinical application of PO-palCpG as a mucosal adjuvant.<sup>26</sup> In mice, a nasal administration of G9.1 with diphtheria toxoid (DT) induces the production of secretory IgA (sIgA) Ab specific to DT. This Ab was detected in the lungs, nasal lavage fluids, and feces, in conjunction with the increase of BAFF (B cell activating factor belonging to the tumor necrosis factor family) production by splenocytes. A protective immune response to DT was also observed, and the DT-specific IgG1 and IgG2a/c Abs were both detected in sera. The Ab titers for IgG2a/c are substantially higher in mice receiving G9.1 than in those receiving rCTB. These findings are consistent with the strong production of IFN- $\gamma$  in mice treated with G9.1 but not with rCTB.

The induction of Th1 immunity by G9.1 was completely dependent on pDCs as evidenced by the inhibition of IgG2a Ab production in pDC-depleted BALB/c mice. These data are summarized in Figure 2. *In vitro* activation of pDCs



**Figure 3.** Nasally administered OligoB enhances DTH reaction to PPD. Guinea pigs were nasally immunized with BCG + OligoB or BCG + rCTB or subcutaneously immunized with BCG alone. After six weeks, a delayed-type hypersensitivity (DTH) reaction to a purified protein derivative (PPD) was evaluated. The two panels are from independent experiments. The DTH reaction induced by BCG + OligoB immunization was significantly stronger than that after immunization with BCG alone, reaching the level induced by the subcutaneous immunization with BCG. \*P < 0.05 in analysis of variance followed by *post hoc* Tukey's test (n = 5). Reproduced with permission from Maeyama et al.<sup>30,33</sup>

induces the production of IFN- $\alpha$  and CXCL10 and increases expression of *T*-*bet* relative to *GATA-3* by enhancing *T*-*bet* expression in both mouse splenocytes and human PBMCs. No induction of Th17-related cytokines and no upregulation of proinflammatory cytokines was observed.

As with other CpG ODNs, the activity of PO-palCpG is species-specific (probably because of the diversity of target cells in mice). Although G9.1 is effective both in mice and in humans, ODN composed G<sub>12</sub>-AACGTT-G<sub>12</sub> preferentially of causes rodents to activate immune responses. This type of ODNs was discovered by Yamamoto et al. in their earlier studies (called OligoB; which is also phosphodiester-linked). Maeyama et al.<sup>30</sup> demonstrated that an intranasal administration of OligoB enhances not only IgG1 but also IgG2a/c and sIgA Ab responses and delayed-type hypersensitivity to a purified protein derivative caused by the simultaneous administration of DT and BCG (Fig. 3), respectively. This observation suggests that the mucosal adjuvanticity of PO-palCpG does not depend on the type of antigen; it may be applicable when used with particles of a live antigen and a soluble protein antigen.

# Unique Mechanisms Behind the Action of PO-palCpG

Using phosphodiester-linked G10-GACGATCGTC-G<sub>10</sub>, Osawa and Iho, et al.<sup>31</sup> demonstrated that PO-palCpG induces the expression of a gene of interferon regulatory factor-7 (IRF-7, a master transcription factor of the IFN- $\alpha$  gene) in a manner independent of the activation of the IFN- $\alpha/\beta$  receptor. The mechanism involves upregulating the NF-KB p65 and p50 subunits, which are constitutively expressed in pDCs. In contrast, for the expression of *IFN*- $\alpha$ , the signal(s) generated upstream of the TLR9 activation of NF-KB is also required, most likely to activate both constitutively expressed and de novo-synthesized IRF-7. Furthermore, G9.1 induces IFN-α production in a manner similar to that of G10-GAC-GATCGTC-G<sub>10</sub>; a large amount of IFN- $\alpha$  was produced even by blocking the

IFN- $\alpha/\beta$  receptor (Fig. 4). An autonomous induction of IFN- $\alpha$  by PO-palCpG (approximately 70%) may be responsible for its immunostimulatory effects.

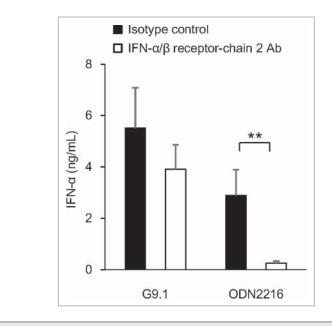
Taniguchi and Takii et al.32 have recently demonstrated the booster effect of the OligoB on aged mice (89-week-old: equivalent to the late 50s in humans). These mice were primarily vaccinated with BCG at the age of 4 weeks but showed decreased protection from Mycobacterium tuberculosis infection with aging. Subcutaneous boosting with OligoB increased the number of central memorytype T cells and enhanced the protection from infection with M. tuberculosis H37Rv. PO-palCpG may facilitate the restimulation and expansion of the memory cells prepared by various vaccination methods.

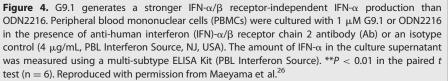
#### Issues to be Resolved for the Clinical Use of PO-palCpG

The chronic activation of TLR9 in mice induces autoimmune disease, and certain infections are exacerbated by the CpG ODN-mediated immune activation.<sup>14</sup> Although the frequent and long-term vaccination is usually unnecessary, a prudent use of PO-palCpG may be required for patients in whom the acceleration of immune responses is detrimental. In addition, a delineation of the optimal storage conditions may be required for a commercial product based on PO-palCpG.

#### **Conclusions and Perspectives**

Palindromic CpG ODNs exhibit adjuvanticity, even in the phosphodiester form, when administered nasally. Because of the phylaxis involving Ab responses and the Th1-enhancing effects demonstrated in mice/human PBMCs, we believe that G9.1 is a promising mucosal adjuvant relevant to the development of novel vaccines against emerging and re-emerging infectious diseases. The mechanisms of adjuvanticity and optimal methods for mucosal vaccination warrant further research.





#### Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

#### Acknowledgments

We are thankful to all the coinvestigators.

#### Funding

This work was supported in part by a Grant-in-Aid for Scientific Research [22591105 and 19591962] from the JSPS; A-STEP [AS231Z03382G, AS2314067G, AS2121188G, 09-08 and 06-057] from the JST; a grant for Research on Publicly Essential Drugs and Medical Devices [KHC1021 and SH54411] from The Japan Health Sciences Foundation; and the Smoking Research Foundation. The funders played no role in the study design, data collection and analysis, decision to publish, or preparation of the manuscript.

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