





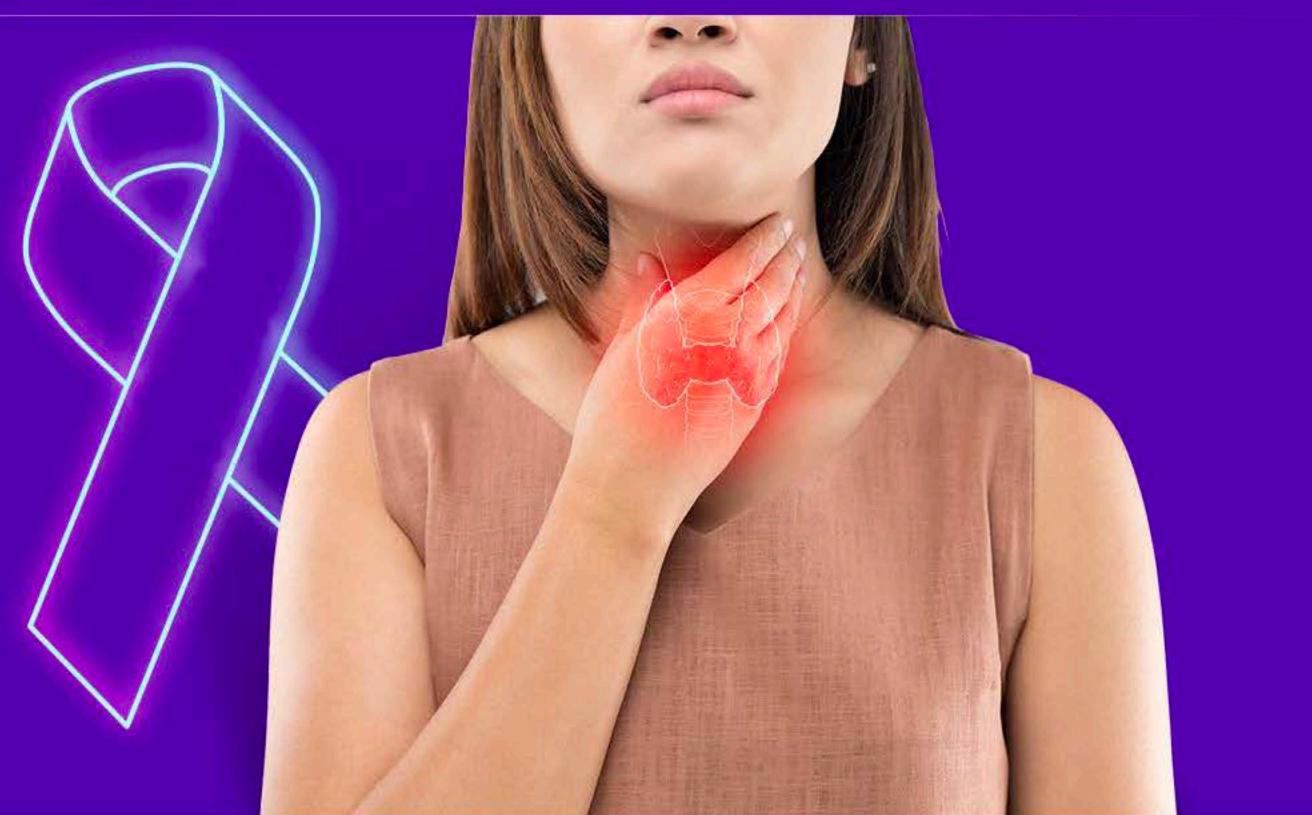




44,280 PEOPLE ARE EXPECTED TO BE DIAGNOSED WITH DIFFERENTIATED THYROID CANCER (DTC) THIS YEAR

Radioactive iodine treatment (RAI) is routinely used for patients with DTC, with up to 76% of patients with DTC receiving RAI - SEER, 2021

CLICK HERE TO LEARN MORE ABOUT RAI SPECIFIC SIDE EFFECTS













HOW TO MASSAGE SALIVARY GLANDS













COMMON SALIVARY SIDE EFFECTS FROM RAI



Dry Mouth (Xerostomia)



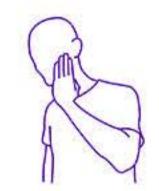
Plaque



Bad Breath (Halitosis)



Difficulty eating and swallowing dry food



Pain or Soreness on the Face



Facial Swelling



Metallic Taste



Lack of taste

SEVERE SALIVARY SIDE EFFECTS TO DISCUSS WITH YOUR HEALTH CARE PROVIDER

If you develop any of these salivary side effects, please call your health provider immediately and seek medication attention.



Redness over salivary glands



Pain doesn't go away with anti-inflammatory medications



Worsening swelling of salivary glandssign of infection



Significant weight loss due to difficulty eating and swallowing

- Mohammed, A. A. (2014). Update knowledge of dry mouth-A guideline for dentists. African health sciences, 14(3), 736-742.
- Dr. Venetia Aranha, Dr. Meghana S.M., Dr. Monica Yadav, Dr. Jashika Shroff. (2020). Xerostomia in patients undergoing anticancer therapy. World Journal of Advanced Scientific Research, 3(5), 1 15. Retrieved from https://ubipayroll.com/wjasr/index.php/wjasr/article/view/175











PATIENT CHEAT SHEET TO ASK PROVIDERS

Check the boxes below to create a personalized list of questions to ask your provider.

- After receiving radioactive iodine treatment, what should I anticipate in terms of next steps for treatment or monitoring?
- I am experiencing difficulties swallowing and these difficulties are making me choke when I eat. What do you recommend to help with this problem?
- Does radioactive iodine treatment interfere with adjustments being made in my thyroid hormone to get my TSH levels where they should be?
- How often should I schedule dental appointments after my radioactive iodine treatment?

- When I experience salivary gland side effects from radioactive iodine treatment, should I reach out to my endocrinologist, ear nose, and throat (ENT) provider, or nuclear medicine provider?
- What treatments or medications may reduce the risk of developing oral inflammation?
- How common is it for patients with differentiated thyroid cancer to have more than one course of radioactive iodine treatment? Is radioactive iodine treatment effective for all thyroid cancer types?
- What are potential severe side effects of radioactive iodine treatment that may be an emergency?