# Effects of Cremophor EL on distribution of Taxol to serum lipoproteins

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> Summary The clinical formulation of the anti-tumour agent Taxol involves the use of a mixture of ethanol and Cremophor EL. Gel electrophoresis and density-gradient ultracentrifugation were used to detect effects of Taxol infusions on serum lipoproteins. Use of the Cremophor vehicle results in a decrease in the electrophoretic mobility of serum lipoproteins along with the appearance of a lipoprotein dissociation product. These effects persist during a 24 h infusion and for at kast 1.5 h afterwards, and can be reproduced in vitro using purified high-density lpeprotein (HDL) or low-density lipoprotein (LDL). In control serum, Taxol binds to albumin > HDL, but after serum is exposed to Cremophor EL in vitro or in vivo substantial binding of Taxol to the lipoprotein dissociation product(s) was observed. The latter could represent an important factor in taxol biodistribution.

Taxol is a new anti-tumour agent that shows activity against previously intractable solid tumours in man (Wiernik et al., 1987; Slichenmyer & von Hoff, 1991). For clinical use, the drug is solubilised by a mixture of Cremophor and ethanol. Cremophor is also used in the formulation of the immunosuppressive drug cyclosporin, as well as hydrophobic agents used in the selective photosensitisation of malignant tissues (Morgan et al., 1988). Lipoprotein alterations accompanying administration of miconazole formulated with Cremophor were reported in <sup>1977</sup> by Bagnarello et al. A recent report indicated that exposure to Cremophor alters the buoyant density of HDL (Kongshaug et al., 1991). We have extended this observation and found that exposure to Cremophor can change the distribution of several fluorescent probes for albumin versus lipoproteins, and also modify the electrophoretic and density-gradient behaviour of HDL and LDL (Woodburn & Kessel, 1994). These results suggest that the use of Cremophor for Taxol formulation can be an important factor in drug biodistribution. We therefore examined the effects of 24 h Taxol infusions on serum lipoprotein profiles and on drug affinity for different serum components in vivo and in vitro.

## Materials and methods

Cremophor was provided by Sigma (St Louis, MO, USA).  $[13-{}^{3}H]$ Taxol  $(1.66)$  Cimmol<sup>-1</sup>) was obtained from the Research Triangle Institute; radiochemical purity was 99% in two high-performance liquid chromatographic (HPLC) Patients entered in this  $120-150$  mg m<sup>-2</sup> Taxol by intravenous infusion over a 24 h period. At specified times before, during or after this infusion, blood samples were collected and the resulting sera stored for  $1-3$  days at 4°C in the presence of 1 mM EDTA. It is important that this time interval not be exceeded, since the lipoprotein dissociation products gradually disappear during storage, although the gel pattern is not restored to the 'pretreatment' result.

## **Lipoproteins**

To provide standards for lipoprotein dissociation studies, LDL and HDL were isolated from pooled normal sera by sequential ultracentrifugation (Schumaker & Puppione,

1986). These products were stored in <sup>1</sup> mM EDTA, under nitrogen, at 4°C.

# Density-gradient ultracentrifugation

Effects of Cremophor on the buoyant density of HDL and LDL were delineated by density-gradient ultracentifiugation (Sykes et al., 1992) with minor modifications. Serum samples (250  $\mu$ ) were brought to a volume of 750  $\mu$ l with isotonic sodium chloride and the density adjusted to 1.21  $g$  ml<sup>-1</sup> by addition of solid potassium bromide. These preparations were layered over  $750 \mu l$  of a potassium bromide solution (density =  $1.27$  g ml<sup>-1</sup>) in  $13 \times 38$  mm polyallomer centrifuge tubes, and the tubes filled with isotonic saline (total volume = 3.9 ml). The tubes were spun for 60 min at 100,000 r.p.m.  $(r_{av} = 254,000 g)$  in a Beckman TL-100 tabletop ultracentrifuge using <sup>a</sup> TLN rotor. The tubes were fractionated from the top, using a Harvard syringe pump to inject a dense solution (Fluornert FC-40, ISCO, Lincoln, NE, USA) into the bottom of the tubes at  $0.5 \text{ m}$ l min<sup>-1</sup> Twenty-five equal fractions were collected using an ISCO 560 fractionator.

## Drug-binding studies

To examine the affinity of radioactive Taxol for albumin and lipoproteins, sera  $(250 \,\mu\text{J})$  from normal controls or Taxoltreated patients were mixed with radioactive Taxol  $(0.1 \,\mu g,$  $5 \times 10^4$  c.p.m.) and incubated for 10 min at 37°C. After ultracentrifugation, the Taxol level in the different fractions was determined by liquid scintillation counting. To assess effects of Cremophor on Taxol binding in vitro, control sera were incubated with Cremophor (0.16 or 0.32%, v/v) for 10 min at 37C before addition of the radioactive Taxol. Serum albumin and lipoprotein components were then separated by density-gradient ultracentrifugtion, and binding of Taxol to these fractions was assessed by liquid scintillation counting. When mesoporphyrin was used as a fluorescent label for protein and lipid, fluorescence was detected after bringing eluted fractions to <sup>a</sup> total volume of <sup>3</sup> ml with <sup>10</sup> mM Triton  $X-100$  detergent. Fluorescence was measured at  $620-650$  nm, using 400 nm excitation.

## Gel electrophoresis

Sera from Taxol-treated patients were also analysed by agarose gel electrophoresis (Paragon system, Beckman Instruments). The effects of incubation for <sup>10</sup> min at 37C with 0.04, 0.08 and 0.16% (v/v) Cremophor on purified LDL and HDL were also determined. Sudan black staining was used to identify lipoproteins on the gels, Coomassie blue to identify proteins.

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## Gel-exclusion chromatography

To provide additional information on the lipoprotein dissociation products, [<sup>14</sup>C]sucrose was covalently bound to the protein moieties of human LDL and HDL (Pittman et al., 1979). In other experiments, both protein and lipid components of these lipoproteins were labelled with the fluorescent probe mesoporphyrin (Woodburn & Kessel, 1994). After incubation of the purified lipoproteins with Cremophor as described above, the modified lipoproteins were analysed on a  $1 \times 15$  cm Bio-Rad A<sub>1.5</sub>M gel-exclusion column and eluted with 50 mM phosphate buffer pH 7.2 containing 1 mM EDTA. Both radioactivity and fluorescence of the eluted fractions were monitored. Measurement of phospholipids in these fractions were carried out as described by Warnick (1986).

## **Results**

#### Gel electrophoresis analysis

The history of serum samples obtained from patients receiving Taxol therapy is outlined in Table I. An elctrophoretic examination of these sera indicated a marked alteration in lipid profiles during Taxol administration (Figure 1), with decreased ekctrophoretic mobility of the individual lipoproteins, along with the appearance of new electropositive bands which migrated toward the cathode. In individual patients, this altered pattern was detectable over the course of the 24 h drug infusions (lanes 3, 5 and 7) and for  $0.5-1.5$  h afterwards (lanes 1 and 9).

Treatment of purified human HDL or LDL with Cremophor resulted in similar decreases in the electrophoretic mobility (Figure 2) along with the appearance of new bands that stained with Sudan black and migrated slightly toward the cathode. These effects were dose dependent. The lack of staining of these bands with Coomassie blue (Figure 3), indicates a very low protein content.

Storage of these samples for 2 months at 4°C sometimes resulted in a loss of the new bands, with the appearance of additional bands below and above the LDL fraction. There can be multiple determinants of such behaviour, so we

Table <sup>I</sup>

	Lane Patient	<b>Description</b>	Drug $(mg m^{-2})$
	Control		
	SC.	1.5 h after end of infusion	150
2	<b>SC</b>	6 days later	
	<b>MK</b>	1 h after beginning infusion	135
	<b>MK</b>	23 days later	
	MK	0.5 h after beginning second infusion	135
6	SG	1 h before beginning infusion	
	SG	23.5 h after beginning infusion	135
8	HL	1 h before beginning infusion	
q	HL.	0.5 h after end of infusion	120

Source of serum samples shown in Figure 3.



Figure 1 Effect of Taxol administration on lipoprotein electrophoretic patterns (see Table <sup>I</sup> for details). These gels were stained with Sudan black.

limited all studies reported here to freshly obtained serum samples.

#### Density-gradient separations

Using density-gradient ultracentrifugation, we analysed the binding of radioactive Taxol to serum protein and lipoproteins and the effects of Cremophor on this distribution. In normal pooled serum (Figure 4, top), Taxol was preferentially bound to albumin (centred at fraction 23) and HDL (fractions <sup>17</sup> and 18); some binding to LDL (fraction 6) was also observed. Addition of 0.16% Cremophor caused a perturbation of this pattern, with radioactivity shifted to fractions with a lower bouyant density. When gradient fractions  $4-7$  from a preparation of sera  $+0.16\%$  Cremophor were dialysed, concentrated and analysed by gel electrophoresis, the products present migrated toward the cathode, and were stained by Sudan black but not by Coomassie blue.

## Taxol binding

Binding of radioactive Taxol to serum from a patient (M.K.) before and during drug administration was also examined (Figure 4, bottom). The 'pretreatment' sample (Figure 3), lane 4) showed a drug-binding pattern  $(①)$  similar to the result obtained with the normal pooled serum control. In contrast, binding of Taxol to the serum sample obtained during the drug infusion (Figure 3, lane 5) showed a different pattern  $(\triangle)$ , with substantial Taxol binding to fractions  $1-8$ . Concentration of these fractions followed by gel electrophoresis revealed the presence of an anodic band which stained with Sudan black but not with Coomassie blue.



Figure 2 Efects of graded levels of Cremophor, specified as  $v/v$  (%), on HDL and LDL. Lanes  $1-4$ , HDL: lane 1, control HDL; lane 2, 0.04%; lane 3, 0.08%; lane 4, 0.16%; lane 5, control LDL; lane 6, 0.04%; lane 7, 0.08%; lane 8, 0.16%. In these gels, the sample application point is indicated by the letter 'C'. Gels were stained with Sudan black.



Figwe 3 Lanes 1-4, Sudan black stain; lanes 5-8, Coomassie blue stain. Lanes  $1$  and  $5$ , control LDL; lanes  $2$  and  $6$ , Cremophor-treated LDL (0.16% v/v); lanes <sup>3</sup> and 7, control HDL; lanes <sup>4</sup> and 8, Cremophor-treated HDL (0.16% v/v).



Figure 4 Binding of radioactive Taxol in vitro to albumin and lipoprotein components of human serum separated by densitygradient ultracentrifugation. Top: Normal control serum ( $\bullet$ ) and serum + 0.16% Cremophor (A). Bottom, serum from patient M.K. before (0) and <sup>I</sup> h after the beginning (A) of a Taxol infusion.



Figure 5 Gel elution profile of native human LDL, labelled with ["C|sucrose and a fluorescent probe (mesoporphyrin), then<br>incubated with CRM (0.16% v/v) and fractionated on a BioRad  $A_{1,5}$ M column as described in the text. The solid line represents radioactivity, the dotted line fluorescence. The locations of LDL and phospholipid components (as identified by analytical procedures) are indicated.

## '.ipoprotein dissociation products

To provide additional information on effects of Cremophor )n lipoproten, we examinedi the effects of Cremophor on IDL and HDL with the apolipoprotein labelled with sucrose Pittman et al., 1979). We also used the fluorescent probe nesoporphyrin to label both lipid and protein components of ipoproteins (Woodburn & Kessel, 1994). When sucrose

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labelled HDL or LDL was eluted through this column, we observed a sharp peak of both fluorescence and radioactivity centred at fraction 27 (not shown). When Cremophor was present (0.16% Cremophor, v/v), the elution profile of sucrose-labelled lipoprotein was unchanged, but the pattern of mesoporphyrin labelling was altered, with a substantial amount of fluorescence appearing in later fractions  $(35-50)$ . Data obtained with  $LDL + CRM$  are shown in Figure 5. Analysis of these fractions by gel electrophoresis indicated that the fraction labelled with '4C migrated slightly slower than native LDL, while the material in fractions 35-45 migrated toward the cathode, and was stained with Sudan black but not with Coomassie blue.

# Discussion

The electrophoretic analysis shown in Figure <sup>1</sup> indicates a substantial alteration in serum lipoprotein profiks durng the course of a 24 h infusion of Taxol formulated with Cremophor. Data shown in Figure 4 indicate that Taxol has a strong aflinity for the dissociation product(s), represented by fractions 1-8, which are produced by the action of Cremophor on native lipoproteins. Since the lipoprotein perturbation induced by Cremophor persists over the duration of the drug infusion, and for at kast 1.5 h thereafter, the use of Cremophor as a vehicle for Taxol formulation may affect drug biodistribution patterns to the extent that these are influenced by the affinity of the Taxol-phospholipid complex for different issues.

 $\frac{8}{9}$  and enhanced persistence of a hydrophobic drug formulated Since all clinical formulations of Taxol involve the use of Cremophor, we cannot yet evaluate the role of the drug solubilisation vehicle on drug efficacy. The affinity of the drug for the lipoprotein dissociation product may promote biodistribution to neoplastic loci. In the tumour-bearing mouse, Cremophor, but not Tween-80, promoted lipoprotein dissociation at concentrations needed for Taxol formulation, with Cremophor (Woodburn et al., 1994). The Cremophor formulation also resulted in an increased persistence of Taxol in mouse plasma (unpublished observations).

An additional consideration is the ability of Cremophor to reverse multidrug resistance by inactivating the multidrug transporter, which otherwise serves to limit accumulation of many natural products (Friche et al., 1990; Schuurhuis et al., 1990; Woodcock et al., 1990). Serum levels of Cremophor achieved during 24 h Taxol infusions were sufficient to reverse Taxol resistance in cell culture (Chervinsky et al., 1993; Webster et al., 1993). The choice of Cremophor as a drug delivery vehicle clearly has several unforeseen, but apparently important, implications with regard to Taxol pharmacology. Some clnical protocols now call for the use of <sup>3</sup> h Taxol infusions which use the same total Cremophor concentration as was used for the 24 h procedures. This should result in a higher peak plasma level of Cremophor, and may further promote lipoprotein dissociation and enhance Taxol responsiveness.

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