





Article

Phenotypic and Genotypic Characterization of Macrolide, Lincosamide and Streptogramin B Resistance among Clinical Methicillin-Resistant *Staphylococcus aureus* Isolates in Chile

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Abstract: Macrolides, lincosamides, and type B streptogramins (MLS_B) are important therapeutic options to treat methicillin-resistant *Staphylococcus aureus* (MRSA) infections; however, resistance to these antibiotics has been emerging. In Chile, data on the MLS_B resistance phenotypes are scarce in both community-(CA) and hospital-acquired (HA) MRSA isolates. Antimicrobial susceptibility to MLS_B was determined for sixty-eight non-repetitive isolates of each HA-(32) and CA-MRSA (36). Detection of SCC_{mec} elements, *ermA*, *ermB*, *ermC*, and *msrA* genes was performed by PCR. The predominant clones were SCC_{mec} I-ST5 (HA-MRSA) and type IVc-ST8 (CA-MRSA). Most of the HA-MRSA isolates (97%) showed resistance to clindamycin, erythromycin, azithromycin, and clarithromycin. Among CA-MRSA isolates, 28% were resistant to erythromycin, azithromycin, and 25% to clarithromycin. All isolates were susceptible to linezolid, vancomycin, daptomycin and trimethoprim/sulfamethoxazole, and over 97% to rifampicin. The *ermA* gene was amplified in 88% of HA-MRSA and 17% of CA-MRSA isolates ($p < 0.001$). The *ermC* gene was detected in 6% of HA-SARM and none of CA-SARM isolates, whereas the *msrA* gene was only amplified in 22% of CA-MRSA ($p < 0.005$). Our results demonstrate the prevalence of the cMLS_B resistance phenotype in all HA-MRSA isolates in Chile, with the *ermA* being the predominant gene identified among these isolates.

Keywords: MRSA; MLS_B phenotype; antibiotic-resistant

1. Introduction

Methicillin-resistant *Staphylococcus aureus* (MRSA) is an important pathogen involved in both human and animal infections [1,2]. Although MRSA was initially described as producing healthcare-associated infections (HA-MRSA), the appearance of community-associated MRSA infections (CA-MRSA) has been documented since the 1990s [3]. MRSA

has shown a remarkable ability to develop resistance to a myriad of antibiotics, as well as to different disinfectants and heavy metals [4]. Vancomycin (VAN), a member of the glycopeptides, has been used as an important option to treat MRSA infections [5]. However, the risk of dissemination of vancomycin-resistant or non-fully susceptible strains suggests that this antibiotic should be used sparingly [6]. For this reason, macrolides (erythromycin [ERY]), lincosamides (clindamycin [CLI]), and streptogramins B (MLS_B) have emerged as important therapeutic options to tackle CA-MRSA infections [7,8]. However, the increased use of these antimicrobials has favored the emergence of resistance to these drugs [9–11]. To date, there are three main MLS_B resistance mechanisms described: i) changes in the ribosomal target site, which confers cross-resistance to the entire MLS_B group [12]. This mechanism is conferred by ribosomal mutations or methylation of the 23S rRNA target site, which are mediated by the *erm* genes (mainly *ermA*, *ermB*, and *ermC*) [13,14]. Another mechanism corresponds to ii) an efflux-pump encoded by *msrA*, which can drive out 14- and 15-membered macrolides and streptogramin B, producing the MS_B phenotype [15]. Finally, another mechanism iii) relies on drug inactivation and it only confers resistance to lincosamides due to an enzyme encoded by the *lnu* gene [11].

Significantly, the MLS_B phenotype can be either constitutive (cMLS_B) or inducible (iMLS_B) [9]. Specifically, CLI, which is the MLS_B agent used for the treatment of *S. aureus* infections, is a weak MLS_B-resistance inducer and may lead to treatment failure due to false susceptibility results displayed in in vitro antimicrobial susceptibility tests [16]. Therefore, it is necessary to perform the CLI susceptibility test in the presence of a strong inducer, such as ERY [12]. Another key point is that antibiotic resistance genes that mediate the MLS_B-resistance phenotype are found in mobile-genetic elements (MGEs) and, in consequence, may be horizontally transferred to susceptible strains [17]. In Latin America, the resistance rates to MLS_B antibiotics have been reported to be 74% and 81% to ERY and CLI, respectively, among HA-MRSA isolates [10].

In Chile, *S. aureus* is one of the main etiological agents in health care-associated infections (HAIs) [18]. Specifically, it is the main cause of surgical wound infections (27%), and the second cause of pneumonia associated to invasive mechanical ventilation (21%). Likewise, it is involved in bloodstream infections (18%) and infections of the central nervous system (18%) [18]. Despite these data, the MLS_B-resistance phenotype among HA- and CA-MRSA is still unknown among Chilean isolates. Therefore, the aim of our study was to detect and characterize the MLS_B- and MS_B-resistance phenotypes among HA-MRSA and CA-MRSA isolates collected between 2007 and 2017 from the *S. aureus* surveillance program of the National Institute of Public Health of Chile (ISP).

2. Results

2.1. Molecular Characterization of MRSA Isolates

All HA-MRSA (32) and CA-MRSA (36) isolates were resistant to FOX and *mecA* positive. For HA-MRSA, the Staphylococcal Cassette Chromosome *mec* (SSC*mec*) analysis revealed the presence of the Type I and Type II elements in 27 (84.4%) and 5 (15.6%) isolates, respectively. In addition, in all isolates classified as HA-MRSA, the absence of the *pvl* gene was confirmed. On the other hand, in all CA-MRSA (36), the *pvl* gene and the type IV SSC*mec* cassette were detected. Of these, 24 (66.7%) harbored the cassette subtype SSC*mec* IVc, whereas 11 (30.5%), and 1 (2.8%) amplified for the subtypes IVa and IVb, respectively; therefore, they were confirmed as CA-MRSA.

The MLST analyses of HA-MRSA showed that 27 (84.4%) isolates belonged to ST5 and 5 (15.6%) to ST105, whereas most CA-MRSA isolates belonged to the ST8 (27/36) (Table 1).

Table 1. Sequence types (ST) of methicillin-resistant *Staphylococcus aureus* strains isolated in Chile.

	ST 5	ST 8	ST 30	ST 105	ST 868	ST 923	ST 2802	Total
HA-MRSA	27	0	0	5	0	0	0	32
CA-MRSA	1	28	4	0	1	1	1	36

2.2. Antimicrobial Susceptibility Testing

The antibiotic resistance profiles were determined for both HA-MRSA and CA-MRSA isolates (Table 2). All isolates (32) of HA-MRSA were resistant to macrolides and to CLI. Moreover, 2 isolates (2/32) (6.3%) were also resistant to CHL and 1 isolate (1/32) (3.1%) to RIF. In the case of CA-MRSA, 9 isolates (9/36) (25%) were resistant to ERY, AZM and CLR, and one isolate was resistant to ERY and AZT (2.8%), but all were susceptible to CLI, CHL, and RIF (Table 2). All HA-MRSA, and CA-MRSA isolates were susceptible to LZD, VAN, DAP, and SXT (Table 3). Furthermore, the iMLS mechanism was detected in none of the two groups of MRSA isolates.

Table 2. Antibiotic resistance profiles among methicillin-resistant *Staphylococcus aureus* strains isolated in Chile.

Resistance Profiles					HA-MRSA *	CA-MRSA *
CLI	ERY	AZM	CLR	CHL	2 (6.3)	0
CLI	ERY	AZM	CLR		29 (90.6)	0
CLI	ERY	AZM	CLR	RIF	1 (3.1)	0
ERY	AZM	CLR			0	9 (25.0)
ERY	AZM				0	1 (2.8)
All susceptible					0	26 (72.2)

* No. of isolates (percentage), CLI: clindamycin, ERY: erythromycin, AZM: azithromycin, CLR: clarithromycin, CHL: chloramphenicol, RIF: rifampicin; HA-MRSA: Hospital-acquired methicillin-resistant *Staphylococcus aureus*; CA-MRSA: Community-acquired methicillin-resistant *Staphylococcus aureus*.

Table 3. Minimum-inhibitory concentration ($\mu\text{g}/\text{mL}$) of some antimicrobials against methicillin-resistant *Staphylococcus aureus* strains isolated in Chile.

Antimicrobials	MIC ₅₀	MIC ₉₀
Linezolid	2	2
Vancomycin	1	1
Daptomycin	0.25	0.25

The HA-MRSA group showed more extended resistance profiles than CA-MRSA. Among the HA-MRSA, the most prevalent resistance profile was CLI-ERY-AZM-CLR, with 90.6% of isolates. On the other hand, in the CA-MRSA group, the most prevalent antibiotic resistance profile was ERY, AZM, and CLR, with 25% of isolates.

2.3. Prevalence of *msrA* and *erm* Genes

The *ermA* gene was amplified in 28 (87.5%) HA-MRSA isolates compared with 6 (16.7%) in CA-MRSA ($p < 0.001$). Additionally, the *ermC* gene was found in 2 (6.3%) of HA-MRSA and in none of CA-MRSA isolates ($p > 0.05$), and the *ermB* gene was detected in none of the isolates. On the other hand, *msrA* was detected in 11 (30.6%) of the CA-MRSA isolates, but in none of the HA-MRSA ($p < 0.005$) (Table 4).

Table 4. Antibiotic resistance, and presence of resistance genes in methicillin-resistant *Staphylococcus aureus* strains isolated in Chile.

	Percentage of Resistant Isolates to:						Percentage of Resistance Genes:			
	CLI	ERY	AZM	CLR	CHL	RIF	<i>ermA</i>	<i>ermB</i>	<i>ermC</i>	<i>msrA</i>
HA-MRSA	100	100	100	100	6.3	3.1	87.5	0	0	0
CA-MRSA	0	27.8	27.8	25	0	0	16.7	0	6.3	30.6

CLI: clindamycin, ERY: erythromycin, AZM: azithromycin, CLR: clarithromycin, CHL: chloramphenicol, RIF: rifampicin; HA-MRSA: Hospital-acquired methicillin-resistant *Staphylococcus aureus*; CA-MRSA: Community-acquired methicillin-resistant *Staphylococcus aureus*.

3. Discussion

In recent years, we have observed an increased resistance to antibiotics, especially in those used for the treatment of serious infections associated with health care. MLS_B group are antibiotics commonly used to treat skin and soft tissue infections caused by CA-MRSA [11]. The present study reports percentages of resistance to antibiotics in the MLS_B group $\geq 90\%$ in HA-MRSA. This finding agrees with the results of previous studies carried out with strains collected in Chile [10,19]. Besides, 20% of strains of CA-MRSA were resistant to MLS_B group. These results show lower rates of resistance to these antibiotics in comparison to the official reports of the National Institute of Public Health of Chile (20% v/s 29%, respectively). On the other hand, our results showed higher values than previous reports that included strains isolated in Latin America, among both HA-MRSA (81% for ERY and 74% for CLI) and CA-MRSA [9,10,20–24].

Among the isolates included in this work, the predominant phenotype was the cMLS_B phenotype. Molecular characterization of 68 MLS_B-resistant MRSA revealed that among HA-MRSA, 87.5% were positive for *ermA*. However, in the CA-MRSA strains, 16.7% were positive for *ermA*, 6.3% for *ermC*, and 30.6% for *msrA*. The main mechanism of resistance to macrolides in CA-MRSA is mediated by the presence of the *msrA* gene, which results agree with previously published data [25].

Our results are in agreement with previous reports about the predominance of SCC_{mec} type I-ST5 in HA-MRSA in Chile with classic resistance profiles of the Chilean/Cordobes clone that has a marked presence in hospitals of our country [10,26], and isolates of type IV-ST8 in CA-MRSA in Latin America, related to the USA-300 clone [10,19]. On the other hand, the dichotomy regarding the presence of MLS_B or MS_B resistance among HA-MRSA isolates highlights compared with CA-MRSA (97% vs approximately 25%, reaching statistical significance, $p < 0.005$). However, it is important to emphasize that these findings, which are consistent with the classic concept that hospital isolates of MRSA are multi-resistant and the community-based multi-susceptible and only resistant to β -lactams, should be monitored, since 20% of the isolates of CA-MRSA were resistant to antibiotics in this group, that is, 1 over 5 isolates were not widely susceptible. Accordingly, it is important to perform the proper laboratory detection of these phenotypes to analyze these isolates, since if the criterion of resistance to methicillin and broad susceptibility is the method of choice, other families, including those of the MLS_B group, could obtain biased results.

All the strains analyzed are susceptible to VAN, LZD, DAP, and SXT, keeping these antibiotics as an alternative treatment within the therapeutic arsenal available in Chile, which is consistent with previous reports [10,18].

In summary, despite the higher frequency of the cMLS_B phenotype than iMLS_B in this study, we recommend performing the D test to identify clindamycin-induced resistance and guide therapeutic procedures in both HA-MRSA and CA-MRSA. Likewise, it is not recommended ruling out the submission of suspected CA-MRSA strains in surveillance programs based exclusively on the criterion of resistance only to β -lactams.

4. Materials and Methods

4.1. MRSA Isolates

Thirty-two non-repetitive HA-MRSA isolates recovered from eight Chilean cities between 2007 and 2017 (Table 5), and thirty-six CA-MRSA isolates collected in ten Chilean cities between 2012 and 2017 (Table 6) were included in this study. All isolates were selected from the biorepository maintained by the National Institute of Public Health of Chile (ISP), Santiago, Chile. All isolates were cryo-preserved at $-80\text{ }^{\circ}\text{C}$ in glycerol (50% v/v) and trypticase broth (2:1). The ISP criteria were used to define HA-MRSA and CA-MRSA [20].

Table 5. Hospital-acquired methicillin-resistant *Staphylococcus aureus* isolates from different Chilean cities.

City	Number of Isolates
Santiago	15
Rancagua	2
Talca	1
Concepción	2
Los Ángeles	1
Temuco	3
Osorno	1
Puerto Montt	7
Total	32

Table 6. Community-acquired methicillin-resistant *Staphylococcus aureus* isolates from various Chilean cities.

City	Number of Isolates
Valparaíso	1
Viña del Mar	1
Santiago	14
Rancagua	2
Talca	1
Concepción	5
Osorno	1
Los Ángeles	1
Temuco	3
Puerto Montt	7
Total	36

4.2. Antimicrobial Susceptibility Testing

The cefoxitin test (FOX, 30 µg) for methicillin resistance detection, D-test, iMLS_B, cMLS_B, and MS phenotypes detection and antibiotics susceptibility determination, were performed by disk diffusion method on Mueller–Hinton agar following the CLSI recommendations and suggested breakpoints (2018) [27–29]. The antibiotics tested were erythromycin (ERY, 15 µg), clarithromycin (CLR, 15 µg), azithromycin (AZM, 15 µg), clindamycin (CLI, 2 µg), chloramphenicol (CHL, 30 µg), rifampicin (RIF, 5 µg), and trimethoprim/sulfamethoxazole (SXT, 25 µg).

The minimal inhibitory concentrations (MICs) of linezolid (LZD), vancomycin (VAN), and daptomycin (DAP) were determined using the broth microdilution method, according to CLSI guidelines and recommended breakpoints [28,29].

4.3. Characterization of MRSA Isolates

The presence of *mecA*, *pvl* in MRSA isolates, and the detection and characterization of the SCC_{mec} element were performed by PCR-based protocols, as previously described [30–32]. Sequence types (ST) were obtained according to Opazo-Capurro et al. (2019), using the Pasteur’s scheme STs employing the bioinformatic tools available at the Center for Genomic Epidemiology (CGE) server (<http://www.genomicepidemiology.org/>, accessed on 13 March 2022) [33].

4.4. Molecular Detection of Antibiotic Resistance Genes

The detection of genes involved in the MLS_B (*ermA*, *ermB* and *ermC*) and MS_B (*msrA*) phenotypes were screened by conventional PCR according to protocols and primers previously described [34] (Supplementary Materials, Table S1).

4.5. Statistical Analyses

Pearson's chi-squared test was used to determine associations between antibiotic resistance profiles, MLS_B resistance genes, and MRSA types (CA or HA-MRSA). This was achieved utilizing the IBM SPSS Statistics version 23.0 software (SPSS Inc, Chicago, IL, USA), establishing statistical significance at $p < 0.05$ [35].

5. Conclusions

In Chile, in isolates of HA-MRSA, there is an evident predominance of ST5-SCC mec I, a Chilean/Cordobes clone, characteristically multiresistant, which includes resistance to antibiotics from the MLS_B group; and susceptible to SXT and RIF. On the other hand, at the community level (CA-MRSA), there is an emergency of ST8-SCC mec IV, related to clone USA 300. Thus, microbiological surveillance of these isolates at the nosocomial level is required to verify whether the Chilean/Cordobes clone will be replaced by this community clone in Chile, and to monitor whether the latter will continue to increase its resistance to non-beta-lactam antibiotics, such as those of the MLS_B group.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/antibiotics11081000/s1>. Table S1: Primers used in this study.

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Conflicts of Interest: The authors declare that there are no conflict of interest.

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